

# Prepared Kids

**READY ARMY**  
GET A KIT MAKE A PLAN BE INFORMED

An activity sheet and resource guide especially designed for kids and their parents or guardians to help them learn more about emergency preparedness

## Be Prepared In Every Situation

You are a great planner! When you have fun activities on your schedule (music, sports and meeting up with friends) you make time to finish your homework first.

But do you know how to plan and prepare for the unexpected? Emergencies arise when you don't expect them. Put your outstanding planning skills to use and work with your parents or guardians so you are ready for all types of emergencies!

This Ready Army activity sheet will get you started! It's fun, full of useful information, and you can save it to practice what you've learned.

## Get Ready Now: Make a kit!

An emergency kit contains basic items that you and your Family would need during and after an emergency. Emergency kit items should be stored in a waterproof container as close as possible to your home's exit door. Make sure everyone in the Family knows where the kit is located!

Talk to your Family about why it's important to have an emergency supply kit. Then put together a kit with your Family that contains these basic items:

- Water—at least one gallon per person per day for at least three days
- Food—nonperishable food for at least three days
- Multitool
  - Whistle
  - First aid kit
  - Flashlight

- Battery-powered or hand-crank radio with cell phone charger
- Batteries
- Matches or flint in a waterproof container
- Local maps, your Family emergency plan, cash in local currency and important documents enclosed in a waterproof container
- Personal sanitation supplies such as moist towelettes, garbage bags and ties
- Additional items for your Family's unique needs such as infant food, diapers, prescriptions, medications and pet essentials
- Books, games, puzzles, toys or other fun activities

For a list of items to build an emergency kit, visit [www.ready.army.mil](http://www.ready.army.mil)





# Help Make a Family Plan with your parents!

Draw your evacuation route below.  
It's important to know your evacuation route for an emergency.

1. Have your parents or guardians help you use the space provided to draw a simple picture of where you will go in an emergency.
2. Draw in the places where your Family spends time.
  - School
  - Parent or guardian's workplace
  - Your home
  - After school activities
3. Pick a safe place (outside your home) for your Family's meeting place and mark it with an 'X.'
4. Mark the journey with arrows.

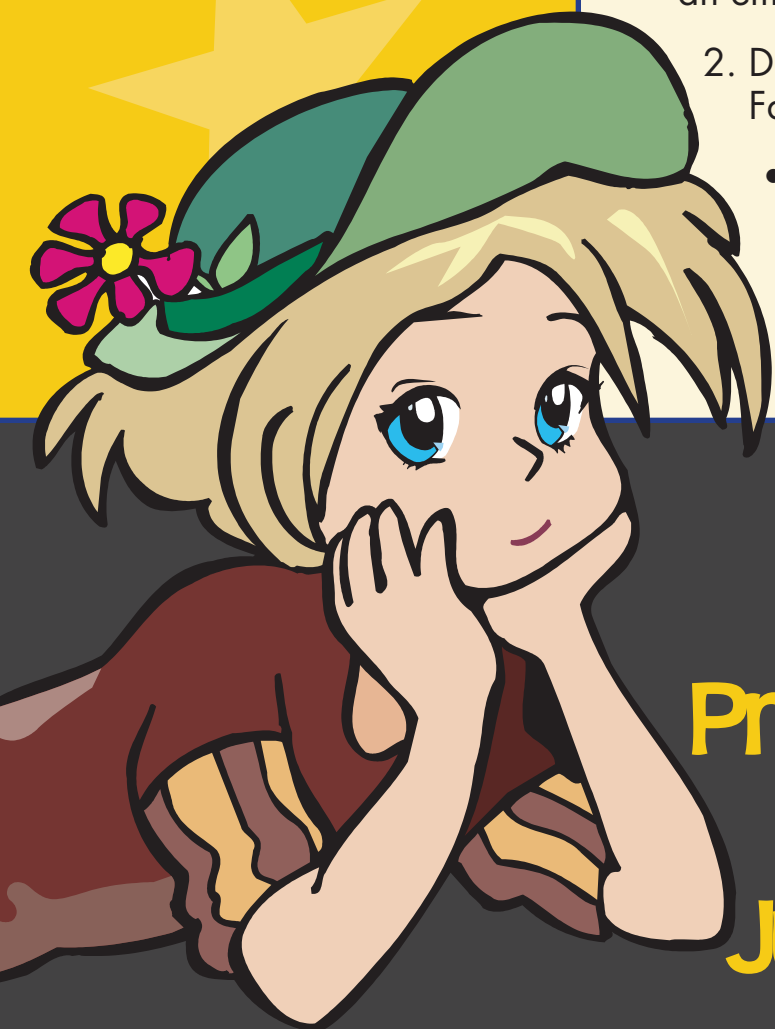


[www.ready.army.mil](http://www.ready.army.mil)

## Be Informed!

There are many ways you can learn more about emergency planning and preparedness!

1. Talk to your parents, guardians or teacher about emergencies that may occur in your area and how they can help you prepare.
2. Have fun and learn at the same time! Go to the kid-friendly websites listed below for preparedness activities and games.
3. Practice makes perfect. Practice your Family emergency plan at least two times a year.



## Preparedness Web Sites Just For You!

The following web sites are available at [www.ready.army.mil](http://www.ready.army.mil)

[www.ready.army.mil](http://www.ready.army.mil)

The Ready Army website features the Kid's Campaign.

You'll find printer-friendly preparedness activities designed specifically for children.

Enjoy these preparedness activities as a Family!

[www.ready.gov/kids](http://www.ready.gov/kids)

This website features age appropriate, step-by-step instructions on what kids and their families can do to become better prepared for all kinds of emergencies.

## Pet Emergency Planning:

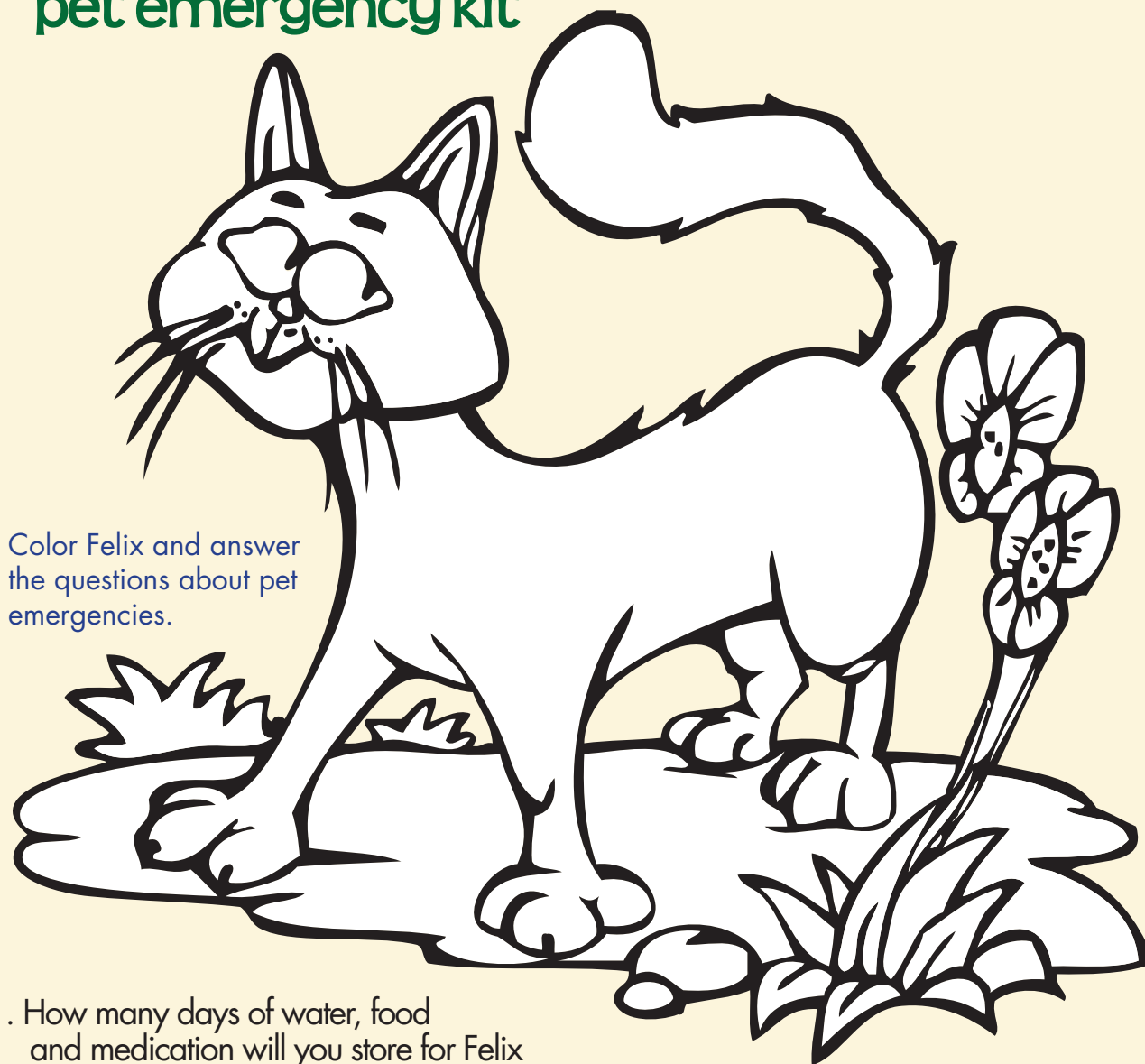
# Don't forget about your Family pet!

- Prepare a list of Family, friends, boarding facilities, veterinarians and pet-friendly hotels that could shelter your pet in an emergency.
- Assemble a pet emergency supply kit.
- Make sure your pet has proper identification tags.
- Include copies of your proof of ownership in your Family emergency supply kit.



## Prepared Kids COMPETITION

### Felix the Family cat's pet emergency kit



Color Felix and answer the questions about pet emergencies.

1. How many days of water, food and medication will you store for Felix incase of an emergency?
2. Name three items necessary to transport Felix safely.
3. Should you keep copies of Felix's ID tag, vaccination, medical, registration or adoption documents in your kit?

Answers: 1. at least 3 2. leash, collar and crate or pet carrier 3. Yes

Kids you too can Prepare Strong!

Ready Army invites you to become a part of the Ready Army campaign by joining the *Prepared Kids Competition*.

- ★ Make a poster
- ★ Write a story
- ★ Design a T-shirt
- ★ Sing a song
- ★ Make a video

Use your imagination to tell us what it means to prepare.

Inspire Army Families all over the world to get ready for emergencies!

For competition details, visit [www.ready.army.mil](http://www.ready.army.mil)

[www.ready.army.mil](http://www.ready.army.mil)

[www.ready.gov/kids/sesame/index.html](http://www.ready.gov/kids/sesame/index.html)

Ready Kids and Sesame Street: Let's Get Ready! Planning Together for Emergencies.

Providing information in Spanish and English to help families with children ages two through five prepare for emergencies.

[www.nws.noaa.gov/om/reachout/kidspage.shtml](http://www.nws.noaa.gov/om/reachout/kidspage.shtml)

Designed to help kids learn about hurricanes, winter storms, thunderstorms and other hazardous weather.

[www.fema.gov/kids](http://www.fema.gov/kids)

An online resource for kids that includes preparedness games, stories and safety information.

[www.sparky.org/index.html](http://www.sparky.org/index.html)

Learn about fire safety and prevention by helping solve Sparky the Fire Dog's secret code.



# Weather Word Search

Some words are hidden backward, forward, up, down, or diagonally.

See if you can find them!

F	O	R	E	C	A	S	T	E	T	M	R	O	T	S
E	F	A	I	R	D	T	Z	A	T	C	H	I	L	L
G	D	D	R	I	H	E	E	R	D	O	E	N	N	A
N	I	I	M	A	E	H	L	W	N	N	H	O	O	R
I	F	U	M	R	A	H	L	E	I	O	T	I	I	T
N	H	T	B	U	T	R	I	A	W	I	A	T	T	E
T	R	E	W	O	H	S	H	T	E	T	T	A	A	D
H	T	H	D	R	H	E	C	H	E	A	M	S	T	H
G	M	A	I	R	E	I	N	E	H	R	O	N	I	S
I	E	I	E	R	Y	E	L	R	D	O	S	E	P	E
L	L	L	G	H	R	S	I	L	I	P	P	D	I	W
D	T	E	P	H	F	L	O	O	D	A	H	N	C	U
N	D	Y	A	Y	T	C	O	L	D	V	E	O	E	O
I	R	F	R	O	M	R	O	T	S	E	R	C	R	L
W	F	D	H	D	I	L	H	N	O	T	E	D	P	H



Color it. Cut it out.  
Wear it proudly!



DRY  
WEATHER  
COLD  
SLEET  
ATMOSPHERE

LIGHTNING  
SHOWER  
FAIR  
STORM  
HUMID

DEGREE  
MELT  
CHILL  
WIND  
HOT

HEAT  
FLOOD  
EVAPORATION  
AIR  
HAIL

FORECAST  
BREEZE  
CONDENSATION  
FAHRENHEIT  
PRECIPITATION

# My Contacts

Keep a copy by each phone in your house.  
Then include a copy in your emergency supply kit.



**Emergency Contact:**

Name \_\_\_\_\_

Phone number \_\_\_\_\_

email \_\_\_\_\_

**Important Phone Numbers:**

Local emergency numbers \_\_\_\_\_

\_\_\_\_\_

**Your Family's local meeting place:**

\_\_\_\_\_

\_\_\_\_\_

**Other important information:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Army Info Hotline:**  
**1-800-833-6622**

www.ready.army.mil

# Hurricane Sudoku

Complete the grid (by crossing out some images) so that each row, column, and every 2X2 box contains the following 4 shapes: