

WRNMMC Internal Medicine is online - for TRICARE (PRIME & PLUS) Beneficiaries!

Using a WRNMMC online service portal called RelayHealth, you can can save time, money, avoid parking, phone tag and traffic. List of items that you can do online:

- Request Your Next Appointment
- Consult your Primary Care Team regarding non-urgent health matters or symptoms
- Request prescription renewals: QUICKEST Service and you can request TRICARE MAIL ORDER delivered to your door
- · Request referrals
- Access valuable health information and education
- Primary Care provider can send laboratory, and x-ray results to you
- Access Messages at Anytime or Anywhere for Easy, Online Reference

## **Frequently Asked Questions**

Who can use this service? Any established TRICARE beneficiary who is a enrolled patient at WRNMMC Medical Home.

<u>How do I get started?</u> To enter the portal, you should first go to <u>www.relayhealth.com</u> and then click on the option "Register as a New User." When you complete your registration, you will be directed to the WRNMMC Online homepage.

<u>Is my privacy protected?</u> The RelayHealth service is completely secure and HIPAA compliant. Encryption technology and a stringent privacy policy protect your personal information more securely than either the telephone or regular e-mail. Your information is only accessible by you and your health care team.

<u>Can I add my spouse to my account?</u> It is the Command's policy under HIPAA and the Privacy Act of 1974 that WRNMMC establish appropriate administrative, technical, and physical safeguards to ensure that our patients and their records are protected from unauthorized use, alteration and/or disclosure (e.g., a completed and signed DD2870 or Medical Power of Attorney). For more information contact Privacy Compliance Officer at (301)319-4775.

<u>I still have questions about this program:</u> Contact your partner, RelayHealth for more details: <u>info@relayhealth.com</u> or 866-735-2963