

VOLUME VI
SENIOR REVIEW GROUP (SRG)
THEMES/TRENDS and/or LESSONS LEARNED
Mar 2010

1. Theme: Level of Maturity

- Senior leaders take advantage of opportunities to train, teach, and mentor junior leaders throughout the chain of command
- Frequent contact with new Soldiers helps with cohesion and gaining trust
- Vulnerability is paramount and expectations are overwhelming for a young Soldier during their first six months of a deployment
- Youthful naiveté can have devastating effects when combined with alcohol experimentation
- Young Soldier's may fail to recognize the effects of "unhealthy" relationships

2. Theme: Level of Risk

- Unresolved problems of the past may resurface and become future hazards
- Soldiers conceal... leaders find ways to recognize risk and identify warning signs
- Participating in suicide prevention training and seeking behavioral health treatment does not guarantee low risk – Soldiers may still be vulnerable
- Exhibiting warning signs increases risk level – leaders beware
- The "High Risk" Soldier requires close monitoring
- Self-medicating increases the chance of overdosing – educate your Soldiers; make sure they understand the risks

3. Theme: Traversing through Transitions

- Numerous "nuts and bolts" surrounding transitions
- Transitions may pose a greater stress for Soldiers than relationship issues
- Place "extra" emphasis on "newly" assigned Soldiers

- Digging deeper into transitions:
 - Arriving and departing
 - To and from commands/units/platoons/housing
 - Isolation from the norm
 - Late integration – a transition with extra hurdles
 - Effects during or immediately after social networking sessions
 - USAR ↔ Active Duty ↔ ARNG
 - Decisive changes; decisive moves
 - Deployment and Redeployment

4. Theme: Compartmentalized Stressors

- Troubled Relationships
- Severe Depression
- Shameful Acts
- Forced to leave the military under other than honorable conditions
- Alcohol dependency

5. Theme: Repeat Offenders

- PTS unrecognized and under treated
- Anti-depressant medication / overuse