

VOLUME VIII
SENIOR REVIEW GROUP (SRG)
THEMES/TRENDS and/or LESSONS LEARNED
June 2010

1. Theme: “Recidivism”

- Soldiers relapse
- Multiple ASAP enrollments
- Failure to remove a Soldier from an “unhealthy” situation
- Previous suicidal attempts
- Abuse - alcohol; drugs; negative behaviors
- Escalating behavior results in high recidivism rates

2. Theme: Unmask that Persona

- Identify the Soldier behind the “closed” door
- Never be “complacent” with what you see; dig deep....know your Soldier
- Soldiers may have internal struggles....understand your Soldier
- Recognize the “high-risk” Soldiers, not just as they transfer but; as they live and interact throughout their daily lives
- As an effective leader; prepare, educate and identify the “true” Soldier within your Command!
- If you expect a different outcome ... get to know the “real” Soldier

3. Theme: Communication - Shared/Revolving/Spiraling/Continual

- Leaders talk to your Soldiers; Soldiers talk to your leaders
- Commanders operate on an open door policy...Soldiers must identify with that
- Reach out/communicate with your senior leaders; they can be just as vulnerable

- Leaders, ensure accessibility within your chain of command....Soldiers need you to be accessible

- Behavior Health providers and leaders come together, increase communication; ensure every Soldier is a success story!

- A Soldier may have received the message; and if so, repeat it, make sure it's understood!

4. Cognizant of commemorate dates

- Chain of Command know/recognize the milestones in your Soldier's life

- Soldiers take responsibility; identify those important occasions to your Chain of Command

- Birthdays, anniversaries, marriage, divorce, deaths

5. Theme: "Potential" Suicidal Triggers

- Stress
- Flagged Soldiers
- Unit Urinalysis
- Depression
- Prescribed Medications
- Non-prescribed drugs
- Alcohol
- Family history of behavior health issues
- Separations (families/friends/units)
- Lack of friends/significant relationships
- Death of family members/close friends
- Significant days
- 15-6 Investigation
- High risk behavior
- Weight Control Program
- PT Failure
- Marital Problems
- Divorce
- Deployment