



# DIVISION WEST

## LONGHORN FAMILY MONTHLY INFORMATION

### TABLE OF CONTENTS

Chaplain's Corner.....	1
Volunteer Information.....	2
Fort Hood Calendar of Events.....	3
Community Events/Resources .....	5

Volume 6

July 1, 2015

Important Phone Numbers

Police-Fire-Ambulance:

911

CRDAMC Emergency Room:

254-288-8338

Metroplex Emergency Room:

254-519-8103

Poison Center:

800-222-1222

Domestic Violence:

800-283-8401

Chaplain's Crisis Line:

254-287-2427

Installation Victim Advocates'

24-Hour Crisis Hotline:

254-702-4953

Families in Crisis:

888-799-7233

Local 24-Hour Crisis Hotline:

800-283-8401

Suicide Prevention Lifeline:

800-273-8255

Crime Stoppers:

800-729-8477

Military Family Life Counselor:

254-317-3514

FRG Coordinator:

Ms. Gwen Kourrari

254-553-4887

FRG Senior Advisor:

Mrs. Nancy Colt

**HOT! HOT! HOT!**

**WHO: SOLDIERS AND FAMILY MEMEBERS**

**WHAT: IMCOM FOCUS GROUP**

**WHEN: 9 JULY 2015, 0900-1200**

**WHERE: OVETA CULP HOBBY CENTER**

**WHY: TO IDENTIFY SERVICES THAT ARE ESSENTIAL TO THE WELL BEING OF OUR FAMILIES AND SERVICE MEMBERS**

## Deputy Division West Chaplain Reaches Out to Family Members in Charleston, SC

Chaplain (Major) Mark Cisco, the Deputy Division West Command Chaplain, was invited to participate in the Day of Remembrance Service on Friday, June 26<sup>th</sup> at the Emanuel African Methodist Episcopal (AME) Church in Charleston, SC. Chaplain Cisco currently serves as the President of the AME Chaplains Association, and was asked to represent his denomination at the memorial service, which included a eulogy by President Barack Obama. The AME Chaplains Association is composed of active and retired military chaplains from all service components, and chaplains serving in federal government positions, such as the Federal Bureau of Prisons and Veterans Administration.

The tragic shooting death of nine Emanuel AME Church members in Charleston on the night of June 17<sup>th</sup> serves as a stark reminder of how dramatically and unexpectedly circumstances can change in our lives. Our Families and other loved ones are precious resources and we all need to invest as much time as possible to cultivate and treasure these relationships.



Chaplain (MAJ) Mark Cisco pictured with former Secretary of State, Hillary Clinton at the Day of Remembrance Service in Charleston, SC on June 26<sup>th</sup>.

# VOLUNTEER TODAY!!!!

Explore a new career, develop skills, network with other professionals and create opportunities for yourself. An opportunity awaits you!

Why Volunteer?  
Meet new people  
Acquire or maintain skills  
Develop and grow personally  
Gain a sense of achievement  
Obtain training and knowledge  
Satisfaction

## Volunteer Management Information System (VMIS)

The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit [www.myarmyonesource.com](http://www.myarmyonesource.com) for additional information on this new system. For further information, please call the Army Volunteer Corps office:

Fort Hood, TX	254-287-8657/254-553-1593
Fort Bliss, TX	915-568-1132/312-978-6291
JBLM, WA	253-967-7166/253-357-7166
Fort McCoy, WI	312-280-3505/608-388-3505

## Some Volunteer Organizations include:

- American Red Cross
- Army Community Service
- Army Family Action Plan
- Army Family Team Building
- Child, Youth & School Services
- Chapel Programs
- Enlisted Spouses' Club
- Family Readiness Groups
- Fort Hood Area Volunteer Child Care Fund
- Library
- Museums & Gift Shops
- Officers' Spouses' Club
- Santa's Workshop
- Schools
- Thrift Shop

## JULY 2015

### FORT HOOD CALENDAR OF EVENTS

- 1 Jul** - Fort Hood Summer Reading Program, 0900-1000, Casey Memorial Library, Children aged 1-17, (Additional dates, 8, 15, 22 Jul)
- 1-4 Jul** - Belton Rodeo & July 4<sup>th</sup> Activities, Main Street, Belton, TX
- 2 Jul**, Military Appreciation Night, Main Street, Belton, TX
- 4 Jul**, Parade, 1000, Main Street, Belton TX
- 4 Jul** - Gatesville Independence Day Parade, 1000, Main St, Gatesville, TX, Fireworks in the evening, Open to all, free
- 4 Jul** - Freedom Color Run Independence Day 5K, Registration, 0700-0800, Abrams Gym, race starts at 0800; **Pre-register** at hoodmwr.com, \$10 DOD ID holders/\$15 non-DOD; **Register on site**, \$15 DOD ID holders/\$20 non-DOD,
- 4 Jul** - Fort Hood Freedom Fest, Gates open 1600, Hood Stadium; Events run 1700-2000; Fireworks, 1930; Open to all, free
- 10 Jul** - Music on the Lawn, 1830-2000, T.J. Mills & Battalion Ave, (Behind Chili's); Open to all, free
- 11 Jul** - Salado Swirl, 1700-2100, Wine tasting at various Salado Restaurants, Open to 21 and over, \$29.95 per person
- 11 Jul** - UFC 189 Watch Party, 1930, Backbone Lounge, Open to all 18 yrs and over, no cover charge
- 11 Jul** – Family “Dive-In” Movie, 1930-2000, Carl Levin Pool, Harker Heights, TX, Open to all, no cover charge, “Back to the Future 2”
- 13-15, 24 Jul** - Master Resiliency Trainer Courses (MRT-C), 0800-1700, Fort Hood Resiliency campus
- 15 Jul** - Christmas in July, 1130-1330, Texas Roadhouse, Killeen, TX, Tickets \$15 each, Dine in or carry out, for more info, [swschristmasinjuly@gmail.com](mailto:swschristmasinjuly@gmail.com).
- 18 Jul** - Summer Spin Fest, 0800-1100, Abrams Spin Zone, Open to all, \$5 ID Card Holders/\$8 others
- 18 Jul** - (23-25 Jul), Annual Salado Legends, 1915 hrs open; 2015, show, Tablerock Amphitheater, Open to all, \$5 Children/\$10 adults, History of Salado
- 24 Jul** - Movie on the Lawn, 1900, Sadowski Field, Open to all, “Lilo & Stitch”
- 31 Jul** - Phantom Warrior Scramble, Courses at Clear Creek, 1030-1145 registration; noon shotgun start, \$35.00 per player

# Fort Hood Resiliency Campus

We are committed to developing an Army culture of total fitness by building a community of Balanced, Healthy and Self-Confident Soldiers, Family Members, Civilian Employees, and Retirees!

Our goal is to prepare all to excel in an era of high operational tempo and persistent conflict.

We do this through the Ready and Resilient Campaign (R2C) which is a far-reaching and comprehensive effort designed to enhance individual and collective resilience by improving physical, psychological and emotional health.

Stop by and see us today! The campus is located on 31st and Battalion/Old Ironsides Avenues.

## Activities/Training

- Soldier and Family Fit Facility (SF3), Army Wellness Center, Weigh to Live Program, Executive Wellness Assessment, Tobacco Cessation Program, Self-Care Program, Stress Management (Massage Chairs), Bldg 12019 Front Desk 254-288-8488.
- Applied Functional Fitness Center (AFFC), Rock Wall & Bouldering, Cross Fit Equipment, Putting Green, Fitness Machines & Free Weights, Yoga, Zumba, TRX Systems, Wii Fit, ¼ Mile Fitness Track, Bldg 12018, 254-5586/8219.
- CSF2 Training Center, Classes include, Executive (GO, BDE/BN, Co) Level Courses, Performance Enhancing, Leader Development, Team Building, Student Success, Attention/Focus Control, Building Confidence & Goal Setting, Energy Management, Integrated Imagery, Mental Skills Foundation, Bldg 12020, Suite 200, 254-288-4671.
- Personal Financial Assistance Center programs and services, Walk-in Financial Assistance, Army Emergency Relief, Investment Basics, Pre-Purchase Advice, Financial Health, Budget/Debt Management, Credit Booster, Banking & Savings, Free Credit Score Analysis, Food Pantry, Bldg 12020, Suite 400, 254-553-4699.
- Spiritual Fitness Center has Counseling Available by On-Site Chaplain, Fellowship Area w/Free Coffee/Tea & Wi-Fi, Meditation/Reflection Area, Character Development, Spiritual Fitness, Bldg 12012, 254-553-1195.
- Military Family Life Counselors (MFLC) services are confidential, free of charge, walk-in appointments; Anger Management & Coping Skills, Deployment & Reintegration Stress, Marriage Enrichment & Parenting Skills, Conflict Resolution & Decision Making Skills, Work Productivity, Loss & Grief Counseling, Bldg 12020, Suite 500, 254-553-4705.



**Christmas in July**

Fort Hood's Santa's Workshop Annual Christmas in July Fundraiser

Texas Roadhouse – Killeen  
July 15, 2015  
11:30 a.m. to 1:30 p.m.

Don't have time to stay...you can take your meal TO GO!

Tickets are \$15 each and available from SWS  
For more information contact:  
Email [swschristmasinJuly@gmail.com](mailto:swschristmasinJuly@gmail.com)

All proceeds go to Santa's Workshop.



Army Community Service, Soldier & Family Readiness Branch, Mobilization & Deployment presents the:

## Community Resource Course

Come out to this informative course and find out about the numerous resources here at the "Great Place." This is a 2-day course covering Army Community Service agencies; Child, Youth and School Services; TRICARE; Resiliency Campus; Military One Source; American Red Cross; Military & Family Life Consultants and more.

"Great information for all leaders - (NCO with 17 years service)"

"Wonderful class, would recommend to all spouses" (Senior spouse)

"I wish this information and these resources would have been available when I was in-service"

"Should be mandatory for all newcomers" (New spouse to Fort Hood)

"WOW" Great course, very informative" (FRG Leader)

Highly recommended for Newcomers, FRG Leaders & Advisors, Key Callers, Spouses, Junior Leaders for Professional Development

**Course dates:**

**10-11 Mar 15      28-29 Jul 15**  
**12-13 May 15      29-30 Sept 15**

All students must pre-register. Five student minimum required. Training with less than 5 students will be rescheduled. Class location: Lane Volunteer Center, Bldg 16005. **Call 288-2794 for Mobilization & Deployment Program or visit the Fort Hood ACS Website:**  
<http://hoodmwr.com/acs/sfrb.html>

New Students to KISD

# CAMPUS ENROLLMENT 2015-2016



Enrollment for prekindergarten through 12th grade will be at your student's home campus

We have made the registration process easier for new-to-district families with online registration. Parents may complete the required back-to-school forms online and then visit your student's home campus for finalization

KILLEEN ISD

[WWW.KILLEENISD.ORG](http://WWW.KILLEENISD.ORG)

LIKE US ON

July 29th & July 30th opens @ 9AM and closes @ 6PM @ your student's home campus

after July 30th, please contact your student's home campus for enrollment hours.

REQUIRED DOCUMENTATION FOR REGISTRATION

1. Current proof of residency within KISD (utility bill or lease contract)
2. Certified birth certificate
3. Student's social security card
4. Immunization record
5. Report card from previous school

ATTENTION PREKINDERGARTEN PARENTS

Prekindergarten is NOT first come, first served. If your child qualifies, they will have a place in the program. Documentation requirements and information can be found at [www.killeenisd.org](http://www.killeenisd.org) or by calling your student's home campus.

CSC Supplemental Document 24 JUN 15

## ARMY/MILITARY LINKS

- [Army Community Service](#)
- [Army Benefits](#)
- [AUSA Family Programs](#)
- [Commissary](#)
- [Defense Center of Excellence](#)
- [DFMWR Resources](#)
- [Financial Aid & Scholarship information](#)
- [Military One Click](#)
- [Military One Source](#)
- [Military.Com](#)
- [National Military Family Association](#)
- [News](#)
- [Operation We Are Here](#)
- [Real Warriors](#)
- [Sexual Harassment/Assault Response & Prevention](#)
- [Tri Care](#)
- [Veteran's Administration](#)
- [Militarykidsconnect.dcoe.mil](#)
- [Familiesnearandfar.org](#)
- [Startmovingforward.dcoe.mil](#)
- [Militaryparenting.dcoe.mil](#)

