

Defend Yourself Against Vector-Borne Diseases

1 + 2 + 3 = *Maximum Protection*

1 Permethrin on Uniform

2 DEET on Exposed Skin

3 Properly Worn Uniform



DOD INSECT REPELLENT SYSTEM

- **Use the DOD Insect Repellent System.**

- ① Treat uniform with **permethrin** clothing repellent BEFORE putting it on. Use the **IDA Kit (NSN 6840-01-345-0237)**, one kit treats one uniform and the treatment lasts for the life of the uniform), OR **Aerosol Can (NSN 6840-01-278-1336)**, one can treats one uniform and the treatment lasts through 5-6 washes). Follow all label directions.
- ② Apply a thin coat of long-lasting **DEET** insect repellent lotion to all EXPOSED skin. Use **NSN 6840-01-284-3982**. One application provides protection for up to 12 hours, depending on the climate. Follow all label directions.
- ③ Wear uniform properly: roll sleeves down, tuck pants into boots, tuck undershirt into pants.

- **Sleep under a permethrin-treated bed net.**

- **Take malaria prevention pills if directed by medical authority.**



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