

BAMC Department of Behavioral Health and Other Behavioral Health Resources

Emergency Behavioral Health Services

Call 911 or go to the nearest Emergency Room

Emergency Department (SAMMC) (210) 916-0808

Who: All Beneficiaries

What: Behavioral Health Emergencies. Provides Command Directed Behavioral Health Evaluations **for Emergencies only**

Where: 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234

When: 24/7

National Suicide Prevention Lifeline (800) 273-TALK (8255)

Website: <http://www.suicidepreventionlifeline.org/GetHelp>

Who: Anyone

Veteran's Crisis Line (800) 273-8255, Press 1. You may also text 838255 for help

Website: <http://www.veteranscrisisline.net>

Who: Active Duty, Veterans, Retirees, Dependents, Families, and Friends

DA Victim's Advocate Hotline: 210) 367-1213

Primary purpose: Restricted and Unrestricted assistance for *adult* victims of domestic violence or *intimate partner* sexual assault

Department of Behavioral Health

Outpatient Services

Phone: (210) 916-1600, press 1 for outpatient services, and then press 2 for "Campus Behavioral Health Service

Website: <http://www.bamc.amedd.army.mil/departments/behavioral/>.

Go to BAMC homepage, choose "Departments" then choose "Behavioral Health."

****Walk-In Services are available. Known emergencies should go to the nearest Emergency Room**

****Command Directed Behavioral Health Evaluations (210) 539-9589/9567**

Multi-Disciplinary Behavioral Health Services(210) 539-9589/9567

Who: Active Duty.

What: Provides individual, group and medication therapy as well as case management. Provides Command Directed Behavioral Health Evaluations.

Where: 4178 Petroleum Dr. BLDG 3528R, JBSA, on Ft Sam Houston near the RV Park.

When: Mon-Fri 7:30 am-4:30 pm. Provides Walk-In/Triage Service during duty hours.

Campus Behavioral Health Services (210) 808-2534/2584

Who: Students enrolled in Medical Education and Training Campus (METC) programs.

What: Provides individual, group and medication therapy as well as case management. Provides Command Directed Behavioral Health Evaluations.

Where: CPT Jennifer M. Moreno Primary Care Clinic, 3100 Schofield Rd. BLDG 1179, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 6:00 am-3:00 pm. Provides Walk-In/Triage Service during duty hours.

Child and Adolescent Behavioral Health System (210) 916-4342

Who: Dependent Children up to 18 years.

What: Provides individual, family, group and medication therapy.

Where: 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234, near Pediatrics in the main hospital.

When: Mon-Fri 7:30am- 4:30 pm

Behavioral Health Referral Services

Clinical Health Psychology Services (210) 916-1063

Who: Active Duty and Adult beneficiaries.

What: Provides individual and group therapy to assist in management of medical symptoms, pain, medical treatment adherence and emotional sequelae associated with acute or chronic medical conditions. Referrals are generally submitted by the primary treating inpatient or outpatient provider.

Where: 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 7:30 am-4:30 pm.

Neuropsychology Services (210) 916-7641

Who: Active Duty. Dependent and Retirees are seen on a space-available basis. Appointments are available by consult from a referring medical provider.

What: Provides neurocognitive evaluation services.

Where: 2nd Floor, SAMMC, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 7:30 am-4:30 pm

Intensive Outpatient Behavioral Health Program (IOP) (210) 808-2585

Who: Active Duty, Students enrolled in METC, referred by PCM or Mental Health provider. No walk-in services are available for non-IOP patients. Programming hours depends on Track assigned

What: Provides intensive outpatient behavioral health day treatment.

Where: CPT Jennifer M. Moreno Primary Care Clinic, 3100 Schofield Rd. BLDG 1179, JBSA, Ft Sam Houston, TX, 78234

When: Mon-Fri 7:30 am-4:30 pm

Inpatient Services

Consult and Liaison Behavioral Health Services Pager (210) 513-2243 (This is not a suicide hotline). This service is for consultation to Inpatient and Emergency Department staff.

Who: Brooke Army Medical Center Inpatient and Emergency Department staff

What: Provides Behavioral Health consultation services to primary medical team.

Where: 6T, SAMMC, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX 78234

When: 24 hours daily

Inpatient Psychiatry Services (210) 916-2096/2069 (This is not a suicide hotline)

Who: Active Duty members, requiring Inpatient Psychiatric services

What: Inpatient Psychiatric care

Where: 6T- Brooke Army Medical Center, 3551 Roger Brooke Dr. JBSA, Ft Sam Houston, TX 78234

When: 24 hours daily

Additional Resources

Military One Source (800) 342-9647

Website: <http://www.militaryonesource.com>

Who: Active Duty and their Dependents. Care provided without a requirement for a referral

San Antonio Consult and Appointment Management Office (210) 916-9900

Who: All enrolled beneficiaries

What: Beneficiaries may seek information regarding clinic location and appointment scheduling

Where: Various locations

When: Hours vary by clinic

BAMC Primary Care Clinics (210) 916-3000 for appts

Who: All enrolled beneficiaries

What: Beneficiaries may seek or initiate care for Behavioral Health concerns thru their primary care provider if they desire

Where: Various locations

When: Hours vary by clinic

Warrior Transition Battalion Social Work Services (210) 916-3523

Who: Warriors in Transition and their Families
What: Provides Social Work Services
Where: BLDG 3646, on the BAMC Campus
When: Mon-Fri 7:30am- 4:30 pm

Army Substance Abuse Program (210) 295-4094/4534

Who: Active Duty
What: Provides substance abuse evaluations and treatment
Where: 1837 Army Blvd. BLDG 2007
When: Mon-Fri 7:30am- 4:30 pm

BAMC Dept. of Ministry and Pastoral Care (210) 916-1105(front desk)/5877 during duty hours; after hours have Chaplain paged

Who: Anyone using the hospital facilities and ALL staff
What: Provides pastoral, religious and spiritual care and services
Where: BAMC/FSH
When: 24/7
Chaplain Pager: (210) 513 9348

Fort Sam Houston Garrison Chaplains

(210)221-5007 (Duty Hours)
(210) 365-6420 (After Duty Hours)

Chaplain Family Life Center

(210)221-5007 (Duty Hours)
(210) 365-6420 (After Duty Hours)
Who: Service Members and families
What: Short-term counseling for needs of all kinds
Where: Dodd Field Chapel
When: Mon-Fri 7:30 am -4:30pm

Family Advocacy Program

Who: Active Duty and family members
What: Services for victims and perpetrators of domestic violence, abuse prevention, and strategies for building safe, healthy families
Where: Building 860, 1985 1st Street West, Randolph Air Force Base, TX 78150, **(210) 652-2448/6308**; Wilford Hall 5 floor Lackland AFB TX. 78236, **(210) 292- 5967**; Building 3528R Ft Sam Houston, TX 78234, **(210) 539-6350**
When: Mon-Fri 7:30am – 4:30 pm

Military Family Life Consultants (210) 627-3183

Who: Active Duty, family members, retirees, DA civilians, reservists (DoD ID card holders)
What: Short-term counseling with licensed counselors for a full range of needs without medical record documentation
Where: 3060 Stanley Road, Suite 95 (in the Military and Family Readiness Building)
When: Mon-Fri 7:30am-4:30pm (however, MFLCs are available to meet with clients virtually anytime, any place if needed)

Military and Family Readiness - Army Community Services

(210) 221-2705
Who: Active Duty and families
What: Assistance with parenting, finances, relationships, coping skills and a vast array of other services
Where: 2797 Stanley Road
When: Mon-Fri 7:30 am – 4:30 pm

United States Army Inspector General (210) 221-2474 (Army), (210) 808 0169 (AF)

<http://www.samhouston.army.mil/ig/>
Who: Active Duty, family members, civilian employees
What: Assistance to commanders, service members, family members, civilian employees and others seeking help with problems related to the U.S. Army
Where: Check the website for the appropriate location for your needs
When: Mon – Fri 8:00am – 4:00pm (No appointment is necessary to see the IG)

Fort Sam Houston Staff Judge Advocate (210) 808-0169

Who: Active Duty
What: Legal Assistance and advice for a variety of legal concerns; call for an appointment and to ensure access to the correct section of JAG and availability of services
Where: 2271 Reynolds Road, JBSA, Ft Sam Houston, TX, 78234
When: Mon- Fri 8:00am-4:30 pm

TRICARE (800) 700-8646 for Behavioral Health Care

Website: <http://www.humana-military.com>
Who: All Beneficiaries. ACTIVE DUTY REQUIRE A REFERRAL before receiving network Behavioral Health Care. Other beneficiaries may receive network Behavioral Health Care WITHOUT a referral.