

# Care Package Themes



Some items may seem frivolous, such as teddy bears and toys, but if they ever encounter non-combatant Iraqi civilians or children, those things would be great to give to them to show that Americans are not bad people, and that they are there to help them.

## "Surviving the Sandstorms"

- Eye wash, nasal spray, Chapstick, Bandana, etc.

## "Laundry Load"

- Laundry soap (sample size or Tide tablets) to pack in with their clothes...in case there are no washers or dryers; fabric softener sheets, clean socks and undershirts



## "Lotta Java"

- Tea, cocoa, coffee singles, creamer, sugar, International coffee tins, cookies, for dunking in coffee

## "Thanks a Million!!"

- Things that may "seem" expensive such as Grey Poupon, small amount of cash, wrap items in green tissue paper, or an electronic game of who wants to be a Millionaire?"

## "Hang In There!"

- Stuffed animal monkey, banana bread, banana chips, banana pudding, Monkey's in a Barrel game, card with a monkey on it.

## "A Day at the Beach!"

- Sunscreen, beach towel, beach snacks, flip flop sandals (shower shoes), Aloe Vera gel



## "Medicine Cabinet"

- Aspirin, band-aids, Neosporin cream, A&D ointment, cold medicine, Alka Seltzer, Roloids, etc.

## "Staying Healthy"

- Nutrition/health bars (ex: Powerbar, Tigers Milk, Myoplex), vitamins, Nutri-grain bars, Gatorade or other sports drink (to stay hydrated))

## "MRE/Mess Hall Survival Kit"

- Restaurant size condiment packs of BBQ sauce, mustard, ketchup, mayo, relish, salt, pepper, taco sauce, ranch, cheese in a can, dip, etc.

## "Correspondence Carton"

- Notebook paper, stationary, pens, pencils, stickers (who knows they may even play with these!), envelopes, address book (filled out already, of course), camera with a note to send back once it is full

## "Action Heros"

- Powerbars, squirt guns, Red Bull drinks, small Army figurines, comic books, etc.



## "To Be A Kid Again"

- Silly string, bubbles, small bouncy balls, hacky sacks, brain teaser toys (Rubix Cube, etc.), deck of cards, dominoes, etc.

## "Bathroom in a Box"

- TOILET PAPER!!! (the soft stuff), razor refills, foot powder, bars of soap, washcloths, travel size shampoo/conditioner, toothpaste, toothbrush, etc.

## "Tube O Tasties"

- Just as something different...send a package in a tube instead of a square box. Make sure the parameters are acceptable.

## "Stress Reliever"

- Back scratcher, bubble wrap, yo-yo's, bubbles, squeezey tension ball

## "Sloppy Kisses"

- Since we know chocolate melts over there...send a bunch of Hershey's kisses. Bound to be "sloppy kisses!"

## "I'm Nuts About You"

- Peanuts, cashes, pistachios, peanut butter cookies, any candy or cookies with nuts in them

## "Rocks On"

- Pop Rocks, music CDs.

## "And this little piggy went to the sandbox" - (foot care kit)

- Foot powder, Dr. Scholl's boot inserts, foot lotion, foot file, fresh socks, toe nail clippers.

## "Chili Today, Hot Tamale"

- Hot Tamales (candy), small cans of chili, red pepper flakes, salsa sunflower seeds, Cajun flavor Pringles, Spicy Chex mix, Boston Red Hots, peppered beef jerky, Taco Bell hot sauce packets, Extreme Doritos, chili powder, Nacho cheese sauce in a can.

## "How do you eat your OREOS??!"

- Regular Oreos, peanut butter Oreos, double stuff Oreos, low fat Oreos, chocolate filled Oreos, chocolate covered Oreos.