An emergency is defined as a condition or injury that would lead a person to believe that the absence of immediate medical attention could result in a threat to life, limb, or sight.

We recognize that a person may not know whether their condition or their child's condition is emergent, and urge patients to call the Nurse Advice Line at 1-800-TRICARE (select option 1) for assistance. Emergency: 911





#### Reynolds Army Community Hospital

4301 Wilson Street Fort Sill, Oklahoma 73503 (580) 558-2800 / 2801

#### Access to Care Line

580-558-2000 http://www.tricareonline.com

- Reynolds Appointment line staffed 0700-1600 M-F
- Contact your Primary Care Manager 24/7 with the Army Secure Messaging System http://www.relayhealth.com
- Nurse Advice Line 24/7 1-800-TRICARE (select option 1)

**Loyalty Family Medicine Clinic** 558-8506 / 8508 **Honor Family Medicine Clinic** 558-8548 / 8529 Service Family Medicine Clinic 558-8548 / 8529 **Respect Family Medicine Clinic** 558-8506 **Integrity Family Medicine Clinic** 558-8509 / 8510 **Courage Family Medicine Clinic** 558-8509 / 8510 **Pediatrics** Clinic 558-8501 / 8502 **Internal Medicine Clinic** 558-8404 / 8405 **Fires Clinic** 558-8505 / 8504 WTU (Warrior Transition Unit) Clinic 558-2244 / 3131

Reynolds Army Community Hospital



Where Should I Go For Care?

Helping you choose the right care center for the care you need!

## Should you visit the Urgent Care Clinic or the Emergency Room?

When you experience an emergency, your inclination may be to visit your Urgent Care Clinic for care. Unfortunately, Urgent Care Clinics are not actually designed for emergency care. Instead, an Emergency Room is exactly what the name implies, a place to go to seek medical treatment in the event of an emergency.



#### What is an Emergency?

Your idea of an emergency may not be the same as the medical professionals idea of an emergency. The Emergency Department is for the treatment of life -threatening or very serious conditions that require immediate medical attention. Do not ignore an emergency. If a situation seems life threatening, take action. Call 911 right away. If you are unsure, stop and think to yourself, can the condition that you are experiencing be treated by your Doctor, in their office? If so, this is the better option unless you feel that your life is threatened by the condition.

# When should you go to the Urgent Care Clinic?

- Accidents and falls
- Sprains and strains
- Moderate back problems
- Breathing difficulties (i.e. mild to moderate asthma)
- Bleeding/cuts -- not bleeding a lot but requiring stitches
- Diagnostic services, including Xrays and laboratory tests
- Eye irritation and redness
- Fever or flu
- Vomiting, diarrhea or dehydration
- Severe sore throat or cough
- Minor broken bones and fractures (i.e. fingers, toes)
- Skin rashes and infections
- Urinary tract infections
- Insect bites
- Dental pain
- Suicidal or homicidal thoughts



### When should you go to the Emergency Department?

- Severe chest pain or difficulty breathing
- Signs of Heart attack (i.e. chest pain lasting longer than two minutes, profuse sweating, numbness to jaw, left and right arm)
- Signs of Stroke (e.g. loss of vision, sudden numbness, weakness, slurred speech, or confusion)
- Suicidal or homicidal attempt
- Compound fracture (bone protrudes through skin)
- Convulsions, seizures or loss of consciousness
- Fever in newborn (less than 3 months old)
- Heavy, uncontrollable bleeding
- Deep knife wounds or gunshot wounds
- Moderate to severe burns
- Poisoning
- Serious head, neck or back injury
- Pregnancy-related problems (i.e. bleeding, severe cramping) under 20 weeks