

FAQ's about NAVADMIN 178/15

- 1. Question:** Are Sailors required to meet what is described in NAVADMIN 178/15 as effective immediately for Cycle 2, 2015's Official PFA?
NAVADMIN 178/15 states that the BCAs will only be completed for monitoring purposes and that this BCA failure will get entered into PRIMS and will not count as an official BCA failure for Cycle 2, 2015. Sailors must be medically cleared before participating in the PRT; any Sailor failing the PRT is considered a Cycle 2, 2015 PFA failure.

Answer: Yes, the BCA will only be used for monitor purposes in Cycle 2, 2015. Cycle 2, 2015 BCAs results shall be recorded in PRIMS. Any member who fails to meet BCA standards will still reflect in PRIMS as a BCA Failure. Failing the BCA during Cycle 2, 2015 will enroll member into FEP and to receive nutritional counseling. Sailors who fail the PRT will be a PFA failure.

- 2. Question:** Are Sailors still able to be frocked or advanced during this Cycle 2, 2015 PFA cycle?

Answer: Per guidance from MCPON, CPO selectees will not have their promotion or frocking withheld for a BCA failure due to Body Composition Assessment if the PFA in Cycle 2, 2015 is passed. As long as the member performs the official Cycle 2, 2015 PFA and passes the PFA per the NAVADMIN 178/15 they meet frocking requirements where there most recent PFA is a pass.

- 3. Question:** PRIMS is currently programmed such that a BCA score must be entered before the PRT score can be entered. If a failing BCA score is entered, PRIMS will not allow the PRT results to be entered. Per NAVADMIN 178/15, a BCA shall be completed and recorded in PRIMS. The BCA is only used for monitoring purposes as it relates to ADSEP. If a member fails the BCA but is medically cleared to participate in the PRT, then the failing BCA score cannot be entered. How do I go around this?

Answer: The member's Command shall enter the BCA in PRIMS and calculate member as a BCA failure first. The Command will then be required to submit a letter of correction request to PRIMS along with the original BCA and PRT score sheets to have the PRT scores entered into the member's official record. Until

PRIMS programming can be completed this is the directed work around. Email this request and supporting documents to PRIMS@navy.mil. Commands must do a separate LOC for each member that calculates as a BCA failure and must include all official PFA supporting documents for review and manual entry.

- 4. Question:** If a sailor decides to continue with the administrative separation due to three BCA failures instead of resetting to one failure will they still be eligible to receive involuntary separation pay?

Answer: No. Involuntary separation pay (ISP) is only authorized for members who are involuntarily separated from military service; by refusing an opportunity to be retained under the new Physical Readiness Program (PRP) policy, a Sailor is no longer subject to an involuntary separation and is not eligible for ISP.

- 5. Question:** If I have One PFA failure in the last 3-years, will I still have One PFA failure beginning 1 Jan 2016?

Answer: Yes. This means that you will carry over a total of one failure as of January 01, 2016. That failure will be retained for three years from the date it was earned. If you have multiple failures, it is calculated from the date of the most recent failure. The new NAVADMIN changes policy so that Commands shall consider a total of two PFA failures in a three year period when screening members for ASEP (as of January 01 2016).

6. Question: A Sailor with three or more failures by Cycle 1, 2015 who elects to remain in the Navy and participate in the Cycle 2 2015 PRT in hopes of passing the PFA:

1. Can they get a medical waiver for the full PRT and avoid separation?
2. Can they get a medical waiver for one or two events and pass the remaining event(s) and be retained?
3. Must they participate in all three events?

Answer: OPNAVINST 6110.1J, OPGUIDE 5, Page 16 declares when a PRT is considered a "pass" and when members achieve "Satisfactory" performance standard or better. Member must participate in at least two PRT events. A member can only be medically waived from one event to still achieve a Pass for PRT. Members that are medically waived from two or more PRT events will not

be retained because they did not perform the minimum required to be considered a PFA pass.