



## FRIENDSHIP SCALE

**Source:** The items come from the 6-item Friendship Scale. Used with permission.

**Reference:** Hawthorne, G. (2006). Measuring social isolation in older adults: Development and initial validation of the Friendship Scale. *Social Indicators Research*, 77, 521-548.

**Scale Description:** The Friendship Scale is a short, 6-item scale assessing social isolation.

### Scoring and Algorithm

**Note:** For each assessment, there is an algorithm leading to one of three acuity ranges: Low, Moderate, or High. The logic for the user receiving specific feedback is included in the algorithms below.

### Scoring and Algorithm

Each item is scored 0-4, as indicated below. Total is sum of all 6 items, possible range for total is 0-24.

**For Questions #1, #3, #4** the items are scored:

Almost always = 4  
Most of the time = 3  
About half the time = 2  
Occasionally = 1  
Never = 0

**Questions #2, #5, #6,** the items are scored:

Almost always = 0  
Most of the time = 1  
About half the time = 2  
Occasionally = 3  
Never = 4

### Algorithm

Total = 19-24 Friendship High Acuity  
Total = 16-18 Friendship Moderate Acuity  
Total = 0-15 Friendship Low Acuity



## FRIENDSHIP ASSESSMENT

During the past four weeks:

1. It has been easy to relate to others.

- Almost always
- Most of the time
- About half the time
- Occasionally
- Not at all

2. I felt isolated from other people.

- Almost always
- Most of the time
- About half the time
- Occasionally
- Not at all

3. I had someone to share my feelings with.

- Almost always
- Most of the time
- About half the time
- Occasionally
- Not at all

4. I found it easy to get in touch with others when I needed to.

- Almost always
- Most of the time
- About half the time
- Occasionally
- Not at all

5. When with other people, I felt separate from them.

- Almost always
- Most of the time
- About half the time
- Occasionally
- Not at all

6. I felt alone and friendless.

- Almost always
- Most of the time
- About half the time
- Occasionally
- Not at all



\*The reproduction of any copyrighted material is prohibited without the express permission of the copyright holder.