



## DIMENSIONS OF ANGER REACTIONS (DAR)

**Source:** The items are from the 7-item Dimensions of Anger Reactions. Permission for use by R. Novaco.

**Reference:** Forbes, D, Hawthorne, G, Elliott, P, McHugh T, Biddle, D, Creamer, M, Novaco, RW (2004) A concise measure of anger in posttraumatic stress disorder. *J. of Traumatic Stress*, 17: 249-256

**Scale Description:** The DAR measures anger disposition directed towards others. The DAR has been shown to be a reliable, sensitive measure of anger in Vietnam veterans with combat-related PTSD. It was also reported to be sensitive to therapeutic change associated with PTSD intervention. As such, it shows potential utility as a diagnostic and treatment outcome tool.

### Scoring and Algorithm

**Note:** For each assessment, there is an algorithm leading to one of three acuity ranges: Low, Moderate, or High. The logic for the user receiving specific feedback is included in the algorithms below.

The items are scored 0-8 as described below; total score is sum of all 7 items, possible range 0-56.

Not at all =	0
	1
	2
	3
	4
	5
	6
	7
Exactly so =	8

### Algorithm

Total = 0-22 Low Acuity

Total = 23-42 Moderate Acuity

Total = 43-56 High Acuity

