



**DEPARTMENT OF THE NAVY**  
COMMANDER US NAVAL FORCES JAPAN  
COMMANDER NAVY REGION JAPAN  
PSC 473 BOX 12  
FPO AP 96349-0001

COMNAVFORJAPANINST/COMNAVREGJAPANINST 1020.3C  
N008  
26 Sep 16

COMNAVFORJAPAN/COMNAVREGJAPAN INSTRUCTION 1020.3C

From: Commander, U.S. Naval Forces Japan/Navy Region Japan

Subj: CIVILIAN CLOTHING REGULATION/POLICY

Ref: (a) Manual for Courts-Martial  
(b) COMNAVFORJAPANINST 1750.2A  
(c) U.S. Navy Uniform Regulations (NAVPERS 15665I)

Encl: (1) PowerPoint Presentation Illustrating Examples of  
Acceptable and Unacceptable Clothing

1. Purpose. To provide policy for appropriate civilian clothing and personal appearance on and off base within the Commander, U.S. Naval Forces Japan/Navy Region Japan (CNFJ/CNRJ) area of responsibility (AOR).

2. Cancellation. COMNAVFORJAPANINST 1020.3B.

3. Applicability.

a. All Navy personnel in the CNFJ/CNRJ area of responsibility (AOR).

b. All Armed Forces personnel who are permanently or temporarily assigned to or enter upon commands/installations under the control of CNFJ/CNRJ and/or tenant commands aboard commands/installations under the control of CNFJ/CNRJ.

c. All military family members, retirees, Department of Defense (DoD) civilians, Civilian Mariners, DoD Dependents Schools (DoDDS) teachers and students, Federal employees, contract civilians, their guests and their family members who are ten years of age or older, who are permanently or temporarily assigned to or enter upon commands and/or an installation under the control of CNFJ/CNRJ and/or tenant command aboard commands or installations under the control of CNFJ/CNRJ.

4. Scope. This instruction is punitive in nature and any violation of this instruction by service members is a violation of the Uniform Code of Military Justice Article 92 as a lawful general order.

5. General

a. It is the policy of CNFJ/CNRJ that all personnel will present a good public image, and maintain good order, discipline, and morale appropriate in the Japan AOR. Each individual, whether military or civilian, is an ambassador of the United States and the U.S. Navy while in this AOR. As such, individual dress, attire, and conduct should reflect credit upon oneself, the U.S. Navy and the United States.

b. All Officers, Enlisted personnel, and sponsors are expected to set high standards for the wearing of civilian clothing and personal appearance, and ensuring all personnel, adults and minors alike, under their charge and responsibility, adhere to these minimum standards.

c. This regulation/policy is not intended to supplant directives issued by individual base commanders or commanding officers to accommodate local circumstances. However, in the event of a conflict between this regulation/policy and individual base or separate command directives, this regulation/policy shall take precedence. The Director of Moral Welfare and Recreation, Manager of the Navy Exchange, Defense Commissary Agency, and Principals of Department of Defense Education Activity institutions shall ensure that this regulation/policy is enforced in their respective areas of responsibility. They will ensure that their staff and employees are trained on the contents of this policy.

6. Enforcement. Everyone is responsible for enforcing this regulation/policy and promoting good order, discipline, and morale. Military Police, Shore Patrol, and all individuals in positions of leadership (i.e. parents, teachers, managers, Officers, Chiefs, and Petty Officers) will address discrepancies or otherwise inform the individual's command or sponsor when violations are observed. Persons whose appearance does not comply with this regulation/policy, and who cannot correct the discrepancy on the spot, will be refused the service they seek and will also be directed to return to their command, quarters, or residence to improve their personal clothing/appearance.



7. Prohibited Civilian Clothing

a. Clothing which has been altered, or worn in a manner to present an abbreviated covering, or sexually provocative appearance is prohibited.

b. Any garment, to include caps and hats, inscribed, printed, or bearing patches with slogans, words, pictures, symbols, or print which may be interpreted by a reasonable person to be profane, sexually suggestive or obscene, and that may be interpreted as directly and clearly derogatory to any ethnic, racial, religious group, or to any military service or nation, logo, or symbol of any nation is prohibited. This includes garments that are supportive of or oriented towards the glamorization of alcohol abuse, or any illegal activity, including the use of illegal or illicit drugs.

c. Clothing which is obviously soiled, torn, or excessively worn or frayed is prohibited.

d. Hair nets, wave-caps/do-rags, handkerchiefs, bandannas, or nylon socks on the head are prohibited (even if under a cap) outside of living quarters, except while participating in sports or physical training activities. Females may wear scarves (not bandanas) on the head if done so in a conservative and fashionable manner.

8. Civilian Clothing. Every individual subject to this regulation/policy is responsible to ensure their clothing and appearance is appropriate for the occasion. Current styles and fashions that are neat, clean, and in good taste are authorized. The size and fit of all clothing will display a neat appearance and will not be excessively over or undersized (see enclosure (1)). The following minimum dress code standards, while not all-inclusive, are provided.

a. Footwear. Appropriate serviceable footwear will be worn.

(1) Shoes with laces will be tied.

(2) Sandals (including those without a back strap) and casual styles of footwear are appropriate and may be worn with or without socks.

(3) Shower shoes made entirely of plastic or rubber material as shown in enclosure (1), dive booties, bare feet, etc., are appropriate in living quarters and at recreational beaches and swimming pools, otherwise, they are not appropriate and are prohibited.

b. Shirts/Blouses

(1) T-shirts (other than undershirts) may be worn as outerwear.

(2) Undershirts, tank top style athletic shirts/jerseys, and swimsuit tops are not appropriate outerwear (except while participating in picnics, athletic events, or while at the pool or beach).

(3) Basketball tank top type jerseys that are not excessively large are acceptable if worn with an undershirt.

(4) Sleeveless sundresses and blouses and similar styles of female clothing are considered to be appropriate attire.

(5) Professional uniform style baseball, football, basketball, etc., jerseys with sleeves are acceptable but they must not be excessively oversized.

(6) For women, modest halter-top, strapless top, tank top, and t-shirt style shirts/blouses (which expose no more than one inch of the midriff) are acceptable.

c. Trousers, Shorts, and Skirts/Dresses

(1) Trousers, shorts, and skirts/dresses should be of a length, fit, and style to maintain proper modesty.

(2) Also prohibited are trousers, shorts or skirts/dresses that expose any portion of the underwear or buttocks as well as those that are excessively "baggy" or hanging off the buttocks.

(3) Skirts/dresses, trousers, blue jeans and shorts that have not been properly hemmed are prohibited.

d. Military clothing. Organizational clothing is not authorized for wear with or as civilian attire.



e. Beach/Athletic attire. Beach/Athletic attire is prohibited in mess halls, retail stores, clubs, restaurants, and working spaces. This includes, but is not limited to, the Navy Exchange, commissary, theaters, libraries, snack bars, bowling alley, hospital, medical and dental clinics, or other similar establishments. Running shorts, bicycle shorts, and tights specifically designed for physical training are athletic attire. Sweat pants may be both athletic attire and casual attire. If the sweat pants were just worn while working out, then they are active wear. If they are clean and the wearer is going to go shopping in them, then they can be considered casual wear. Athletic attire can be worn on or off-base, outside your quarters/residence, only when the wearer is engaged in an athletic event, a sports/physical training activity, or is en route directly to or from such an event or activity.

(1) Casual wear is athletic clothing not being used for physical activity.

(2) Bathing/swim suits or other water sports/beach attire may be worn only for swimming, sunbathing, or sports activities in the immediate vicinity of a beach, pool, or quarters. While in transit to or from quarters to any area in which a swimsuit/beach attire is authorized, appropriate outer clothing will be worn. This includes transiting to or from the base.

(3) Although basketball tank top type jerseys are acceptable if worn with an undershirt, when worn with matching shorts this combination is deemed as athletic attire, if worn to participate in team sports.

(4) Baseball style caps may be worn with the bill directly forward or directly aft.

f. Tattoos, Body Art, and Brands. The display of tattoos, body art, and brands that are prejudicial to good order, discipline, and morale, or are of a nature to bring discredit upon the U.S. Navy is prohibited. Active duty personnel will be guided by reference (c).

g. Earrings. Current earring styles and fashions for both men and women that are neat, clean, and in good taste are authorized. For active duty men, earrings are discouraged, although they may be worn off base, in a non-duty status, and when not participating in a military sponsored event.

h. Body Piercing and Hair

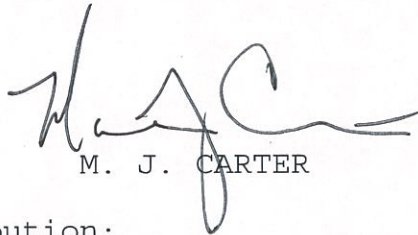
(1) Body piercing is not authorized for active duty personnel in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, any military vehicle, or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities. Body piercing for any individual subject to this instruction that appears excessive and brings undue attention or makes the individual a spectacle is prohibited and is unauthorized.

(2) Outrageous hair styling or coloring is unauthorized. Military personnel will comply with the hair/grooming standards promulgated in reference (c).

9. Action. Commanding Officers and Officers in Charge will ensure that the provisions of this regulation/policy are widely publicized and that newly reporting personnel are properly briefed on the prohibitions and restrictions contained herein.

10. Records Management. Records created as a result of this instruction, regardless of media and format, must be managed per SECNAV M-5210.1.

11. Review and Effective Date. Per OPNAVINST 5215.17A, the Region CMC will review this instruction annually on the anniversary of its effective date to ensure applicability, currency, and consistency with Federal, DoD, SECNAV, and Navy policy and statutory authority using OPNAV 5215/40 (Review of Instruction). This instruction will automatically expire five years after effective date unless reissued or canceled prior to the 5-year anniversary date, or an extension has been granted.



M. J. CARTER

Releasability and Distribution:

This instruction is cleared for public release and is available Electronic only via CNIC Gateway Region Japan website <https://g2.cnic.navy.mil/TSCNRJ/N00/N04C/default.aspx>





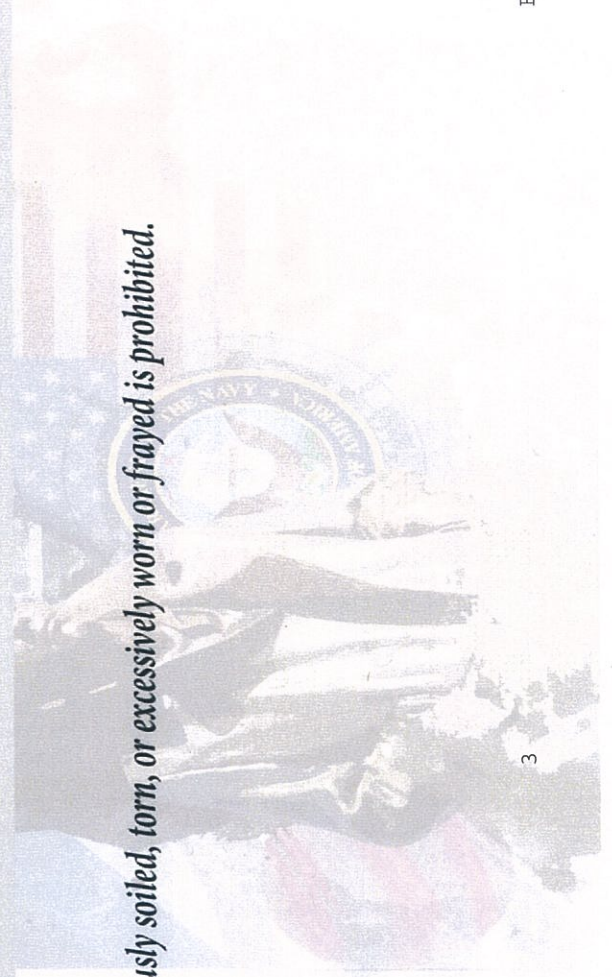
**CNEJ**  
CIVILIAN CLOTHES  
GUIDELINES





*\* Any garment, to include caps and hats, inscribed, printed or bearing patches with slogans, words, pictures which may be interpreted by a reasonable person to be profane, sexually suggestive or obscene and that may be interpreted as directly and clearly derogatory to any ethnic, racial, religious, any military service or nation.*



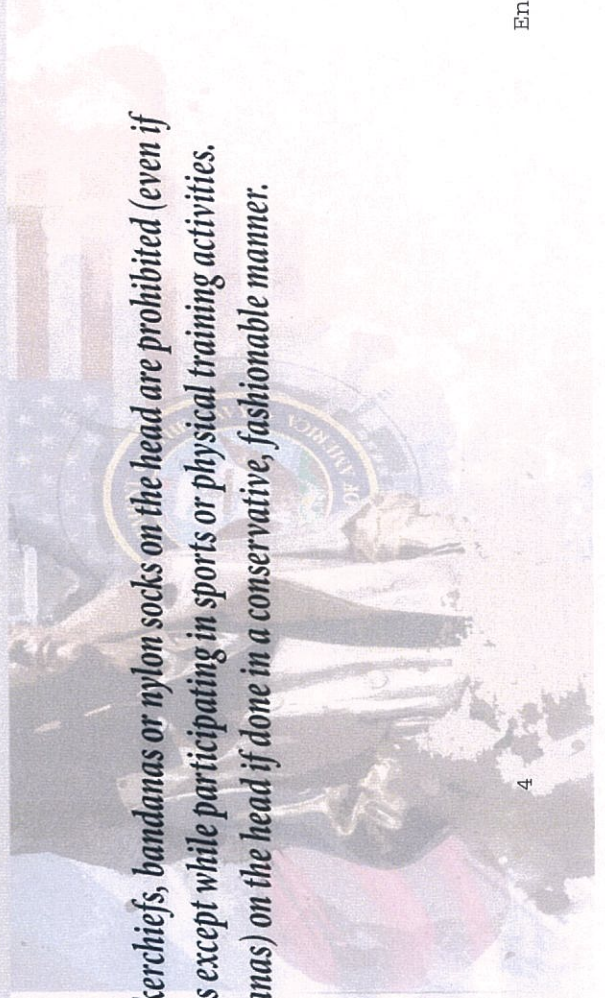


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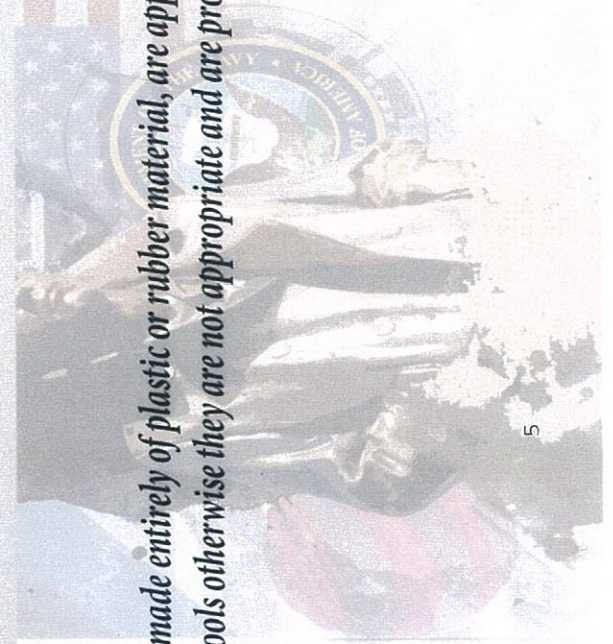




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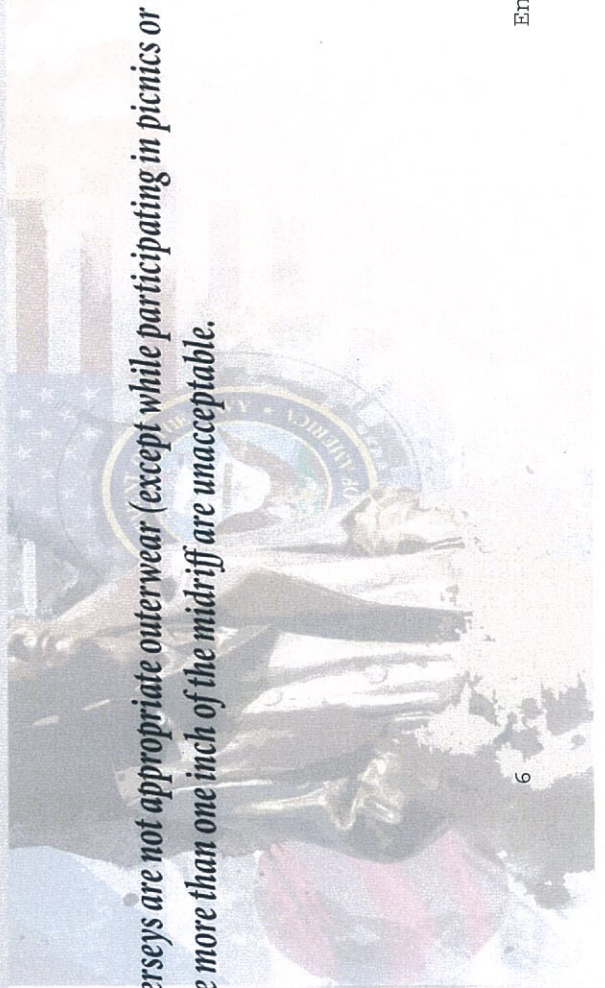






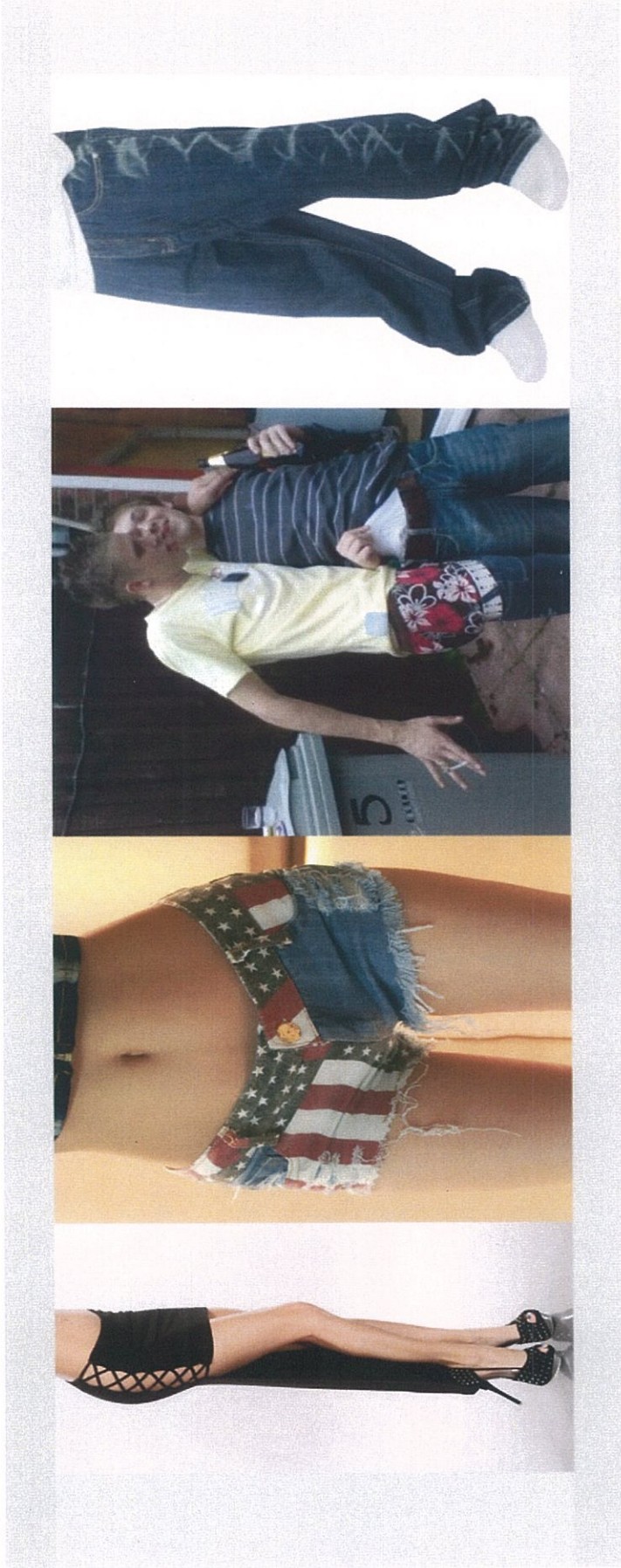
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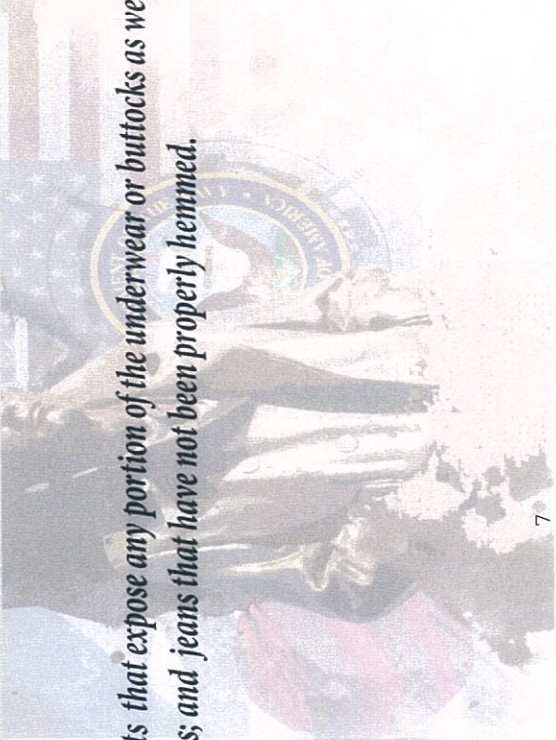


*\* Undershirts, tank top style athletic shirts/jerseys are not appropriate outerwear (except while participating in picnics or athletic events). For women, tops that expose more than one inch of the midriff are unacceptable.*





*\*Prohibited items include: Skirts/dresses/shorts that expose any portion of the underwear or buttocks as well as those that are excessively "baggy" or hanging off the buttocks; and jeans that have not been properly hemmed.*

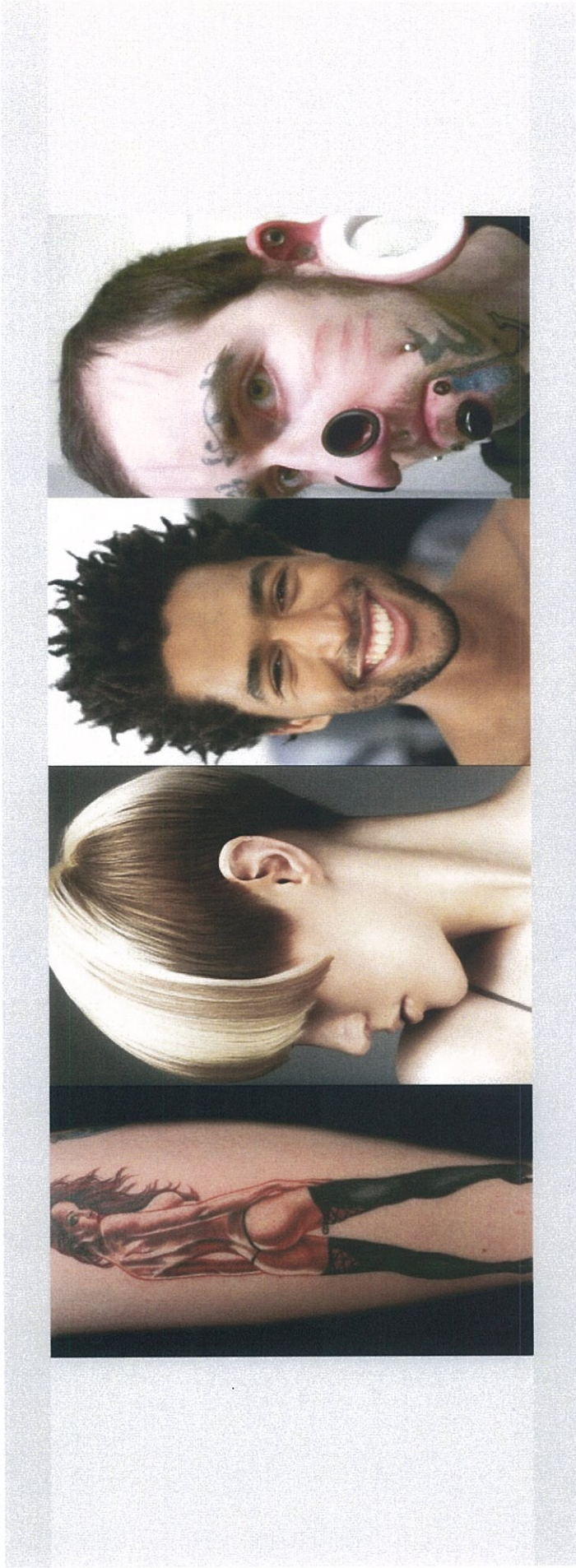






- \* Beach/Athletic attire is prohibited in mess halls, retail stores, clubs, restaurants and working spaces. This includes, but is not limited to, the NEX, Commissary, theaters, libraries or other similar establishments. Sweat pants may be both athletic attire or casual attire. If sweat pants are clean and wearer is going to go shopping in them, then they can be considered casual wear.*
- \* Baseball-style caps may be worn with the bill directly forward or directly aft.*

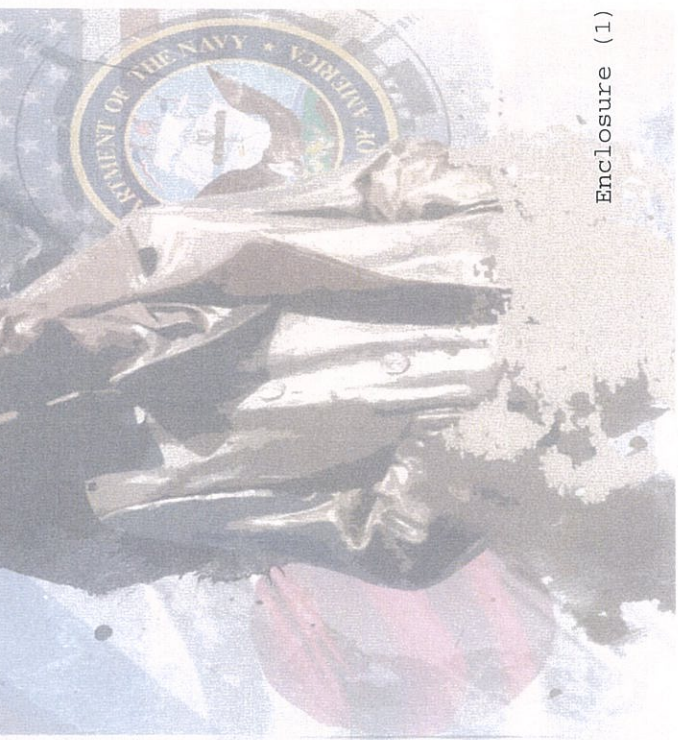




- \* *Display of tattoos, body art and brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the U.S. Navy is prohibited.*
- \* *Earrings for men and women that are neat, clean and in good taste are authorized. Active duty men, earrings are discouraged, although they may be worn off base, in a non-duty status.*
- \* *Body Piercing for any individual subject to this instruction that appears excessive and brings into attention or makes the individual a spectacle is prohibited. It is not authorized for active duty personnel in civilian attire, when in duty status, or while aboard any ship.*
- \* *Outrageous hair styling or coloring is unauthorized, and must comply with the hair/grooming standards.*



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**WHAT'S OK TO WEAR...**