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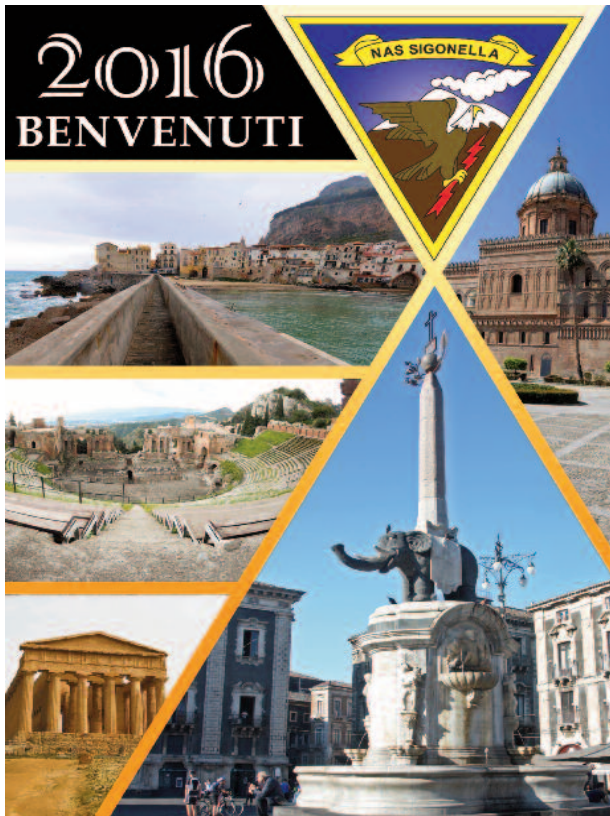
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Cover: Sicily is home to a rich and diverse history, many historic landmarks can be found in communities around the island including Cefalù, Taormina, Agrigento, Palermo, and of course, Elephant Square in Catania.

(Photos by Lt. Andriana Genualdi, MC2 Helen Brown, and MC2 Ramon Go)

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Benvenuti a Sigonella

Welcome to Sigonella! You are about to take the first step in enjoying what will be an exciting and challenging tour in the center of Sicily. You may have heard many things about duty in Sigonella. Concerns about quality of life here led to the Navy's largest improvement initiative and if you've been here before, you won't recognize the military community. Construction of new facilities were just completed in 2010 and are now providing world class service. Our civilian and military populations have organized dozens of social, professional and recreational organizations, so whether you are active duty, civilian or family member, the community has something for you. Duty in Sicily offers opportunities of a lifetime. This goes for travel, recreation, professional development, education and more. The key to enjoying a successful tour lies in remembering that living in Sicily is not like living in the United States. The customs, culture and way of life here are significantly different than what you are accustomed to. Houses and apartments are constructed differently; electric power and utilities are different; shopping, driving and dining are all different. Some people find it hard to adjust, but embracing the food and the

warmth of the people you meet will help you make the transition. Base projects have improved the quality of life for those assigned here, but remember, the key to a successful tour in Sicily lies in your willingness to learn and adapt to the differences you encounter. Any move is filled with stress and distractions, and your move here will be no different. Culture shock, jet lag and many other irritants will likely be a part of your PCS experience. Your command and your sponsor will help you adjust and get settled. Coming prepared will minimize your worries. Follow guidelines in this book, and you can smooth out many of the potential wrinkles in your upcoming move. For the most up-to-date information and all the latest at NAS Sigonella, be sure to check us out on Facebook at <https://www.facebook.com/nassigonella>. Benvenuti!

How to Use This Book

The information contained in these pages will help smooth your transition into the Sigonella Community, but do not throw it away once you get here. At some



Mt. Etna dominates the view from NAS 1 and provides a picturesque background for the Midtown Complex. Photo by MC2 Brian Glunt

point in your tour, you may be asked to sponsor a new arrival. This information and your experience can certainly go a long way in helping someone else adapt to life in Sicily.

The internet is full of valuable resources for those who are new to Sigonella, and the CNIC webpage is a great place to start. You can access base information, information about your specific command, job opportunities and more at www.cnic.navy.mil/sigonella. For specific information that pertains to your situation or your specific command, rely on your sponsor, who can give you the most current information. If you have received this guide from the command sponsorship team, you should already have a sponsor assigned. If you have not yet been contacted, please contact 011-39-095-86-4291 or DSN 314-624-4291 for assistance.



There are many places to travel to and things to see in Sicily, including the picturesque coastal town of Cefalù. Photo by Jackie Trembath

Profile of Italy

Italy has a total land surface of about 116,000 square miles, with the Apennine mountain range serving as a geographic dividing line between east and west coasts. The Alps define Italy's northern border. The Northern provinces experience cold winters with rainfall in the spring and summers. Central and southern Italy enjoys

a climate moderated by the Mediterranean Sea, with cool, rainy winters and moderate spring and fall, with heat creeping north from Africa in the summer. Italy's economy is more industrialized and high-tech in the north and agricultural in the south. Major industrial products are iron, cement and automobiles. Wine, cheese and wool are important to the Italian economy. Tourism is also a key industry for all of Italy, and visitors from around the world come to marvel at its history and architecture and enjoy its culture and its food.

Italian History and Government

Italy proclaimed its unification in 1861. In 1946, Italy became a republic, and in 1948, Italy's government became a democracy with a president, a prime minister and a parliament. Italy's government is run by a coalition of its numerous political parties, and since World War II, Italy has been governed by more than 40 separate coalitions. The leader of each coalition government is selected to serve as prime minister. Each new government in Italy is faced with numerous and frequent demands for change. These demands manifest in the form of strikes or demonstrations that are generally non-violent. As a U.S. and NATO representative, you should stay away from involvement in any political demonstration. The Status of Forces Agreement (SOFA) prohibits your involvement in any political demonstration or campaign. During a political campaign, banners and posters are displayed throughout the city, and it is a serious offense to tear down or deface any of this material.

History of Sigonella

The United States Naval Air Station (NAS), Sigonella, Sicily, was formally established June 15, 1959, by its first commanding officer, Capt. Walter J. Frazier. The idea of a U.S. naval base in Sicily was conceived during the early 1950s when it became obvious that the planned base loading of U.S. Navy P-2 Neptunes would result in overcrowding at the existing facility at Hal Far, Malta.



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Located at the Nas II Air Terminal



On June 25, 1957, after the U.S. Navy received NATO backing to use Sicily, land for Sigonella was made available on a temporary basis under the terms of an agreement with the Italian government. 1959 saw the first Americans arriving in March, and by the end of August the NAS II airfield was available for daylight VFR flights, with 24 flights logged by Aug. 31. By Nov. 30, 1959, Sigonella had 320 enlisted men and 39 officers, with 194 enlisted men and 40 officers in deployed squadrons here.

NAS Sigonella is now the primary operational and logistical support element for U.S. SIXTH Fleet operations, earning the nickname "Hub of the Med". Due to its crucial location, NAS Sigonella plays a vital role in supporting joint and combined military operations in the Mediterranean, Middle East and Africa. Sigonella provides support for NAVCENT, AFRICOM, U.S. FIFTH and SIXTH Fleet units, and 34 tenant commands and maintains and operates facilities for an installation with a DoD population of 4,900.

In early March 2011, NAS Sigonella was home to a handful of Navy maritime patrol and station aircraft, a single USAF Global Hawk, and nearly 2,200 service members, civilians and dependents. In less than a month, as Operations ODYSSEY DAWN (OOD), UNIFIED PROTECTOR (OUP) and ODYSSEY GUARD (OOG) were launched in support of United Nations Security Council Resolution (UNSCR) 1973, that presence grew to include an additional 1,500 service men and women with more than 70 fighter, reconnaissance and support aircraft from every branch of the U.S. Armed Forces and seven Coalition partners. The events in Africa in 2011 led to the rediscovery of the base's strategic location and was the year Sigonella reaffirmed its position as "Hub of the Med" in more than just a name. The current DoD footprint at Sigonella includes NAS Sigonella and 34 (semi)-autonomous tenant commands (headlined by SPMAGTF, CTF 67, USAF Global Hawk and Predator squadrons, Fleet Logistics, and DLA) and has a varying but steadily growing population that includes approximately 1,000 Italian dedicated employees to the U.S. government.

The air terminal, the second busiest in the European theater, is the primary divert field for the fleet. New construction and renovation projects made in the past few years are a credit to Sigonella's significant role in this theater. The upgrades and renovations will ensure Sigonella can support emergent mission tasking well into the next century.

America in Italy

Your tour of duty in Sigonella will make you more than an American tourist. You will be a resident of Italy, and as such, a representative of both America and the U.S. military forces. The importance of providing a positive image is obvious. Your responsibility to help provide such an image extends to your daily interactions with your neighbors,

shopkeepers and Italians you may encounter. Your job as a diplomat will be made easier if you attempt to learn and understand the language and customs of the host nation.

Newspapers, Radio, TV and Web

The weekly base newspaper, *The Signature*, is produced by the NAS Sigonella Public Affairs Office, and is distributed every Friday at many locations throughout the base and local community. The paper contains local news, Italian cultural activities, local community events, movie schedules for the base theater, a travel section, and a classified ad section. The paper can also be found on the NAS Sigonella website at issuu.com/nas_sigonella, as well as on NAS Sigonella's Facebook page at www.facebook.com/nassigonella.

The editorial office is located in Building 622 on NAS II and the staff can be reached at Commercial: 095-86-5440 – DSN 624-5440, or thesig@eu.navy.mil.

In addition to putting *The Signature* together, the Public Affairs Office also has a very strong Social Media program. Check us out at the following locations:

www.facebook.com/nassigonella
www.issuu.com/nas_sigonella

American Forces Network Sigonella

AFN Sigonella is located in the 1st floor of building 212 on NAS I, under the tall radio tower east of the main entrance. AFN Sigonella is an affiliate of AFN Naples, headquartered in Naples, Italy. AFN Sigonella receives the majority of its programming from the American Forces Network Broadcast Center (AFN BC) in California. The AFN BC is the sole programming source for military radio and television outlets overseas. These outlets serve American servicemen and women, Department of Defense (DoD) civilians, and their families stationed in over 177 countries around the world where English language broadcast service is unavailable or inadequate.

The advertisement for Bar Old Time features a central image of a round chocolate cake decorated with raspberries and blackberries, with the words "Happy Birthday" written on it. To the right of the cake are several dishes: a plate of three large stuffed mushrooms, a plate of three fried breaded items (possibly croquettes or fritters), and a glass of a drink with strawberries. In the top left corner is a logo of the Tower Bridge in London, and in the top right corner is the Facebook logo. The text "Bar Old Time" is written in a stylized font across the top. At the bottom, the address and contact information are provided: "Viale della regione 53 Motta S.A. Tel. 095306724 - www.baroldtime.com".



Tune in to AFN's 105.9 "The Eagle" with your favorite on-air DJs for music and current events. Photo by MC2 Ramon Go

The AFN BC is responsible for reflecting an accurate cross-section of what is widely available to stateside audiences of the American radio and television industry. Programs are uplinked from the DMC to a series of satellites and delivered worldwide via a secure transmission path using MPEG-2 digital compression technology. This global radio and television network service is called AFN, the American Forces Network.

The following channels are broadcast: AFN Prime-Atlantic, AFN Prime-Pacific, AFN Xtra, AFN Movie, AFN Family, AFN News, AFN Sports, AFN Spectrum, and the Preview Channel.

AFN Sigonella provides 10-hours of live local radio, weekdays on 105.9 FM. You can also stream it live on AFN360-Sigonella, either on the AFN Europe website, or on the AFN Europe mobile app.

Live shows run 6-11 a.m. and 1-5 p.m. Mondays and Wednesdays, and 6-11 a.m. and noon-5 p.m. Tuesdays,

Thursdays and Fridays. You'll find a wealth of command information via Radio News, readers and live interviews while listening to today's hit music. During non-live times, AFN Sigonella broadcasts network programming from Germany, along with popular music, news and local commercials. The AFN Sigonella Facebook page is a local news center, where we share important Sigonella news from a variety of sources. If you have an idea for a news story or "commercial," or need to publicize an event, simply fill out the online publicity request on our website, or call us and let us know!

The most expeditious way to solve television decoder problems, or get answers to technical questions is to call our AFRTS Helpdesk technologists, on duty 24/7 at the Broadcast Center in California, at DSN 312-348-1339 or commercial at 951.413.2339. Or you can e-mail them at technologist@dma.mil. In either case, you will need to provide your decoder TID and UA number (which can be found on back panel of decoder).

Points of contact:

AFN Points of contact:

- Station Manager:624-4067 (Comm: 095-56-4067)
- Operations Manager:624-4071
- Production:624-3971
- On-air DJ:624-3895
- AFN Sigonella web site and Facebook page:
<http://www.AFNEurope.net/Stations/Sigonella.aspx>
- AFN360-Sigonella:
www.AFNEurope.net
- AFN Europe Mobile App
- AFN TV TROUBLECALLS**
- Marinai:624-1731
- NAS 1 & 2624-4541
- On the economy:
.DSN 312-348-1339 / Comm 951-413-2339
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Seasonal Climate

Sicily's warm climate has two significant seasons: a dry, hot summer and a mild, wet winter. The transitional seasons, Autumn and Spring, are relatively short with little impact and they are associated with cool temperatures and partly cloudy skies. High pressure dominates the Mediterranean during the summer with an average temperature of 95 to 110 degrees Fahrenheit. Rainfall at this time of year is sparse and is usually only associated with afternoon thunderstorms. It is not uncommon to go weeks without seeing a drop of rain. Cloudy skies and rain are common during the winter months. Temperatures are relatively moderate with an average high of 50-60 degrees and an average low near 40 degrees Fahrenheit. Temperatures have been known to dip to freezing or slightly below during the months of December, January and February. Snow is rare except on Mount Etna's peak where winter sports enthusiasts can enjoy skiing, sledding and snowboarding.

Environmental and Morale Leave

Service members and their family members stationed in Sigonella are entitled to Environmental and Morale Leave (EML). EML allows you and your family members to travel Space-Available as follows:

Category II: Sponsors and family members traveling

with their sponsors in an EML status will be assigned Category II travel priority when traveling Space-Available on all AMC aircraft to/from CONUS, Germany, Spain and England while in a leave status.

Category IV: Family members traveling unaccompanied under EML orders will be authorized Space-Available travel at Category IV priority when traveling to/from authorized destinations.

No more than two trips (only one back to CONUS) are allowed within a 12-month period for any one person.

Emergency Leave

While stationed in Sigonella, your commanding officer/officer in charge may grant you, or members of your family, emergency leave in the event of an emergency concerning you or your spouse's immediate family. Due to recent changes in the entitlement of transportation, specifically for family members, commercial air travel at government expense from Sigonella, to the nearest Continental United States International Airport will be arranged when AMC procured transportation is not available. When government transportation, AMC, is available, this mode will be arranged first. Contact the Navy Passenger Transportation Office (NAVPTO) for assistance or information.

Note: Be sure your family in the U. S. knows your rate, rank, Social Security Number and name of your command in case there is an emergency and they need to notify you.



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Preparing for Transfer

Region Legal Service Office and Legal Matters

Passports, Visas and Sojourners Permits

Military personnel may enter Italy on official military orders with only a military ID card. For most purposes, the Armed Forces ID card will enable *official duty* travel throughout Italy and other NATO countries; however, although it can not be mandated, it is strongly recommended to obtain a tourist passport for ease of travel, for leave travel, and for security considerations. As a rule, non-NATO countries require passports even for military personnel. Also, best force protection practices may require you to keep a low profile and perform purely leisure travel without the "military label." If your new duties in Sigonella require you to travel on official business to countries requiring an official passport, coordinate with your new command to obtain an official passport. Tourist passports are obtainable through the American Consular Agency in Palermo, which is 2.5 hours car travel from NASSIG. However, it is recommended that all military personnel obtain their tourist passport prior to arrival at NASSIG. See the Department of State website for more information: <http://travel.state.gov/passport/>

Military dependents and all other civilians, regardless of age, must have a "no-fee" passport and a visa from the Government of Italy prior to entry. Passports, and separately, visas require several weeks lead time to obtain, and are NOT available after arrival in Italy. It is strongly recommended to start this process early so that your entire family may transfer with you. For additional information on visa requirements, see the Bureau of Consular Affairs Web site at <http://travel.state.gov/content/visas/en.html> or check with your local NAVPTO or travel office. Dependents who are citizens of European Union countries do not require a visa.

All military dependents and

DoD civilian employees and their family members are required to apply for a Sojourner's Permit (Permesso di Soggiorno) within eight days of their arrival in Italy. A Sojourner Permit is an Italian government document that certifies that a NATO force military dependent, or member of the civilian component, is legally residing, temporarily, in Italy. It is different from a Visa, which is merely an entry approval. This document, which is issued by the Italian government, permits civilians to legally reside in Italy. To apply, you will need to fill out an application form and submit it to the legal office along with 2 updated copies of the sponsor's Page 2 for military dependents, or DoD Forms 1614 and 1617 for DoD civilians, or DOCPER accreditation letter and contract for contractors, 3 copies of the no fee passport(s), 2 copies of the VISA sticker page in the passport, and 4 identical passport-type photos for each family member aged fourteen and over, and two passport-type photos for children aged 0 to 13. The Region Legal Service Office (RLSO) will help you with the application process, including scheduling a fingerprinting session with the Italian authorities.

All civilians should carry their Sojourner Permit and passport when traveling. Military members should, of course, always carry their military ID cards with them.



The Basilica Cattedrale is located in Elephant Square and is home to the city's patron saint, Sant'Agata. Photo by Jackie Trembath

You and the Law

Under the Status of Forces Agreement (SOFA) between the United States and the Republic of Italy, all U.S. military personnel, members of the civilian component, and their family members are subject to Italian law and come under Italian jurisdiction for most criminal offenses, unless the act was performed in the line of duty. This may include incidents occurring on military installations in Italy. As guests, we are obliged to comply with Italian law.

If you are called or summoned to appear before an Italian court in connection with any offense under Italian law, you must report the contact or summons as soon as possible to your Commanding Officer and to the Regional Legal Service Office (RLSO) for assistance.

If you are apprehended by local law enforcement officials, the following rules should guide you:

- DO NOT try to resist arrest.
- Go with the Italian authorities willingly.
- Promptly provide Italian police officials your name, rate/rank, organization, Armed Forces ID card (military, civilian or family member) and/or passport, command point of contact and phone number.
- Politely request the presence of NASSIG Security, a command representative and/or U.S. government-provided attorney prior to making any statement. Decline to make any statement unless U.S. representatives are present.

Different officials are tasked with law enforcement in Italy. The ones you will see most commonly are:

Polizia (police) – There are different branches, such as “stradale” (road police) and “ferroviaria” (railway police). The Polizia perform all the usual duties as the U.S. police and usually wear green-gray or blue uniforms.

Carabinieri – This is a special corps of the Italian military, which acts both as military and civilian police. They usually wear blue or black uniforms and are recognizable by the white shoulder-belt across their chest.

Guardia di Finanza (Finance Guard) – Comparable to Coast Guard or border police, they wear gray or blue uniforms. Their main task is to control alcohol, cigarette and drug smuggling. They are also in charge of customs, and they enforce tax payments in general.

Any law enforcement agent may perform his duty in civilian attire, in which case, it is sufficient for law enforcement to show an ID card.

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Be aware that in Italy, public servants (such as train and bus conductors or drivers, postmen, firemen and even soccer referees) are considered public officials while performing their duty. To strike or offend one bears the same penalty as striking or offending a policeman or any other public official. In Italy this is a very serious offense.

Criminal Jurisdiction

The NATO Status of Force Agreement (SOFA) recognizes the jurisdiction of the U.S. over its military personnel in the performance of their assigned duties. Under the SOFA, the U.S. may conduct courts-martial in Italy under the Uniform Code of Military Justice. The SOFA also recognizes the primary jurisdiction of the host nation (Italy) over criminal offenses that occur on the Italian territory. All military members, members of the civilian component and their family members are subject to Italian jurisdiction for criminal offenses. The SOFA also spells out the rights to be accorded to military members, civilian or family members who are subjected to criminal trial in Italy, including the following:

- To be informed of the charges before trial
- Prompt and speedy trial as is provided to the citizens of the host nation
- To compel the attendance of witnesses in his/her defense who are located in Italy
- To have the services of a competent interpreter
- To communicate with a representative of the U.S. Government
- To have a U.S. Government representative present at the trial

Region Legal Service Office is responsible for monitoring and reporting all criminal trials in southern Italy involving U.S. personnel. The RLSO may provide an Italian attorney free of charge for the defense of a military member, civilian component member, or family member being prosecuted in the Italian criminal courts. Prompt notification to the RLSO is essential when an arrest has occurred.

Claims and the Protection of Personal Property

The Military Personnel and Civilian Employee's Claims Act (Personnel Claims Act – “PCA”) is a federal statute that authorizes payment of claims filed by military personnel and DoD civilian employees for property losses occurring at places of assigned duty or in assigned quarters. Economy housing is considered to be assigned quarters. Claims are generally payable when property is damaged or lost due to natural disasters, vandalism or theft, provided the claimant did not contribute to the loss through their own negligence. Moreover, claims are also payable for damages or losses to household goods while such goods are shipped from prior duty stations to Sigonella. On the other hand, claims are not payable if the claimant is an ordinary resident of Italy.

RLSO provides specific guidance to DON personnel who want to file a claim with the Government for damage or loss sustained to the personal property incident to service and caused by fire, flood, theft, vandalism, natu-



The Temple of Concord in Agrigento is one of Sicily's best preserved Greek temples in all the old world, rivaling those in Greece. Photo by MC1 Brian Goyak

ral disaster or other unusual occurrence. The claimant should file the claim at the Personnel Claims Unit (PCU) located in Norfolk, Virginia within two years from the date the claim accrues. RLSO provides also specific guidance to DON personnel who are required to file their household goods claims (HHG) directly with a Transportation Service Provider (TSP) and who desire to transfer all or a portion of that claim to the Military Claims Office (MCO). Your MCO is the Personnel Claims Unit (PCU) located in Norfolk, Virginia (non-Navy personnel can access the link to their respective MCO from www.move.mil). RLSO can provide claim packages together with information on how to file the PCA claims. The claim packages can also be located at www.jag.navy.mil (select "Claims" on the screen).

Please remember that there are three deadlines that cannot be missed when filing HHG:

75 days from delivery: loss or damage to an item must be reported to the TSP within 75 days from the date of delivery.

Nine months from delivery: the claim must be submitted to the TSP within 9 months after the date of delivery, in order to qualify for the full replacement value (FRV) of lost or destroyed items.

Two years from delivery: the claim must be submitted to the TSP or PCU within 2 years from the date of delivery.

Personnel are advised to complete a comprehensive review of their personal property and to secure adequate insurance. DoD claims processors use depreciated value of stolen or damaged property to calculate the claims paid. Depending on the value of items, many choose to insure their property with replacement value policies. If their valuables are stolen, the insurance policy will pay the amount to repurchase those items.

If a claimant purchases private insurance, the claimant must first file with their insurance company prior to filing under the PCU. While claimants should promptly file claims to avoid missing the two-year statutory

filing deadline, final adjudication must await the receipt of the insurance company payment data.

The adjudication of a claim under the act requires a number of steps. For more information, contact the RLSO at 624-6327/5258.

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Drugs and Alcohol

Drug and alcohol laws are different in Italy than in the United States. Under the NATO Status of Forces Agreement (SOFA) military members, civilian employees and family members are subject to Italian drug and alcohol laws. While the drinking age in Italian society may be more lenient, the penalties for drunk and disorderly conduct or DUI are not. Drunk driving is a serious offense under Italian law. Italian law prohibits driving with a blood alcohol level of 0.05. Individuals who are caught driving with blood alcohol levels over a .05 face a variety of administrative consequences, including the loss of their driving privileges and ability to purchase gas coupons. This is in addition to possible action under the UCMJ.

Marriage

U.S. Armed Forces personnel wishing to marry while stationed in Italy must apply for permission. RLSO will assist service members wishing to marry in Italy while stationed in Italy.

Legal Assistance

A legal assistance appointment is a dedicated, personal consultation with an attorney. This service is provided BY APPOINTMENT ONLY and is available to active duty service members, their dependants, designated state-side hire civilian employees stationed overseas, retirees, and activated reservists. Legal assistance for contractors and contractor dependents is often limited if not unavailable, as is contingent on the specific language in the contract.

Generally, legal assistance appointments are appropriate for the following issues: family law (such as divorce, paternity, child support, child custody); estate law and planning (wills); consumer law, creditor/debtor issues; tort law; immigration law; military benefits; and deployment readiness (health care powers of attorney and durable springing powers of attorney). Additionally, for legal assistance matters that fall under Italian jurisdiction (such as a lawsuit due to an off-base traffic accident), please call to make an appointment with a local national attorney – this consultation is at the RLSO Office, but is by appointment only and based on the availability of the Italian attorney.

To schedule a legal assistance appointment, please call the RLSO at DSN: 624-2953/5258. Priority for services is provided to deploying units. Legal assistance appointments with a Navy JAG Officer are available Monday through Thursday at RLSO Legal Office, building 564. NAS 2.

It is RLSO DET SIGONELLA policy that NO legal advice will be given over the telephone or through third parties calling on behalf of perspective/current clients.

Child care services are not provided, so please make alternative arrangements prior to the date of your appointment (if alternative arrangements cannot be made, please advise the front desk and your appointment may be rescheduled).

Other Walk-in Services

The RLSO provides several walk-in services at its front desk. Walk-in services do not require an appointment.

Walk-in services are available from 0900 to 1600, Monday through Friday. Generally, these services include: powers of attorney, notary services, affidavits, and basic immigration information (i.e. green card and naturalization). The legal office cannot certify copies of documents that were not produced by the legal office.

A power of attorney may be necessary, especially if a service member will be absent from home for extended periods of time. A power of attorney may be tailored and limited to accommodate particular individual needs.

There are two types of powers of attorneys, general and special. General powers of attorney are powerful documents and are no longer issued unless there are extraordinary circumstances. The legal office does not recommend getting a general power of attorney as they are not widely accepted. In most cases, a special power of attorney can be drafted that will protect the servicemember, and authorize the holder to complete all of the transactions listed.

Volunteer Income Tax Assistance Center (VITA)

The VITA program was established to support NAS Sigonella personnel eligible for legal assistance services with preparing and filing their federal income tax returns. The Tax Center is operated by the RLSO with IRS trained and certified volunteers from the community through the use of free online filing, though members of certain pay grades may be eligible for more in-depth assistance. The Tax Center operates during tax filing season on both NAS I and NAS II. If you require additional information, or are interested in volunteering at the VITA office, please contact the RLSO at DSN: 624-2953/5258.

Defense Service Officer (DSO)

The Defense Service Officer (DSO) offers a variety of defense services, including representation at Special and General Courts-martial and administrative separation boards. The DSO also provides advice to individual service members who are the subject of an investigation, referred to Captain's Mast, would like to file a grievance against their command, and have other concerns relating to administrative or disciplinary proceedings against them. These services are available to Department of Defense (DoD) active duty and reserve personnel, whenever required by law or regulation and authorized by the Judge Advocate General (JAG).

The DSO does not have an office onboard NAS Sigonella, but individuals can schedule an appointment to talk to an attorney telephonically by contacting RLSO at DSN: 624-2953/5258. In the alternative, individuals may contact DSO North Detachment Naples directly at DSN 626-3131 to schedule an appointment.

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Banking and Credit Cards

COMMUNITY BANK

Community Bank, operated by Bank of America, is contracted by the DoD to provide stateside-like banking services exclusively to the military community. This relationship benefits customers by ensuring a wide range of services tailored for the unique requirements of the servicemen and women stationed overseas. Community Bank is the main source for currency exchange as well as paying local bills. *Community Bank is located on both NAS I and NAS II.*

The four Community Bank ATM's dispense both Dollar and Euro.

ATM Locations:

NAS 1: Outside the Community Bank located in the Community Bldg #318 Inside Midtown by the movie theatre. Bldg #175

NAS 2: Outside the Community Bank located by the NEX Depot Bldg #471 Outside the NEX 7-Day Store. Bldg #549.

On-base Euro changing service is available at the Navy Exchange and both Community Bank locations.

NAVY FEDERAL CREDIT UNION

Navy Federal Credit Union(NFCU) has a full service Branch and ATM located on NAS II (near the Navy Exchange Mini-Mart) and two additional ATM's located on NAS I in front of the Commissary. The Branch is open Monday-Friday from 0815-1615. Navy Federal serves the entire DOD community in Sigonella including all military servicemembers and their family members, DOD civilians, contractor personnel and retirees.

Navy Federal Online, WebBill Pay and 24 hour member support via our toll-free number in Italy (00-800-0-842-6328) makes keeping track of your finances easy while stationed overseas. Members can make full use of their accounts while in Sigonella and continue to use them when they return to the States. Once a member, you're always a member.

NFCU Sigonella offers a variety of accounts and services to help you manage your money including:

- Checking accounts that offer ATM rebates (great for getting Euro from Italian ATM's out in town).

On-base Euro changing service is also available at the Navy Exchange and Community Bank on both NAS I and NAS II



Navy Federal Credit Union is located on NAS 2 and serves both military and their family members. NFCU reminds all: "Once a member, always a member." Photo by MC2 Ramon Go

- Regular and Money Market Savings Accounts
- Certificates for all types of savings ranging from 13 Weeks to 7 years with starting deposits as low as \$100
- Visa and Mastercards along with our Visa Check Card which are very useful far from home
- Competitive rates on auto loans for new and used vehicles and signature loans for just about any purpose including family vacations!

If you are looking to buy a home while you are here or soon after you depart Sigonella, our Branch also offers in-house mortgage counseling

Not sure about what to do with your money or want to get assistance with managing your debt? Our staff offers individual financial counseling on a wide variety of financial topics. We also develop and deliver customized financial presentations to your Division, Department or Command upon request.

Money Exchange

There are various places to change money both on and off base and at two types of facilities - banks and exchange bureaus (cambio). Here are some options:

Money Exchange at NAS 1: NEX Customer Service: euro or dollar sales. 7,500 Euro daily limit

NAS 2: NEX Customer Service: euro sales only. 500 Euro daily limit.

Off Base: Shop around for the best deal, and balance convenience with advantageous rate. For example, you may get a few more euros for your dollar at a cambio downtown, but if you are only changing a couple of hundred dollars or less, the inconvenience of going to the cambio probably will outweigh the advantage in rate. Also, recently more and more local banks will accept your ATM or Debit Card that has the "Plus" sign. Just look for the symbol at the Italian Bancomat.

Postal Matters

One of the closest and strongest ties to loved ones in the States is the mail. Fortunately, mail service is relatively quick and efficient despite being overseas here in Sicily.

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Postal services in Sigonella are provided on NAS 1 and NAS 2. The Post Office on NAS 1 is located across from the MWR Library and is open Tuesday through Saturday 0900 - 1600. (Note: by the time of Benvenuti's release the days of operation may change to Monday through Friday 0900 - 1600) The Post Office on NAS 2 is conveniently located inside the Fleet Mail Center and is open Monday through Friday 0900 - 1600. Both Post Offices provide mail receipt and mailing services, sell of United States Postal Service money orders and postage stamps, change of address processing for patrons, mail directory-locator services, and USPS claims and inquiry services.

In addition, the Fleet Mail Center on NAS 2 provides a pick-up point for accountable mail and official mail services and is open Monday through Friday 0800 - 1700 and Saturday 0800 -1600. All postal operations are closed on Sundays and Holidays. Only U.S. currency is accepted at the Post Offices; however, you may use personal checks for the exact amount of purchase and major credit cards and bank debit cards. Money orders can be purchased for only 40 cents each, but a single money order can not exceed \$1,000. Only cash and debit cards are accepted for purchasing money orders. You may use traveler's checks to purchase most services, provided those purchases total at least half the amount of the check. As an authorized military postal service patron, you are responsible to inform all correspondents of your correct mailing and forwarding address prior to leaving your present duty station. You should obtain your new

address from your sponsor and notify all your correspondents at least six to eight weeks prior to checkout. Do not include the country or base name in your address under any circumstance. Doing so will only create delays and your mail could be processed through the Italian postal system and would be subject to customs inspections and fees. Your new address should contain all of the following information:

FULL NAME,
PSC and CORRECT BOX NUMBER
FPO AE and CORRECT ZIP CODE

An example would be:

Timmy Rollins
PSC 812 Box 9999
FPO AE 09627- 9999

It currently takes an average of seven to ten days for a first class letter or priority parcel to reach the States.

For best results, ask friends to use priority mail when sending your items by mail. For time-sensitive matters, Express Mail Service is available to and from Sigonella, but please keep in mind it may take more than the advertised 3 - 5 days. All parcel post packages can take 6 - 8 weeks by container ship. Do not mail perishable foods or meats, plants, soil matter, tobacco, firearms of any kind, or alcohol to or from Italy. A list of all prohibited items is also posted inside the Post Offices. If you ever have any questions or concerns, you can always ask your friendly Military Postal Clerks for assistance or you can contact the Fleet Mail Center at 624-5915. We look forward to serving you!

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Bringing Your Pet to Sigonella

You may bring your pet to Italy with you on Air Mobility Command (AMC) flights while on PCS status only. Pet space is limited on all AMC flights therefore pet spaces are booked on a first come, first served basis. Be sure to inform your personnel department, who schedules your flight to Italy, that you will be traveling with a pet. There is an excess baggage fee per pet based on the pet's weight. AMC will not ship any pet over 150 pounds (combined pet and carrier). Check with your local AMC terminal for any other restrictions prior to planning travel. There is a limit of two pets for each family, dogs and cats only, and you must provide the proper travel containers.. For the AMC Pet Brochure, please see the following link: <http://www.amc.af.mil/shared/media/document/AFD-140807-032.pdf>

If flying commercially, it's important to contact the airline on which you'll be traveling to Italy for its specific requirements for pet travel. Some airlines, for instance, require that pet carriers have ventilation holes on all sides, so you may need to drill holes through the back of the carrier. Traveling in the summer can be difficult due to heat restrictions and some airlines may not ship certain breeds (snub-nosed animals) during this time. Again, please call your airline for their specific requirements.

There is no quarantine period in Italy, but you will be required to have a current ISO compatible microchip and original (current) rabies certificate signed by your veterinarian. The microchip must be implanted prior to the rabies vaccination. For animals older than 16 weeks of age, 21 days must elapse from the date of the primary rabies vaccination. You will also need a bilingual health certificate. Forms are available through your military Veterinary Treatment Facility or civilian USDA veterinarian. This certification is good for only 10 days from the date of examination and must be certified by an official USDA civilian veterinarian or military veterinarian. Make several copies of this form when complete. One should be taped to the outside of the travel kennel and one should stay with the animal's health record.

Another resource for pet export information is the United States Department of Agriculture (USDA): <http://www.aphis.usda.gov/wps/portal/aphis/home>. Go to Animal Health link (under popular topics) → Click



There are two Post Office locations: NAS 1, located near the Library, and NAS 2, located near the flight line, 100 yards beyond the NEX Home Depot. Photo by MC2 Ramon Go

on the Red EXPORT Icon at the bottom of page → Under Export requirements for... Choose Pets (highlighted in blue) → In number 2 choose Destination Country → Choose Italy from the drop down menu at the bottom of the page → Scroll down to the pet information.

The NAS Sigonella Veterinary Treatment Facility (VTF) provides wellness and general sick call appointments for privately owned pets approximately three days per week. Monthly schedules are posted on the clinic's Facebook group. The VTF also sells preventive medications for fleas, ticks and heartworms. Availability of vet care is affected by the time spent on high-priority tasks such as Military Working Dogs and by personnel strength. Specialized clinical, surgical, and in-patient care is not available on base; however, a list of local vets is available for emergencies.

Pet owners take note: Leishmaniasis, a parasite which can be deadly to animals, exists in Sicily. The only way to protect against this disease is to avoid sandflies through effective insecticides such as prescription topicals (Advantix II) or collars (Scalibor). Please see the Sigonella vet clinic for more information when you arrive. This disease is treatable, but not curable and if your pet is infected with this disease, it can not be shipped back to the United States.

If your pet is geriatric or requires special treatment, it is recommended that you not bring it to Sicily. No special diagnostic facilities are available. If your pet has a special health problem, have your sponsor contact the veterinary service to determine if requisite medical care might be available.

Pets must be registered with the veterinary clinic within ten days of arrival or acquisition. Registration will take place in person at the VTF. Pets do not need to be present. Pet owners and custodians of pets are responsible for the cleanliness and sanitation of all areas used or frequented by their pets. Animals may not wander in the government housing areas unattended, or without a leash. Pets are not allowed in the Barracks.

For any further information contact the Veterinary Treatment Facility at (DSN) 624-4258 or comm: 011-39-095-56-4258. Also see our group on Facebook. You may also email us at Sigonellavet@gmail.com for any questions.

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Getting Settled

Housing Office

The Sigonella Housing Service Center assists all incoming military and DOD civilian personnel, as well as contractors and NATO forces. Based on eligibility, accompanied and unaccompanied personnel are provided assistance in assignment to military family housing, unaccompanied housing accommodations, or community housing in the local area. This section will answer many questions and help you get started.

The Housing Service Center is open Monday through Friday from 7:30 a.m. to 4:00 p.m.

All accompanied military personnel will be directly assigned to government controlled housing. Wait time depends on PCS season and eligibility. Unaccompanied E5 and above are required to find housing accommodation in the local community while unaccompanied E1-E4 are directly assigned to the unaccompanied facilities on base.

It is important that you establish early communications with your assigned sponsor to receive up-to-date information regarding housing eligibility and availabi-

lity. It is imperative that members do not secure any type of housing without obtaining prior approval or guidance from the Housing Office.

The Housing Department provides the following services to all incoming personnel to assist with your housing needs.

Accompanied Military Personnel:

Service members have to report to the Housing Department within 48 hours upon arrival to complete their assignment process. Failure to report may jeopardize your housing allowances.

1. Our military family housing inventory consists of 526 government-leased three and four bedroom units, and 8 four bedroom government-owned homes, which are designed to meet American standards. These housing units include a refrigerator, stove, dishwasher, microwave, and a washer and dryer. The units are townhouse style, with approximately 1200-1400 square feet of living space per unit. Units have dual voltage for both U.S. and Italian appliances. Two pets are allowed in housing (either one cat and one dog or two cats or two dogs).

2. Application for assignment to government housing



The Administration Building is home to the Housing Office and Fleet & Family Support Center. The FFSC office is where new arrivals also attend INDOC. Photo by MC3 Cameron Bramham

can be done through the Housing Early Application Tool (HEAT). Navy Housing has developed HEAT to assist service members and their families in applying for housing Navy-wide. HEAT allows service members and their families to get the housing application process started at one or more Navy installations online before or after they receive their permanent change of station (PCS) orders. HEAT is available to all service members at every Navy installation. HEAT creates an easy user experience to connect with your destination. Spouses can use the application as well needing only minimum information. All you need to get started is the following:

- Sponsor's last name
- Sponsor's social security number
- Your contact information
- New duty location(s)

Please note that HEAT does not place you on a wait list and cannot improve your position as such. Wait list position is determined by regulations and eligibility. HEAT allows you to make early contact and complete an advanced or active application with the assistance of a housing counselor. For more information about HEAT, please visit: <http://cnic.navy.mil/ffr/housing/heat.html> or <https://www.dko.mil/heat/apply>.

3. The Door-to-Door program can be implemented through your sponsor as they will receive the unit key one day prior to the date of your arrival. Thanks to HEAT and the Door-to-Door program, you will be able to move into your assigned quarters directly, without going into TLA. Please note that linen and amenities are not provided with the units, so it is best practice to ship them in advance to your sponsor or carry them in your hand baggage. Make sure that your sponsor contacts the Housing Service Center in advance to get more information and to be prepared for your arrival

4. Temporary Loaner Furniture is available and may be kept for up to 90 days while awaiting your personal household goods shipment. Temporary Loaner Furniture consists of beds, nightstands, dressers, sofa, armchairs, crib, highchair, playpen, end tables, lamps, coffee table, dining table and dining chairs. These items are available



The Housing Office, located on NAS 1, seeks to help newcomers settle into their new homes, whether government or on the economy. Photo by MC2 Ramon Go

to both accompanied and unaccompanied personnel except for end table, crib, highchair and playpen which are available only for accompanied personnel. It is important that you utilize your unaccompanied baggage shipment (express shipment) to ensure timely arrival of items such as cooking and eating utensils, sheets, blankets, etc (temporary loaner kits can be provided by Fleet and Family Service Center).

Unaccompanied Military Personnel (E5 and Above) and Civilians:

Service members have to report to the Housing Department within 48 hours upon arrival to start their referral process. Failure to report may jeopardize your housing allowances.

1. House hunting tours: These provide the opportunity to see available private rentals in the community. All listings of available rentals are inspected for suitability and must meet minimum standards for safety and security before a contract may be negotiated through the Housing Department.

2. Lease Negotiation: When you select a house through the Housing Department, trained staff will help you negotiate a fair rental price, verify the presence of the Military Clause, and ensure compliance with Italian law. Rents are paid in Euro and range from €600 to €2000 per month. Because rents are established in Euro, the equivalency in U.S. currency will fluctuate with the exchange rate. Usually, a deposit fee equal to 1-month rent must be paid together with the first month rent when the lease is signed.

3. Utilities contracts: Assistance in arranging utilities contracts (electricity, gas and telephone/internet) and ongoing liaison with utility companies throughout your tour are offered by competent counselors provided the contracts were arranged through the Housing Office.

4. Temporary Loaner Furniture: it is available and may be kept for up to 90 days while awaiting for your personal household goods shipment. Temporary Loaner Furniture consists of beds, nightstands, dressers, sofa, armchairs, end tables, lamps, coffee table, dining table and dining chairs. These items are available to both

accompanied and unaccompanied personnel living in the community. It is important that you utilize your unaccompanied baggage shipment (express shipment) to ensure timely arrival of items such as cooking and eating utensils, sheets, blankets, etc.

5. Full Tour Loaner Furnishings: these items will be loaned to you for the entire duration of your tour if you have signed a community housing lease through the Housing Office. These items include a stove, refrigerator, washing machine, dryer, microwave, wardrobes, transformers, and carbon monoxide detectors.

6. Other Services: The Housing Department provides assistance throughout the duration of your tour, which includes, but is not limited to, mediation of landlord-tenant disputes, maintenance service scheduling, utility billing discrepancies, lease amendments, legal advice (in reference to Italian lease laws) and termination services.

Unaccompanied Housing Accommodations

Unaccompanied Housing (UH) permanent party accommodations are mandatory for unaccompanied E4 and below. Service members should report to the Housing Service Center within one working day upon arrival to Sigonella. It is recommended that the sponsor arrange for a "Door-to-Door" assignment which will allow the sponsor to receive the room key the day prior to the service member's arrival. This procedure will ensure an

available room for the incoming service member, regardless of the day and time of their arrival. Incoming E4 and below will then move directly in to the permanent party accommodation and will report to the Housing Service Center the next day to sign their check-in documentation and receive the "Welcome Aboard Package" during their initial counseling. Incoming TLA is very limited to special and specific circumstances and not always authorized. If TLA is authorized, the first lodging option will be the Navy Gateway Inns and Suites (NGIS).

UH facilities are located both on NAS I and NAS II for a total of 576 rooms. The rooms are 1+1E type, meaning that a unit is composed of 2 private bedrooms and a shared bathroom and kitchen. The rooms are fully furnished and a set of bedding is provided at check in. Shipment of HHG is limited to personal belongings while extra furniture is not allowed.

Assignment is based on room availability. Command cohesion is applied only for NAVHOSP if rooms are available. Residents can apply for the "Roommate matching program" by completing a questionnaire with their preference (shift hours, music style, cooking taste) to be sent to the UH Manager who will screen all application and find the best match.

For more information about the program, you can contact the UH Manager at NASSIG-HousingUH.Director@eu.navy.mil.

TEMPORARY LODGING (TLA)

Unaccompanied service members E5 and above are eligible to reside in the community during their tour.

MR

PIZZAROTTI
FONDATA NEL 1910

MARINAI RESIDENCE

US Government's Leased Property - 43 hectares land
Owner: Impresa Pizzarotti & C. S.p.A.
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(route possible by bicycle)

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Housing complex of 526 two-storey family housing units
with carport, backyard and front yard lawns

3-4 bedroom units, 160-170 sq.m., double voltage 110/220V,
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security fence, support facilities, recreational and sport areas
(baseball, soccer, basket, tennis, dog parks,
playground for kids)

Community Center with bar, pizzeria, restaurant, beauty
salon, local produce market and baby-sitting service.

Pizzarotti Office
Viale Sigona (next to secondary gate)
0039 095 5183 394 - 0039 342 347 1370
email: marinairidistance@pizzarotti.it
Facebook page: Marinai Residence



Upon arrival, you will reside in temporary lodging while aggressively seeking for accommodation in the community. The first TLA option is the Navy Gateway Inns and Suites (NGIS). If availability is not guaranteed for 30 days, the second option is the Navy Lodge, located on NAS 1. If rooms are not available at these locations, the service member must get a Certificate of Non Availability and reservations may be made at an alternate temporary lodging facility off-base. NGIS reservations can be made by visiting www.lodging.net or by calling 1-877-NAVY-BED or 011-39-095-866832.

Accompanied personnel should seek accommodations at the Navy Lodge. If there is no availability, reservations may be made at an alternate temporary lodging facility off-base after acquiring a Certificate of Non Availability. Navy Lodge reservations can be made by visiting www.navy-lodge.com or by calling 1-800-NAVY-INN.

DoD Civilian Personnel (CIVPERS) should report to the Housing Service Center to apply for economy housing (or government housing if available.) Housing personnel will assist you in locating a home in the local community. CIVPERS are authorized up to 90 days of temporary quarters with substance allowance (TQSA). It is very important that you communicate with your sponsor as quickly as possible upon receipt of orders. Your sponsor must know if you will be accompanied or unaccompanied, the size of your family, if you are bringing pets, etc. Answers to these questions will help your sponsor make appropriate advance reservations for temporary lodging., you will immediately begin an aggressive search for permanent housing as your first priority. INDOC class can be schedule after you secure your accommodation. Generally, you should have a lease contract and a move-in appointment scheduled within 30-45 days of arrival. You will then arrange utilities, loaner and full-tour furnishings, and household goods deliveries within 3 to 5



Located on NAS 1, the Navy Lodge offers comfortable living accommodations at reasonable prices. Photo by MC2 Ramon Go

days of signing the lease. Temporary lodging accommodations can be made at either the Navy Lodge or a hotel in the community. While in a transient status, keep your receipts for hotel bills, meals, dry cleaning, and other expenses. These receipts will be required when you file your reimbursement documentation. Taxi fares to and from your accommodations and work, as well as vehicle rentals, are not reimbursable. You will in-process with the Human Resource Office (HRO) immediately upon arrival, to be briefed on living quarter's allowance (LQA) and TQSA entitlements.

Allowances

Temporary Lodging Allowance (TLA) is reimbursed to the member in 10-day increments while awaiting the assignment of permanent housing. It generally covers the cost of lodging plus meals and incidental expenses. The goal of the Housing Department is to have all incoming

personnel housed within 30 days of arrival. Based on the availability of suitable housing, TLA can be authorized up to 60 days. All members on accompanied and unaccompanied tours are eligible until permanent housing (family, or community) is secured. TLA can be terminated if adequate permanent housing is declined. TLA is authorized by the Housing Service Center, and then processed by PSD for payment. To be eligible for the full payment of TLA, accompanied personnel must make arrangements for lodging/hotel accommodation at the Navy Lodge and unaccompanied/single personnel must make arrangements at the Navy Gateway Inns & Suites. A Certificate of Non-Availability (CNA) should be obtained from the Navy Lodge and/or Navy Gateway Inns & Suites before making arrangements for community hotel accommodations.

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Overseas Housing Allowance (OHA) is authorized to assist a service member in defraying the excess housing costs incurred when assigned to an overseas duty station. All service members authorized to live in private rental housing are entitled to OHA. Residents of military family housing do not draw housing allowances. OHA helps service members pay for housing costs, including rent, utilities, and recurring maintenance expenses. OHA consists of two parts; a rent portion and a utility and recurring maintenance portion. The rent portion of OHA is computed based on your actual rent (up to a maximum ceiling based on rank and whether member is accompanied or unaccompanied). Members are not limited by the rental ceilings. If the rent is above the ceiling, the member is responsible to pay the difference; if the rent is less than the ceiling, the allowance will only include the actual amount. The utility portion of OHA is added to the rent portion to help pay for utilities and recurring maintenance costs. The amount of OHA a member receives fluctuates with the dollar/euro exchange rate. Both portions of OHA are adjusted as a result of the annual OHA Utility Survey. It is important for service members to maintain complete records of rent and utility payments. Service members are advised to keep a file with all receipts and a notebook to record all expenses associated with repair and maintenance of their house or apartment. This will be helpful for reporting purposes in completing the annual OHA Survey. To obtain up-to-date information on rental ceilings and OHA entitlements, go to <https://secureapp2.hqda.pentagon.mil/perdiem/perdiemrates.html>. The required code

for Sigonella is IT067. Required OHA documentation (DD Form 2367) is completed at the Housing Office, once a service member enters into a lease agreement, and is then processed at PSD for payment.

Important Note: Because many of these allowances fluctuate as the dollar/euro exchange rate fluctuates, paychecks will vary quite often. You should keep track of all these things and watch your leave and earnings statements carefully for errors. Also, when planning your budget, do not rely on a particular dollar figure each paycheck. It is more prudent to plan on needing a certain amount of euro each month and buying that amount; that way, the number of dollars left over after buying the euro should be roughly the same. Also, keep a notebook and enter every purchase you make for your home and all purchases you make in the community. That way, when it is time for the annual allowance surveys, you have accurate figures.

Moving In Housing Allowance (MIHA): This is a one-time payment to defray the costs as such items as cabinets, light fixtures, adapters, transformers, door/window locks, etc. that are sometimes not provided in community housing. This allowance is not paid to those who occupy government-leased quarters. Because of many additions to permanent loaner furniture (i.e., washers, dryers, stoves, power transformers), MIHA has been reduced by almost half. Please double-check the amount that you are authorized so you do not depend on money that you will not be receiving.

What about allowances for civilians?

U.S. Civil Service employees recruited in the United



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The Marinai Family Housing complex is located near NAS 2. Depending on the size of the family this government housing comes in either three- or four-bedroom units, and is available to qualifying members. Photo by MC2 Ramon Go

States to work abroad for the U.S. Government are generally eligible to receive several overseas allowances. Temporary Quarters Subsistence Allowance (TQSA) is authorized for the reasonable cost of temporary quarters incurred by the employee and his or her family for a period up to three months after first arriving at an overseas duty location, or a period ending with the signing of a community lease, whichever is shorter. A Living Quarters Allowance (LQA) is authorized to substantially cover the cost of privately rented housing. LQA payment

is intended to cover the average cost of rent, electricity, gas, fuel, and water up to the applicable maximum rate. Maximum rates vary by duty location, by employee grade level, and by family size. A Post Allowance is authorized when the cost of living in the foreign area is significantly higher than in Washington, D.C. Currently, there is a Post Allowance authorized for Sigonella. Contact the Human Resources Office for further information.

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TLA:

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Living in the Community

Finding a new home is one of the most important steps toward enjoying your time in Sicily. The home you choose will most likely be where you will live for the next few years. Be judicious about your choice; if you are uncertain about anything, make it a point to ask questions until you are satisfied with the answers. Once you sign a lease for an Italian home, you will find it hard to break. Italian law requires you to notify your landlord six months in advance of breaking the lease unless you are conducting a permanent change of station (PCS). The contract is a binding, legal agreement and is not easily revoked without serious justification.

Homes in Sicily are different from those in the United States. There are apartments, in-villas (generally one floor of a house) and villas (single homes within a fenced perimeter), and may be smaller than what you are used to living in as compared to the United States. Therefore, you should carefully limit the total weight and items being shipped. You should not ship American appliances (stoves, dishwashers, refrigerators, washers or dryers) as the voltage is different and these items will be provided to you by the Housing Department for your usage during your tour.

Do a little research first!

Homes.mil is a new CNIC web site where all available houses are listed. It's very user-friendly and you don't need a CAC card. Select the installation and then search by area or by type of house or by rent range. Take note of the listing ID's and then schedule a showing tour with the Housing Referral counselors.

It can be also helpful if your sponsor drives you around to see some of the surrounding areas. Review

maps, note distances from base, and ask about availability of school buses and condition of roads near each area in order to make an informed decision. Sicily has a relatively high unemployment rate. As a result, home and car break-ins, as well as pick-pocketing can be a problem. Consider, however, that many times the reported cases have involved the “victims” leaving some very expensive items on the front seat of their vehicle—in open view. That said, the problem is real and you need to be aware of it and take it into account when looking for a home.

Often, word-of-mouth among co-workers is a good way to find a house or select an area. However, you need to make sure that the house you are referred has obtained the Housing Department’s approval and is listed in Homes.mil. Assuming the home has passed the Housing inspection, an appointment can be made with the landlord, housing representative, and the customer to negotiate and sign the lease contract. Rental contracts negotiated at the Housing Department are written in both English and Italian, and take into account Italian real estate customs and law.

If you are uncomfortable or unsure of anything at any time during your home-finding process, ask questions. After the lease contract is signed and before you move into the rental property, you will have to pay for the first month’s rent and security deposit. Rent and security deposit will be wired from your bank to the lessor’s account. The deposit will be returned to you less any amounts deducted for damages when the lease is terminated. In the event that a home does not meet the standards set forth by the Housing and Security

Departments, a waiver will be required acknowledging the limitations of services available by the Housing Office due to the noted discrepancies/shortcomings.

Signonella Housing has also implemented a Rental Partnership Program (RPP) with some local real estate agencies to provide additional services and houses. A list of approved partners is available at the Housing Service Center for your review. Do not secure any lease contract with agencies or realtors that are not approved or Housing services cannot be provided.

Loaner Furniture

NAS Sigonella’s Loaner Furniture Program is open to all military and DoD civilian personnel entitled to Household Goods shipments. Both accompanied and unaccompanied personnel are eligible to receive temporary loaner, as well as full-tour packages. To be eligible, members must have a signed lease through the Housing Department. Although stock levels are sufficient to meet the demand, members are urged to request only those items actually needed to complete the household.

Generally, Loaner and/or Full-tour furnishing deliveries will be arranged when you sign your lease. In general, the furnishings branch needs at least 3-5 working days to schedule deliveries or pick ups. Any cancellation of a scheduled delivery, service call, or pick up requires at least one working day notice, or you may be charged for the service. You may also be charged for missed appointments without proper advanced notification. You must

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ensure your electricity is on during the delivery so the delivery personnel can complete the required work (i.e., testing appliances). The contractors must deliver furniture and equipment in a clean and working condition.

Many of the items that will be delivered are not new, and scratches or dents are not grounds for refusal of the item. However, all appliances and items should be in good working condition. Damages to the items should be noted on the delivery receipt to avoid being charged for prior damage on pick up later.

Furnishing Items Available

In addition to the 90-day temporary loan program, there is also a Full Tour Appliances/Furniture Program designed to get you started in your new house or apartment. Some items, sizes, and quantities vary between the family and unaccompanied programs. Check with the Furnishings Branch at the Housing Department for more details:

A. Stove: 1 per household, white. You will need to provide your own gas bombola, regulator and hose, if required.

B. Refrigerator: 1 per household.

C. Washing Machine: 1 per household. Top loading American washer max 28" wide or a smaller Italian model, which is 21" wide.

D. Dryer: 1 per household.

E. Wardrobes: 1 per service member, 1 for additional family members. 2 doors, 1 shelf, 1 clothing rod.

F. Transformers: The transformers included in a full set are: Family - (1) 1,500W, (1) 1,000W, and (1) 750W.

Single – (1) 1,500W and (1) 1,000W. All have one male 220 male plug and one 110 female plug.

G. Carbon monoxide detector: One per household.

H. 220V Microwave.

Utilities

Utilities are rarely included in the rent. Often, a "condominium fee" is charged, in addition to the monthly rent, to cover such things as janitorial services, the lighting and cleaning of corridors, stairways or elevators, garbage pick-up, etc. This fee is generally \$25 to \$50 per month. Landlords are also permitted to charge the resident half the cost of registering the lease contract with the Italian authorities, and raise the rent on an annual basis according to Italian law and published inflation rates. However, many landlords do not request the additional amounts.

Telephones: At this time, TELECOM Italia is the only company that offers landline service throughout the Italian territory. Contracts may be made directly with TELECOM through either the Housing Office or through the Navy Exchange (NEX). Packages differ between the two, and you will be required to evaluate which may work best for you.

Your telephone bill:

1. Bills are issued every two months. All bills include a flat fee plus taxes.

2. Telephone calls are calculated on the following factors: length of call, distance, and the time and day that the calls are placed.



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The city of Enna, located a short drive from NAS 1 and NAS 2, is one of Sicily's most ancient centers and was an important city due to its location overlooking the surrounding area. Photo by Jackie Trembath

3. Telephone calls from your home phone to cell phones can be expensive.

Note: In addition to phone service fees and equipment rental fees, your bill will include a charge for the "scatti" (units) you have used over the billing period. Phone calls are billed according to how many units you use. A unit does not represent a single phone call but rather it is a mix of distance called and time called. Calls to cellular phones may cost more than making international calls, depending on the time of day they are made. Reduced rates are available Monday through

family's size, your usage patterns and the number of electric appliances you operate, the number of available kilowatts you need will vary. Electric contracts can be written for a three (3), four and a half (4.5), or six (6) kW supply to accommodate your individual needs. Standard homes in Italy normally require a three (3) kW supply, which is the most economical. The Housing Department will assist you in determining your needs. Be aware: electricity in Italy is expensive!

Your ENEL (electricity) bill: ENEL (the Italian Electric company) sends bills every two months, but

Friday between 6:30 p.m. and 8:00 a.m., Saturday between 1:00 p.m. and 8:00 a.m. and all day Sunday.

Electricity: All Italian electricity is 220 volts, 50 cycles. Therefore, you will need a both transformers to convert electricity for American appliances, and adapters for Italian outlets (round pronged). An important point to remember is that heat generated by a 60 Hz motor operating on 50 Hz can be a safety hazard. This problem is most critical with refrigerators. While most other motors are only used periodically or, by design, can get rid of heat, most refrigerators tend to build up heat. Electric supply is measured in kilowatts. Depending on the size of your dwelling, the number of water heaters, your

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reads your meter only about twice a year. In between readings, ENEL will send you estimated bills, based on historical patterns of usage. This practice may result in a high bill when the actual reading taken by ENEL is above the amount estimated and may result in a refund check when the actual reading is below the amount estimated. The housing office recommends that you perform the initial ENEL meter reading and forward it to the Utilities Branch upon receipt of your first electric bill. At this time, we will ensure that your contract was initiated with the correct reading and explain when to submit your readings to us. This practice should prevent you from receiving unexpectedly high (and expensive) bills. You should learn to estimate your own usage and set aside sufficient funds; a safe estimate is 28-euro cents per KW used.

Central Heating/City Gas: Should you select a house/apartment with piped city gas for heating, you shall be required to take over the gas contract, registering it under your name. This is done with the assistance of the landlord, directly at the gas company. It is recommended to take the initial reading and keep track of your usage, as some gas companies issue bills based on estimates instead of actual consumption. It is also recommended to set the timer of the furnace, if possible, to shut off the heat when you are not home and to keep the thermostat at a reasonable temperature. Gas is expensive and the price per cubic meter increases with usage, so please keep that in mind.

Independent Propane Tanks: Should you select a house or apartment with a large, independent, liquid propane tank (referred to as a GPL tank), you are required to schedule the appointments to have it supplied. Fuel oil is more expensive than city gas. However, if the tank is "AGIP" brand, you will be authorized to receive tax-free coupons from the Motor Vehicle Registration Office (MVRO) and will be able to schedule fuel delivery at the NEX.

Water: The water contract remains under the name of the landlord at all times. In most cases, the landlord pays only the water flat-fee and the resident is responsible for any excess usage. The cost of water is subject to variation on the basis of housing areas, cubic meter consumption and price of water established by the supply company. When you are asked to pay a water bill, we recommend that you ask for a copy of the bill and forward it to the Utilities Branch to ensure you reimburse the landlord the correct amount.

Sigonella Housing Contacts

- Housing Service Center: (314) 624-4311 / (+39) 095-56 4311
- HousingHelpDesk@eu.navy.mil
- HousingMarinai@eu.navy.mil
- HousingFurnishings@eu.navy.mil
- HousingReferral@eu.navy.mil
- NASSIG-HousingDirector@eu.navy.mil
- NASSIG-HousingUHDirector@eu.navy.mil

Motor Vehicle Registration Office

The military community in the Sigonella area is spread out among various locations, so a car may be a necessity, depending on your circumstances. Transit time for privately owned vehicles (POVs) can be up to



The Motor Vehicle Registration on NAS 2 handles all regulations and fees related to registering an automobile in Sicily. Photo by MC2 Brian Glunt

three months, and rentals are expensive, but there is a substantial used-car market here. Italian public transportation, bus, train, taxis and Navy-sponsored shuttles are also available.

Shipping Your POV

You are allowed to ship one POV from CONUS to overseas, at government expense. For DoD civilian employees, return shipment is only authorized if a vehicle was originally shipped under orders. The vehicle you ship enters Italy free of import duty (tax) and IVA (excise tax). The Italian Ministry of Finance (customs) authorizes DoD and NATO personnel to register a maximum of up to three POVs per family during their tour. The second and third vehicles (car, motorcycle, truck or van) are subject to annual Italian property tax.

The Italian Department of Motorization defines a motor vehicle as either an automobile or a motorcycle with engine power exceeding 1.5 HP and engine size exceeding 50cc. Therefore, if you ship an automobile, in accordance with DoD rules, you can ship one motorcycle or moped with your household goods, but you must pay Italian property tax when it arrives and is registered. All mopeds, motorbikes and motor scooters shipped with household goods are entered tax free, but must be licensed and registered with the Motor Vehicle Registration Office (MVRO) prior to use on the road. The Personal Property Shipping Office provides information on how to arrange for shipment of your POV.

When turning in your POV for shipment, you must ensure that the vehicle identification number (VIN) on documents matches the physical description of the POV. An error may cause delay in receipt and registration of the vehicle.

There are no restrictions as to color, age, dimensions or special lighting of imported POVs. Vehicles shipped must be in mechanically safe operating condition and undergo a safety inspection upon registration.

Estimated transit times are 45 to 60 days from East Coast ports and 55 to 90 days from Gulf and West Coast ports. The purchase of a large new car just before leaving the United States is not recommended, but if you have a newer automobile and would incur costs by

disposing of it, bring it. Driving conditions in Sigonella are not what they are in the States, so a big car will be more difficult to navigate in narrow Italian streets and under congested, erratic driving conditions. Supply of parts and maintenance for U.S. cars is often inadequate. You can purchase new American cars, as well as foreign models from various sources on and off the base. Make sure that any car you buy has all the equipment required for registration and for driving on base, including seat belts and child protective restraints. Automobiles other than Italian makes, when bought in Italy, are imported duty free and deliveries can be made to Sigonella. In addition, when buying Italian cars you are exempt from paying the Italian government excise tax.

Only two U.S. insurance companies are authorized to insure U.S. vehicles shipped to Italy: USAA and GEICO. Both companies have offices in the United States, and it is easier to coordinate an insurance policy before your arrival if you plan to ship your vehicle.

Registration

Each service member/DoD civilian must register vehicles through the NAS Sigonella's Motor Vehicle Registration Office (MVRO). All U.S. autos and motorcycles must use cover plates, which are similar to standard Italian license plates.

If you register more than one vehicle, the second and third vehicles are subject to payment of Italian property tax, based upon the model year and engine brake horsepower rating, ranging from \$60 to \$900 per year.

Each year, one month before your registration anniversary month (i.e. register in July and revalidate in June) you will be required to revalidate your registration before you can receive your tax-free petroleum products. Upon receipt of any fees, MVRO will issue your base tags and tax-free petroleum ration card. All vehicles must meet the criteria set forth in NSA Naples Instruction 11240.19 series and NAS Sigonella Instruction 5114.2 series. Vehicles failing to meet inspection criteria will have gas rations suspended until appropriate repairs have been made. All vehicles will be registered in the sponsor's name only.

Documents required for registration

- Vehicle for a VIN verification
- Valid original vehicle title, previous registration, or certificate of origin (with no liens or with written authorization from the lien holder, acknowledging vehicle description and location and amount and term of lien)
- Proof of insurance (originals only)
- Driver's license
- Proof of eligibility: military ID and PCS orders
- Shipping document
- Applicable registration fees

DOD civilians also need a Letter of Logistical Support from servicing HRO or Staff Judge Advocate, clearly establishing employee as part of the "civilian component" as defined in NATO Status of Forces Agreement (SOFA) and a copy of passport and soggiorno permit (or application receipt).

Documents the sponsor will receive after registration:

- Original military registration and Certificate of Title
- Italian (cover) license plates
- Petroleum products authorization

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Driver's License

Anyone wishing to drive in Italy must have a current stateside driver's license or a valid license from another country. Eligible drivers must obtain a Allied Forces Italy (AFI) Driver License to operate and register an AFI-registered vehicle. The AFI Drivers license is a privilege granted by the NAS Commanding Officer as issuing authority, and as such, the Commanding Officer can revoke this privilege based on driving record.

Regardless of stateside licensing, those under 18 **are not allowed** to drive cars in Italy. If you plan trips to other European countries, an international license is not required, but highly encouraged.

Gasoline and Oil

Gasoline, diesel fuel, and oil are available to DoD personnel in Italy on a tax-free basis, at a substantial discount from the local market and comparable to prices in the United States. Rationed coupons are sold at customer service desks through various Navy Exchanges.

The basis for tax-free gasoline is the sponsor's need to commute from home to work as an official duty. The ration amount, and rationed fuel type, depends on the primary registered vehicle's engine size. Allotment is 100, 200 (engine over 660cc), 300 (engine over 1200cc) or 400 (engine over 2900cc) liters of fuel per month. Motorcycle ration is up to 200 liters per month.

Purchasing Gas

Gas coupons are only authorized to be used at AGIP and ENI stations. Some stations may not deal with them, so ask if they accept coupons before filling up. When purchasing gas, be cautious of the person filling up your vehicle. Most gas stations are full-service. It is a good idea to always get out of the vehicle, tell the attendant how many "litri" you want, then sign your coupons while they are filling up the vehicle. Coupons must include signature, plate number and date. Selling, bartering, lending or giving coupons or the product itself to any person, or buying or borrowing from any person is prohibited. Illegal use of coupons is a violation of the Uniform Code of Military Justice and Italian fiscal law.

Spare Parts

It is a good idea to include spare parts for your vehicles in your household goods shipment, as many items are not readily available through the NEX and auto parts are expensive on the Italian market. However, the NEX continues to improve its auto parts service, and parts may be ordered and received in about four to eight weeks.

Basic items or information you may want to ship:

- A detailed maintenance manual
- Two sets of spark plugs
- Four oil filters and four air filters
- Two sets of belts
- Name and address of mail source for parts
- One complete set of brakes

Do not ship extra parts, or anything of value in the car itself, as items may be missing by the time the vehicle arrives.

Auto Insurance

Vehicle insurance for the Sigonella area is expensive, and cost depends on make, model, year and age of the driver. Vehicles shipped at government expense cannot be registered or released for use without proof of valid insurance.

Third-party liability insurance is mandatory in Italy for all autos, trucks and two-wheeled vehicles. Policy conditions and premiums are established by law and are standardized throughout the country. Premiums vary according to the horsepower of the vehicle and the location of registration. If a vehicle has been insured with only minimum coverage, liability for death or injuries to passengers in that automobile is not covered. To provide this insurance, the owner must specifically ask the insurance agent for coverage.

Comprehensive and collision coverage are not included in the compulsory insurance; they are optional and specifically must be requested. In addition, comprehensive and collision coverage is not always available through Italian insurance companies. Most stateside insurance companies are not licensed in Italy. When considering whether to obtain comprehensive coverage, remember that the maximum the U.S. government will pay for a damaged or stolen vehicle under the Personnel Claims Act is \$2,000, regardless of the actual value of the vehicle.

Check with your insurance company and the nearest government transportation office concerning insurance coverage during shipment overseas. It is a good idea to have new policies become effective upon arrival of the vehicle in Italy.

Buying, Selling, Scrapping

The sale of vehicles, shipped to Italy at government expense, is subject to the following restrictions:

- Sale to Italian nationals is prohibited.
- Sale to American personnel eligible for the same privileges as yourself is permitted only after you have driven the car in Italy for a minimum of six months.

The vehicle you import, if not shipping it back to the States, may be disposed of before your transfer from Italy in one of two ways:

- Sale to persons eligible for military registration.
- Transfer to U.S. Government for scrapping.

Selling a vehicle of any kind cannot be done via a Power of Attorney unless there are special circumstances, which MVRO may determine. POAs are no longer authorized for disposal of vehicles, except on a case-by-case basis.

Vehicle Rental

Vehicle rental is available on base. If you rent a car while you are waiting for your vehicle to arrive from the States, you may obtain a temporary tax-free ration from MVRO. Coupons are purchased at the NEX.

Traffic Safety

Before you can register and operate a POV or motorcycle in Sigonella, you are required attend a local traffic safety orientation and obtain an Allied Forces Italy Driver's License. If you plan on riding a motorcycle you need to attend a command sponsored Motorcycle Safety Course.

Motorcycles

In order to register your motorcycle in Italy, you are required to have a motorcycle endorsement on your license, from your state. Before you can operate any motorcycle, you will be required to attend a local Motorcycle Safety Course. Helmets, full finger gloves and reflective florescent vest are required and they must meet Department of Transportation and Italian specifications. They can be obtained at the Navy Exchange or on the economy. Riding motorcycles on Italian streets can be more dangerous than in the United States because traffic here is less regulated and road conditions are more hazardous. However, Italian drivers are generally more aware of motorcycles as the motorcycle is a major means of transportation here.

A motorcycle may be shipped at government expense as part of your household goods shipment. However, it is highly recommended that it be shipped in a separate crate, as motorcycles often take longer to clear customs.

Ensure that the make, model and chassis numbers are clearly marked on the inventory of your household goods.

All motorcycles shipped in household goods must be registered with MVRO as soon as they arrive to avoid penalty fees from Italian Customs.

Driving in Sicily

Upon arrival in Sigonella, you will notice driving habits are considerably different from those in the U.S. While at first there may seem to be no logic to traffic patterns, a closer look will show that there are distinct rules of the road. Learning these rules and some local driving customs will help you adjust quickly to driving in Sigonella. Because of the often congested roads and hurried pace of traffic, absolute alertness while driving is of the utmost importance. Despite the seemingly erratic driving nature of Sicilian traffic, it is important to exercise the same caution in driving that you would at home.

Rules of the Road

The following are some basic rules that govern driving in Italy. While driving, you are required to have a valid driver's license with Italian translation, a Military Registration, Certificate of Title of Motor Vehicle and proof of insurance. If any of these are lost or stolen, report it immediately.



803.803
europ assistance



F.lli Chiechio G. & A.
BREAKDOWN SERVICE
24 HOUR

- **REPAIR SHOP • BODY SHOP**
- **CAR RENTALS**

DUMP ROAD FROM NAS1 TO MISTERBIANCO

CATANIA
VIA C. PISAGANE, 11/13
TEL. 095-209027
CELL. 348 8917284 - 348 8917279 - 348 8917278

ENGLISH SPOKEN

95045 MISTERBIANCO
C.DA PONTE ROSA S.P. 12^a S.N.
TEL./FAX 095-463607

Drunk driving is an extremely serious offense in Italy. In Italy, a blood alcohol level of 0.05 is positive proof of drunk driving. If you are under the age of 21 or have been a licensed driver for less than 3 years, the legal limit for alcohol in your system while driving in Italy is 0.00.

NAS Sigonella has ZERO tolerance for drinking and driving. A BAC of 0.05 and above onboard any NAS Sigonella installation will result in either administrative and/or non-judicial punishment (NJP). Refusal to submit to a breathalyzer/BAC test will also result in immediate loss of license for six months, a possible fine from Italian authorities and loss of base driving privileges for one year. If you have had too much to drink, leave your vehicle and take a taxi, or call a supervisor.

Do not pick up hitchhikers.

Many intersections have no stoplights or traffic control. The vehicle on the right has the right-of-way, unless there is a stop sign.

Low beams are now required by law on main highways or darker roads. Headlights should always be turned on in tunnels. Flashing headlights are also used to signal the approached to stopped traffic at crossroads, or to signal slower vehicles to move right and permit a faster vehicle to pass. When a car behind you flashes its lights, move to the right lane as soon as it is safe to do so.

Although some drivers may take what seem like unnecessary and dangerous chances to gain only a few feet of road space, Italian law requires you to allow overtaking traffic to pass.

While horn blowing is technically illegal in many Italian cities, it is loosely enforced. Many people blow their horn to signal approach to an intersection or intent

to pass. Drivers also commonly use their hazard lights to signal danger, especially during slow or stopped traffic.

Ready Navy

There are ways to mitigate the culture shock of living in a land where the populace speaks a different language and has unique driving habits. But the language and the driving may not be your only challenge. You will be living at the foot of Europe's most active volcano, fraught with tremors. As an added precaution, in the municipalities around Mount Etna, the mayors of these municipalities enforce a restriction on two-wheel vehicles which states: There will be no driving of two-wheel vehicles during times when ash falls. This precaution is due to slip hazards causing serious injuries to personnel riding two-wheel vehicles. You may also be challenged with the amount of rain and local flooding during the winter months and the fires associated with the droughts during the summer months. Additionally, due to its geographic significance, you will be living not far from countries which are often in political turmoil. Some groups in these countries are less than happy with the support provided by units operating from NAS Sigonella. Because of the nature of these potential natural and man-made emergencies which could cause damages, interruptions and shortfalls to local government resources, it is the policy of NAS Sigonella's leadership that all personnel be self-sufficient for a minimum of 72 hours should an emergency or disaster occur. For assistance, the Navy has developed the Ready Navy Program which can be found at www.ready.navy.mil. This website will assist you in developing family plans, developing emergency kits, and staying informed. Are you and your family READY for an emergency?

Personal Property Shipping Office

All of us at the Personal Property Shipping Office (PPSO) would like to welcome you aboard! Benvenuti a bordo! We look forward to assisting you with your household goods shipment(s).

The PPSO is located on NAS 2 in Building 720, the same building that hosts the NEX Depot. Parking and the customer entrance is on the east side of the building.

Our customer service hours are Monday through Friday 0730 - 1600 with the exception of Wednesday 0730 - 1400.

We can be reached via e-mail at ppso-sigonella@eu.navy.mil or by phone 624-9650/9441/9440/ 9270 or commercial 011-39-095-86-9650/9441/9440/9270.

Sigonella is not a weight-restricted area and you may ship your full weight allowance. However, it is not recommended to ship major appliances or large bulky items.

Non-Temporary Storage (NTS) at origin is authorized at government expense for the duration of your OCONUS tour. You are strongly encouraged to exercise this entitlement for major appliances, large bulky items, and items which will be of little or no use during your stay in Sigonella.

International Auto Logistics (IAL) is the receiving agent for Privately Owned Vehicles (POVs) shipped to Sigonella. The Vehicle Processing Center is located on NAS 2. Their customer service hours are Monday through Friday 0730 - 1630. You may check on the status of your POV by contacting IAL at 624-5529/5413, commercial 011-39-095-86-5529/5413, or e-mail sigonella.vpc@ialpov.us.



IL GELSO BIANCO HOTEL

Immersed in green and maximum tranquility the "Gelso Bianco" hotel is located at the entrance to the CT-PA motorway, and near the ring roads linking up with the CT-SR highway and the CT-ME motorway. It is also a short distance from Fontanarossa Airport, and thus in an ideal position for those who come to Sicily for business as well as for pleasure.









ALL THE ROOMS ARE PROVIDED WITH COLOR TV, SATELLITE TV, DIRECT DIAL TELEPHONE, WIRELESS CONNECTION, PAY TV, FRIDGE AND INDIVIDUAL AIR CONDITIONING.

SHUTTLE SERVICE TO CATANIA COMMERCIAL AIRPORT NAS I & NAS II

Il Gelso Bianco - A19 CT-PA, Km. 3 - 95045 Misterbianco - Catania
 10 min. from NAS II and 5 min. from NAS I
 Tel. 095-7181159 - Fax 095-7181270 - www.gelsobianco.it - E-mail: info@gelsobianco.it

Base Services

Navy Exchange Sigonella

The Main Store Complex offers clothing for the entire family, shoes, jewelry, sporting goods, luggage, housewares, giftware, cosmetics, outdoor living, health & beauty products, beverages, snacks, books, greeting cards, souvenirs and much more. The Sight and Sound department carries an assortment of Apple Computers, iPads & iPods, Video Games & Consoles, Computer Accessories, Software & Games, DSLR & Digital cameras, Assorted Brand Laptops & Desktop Computers, Netbooks, Tablets, GPS devices, DVDs and CDs.

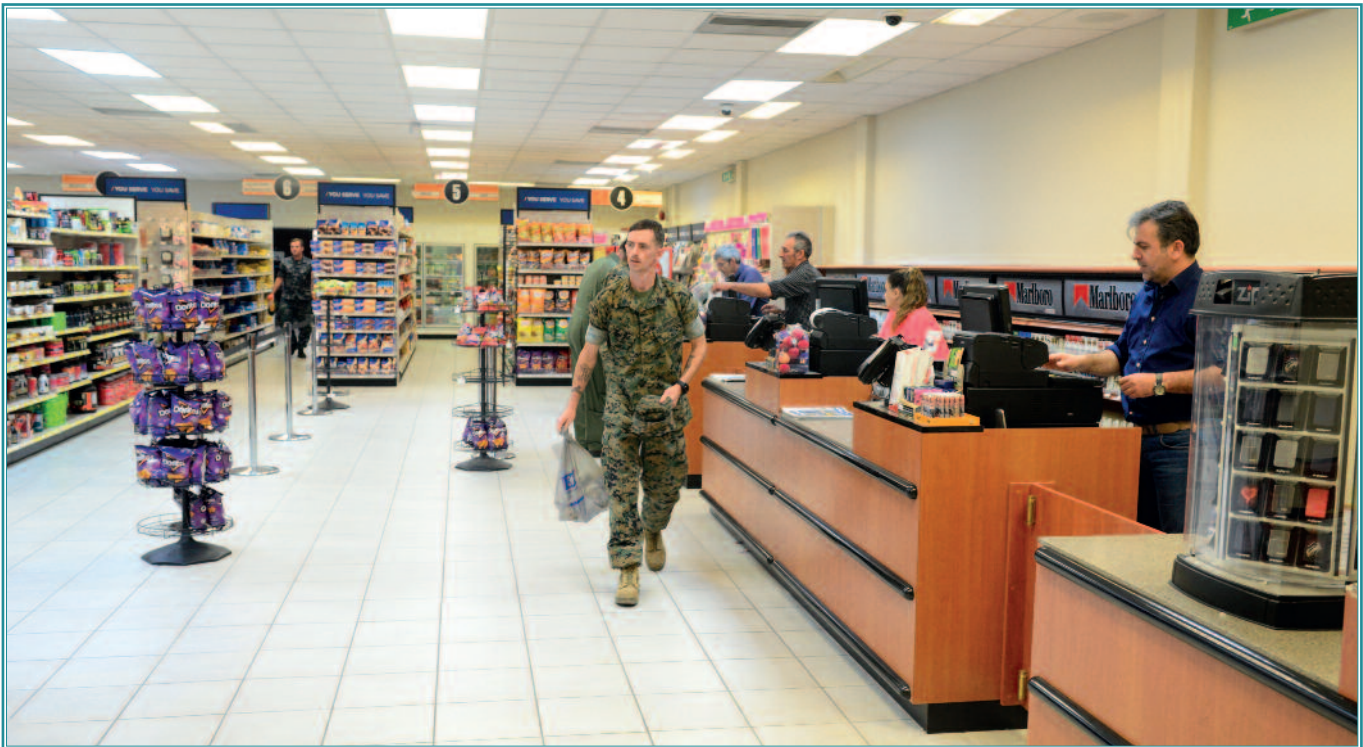
The Uniform Center is located inside the Main Store and carries Government issue and commercial uniform items. The Tailor Shop is also located with the Uniform Shop.

Outside the store on the walk-way are the following: Exchange New Car Sales, barber shop, beauty salon,

business center, laundry/dry cleaning, pack-n-wrap, flower shop w/FTD service, photo developing, and optical shop, and 24/7 laundromat. Also included in the NEX complex is a food court that features Subway, BurgerKing and Cafe Italia Italian Café, and Taco Bell. Vodaphone is also located in the food court.

The Customer Service Department is located by the exit of the store and provides the following services: check cashing (personal, military, and travelers' checks), Euro currency exchange, gas and oil coupons, Western Union, special orders, and Military Star Card payments/sign-up. Customers can also pay their Telecom (phone) and ENEL (Electricity) bills for off-base residents as well as register for home layaway, purchase automated school lunch tickets, sign up for Telepass (road tolls/fast pass) and much more.

The Navy Exchanges in Europe are very unique. We offer a variety of items, which are purchased locally through our European Buying Office. Locally purchased items are mostly found in giftware, jewelry, handbags,



The Navy Exchange Mini-Mart offers a wide selection of convenience items, magazines, games, and supplies located on NAS 2. Photo by MC2 Ramon Go



Located on NAS 1, the Navy Lodge offers Wi-Fi, breakfast-to-go, pet-friendly rooms, safety deposit boxes, 24-hour front desk assistance, and more. Photo by MC2 Ramon Go

wine, beer, food, candy, appliances, and some electronics. Look for vendors such as: Antica Murrina, Alviero Martini, Caleca, Giannotti, Mele, Sorrento, Tommasi, Barolo, Principe di Corleone, Condorelli, and more. We also carry Michael Kors & Guess items.

SUBWAY

LOOKING FOR A JOB?

- MORNING AND NIGHT SHIFT POSITIONS
available for NAS 1 and NAS 2 food courts
– Flexibility on working hours –
- ONLY U.S. ID CARD HOLDERS
other nationalities that acquired
a military/dependent ID card can apply also

BRING APPLICATION IN PERSON
at both locations

NAS 1	TUE - SAT..... 08:00 A.M. TO 07:00 P.M. SUN & MON.. 08:00 A.M. TO 06:00 P.M. COMM. 095-56-4013 – DSN 624-4013
NAS 2	MON - FRI..... 10:00 A.M. TO 07:00 P.M. SAT & SUN..... 11:00 A.M. TO 06:00 P.M. COMM. 095-56-2571 – DSN 624-2571

Store operating hours: Saturday/Sunday/Holidays 1000-1800;
Monday-Friday 1000 – 1900.

Navy Lodge

The Sigonella Navy Lodge has 52 beautiful rooms available for reservations and is located on NAS I. Rooms are oversized American-style with kitchenettes and private baths. “Pet friendly” rooms available. Please call ahead to reserve your room now or reservations can be made online at www.navy-lodge.com. Call toll free worldwide: US 1-800-NAVY INN; DSN 942-5173; DSN 624-4082.

Mini-Mart - NAS II

The Mini-Mart offers items of convenience, such as beverages, tobacco products, food items, candy, snacks, health and beauty aids, stationary, sporting goods, books and magazines. Utilize our red phone for toll-free calls to our uniform support center for special order items. For more information, call DSN 624-5895.

Other services offered at NAS II include: barber shop, Dry cleaning, Exchange New Car Sales, and Autoport (BLDG 522).

Mini-Mart store hours: Monday-Saturday 0645-2100, Sunday 0900-2000.

NEX Depot

The NEX Depot is located on NAS II just inside the Main Gate. This unique retail store carries a large assortment of stationary, household, hardware, office furniture, and upholstered furniture. All authorized Navy Exchange customers are invited to shop. For details, call DSN 624-5791.

NEX Depot store hours: Monday-Friday 0900-1700, Saturday/Sunday 0900 - 1600

NEX Autoport

The NEX Autoport is located on NAS II just past the ball field and beyond the traffic circle. The retail store carries a medium assortment of car care products, light bulbs, floor mats, filters, oil, engine/fuel additives, tires and car batteries. Automotive hard parts may be special ordered at the service counter. This location also has a full service garage that performs vehicle inspections, oil changes, tire mounting & balance, wheel alignments and other minor automotive repairs. All authorized Navy Exchange customers are invited to use this facility. For details, call DSN 624-2814.

NEX Autoport store hours: Monday-Friday 0900-1700, Saturday & Sunday Closed.

On Base Eateries

NAS I

NEX Food Court

- Subway
- Burger King
- Caffè Italia
- Taco Bell
- Mid-Town – Piazza Pizza/Chock Full of Nuts Cafe

Library – Rosie’s Café
USNH Sigonella – Buon Java Coffee Bar
NAS II

- Subway
- Air Terminal – Chock Full o’Nuts
- Big Al’s Restaurant
- Ristorante Bella Etna (All-Hands Galley)

Important Telephone Numbers:

- Main Store Customer Service: 624-4363
- Flower Shop: 624-4384
- Beauty Salon: 624-4234
- Barber Shop/NAS I: 624-3770
- Vodafone NAS I: 624-4493
- Mini-Mart at NAS II: 624-5423
- Uniform Center at NAS I: 624-5895
- NEX Depot: 624-5791
- NEX HR Office: 624-4276
- Navy Lodge Front Desk: 624-4082
- Autoport Service Desk: 624-2814
- Europcar Car Rental: 624-5468
- General Manager: 624-4379
- On-Line Customer Feedback at www.mynavyexchange.com.

NEX Employment Prospects

The Navy Exchange is a large employer in the Sigonella community with locations located on both bases. Employment opportunities are primarily found in retail sales, but also include administrative, loss preven-

You deserve the Military Savings

It's yours at Navy Lodge Naples







PCS-ing to Naples, Italy? Make your reservations right away!!

- Navy Lodge is the official Navy TLA for PCS families.
- Located with the Navy Lodge are shops, restaurants, and family support service offices for check in process.
- Short driving distance to breathtaking views of the surrounding country side: *Mt. Vesuvius, Pompeii, Island of Capri, Sorrento, and many others.*

Navy Lodge Naples and Navy Lodge Villas offer:

- Oversize American style rooms with fully equipped kitchen and bath
- Villas feature 2 bedroom / 2 bath with full kitchen and laundry
 - Free local phone service
 - Pets are welcome
 - Professional bilingual friendly staff
 - Espresso Bar
- Personal Property, Motor Vehicle Registration, and Fleet and Family Services

Navy Lodge Naples and Villas are within walking distance to:

- NEX and Commissary
- Naval Hospital
 - Library
 - Gymnasium
- Teen Center and Child Development Center
- DoD Schools
- Swimming Pool




Navy Lodge® Naples

Comm: (39) 081-813-3443 – DSN: (314) 629-6289





The DECA Commissary provides service members, families, and civilians with everyday items from fresh fruit and vegetables to cleaning supplies. Approximately 10,200 line items are stocked to serve the needs of the NAS Sigonella community. Photo by MC2 Donavan Patubo

tion/safety, manual or skilled labor positions. Job openings include full-time, part-time and flexible employment. Family members of active duty military personnel and DoD civilians have priority in hiring. Flexible and part-time employment is also available for off-duty enlisted personnel. The NEX has a good benefits and a retirement program that you can build on as you work at

any NEX worldwide. You may place your job application with the NEX at anytime, even if a position is not available immediately. Applications are always welcome for entry-level positions, which are filled through an "open register." Experience is preferred, but not required, and on-the-job training is provided for entry-level positions. Job announcements are posted in the NEX HR office located in the Main Store and on our www.mynavyexchange.com website located under "Work for us".

The Navy Exchange is a great employer for those spouses who want to maintain a career path as they PCS from base to base throughout the world. We offer a continuity program for military family members. Every time a military family member is preparing to relocate, our human resources group begins an employment search as soon as we are notified of the next duty station. Participants in this program receive priority placement for one year for qualifying positions.

Sigonella Commissary

With over 10,000 items available it's worth the trip!

Sigonella Commissary

We provide Superior Customer Service, Every Customer, Every time!

Decorated Cakes

Cakes can be special ordered. All cakes, with the exception of the big events cake require a 48 hour notice prior to delivery. Big Event Cakes require one week notice.

BEAUTY SALON - NEW STYLE TUFANO

Professional Service for Men - Women - Children

- Multilingual Staff
- Basic Haircuts • Trendy New Styles
- Elegant up-dos • Brilliant Colors
- Carefree Spirals
- Natural "Multi-Color" Highlights
- Gentle Relaxers • Bouncy Body Waves
- Soothing Manicures • Relaxing Spa Pedicures
- Precise, Painless Waxing • Therapeutic Massages
- Extensions and Braiding Services
- Nail Extensions and Decoration
- Military Barber and Scissors Haircuts



NAS I
DSN: 624-4234 • COMM: 095-56-4234
Monday Closed
Tue.-Fri. 10:00 am to 6:30 pm
Sat. and Sun. 10:00 am to 5:30 pm

**COMMUNITY CENTER
MARINA RESIDENCE**
Tel. 095 5183 310
Tue.- Saturday
11:00 am - 6:00 pm



NAS II
DSN: 624-5951 • COMM: 095-86-5951
Mon.-Fri. 7:00 am to 5:00 pm
Sat. and Sun. 9:00 am to 1:00 pm





Chock Full O' Nuts is a café that serves coffee and breakfast pastries, along with lunch items. It's located on NAS 2 by the Air Terminal. Photo by MC2 Brian Glunt

Having a "Party?"

We offer Deli (meat or cheese trays), fruit or veggie trays made to order. See your Produce or Deli/Bakery. We request 48 hour notice.

Meat

We also have special cuts of meat available such as: Crown (Pork) Roast, Whole Skinless Ham, Whole Beef Tenderloin, and Whole Beef Rib, Roast, Whole Beef

Chock full o' Nuts
NEW YORK'S COFFEE SINCE 1932

Chock full o' Nuts Café

Hours of Operation
Mon. to Sat. : 6:30 a.m. to 9:30 p.m.
Sunday: 11:00 a.m. to 9:30 p.m.

Hot & Iced Beverages
Baked Goods and Breakfast Sandwiches

Info Call: 624-4499
NAS I - Midtown complex

Hours of Operation
Mon. to Fri. : 6:30 a.m. to 2:30 p.m.
Saturday and Sunday: Closed

Info Call: 095-7848307
Air Terminal NAS II

NEX logo

Have a party with

BIG AL'S
ITALIAN & AMERICAN FAST FOOD

- American and Italian Breakfast
- Pizza • Pasta Specials • Burgers
- Wraps • ...and much more

CALL AHEAD, WE'LL HAVE IT READY!!!!
CALL 095-7848308 / 331-1008520

SPECIAL FUNCTIONS
Ask the manager for details
BIRTHDAY PARTIES, SPORTS GATHERINGS, LARGE GROUPS, BUSINESS MEETINGS

FREE DELIVER EVERY DAY

We are located on NAS 2 adjacent to JOX MWR Sports Bar

NEX logo



U.S. Naval Hospital (USNH) Sigonella is located on NAS 1, near the Navy Exchange. USNH Sigonella maximizes force health protection while promoting health and providing high-quality patient and family-centered care. *Photo by MC2 Ramon Go*

Round Top, Whole Piglet, and more. Just stop by or call one of the managers and we will special order for you.

Food safety

Due to the extreme warm weather here in Sicily, it is recommended that all refrigerated produce be transported home in an ice cooler to maintain its proper temperature. Once home, produce must be placed immediately in your refrigerator or freezer to maintain quality, freshness and shelf life. Any refrigerated product left out of its proper recommended temperature will deteriorate at a rapid pace.

Disabled patrons may begin shopping 30 minutes prior to normal commissary hours.

Store Hours

Sunday	10:00-18:00
Monday	Closed
Tuesday	10:00-19:00
Wednesday	10:00-19:00
Thursday	10:00-19:00
Friday	10:00-19:00
Saturday	09:00-19:00

Hospital

The Status of Forces Agreement (SOFA) permits the U.S. Naval Hospital to provide medical care to U.S. military personnel both active duty and retired, their bona fide family members, and other specified U.S. personnel who are present in Sicily, Italy by virtue of their support of NATO organizations. DoD civilians and their family members stationed overseas in support of DoD missions are authorized to receive healthcare services at OCONUS medical treatment facilities (MTF) on a space available and reimbursable basis. These civilian beneficiaries will require DoD identification at check-in, and shall ensure a current DD2569 Third Party Collection Program/Medical Services Account/Other Health Insurance form, signed and dated within 12 months of the appointment.

Overseas Screening

The purpose of an Overseas Screening (OSS) is to identify medical, dental, educational and potential duty limiting conditions or requirements of both service and family members. Completing a screening will ensure that both the family and service member are qualified for overseas, operational duty, and remote duty assignments. Not all subspecialty medical and surgical services may be available and thus an overseas screening process must be completed by all military, civilian personnel and their family members prior to arrival at Sigonella.

The Suitability Screening process is required to be completed **within 30 days** of receipt of preliminary orders for Service Members and **within 60 days** for dependents. It is important that a Suitability Screening is thoroughly completed on each service and family member named on your PCS orders. Therefore, please consult with your local command's Suitability Coordinator for

BEAUTY CENTER *Agostina*

- Permanent make-up • Facial treatments • Make-up
- Semipermanent Eyelashes • Electrolysis
- Body massages • Thermosculpture
- Waxing - Manicures • Pedicures
- Semipermanent nail polish



TANNING BED for face/body
Treatments H.p.p.l. (Light hair removal)

Via Enrico Toti, 9 - Motta S. Anastasia (CT)
Tel. 095.308639 • Cell. 339.6502283
agostinanewplace@katamail.com



The Flight Line Clinic is located on NAS 2 by the NEX Mini-Mart. Photo by MC3 Cameron Bramham

complete details on the necessary requirements (Immunizations, sequence of appointments, Dependents with special needs, etc) once you receive notification of orders to Sigonella.

If an improperly screened individual arrives at the overseas location with special needs, the requirements of the individual might exceed the capabilities of the new duty station and undue work and family related stress could result. These could include, but are not lim-

ited to: increased absences from duty, decreased quality of life, unplanned expenditures of temporary additional duty (TAD/TDY) funds and quite possibly early return of dependents (ERD) or Tour Curtailment. A proper screening ensures a productive tour for the service member, family and the new command.

Patients with medical problems that exceed Naval Hospital Sigonella's capabilities must be transferred either to local community healthcare services or other

new place

temporary
lodging
apartments



2 and 3 bedroom fully furnished apts, with telephone, 110v outlets, alarm system, TV & DVD player, Free SKY TV, Bilingual staff, Central heat & air, Close to shopping, Maid service, Free laundry facilities, Free satellite service (NAS I, NAS II), Security video camera (all building), Security parking, Centrally located, Playground for kids, Kids stay for free, All pets welcomed, 10% off at Agostina's Aesthetic Center, ADSL 7 mega wireless internet, Area equipped for barbecue, Free shuttle service to/from Catania airport, Nas I & Nas II



Via Toti 9 Motta S. Anastasia, CT • Tel. 095-308639 • 339-6502283



www.newplacetla.com - agostinanewplace@katamail.com



military treatment facilities in Europe or CONUS via the military medical evacuation system.

Please address Suitability Screening questions to Sigonella's Suitability Coordinators at DSN phone: 314.624.4086 or via email: usn.sigonella.navhospsigonellait.mesg.oss@mail.mil

Important Phone Numbers

Hospital Quarter Deck- DSN 624-3842/4250 or Comm. 095-56-3842/4250

USNH Sigonella Medical Home Port Appointment Line - DSN 624-CARE (2273) or Comm. 095-56- CARE (2273)

Flight Line Medical Home Port Appointment Line- DSN 624-5455 or Comm. 095-86-5455

Base Emergency Number - DSN 624-1911 or Comm. 095-86-1911

For NON-EMERGENT medical questions that arise on the weekend, a holiday, or after office hours call the following phone numbers:

Tricare After Hours Nurse Advice Line: 800-877-660 (In Italy Only)

For patients outside of Italy call Toll Free from most of Western Europe (except Bahrain, Belgium, Greece, & Turkey): 00800-4759-2330

<http://www.tricare.mil/tma/EurasiaAfrica/europeNurseAdvice.aspx>

International SOS TOP Regional Call Center Medical assistance line to locate the nearest medical facility or to coordinate overseas emergency care while traveling. 24 hours a day 7days a week.

+44 20 8762 8384

State-Side 1-877-678-1207

Tricare Europe

For more information about TRICARE please contact the Tricare Service Center at the U.S. Naval Hospital, Sigonella by calling DSN 624-4880 or commercial 095-56-4880.

TRICARE Overseas . <http://www.tricare-overseas.com/>

- Beneficiary Programs available in Europe
- TRICARE Europe Fact Sheets
- List of Local Preferred Provider Network
- List of Local Preferred Dental Provider Network
- ISOS LONDON CENTER: 0044-20-8762-8384



The Flight Line Clinic provides check-ups and other medical services located on NAS 2, near the NEX Mini-Mart. Photo by MC1 Tony Curtis

- TRICARE SERVICE CENTER (US) TOLL FREE: 1-877-451-8659, COMM: 215-942-8393

TRICARE (CONUS) <http://www.tricare.mil>

- Beneficiary Programs available by Region
- TRICARE Fact Sheets
- Find TRICARE Prime & Prime Remote Physicians by Region
- Enrollment/Disenrollment Forms & Information
- Military Treatment Facility & TRICARE Service Center Contact Information
- Claims Processing Information

TRICARE Dental <http://www.tricare.mil/dental/>

- Eligibility & Benefits
- Find Dental Providers
- Online Enrollment/Disenrollment
- Claim Forms & Process

TRICARE Mail Order Pharmacy

. <https://www.express-scripts.com/TRICARE/index.shtml>

- Registration Form
- Order Refill
- Check status of order

TRICARE ONLINE www.tricareonline.com

- Access personal health data
- View, download and print your laboratory results
- Outpatient medication profile
- Allergy profile, problem list, and encounter data
- Appointing Center -Schedule and view your own appointments

Dental Care

Dental care is available at the Naval Hospital. For appointments call DSN 624-4205/5447. The dental clinics provide a wide range of dental services. Priority for

American Red Cross



The American Red Cross exists to provide care to those in need. Our network of donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world, through five key service areas: Disaster relief, supporting America's military families, lifesaving blood, health and safety services and international services. The American Red Cross is located on NAS 1, near the Library. Photo by MC2 Ramon Go

treatment is highest for active duty and active duty family members, then retirees, family members of retirees, and DoD civilians, in that order. Appointments may be limited due to staffing constraints. Prosthodontics and Orthodontics are limited in their availability. Prosthodontics is limited by the demand created by Active Duty personnel. Orthodontic care is provided primarily to continue treatment initiated in CONUS prior to receipt of orders overseas. Patients who have braces placed after receipt of orders to Sigonella are not eligible for continuation of treatment. Rarely, a few new orthodontic patients are accepted for treatment, and these are selected primarily based upon the severity of the case. It is strongly recommended that patients be in good dental health prior to departing the United States for their assignment to the Sigonella area. DoD civilians and their family members are eligible for "space available care". Federal law makes DoD civilians INELIGIBLE for prosthodontics and orthodontics, even if treatment was started prior to receipt of their job assignment to Sigonella. A fee for treatment, as determined by DoD, is charged for all dental work and services rendered to DoD civilians. Space availability is extremely limited for DoD civilians and their family members, and it is strongly recommended that all dental treatment be completed prior to arrival in the Sigonella area.

Location: NAS I, Community Building 318, Second Deck next to the Base Library. We are open for regular business Monday through Friday, 0800 to 1630 (8:00 am to 4:30 pm).

Services: The American Red Cross provides Emergency Communication services to assist service members and their families during a family emergency situation. Emergency messages can be initiated by family in CONUS, or by military members and spouses located in Sigonella.

The American Red Cross provides Emergency Communications coverage 24 hours a day, 7 days a week. The after hours emergency coverage is from 4:30 p.m. - 8:00 a.m. every day and 24 hour duty during weekends and holidays.

In addition to emergency communications, the Red Cross offers classes in CPR for Adults, Infants and Children, and First Aid and Safety; Babysitting; Disaster Preparation information and classes. Red Cross-certified instructors conduct Red Cross swimming and life guarding courses through MWR. Red Cross volunteers provide service to the Sigonella military community as workers at the Naval Hospital and Dental Clinic, Disaster Action Team (DAT) members, Instructors of Health and Safety classes. Volunteers also provide a variety of services by giving of their time at the Red Cross Field Office.

Our Mailing Address is:

American Red Cross
Office of the Station Manager
PSC 824 BOX 17
FPO AE 09623

You can contact us at:

DSN Phone: 624-4900 from 8:00 to 4:30 weekdays;
877-272-7337 (24 hours a day, 365 days a year).

E-mail Address: sigonella@redcross.org

AESTHETIC AND RECONSTRUCTIVE PLASTIC SURGERY CENTER



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Civilian Human Resources Office

Employment: Naval Air Station Sigonella hosts a variety of DoD commands and activities that employ U.S. civilians and sponsored civilian/military family members. The U.S. civilian component positions are located in both Appropriated Fund (AF) and Non-Appropriated Fund (NAF) organizations. The Civilian Human Resources (CHR) office provides HR services including recruitment to fill local, U.S. appropriated fund positions. The most frequently available, local positions in the General Schedule (GS) pay system include Office Automation, Administrative Assistant, Child Development Assistant, Education and Training Technician, Recreation Assistant, Training Instructor, and similar positions. The number of civilian positions available to U.S. family members in Sigonella is limited and significantly lower than the number available in the continental U. S. (CONUS).

Eligible civilian and military family members interested in AF positions (GS) may apply by submitting a resume for positions announced locally. Each personnel office (i.e. CHR, MWR, NEX) requires various forms and documents when applying. Such information can be found in individual vacancy announcements. Regarding positions announced by CHR, prior to arrival overseas, family members who are permanent, AF employees who intend to immediately seek employment upon arrival in Sigonella, should contact their current personnel office to determine if s/he can be granted a period of leave



NAS Sigonella's Security Department administers random breathalyzer tests, inspects vehicles, and maintains force protection conditions. Photo by MC2 Ramon Go

without pay (LWOP) at the time of their PCS departure. A copy of the latest Standard Form 50 (SF-50) to establish status as a current or former federal employee is required when applying for a federal position. If one is not a current federal employee, the Fleet and Family Support Center (FFSC) offers a class on how to apply for federal (i.e. GS), NEX and MWR positions. The FFSC also offers individual counseling on resume writing, interviewing skills and job referral procedures.

Although there is no opportunity for employment of a U.S. family member on the Italian economy, employment opportunities are available with other on-base establishments that provide services to U.S. forces like the Navy Exchange (NEX) and Morale, Welfare & Recreation (MWR). Specific applications are required for NEX and MWR non-appropriated fund positions. Both the NEX and MWR advertise their specific vacancies separate from the CHR office. Application for NAF positions can be accomplished upon arrival.

The North Atlantic Treaty Organization (NATO) Status of Forces Agreement (SOFA) precludes any person who is either an Italian citizen or "ordinarily resident" in Italy from being hired into the U.S. civilian component. An "ordinarily resident" individual is a non-Italian citizen who has made Italy his/her permanent place of residence and remained in Italy six months without becoming a member of the component force in Italy. Further, applicable statutes preclude U.S. citizens from being hired into local national positions. If an individual holds Italian citizenship, he or she is precluded from employment as a U.S. civilian, regardless of whether or not the individual is also a U.S. citizen. In order to work with the U.S. Forces in Sigonella in a position designated for citizens of Italy and other European Union (EU) countries, the applicant must be a citizen of Italy or another EU country. Applicants holding dual citizenship of the United States of America and Italy are not eligible for employment. For spouses who are not U.S. or EU citizens, it is extremely difficult to find employment. Also, regardless of citizenship, most family members of contract employees are not eligible for federal appointment.

Depending on availability of funds, summer jobs may be announced under the Dependent Youth Employment Program. Each student applicant must have a Social Security Number, which should be applied for while in the U.S. In addition, each student must have his/her

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own bank account so that salary payments can be deposited directly. The eligibility rules applicable to regular employment apply to this program as well.

Preference procedures apply to federal employment at NAS Sigonella, including the NEX and MWR. For example, Veteran's preference regulations require selection of a qualified veteran with the applicable preference (i.e. military spouse or family member) ahead of an applicant without such preference. DoD also has a "Military Spouse Preference (MSP) Program" and "Family Member Preference Program." Under the MSP program, best qualified military spouses are referred before family members (defined as spouses of federal employees, military spouses who do not have spouse preference and family members of civilian and military members).

U.S. family members who are employed overseas in federal positions will be appointed under a Schedule "A" appointment. This is a dependent hire authority provided specifically for the employment of family members residing with their military or civilian sponsor stationed in a foreign area. Depending on the position and length of employment, family members may be eligible for a non-competitive appointment in the competitive service upon return to CONUS. It is important to note that it is DoD/DON policy to limit civilian employment to five years in foreign areas. Employees who are dependents of military or civilian personnel stationed in the overseas area are exempt from such limitation. However, the length of appointment is tied to the sponsor's tour of duty and date of departure. Appointments may not be extended longer than the transfer from the area or the

separation of the appointee's sponsor, or beyond the time the employee ceases to be a family member.

Finally, in addition to the requisites indicated above, U.S. employees, and U.S. citizen family members assigned to Sigonella, must have an official passport and visa for entry into Italy, regardless of dependent or employment status. It is important to note that U.S. citizens must satisfy the requirement of being considered "a member of the civilian component" as defined in the NATO Status of Forces Agreement (SOFA). To meet this requirement, one must have been selected from the United States for assignment to a U.S. Government position in Italy, have travel orders, an official passport, a VISA issued from the Government of Italy for "missione" purposes, and be issued a sojourner's permit upon arrival. Dependent family members who accompany their sponsor (civilian or military) must provide a copy of their official passport, "missione" VISA, sponsor's travel orders, and sojourner's permit for employment. Tourists are not eligible for employment with the U.S. Forces in Sigonella, Italy.

If you are preparing to relocate to an overseas duty location or are already living overseas, you only need to visit www.USAJOBS.gov to find information on overseas employment opportunities. As the Federal Government's official one-stop source for federal jobs and employment information, USAJOBS helps applicants conduct searches and apply for positions through a single, automated method. Applicants are strongly encouraged to store their appointment and preference documents in USAJOBS **prior** to relocating overseas so they will be readily available should they wish to apply for a job

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during transit. Further information concerning the Civilian Human Resources office can be accessed at the following website: http://www.cnric.navy.mil/regions/cnreurafswa/installations/nas_sigonella.html.

Personnel Support Detachment Sigonella

Personnel Support Detachment (PSD) Sigonella offers pay and personnel services, Educational Services (ESO), Official Passport, and Passenger Transportation requests to more than 30 tenant commands onboard and in support of NAS Sigonella. Additionally, PSD maintains DEERs/Rapids for the issuance of ID Card and Command Access Cards (CaC) services to all uniformed active duty, GS employee and reserve personnel and their family members throughout the southern Italian region.

The main PSD Sigonella office is located onboard NAS II, directly across from the AMC terminal. The satellite PSD Sigonella office (PSD Annex) is located onboard NAS I, next to the Post Office and across the passageway of Community Bank.

PSD Sigonella customer service hours are: Monday, Tuesday, Thursday and Friday from 0900-1500; and Wednesday 0900-1300.

As a satellite office, the PSD Annex provides limited services. Supported services are limited to: ESO and liaison functions for all Command PASS Coordinators (CPC) attached to NAS Sigonella.

Appointments for DEERs/Rapids, ID Card/CaC is required onboard NAS Sigonella. Emergent issues and walk-ins will be taken on a case-by-case basis. To schedule an appointment, please visit the DEERs/Rapids website at: <https://rapidsappointments.dmdc.osd.mil/appointment/default.aspx>

For more information concerning PSD Sigonella or to receive your command's CPC information, please call 624-5651 or the PSD Sigonella CDO phone at +39-335-642-8274.

Security Department

The NASSIG Security Department is the largest Navy security operation in Europe. Our Mission is to:

To provide Physical Security, Anti/Counter-terrorism, Loss Prevention, Law Enforcement, and Crime Prevention programs including administrative and clerical support services to the NAS Sigonella Command and Community.

We are a full service, community oriented security police department, serving the entire Sigonella community and housing areas.

Security Operations

Location: Building #606

Desk Sergeant: 314-624-6063
 Dispatcher: 314-624-5225/9051/9022

Traffic Tickets

During your tour you may receive a traffic ticket. The Italian police usually issue them on the spot, but your plate number could be taken down and a ticket mailed to you at a later date. If you receive one in the mail, do not ignore it.

If an Italian police officer in uniform along the side of the road steps your way waving what appears to be a lollipop stick (red circle on white disc), the officer is saying pull over, and you must do so.

If you are stopped, do not be disrespectful. If a communication gap exists and the officer writes you a ticket for a violation you cannot understand, accept it and bring it to NASSIG Security Department for clarification.

Most tickets can be paid on the spot. This is legal in Italy and not a bribe. If you elect to pay, the police officer will give you a receipt. And that is that. You'll hear nothing more about it. Keep the receipt.

For the more serious traffic violations, however, the fine cannot be paid on the spot. These violations may result in a criminal charge. If you receive a notice of this nature, bring it to the Naval Legal Service Office (NLSO) for advice and appropriate action.

Vehicle Accidents

In the event you are involved in an accident, certain procedures must be followed. The steps to be taken will depend upon whether the accident is classified as minor (no injuries or deaths in either vehicle) or major (injury or death of a passenger in either vehicle).

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Minor accidents:

- Exchange license data, name and address, insurance company, policy number and vehicle tag numbers. Insurance data is located on the windshield insurance sticker.

- Do not leave the scene until information is exchanged.

- Try to obtain names and address of witnesses.

- Report the incident to your insurance company within 48 hours.

- It is necessary that all accidents be reported to NASSIG Security Department. In incidents involving vehicle damage to private, state or municipal property (light poles, stop signs, building, etc.) notify Security immediately.

- Generally, minor accidents are a matter between individuals and their insurance companies.

Major accidents:

- Notify Security immediately and ask for help.

- Try to obtain names and addresses of witnesses.

- Remain on the scene, if able, until the Security police or Italian police has investigated the accident.

- In both major and minor accidents, obey the Italian authorities. They have jurisdiction and can arrest you if you do not cooperate fully. Also, red plastic triangles are required by Italian law and should be put on the road to caution other drivers of an accident. These are available at the NEX Auto port and on the local economy. They should be carried in your vehicle at all times.

- If you are the driver of a vehicle involved in an accident that injures or kills another person, the investigating police, regardless of the ultimate determination of fault, may initiate criminal charges automatically. Prompt notification of your commanding officer and NLSO is important to protect your rights, and to obtain the services of an Italian attorney under contract to the U.S. government to represent you.

- In case of an accident, personnel having automobile liability insurance with an Italian firm are required to notify that company within 48 hours of the accident. Failure to notify the company within the time period can be justification for the company's refusal to accept liability.

Pass and ID

To provide pass, identification, and access control services, as directed by the Security Officer or delegated authority. Specifically, we provide rental car passes to US and foreign military members and their dependants. We also provide ration cards for permanent and TAD personnel and their dependants. We have implemented a computerized database to create and track all ration cards to permanent personnel. As the Ramp Badge coordinator for NASSIG we are in charge of issuing ramp badges and proximity cards for personnel assigned to NASSIG and tenant commands. We issue passes for local nationals that are contracted to work on the instal-



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RENTAL CAR
By Giuseppe Egitto



A member of the NAS Sigonella Security Team uses a mirror to check underneath a car during a random vehicle inspection. Photo by MC2 Ramon Go

lation and we act as the liaison between local contractors and the 41st Stormo. We issue ID cards to all visiting VIP's from around the world who attend special events on base. Some of the lesser used services we provide includes but is not limited to photo passes, visitor and contractor flag passes, fingerprinting for security clearances and dependent employment. We issue on average 75 to 100 passes a day. We receive access lists and control all access to temporary contractor and guests for special occasions on NAS I, NAS II and housing areas. We also are responsible for issuing all rental vehicle passes. If it is access control, this office is the place to go to. All newly reporting NASSIG personnel need to check in and out for either their vehicle passes and/or ramp badge. We are committed to providing excellent customer service in a timely and efficient manner.

Office hours:

0800-1600 - Monday, Tuesday, Thursday and Friday

0800-1300 - Wednesday

Fingerprinting hours:

1230-1330 - Tuesday and Thursday

Criminal Investigation Division (CID)

Criminal Investigations Division (CID) personnel conduct criminal investigations of a nature not falling within NCIS purview. This dedicated and professional

group conduct interviews, interrogations, searches, and seizures. They are skilled at processing crime scenes, surveillance detection, and assisting NCIS. CID also maintains the NASSIG Evidence vault and runs the Lost and Found program. NASSIG Criminal Investigations personnel pride themselves in serving the community of NAS Sigonella.

K-9 Division

NAS Sigonella's Military Working Dog Kennel is an essential division within the Security Department. As the largest kennel facility in the Mediterranean, our K9 Teams provide

vital security through explosive/narcotic detection and anti-terrorism/force protection measures. Good relations with the local community are fostered through patrol and detection demonstrations for Italian schools, while also educating American children with participation in multiple community events. Dog teams are also continuously deployed supporting missions in Afghanistan, Djibouti, and other various high-threat zones, while providing protection for dignitaries both locally and internationally.

Force Protection

NAS Sigonella's Force Protection (FP) Division is responsible for the coordination and implementation of DoD and USN Force Protection policies and directives to prevent hostile actions against all military members family and civilians, resources, facilities, critical assets and information. Some of the policies implemented are transparent to the rest of the community as most FP measures are conducted by the Security Department within the confines of the installation. DoD and thier family members are vulnerable to terrorist tactics especially while off base, and the FP Division is at the forefront in providing the necessary information and actions in order to prevent NASSIG personnel from becoming victims of terrorism. Current and up to date information regarding threats in the area are disseminated through distribution of Daily Travel Advisory, providing area specific briefs for leave, conduct AT Level I indoctrination brief for newly reported personnel and conduct vulnerability assessment for off-base facilities used for gatherings.

Force Protection is everyone's responsibility and although the Security Department provides security for the installation, the robust FP policies implemented at NAS Sigonella involve all personnel from the various departments and tenant commands. The FP Division is the central point for coordination of implementation of base wide measures to ensure uniformity and consistency. All hands involvement in FP measures conducted by departments and tenant commands include Random Antiterrorism Measures and Antiterrorism drills. This degree of involvement from all levels ensures that all personnel are well aware of the necessary actions to take to avoid becoming victims of terrorism.

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Physical Security

Physical security describes security measures that are designed to deny unauthorized access to facilities, equipment and resources, and to protect personnel and property from damage or harm (such as espionage, theft, or terrorist attacks). Physical security involves the use of multiple layers of interdependent systems which include CCTV surveillance, security guards, protective barriers, locks, access control protocols, and many other techniques.

Security Training

NAS Security Training Division is structured and designed to provide quality and timely training in Law Enforcement and Anti-terrorism to all divisions in the Security Department. The strict adherence to DoD and Navy Policies in training sets the standard for excellent performance of Security functions aboard NAS Sigonella.

Liaison Division

The Liaison Division is a team formed by Italian Security Operation Assistants who provide liaison and language services between U.S. Navy representative, NATO personnel, and Host Nation authorities. They are a vital part of the department and work side by side with the Security patrolmen in the performance of their duties whenever they are called to interact with non-U.S. citizens or when they respond to incidents or accidents outside of the installation. They are on duty 24/7 and their responsibilities range from translating written instructions, to providing assistance in any emergency that involves U.S/NATO personnel (traffic accidents, house break-ins, domestic violence, assault, theft, etc). In order to inform local law enforcement agencies of a crime or offense, the liaison division aids victims in filing the Italian crime report (denuncia). At the NATO pier, they ensure liaison service between the U.S. ship crewmembers and the Italian authorities.

NASSIG Safety Department

The NASSIG Safety Department provides Occupational Safety and Health services to all NASSIG and tenant commands in accordance with US Federal and Italian Occupational Safety and Health legislation. Our services are provided by a professional team of US and Italian workers committed to providing a safe place to work and play while you are stationed in Sicily. Our services cover a wide gamut of specialized areas including

safety training, confined space evaluations, respirator fit testing and training, workplace inspections, heat stress, indoor air quality, mishap investigation, explosive safety and traffic safety.

Our traffic safety section provides traffic safety training and Italian testing for new personnel and dependents. Prior to being permitted to operate a vehicle in Sicily, you must attend our Command Indoctrination Driver Program tailored to the European environment. After successfully completing this course you will receive an Italian translation of your stateside license for use abroad. Additionally we have certified motorcycle instructors and teach both the Level 1 Basic Rider's Course (BRC) and the Level 2 Advanced Rider's Course (ARC) for employees owning motorcycles or expecting to ride in Europe. The BRC is required prior to operating a motorcycle in Italy while the Level 2 class is required within 60 days of obtaining a motorcycle and is required biennially while you are stationed in Europe.

Safety tracks all vehicle mishaps and occupational incidents and maintains statistical records to establish trends. Traffic is our number one focus since more employees and family members are injured or die of traffic-related mishaps than from any other cause. We strive to encourage safe driving and prevent accidents associated with speeding or alcohol abuse.

Safety also works to ensure what you do off the job is done in a safe manner. We coordinate and provide training to ensure all employees and dependents are aware of risk associated with various local sports and outside activities. We have many resources and can assist you personally or as a group to make your overseas experience as safe as possible.

The Safety Office is located on NAS II, in Building 634 and is open from 0730 – 1600 during the workweek. We can be reached at the following address and phone numbers:

Safety Department

PSC 812 Box 3260 – FPO AE 09627-3260

DSN 624-5630 – COMM: 39 095 86-5630



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Morale, Welfare and Recreation

Welcome to MWR Sigonella

Our mission is to provide top quality-of-life support through a wide variety of recreation activities, quality childcare, and entertainment services to our forward deployed sailors and their families in Sicily. We aim to make your stay here in Sigonella comfortable and memorable.

Navy Community Rec

Navy Community Recreation is a one-stop shop dedicated to helping service members and their families find more ways to enjoy leisure time. It encompasses the ITT, Outdoor Recreation programs, and many other recreational and informational resources. We offer Information and Resources, Fleet Recreation, Outdoor Recreation Equipment Rental, Recreation programming, Trip Organization, Recreational Green Spaces, Tickets, Community Events, Party/Picnic Support, Command Picnic/Events, and Travel. Navy Community Recreation delivers services in the most effective way possible by developing lifelong leisure skills and socialization activities and creating active lifestyles for Sailors and their families.



MWR's Outdoor Recreation offers rentals on sporting and camping equipment. Located within the same service center, Information, Tickets, and Travel offers a variety of tours and weekend getaways." Photo by MWR

Community Activities

MWR keeps the community entertained by coordinating a myriad of free events throughout the year. We organize two community festivals: Red, White & Boom and Autumn Fest. The festivals are jam-packed with command and local organization-sponsored booths offering carnival games, tons of food with both classic American and international flavors, inflatable games, carnival rides, local vendors, and many other activities and contests for all ages. Festival attendees can also enjoy music from a variety of live bands and DJ's. Sig's the Season creates a festive atmosphere to kick off the holidays. Community events include, a community tree lighting and Winter Wonderland. The entire event is held in the Midtown complex creating a home town feel for all.

We also offer a variety of classes each month that include, Sicilian cooking, dance lessons, photography and photography software lessons and many others that will help immerse you in your new adopted home.

Throughout the rest of the year, Sigonella plays host to comedians, live bands, and American celebrities who perform to pay tribute to the Navy community in Sigonella. Brett Elderedge, Tyler Farr, and Craig Karges are among some of the most recent celebrities and acts to visit NAS Sigonella.

Outdoor Recreation and Leisure Travel

Consider this your one-stop shop for adventure and local cultural activities! Navy Community Rec offers numerous ways to explore the island and beyond with a vast array of tours and outdoor adventures. We offer trips to local markets, wineries, ruins from when the Greeks, Romans and many other cultures ruled Sicily, World War II historical sites and even fresh historical sites, like Savoca, the setting of scenes from The Godfather. Our day trips are a great way to explore the island with a tour guide and without the worry of directions, driving or parking. Extended trips are also offered throughout the year and include: Secrets of Sicily, Christmas in Rome, Thanksgiving in Tuscany just to name a few.

Sicily offers the perfect opportunity to take advantage of outdoor activities such as camping, hiking, ,paddleboarding, kayaking, cycling, snowboarding on an active volcano or rent gear to go on your own adventures. NCR rents the equipment to support your adventures with items like kayaks, mountain bikes, tents, sleeping bags, coolers, grills, snowshoes, winter clothing and snowboards.

The NCR staff will help you arrive at your destination, whether you go on an escorted trip or on your own. Using the Create-a-Trip feature, you can even design a trip for yourself and your friends... just let us know where



Memorial Park reopened with upgrades of new playground equipment, landscaping, water fountains, and lighted gazebos with power outlet since June, 2015. Photo by MWR

you want to go and you can rent a van and driver! If you prefer to drive yourself to the destination, detailed driving directions are also available or you can rent a GPS.

For a list of monthly adventures and events, visit www.sigmr.com or like MWR Sigonella on Facebook.

Take 5

Located on NAS II; Take 5 Recreation Center is a non-smoking, alcohol free recreation center for E1 – E5 single servicemenbers. Take a seat on one of their recliners and watch non-stop movies playing on the big screen, as well as TV’s scattered throughout the facility. Take 5 boasts a 12-station Internet center and free Wi-Fi and printing capabilities. The facility has lots of PlayStation and X-Box units and games available, as well as pool tables, ping-pong, and tournaments for the gaming enthusiast. This facility also houses the Liberty Program and offers information and sign up for recreation services offered on the island.

LIBERTY Program for Single Sailors

Calling all single sailors and unaccompanied enlisted military!

The Liberty program is your ticket to non-stop excitement on base and beyond for only a fraction of the price.

On-base activities include bowling nights, block parties and BBQs. Among our top day trip adventures are Go-kart tracks, water parks, beach visits, ancient ruins and dine outs. For adventurous military itching to travel, Liberty organizes weekend trips to world-famous destinations like Malta and Rome. Come and check us out at the Take 5 Recreation Center on NAS II.

Library

The Library was the first library in the Navy to achieve DoD Premier Status! This facility is located in the Community Building on NAS I and stocks more than 18,000 books in children’s, fiction, reference, and non-fiction categories. The MWR Library has more than 100 magazine and newspaper subscriptions and an expansive digital collection, with over 300 DVD’s, 50 books on tape and CD’s to choose from. The Library has the complete list of CNO’s recommended reading, as well as a Tumblebooks.com subscription for Sigonella’s more novice readers, with animated books offered in a few different languages. Children can also enjoy a weekly children’s story time complete with activities. Learn a new language while stationed in Sigonella, the library offers the Rosetta Stone program.

The Library is also your Internet hub on NAS I. It houses a 19-station Internet Center with printing and scanning capabilities.

One of the MWR Library’s most useful features is its expanded travel section, which includes countless travel books on virtually anywhere you might want to travel.

This year Navy MWR Libraries has added a digital library that is available online 24/7/365! Go to mwr-digital-library.org to enjoy e-books, audiobooks, language learning, test prep, and research resources that support lifelong learning, and recreational reading.

Recreation

SpareTime Bowling Center

Experts and beginners alike will enjoy hitting the certified lanes in the Midtown Complex! This facility boasts ten lanes with automatic scoring, Extreme Glow-in-the-Dark Bowling, leagues and a refreshment area. SpareTime is also a great place for private parties and command functions.

Auto Skills Center (ASC)

The Auto Skills Center is stocked with tools and large car lifts for self-repairs of your vehicle. The ASC also offers machines for tire mounting and balancing as well as a car wash and vacuums. Helpful and knowledgeable staff are always on-hand to provide assistance.

Midtown 2 Theaters

Catch the hottest same-day-as-in-the-states released movies at two state-of-the-art digital 3-D theatres. They have comfortable stadium seating, powerful sound, cry-

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stal clear pictures and a concession stand stocked with delicious snacks. Birthday packages are available and you can also reserve the theaters for private and command functions or trainings. Contact the theater manager to reserve one or both theaters.

Connections

Located on NAS I; Connections features Frasier's Pub, a non-smoking facility, that also has a recreation center for those 18 and above. Listen to music from the digital jukebox, while relaxing with a pint, soda or one of the featured Italian wines available for purchase.. Connections has free Wi-Fi, desktop computers and printing capabilities. You can also enjoy the pool table or gaming machines! The facility has lots of PlayStation and X-Box units and games available.

Jox Pub

This all hands, all-purpose club offers a myriad of activities every week on NAS II. Jox, with its Irish Pub décor has 11 plasma screen TV's and a state-of-the-art wall projection system to view televised sports broadcasts. Jox also hosts billiard and dart tournaments. Tthis is also the go-to spot for most live bands that visit Sigonella. Show off your vocal range with karaoke, hit the dance floor and bust a move, or relax and play some pool or darts.

Grinderz Skate Park

Sigonella has it's own skater paradise! Complete with 4-foot and 6-foot half pipes, Grinderz is available to both skateboarders and in-line skaters. Ramps, grind rails and steps play host to regular skate contests and skate jams, and have even been tested by celebrity skater Greg Lutzka. To skate at Grinderz you must wear a helmet!

Fitness

MWR Fitness is proud to provide outstanding events and services for all military members, DOD employees, and their families throughout the year. The fitness department hosts an annual run/walk series starting in August that culminates in March with our iconic Base to Base 7.6 Run/Walk or Half Marathon. In addition to these Sigonella Run Series events they offer specialty events such as the Motta Trail Run/Walk, Splash and Dash and Row Swim. MWR Fitness offers fitness certifications throughout the year for those interested in learning more about fitness or who may want to instruct fitness classes. They offer two Certified Fitness Leader (CFL) courses per year and Navy Operational Fitness & Fueling System certifications (NOFFS). Both fitness centers offer an extensive line of cardiovascular equipment, weight training and a group exercise room. They offer Massage, Ballet instruction for ages 3 to 12 years, and Personal Training by appointment. If you are interested in starting a new fitness routine, the knowledgeable and friendly fitness staff is ready to help.

Fit District

This fitness center is located in the Midtown Complex of NAS 1 and presents an extensive array of exercise options for all fitness levels. Its cardio area holds over 40 tread-mills, elliptical trainers, stair climbers, E-Spinners, Jacob's Ladder and stationary bikes. In addition to the large weight room area, there's an indoor track, group exercise and an Indoor Cycle room. Also

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offered is an indoor rock-climbing wall called The Cave, racquetball courts, and a full-size basketball court. The Fit District offers a variety of free fitness classes open to all patrons monthly. There are equipped locker rooms including a dry sauna. In 2012 the Fit District opened the Family Fitness Center, featuring dedicated space for children to play while the parent enjoys a workout. Family Fitness also features Hoist strength equipment designed specifically for youth, along with an “exertainment area” in the center. Please ask a front desk attendant for a tour of the facility.

Splashers Aquatics Center

This family-friendly pool is one of the crowning jewels of MWR’s Midtown Complex. This large, heated pool has two waterslides: one twisty and one straight chute!

The pool area also has a heated kiddie Splash Zone for those who prefer to wade and climb on our interactive children’s area. This state-of-the-art facility also offers swimming lessons, lap swimming and swim workout assistance, incentive programs, and family nights during the summer. Splashers is a great place for summer time command functions and birthdays.

NAS II Pool

The NAS II Pool offers another avenue for our active duty personnel and their guests to get fit and stay healthy. This 6 lane pool is heated and open year round for Lap Swim. The facility is also equipped with a training tank for commands to utilize while stationed in Sigonella. MWR hosts summer nights for single sailors to enjoy a movie while wading in the pool, and other competitions to entice our service members to try new activities. Contact the center for more information or to



Splashers Aquatics Center inside the NAS 1's Midtown Complex is home to an expansive 25-meter heated pool equipped with two water slides. Adjacent to the large pool is a kiddie section with a mini pool and kiddie Splash Zone. The facility offers swim classes, family fun nights, and other fun activities. *Photo by MWR*

reserve either lanes or the training tank for command events/PT/PRT.

Child and Youth Programs

Child Development Centers

(Ages 6 weeks – 5 years (before Kindergarten))

The Child Development Center (CDC), located on NAS I is open Monday through Friday from 6:30 a.m. to 5:30 p.m. The CDC is closed on weekends and federal holidays.

The CDC offers a wide range of programs to meet your childcare needs. Childcare is available during the Indoctrination class – registration is required. Make sure to register your child for care by contacting your sponsor or the Fleet & Family Support Center prior to your arrival.

We offer full-time childcare, hourly care, and part-day preschool enrichment program. Our caring staff is extremely knowledgeable and receives continuous training to ensure they are providing the best possible learning environment for your child.

Child Development Homes

(Ages 6 weeks - 12 years)

Childcare services are also available in Child Development Homes (CDH) operated by certified and trained CDH providers that offer care in their base housing units. The CDH’s are open Monday through Friday with various hours of operation. Shift work schedules are available.

Caregivers who operate CDH’s complete the same regular training that CDC caregivers complete and operate their CDH under the same guidelines as the CDC. If you are interested in being a CDH provider, please speak with the CYP Director.

School Age Center

(Ages 6-12)

The School Age Center (SAC) Bldg. 318 is located in the community building on NAS I and has a full range of activities for school-age children. The SAC is home to our School-Age Care program, which provides before-school

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care from 6:30 a.m. to 7:20 a.m. and after-school care from 2 p.m. to 5:30 p.m. We provide constant activities for school-age children during all school breaks, including Winter Break, Spring Break, and summer vacation. Typical activities organized by the SAC include water park day trips, ice skating trips, arts and crafts days, and piano lessons. During the summer, the SAC offers Camp Adventure, which is jam-packed with exciting field trips, including beach days, for school-age children. The center also offers a wide variety of Boys and Girls Club of America, including Torch Club and 4H programs.

Youth Complex

(Marinai Housing - Grades 6 – 12)

The Youth Complex in Marinai is the home of our Teen Center for Youth ages 11 and in the 6th grade through 18 years old and still in high school. The complex is fully equipped with X-Boxes, X-Box Kinects, PlayStations, Wiis, Wii Fit, big screen TVs, computers, a pool table, a ping pong table, an air hockey table, a foosball table, an electric keyboard, a drum set, and an acoustic/electric guitar. The Youth Complex is Sigonella's hub for our planned youth events. They can enjoy excursions around the island for activities such as go-karting, paintballing, dinners on the town, hiking, kayaking, paddle boarding, snorkeling, and much more! Affiliated with the Boys and Girls Club of America and 4H. Come in and join us for a Cooking Club, Technology Club, Art Club, Smart Girls, Keystone, Torch Club, Passport to Manhood, and many more exciting activities. All Youth ages 11 (and in the

6th grade) -18 (and still in High School) must be registered to participate.

Registration packets can be picked up at the Youth Complex.

Youth Sports

Open to children ages 5 – 18; this program offers many sport seasons including soccer, basketball, t-ball, baseball, cheerleading, dodgeball and more. In addition to our Youth Sports, Sigonella offers START SMART, a program that promotes parent and child interaction while building confidence in a non-competitive recreational environment for ages 3 - 5. START SMART is designed to teach the basic fundamentals of youth sports. Parents must participate in each class as their child's partner.

Fit Factor

Navy Child and Youth Programs is committed to the well being of our families and youth – that's you! FitFactor is a web-based program that encourages youth to Get Up, Get Out and Get Fit! You'll see that phrase a lot around the base. Youth and teens get points for being active in a variety of ways – from team sports to household chores, can start earning points to achieve the five FitFactor levels. For each level they reach, youth and teens earn valuable prizes! The FitFactor levels are Energy, Strength, Agility, Adventure and Endurance. After achieving the FitFactor levels, youth and teens can go beyond and Feel the Power! FitFactor registration is available at the Fit District. If you would like to discover more about the program log on to www.navygetfit.com.

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In the heart of Catania you can find one of the largest wineries of the whole Italy, which contains more than 10000 wine labels, and over; everyone will appreciate the polite and caring staff and the professional sommeliers, which will help you at any time to discover and choose the best wines. *Il Cantiniere* is a wine bar - restaurant, a culinary paradise for lovers of good food, where you can enjoy delicious appetizers and prestigious cold cuts and cheeses, main dishes and so on, with a good glass of wine or a special drink served in our *Drink Room* (an American Bar for cocktails and spirits). Enjoy a dip in a gastronomic journey tasting different varieties of meats. In the evening, the soft light makes the bottles exposed to bind harmoniously with the interior design of structures, infusing to the setting a warm and welcoming atmosphere. *Il Cantiniere* also provides a home delivery service from 9:00 a.m. to 2:00 a.m.



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Personal Support Organizations

Fleet & Family Support Center

The Fleet and Family Support Center (FFSC) at Sigonella offers an array of support to both active and civilian members who are either single or those with families, and to all visitors and contractors who work in Sigonella. The FFSC provides opportunities that Enrich, Empower and Educate the Sigonella Community through information, education and counseling services. We are located at NAS I Building 319.

The FFSC staff offers an Intercultural Relations (ICR) class Bi-weekly for newcomers. This four-day class is mandatory for all U.S. Military personnel; other incoming personnel are encouraged to attend. Over the course of these four days in the classroom helps participants understand and adapt to the Italian culture by learning basic Italian phrases, local customs, non-verbal communications, shopping tips and dining information. Participants are also taught to recognize culture shock, and how to cope with the symptoms. There are two days of field trips to help familiarize participants with the local area, the public transportation system and the wonderful Italian people. Additionally the Amici pro-

gram is available to connect Americans with Italians for the purpose of a one-on-one true cultural experience. Whether you are arriving, or leaving Sigonella, FFSC services are available to help make the transition process easier. Please contact the FFSC staff if you need assistance. The FFSC's Loan Locker contains basic household items for your use until your household goods arrive (i.e., iron, ironing board, pots & pans, dishes, cutlery; coffee maker); please use it again when you are ready to leave. NOTE: All service members are **required** to take the Smooth Move class (Arrivederci class) before being issued plane tickets by PSD when PSCing from this duty station.

The Family Employment Readiness Program (FERP) provides a variety of services and resources to assist spouses or family members in successful job searches. Services include information on local employment, resume writing, interviewing techniques, volunteer opportunities and career planning. A variety of classes are available in support to the job search process.

Transition assistance is available for American military personnel who are either separating or retiring from the military. Transition GPS (Goals, Plans, Success): Navy leadership is committed to meaningful and effective transition assistance for all Sailors separating from the Navy, regardless of how long they have served.

Transition Goals, Plans, Success – or Transition GPS – replaces the 20-year-old Transition Assistance Program (TAP) and is designed to strengthen, standardize and expand counseling and guidance for Active and Reserve Sailors separating from the Navy after serving 180 or more days of active duty. As part of the Veterans Opportunity to Work (VOW) to Hire Heroes Act, Transition GPS took effect November 19, 2012 and was fully implemented in 2013. Transition GPS has four key components that significantly improve your transition support:

1-Mandatory Pre-Separation Assessment and Individual Counseling.

2-Mandatory 5-day Transition GPS Core Curriculum

3-Additional 2-day Career-Specific Curriculum (Education, Technical or Entrepreneurship) provides information tailored for your specific goals.

4-Mandatory CAPSTONE event, presented by the Fleet and Family Support Center



The Fleet & Family Center offers counseling and many other helpful family-based services to the NAS Sigonella community. Photo by MC2 Ramon Go

(FFSC), which must be completed no later than 90 days prior to separation in order to verify that you have met your Career Readiness Standards and received the transition services that you requested.

Services also include reference books and a career resources computer center. A resource room with internet access and reference materials is available to assist customers with their job search, transition, or relocation needs.

The Personal Financial Management (PFM) program purpose is to provide information that emphasizes a proactive, career lifecycle approach to service members' personal financial responsibility and accountability. The program provides basic principles and practices of sound money management, counseling tools, and referral services using a comprehensive education and training program. Its goal is to "empower" service members and their families to develop skills to better manage their financial resources.

The FFSC Counseling and Advocacy Program (CAP) offers personal and family counseling services to military members, their families, civilian and retirees with privacy act protection. The Family Advocacy Program (FAP) provides clinical assessment, treatment and services for military members and their families involved in incidents of family violence. The intent of FAP is to protect victims from future abuse. FAP services include assessment of risk, safety planning and determination of appropriate interventions and /or treatment.

The New Parent Support Home Visitation Program (NPSHVP) at NAS Sigonella is a voluntary program for parents who are expecting and/or have children up to the age of five. The goals of the program are to prevent maltreatment of children and promote nurturing child-parent relationships through education, support, and referrals to other entities when appropriate. In addition to NPS home visits, this program also offers the Nurturing Parent Program as well as single parent support groups and a new father preparedness program called Daddy Boot Camp.

The Sexual Assault Prevention and Response (SAPR) program provides intervention services for victims of sexual assault as well as conducting sexual assault awareness briefs for Commands and the community. The program focuses on prevention and by-stander intervention and awareness. The Sigonella SAPR program conducts awareness events such as the SAPR walk

in April which is Sexual Assault Awareness Month. The program provides 24/7 response capabilities by trained Victim Advocates.

FFSC can connect you with other helpful agencies and activities including the Ombudsmen program and Exceptional Family Member representatives. To contact FFSC, call DSN 314-624-4291 or commercial 39-095-56-4291.

Culture Shock

Culture shock is the term used to describe the reaction people experience when moving to a foreign country or when they are trying to function in an unfamiliar environment. For example, moving from the United States to Italy, or even relocating from the East coast to the West coast of the U.S. can be traumatic. It can cause intense discomfort, often accompanied by irritability, bitterness, resentment, marital stress, hostility toward host nationals and depression. These symptoms are not restricted to those people living in a different culture for an extended period of time. Even tourists feel vulnerable and isolated when first confronted by a customs officer who doesn't speak English.

There are distinct stages of adjustment, which virtually everyone goes through when experiencing a culture wholly alien.

Initial Euphoria

The honeymoon, everything new is intriguing and exciting.

Irritation

There are so many adjustments. The multiple demands coming within a short period of time cause frustration. Annoyance fills your day.

Adjustment

You begin to feel more comfortable in the culture, self-confidence increases, your sense of humor returns, and you realize the situation is not hopeless after all.

Adaptation

Individuals have adopted some of the customs, values and personal attitudes of the host country. A support system has developed and you become integrated into a new social network. Fortunately, culture shock is not a fatal disease. Dr. Robert Kohls, a cultural historian prescribes the following suggestions to minimize the impact of culture shock:



Know the host country

There are many resources available to you if you care to seek them out, i.e. library, FFSC, MWR, etc. Your efforts will pay off not only in giving you some background knowledge, but in the pleasure your host nationals will take in recognizing that you took the trouble to learn about them.

Have realistic expectations

The more you know about the host country, the more realistic your ideas will be of what you can and cannot accomplish. You'll be better prepared to deal with disappointment.

You can't possibly do everything right

Be patient and go easy on yourself and others. In other words, give yourself and those around you a little slack. Remember, this is a foreign environment.

Adjust your time schedule

Set your own pace and keep an open mind. Allow extra time for traffic and getting lost.

Don't compare yourself to the eagerly adventurous.

You may know someone who tears off each weekend, guide book in hand, and returns with enthusiastic descriptions of their discoveries. Don't feel guilty if your idea of enjoying the culture doesn't match theirs. Enjoy whatever pleasure suits you.

The FFSC offers a series of workshops to help ease your transition such as: ICR for newcomers and the "Amici" cultural exchange program.

As you become better acquainted with your host country and make the effort to get to know the people, your environment will seem less threatening. In spite of the difficulties, the experience offers personal growth, friendship and memories that will last a lifetime.

Italian Language

The Italian language is one of your greatest assets in making this tour fun and rewarding. Without it you are excluding the best avenues to an exhilarating experience. Nothing flatters people more than the knowledge that a foreigner has made an attempt to learn their language. Once you break down the language barrier, you will find a whole new world opens up, ready for your exploration.

You don't need to become a seasoned linguist to be understood. No matter how fractured your Italian, the host will be patient and appreciative of your attempts. You will be more successful in any situation — shopping, traveling, meeting neighbors — if you try to speak Italian. Although you will usually find someone who speaks English in the larger city shops, those who insist on always seeking out someone who speaks English not only will irritate and alienate, but will constantly feel insecure and frustrated.

Remember, too, that Italy was once a collection of city-states under separate rule, and dialects abound, often

sounding very different than the Italian you may learn in class. Although local expressions and pronunciations may be puzzling, Italian is the national language, and if you learn it, you will be understood. Language courses are available to those assigned to Sigonella, and tuition assistance may be available. Check in with the Navy College Office on arrival, and the staff can help you choose a course to fit your needs. Italian-owned schools of language and private tutors are also available in the Sigonella area.

A pocket dictionary or phrase book is a valuable tool even before your arrival, and a basic familiarity with words and phrases will make your transition into the local community much easier.

The Shopping Experience

Shopping in Italy is a bit different from shopping in the U.S. Permanent stores and the growing numbers of shopping centers are the same, but street markets can be different, and to use them, you need to become familiar with an Italian custom: bartering.

Bartering takes Americans some time to get used to. We are used to going to stores and paying whatever price is marked on the item. While that is true of Italian stores, in the markets - the strings of stalls set out in alleys or back streets - you can buy almost anything for any price you and the seller can agree upon. Food items and fruit and vegetable prices are not haggled over very much.

The buying and selling of items becomes much more involved, intricate and exciting. You and the vendor have to agree on a price. If you pay the price marked or the one the vendor first mentions, he or she will gladly take your money, but probably would have settled for less. One warning, though, if you offer a certain price and after haggling, the seller agrees to it, you are not legally bound, but by custom you are expected to pay the agreed price. If you don't really want it, don't keep bartering.



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Following is a list of shopping-related Italian words and phrases.

Shopping dictionary

Types of stores

Alimentari: Grocery.
Arredamento: Furnishings store.
Barbiere: Barber
Cartoleria: Stationery store.
Caseificio: Cheese store.
Elettrodomestici: Electric appliances shop.
Enoteca: Larger wine store.
Ferramenta: Hardware.
Frutta e Verdura: Fruit and vegetable stand.
Gioielleria: Jeweler.
Libreria: Book store.
Latticini: Dairy products.
Macelleria: Butcher shop.
Mobili: Furniture store.
Moda: "Fashion"; clothing store, usually for women's clothes.
Panetteria: Bakery.
Parrucchiere: Hairdresser.
Riparazione auto/gomme: Auto/ tire repair shop.
Salumeria: Delicatessen; a small grocery store usually with a deli case with cheeses and cold meats and salami.
Supermercato: A larger store, usually primarily a grocery, but some also include other items like a K-Mart or Wal-mart.
Vini, vini e olii: Wine store, wine and oil (and olives) store. Although less common, some have wine and oil in casks and olives in barrels, and you are expected to bring your own containers.

Shopping terms

For food terms, see dining section

Berretto: Cap.
Bicchiere: Glasses.
Borsa: Handbag, purse.
Cacciavite: Screwdriver.
Calze di nailon: Nylons.
Calzini: Socks.
Camicetta: Blouse.
Camicia: Shirt.
Cappello: Hat.
Cappotto: Coat.
Carta: Paper.
Casseruola: Pan.
Chiave: key, wrench.
Chiave a forcilla: crescent wrench.
Chiave inglese: "English wrench"; monkey wrench.
Chiodi: Nails.
Coltello: Knife.
Cucchiaio: Spoon.
Forchetta: Fork.
Giacca: Jacket.
Guanti: Gloves.
Lampada: Lamp.
Maglione: Sweater.
Martello: Hammer.
Padella: Frying pan.
Pantaloni: Pants.
Pentola: Pot.
Piattino: Saucer.
Piatto: Plate.
Sacco: Bag.
Scaffale: Bookcase, shelves.
Scarpe: Shoes
Tavola: Table.
Tazza: Cup.
Vite: Screw.

Generic terms/phrases

Many of these ideas are expressed by gestures, which are nearly impossible to reproduce in this book without extensive diagrams; ICR will teach you some, your sponsor may teach you more, and some you may pick up by watching Italian shoppers.

Quanto/quanto costa?: How much / how much does it cost
Vorrei: I would like
Un chilo: One Kilo
Due/tre, etc. chili: Two / three, etc. kilos
Mezzo chilo: Half kilo
Un/Due/tre etto: 100/200/300 grams
Troppo!: Too much!
Posso provare?: May I try it out/on?
Cerco: I am looking for
Aperto: Open
Chiuso: Closed
Quale?: Which?
Questo/a: This
Quelli/e: Those, These.
Poi?: Then? (i.e. what else?)
Basta, e' tutto: No more, that's all
Dite: Speak. A vendor may use this term to ask if you need help.
Piu': More
Meno: Less
Poco, pochi: A little bit, a few
Si: Yes
Va bene: OK; It's all right

Catania

NAS Sigonella has established a positive relationship with the nearest neighboring city of Catania. Many stationed here enjoy the opportunity to visit the city and

enjoy all it has to offer. From the beautiful baroque cathedral to the infamous fish market, Catania has something for just about everyone.

Shopping in Catania

The city of Catania has two main shopping areas: the historical center and the modern city. Near "Elephant Square," you can find the main shopping district along Via Etnea (Etnea Street), which is the heart of the historical center. On both sides of the street there are striking baroque buildings and churches, many of which have now been converted to stores of all kinds. Looming among the smaller stores, you will find two of the largest department stores in Catania, "La Rinascente" and "Coin" (similar to Macy's or Rich's). La Rinascente and Coin offer top of the line designer fashion accessories and dresses.

Most stores observe the riposo, which is a rest period usually from 1 p.m. to 4 p.m. Hours typically are Monday to Saturday from 0930-1330 and from 16:00-20:00 with the exception of Monday morning. During sale season (Winter - second week in January and Summer - second week in July) and Holiday season some of the stores are open continuously from 09:30 to 20:00.

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Via Auteri, 13 - Catania (behind the fish market)
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A woman inspects fresh tomatoes in one of Catania's many markets. Photo by Lyndsay Curtis

The shopping "strategy" in Italy is more oriented towards the little shops and Via Etnea has a variety of them; there are famous shoe stores (Bata, Ferro, Cantieri) as well as stores for elegant and casual dressing (Benetton, Sisley, Epoca) and comparable size stores (Elena Miro', Oltre, Ciao Magre, Fiorella Rubino, Persona).

The province of Catania has been growing lately as far as Malls, there are several malls in the area such as: "Etnapolis" in the nearby town of Belpasso, Sicilia Fashion Village on A19 Palermo-Catania highway, Dittaino exit. The malls are open continuously from 0900 to 2200 Monday – Sunday with the exception of Monday mornings.

There is another aspect of the Sicilian shopping tour, which is the most "genuine" because it is related to the Sicilian tradition. This is open-air market which operates daily in Catania. The "Market in Piazza Carlo Alberto" is located behind the statue of the musician Vincenzo Bellini in Piazza Stesicoro near the ruins of a Roman Amphitheater, which dates back to the second century. The market is divided into several sections: dresses, accessories and food with fresh fish, vegetables and beef. The characteristic of this market is the fact that is possible to bargain on the price. (Usually you can get up to a 30 percent discount, especially on dresses) This market is open Monday to Friday from 08:30 to 13:00, on Saturday continuously from 08:30 to 19:00 and Sunday when it turns into a Flea Market with antique-dealing stands until 13:00.

Another shopping area in Catania is Corso Italia. An elegant street located in the modern part of Catania

starting from Piazza Europa. Here it is possible to find: jewelry shops, casual dressing shops like Benetton, Sisley; Sportswear stores like Fila, baby stores like the famous Prenatal and elegant shoe stores especially in Via Monfalcone a crossroad of Corso Italia. The nearby town of Misterbianco offers wholesale stores selling shoes, dresses, toys and various accessories at very reasonable prices. There you can also find "Auchan," a Walmart-like store if you're feeling homesick.

Eating in Italy

A cultural experience

Dining out in Italy is a unique and pleasurable experience. This will probably be one of the first aspects of Italian culture that you will encounter. Your sponsor will almost certainly take you to his or her favorite spot. If they don't, ask them to do so.

Although many stateside restaurants advertise "real" Italian cooking, you'll soon realize that those establishments offer an Americanized version of traditional Italian fare. You will also find that there really is no such thing as "Italian food." Instead, there is a great variety of regional styles — cooking in Milan is different, in general, from that of Bologna, or Rome, or Sicily. Many Americans think that Neapolitan cooking is some of the best Italy has to offer, and of course any Neapolitan will swear it is true.

While generalizations are only approximately true, you will find that, in general, the cooking of the Sicily and Gaeta region features tomato-based sauces flavored

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Wine Tasting

with basil or oregano and the ever-present garlic, and that, like many other parts of Italy, seafood is a featured part of the cuisine.

Sicily offers several different types of eating establishments, but the distinctions are blurring as U.S.-based lifestyles permeate Europe. The following are some terms you may encounter and brief explanations:

Bar: Not a U.S.-style bar. Those places, usually hotels, that have U.S.-style bars will advertise “American bar.” While you can buy beer, brandy or other alcoholic beverages at Italian bars, the central feature is the espresso coffee machine. Sicilians visit bars throughout the day, but especially in the morning, when pastries are served with the coffee.

Pasticceria: Pastry shop, often connected to, or part of a bar. Such a sign usually means a wider selection of pastries available. Many serve foods other than pastries, such as sandwiches (“panini”). If “panini” is advertised on a sign, again, you could expect a larger selection. These are excellent places to get a quick, inexpensive snack or lunch. As in a bar, you pay first, and order second.

Tavola Calda: Literally, “hot table.” These are more elaborate than panini shops, featuring hot snacks made fresh each day, and you select what you want from a glass-enclosed display. Most have a few tables. More elaborate ones are similar to U.S. self-service cafeterias.

Rosticceria (Girarrosto): These shops sell rotisserie-cooked meats, most often whole chickens; sometimes advertised as a “polleria.” In Sicily many such shops border the streets and highways selling chickens that have been roasted on a spit and basted with oil flavored with such spices as sage, marjoram and oregano. (In Italian, a “something-extra” refers to a place that sells that particular item.) So, a “polleria” is a place that sells “pollo,” which means chicken. It’s a great source for an inexpensive and very tasty - if somewhat messy - lunch or dinner.

Ristorante: A restaurant offering a large-selection menu and full waiter service. These range from small and intimate to very large and ornate (and sometimes expensive).

Pizzeria: Just like America...it sells pizza. Pizza was invented in Italy, but they are different from the pizzas



Sicilian dishes often include a combination of pasta, meat, and fish, and are usually served in courses. Photos by Giuseppe Stimolo

served by Pizza Hut or Dominos. They are individually sized or no more than 10-12 inches in diameter and come covered in a wide variety of toppings. Most pizzerias also sell other foods, and many other types of eating-places also sell pizza. For example, a ristorante-pizzeria offers pizza as an alternative to its full restaurant selection.

Trattoria: With full waiter service, a smaller, usually family-run restaurant. The menu is more limited, the decor usually less ornate, and the prices usually lower than a full ristorante.

The Dining Experience

What can you expect of eating in an Italian restaurant? Great food served at a leisurely pace. Eating in an Italian restaurant is different than eating in one in the U.S. In addition to the foods available, there are also differences in customs and even in how the meal is arranged.

Is there a Starbucks nearby? No (well at least not yet). What you will find is there are two types of coffee;

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Mortadella is a popular meat served in paninis throughout Sicily. Photo by MR1 Gary Spence

neither is like American coffee. A “café” is an espresso; and cappuccino (strong coffee mixed with hot, foamy milk) are the most common. The proper conduct in a bar is to first approach the cashier, explain what you want and pay for it. Of course, you can look at what is offered before you go to the cashier. Then, take the receipt to the counter and order, leaving a small tip (about 10 – 20 euros cents) with your receipt.

Most Italians remain standing while eating and drinking in a bar. Many bars will have tables and chairs, but if you sit down, you are indicating that you want waiter service and are willing to pay the extra charge (as much as double) for that service. If you do get the waiter service, you should also leave a small tip for the waiter above the cost of food and drink.

The Italian Meal

This section applies more to the sit-down, waiter-service restaurants. Eating in an Italian restaurant is different than in the United States. Quite apart from the differences in foods, there are also differences in customs and even in how the meal is arranged.

Generally the attitude in an Italian restaurant is that the table you occupy is yours for as long as you want — until closing if you desire. There is no sense of being hurried through a meal so someone else can use the table.

Also, mealtime in Italy is a social time, and diners take their time between courses to converse. To be a waiter in Italy is to be part of a respected profession. So, the waiters take pride in providing good service. However, they also respect the (expected) wishes of their clients and will not intrude on the socializing.

For some Americans, all these things combine give the impression that the service is bad. The waiters don't hang around your table, asking

if everything is okay; you have to catch their eye to tell them you are ready to order another course, or need more bread, or want the check. The service usually isn't bad; it's just different, and keyed to the Italian pace of life.

Restaurants are very willing to have and serve children, and you are likely to see several families eating when you are there. Most restaurants will bring extra plates so you can share your meal with your small children. Also, if you ask them, most are willing to serve the children “mignon” (small) portions or mezza porzione (half portion).

In addition to the charges for the food and drinks, your bill (il conto) will usually include a “coperto,” which is a cover charge for linen, dishwashing, bread, etc.; as well as the “servizio,” which is the charge for service. This usually runs 10-15 percent. If you've received good service, it is also customary to add another few percent as an additional tip for the service. However, some places do NOT include servizio on the bill, so you need to check.

Mealtimes in Italy are later than most Americans are used to. Lunch rarely starts before 1 p.m., and 8 p.m. is the normal operating time for restaurants to serve dinner. It is not uncommon for an Italian family in a restaurant to start dining at 9:30 p.m. and leave the restaurant at 11:30 p.m. or later.

The meal is also arranged in courses — things don't arrive at once. The basic courses and order they arrive in are (you can skip courses, or stop after only a couple): antipasto (appetizer), pasta, secondo (meat or fish - the main dish), vegetables and/or salad, fruit and/or cheese, dolci (dessert) and coffee and/or liqueurs. Wine, water and bread are available throughout the meal.

Many Americans order only the antipasto and pasta, and possibly a secondo. A main dish is only that — the food you ordered. If you order veal, for example, you'll get a plate of veal. You won't get a salad or potato or other vegetable; those you have to order separately.

Pasta dishes are usually described with two terms - the first describes the shape or style of the noodles and the second describes the sauce or way of preparing it. For example, the tomato and meat sauce most Americans

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ANTIPASTI (APPETIZERS)

Antipasti Italiani/Misti/Assortiti: A plate of mixed items; usually includes several vegetables like zucchini, eggplant, etc. marinated, grilled or fried. It also usually includes olives, and small pieces of cheese.

Bruschetta: Slice of bread oven-toasted with a topping of fresh diced tomatoes, garlic, oregano and other spices and a dash of olive oil.

Caprese/Insalata caprese: “In the Capri style.” Most often a salad with slices

of fresh tomato layered with slices of mozzarella di bufala and topped with spices and olive oil.

Crocchette: Breaded and fried mashed-potato dumplings.

Insalata di pesce/di frutti di mare: A seafood salad containing boiled squid, octopus, mussels, clams, etc., usually served cold with a vinegrette sauce.

Mozzarella: A soft, white cheese. It usually means “mozzarella di bufala”, not the kind we are used to on pizzas in the U.S.

Pizzetta: Small fried light-dough dump-

lings, flavored with a variety of spices and sometimes filled.

Prosciutto: Ham. When used alone, the word means thinly-sliced raw-cured raw ham. A delicacy. When a distinction is made between it and other varieties, it is called prosciutto crudo. Smoke-cured is prosciutto affumicato and cooked is called prosciutto cotto.

Prosciutto e melone: Sliced ham and fresh melon.

Prosciutto e mozzarella: Sliced ham and fresh white cheese.

Seafood: Many types of shellfish also are available as antipasti.

PASTA DISHES, RICE DISHES (PASTA, RISOTTO)

Cannelloni: Cylinders of pasta, stuffed and baked.

Fusilli: Long, spiral-shaped twisted pasta.

Gnocchi: Small dumplings, in the Naples region made of potato flour; in other areas they are shaped similarly but made of pasta dough.

Lasagne: Flat, very wide noodles. Almost identical to lasagna noodles found in the U.S.

Orecchiette: Small, ear-shaped.

Penne: Short tubes, cut on the slant to resemble quill pens.

Ravioli: Small squares of pasta, stuffed with various items.

Tortellini: Small round pastas, filled and twisted into a doughnut shape.

FISH, SHELLFISH (PESCE, FRUTTI DI MARE)

Acciughe: Anchovies.

Alici: An anchovy-like fish, usually served marinated as an appetizer.

Anguilla: Eel.

Aragosta: Spiny lobster.

Astice: Maine lobsters.

Baccala: Dried salt-cod.

Bianchetti: Very small sardine-like fish, usually deep-fried.

Branzino: Seabass.

Calamari/calamaretti: Squid/baby squid.

Carpa: Fresh-water carp.

Cefalo: Mullet.

Cernia: A sea fish.

Cozze: Mussels, also sometimes called

Moscoli, Muscoli or Mitilo.

Dentice: Seabream.

Gamberi: Large shrimp. Also applied to small rock lobsters and sometimes to fresh-water crayfish. Usually you’ll get something resembling a prawn.

Gamberetti: Very small shrimp.

Gamberoni: Large prawns.

Granchio: Most common term for crab.

Merluzzo: Cod.

Nasello: Hake.

Orata: A fish similar to bream.

Ostriche: Oysters.

Pesce Persico: Fresh-water perch.

Pesce San Pietro: John Dory fish.

Pesce Spada: Swordfish.

Polipo: Usually means octopus, sometimes small squid.

Polpo: Octopus.

Ricci: Sea urchins.

Rombo: Turbot.

Salmone: Salmon.

Sarago: A small sea fish, resembling bluegill.

Scampi: Large prawns, sometimes means rock lobster.

Seppia: Cuttlefish, similar to squid.

Sgombro: Mackerel.

Sogliola: Sole.

Spiedino Mare: Mixed fish and seafood on a skewer.

Spigola: Sea bass, grouper.

Tartufi di Mare: Sea truffles, a small clam.

Tonno: Tuna.

Totani: Small cuttlefish.

Triglie: Red mullet.

Vongole: Clams.

MEAT AND GAME (CARNE E CACCIAGIONE)

Affettati: Cold cuts.

Agnello: Lamb

Arista: Loin of pork.

Bistecca: Steak.

Capocollo: Smoked salt pork.

Capretto: Kid (young goat).

Coniglio: Rabbit.

Filetto: Filet.

Lepre: Hare.

Lombata: Loin.

Lonza: Loin, usually pork.

Lumache: Snails.

Maiale: Pork.

Manzo: Beef.

Pancetta: Bacon.

Pollo: Chicken.

Polpetta: Meat balls.

Porchetta: Young pork;

mature pork is maiale.

Prosciutto: Ham.

Quaglie: Quail.

Rane: Frogs, frog legs.

Salsa: Sauce.

Salsicce: Fresh sausages.

Saltimbocca: “Leaps into the mouth”, thin slices of spiced veal.

Scaloppine: Thin slices of boneless meat, usually veal.

Tacchino: Turkey.

Trippa: Tripe.

Vitello: Veal.

HERBS AND SPICES, ETC. (ERBE E SPEZIE)

Aglio: Garlic.

Basilico: Basil.

Cannella: Cinnamon.

Chiodi di Garofano: Cloves.

Erba Cipollina: Chives.

Lauro: Bayleaf.

Maggiorana: Marjoram.

Menta: Mint.

Noce Moscata: Nutmeg.

Origano: Oregano.

Pepe: Pepper.

Peperoncino: Chili pepper.

Rafano: Horseradish.

Sale: Salt.

Salvia: Sage.

Senape/Mostarda: Mustard.

Timo: Thyme.

DESSERTS (DOLCI)

Cannoli: Pastry tubes filled with sweetened ricotta cheese mixed with cocoa and candied fruit.

Cassata Gelata: Ice cream with candied fruits and nuts.

Crema Caramel: Creme caramel; a custard topped with a caramelized sugar sauce.

Gelato: Ice cream.

Granita: Finely-shaved ice with fruit syrups. Thinner consistency than a snow-cone.

Meringa: Meringue shells.

Millefoglie: “Thousand leaves.” A Napoleon; many very thin layers of pastry with custard filling, topped with powdered sugar.

Profiterole/a Cioccolata: Small cream-filled pastry puffs topped with chocolate sauce and sometimes also whipped cream.

Sorbetto: Sherbet.

Tartufi/di Cioccolata: Truffles; little candy balls made of a chocolate, coffee and egg mixture, served cold; also an ice cream dessert resembling a truffle in shape.

Torta: A widely-applied term referring to cakes and tortes of all types.

Zabaglione: A custard dessert, flavored with white or Marsala wine.

Zuppa Inglese: “English Soup.” What the British call trifle.

GENERAL RESTAURANT TERMS

Acqua: water	Ho fame: I'm hungry	Piccante: spicy
Affogato: poached	Al Forno: Baked	Pollo: Chicken
Affumicato: smoked	Farcito: Stuffed	Posso avere il conto?: May I have the check?
Arrosto: roasted	Freddo: Cold	Pranzo: Lunch
Il bagno per signore: the ladies room	Fritto: Fried, usually deep-fried	Il Prezzo: The price
Il bagno per signori: the men's room	Frizzante: Carbonated	Prosciutto: Ham
Ben cotto: Well done	Grazie: Thank you	Media cottura: Medium rare
Bianco: White (as in white wine)	Alla Griglia: Grilled	Quanto costa?: How much does it cost?
Birra: Beer	Latte: Milk	La ricevuta: The receipt
Bollito: Boiled	Menu del giorno: menu for the day	Ristorante: Restaurant
Burro: Butter	Manzo: beef	Rosso: Red (as in wine)
Agnello: Lamb	Marinato: Marinated	Sangue: Blood
Alla brace: cooked over live coals	Mi scusi: Excuse Me	Si: Yes
Caffe': Coffee (espresso)	Naturale: Natural	Soffrito: Sauteed
Caldo: Hot	No: No	Spiedo: Skewered
Il Cameriere: The waiter	Pane: Bread	Tritata: Ground (as in meat)
Cena: Dinner	Passato: Pureed	Uova: Eggs
Con Crema: With custard, milk etc.	Per favore: Please	Vitello: Veal
Cotto: cooked	Pesce: Fish	Vino: wine
Crudo: raw	A piacere: of your choice	Vorrei: I would like
Fame: hunger	Pieno, ripieno: stuffed	

call spaghetti is called "spaghetti bolognese" - spaghetti in the style of Bologna. Sometimes the word "al" or "alla" is listed between the two; e. g. spaghetti alla bolognese. Pasta is generally either boiled and topped, or baked with various ingredients. Italians cook their pastas "al dente" ("to the tooth"), cooking it shorter times than most Americans. This gives the pasta a firm texture.

Nearly every restaurant makes their sauces a little differently than other restaurants. There are also regional differences, so these terms should be used as general guides to what you may actually get. Also, most places have a house specialty ("della casa"), which is usually worth trying, but you may have to ask what is in it (for example, if you are allergic to shellfish, you would certainly want to know if the house specialty has seafood in it). The sauces are in a variety of consistencies, some very rich and heavy, others delicate and thin. Italian cooks have experimented for centuries with the sauces that go well with which pasta shapes. For example, a thin sauce with shellfish will be served with spaghetti or linguini, while heavier sauces will be served with fettuccine or tagliatelle.

Pizzas in Italy have thin crunchy crusts and, because

they are usually cooked in a stone oven with wood coals, the edges and bottoms are sometimes scorched in places. The toppings tend to be thinner and usually have olive oil on them. So, the flavor is not quite the same as U.S.-style pizza, but many Americans (and other nationalities) enjoy.

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The Love of Pizza

Most pizzas come flat, about plate-sized. There is one version, however, called “calzone” which is a pizza folded over the topping and then baked or fried, to make a kind of pizza sandwich.

There are many different kinds of toppings with many different names, so you may have to ask what toppings a particular pizza actually has on it.

In addition to the charges for the food and drinks, your bill (il conto) will usually include a “coperto,” which is a cover charge for linen, dishwashing, bread, etc.; as well as the “servizio,” which is the charge for service. This usually runs 10 to 15 percent. If you’ve received good service, it is also customary to add an additional tip for the service. However, some places do not include servizio on the bill, so you need to check.

Public Transportation

Catania has a highly developed and fairly efficient public transportation system, encompassing buses, subway, trains, distance trains, taxis, ferries, hydrofoils and airplanes.

There are also suburban and long-distance services, but these generally do not run as often or have such dense concentration. As many Americans live in the base housing, public transportation is not usually a viable home-to-work option. Rather, public transportation is most useful for off-duty recreational travel.



There are many wonderful dishes to discover and taste throughout Sicily. Some places even offer cooking classes to teach you the secrets behind this island's wonderful cuisine! Photo by Jackie Trembath

Buses

There are two bus companies (AST and ETNA) that serve Sigonella from and to Catania.

Buses from AST pick up outside of NAS II and Marinai.

Both bus schedules can be found at the FFSC front desk.

Buses for other destinations on the Island and Mainland leave from Catania main Bus station (Piazza Giovanni XXIII). Use the following web-sites for timetables.

AST www.aziendasicilianatrasporti.it

INTERBUS www.interbus.it

SAIS www.saistrasporti.it

ETNA www.etnatrasporti.it

Short & long-distance Trains

Trains depart from Catania, Piazza Giovanni XXIII (Train/bus station), to different destinations around Sicily and mainland Italy. The official website where you can look up time-tables and prices is www.trenitalia.it.

** Remember to validate the ticket before getting on the train. To validate the ticket look for the yellow boxes located on the wall near the tracks.

Taxis

A Taxi from Catania to NAS I or NAS 2 will cost approximately 40.00 to 50,00 EURO. It's always wise to agree on the price “*Quanto costa la corsa per Sigonella?*”

and have driver write it down for clarity “*Me lo può scrivere per favore?*”

Ferries and Hydrofoils

From Catania there is a ferry that departs every night for Naples, www.tttlines.it

From Messina to Villa San Giovanni (mainland) there is Caronte & Tourist www.carontetourist.it & Bluvia ferries.

Parking information

In most cities you will find parking spaces with blue lines, that means that you need a parking pass (SCHEDA PER IL PARCHEGGIO). Parking passes can be purchased at tabacco stores and news stands; there are hourly, daily, half day ticket valid from 08:30 to 13:00 and from 15:30 to 20:00 Monday through Saturday.

White parking lines are free and yellow are designated spots for disable and taxis.

Sicilian Sights

So much so near

There is an abundance of breathtaking sights and warm-hearted, generous citizens throughout Sicily. During your tour at Sigonella, you really should take advantage of every opportunity to travel. A wealth of history awaits you. Many notable destinations are less than an hour away by car, making an excursion after working hours both feasible and enjoyable. You can also explore the island by bus, train or organized tours offered by MWR or local tourist agents. It has been said that 70 percent of the world's art is in Italy-this just gives you some indication of the scope of the task to describe everything. Add to that the incredible wealth of Greek and Roman history, plus the history of the rest of Europe, and it becomes overwhelming. Those who travel and explore, enjoy Sicily the most. Listed here are several of the most popular destinations in Sicily:

Agrigento: This ancient city houses the ruins of more than 20 Greek temples, some in remarkably good condition. The international festival of the almond blossom tree is held every February. The Valley of Temples is a must-see during your tour.

Catania: From a beautiful baroque cathedral to the infamous fish market, Catania has something for just about everyone.

Cefalu': Cefalu', which dates back to the 9th century B.C., has long been considered the pearl of the northern

coast due to its beautiful, inviting beaches and picturesque old town. In the summer, Cefalu welcomes many visiting yachts. But it is best known for its cathedral, which is one of the best-preserved examples of Norman church architecture in Italy.

Messina: The province contains many ruins and monuments of exceptional historic, artistic, and archeological interest. Be sure to witness the “performance” by the astronomical clock at noon when all the statues move, the lion roars three times and the cock crows and flaps his wings. Then, a dove flies as the church of Montalio appears. Slowly and majestically, angels file past the Madonna, one handing her a letter while another takes it back, and the Virgin blesses them.

Mount Etna: Mount Etna is one of the world's major active volcanoes and the largest in Europe (reaching more than 11,000 feet). It is a magnificent sight, particularly in winter and spring when snow blankets the top and dense vegetation covers the bottom. On the northern slope, three ski lifts and a national skiing school operate during the ski season.

Palermo: Palermo, Sicily's largest city, is one of the richest in art and history; every period has left traces. It is a city of varied architectural influences: Phoenician in origin; Roman in the mosaics of Villa Bonanno; Arabic in some churches which were once mosques; French for the Hautville Dynasty, which left wonderful monuments; German for the Hohenstaufen tombs in the cathedral; Spanish in the names of some of its streets and piazzas, and for architecture recalling three centuries of rule by viceroys; and finally, Angelin and Bourbon recalling other periods of French domination.

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Siracusa: According to Cicero, Siracusa was the finest and largest of all Greek cities and is now one of the most attractive towns in Sicily, with beautiful surrounding scenery and important ruins of the ancient past. Main attractions include the Greek theater, catacombs, stone quarries, and many ancient monuments.

Taormina: Taormina is a vision of beauty that stimulates the eyes, spirit and imagination. The Greek theater, built in the third century B.C., commands one of the world's most beautiful views. The town itself is built high above the famous coast of Taormina which thousands of tourists from all over Europe visit in the summertime. Naxos, a small town near Taormina, was the first Greek colony in Sicily, built in 737 B.C.

The Trinacria: The original Greek name for the island of Sicily was Trinacria (Tre-three, Nacria-promontory) meaning the land of the three promontories. The island had already acquired this name and was referred to as such in Ulysses Travels.

From Homeric times, Sicily was characterized by its triangular shape. These angles are considered to be Capo Peloro at Messina in the northeast, Cape Correnti in the southeast, and Capo Lillibeo at Marsala on the west coast.

In the symbol's centers is the head of a Gorgon. In Greek mythology, the Gorgon represented three monstrous females with huge teeth, brazen claws, snakes for hair; the sight of whom turned beholders into stone. Medusa was the best known of the three mythological Gorgon, who personified the terrors of the sea.

The Trinacria is represented as a Medusa-like woman with three legs in a running position. The three legs point in the direction of Sicily's three angles, since the island is said to "rest on three legs." The three-legged symbol was undoubtedly derived from the ancient Greeks in the eighth century B.C. when they colonized the island. Legend says that when Perseus, the son of Jupiter, approached Medusa while she slept, and taking care not to look at her, cut off her head and gave it to Minerva, who fixed it in the middle of her Aegis: the shield or breast plate of Jupiter made by Vulcan on the island of Vulcano (one of the Aeolian isles). It became the characteristic attribute of Minerva, and the symbol of the island of Sicily.

NAS Sigonella Command Religious Program

The Religious Ministries Department is comprised of a team of dedicated professionals committed to carrying out the Command Religious Program and building the spiritual readiness of the NAS Sigonella community. We accomplish our mission by providing a diversity of meaningful worship and sacramental services, through pastoral care and counseling, and through education and growth opportunities. Our ministry is augmented through the full-time services of Military Community Youth Ministries, which serves middle and high school youth. CREDO also employs a full-time contractor at NASSIG, who offers multiple weekend retreats and weekday workshops. For a complete listing of scheduled worship services and programs, please contact us for a brochure.

Many volunteer opportunities exist within the chapel community. Teaching a class, serving on a community relations team, or in a wide variety of existing ministry positions are just a few of the ways to get involved within the life of the community.

Our chapels and office spaces are conveniently located on both NAS 1 (Bldg 317) and NAS 2 (Bldg 742). Please stop by for a visit when you are in the area or contact us at DSN 624-3975 or via email at M-SI-CHAPLAIN-MANAGERS-GS@OCONUS.NAVY.MIL.

The Navy-Marine Corps Relief Society

Since 1904, the Navy-Marine Corps Relief Society has provided need-based financial assistance for Sailors, Marines and their families. Last year, more than 60,000 Shipmates, fellow Marines and their families received almost \$49 million in financial assistance. Sometimes our brothers and sisters in arms need help. Your donation comes to their rescue – and ensures the Society will always be here for the people in need. Maybe even you. The Society is a non-profit, charitable organization whose programs are funded by charitable donations. We do not receive funding from the Department of Defense.

Location: NAS 1 Administration Building (Building 319) – Above FFSC Monday - Friday 9 a.m. to 3 p.m.


Who We Serve: Active duty and retired Navy and Marine Corps personnel and their eligible family members.

What We Offer:

- Interest-free loans and grants for emergency and unexpected financial needs

- Budget counseling and financial education to help you create and manage a monthly budget and save for future expenses.

- Free in-home visits by a registered nurse to provide health education, baby wellness check-ups and address other health issues.



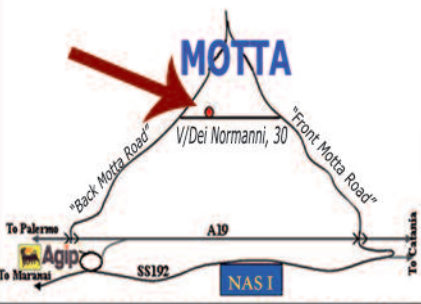
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MOTTA

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- Free in-home visits by a registered nurse to veterans and their family members who have been affected by combat service

- Budget for Baby workshops to help expectant parents prepare for the arrival of a new family member. Attendees receive a free Junior Sea Bag with \$8- worth of baby items.

- Thrift Shop offering gently-used uniform items, clothing and household items at very low prices.

- No-Interest Quick Assist Loans are available to eligible active duty Sailors and Marines to meet financial needs.

- Financial assistance for food, shelter and transportation to aid evacuation or recovery from a natural disaster.

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- Budget for Baby Instructors
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Substance Programs

Who are services provided to?

Substance Abuse Rehabilitation Program (SARP) services are offered to all active duty personnel, retired personnel, federal employees under the provisions of the Civilian Employee Assistance Program (CEAP) and family members that are above the age of 18. Adolescents desiring services should be referred to the Adolescent Substance Abuse Counselor at the Stephen Decatur School.

Overall SARP Services

SARP provides services to improve the health and wellness of all beneficiaries whose lives are adversely affected by substance abuse. Such services are:

Screening- A determination of whether or not a problem exists.

Level .05: IMPACT- An educational intervention for individuals that display significant risk factors but do not meet criteria for an Alcohol-Related Disorder.

Level I: Outpatient Treatment- For individuals that

have met criteria for a Mild Alcohol Use Disorder. It focuses on behavior modification and responsible decision making.

Level II: Intensive Outpatient- For individuals that have met criteria for either a Mild or Moderate Alcohol Use Disorder. Treatment focuses on having individuals apply their newly acquired knowledge and skills within "real world" environments.

Level III: Inpatient Treatment- For individuals that have met criteria for Moderate or Severe Alcohol Use Disorder and require a live-in setting in order to develop their recovery skills.

After Care - Upon completion of treatment individuals graduating from Levels I, II, & III will transfer into 12 months of Continuing Care.

Here at SARP Sigonella we conduct screenings, IMPACT, one on one counseling sessions, weekly after care groups, and coordination to higher levels of care. Level I treatment and higher is conducted outside of Sicily. Upon request, SARP can provide education in form of General Military Training, Safety Stand-downs, Sig Safe, or command training.

Community information

Personnel can be referred to SARP by their Command, Medical, Self-Referral or by Fleet and Family Service Center. Whichever referral, all active duty personnel will liaison with their Command DAPA to schedule an appointment. SARP can be reached by phone at DSN 624-6092 or by e-mail sarp_sig.mil@mail.mil. SARP hours are 8 A.M. to 4 P.M. Monday through Friday and is located on NAS II in the Flight Line Clinic on the second floor.

<p><u>Services</u></p> <p>WORSHIP* Sunday 11:00am</p> <p>BIBLE STUDY* Wednesday 6:30pm</p> <p><small>* Youth Ministry open for nursery, youth & teens.</small></p>	<p><u>Ministries & Groups</u></p> <p>Leadership Training Outreach Ministry Men's Fellowship Women's Fellowship Singles' Fellowship Young Adult Fellowship Teen Group</p> <p>Located ½ mile from NAS 1 front gate.</p> <p><u>Directions:</u> From NAS 1, turn right onto SS 192. Pass 205 Housing Gate. At double white gate, turn left into NHCC parking lot on SS 192.</p>
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SIGONELLA BASE COMMUNICATIONS OFFICE

PACKAGE 1 TELEPHONE

- Telephone Activation: FREE
- Telephone Monthly: \$2.14
- * Local calls are 3 cents per minute
- * Calls to US are 4 cents per minute

PACKAGE 2 TELEPHONE & ADSL

- Telephone Activation: FREE
- Telephone Monthly: \$2.14
- ADSL Activation: \$70.00
- ADSL Monthly Charges: \$50.00
- Total Monthly Charges: \$52.14**

PACKAGE 3 TELEPHONE, ADSL, & BASIC IPTV

- Activation: \$62.00 (for only 1 box)
- Additional boxes are \$34.00 each*
- Monthly: \$18.00
- Additional box is \$5.00 each per Month*

Total for	Activation	Monthly
1 Box	\$62.00	\$18.00
2 Boxes	\$96.00	\$23.00
3 Boxes	\$130.00	\$28.00

TOTALS ARE FOR IPTV ONLY.
PHONE AND ADSL ARE ADDITIONAL

PACKAGE 4 TELEPHONE, ADSL, & PREMIUM IPTV

- Activation: \$62.00 (for only 1 box)
- Additional boxes are \$34.00 each*
- Monthly: \$53.00
- Additional box is \$5.00 each per Month*

Total for	Activation	Monthly
1 Box	\$62.00	\$53.00
2 Boxes	\$96.00	\$58.00
3 Boxes	\$130.00	\$63.00

TOTALS ARE FOR IPTV ONLY.
PHONE AND ADSL ARE ADDITIONAL

* NOTE — Additional boxes are only permitted in Marinai housing with a limit of 3 boxes total

To activate any service please visit the BCO at Building 465 (Next to NAS 2 Fire Dept) or call to set up an appointment. 624-5562

SIGONELLA BASE COMMUNICATIONS OFFICE

NAS 2 Building 465
business hours:
Mon-Fri 0800-1500

Phone: 624-5562

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At the New COMMUNITY CENTER 

@ Marinai Residence 

Base Communication Office Services

NAVCOMTELSTA SICILY is the Activity Providing Base Communication Services at NAS Sigonella to include personal telephone, Internet(ADSL) and IPTV communication services in on base living quarters. The Base Communication Office is located on NAS 2 in building 465.

This information sheet is provided to facilitate new arrivals in the use of the phone system:

COMMERCIAL DIALING INFORMATION

- Within Italy to:
 - NAS I 095-56-XXXX
 - NAS II / MARINAI/NRTF Niscemi/ Augusta pier site 095-86-XXXX
 - Trouble Desk working hours 08:00/16:00 095-86-5561
 - Trouble Desk after working hours 16:00/08:00 095-86-5553
 - Auto Attendant Directory Assistance 095-86-1110
 - BASE AMBULANCE; FIRE; POLICE 095-86-1911
- From within Europe but outside of Italy To:
 - NAS I 0039-095-56-XXXX
 - NAS II / MARINAI/NRTF Niscemi/ Augusta pier site 0039-095-86-XXXX
 - Trouble Desk working hours 08:00/16:00 0039-095-86-5561
 - Trouble Desk after working hours 16:00/08:00 0039-095-86-5553
 - Auto Attendant Directory Assistance 0039-095-86-1110
 - BASE AMBULANCE; FIRE; POLICE . . .0039-095-86-1911 or 00-39-095-56-1911
- From CONUS To:
 - NAS I 011-39-095-56-XXXX
 - NAS II / MARINAI/NRTF Niscemi/ Augusta pier site 011-39-095-86-XXXX
 - Trouble Desk working hours 08:00/16:00 011-39-095-86-5561
 - Trouble Desk after working hours 16:00/08:00 011-39-095-86-5553
 - Auto Attendant Directory Assistance 011-39-095-86-1110
 - BASE AMBULANCE; FIRE; POLICE . 011-39-095-86-1911 or 011-39-095-56-1911

DSN DIALING INFORMATION

- Within Italy to:
 - NAS I/ NAS II / MARINAI/NRTF Niscemi/ Augusta pier site 624-XXXX
 - Trouble Desk working hours 08:00/16:00 624-5561
 - Trouble Desk after working hours 16:00/08:00 624-5553
 - Auto Attendant Directory Assistance 624-1110
 - BASE AMBULANCE; FIRE; POLICE 911
- From within Europe but outside of Italy to:
 - NAS I/ NAS II / MARINAI/NRTF Niscemi/ Augusta pier site 624-XXXX
 - Trouble Desk working hours 08:00/16:00 624-5561
 - Trouble Desk after working hours 16:00/08:00 624-5553
 - Auto Attendant Directory Assistance 624-1110
 - BASE AMBULANCE; FIRE; POLICE 624-1911
- From CONUS to:
 - NAS I/ NAS II / MARINAI/NRTF Niscemi/ Augusta pier site . . . 314- 624-XXXX
 - Trouble Desk working hours 08:00/16:00 314-624-5561
 - Trouble Desk after working hours 16:00/08:00 314-624-5553
 - Auto Attendant Directory Assistance 314-624-1110
 - BASE AMBULANCE; FIRE; POLICE 314-624-1911

NATO CORE NETWORK (NCN) DIALING INFORMATION

- From Sigonella to NCN 606-640-XXXX / 606-433-XXXX or 606-238-XXXX
- For NATO numbers longer than 10 digits 604-425-5437
- DSN Operator for NATO 312-560-1110
- From NCN to DSN 90-01-314-624-XXXX or 60-01-314-624-XXXX

PERSONAL COMMUNICATION INFORMATION

The BCO provides telephone service, high-speed ADSL service and IPTV for on-base living quarters. Activation of telephone service is within one workday upon establishing a Service Agreement with BCO. ADSL and IPTV service activation is within three workdays. The BCO Intranet page also contains a current addition of the base telephone directory and additional base communications information and may be accessed from within the base ONE-NET network at <http://88.45.220.71/>.

QUICK REFERENCE

EMERGENCY NUMBERS: SECURITY, FIRE, & AMBULANCE

- ON-BASE:	911
- OFF-BASE:	095-86-1911
AMERICAN RED CROSS	624-4900/4479
ASSISTANT COMMAND DUTY OFFICER (NASSIG):	335-130-5139
CACO	624-2071 / 335-642-8275
CACO ASST	624-6880 / 335-578-9876
CARABINIERI - NAS I	624-4223
NAS II	624-5266
CHAPLAIN	624-3975/9049
CHAPLAIN DUTY	335-531-4493
COMMAND DUTY OFFICER (NASSIG):	335-130-5136
COMMAND MANAGED EQUAL OPPORTUNITY (CMEO): MILITARY	624-9445 / 624-2730 / 335-193-8776
DAPA	624-5287
EMERGENCY OPERATIONS CENTER (EOC):	624-81839/1840
FAMILY HOUSING ECONOMY EMERGENCY ON CALL	335-739-1579
FAMILY HOUSING ECONOMY EMERGENCY ON CALL	335-830-8222
NMCRS:	624-4212
NMCRS – AFTER-HOURS EMERGENCIES CALL EDO PERSONNEL	335-740-6007
OMBUDSMAN (NASSIG)	624-1382/624-1259/335-580-1269
PUBLIC AFFAIRS OFFICER	624-6986/335-831-4474
PUBLIC WORKS AFTER HOURS EMERGENCY SERVICES	624-5354/335-769-4280
SAPR HOTLINE	335-642-8312
- DOD SAFE HELPLINE	001-877-995-5247
SECURITY MANAGER	624-5768

EMERGENCY SPECIAL SERVICE NUMBERS

QUARTERDECKS OR DUTY OFFICES	
AIMD QUARTERDECK	624-5432
AIMD AFTER HOURS	
- CDO	335-654-5477
- ACDO	335-184-0993
COMMUNICATIONS WATCH OFFICER (CWO – NAVCOMTELSTA)	624-5553
DEFENSE COURIER STATION AFTER HOURS DUTY COURIER	335-606-0293
DEFENSE DISTRIBUTION DEPOT (DDSI) After Hours	624-5752
EXECUTIVE TRANSPORT DETACHMENT (ETD)	
OPERATIONS DUTY OFFICER	335-128-1528
NAVSUP FLCSI LOGISTICS SUPPORT CENTER DUTY PHONE	335-735-4963
HOSPITAL DUTY/QUARTERDECK	624-3842
CNE DET MAST DDO	335-740-6001
NAVY MUNITIONS COMMAND DET SIGONELLA QUARTERDECK	624-2119/5822
OPERATIONS DUTY OFFICER	335-579-0404
SAFETY AFTER HOURS	335-747-5013
SECURITY – NAS 1 GATE	624-4201
- MARINAI GATE	624-1768
- NAS II GATE	624-5266
VR Liaison 24hr Duty Number	335-723-5883

A

ADMIN (NASSIG) MAIN LINE	624-5550
ADMIN (NASSIG) DUTY YEOMAN:	334-697-0644
ADMIN CHIEF (OPERATIONS)	624-2211
ADMIN OFF/MEDEX DIVISION/SCHEDULES OFFICER/CTRL OPERATIONS	624-6352
AMERICAN FORCES NETWORK (AFN)	624-4265
AMC – AIRCRAFT MAINTENANCE	624-5389

AMC – TERMINAL SIGONELLA	624-5576
- MILDENHALL	238-2248
- NAPLES	626-5283
- RAMSTEIN	480-5996/5463
- ROTA	727-3000
SHELL TRAVEL AGENCY	624-4388
AIR TRAFFIC CONTROL (ATC)	
- ATC ADMIN OPERATIONS	624-2729
- ATC BASE OPERATIONS	624-2908/5513
- ATC FAX OPERATIONS	624-6008
- ATC LEADING CHIEF PETTY OFFICER	624-2730
- ATCFO Operations	624-2532

B

BASE EDUCATION AND TRAINING	
- ADMIN	624-0521/0508/4696
- INDOC	624-4231
BIG AL'S	624-2455

C

C9/C40 MAINTENANCE CONTROL VR	624-2025
C130 MAINTENANCE CONTROL VR	624-2636
CBRNE	624-5894
CENTRAL TEXAS COLLEGE	624-4306
CHAPEL (RELIGIOUS MINISTRIES DEPT)	624-3975/9049
CNE DET MAST (JMAST) EUROPE ADMIN	624-5804
COMMAND CAREER COUNSELOR (NASSIG)	624-5587/5439/5924
COMMAND EVALUATION AND REVIEW	624-6145/6148/2714/2716
COMMERCIAL BILL PAY BUSINESS FINANCIAL MANAGEMENT	624-2567
• COMBINED TASK FORCE (CTF) 67	
- ADMIN	624-5123/5129/5362
- BATTLE WATCH CAPTAIN/WATCH FLOOR	624-5120/5121
- CHIEF STAFF OFFICER	624-5128
- COMMAND CAREER COUNSELOR	624-5236
- EXECUTIVE SECRETARY	624-2967
- SENIOR ENLISTED ADVISOR	624-5116

D

DEFENSE COURIER STATION SIGONELLA	
- ADMIN	624-5328
- AFTER HOURS DUTY	335-606-0293
- COMMANDER	624-5329
- OPERATIONS	624-5958
- SUPERINTENDENT	624-6350
DEFENSE ENERGY SUPPORT CENTER – EUROPE/AFRICA (DESC-EA-SI)	624-5790
DETMO BUS TRANSPORTATION OFFICE SIGONELLA SCHOOLS	624-3244
DISA COORDINATOR	624-5340
• DLA DISTRIBUTION SIGONELLA	
- ADMIN	624-9453
- CUSTOMER SERVICE	624-5752/5717
- INFORMATION SYSTEMS SUPPORT	624-2611
- INVENTORY DIRECTOR	624-6330
- SECURITY AND SAFETY MANAGER	624-9469
- TRAFFIC AND TRANSPORTATION MANAGER	624-5942
- WAREHOUSE CUSTOMER SUPPORT	624-5752
DRMO CHIEF OSC	624-2642
DRMO EMERGENCY	335-579-0412 /3

E

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY	624-4550
EMERGENCY MANAGEMENT	624-8328/2629
ESO NMC DET	624-6419
• EXECUTIVE TRANSPORT DET	
- ADMIN OFFICE	624-5289
- ADMIN OFFICER	624-5204
- FLIGHT KITCHEN	624-5469
- M-7 SUPERVISOR	624-6703
- M-7 COMBS OFFICE	624-5349

- MAINT ADMIN/NATOPS LCPO/NATOPS/TRAINING/SUPPLY ETD	624-5322
- OFFICER IN CHARGE	624-5323
- OPERATIONS	624-2332
- OPERATIONS DUTY OFFICER	335-128-1528
- OPERATIONS OFFICER	624-5628
- QUALITY ASSURANCE OFFICER	624-2587

F

FAX – ADMINISTRATION –NAVCOMTELSTA	624-5540
FAX – AVIATION MED HOSPITAL	624-6919
FAX – BASE COMMUNICATIONS OFFICE	624-2727
FAX – BASE COMMUNICATIONS OFFICE PRODUCTION	624-6550
FAX – CENTER FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (CPPD)	624-4188
FAX – CMD SUITE HOSPITAL	624-4822
FAX – CNE DET MAST EUROPE	624-5610
FAX – COMMAND EVALUATION AND REVIEW	624-5960
FAX – DEFENSE COURIER STATION	624-6351
FAX – DEFENSE DISTRIBUTION DEPOT	624-9454
FAX – DEFENSE ENERGY SUPPORT CENTER - EUROPE (DESC-EU-SI)	624-5750
FAX – DEFENSE REUTILIZATION OFFICE (DRMO)	624-2641
FAX – EDIS HOSPITAL	624-4533
FAX – EXECUTIVE TRANSPORT DET (ETD) OPS	624-2597
FAX – EXECUTIVE TRANSPORT DET (ETD) M7	624-5310
FAX – FACILITIES HOSPITAL	624-4584
FAX – FEAD (FACILITIES ENGINEERING ACQUISITION DIVISION – FORMER ROICC)	624-2378
FAX – FIRE & EMERGENCY SERVICES ADMINISTRATION	624-5765
FAX – FIRE STATION NAS 1	624-3706
FAX – FLEET AND FAMILY SUPPORT CENTER	624-4294
FAX – FLIGHT LINE CLINIC (HOSPITAL)	624-6304
FAX – FOOD SERVICE DIVISION	624-2564
FAX – FUEL DIVISION - SUPPLY	624-6362
FAX – HOSPITAL QUARTERDECK	624-4597
FAX – HOSPITAL FISCAL	624-3898
FAX – HOSPITAL (MANAGEMENT INFORMATION SYSTEMS DEPARTMENT)	624-4694
FAX – HOSPITAL (MEDICAL SERVICES UNIT)	624-4771
FAX – HRO (STAFFING/CLASSIFICATION)	624-4166
FAX – HRO (US/LN EMPLOYEE/LABOR RELATIONS)	624-4186
FAX – LOCAL NETWORK SECURITY CENTER	624-9215
FAX – NAS SIG ADMINISTRATIVE SERVICE OFFICE	624-2330
FAX – NAVAL CRIMINAL INVESTIGATIVE SERVICE	095-783-2738
FAX – NAVCOMTELSTA PLANS AND PROJECTS	624-6962
FAX – NAVCOMTELSTA NAVY RADIO TRANSMITTER FACILITY NISCEMI	624-1061
FAX – NAVCOMTELSTA SUPPLY	624-6060
FAX – NAVCOMTELSTA TSCOMM	624-6555
FAX – NAVY COLLEGE OFFICE	624-4515
FAX – NMCRS	624-4554
FAX – Operations	624-6663
FAX – PW ADMIN	624-6243
FAX – PW ENGINEERING	624-2341
FAX – PW ENVIRONMENTAL	624-9601
FAX – PW FACILITIES SUPPORT CONTRACTS (FSC)	624-2804
FAX – PW REAL ESTATE OFFICE	624-2810
FAX – PW SUPPLY	624-5358
FAX – PW TRANSPORTATION OFFICE	624-6115
FAX – RED CROSS	624-4462
FAX – SAFETY DEPARTMENT	624-6268/095-783-5587
FAX – SECURITY DEPARTMENT	624-5094
FAX – SIGONELLA ELEMENTARY SCHOOL	624-4405
FAX – SIGONELLA MIDDLE/HIGH SCHOOL	624-3899
FAV – VP-PATRON	624-5980
FAX – VR MAINT/OPS	624-6484
FINANCIAL ANALYST	624-2567/6543/5641
• FIRE DEPARTMENT – NASSIG	
- ADMIN	624-5194
- ASST FIRE CHIEF	624-5191/5192
- BATTALION CHIEF – NAS 1 FIRE STATION	624-4031
- CAPTAIN – NAS 1 FIRE STATION	624-3835
- CHIEF FIRE INSPECTOR	624-0530
- FIRE CHIEF	624-6485
- FIRE INSPECTOR (GS)	624-0545
- FIRE INSPECTORS (LN)	624-0531/0532
- ITALIAN DAYROOM	624-2418
- LEADING CHIEF PETTY OFFICER	624-6953

- LEADING PETTY OFFICER	624-2546
- MILITARY DAYROOM	624-2419
- STATION CHIEF	624-2415
- TRAINING OFFICER	624-5172
- YEOMAN	624-5748
FLEET AND FAMILY SUPPORT CENTER (FFSC)	624-4291

G

GALLEY (RISTORANTE BELLA ETNA) NAS II 624-2061/5836

• **GROUND ELECTRONICS**

- GEMD OFFICE	624-5704
- GEMD DUTY TECH	335-642-8247
- GEMD ESS	624-6904
- NAVAIDS	624-5758

H

HAZMINCENTER CUSTOMER SERVICE NAVSUP FLCSI -	624-6761
- DUTY PHONE -	335-578-8512
- LEADING PETTY OFFICER -	624-6761

• **HOSPITAL (NAVAL HOSPITAL SIGONELLA)**

- ACCOUNTING	624-4798
- ACUTE CARE CLINIC	624-2273
- APPOINTMENT DESK NAS 1 HOSPITAL	624-CARE (2273)
- APPOINTMENT DESK FLIGHT LINE CLINIC	624-5455
- AVIATION MED APPTS (PHYSICAL SCREENINGS)	624-6291
- DENTAL CLINIC NAS I	624-4205
- DENTAL CLINIC NAS II	624-5447
- DISASTER PREPAREDNESS	624-4026
- EDIS	624-4536
- EMERGENCY ROOM	624-3844
- FLEET LIAISON	624-4086

- HEALTH PROMOTIONS	624-4710
- IMMUNIZATIONS FLIGHT LINE CLINIC	624-6932
- INDUSTRIAL HYGIENE DIV. FLIGHT LINE CLINIC	624-6225/6229
- INFORMATION DESK FLIGHT LINE CLINIC	624-6296
- LAB HOSPITAL (NAS I)	624-4671
- LAB FLIGHT LINE CLINIC (NAS II)	624-6312
- LOGISTICS	624-4586
- MEDICAL BOARDS	624-4086
- MEDICAL EVACUATION (MEDEVAC)	624-4086
- MEDICAL RECORDS FLIGHT LINE CLINIC	624-6295
- MEDICAL/SURGICAL WARD	624-4732/4733
- MENTAL HEALTH	624-4840
- MULTISERVICE WARD	624-4732
- NUTRITION	624-4578
- OCCUPATIONAL HEALTH DEPT.	624-5331
- OPTOMETRY	624-6300
- ORTHOPEDICS	624-4110
- OVERSEAS SCREENING	624-4086
- PATIENT CONTACT COORDINATOR	624-4831
- PATIENT CONTACT COORDINATOR FLIGHT LINE CLINIC	624-6966
- PHARMACY NAS I	624-4685
- PHARMACY NAS II FLIGHT LINE CLINIC	624-6292
- PHYSICAL THERAPY	624-4110
- PREVENTIVE MEDICINE	624-6231
- RADIOLOGY NAS I	624-4701
- RADIOLOGY NAS II FLIGHT LINE CLINIC	624-6305
- RECEPTION FLIGHT LINE CLINIC	624-2825
- SAFETY MANAGER	624-4852
- TRICARE CLAIMS	624-4838/4848
- TRICARE ENROLLMENT	624-4880
- TRICARE REFERRALS	624-4087/4635

• **HOUSING DEPARTMENT**

HOUSING SERVICE CENTER (BLDG 319)

- FRONT DESK	624-4311/3845
- UNACCOMPANIED HOUSING MANAGER	624-4075



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www.Patriot-Autos.net

- PERSONNEL SUPPORT MANAGER 624-4064
- FACILITIES MANAGER 624-4072
- MILITARY LIASION 624-3824
- DIRECTOR 624-4070

MARINAI OFFICE

- TROUBLE CALL DESK 624-1731
- HOUSING INSPECTORS 624-1732/33/34/35/38
- MARINAI SITE MANAGER 624-1735

NAVY GATEWAY INN & SUITES (NGIS)

- NAS 1 FRONT DESK 624-3070
- NAS2 FRONT DESK 624-6832/2926
- MAINTENANCE MANGER 624-7417
- NGIS OPERATIONS MANAGER 624-6829
- NGIS MANAGER 624-6827

FAMILY HOUSING

- UTILITIES SECTION 624-3828/3829
- SHOWS SECTION 624-4311/3845
- GOVERNMENT QUARTERS ASSIGNMENT 624-4311/3845/3808/3818
- FAX HOUSING WELCOME CENTER 624-3886
- FAMILY HOUSING TROUBLE CALLS 624-1731

UNACCOMPANIED HOUSING

- SERVICE CENTER(BLDG319) 624-4311 /3845
- NAS 1 SITE OFFICE 624-3818
- NAS 2 SITE OFFICE 624-8690/8689
- BUILDING 170 MANAGER 624-3162/3364
- BUILDING 170 RA 335-193-8893
- BUILDING 623 MANAGER 624-8690
- BUILDING 623 RA 335-746-4552

EMAIL CONTACTNASSIG-HOUSINGHELPDESK@EU.NAVY.MIL

• **HUMAN RESOURCES**

- RECEPTION DESK/INFORMATION/REFERRAL 624-4165
- EQUAL EMPLOYMENT OPPORTUNITY 081-568-5755
- FAX 624-4166



- INFORMATION TECHNOLOGY DEPARTMENT (N6) 624-2116
- INFOSEC CUSTOMER SUPPORT –NCTS 624-6146
- INSTALLATION BUSINESS MANAGER 624-9021/6473
- INSTALLATION TRAINING TEAM 624-2542/2550/2551



- LEAR SIEGLER SERVICES, INC. C-26 OPERATIONS 624-5360/5947
- LEGAL OFFICE (RLSO) 624-5258
- LIBRARY 624-3875
- LOCAL NATIONAL PAYROLL (CNRE) 624-6470



- MILITARY ASSIGNMENT COORDINATOR - MANPOWER 624-0521
- MOTOR VEHICLE REGISTRATION OFFICE (MVRO) 624-5275
- MVRO DIRECTOR 624-5277
- MVRO LEADING PETTY OFFICER 624-2633

• **MORALE, WELFARE AND RECREATION (MWR)**

- ADMINISTRATION OFFICE 624-3968
- AUTO SKILLS CENTER 624-5244
- CHILD DEVELOPMENT HOMES 624-3732
- CHILD DEVELOPMENT CENTER NAS I FRONT DESK 624-3736
- CONNECTIONS 624-4264
- FITNESS DISTRICT NAS I MWR 624-4483
- FLIGHT LINE FITNESS CENTER NAS II 624-5243
- FLIGHT LINE POOL NAS II 624-7766
- ITT GEAR 'N' GO 624-4396/4777
- LIBRARY 624-3875
- JOX PUB 624-5603
- SCHOOL AGE CARE (SAC) 624-3712
- SCHOOL LIAISON OFFICER 624-3242
- SPARETIME BOWLING 624-4302
- SPLASHERS POOL NAS I 624-4334/624-4932
- SPORTS COORDINATOR 624-3785
- TAKE 5 NAS II 624-5602
- THEATER INFOLINE 624-4248

- THEATER (MIDTOWN 2 THEATERS) 624-4216
- YOUTH COMPLEX MARINAI 624-1750
- YOUTH SPORTS 624-1747/1750



- NATIONAL SUICIDE PREVENTION LIFELINE (NSPL) . . 19020–1-800-273-TALK (8255)

• **NAVSUP FLC SIGONELLA**

- ADMINISTRATIVE OFFICER 624-5482
- COMMAND SENIOR ENLISTED 335-193-8769
- CONTRACTING CUSTOMER SERVICE 624-5721/5725/5727
- DUTY PHONE - 335-735-4963
- FLEET MAIL CENTER 624-5975
- NAVSUP FLCSI LOGISTICS SUPPORT CENTER 624-5482

- NAVAL CRIMINAL INVESTIGATIVE SERVICE 624-9210

- NAVY COLLEGE OFFICE 624-4514/4517

- NAVY FEDERAL CREDIT UNION TOLL FREE FROM ITALY 00-800-0-842-6328

- NAVY LODGE (Reservation only) 624-4082

- NAVY LODGE SWITCHBOARD 095-713-0190/3

• **NAVY GATEWAY INNS & SUITES**

- NAS I NGIS FRONT DESK RESERVATIONS 624-2300/4438

- FAX NAS I RESERVATIONS 624-4237

- NAS II NGIS FRONT DESK RESERVATIONS 624-2300/6832

- FAX NAS II RESERVATIONS 624-6143

- NAVY/MARINE CORPS RELIEF SOCIETY 624-4212

• **NAVY MUNITIONS COMMAND DET SIGONELLA**

- COMMAND CAREER COUNSELOR 624-6419

- LCPO 624-5909

- OFFICER IN CHARGE 624-5741

- OPERATIONS LEADING CHIEF PETTY OFFICER 624-5909

- QUALITY ASSURANCE 624-6152/6218

- QUARTERDECK 624-2119/5822

- STOCK CONTROL 624-6420 / 6417

- SUPPLY 624-5378

• **NAVY EXCHANGE SIGONELLA**

- ACCOUNTING MANAGER 624-4318

- AUTOPORT 624-2814

- ADMIN Office/GENERAL MANAGER 624-4278

- BARBER SHOP NAS I 624-3770

- BARBER SHOP NAS II 624-5951

- BEAUTY SHOP 624-4234

- BURGER KING 624-4213

- BUSINESS CENTER/LAUNDRY/DRY CLEANING 624-4531

- CELLULAR SHOP 624-4411

- CENTRAL CHECKOUT 624-3784

- COLLECTIONS NEX 624-4432

- CUSTOMER SERVICE 624-4244

- DEPOT NAS II 624-5791

- FLOWER SHOP 624-4384

- HARD LINES/CONSUMABLE MANAGE 624-3275

- LOSS PREVENTION/SAFETY MANAGER 624-4920

- MANAGER 624-4277

- MILITARY NEW CAR SALES NAS II 624-5852

- OPTICAL SHOP 624-4828

- PERSONNEL OFFICE 624-4276

- PHOTO SHOP 624-3274

- SERVICE OPERATIONS MANAGER 624-4830

- SEVEN DAY/MINI MART NAS II 624-5423

- SOFT LINES MANAGER 624-4059

- TAILOR SHOP NAS II 624-6398

- VISUAL MERCHANDISE MANAGER 624-4974

- WAREHOUSE 624-3994

• **NAVY/MARINE CORPS RELIEF SOCIETY**

- AFTER-HOURS EMERGENCIES CALL CDE PERSONNEL 335-740-6007

- MAIN OFFICE 624-4212

- NEARLY NEW SHOP 624-4346

- VISITING NURSES 624-4551



• **OPERATIONS DEPARTMENT**

- CAREER COUNSELOR 624-5095

- OPS Officer 624-2525

- ASST OPS OFFICER (AOPSO) Operations 624-2524

- SECRETARY 624-5511
- DUTY OFFICER 624-5095
- CTRL LEADING CHIEF PETTY OFFICER 624-2745
- CTRL LEADING PETTY OFFICER 624-2748
- CTRL OFFIC 624-2768
- ITALIAN LIAISON 624-5520
- LEADING CHIEF PETTY OFFICER 624-2531
- MEDEX MODEL MANAGER 624-2536
- NATOPS PETTY OFFICER 624-2528

P

- PUBLIC AFFAIRS OFFICE 624-5440
- PERSONAL PROPERTY/HOUSEHOLD GOODS CUSTOMER SERVICE - 624-9650
- PERSONNEL SUPPORT DETACHMENT (PSD) 624 - 5651
- PIAZZA PIZZA 624-4499
- POST OFFICE (NAVSUP FLC)
 - NAS I - 624-4477
 - NAS II - 624-2265
- PROTOCOL (NASSIG) 624-5313 or 335-642-8230
- PSD – FISCAL SECTION 624-5595
- **PUBLIC WORKS (PW)**
 - BUDGET 624-2904
 - ENGINEERING 624-5781
 - ENVIRONMENTAL 624-2725/2463
 - PLANNING OFFICE 624-6871
 - PROGRAM MANAGEMENT OFFICE 624-6815
 - SAFETY OFFICE 624-5208
 - TRANSPORTATION OFFICE DIRECTOR 624-6428
 - TRANSPORTATION OFFICE ASSISTANT DIRECTOR 624-6427

R

- RELIGIOUS MINISTRY DEPARTMENT
 - NAS1 624-3975
 - NAS2 624-9049

S

- SAFETY DEPARTMENT 624-5630
 - AFTER HOURS 335-747-5013
- SATO 624-5622
- SAVI HOTLINE FFSC 335-642-8312
- SCHOOL AGE CARE 624-3712
- **SECURITY DEPARTMENT (NASSIG) - 624-5687/2252/9444**
 - ARMORY 624-2473
 - ANTI-TERRORISM DIVISION 624-2251
 - ASSISTANT SECURITY OFFICER 624-5474
 - CADRE 624-2079
 - CID INVESTIGATION Division 624-4996
 - CUSTOMS 624-6187
 - DESK SERGEANT 624-6063
 - DISPATCH 624-5225/6065
 - ESF OFFICE 624-2512/2518/2520
 - LIAISON OFFICER 624-6100
 - LIAISON NAS I 624-4522
 - LIAISON NAS II 624-2795
 - MARINAI HOUSING GATE 624-1768
 - MILITARY WORKING DOGS (MWD) LPO 624-5686
 - NAS II GATE HOUSE 624-5266
 - NISCEMI SECURITY FRONT DESK 624-1043
 - PASS & ID DESK 624-2200
 - PHYSICAL SECURITY DIVISION 624-5198
 - SENIOR ENLISTED ADVISOR 624-6971
 - SPECIAL OPS LEADING CHIEF PETTY OFFICER 624-9005
 - SPECIAL OPS OFFICER 624-6127
 - SUPPLY LEADING PETTY OFFICER 624-5907
 - TRAINING DIVISION 624-2049
 - TRUCK INSPECTION 624-4478
- SECURITY MANAGER (NASSIG) 624-2072
- SIGNATURE - PAO 624-5440
- **SIGONELLA ELEMENTARY**
 - NURSE 624-3999

- PRINCIPAL 624-3001
- REGISTRAR 624-4406
- **SIGONELLA MIDDLE/HIGH SCHOOL** 624-4281/4282
 - PRINCIPAL 624-4281
 - REGISTRAR 624-4284
- SUBWAY NAS I 624-4013
- SUBWAY NAS II 624-2571
- SUPPLY DEPARTMENT CUSTOMER SERVICE 624-5711

T

- TRAFFIC COURT CLERK 624-6171
- TLA APARTMENTS
 - MAGNOLIA CLUB RESIDENCE 095-7553048/049
 - MOTTA RESIDENCE 095-309918
 - NEW PLACE 095-308639
 - ORANGE PARK 095-7559035/347-06-29927
 - SIGONELLA INN 095-7130002
- TROUBLE DESK
 - BILLETING 115 option 6
 - COMPUTER (ITD) 115 option 7
 - HOSPITAL DISPATCH 115 option 3
 - HOUSING 115 option 5
 - PW 115 option 4
 - SECURITY DISPATCH 115 option 2
 - TELEPHONES (BCO) 115 option 8

U

- UNIVERSITY OF MARYLAND 624-4492/4496

V

- VET SERVICES 624-4258
- VR LIAISON 624-6073
- VR LIAISON STAFF 624-6074
- VR OPERATIONS 624-6401

W

- WEBMASTER INFORMATION TECHNOLOGY DEPARTMENT [NASSIG] ... 624-6628

Y

- YOUTH SPORTS 624-1747/1750



Remember

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CONVERSION TABLES

LENGTH

Centimeter (cm)	cm/in.	inches(in)
2,54	1	0,394
5,08	2	0,787
7,62	3	1,181
10,16	4	1,575
12,70	5	1,969
15,24	6	2,362
17,78	7	2,756
20,32	8	3,150
22,86	9	3,543
25,40	10	3,937
50,80	20	7,874
76,20	30	11,811
101,60	40	15,748
127,00	50	19,685
152,40	60	23,622
177,80	70	27,559
203,20	80	31,496
228,60	90	35,433
254,00	100	39,370

LENGTH

Kilometers (cm)	km/in.	miles
1,609	1	0,621
3,219	2	1,243
4,828	3	1,864
6,437	4	2,485
8,047	5	3,107
9,656	6	3,728
11,265	7	4,350
12,875	8	4,971
14,484	9	5,592
16,093	10	6,214
32,187	20	12,427
48,280	30	18,641
64,374	40	24,855
80,467	50	31,069
96,561	60	37,282
112,654	70	43,496
128,748	80	49,710
144,841	90	55,923
160,934	100	62,137

AREA

Hectares (ha)	ha/acres	acres
0,405	1	2,471
0,809	2	4,942
1,214	3	7,413
1,619	4	9,884
2,023	5	12,355
2,428	6	14,826
2,833	7	17,297
3,237	8	19,769
3,642	9	22,240
4,047	10	24,711
8,094	20	49,421
12,140	30	74,132
16,187	40	98,842
20,234	50	123,553
24,281	60	148,263
28,328	70	172,974
32,375	80	197,684
36,422	90	222,395
40,469	100	247,105

WEIGHT

Kilogram (Kg)	Kg/Lb	Pounds (Lb)
0,454	1	2,205
0,907	2	4,409
1,361	3	6,614
1,814	4	8,819
2,268	5	11,023
2,722	6	13,228
3,175	7	15,432
3,629	8	17,637
4,082	9	19,842
4,536	10	22,046
9,072	20	44,092
13,608	30	66,139
18,144	40	88,185
22,680	50	110,231
27,216	60	132,277
31,752	70	154,324
36,287	80	176,370
40,823	90	198,416
45,359	100	220,462

WEIGHT

Tonnes (t)	t/US short tons	US short tons
0,907	1	1,102
1,814	2	2,205
2,722	3	3,307
3,629	4	4,409
4,536	5	5,512
5,443	6	6,614
6,350	7	7,716
7,257	8	8,818
8,165	9	9,921
9,072	10	11,023
18,144	20	22,046
27,216	30	33,069
36,287	40	44,092
45,359	50	55,116
54,431	60	66,139
63,503	70	77,162
72,575	80	88,185
81,647	90	99,208
90,719	100	110,231

VOLUME

Liters (l)	l/US gal	US gallons (gal)
3,785	1	0,264
7,571	2	0,528
11,356	3	0,793
15,142	4	1,057
18,927	5	1,321
22,712	6	1,585
26,498	7	1,849
30,283	8	2,113
34,069	9	2,378
37,854	10	2,642
75,708	20	5,284
113,562	30	7,925
151,416	40	10,657
189,271	50	13,209
227,125	60	15,851
264,979	70	18,493
302,833	80	21,134
340,687	90	23,776
378,541	100	26,418



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