

BACK TO SCHOOL

Angles & Dangles

ISSUE NO. 8

August / 2015



## Help Kids Arrive Safely with Back to School Safety Tips

According to SafeKids.org, unintentional pedestrian injuries are the fifth leading cause of injury-related death in the United States for children ages 5 to 19. Teenagers are now at greatest risk. Teens have a death rate twice that of younger children and account for half of all child pedestrian deaths. Before you send your children back to school, take the time to review the following safety tips:

- Talk to your kids about how to be safe while walking. It's always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks.
- Teach kids at an early age to put down their devices and then look left, right and left again when crossing the street.
- Children under 10 should cross the street with an adult. Every child is different, but developmentally, it can be hard for kids to judge speed and distance of cars until age 10.
- Remind kids to make eye contact with drivers before crossing the street and to watch out for cars that are turning or backing up.

- Never walk while texting or talking on the phone. If texting, move out of the way of others and stop on the sidewalk. And, never cross the street while using an electronic device.
- Do not walk with headphones on.
- Always walk on the sidewalk if one is available; if a child must walk on the street, he or she should face oncoming traffic
- Walk with your kids to the bus stop and wait with them until it arrives. Tell kids to stand at least three giant steps back from the curb as the bus approaches and board the bus one at a time.
- Drivers should always follow the speed limit and slow down in school zones and near bus stops. Remember to stay alert and look for kids who may be trying to get to or from the school bus.
- Slow down and stop if you're driving near a school bus that is flashing yellow or red lights. This means the bus is either preparing to stop (yellow) or already stopped (red), and children are getting on or off.

Learn more at: <http://bit.ly/1G31s5Y>

### THIS MONTH'S ISSUE:

**p.13** Congratulations, Chief selectees! Celebrate with NEX's Chief's Night.

**p.15** Earn rewards for good grades! Learn more about the NEX A-OK Program.

**p.24** It's coming! Spooktober is just around the corner. Mark your calendar!



What's new? Look for this symbol to learn about the latest and greatest!

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## Welcome to THE BOX OFFICE

### July 31

Strange Magic (PG) 4 pm  
Focus (R) 7 pm

### August 1

Earth to Echo (PG) 4 pm  
Furious 7 (PG-13) 7 pm

### August 2

Up (PG) 4 pm  
The 2nd Best Exotic Marigold Hotel (PG-13) 7 pm

### August 7

Unfriended (R) 7 pm

### August 8

Open Season (PG) 4 pm  
Hot Pursuit (PG-13) 7 pm

### August 9

Rio (PG) 4 pm  
Water Diviner (R) 7 pm

### August 14

The Loft (R) 7 pm

### Bowl-In @ Rack-N-Roll Lanes

Home (PG) 5 and 7:15 pm

### August 15

Paddington (PG) 4 pm  
Gone Girl (R) 7 pm

### August 15 Dive-In @ Pool

Gate re-opens at 7 pm  
Big Hero 6 (PG) Dusk

### August 16

The Mighty Ducks (PG) 4 pm  
Poltergeist (PG-13) 7 pm

### August 21

Focus (R) 7 pm

### August 22

Strange Magic (PG) 4 pm  
Black Hat (R) 7 pm

### August 23

Brave (PG) 4 pm  
San Andreas (PG-13) 7 pm

### August 28

It Follows (R) 4 pm

### August 29

The Pirate Fairy (G) 4 pm  
Mad Max Fury Road (R) 7 pm

### August 30

Cinderella (PG) 4 pm  
Aloha (PG-13) 7 pm

*\* A substitution of movies may occur if the movie becomes unavailable due to circumstances beyond our control.*

## Book Your Party Now!



The countdown has begun. Beat the rush and plan early - book your holiday party at the TRIPLEX Conference Center now for a **25% discount**.

*Discount is applicable with paid deposit made before Sept. 30, 2015.*

## Motorcycle Safety

### BASIC RIDER COURSE

August 3                      August 24

August 10                     August 31

August 17

### ADVANCED RIDER COURSE

August 5                      August 26

August 19

Call (912) 573-2525 for more information and to register.



Did you have a great experience? Do you have an idea to make

something better? Use the Interactive Customer Evaluation (ICE) system to let us know! ICE allows DoD customers to rate products and services on base by using digital comment card to improve the products and services available to you.

Go to <http://ice.disa.mil/> to provide your feedback. For more information, call (912) 573-1277.

Concessions are available for purchase and enjoy FREE popcorn.

# Halloween Horror Nights



Sink your claws into the ultimate Halloween get-away with Universal Orlando Halloween Horror Nights. On select nights from Sept. 18 - Nov. 1, 2015, the streets of Universal Studios Orlando theme park come alive with hordes of horrifying mutants, monsters, and maniacs. Book now -rooms go fast!

## Special Admission Deals

Disney "FROZEN" on Ice in Jacksonville, 2016. Limited quantities available.

LEGOLAND Florida has extended their Active Duty Free offer through 2015! Active duty military receive one free admission and should present their military ID to LEGOLAND Florida's ticket window the day they plan to visit to redeem their free admission ticket. Family and friends of military personnel should make purchases in advance through Kings Bay ITT to receive the substantial discount only available on base.

SEAWORLD AND BUSCH GARDENS offers free admission for active duty and up to three direct dependents. See [www.wavesofhonor.com](http://www.wavesofhonor.com) for more information.

UNIVERSAL STUDIOS: Buy ONE get TWO days FREE Park to Park offer is extended to December 2015.

**Book now for cruises—  
ships leave weekly from local ports.**



Hours of Operation:

Mon. - Fri.

10 am - 5 pm

**(912) 573-1157**

## Don't Forget...

ITT has special prices available for Walt Disney World, Sea World, Universal Studios, Cocoa Beach, and Tampa Bay hotels and resorts. Don't forget to stop by for tickets to: Jacksonville teams including the Sharks, Jaguars, Suns, and Armada; Summer Waves; St. Marys Aquatic Center; Sea Surf and SUP Kayak Tours; and Diver's Den. St Mary's Diver's Den offers PADI Scuba Certification at Kings Bay ITT.

## Walt Disney World Military Promotion\*

**4- Day Park Hopper - \$173.25**

**4-Day Water Park & More - \$173.25**

**4-Day Park Hopper Fun & More - \$203.25**

\*Pricing for authorized patrons only. Subject to change. Call ITT for the latest prices.



## Youth Sports Program

Kings Bay Youth Sports Program provides family members (ages 4 - 15) a diversified, fun, quality recreational sports program.

This recreational program is designed to enhance social, emotional, and physical development of participants in a wholesome environment. The emphasis is on sportsmanship and individual/team participation rather than winning and losing, and to provide youth with caring positive role models through a trained volunteer staff. Open to active duty military, reservists, retirees, DoD Civilians, and their family members.

### Wanted: Volunteers

If you are interested in volunteering to become a youth coach, please call  
**(912) 573-8202**

## In the Neighborhood



Put what your kids learned in summer swim lessons to good use! Join the Boomers Swim Club. Founded

in 1991, the Boomers offer a year-round competitive swim program aimed at kids ages 5 - 18. The Boomers will teach the value of individual merit, team spirit and provide a wholesome outlet for your energies.

The Boomers Swim Club offers level-specific training for all athletes geared toward challenging and developing each individual to the best of THEIR abilities. **Discount on monthly fees available to military families.**

Email [boomers\\_swimming@yahoo.com](mailto:boomers_swimming@yahoo.com) for more information or visit [boomerswimming.org](http://boomerswimming.org).



### Boomers Open House

Meet the coaches, board of directors, and current swimmers. Learn more about competitive swimming, register for the 2015-2016 swim season, and enjoy food and fun! Tuesday, Aug. 11, 4:30 - 7:30 pm at the Fitness Complex Pool.

## Soccer Sign-Up

Its time! Youth soccer registration is July 17 - Aug. 17. The season will run from late August until early November and is \$50. The age control date is Sept. 1. Call the Youth Center to sign up. (912)573-8202



## August Pool Hours

### Recreation Swim

Weekends ONLY after school starts. The pool will be open Sat. and Sun. through Labor Day.

Sat., 12 - 6 pm and Sun., 1 - 5:30 pm

### Lap Swim

Mon. - Fri., 5:30 - 8:30 am & 11 am - 1 pm

Active duty ONLY 11 am - Noon

Closed for lap swim on Federal Holidays





## August Youth Events

### Teen Center Open House

Wednesday, August 5, Time TBA

### Give Parents a Break Night Out\*

August 4, 10, 11, 18, 24, CDC - 6 - 9 pm

Parents, take a well-deserved break. Bring your child (ages 6 weeks - 12 years old) to the Child Development Center for a Give Parents a Break Kids Night Out. Cost is \$4 per hour/per child. Children must be pre-registered (a registration packet must be filled out prior to the event if child is not already enrolled in CYP). Snack provided. Call CYP at (912) 573-3888 for more information.

### Taco Tuesday & a Movie

Tuesday, August 11, Teen Center

Movie and time TBA

### Dive-In Movie @ Pool Complex

Saturday, August 15, 7 - 9:30 pm

Gates open at 7 pm for FREE entry to all authorized patrons and their guests. Showing Big Hero 6 (PG) at dusk. Bring your own flotation devices and lawn chairs! (912) 573-3001

### Free Care Friday\*

Friday, August 28, 6 pm - midnight

Parents, take a well-deserved break. Bring your child (ages 6 weeks - 12 years old) to the Child Development Center for Free Care Friday. Children must be pre-registered by Mon., Aug. 24 (a registration packet must be filled out prior to the event if child is not already enrolled in CYP). Any person without base access will be required to fill out a background form when they register their child. Call CYP at (912) 573-3888 for more information.

\* Perfect for FRG meetings, Ladies Night Out functions, Command events, & more!

## MWR Teen Program

Make new friends! The MWR Teen Program offers after-school activities and volunteer opportunities for teens 13-18 years old (and still in high school).

To learn more about the Kings Bay Teen Program, find them on Facebook at [www.facebook.com/kbteens](http://www.facebook.com/kbteens). For more information, contact Teen Coordinator at (912) 573-2380.

## Kids' Golf Clinic

Kids' golf clinics are held every Saturday at 11 am (ages 5-9) and 12 pm (ages 10-17).

Cost is only \$5! Kids play free every day after 12 pm with a paying parent. Trident Lakes is open to all authorized MWR patrons, including the public.



## TRIPLEX

Get your game on at the TRIPLEX Recreation and Liberty Center. Fun is found around every corner of the complex from interactive sports and games, to movies and entertainment. Watch the big game on one of numerous HD TVs, start a friendly competition in the game zone, challenge your friends in the video gaming center or simply relax in plush living-room style comfort. Open to authorized patrons 18 years of age or older and is tobacco free.

Hours of Operation:  
 Mon. - Thurs., 11am - 11 pm  
 Fri., 11am - Midnight  
 Sat., Noon - Midnight  
 Sun., Noon - 11 pm  
 Holidays, Noon - 8 pm

(912) 573-4548

## July TRIPLEX Events\*

### 9 Ball Tournament

Tuesday, August 4, 7 pm

FREE to play. Must be present and signed in by 6:45 pm at the TRIPLEX. First place - \$50 gift card, second place - \$25 gift card.

### IMAX 3D Trip - Fantastic 4

Friday, August 7, 5:30 pm

Depart TRIPLEX at 5:30 pm. Active duty is \$10/guests are \$15. Includes transportation. Bring money for dinner after the movie. Limited to 14 patrons.

### Guitar Lessons

Thursday, August 6 & 20

6:30 - 8:30 pm

FREE guitar lessons. "Hendrix had to start somewhere." Snacks provided.

### Line/Ballroom Dancing

August 10 & 28, 6 - 8 pm

Back by popular demand! FREE - open to couples and singles.

Childcare available at the CDC. Call the CDC to reserve your child's spot.

### Monday Runday

Monday, August 10 & 24

Bi-weekly fun run. Food provided. Start and finish at TRIPLEX. Sign in at 6:30 pm/run at 7 pm. Cost is \$5. Runners will follow a trail set by flour on the ground.

### Bowling Night

Tuesday, August 11, 6:30 - 10:30 pm

Join us at Rack-N-Roll Lanes for FREE bowling and pizza. Pizza provided by Domino's while supplies last. Active duty free/guests are \$5.

### The Gathering Cooking Class

Wednesdays, August 12 and 26

Starts at 5 pm in the MWR Kitchen in building 1058A.

### 8 Ball Tournament

Tuesday, August 18, 7 pm

FREE to play. Must be present and signed in by 6:45 pm. First place - \$50 gift card, second place - \$25 gift card.

### Run for the Fallen

August 21, 7 am

Join us for the final run at the Fitness Complex.

### JAX Suns vs. Mobile BayBears

Saturday, August 22

Depart the TRIPLEX at 5:00 pm. Return after the game. Active duty is \$8/guests are \$13. Includes transportation. Limited to 14 patrons.

### Spades Tournament

Monday, August 27, 7 pm

Teams of two. FREE to play. Must be present and signed in by 6:45 pm in the Sports Zone. Prizes: 1st place, \$25 gift card to each winner..

### Upcoming Trips:

#### Canoe the Okefenokee

Saturday, August 8

FREE day trip. Depart the TRIPLEX at 8 am. 18 & Older

#### Spelunking in Rising Falls, Ga.

August 22-23

\$75 includes camping, gear, food, park entrance, spelunking. Depart the TRIPLEX at 8 am. 18 & Older

*\* Events are subject to change. Follow the MWR Kings Bay Facebook page for changes/updates. All TRIPLEX events and trips are for adults 18 & Older.*



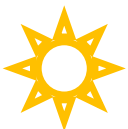
## Rack-N-Roll Lanes

It's all fun and games at Rack-N-Roll Lanes, Kings Bay's comfortable, upscale venue for family entertainment. Kids of all ages (including mom and dad!) will enjoy bowling and arcade games. Rack-N-Roll Lanes features optional bumpers and ball ramps to keep the little ones happy while the gaming arcade offers variety for everyone. State of the art scoring systems keep score so you can focus on the fun.

### **Family Night - Every Thursday**

For only \$30, enjoy unlimited bowling in one lane for 1 1/2 hours. Includes bowling shoes, 1 large one-topping pizza, and 25 tokens for the game room. Good for up to six people!

### **Shivery Saturday Special**



Boo! That spooky fun holiday is just around the corner. Start planning your costume now and get ready for the Rack-N-Roll Lanes Shivery Saturday. Wear a costume and you'll receive a nice treat - \$1.00 games/\$1.00 shoes. Oct. 31, 5 - 9 pm, enjoy bowling, a scary movie marathon, and Domino's special (\$10, any way, any size!). Prizes awarded for best adult and child costume.

### Hours of Operation:

Mon., Tues., Thurs., 5 - 9 pm

Wed., 11 am - 9 pm

Fri., 5 pm - 11 pm

Sat., 11 am - 11 pm

Sun. & Holidays, 1 - 8 pm

**(912) 573-9492**

## August Bowling Events

### **Back to School Special**

Monday, Aug. 3, 1 - 5 pm

\$1.00 games/\$1.00 shoes

### **Bowl-In Movie Night**

Saturday, August 14, 5 - 9 pm

Home (PG) @ 5 & 7:15 pm

\$1.50 game per person

### **FREE Bowling for Active Duty**

Wednesdays, 11 am - 1 pm

### **Family Night \$30**

Thursdays, 5 pm - 9:30 pm

### **X-Treme Bowling \$2.75/game**

Fridays, 5 pm - 11 pm

### **X-Treme Bowling \$2.75/game**

Saturdays, 5 pm - 11 pm



**Hours of Operation:**  
 Open 7 days a week,  
 weekends, and holidays  
 7 am - 6 pm

**(912) 573-8475**

# Trident Lakes Golf Course

Designed by Arthur Hills, Trident Lakes Golf Club is an 18-hole course that will challenge golfers of all skill levels. Traverse the course with ease in an electric rental cart, or on foot by utilizing a pull cart. Forgot something? The Pro-Shop is well stocked with golf balls, tees, clubs, apparel, gloves, and shoes.

## Reservations and Fees

Make reservations by email at [tltees@tds.net](mailto:tltees@tds.net) in person, or by calling (912) 573-8475.

## August Golf Events

### MWR Golf Tournaments

August 5 and 19, 8:30 am Shotgun  
 \$26 per person

### MWR Clinics

#### Saturdays

Children's Clinic (11 am and 12 pm)

#### Tuesdays

Women's Clinic (9 am and 4 pm)

#### Thursdays

Men's Clinic (3 pm and 4 pm)

**Clinics are only \$5 per person/per session**

**\* Please note: On Tuesday, August 11, the course will be closed until 11 am while crews aerify the greens.**

GREEN FEES W/CART	18 HOLES	9 HOLES
	M-F/S&S	M-F/S&S
E5 & Below	\$18/\$20	\$10/\$11
E6 & Above	\$20/\$22	\$11/\$13
DoD	\$21/\$25	\$12/\$14
Civilians	\$22/\$26	\$13/\$15
Juniors	\$18	\$10

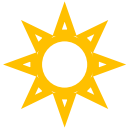
GREEN FEES WALKING	18 HOLES	9 HOLES
	M-F/S&S	M-F/S&S
E5 & Below	\$8/\$10	\$5/\$6
E6 & Above	\$10/\$12	\$6/\$7
DoD	\$12/\$14	\$7/\$8
Civilians	\$13/\$15	\$8/\$10
Juniors	\$6	\$3

DRIVING RANGE BALLS	Single	Couple
Monthly Plan	\$40	\$50
Small Bucket	\$3	

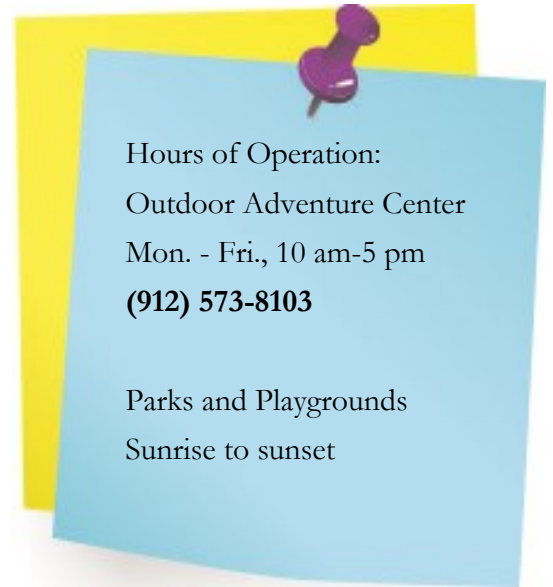




## Sail Pointe Park



Opening Sept. 3! Watch for more details regarding the official ribbon cutting ceremony. Sail Pointe Park, adjacent to the Fitness Complex Pool, will provide a beautiful green space perfect for family picnics, special events, and Command gatherings.



Hours of Operation:  
Outdoor Adventure Center  
Mon. - Fri., 10 am-5 pm  
**(912) 573-8103**

Parks and Playgrounds  
Sunrise to sunset

## Community Recreation

Out is the new in. Enjoy the great outdoors with party and adventure rentals from the Outdoor Adventure Center. You'll find everything you need to host the perfect party - canopies, tables, chairs, inflatables, grills, coolers. Walking on your outdoor wild side? Rent campers, boats, bikes, paddleboards, tents, and more!

## Parks and Playgrounds

Play and picnic at MWR's many parks and playgrounds. Keep both big and little kids active with age-appropriate playgrounds. Picnic hosts will love the large covered pavilions complete with everything you need to pull off the perfect picnic. The OAC manages four picnic, park, and camping areas: Etowah Park (near the golf course), Under the Pines (with playground), Otter's Cove and Lakeview, located on Lake D adjacent to the Eagle Hammock RV Park.

## Barks & Rec

Don't forget about the dog park! Dogs dig it. Bring your fur baby to MWR's Barks and Recreation Dog Park for off-leash fun. Dogs of all sizes can socialize and exercise in the spacious park, which offers separate fenced-in large and small dog areas and as well as an open field area.

Barks & Recreation is located off-base at the old soccer field area, between USS Nathaniel Greene and USS Oak Ridge Road. Please obey posted rules.

## diningCORNER

Hours of Operation:

### **Pirates Cove**

Mon. - Fri., 6 am - 7:30 am & 11:15 am - 12:45 pm

Mon. - Sun. & Holidays, 4:30 pm - 5:30 pm

(912) 573-9639

### **K.B. Finnegan's Irish Pub**

Mon., Wed., Thurs., 3:30 pm - 10 pm

Tues., 4:30 - 10 pm

Fri., 3:30 - 11 pm

Sat., 4:30 - 11 pm

(912) 573-9429

### **O'Brien's Bunker Restaurant**

Mon. - Fri., 10:30 am - 1:30 pm

(912) 573-0008

### **Domino's**

Mon. - Thurs., 10 am - Midnight

Fri. & Sat., 10 am - 1 am

Sun., 10 am-Midnight

(912) 510-5400

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## O'Brien's Bunker

**bestNEW** *O'Brien's was voted best new restaurant! Stop in today and see why.*

O'Brien's Bunker is a dining hole-in-one. Enjoy scenic views of Trident Lakes Golf Course while enjoying American-style cuisine with a Southern touch. Enjoy indoor and outdoor seating.

## Domino's

More than just pizza! Domino's satisfies your sweet and savory cravings with pizza, chicken, pasta, sandwiches, stuffed cheese bread, and dessert. Hungry yet? Stop by Domino's inside Rack-N-Roll Lanes or call (912) 510-5400 for delivery.

## Pirates Cove Galley

Service members and accompanied dependents - if you're not eating at Pirates Cove Galley throughout the month, you're missing out! Each and every month, you'll find an endless salad bar, a deli bar with assorted meats and sandwich toppings, complete with a sandwich artist who will stop by to make your sandwich just right. Healthy options available. Open to service members and their guests.

## August Galley Events

August 4, 11 am - 1 pm Cost \$5.55

Open to all hands

Chicken Chimichangas, Beef Tacos, Chicken Tortilla Soup, Sweet Corn Bread, Refried Beans w/Cheese, Spanish Rice, Hacienda Black Beans and Corn, Nacho and Cheese, Salad Bar, and Assorted Desserts.

## K.B. Finnegan's Irish Pub

Authentically Irish, K.B. Finnegan's Irish Pub is where old friends meet new friends. Stop by for a cold pint of Ireland's famous Guinness ale, or choose from several other draught beers. K.B. Finnegan's full-service bar has any libation you like. Co-located with Rack-N-Roll Lanes.



### **Finnegan's Finest:**

**Oktoberfest**, Oct. 3, 5 - 10 pm

**Thirsty Tuesday**, 4 - 6 pm

\$1 off all beverages

**Thirsty Thursday**, 4 - 6 pm

\$1 off all beverages, \$.50 hot dogs

**Fridays**, 4 - 6 pm

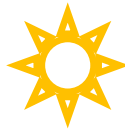
\$1.50 margaritas

# Fitness Complex



## **INTRAMURAL SPORTS REGISTRATION OPEN**

Registration opens August 2 for the following:  
Captain's Cup Flag Football (Starts Sept. 14)  
ASA Recreational Softball League (Starts Sept. 15)  
Average Joe's Racquetball League (Starts Sept. 15)  
Average Joe's Golf League (Starts Sept. 16)  
Visit [kingsbaysports.leagueapps.com](http://kingsbaysports.leagueapps.com) to register and learn more.



## **RUN FOR THE FALLEN**

On Flag Day, June 14, 2008, a dedicated team of runners ran across America from Fort Irwin, Calif., to Arlington National Cemetery - one mile for every Soldier, Sailor, Airmen, and Marine killed in Operation Iraqi Freedom. Each year since then, runners from around the world have joined Run for the Fallen in remembering our fallen. Over 50,000+ participants and over 200,000+ miles have been collectively run in remembrance of those fallen in OIF and OEF.

Join us on **August 21** for the Run for the Fallen 5k Closing Ceremonies at 0700 at the Fitness Complex.

## **Kings Bay CFL Course**



August 24-29, 7 am - 4 pm  
The Command Fitness Leader Course covers the administrative actions and duties of a CFL, basic exercise physiology and nutrition principles and basic PRIMS training, as well as intense, daily gym sessions teaching various methods for exercise programming.



Hours of Operation:  
Mon. - Fri., 5 am - 10 pm  
Sat., 9 am - 7 pm  
Sun. & Holidays, Noon - 6 pm  
Lap Swimming:  
Mon. - Fri., 5:30 - 8:30 am &  
11 am - 1 pm (active duty only)  
**(912) 573-3990**

## **ADULT SWIM LESSONS**

Adults - private, after-hours swim lessons are available from 6 - 8 pm. Cost is \$75 for 5, 30-minute lessons, Tues., Wed., Fri. **MUST** schedule at the pool. Call or stop by the pool for more details. (912) 573-3001

## **SPINNING TO THE OLDIES**

Classes held every last Thursday (11:30 am-12:30 pm and 5 - 6 pm). Grab your AquaNet and knee-highs as your spin to the past. Dress in attire from a decade past - you could win a prize! Prize awarded to the best costume in each class.

## **PRT PREP**

SUBASE invites all active duty members and adult dependents (ages 18 & older) to participate in the PRT PREP class! SUBASE PRT PREP conducts two PT sessions each workday, at 5:30 am and at 2:30 pm. This program includes creating exercise goals, nutrition goals and progress monitoring. If you are interested in participating, contact the MWR Fitness Coordinator at (912) 573-2485.



Reservations:

**Navy Lodge**

(800) 628-9466

(912) 882-6868

**NGIS**

(877) NAVYBED

www.dodlodging.net

## Navy Lodge

Warm hospitality and spacious, comfortable rooms welcome you.

Whether you are on PCS orders into or out of the area, or just passing through for a visit, you will find great accommodations at a great rate. The Navy Lodge offers pet-friendly rooms.

## Navy Gateway Inn & Suites ★ 2015 Award Winning

Rest easy in comfortable, welcoming accommodations at Navy Gateway Inns & Suites (NGIS), your destination for official TDY/TDA and leisure travel. Stay a day or a month – NGIS has a room to suit your lodging needs.

Standard rooms and suites offer free WiFi, flat-screen TVs, and a kitchenette with refrigerator, sink, and microwave. Staying for awhile? The Grand Suites provide an extra-large bedroom, living room, dining room, and a full kitchen that includes a stove, oven, refrigerator, microwave, and sink.

## Balfour Beatty Housing

Balfour Beatty Communities at NSB Kings Bay provide quality living environments in a classic suburban setting. The neighborhoods are pet-friendly; include great amenities, and offer monthly events coordinated through the exclusive Beatty Communities program.

## Eagle Hammock RV Park

Southern hospitality and an unspoiled environment welcome you at the wooded, 220-acre RV park located along Lake D in the heart of Naval Submarine Base Kings Bay. Come see why Eagle Hammock RV Park earned the Campers Choice Award for the Best Military Campground in the Eastern United States.

## August Eagle Hammock Events

### National Creamsicle Day

August 14, 2 pm

### National Picnic Month

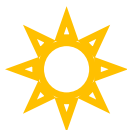
August 26, 11 am

Open to patrons staying at Eagle Hammock RV Park.



## shoppingCORNER

### August NEX Events



#### Chief Selectee Night

Tuesday, August 18, 6 - 8 pm

Congratulations, Chief selectees! Celebrate your accomplishment with the NEX. Food, drinks, and cake. *This event is **not** open to the public; open to Chief selectees and their sponsors **only**, please.*

### Kings Bay Navy Exchange

#### Star Card

Now you can use your Military Star Card to pay at the pump at the Mini Mart.

#### Save When You PCS

Grab a Navy Lodge scratch card found at Customer Service at the NEX. Present the card at checkout and the Navy Lodge staff will scratch the gold circle to reveal your savings: 10%, 15%, or 25% off, or even FREE during your PCS stay (up to 20 days).

#### Van Guard Kiosk

The NEX Uniform Shop has installed a Van Guard Kiosk, allowing patrons to easily order ribbons and/or medals. Pay for ribbons and/or medals directly at the kiosk. Also, ship items directly to your residence. The kiosk is near the check-out counter at the Uniform Shop.

### Kings Bay Commissary

The Kings Bay Commissary provides groceries to military personnel, retirees, and their families in a safe and secure shopping environment. A core military family support element, and a valued part of military pay and benefits,

#### Hours of Operation:

##### Commissary

Mon: CLOSED

Tues: 9 am - 6 pm

Wed: 9 am - 6 pm

Thurs: 9 am - 7 pm

Fri: 9 am - 6 pm

Sat: 9 am - 5 pm

(912) 573-3310

##### NEX

Mon. - Fri., 9 am - 6 pm

Sat. - Sun., 9 am - 5 pm

##### NEX Mini-Mart

Mon. - Fri., 5 am - 10 pm

Sat. - Sun., 8 am - 9:30 pm

Holidays, 8 am - 8 pm

(912) 882-6098

#### Motorcycle Safety Coupon

Receive a coupon ranging from 15-25% for the NEX through the Navy's Enterprise Safety Applications Management System when you register for motorcycle training. Discount depends on the class taken. To redeem, provide a copy of the email confirmation and the coupon at the register. Valid for 90 days from date of email confirmation. Discounts are valid on MPE only. See store for additional details.

#### Mini Mart Gas Station

The "Fuel Call" service helps assist customers by allowing them to press a button while fueling to let a Navy Exchange associate know they are in need of assistance. Hours: Mon. - Fri., 9 am - 6 pm; Sat. - Sun., 10 am - 4 pm

commissaries contribute to family readiness, enhance the quality of life for America's military and their families, as well as help recruit and retain the best and brightest men and women to serve their country.

# Kings Bay Navy Exchange A-OK Program

## Earn rewards for good grades!



Your NEX is committed to helping your family and community. Our A-OK Student Reward Program is our way of supporting students in the military community by rewarding hard work and good grades. Since its inception, the A-OK Student Reward Program has awarded over \$600,000 in savings bonds in Series EE U.S. savings bonds and monetary awards with the help of our generous vendor partners.

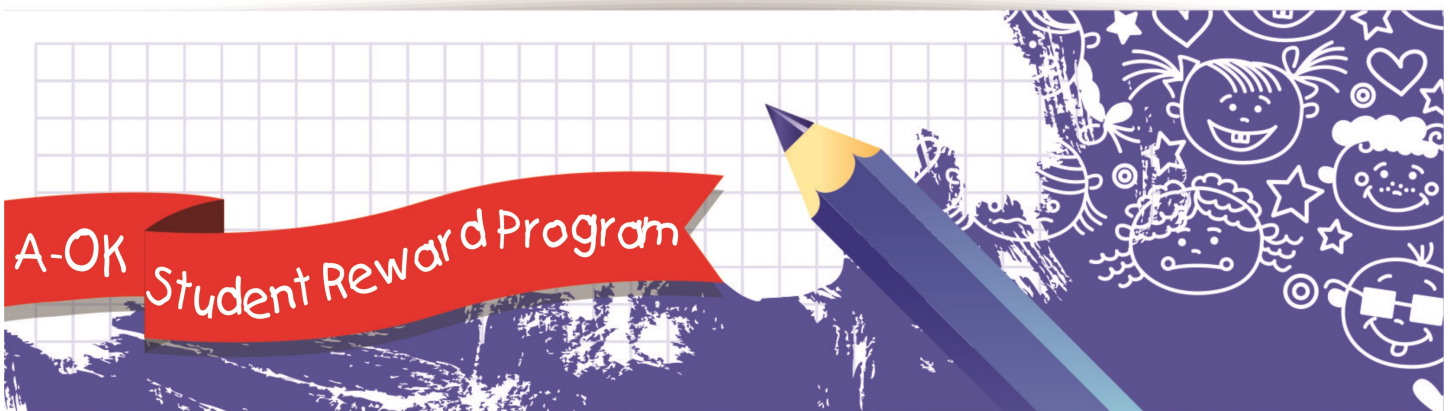
All qualified students will participate in a quarterly drawing for monetary awards of \$2,500, \$1,500, \$1,000 or \$500 for a total of \$5,500 per quarter. Qualified students include family members of active duty members, reservist and military retirees in grades 1-12 who obtains a "B" grade average or equivalent. All eligible students receive an A-OK discount ID which qualifies you for discounts on over 19 items and services at your NEX.

## To Enter

Just bring your report card from the last grading period to your NEX customer service

desk and fill out an entry form. Any child of active duty members, reservists, and military retirees (including those employed or whose spouse is employed by the Navy Exchange System) in grades 1-12 who obtains a "B" grade average or equivalent is eligible to enter the drawing. All eligible students receive an A-OK discount ID card for selected goodies including some FREE items along with an entry form for the savings bond drawing. Your A-OK Student Reward Program discount ID card qualifies you for discounts for over 19 items and services at your NEX including:

- 15% OFF any backpack
- \$2.00 OFF any Nike Tee
- \$3.00 OFF any athletic shoe
- FREE Video rental
- 10% OFF any bicycle
- FREE bag of Frito Lay
- \$3.00 OFF any Levis or Lee Jeans
- FREE single candy bar







## August Chapel Events

### **Bible Study**

Every Tuesday, 6 - 7 pm

All are welcome to attend! Held in Jewish Overflow room.

### **SNL - Sunday Night Live**

Sundays, 6 - 7 pm

We have **MOVED** our Wednesday evening Fellowship Service to Sundays. Open to all who want to worship with the Protestant Community on Sunday evenings! Watch our Kings Bay Chapel [Facebook page](#) for up to date information.

Chapel office hours

Mon. - Fri.

8 am - 4 pm

**(912) 573-4501**

## Kings Bay Chapel

Kings Bay Chapel offers Catholic Mass and Protestant worship.

### **Protestant Worship:**

Sunday - 10:30 am

### **Catholic Mass:**

Mon., Wed.-Fri. - 11:15 am

Adoration following Wed. Mass until 8 pm

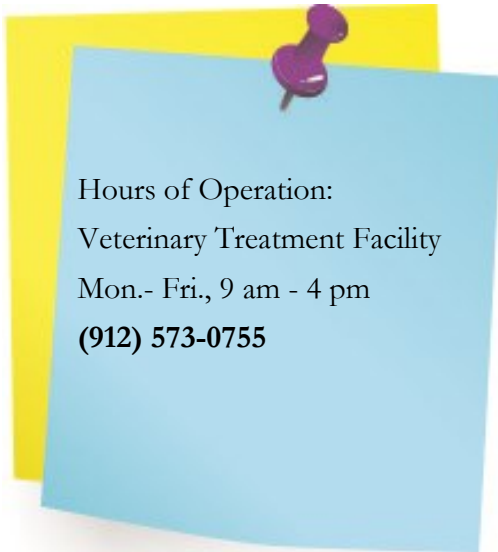
Saturday • Confession - 4:30 pm,  
Mass - 5 pm

Sunday • Confession - 8:30 am,  
Mass - 9 am

## Protestant Podcast

If you missed out on this Sunday's sermon, or you want to reflect back on a previous message during worship service, download the podcast on iTunes under Kings Bay Chapel Sermons or at:

[kingsbaychapelsermons.blogspot.com](http://kingsbaychapelsermons.blogspot.com).



Hours of Operation:  
 Veterinary Treatment Facility  
 Mon.- Fri., 9 am - 4 pm  
**(912) 573-0755**

## Veterinary Services

Pets must be registered with the Veterinary Treatment Facility (VTF) prior to making appointments. Simply stop by with your military ID and pet's medical records. Moving overseas? Call as soon as possible so we can help ensure that your pets have met all the necessary travel requirements. Visit the USDA-APHIS website to review requirements.

Call our friendly staff or stop by with any questions.

## Kings Bay Post Office

The Military Postal Service Agency provides worldwide postal services to department of defense personnel and their families. The Kings Bay Post Office, located on USS Bancroft Road, offers a full range of postal services. Military members and their family members can buy stamps, rent a post office box, and pick up boxes and specialty envelopes for shipping. **Call (912) 573-9633 for more services and pricing. Open Monday - Friday, 8:30 am - 4 pm.**

## Navy General Library Program

The NGLP has partnered with Navy Knowledge Online (NKO) to provide free access to electronic books, reference materials and practice testing services FREE to Sailors and Marines. NGLP e-content currently available includes academic journals, international newspapers, and a NetLibrary. The NetLibrary offers more than 6,000 full text e-books, including computer titles, Cliff's Notes, career and vocational information, testing study guides, personal financial information titles, library science titles, and military history titles. Learn more at [www.nko.navy.mil/](http://www.nko.navy.mil/).



## Kings Bay Navy Legal Office

The Navy Legal Office provides legal services to authorized personnel including Sailors and their families. Pre-deployment services are given priority. In addition, Navy Legal can help with: family law; foreclosure advice and

counseling; immigration; notary services; powers of attorney; landlord/tenant matters; small claims court matters; and wills/estate planning.

**Mon. - Fri., 8 am - 4 pm**  
**(912) 573-3935 / (912) 573-8259**

# Navy-Marine Corps Relief Society

Hours of Operation:

Navy Marine Corps Relief Society

Mon. - Fri., 9 am - 3 pm

Uniform Locker

Mon. - Fri., 9 am - 3 pm

(912) 573-3928

## Personnel Support Detachment

### DEERS /RAPIDS:

It is important to update your Defense Enrollment Eligibility Reporting System (DEERS) record to show any changes of address, family status such as marriage, divorce, birth or adoption. To update your address in DEERS, visit PSD.

### CAC / ID Cards:

Common Access Card (CAC) / Military Identification (ID) cards are required for access to military installations. ID CAC/ID Cards are issued Monday - Friday, from 7:30 am - 4 pm. CAC/ID Cards are now issued on a walk-in service basis from 9 am - 1 pm.

### Service Members' Page 2:

The Page 2 should be updated whenever there is a change in family member status, i.e. a new child, change of address, divorce, etc.

**Monday - Friday, 8 am - 4 pm**  
**(912) 573-3935**

When you're having trouble meeting urgent financial needs, the Navy-Marine Corps Relief Society may be able to provide an interest-free loan or grant. Through financial counseling, we'll also help you plan for better financial stability. From everyday bills to unexpected expenses, our caseworkers are ready to help. They understand the unique challenges of military life, and are ready to listen and suggest options to bring needed relief. Our services are completely confidential.

**Budget 4 Baby, Thursday, Aug. 6. Space limited. To sign up or learn more, expectant parents can call (912) 573-3928.**

## volunteersWANTED

Volunteers are the backbone of the NMCRS. Helping Sailors and Marines in times of need or crisis is an excellent way to make a difference while adding purpose and perspective to your own life. Volunteer opportunities in the Society include leading a team, performing mission-related tasks, and providing support and assistance.

## The Dolphin Store

The Dolphin Store Kings Bay is a non-profit store located at the Campus Resource Center that offers gift and souvenir items. All of the proceeds are donated to The Dolphin Scholarship Foundation (DSF).

The Dolphin Store is managed and staffed by volunteers and always welcomes help. The store is available for FRG meetings, Meet & Greets, and other special functions. Please give a minimum of two weeks' notice when reserving the store for a function. **Summer hours vary. Please call or check the The Dolphin Store of Kings Bay [Facebook page](#) for hours. (912) 573-6102**



# Fleet and Family Support Center

Fleet and Family Support Programs support individual and family readiness through a full array of programs and resources which help Navy families to be resilient, well-informed and adaptable to the Navy environment.

Programs include: Deployment and Ombudsman Support for Sailors and their families; Personal and Family Wellness Education and Counseling; Financial Education and Counseling; Transition Assistance; and Spouse Employment.

Hours of Operation:

Mon.- Wed. & Fri., 8 am - 4:30p

Thurs., 9 am - 4:30p

**(912) 573-4512**



Like us on Facebook - just search FFSC Kings Bay

## August FFSC Events

### **Mondays**

#### **Parenting Class**

Aug. 3, 10, 17, 24, 31

9 – 11:30 am

#### **Ombudsman Assembly**

Aug. 24, 5:30 pm

### **Tuesdays**

#### **Moms and Dads Group**

Aug. 4, 11, 18, 25

10 am – 12 pm

#### **FRG Advanced Training**

Aug. 11, 5 – 7 pm

#### **Smooth Move Workshop**

Aug. 18, 2 – 4 pm

#### **Transition Capstone Event**

Aug. 25, 8 – 10 am

#### **Transition Wrap-Up**

Aug. 25, 1 – 4:30 pm

#### **Talking Money with Your Honey**

Aug. 25, 5 – 7 pm

### **Wednesdays**

#### **Pre-Marital Class**

Aug. 5, 1 – 4 pm

### **Wednesdays, cont.**

#### **#GotDeployment**

Aug. 5, 5 – 7 pm

#### **SAPR Advanced Training**

Aug. 12, 8 am – 4 pm

#### **EFMP 101**

Aug. 12, 9:30 – 10:30 am

#### **Finding a Job in Kings Bay**

Aug. 12, 9 – 11 am

#### **Mock Interview/Dress for Success**

Aug. 12, 1 – 4 pm

#### **Spouse Indoctrination**

Aug. 19, 9 am – 2 pm

#### **Career Assessment Workshop**

Aug. 19, 10 am – 12 pm

#### **Anger Management Class**

Aug. 26, 8:30 am – 12 pm

#### **Home Buying and Selling Class**

Aug. 26, 1 – 4 pm

### **Thursdays**

#### **Command Sponsorship Coordinator Training**

Aug. 13, 10 – 11 am

### **Thursdays, cont.**

#### **Expectant Family Workshop**

Aug. 13, 1 – 4 pm

#### **Stress Management Class**

Aug. 20, 1 – 4 pm

#### **10 Steps to a Federal Job**

Aug. 27, 9:30 am – 12:30 pm

#### **Ready Navy 101**

Aug. 27, 2 – 3 pm

### **Special events/classes**

#### **Ombudsman Basic Training**

Aug. 3 – 7, 5 – 9 pm

#### **SAPR Cross Training**

Aug. 5 – 6, 8 am – 4 pm

#### **Basic Command Financial Specialist Training**

Aug. 10 – 14, 8 am – 4 pm

#### **Transition GPS**

Aug. 17 -21, 7:30 am – 4 pm

#### **Transition GPS: Higher Education**

Aug. 26 – 27, 8 am – 4 pm

#### **Transition GPS**

Aug. 31 – Sept. 4, 7:30 am – 4 pm

Hours of Operation:

Mon. - Fri., 8 am - 3:30 pm

(912) 573-4527

## RESOURCES

### ACT/SAT Testing

ACT - July 7

SAT - (Not available July-Sep)

Call to register: (912) 573-4527

### Ed Indoc: Part I of II - Research

\* Learn how to start college shopping.

Every Tue., Wed., Thurs.

2-2:45 pm, Bldg 1030

### Ed Indoc: Part II - Planning & Funding

You will learn how to fund and plan all classes.

Take 1-4 weeks after 1st Class

Every Tue., Wed., Thurs.

3-3:30 pm, Bldg 1030

### TA Applications

<https://myeducation.netc.navy.mil/>

### PELL Grant

<https://fafsa.ed.gov/>

### GI Bill Transfers to Family Members

Online Search: BUPERSNOTE 1780 - US Navy, Paragraph 13.

### Massive Open Online Courses (MOOCs)

[www.coursera.com](http://www.coursera.com)

### Cheap/Used Books

[www.cheapbooks.com](http://www.cheapbooks.com)

[www.allbookstores.com](http://www.allbookstores.com)

## START COLLEGE TODAY

The base and DoD has partnered with schools that provide classes and programs aboard Kings Bay as well as distance learning schools with hundreds of degree programs available online.



Drop by or call the Navy College Office today to learn how to shop for and find the right school to get a high quality degree in the shortest time and for the least amount of money.

The Navy College Office is your **FIRST** stop for: GED; Vo-Tech Training; Associates, Bachelor, Master, and Doctorate Degrees.

Beginning a degree or only want to take a class or two, NCO Counselors can help you.

Enjoy the “Campus Resource Center,” an education focused, multi-use facility. A quiet area with group and individual spaces for studying college, military advancement, and more. It’s open in the afternoons and evenings. You can also attend college classes there at night by calling the NCO today.

### College Counseling/Education Indoc

This required counselling is held every Tuesday, Wednesday and Thursday, from 2 -3 pm.



## CAMDEN COUNTY

### **St. Marys Community Market**

Every Saturday, 9 am - 1 pm

### **Kingsland Royal District Market**

Every Saturday, 9 am - 1 pm

### **Starry Nights - Music in the Park, St. Marys**

Aug. 8, 6 - 8 pm

The Bluff 5 Band

### **Woodbine Opry**

Every Friday, 7 pm

### **Camden County Wildcats Football**

Home Games:

Aug. 14, 22, 28

Sept. 11, 18

Oct. 9 and Nov. 6

## Fernandina

### **Amelia Farmers Market**

Every Saturday, 9 am - 1 pm

### **Fernandina Beach Market Place Farmers Market**

Every Saturday, 9 am - 1 pm

### **Sounds on Centre Concert Series**

Aug. 7, 6 - 8 pm

### **Family Pirate Party, Ritz-Carlton**

Aug. 8, 6 pm

Reservations requested

### **Annual Great Southern Tailgate Classic**

Aug. 21-22

The annual Great Southern Tailgate Classic highlights the spirit and fanfare of American football. The event will kick off the start of the football season and celebrate the art of tailgating in a scenic beach setting. For more info, visit:

[greatsoutherntailgateclassic.com](http://greatsoutherntailgateclassic.com)

## JACKSONVILLE

### **Jaguars 5K Stadium Challenge**

Saturday, Aug. 15

Supports the Jacksonville Jaguars Foundation and local youth sports programs. The run will include a unique course both inside and outside EverBank Field and is fit for all ages. All 5K participants will receive an official Jaguar 5K Stadium Challenge technical shirts and a custom designed finisher medal. 1 Mile Fun Run participants will receive a fun run medal and cotton shirt!

1 Mile Fun Run at 5:30 pm

5K Waves start at 5:45 pm

### **The Chipmunks: Live on Stage**

Oct. 17, 4 & 7 pm

Jacksonville's Times-Union Center

Tickets on sale NOW

## On the Horizon:

### **33rd Annual Kingsland Catfish Festival**

Sept. 4-5

### **Rock Shrimp Festival , St. Marys**

Oct. 3

### **Georgia/Florida Football Game**

Oct. 31, Jacksonville at EverBank Field

### **Navy VS Notre Dame Football**

Nov. 5, 2016, EverBank Field, Jacksonville

Mark your calendars! Find more details:

[http://www.jacksonvillesportscouncil.com/  
navy-notre-dame/](http://www.jacksonvillesportscouncil.com/navy-notre-dame/)

# Helpful Numbers

**Suicide Prevention:** Are you, or someone you know, struggling to cope with a personal crisis? Call (912) 573-4512 or call the National Suicide Prevention Lifeline phone number (800) 273-8255.

**Chaplain:** Chaplains assist military personnel and family members in dealing with concerns such as faith issues, stress, redeployment or reunion issues, and ethical values. Call (912) 573-4501.

**Family Counseling:** Stress can be caused by family hardships, marital conflicts, parent/child issues, money concerns, frequent moves, and other difficulties. Call (912) 573-4512.

**Parenting Assistance:** The New Parent Support Program is a team of professionals providing supportive and caring services to military families with new babies. Call (912) 573-4512.

**Navy-Marine Corps Relief:** NMCRS provides emergency financial assistance, interest-free loans, scholarships and other support to Navy

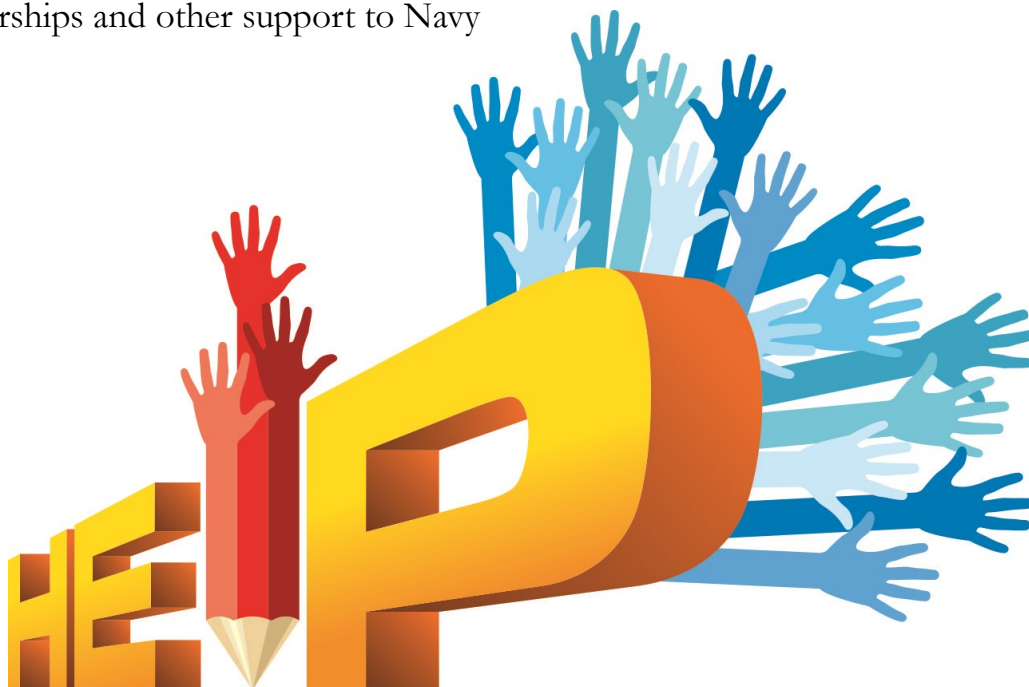
and Marine families. Call (912) 573-3928.

**Ombudsman:** Your Ombudsman appointed by your Commanding Officer to serve as a link between your command and its command families. If you don't know your Ombudsman's number, call the SUBASE Ombudsman at (912) 464-9377.

**Red Cross:** Red Cross workers send emergency communication messages to service members wherever in the world they happen to be. Call (912) 651-5382.

**Sexual Assault:** If you have been, or think you may have been sexually assaulted, call the DoD Safe Helpline (877) 995-5247 of the SUBASE SAPR at (912) 573-0992.

**SUBASE CDO:** The command duty officer is the direct representative of the SUBASE. In an emergency, when other base services and your command Ombudsmen are not able to be reached, contact the CDO at (912) 674-5033.





### August 3

Back to School Special 1-5pm (Rack-N-Roll Lanes)  
 Parenting Class at FFSC 9 am (912) 573-4512  
 Ombudsman Basic Training at FFSC Aug. 3-7, 5-9 pm (912) 573-4512

### August 4

Moms & Dads Group at FFSC 10 am (912) 573-4512  
 9-Ball Pool Tournament 6 pm (18 & older) (912) 573-4548  
 Monthly Galley Luncheon 11-1 pm (Pirate's Cove Galley) (912) 573-9639

### August 5

Teen Center Open House Teen Center TBD (912) 573-2380  
 MWR Golf Tournament 8:30 am Shotgun (Trident Lakes Golf Course) (912) 573-8475  
 Active Duty bowl free 11 am - 1 pm (912)573-9492  
 Pre-Marital Class at FFSC 1-4 pm (912) 573-4512  
 #GotDeployment at FFSC 5-7 pm (912) 573-4512  
 SAPR Cross Training at FFSC Aug. 5-6, 8 am-4 pm (912) 573-4512

### August 6

Guitar Lessons 6:30-8:30 pm TRIPLEX (18 & older) (912) 573-4548  
 Family Bowling Night 5 pm-9:30 pm (912) 573-9492

### August 7

IMAX 3D Trip - Fantastic 4 Depart TRIPLEX 5:30 pm (18 & up) (912) 573-4548

### August 8

Canoe the Okefenokee Depart the TRIPLEX at 8 am (18 & up) (912) 573-4548

### August 10

Parenting Class at FFSC 9 am (912) 573-4512  
 Give Parents a Break Night Out 6 pm (CYP) (912) 573-3888  
 Ballroom Dancing 6 pm (TRIPLEX) (18 & older) (912) 573-4548  
 Monday Runday 6:30 pm, TRIPLEX (18 & older) (912) 573-4548

Basic Command Financial Specialist Training at FFSC Aug. 10- 14, 8 am- 4 pm (912) 573-4512

### August 11

Moms & Dads Group at FFSC 10 am (912) 573-4512  
 Give Parents a Break Night Out 6 pm (CYP) (912) 573-3888  
 Taco Tuesday & a Movie (Teen Center) TBD (912) 573-2380  
 Bowling w/Liberty at RNR Lanes 6:30pm (18 & older) (912) 573-4548  
 FRG Advanced Training at FFSC 5 - 7 pm (912) 573-4512

### August 12

“The Gathering” Cooking Classes 5 pm (18 & older) (912) 573-4548  
 SAPR Advanced Training at FFSC 8 am-4 pm (912) 573-4512  
 EFMP 101 at FFSC at FFSC 9:30-10:30 am (912) 573-4512  
 Finding a Job in Kings Bay at FFSC 9-11 am (912) 573-4512  
 Active Duty bowl free 11 am - 1 pm (912) 573-9492  
 Mock Interview/Dress for Success at FFSC 1-4 pm (912) 573-4512

### August 13

Command Sponsorship Coordinator Training at FFSC 10-11 am (912) 573-4512  
 Family Bowling Night 5 pm-9:30 pm (912) 573-9492  
 Expectant Family Workshop at FFSC 1-4 pm (912) 573-4512

### August 14

Bowl-In Movie Night 5 - 9 pm (Rack-N-Roll Lanes) (912) 573-9492  
 National Creamsicle Day 2 pm (Eagle Hammock RV Park patrons only) (912) 573-5262

### August 15

Dive-In Movie 7 - 9:30 pm (MWR Pool Complex) (912) 573-3001

### August 17

Parenting Class at FFSC 9 am (912) 573-4512  
 Transition GPS at FFSC Aug. 17-21, 7:30 am-4 pm (912) 573-4512

**August 18**

Moms & Dads Group at FFSC 10 am (912) 573-4512  
 Give Parents a Break Night Out 6 pm (CYP) (912) 573-3888  
 8-Ball Pool Tournament 6 pm (18 & older)  
 (912) 573-4548  
 Smooth Move Workshop at FFSC 2-4 pm (912) 573-4512

**August 19**

MWR Golf Tournament 8:30 am Shotgun (Trident Lakes Golf Course) (912) 573-8475  
 Spouse Indoctrination at FFSC 9 am-2 pm (912) 573-4512  
 Career Assessment Workshop 10 am-12 pm (912) 573-4512  
 Active Duty bowl free 11 am - 1 pm (912) 573-9492

**August 20**

Stress Management Class at FFSC 1-4 pm (912) 573-4512  
 Family Bowling Night 5 pm-9:30 pm (912) 573-9492  
 Guitar Lessons 6:30-8:30 pm (TRIPLEX) (18 & older)  
 (912) 573-4548

**August 21**

Run for the Fallen 7 am (Fitness Complex) (912) 573-3990

**August 22**

Jacksonville Suns Trip depart TRIPLEX 5 pm (18 & older)  
 (912) 573-4548  
 Spelunking in Rising Falls, Ga. August 22-23 Depart the TRIPLEX at 8 am. (18 & older) (912) 573-4548

**August 24**

Kings Bay CFL Course August 24-29 7 am - 4 pm (Fitness Complex) (912) 573-3990  
 Parenting Class at FFSC 9 am (912) 573-4512  
 Give Parents a Break Night Out 6 pm (CYP) (912) 573-3888  
 OMBUDSMAN Assembly (TRIPLEX) 6 pm (912) 573-4512  
 Monday Runday 6:30 pm (TRIPLEX) (18 & older) (912) 573-4548

**August 25**

Transition Capstone Event at FFSC 8 -10 am (912) 573-4512  
 Moms & Dads Group at FFSC 10 am (912) 573-4512  
 Transition Wrap-Up at FFSC 1-4:30 pm (912) 573-4512  
 Talking Money with Your Honey at FFSC 5 -7 pm (912) 573-4512

**August 26**

National Picnic Month 11 am (Eagle Hammock RV Park patrons only) (912) 573-5262  
 Transition GPS: Higher Education at FFSC Aug. 26-27, 8 am -4 pm (912) 573-4512  
 Anger Management Class at FFSC 8:30 am-12 pm (912) 573-4512  
 Home Buying and Selling Class at FFSC 1-4 pm (912) 573-4512  
 Active Duty bowl free 11 am - 1 pm (912)573-9492  
 “The Gathering” Cooking Classes 5 pm (18 & older) (912) 573-4548

**August 27**

10 Steps to a Federal Job at FFSC 9:30 am-12:30 pm (912) 573-4512  
 Ready Navy 101 at FFSC 2-3 pm (912) 573-4512  
 Family Bowling Night 5 pm-9:30 pm (912) 573-9492  
 Spades Tournament 7 pm (TRIPLEX) (18 & older) (912) 573-4548

**August 28**

Free Care Friday 6 pm - midnight (CYP) (912) 573-3888  
 Ballroom Dancing 6 pm TRIPLEX (18 & older) (912) 573-4548  
 Braves VS Yankees Trip August 28-30 Depart the TRIPLEX at 3 pm (18 & older) (912) 573-4548

**August 31**

Parenting Class at FFSC 9 am (912) 573-4512  
 Transition GPS at FFSC Aug. 31- Sept. 4, 7:30 am- 4 pm (912) 573-4512

Beware and Prepare! It's coming...

# Spooktober



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2	3  Oktoberfest St. Marys Rock
4	5	6	7	8 Galley Navy Birthday Meal	9	10 Navy Ball in Jacksonville
11	12 Columbus Day Student Holiday	13	14	15	16 Zombie Tag 5K	17 Family Camping @ Etowah Park Movie Under the Stars: Frankenweenie
18	19	20	21	22	23	24 Trunk or Treat Fall Festival
25 Air Show in Jacksonville	26	27	28	29 Halloween Horror Spin Class	30 Halloween Party @ TRIPLEX (18 & Older)	31 Trick or Treat: Camden/Housing Georgia/Florida Football in JAX Halloween Movie Marathon @ The Box Office

## baseNUMBERS

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### Autoport

(912) 510-9027

### Barbershop

(912) 882-6228

### Beauty Shop

(912) 882-6152

### Chapel

(912) 573-4501

### Child Development Center

(912) 573-3888

### Education Center

(912) 573-4527

### Fitness Complex

(912) 573-3990

### Fleet & Family Support Ctr.

(912) 573-4512

### Galley

(912) 573-9639/(912) 573-9638

### ID Card Issuing

(912) 573-8259

### ITT

(912) 573-1157

### Jacksonville USO

904-778-2821 / 904-778-7928

### Kings Bay Commissary

(912) 573-3313

### Morale, Welfare and Recreation

(912) 573-2538

### Navy Gateway Inns and Suites

(912) 573-4871 / (912) 573-4971

### Navy Legal

(912) 573-4527

### Navy Lodge

(800) 628-9466 / (912) 882-6868

### Navy Marine Corps Relief Society

(912) 573-3928

### NBHC Kings Bay Appointment Line

(912) 573-6450

### Outdoor Adventure Center

(912) 573-8103

### PSD

(912) 573-3935

### Pass & ID

(912) 573-8609 (Franklin Gate)

(912) 573-1180 (Stimson Gate)

### Post Office

(912) 573-9633

### Rack-N-Roll Lanes

(912) 573-9492

### Security

(912) 573-2271

### Trident Lakes Golf Course

(912) 573-8475

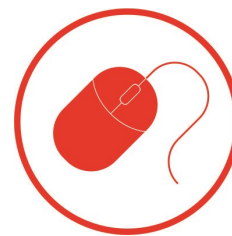
### TRIPLEX

(912) 573-4548

### Veterinary Clinic

(912) 573-0755

**Have you seen the new MWR website?** It's a big deal. Stop by soon and check back often for event highlights, important information, and more! Don't forget to download the **mobile app** and take MWR with you wherever you go.



[www.navymwrkingsbay.com](http://www.navymwrkingsbay.com)