

CHECKLIST OF MEDICAL ASSESSMENT REQUIREMENTS

USAFRICOM AOR ONLY

IAW U.S. AFRICA COMMAND Force Health Protection (FHP) Medical Guidance (MEDGUIDE)

THE MEDICAL ASSESSMENT REQUIREMENTS BELOW MUST BE COMPLETED FOR ALL TRAVEL TO USAFRICOM AOR.

REQUIREMENTS MUST BE REVIEWED AND COMPLETED, AS NEEDED, FOR EACH TRIP/ENTRY INTO THE USAFRICOM AOR.

IF TRAVELING FOR MORE THAN 30 CONSECUTIVE DAYS, TRAVELER MUST ALSO BE PROCESSED FOR DEPLOYMENT IAW DODI 6490.03.

PART I: TRAVELER PREPARATION	INITIAL COMPLETED		INITIAL COMPLETED
I HAVE OBTAINED AND AM TRAVELING WITH A PRE-TREATED BEDNET (if required).		I HAVE OBTAINED AND AM TRAVELING WITH INDIVIDUAL INSECT REPELLENT CONTAINING 24-35% DEET.	
I AM TRAVELING WITH ENOUGH CLOTHING OR UNIFORMS WHICH HAVE BEEN TREATED WITH PERMETHRIN TO LAST TRAVEL DURATION.		I AM TRAVELING WITH A CDC FORM 731 (YELLOW SHOT CARD) STAMPED WITH AN OFFICIAL YELLOW FEVER CERTIFICATE.	
I HAVE REVIEWED THE SUMMARY IN THE FOREIGN CLEARANCE GUIDE (FCG), SECTION VI.E. HEALTH PRECAUTIONS FOR EACH OF THE COUNTRY/IES TO BE VISITED (LINK TO FCG BELOW). https://WWW.FCG.PENTAGON.MIL https://WWW.FCG.PENTAGON.SMIL.MIL		I UNDERSTAND THAT FEDERAL CIVILIAN EMPLOYEES (INCLUDING RETIRED MILITARY) AND CONTRACTORS ON OFFICIAL TRAVEL WITHIN THE USAFRICOM AOR ARE NOT SYSTEMICALLY COVERED BY ANY FORM OF GUARANTEED MEDICAL EVACUATION PLAN IN THE EVENT OF A MEDICAL EMERGENCY. I UNDERSTAND MY OPTIONS FOR MEDICAL EVACUATION OUT OF THE USAFRICOM AOR.	
I HAVE REVIEWED THE FOOD SAFETY BRIEF AT HTTP://PHC.AMEDD.ARMY.MIL/PHC%20RESOURCE%20LIBRARY/DEPLOYMENT_FOOD_RISK_BRIEFING.PDF AND UNDERSTAND HOW TO MITIGATE THE RISKS OF CONSUMING NON-APPROVED FOOD & WATER.		I AM DIRECTED NOT TO SWIM IN ANY FRESH WATER.	
		I AM DIRECTED NOT TO PHYSICALLY CONTACT, KEEP, OR FEED ANY ANIMALS IN USAFRICOM AOR.	
IF I BECOME ILL WITHIN A YEAR AFTER TRAVELING TO THE USAFRICOM AOR, I AM DIRECTED TO SEEK MEDICAL ATTENTION AND INFORM PROVIDERS THAT I HAVE TRAVELED TO AFRICA.		I AM DIRECTED TO USE PERSONAL PROTECTIVE MEASURES TO AVOID BEING BITTEN BY ANY INSECTS OR ANIMALS.	
PART II: MEDICAL ASSESSMENT REQUIREMENTS - TO BE COMPLETED VIA MEDICAL APPOINTMENT OR CONSULTATION			
DATE COMPLETED (*TO BE ENTERED INTO APACS BLOCK*):			INITIAL COMPLETED
1) MEDICALLY READY IAW SERVICE AND/OR AGENCY GUIDELINES (CONTRACTORS IAW DODI 3020.41)			
2) SUFFICIENT QUANTITY OF CURRENT MEDS AND/OR MEDICAL EQUIPMENT TO LAST TRAVEL DURATION			
3) LAB WORK (HIV,G6PD,TB,DNA) CURRENT IAW SERVICE GUIDELINES			
4) ANTI-MALARIAL MEDICATIONS PRESCRIBED AS REQUIRED PER NCMII ASSESSMENT OF TRANSMISSION RISK			
5) RECOMMENDED MEDICATIONS FOR COMMON TRAVELER ILLNESSES (SUCH AS DIARRHEA)			
6) MANDATORY VACCINATIONS FOR ENTRY INTO THE USAFRICOM AOR			
-- HEPATITIS A (SERIES COMPLETE OR FIRST DOSE AT LEAST 14 DAYS PRIOR TO TRAVEL)			
-- HEPATITIS B (SERIES COMPLETE OR FIRST DOSE AT LEAST 14 DAYS PRIOR TO TRAVEL)			
-- TETANUS-DIPHTHERIA (EVERY 10 YRS - ONE TIME ADULT BOOSTER OF TDAP IF NOT PREVIOUSLY RECEIVED)			
-- MEASLES, MUMPS, RUBELLA (Updated: TWO LIFETIME ADULT DOSES ARE REQUIRED)			
-- POLIOVIRUS (SERIES COMPLETE PLUS SINGLE ADULT BOOSTER IS REQUIRED)			
-- SEASONAL INFLUENZA (CURRENT ANNUAL VACCINE)			
-- VARICELLA (DOCUMENTED IMMUNITY OR VACCINATION)			
-- TYPHOID (INJECTABLE EVERY 2 YRS; ORAL EVERY 5 YRS)			
-- MENINGOCOCCAL (EVERY 5 YRS)			
-- YELLOW FEVER (EVERY 10 YRS - LAST DOSE MUST BE AT LEAST 10 DAYS PRIOR TO ARRIVAL TO AFRICA)			
-- RABIES / PNEUMOCOCCAL IF HIGH RISK AND AS NEEDED FOR OCCUPATIONAL EXPOSURE			
7) LOCATION SPECIFIC HEALTH THREAT / COUNTERMEASURES BRIEF WITHIN 30 DAYS OF ARRIVAL TO AFRICA			
PART III: CERTIFICATION			
TRAVELER: I ACKNOWLEDGE THAT I HAVE MET ALL FORCE HEALTH PROTECTION REQUIREMENTS FOR TRAVEL TO MY SPECIFIC DESTINATION(S) WITHIN THE USAFRICOM AOR UNLESS EXEMPTED BY A MEDICAL PROVIDER. I WILL MAINTAIN A COPY OF THIS CHECKLIST IN MY PERSONAL FILES FOR 12 MONTHS.			
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(PRINT NAME, GRADE)		(SIGN AND DATE)	

CURRENT A/O 15 MAY 13 (v2)

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FOR MORE INFORMATION ON FORCE HEALTH PROTECTION WITHIN THE USAFRICOM AOR, PLEASE VISIT:

<http://www.africom.mil/staff-resources/travel-to-africa>