

A black and white photograph of two hands reaching towards each other, palms facing each other, set against a dark blue background with a subtle pattern. The hands are positioned in the center of the frame, with the left hand on the left and the right hand on the right. The fingers are slightly spread, and the palms are open, suggesting a gesture of support or connection.

{SUICIDE}

IS 100% PREVENTABLE

SPEAK UP
REACH OUT

{SUICIDE}

IS 100% PREVENTABLE

Suicide prevention is everyone's responsibility.

Talk to your friends about suicide risk factors such as failed relationships, legal or financial problems, substance abuse or the frequent loss of loved ones

If you need help or know someone who does, call **800.273.TALK (8255)**