

What is it?

 Zika is a viral infection spread by mosquito bites
Zika virus infections in pregnant women have been linked to infants with birth defects
Zika virus infections have been reported in South and Central America, Mexico and the Caribbean.

🔭 No vaccine is available/no treatment is available

What should I do?

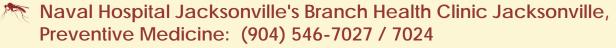
🔭 Avoid mosquito bites

🔭 Use bug repellants containing DEET,

- picaridin, or IR3535
- Mear long sleeves/long pants
- Mear light-colored clothing
- The Ensure window screens are intact
- The Eliminate standing water
- Avoid peak hours mosquitoes that

spread Zika virus bite mostly by day

Where can I learn more?



 Navy and Marine Corps Public Health Center Zika virus information: www.med.navy.mil/sites/nmcphc/program-and-policysupport/Pages/Topics-in-Preventive-Medicine.aspx
CDC Zika virus webpage: http://www.cdc.gov/zika/index.html