

# Suggested list of What to take with you if you Evacuate your Home or Go to a Shelter in time of a Disaster

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- ❑ **Special Needs**
  - Special dietary foods, baby foods, diapers, etc.
- ❑ **Prescription Medications / Treatments**
  - 2 Week supply of medicine in original containers
  - Small cooler of ice, if refrigeration is needed for medication
  - If using oxygen, bring your concentrator & as many full, portable tanks as possible
- ❑ **Bedding**
  - Lightweight cot or folding lounge chair
  - Blankets / Sleeping bags / Pillows / Sheets
- ❑ **Flashlights & Portable Radio**
  - Plenty of extra batteries
- ❑ **Clothing**
  - Clothing for one week
  - Rain gear
- ❑ **Personal Care Items**
  - Towels, washcloths & soap
  - Toiletries / other personal care or feminine hygiene items
- ❑ **Spare Eyeglasses/Contacts** including supplies
- ❑ **Games & Toys**
  - Quiet games and “favorite” toys for children
- ❑ **Identification**
  - Store important papers, such as insurance cards/papers, immunization records, deeds, titles, keepsakes in a safe deposit box or at least in a waterproof container
- ❑ **Traveler's checks**

## NOTES:

- Hurricane Shelters will be available for people who have no other place to go. Shelters may be crowded and uncomfortable with no privacy and no electricity. (Those shelters designated for people with medical dependencies should have electricity).
- DO NOT LEAVE YOUR HOME UNTIL GOVERNMENT OFFICIALS ANNOUNCE on radio and/or television or you verify by contacting emergency officials by phone that a particular shelter is open.
- Shelters are typically located in schools that provide a large “safe” area inside a sturdy building. They tend to be barren and the sheltering visitors bring in most “comforts”.

**DO NOT BRING WEAPONS, ALCOHOL OR ILLEGAL DRUGS TO SHELTERS!**

# Hurricane Survival

(If your staying home or “sheltering in place”)

## Prepare Now

- ❑ Before hurricane season begins, June 1<sup>st</sup>, put together a survival kit and make decisions regarding where to go and plan what you would do if you had to suddenly evacuate
- ❑ Learn the emergency evacuation routes for your area
- ❑ Make a list of valuable, irreplaceable items to gather if only given 15 minutes to pack and leave
- ❑ If oxygen dependent, prepare enough portable oxygen if electricity is lost
- ❑ **Survival Kit**
  - Waterproof container with lid to store/carry items
  - Canned, non-perishable foods (including pet food)
  - Infant care items (diapers, formula) if needed
  - Manual can opener
  - Can of Sterno, matches/lighters
  - Disposable plates, cups, utensils
  - Drinking water in clean, unbreakable containers- 2 quarts per person/day  
Change water every 6 months – Old milk jugs are NOT recommended
  - Flashlights, portable radio, extra batteries
  - Masking or duct tape
  - Compass
  - First Aid kit (sterile bandages, scissors, tape, rubbing alcohol, pain reliever, antacid, antibiotic cream)
  - Copies of important papers in sealed waterproof container (Birth certificates, emergency numbers, immunization records, insurance papers, Social Security numbers, cash/traveler's checks) Originals should be in safe deposit box in another location
- ❑ **Have on Hand**
  - Prescription medications / treatments (2 week supply in original containers)
  - Portable outdoor stove or grill with extra fuel supply
  - Ice chests
  - Liquid household bleach  
To purify water- place ¼ teaspoon/ gallon water, shake, let sit 30 minutes
  - Sheets of plywood to board up windows during hurricane watch  
(24-36 hours before storm)

## Before the Storm

- ❑ Listen to weather updates on television or radio. Stay informed! (89.9 FM)
- ❑ Have car ready – Check gas, oil, water & maintenance
- ❑ Board up or put storm shutters on windows
- ❑ Plan for pets- Pets are not allowed in shelters
- ❑ Secure & store loose objects in your yard (trash cans, lawn furniture, etc)
- ❑ Turn refrigerators/freezers to coldest settings
- ❑ Fill tubs with water for washing & flushing toilets

## During the Storm

- ❑ Remain indoors, stay in an interior, windowless area away from windows
- ❑ Stay inside until local authorities announce your area is safe

## After the Storm

- ❑ Do **not** drink tap water until informed by authorities that it is safe
- ❑ Rarely open the refrigerator/freezer during the first 12-18 hours after power is lost.  
A full, unopened freezer will stay frozen for 2 days, a ½ full freezer for 1 day.
- ❑ Canned goods, dry food and food with intact seals are safe to eat.
- ❑ Fruit/vegetables are safe if not washed with contaminated water