



Coast Guard Family Resources

Family Resources



1-855-CG SUPRT
(247-8778)
www.cgsuprt.com/

Coast Guard Employee Assistance Program

Office of Work-Life: www.uscg.mil/worklife

Coast Guard Human Resources: www.uscg.mil/hr

Childcare Program: www.uscg.mil/worklife/child_care.asp

Chaplain: www.uscg.mil/comdt/cocg/

Civilian Personnel: www.uscg.mil/civilianhr

Coast Guard Exchange: www.cg-exchange.com/

Housing: www.uscg.mil/hr/cg133/Housing/

Coast Guard Institute: www.uscg.mil/hq/cg1/cgi
(links to college and tuition assistance)

milConnect: <https://www.dmdc.osd.mil/milconnect/>

Coast Guard Mutual Assistance: www.cgmahq.org

Morale, Well-Being & Recreation: www.uscg.mil/mwr

Ombudsman Program: www.uscg.mil/ombudsman

Scholarships: www.uscg.mil/worklife/scholarship.asp

Sea Legs (Family Member's Guide to the U.S. Coast Guard):
www.uscg.mil/sealegs

Sexual Assault Prevention and Response Program (SAPR):
www.uscg.mil/sapr

TRICARE: www.tricare.mil/

Coast Guard Reserve: reserve.uscg.mil

Coast Guard Retirees: www.uscg.mil/retiree

Follow the Coast Guard



Facebook
www.facebook.com/uscoastguard



Twitter
twitter.com/uscg/



YouTube
www.youtube.com/user/USCGImagery



Flickr
www.flickr.com/photos/coast_guard/



Instagram
instagram.com/uscg

Coast Guard Links

Coast Guard WWW site: www.uscg.mil/

Coast Guard All Hands Blog (official workforce blog):
<http://allhands.coastguard.dodlive.mil/>

Senior Leadership Bios: www.uscg.mil/flag

CG-1 (Human Resources) Flag Voice:
www.uscg.mil/hr/flagvoice

Coast Guard Auxiliary: www.uscg.mil/auxiliary/

Coast Guard Community Relations:
www.uscg.mil/community/

Coast Guard Directives : www.uscg.mil/directives/

Coast Guard Diversity & Inclusion: www.uscg.mil/diversity

Coast Guard Office of Leadership: www.uscg.mil/leadership

Coast Guard Messages (ALCOASTs, etc.):
www.uscg.mil/announcements/

Coast Guard Recruiting: www.gocoastguard.com



Assistant Commandant
for Human Resources

www.uscg.mil/hr

Last Updated 6/9/15