

**Resources for the DCoE March 2016
Deployment-related PTSD and Mild TBI in Service Members
Psychological Health Webinar**

The [Army Study to Assess Risk and Resilience in Servicemembers \(Army STARRS\)](#) is the largest study of mental health risk and resilience ever conducted among military personnel. Army STARRS investigators are looking for factors that help protect a Soldier's mental health and factors that put a Soldier's mental health at risk. Army STARRS ran from July 2009 through June 2015. During that time, research findings were reported to senior Army leadership as the findings became available so the Army had the ability to apply them to ongoing health promotion, risk reduction, and suicide prevention efforts.

The [National Center for PTSD](#) is a Department of Veterans Affairs database designed to research and educate on trauma and PTSD. They work to assure the latest research findings help those exposed to trauma.

The [National Institute of Mental Health](#) is one of 27 institutes or centers within the National Institutes of Health. Its goal is to transform the understanding and treatment of mental illness via scientifically astute research and innovative thinking with hopes of finding ways for prevention, treatment, recovery, and reintegration of individuals with mental illness.

Committee on the Assessment of the Readjustment Needs of Military Personnel, Veterans, and Their Families; Board on the Health of Select Populations; Institute of Medicine. [Returning Home from Iraq and Afghanistan: Assessment of Readjustment Needs of Veterans, Service Members, and Their Families](#). Washington (DC): National Academies Press (US); 2013 Mar 12. Available from:

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[Prevalence and Costs of Co-occurring Traumatic Brain Injury With and Without Psychiatric](#)

[Disturbance and Pain Among Afghanistan and Iraq War Veteran VA Users](#). *Medical Care*; 50 (4),

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