

DODSER DEPARTMENT OF DEFENSE SUICIDE EVENT REPORT CALENDAR YEAR 2013 ANNUAL REPORT













National Center for Telehealth & Technology (T2)

Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury (DCoE)

t2.health.mil

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DEFENSE HUMAN RESOURCES ACTIVITY HEADQUARTERS

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Dear Military Leadership and Community Members:

The Department of Defense Suicide Event Report (DoDSER) is the Department's principal suicide surveillance tool. Within the DoDSER, the Services collect and report on Service member suicide events and associated factors. It also identifies several areas that can inform suicide prevention efforts, including suicide event information, behavioral health diagnosis, psychosocial stressors, demographics, and deployment history. Additionally, monitoring and analyzing suicide events enables us to inform research activities to develop future interventions.

As you read the Calendar Year 2013 DoDSER, you will note the most common demographics associated with suicides are among males, white/Caucasian, non-Hispanic, junior enlisted (E1-E4), under 30 years of age, and educated through high school. Although this report shows some of the most common stressors and demographics that were known to precede a suicide, it also documents the complexity and variety of circumstances that exist prior to a suicide event. It underlines the importance of this issue and the fact that prevention involves all of us.

I encourage you to read and become familiar with this document and use its findings to improve efforts in preventing suicide among members of our Armed Forces. Thank you for your continued support.

Pamela S. Mitchell

Parmes & Newtrell

Director

ACKNOWLEDGMENTS

The National Center for Telehealth & Technology (T2) prepared this Department of Defense Suicide Event Report (DoDSER) Annual Report with contributions from many organizations and individuals. We are grateful to the Services' behavioral health providers and commanddesignated appointees who collected and verified suicide event data. We also wish to thank the Services' Suicide Prevention Program Managers (SPPMs) and DoDSER Program Managers who oversaw the DoDSER data collection process to ensure data integrity and program compliance. In particular, Lt. Col. Kathleen Crimmins (Air Force SPPM), John Wills (Army DoDSER Program Manager), Jessica Jagger, Ph.D., M.S.W. (Marine Corps Behavioral Health Data Surveillance), and Capt. Julie Miller (21st Century Sailor Office).

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EXECUTIVE SUMMARY

This annual report of the DoDSER program summarizes CY 2013 fatal and nonfatal suicide events reported and submitted by March 31, 2014. This report is composed of aggregated DoDSER data for each of the four covered Services: Air Force, Army, Marine Corps, and Navy. Data for each DoDSER were provided by the Services, the AFMES, and the Defense Manpower Data Center (DMDC). Personally identifiable information has been redacted from this report.

Background

The DoDSER program is a collaborative effort of T2 and the Services' (excluding the U.S. Coast Guard) suicide prevention program offices. Since January 1, 2008, the DoDSER program has standardized suicide surveillance across the Services with the ultimate goal of facilitating the DoD's suicide-prevention mission. When a death is ruled a suicide by the AFMES, a designated professional from the respective Service reviews records, conducts interviews when appropriate. and responds to the DoDSER items via the secure web-based DoDSER application (https://dodser. t2.health.mil). As of January 1, 2010, surveillance of suicide events expanded to include suicide attempts for all Services. Additional nonfatal suicide events including self-harm and suicidal ideation are collected by the Army. The DoDSER items collect comprehensive information about the Service member (SM) and the event.

Changes to the Annual Report

The DMDC provided data on demographic characteristics and deployment history. The use of these external, enterprise data sources is intended to improve the quality of the data reported herein. The date used for case identification for suicide rates was June 30, 2014 instead of March 31, 2014.

Caveats

No formal statistical testing was implemented in the development of this report; as such, we cannot draw strong inferences in comparisons between event types or over time. Furthermore, since the primary purpose of the DoDSER program is to monitor suicide events, both fatal and nonfatal, as they occur, the system does not specify the systematic collection of concurrent data on non-cases (i.e., controls). Collection of such data exceeds the surveillance mandate of the DoDSER and becomes a formal research protocol. The data described in this report can identify the prevalence of various suspected risk and protective factors for suicide, but definitive conclusions and inference about the role of any specific factor in terms of suicide prevention requires well-planned and well-executed etiologic research that exceeds the scope of this surveillance program.

Rates

According to AFMES's data as of June 30, 2014, there were 259 suicides among Active Component SMs and 220 among Reserve and National Guard SMs of the Selected Reserve (SELRES). The Active Component suicide rate (per 100,000 SMs) was 18.7. The rates for the Reserve and National Guard components of the SELRES were 23.4 and 28.9, respectively. Rates for the Active Components of the four services were 14.4, 23.0, 23.1, and 13.4 for the Air Force, Army, Marine Corps, and Navy, respectively.

DoDSER

Per policy, the DoDSER system collected data on suicides for all SMs in a duty status at the time of death, including SMs in the SELRES. SMs not included were Active Component SMs who were absent without leave (AWOL) or in a deserted status and SELRES SMs who were not in a duty status. The distribution of suicide DoDSERs across the four included Services was as follows: Air Force-43 (17.6%), Army-115 (46.9%), Marine Corps-45 (18.4%), and Navy-42 (17.1%). These counts included reports for both confirmed suicides and probable suicides pending a final determination. Of these suicides, 187 were confirmed by the AFMES as of January 31, 2014, the date used for the evaluation of DoDSER submission compliance. For CY 2013, all Services achieved 100% submission compliance. A total of 1,034 SMs had one or more attempted suicides reported in the DoDSER for CY 2013.

DoDSER Results

- Based on submitted DoDSERs, the most common demographic characteristics for SMs who died by suicide or attempted suicide in CY 2013 were:
 - o Male
 - o White/Caucasian
 - o Non-Hispanic
 - o Under 30 years of age
 - o Junior enlisted (E1- E4)
 - Educated through high school
- The primary methods for suicides were firearms and hanging. The majority of firearms used were non-military-issued firearms. Drugs and/or alcohol overdose was the most common method indicated in suicide attempt reports.
- The most common behavioral health diagnoses for suicide DoDSERs were mood and adjustment disorders. For suicide attempt DoDSERs, the most common behavioral health diagnoses were mood and anxiety disorders.

- Failed relationships (mostly intimate in nature) and administrative/legal issues were the most frequently cited psychosocial stressors in suicide DoDSERs. In suicide attempt DoDSERs, failed relationships and financial or workplace difficulties were reported most frequently.
- Most suicide DoDSERs and approximately onehalf of suicide attempt DoDSERs indicated a history of deployment.

Conclusions

The risk and protective factors described in the CY 2013 DoDSER Annual Report reflect very similar patterns to those identified in previous years. Incorporation of data from the AFMES and the DMDC in this year's report and pending enhancements that include the use of additional external data sources will further enhance the ability of the DoDSER program to inform leadership of patterns related to suicide among SMs.



A NOTE ON THE DATA SOURCES

This DoDSER Annual Report presents data to address two important aspects of suicide surveillance:

- 1. What is the burden of suicide among SMs?
- 2. What is the distribution of known or suspected risk factors among SMs who engaged in suicidal behavior?

To answer the first question, the AFMES used data on the number of CY 2013 suicides that were confirmed or pending confirmation as of March 31, 2014 to calculate mortality rates using data from the DMDC to determine the denominators. (See Appendix A for more details on the calculations performed to produce the rates presented in this report.) The presentation of rate data for this year's DoDSER Annual Report presents rate data separately for SMs in the Active Component and SMs in the Reserve and National Guard Components of the SELRES, regardless of duty status.

To answer the second question, T2 maintains an electronic surveillance system to collect historical and risk factor data on suicides and suicide

attempts among SMs who are in a duty status at the time of the event. At present, the mandate for the surveillance system does not extend to Reserve and National Guard Component SMs who were not in a duty status. All CY 2013 suicides that were confirmed by January 31, 2014 by the AFMES were required to submit a DoDSER by March 31. 2014. Those suicides that were confirmed after this deadline may also have had a DoDSER submitted, but it was not required given the minimum time allowed to submit a report post confirmation of a suicide and the timeline for developing the annual report. The table below shows the relationship of the suicides used in the rate calculations to those included in the DoDSER data. (See Appendix A for more information on how the DoDSER system functions and a description of the types and sources of data used to complete a DoDSER.)

Distinction between the number of suicides included in the rate calculations and the number of DoDSERs included in the Annual Report

| | Active Component | Selected Reserve |
|---|------------------|------------------|
| Number of confirmed and pending suicides for CY 2013, as of June 30, 2014 | 259 | 220 |
| DoDSER required (suicide occurred while SM was in a duty status) | 259 | 32 |
| DoDSERs included in Annual Report | 224 | 21 |
| Met compliance requirement (DoDSERs submitted for a suicide confirmed by AFMES by January 31, 2014) | 169 | 18 |
| Exceeded compliance requirement (DoDSERs submitted for a suicide confirmed by AFMES after January 31, 2014, or still pending a final determination) | 55 | 3 |
| Suicides not included in Annual Report | 35 | 11 |
| Did not meet compliance requirement (DoDSERs not submitted for a suicide confirmed by AFMES by January 31, 2014) | 0 | 0 |
| Exceeded compliance requirement (DoDSERs submitted for a suicide confirmed by AFMES after January 31, 2014, or still pending a final determination) | 35 | 11 |



Chapter 1SUICIDE RATES

SUICIDE RATES

In this section, we present the rates of suicide for CY 2013 (see Appendix B for tables). Rates are presented for each Service and in aggregate across the four Services included in the DoDSER surveillance program. Rates are provided separately for the Active Component and the Reserve and National Guard Components of the SELRES. All rates included in the tables are unadjusted rates. Comparisons between groups or across time do not take into account different distributions of factors, such as the age composition of each population, which can provide misleading results. Distributions of demographic characteristics and associated rates are included in the tables in Appendix B with rates redacted for categories with fewer than 20 events. A detailed discussion on the data sources, definitions, and formulae used in calculating the suicide rates is included in Appendix A.

The AFMES identified 259 suicides among Active Component SMs in CY 2013. From the SELRES, there were 87 suicides in the Reserve Component and 133 in the National Guard Component. The rate of suicide (per 100,000 SMs) for Active Component SMs was 18.7. The rates for the Reserve and National Guard Components of the SELRES were

23.4 and 28.9, respectively. The suicide rates for the Active Components of the four Services were as follows: Air Force – 14.4, Army – 23.0, Marine Corps – 23.1, Navy – 13.4. The number of suicides in the SELRES for each Service was too small to calculate stable unadjusted rates with the exception of the Army Reserve and Army National Guard Components of the SELRES with rates of 30.1 and 33.4, respectively.



Chapter 2DoDSER RESULTS

DoDSER RESULTS—ALL SERVICES

The DoDSER system collects data on demographics, contextual factors, behavioral health history, and known or suspected risk factors for suicide for all identified suicides and suicide attempts that occur among Active Component SMs and SELRES SMs in a duty status. The DMDC provided data on demographic variables and deployment history for submitted DoDSERs. DoDSERs for suicides were required to be submitted within 60 days after notification from the AFMES of confirmation of the manner of death. DoDSERs for suicide attempts were required to be submitted when an SM engaged in selfinjurious behavior, with intent to die, that resulted in hospitalization or evacuation from in-theater. DoDSERs submitted by March 31, 2014 were included in data analysis to accommodate the reporting window for events that occurred up until December 31, 2013. For CY 2013, there were 245 suicide DoDSERs and 1,080 suicide attempt DoDSERs submitted by the Services. The 245 suicide DoDSERs included 187 for decedents whose manner of death was confirmed as suicide by January 31, 2014, according to the AFMES, and 58 deaths with a later confirmation or pending suicide manner determination. The 1,080 suicide attempt DoDSERs provided data on 1.034 unique SMs—991 with one reported attempt, 40 with

two reported attempts, and 3 with three reported attempts.

Demographics

Demographic characteristics for all suicide and suicide attempt DoDSERs are displayed in Appendix C, Table C1. Most DoDSERs for both suicides and suicide attempts were associated with the following characteristics: male, white/Caucasian, non-Hispanic, less than 30 years of age, and high school graduate. SMs were most often enlisted and affiliated with the Active Component.

Event Information

Detailed descriptive statistics on the event location, event context, and event method are presented in Appendix C, Table C2. In Figure 1, we display the proportion of suicide and suicide attempt DoDSERs that indicated drug/alcohol use, firearm, or hanging as the primary event method for CY 2011 – CY 2013. In suicide DoDSERs, firearms and hanging were the methods most often used; in suicide attempt DoDSERs, the most common method was drug/alcohol overdose. Prescription and over-the-counter pharmaceuticals were the drugs used

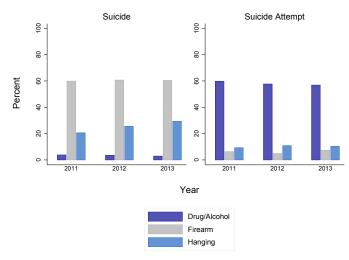


Figure 1. Distribution of event method in suicide and suicide attempt DoDSERs, all Services, CY 2011 – CY 2013.

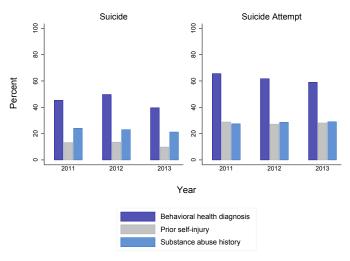


Figure 2. Distribution of behavioral health diagnosis, prior self-injury, and substance abuse history in suicide and suicide attempt



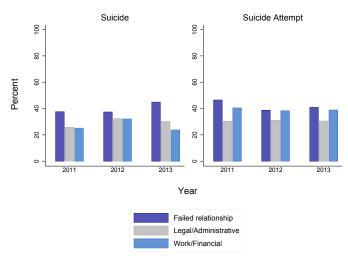


Figure 3. Distribution of three most common psychosocial stressors in suicide and suicide attempt DoDSERs, all Services, CY 2011 – CY 2013.

most frequently, either as the primary method or in addition to the primary method.

Behavioral Health

Data on behavioral health variables are provided in Appendix C, Table C3. Figure 2 displays the proportion of suicide and suicide attempt DoDSERs that indicated a history of any behavioral health diagnosis, prior self-injury, or a history of substance abuse for CY 2011 – CY 2013. For suicide DoDSERs, the most common behavioral health diagnoses were mood and adjustment disorders. For suicide attempt DoDSERs, the most common diagnoses were mood and anxiety disorders. Antidepressants were the most commonly used psychotropic medication class reported in both suicide and suicide attempt DoDSERs.

Psychosocial Stressors

Psychosocial factors included in DoDSER collected information on relationships, family issues, legal or administrative problems, work and financial difficulties, and alleged abuse victimization or perpetration. Appendix C, Table C4 provides descriptive data for each of these factors.

Deployment

A majority of suicide DoDSERs indicated a history of deployment. Approximately one-half of suicide attempt DoDSERs reported a history of deployment. (Appendix C, Table C5).

Figure 3 displays the proportion of suicide and suicide attempt DoDSERs that indicated a failed relationship, administrative or legal problems, or work and financial difficulties from CY 2011 – CY 2013. A failed relationship—primarily intimate in nature—was the most common stressor for both event types.

¹See Appendix A for additional information.



AIR FORCE DoDSER RESULTS

The DoDSER system collects data on demographics, contextual factors, behavioral health history, and known or suspected risk factors for suicide for all identified suicides and suicide attempts that occur among Active Component SMs and SELRES SMs in a duty status. The DMDC provided data on demographic variables and deployment history for submitted DoDSERs. DoDSERs for suicides were required to be submitted within 60 days after notification from the AFMES of confirmation of the manner of death. DoDSERs for suicide attempts were required to be submitted within 60 days when an SM engaged in self-injurious behavior, with intent to die, that resulted in hospitalization or evacuation from theater. DoDSERs submitted by March 31, 2014, were included in data analysis. For CY 2013, there were 43 suicide DoDSERs and 259 suicide attempt DoDSERs submitted by the Air Force. The 43 suicide DoDSERs included 26 for decedents whose manner of death was confirmed as suicide by January 31, 2014, 1 according to the AFMES, and 17 deaths with a later confirmation or pending suicide manner determination. The 259 suicide attempt DoDSERs provided data on 247 unique SMs—235 with one reported attempt and 12 with two reported attempts.

Demographics

Demographic characteristics for all suicide and suicide attempt DoDSERs are displayed in Appendix D, Table D1. Most DoDSERs for both suicides and suicide attempts were associated with the following characteristics: male, white/Caucasian, non-Hispanic, less than 30 years of age, and high school graduate. SMs were most often enlisted and affiliated with the Active Component. Approximately one-half of DoDSERs were for never-married SMs.

Event Information

Detailed descriptive statistics on the event location, event context, and event method are presented in Appendix D, Table D2. In Figure 4, we display the proportion of suicide and suicide attempt DoDSERs that indicated drug/alcohol use, firearm, or hanging as the primary event method for CY 2011 – CY 2013. In suicide DoDSERs, firearms and hanging were the methods most often used; in suicide attempt DoDSERs, the most common method was drug/alcohol overdose. Prescription and over-the-counter pharmaceuticals were the drugs used most frequently, either as the primary method or in addition to the primary method.

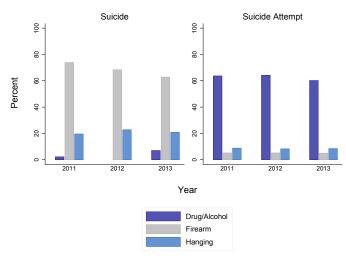


Figure 4. Distribution of event method in suicide and suicide attempt Air Force DoDSERs, CY 2011 – CY 2013.

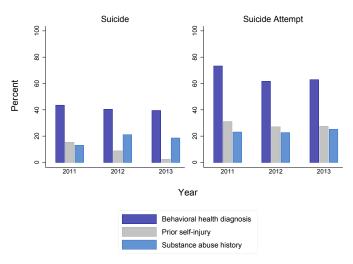


Figure 5. Distribution of behavioral health diagnosis, prior self-injury, and substance abuse history in suicide and suicide attempt Air Force DoDSERs, CY 2011 – CY 2013.

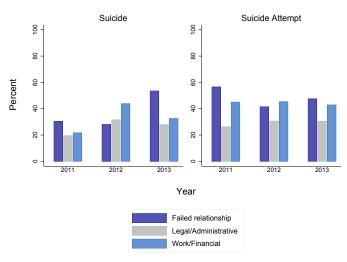


Figure 6. Distribution of three most common psychosocial stressors in suicide and suicide attempt Air Force DoDSERs, CY 2011 – CY 2013.

2013. A failed relationship—primarily intimate in nature—was the most common stressor for both event types.

Deployment History

Approximately one-half of suicide DoDSERs reported a history of deployment. Less than one-half of suicide attempt DoDSERs reported a history of deployment (Appendix D, Table D5).

Behavioral Health

Data on behavioral health variables are provided in Appendix D, Table D3. Figure 5 displays the proportion of suicide and suicide attempt DoDSERs that indicated a history of any behavioral health diagnosis, prior self-injury, or a history of substance abuse for CY 2011 – CY 2013. For both event types, the most common behavioral health diagnoses were mood, anxiety, and adjustment disorders. Antidepressants were the most commonly used psychotropic medication class reported in both suicide and suicide attempt DoDSERs.

Psychosocial Stressors

Psychosocial factors included in DoDSER collected information on relationships, family issues, legal or administrative problems, work and financial difficulties, and alleged abuse victimization or perpetration. Appendix D, Table D4 provides descriptive data for each of these factors. Figure 6 displays the proportion of suicide and suicide attempt DoDSERs that indicated any failed relationships, legal or administrative problems, or work and financial difficulties from CY 2011 – CY



¹See Appendix A for additional information.

ARMY DoDSER RESULTS

The DoDSER system collects data on demographics, contextual factors, behavioral health history, and known or suspected risk factors for suicide for all identified suicides and suicide attempts that occur among Active Component SMs and SELRES SMs in a duty status. In addition, the Army uses the DoDSER to collect data on self-harm without suicidal intent and suicidal ideation. The DMDC provided data on demographic variables and deployment history for submitted DoDSERs. DoDSERs for suicides were required to be submitted within 60 days after notification from the AFMES of confirmation of the manner of death. DoDSERs for suicide attempts were required to be submitted when an SM engaged in self-injurious behavior, with intent to die, that resulted in hospitalization or evacuation from theater. Event reports submitted by March 31, 2014, were included in data analysis. For CY 2013, there were 115 suicide DoDSERs and 491 suicide attempt DoDSERs submitted by the Army. The 115 suicide DoDSERs included 90 for decedents whose manner of death was confirmed as suicide by January 31, 2014, according to the AFMES, and 25 with a later confirmation or pending suicide manner determination. The Army also collected reports on self-harm (without intent to die, *n*=231) and suicidal ideation (n=989). For nonfatal events,

SMs could have more than one DoDSER submitted to reflect multiple events. The table below displays the number of SMs per event type by the number of DoDSERs.

Number of reports per service member, by event type

| | | Event Type | |
|-------------------|----------|------------|----------|
| Number of DoDSERs | Attempts | Self-harm | Ideation |
| 1 | 453 | 217 | 910 |
| 2 | 16 | 7 | 38 |
| 3 | 2 | 0 | 1 |

Demographics

Demographic characteristics for all suicide and suicide attempt DoDSERs are displayed in Appendix E, Table E1.² Most DoDSERs for both suicides and suicide attempts were associated with the following characteristics: male, white/ Caucasian, non-Hispanic, less than 30 years of age, high school graduate, and married. SMs were most often enlisted and affiliated with the Active Component.

Event Information

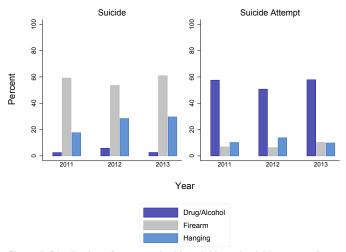


Figure 7. Distribution of event method in suicide and suicide attempt Army DoDSERs, CY 2011 – CY 2013.

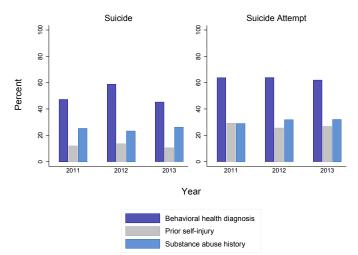


Figure 8. Distribution of behavioral health diagnosis, prior self-injury, and substance abuse history in suicide and suicide attempt Army DoDSERs, CY 2011 – CY 2013.

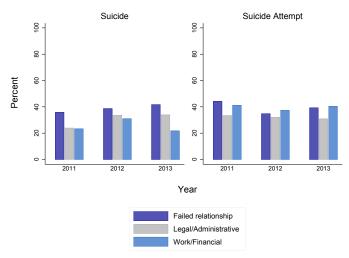


Figure 9. Distribution of three most common psychosocial stressors in suicide and suicide attempt Army DoDSERs, CY 2011 – CY 2013.

Detailed descriptive statistics on the event location, event context, and event method are presented in Appendix E, Table E2. In Figure 7, we display the proportion of suicide and suicide attempt DoDSERs that indicated drug/alcohol use, firearm, or hanging as the primary event method for CY 2011 – CY 2013. In suicide DoDSERs, firearms and hanging were the methods most often used; in suicide attempt DoDSERs, the most common method was drug/alcohol overdose. Prescription and over-the-counter pharmaceuticals were the drugs used most frequently, either as the primary method or in addition to the primary method.

Behavioral Health

Data on behavioral health variables are provided in Appendix E, Table E3. Figure 8 displays the proportion of suicide and suicide attempt DoDSERs that indicated a history of any behavioral health diagnosis, prior self-injury, or a history of substance abuse for CY 2011 – CY 2013. The most common behavioral health diagnoses in suicide DoDSERs were mood and adjustment disorders. For suicide attempt DoDSERs, the most common diagnoses were mood and anxiety disorders. Antidepressants were the most commonly used psychotropic medication class reported in both suicide and

suicide attempt DoDSERs.

Psychosocial Stressors

Psychosocial factors included in DoDSER collected information on relationships, family issues, legal or administrative problems, work and financial difficulties, and alleged abuse victimization or perpetration. Appendix E, Table E4 provides descriptive data for each of these factors. Figure 9 displays the proportion of suicide and suicide attempt DoDSERs that indicated any failed relationships, legal or administrative problems, or work and financial difficulties from CY 2011 – CY 2013. A failed relationship—primarily intimate in nature—was the most common stressor identified in suicide DoDSERs. Approximately equal proportions of suicide attempt DoDSERs indicated either a failed relationship or work and financial difficulties.

Deployment

More than half of suicide and suicide event DoDSERs reported a history of deployment (Appendix E, Table E5).

²Please note that all tables include data for self-harm and ideation event reports; however, these event types will not be discussed here.



¹See Appendix A for additional information.

MARINE CORPS DoDSER RESULTS

The DoDSER system collects data on demographics, contextual factors, behavioral health history, and known or suspected risk factors for suicide for all identified suicides and suicide attempts that occur among Active Component SMs and SELRES SMs in a duty status. The DMDC provided data on demographic variables and deployment history for submitted DoDSERs. DoDSERs for suicides were required to be submitted within 15 days after notification from the AFMES of confirmation of the manner of death. DoDSERs for suicide attempts were required to be submitted when an SM engaged in selfinjurious behavior, with intent to die, that resulted in hospitalization or evacuation from theater. DoDSERs submitted by March 31, 2014, were included in data analysis. For CY 2013, there were 45 suicide DoDSERs and 229 suicide attempt DoDSERs submitted by the Marine Corps. The 45 suicide DoDSERs included 37 for decedents whose manner of death was confirmed as suicide by January 31, 2014, according to the AFMES, and 8 deaths with a later confirmation or pending suicide manner determination. The 229 suicide attempt DoDSERs provided data on 221 unique SMs—214 with one reported attempt, 6 with two reported attempts, and 1 with three reported attempts.

Demographics

Demographic characteristics for all suicide and suicide attempt DoDSERs are displayed in Appendix F, Table F1. Most DoDSERs for both suicides and suicide attempts were associated with the following characteristics: male, white/ Caucasian, non-Hispanic, less than 30 years of age, and high school graduate. SMs were most often enlisted and affiliated with the Active Component. Approximately equal proportions of suicide DoDSERs indicated that the SM was either never married or married. Most suicide attempt DoDSERs identified the SM as never married.

Event Information

Detailed descriptive statistics on the event location, event context, and event method are presented in Appendix F, Table F2. In Figure 10, we display the proportion of suicide and suicide attempt DoDSERs that indicated drug/alcohol use, firearm, or hanging as the primary event method for CY 2011 – CY 2013. In suicide DoDSERs, firearms and hanging were the methods most often used; in suicide attempt DoDSERs, the most common method was drug/alcohol overdose. Prescription and over-the-

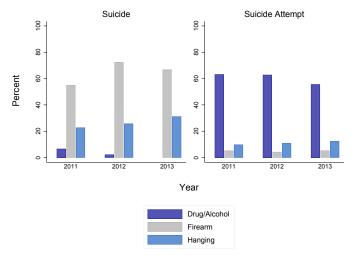


Figure 10. Distribution of event method in suicide and suicide attempt Marine Corps DoDSERs, CY 2011 – CY 2013.

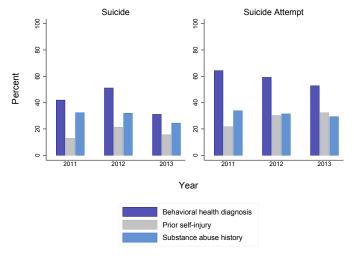


Figure 11. Distribution of behavioral health diagnosis, prior self-injury, and substance abuse history in suicide and suicide attempt Marine Corps DoDSERs, CY 2011 – CY 2013.

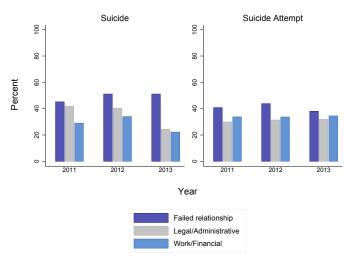


Figure 12. Distribution of three most common psychosocial stressors in suicide and suicide attempt Marine Corps DoDSERs, CY 2011 – CY 2013.

counter pharmaceuticals were the drugs used most frequently, either as the primary method or in addition to the primary method.

Behavioral Health

Data on behavioral health variables are provided in Appendix F, Table F3. Figure 11 displays the proportion of suicide and suicide attempt DoDSERs that indicated a history of any behavioral health diagnosis, prior self-injury, or a history of substance abuse for CY 2011 – CY 2013. The most common behavioral health diagnoses in suicide DoDSERs were mood and anxiety disorders. For suicide attempt DoDSERs, the most common diagnoses were mood and anxiety disorders. Antidepressants were the most commonly used psychotropic medication class reported in both suicide and suicide attempt DoDSERs.

Psychosocial Stressors

Psychosocial factors included in DoDSER collected information on relationships, family issues, legal or administrative problems, work and financial difficulties, and alleged abuse victimization or perpetration. Appendix F, Table F4 provides descriptive data for each of these factors. Figure

12 displays the proportion of suicide and suicide attempt DoDSERs that indicated any failed relationships, legal or administrative problems, or work and financial difficulties from CY 2011 – CY 2013. A failed relationship—primarily intimate in nature—was the most common stressor identified in suicide DoDSERs. Suicide attempt DoDSERs identified the presence of each of the three types of stressor presented in the figure in approximately equal proportions.

Deployment

The majority of suicide DoDSERs indicated a history of deployment (Appendix F, Table F5). The majority of suicide attempt DoDSERs reported no history of deployment.



¹See Appendix A for additional information.

NAVY DoDSER RESULTS

The DoDSER system collects data on demographics, contextual factors, behavioral health history, and known or suspected risk factors for suicide for all identified suicides and suicide attempts that occur among Active Component SMs and SELRES SMs in a duty status. The DMDC provided data on demographic variables and deployment history for submitted DoDSERs. DoDSERs for suicides were required to be submitted within 60 days after notification from the AFMES of confirmation of the manner of death. DoDSERs for suicide attempts were required to be submitted when an SM engaged in self-injurious behavior, with intent to die, that resulted in hospitalization or evacuation from theater. DoDSERs submitted by March 31, 2014, were included in data analysis. For CY 2013, there were 42 suicide DoDSERs and 101 suicide attempt DoDSERs submitted by the Navy. The 42 suicide DoDSERs included 34 for decedents whose manner of death was confirmed as suicide by January 31, 2014, according to the AFMES, and 8 deaths with later confirmation or a pending suicide manner determination. The 101 suicide attempt DoDSERs provided data on 95 unique SMs—89 with one reported attempt and 6 with two reported attempts.

Suicide Suicide Attempt Suicide Suicide Attempt Suicide Attempt Program Program

Figure 13. Distribution of event method in suicide and suicide attempt Navy DoDSERs, CY 2011 – CY 2013.

Demographics

Demographic characteristics for all suicide and suicide attempt DoDSERs are displayed in Appendix G, Table G1. Most DoDSERs for both suicides and suicide attempts were associated with the following characteristics: male, white/Caucasian, non-Hispanic, less than 30 years of age, and high school graduate. SMs were most often enlisted and affiliated with the Active Component. Approximately equal proportions of suicide DoDSERs indicated that the SM was either never married or married. Most suicide attempt DoDSERs identified the SM as never married.

Event Information

Detailed descriptive statistics on the event location, event context, and event method are presented in Appendix G, Table G2. In Figure 13, we display the proportion of suicide and suicide attempt DoDSERs that indicated drug/alcohol use, firearm, or hanging as the primary event method for CY 2011 – CY 2013. In suicide DoDSERs, firearms and hanging were the methods most often used; in suicide attempt DoDSERs, the most common method was drug/alcohol overdose. Prescription and over-the-counter pharmaceuticals were the drugs used most frequently, either as the primary method or in addition to the primary method.

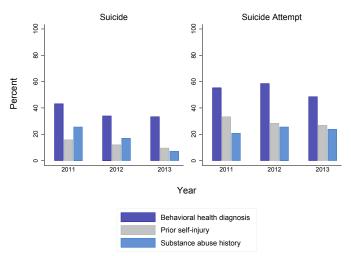


Figure 14. Distribution of behavioral health diagnosis, prior self-injury, and substance abuse history in suicide and suicide attempt Navy DoDSERs, CY 2011 – CY 2013.

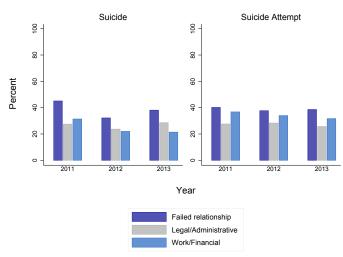


Figure 15. Distribution of three most common psychosocial stressors in suicide and suicide attempt Navy DoDSERs, CY 2011 – CY 2013.

DoDSERs that indicated any failed relationships, legal or administrative problems, or work and financial difficulties from CY 2011 – CY 2013. A failed relationship–primarily intimate in nature–was the most common stressor for both event types.

Deployment

A majority of suicide DoDSERs indicated a history of deployment. Less than one-half of suicide attempt DoDSERs reported a history of deployment (Appendix G, Table G5).

Behavioral Health

Data on behavioral health variables are provided in Appendix G, Table G3. Figure 14 displays the proportion of suicide and suicide attempt DoDSERs that indicated a history of any behavioral health diagnosis, prior self-injury, or a history of substance abuse for CY 2011 – CY 2013. The most common behavioral health diagnoses in suicide DoDSERs were mood and adjustment disorders. For suicide attempt DoDSERs, the most common diagnoses were mood disorders. The most commonly used psychotropic medication classes in suicide DoDSERs were antidepressants and sleep medications. For suicide attempt DoDSERs, the most commonly used psychotropic medication class was antidepressants.

Psychosocial Stressors

Psychosocial factors included in DoDSER collected information on relationships, family issues, legal or administrative problems, work and financial difficulties, and alleged abuse victimization or perpetration. Appendix G, Table G4 provides descriptive data for each of these factors. Figure 15 displays the proportion of suicide and suicide attempt



¹See Appendix A for additional information.

Appendix AMETHODS

DoDSER Items

DoDSER items were developed to provide a comprehensive set of information from a variety of sources to facilitate suicide prevention efforts and to enable surveillance across the DoD. Development of the current DoDSER content evolved from structured reviews of the Services' historical surveillance items, workgroup deliberations with representation from all Services (including the SPPMs), and a systematic review of the suicide literature. Feedback on content from nationally recognized civilian and military experts was also integrated. In addition, suggestions from senior leaders and other stakeholders were provided by some workgroup members. Furthermore, a workgroup that includes representatives from all the Services meets each year to refine the items based on evolving needs. Variables were organized into categories for a theoretically meaningful presentation. Categories were organized as follows:

- Demographic characteristics
- Historical or developmental factors (e.g., family history, prior suicide behaviors, life events)
- Contextual factors (e.g., access to firearms, place of residence, duty status)
- Clinical health factors (e.g., behavioral and physical health diagnoses)

These categories were combined with a section on deployment history and a comprehensive set of questions related to the event to form the current DoDSER.

Data Collection Process

The DoDSERs were completed using a web form that is available via the Internet and submitted via a secure website. The DoDSER system is hosted at a DoD Information Assurance Certification and Accreditation Process approved facility. Basic data entry users do not have access to any DoDSER data that others submit. All other DoDSER users submit Health Insurance Portability and Accountability Act training

certificates to the program office to ensure privacy training. The descriptive DoDSER data presented here were compiled as DoDSERS were completed and submitted by respondents across the DoD. The processes for identifying suicides and obtaining DoDSERs were similar across all Services. The SPPMs coordinated closely with the AFMES to maintain an official list of suicides. In the Army, a DoDSER point of contact and Command point of contact at each medical treatment facility were notified when a SM's death was confirmed as a suicide. At that point, they were requested to complete a DoDSER within 60 days (15 days for Marine Corps). In the Air Force, the Office of Special Investigations was the primary data collection, agency. In the Navy and Marine Corps, the SPPMs' office contacted the local Command and requested an appropriate POC to meet the requirement.

Per the Under Secretary of Defense (Personnel and Readiness) [1], a minimum of 90 days are required between the end of a CY and the calculation of the CY suicide rate. This makes March 31, 2014, the established date for finalizing the data collection period for CY 2013 in the DoDSER system. To allow the Services the 60 days from date of confirmation (not date of death) of a suicide, January 31, 2014, was used as the final day of notification from AFMES of a confirmed suicide during CY 2013. The number of confirmed suicides on January 31, 2014, was used as the denominator in evaluating DoDSER submission compliance for the Services. Suicides that were confirmed after January 31, 2014, still required a DoDSER submission, but those DoDSERs could be submitted after the data collection end date of March 31, 2014.

DoDSERs were required for all suicides that occurred within the Active Component and the Reserve and National Guard Components of the SELRES, provided the SM was in a duty status at the time of the event. Since 2008, all Services were required to submit DoDSERs for fatal suicide events. Since 2010, all Services were also required to submit DoDSERs for suicide attempts. Only the Army requires DoDSERs for other nonfatal events (self-harm and suicidal ideation). DoDSERs were submitted by behavioral health providers, health care providers,



or command-appointed representatives. Technicians were permitted to submit DoDSERs under the supervision of one of these professionals.

DoDSER responses were derived from a review of all relevant records. Following a suicide, respondents reviewed medical and behavioral health records, personnel records, investigative agency records, and records related to the manner of death. Information was also collected from co-workers, the responsible investigative agency officer, and other professionals or family members. For nonfatal suicide behaviors, DoDSER respondents frequently conducted interviews with SMs to collect some of the required information.

Data Quality Control Procedures

The DoDSER program enlisted several types of data quality control. These are listed below:

- 1. The data submission website minimized the possibility of data entry errors. The software used form field validation to request user clarification when data were not logically possible (e.g., date inconsistency).
- 2. Data submission required a DoDSER account in which the user's identity was confirmed with a common access card. The common access card contains basic information about the owner and is associated with a personal identification number required for login. Therefore, erroneous reports were not submitted by individuals not authorized to interface with the system.
- 3. Suicide event reports were corroborated against data from the AFMES to ensure that a suicide DoDSER was valid. Corroboration involved the matching of the DoDSER record with the AFMES's list of suicides for CY 2013 to validate a suicide record in the DoDSER. Any DoDSER suicide reports that did not match the AFMES's list were not included in the analysis for the report.
- 4. All DoDSERs were reviewed to ensure that multiple DoDSERs were not submitted for the same event. Potential duplicates were automatically flagged so the Service's DoDSER Program Manager could determine which submission

represented the most complete data.

- 5. Open-ended fields and "other" response categories were reviewed to identify text responses that should have been coded using the existing item coding structure or to generate new response categories based on multiple responses with similar text.
- 6. We used data from the AFMES and the DMDC to improve accuracy of data for several fields. The AFMES's data informed event method and toxicology results for suicide reports. The DMDC data provided information on deployment history and demographic characteristics. Data provided by these external sources were awarded primacy in developing the analytic variables. For data fields from the external sources that were blank, data provided in the DoDSER were used to inform the variable, if available.

Rate Data

Case Identification and Demographics

The AFMES compiled the official case listing of suicides that occurred among Active Component SMs and SELRES SMs who died while in a duty status from 2011 to 2013. Determination of duty status was based on information entered into the Defense Casualty Information Processing System. Cadets and Midshipmen at the designated military academies (West Point in West Point, NY; the U.S. Naval Academy in Annapolis, MD; and the U.S. Air Force Academy in Colorado Springs, CO) were considered to be in a duty status. Suicide cases that occurred among SELRES SMs who were not in a duty status were obtained from the Servicespecific SPPMs for the Air Force, the Army, the Marine Corps, and the Navy. The suicide case numbers presented in this report were current as of June 30, 2014. Demographic data, which include sex, race, ethnicity, education, marital status, age, rank/grade, and Service affiliation, were collected from the DMDC for each of the suicide cases.

Rate Calculation

The rate methodology was developed through a consensus among the Services and other Office of

the Secretary of Defense components facilitated by the Defense Suicide Prevention Office. Crude and stratified rates were calculated separately for the Active Component, the Reserve Component of the SELRES, and the National Guard Component of the SELRES. Crude rates were calculated for all Services combined and individually for each Service. Stratified rates were also calculated by sex, race, ethnicity, education, marital status, age, and rank/grade. To calculate the rates, the AFMES collaborated with the DMDC to ascertain the twelve monthly end strengths for each of the three Components. The numerator for the rate was the number of suicides that occurred during the CY in the respective Component, Service, and demographic category configuration. The denominator was the average of the twelve monthly end strength totals for the same Component, Service, and demographic category configuration. In the next section, the formula is presented to clarify the rate calculation method. All rates associated with fewer than 20 suicides were suppressed because of the statistical instability of rates derived from such a small numerator.

¹The Selected Reserve comprises SMs with a Reserve Component category designator code of S, T, or U in the Air National Guard, Army National Guard, Air Force Reserve, Army Reserve, Marine Corps Reserve, or Navy Reserve.



Formula

The following formula was used to calculate the unadjusted suicide rate for the Active Component and the Reserve and National Guard Components of the SELRES.

Active Component crude suicide rate =

Number of suicides during CY 2013

Average population for CY 2013

x 100,000

where "average population for CY 2013" was the sum of the average of the 12 monthly end strengths for each population. The populations used in each rate calculation were as follows:

- Active Component suicide rate
 - o Air Force
 - o Army
 - o Marine Corps
 - o Navy
- Reserve Component of the SELRES
 - o Air Force Reserve
 - o Army Reserve
 - o Marine Corps Reserve
 - o Navy Reserve
- National Guard Component of the SELRES
 - o Air National Guard
 - o Army National Guard

Additional DoDSER Data Sources

In addition to the aforementioned items collected in the DoDSER form, data were collected from enterprise sources to improve completeness and accuracy of several items. The AFMES provided data on toxicology and cause of death for the suicides included in the DoDSER chapter of this report. The DMDC queried data from the Defense Enrollment Eligibility Reporting System to provide demographic information for all events submitted to the DoDSER system for CY 2013. In addition, the DMDC provided data from the Contingency Tracking System, which provided the official records for deployment. In the case of missing or unavailable data in the enterprise data sources for an individual, data from the DoDSER report were used in generating the final variables to use in the analysis.

Interpretive Considerations

This report provides a broad presentation of DoDSER items to support a wide variety of needs. Given that the surveillance system is designed to collect descriptive data and that we do not have a prior hypotheses related to potential risk factors, we did not engage in formal statistical comparisons of DoDSER variables between event types, Services, or years. Additional factors such as multiple comparisons, nonindependence of events (e.g., one person has more than one suicide attempt during the calendar year), and the difficulty in doing precise adjustment for all known (and unknown) differences between populations further precluded the use of formal statistical testing.

The data presented in this report are useful to characterize the nature of reported suicide events. It is not possible to determine statistically whether a given DoDSER variable is a risk or protective factor for suicide by relying solely on the data presented in this report. The variables included in the data collection process relate to risk and protective factors discussed in the suicide literature. To make a statistical inference about the contribution of any of these factors to the risk

of suicide using the descriptive data in this report, data on the distribution of these variables in the population that gave rise to the suicide cases are needed. It is also important to consider how the "data unavailable" option that is provided for most DoDSER items may influence the interpretation of the results. The information required to answer some DoDSER items may have been available only for some respondents who benefited from detailed medical records or interviews with SMs who were familiar with the decedent's history. Therefore, "data unavailable" responses were expected for some items. Percentages for many items were calculated using the total number of reports for a given outcome as the denominator. If one group had a higher "data unavailable" response proportion than comparison groups, comparisons of proportions of "yes" responses can be misleading. The content area of an item of interest should be taken in to account when results are interpreted. Some DoDSER items were objective and very reliable, whereas others were subjective, and this report reflected the best data available. Standardized coding guidance was available to DoDSER form completers.

Graphics

In this report, graphics were included to display the prevalence of certain risk factors over the years of data collection using the DoDSER system. To provide a visual gauge of precision, we included 95% confidence intervals for each of the prevalence estimates shown in the figures. The observed prevalence estimates for each year (percent) represent the number of "yes" responses to a particular item relative to the total number of events with a DoDSER report for that year.

References

[1] Under Secretary of Defense for Personnel and Readiness Memorandum, "Standardized DoD Suicide Data and Reporting." March 14, 2014.



Appendix BSUICIDE RATE TABLES

Table B1. Suicide counts and rates for Active, Reserve, and National Guard Component suicides, all Services, 2011 - 2013

| | | 20 | 2013 | | 2012 | | 11 |
|--------------|-----------------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| | Component | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| All Services | Active | 259 | 18.7 | 319 | 22.7 | 267 | 18.7 |
| | Reserve ² | 87 | 23.4 | 73 | 19.3 | 69 | 18.1 |
| | National Guard ² | 133 | 28.9 | 130 | 28.1 | 116 | 24.8 |
| Air Force | Active | 48 | 14.4 | 50 | 15.0 | 43 | 12.9 |
| | Reserve ² | 12 | | 4 | | 11 | |
| | National Guard ² | 14 | | 20 | 19.1 | 17 | |
| Army | Active | 123 | 23.0 | 164 | 29.6 | 141 | 24.8 |
| | Reserve ² | 60 | 30.1 | 50 | 24.7 | 44 | 21.4 |
| | National Guard ² | 119 | 33.4 | 110 | 30.8 | 99 | 27.4 |
| Marine Corps | Active | 45 | 23.1 | 48 | 24.3 | 31 | 15.4 |
| | Reserve ² | 11 | | 11 | | 7 | |
| Navy | Active | 43 | 13.4 | 57 | 17.8 | 52 | 15.9 |
| | Reserve ² | 4 | | 8 | | 7 | |

¹Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details. ²Includes SMs irrespective of duty status.

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Table B2. Demographic characteristics and rates of all Active Component suicides, all Services, 2011 - 2013

| | | 20 | 2013 | | 2012 | | 11 |
|-----------|------------------------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| All | | 259 | 18.7 | 319 | 22.7 | 267 | 18.7 |
| Sex | Male | 244 | 20.7 | 295 | 24.6 | 253 | 20.7 |
| | Female | 15 | | 24 | 11.7 | 14 | |
| Race | American Indian/Alaskan Native | 6 | | 4 | | 6 | |
| | Asian/Pacific Islander | 8 | | 13 | | 14 | |
| | Black/African American | 33 | 14.2 | 44 | 18.7 | 31 | 12.9 |
| | White/Caucasian | 193 | 20.2 | 244 | 25.1 | 194 | 19.6 |
| | Other/Unknown | 19 | | 14 | | 22 | 19.8 |
| Ethnicity | Hispanic | 21 | 13.3 | 27 | 17.2 | 15 | |
| • | Non-Hispanic | 231 | 19.5 | 287 | 23.8 | 250 | 20.4 |
| | Unknown | 7 | | 5 | | 2 | |
| Age | 17 - 19 | 14 | | 10 | | 12 | |
| | 20 - 24 | 95 | 21.9 | 120 | 27.1 | 96 | 20.7 |
| | 25 - 29 | 74 | 22.1 | 89 | 25.6 | 84 | 23.7 |
| | 30 - 34 | 32 | 14.5 | 49 | 22.1 | 24 | 11.0 |
| | 35 - 39 | 26 | 16.8 | 32 | 20.3 | 31 | 19.3 |
| | 40 - 44 | 10 | | 11 | | 16 | |
| | 45 - 74 | 8 | | 8 | | 4 | |
| Rank | Cadet/Midshipmen | 1 | | 2 | | 0 | |
| | E1-E4 | 126 | 21.2 | 162 | 26.6 | 138 | 22.0 |
| | E5-E9 | 110 | 20.5 | 124 | 22.8 | 108 | 19.6 |
| | Warrant officer | 0 | | 6 | | 0 | |
| | Commissioned officer | 22 | 10.1 | 25 | 11.4 | 21 | 9.6 |
| Education | Some high school, did not graduate | 1 | | 3 | | 5 | |
| | High school equivalent | 18 | | 27 | 50.0 | 30 | 46.4 |
| | High school graduate | 168 | 19.6 | 214 | 24.2 | 173 | 18.7 |
| | Some college, no degree | 18 | | 16 | | 12 | |
| | Degree, <4 years | 16 | | 18 | | 16 | |
| | 4-year degree | 22 | 13.3 | 23 | 14.2 | 17 | |
| | Masters degree or greater | 6 | | 9 | | 6 | |
| | Unknown | 10 | | 9 | | 8 | |
| | | | | | | | |

Continued >>

Table B2. Demographic characteristics and rates of all Active Component suicides, all Services, 2011 - 2013 (cont.)

| | | 2013 | | 2012 | | 2011 | |
|----------------|-------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| Marital status | Never Married | 108 | 19.3 | 134 | 24.1 | 111 | 19.7 |
| | Married | 125 | 16.4 | 171 | 21.8 | 144 | 18.0 |
| | Legally Separated | 2 | | 0 | | 0 | |
| | Divorced | 22 | 36.7 | 14 | | 11 | |
| | Widowed | 0 | | 0 | | 1 | |
| | Unknown | 2 | | 0 | | 0 | |

¹Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.

Referenced page 2



Table B3. Demographic characteristics and rates of suicide in the Reserve Component¹ of the Selected Reserves, all Services, 2011 - 2013

| | | 20 |)13 | 2012 | | 20 | 11 |
|-----------|------------------------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| | | Count | Rate ² | Count | Rate ² | Count | Rate ² |
| All | | 87 | 23.4 | 73 | 19.3 | 69 | 18.1 |
| Sex | Male | 80 | 27.3 | 66 | 22.1 | 60 | 20.0 |
| | Female | 7 | | 7 | | 9 | |
| Race | American Indian/Alaskan Native | 1 | | 0 | | 1 | |
| | Asian/Pacific Islander | 7 | | 3 | | 0 | |
| | Black/African American | 8 | | 6 | | 11 | |
| | White/Caucasian | 67 | 26.1 | 59 | 22.5 | 54 | 20.4 |
| | Other/Unknown | 4 | | 5 | | 3 | |
| Ethnicity | Hispanic | 4 | | 10 | | 4 | |
| | Non-Hispanic | 81 | 25.6 | 63 | 19.6 | 62 | 19.1 |
| | Data Unavailable | 2 | | 0 | | 3 | |
| Age | 17 - 19 | 6 | | 4 | | 1 | |
| | 20 - 24 | 22 | 26.7 | 27 | 31.9 | 27 | 31.8 |
| | 25 - 29 | 19 | | 16 | | 13 | |
| | 30 - 34 | 14 | | 9 | | 8 | |
| | 35 - 39 | 9 | | 4 | | 5 | |
| | 40 - 44 | 8 | | 5 | | 6 | |
| | 45 - 74 | 9 | | 8 | | 9 | |
| Rank | Cadet/Midshipmen | 0 | | 0 | | 0 | |
| | E1-E4 | 47 | 29.7 | 42 | 26.5 | 36 | 23.1 |
| | E5-E9 | 26 | 17.7 | 21 | 13.8 | 27 | 17.2 |
| | Warrant officer | 1 | | 0 | | 0 | |
| | Commissioned officer | 13 | | 10 | | 6 | |
| Education | Some high school, did not graduate | 4 | | 3 | | 2 | |
| | High school equivalent | 5 | | 5 | | 3 | |
| | High school graduate | 46 | 21.4 | 44 | 20.1 | 49 | 22.1 |
| | Some college, no degree | 5 | | 5 | | 1 | |
| | Degree, <4 years | 6 | | 1 | | 3 | |
| | 4-year degree | 16 | | 12 | | 10 | |
| | Masters degree or greater | 4 | | 3 | | 1 | |
| | Unknown | 1 | | 0 | | 0 | |
| | | | | | | | |

Continued >>

Table B3. Demographic characteristics and rates of suicide in the Reserve Component¹ of the Selected Reserves, all Services, 2011 - 2013 (cont.)

| | | 2013 | | 2012 | | 2011 | |
|----------------|-------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| | | Count | Rate ² | Count | Rate ² | Count | Rate ² |
| Marital status | Never Married | 39 | 23.3 | 41 | 24.5 | 34 | 20.4 |
| | Married | 37 | 21.1 | 25 | 13.9 | 31 | 16.9 |
| | Legally Separated | 0 | | 0 | | 0 | |
| | Divorced | 10 | | 7 | | 4 | |
| | Widowed | 0 | | 0 | | 0 | |
| | Unknown | 1 | | 0 | | 0 | |

¹Includes SMs in the Reserve Component of the SELRES, irrespective of duty status.

Referenced page 2



²Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.

Table B4. Demographic characteristics and rates of suicide in the National Guard Component¹ of the Selected Reserves, Air Force & Army, 2011 - 2013

| | | 20 | 2013 2012 | | 2011 | | |
|----------|--|------------------|-------------------|-------------------|-------------------|-------|-------------------|
| | | Count | Rate ² | Count | Rate ² | Count | Rate ² |
| I | | 133 | 28.9 | 130 | 28.1 | 116 | 24.8 |
| ех | Male | 127 | 32.9 | 123 | 31.6 | 112 | 28.3 |
| | Female | 6 | | 7 | | 4 | |
| ace | American Indian/Alaskan Native | 1 | | 1 | | 5 | |
| | Asian/Pacific Islander | 2 | | 3 | | 4 | |
| | Black/African American | 17 | | 9 | | 9 | |
| | White/Caucasian | 107 | 31.0 | 114 | 30.5 | 95 | 25.1 |
| | Other/Unknown | 6 | | 3 | | 3 | |
| thnicity | Hispanic | 2 | | 4 | | 7 | |
| | Non-Hispanic | 130 | 30.7 | 126 | 29.6 | 109 | 25.3 |
| | Unknown | 1 | | 0 | | 0 | |
| ge | 17 - 19 | 6 | | 8 | | 5 | |
| | 20 - 24 | 44 | 38.7 | 37 | 32.1 | 35 | 30.0 |
| | 25 - 29 | 34 | 37.6 | 24 | 26.5 | 30 | 32.5 |
| | 30 - 34 | 18 | | 19 | | 14 | |
| | 35 - 39 | 10 | | 9 | | 9 | |
| | 40 - 44 | 13 | | 20 | 41.4 | 13 | |
| | 45 - 74 | 8 | | 13 | | 10 | |
| ank | Cadet/Midshipmen | 0 | | 0 | | 0 | |
| | E1-E4 | 69 | 33.9 | 67 | 32.9 | 64 | 31.1 |
| | E5-E9 | 62 | 31.3 | 56 | 28.0 | 48 | 23.5 |
| | Warrant officer | 0 | | 0 | | 2 | |
| | Commissioned officer | 2 | | 7 | | 2 | |
| ducation | Some high school, did not graduate | 3 | | 4 | | 5 | |
| | High school equivalent | 20 | 65.3 | 14 | | 16 | |
| | High school graduate | 72 | 38.5 | 57 | 30.1 | 60 | 30.8 |
| | Some college, no degree | 19 | | 28 | 25.3 | 23 | 19.5 |
| | Degree, <4 years | 4 | | 5 | | 4 | |
| | 4-year degree | 7 | | 13 | | 5 | |
| | Masters degree or greater | 1 | | 3 | | 1 | |
| | Unknown | 7 | | 6 | | 2 | |
| | | 20 | 13 | 20 | 12 | 20 | 11 |
| | Degree, <4 years 4-year degree Masters degree or greater | 4 7 1 7 | | 5 13 3 6 | | | 4 5 1 |

Continued >>

Table B4. Demographic characteristics and rates of suicide in the National Guard Component¹ of the Selected Reserves, Air Force & Army, 2011 - 2013 (cont.)

| | | Count | Rate ² | Count | Rate ² | Count | Rate ² |
|----------------|-------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| Marital status | Never Married | 68 | 30.7 | 63 | 29.3 | 62 | 29.1 |
| | Married | 54 | 26.0 | 55 | 25.6 | 48 | 21.8 |
| | Legally Separated | 0 | | 0 | | 0 | |
| | Divorced | 10 | | 12 | | 6 | |
| | Widowed | 0 | | 0 | | 0 | |
| | Unknown | 1 | | 0 | | 0 | |

¹Includes SMs in the National Guard Component of the SELRES, irrespective of duty status. SMs in the Inactive Ready Reserve were not included.

Referenced page 2



²Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.

Table B5. Demographic characteristics and rates of all Active Component Air Force suicides, 2011 - 2013

| | | 20 | 13 | 20 | 12 | 20 | 11 |
|-----------|------------------------------------|-------|-------------------|-------|-------------------|--|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| All | | 48 | 14.4 | 50 | 15.0 | 43 | 12.9 |
| Sex | Male | 44 | 16.3 | 45 | 16.7 | 39 | 14.4 |
| | Female | 4 | | 5 | | 4 | |
| Race | American Indian/Alaskan Native | 1 | | 1 | | 2 | |
| | Asian/Pacific Islander | 0 | | 3 | | 1 | |
| | Black/African American | 8 | | 1 | | 6 | |
| | White/Caucasian | 35 | 14.6 | 43 | 17.8 | 29 | 12.0 |
| | Other/Unknown | 4 | | 2 | | 5 | |
| Ethnicity | Hispanic | 1 | | 0 | | 1 | |
| | Non-Hispanic | 45 | 14.5 | 49 | 15.7 | 42 | 13.4 |
| | Data Unavailable | 2 | | 1 | | 0 | |
| Age | 17 - 19 | 0 | | 2 | | 2 | |
| | 20 - 24 | 18 | | 24 | 25.3 | 18 | |
| | 25 - 29 | 17 | | 11 | | 13 | |
| | 30 - 34 | 5 | | 6 | | 1 | |
| | 35 - 39 | 5 | | 5 | | 7 | |
| | 40 - 45 | 3 | | 2 | | 2 | |
| | 46 - 79 | 0 | | 0 | | 43 39 4 2 11 6 29 5 11 42 0 2 18 13 1 7 2 0 0 21 16 0 6 0 0 31 0 5 4 3 0 | |
| Rank | Cadet/Midshipmen | 1 | | 2 | | 0 | |
| | E1-E4 | 22 | 18.3 | 26 | 21.7 | 43 39 4 2 1 6 29 5 1 42 0 2 18 13 1 7 2 0 0 21 16 0 0 31 0 5 4 3 0 | 17.7 |
| | E5-E9 | 22 | 15.3 | 20 | 13.8 | | |
| | Warrant officer | 0 | | 0 | | 0 | |
| | Commissioned officer | 3 | | 2 | | 6 | |
| Education | Some high school, did not graduate | 0 | | 0 | | 0 | |
| | High school equivalent | 0 | | 0 | | 0 | |
| | High school graduate | 38 | 20.6 | 35 | 18.5 | 31 | 16.1 |
| | Some college, no degree | 0 | | 0 | | 0 | |
| | Degree, <4 years | 5 | | 8 | | 5 | |
| | 4-year degree | 2 | | 3 | | 4 | |
| | Masters degree or greater | 1 | | 2 | | 3 | |
| | Data Unavailable | 2 | | 2 | | 0 | |
| | | 20 | 13 | 20 | 12 | 20 | 11 |

Table B5. Demographic characteristics and rates of all Active Component Air Force suicides, 2011 - 2013 (cont.)

| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
|----------------|-------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| Marital status | Never Married | 21 | 17.7 | 29 | 24.5 | 16 | |
| | Married | 18 | | 16 | | 24 | 12.4 |
| | Legally Separated | 0 | | 0 | | 0 | |
| | Divorced | 8 | | 5 | | 3 | |
| | Widowed | 0 | | 0 | | 0 | |
| | Unknown | 1 | | 0 | | 0 | |

¹Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.



Table B6. Demographic characteristics and rates of Active Component Army suicides, 2011 - 2013

| | | 20 | 13 | 20 | 12 | 20 | 11 |
|-----------|------------------------------------|-------|-------------------|-------|-------------------|---|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| All | | 123 | 23.0 | 164 | 29.6 | 141 | 24.8 |
| Sex | Male | 119 | 25.8 | 152 | 31.8 | 132 | 26.9 |
| | Female | 4 | | 12 | | 9 | |
| Race | American Indian/Alaskan Native | 3 | | 2 | | 0 | |
| | Asian/Pacific Islander | 5 | | 8 | | 10 | |
| | Black/African American | 17 | | 31 | 27.4 | 13 | |
| | White/Caucasian | 96 | 26.2 | 121 | 31.7 | 107 | 27.1 |
| | Other/Unknown | 2 | | 2 | | 11 | |
| Ethnicity | Hispanic | 11 | | 10 | | 7 | |
| | Non-Hispanic | 112 | 24.2 | 153 | 31.8 | 134 | 27.1 |
| | Unknown | 0 | | 1 | | 0 | |
| Age | 17 - 19 | 5 | | 5 | | 7 | |
| | 20 - 24 | 45 | 29.0 | 49 | 30.4 | 45 | 26.6 |
| | 25 - 29 | 37 | 28.8 | 51 | 36.7 | 48 | 33.3 |
| | 30 - 34 | 15 | | 27 | 29.2 | 14 | |
| | 35 - 39 | 13 | | 21 | 32.3 | 15 | |
| | 40 - 44 | 3 | | 5 | | 11 | |
| | 45 - 79 | 5 | | 6 | | 141 132 9 0 10 13 107 11 7 134 0 7 45 48 14 15 11 1 0 77 55 0 9 4 22 82 9 9 9 1 5 | |
| Rank | Cadet/Midshipmen | 0 | | 0 | | 0 | |
| | E1-E4 | 67 | 28.9 | 81 | 32.9 | 132 9 0 10 13 107 11 7 134 0 7 45 48 14 15 11 1 0 77 55 0 9 4 22 82 9 9 9 1 5 | 29.4 |
| | E5-E9 | 44 | 22.1 | 64 | 31.4 | | 26.8 |
| | Warrant officer | 0 | | 6 | | 0 | |
| | Commissioned officer | 12 | | 13 | | 9 | |
| Education | Some high school, did not graduate | 1 | | 1 | | 4 | |
| | High school equivalent | 15 | | 23 | 57.0 | 22 | 45.3 |
| | High school graduate | 68 | 22.8 | 100 | 31.4 | 82 | 23.8 |
| | Some college, no degree | 14 | | 14 | | 9 | |
| | Degree, <4 years | 5 | | 6 | | 9 | |
| | 4-year degree | 16 | | 13 | | 9 | |
| | Masters degree or greater | 2 | | 6 | | 1 | |
| | Unknown | 2 | | 1 | | 5 | |
| | | 20 | 13 | 20 | 12 | 20 | 11 |

Table B6. Demographic characteristics and rates of Active Component Army suicides, 2011 - 2013 (cont.)

| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
|----------------|-------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| Marital status | Never Married | 45 | 23.8 | 49 | 25.5 | 57 | 28.4 |
| | Married | 66 | 21.1 | 106 | 32.3 | 75 | 22.5 |
| | Legally Separated | 2 | | 0 | | 0 | |
| | Divorced | 10 | | 9 | | 8 | |
| | Widowed | 0 | | 0 | | 1 | |
| | Unknown | 0 | | 0 | | 0 | |

¹Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.



Table B7. Demographic characteristics and rates of Active Component Marine Corps suicides, 2011 - 2013

| | | 20 | 13 | 20 | 12 | 20 | 11 |
|-----------|------------------------------------|-------|-------------------|-------|-------------------|---|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| All | | 45 | 23.1 | 48 | 24.3 | 31 | 15.4 |
| Sex | Male | 42 | 23.3 | 45 | 24.5 | 31 | 16.5 |
| | Female | 3 | | 3 | | 0 | |
| Race | American Indian/Alaskan Native | 0 | | 1 | | 1 | |
| | Asian/Pacific Islander | 1 | | 1 | | 1 | |
| | Black/African American | 3 | | 8 | | 3 | |
| | White/Caucasian | 35 | 22.7 | 35 | 22.4 | 25 | 15.8 |
| | Other/Unknown | 6 | | 3 | | 1 | |
| Ethnicity | Hispanic | 5 | | 5 | | 1 | |
| | Non-Hispanic | 40 | 24.4 | 43 | 25.5 | 30 | 17.3 |
| | Unknown | 0 | | 0 | | 0 | |
| Age | 17 - 19 | 7 | | 3 | | 3 | |
| | 20 - 24 | 19 | | 27 | 31.1 | 19 | |
| | 25 - 29 | 10 | | 12 | | 6 | |
| | 30 - 34 | 6 | | 4 | | 2 | |
| | 35 - 39 | 1 | | 1 | | 0 | |
| | 40 - 44 | 1 | | 1 | | 0 | |
| | 45 - 74 | 1 | | 0 | | 1 1 3 3 25 1 3 3 19 6 2 0 | |
| Rank | Cadet/Midshipmen | 0 | | 0 | | 0 | |
| | E1-E4 | 27 | 23.4 | 36 | 31.4 | 0 1 1 1 3 3 25 1 1 1 30 0 0 1 1 1 0 20 9 0 2 2 0 4 24 0 1 1 2 2 0 0 0 1 | 17.1 |
| | E5-E9 | 16 | | 12 | | | |
| | Warrant officer | 0 | | 0 | | 0 | |
| | Commissioned officer | 2 | | 0 | | 2 | |
| Education | Some high school, did not graduate | 0 | | 2 | | 0 | |
| | High school equivalent | 2 | | 1 | | 4 | |
| | High school graduate | 35 | 21.9 | 40 | 24.7 | 24 | 14.5 |
| | Some college, no degree | 2 | | 1 | | 0 | |
| | Degree, <4 years | 1 | | 1 | | 1 | |
| | 4-year degree | 3 | | 0 | | 2 | |
| | Masters degree or greater | 2 | | 0 | | 0 | |
| | Unknown | 0 | | 3 | | 0 | |
| | | 20 | 13 | 20 | 12 | 20 | 11 |

Table B7. Demographic characteristics and rates of Active Component Marine Corps suicides, 2011 - 2013 (cont.)

| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
|----------------|-------------------|-------|-------------------|-------|-------------------|-------|-------------------|
| Marital status | Never Married | 19 | | 25 | 26.7 | 17 | |
| | Married | 22 | 24.1 | 23 | 24.0 | 14 | |
| | Legally Separated | 0 | | 0 | | 0 | |
| | Divorced | 4 | | 0 | | 0 | |
| | Widowed | 0 | | 0 | | 0 | |
| | Unknown | 0 | | 0 | | 0 | |

¹Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.



Table B8. Demographic characteristics and rates of Active Component Navy suicides, 2011 - 2013

| | | 20 | 13 | 20 | 12 | 20 | 11 |
|-----------|------------------------------------|-------|-------------------|-------|-------------------|--|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| All | | 43 | 13.4 | 57 | 17.8 | 52 | 15.9 |
| Sex | Male | 39 | 14.7 | 53 | 19.9 | 51 | 18.7 |
| | Female | 4 | | 4 | | 1 | |
| Race | American Indian/Alaskan Native | 2 | | 0 | | 3 | |
| | Asian/Pacific Islander | 2 | | 1 | | 2 | |
| | Black/African American | 5 | | 4 | | 9 | |
| | White/Caucasian | 27 | 14.0 | 45 | 23.3 | 33 | 16.6 |
| | Other/Unknown | 7 | | 7 | | 5 | |
| Ethnicity | Hispanic | 4 | | 12 | | 6 | |
| | Non-Hispanic | 34 | 13.6 | 42 | 17.2 | 44 | 17.9 |
| | Unknown | 5 | | 3 | | 2 | |
| Age | 17 - 19 | 2 | | 0 | | 0 | |
| | 20 - 24 | 13 | | 20 | 19.8 | 14 | |
| | 25 - 29 | 10 | | 15 | | 17 | |
| | 30 - 34 | 6 | | 12 | | 7 | |
| | 35 - 39 | 7 | | 5 | | 9 | |
| | 40 - 44 | 3 | | 3 | | 3 | |
| | 45 - 74 | 2 | | 2 | | Count 52 51 1 3 2 9 33 5 6 44 2 0 14 17 7 9 3 2 0 20 28 0 4 1 4 36 3 1 2 2 | |
| Rank | Cadet/Midshipmen | 0 | | 0 | | 0 | |
| | E1-E4 | 10 | | 19 | | 0 14 17 7 9 3 2 0 20 28 0 | 15.2 |
| | E5-E9 | 28 | 20.7 | 28 | 21.0 | 28 | 20.4 |
| | Warrant officer | 0 | | 0 | | 0 | |
| | Commissioned officer | 5 | | 10 | | 4 | |
| Education | Some high school, did not graduate | 0 | | 0 | | 1 | |
| | High school equivalent | 1 | | 3 | | 4 | |
| | High school graduate | 27 | 12.5 | 39 | 18.0 | 36 | 16.2 |
| | Some college, no degree | 2 | | 1 | | 3 | |
| | Degree, <4 years | 5 | | 3 | | 1 | |
| | 4-year degree | 1 | | 7 | | 2 | |
| | Masters degree or greater | 1 | | 1 | | 2 | |
| | Unknown | 6 | | 3 | | 3 | |
| | | | | | | | |

Table B8. Demographic characteristics and rates of Active Component Navy suicides, 2011 - 2013 (cont.)

| | | 20 | 13 | 20 | 12 | 2011 | |
|----------------|-------------------|--------|-------------------|-------|-------------------|-------|-------------------|
| | | Count | Rate ¹ | Count | Rate ¹ | Count | Rate ¹ |
| Marital status | Never Married | 23 | 14.8 | 31 | 20.5 | 21 | 13.8 |
| | Married | 19 | | 26 | 15.5 | 31 | 17.8 |
| | Legally Separated | 0 | | 0 | | 0 | |
| | Divorced | 0 | | 0 | | 0 | |
| | Widowed | 0 | | 0 | | 0 | |
| | Unknown | 1 | | 0 | | 0 | |

¹Rates per 100,000 SMs. All rates for categories with fewer than 20 categories were redacted from this report. See Appendix A for more details.





Appendix C TABLES FOR ALL SERVICES COMBINED

Table C1. Demographic characteristics of 2013 DoDSERs, all Services combined

| | | Sui | cide | Suicide | Attempt |
|-----------|---------------------------------------|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 245 | 100.0 | 1,080 | 100.0 |
| Sex | Male | 230 | 93.9 | 796 | 73.7 |
| | Female | 15 | 6.1 | 284 | 26.3 |
| Race | American Indian/Alaskan Native | 4 | 1.6 | 17 | 1.6 |
| | Asian/Pacific Islander | 9 | 3.7 | 50 | 4.6 |
| | Black/African American | 33 | 13.5 | 171 | 15.8 |
| | White/Caucasian | 185 | 75.5 | 799 | 74.0 |
| | Other/Unknown | 14 | 5.7 | 43 | 4.0 |
| Ethnicity | Hispanic | 19 | 7.8 | 122 | 11.3 |
| | Non-Hispanic | 225 | 91.8 | 953 | 88.2 |
| | Data unavailable | 1 | 0.4 | 5 | 0.5 |
| Age Range | 17 - 24 | 100 | 40.8 | 616 | 57.0 |
| | 25 - 29 | 63 | 25.7 | 236 | 21.9 |
| | 30 - 34 | 29 | 11.8 | 118 | 10.9 |
| | 35 - 39 | 26 | 10.6 | 51 | 4.7 |
| | 40 - 44 | 16 | 6.5 | 36 | 3.3 |
| | 45 - 74 | 11 | 4.5 | 19 | 1.8 |
| | Data unavailable | 0 | 0.0 | 4 | 0.4 |
| Rank | Cadet/Midshipman | 1 | 0.4 | 2 | 0.2 |
| | E1-E4 | 112 | 45.7 | 737 | 68.2 |
| | E5-E9 | 109 | 44.5 | 299 | 27.7 |
| | Warrant officer | 1 | 0.4 | 6 | 0.6 |
| | Commissioned officer | 22 | 9.0 | 33 | 3.1 |
| | Data unavailable | 0 | 0.0 | 3 | 0.3 |
| Component | Active | 224 | 91.4 | 1,030 | 95.4 |
| | Reserve | 7 | 2.9 | 18 | 1.7 |
| | National Guard | 14 | 5.7 | 32 | 3.0 |
| Education | Some high school, did not graduate | 2 | 0.8 | 11 | 1.0 |
| | Alternative high school certification | 13 | 5.3 | 70 | 6.5 |
| | High school graduate | 161 | 65.7 | 803 | 74.4 |
| | Some college, no degree | 36 | 14.7 | 129 | 11.9 |
| | Four-year degree | 24 | 9.8 | 48 | 4.4 |
| | Masters degree or greater | 8 | 3.3 | 14 | 1.3 |
| | Data unavailable | 1 | 0.4 | 5 | 0.5 |



Table C1. Demographic characteristics of 2013 DoDSERs, all Services combined (cont.)

| | | Su | icide | Suicide Attempt | |
|----------------|-------------------|-------|-------|-----------------|------|
| | | Count | % | Count | % |
| Marital Status | Never married | 94 | 38.4 | 510 | 47.2 |
| | Married | 125 | 51.0 | 499 | 46.2 |
| | Legally separated | 2 | 0.8 | 5 | 0.5 |
| | Divorced | 24 | 9.8 | 62 | 5.7 |
| | Widowed | 0 | 0.0 | 1 | 0.1 |
| | Data unavailable | 0 | 0.0 | 3 | 0.3 |

¹Demographic variables provided by the DMDC and augmented by the DoDSER for cases with unknown values in the DMDC's data. See Appendix A for more information.

Table C2. Event location, event method, and event context for all 2013 suicide and suicide attempt DoDSERs, all Services combined

| | | Suic | cide | Suicide | Attempt |
|--|--|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 245 | 100.0 | 1,080 | 100.0 |
| Geographic location | United States | 221 | 90.2 | 937 | 86.8 |
| | Iraq | 0 | 0.0 | 0 | 0.0 |
| | Afghanistan | 7 | 2.9 | 23 | 2.1 |
| | Kuwait | 1 | 0.4 | 3 | 0.3 |
| | Korea | 2 | 0.8 | 19 | 1.8 |
| | Other Europe | 2 | 0.8 | 4 | 0.4 |
| | North America | 0 | 0.0 | 3 | 0.3 |
| | Japan | 3 | 1.2 | 33 | 3.1 |
| | Germany | 3 | 1.2 | 30 | 2.8 |
| | United Kingdom | 2 | 0.8 | 3 | 0.3 |
| | Other | 3 | 1.2 | 20 | 1.9 |
| Event setting | Data unavailable | 1 | 0.4 | 5 | 0.5 |
| Event setting | Own residence | 111 | 45.3 | 406 | 37.6 |
| - | Barracks | 39 | 15.9 | 465 | 43.1 |
| | Residence of friend or family | 20 | 8.2 | 48 | 4.4 |
| | Work/jobsite | 13 | 5.3 | 38 | 3.5 |
| | Automobile (away from residence) | 27 | 11.0 | 46 | 4.3 |
| | Inpatient medical facility | 0 | 0.0 | 7 | 0.6 |
| | Hotel | 3 | 1.2 | 12 | 1.1 |
| | Other | 32 | 13.1 | 54 | 5.0 |
| | Data unavailable | 0 | 0.0 | 4 | 0.4 |
| Event method ^{1,2} | Drugs/alcohol | 7 | 2.9 | 614 | 56.9 |
| | Hanging/asphyxiation | 72 | 29.4 | 112 | 10.4 |
| | Poisoning | 6 | 2.4 | 34 | 3.1 |
| | Firearm | 149 | 60.8 | 79 | 7.3 |
| | Military issued firearm ^{3,4} | 16 | 10.7 | 20 | 25.3 |
| | Not military issued firearm ^{3,4} | 132 | 88.6 | 58 | 73.4 |
| | Firearm of unknown origin ^{3,4} | 1 | 0.7 | 1 | 1.3 |
| | Falling/jumping | 5 | 2.0 | 11 | 1.0 |
| | Sharp/blunt object ⁵ | | | 166 | 15.4 |
| | Other | 6 | 2.4 | 52 | 4.8 |
| | Data unavailable | 0 | 0.0 | 12 | 1.1 |
| Alcohol used during event ¹ | Yes | 94 | 38.4 | 367 | 34.0 |
| | No | 136 | 55.5 | 644 | 59.6 |
| | Data unavailable | 15 | 6.1 | 69 | 6.4 |
| | | Sui | cide | Suicide | Attempt |



Table C2. Event location, event method, and event context for all 2013 suicide and suicide attempt DoDSERs, all Services combined (cont.)

| | | Count | % | Count | % | |
|--|---|-------|------|--|------|--|
| Drugs used during event ¹ | Yes | 62 | 25.3 | 584 | 54.1 | |
| Illicit drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 32 | 5.5 | |
| | Used, not cause of death/no overdose ³ | 4 | 6.5 | 17 | 2.9 | |
| Inhalants ^{6,7} | Used, cause of death/overdose ³ | 0 | 0.0 | | | |
| | Used, not cause of death/no overdose ³ | 2 | 3.2 | | | |
| Prescription drugs ⁶ | Used, cause of death/overdose ³ | 7 | 11.3 | 366 | 62.7 | |
| | Used, not cause of death/no overdose ³ | 34 | 54.8 | 74 | 12.7 | |
| OTC drugs ⁶ | Used, cause of death/overdose ³ | 1 | 1.6 | 168 | 28.8 | |
| | Used, not cause of death/no overdose ³ | 22 | 35.5 | 35 | 6.0 | |
| | No | 169 | 69.0 | 455 | 42.1 | |
| | Data unavailable | 14 | 5.7 | 41 | 3.8 | |
| Both alcohol and drugs used during event 1 | Yes | 21 | 8.6 | 215 | 19.9 | |
| | No | 207 | 84.5 | 783 | 72.5 | |
| | Data unavailable | 17 | 6.9 | 82 | 7.6 | |
| communicated potential for self-harm | Yes | 68 | 27.8 | 247 | 22.9 | |
| | Written ³ | 7 | 10.3 | 13 | 5.3 | |
| | Verbal ³ | 45 | 66.2 | 163 | 66.0 | |
| | Electronic ³ | 25 | 36.8 | 82 | 33.2 | |
| | Other ³ | 2 | 2.9 | 4 | 1.6 | |
| Number of types of recipients | One ³ | 51 | 75.0 | 195 | 78.9 | |
| | Two ³ | 14 | 20.6 | 38 | 15.4 | |
| | Three or more ³ | 3 | 4.4 | 13 | 5.3 | |
| | Unknown number ³ | 0 | 0.0 | 584 32 17 366 74 168 35 455 41 215 783 82 247 13 163 82 4 195 38 13 1 1 38 7 43 92 86 25 6 6 11 752 81 | 0.4 | |
| Recipients ⁶ | Supervisor ³ | 3 | 4.4 | 38 | 15.4 | |
| | Chaplain ³ | 0 | 0.0 | 7 | 2.8 | |
| | Mental Health Staff ³ | 13 | 19.1 | 43 | 17.4 | |
| | Friend ³ | 26 | 38.2 | 92 | 37.2 | |
| | Spouse/significant other ³ | 29 | 42.6 | 86 | 34.8 | |
| | Family ³ | 8 | 11.8 | 25 | 10.1 | |
| | Social Media ³ | 1 | 1.5 | 6 | 2.4 | |
| | Colleague ³ | 2 | 2.9 | 6 | 2.4 | |
| | Other ³ | 8 | 11.8 | 11 | 4.5 | |
| | No | 149 | 60.8 | 752 | 69.6 | |
| | Data unavailable | 28 | 11.4 | 81 | 7.5 | |
| | | Suic | | Suicide Attempt | | |
| | | Count | % | Count | % | |

Table C2. Event location, event method, and event context for all 2013 suicide and suicide attempt DoDSERs, all Services combined (cont.)

| Death risk gambling | Yes | 1 | 0.4 | 20 | 1.9 |
|----------------------------------|---|-------|------|---------|---------|
| | No | 217 | 88.6 | 1,032 | 95.6 |
| | Data unavailable | 27 | 11.0 | 28 | 2.6 |
| Event planned | Yes | 106 | 43.3 | 280 | 25.9 |
| | No | 71 | 29.0 | 660 | 61.1 |
| | Data unavailable | 68 | 27.8 | 140 | 13.0 |
| Event observable | Yes | 40 | 16.3 | 433 | 40.1 |
| | No | 185 | 75.5 | 584 | 54.1 |
| | Data unavailable | 20 | 8.2 | 63 | 5.8 |
| Left suicide note | Yes | 72 | 29.4 | 135 | 12.5 |
| | No | 140 | 57.1 | 894 | 82.8 |
| | Data unavailable | 33 | 13.5 | 51 | 4.7 |
| Residence | Shared military living environment | 55 | 22.4 | 478 | 44.3 |
| | Bachelor quarters | 16 | 6.5 | 45 | 4.2 |
| | On-base family housing | 25 | 10.2 | 79 | 7.3 |
| | Private residence | 126 | 51.4 | 392 | 36.3 |
| | Ship | 2 | 0.8 | 3 | 0.3 |
| | Other | 12 | 4.9 | 50 | 4.6 |
| | Data unavailable | 9 | 3.7 | 33 | 3.1 |
| Married service member residence | Not married | 131 | 53.5 | 655 | 60.6 |
| | Married, resides with spouse | 58 | 23.7 | 239 | 22.1 |
| | Married, not living together, relationship issues | 26 | 10.6 | 111 | 10.3 |
| | Married, not living together, other reasons | 21 | 8.6 | 57 | 5.3 |
| | Data unavailable | 9 | 3.7 | 18 | 1.7 |
| Service member resided alone | Yes | 81 | 33.1 | 423 | 39.2 |
| | No | 147 | 60.0 | 583 | 54.0 |
| | Data unavailable | 17 | 6.9 | 74 | 6.9 |
| | | Sui | cide | Suicide | Attempt |
| | | Count | % | Count | % |



Table C2. Event location, event method, and event context for all 2013 suicide and suicide attempt DoDSERs, all Services combined (cont.)

| Had minor children | Yes, lived with SM | 43 | 17.6 | 167 | 15.5 |
|---|-----------------------------|-----|------|-----|------|
| | Yes, did not live with SM | 48 | 19.6 | 170 | 15.7 |
| | No children | 142 | 58.0 | 695 | 64.4 |
| | Data unavailable | 12 | 4.9 | 48 | 4.4 |
| Firearm in immediate environment | Yes | 130 | 53.1 | 146 | 13.5 |
| | No | 72 | 29.4 | 830 | 76.9 |
| | Data unavailable | 43 | 17.6 | 104 | 9.6 |
| Duty status at time of event ⁶ | Permanent duty station | 176 | 71.8 | 767 | 71.0 |
| | Leave | 24 | 9.8 | 40 | 3.7 |
| | TDY | 5 | 2.0 | 5 | 0.5 |
| | Deployed | 13 | 5.3 | 37 | 3.4 |
| | Training | 10 | 4.1 | 77 | 7.1 |
| | Psychiatric Hospitalization | 1 | 0.4 | 9 | 0.8 |
| | Medical Hold | 9 | 3.7 | 36 | 3.3 |
| | Other | 30 | 12.2 | 108 | 10.0 |
| | Data unavailable | 12 | 4.9 | 59 | 5.5 |

¹Data on cause of death and toxicology provided by the AFMES for suicide decedents.

²Event method categories were aligned with the National Center for Health Statistics' standard for cause of death categories.

³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴Data on the source of the firearm are from the DoDSER reports filed for the suicide decedents.

⁵This category is specific to nonfatal events since it is not a unique reporting category per the National Center for Health Statistics.

⁶SMs could be classified into multiple categories in the same set.

Inhalants were reported as a separate category of drug use for suicides in the toxicology data but were not a separate reporting category in the DoDSER for any event type.

Table C3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 suicide and suicide attempt DoDSERs, all Services combined

| | | Suic | cide | Suicide | Attempt |
|-----------------------------|---|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 245 | 100.0 | 1,080 | 100.0 |
| Behavioral health diagnosis | Yes | 97 | 39.6 | 637 | 59.0 |
| Number of diagnoses | One ¹ | 51 | 52.6 | 317 | 49.8 |
| | Two ¹ | 32 | 33.0 | 242 | 38.0 |
| | Three or more ¹ | 14 | 14.4 | 78 | 12.2 |
| Specific diagnoses | Mood disorder ^{1,2} | 58 | 59.8 | 382 | 60.0 |
| | Bipolar ^{1,2} | 4 | 6.9 | 23 | 6.0 |
| | Major depression ^{1,2} | 32 | 55.2 | 270 | 70.7 |
| | Dysthymic ^{1,2} | 7 | 12.1 | 28 | 7.3 |
| | Other mood disorder ^{1,2} | 20 | 34.5 | 86 | 22.5 |
| | Unspecified mood disorder ^{1,2} | 6 | 10.3 | 26 | 6.8 |
| | Anxiety disorder ^{1,2} | 37 | 38.1 | 320 | 50.2 |
| | Posttraumatic stress ^{1,2} | 15 | 40.5 | 176 | 55.0 |
| | Panic ^{1,2} | 0 | 0.0 | 20 | 6.3 |
| | Generalized anxiety ^{1,2} | 10 | 27.0 | 92 | 28.8 |
| | Acute stress ^{1,2} | 2 | 5.4 | 14 | 4.4 |
| | Other anxiety disorder ^{1,2} | 19 | 51.4 | 86 | 26.9 |
| | Unspecified anxiety disorder ^{1,2} | 2 | 5.4 | 14 | 4.4 |
| | Personality disorder ^{1,2} | 5 | 5.2 | 78 | 12.2 |
| | Psychotic disorder ^{1,2} | 4 | 4.1 | 11 | 1.7 |
| | Adjustment disorder ^{1,2} | 55 | 56.7 | 253 | 39.7 |
| | No | 140 | 57.1 | 410 | 38.0 |
| | Data unavailable | 8 | 3.3 | 33 | 3.1 |
| Sleep disorder | Yes | 30 | 12.2 | 135 | 12.5 |
| | No | 204 | 83.3 | 889 | 82.3 |
| | Data unavailable | 11 | 4.5 | 56 | 5.2 |
| History of substance abuse | Yes | 52 | 21.2 | 313 | 29.0 |
| | No | 176 | 71.8 | 704 | 65.2 |
| | Data unavailable | 17 | 6.9 | 63 | 5.8 |
| Traumatic brain injury | Yes | 12 | 4.9 | 66 | 6.1 |
| | No | 222 | 90.6 | 961 | 89.0 |
| | Data unavailable | 11 | 4.5 | 53 | 4.9 |



Table C3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 suicide and suicide attempt DoDSERs, all Services combined (cont.)

| | | Suic | Suicide | | Suicide Attempt | |
|--|---|-------|---------|-------|-----------------|--|
| | | Count | % | Count | % | |
| History of prior self-injury | Yes | 24 | 9.8 | 303 | 28.1 | |
| Number of prior self injuries | One prior event ¹ | 15 | 62.5 | 164 | 54.1 | |
| | More than one prior event ¹ | 8 | 33.3 | 138 | 45.5 | |
| | Unknown number of events ¹ | 1 | 4.2 | 1 | 0.3 | |
| | Current event similar to prior self injury ¹ | 6 | 25.0 | 163 | 53.8 | |
| | No | 194 | 79.2 | 698 | 64.6 | |
| | Data unavailable | 27 | 11.0 | 79 | 7.3 | |
| Family history of behavioral health conditions | Yes | 33 | 13.5 | 315 | 29.2 | |
| | No | 121 | 49.4 | 627 | 58.1 | |
| | Data unavailable | 91 | 37.1 | 138 | 12.8 | |
| Ever taken psychotropic medications | Yes | 65 | 26.5 | 447 | 41.4 | |
| | No | 151 | 61.6 | 571 | 52.9 | |
| | Data unavailable | 29 | 11.8 | 62 | 5.7 | |
| Use of psychotropic medications, last 90 days | Yes | 47 | 19.2 | 371 | 34.4 | |
| | Antidepressants ^{1,2} | 35 | 74.5 | 306 | 82.5 | |
| | Anxiolytics ^{1,2} | 24 | 51.1 | 153 | 41.2 | |
| | Antimanics ^{1,2} | 2 | 4.3 | 9 | 2.4 | |
| | Anticonvulsants ^{1,2} | 3 | 6.4 | 11 | 3.0 | |
| | Antipsychotics ^{1,2} | 6 | 12.8 | 39 | 10.5 | |
| | Sleep medications ^{1,2} | 24 | 51.1 | 190 | 51.2 | |
| | No | 168 | 68.6 | 647 | 59.9 | |
| | Data unavailable | 30 | 12.2 | 62 | 5.7 | |
| Pain medication at time of the event | Yes | 24 | 9.8 | 168 | 15.6 | |
| | Opioids, last 90 days ¹ | 10 | 41.7 | 51 | 30.4 | |
| | No | 176 | 71.8 | 830 | 76.9 | |
| | Data unavailable | 45 | 18.4 | 82 | 7.6 | |
| Polypharmacy at time of the event | Yes | 22 | 9.0 | 128 | 11.9 | |
| | No | 184 | 75.1 | 854 | 79.1 | |
| | Data unavailable | 39 | 15.9 | 98 | 9.1 | |

Table C3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 suicide and suicide attempt DoDSERs, all Services combined (cont.)

| | | Suic | cide | Suicide | Attempt |
|---|---|-------|------|---------|---------|
| | | Count | % | Count | % |
| Accession of medical/support services, last 90 days | Yes | 141 | 57.6 | 747 | 69.2 |
| | Military Treatment Facility ^{1,2} | 131 | 92.9 | 559 | 74.8 |
| | Substance Abuse Services ^{1,2} | 18 | 12.8 | 144 | 19.3 |
| | Family Advocacy Program ^{1,2} | 12 | 8.5 | 41 | 5.5 |
| | Outpatient behavioral health ^{1,2} | 74 | 52.5 | 546 | 73.1 |
| | Inpatient behavioral health ^{1,2} | 14 | 9.9 | 151 | 20.2 |
| | No | 102 | 41.6 | 314 | 29.1 |
| | Data unavailable | 2 | 0.8 | 19 | 1.8 |

¹Percents for these variables are based on the number of positive responses to the superordinate category. ²SMs could be classified into multiple categories in the same set.



Table C4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 suicide and suicide attempt DoDSERs, all Services combined

| | | Sui | cide | Suicide Attempt | | |
|--|---|-------|-------|-----------------|---------|--|
| | | Count | % | Count | % | |
| All | | 245 | 100.0 | 1,080 | 100.0 | |
| Failed relationship, last 90 days | Yes | 110 | 44.9 | 442 | 40.9 | |
| | Failed intimate relationship ^{1,2} | 95 | 86.4 | 398 | 90.0 | |
| | Failed non-intimate relationship 1,2 | 36 | 32.7 | 113 | 25.6 | |
| | No | 111 | 45.3 | 589 | 54.5 | |
| | Data unavailable | 24 | 9.8 | 49 | 4.5 | |
| Loss or illness of a loved one, last 90 days | Yes | 15 | 6.1 | 119 | 11.0 | |
| | Death of spouse or family member ^{1,2} | 6 | 40.0 | 53 | 44.5 | |
| | Death of friend ^{1,2} | 3 | 20.0 | 33 | 27.7 | |
| | Family/spouse illness ^{1,2} | 6 | 40.0 | 53 | 44.5 | |
| | No | 200 | 81.6 | 898 | 83.1 | |
| | Data unavailable | 30 | 12.2 | 63 | 5.8 | |
| History of suicide of friend or family members, | Yes | 25 | 10.2 | 170 | 15.7 | |
| any time | Spouse suicide ^{1,2} | 0 | 0.0 | 0 | 0.0 | |
| | Family suicide ^{1,2} | 17 | 68.0 | 86 | 50.6 | |
| | Friend suicide ^{1,2} | 9 | 36.0 | 100 | 58.8 | |
| | No | 205 | 83.7 | 873 | 80.8 | |
| | Data unavailable | 15 | 6.1 | 37 | 3.4 | |
| History of administrative/legal issues, last 90 | Yes | 74 | 30.2 | 329 | 30.5 | |
| days | Courts martial proceedings ^{1,2} | 12 | 16.2 | 23 | 7.0 | |
| | Article 15/Non-judicial punishment ^{1,2} | 26 | 35.1 | 135 | 41.0 | |
| | Administrative separation ^{1,2} | 12 | 16.2 | 93 | 28.3 | |
| | AWOL ^{1,2} | 8 | 10.8 | 27 | 8.2 | |
| | Medical evaluation board 1,2 | 15 | 20.3 | 88 | 26.7 | |
| | Civil legal problems ^{1,2} | 23 | 31.1 | 60 | 18.2 | |
| | Non-selection for promotion ^{1,2} | 11 | 14.9 | 36 | 10.9 | |
| | Under investigation ^{1,2} | 11 | 14.9 | 9 | 2.7 | |
| | No | 163 | 66.5 | 726 | 67.2 | |
| | Data unavailable | 8 | 3.3 | 25 | 2.3 | |
| Any financial or workplace difficulties, last 90 | Yes | 58 | 23.7 | 420 | 38.9 | |
| days | Excessive debt or bankruptcy ^{1,2} | 13 | 22.4 | 73 | 17.4 | |
| | Job problems ^{1,2} | 40 | 69.0 | 278 | 66.2 | |
| | Supervisor/coworker issues ^{1,2} | 21 | 36.2 | 254 | 60.5 | |
| | Poor performance review ^{1,2} | 18 | 31.0 | 129 | 30.7 | |
| | Unit/workplace hazing ^{1,2} | 2 | 3.4 | 49 | 11.7 | |
| | No | 166 | 67.8 | 596 | 55.2 | |
| | Data unavailable | 21 | 8.6 | 64 | 5.9 | |
| | | Suic | ide | Suicide | Attempt | |

Table C4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 suicide and suicide attempt DoDSERs, all Services combined (cont.)

| | | Count | % | Count | % |
|---------------------------------------|----------------------------------|-------|------|-------|------|
| Abuse victimization history, any time | Yes | 23 | 9.4 | 362 | 33.5 |
| | Physical abuse ^{1,2} | 17 | 73.9 | 217 | 59.9 |
| | Sexual abuse ^{1,2} | 8 | 34.8 | 190 | 52.5 |
| | Emotional abuse ^{1,2} | 14 | 60.9 | 234 | 64.6 |
| | Sexual harassment ^{1,2} | 1 | 4.3 | 50 | 13.8 |
| | No | 187 | 76.3 | 645 | 59.7 |
| | Data unavailable | 35 | 14.3 | 73 | 6.8 |
| | | | | | |
| Abuse perpetration history, any time | Yes | 34 | 13.9 | 91 | 8.4 |
| | Physical abuse ^{1,2} | 18 | 52.9 | 48 | 52.7 |
| | Sexual abuse ^{1,2} | 17 | 50.0 | 17 | 18.7 |
| | Emotional abuse ^{1,2} | 8 | 23.5 | 43 | 47.3 |
| | Sexual harassment ^{1,2} | 4 | 11.8 | 8 | 8.8 |
| | No | 180 | 73.5 | 918 | 85.0 |
| | Data unavailable | 31 | 12.7 | 71 | 6.6 |

Percents for these variables are based on the number of positive responses to the superordinate category.



²SMs could be classified into multiple categories in the same set.

Table C5. Deployment and direct combat history for all 2013 suicide and suicide attempt DoDSERs, all Services combined

| | | Suid | cide | Suicide Attempt | |
|--|---|-------|-------|-----------------|-------|
| | | Count | % | Count | % |
| All | | 245 | 100.0 | 1,080 | 100.0 |
| History of deployment ¹ | Yes | 163 | 66.5 | 510 | 47.2 |
| Number of deployments | One ³ | 82 | 50.3 | 243 | 47.6 |
| | Two ³ | 43 | 26.4 | 170 | 33.3 |
| | Three or more ³ | 38 | 23.3 | 97 | 19.0 |
| | No | 80 | 32.7 | 542 | 50.2 |
| | Data unavailable | 2 | 0.8 | 28 | 2.6 |
| Ever deployed OIF/OEF/OND ¹ | Yes | 159 | 64.9 | 498 | 46.1 |
| | Iraq ^{3,4} | 62 | 39.0 | 226 | 45.4 |
| | Afghanistan ^{3,4} | 86 | 54.1 | 283 | 56.8 |
| | Kuwait ^{3,4} | 81 | 50.9 | 302 | 60.6 |
| | No | 81 | 33.1 | 550 | 50.9 |
| | Data unavailable | 5 | 2.0 | 32 | 3.0 |
| Events in theater ¹ | Yes | 13 | 5.3 | 37 | 3.4 |
| | Afghanistan ³ | 7 | 53.8 | 22 | 59.5 |
| | Kuwait ³ | 1 | 7.7 | 2 | 5.4 |
| | Other theater location ³ | 5 | 38.5 | 13 | 35.1 |
| | No | 230 | 93.9 | 1,015 | 94.0 |
| | Data unavailable | 2 | 0.8 | 28 | 2.6 |
| History of direct combat ² | Yes | 36 | 14.7 | 210 | 19.4 |
| | Wounded others combat ^{3,4} | 18 | 50.0 | 157 | 74.8 |
| | Service member wounded in combat ^{3,4} | 4 | 11.1 | 65 | 31.0 |
| | Witnessed killing ^{3,4} | 11 | 30.6 | 164 | 78.1 |
| | Saw bodies of other soldiers ^{3,4} | 9 | 25.0 | 157 | 74.8 |
| | Killed others in combat ^{3,4} | 6 | 16.7 | 98 | 46.7 |
| | No | 140 | 57.1 | 737 | 68.2 |
| | Data unavailable | 69 | 28.2 | 133 | 12.3 |

Deployment data provided by the DMDC for all event types.

Data on combat exposure were reported in the DoDSER.

Percents for these variables are based on the number of positive responses to the superordinate category.

⁴SMs could be classified into multiple categories in the same set.

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Appendix DAIR FORCE DODSER TABLES

Table D1. Demographic characteristics of all 2013 Air Force DoDSERs

| | | Sui | cide | Suicide | Attempt |
|-----------|---------------------------------------|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 43 | 100.0 | 259 | 100.0 |
| Sex | Male | 39 | 90.7 | 162 | 62.5 |
| | Female | 4 | 9.3 | 97 | 37.5 |
| Race | American Indian/Alaskan Native | 0 | 0.0 | 2 | 0.8 |
| | Asian/Pacific Islander | 0 | 0.0 | 8 | 3.1 |
| | Black/African American | 7 | 16.3 | 43 | 16.6 |
| | White/Caucasian | 34 | 79.1 | 188 | 72.6 |
| | Other/Unknown | 2 | 4.7 | 18 | 6.9 |
| Ethnicity | Hispanic | 1 | 2.3 | 16 | 6.2 |
| | Non-Hispanic | 42 | 97.7 | 242 | 93.4 |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 |
| Age Range | 17 - 24 | 18 | 41.9 | 141 | 54.4 |
| | 25 - 29 | 15 | 34.9 | 59 | 22.8 |
| | 30 - 34 | 3 | 7.0 | 33 | 12.7 |
| | 35 - 39 | 3 | 7.0 | 14 | 5.4 |
| | 40 - 44 | 4 | 9.3 | 8 | 3.1 |
| | 45 - 74 | 0 | 0.0 | 4 | 1.5 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |
| Rank | Cadet/Midshipman | 1 | 2.3 | 2 | 0.8 |
| | E1-E4 | 21 | 48.8 | 167 | 64.5 |
| | E5-E9 | 19 | 44.2 | 78 | 30.1 |
| | Warrant officer | 0 | 0.0 | 0 | 0.0 |
| | Commissioned officer | 2 | 4.7 | 12 | 4.6 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |
| Component | Active | 40 | 93.0 | 253 | 97.7 |
| | Reserve | 1 | 2.3 | 0 | 0.0 |
| | National Guard | 2 | 4.7 | 6 | 2.3 |
| Education | Some high school, did not graduate | 0 | 0.0 | 1 | 0.4 |
| | Alternative high school certification | 0 | 0.0 | 2 | 0.8 |
| | High school graduate | 33 | 76.7 | 191 | 73.7 |
| | Some college, no degree | 7 | 16.3 | 42 | 16.2 |
| | Four-year degree | 1 | 2.3 | 15 | 5.8 |
| | Masters degree or greater | 1 | 2.3 | 7 | 2.7 |
| | Data unavailable | 1 | 2.3 | 1 | 0.4 |
| | | Sui | cide | Suicide | Attempt |



Table D1. Demographic characteristics¹ of all 2013 Air Force DoDSERs (cont.)

| | | Count | % | Count | % |
|----------------|-------------------|-------|------|-------|------|
| Marital Status | Never married | 19 | 44.2 | 130 | 50.2 |
| | Married | 15 | 34.9 | 108 | 41.7 |
| | Legally separated | 1 | 2.3 | 0 | 0.0 |
| | Divorced | 8 | 18.6 | 21 | 8.1 |
| | Widowed | 0 | 0.0 | 0 | 0.0 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |

¹Demographic variables provided by the DMDC and augmented by the DoDSER for cases with unknown values in the DMDC's data. See Appendix A for more information.

Table D2. Event location, event method, and event context for all 2013 Air Force DoDSERs

| | | Sui | cide | Suicide | Attempt |
|-----------------------------|--|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 43 | 100.0 | 259 | 100.0 |
| Geographic location | United States | 41 | 95.3 | 213 | 82.2 |
| | Iraq | 0 | 0.0 | 0 | 0.0 |
| | Afghanistan | 0 | 0.0 | 1 | 0.4 |
| | Kuwait | 0 | 0.0 | 1 | 0.4 |
| | Korea | 0 | 0.0 | 8 | 3.1 |
| | Other Europe | 0 | 0.0 | 2 | 0.8 |
| | North America | 0 | 0.0 | 1 | 0.4 |
| | Japan | 0 | 0.0 | 7 | 2.7 |
| | Germany | 0 | 0.0 | 10 | 3.9 |
| | United Kingdom | 2 | 4.7 | 3 | 1.2 |
| | Shipboard | 0 | 0.0 | 0 | 0.0 |
| | Other | 0 | 0.0 | 12 | 4.6 |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 |
| Event setting | Own residence | 20 | 46.5 | 127 | 49.0 |
| · · | Barracks | 5 | 11.6 | 82 | 31.7 |
| | Residence of friend or family | 5 | 11.6 | 13 | 5.0 |
| | Work/jobsite | 0 | 0.0 | 7 | 2.7 |
| | Automobile (away from residence) | 8 | 18.6 | 13 | 5.0 |
| | Inpatient medical facility | 0 | 0.0 | 2 | 0.8 |
| | Hotel | 2 | 4.7 | 6 | 2.3 |
| | Other | 3 | 7.0 | 9 | 3.5 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |
| Event method ^{1,2} | Drugs/alcohol | 3 | 7.0 | 156 | 60.2 |
| | Hanging/asphyxiation | 9 | 20.9 | 22 | 8.5 |
| | Poisoning | 3 | 7.0 | 6 | 2.3 |
| | Firearm | 27 | 62.8 | 13 | 5.0 |
| | Military issued firearm ^{3,4} | 1 | 3.7 | 2 | 15.4 |
| | Not military issued firearm ^{3,4} | 26 | 96.3 | 10 | 76.9 |
| | Firearm of unknown origin ^{3,4} | 0 | 0.0 | 1 | 7.7 |
| | Falling/jumping | 0 | 0.0 | 3 | 1.2 |
| | Sharp/blunt object ⁵ | | | 44 | 17.0 |
| | Other | 1 | 2.3 | 10 | 3.9 |
| | Data unavailable | 0 | 0.0 | 5 | 1.9 |
| | | Sui | cide | Suicide | Attempt |



Table D2. Event location, event method, and event context for all 2013 Air Force DoDSERs (cont.)

| | | Count | % | Count | % |
|---|---|----------|--------------|---------------|----------------|
| Alcohol used during event ¹ | Yes | 23 | 53.5 | 107 | 41.3 |
| | No | 16 | 37.2 | 145 | 56.0 |
| | Data unavailable | 4 | 9.3 | 7 | 2.7 |
| Drugs used during event ¹ | Yes | 13 | 30.2 | 157 | 60.6 |
| Illicit drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 9 | 5.7 |
| | Used, not cause of death/no overdose ³ | 0 | 0.0 | 1 | 0.6 |
| Inhalants ^{6,7} | Used, cause of death/overdose ³ | 0 | 0.0 | | |
| | Used, not cause of death/no overdose ³ | 0 | 0.0 | | |
| Prescription drugs ⁶ | Used, cause of death/overdose ³ | 4 | 30.8 | 101 | 64.3 |
| | Used, not cause of death/no overdose ³ | 6 | 46.2 | 19 | 12.1 |
| OTC drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 46 | 29.3 |
| | Used, not cause of death/no overdose ³ | 4 | 30.8 | 13 | 8.3 |
| | No | 26 | 60.5 | 98 | 37.8 |
| | Data unavailable | 4 | 9.3 | 4 | 1.5 |
| Both alcohol and drugs used during event ¹ | Yes | 6 | 14.0 | 68 | 26.3 |
| | No | 32 | 74.4 | 183 | 70.7 |
| | Data unavailable | 5 | 11.6 | 8 | 3.1 |
| Communicated potential for self-harm | Yes | 10 | 23.3 | 85 | 32.8 |
| Mode ⁶ | Written ³ | 2 | 20.0 | 2 | 2.4 |
| | Verbal ³ | 6 | 60.0 | 59 | 69.4 |
| | Electronic ³ | 4 | 40.0 | 31 | 36.5 |
| | Other ³ | 0 | 0.0 | 3 | 3.5 |
| Number of types of recipients | One ³ | 8 | 80.0 | 64 | 75.3 |
| | Two ³ | 2 | 20.0 | 17 | 20.0 |
| | Three or more ³ | 0 | 0.0 | 3 | 3.5 |
| | Unknown number ³ | 0 | 0.0 | 1 | 1.2 |
| Recipients ⁶ | Supervisor ³ | 1 | 10.0 | 9 | 10.6 |
| | Chaplain ³ | 0 | 0.0 | 3 | 3.5 |
| | Mental Health Staff ³ | 2 | 20.0 | 12 | 14.1 |
| | Friend ³ | 3 | 30.0 | 39 | 45.9 |
| | Spouse/significant other ³ | 3 | 30.0 | 25 | 29.4 |
| | Family ³ | 1 | 10.0 | 12 | 14.1 |
| | Social Media ³ | 0 | 0.0 | 2 | 2.4 |
| | Colleague ³ | 0 | 0.0 | 0 | 0.0 |
| | Other ³ | 2 | 20.0 | 5 | 5.9 |
| | No | 28 | 65.1 | 163 | 62.9 |
| | | | | | |
| | Data unavailable | 5 Sui | 11.6 cide | 11 Suicide | 4.2 Attempt |

Table D2. Event location, event method, and event context for all 2013 Air Force DoDSERs (cont.)

| Death risk gambling | Yes | 0 | 0.0 | 6 | 2.3 | |
|----------------------------------|---|---------|------|---------|-----------------|--|
| | No | 40 | 93.0 | 250 | 96.5 | |
| | Data unavailable | 3 | 7.0 | 3 | 1.2 | |
| Event planned | Yes | 22 | 51.2 | 64 | 24.7 | |
| | No | 13 | 30.2 | 176 | 68.0 | |
| | Data unavailable | 8 | 18.6 | 19 | 7.3 | |
| Event observable | Yes | 4 | 9.3 | 90 | 34.7 | |
| | No | 37 | 86.0 | 160 | 61.8 | |
| | Data unavailable | 2 | 4.7 | 9 | 3.5 | |
| Left suicide note | Yes | 19 | 44.2 | 45 | 17.4 | |
| | No | 21 | 48.8 | 204 | 78.8 | |
| | Data unavailable | 3 | 7.0 | 10 | 3.9 | |
| Residence | Shared military living environment | 4 | 9.3 | 84 | 32.4 | |
| | Bachelor quarters | 1 | 2.3 | 11 | 4.2 | |
| | On-base family housing | 3 | 7.0 | 25 | 9.7 | |
| | Private residence | 32 | 74.4 | 127 | 49.0 | |
| | Ship | 0 | 0.0 | 0 | 0.0 | |
| | Other | 3 | 7.0 | 9 | 3.5 | |
| | Data unavailable | 0 | 0.0 | 3 | 1.2 | |
| Married Service member residence | Not married | 29 | 67.4 | 172 | 66.4 | |
| | Married, resides with spouse | 11 | 25.6 | 49 | 18.9 | |
| | Married, not living together, relationship issues | 3 | 7.0 | 24 | 9.3 | |
| | Married, not living together, other reasons | 0 | 0.0 | 13 | 5.0 | |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 | |
| Service member resided alone | Yes | 17 | 39.5 | 145 | 56.0 | |
| | No | 26 | 60.5 | 109 | 42.1 | |
| | Data unavailable | 0 | 0.0 | 5 | 1.9 | |
| Had minor children | Yes, lived with SM | 8 | 18.6 | 42 | 16.2 | |
| | Yes, did not live with SM | 6 | 14.0 | 26 | 10.0 | |
| | No children | 29 | 67.4 | 184 | 71.0 | |
| | Data unavailable | 0 | 0.0 | 7 | 2.7 | |
| | | Suicide | | Suicide | Suicide Attempt | |
| | | Count | % | Count | % | |



Table D2. Event location, event method, and event context for all 2013 Air Force DoDSERs (cont.)

| Firearm in immediate environment | Yes | 23 | 53.5 | 39 | 15.1 |
|---|-----------------------------|----|------|-----|------|
| | No | 18 | 41.9 | 209 | 80.7 |
| | Data unavailable | 2 | 4.7 | 11 | 4.2 |
| | | | | | |
| Duty status at time of event ⁶ | Permanent duty station | 34 | 79.1 | 215 | 83.0 |
| | Leave | 5 | 11.6 | 11 | 4.2 |
| | TDY | 1 | 2.3 | 0 | 0.0 |
| | Deployed | 0 | 0.0 | 5 | 1.9 |
| | Training | 1 | 2.3 | 3 | 1.2 |
| | Psychiatric Hospitalization | 0 | 0.0 | 2 | 0.8 |
| | Medical Hold | 0 | 0.0 | 6 | 2.3 |
| | Other | 8 | 18.6 | 23 | 8.9 |
| | Data unavailable | 0 | 0.0 | 6 | 2.3 |

¹Data on cause of death and toxicology provided by the AFMES for suicide decedents.

²Event method categories were aligned with the National Center for Health Statistics' standard for cause of death categories.

³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴Data on the source of the firearm are from the DoDSER reports filed for the suicide decedents.

⁵This category is specific to nonfatal events since it is not a unique reporting category per the National Center for Health Statistics.

⁶SMs could be classified into multiple categories in the same set.

⁷Inhalants were reported as a separate category of drug use for suicides in the toxicology data but were not a separate reporting category in the DoDSER for any event type.

Table D3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Air Force DoDSERs

| | | Sui | cide | Suicide | Attempt |
|-----------------------------|---|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 43 | 100.0 | 259 | 100.0 |
| Behavioral health diagnosis | Yes | 17 | 39.5 | 163 | 62.9 |
| Number of diagnoses | One ¹ | 11 | 64.7 | 80 | 49.1 |
| | Two ¹ | 4 | 23.5 | 60 | 36.8 |
| | Three or more ¹ | 2 | 11.8 | 23 | 14.1 |
| Specific diagnoses | Mood disorder ^{1,2} | 8 | 47.1 | 91 | 55.8 |
| | Bipolar ^{1,2} | 0 | 0.0 | 5 | 5.5 |
| | Major depression ^{1,2} | 4 | 50.0 | 61 | 67.0 |
| | Dysthymic ^{1,2} | 3 | 37.5 | 10 | 11.0 |
| | Unspecified mood disorder ^{1,2} | 1 | 12.5 | 25 | 27.5 |
| | Other mood disorder ^{1,2} | 0 | 0.0 | 5 | 5.5 |
| | Anxiety disorder ^{1,2} | 8 | 47.1 | 80 | 49.1 |
| | Posttraumatic stress ^{1,2} | 2 | 25.0 | 43 | 53.8 |
| | Panic ^{1,2} | 0 | 0.0 | 5 | 6.3 |
| | Generalized anxiety ^{1,2} | 2 | 25.0 | 20 | 25.0 |
| | Acute stress ^{1,2} | 1 | 12.5 | 4 | 5.0 |
| | Other anxiety disorder ^{1,2} | 5 | 62.5 | 26 | 32.5 |
| | Unspecified anxiety disorder ^{1,2} | 0 | 0.0 | 3 | 3.8 |
| | Personality disorder ^{1,2} | 2 | 11.8 | 24 | 14.7 |
| | Psychotic disorder ^{1,2} | 0 | 0.0 | 2 | 1.2 |
| | Adjustment disorder ^{1,2} | 8 | 47.1 | 73 | 44.8 |
| | No | 26 | 60.5 | 95 | 36.7 |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 |
| Sleep disorder | Yes | 6 | 14.0 | 27 | 10.4 |
| | No | 36 | 83.7 | 227 | 87.6 |
| | Data unavailable | 1 | 2.3 | 5 | 1.9 |
| History of substance abuse | Yes | 8 | 18.6 | 65 | 25.1 |
| · | No | 35 | 81.4 | 191 | 73.7 |
| | Data unavailable | 0 | 0.0 | 3 | 1.2 |
| Traumatic brain injury | Yes | 0 | 0.0 | 6 | 2.3 |
| | No | 42 | 97.7 | 248 | 95.8 |
| | Data unavailable | 1 | 2.3 | 5 | 1.9 |



Table D3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Air Force DoDSERs (cont.)

| | | Suid | Suicide | | Suicide Attempt | |
|--|---|-------|---------|-------|-----------------|--|
| | | Count | % | Count | % | |
| Family history of behavioral health conditions | Yes | 11 | 25.6 | 89 | 34.4 | |
| | No | 20 | 46.5 | 149 | 57.5 | |
| | Data unavailable | 12 | 27.9 | 21 | 8.1 | |
| History of prior self-injury | Yes | 1 | 2.3 | 71 | 27.4 | |
| | One prior event ¹ | 1 | 100.0 | 42 | 59.2 | |
| | More than one prior event ¹ | 0 | 0.0 | 29 | 40.8 | |
| | Unknown number of events ¹ | 0 | 0.0 | 0 | 0.0 | |
| | Current event similar to prior self injury ¹ | 1 | 100.0 | 31 | 43.7 | |
| | No | 37 | 86.0 | 177 | 68.3 | |
| | Data unavailable | 5 | 11.6 | 11 | 4.2 | |
| Ever taken psychotropic medications | Yes | 14 | 32.6 | 128 | 49.4 | |
| | No | 28 | 65.1 | 128 | 49.4 | |
| | Data unavailable | 1 | 2.3 | 3 | 1.2 | |
| Use of psychotropic medications, last 90 days | Yes | 9 | 20.9 | 103 | 39.8 | |
| | Antidepressants ^{1,2} | 8 | 88.9 | 81 | 78.6 | |
| | Anxiolytics ^{1,2} | 5 | 55.6 | 47 | 45.6 | |
| | Antimanics ^{1,2} | 0 | 0.0 | 2 | 1.9 | |
| | Anticonvulsants ^{1,2} | 0 | 0.0 | 1 | 1.0 | |
| | Antipsychotics ^{1,2} | 1 | 11.1 | 7 | 6.8 | |
| | Sleep medications ^{1,2} | 4 | 44.4 | 54 | 52.4 | |
| | No | 32 | 74.4 | 153 | 59.1 | |
| | Data unavailable | 2 | 4.7 | 3 | 1.2 | |
| Pain medication at time of the event | Yes | 3 | 7.0 | 44 | 17.0 | |
| | Opioids, last 90 days ¹ | 1 | 33.3 | 14 | 31.8 | |
| | No | 32 | 74.4 | 206 | 79.5 | |
| | Data unavailable | 8 | 18.6 | 9 | 3.5 | |
| Polypharmacy at time of the event | Yes | 3 | 7.0 | 24 | 9.3 | |
| | No | 36 | 83.7 | 219 | 84.6 | |
| | Data unavailable | 4 | 9.3 | 16 | 6.2 | |

Table D3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Air Force DoDSERs (cont.)

| | | Suicide | | Suicide Attempt | |
|---|---|---------|-------|-----------------|------|
| | | Count | % | Count | % |
| Accession of medical/support services, last 90 days | Yes | 33 | 76.7 | 197 | 76.1 |
| | Military Treatment Facility ^{1,2} | 33 | 100.0 | 178 | 90.4 |
| | Substance Abuse Services 1,2 | 4 | 12.1 | 36 | 18.3 |
| | Family Advocacy Program ^{1,2} | 3 | 9.1 | 10 | 5.1 |
| | Outpatient behavioral health ^{1,2} | 14 | 42.4 | 128 | 65.0 |
| | Inpatient behavioral health ^{1,2} | 1 | 3.0 | 36 | 18.3 |
| | No | 10 | 23.3 | 62 | 23.9 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |

Percents for these variables are based on the number of positive responses to the superordinate category.



²SMs could be classified into multiple categories in the same set.

Table D4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Air Force DoDSERs

| | | Sui | cide | Suicide | Suicide Attempt | |
|---|---|-------|-------|---------|-----------------|--|
| | | Count | % | Count | % | |
| All | | 43 | 100.0 | 259 | 100.0 | |
| Failed relationship, last 90 days | Yes | 23 | 53.5 | 123 | 47.5 | |
| | Failed intimate relationship 1,2 | 21 | 91.3 | 103 | 83.7 | |
| | Failed non-intimate relationship 1,2 | 9 | 39.1 | 35 | 28.5 | |
| | No | 16 | 37.2 | 132 | 51.0 | |
| | Data unavailable | 4 | 9.3 | 4 | 1.5 | |
| Loss or illness of a loved one, last 90 days | Yes | 3 | 7.0 | 38 | 14.7 | |
| | Death of spouse or family member ^{1,2} | 0 | 0.0 | 14 | 36.8 | |
| | Death of friend ^{1,2} | 0 | 0.0 | 9 | 23.7 | |
| | Family/spouse illness ^{1,2} | 3 | 100.0 | 19 | 50.0 | |
| | No | 38 | 88.4 | 217 | 83.8 | |
| | Data unavailable | 2 | 4.7 | 4 | 1.5 | |
| History of suicide of friend or family members | Yes | 2 | 4.7 | 43 | 16.6 | |
| | Spouse suicide ^{1,2} | 0 | 0.0 | 0 | 0.0 | |
| | Family suicide ^{1,2} | 0 | 0.0 | 25 | 58.1 | |
| | Friend suicide ^{1,2} | 2 | 100.0 | 26 | 60.5 | |
| | No | 40 | 93.0 | 213 | 82.2 | |
| | Data unavailable | 1 | 2.3 | 3 | 1.2 | |
| History of administrative/legal issues, last 90 | Yes | 12 | 27.9 | 79 | 30.5 | |
| days | Courts martial proceedings ^{1,2} | 4 | 33.3 | 6 | 7.6 | |
| | Article 15/Non-judicial punishment ^{1,2} | 5 | 41.7 | 26 | 32.9 | |
| | Administrative separation ^{1,2} | 1 | 8.3 | 21 | 26.6 | |
| | AWOL ^{1,2} | 4 | 33.3 | 2 | 2.5 | |
| | Medical evaluation board 1,2 | 1 | 8.3 | 22 | 27.8 | |
| | Civil legal problems ^{1,2} | 5 | 41.7 | 23 | 29.1 | |
| | Non-selection for promotion ^{1,2} | 1 | 8.3 | 12 | 15.2 | |
| | Under investigation ^{1,2} | 4 | 33.3 | 3 | 3.8 | |
| | No | 30 | 69.8 | 179 | 69.1 | |
| | Data unavailable | 1 | 2.3 | 1 | 0.4 | |
| | | Sui | cide | Suicide | Attempt | |

Table D4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Air Force DoDSERs (cont.)

| | | Count | % | Count | % | |
|---|---|-------|------|-------|------|--|
| Any financial or workplace difficulties, last 90 days | Yes | 14 | 32.6 | 111 | 42.9 | |
| | Excessive debt or bankruptcy ^{1,2} | 6 | 42.9 | 21 | 18.9 | |
| | Job problems ^{1,2} | 9 | 64.3 | 73 | 65.8 | |
| | Supervisor/coworker issues ^{1,2} | 6 | 42.9 | 64 | 57.7 | |
| | Poor performance review ^{1,2} | 4 | 28.6 | 32 | 28.8 | |
| | Unit/workplace hazing ^{1,2} | 1 | 7.1 | 9 | 8.1 | |
| | No | 28 | 65.1 | 144 | 55.6 | |
| | Data unavailable | 1 | 2.3 | 4 | 1.5 | |
| Abuse victimization history | Yes | 7 | 16.3 | 95 | 36.7 | |
| | Physical abuse ^{1,2} | 5 | 71.4 | 49 | 51.6 | |
| | Sexual abuse ^{1,2} | 5 | 71.4 | 57 | 60.0 | |
| | Emotional abuse ^{1,2} | 4 | 57.1 | 54 | 56.8 | |
| | Sexual harassment ^{1,2} | 1 | 14.3 | 18 | 18.9 | |
| | No | 33 | 76.7 | 157 | 60.6 | |
| | Data unavailable | 3 | 7.0 | 7 | 2.7 | |
| Abuse perpetration history | Yes | 7 | 16.3 | 29 | 11.2 | |
| | Physical abuse ^{1,2} | 3 | 42.9 | 16 | 55.2 | |
| | Sexual abuse ^{1,2} | 2 | 28.6 | 7 | 24.1 | |
| | Emotional abuse ^{1,2} | 3 | 42.9 | 9 | 31.0 | |
| | Sexual harassment ^{1,2} | 0 | 0.0 | 3 | 10.3 | |
| | No | 32 | 74.4 | 222 | 85.7 | |
| | Data unavailable | 4 | 9.3 | 8 | 3.1 | |

¹Percents for these variables are based on the number of positive responses to the superordinate category. ²SMs could be classified into multiple categories in the same set.



Table D5. Deployment and direct combat history for all 2013 Air Force DoDSERs

| | | Sui | Suicide | | Suicide Attempt | |
|--|---|-------|---------|-------|-----------------|--|
| | | Count | % | Count | % | |
| All | | 43 | 100.0 | 259 | 100.0 | |
| History of deployment ¹ | Yes | 22 | 51.2 | 105 | 40.5 | |
| Number of deployments | One ³ | 12 | 54.5 | 45 | 42.9 | |
| | Two ³ | 5 | 22.7 | 30 | 28.6 | |
| | Three or more ³ | 5 | 22.7 | 30 | 28.6 | |
| | No | 20 | 46.5 | 148 | 57.1 | |
| | Data unavailable | 1 | 2.3 | 6 | 2.3 | |
| Ever deployed OIF/OEF/OND ¹ | Yes | 20 | 46.5 | 100 | 38.6 | |
| | Iraq ^{3,4} | 4 | 20.0 | 34 | 34.0 | |
| | Afghanistan ^{3,4} | 5 | 25.0 | 20 | 20.0 | |
| | Kuwait ^{3,4} | 4 | 20.0 | 25 | 25.0 | |
| | No | 20 | 46.5 | 151 | 58.3 | |
| | Data unavailable | 3 | 7.0 | 8 | 3.1 | |
| Events in theater ¹ | Yes | 0 | 0.0 | 5 | 1.9 | |
| | Afghanistan ³ | 0 | 0 | 1 | 20.0 | |
| | Kuwait ³ | 0 | 0 | 0 | 0.0 | |
| | Other theater location ³ | 0 | 0 | 4 | 80.0 | |
| | No | 43 | 100.0 | 248 | 95.8 | |
| | Data unavailable | 0 | 0.0 | 6 | 2.3 | |
| History of direct combat ² | Yes | 2 | 4.7 | 24 | 9.3 | |
| | Wounded others combat ^{3,4} | 1 | 50.0 | 13 | 54.2 | |
| | Service member wounded in combat ^{3,4} | 1 | 50.0 | 2 | 8.3 | |
| | Witnessed killing ^{3,4} | 0 | 0.0 | 16 | 66.7 | |
| | Saw bodies of other soldiers ^{3,4} | 0 | 0.0 | 15 | 62.5 | |
| | Killed others in combat ^{3,4} | 0 | 0.0 | 6 | 25.0 | |
| | No | 33 | 76.7 | 213 | 82.2 | |
| | Data unavailable | 8 | 18.6 | 22 | 8.5 | |

Deployment data provided by the DMDC for all event types.

Data on combat exposure were reported in the DoDSER.

Percents for these variables are based on the number of positive responses to the superordinate category.

SMs could be classified into multiple categories in the same set.

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Appendix EARMY DoDSER TABLES

Table E1. Demographic characteristics of all 2013 Army DoDSERs

| | Suid | cide | Suicide | Attempt | Self- | harm | Idea | ation |
|---------------------------------------|--|-------|--|--|---|--|-------|--|
| | Count | % | Count | % | Count | % | Count | % |
| | 115 | 100.0 | 491 | 100.0 | 231 | 100.0 | 989 | 100.0 |
| Male | 111 | 96.5 | 381 | 77.6 | 165 | 71.4 | 791 | 80.0 |
| Female | 4 | 3.5 | 110 | 22.4 | 66 | 28.6 | 198 | 20.0 |
| American Indian/Alaskan Native | 2 | 1.7 | 6 | 1.2 | 3 | 1.3 | 15 | 1.5 |
| Asian/Pacific Islander | 6 | 5.2 | 27 | 5.5 | 11 | 4.8 | 62 | 6.3 |
| Black/African American | 18 | 15.7 | 89 | 18.1 | 46 | 19.9 | 192 | 19.4 |
| White/Caucasian | 85 | 73.9 | 362 | 73.7 | 166 | 71.9 | 708 | 71.6 |
| Other/Unknown | 4 | 3.5 | 7 | 1.4 | 5 | 2.2 | 12 | 1.2 |
| Hispanic | 9 | 7.8 | 52 | 10.6 | 26 | 11.3 | 122 | 12.3 |
| Non-Hispanic | 106 | 92.2 | 436 | 88.88 | 202 | 87.4 | 859 | 86.9 |
| Unknown | 0 | 0 | 3 | 0.6 | 3 | 1.3 | 8 | 8.0 |
| 17 - 24 | 41 | 35.7 | 246 | 50.1 | 131 | 56.7 | 512 | 51.8 |
| 25 - 29 | 29 | 25.2 | 119 | 24.2 | 53 | 22.9 | 218 | 22.0 |
| 30 - 34 | 15 | 13.0 | 64 | 13.0 | 28 | 12.1 | 114 | 11.5 |
| 35 - 39 | 15 | 13.0 | 28 | 5.7 | 15 | 6.5 | 71 | 7.2 |
| 40 - 44 | 7 | 6.1 | 21 | 4.3 | 3 | 1.3 | 47 | 4.8 |
| 45 - 74 | 8 | 7.0 | 13 | 2.6 | 1 | 0.4 | 27 | 2.7 |
| Data unavailable | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| Cadet/Midshipman | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| E1-E4 | 55 | 47.8 | 320 | 65.2 | 175 | 75.8 | 672 | 67.9 |
| E5-E9 | 47 | 40.9 | 145 | 29.5 | 44 | 19.0 | 263 | 26.6 |
| Warrant officer | 1 | 0.9 | 6 | 1.2 | 3 | 1.3 | 10 | 1.0 |
| Commissioned officer | 12 | 10.4 | 17 | 3.5 | 8 | 3.5 | 40 | 4.0 |
| Data unavailable | 0 | 0.0 | 3 | 0.6 | 1 | 0.4 | 4 | 0.4 |
| Active | 98 | 85.2 | 456 | 92.9 | 213 | 92.2 | 906 | 91.6 |
| Reserve | 5 | 4.3 | 9 | 1.8 | 6 | 2.6 | 28 | 2.8 |
| National Guard | 12 | 10.4 | 26 | 5.3 | 12 | 5.2 | 55 | 5.6 |
| Some high school, did not graduate | 2 | 1.7 | 7 | 1.4 | 5 | 2.2 | 18 | 1.8 |
| Alternative high school certification | 10 | 8.7 | 61 | 12.4 | 41 | 17.7 | 97 | 9.8 |
| High school graduate | 65 | 56.5 | 315 | 64.2 | 144 | 62.3 | 680 | 68.8 |
| Some college, no degree | 20 | 17.4 | 76 | 15.5 | 24 | 10.4 | 116 | 11.7 |
| Four-year degree | 16 | 13.9 | 26 | 5.3 | 15 | 6.5 | 60 | 6.1 |
| Masters degree or greater | 2 | 1.7 | 6 | 1.2 | 2 | 0.9 | 15 | 1.5 |
| _ | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 3 | 0.3 |
| | American Indian/Alaskan Native Asian/Pacific Islander Black/African American White/Caucasian Other/Unknown Hispanic Non-Hispanic Unknown 17 - 24 25 - 29 30 - 34 35 - 39 40 - 44 45 - 74 Data unavailable Cadet/Midshipman E1-E4 E5-E9 Warrant officer Commissioned officer Data unavailable Active Reserve National Guard Some high school, did not graduate Alternative high school certification High school graduate Some college, no degree Four-year degree | Male | Male 111 96.5 Female 4 3.5 American Indian/Alaskan Native 2 1.7 Asian/Pacific Islander 6 5.2 Black/African American 18 15.7 White/Caucasian 85 73.9 Other/Unknown 4 3.5 Hispanic 9 7.8 Non-Hispanic 106 92.2 Unknown 0 0 17 - 24 41 35.7 25 - 29 29 25.2 30 - 34 15 13.0 35 - 39 15 13.0 40 - 44 7 6.1 45 - 74 8 7.0 Data unavailable 0 0.0 Cadet/Midshipman 0 0.0 E1-E4 55 47.8 E5-E9 47 40.9 Warrant officer 1 0.9 Commissioned officer 12 10.4 Data unavailable 0 | Male 1115 100.0 491 Female 111 96.5 381 Female 4 3.5 110 American Indian/Alaskan Native 2 1.7 6 Asian/Pacific Islander 6 5.2 27 Black/African American 18 15.7 89 White/Caucasian 85 73.9 362 Other/Unknown 4 3.5 7 Hispanic 9 7.8 52 Non-Hispanic 106 92.2 436 Unknown 0 0 3 17 - 24 41 35.7 246 25 - 29 29 25.2 119 30 - 34 15 13.0 64 35 - 39 15 13.0 28 40 - 44 7 6.1 21 45 - 74 8 7.0 13 Data unavailable 0 0.0 0 E1-E4 55 47.8 <td>Male 111 96.5 381 77.6 Female 4 3.5 110 22.4 American Indian/Alaskan Native 2 1.7 6 1.2 Asian/Pacific Islander 6 5.2 27 5.5 Black/African American 18 15.7 89 18.1 White/Caucasian 85 73.9 362 73.7 Other/Unknown 4 3.5 7 1.4 Hispanic 9 7.8 52 10.6 Non-Hispanic 106 92.2 436 88.8 Unknown 0 0 3 0.6 17 - 24 41 35.7 246 50.1 25 - 29 29 25.2 119 24.2 30 - 34 15 13.0 64 13.0 35 - 39 15 13.0 28 5.7 40 - 44 7 6.1 21 4.3 45 - 74 8 7.0<td>Male 1115 100.0 491 100.0 231 Male 1111 96.5 381 77.6 165 Female 4 3.5 110 22.4 66 American Indian/Alaskan Native 2 1.7 6 1.2 3 Asian/Pacific Islander 6 5.2 27 5.5 11 Black/African American 18 15.7 89 18.1 46 White/Caucasian 85 73.9 362 73.7 166 Other/Unknown 4 3.5 7 1.4 5 Hispanic 9 7.8 52 10.6 26 Non-Hispanic 106 92.2 436 88.8 202 Unknown 0 0 3 0.6 3 17 - 24 41 35.7 246 50.1 131 25 - 29 29 25.2 119 24.2 53 30 - 34 15</td><td> Male</td><td>Maie 1115 100.0 491 100.0 231 100.0 989 Maie 1111 96.5 381 77.6 165 71.4 791 Female 4 3.5 110 22.4 66 28.6 198 American Indian/Alaskan Native 2 1.7 6 1.2 3 1.3 15 Asian/Pacific Islander 6 5.2 27 5.5 11 4.8 62 Black/African American 18 16.7 89 18.1 46 19.9 192 White/Caucasian 85 73.9 362 73.7 166 71.9 708 Other/Unknown 4 3.5 7 1.4 5 2.2 12 Hilspanic 9 7.8 52 10.6 26 11.3 122 Non-Hispanic 106 92.2 436 88.8 202 87.4 859 Unknown 0 0</td></td> | Male 111 96.5 381 77.6 Female 4 3.5 110 22.4 American Indian/Alaskan Native 2 1.7 6 1.2 Asian/Pacific Islander 6 5.2 27 5.5 Black/African American 18 15.7 89 18.1 White/Caucasian 85 73.9 362 73.7 Other/Unknown 4 3.5 7 1.4 Hispanic 9 7.8 52 10.6 Non-Hispanic 106 92.2 436 88.8 Unknown 0 0 3 0.6 17 - 24 41 35.7 246 50.1 25 - 29 29 25.2 119 24.2 30 - 34 15 13.0 64 13.0 35 - 39 15 13.0 28 5.7 40 - 44 7 6.1 21 4.3 45 - 74 8 7.0 <td>Male 1115 100.0 491 100.0 231 Male 1111 96.5 381 77.6 165 Female 4 3.5 110 22.4 66 American Indian/Alaskan Native 2 1.7 6 1.2 3 Asian/Pacific Islander 6 5.2 27 5.5 11 Black/African American 18 15.7 89 18.1 46 White/Caucasian 85 73.9 362 73.7 166 Other/Unknown 4 3.5 7 1.4 5 Hispanic 9 7.8 52 10.6 26 Non-Hispanic 106 92.2 436 88.8 202 Unknown 0 0 3 0.6 3 17 - 24 41 35.7 246 50.1 131 25 - 29 29 25.2 119 24.2 53 30 - 34 15</td> <td> Male</td> <td>Maie 1115 100.0 491 100.0 231 100.0 989 Maie 1111 96.5 381 77.6 165 71.4 791 Female 4 3.5 110 22.4 66 28.6 198 American Indian/Alaskan Native 2 1.7 6 1.2 3 1.3 15 Asian/Pacific Islander 6 5.2 27 5.5 11 4.8 62 Black/African American 18 16.7 89 18.1 46 19.9 192 White/Caucasian 85 73.9 362 73.7 166 71.9 708 Other/Unknown 4 3.5 7 1.4 5 2.2 12 Hilspanic 9 7.8 52 10.6 26 11.3 122 Non-Hispanic 106 92.2 436 88.8 202 87.4 859 Unknown 0 0</td> | Male 1115 100.0 491 100.0 231 Male 1111 96.5 381 77.6 165 Female 4 3.5 110 22.4 66 American Indian/Alaskan Native 2 1.7 6 1.2 3 Asian/Pacific Islander 6 5.2 27 5.5 11 Black/African American 18 15.7 89 18.1 46 White/Caucasian 85 73.9 362 73.7 166 Other/Unknown 4 3.5 7 1.4 5 Hispanic 9 7.8 52 10.6 26 Non-Hispanic 106 92.2 436 88.8 202 Unknown 0 0 3 0.6 3 17 - 24 41 35.7 246 50.1 131 25 - 29 29 25.2 119 24.2 53 30 - 34 15 | Male | Maie 1115 100.0 491 100.0 231 100.0 989 Maie 1111 96.5 381 77.6 165 71.4 791 Female 4 3.5 110 22.4 66 28.6 198 American Indian/Alaskan Native 2 1.7 6 1.2 3 1.3 15 Asian/Pacific Islander 6 5.2 27 5.5 11 4.8 62 Black/African American 18 16.7 89 18.1 46 19.9 192 White/Caucasian 85 73.9 362 73.7 166 71.9 708 Other/Unknown 4 3.5 7 1.4 5 2.2 12 Hilspanic 9 7.8 52 10.6 26 11.3 122 Non-Hispanic 106 92.2 436 88.8 202 87.4 859 Unknown 0 0 |



Table E1. Demographic characteristics of all 2013 Army DoDSERs (cont.)

| | | Suid | cide | Suicide | Attempt | Self- | harm | Ide | ation |
|----------------|-------------------|-------|------|---------|---------|-------|------|-------|-------|
| | | Count | % | Count | % | Count | % | Count | % |
| Marital Status | Never married | 35 | 30.4 | 178 | 36.3 | 109 | 47.2 | 444 | 44.9 |
| | Married | 68 | 59.1 | 274 | 55.8 | 97 | 42.0 | 487 | 49.2 |
| | Legally separated | 1 | 0.9 | 4 | 0.8 | 0 | 0.0 | 1 | 0.1 |
| | Divorced | 11 | 9.6 | 34 | 6.9 | 24 | 10.4 | 55 | 5.6 |
| | Widowed | 0 | 0.0 | 1 | 0.2 | 1 | 0.4 | 1 | 0.1 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 0.1 |

¹Demographic variables provided by the DMDC and augmented by the DoDSER for cases with unknown values in the DMDC's data. See Appendix A for more information.

Table E2. Event location, event method, and event context for all 2013 Army DoDSERs

| | | Suic | ide | Suicide | Attempt | Self-l | narm | Idea | tion |
|-----------------------------|---|-------|-------|---------|---------|--------|-------|-------|-------|
| | | Count | % | Count | % | Count | % | Count | % |
| All | | 115 | 100.0 | 491 | 100.0 | 231 | 100.0 | 989 | 100.0 |
| Geographic location | United States | 102 | 89.6 | 439 | 89.4 | 199 | 86.1 | 863 | 87.3 |
| | Iraq | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 0.1 |
| | Afghanistan | 4 | 3.5 | 13 | 2.7 | 0 | 0.0 | 13 | 1.3 |
| | Kuwait | 1 | 0.9 | 1 | 0.2 | 0 | 0.0 | 2 | 0.2 |
| | Korea | 2 | 1.7 | 11 | 2.2 | 15 | 6.5 | 40 | 4.0 |
| | Other Europe | 0 | 0.0 | 1 | 0.2 | 0 | 0.0 | 3 | 0.3 |
| | North America | 0 | 0.0 | 0 | 0.0 | 1 | 0.4 | 1 | 0. |
| | Japan | 1 | 0.9 | 1 | 0.2 | 0 | 0.0 | 0 | 0.0 |
| | Germany | 3 | 2.6 | 19 | 3.9 | 14 | 6.1 | 53 | 5.4 |
| | United Kingdom | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Shipboard | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Other | 1 | 0.9 | 4 | 0.8 | 0 | 0.0 | 6 | 0.0 |
| | Data unavailable | 1 | 0.9 | 2 | 0.4 | 2 | 0.9 | 7 | 0.7 |
| Event setting | Own residence | 56 | 48.7 | 181 | 36.9 | 82 | 35.5 | 292 | 29. |
| | Barracks | 21 | 18.3 | 213 | 43.4 | 101 | 43.7 | 366 | 37. |
| | Residence of friend or family | 8 | 7.0 | 21 | 4.3 | 10 | 4.3 | 28 | 2. |
| | Work/jobsite | 4 | 3.5 | 13 | 2.6 | 8 | 3.5 | 83 | 8.4 |
| | Automobile (away from residence) | 14 | 12.2 | 22 | 4.5 | 5 | 2.2 | 27 | 2. |
| | Inpatient medical facility | 0 | 0.0 | 3 | 0.6 | 1 | 0.4 | 3 | 0.3 |
| | Hotel | 0 | 0.0 | 5 | 1.0 | 1 | 0.4 | 5 | 0. |
| | Other | 12 | 10.4 | 30 | 6.1 | 21 | 9.1 | 178 | 18.0 |
| | Data unavailable | 0 | 0.0 | 3 | 0.6 | 2 | 0.9 | 7 | 0. |
| Event method ^{1,2} | Drugs/alcohol | 3 | 2.6 | 284 | 57.8 | | | | |
| | Hanging/asphyxiation | 34 | 29.6 | 48 | 9.8 | | | | |
| | Poisoning | 3 | 2.6 | 16 | 3.3 | | | | _ |
| | Firearm | 71 | 61.7 | 50 | 10.2 | | | | _ |
| | Military issued firearm ^{3,4} | 5 | 7.0 | 14 | 28.0 | | | | - |
| | Not military firearm ³ | 65 | 91.5 | 36 | 72.0 | | | | - |
| | Firearm of un- known origin ³ | 1 | 1.4 | 0 | 0.0 | | | | - |
| | Falling/jumping | 1 | 0.9 | 6 | 1.2 | | | | - |
| | Sharp/blunt object. ⁵ | | | 61 | 12.4 | | | | - |
| | Other | 3 | 2.6 | 22 | 4.5 | | | | |
| | Data unavailable | 0 | 0.0 | 4 | 0.8 | | | | - |
| Alcohol used during | Yes | 39 | 33.9 | 147 | 29.9 | 68 | 29.4 | 135 | 13. |
| event ¹ | No | 69 | 60.0 | 328 | 66.8 | 151 | 65.4 | 807 | 81. |
| | Data unavailable | 7 | 6.1 | 16 | 3.3 | 12 | 5.2 | 47 | 4. |
| | | | | | | | | | |



Table E2. Event location, event method, and event context for all 2013 Army DoDSERs (cont.)

| | | Count | % | Count | % | Count | % | Count | % |
|---------------------------------|---|-------|------|-------|---------|--------|------|-------|------|
| Drugs used during event | Yes | 29 | 25.2 | 255 | 51.9 | 83 | 35.9 | 44 | 4.4 |
| Illicit drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 16 | 6.3 | 4 | 4.8 | 1 | 2.3 |
| | Used, not cause of death/no overdose ³ | 2 | 6.9 | 10 | 3.9 | 8 | 9.6 | 21 | 47.7 |
| Inhalants ^{6,7} | Used, cause of death/overdose ³ | 0 | 0.0 | | | | | | |
| | Used, not cause of death/no overdose ³ | 2 | 6.9 | | | | | | |
| Prescription drugs ⁶ | Used, cause of death/overdose ³ | 2 | 6.9 | 162 | 63.5 | 44 | 53.0 | 10 | 22.7 |
| | Used, not cause of death/no overdose ³ | 18 | 62.1 | 43 | 16.9 | 29 | 34.9 | 19 | 43.2 |
| OTC drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 57 | 22.4 | 11 | 13.3 | 1 | 2.3 |
| | Used, not cause of death/no overdose ³ | 8 | 27.6 | 16 | 6.3 | 6 | 7.2 | 5 | 11.4 |
| | No | 80 | 69.6 | 223 | 45.4 | 138 | 59.7 | 897 | 90.7 |
| | Data unavailable | 6 | 5.2 | 13 | 2.6 | 10 | 4.3 | 48 | 4.9 |
| Both alcohol and drugs | Yes | 8 | 7.0 | 83 | 16.9 | 30 | 13.0 | 14 | 1.4 |
| used during event ¹ | No | 99 | 86.1 | 387 | 78.8 | 187 | 81.0 | 920 | 93.0 |
| | Data unavailable | 8 | 7.0 | 21 | 4.3 | 14 | 6.1 | 55 | 5.6 |
| Communicated intent | Yes | 26 | 22.6 | 117 | 23.8 | 53 | 22.9 | 473 | 47.8 |
| Mode ⁶ | Written ³ | 3 | 11.5 | 9 | 7.7 | 3 | 5.7 | 16 | 3.4 |
| | Verbal ³ | 19 | 73.1 | 76 | 65.0 | 41 | 77.4 | 427 | 90.3 |
| | Electronic ³ | 6 | 23.1 | 36 | 30.8 | 11 | 20.8 | 42 | 8.9 |
| | Other ³ | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 | 3 | 0.6 |
| Number | One ³ | 18 | 69.2 | 91 | 77.8 | 42 | 79.2 | 385 | 81.4 |
| of types of recipients | Two ³ | 5 | 19.2 | 17 | 14.5 | 9 | 17.0 | 66 | 14.0 |
| | Three or more ³ | 3 | 11.5 | 9 | 7.7 | 2 | 3.8 | 21 | 4.4 |
| | Unknown number ³ | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 0.2 |
| Recipients ⁶ | Supervisor ³ | 1 | 3.8 | 23 | 19.7 | 13 | 24.5 | 128 | 27.1 |
| | Chaplain ³ | 0 | 0.0 | 3 | 2.6 | 6 | 11.3 | 21 | 4.4 |
| | Mental Health Staff ³ | 8 | 30.8 | 22 | 18.8 | 11 | 20.8 | 222 | 46.9 |
| | Friend ³ | 9 | 34.6 | 37 | 31.6 | 13 | 24.5 | 88 | 18.6 |
| | Spouse/significant other ³ | 13 | 50.0 | 47 | 40.2 | 15 | 28.3 | 77 | 16.3 |
| | Family ³ | 3 | 11.5 | 11 | 9.4 | 1 | 1.9 | 12 | 2.5 |
| | Social Media ³ | 0 | 0.0 | 3 | 2.6 | 0 | 0.0 | 0 | 0.0 |
| | Colleague ³ | 2 | 7.7 | 5 | 4.3 | 1 | 1.9 | 10 | 2.1 |
| | Other ³ | 3 | 11.5 | 3 | 2.6 | 6 | 11.3 | 26 | 5.5 |
| | No | 69 | 60.0 | 339 | 69.0 | 156 | 67.5 | 462 | 46.7 |
| | Data unavailable | 20 | 17.4 | 35 | 7.1 | 22 | 9.5 | 54 | 5.5 |
| | | Suid | sida | 0 | Attempt | Self-l | | Ideat | |

Table E2. Event location, event method, and event context for all 2013 Army DoDSERs (cont.)

| | | Count | % | Count | % | Count | % | Count | % |
|---------------------|---|-------|------|---------|---------|-------|------|-------|------|
| Death risk gambling | Yes | 1 | 0.9 | 12 | 2.4 | 3 | 1.3 | 16 | 1.6 |
| | No | 96 | 83.5 | 467 | 95.1 | 217 | 93.9 | 941 | 95.1 |
| | Data unavailable | 18 | 15.7 | 12 | 2.4 | 11 | 4.8 | 32 | 3.2 |
| Event planned | Yes | 50 | 43.5 | 126 | 25.7 | 24 | 10.4 | 177 | 17.9 |
| | No | 24 | 20.9 | 310 | 63.1 | 172 | 74.5 | 693 | 70.1 |
| | Data unavailable | 41 | 35.7 | 55 | 11.2 | 35 | 15.2 | 119 | 12.0 |
| Event observable | Yes | 20 | 17.4 | 192 | 39.1 | 106 | 45.9 | 322 | 32.6 |
| | No | 79 | 68.7 | 271 | 55.2 | 101 | 43.7 | 497 | 50.3 |
| | Data unavailable | 16 | 13.9 | 28 | 5.7 | 24 | 10.4 | 170 | 17.2 |
| Left suicide note | Yes | 31 | 27.0 | 63 | 12.8 | 6 | 2.6 | 27 | 2.7 |
| | No | 58 | 50.4 | 410 | 83.5 | 213 | 92.2 | 920 | 93.0 |
| | Data unavailable | 26 | 22.6 | 18 | 3.7 | 12 | 5.2 | 42 | 4.2 |
| Residence | Shared military living environment | 30 | 26.1 | 233 | 47.5 | 124 | 53.7 | 495 | 50.1 |
| | Bachelor quarters | 4 | 3.5 | 0 | 0.0 | 2 | 0.9 | 10 | 1.0 |
| | On-base family housing | 13 | 11.3 | 36 | 7.3 | 23 | 10.0 | 91 | 9.2 |
| | Private residence | 59 | 51.3 | 177 | 36.0 | 63 | 27.3 | 293 | 29.6 |
| | Ship | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Other | 1 | 0.9 | 30 | 6.1 | 13 | 5.6 | 54 | 5.5 |
| | Data unavailable | 8 | 7.0 | 15 | 3.1 | 6 | 2.6 | 46 | 4.7 |
| Married service | Not married | 56 | 48.7 | 261 | 53.2 | 153 | 66.2 | 575 | 58.1 |
| member residence | Married, resides with spouse | 25 | 21.7 | 140 | 28.5 | 40 | 17.3 | 232 | 23.5 |
| | Married, not living together, relationship issues | 11 | 9.6 | 55 | 11.2 | 19 | 8.2 | 83 | 8.4 |
| | Married, not living together, other reasons | 14 | 12.2 | 27 | 5.5 | 13 | 5.6 | 85 | 8.6 |
| | Data unavailable | 9 | 7.8 | 8 | 1.6 | 6 | 2.6 | 14 | 1.4 |
| Service member | Yes | 38 | 33.0 | 194 | 39.5 | 72 | 31.2 | 323 | 32.7 |
| resided alone | No | 60 | 52.2 | 278 | 56.6 | 144 | 62.3 | 605 | 61.2 |
| | Data unavailable | 17 | 14.8 | 19 | 3.9 | 15 | 6.5 | 61 | 6.2 |
| | | Sui | cide | Suicide | Attempt | Self- | harm | Idea | tion |



Table E2. Event location, event method, and event context for all 2013 Army DoDSERs (cont.)

| | | Count | % | Count | % | Count | % | Count | % |
|------------------------|-----------------------------|-------|------|-------|------|-------|------|-------|------|
| Had minor children | Yes, lived with SM | 19 | 16.5 | 85 | 17.3 | 23 | 10.0 | 143 | 14.5 |
| | Yes, did not live with SM | 24 | 20.9 | 105 | 21.4 | 41 | 17.7 | 178 | 18.0 |
| | No children | 60 | 52.2 | 280 | 57.0 | 151 | 65.4 | 612 | 61.9 |
| | Data unavailable | 12 | 10.4 | 21 | 4.3 | 16 | 6.9 | 56 | 5.7 |
| Firearm in immediate | Yes | 57 | 49.6 | 78 | 15.9 | 16 | 6.9 | 124 | 12.5 |
| environment | No | 26 | 22.6 | 370 | 75.4 | 194 | 84.0 | 739 | 74.7 |
| | Data unavailable | 32 | 27.8 | 43 | 8.8 | 21 | 9.1 | 126 | 12.7 |
| Duty status at time of | Permanent duty station | 94 | 81.7 | 361 | 73.5 | 167 | 72.3 | 741 | 74.9 |
| event ⁶ | Leave | 9 | 7.8 | 14 | 2.9 | 3 | 1.3 | 15 | 1.5 |
| | TDY | 1 | 0.9 | 1 | 0.2 | 1 | 0.4 | 2 | 0.2 |
| | Deployed | 6 | 5.2 | 14 | 2.9 | 0 | 0.0 | 15 | 1.5 |
| | Training | 1 | 0.9 | 28 | 5.7 | 22 | 9.5 | 81 | 8.2 |
| | Psychiatric Hospitalization | 0 | 0.0 | 4 | 0.8 | 0 | 0.0 | 2 | 0.2 |
| | Medical Hold | 4 | 3.5 | 7 | 1.4 | 3 | 1.3 | 8 | 0.8 |
| | Other | 5 | 4.3 | 57 | 11.6 | 31 | 13.4 | 105 | 10.6 |
| | Data unavailable | 4 | 3.5 | 26 | 5.3 | 10 | 4.3 | 53 | 5.4 |

Data on cause of death and toxicology provided by the AFMES for suicide decedents.

Event method categories were aligned with the National Center for Health Statistics' standard for cause of death categories.

³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴Data on the source of the firearm are from the DoDSER reports filed for the suicide decedents.

⁵This category is specific to nonfatal events since it is not a unique reporting category per the National Center for Health Statistics.

⁶SMs could be classified into multiple categories in the same set.

⁷Inhalants were reported as a separate category of drug use for suicides in the toxicology data but were not a separate reporting category in the DoDSER for any event type.

Table E3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Army DoDSERs

| | | Suid | cide | Suicide | Attempt | Self-h | narm | Idea | tion |
|-----------------------------|---|-------|-------|---------|---------|--------|-------|-------|-------|
| | | Count | % | Count | % | Count | % | Count | % |
| All | | 115 | 100.0 | 491 | 100.0 | 231 | 100.0 | 989 | 100.0 |
| Behavioral health diagnosis | Yes | 52 | 45.2 | 304 | 61.9 | 140 | 60.6 | 553 | 55.9 |
| Number of | One ¹ | 30 | 57.7 | 157 | 51.6 | 75 | 53.6 | 276 | 49.9 |
| diagnoses | Two ¹ | 15 | 28.8 | 111 | 36.5 | 39 | 27.9 | 191 | 34.5 |
| | Three or more ¹ | 7 | 13.5 | 36 | 11.8 | 26 | 18.6 | 86 | 15.6 |
| | Mood disorder ^{1,2} | 29 | 55.8 | 186 | 61.2 | 81 | 57.9 | 346 | 62.6 |
| Specific | Bipolar ^{1,2} | 3 | 10.3 | 14 | 7.5 | 7 | 8.6 | 31 | 9.0 |
| diagnoses | Major depression ^{1,2} | 18 | 62.1 | 141 | 75.8 | 51 | 63.0 | 271 | 78.3 |
| | Dysthymic ^{1,2} | 2 | 6.9 | 5 | 2.7 | 5 | 6.2 | 15 | 4.3 |
| | Other mood disorder ^{1,2} | 10 | 34.5 | 37 | 19.9 | 22 | 27.2 | 64 | 18. |
| | Unspecified mood disorder ^{1,2} | 2 | 6.9 | 14 | 7.5 | 6 | 7.4 | 24 | 6.9 |
| | Anxiety disorder ^{1,2} | 18 | 34.6 | 170 | 55.9 | 67 | 47.9 | 286 | 51. |
| | Posttraumatic stress ^{1,2} | 8 | 44.4 | 91 | 53.5 | 38 | 56.7 | 169 | 59. |
| | Panic ^{1,2} | 0 | 0.0 | 15 | 8.8 | 7 | 10.4 | 26 | 9. |
| | Generalized anxiety ^{1,2} | 4 | 22.2 | 53 | 31.2 | 23 | 34.3 | 87 | 30.4 |
| | Acute stress ^{1,2} | 1 | 5.6 | 9 | 5.3 | 4 | 6.0 | 21 | 7. |
| | Other anxiety disorder 1,2 | 10 | 55.6 | 39 | 22.9 | 18 | 26.9 | 57 | 19. |
| | Unspecified anxiety disorder ^{1,2} | 0 | 0.0 | 11 | 6.5 | 7 | 10.4 | 26 | 9. |
| | Personality disorder ^{1,2} | 1 | 1.9 | 18 | 5.9 | 21 | 15.0 | 33 | 6. |
| | Psychotic disorder ^{1,2} | 2 | 3.8 | 6 | 2.0 | 1 | 0.7 | 9 | 1. |
| | Adjustment disorder ^{1,2} | 31 | 59.6 | 112 | 36.8 | 66 | 47.1 | 253 | 45.8 |
| | No | 58 | 50.4 | 174 | 35.4 | 81 | 35.1 | 397 | 40. |
| | Data unavailable | 5 | 4.3 | 13 | 2.6 | 10 | 4.3 | 39 | 3.9 |
| Sleep disorder | Yes | 16 | 13.9 | 82 | 16.7 | 34 | 14.7 | 136 | 13. |
| | No | 93 | 80.9 | 388 | 79.0 | 179 | 77.5 | 794 | 80. |
| | Data unavailable | 6 | 5.2 | 21 | 4.3 | 18 | 7.8 | 59 | 6. |
| History of substance | Yes | 30 | 26.1 | 157 | 32.0 | 69 | 29.9 | 243 | 24. |
| abuse | No | 70 | 60.9 | 319 | 65.0 | 143 | 61.9 | 651 | 65. |
| | Data unavailable | 15 | 13.0 | 15 | 3.1 | 19 | 8.2 | 95 | 9. |



Table E3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Army DoDSERs (cont.)

| | | Suid | cide | Suicide | Attempt | Self-l | narm | Idea | tion |
|----------------------------------|---|-------|------|---------|---------|--------|------|-------|------|
| | | Count | % | Count | % | Count | % | Count | % |
| Traumatic brain injury | Yes | 9 | 7.8 | 44 | 9.0 | 13 | 5.6 | 70 | 7.1 |
| | No | 98 | 85.2 | 425 | 86.6 | 206 | 89.2 | 858 | 86.8 |
| | Data unavailable | 8 | 7.0 | 22 | 4.5 | 12 | 5.2 | 61 | 6.2 |
| Family history of | Yes | 13 | 11.3 | 135 | 27.5 | 53 | 22.9 | 259 | 26.2 |
| behavioral health conditions | No | 57 | 49.6 | 307 | 62.5 | 149 | 64.5 | 591 | 59.8 |
| | Data unavailable | 45 | 39.1 | 49 | 10.0 | 29 | 12.6 | 139 | 14.1 |
| History of prior self- injury | Yes | 12 | 10.4 | 131 | 26.7 | 58 | 25.1 | 206 | 20.8 |
| | One prior event ^{1,2} | 6 | 50.0 | 74 | 56.5 | 29 | 50.0 | 116 | 56.3 |
| | More than one prior event ^{1,2} | 5 | 41.7 | 56 | 42.7 | 29 | 50.0 | 86 | 41.7 |
| | Unknown number of events ^{1,2} | 1 | 8.3 | 1 | 0.8 | 0 | 0.0 | 4 | 1.9 |
| | Current event similar to prior self injury ^{1,2} | 3 | 25.0 | 67 | 51.1 | 34 | 58.6 | | |
| | No | 84 | 73.0 | 326 | 66.4 | 145 | 62.8 | 692 | 70.0 |
| | Data unavailable | 19 | 16.5 | 34 | 6.9 | 28 | 12.1 | 91 | 9.2 |
| Ever taken psychotropic | Yes | 33 | 28.7 | 196 | 39.9 | 83 | 35.9 | 304 | 30.7 |
| medications | No | 62 | 53.9 | 260 | 53.0 | 138 | 59.7 | 601 | 60.8 |
| | Data unavailable | 20 | 17.4 | 35 | 7.1 | 10 | 4.3 | 84 | 8.5 |
| Use of psychotropic | Yes | 26 | 22.6 | 165 | 33.6 | 69 | 29.9 | 227 | 23.0 |
| medications, last 90 days | Antidepressants ^{1,2} | 18 | 69.2 | 135 | 81.8 | 59 | 85.5 | 196 | 86.3 |
| aayo | Anxiolytics ^{1,2} | 13 | 50.0 | 76 | 46.1 | 31 | 44.9 | 113 | 49.8 |
| | Antimanics ^{1,2} | 1 | 3.8 | 3 | 1.8 | 7 | 10.1 | 5 | 2.2 |
| | Anticonvulsants ^{1,2} | 2 | 7.7 | 4 | 2.4 | 6 | 8.7 | 9 | 4.0 |
| | Antipsychotics ^{1,2} | 3 | 11.5 | 15 | 9.1 | 5 | 7.2 | 26 | 11.5 |
| | Sleep medications ^{1,2} | 11 | 42.3 | 90 | 54.5 | 35 | 50.7 | 116 | 51.1 |
| | No | 69 | 60.0 | 291 | 59.3 | 152 | 65.8 | 675 | 68.3 |
| | Data unavailable | 20 | 17.4 | 35 | 7.1 | 10 | 4.3 | 87 | 8.8 |
| Pain medication at time | Yes | 14 | 12.2 | 89 | 18.1 | 31 | 13.4 | 123 | 12.4 |
| of the event | Opioids, last 90 days ¹ | 6 | 42.9 | 23 | 25.8 | 4 | 12.9 | 28 | 22.8 |
| | No | 74 | 64.3 | 370 | 75.4 | 181 | 78.4 | 770 | 77.9 |
| | Data unavailable | 27 | 23.5 | 32 | 6.5 | 19 | 8.2 | 96 | 9.7 |
| | | Suid | cide | Suicide | Attempt | Self-l | narm | Idea | tion |

Table E3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Army DoDSERs (cont.)

| | | Count | % | Count | % | Count | % | Count | % |
|-----------------------------------|---|-------|------|-------|------|-------|------|-------|------|
| Polypharmacy at time | Yes | 12 | 10.4 | 74 | 15.1 | 19 | 8.2 | 78 | 7.9 |
| of the event | No | 82 | 71.3 | 377 | 76.8 | 190 | 82.3 | 802 | 81.1 |
| | Data unavailable | 21 | 18.3 | 40 | 8.1 | 22 | 9.5 | 109 | 11.0 |
| Accession of medical/ | Yes | 68 | 59.1 | 364 | 74.1 | 158 | 68.4 | 750 | 75.8 |
| support services, last 90 days | Military Treatment Facility1,2 | 63 | 92.6 | 251 | 69.0 | 105 | 66.5 | 587 | 78.3 |
| | Substance Abuse Services ^{1,2} | 8 | 11.8 | 83 | 22.8 | 33 | 20.9 | 104 | 13.9 |
| | Family Advocacy Program ^{1,2} | 5 | 7.4 | 23 | 6.3 | 9 | 5.7 | 38 | 5.1 |
| | Outpatient behavioral health ^{1,2} | 39 | 57.4 | 278 | 76.4 | 119 | 75.3 | 529 | 70.5 |
| | Inpatient behavioral health ^{1,2} | 9 | 13.2 | 78 | 21.4 | 37 | 23.4 | 108 | 14.4 |
| | No | 45 | 39.1 | 124 | 25.3 | 70 | 30.3 | 227 | 23.0 |
| | Data unavailable | 2 | 1.7 | 3 | 0.6 | 3 | 1.3 | 12 | 1.2 |

¹Percents for these variables are based on the number of positive responses to the superordinate category. ²SMs could be classified into multiple categories in the same set.



Table E4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Army DoDSERs

| | | Sui | cide | Suicide | Attempt | Self-l | harm | Idea | tion |
|--|--|-------|-------|---------|---------|--------|-------|-------|-------|
| | | Count | % | Count | % | Count | % | Count | % |
| All | | 115 | 100.0 | 491 | 100.0 | 231 | 100.0 | 989 | 100.0 |
| Failed relationship, last | Yes | 48 | 41.7 | 193 | 39.3 | 71 | 30.7 | 271 | 27.4 |
| 90 days | Failed intimate relationship ^{1,2} | 43 | 89.6 | 182 | 94.3 | 63 | 88.7 | 243 | 89.7 |
| | Failed non-intimate relationship ^{1,2} | 13 | 27.1 | 48 | 24.9 | 22 | 31.0 | 86 | 31.7 |
| | No | 48 | 41.7 | 287 | 58.5 | 152 | 65.8 | 678 | 68.6 |
| | Data unavailable | 19 | 16.5 | 11 | 2.2 | 8 | 3.5 | 40 | 4.0 |
| Loss or illness of a | Yes | 6 | 5.2 | 65 | 13.2 | 26 | 11.3 | 107 | 10.8 |
| loved one, last 90 days | Death of spouse or family member 1,2 | 4 | 66.7 | 34 | 52.3 | 15 | 57.7 | 33 | 30.8 |
| | Death of a friend ^{1,2} | 1 | 16.7 | 19 | 29.2 | 6 | 23.1 | 25 | 23.4 |
| - | Family / Spouse illness ^{1,2} | 1 | 16.7 | 26 | 40.0 | 10 | 38.5 | 60 | 56.1 |
| | No | 85 | 73.9 | 402 | 81.9 | 195 | 84.4 | 835 | 84.4 |
| | Data unavailable | 24 | 20.9 | 24 | 4.9 | 10 | 4.3 | 47 | 4.6 |
| History of suicide | Yes | 6 | 5.2 | 87 | 17.7 | 25 | 10.8 | 145 | 14. |
| of friend or family | Spouse suicide ^{1,2} | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 3 | 2. |
| members | Family suicide ^{1,2} | 5 | 83.3 | 39 | 44.8 | 11 | 44.0 | 62 | 42. |
| | Friend suicide ^{1,2} | 1 | 16.7 | 55 | 63.2 | 17 | 68.0 | 101 | 69. |
| | No | 96 | 83.5 | 392 | 79.8 | 201 | 87.0 | 810 | 81. |
| | Data unavailable | 13 | 11.3 | 12 | 2.4 | 5 | 2.2 | 34 | 3. |
| History of | Yes | 39 | 33.9 | 151 | 30.8 | 72 | 31.2 | 297 | 30.0 |
| administrative/legal issues, last 90 days | Courts martial proceedings ^{1,2} | 5 | 12.8 | 12 | 7.9 | 3 | 4.2 | 21 | 7. |
| | Article 15/ Non-judicial punishment ^{1,2} | 15 | 38.5 | 61 | 40.4 | 29 | 40.3 | 127 | 42.8 |
| | Administrative separation ^{1,2} | 9 | 23.1 | 43 | 28.5 | 31 | 43.1 | 94 | 31.6 |
| | AWOL ^{1,2} | 1 | 2.6 | 13 | 8.6 | 4 | 5.6 | 28 | 9.4 |
| | Medical evaluation board ^{1,2} | 8 | 20.5 | 50 | 33.1 | 16 | 22.2 | 77 | 25.9 |
| | Civil legal problems ^{1,2} | 12 | 30.8 | 22 | 14.6 | 9 | 12.5 | 51 | 17. |
| | Non-selection for promotion ^{1,2} | 5 | 12.8 | 14 | 9.3 | 3 | 4.2 | 32 | 10.8 |
| | Under investigation 1,2 | 6 | 15.4 | 2 | 1.3 | 2 | 2.8 | 6 | 2.0 |
| | No | 69 | 60.0 | 332 | 67.6 | 154 | 66.7 | 671 | 67.8 |
| | Data unavailable | 7 | 6.1 | 8 | 1.6 | 5 | 2.2 | 21 | 2. |
| | | Sui | cide | Suicide | Attempt | Self-l | harm | Idea | tion |

Table E4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Army DoDSERs (cont.)

| | | Count | % | Count | % | Count | % | Count | % |
|---|---|-------|-------|-------|------|-------|------|-------|------|
| Any financial or | Yes | 25 | 21.7 | 198 | 40.3 | 80 | 34.6 | 345 | 34.9 |
| workplace difficulties, last 90 days | Excessive debt or bankruptcy ^{1,2} | 2 | 8.0 | 38 | 19.2 | 10 | 12.5 | 64 | 18.6 |
| | Job problems ^{1,2} | 21 | 84.0 | 124 | 62.6 | 52 | 65.0 | 221 | 64.1 |
| | Supervisor/coworker issues ^{1,2} | 9 | 36.0 | 130 | 65.7 | 53 | 66.3 | 195 | 56.5 |
| | Poor performance review ^{1,2} | 9 | 36.0 | 60 | 30.3 | 34 | 42.5 | 107 | 31.0 |
| | Unit/workplace hazing ^{1,2} | 1 | 4.0 | 33 | 16.7 | 8 | 10.0 | 52 | 15.1 |
| | No | 70 | 60.9 | 271 | 55.2 | 139 | 60.2 | 601 | 60.8 |
| | Data unavailable | 20 | 17.4 | 22 | 4.5 | 12 | 5.2 | 43 | 4.3 |
| Abuse victimization | Yes | 8 | 7.0 | 170 | 34.6 | 77 | 33.3 | 294 | 29.7 |
| history | Physical abuse ^{1,2} | 7 | 87.5 | 102 | 60.0 | 50 | 64.9 | 168 | 57.1 |
| | Sexual abuse ^{1,2} | 0 | 0.0 | 80 | 47.1 | 47 | 61.0 | 145 | 49.3 |
| | Emotional abuse ^{1,2} | 8 | 100.0 | 127 | 74.7 | 52 | 67.5 | 192 | 65.3 |
| | Sexual harassment ^{1,2} | 0 | 0.0 | 25 | 14.7 | 17 | 22.1 | 45 | 15.3 |
| | No | 84 | 73.0 | 296 | 60.3 | 145 | 62.8 | 652 | 65.9 |
| | Data unavailable | 23 | 20.0 | 25 | 5.1 | 9 | 3.9 | 43 | 4.3 |
| Abuse perpetration | Yes | 17 | 14.8 | 43 | 8.8 | 9 | 3.9 | 60 | 6.1 |
| history | Physical abuse ^{1,2} | 8 | 47.1 | 21 | 48.8 | 7 | 77.8 | 38 | 63.3 |
| | Sexual abuse ^{1,2} | 9 | 52.9 | 8 | 18.6 | 2 | 22.2 | 17 | 28.3 |
| | Emotional abuse ^{1,2} | 2 | 11.8 | 26 | 60.5 | 2 | 22.2 | 14 | 23.3 |
| | Sexual harassment ^{1,2} | 3 | 17.6 | 4 | 9.3 | 0 | 0.0 | 11 | 18.3 |
| | No | 75 | 65.2 | 428 | 87.2 | 211 | 91.3 | 885 | 89.5 |
| | Data unavailable | 23 | 20.0 | 20 | 4.1 | 11 | 4.8 | 44 | 4.4 |

¹Percents for these variables are based on the number of positive responses to the superordinate category.



 $^{^2\}mbox{SMs}$ could be classified into multiple categories in the same set.

Table E5. Deployment and direct combat history for all 2013 Army DoDSERs

| | | Suid | cide | Suicide | Attempt | Self- | harm | Idea | ition |
|------------------------------------|---|-------|-------|---------|---------|-------|-------|-------|-------|
| | | Count | % | Count | % | Count | % | Count | % |
| All | | 115 | 100.0 | 491 | 100.0 | 231 | 100.0 | 989 | 100.0 |
| History of deployment ¹ | Yes | 84 | 73.0 | 293 | 59.7 | 101 | 43.7 | 476 | 48.1 |
| Number of deployments | One ³ | 46 | 54.8 | 140 | 47.8 | 53 | 52.5 | 220 | 46.2 |
| | Two ³ | 21 | 25.0 | 103 | 35.2 | 30 | 29.7 | 137 | 28.8 |
| | Three or more ³ | 17 | 20.2 | 50 | 17.1 | 18 | 17.8 | 119 | 25.0 |
| | No | 31 | 27.0 | 185 | 37.7 | 119 | 51.5 | 491 | 49.6 |
| | Data unavailable | 0 | 0.0 | 13 | 2.6 | 11 | 4.8 | 22 | 2.2 |
| Ever deployed OIF/ | Yes | 83 | 72.2 | 289 | 58.9 | 101 | 43.7 | 475 | 48.0 |
| OEF/OND ¹ | Iraq ^{3,4} | 41 | 49.4 | 153 | 52.9 | 55 | 54.5 | 272 | 57.3 |
| | Afghanistan ^{3,4} | 45 | 54.2 | 192 | 66.4 | 70 | 69.3 | 312 | 65.7 |
| | Kuwait ^{3,4} | 58 | 69.9 | 235 | 81.3 | 81 | 80.2 | 392 | 82.5 |
| | No | 31 | 27.0 | 188 | 38.3 | 101 | 43.7 | 492 | 49.7 |
| | Data unavailable | 1 | 0.9 | 14 | 2.9 | 11 | 4.8 | 22 | 2.2 |
| Events in theater ¹ | Yes | 6 | 5.2 | 19 | 3.9 | 0 | 0.0 | 17 | 1.7 |
| | Afghanistan ³ | 4 | 66.7 | 13 | 68.4 | 0 | 0.0 | 11 | 64.7 |
| | Kuwait ³ | 1 | 16.7 | 1 | 5.3 | 0 | 0.0 | 2 | 11.8 |
| | Other theater location ³ | 1 | 16.7 | 5 | 26.3 | 0 | 0.0 | 4 | 23.5 |
| | No | 109 | 94.8 | 459 | 93.5 | 220 | 95.2 | 950 | 96.1 |
| | Data unavailable | 0 | 0.0 | 13 | 2.6 | 11 | 4.8 | 22 | 2.2 |
| History of direct | Yes | 18 | 15.7 | 159 | 32.4 | 44 | 19.0 | 204 | 20.6 |
| combat ² | Wounded others combat ^{3,4} | 10 | 55.6 | 127 | 79.9 | 34 | 77.3 | 143 | 70.1 |
| | Service member wounded in combat ^{3,4} | 3 | 16.7 | 58 | 36.5 | 12 | 27.3 | 60 | 29.4 |
| | Witnessed killing ^{3,4} | 8 | 44.4 | 129 | 81.1 | 33 | 75.0 | 147 | 72.1 |
| | Saw bodies of other soldiers ^{3,4} | 7 | 38.9 | 126 | 79.2 | 29 | 65.9 | 140 | 68.6 |
| | Killed others in combat ^{3,4} | 3 | 16.7 | 82 | 51.6 | 24 | 54.5 | 90 | 44.1 |
| | No | 48 | 41.7 | 275 | 56.0 | 152 | 65.8 | 630 | 63.7 |
| | Data unavailable | 49 | 42.6 | 57 | 11.6 | 35 | 15.2 | 155 | 15.7 |

¹Deployment data provided by the DMDC for all event types. ²Data on combat exposure were reported in the DoDSER.

³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴SMs could be classified into multiple categories in the same set.

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Appendix FDoDSER MARINE CORPS TABLES

Table F1. Demographic characteristics of all 2013 Marine Corps DoDSERs

| | | Sui | cide | Suicide | Attempt |
|-----------|---------------------------------------|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 45 | 100.0 | 229 | 100.0 |
| Sex | Male | 42 | 93.3 | 176 | 76.9 |
| | Female | 3 | 6.7 | 53 | 23.1 |
| Race | American Indian/Alaskan Native | 0 | 0.0 | 5 | 2.2 |
| | Asian/Pacific Islander | 1 | 2.2 | 9 | 3.9 |
| | Black/African American | 3 | 6.7 | 26 | 11.4 |
| | White/Caucasian | 39 | 86.7 | 186 | 81.2 |
| | Other/Unknown | 2 | 4.4 | 3 | 1.3 |
| Ethnicity | Hispanic | 5 | 11.1 | 29 | 12.7 |
| | Non-Hispanic | 39 | 86.7 | 199 | 86.9 |
| | Data unavailable | 1 | 2.2 | 1 | 0.4 |
| Age Range | 17 - 24 | 26 | 57.8 | 173 | 75.5 |
| | 25 - 29 | 10 | 22.2 | 36 | 15.7 |
| | 30 - 34 | 5 | 11.1 | 10 | 4.4 |
| | 35 - 39 | 1 | 2.2 | 4 | 1.7 |
| | 40 - 44 | 2 | 4.4 | 2 | 0.9 |
| | 45 - 74 | 1 | 2.2 | 0 | 0.0 |
| | Data unavailable | 0 | 0.0 | 4 | 1.7 |
| Rank | Cadet/Midshipmen | 0 | 0.0 | 0 | 0.0 |
| | E1-E4 | 27 | 60.0 | 186 | 81.2 |
| | E5-E9 | 15 | 33.3 | 42 | 18.3 |
| | Warrant Officer | 0 | 0.0 | 0 | 0.0 |
| | Commissioned Officer | 3 | 6.7 | 1 | 0.4 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |
| Component | Active | 45 | 100.0 | 226 | 98.7 |
| · | Reserve | 0 | 0.0 | 3 | 1.3 |
| Education | Some high school, did not graduate | 0 | 0.0 | 1 | 0.4 |
| | Alternative high school certification | 2 | 4.4 | 5 | 2.2 |
| | High school graduate | 35 | 77.8 | 217 | 94.8 |
| | Some college, no degree | 2 | 4.4 | 3 | 1.3 |
| | Four-year degree | 3 | 6.7 | 2 | 0.9 |
| | Masters degree or greater | 3 | 6.7 | 0 | 0.0 |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 |
| | | Sui | cide | Suicide | Attempt |



Table F1. Demographic characteristics of all 2013 Marine Corps DoDSERs (cont.)

| | | Count | % | Count | % |
|----------------|-------------------|-------|------|-------|------|
| Marital Status | Never married | 19 | 42.2 | 141 | 61.6 |
| | Married | 22 | 48.9 | 80 | 34.9 |
| | Legally separated | 0 | 0.0 | 1 | 0.4 |
| | Divorced | 4 | 8.9 | 6 | 2.6 |
| | Widowed | 0 | 0.0 | 0 | 0.0 |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 |

¹Demographic variables provided by the DMDC and augmented by the DoDSER for cases with unknown values in the DMDC's data. See Appendix A for more information.

Table F2. Event location, event method, and event context for all 2013 Marine Corps DoDSERs

| | | Sui | cide | Suicide | Attempt |
|--|--|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 45 | 100.0 | 229 | 100.0 |
| Geographic location | United States | 40 | 88.9 | 196 | 85.6 |
| | Iraq | 0 | 0.0 | 0 | 0.0 |
| | Afghanistan | 3 | 6.7 | 3 | 1.3 |
| | Kuwait | 0 | 0.0 | 0 | 0.0 |
| | Korea | 0 | 0.0 | 0 | 0.0 |
| | Other Europe | 0 | 0.0 | 0 | 0.0 |
| | North America | 0 | 0.0 | 2 | 0.9 |
| | Japan | 1 | 2.2 | 24 | 10.5 |
| | Germany | 0 | 0.0 | 0 | 0.0 |
| | United Kingdom | 0 | 0.0 | 0 | 0.0 |
| | Shipboard | 0 | 0.0 | 0 | 0.0 |
| | Other | 1 | 2.2 | 3 | 1.3 |
| | Data unavailable | 0 | 0.0 | 1 | 0.4 |
| Event setting | Own residence | 14 | 31.1 | 59 | 25.8 |
| | Barracks | 8 | 17.8 | 133 | 58.1 |
| | Residence of friend or family | 6 | 13.3 | 9 | 3.9 |
| | Work/jobsite | 4 | 8.9 | 6 | 2.6 |
| | Automobile (away from residence) | 4 | 8.9 | 8 | 3.5 |
| | Inpatient medical facility | 0 | 0.0 | 1 | 0.4 |
| | Hotel | 0 | 0.0 | 1 | 0.4 |
| | Other | 9 | 20.0 | 12 | 5.2 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |
| Event method ^{1,2} | Drugs/alcohol | 0 | 0.0 | 127 | 55.5 |
| | Hanging/asphyxiation | 14 | 31.1 | 28 | 12.2 |
| | Poisoning | 0 | 0.0 | 9 | 3.9 |
| | Firearm | 30 | 66.7 | 12 | 5.2 |
| | Military issued firearm ^{3,4} | 6 | 20.0 | 4 | 33.3 |
| | Not military issued firearm ^{3,4} | 24 | 80.0 | 8 | 66.7 |
| | Firearm of unknown origin ^{3,4} | 0 | 0.0 | 0 | 0.0 |
| | Falling/jumping | 1 | 2.2 | 1 | 0.4 |
| | Sharp/blunt object ⁵ | | | 41 | 17.9 |
| | Other | 0 | 0.0 | 11 | 4.8 |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 |
| Alcohol used during event ¹ | Yes | 19 | 42.2 | 84 | 36.7 |
| | No | 23 | 51.1 | 112 | 48.9 |
| | Data unavailable | 3 | 6.7 | 33 | 14.4 |
| | | Sui | cide | Suicide | Attempt |



Table F2. Event location, event method, and event context for all 2013 Marine Corps DoDSERs (cont.)

| | | Count | % | Count | % |
|---|---|-----------|------|---------------|----------------|
| Drugs used during event ¹ | Yes | 12 | 26.7 | 123 | 53.7 |
| Illicit drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 6 | 4.9 |
| | Used, not cause of death/no overdose ³ | 2 | 16.7 | 4 | 3.3 |
| Inhalants ^{6,7} | Used, cause of death/overdose ³ | 0 | 0.0 | | |
| | Used, not cause of death/no overdose ³ | 0 | 0.0 | | |
| Prescription drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 78 | 63.4 |
| | Used, not cause of death/no overdose ³ | 6 | 50.0 | 6 | 4.9 |
| OTC drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 46 | 37.4 |
| | Used, not cause of death/no overdose ³ | 6 | 50.0 | 3 | 2.4 |
| | No | 30 | 66.7 | 91 | 39.7 |
| | Data unavailable | 3 | 6.7 | 15 | 6.6 |
| Both alcohol and drugs used during event ¹ | Yes | 5 | 11.1 | 49 | 21.4 |
| | No | 37 | 82.2 | 142 | 62.0 |
| | Data unavailable | 3 | 6.7 | 38 | 16.6 |
| Communicated intent | Yes | 16 | 35.6 | 31 | 13.5 |
| Mode ⁶ | Written ³ | 1 | 6.3 | 1 | 3.2 |
| | Verbal ³ | 8 | 50.0 | 17 | 54.8 |
| | Electronic ³ | 9 | 56.3 | 13 | 41.9 |
| | Other ³ | 2 | 12.5 | 0 | 0.0 |
| Number of types of recipients | One ³ | 13 | 81.3 | 29 | 93.5 |
| | Two ³ | 3 | 18.8 | 2 | 6.5 |
| | Three ³ | 0 | 0.0 | 0 | 0.0 |
| | Four or more ³ | 0 | 0.0 | 0 | 0.0 |
| Recipients ⁶ | Supervisor ³ | 1 | 6.3 | 4 | 12.9 |
| | Chaplain ³ | 0 | 0.0 | 0 | 0.0 |
| | Mental Health Staff ³ | 0 | 0.0 | 4 | 12.9 |
| | Friend ³ | 9 | 56.3 | 11 | 35.5 |
| | Spouse/significant other ³ | 6 | 37.5 | 10 | 32.3 |
| | Family ³ | 0 | 0.0 | 2 | 6.5 |
| | Social Media ³ | 1 | 6.3 | 1 | 3.2 |
| | Colleague ³ | 0 | 0.0 | 0 | 0.0 |
| | Other ³ | 2 | 12.5 | 1 | 3.2 |
| | No | 26 | 57.8 | 178 | 77.7 |
| | Data unavailable | 3 Suid | 6.7 | 20 Suicide | 8.7 Attempt |
| | | | | | |
| | | Count | % | Count | % |

Table F2. Event location, event method, and event context for all 2013 Marine Corps DoDSERs (cont.)

| Death risk gambling | Yes | 0 | 0.0 | 2 | 0.9 |
|----------------------------------|---|-------|------|---------|---------|
| | No | 43 | 95.6 | 219 | 95.6 |
| | Data unavailable | 2 | 4.4 | 8 | 3.5 |
| Event planned | Yes | 14 | 31.1 | 64 | 27.9 |
| | No | 21 | 46.7 | 115 | 50.2 |
| | Data unavailable | 10 | 22.2 | 50 | 21.8 |
| Event observable | Yes | 6 | 13.3 | 115 | 50.2 |
| | No | 39 | 86.7 | 94 | 41.0 |
| | Data unavailable | 0 | 0.0 | 20 | 8.7 |
| _eft suicide note | Yes | 7 | 15.6 | 16 | 7.0 |
| | No | 35 | 77.8 | 197 | 86.0 |
| | Data unavailable | 3 | 6.7 | 16 | 7.0 |
| Residence | Shared military living environment | 15 | 33.3 | 129 | 56.3 |
| | Bachelor quarters | 5 | 11.1 | 26 | 11.4 |
| | On-base family housing | 5 | 11.1 | 11 | 4.8 |
| | Private residence | 14 | 31.1 | 48 | 21.0 |
| | Ship | 1 | 2.2 | 0 | 0.0 |
| | Other | 4 | 8.9 | 8 | 3.5 |
| | Data unavailable | 1 | 2.2 | 7 | 3.1 |
| Married Service member residence | Not married | 23 | 51.1 | 154 | 67.2 |
| | Married, resides with spouse | 10 | 22.2 | 35 | 15.3 |
| | Married, not living together, relationship issues | 8 | 17.8 | 26 | 11.4 |
| | Married, not living together, other reasons | 4 | 8.9 | 8 | 3.5 |
| | Data unavailable | 0 | 0.0 | 6 | 2.6 |
| Service member resided alone | Yes | 12 | 26.7 | 50 | 21.8 |
| | No | 33 | 73.3 | 145 | 63.3 |
| | Data unavailable | 0 | 0.0 | 34 | 14.8 |
| Had minor children | Yes, lived with SM | 7 | 15.6 | 26 | 11.4 |
| | Yes, did not live with SM | 9 | 20.0 | 30 | 13.1 |
| | No children | 29 | 64.4 | 162 | 70.7 |
| | Data unavailable | 0 | 0.0 | 11 | 4.8 |
| Firearm in immediate environment | Yes | 28 | 62.2 | 19 | 8.3 |
| | No | 11 | 24.4 | 178 | 77.7 |
| | Data unavailable | 6 | 13.3 | 32 | 14.0 |
| | | Sui | cide | Suicide | Attempt |
| | | Count | % | Count | % |



Table F2. Event location, event method, and event context for all 2013 Marine Corps DoDSERs (cont.)

| Duty status at time of event ⁶ | Permanent duty station | 22 | 48.9 | 151 | 65.9 |
|---|-----------------------------|----|------|-----|------|
| | Leave | 6 | 13.3 | 10 | 4.4 |
| | TDY | 2 | 4.4 | 3 | 1.3 |
| | Deployed | 3 | 6.7 | 8 | 3.5 |
| | Training | 3 | 6.7 | 31 | 13.5 |
| | Psychiatric Hospitalization | 0 | 0.0 | 1 | 0.4 |
| | Medical Hold | 4 | 8.9 | 11 | 4.8 |
| | Other | 10 | 22.2 | 13 | 5.7 |
| | Data unavailable | 5 | 11.1 | 13 | 5.7 |

Data on cause of death and toxicology provided by the AFMES for suicide decedents.

²Event method categories were aligned with the National Center for Health Statistics' standard for cause of death categories. ³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴Data on the source of the firearm are from the DoDSER reports filed for the suicide decedents.

⁵This category is specific to nonfatal events since it is not a unique reporting category per the National Center for Health Statistics.

SMs could be classified into multiple categories in the same set.

⁷Inhalants were reported as a separate category of drug use for suicides in the toxicology data but were not a separate reporting category in the DoDSER for any event type.

Table F3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Marine Corps DoDSERs

| | | Sui | cide | Suicide | Attempt |
|--|---|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 45 | 100.0 | 229 | 100.0 |
| Behavioral health diagnosis | Yes | 14 | 31.1 | 121 | 52.8 |
| Number of diagnoses | One ¹ | 4 | 28.6 | 51 | 42.1 |
| | Two ¹ | 8 | 57.1 | 56 | 46.3 |
| | Three or more ¹ | 2 | 14.3 | 14 | 11.6 |
| Specific diagnoses | Mood disorder ^{1,2} | 11 | 78.6 | 74 | 61.2 |
| | Bipolar ^{1,2} | 0 | 0.0 | 3 | 4.1 |
| | Major depression ^{1,2} | 3 | 27.3 | 47 | 63.5 |
| | Dysthymic ^{1,2} | 2 | 18.2 | 9 | 12.2 |
| | Other mood disorder ^{1,2} | 4 | 36.4 | 18 | 24.3 |
| | Unspecified mood disorder ^{1,2} | 3 | 27.3 | 5 | 6.8 |
| | Anxiety disorder ^{1,2} | 7 | 50.0 | 55 | 45.5 |
| | Posttraumatic stress ^{1,2} | 2 | 28.6 | 34 | 61.8 |
| | Panic ^{1,2} | 0 | 0.0 | 0 | 0.0 |
| | Generalized anxiety ^{1,2} | 2 | 28.6 | 14 | 25.5 |
| | Acute stress ^{1,2} | 0 | 0.0 | 1 | 1.8 |
| | Other anxiety disorder ^{1,2} | 2 | 28.6 | 17 | 30.9 |
| | Unspecified anxiety disorder ^{1,2} | 2 | 28.6 | 0 | 0.0 |
| | Personality disorder ^{1,2} | 1 | 7.1 | 29 | 24.0 |
| | Psychotic disorder ^{1,2} | 1 | 7.1 | 2 | 1.7 |
| | Adjustment disorder ^{1,2} | 6 | 42.9 | 47 | 38.8 |
| | No | 30 | 66.7 | 98 | 42.8 |
| | Data unavailable | 1 | 2.2 | 10 | 4.4 |
| Sleep disorder | Yes | 5 | 11.1 | 18 | 7.9 |
| | No | 39 | 86.7 | 196 | 85.6 |
| | Data unavailable | 1 | 2.2 | 15 | 6.6 |
| History of substance abuse | Yes | 11 | 24.4 | 67 | 29.3 |
| | No | 33 | 73.3 | 131 | 57.2 |
| | Data unavailable | 1 | 2.2 | 31 | 13.5 |
| Fraumatic brain injury | Yes | 3 | 6.7 | 13 | 5.7 |
| | No | 41 | 91.1 | 201 | 87.8 |
| | Data unavailable | 1 | 2.2 | 15 | 6.6 |
| Family history of behavioral health conditions | Yes | 5 | 11.1 | 61 | 26.6 |
| | No | 20 | 44.4 | 126 | 55.0 |
| | Data unavailable | 20 | 44.4 | 42 | 18.3 |
| | | Sui | cide | Suicide | Attempt |



Table F3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Marine Corps DoDSERs (cont.)

| | | Count | % | Count | % |
|---|---|-------|------|-------|------|
| History of prior self-injury | Yes | 7 | 15.6 | 74 | 32.3 |
| | One prior event ¹ | 6 | 85.7 | 35 | 47.3 |
| | More than one prior event ¹ | 1 | 14.3 | 39 | 52.7 |
| | Unknown number of events ¹ | 0 | 0.0 | 0 | 0.0 |
| | Current event similar to prior self injury ¹ | 2 | 28.6 | 45 | 60.8 |
| | No | 36 | 80.0 | 136 | 59.4 |
| | Data unavailable | 2 | 4.4 | 19 | 8.3 |
| Ever taken psychotropic medications | Yes | 10 | 22.2 | 91 | 39.7 |
| | No | 29 | 64.4 | 125 | 54.6 |
| | Data unavailable | 6 | 13.3 | 13 | 5.7 |
| Use of psychotropic medications, last 90 days | Yes | 7 | 15.6 | 79 | 34.5 |
| | Antidepressants ^{1,2} | 6 | 85.7 | 68 | 86.1 |
| | Anxiolytics ^{1,2} | 5 | 71.4 | 20 | 25.3 |
| | Antimanics ^{1,2} | 0 | 0.0 | 3 | 3.8 |
| | Anticonvulsants ^{1,2} | 0 | 0.0 | 3 | 3.8 |
| | Antipsychotics ^{1,2} | 1 | 14.3 | 15 | 19.0 |
| | Sleep medications ^{1,2} | 5 | 71.4 | 36 | 45.6 |
| | No | 32 | 71.1 | 137 | 59.8 |
| | Data unavailable | 6 | 13.3 | 13 | 5.7 |
| Pain medication at time of the event | Yes | 5 | 11.1 | 26 | 11.4 |
| | Opioids, last 90 days ¹ | 2 | 40.0 | 10 | 38.5 |
| | No | 37 | 82.2 | 177 | 77.3 |
| | Data unavailable | 3 | 6.7 | 26 | 11.4 |
| Polypharmacy at time of the event | Yes | 5 | 11.1 | 22 | 9.6 |
| | No | 34 | 75.6 | 184 | 80.3 |
| | | | | | |
| | Data unavailable | 6 | 13.3 | 23 | 10.0 |

Table F3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Marine Corps DoDSERs (cont.)

| | | Count | % | Count | % |
|--|---|-------|------|-------|------|
| Accession of medical/support services, last 90 | Yes | 24 | 53.3 | 139 | 60.7 |
| days | Military Treatment Facility ^{1,2} | 20 | 83.3 | 93 | 66.9 |
| | Substance Abuse Services ^{1,2} | 6 | 25.0 | 19 | 13.7 |
| | Family Advocacy Program ^{1,2} | 4 | 16.7 | 6 | 4.3 |
| | Outpatient behavioral health ^{1,2} | 11 | 45.8 | 110 | 79.1 |
| | Inpatient behavioral health ^{1,2} | 0 | 0.0 | 28 | 20.1 |
| | No | 21 | 46.7 | 83 | 36.2 |
| | Data unavailable | 0 | 0.0 | 7 | 3.1 |

¹Percents for these variables are based on the number of positive responses to the superordinate category.



²SMs could be classified into multiple categories in the same set.

Table F4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Marine Corps DoDSERs

| | | Sui | cide | Suicide | Attempt |
|--|---|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 45 | 100.0 | 229 | 100.0 |
| Failed relationship, last 90 days | Yes | 23 | 51.1 | 87 | 38.0 |
| | Failed intimate relationship ^{1,2} | 17 | 73.9 | 80 | 92.0 |
| | Failed non-intimate relationship 1,2 | 9 | 39.1 | 17 | 19.5 |
| | No | 22 | 48.9 | 123 | 53.7 |
| | Data unavailable | 0 | 0.0 | 19 | 8.3 |
| Loss or illness of a loved one, last 90 days | Yes | 3 | 6.7 | 11 | 4.8 |
| | Death of spouse or family member 1,2 | 2 | 66.7 | 3 | 27.3 |
| | Death of friend ^{1,2} | 0 | 0.0 | 4 | 36.4 |
| | Family/spouse illness ^{1,2} | 1 | 33.3 | 5 | 45.5 |
| | No | 40 | 88.9 | 201 | 87.8 |
| | Data unavailable | 2 | 4.4 | 17 | 7.4 |
| History of suicide of friend or family members | Yes | 8 | 17.8 | 29 | 12.7 |
| | Spouse suicide ^{1,2} | 0 | 0.0 | 0 | 0.0 |
| | Family suicide ^{1,2} | 7 | 87.5 | 17 | 58.6 |
| | Friend suicide ^{1,2} | 2 | 25.0 | 13 | 44.8 |
| | No | 36 | 80.0 | 190 | 83.0 |
| | Data unavailable | 1 | 2.2 | 10 | 4.4 |
| History of administrative/legal issues, last 90 | Yes | 11 | 24.4 | 73 | 31.9 |
| days | Courts martial proceedings ^{1,2} | 1 | 9.1 | 4 | 5.5 |
| | Article 15/Non-judicial punishment ^{1,2} | 5 | 45.5 | 37 | 50.7 |
| | Administrative separation ^{1,2} | 0 | 0.0 | 27 | 37.0 |
| | AWOL ^{1,2} | 1 | 9.1 | 10 | 13.7 |
| | Medical evaluation board ^{1,2} | 3 | 27.3 | 11 | 15.1 |
| | Civil legal problems ^{1,2} | 4 | 36.4 | 9 | 12.3 |
| | Non-selection for promotion ^{1,2} | 1 | 9.1 | 7 | 9.6 |
| | Under investigation ^{1,2} | 0 | 0.0 | 3 | 4.1 |
| | No | 34 | 75.6 | 149 | 65.1 |
| | Data unavailable | 0 | 0.0 | 7 | 3.1 |
| Any financial or workplace difficulties, last 90 | Yes | 10 | 22.2 | 79 | 34.5 |
| days | Excessive debt or bankruptcy ^{1,2} | 4 | 40.0 | 12 | 15.2 |
| | Job problems ^{1,2} | 3 | 30.0 | 57 | 72.2 |
| | Supervisor/coworker issues ^{1,2} | 2 | 20.0 | 42 | 53.2 |
| | Poor performance review ^{1,2} | 3 | 30.0 | 24 | 30.4 |
| | Unit/workplace hazing ^{1,2} | 0 | 0.0 | 6 | 7.6 |
| | No | 35 | 77.8 | 126 | 55.0 |
| | Data unavailable | 0 | 0.0 | 24 | 10.5 |
| | | Sui | cide | Suicide | Attempt |

Table F4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Marine Corps DoDSERs (cont.)

| | | Count | % | Count | % |
|-----------------------------|----------------------------------|-------|------|-------|------|
| Abuse victimization history | Yes | 5 | 11.1 | 69 | 30.1 |
| | Physical abuse ^{1,2} | 4 | 80.0 | 47 | 68.1 |
| | Sexual abuse ^{1,2} | 2 | 40.0 | 36 | 52.2 |
| | Emotional abuse ^{1,2} | 1 | 20.0 | 32 | 46.4 |
| | Sexual harassment ^{1,2} | 0 | 0.0 | 5 | 7.2 |
| | No | 35 | 77.8 | 137 | 59.8 |
| | Data unavailable | 5 | 11.1 | 23 | 10.0 |
| | | | | | |
| Abuse perpetration history | Yes | 5 | 11.1 | 15 | 6.6 |
| | Physical abuse ^{1,2} | 2 | 40.0 | 9 | 60.0 |
| | Sexual abuse ^{1,2} | 3 | 60.0 | 2 | 13.3 |
| | Emotional abuse ^{1,2} | 1 | 20.0 | 7 | 46.7 |
| | Sexual harassment ^{1,2} | 1 | 20.0 | 0 | 0.0 |
| | No | 39 | 86.7 | 189 | 82.5 |
| | Data unavailable | 1 | 2.2 | 25 | 10.9 |

¹Percents for these variables are based on the number of positive responses to the superordinate category.



²SMs could be classified into multiple categories in the same set.

Table F5. Deployment and direct combat history for all 2013 Marine Corps DoDSERs

| | | Sui | cide | Suicide | Attempt |
|--|---|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 45 | 100.0 | 229 | 100.0 |
| History of deployment ¹ | Yes | 32 | 71.1 | 73 | 31.9 |
| Number of deployments | One ³ | 18 | 56.3 | 37 | 50.7 |
| | Two ³ | 9 | 28.1 | 22 | 30.1 |
| | Three or more ³ | 5 | 15.6 | 14 | 19.2 |
| | No | 13 | 28.9 | 150 | 65.5 |
| | Data unavailable | 0 | 0.0 | 6 | 2.6 |
| Ever deployed OIF/OEF/OND ¹ | Yes | 32 | 71.1 | 73 | 31.9 |
| | Iraq ^{3,4} | 13 | 40.6 | 29 | 39.7 |
| | Afghanistan ^{3,4} | 28 | 87.5 | 62 | 84.9 |
| | Kuwait ^{3,4} | 11 | 34.4 | 32 | 43.8 |
| | No | 13 | 28.9 | 150 | 65.5 |
| | Data unavailable | 0 | 0.0 | 6 | 2.6 |
| Events in theater ¹ | Afghanistan | 3 | 6.7 | 8 | 3.5 |
| | Kuwait | 0 | 0.0 | 0 | 0.0 |
| | Other theater location | 0 | 0.0 | 0 | 0.0 |
| History of direct combat ² | Yes | 15 | 33.3 | 24 | 10.5 |
| | Wounded others combat ^{3,4} | 6 | 40.0 | 15 | 62.5 |
| | Service member wounded in combat ^{3,4} | 0 | 0.0 | 4 | 16.7 |
| | Witnessed killing ^{3,4} | 2 | 13.3 | 16 | 66.7 |
| | Saw bodies of other soldiers ^{3,4} | 1 | 6.7 | 13 | 54.2 |
| | Killed others in combat ^{3,4} | 2 | 13.3 | 8 | 33.3 |
| | No | 25 | 55.6 | 171 | 74.7 |
| | Data unavailable | 5 | 11.1 | 34 | 14.8 |

Deployment data provided by the DMDC for all event types.

Data on combat exposure were reported in the DoDSER.

Percents for these variables are based on the number of positive responses to the superordinate category.

SMs could be classified into multiple categories in the same set.

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Appendix G NAVY DoDSER TABLES

Table G1. Demographic characteristics 1 of all 2013 Navy DoDSERs

| | | Sui | Suicide | | Suicide Attempt | |
|-----------|---------------------------------------|-------|---------|---------|-----------------|--|
| | | Count | % | Count | % | |
| All | | 42 | 100.0 | 101 | 100.0 | |
| Sex | Male | 38 | 90.5 | 77 | 76.2 | |
| | Female | 4 | 9.5 | 24 | 23.8 | |
| Race | American Indian/Alaskan Native | 2 | 4.8 | 4 | 4.0 | |
| | Asian/Pacific Islander | 2 | 4.8 | 6 | 5.9 | |
| | Black/African American | 5 | 11.9 | 13 | 12.9 | |
| | White/Caucasian | 29 | 69.0 | 63 | 62.4 | |
| | Other/Unknown | 4 | 9.5 | 15 | 14.9 | |
| Ethnicity | Hispanic | 4 | 9.5 | 25 | 24.8 | |
| | Non-Hispanic | 38 | 90.5 | 76 | 75.2 | |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 | |
| Age Range | _17 - 24 | 15 | 35.7 | 56 | 55.4 | |
| | 25 - 29 | 9 | 21.4 | 22 | 21.8 | |
| | 30 - 34 | 6 | 14.3 | 11 | 10.9 | |
| | 35 - 39 | 7 | 16.7 | 5 | 5.0 | |
| | 40 - 44 | 3 | 7.1 | 5 | 5.0 | |
| | 45 - 74 | 2 | 4.8 | 2 | 2.0 | |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 | |
| Rank | Cadet/Midshipmen | 0 | 0.0 | 0 | 0.0 | |
| | E1-E4 | 9 | 21.4 | 64 | 63.4 | |
| | E5-E9 | 28 | 66.7 | 34 | 33.7 | |
| | Warrant Officer | 0 | 0.0 | 0 | 0.0 | |
| | Commissioned Officer | 5 | 11.9 | 3 | 3.0 | |
| | Data unavailable | 0 | 0.0 | 0 | 0.0 | |
| Component | Active | 41 | 97.6 | 95 | 94.1 | |
| | Reserve | 1 | 2.4 | 6 | 5.9 | |
| Education | Some high school, did not graduate | 0 | 0.0 | 2 | 2.0 | |
| | Alternative high school certification | 1 | 2.4 | 2 | 2.0 | |
| | High school graduate | 28 | 66.7 | 80 | 79.2 | |
| | Some college, no degree | 7 | 16.7 | 8 | 7.9 | |
| | Four-year degree | 4 | 9.5 | 5 | 5.0 | |
| | Masters degree or greater | 2 | 4.8 | 1 | 1.0 | |
| | Data unavailable | 0 | 0.0 | 3 | 3.0 | |
| | | Sui | cide | Suicide | Attempt | |



Table G1. Demographic characteristics¹ of all 2013 Navy DoDSERs (cont.)

| | | Count | % | Count | % |
|----------------|-------------------|-------|------|-------|------|
| Marital Status | Never married | 21 | 50.0 | 61 | 60.4 |
| | Married | 20 | 47.6 | 37 | 36.6 |
| | Legally separated | 0 | 0.0 | 0 | 0.0 |
| | Divorced | 1 | 2.4 | 1 | 1.0 |
| | Widowed | 0 | 0.0 | 0 | 0.0 |
| | Data unavailable | 0 | 0.0 | 2 | 2.0 |

¹Demographic variables provided by the DMDC and augmented by the DoDSER for cases with unknown values in the DMDC's data. See Appendix A for more information.

Table G2. Event location, event method, and event context for all 2013 Navy DoDSERs

| | | Suid | Suicide | | Attempt |
|--|--|-------|---------|---------|---------|
| | | Count | % | Count | % |
| All | | 42 | 100.0 | 101 | 100.0 |
| Geographic location | United States | 38 | 90.5 | 95 | 94.1 |
| | Iraq | 0 | 0.0 | 0 | 0.0 |
| | Afghanistan | 0 | 0.0 | 0 | 0.0 |
| | Kuwait | 0 | 0.0 | 1 | 1.0 |
| | Korea | 0 | 0.0 | 0 | 0.0 |
| | Other Europe | 2 | 4.8 | 1 | 1.0 |
| | North America | 0 | 0.0 | 0 | 0.0 |
| | Japan | 1 | 2.4 | 1 | 1.0 |
| | Germany | 0 | 0.0 | 1 | 1.0 |
| | United Kingdom | 0 | 0.0 | 0 | 0.0 |
| | Shipboard | 0 | 0.0 | 0 | 0.0 |
| | Other | 1 | 2.4 | 1 | 1.0 |
| | Data unavailable | 0 | 0.0 | 1 | 1.0 |
| Event setting | Own residence | 21 | 50.0 | 39 | 38.6 |
| | Barracks | 5 | 11.9 | 37 | 36.6 |
| | Residence of friend or family | 1 | 2.4 | 5 | 5.0 |
| | Work/jobsite | 5 | 11.9 | 12 | 11.9 |
| | Automobile (away from residence) | 1 | 2.4 | 3 | 3.0 |
| | Inpatient medical facility | 0 | 0.0 | 1 | 1.0 |
| | Hotel | 1 | 2.4 | 0 | 0.0 |
| | Other | 8 | 19.0 | 3 | 3.0 |
| | Data unavailable | 0 | 0.0 | 1 | 1.0 |
| Event method ^{1,2} | Drugs/alcohol | 1 | 2.4 | 47 | 46.5 |
| | Hanging/asphyxiation | 15 | 35.7 | 14 | 13.9 |
| | Poisoning | 0 | 0.0 | 3 | 3.0 |
| | Firearm | 21 | 50.0 | 4 | 4.0 |
| | Military issued firearm ^{3,4} | 4 | 19.0 | 0 | 0.0 |
| | Not military issued firearm ^{3,4} | 17 | 81.0 | 4 | 100.0 |
| | Firearm of unknown origin ^{3,4} | 0 | 0.0 | 0 | 0.0 |
| | Falling/jumping | 3 | 7.1 | 1 | 1.0 |
| | Sharp/blunt object ⁵ | | | 20 | 19.8 |
| | Other | 2 | 4.8 | 9 | 8.9 |
| | Data unavailable | 0 | 0.0 | 3 | 3.0 |
| Alcohol used during event ¹ | Yes | 13 | 31.0 | 29 | 28.7 |
| | No | 28 | 66.7 | 59 | 58.4 |
| | Data unavailable | 1 | 2.4 | 13 | 12.9 |
| | | Suid | cide | Suicide | Attempt |



Table G2. Event location, event method, and event context for all 2013 Navy DoDSERs (cont.)

| | | Count | % | Count | % | |
|--|---|-------|-----------------|-------|------------|--|
| Drugs used during event ¹ | Yes | 8 | 19.0 | 49 | 48.5 | |
| Illicit drugs ⁶ | Used, cause of death/overdose ³ | 0 | 0.0 | 1 | 2.0 | |
| | Used, not cause of death/no overdose ³ | 0 | 0.0 | 2 | 4.1 | |
| Inhalants ^{6,7} | Used, cause of death/overdose ³ | 0 | 0.0 | | | |
| | Used, not cause of death/no overdose ³ | 0 | 0.0 | | | |
| Prescription drugs ⁶ | Used, cause of death/overdose ³ | 1 | 12.5 | 25 | 51.0 | |
| | Used, not cause of death/no overdose ³ | 4 | 50.0 | 6 | 12.2 | |
| OTC drugs ⁶ | Used, cause of death/overdose ³ | 1 | 12.5 | 19 | 38.8 | |
| | Used, not cause of death/no overdose ³ | 4 | 50.0 | 3 | 6.1 | |
| | No | 33 | 78.6 | 43 | 42.6 | |
| | Data unavailable | 1 | 2.4 | 9 | 8.9 | |
| Both alcohol and drugs used during event 1 | Yes | 2 | 4.8 | 15 | 14.9 | |
| | No | 39 | 92.9 | 71 | 70.3 | |
| | Data unavailable | 1 | 2.4 | 15 | 14.9 | |
| Communicated intent | Yes | 16 | 38.1 | 14 | 13.9 | |
| Mode ⁶ | Written ³ | 1 | 6.3 | 1 | 7.1 | |
| | Verbal ³ | 12 | 75.0 | 11 | 78.6 | |
| | Electronic ³ | 6 | 37.5 | 2 | 14.3 | |
| | Other ³ | 0 | 0.0 | 1 | 7.1 | |
| Number of types of recipients | One ³ | 12 | 75.0 | 11 | 78.6 | |
| | Two ³ | 4 | 25.0 | 2 | 14.3 | |
| | Three or more ³ | 0 | 0.0 | 0 | 0.0 | |
| | Unknown number | 0 | 0.0 | 1 | 7.1 | |
| Recipients ⁶ | Supervisor ³ | 0 | 0.0 | 2 | 14.3 | |
| | Chaplain ³ | 0 | 0.0 | 1 | 7.1 | |
| | Mental Health Staff ³ | 3 | 18.8 | 5 | 35.7 | |
| | Friend ³ | 5 | 31.3 | 5 | 35.7 | |
| | Spouse/significant other ³ | 7 | 43.8 | 4 | 28.6 | |
| | Family ³ | 4 | 25.0 | 0 | 0.0 | |
| | Social Media ³ | 0 | 0.0 | 0 | 0.0 | |
| | Colleague ³ | 0 | 0.0 | 0 | 0.0 | |
| | Other ³ | 1 | 6.3 | 2 | 14.3 | |
| | No | 26 | 61.9 | 72 | 71.3 | |
| | Data unavailable | 0 | 0.0 | 15 | 14.9 | |
| | | Sui | Suicide Suicide | | de Attempt | |
| | | Count | % | Count | % | |

Table G2. Event location, event method, and event context for all 2013 Navy DoDSERs (cont.)

| Death risk gambling | Yes | 0 | 0.0 | 0 | 0.0 |
|----------------------------------|---|-----------------|------|---------|------|
| | No | 38 | 90.5 | 96 | 95.0 |
| | Data unavailable | 4 | 9.5 | 5 | 5.0 |
| Event planned | Yes | 20 | 47.6 | 26 | 25.7 |
| | No | 13 | 31.0 | 59 | 58.4 |
| | Data unavailable | 9 | 21.4 | 16 | 15.8 |
| Event observable | Yes | 11 | 26.2 | 36 | 35.6 |
| | No | 29 | 69.0 | 59 | 58.4 |
| | Data unavailable | 2 | 4.8 | 6 | 5.9 |
| Left suicide note | Yes | 15 | 35.7 | 11 | 10.9 |
| | No | 27 | 64.3 | 83 | 82.2 |
| | Data unavailable | 0 | 0.0 | 7 | 6.9 |
| Residence | Shared military living environment | 6 | 14.3 | 32 | 31.7 |
| | Bachelor quarters | 6 | 14.3 | 8 | 7.9 |
| | On-base family housing | 4 | 9.5 | 7 | 6.9 |
| | Private residence | 22 | 52.4 | 40 | 39.6 |
| | Ship | 1 | 2.4 | 3 | 3.0 |
| | Other | 3 | 7.1 | 3 | 3.0 |
| | Data unavailable | 0 | 0.0 | 8 | 7.9 |
| Married service member residence | Not married | 22 | 52.4 | 68 | 67.3 |
| | Married, resides with spouse | 12 | 28.6 | 15 | 14.9 |
| | Married, not living together, relationship issues | 4 | 9.5 | 6 | 5.9 |
| | Married, not living together, other reasons | 4 | 9.5 | 9 | 8.9 |
| | Data unavailable | 0 | 0.0 | 3 | 3.0 |
| Service member resided alone | Yes | 14 | 33.3 | 34 | 33.7 |
| | No | 28 | 66.7 | 51 | 50.5 |
| | Data unavailable | 0 | 0.0 | 16 | 15.8 |
| | | Suicide Suicide | | Attempt | |
| | | Count | % | Count | % |



Table G2. Event location, event method, and event context for all 2013 Navy DoDSERs (cont.)

| Had minor children | Yes, lived with SM | 9 | 21.4 | 14 | 13.9 |
|---|-----------------------------|----|------|----|------|
| | Yes, did not live with SM | 9 | 21.4 | 9 | 8.9 |
| | No children | 24 | 57.1 | 69 | 68.3 |
| | Data unavailable | 0 | 0.0 | 9 | 8.9 |
| Firearm in immediate environment | Yes | 22 | 52.4 | 10 | 9.9 |
| | No | 17 | 40.5 | 73 | 72.3 |
| | Data unavailable | 3 | 7.1 | 18 | 17.8 |
| Duty status at time of event ⁶ | Permanent duty station | 26 | 61.9 | 40 | 39.6 |
| | Leave | 4 | 9.5 | 5 | 5.0 |
| | TDY | 1 | 2.4 | 1 | 1.0 |
| | Deployed | 4 | 9.5 | 5 | 5.0 |
| | Training | 5 | 11.9 | 15 | 14.9 |
| | Psychiatric Hospitalization | 1 | 2.4 | 2 | 2.0 |
| | Medical Hold | 1 | 2.4 | 12 | 11.9 |
| | Other | 7 | 16.7 | 15 | 14.9 |
| | Data unavailable | 3 | 7.1 | 14 | 13.9 |

Data on cause of death and toxicology provided by the AFMES for suicide decedents.

Event method categories were aligned with the National Center for Health Statistics' standard for cause of death categories.

³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴Data on the source of the firearm are from the DoDSER reports filed for the suicide decedents.

This category is specific to nonfatal events since it is not a unique reporting category per the National Center for Health Statistics.

⁶SMs could be classified into multiple categories in the same set.

⁷Inhalants were reported as a separate category of drug use for suicides in the toxicology data but were not a separate reporting category in the DoDSER for any event type.

Table G3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Navy DoDSERs

| | | Sui | cide | Suicide | Attempt |
|--|---|-------|-------|---------|---------|
| | | Count | % | Count | % |
| All | | 42 | 100.0 | 101 | 100.0 |
| Behavioral health diagnosis | Yes | 14 | 33.3 | 49 | 48.5 |
| Number of diagnoses | One ¹ | 6 | 42.9 | 29 | 59.2 |
| | Two ¹ | 5 | 35.7 | 15 | 30.6 |
| | Three or more ¹ | 3 | 21.4 | 5 | 10.2 |
| Specific diagnoses | Mood disorder ^{1,2} | 10 | 71.4 | 31 | 63.3 |
| | Bipolar ^{1,2} | 1 | 10.0 | 1 | 3.2 |
| | Major depression ^{1,2} | 7 | 70.0 | 21 | 67.7 |
| | Dysthymic ^{1,2} | 0 | 0.0 | 4 | 12.9 |
| | Other mood disorder ^{1,2} | 5 | 50.0 | 6 | 19.4 |
| | Unspecified mood disorder ^{1,2} | 1 | 10.0 | 2 | 6.5 |
| | Anxiety disorder ^{1,2} | 4 | 28.6 | 15 | 30.6 |
| | Posttraumatic stress ^{1,2} | 3 | 75.0 | 8 | 53.3 |
| | Panic ^{1,2} | 0 | 0.0 | 0 | 0.0 |
| | Generalized anxiety ^{1,2} | 2 | 50.0 | 5 | 33.3 |
| | Acute stress ^{1,2} | 0 | 0.0 | 0 | 0.0 |
| | Other anxiety disorder ^{1,2} | 2 | 50.0 | 4 | 26.7 |
| | Unspecified anxiety disorder ^{1,2} | 0 | 0.0 | 0 | 0.0 |
| | Personality disorder ^{1,2} | 1 | 7.1 | 7 | 14.3 |
| | Psychotic disorder ^{1,2} | 1 | 7.1 | 1 | 2.0 |
| | Adjustment disorder ^{1,2} | 10 | 71.4 | 21 | 42.9 |
| | No | 26 | 61.9 | 43 | 42.6 |
| | Data unavailable | 2 | 4.8 | 9 | 8.9 |
| Sleep disorder | Yes | 3 | 7.1 | 8 | 7.9 |
| | No | 36 | 85.7 | 78 | 77.2 |
| | Data unavailable | 3 | 7.1 | 15 | 14.9 |
| History of substance abuse | Yes | 3 | 7.1 | 24 | 23.8 |
| | No | 38 | 90.5 | 63 | 62.4 |
| | Data unavailable | 1 | 2.4 | 14 | 13.9 |
| Traumatic Brain Injury | Yes | 0 | 0.0 | 3 | 3.0 |
| | No | 41 | 97.6 | 87 | 86.1 |
| | Data unavailable | 1 | 2.4 | 11 | 10.9 |
| Family history of behavioral health conditions | Yes | 4 | 9.5 | 30 | 29.7 |
| | No | 24 | 57.1 | 45 | 44.6 |
| | Data unavailable | 14 | 33.3 | 26 | 25.7 |
| | | Sui | cide | Suicide | Attempt |



Table G3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Navy DoDSERs (cont.)

| | | Count | % | Count | % |
|---|---|-------|------|---------|---------|
| History of prior self-injury | Yes | 4 | 9.5 | 27 | 26.7 |
| | One prior event ¹ | 2 | 50.0 | 13 | 48.1 |
| | More than one prior event ¹ | 2 | 50.0 | 14 | 51.9 |
| | Unknown number of events ¹ | 0 | 0.0 | 0 | 0.0 |
| | Current event similar to prior self injury ¹ | 0 | 0.0 | 20 | 74.1 |
| | No | 37 | 88.1 | 59 | 58.4 |
| | Data unavailable | 1 | 2.4 | 15 | 14.9 |
| Ever taken psychotropic medications | Yes | 8 | 19.0 | 32 | 31.7 |
| | No | 32 | 76.2 | 58 | 57.4 |
| | Data unavailable | 2 | 4.8 | 11 | 10.9 |
| Use of psychotropic medications, last 90 days | Yes | 5 | 11.9 | 24 | 23.8 |
| | Antidepressants ^{1,2} | 3 | 60.0 | 22 | 91.7 |
| | Anxiolytics ^{1,2} | 1 | 20.0 | 10 | 41.7 |
| | Antimanics ^{1,2} | 1 | 20.0 | 1 | 4.2 |
| | Anticonvulsants ^{1,2} | 1 | 20.0 | 3 | 12.5 |
| | Antipsychotics ^{1,2} | 1 | 20.0 | 2 | 8.3 |
| | Sleep medications ^{1,2} | 4 | 80.0 | 10 | 41.7 |
| | No | 35 | 83.3 | 66 | 65.3 |
| | Data unavailable | 2 | 4.8 | 11 | 10.9 |
| Pain medication at time of the event | Yes | 2 | 4.8 | 9 | 8.9 |
| | Opioids, last 90 days ¹ | 1 | 50.0 | 4 | 44.4 |
| | No | 33 | 78.6 | 77 | 76.2 |
| | Data unavailable | 7 | 16.7 | 15 | 14.9 |
| Polypharmacy at time of the event | Yes | 2 | 4.8 | 8 | 7.9 |
| | No | 32 | 76.2 | 74 | 73.3 |
| | Data unavailable | 8 | 19.0 | 19 | 18.8 |
| | | Sui | cide | Suicide | Attempt |
| | | Count | % | Count | % |

Table G3. Behavioral health history, accession of medical and social services, and prescription medication usage for all 2013 Navy DoDSERs (cont.)

| Accession of medical/support services, last 90 days | Yes | 16 | 38.1 | 47 | 46.5 |
|---|---|----|------|----|------|
| | Military Treatment Facility ^{1,2} | 15 | 93.8 | 37 | 78.7 |
| | Substance Abuse Services ^{1,2} | 0 | 0.0 | 6 | 12.8 |
| | Family Advocacy Program ^{1,2} | 0 | 0.0 | 2 | 4.3 |
| | Outpatient behavioral health ^{1,2} | 10 | 62.5 | 30 | 63.8 |
| | Inpatient behavioral health ^{1,2} | 4 | 25.0 | 9 | 19.1 |
| | No | 26 | 61.9 | 45 | 44.6 |
| | Data unavailable | 0 | 0.0 | 9 | 8.9 |

¹Percents for these variables are based on the number of positive responses to the superordinate category.

Referenced page 14



²SMs could be classified into multiple categories in the same set.

Table G4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Navy DoDSERs

| | | Sui | Suicide | | Suicide Attempt | |
|---|---|-------|---------|---------|-----------------|--|
| | | Count | % | Count | % | |
| All | | 42 | 100.0 | 101 | 100.0 | |
| Failed relationship, last 90 days | Yes | 16 | 38.1 | 39 | 38.6 | |
| | Failed intimate relationship ^{1,2} | 14 | 87.5 | 33 | 84.6 | |
| | Failed non-intimate relationship 1,2 | 5 | 31.3 | 13 | 33.3 | |
| | No | 25 | 59.5 | 47 | 46.5 | |
| | Data unavailable | 1 | 2.4 | 15 | 14.9 | |
| Loss or illness of a loved one, last 90 days | Yes | 3 | 7.1 | 5 | 5.0 | |
| | Death of spouse or family member ^{1,2} | 0 | 0.0 | 2 | 40.0 | |
| | Death of friend ^{1,2} | 2 | 66.7 | 1 | 20.0 | |
| | Family/spouse illness ^{1,2} | 1 | 33.3 | 3 | 60.0 | |
| | No | 36 | 85.7 | 78 | 77.2 | |
| | Data unavailable | 3 | 7.1 | 18 | 17.8 | |
| History of suicide of friend or family members, | Yes | 9 | 21.4 | 11 | 10.9 | |
| any time | Spouse suicide ^{1,2} | 0 | 0.0 | 0 | 0.0 | |
| | Family suicide ^{1,2} | 5 | 55.6 | 5 | 45.5 | |
| | Friend suicide ^{1,2} | 4 | 44.4 | 6 | 54.5 | |
| | No | 33 | 78.6 | 78 | 77.2 | |
| | Data unavailable | 0 | 0.0 | 12 | 11.9 | |
| History of administrative/legal issues, last 90 | Yes | 12 | 28.6 | 26 | 25.7 | |
| days | Courts martial proceedings ^{1,2} | 2 | 16.7 | 1 | 3.8 | |
| | Article 15/Non-judicial punishment ^{1,2} | 1 | 8.3 | 11 | 42.3 | |
| | Administrative separation ^{1,2} | 2 | 16.7 | 2 | 7.7 | |
| | AWOL ^{1,2} | 2 | 16.7 | 2 | 7.7 | |
| | Medical evalauation board ^{1,2} | 3 | 25.0 | 5 | 19.2 | |
| | Civil legal problems ^{1,2} | 2 | 16.7 | 6 | 23.1 | |
| | Non-selection for promotion ^{1,2} | 4 | 33.3 | 3 | 11.5 | |
| | Under investigation ^{1,2} | 1 | 8.3 | 1 | 3.8 | |
| | No | 30 | 71.4 | 66 | 65.3 | |
| | Data unavailable | 0 | 0.0 | 9 | 8.9 | |
| | | Sui | cide | Suicide | Attempt | |

Continued >>

Table G4. Antecedent stressors related to family and relationship issues, administrative or legal issues, financial or workplace conflicts, and abuse victimization or perpetration for all 2013 Navy DoDSERs (cont.)

| | | Count | % | Count | % |
|--|---|-------|------|-------|------|
| Any financial or workplace difficulties, last 90 | Yes | 9 | 21.4 | 32 | 31.7 |
| days | Excessive debt or bankruptcy ^{1,2} | 1 | 11.1 | 2 | 6.3 |
| | Job problems ^{1,2} | 7 | 77.8 | 24 | 75.0 |
| | Supervisor/coworker issues ^{1,2} | 4 | 44.4 | 18 | 56.3 |
| | Poor performance review ^{1,2} | 2 | 22.2 | 13 | 40.6 |
| | Unit/workplace hazing ^{1,2} | 0 | 0.0 | 1 | 3.1 |
| | No | 33 | 78.6 | 55 | 54.5 |
| | Data unavailable | 0 | 0.0 | 14 | 13.9 |
| Abuse victimization history, any time | Yes | 3 | 7.1 | 28 | 27.7 |
| | Physical abuse ^{1,2} | 2 | 66.7 | 19 | 67.9 |
| | Sexual abuse ^{1,2} | 1 | 33.3 | 17 | 60.7 |
| | Emotional abuse ^{1,2} | 1 | 33.3 | 21 | 75.0 |
| | Sexual harassment ^{1,2} | 0 | 0.0 | 2 | 7.1 |
| | No | 35 | 83.3 | 55 | 54.5 |
| | Data unavailable | 4 | 9.5 | 18 | 17.8 |
| Abuse perpetration history, any time | Yes | 5 | 11.9 | 4 | 4.0 |
| | Physical abuse ^{1,2} | 4 | 80.0 | 2 | 50.0 |
| | Sexual abuse ^{1,2} | 3 | 60.0 | 0 | 0.0 |
| | Emotional abuse ^{1,2} | 2 | 40.0 | 1 | 25.0 |
| | Sexual harassment ^{1,2} | 0 | 0.0 | 1 | 25.0 |
| | No | 34 | 81.0 | 79 | 78.2 |
| | Data unavailable | 3 | 7.1 | 18 | 17.8 |

¹Percents for these variables are based on the number of positive responses to the superordinate category.

Referenced page 14



²SMs could be classified into multiple categories in the same set.

Table G5. Deployment and direct combat history for all 2013 Navy DoDSERs

| | | Sui | Suicide | | Suicide Attempt | |
|--|---|-------|---------|-------|-----------------|--|
| | | Count | % | Count | % | |
| All | | 42 | 100.0 | 101 | 100.0 | |
| History of deployment ¹ | Yes | 25 | 59.5 | 39 | 38.6 | |
| Number of deployments | One ³ | 6 | 24.0 | 21 | 53.8 | |
| | Two ³ | 8 | 32.0 | 15 | 38.5 | |
| | Three or more ³ | 11 | 44.0 | 3 | 7.7 | |
| | No | 16 | 38.1 | 59 | 58.4 | |
| | Data unavailable | 1 | 2.4 | 3 | 3.0 | |
| Ever deployed OIF/OEF/OND ¹ | Yes | 24 | 57.1 | 36 | 35.6 | |
| | Iraq ^{3,4} | 4 | 16.7 | 10 | 27.8 | |
| | Afghanistan ^{3,4} | 8 | 33.3 | 9 | 25.0 | |
| | Kuwait ^{3,4} | 8 | 33.3 | 10 | 27.8 | |
| | No | 17 | 40.5 | 61 | 60.4 | |
| | Data unavailable | 1 | 2.4 | 4 | 4.0 | |
| Events in theater ¹ | Afghanistan | 0 | 0.0 | 0 | 0.0 | |
| | Kuwait | 0 | 0.0 | 1 | 1.0 | |
| | Other theater location | 4 | 9.5 | 4 | 4.0 | |
| History of direct combat ² | Yes | 1 | 2.4 | 3 | 3.0 | |
| | Wounded others combat ^{3,4} | 1 | 100.0 | 2 | 66.7 | |
| | Service member wounded in combat ^{3,4} | 0 | 0.0 | 1 | 33.3 | |
| | Witnessed killing ^{3,4} | 1 | 100.0 | 3 | 100.0 | |
| | Saw bodies of other soldiers ^{3,4} | 1 | 100.0 | 3 | 100.0 | |
| | Killed others in combat ^{3,4} | 1 | 100.0 | 2 | 66.7 | |
| | No | 34 | 81.0 | 78 | 77.2 | |
| | Data unavailable | 7 | 16.7 | 20 | 19.8 | |

¹Deployment data provided by the DMDC for all event types. ²Data on combat exposure were reported in the DoDSER.

Referenced page 14

³Percents for these variables are based on the number of positive responses to the superordinate category.

⁴SMs could be classified into multiple categories in the same set.



Appendix H GLOSSARY

Active Component

Per the Office of the Deputy Chief Management Officer, the Active component is, "the portion of the armed forces as identified in annual authorization acts as 'active forces,' and in section 115 of Title 10 USC as those Active Duty personnel paid from funds appropriated for Active Duty personnel."

Article 15

A provision under the Uniform Code of Military Justice which gives commanding officers ability to impose nonjudicial punishment upon soldiers who commit minor offenses within their units.

death-risk gambling

Any game of chance with death or serious injury as a potential outcome. Examples include "Russian roulette."

deployment

Per the Office of the Chairman, the Joint Chiefs of Staff, a deployment is defined as "a troop movement resulting from a Joint Chiefs of Staff (JCS)/combatant command deployment order for 30 continuous days or greater to a land-based location outside the United States. This deployment location does not have permanent U.S. military medical treatment facilities (i.e., funded by the Defense Health Program) and may or may not be directly supported by deployed medical forces." SMs who deployed and had at one location identified as part of Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF), or Operation New Dawn (OND) were considered to have been OEF/OIF/OND deployed. Per the RAND report, "Army Deployments to OIF and OEF," 2010, the identified locations included: Afghanistan, Bahrain, Djibouti, Iraq, Kuwait, Kyrgyzstan, Oman, Qatar, Saudi Arabia, and Uzbekistan. Additionally, the sea boundaries of the Red Sea, the Gulf of Aden, the Gulf of Oman, and the Arabian Sea, north of the 10°N latitude and west of the 68°E longitude and the air space over all countries and sea boundaries listed above.

duty status

SMs are considered to be in a duty status if they are members of the Active Component and are not identified as being AWOL or in a deserter status. Per the Office of the Assistant Secretary of Defense for Reserve Affairs, SMs of the Selected Reserve are in a duty status if they are identified as currently engaged in Drill or Training, or being in the Simultaneous Membership Program, Active Guard/Reserve, or Full-Time Support.



medical evaluation board Informal proceeding evaluating the medical history of a SM to determine how the injury/disease will respond to treatment protocols. This is used to determine if the medical condition and/or physical defect will render the SM unfit for duty.

planned and/or premeditated Evidence the event was planned and/or premeditated includes verbal discussion of plan, written notes, email/chat-room discussion, or other evidence of plan such as preparatory behaviors (e.g., giving possessions away, purchase of materials to facilitate suicide, etc.).

polypharmacy Being prescribed any four or more medications taken concurrently with any one of them being a psychotropic or central nervous system depressant.

psychotropic medications A type of medication that directly affects the mental, emotional and behavioral states when consumed by an individual. Such medications are used to treat disorders such as depression or bipolar.

Selected Reserve Per the Office of the Assistant Secretary of Defense for Reserve Affairs, the Selected Reserve "consists of those units and individuals within the Ready Reserve designated by their respective Services and approved by the Chairman, Joint Chiefs of Staff, as so essential to initial wartime missions that they have priority over all other Reserves. All selected Reservists are in an active status...This category includes all Guard and Reserve personnel who have Selected Reserve agreements, whether trained or not.

self-harm (without intent to die) A self-inflicted, potentially injurious behavior for which there is evidence (either implicit or explicit) that the person did not intend to kill himself/ herself (i.e., had no intent to die).

suicidal ideation Any self-reported thoughts of engaging in suicide-related behaviors.

suicide Self-inflicted death with evidence (either explicit or implicit) of intent to die.

suicide attempt A self-inflicted potentially injurious behavior with a non-fatal outcome for which there is evidence (either explicit or implicit) of intent to die.

traumatic brain injury

A traumatically induced structural injury and/or physiological disruption of brain function as a result of an external force that is indicated by new onset or worsening of at least one of the following clinical signs, immediately following the event:

- a) Any period of loss of or a decreased level of consciousness;
- b) Any loss of memory for events immediately before or after the injury;
- c) Any alteration in mental state at the time of the injury (confusion, disorientation, slowed thinking, etc.) Neurological deficits (weakness, loss of balance, change in vision, praxis, paresis/plegia, sensory loss, aphasia, etc.) that may or may not be transient Intracranial lesion. used to treat disorders such as depression or bipolar.



Appendix I ACRONYMS

AFMES Armed Forces Medical Examiner System

AWOL Absent without official leave

CI Confidence interval

CY Calendar year

DMDC Defense Manpower Data Center

DoD Department of Defense

DoDSER Department of Defense Suicide Event Report

MTF Medical treatment facility

OEF Operation Enduring Freedom

OIF Operation Iraqi Freedom

OND Operation New Dawn

OTC Over the counter

SELRES Selected Reserve

SM Service member

SPPM Suicide Prevention Program Manager

T2 National Center for Telehealth & Technology

TDY Temporary duty



Appendix JFEEDBACK & SUGGESTIONS

In a continuing effort to provide an annual DoDSER that is useful to the DoD community it serves, we request your feedback on the information we've provided and your suggestions for ways we could make the DoDSER annual report more useful.

Please return your completed survey by mail, fax, or email to:

National Center for Telehealth & Technology (T2)
9933 West Hayes, Joint Base Lewis-McChord, WA 98431
Fax: 253.968.4192
suicide.reporting@us.army.mil

| | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree |
|---|-------------------|--------------|----------|----------|----------------------|
| I found the information in the 2013 DoDSER Annual Report helpful. | | | | | |
| What other statistics or comparisons would you like | to have in fu | iture annual | DoDSER r | eports? | |
| How did/will you use this report? | | | | | |
| Do you have any other feedback or suggestions? | | | | | |
| Optional | | | | | |
| Name: | Title: | | | | |
| Organization: | Dhanai | | | | |



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National Center for Telehealth & Technology (T2)

Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury (DCoE)

t2.health.mil