

PLAN FOR THE 3 Fs

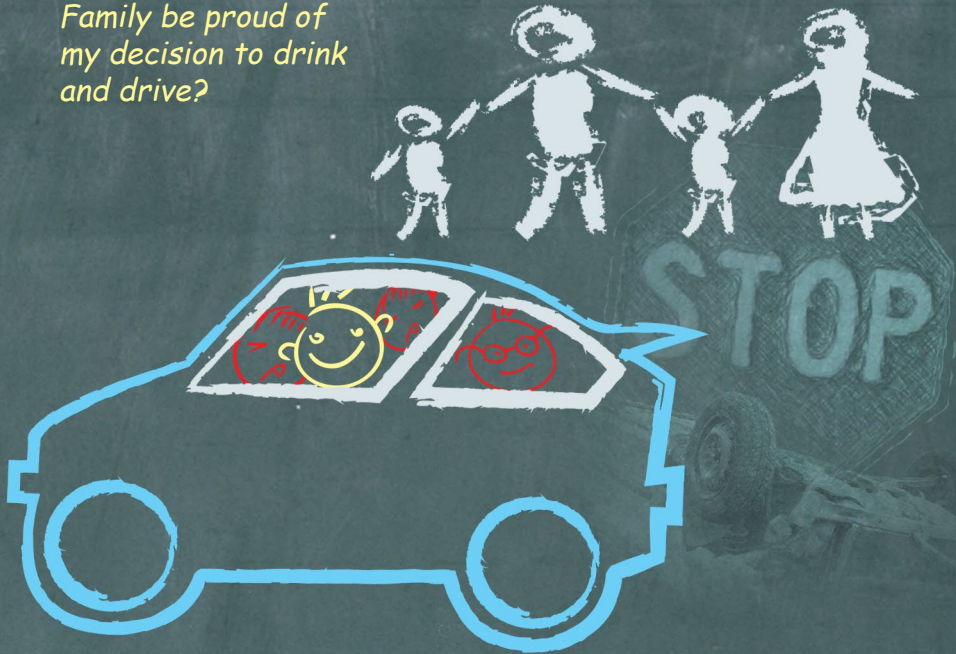
Family, Friends, Future

When you start planning your evening, keep your 3 Fs at the forefront of your mind. Ask yourself the tough questions.

• Would my parents and Family be proud of my decision to drink and drive?

• Will my Friends support me if I kill someone while driving intoxicated?

• Can my career and my Future in the Army recover from a DUI arrest?



Make a plan

- Designate a driver
- Carry extra money for cab fare
- Carry the unit phone roster
- Find a reputable designated driver service to drive you and your car home
- Start a designated driver program in your unit

Find more information at:

<https://safety.army.mil/povmotorcyclesafety/>

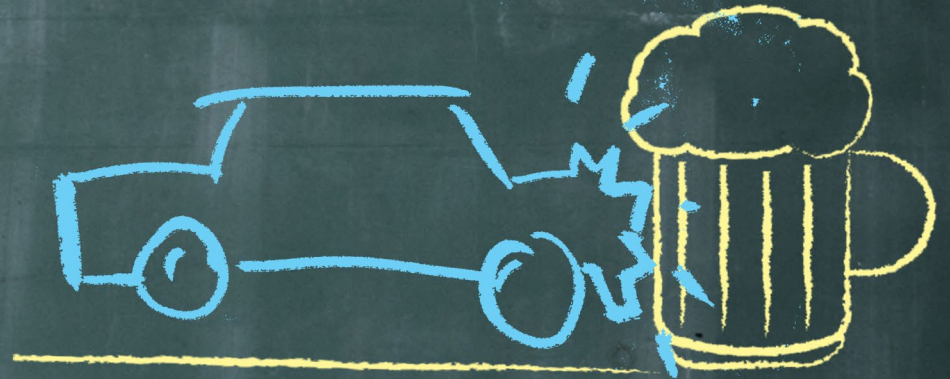
References:

www.drinkinganddriving.org/

www.cdc.gov/vitalsigns/drinkinganddriving

ALCOHOL AND ACCIDENTS

WHEN **F** IS NOT A FAILING GRADE



HALF OF ALL OFF-DUTY ARMY VEHICLE FATALITIES ARE ATTRIBUTED TO INDISCIPLINE.

While driving or riding, you should never drink alcohol. This one act of indiscipline can be the difference between living and dying.

In school, getting an A was always great, and an F meant failure. Sometimes, however, if we prepare for the F, we can survive.

Three Fs you should always think about before drinking are Family, Friends and Future.



ARMY STRONG:



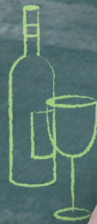
U.S. ARMY COMBAT READINESS/SAFETY CENTER

<https://safety.army.mil>

Beers

Wines

Cocktails



The 3 Fs are intertwined in many ways.

When we do something good in our lives, we see the positive reaction from our Family and Friends, and we see benefits to our Future.

When we make bad decisions, the opposite occurs. Our Family and Friends treat us differently. Maybe it's just bad jokes, or genuine mistrust. Combine this with any financial or legal consequences of our bad decisions, and we've negatively impacted our Future.

Drinking and driving can be one of those major setbacks, especially with Family, Friends and Future.

Only 4 percent of all crashes involve alcohol, but alcohol is a causal factor in 41 percent of all traffic fatalities.

Let's give drinking and driving a quick grade check.

A = Accident

The worst thing that can happen to you is that you get into an accident that kills you, right?

What if you live, but you kill someone else? You could now face criminal homicide charges. There will be property damage and more than likely a civil suit naming you as the responsible party, all because you wanted to party.

B = Bank Account

Before going out, check if your bank account can see you through a night of drinking and driving. Make sure you have \$5,000-\$20,000 available. If you're "lucky" and only get pulled over, here's your tab:

- \$390-\$1,200 court fees and fines
- \$500-\$10,000 legal fees - the better the lawyer, the more you could pay
- \$3,600-\$6,600 increased insurance rates for the next three years
- \$100 state restitution fund
- \$50 alcohol abuse education fund
- \$37 blood or breath testing fee
- \$50 jail cite and release fee
- \$500 driving/alcohol awareness school
- \$100 license reissue fee
- \$187 towing and storage

Total Cost: \$5,514-\$18,824! How much is your monthly pay?

C = Conscience

The embarrassment of your crime will be high. At the very least, supervisors may feel they can't trust you, Family may be ashamed of you, and your Friends may think you're an alcoholic. If you have injured or killed anyone, you will be seen as dangerous, reckless, irresponsible and worthless. Some might even call you a murderer.

D = Dishonorable Discharge

You could face Article 15 penalties and may be tried by court martial under the Uniform Code of Military Justice. The harshest penalty you can receive is forfeiture of all pay and allowances, a dishonorable discharge and confinement.

Planning for the 3 Fs is the best way to pass the night safely!