



Ready and Resilient

What is Ready and Resilient?

- Ready and Resilient empowers Commanders and Leaders to take care of subordinates by providing Soldiers, Family Members and Army Civilians with the training, tools, and resources needed to achieve and sustain personal readiness and optimize human performance.

What Role Do Army Commanders and Leaders Play?

- Army Commanders and Leaders must foster an environment where individuals are treated with dignity and respect; are interveners instead of bystanders; and exemplify the Army Values.
- Commands and Army Leaders must establish a culture of trust and build cohesive teams that possess character and are committed to the Army ethic, are resilient through adversity and thrive in conditions of uncertainty.
- The Army needs adaptive Commanders and Leaders of character who are competent and committed to building the strength and resilience of their people.

Why is Resilience and Personal Readiness Important?

- Resilience enables Soldiers, Army Civilians and Family Members to cope with the stressors of Army Life and therefore perform better which leads to greater personal readiness. Personal readiness is critical to mission readiness. A Ready and Resilient Force is best able to accomplish the mission in complex environments.
- Building a Ready and Resilient Force is paramount to optimal results. Implementing the Army Operating Concept and decentralized operations requires adaptive leaders, cohesive teams and trusted professionals.

What is the Army Doing?

- The Army is taking a holistic look at the personal readiness of the force in an effort to promote positive behavior and reduce acts of indiscipline, negative behaviors and outcomes, and the escalation of the same.
- The Army continues to identify opportunities to reduce redundancy and complexity, and simplify requirements imposed on leaders so they can focus on leading and caring for those in their formations.

Progress To Date

- The Army has refined its Ready and Resilient strategy so that Commanders and Leaders are best equipped to prioritize efforts, focus resources and accept prudent risk to achieve personal readiness, foster an environment of trust, and optimize performance based on their mission.

Strategic Objectives

Strategic Objective 1	Strategic Objective 2	Strategic Objective 3	Strategic Objective 4
Personal Readiness	Culture	Visibility	Policy & Resources
Sustained personal readiness to meet operational requirements	A values-based organization of committed Professionals	Enhanced visibility of personal readiness throughout career	R2 Management that enables Personal Readiness

