## Safety Apps

Most safety apps operate on the same principle. They use different methods to alert police, a group of emergency contacts or a monitoring service with your GPS location. Below, we have outlined our top five choices for safety apps.



**SafeTrek** iOS|Android: SafeTrek is very simple. When you feel that you may be at risk, start the app and hold down the on-screen button. When you feel safe again, release the button and enter a code. If you find yourself in danger, release the button and do not enter a code. The phone sends your GPS location and automatically connects you to the police.



**Kitestring** This SMS based service is free and does not require an app, meaning non-smartphone users can subscribe as well. To use Kitestring you set up a group of emergency contacts, and text Kitestring when you are leaving and how long you will be gone. If you do not check in with a secret passcode, the service automatically notifies your emergency contacts.



**Guardly** iOS|Android: Guardly has a range of options for its customers, including a campus security option that allows schools to subscribe to the service. By activating the app you can automatically alert a

set group of contacts according to the type of emergency you may be having. Pricing varies by subscription.



**Circle of 6** iOS|Android: Circle of 6 lets you easily get in touch with six contacts if you need help. There are three contact options: Come get me, for when you need a safe ride home; Call Me, for when you need an interruption; and I need some advice, for when your are looking for relationship help. The app also contains preprogrammed numbers to national victims' hotlines.



**MyForce** iOS|Android: MyForce maintains a team of on-call technicians who are ready to assist you in case of an emergency. Simply launch the app when you feel you are at risk, then tap the send alert button to immediately connect to an agent. The agent will record, track and listen to what is going on and send help to your area immediately.