

NORTH TEXAS VOLLEYBALL

2016 SUMMER CAMPS

Youth Camp

July 6th & 7th | 10 am - 12 pm | 2nd-8th grade
July 13th & 14th | 10 am - 12 pm | 2nd-8th grade
\$100

These youth camps will focus on the FUNdamental skills of volleyball.

Beginner Serving Camp

July 6th & 7th | 2 pm - 4 pm | 6th-9th grade
July 13th & 14th | 2 pm - 4 pm | 6th-9th grade
\$165

The Beginner Serving Camp is for athletes who want instruction in the fundamentals of serving. The camp is designed to provide athletes repetition using skills that will promote a stronger, more efficient serve.

Setter/Hitter Camp

July 8th & 9th | 10 am - 12 pm | 7th-12th grade
July 15th & 16th | 10 am - 12 pm | 7th-12th grade
\$165

The Setter/Hitter Camp is for athletes who have already established themselves as a setter or hitter and want to improve one of these skills. This session focuses on hitting or setting techniques for improved execution during game situations through intensive training. Players enrolling in this camp should be ready for intermediate and advanced skills training. Campers will be grouped based on position and age, with some variance. Make sure to bring a lunch!

Advanced Serving Camp

July 8th & 9th | 2 pm - 4 pm | 7th-12th grade
July 15th & 16th | 2 pm - 4 pm | 7th-12th grade
\$165

The Advanced Serving Camp is for athletes who have already established a standing float serve and want to focus on creating more power and accuracy. The clinic will introduce athletes to serving strategies used at the collegiate level with a focus on advanced volleyball systems. Players will be exposed to jump float, jump top spin, slide, and short serves.

Defense/Libero Camp

July 11 | 10 am-12 pm and 2 pm-4 pm | 7th-12th grade
July 18 | 10 am-12 pm and 2 pm-4 pm | 7th-12th grade
\$165

This camp is designed for all athletes who want to improve their defensive skills by focusing on passing and defensive techniques; including forearm passing, overhead passing, digging, and diving. This camp is open to all levels and offers a unique approach to a variety of systems and styles that will help athletes with their relationships on the court.

All Skills Camp

July 12 | 10 am-12 pm and 2 pm-4 pm | 7th-12th grades

July 19 | 10 am-12 pm and 2 pm-4 pm | 7th-12th grades

\$165

The All Skills Camp offers the highest level of training to experienced players, and all-around fundamentals for beginning players. The camp is designed to expose campers to the collegiate practice environment. This is a great opportunity for athletes to raise their skill level in a competitive setting and to get a chance to see what it is like to play at the University of North Texas. This camp provides players the opportunity to specialize in the position they desire within groups based on skill level and experience.

Elite Camp

July 20-21 | 9th-12th grade

20th: Check-In: 9 am | Session 1: 10 am-12 pm | Session 2: 2 pm-4 pm | Session 3: 6 pm-8 pm

21st: Session 4: 9 am-12 pm | Check-Out: 12 pm-1 pm

\$275 (Commuter) | \$325 (Overnight)

Our Elite Camp offers a high level of training and increased individual playing time for each athlete. We expect players who attend this session to be very serious about learning advanced volleyball systems and training. A positive attitude and good work ethic are a must in this intensive experience.