

2013-14 NORTH TEXAS TRACK AND FIELD

FACT AND RECORDS BOOK





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TRACK AND FIELD

North Texas Athletics Department

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Mean Green Mission Statement

* To Promote and monitor the educational achievement and personal growth of student-athletes, emphasizing that their educational growth and development is the primary purpose of intercollegiate athletics

* To conduct an athletics program that protects and enhances the physical and educational welfare of student-athletes

* To provide fair and equitable opportunity for all student-athletes and staff participating in intercollegiate sport activities, regardless of gender or ethnicity

* To promote the principles of good sportsmanship and honesty in compliance with the University of North Texas, state, NCAA and conference regulations

* To conduct a competitive athletics program that promotes faculty, staff, student and community affiliation with the University of North Texas

* To serve the community through public service and outreach activities which positively reflect on the University of North Texas and promote good will in the community.

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Track & Field Quick Facts

University Information

Location: Denton, Texas Founded: 1890 Enrollment: 35, 836 Nickname: Mean Green Colors: Green and White Conference: Conference USA President: V. Lane Rawlins Athletic Director: Rick Villarreal Home Facility: Fouts Field Main Athletics Phone: 940.565.2662 School Website: MeanGreenSports.com

Coaching Staff

Director of Track & Field and Cross Country: Carl Sheffield, Jr. Phone: 940.565.4753 Assistant Coaches: Derek Mackel, Pete Abbey, Stephanie Slekis

Athletic Media Relations

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PROFILES → head coach



Carl Sheffield Jr.

Director of Track & Field

Third Year → UTA '93

In just two years, North Texas Director of Track & Field Carl Sheffield has returned the Mean Green program to its former glory.

As helm of the prestigious track and field program at North Texas, Sheffield has led the Mean Green to two conference championships and

two runner-up titles in two years. The women's outdoor program won back-to-back titles in 2012 and 2013, while the women's indoor team picked up second-place honors in 2012 and 2013. The 2012 outdoor title was the best finish for the women since winning the championship in 2003.

Sheffield also guided the men's team to the most individual outdoor champions, five in 2012, since 2008 when North Texas had six individual outdoor champions.

Individually, Sheffield was recognized for his team's success. He was named the Sun Belt Conference Outdoor Coach of the Year in 2012 and 2013. He was also named the indoor coach of the year in 2012.

Under Sheffield, the Mean Green has continued to see success at the national level. North Texas has sent at least one athlete to the NCAA Championships in eight out of the last nine years.

In 2013, track and field sent a combined three athletes to the NCAA Championships. It was the first time three Mean Green athletes participating in individual events have gone to the NCAA Championships since 1983.

Shahaf Bareni's sixth-place finish at the NCAA West Prelims insured her a spot at the NCAA Championships. Bareni placed seventh at the championships with a record-breaking jump of 1.83 meters, leading her to the highest finish in school history.

Steven White finished his career with a third-place finish in the men's 400-meter hurdles in a school record 49.32 at the NCAA Championships. White's third-place finish is the best for North Texas by an individual or relay team since Bill Schmidt finished second in the men's javelin at the championships in 1970.

In 2012, White was named an USTFCAA Second-Team All-American after finishing 14th in the NCAA Outdoor Track and Field Championships in the 400-meter hurdles. White also participated in the U.S. Olympic Trials.

Sheffield spent 12 years coaching as a Mean Green track & field assistant coach from 1996 to 2007 before departing for an opportunity to be the performance coach at the Michael Johnson Training Center in McKinney, Texas.

Under Sheffield's guidance as the sprints and hurdles coach at North Texas, his athletes established or tied over 20 school records and earned more than 70 all-conference awards from 1996-2007. The Mean Green won four team championships while Sheffield was on staff, two on each of the men's and women's side.

He brings enhanced credentials through his work at the Michael Johnson Training Center where he focused on improving the ability of his athletes to integrate linear speed concepts through biomechanics, motor control and performance analysis.

Sheffield began his coaching career as a volunteer assistant at LSU in 1988. The Tigers went on to win a string of 11 consecutive NCAA Indoor and Outdoor Championships. He also coached national-caliber athletes with Nike sponsored teams in Texas and along the Atlantic coast before his first stint at North Texas.

A native of Dallas, Sheffield was one of the top-five hurdlers in the state while attending Skyline High School and attended UTA on scholarship as a high hurdler.

After earning his bachelor's degree from UTA in 1993, Sheffield earned his Master of Science from North Texas in exercise physiology in 1996. In addition to his coaching duties, he served as an adjunct instructor for North Texas from 2005-07 for the Department of Kinesiology.

Carl and his wife, Tara, have two sons, Julian and Aiden.

The Sheffield File

Alma Mater: UTA'93

Coaching Experience

2011-present: Director of Track and Field, North Texas

1996-2007: Assistant Coach, North Texas

* 6 Conference Titles

2000, 2002 Men's Outdoor Champions 2003, 2012, 2013 Women's Outdoor Champions 2005 Women's Indoor Champions

* 3 Coach of the Year Awards 2012 Women's Indoor 2012 Women's Outdoor 2013 Women's Outdoor





Pete Abbey Assistant Coach

Third Year > Eastern Ilinois

Pete Abbey begins his third year with the Mean Green track & field program as the throws coach.

During the 2013 season, he coached senior

Aaron Sirles to the NCAA West Preliminary Rounds. Abbey also help coach John Garrish in setting a weight throw record for the Mean Green.

His first year saw junior Aaron Sirles qualify for the NCAA West Preliminary Rounds for the first time in his career in the discus throw where he would finish just short of advancing to the NCAA Outdoor Championships.

Abbey would also coach Charleston Lewis to a new school record hammer throw in 2012, as well as place Sirles and Cody January on the all-time performance list at No. 2 and No. 4 respectively.

Abbey, who previously served as an assistant coach at North Texas, brings a wealth of knowledge from many different levels of coaching, making previous stops at LSU, Oklahoma and Oklahoma State.

While at LSU, Abbey was a member of three women's track & field national championship teams.

A fifteen-year veteran of coaching, Abbey earned his bachelor's degree from Eastern Illinois University in elementary education.

He has served as the meet director for the Big 8 Cross Country Championships and has been the assistant meet director for the NCAA Championships, USATF Junior Olympics and four SEC meets.



Derek Mackel

Assistant Coach

Fourth Year 🕨 New Mexico

Derek Mackel begins his fourth season as an assistant track & field coach at North Texas after a three-year stint in a similar capacity at the University of New Mexico. Mackel works

primarily with the pole vaulters and jumpers.

In the 2013 season, Mackel took the Mean Green to the next level. Junior Shahaf Bareni advanced to the NCAA Championship meet, finishing seventh in the country while also setting a school record.

The 2012 campaign saw a lot of improvement from the women's pole vaulters as sophomore Sarah Vann took home all-conference honors in both the Sun Belt Indoor and Outdoor Championships.

Mackel also coached sophomore Shahaf Bareni to a Sun Belt Outdoor Championship and a North Texas school record in the high jump as well as a new heptathlon record from junior Chelsea Hermes. Bareni would go on to compete in the NCAA West Preliminary Rounds in Austin, Texas.

His first season at North Texas saw two vaulters and a jumper qualify for the NCAA West Preliminary Rounds. Freshman Terrance Williams won second place and a sport on the US Junior Team at the USA Junior Track and Field Championships. Williams would then win another silver at the Junior Pan American games. Christal Brewster and Jordan Wehr were the two pole vaulters to advance to the NCAA West Prelims. Brewster would finish 22nd and Wehr would take 28th.

At New Mexico in 2010, Mackel coached pole vaulter Kyle Walker to All-Mountatin West Conference honors and a spot in the NCAA West Preliminary Round in the pole vault (17'4"). Mackel, also worked with Sandy Fortner, the Mountain West Conference Heptathlon Champion (5723), a qualifier to the NCAA Outdoor Championhips in the Heptathlon. Fortner was named the Mountain West Female Athlete of the Year in 2010. Mackel also coached three women's vaulters in 2010: Kelly Fortner (12'9"), Lauren Jaramillio (12'1") and Amber Menke (12'1"), as well as numerous others.

In 2008, Mackel mentored pole vaulter Robert Caldwell into the 18' club (18'1), and to a 6th place finish at the NCAA Outdoor Championships. Mackel also coached the throwing events at New Mexico and mentored several walk-ons to personal bests in 1 year, including Briana Paxton (158'10 Discus, 45'0" Shot) and Sarah Smartwood (160'10" Hammer).

Mackel, the 2006 NCAA Midwest Regional pole vault champion, also set the Midwest Regional record in that event (18' 1") and was one of the great success stories in UNM track & field history. He began as an unrecruited walk-on in 2002, with a best vault of under 12' in high school. He improved by more than six feet during his collegiate career to become one of the nation's premier vaulters.

He is a 2006 graduate of the University of New Mexico, receiving his bachelor's degree in university studies and received an master's degree in exercise science from the University of New Mexico in 2010.







Stefanie Slekis

Assistant Coach

First Year → Syracuse '10

Stefanie Slekis begins her first year as the North Texas cross country coach and the assistant coach for track and field in 2013.

In just her first year as the cross-country coach, Slekis led the Mean Green men's team to a second-place finish and the women to a third. Eight runners earned all-conference honors, and Jo Adams went on to earn all-region honors for the second straight year.

Slekis spent the 2012-13 season as a volunteer assistant coach for Florida State's women's cross country and distance track program. During 2011-12, she served as a graduate assistant coach for the distance group at McNeese State, while completing her master's degree at Arizona State.

In her undergraduate career, she competed for Syracuse University cross country and track & field teams and she was a three-time Big East all-academic studentathlete, earning the Athletic Director's honor-roll award all eight semesters.

Throughout her collegiate career, Slekis earned All-Big East honors twice as a senior, finishing eighth in the 3000-meters during the indoor season and fourth in the 3000-meter steeplechase in the outdoor season. Stefanie stood eighth in the NCAA East Region in steeplechase (10:20.68) and was a regional qualifier in the 10,000M (34:52.12).

Her successful career started at Forest Park High School, where she earned 15 allstate honors in cross country and track.

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└→ Men

Name	Event	Class	Hometown	Last School
Bey, Connor	Sprints	So.	Celina, Texas	Celina High School
Campbell, Cody	Distance	So.	Gunter, Texas	Cameron University
Chaillott, Chris	Distance	Fr.	Palestine, Texas	Palestine High School
Clarke, Clinton	Jumps	Sr.	Nassau, Bahamas	Lon Morris College
Coleman, James	Distance	So.	Melbourne, Australia	Wheelers Hill Secondary College
Collins, Clinton	Sprints	Sr.	Fort Worth, Texas	Fossil Ridge High School
Davis, Aaron	Distance	Fr.	Austin, Texas	James Bowie High School
Frazier, Grady	Distance	So.	Tyler, Texas	Adams State University
Hamilton, Anthony	Sprints	Jr.	Chicago, Illinois	Western Texas College
Harrison III, Silvester	Distance	So.	Killeen, Texas	Ellison High School
Heard, Collin	Sprints	Fr.	Dallas, Texas	Bishop Dunne High School
Hita, Alexander	Distance	So.	North Richland Hills, Texas	Birdville High School
Hughes, Dalyn	Jumps	So.	Richardson, Texas	Richardson High School
Justice, Jamison	Sprints	Fr.	Sugar Land, Texas	Travis High School
Kalisky, Tom	Throws	Sr.	Degania Alef, Isreal	Coffeyville CC
Kehoe, Marcus	Pole Vault	So.	Lampasas, Texas	Lampasas High School
Lopez, Lorenzo	Sprints	Fr.	Waco, Texas	Midway High School
McAndrew, Bryce	Distance	So.	Austin, Texas	McNeil High School
Munroe, Stephen	Sprints	Jr.	Nassau, Bahamas	Stephen F. Austin
Oyegoke, Michael	Jumps	So.	Allen, Texas	Allen High School
Pryor, Caleb	Sprints	So.	DeSoto, Texas	DeSoto High School
Richard, Derek	Pole Vault	So.	Richmond, Texas	William B. Travis High School
Russ, Matthew	Distance	Sr.	Nelson, New Zealand	Waimea College
Sowells, Kedron	Sprints	So.	Lancaster, Texas	Lancaster High School
Taylor, Troy	Distance	So.	Rhome, Texas	Northwest High School
Valencia, Alejandro	Distance	Jr.	Rio Rico, Arizona	Pima Community College
Wooten, Marcus	Hurdles	Sr.	Arlington, Texas	Timberview High School
Yaeger, Austin	Distance	Jr.	Dallas, Texas	Bishop Dunne High School



└→ Women

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Name	Event	Class	Hometown	Last School
Adams, Josephine	Distance	Sr.	North Yorkshire, England	Leeds Metropolitan University
Bareni, Shahaf	High Jump	Sr.	Neot Golan, Israel	Beit Yerach
Best, Dominique	Jumps	Jr.	Allentown, PA	University of Cincinnati
Brito, Melissa	Distance	So.	Garland, TX	Garland High School
Burton, Kendria	Hurdles	Sr.	Garland, TX	Naaman Forest High School
Cartwright, Jamilia	Sprints	Jr.	Dallas, TX	Naaman Forest High School
Choi, Allison	Distance	Fr.	The Woodlands, Texas	The Woodlands High School
Clark, Tori	Throws	So.	Arlington, TX	Summit High School
Cortez, Laura	Distance	So.	San Antonio, TX	Antonian College Preparatory
El-Amin, Nadiya	Sprints	Jr.	Austin, TX	McCallum High School
Escobar, Magdalena	Distance	So.	Springtown, Texas	TCU
Finley, Icis	Jumps	So.	Denison, TX	Prairie View A&M
Griffith, Carly	Distance	Sr.	Gruyere, Victoria, Australia	Ringwood Secondary Col.
Henry, Ashley	Sprints	So.	Frisco, TX	Liberty High School
Hernandez, Yvette	Distance	So.	Wheeling, TX	North Mesquite High School
Kittrell, Kylee	Distance	So.	Colleyville, TX	Grapevine High School
Korn, Sarah	Pole Vault	Sr.	Seguin, TX	Navarro High School
Landry, Mona	Sprints/Jumps	So.	Houston, TX	North Shore Senior High School
Lowe, Chianne	Sprints	Fr.	Arlington, TX	Kennedale High School
Lusk, Rachel	Distance	So.	Amarillo, TX	Randall High School
Martin, Jazmine	Jumps	Fr.	Fort Worth, TX	Dunbar High School
McKnight, Deja	Throws	Jr.	Odessa, TX	Odessa High School
McNew, Jessica	Pole Vault	Jr.	White Oak, TX	White Oak High School
Morales, Leesa	Distance	Jr.	Victoria, TX	Victoria East High School
Newton, Kaitlyn	Distance	So.	Anna, TX	Anna High School
Northcutt, Madison	Pole Vault	So.	Granbury, TX	Granbury High School
Nweke, Ngozi	Throws	So.	Carrollton, TX	Carrollton High School
Shauna Pali	Distance	So.	Oamaru, New Zealand	University of Otago
Peters, Elisha	High Jump	Fr.	Alze, TX	Alze High School
Rose, Kandace	Throws	So.	Kemp, TX	Kemp High School
Savoie, Kayla	Hurdles	Jr.	Houston, TX	Hightower High School
Stewart, Chastity	Hurdles	Jr.	Whitehouse, TX	Whitehouse High School
Taylor, Christina	Distance	So.	Invercargill, New Zealand	Southland Girls High School
Thornton, Tytana	Sprints	So.	Dallas, Texas	Carter High School
Welch, Jordan	Throws	Fr.	Plano, TX	Plano East Senior High School
Williams, Michaela	Jumps	So.	Irving, TX	Ranchview High School
Williams, Rhenique	Sprints	So.	Mesquite, TX	Texas Tech
Wilson, Charlotte	Distance`	Fr.	Sydney, Austalia	St. Clair High School





Jo Adams

Distance

Sr. → 5-10 North Yorkshire, England → (Leeds Metropolitan University)

2013-14

Cross Country: Named first-team all-conference and all-region ... Won the Ken Garland

Invitational 5K, 17:48.47) ... Finished third at the Conference USA Championships ... Placed in the top-20 at the Chile Pepper Festival 5K, 18th place (17:49.3) ... Qualified for the NCAA South Central Regionals 6K where she finished in 17th (21:03.7).

2012-13

1500M: Finished ninth at the NCAA West Preliminary round, with a personalbest and school record of 4:15.33 ... At the NCAA Championships finished 16th, her fifth-fastest time of the season (4:20.52) ... Was a three time medalist; Sun Belt Conference champion (5/10/13), Mt. SAC Relays (4/18/13), Texas Relays (3/27/13) **800M:** Indoor and outdoor Sun Belt Conference champion ... Finished third, with her fastest time of the year (2:07.29), at the Beach Invitational.

3000M: Indoor champion at the A&M Invitational and Sun Belt Conference Championships ... Posted a season-best of 9:26.87 at the Iowa State Classic, a second-place finish.

1 Mile: Sun Belt Conference and Howie Ryan Invitational champion, where she ran a record-setting time of 4:49.38

Cross Country: The runner-up in the women's 5K at the SBC Championships ... Received SBC All-Conference First Team honors ... Ran a personal best 21:34.0 6K to cross the line 16th at the NCAA South Central Region Championships ... Earned South Central Region All-Region honors ... Ran a school best 5K time of 17:37.31 at the Ken Garland Invitational ... Received SBC XC Runner of the Week honors for the week of Sept. 21

2011-12

1500M: Qualified for the NCAA West Preliminary Round ... Crossed the line second at the Sun Belt Conference Championships ... Had a season-fast time of 4:26.44 at the 54th Annual Mt. SAC Relays

800M: Grabbed a third-place finish at the SBC Outdoor Championships ... Ran a career-best 2:10.03 at the Texas State Bobcat Classic, taking second

Personal

Daughter of John and Christiane Adams ... Born on March 5, 1990 ... Is working on her master's degree in sport, leisure and recreation.



PROFILES → athlete profiles

Shahaf Bareni ^{High} Jump

Sr. ► 5-7 Neot Golan, Israel ► (Beit Yerach)

2012-13

High Jump/Outdoor: Finished seventh at the NCAA Championships, the highest finish

in school history with a record- breaking jump of 1.83 meters ... A sixth place finish at the NCAA West Prelims insured her a spot at the championships ... Was a three-time champion at the North Texas Classic, TCU Invite and the Michael Johnson Classic ... Runner-up at the Sun Belt Conference Championships and at Drake Relays.

Indoor: Four time indoor champion at the Howie Ryan Invitational, Sooner Invite, Red Raider Open, and the JD Martin Invite ... Was the runner up at the Indoor SBC Championships and the Iowa State Classic ... Posted a record-breaking jump of 1.79 meters at the Howie Ryan Invite.

2011-12

High Jump: Was in the top-25 at the NCAA West Preliminary Round ... Named to the USTFCCCA All-Academic Track and Field team ... Topped out at 1.81 meters for the year at the SBC Outdoor Championships ... Took first-place at the Texas State Bobcat Classic ... Completed the indoor season with a third-place finish at the SBC Indoor Championships ... Finished in the top-10 at every regular season meet.

2010-11

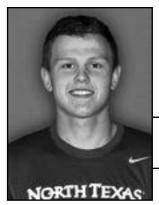
High Jump: Made her North Texas debut at the Sun Belt Conference Indoor Championships and earned a sixth-place finish, clearing the 1.60m bar ... Won the Mean Green Twilight ... Topped out at 1.70m for the year at the Michael Johnson Classic ... Received all-conference honors for her third-place finish at the SBC Outdoor Championships.

High School/Personal

Was the Israel Champion for ages 13-15 in the high jump in 2004-05 and was named the champion for youth and cadets from 2007-09 ... Took third place at the Israel Championship in 2010 ... Attended high school at Beit Yerach ... Daughter of Anat and Yaakov Bareni ... Has two siblings, Yarden and Adva.



PROFILES



Connor Bey

Sprints

So. → 6-1 Celina, TX → (Celina HS)

2012-13

55 Meter Dash: Top 20 at the Sun Belt Conference Indoor Championships with a

time of 6.72

60 Meter Dash: Season-best at the Howie Ryan Invitational 7.23 200 Meter Dash: Four top 25 finishes, including one during the indoor season at the Red Raider Open, Season-best time of 22.35 at the Iowa State Classic Relays: Member of the 4x400 relay, placed second at the JD Martin Invitational

High School/Personal

Was a member of the Celina High School track team that won 3A state, region II 3A and district 10-3A in 2012 ... Named first-team all-district defensive end his senior year ... Selected as second team all-area defensive end ... Was a member of the Celina track team that was runner-ups at state and won region II 3A in 2011 ... Was the district 10-3A 200-meter dash champion his junior year... Was a member of the 4x200 meter relay team that won district and regionals in 2011 ... Won the 200-meter dash at district 9-3A championships ... Son of Joe and Barbara Bey and has one brother, Marcus, and one sister, Morgan ... Born on Aug. 13, 1993.



Melissa Brito



So. → 5-1 Garland, TX → (Garland HS)

2012-13

800 Meter: Took 12th place at the Bobcat Invitational with a personal-best of 2:23.23

1500 Meter: Ran a lifetime-best of 5:05.78 at the Michael Johnson Classic, where she finished seventh overall.

Cross Country: Started the season with a 23rd-place finish at the Ken Garland Invitational ... Ran a personal best 6K in 24:54.9 at the NCAA South Central Region Championships... Placed 64th in the women's 5K run at the Cowboy Jamboree.

High School/Personal

Qualified for cross country regionals two years ... Was a member of the track 5A state runner-up team in 2012 ... Qualified for regionals in the 800-meter run two years ... Lettered four years in track and cross country at Garland High School ... Daughter of Erasto and Hermelinda Brito ... Born on April 20, 1994.



Championship (8.27).

60 Meter Hurdles: Five top five finishes, with a lifetime-best of 8.71 at Howie Ryan Invite where she came in fourth.

200 Meter Dash: Ran a time of 26.52 at the JD Martin Invitational and the SBC Indoor Championships.

Relays: Member of the eighth-place 4X400 meter relay at the Howie Ryan Invite... Silver medalist on the distance medley relay at the SBC championships

2011-12

60 Meter Hurdles: Had a personal-best 60 hurdles time of 8.88 at the Texas A&M 10 Team Invitational.

400 Meter Hurdles: Won first place with a time of 1:02.08 at the Michael Johnson Classic.

Relays: Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships ... Second-place finish at the John Jacobs Invitational.

2010-11

Was injured.

High School/Personal

Was the TAAF State Champion in the 100-meter hurdles and a USATF National Qualifier ... Three-time district champion ... Daughter of Ken and Sharon Burton ... Has one sister, Sharonda Cooks ... Great granddaughter of North Texas football great Abner Haynes.

Kendria Burton

Hurdles

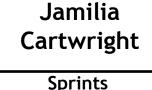
Sr. ► 5-3 Garland, TX ► (Naaman Forest HS)

2012-13

55 Meter Hurdles: Finished in the top 16 at the Sun Belt Conference Indoor







••••

Jr. → 5-8 Dallas, TX → (Naaman Forest HS)

2012-13

200 Meter: Finished in 11th place at the Sun

Belt Conference Outdoor Championships, with a lifetime best of 24.70. **400 Meter:** Had a personal-best with a fifth-place finish at the SBC Outdoor championships (54.75 ... Two additional top-eight finishes at the North Texas Classic and the UTEP Invitational.

Relays: Defending member of the 4X400 Meter SBC Outdoor championship relay team ... Earned a bronze medal at the Baylor Quad 4X400 Yard relay.

2011-12

200 Meter: Ran a season-best time of 24.90 at the John Jacobs Invitational.400 Meter: Had a career-best time of 56.13 at the SBC Outdoor Championships .Relays: Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships.

High School/Personal

Four-time regional qualifier ... Took first place in the 400m at the district meet ... Named team captain her senior year ... Daughter of Jamie and Roderick Cartwright ... Has five siblings, Jeremy, Joshua, Jametrial, Hannah and Matthew.



Victoria	
Clark	

Throws

So. ► 5-9 Arlington, TX ► (Summit HS)

2012-13

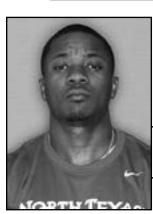
Shot Put: Posted a lifetime-best distance of 14.02M at the Red raider Open, placing

her second overall ... Finished fourth at the Sun Belt Conference Outdoor Championships, with her second longest throw of the season (13.56M). **Discus Throw:** Threw a season-best distance of 45.54M, placing her sixth at the North Texas Classic... Finished fourth at the Baylor Quad, highest finish of the season.

Hammer Throw: Had a fourth-place finish at the Red Raider Open where she posted a season-best of 45.07M, tying her previous finish at the UTEP Invitational. Weight Throw: In the indoor season finished in 13th place with a distance of 13.32.

High School/Personal

Placed fifth in discus at state in 2012 ... Was a four-time regional qualifier in discus ... Placed fifth at state in powerlifting two years ... Qualified for regionals in powerlifting all three years she lettered ... Broke all school records for her powerlifting class ... Broke the school's discus record twice in high school ... Lettered four years in track and field at Summit High School ... Daughter of Victor and DeMonica Clark ... Sister of Dominique and Victor II ... Born on July 17, 1994.



PROFILES → athlete profiles

Clint Clarke

Jumps

So. ► 5-10 Nassau, Bahamas ► (Lon Morris Col.)

2012-13

Long Jump: Had the highest finish of the indoor season at the Sooner Invitational,

6.73M was the 10th longest jump ... The outdoor season placed in the top ten at four meets, including a fourth-place finish at the TCU Invitational where he jumped a season-best of 7.15M.

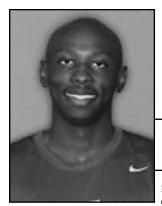
Triple Jump: Placed in the top-ten at all four indoor invitational ... In the outdoor season finished second at the Baylor Quad... Had s season-best performance at the Michael Johnson Classic (14.33M).

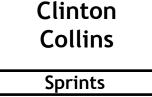
Lon Morris College/Personal

Was a NJCAA Academic All-American as a freshman at Lon Morris College ... Finished 13th in the triple jump at the NJCAA Track & Field Championships in 2012 ... Son of Clinton and Pauline Clarke ... Born on May 26, 1992.



PROFILES→ athlete profiles





Sr. → 6-1 Fort Worth, TX → (Fossil Ridge HS)

2012-13

60 Meter Dash: Placed in the top five at the JD Martin Invitational, posted a season-best time

of 6.93.

200 Meter Dash: Was the runner-up at the Sun Belt Conference Indoor Championships ... Placed second at the North Texas Classic with a season-best of 21.18 ... Finished fifth at the SBC Outdoor Championships.

400 Meter Dash: Set the school record at the Iowa State Classic 46.50 ... Was the Sun Belt Conference Indoor Champion ... Qualified for the NCAA West Preliminary Round ... Placed third at the SBC Outdoor Championships **Relays:** Was a member of the 4X400 meter relay that place third at the SBC Indoor Championships ... During the outdoor season ran on the 4X100 meter, 4X400 meter and 4X400 yard relays.

2011-12

200 Meter Dash: Had a season-fast 21.01 at the SBC Outdoor Championships. **400 Meter Dash:** Competed at the NCAA West Preliminary Round ... Ran his career-best in 46.43 at the SBC Outdoor Championships ... Won the SBC Indoor Championships.

Relays: Was a leg of the 4x100 meter relay team that won first place at the SBC Outdoor Championships ... Was a member of the 4x400 meter relay team that took first at the SBC Indoor Championships .

Academics: Named to the USTFCCCA All-Academic Track and Field team.

2010-11

200 Meter Dash: All-conference performance at the Sun Belt Conference Indoor Championships by finishing in third place ... Qualified for the finals at the SBC Outdoor Championships.

400 Meter Dash: All-conference performance at the SBC Indoor Championships, finishing in third place... Qualified for the NCAA West Preliminary Rounds with a season-fast time of 21.36... Qualified for the finals at the SBC Outdoor Championships, but was injured during the 400 meter race and finished 8th. **Relays:** Was a member of the 4x400 relay team that took 20th in the West Region.

High School/Personal

Finished second at the US High School Indoor meet with a time of 47.56 ... Registered the second-fastest high school time indoors in the 200 ... Took third in the state at the 5A outdoor meet ... Named to the 2009 Texas 4A All-State team ... Won the UIL Region I Championship in the 400 meter dash with a time 47.52 seconds ... Was a two-time all-district runner ... Son of Barrato and Rhonda Collins ... Born December 14, 1991 ... Has two brothers, Barrato and Emmanuel, as well as a sister Shondra.



Laura Cortez

Distance

So. ► 5-3 San Antonio, TX ► (Antonian College Preparatory)

2013-14

Cross Country: Competed at the NCAA

South Central Regionals ... Placed in the top-20 at the Ken Garland Invitational 5K, 18th (19:42.17) ... Posted a season-best 5K at the Chile Pepper Festival 5K, 96th place (19:29.6).

2012-13

1 Mile: Finished in the top-eight three times during the indoor season ... Ran her fastest mile in 5:23.47 at the Red Raider Open.

3000 Meter: Competed at the Howie Ryan Invitational, where she posted a season-best of 10:47.94.

1500 Meter: Ran an outdoor season-best time of 4:55.66 at the Michael Johnson Classic, where she placed fourth, her highest finish of the season ... Had three other top-ten finishes throughout the outdoor season.

Cross Country: Captured a 20th-place finish in the Ken Garland Invitational 5K ... Ran a career best 6K in 24:08.3 at the Chile Pepper Festival ... Finish 46th at the SBC Championships ... Ran a 25:07.6 6K at the NCAA South Central Region Championships.

High School/Personal

Named academic all-state as well as cross country three years ... Was a member of Antonian College Preparatory's back-to-back-to-back TAPPS 5A cross country state championship teams ... Qualified for state in the 3200-meter run her freshman year and regional's in the 800-meter run in 2012... Named first team all-district for soccer as well as state honorable mention her senior year... Lettered in four years in soccer, and two years in track and cross country.



Nadiya El-Amin

Sprints

Jr. → 5-5 Austin, TX → (McCallum HS)

2012-13

Member of the 2012-13 Sun Belt Conference Outdoor Championship team.

55 Meter Dash: Ran to a 12th-place finish at the Sun Belt Conference Indoor Championships (7.22).

200 Meter Dash: Posted a lifetime-best of 25.24 at the SBC Indoor Championships, finishing 15th ... Placed second at the SBC Outdoor championships, just off her personal-record (24.27)... Finished in the top ten at the UTEP Invite and the Red Raider Open.

100 Meter Dash: Ran to a sixth-place finish with a personal-best 11.99 at the SBC Outdoor Championships ... Finished in the top eight at the North Texas Classic. **Relays:** Was a member of the 4X400 meter relay that took first at the SBC Outdoor Championships and second at the SBC Indoor Championships ... Was a member of the bronze medalist 4X100 relay team at the SBC Outdoor Championships.

2011-12

100 Meter Dash: Ran a career-best of 12.20 at the John Jacobs Invitational ... Ran at the SBC Indoor Championships.

200 Meter Dash: Posted a personal-best time of 24.85 at the John Jacobs Invitational ... Competed at the SBC Outdoor Championships.

Relays: Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships.

High School/Personal

Qualified for the 4A state championship her junior and senior year ... Won both the 100 and 200 regional finals her senior year ... Daughter of Wanda El-Amin ... Has three siblings, Corey, Jamal and Zannah.



Carly Griffith

Distance

Sr. → 5-7 Victoria, Australia → (Ringwood Secondary College)

2013-14

Cross Country: Competed at the NCAA South Central Regionals ... Had a season-best

5K at the Conference USA Championships (19:24.69).

PROFILES → athlete profiles

2012-13

Did not compete due to injury.

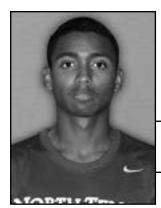
2011-12

10,000 Meter: Shaved off two minutes from her time from the previous season.5,000 Meter: Improved her time to 18:01.06 from 19:01.96 earlier in the season ...Participated at the SBC Outdoor Championships.

Cross Country: Participated in the NCAA South Central Regional Championships ... Took 26th at the Baylor Invitational 4K, helping the women to a secondplace overall team finish ... Had her best time of 20:21.10 at the Cowboy Jamboree 6K.



PROFILES



Silvester Harrison III

Distance

So. → 5-7 Killeen, TX → (Ellison HS)

2013-14

Cross Country: Placed in the top-40 at the NCAA South Central Regionals ... Finished in

13th at the Conference USA Championships, earning second-team all-conference honors \dots Had a season-best 8K of (25:44.9) at the Chile Pepper Festival.

2012-13

1 Mile: Ran a season-best of 4:17.84 at the JD Martin Invitational ... Placed seventh at the Sun Belt Conference Indoor Championship, with his second-fastest time of the season.

1500 Meter: Finished second at the Baylor Quad... Posted a season-best time of 3:57.07 at the North Texas Classic where he cross the finish line in fifth.

3000 Meter: Had his highest finish of the season at the Howie Ryan Invitational ... Posted top time of 8:34.41 at the Sun Belt Conference Indoor Championships, placing seventh overall.

5000 Meter: Posted a season-best time of 14:44.26 at the Iowa State Classic Indoor meet ... Top 15 at the SBC Indoor Championships and two times during the outdoor season.

10000 Meter: Ran a time of 30:59.71, a ninth-place finish at the SBC Outdoor Championships.

Cross Country: Won first-place in the four-mile run at the Ken Garland Invitational with a time of 20:25.00 ... Ran a 27:13.48 8K at the Cowboy Jamboree ... Finished 58th at the Chile Pepper Festival 10K run with the time of 32:19.4 ... Finished 21st in the men's 8K with the time of 26:07.7 at the SBC Championship ... Placed 52nd with a 32:41.4 10K run at the NCAA South Central Region Championships.

High School/Personal

Qualified for regional's in cross country and track all four years ... Was a state qualifier in cross country two years ... Lettered in soccer three years ... Named soccer team captain his junior year ... Son of Silvester and Nancy Harrison ... Born Jan. 11, 1994 ... Has one brother, Drayton Harrison ... Was valedictorian of his graduating class.



Ashley Henry

Sprints

So. ► 5-3 Frisco, TX ► (Liberty HS)

2012-13

Member of the 2012-13 Sun Belt Conference Outdoor Championship team

55 Meter Dash: Posted a lifetime-best of 7.32 at the Red Raider Open, finished 12th overall.

60 Meter Dash: Competed at the Sooner Invitational where she ran a personalbest of 7.87.

100 Meter Dash: Had a season-high finish at the North Texas Classic, fourth place (11.94).

200 Meter: Finished third at the Sun Belt Conference Outdoor Championships, lowering her personal-best recorded from her fourth-place finish at SBC Indoor Championships ... Posted a season-best at the UTEP Invitational (24.20). **Relays:** Took first as a member of the 4X100 meter relay at the NT Classic

... Was a member of the second-place 4X400 meter relay at the SBC Indoor Championship.

High School/Personal

Qualified for regionals in the long jump and 100-meter dash in 2012 ... Lettered three years at Liberty High School in Frisco ... Placed third at regionals in the 4x100 meter relay and the 4x200 meter relay as a freshman at Ranchview HS ... Daughter of Craig and Teresa Henry ... Born on Nov. 3, 1993.







Yvette Hernandez

Distance

So. → 5-2 Lufkin, TX → (Lufkin HS)

2013-14

Cross Country: Qualified for the NCAA South Central Regionals 6K ... Completed the 5K

at Conference USA Championships in 18:55.65, a 50th-place finish and lifetimebest time ... Two top 20 finishes at the Gerald Richey Invitational 5K, 16th place (19:31.7) and the Ken Garland Invitational 5K, 19th place (19:45.41).

2012-13

1500 Meter: Finished in the top 16 at the TCU Invitational with a time of 5:09.52. **Cross Country:** Finished 65th in the Cowboy Jamboree 5K in 20:52.17 ... Participated in the Chile Pepper Festival 6K run ... Ran a personal best 5K in 19:41.5 placing 39th at the SBC Championships ... Ran a career-best 6K in 24:05.4 at the NCAA South Central Region Championships.

High School/Personal

Named Newcomer of the Year in 2011 at North Mesquite High School ... Selected as Outstanding Runner in 2012 ... Lettered in track two years ... Was a member of the National Society of High School Scholars ... Daughter of Jose and Gabriela Hernandez ... Born Sept. 13, 1993 ... Has two brothers, Omar and Alex.



2013-14

Cross Country: Member of the secondplace Conference USA Championship team,

Alexander

Hita

Distance

So. ▶ 5-7

North Richland Hills, TX →

(Birdville HS)

where he placed 45th (26:57.86) ... Finished in ninth place at the Bear Twilight Invitational 6K (19:03.3), helping his team to a first-place finish ... Was 13th in Ken Garland Invitational 4 mile, (21:31.10).

2012-13

800 Meter: Finished in the top-five twice during the indoor season, fifth at the Sun Belt Conference Championships and fourth at the Sooner Invite ... Posted a personal-best of 1:55.55 at the Michael Johnson Classic, finishing in eighth place. **1 Mile Run:** Posted a season best of 4:26.84 at the Red Raider Open, an eighth-place finish.

1500 Meter: Finished third at the Bobcat Invitational with a time of 3:57.84, had three additional top-16 finishes during the outdoor season.

3000 Meter: Placed in 16th overall at the Howie Ryan Indoor Invitational, with a time of 9:03.89.

Relays: Member of the distance medley relay that placed second at the SBC Indoor Championships.

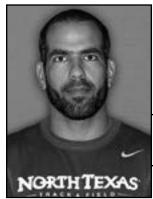
Cross Country: Participated in the Cowboy Jamboree finishing the 8K run in 26:57.53 ... Finished 99th at the Chile Pepper Festival with a 32:55.9 10K run ... Finished 16th in the men's 8K run with a time of 26:01.1 at the SBC Championships ... Crossed the line in 33:14.6 at the NCAA South Central Region Championships.

High School/Personal

Ran cross country and track for four years at Birdville High School ... Was a cross country state qualifier his senior year ... Qualified for cross country regional's all four years ... Named Newcomer of the Year ... Was named Runner of the Year twice ... Qualified for track regional once ... Son of Gilbert and Leticia Hite ... Born Aug. 17, 1994 ... Has two siblings, Tony and Jennifer.



PROFILES → athlete profiles



Tom Kalisky

Throws

Redshirt Jr. → 6-1 Israel → (Coffeyville CC)

2012-13

Javelin Throw: Placed in the top-two twice during the outdoor season ... at the UTEP

Invitational had a season-best distance of 59.24 meters.

Coffeyville CC/Personal

Won a NJCAA National Title in javelin at Coffeyville Community College ... Currently holds the school's javelin record of 65.42 meters ... Was the national runner-up in javelin at Coffeyville in 2011 ... Named first team NJCAA All-American in 2012 ... Named second team NJCAA All-American in 2011 ... Son of Ben-Ami and Hana Kalisky ... Was born April 23, 1988.



Kylee Kittrell

Distance

So. ► 5-3 Colleyville, TX ► (Grapevine HS)

2013-14

Cross Country: Member of the third-place team at Conference USA Championships,

where she finished 85th place in the 5K ... Posted a personal-best 5K at the Ken Garland Invitational (19:36.86) placing 17th overall ... Competed at the Bear Twilight Invitational, finished in 58thin the 4K (15:31.2).

2012-13

Cross Country: Notched a 21st-place finish in the Ken Garland Invitational 5K ... Crossed the line third for the Mean Green at the Cowboy Jamboree ... Ran a personal best 6K in 24:46.9 at the Chile Pepper Festival ... Ran a 19:52.4 5K at the SBC Championships ... Participated in the NCAA South Central Region Championships.

High School/Personal

Was the individual cross country district 5-5A champion ... Was a member of the cross country district 5-5A champion team three years running... Was a member of the cross country district 5-5A runner-up team ... Qualified for cross country regionals all four years ... Qualified for track regionals in the 3200 and 1600 meter races ... Daughter of Ken & Kristine Hall and Kevin & Sarah Kittrell ... Born June 23, 1994.



Marcus Kehoe

Pole Vault

Redshirt Fr. → 5-10 Lampasas, TX → (Lampasas HS)

2012-13 Redshirted.

High School/Personal

Lettered two years in football and three years in track & field ... Holds a school track record ... Was a two-time pole vault district champion ... Was a regional champion in pole vault ... Was a state qualifier in pole vault ... Named to first-team all-district as a running back ... Named to the second-team all-area as a running back ... Named first-team academic all-state ... Son of Mark and Kara Kehoe ... Born Sept. 30, 1993 ... Graduated in the top 10 percent of his class ... Was an early graduate ... Was a member of National Honor Society.





Sarah Korn

Pole Vault

Sr. → 5-3 San Antonio, TX → (Navarro HS)

2012-13

Member of the 2012-13 Sun Belt Conference Outdoor Championship team.

Pole Vault: Posted a season-best of 3.54 meters at the Red Raider Open ... Finished in 10th at the Sun Belt Conference Outdoor Championships, one of seven top-10 finishes throughout the season.

2011-12

Pole Vault: Finished the season with a third-place finish in the pole vault at the SBC Outdoor Championships ... Placed seventh in the pole vault at the SBC Indoor Championships ... Started the season with a fourth-place finish in the pole vault at the JD Martin Invitational Duals ... Collected eight top-nine finishes this season.

2010-2011

Pole Vault: Finished fourth at the UTA Bobby Lane Invitational in the pole vault, clearing 3.35m ... Followed up that performance with a season-high tying clear of 3.45m at the John Jacobs Collegiate Invitational ... Finished fifth at both the TCU Invitational and the North Texas Classic.

High School/Personal

Collected a silver medal at the Texas 2-A State Championship in both 2009 and 2010 ... District champion pole vaulter in her final three years of high school (2008,09,10) ... Named to the San Antonio Express-News All Area Track & Field Team in 2009 and 2010 ... Holds the current Navarro record for pole vault at 11"6' ... Was her class Salutatorian and a National honor Society officer ... Daughter of Gary and Susan Korn ... Born October 2, 1991 ... Has two siblings, Travis and Rachel.



PROFILES
→ athlete profiles

Mona Landry

Sprints/Jumps

So. ► Houston, Tx ► (North Shore Senior HS)

2012-13

Member of the 2012-13 Sun Belt Conference Outdoor Championship team.

55 Meter: Posted a lifetime-best of 7.12 at the Sun Belt Conference Indoor Championships, finishing in fifth, one of five top-10 finishes collected this season.60 Meter: Tied her season-best time of 7.76 at the Sooner Invitational, Howie Ryan Invitational, and the JD Martin Invitational where she finished fourth, her highest of the season.

100 Meter: Was second at the North Texas Classic, 11.79 with her fastest time of the season ... Finished in the top-five at the UTEP Invite and the Michael Johnson Classic.

Long Jump: Won the JD Martin Invite, with a 5.66 meter jump ... Had six top-10 finishes during the indoor season ... Finished eighth at the Sun Belt Conference Outdoor Championships, posting a personal-best of 5.93 meters ... Collected six top-eight finishes throughout the outdoor season.

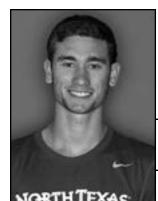
Relays: Was a member of the 4X100 meter relay that took first at the North Texas Classic... Finished in third at the SBC Outdoor Championships.

High School/Personal

Qualified for state in the 100-meter dash in 2012 ... Took first place in the 100-meter dash at regionals ... Was a member of the three-time 4x100 meter relay district champion team ... Was a two-time district champion in the 100-meter dash and the long jump Was a member of the 4x200 meter relay team that won districts twice ... Lettered three years in track and field at North Shore Senior High School ... Daughter of Jeffery Ceasar ... Born on Jan. 17, 1994.







Bryce McAndrew

Distance

So. → 6-2 Austin, TX → (McNeil HS)

2013-14

Cross Country: Finished in 21st place at the Conference USA Championships (26:14.52),

naming him third-team all-conference, and helped the team to a second-place finish ... Had two 16th-place finishes, at the Bear Twilight Invitational 6K (19:22.9) and the Ken Garland Invitational 4 mile (21:38.15) ... Competed at the NCAA South Central Regionals.

2012-13

800 Meter: Finished in second at the Bobcat Invitational with a time of 1:53.65 ... Had four top-eight finishes during the outdoor season and three during the indoor ... Placed sixth at the Sun Belt Conference Indoor Championships.

1 Mile Run: Had a season-best mile at the Red Raider Open, 4:19.64, finished second overall.

1500 Meter: Was fourth at the North Texas Classic with a time of 3:56.85. **3000 Meter:** Placed 10th overall at the Ryan Howie Invitational (8:47.30).

Relays: Was a member of the distance medley relay that finished second at the SBC Indoor Championships.

Cross Country: Placed 14th overall to open the season with a 15:37.8 5K run at UTA ... Grabbed a third-place finish at the Ken Garland Invitational with the time of 20:51.53 ... Finished the 8K run in 27:11.81 at the Cowboy Jamboree ... Finished 28th in the 8K run with a time of 26:33.6 at the SBC Championship ... Ran a 33:42.9 10K run at the NCAA South Central Region Championships.

High School/Personal

Placed 27th at cross country state his senior year ... Crossed the line third at regionals in 2011 ... Named varsity soccer team captain his senior season ... Led the soccer team to area his senior season ... Was a member of the soccer 5A state runner-up team in 2011 ... Lettered two years in soccer and cross country for McNeil High School ... Son of Robert and Amy McAndrew ... Has two brothers, Dylan and Alec ... Born on March 20, 1994.



Deja McKnight

Throws

Jr. ► 6-0 Odessa, TX ► (Odessa HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

Shot Put: Won the Red Raider Open with a distance of 14.05 meters ... Finished second at the Sun Belt Conference Outdoor Championships ... Had six top-10 finishes in both the indoor and outdoor seasons.

Discus Throw: Had a season-best at the Bobcat Invitational (42.63M)... Placed in the top-12 six times this season.

Hammer Throw: Was 11th at the Bobcat Invite with a distance of 42.20M. Weight Throw: Took sixth at the Red Raider Open, throwing 15.19 meters a season-best.

2011-12

Member of the 2012 Sun Belt Conference Outdoor Championship team. **Shot Put/Discus Throw**:Competed in the discus and shot put at the SBC Outdoor Championships ... Placed ninth in the discus and shot put at the Texas State Bobcat Classic ... Had a career-best discus throw of 39.31 meters at the Michael Johnson Classic ... Collected a total of 16 top-10 finishes during her freshman campaign.

High School/Personal

Advanced to the state meet in 2010 and 2011 ... Was a member of the 2011 all-state track team ... Also lettered in volleyball and basketball ... Daughter of Bruce and Regina McKnight ... Has one brother, Damon.





Jessica **McNew**

Pole Vault

Jr. ▶ 5-3 White Oak, TX → (White Oak HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

Pole Vault: Won the Red Raider Indoor Open with a season-best of 3.55 meters ... Finished seventh at the Sun Belt Conference Indoor Championships and ninth at the outdoor championships ... Had seven top-10 finishes throughout the outdoor season.

2011-12

Member of the 2012 Sun Belt Conference Outdoor Championship team. Pole Vault: Finished the season with a seventh-place finish in pole vault at the SBC Outdoor Championships ... Had a season-high of 3.60 meters at the TCU Invitational, taking fourth ... Had an eighth-place finish in pole vault at the SBC Indoor Championships.

High School/Personal

Advanced to the state championship meet in the pole vault her senior year ... Also competed at the state cross country meet her junior and senior years ... Daughter of Jackie and Teresa McNew ... has six siblings, Kimberly, Stephanie, Cody, Lauren, Jennifer and Jimmy.



PROFILES → athlete profiles

Leesa **Morales**

Distance

Jr. ▶ 5-2 Victoria, TX → (Victoria East HS)

RTH TEX

2013-14

Cross Country: Had a season-best 5K at the Ken Garland Invitational with a 28th-place

finish (20:17.27) ... Competed at the Bear Twilight Invitational 4K, came in 76th place (16:32.8).

2012-13

1 Mile: Finished in the top-eight at the JD Martin Invitational where she posted a season-best time of 5:38.94.

1500-Meter: Had two top-20 finishes during the outdoor season, posting a seasonbest at the North Texas Classic (5:04.44).

Cross Country: Finished the women's 5K in 20:11.8 at the SBC Championships ... Ran a 24:11.4 8K at the NCAA South Central Region Championships.

2011-12

1500-meter: Ran a season-fast time of 4:56.91 at the North Texas Classic. 3000-meter: Started the season with a career-best time of 10:49.44 at the Texas A&M 10 Team Invitational.

Cross Country: Finished 28th at the Baylor Invitational ... Was the fifth scorer for North Texas at the Sun Belt Conference Championships, recording a 26th place finish in the women's second place overall team finish.

High School/Personal

Ran cross country at Victoria East High School ... Received her team's distance award in 2010-11 ... Daughter of Ralph and Cynthia Morales ... Has two siblings, Ralph II and Sarah.





Kaitlyn Newton		
Dista	nce	
So. ↓ Anna, TX ↓		

2013-14

athlete profiles

Cross Country: Posted a season-best 5K at the Conference USA Championships (19:52.77),

finishing 83rd overall with a third-place team finish... Competed in the Bear Twilight Invitational 4K, placed 78th (16:40.3).

2012-13

1 Mile: Ran a 5:33.35 at the JD Martin Invitational, a top-five finish.
3000 Meter: Finished 23rd at the Howie Ryan Invitational with a time of 10:49.05.
Cross Country: Grabbed a 15th-place finish in the women's 5K at the Ken Garland Invitational ... Ran a 19:53.72 6K to finish 46th at the Cowboy Jamboree ... Participated in the Chile Pepper Festival ... Ran a personal best 19:17.2 5K at the SBC Championships ... Ran a career best 6K in 24:02.2 at the NCAA South Central Region Championships.

High School/Personal

Was a cross country district champion three years in a row ... Qualified for cross country regionals three years ... Ran at cross country state in 2011 ... Placed ninth at cross country state her senior year ... Holds Anna High School's two mile cross country race record ... Won track district champion three years ... Was a track regional qualifier three years ... Named MVP three years ... Named Best All Around her junior year ... Daughter of Ardena and Charles Newton ... Born Feb. 28, 1994 ... Has one brother, Ryan.



Madison Northcutt

Pole Vault

Sp. ► 5-5 Granbury, TX ► (Granbury HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

Pole Vault: Won the North Texas Classic in 3.66 meters, a season-best ... Finished in eighth-place at the Sun Belt Conference Outdoor Championships and seventh at the indoor championships ... Had six top-five finishes during the outdoor season.

High School/Personal

Qualified for state in pole vault three years ... Placed sixth in pole vault at state her senior year ... Placed seventh in pole vault at state in 2011 ... Won third-place in pole vault at state in 2010 ... Was regional champion in pole vault in 2011 ... Won back-to-back district championships in pole vault ... Named Field MVP four years ... Set a personal record and Granbury High School record in pole vault with a jump of 12'3 meters ... Lettered in track all four years ... Daughter of Brent and Michelle Northcutt ... Born Aug. 7, 1994 ... Has one sister, Morgan.



Ngozi Nweke

Throws

So. ► 5-10 Carrollton, TX ► (Carrollton HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

Shot Put: Finished in fifth place at the Sun Belt Conference Outdoor Championships with a season-best of 13.50 meters ... Placed in the top-eight twice during indoor and three times in the outdoor season.

Weight Throw: Had a season-best of 13.64 meters at the SBC Indoor Championships, finishing in 19th place.

Discus Throw: Finished 12th at the North Texas Classic posting a season-best of 40.13 meters ... Had two ninth-place finishes, her highest this season, at the UTEP Invite and the Baylor Quad.

Hammer Throw: Posted a season-best of 43.44 meters at the Sun Belt Conference Outdoor Championships.

High School/Personal

Regional Champion in discus her senior year ... Was discus district champion three years ... Qualified for state in discus in 2012 ... Qualified for regionals in discus three years ... Daughter of Scholastica and Clement Nweke ... Sister to Ike, Chioma, Anthony and Nneamaka ... Born June 27, 1994.





Michael Oyegoke Jumps

Allen, TX → (Allen HS)

2012-13

Long Jump: Tied last season's best jump of 6.52 meters at the Red Raider Open, where he

placed 14th ... Finished ninth at the Baylor Quad, highest of the season.

2011-12 (Youngstown State)

Placed seventh in the long jump and took 12th in the triple jump at the Horizon League Championships ... Had a season-best long jump of 6.52 meters at the Duke Invitational taking 12th ... Jumped 6.02 meters at the Northeast Ohio Quad to finish eighth ... Placed ninth in the long jump with a jump of 6.51 meters and competed in the triple jump at the Horizon League Championships.

High School/Personal

Earned two letters in track and field at Allen High School ... Awarded the team's Most Improved Player ... Finished third in long jump at regionals in 2010 ... Was a member of back-to-back district champion teams ... Son of Debbie and Emmanuel Oyegoke ... Has one brother and one sister ... Born on April 6, 1992.



PROFILES → athlete profiles

Caleb Pryor

Sprints

So. → 5-7 DeSoto, TX → (DeSoto HS)

2012-13

60 Meter: Ran a 7.19 at the Sooner Invite, finished 19th overall.

200 Meter: Had a season-best run of 22.25 at the UTEP Inviational ... Placed eighth at the Sooner Invite during the indoor season, his highest finish of the year. **400 Meter:** Ran a lifetime-best of 50.43 at the Sun Belt Conference Outdoor Championships, placing 21st overall.

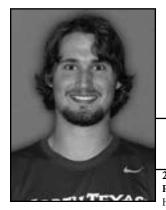
Relays: Member of the 4X100 and 4X400 meter relay that placed third at the TCU Invitational.

High School/Personal

Was a member of the DeSoto 4x400 meter relay team that qualified for state in 2012 ... Qualified for regionals in the 200-meter dash his senior year ... Was a member of the 4x400 meter relay team that qualified for state in 2011 ... Was a member of the 4x100 meter and 4x200 meter relay teams that qualified for regionals ... Qualified for state in the 200-meter dash and the 4x100 meter relay in 2010 ... Qualified for state as a member of the 4x200 meter relay meter and 4x200 meter relay teams in 2009... Was a regional qualifier in the 400-meter dash ... Son of Michael and Stephanie Pryor ... Born Jan. 11, 1994 ... Has one brother, Joshua, and two sisters, Cearra and Elizabeth ... Was a member of National Honor Society in high school.



PROFILES



Derek Richard

Pole Vault

So. ► 6-0 Richmond, TX ► (William B. Travis HS)

2012-13 Pole Vault: Won the Bobcat Invitational ... Had a season-best of 4.70 meters at the Sun

Belt Conference Indoor Championships, where he finished eighth ... Placed ninth at the SBC Outdoor Championships.

High School/Personal

Qualified for state in the pole vault two years in a row ... Was a four-time regional qualifier in the pole vault ... Was named MVP his junior and senior year at William B. Travis High School ... Broke the school's pole vault record all four years ... Son of Kirk and Karen Richard ... Brother of Mitch, Luke and Jillian ... Born on Oct. 2, 1992.



Kandace Rose

Throws

So. ► 6-0 Kemp, TX ► (Kemp HS)

2012-13

Shot Put: Posted a season-best of 13.05 meters at the Bobcat Invite... Placed 10th

at the Sun Belt Conference Championships, one of eight top-10 finishes in both indoor and outdoor competition

Discus Throw: Had a season-best of 28.15 meters at the North Texas Classic

Hammer Throw: Two-time top-10 throws at the UTEP Invite (36.13M) and Baylor Quad

Weight Throw: Competed at the Red Raider Open where she posted a season-best of 12.94 meters

High School/Personal

20

Was a two-time regional qualifier in shot put ... Was district champion for shot put her senior year ... Named Outstanding Thrower two years in a row ... Named to Academic All State in 2012 ... Granddaughter of Billy and Joyce Rose ... Born Sept. 24, 1993 ... Has one brother, Tremayne Anderson, who plays football at Howard College.



Matthew Russ

Distance

Sr. → 5-8 Nelson, New Zealand → (Waimea College)

Cross Country: Earned second-team allconference honors when he finished 11th at the Conference USA Championships ... Qualified

for the NCAA South Central Regionals where he finished in 36th (31:32.6) ... Had a season-best 8K at the Chile Pepper Festival (25:26.9) ... Finished seventh at the Bear Twilight Invitational 4 mile run (19:00.0).

2013-14

2012-13

800 Meter: Set the school record in the indoor season, posting a time of 1:53.17 in the 800M dash ... Won the SBC Indoor Championships ... Placed third at the Sun Belt Conference Outdoor Championships with season-best 1:52.56.

1500 Meter: Finished first at both the North Texas Classic and the Texas Relays... Ran a season-best of 3:46.55 at the Beach Invitational.

1-Mile: Finished third at the Sun Belt Conference Indoor Championships in 4:15.01
 3000 Meter: Crossed the finish line first at the Sun Belt Conference Indoor Championships.

Cross Country: Notched a 25:57.3 8K run time at the Sun Belt Conference Championships ... Earned Sun Belt All-Conference honors ... Ran a season-best 32:39.0 10K run at the NCAA South Central Region Championships finishing 48th overall ... Finished 41st at the Cowboy Jamboree with a 26:22.69 8K run ... Ran a 32:42.9 10K run at the Chile Pepper Festival.

2011-12

800 Meter: Crossed the finish-line fifth at the SBC Outdoor Championships ... **1500 Meter:** Ran a career-best 3:51.48 at the SBC Outdoor Championships ... Won the Clyde Littlefield Texas Relays ... Named SBC Men's Track "Athlete of the Week" for the week of Jan. 18, 2012.

Cross Country: Opened the season with a second-place overall finish at the Metroplex Opener ... Was the top North Texas finisher in three of the six races on the year ... Finished 27th at the Sun Belt Conference Championships with a time of 26:51.4 ... Ran at the NCAA South Central Regional, finishing 47th overall.

2010-11

Track & Field :Collected a second-place finish at the North Texas Open in the 1,500 meter run with a time of 4:01.29 ... Took home third at the 2011 Clyde Littlefield Texas Relays in the 5,000, crossing the line in 14:53.36 ... Registered eight top-five finishes on the year with personal records in the 800, 1,500 and 5,000 meter runs. Cross-Country: Registered two-top five finishes on the year, once at the North Texas Ken Garland Invitational and the other a week later at the Centenary Invite ... Took 30th place in the 8K Sun Belt Conference Championships in 27:09.6 ... In the Baylor Season Opener, he grabbed a 17th-place finish ... Ran at the NCAA South Central Regional.

2009-10

Track & Field: Nabbed a second-place finish at the Sooner Indoor Open with a time of 4:22.41 in the one mile run ... Recorded a season fast time and third-place finish at the Oklahoma Invitational II ... Crossed the line in 8:41.20 in the 3,000 meter run at the North Texas Spring Classic, good enough for second place ... Registered a third-place finish at the prestigious Texas Relays in the 5,000 meter run with a time of 15:12.91.

High School/Personal

Ran track and cross country for coach Greg Lautenslager at Waimea College ... Also played field hockey ... Was fourth at the 2008 New Zealand athletics championship as a senior ... Was the cross country champion all four years in high school ... Finished as the South Island 3000m champion his sophomore year ... Graduated NCEA level 3 with merit ... Has three sisters, Sally, Amy and Mandy ... Is the son of Stephen and Robyn Russ.



Kayla Savoie

Hurdles

Jr. → 5-4 Houston, TX → (Hightower HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

55 Meter: Placed in the top-eight at the Sun Belt Conference Indoor Championships, posting a personal-best time of 7.18. **100 Meter:**

60 Meter: Ran a 7.70 at the Iowa State Classic, one of two top 10 finishes of the season.

200 Meter: Posted a season best at the TCU Invitational 11.90 ... Finished in 13th at the Sun Belt Conference Outdoor Championships and finished sixth at the SBC Indoor Championships.

55 Meter Hurdles: Ran a personal-best of 8.16 at the Red Raider Open, where she finished fifth ... Placed in the top 16 at the SBC Indoor Championships.

60 Meter Hurdles: Had five top-10 finishes ... Posted a lifetime-best at the Howie Ryan Invitational (8.76).

100 Meter Hurdles: Finished ninth at the UTEP Invitational, with a lifetime-best of 14.18 ... Had her highest finish of the season, second place, at the North Texas Classic.

Relays: Was a member of the winning 4X100 meter relay at the North Texas Classic... Finished in third at the Sun Belt Conference Outdoor Championships... Had five top-five finishes... Competed at the NCAA West Prelims.

2011-12

Member of the 2012 Sun Belt Conference Outdoor Championship team. Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships ... Placed third in the 100 hurdles at the John Jacobs Invitational ... Was a leg of the 4x100 meter relay team that placed third at the John Jacobs

Invitational ... Competed in two events at the SBC Indoor Championships.

High School/Personal

Finished fifth at the state track meet in the 100-meter hurdles in 2012 ... Was a member of the back-to-back district champion 4x100 meter relay team ... Was a district champion in the 100-meter hurdles her senior year ... Placed fifth as a member of the 4x100 meter relay team at the state track meet in 2011 ... Was a member of the regional champion 4x100 meter relay team Was a regional runner-up in the 100-meter hurdles and the 4x100 meter relay team in 2011 ... Ran as a member of a 4x400 meter relay team that placed fourth at the Junior Olympics ... Daughter of Kevin and Tonya Savoie ... Her father was an All-American who competed in 110-meter hurdles at the 1988 Olympic Trials ... Born on Nov. 23, 1992.



PROFILES → athlete profiles

Kedron Sowells

Sprints

So. ► 5-9 Lancaster, TX ► (Lancaster HS)

2012-13

60 Meter: Ran a personal-best of 7.08 at the JD

Martin Invitational.

100 Meter: Finished in the top 15 at the Red Raider Open where he posted a lifetime-best of 10.71... Placed fourth at the Bobcat Invitational, his highest finish of the season.

200 Meter: Posted a lifetime-best of 21.96 at the Red Raider Open. **Relays:** Member of the 4X100M relay which finished in third at the TCU Invitational ... Was on the 4X400M relay that placed eighth at the Sun Belt Conference Outdoor Championships.

High School/Personal

Was a member of the three-time track and field state championship team at Lancaster as well as four-time team district champions and four-time team regional champions ... Was a member of the 2012 state champion 4x200 meter relay team that holds the state record ... Was a leg of the 4x100 meter relay 2012 state runner-up team ... Was a member of the2010 state runner-up 4x200 meter relay team ... Was team captain for two years ... Graduated in the top 6 percent of his class ... Son of Patrick and Ina Sowells ... Born on Jan. 27, 1994.



PROFILES → athlete profiles



Chastity Stewart

Hurdles

Jr. → 5-9 Whitehouse, TX → (Whitehouse HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

55 Meter Hurdles: Finished second at the Sun Belt Conference Indoor Championships with at lifetime-best of 7.94... Had three top-four finishes throughout the season.

60 Meter Hurdles: Finished in the top-three five times during the indoor season ... Posted a season-best of 8.56 at the Iowa State Classic.

100 Meter Hurdles: Had a second-place finish at the SBC Outdoor

Championships and ran a lifetime-best of 13.39 ... Crossed the finish line first at the North Texas Classic ... Competed at the NCAA West Preliminary Round where she placed 19th.

400 Meter Hurdles: Set the school record of 59.65 at the SBC Outdoor Championships where she finished second, one of two second-place finishes this season.

200 Meter: Placed second at the JD Martin Invitational ... Had a personal-best run at the Red Raider Open (24.80).

Relays: Was a member of the winning 4X400M relay at the SBC Outdoor Championships ... Finished second at the SBC Indoor Championships.

2011-12

Member of the 2012 Sun Belt Conference Outdoor Championship team. **100 Meter Hurdles:** Competed at the NCAA West Preliminary Round ... Set a career-best time of 13.76 at the SBC Outdoor Championships ... Nabbed a second-place finish at the UTA Bobby Lane Invitational ... Named to the USTFCCCA All-Academic Track and Field team.

Relays: A member of the 4x400 meter relay team that took first at the SBC Outdoor Championships.

High School/Personal

Named All-East Texas her final three years of high school ... Finished second in the 100m hurdles at the 4A State Championship ... Took home second in the 100 hurdles at the 2011 Texas Relays ... Daughter of Sonya Stewart ... Has three siblings, Cordney, Casey and Candis.



Troy Taylor

Distance

So. ► 5-9 Rhome, TX ► (Northwest HS)

2013-14

Cross Country: Finished in ninth place in the Conference USA Championships 8K, earning

second-team all-conference honors with a time of 25:30.35... Helped team to a second-place finish at the conference championships ... Qualified for the NCAA South Central Regionals, finished in 33rd place (31:21.9)... Helped the team to a first place finish at the Bear Twilight Invitational 6K, finished in sixth place (18:55.5)... Highest season finish at the Ken Garland Invitational 4 mile, a third-place finish (20:28.08).

2012-13

800 Meter: Placed fourth at the Baylor Quad Meet with a time of 1:54.80 **1 Mile:** Finished in second at the Sun Belt Conference Championships ... Had a season-best run at the Iowa State Classic (4:11.38).

1500 Meter: Won the Red Raider Open... Placed second at the SBC Outdoor Championships ... Had five top-five finishes... Posted a season-best of 3:51.33 at the Mt. SAC Relays.

3000 Meter: Placed in the top-six at the SBC Indoor Championships ... Ran a personal-best of 8:25.19 at the Howie Ryan Invite.

5000 Meter: Grabbed a fifth-place finish at the SBC Indoor Championships ... Clocked a season-best at the Iowa State Classic in 14:46.41.

Relay: Was a member of the distance medley relay at the Texas A&M Invitational. **Cross Country:** Grabbed a 38th-place finish with the time of 26:11.97 at the Cowboy Jamboree in his first race of his career ... Ran a personal best 10K time of 32:03.9 at the Chile Pepper Festival ... Ran a personal best 8K time of 25:30.8 finishing sixth at the SBC Championships ... Earned SBC Freshman of the Year honors ... Placed 38th in the NCAA South Central Region Championships with the time of 32:10.7.

High School/Personal

Qualified for cross country state two years in a row ... Qualified for cross country regionals all four years of high school ... Was the 3200-meter run runner-up at the state track meet in 2012 ... Participated in track regionals four years ... Lettered four years in track and cross country ... Graduated from Northwest High School ... Son of Shawn and Anthony Taylor ... Has one sister, Carolyn, and one brother, Page ... Born on Sept. 16, 1993.





Christina Taylor

Distance

So. ► Invercargill, New Zealand ► Southland Girls HS 2013-14

Cross Country: Grabbed a season-high finish at the Ken Garland Invitational 5K, 8th place (18:45.03 ... Placed in the top-30

at the Chile Pepper Festival 5K (18:14.4) ... Was in the top-25 at the Conference USA Championships 5K (18:03.44), helping her team to a third-place finish ... Competed at the NCAA South Central Regionals.

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

800 Meter: Had three top-10 finishes in the indoor season ... Ran a season-best of 2:15.64 at the Sooner Invitational.

1 Mile: Placed third at the Sun Belt Conference Indoor Championships with a time of 5:03.63.

1500 Meter: Posted a season-best of 4:35.00 at the Baylor Quad Meet... Grabbed a sixth-place finish at the SBC Outdoor Championships... Had her highest finish of second at North Texas Classic.

3000M Steeplechase: Finished third at the SBC Outdoor Championships with a time of 10:51.85.

Relays: Was a member of the distance medley relay at the SBC Indoor Championships, who finished in second.



→ athlete profiles

Michaela Williams

Jumps

So. ► 5-10 Irving, TX ► (Ranchview HS)

2012-13

Member of the 2013 Sun Belt Conference Outdoor Championship team.

Triple Jump: Had the highest jump of the season of 11.99 meters at the UTEP Invitational ... Was an event winner in both the indoor and outdoor season, JD Martin Invite and the North Texas Classic ... Finished in the top-15 at the Sun Belt Conference Outdoor Championships.

High School/Personal

Lettered in track & field and cross country ... Was a regional champion in triple jump her senior year ... Was a two-time district champion is triple jump ... Qualified for state in triple jump her senior year ... Notched three regional qualifications in 2012 ... Daughter of Danise Johnson ... Born July 9, 1994 ... Has one brother, Michael ... Niece of former Baltimore Ravens and Oregon Ducks football player, Patrick Johnson.





2012-13 Redshirted.

2011-12

Member of the 2012 Sun Belt Conference Outdoor Championship team. Part of the 4x100 meter relay team that placed fourth at the SBC Outdoor Championships ... Ran a season-fast 12.05(w) at the TCU Invitational ... Participated in three events at the SBC Indoor Championships ... Grabbed a second-place finish in the 200-meter dash at the JD Martin Invitational Duals.

High School/Personal

Was a three time qualifier for the state championship ... Ran the second leg for the 4x100 relay team that captured third place at state ... Claimed a district and regional championship ... holds a PR of 11.86 for the 100m dash ... daughter of Tracey Thornton ... Has one brother who plays football at Stephen F. Austin, Darren Robinson ... Has a three-year old daughter, Micayla.



Charlotte Wilson

Distance

So. ► 5-10 Sydney, Australia ► St. Clair HS

2013-14

Cross Country: Grabbed a sixth-place finish in the 5K(17:34.14) at the Conference USA

Championships, making her first-team all-conference ... Led her team to a thirdplace team finish ... Competed at the NCAA South Central Regionals finishing in 26th ... Placed sixth at the Ken Garland Invitational 5K, (18:38.55) ... Was in the top-20 for the Chile Pepper Festival 5K.

2012-13

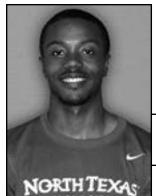
1 Mile: Finished in fourth place at the Sooner Invitational with a time of 5:11.01. **1500 Meter:** Had two top-10 performances... Posted a personal-best of 4:51.43 at the Baylor Quad.

3000M Steeplechase: Was the Sun Belt Conference Champion in 10:34.88... Competed in the NCAA West preliminaries where she ranked in the top-40. **5000 Meter:** Grabbed a fourth-place finish at the SBC Outdoor Championships in a time of 17:37.44.

Relays: Was a member of the distance medley relay that placed second at the SBC Indoor Championships.



PROFILES → athlete profiles



Marcus Wooten

Hurdles

Sr. → 6-0 Arlington, TX → (Mansfield Timberview HS)

2012-13

55 Meter Hurdles: Finished in 18th place with a personal-best of 7.97at the Red Raider Open

60 meter Hurdles: Clocked a lifetime-best of 8.53 at the Howie Ryan. Invitational ... Had four top-20 finishes.

110 Meter Hurdles: Ran a personal-best at the Sun Belt Conference Outdoor Championships (14.94) ... Grabbed three top-five finishes during the outdoor season.

400 Meter Hurdles: Ran to a seventh-place finish at the SBC Outdoor

Championships, where he posted a lifetime-best of 53.28... Was the event winner at the North Texas Classic.

Relays: Was a member of the 4X400M relay in both indoor and outdoor ... Placed third at the TCU Invitational.

2011-12

110 Meter Hurdles: Ran a season-best 15.39 110 hurdles at the UTA Bobby Lane Invitational.

Relays:Was a leg of the 4x100 meter relay team that took first at the SBC Outdoor Championships ... Was a member of the 4x400 meter relay team that finished second at the SBC Outdoor Championships.

2010-11

Finished fifth in the 60 meter hurdles at the Sooner Invitational in 8.57 ... Participated in two meets during the outdoor season, the UTA Bobby Lane Invite and the Michael Johnson Classic.

High School/Personal

Was a District 8-4A runner-up and regional qualifier in the 300 hurdles in 2009 Qualified for the 4A State Championship as a member of the 4x400 relay.



Austin Yaeger

Distance

Jr. ▶ 6-0 Dallas, TX ▶ (Bishop Dunne HS)

2013-14

Cross Country: Had a season-best 8k Chile Pepper Festival (26:49.7) ... Posted a season-

best 4-mile run at the Gerald Richey Invitational 4 mile, 16th place (20:40.8... Member of the second place C-USA Championships team, ran a 27:41.89 8K.

2012-13

800 Meter: Grabbed a first-place finish at the North Texas Classic ... Posted a season-best time of 1:54.10 at Baylor Quad ... Finished ninth at the Sun Belt Conference Outdoor Championships.

1 Mile: Finished in the top-five at the JD Martin Invitational with a time of 4:26.68.

1500 Meter: Posted a season-best at the Michael Johnson Classic 3:56.10 ... Won the North Bobcat Invitational ... Finished in the top-20 at the Sun Belt Conference Outdoor Championships.

3000 Meter: Posted a time of 9:17.59 at the Howie Ryan Invitational. **Relays:** Was a member of the distance medley relay that placed second at the Sun Belt Conference Indoor Championships.

Cross Country: Participated in the Chile Pepper Festival 10K run ... Finished 48th in the 8K run at the SBC Championships with the time of 27:32.7 ... Ran in the NCAA South Central Region Championships 10K run.

2011-12

800 Meter: Grabbed a fourth-place finish at the SBC Outdoor Championships ...Had a career-best 1:54.74 in the 800-meter run preliminary round.1500 Meter: Had a season-best run of 4:02.92 at the North Texas Classic.

Cross Country: Finished eighth at the Metroplex Opener 6K in 20:42... Was the second Mean Green man across the line at the Baylor Invitational where he finished 33rd overall ... Took 45th at the Sun Belt Conference Championships with an 8K time of 27:51.8.

High School/Personal

Ran cross country at Bishop Dunne ... Was the team captain and MVP of the cross country team ... Was captain of the track team ... Ran the 800-meter race in 1:58, 1600-meter race in 4:28, 3200-meter race in 9:38, and five kilometer race in 16:23 ... Named to the All-South Cross Country Team ... Was academic all-state junior and senior year ... Was a three time all-state performer in track ... Tabbed a four-time all-district honoree in track ... Two-time district champion ... Won the state championship as both a junior and senior in the 800-meter run ... Son of Jere Yaegar and Christy Hendrixson.





Dominique Best

Jumps

Jr. → 5-10 Allentown, PA → (Cincinnati)

Transfer/High School

- Was the 2011 ALO Heptathlon Champion - Finished in seventh place in the Big East

Pentathlon in 2012 for Cincinnati

- Named LVAC First Team All-Conference in the 300h, 100h, and long jump
 Participated in varsity track at William Allen High School in Allentown, Pennsylvania
- Brother, Alaric, coaches at University of New Haven



Allison Choi

Distance

Fr. → 5-3 The Woodlands, TX → (The Woodlands HS)

2013-14

Cross Country

- Placed 40th place (21:02.0) at the Gerald

- Richey Invitational 5K
- Finished in 43rd place (21:32.12) at the Ken Garland Invitational 5K
- Finished in 263rd place (21:44.7) at the Chile Pepper Festival 5K

High School

- Was a two-year letter winner in cross country at the Woodlands High School
- Was a school record holder, as member of the 4x800 relay in track
- Was a member of the National Honor Society and the Spanish National Honor Society



Chris Chaillot

Distance

2013-14 Cross Country

- Finished in 48th place (20:14.2) at the Bear Twilight Invitational 6K
- Finishedin 17th place (20:41.3) at the Gerald Richey Invitational 4 mile
- Finished in 28th place (22:50.06) at the Ken Garland Invitational 4 mile
- Finished in 209th place (27:56.9) at the Chile Pepper Festival 8K

High School

- Participated in varsity track and varsity cross country at both Round Rock and Palestine High School
- -Ran a personal record 16:33 five-kilometer race
- -Was a 2011 district champion and regional qualifier
- -Was all-state percussion as a freshman and junior; as well as being an honor student



James Coleman

Distance

Fr. ▶ 5-3 Melbourne, Australia ▶ (Wheelers Hill Secondary College)

2013-14 Cross Country

- Finished in 26th place (19:38.7) at the Bear

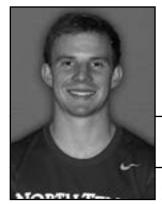
Twilight Invitational 6K

- Finished in second place (20:19.20) at the Ken Garland Invitational 4 mile
- Finished in 35th place (25:29.6) at the Chile Pepper Festival 8K
- Finished in 16th place (25:58.45) at the C-USA Championship 8K
- Finished in 34th place (31:23.9) NCAA South Central Regionals 10K

High School



→ newcomer profiles



Aaron Davis

Distance

Fr. → 5-8 Austin, TX → (James Bowie HS)

2013-14 Cross Country

- Finished in 43rd place (20:06.7) at the Bear

Twilight Invitational 6K

- Finished in 18th place (20:58.4) at the Gerald Ritchey Invitational 4 mile
- Finished in 27th place (22:38.15) at the Ken Garland Invitational 4 mile

High School/Personal

- Ran and lettered in track all four years, lettered in cross country three years
- Had a PR of 4:19.07 for the 1600 meter race and 1:57.18 for the 800 meter race
- Was the team captain for James Bowie High School's cross country team
- Was named academic all-district



lcis Finley

Jumps

Jr. ▶ 5-3 Denison, TX ▶ (Prairie View A&M)

Transfer/High School

- Competed in the long jump as a freshman, for Prairie View A&M

- Holds the Denison High School record for long jump
- Lettered in volleyball, basketball, and track and Field
- Captain for both volleyball and basketball teams
- Was a regional qualifier in 2009, 2011, 2012
- Named all-academic all four years of high school
- Sister Imani Finley is an athlete at Southeastern Oklahoma State University.



Magdalena Escobar

Distance

So. ► 5-3 Springtown, TX ► (TCU)

2013-14 Cross Country

- Finished in 56th place (15:30.8) at the Bear

Twilight Invitational 4K

- Finished in 10th place (18:51.45) at the Ken Garland Invitational 5K
- Finished in 41st place (18:32.1) at the Chile Pepper Festival 5K
- Finished in 24th place (18:08.26) at the C-USA Championships 5K
- Finished in 67th (22:36.0) place at the NCAA South Central Regionals 6K

Transfer/High School

26

- Placed 22nd at the Big 12 Outdoor championships in the 5000M with a personal record of $18{:}07{.}52$
- Posted a preliminary run of 4:50.66 in the 1500 M, 15th place finish in the Big 12
- Was a cross-country state champion and track and field qualifier in 2009-10
- Was a state runner-up in cross country and track in the 1600M and 3200M in 2008-09 $\,$



Grady Frazier

Distance

Fr. ▶ 6-0 Tyler, TX ▶ (Adams State)

2013-14 Cross Country

- Finished in 32nd place (19:53.3) at the Bear

- Twilight Invitational 6K
- Finished in 15th place (21:20.37) at the Ken Garland Invitational 4 mile
- Finished in 91st place (26:26.2) at the Chile Pepper Festival 8K
- Finished in 43rd place (26:53.62) at the C-USA Championships 8K
- Finished in 89th place (33:06.9) at the NCAA South Central Regionals 10K

High School

- Transferred from Adams State University
- Ran a 27:10 in the 8K and a 9:13 in the 3K during the indoor season
- Finished fifth at the cross country state meet in 2012
- Placed second in both the one- and two-mile run at the state meet
- Was all-district for four years and all-state senior year of high school





Anthony Hamilton

Sprints

Jr. → 6-3 Chicago, IL → (Western Texas College)

Transfer/High School - Varsity letter winner in basketball four years, two years in track

 As a junior and senior in high school made the all-conference team in basketball
 Collegiately completed two seasons on outdoor track and one indoor for Western Texas College



Dalyn Hughes

Long Jump

So. ▶ 5-10 Richardson, TX ▶ (Alcorn State)

Transfer/Personal

Transferred from Alcorn State
 Placed seventh in the long jump at the SWAC

championships (23.6)

- Qualified and competed at Junior Olympics in the long jump
- Second team all-district in football
- Lettered three years in track and two years n football

PROFILES

newcomer profiles



- Lettered in both track and football

- Was the track and field captain 2011-13

Collin Heard

Sprints

Fr. → 5-8 Dallas, TX → (Bishop Dunne HS)

High School/Personal - Qualified for Junior Olympics three times

- Was a three-time all-state and district and four-time all-region for Bishop Dunne High School



Jamison Justice

Sprints

Fr. ▶ 5-11 Sugar Land, TX ▶ (Travis HS)

High School/Personal - Was a Fort Bend 400 meter champion - Awarded most valuable track male in 2013

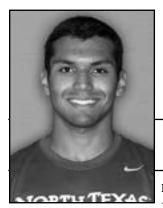
- Lettered in track junior and senior year

- Placed third at AAU Nationals in the 4x400 relay

- Regional qualifier in the 400 meter, finished in fourth place



PROFILES → newcomer profiles





Fr. ▶ 6-2 Waco, TX ▶ (Midway HS)

High School/Personal - Lettered in four sports throughout his high school career swimming, football, cross

country and track

- Posted a personal best of 48.2 in the 400M and 2:03 in the 800M during the 2013 season



Jazmine Martin

Jumps

Fr. → 5-9 Fort Worth, TX → (Dunbar HS)

High School/Personal

- Was all-district four years for track and field in the 400M dash and triple jump

- Lettered in both track and volleyball

- Dunbar High School student council and national honor society vice president



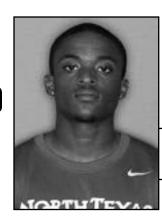
Chianne Lowe

Sprints

Fr. ▶ 5-3 Arlington, TX ▶ (Kennedale HS)

High School

- State Champion in the 4X100M and 4X200Mrelay
- 2013 regional champion and state qualifier in the 100-meter
- Won Texas Relays as a member of the 4X100M



Stephen Munroe

Sprints

Jr. ► 5-9 Nassau, Bahamas ► (SFA)

Transfer/Personal - Transferred from Stephen F. Austin, is a red-

shirt sophomore - Lettered as a freshman in the 100M, 200M, and 400M

- Academic All-American





Elisha Peters High Jump Fr. > 5-6 Alze, TX > (Alze HS)

High School/Personal

- Was a 2013 4A state champion in the high jump

- Was a four-year regional qualifier in the high jump
- As a sophomore, junior and senior was the district champion
- As a senior was the Texas Relays champion in high jump
- Lettered all four years in volleyball and track



PROFILES

newcomer profiles

Jordan Welch

Throws

Fr. → 5-9 Plano, TX → (Plano East Senior High)

High School/Personal

- Was a four-time regional qualifier and twotime district champion in shot put

- Was all district in basketball for the2012-13 season, and a regional qualifier
- Has the Plano East Senior High record in shot put (40' 1 ½")
- Captain of the basketball team 2012-13 and throwers captain 2010-13



Alejandro Valencia

Distance

Jr. → 5-10 Rio Rico, AZ → (Pima CC)

2013-14 Cross Country

- Finished in third place (18:38.9) at the Bear

Twilight Invitational 6K

- Finished in fourth place (20:28.59) at the Ken Garland Invitational 4 mile
- Finished in 31st place (25:26.9) at the Chile Pepper Festival 8K
- Finished in 13th place (25:42.44) at the C-USA Championships 8K
- Finished in 42nd place (31:42.2) at the NCAA South Central Regionals 10K

Transfer/High School

- Was a 2013 Outdoor NJCAA All-American, 3K steeple chase
- Was a 2012 Indoor NJCAA All-American, 2012 3000M, mile, 5000M
- Was a 2011 NJCAA cross country national team champion running for Paradise
- Valley Community College, and NJCAA All-American
- Was a 2011 Nike Cross Nationals qualifier
- -Was the most valuable player on high school track team in 2010 and 2011
- Part of the 2008-09 Arizona Division III high school state champions team



Rhenique Williams

Sprints

So. ► 5-10 Mesquite, TX ► (Texas Tech)

Transfer/High School

-Transferred from Texas Tech University Holds the records for the 100, 400, 4X200, and 4X100 meter relay for Mesquite

Horn High School

- Finalist at State in the 200M

- Was the district champion in the 100M, 200M, 4X100 relay

→ Women / Indoor

55-Meter Dash

7.12	Mona Landry	SBC Championships
7.18	Kayla Savoie	SBC Championships
7.32	Ashley Henry	Red Raider Open

60-Meter Dash

7.70	.Kayla Savoie	Iowa St. Classic
7.76	.Mona Landry	Howie Ryan Invite
7.87	Ashley Henry	Sooner Invite

200-Meter Dash

24.73	. Ashley Henry	. SBC Championships
		. SBC Championships
24.80	. Chastity Stewart	Red Raider Open

400-Meter Dash

54.91	Ashley Harrison	Iowa St. Classic
56.54	Jamila Carthwrigh	ntRed Raider Open

800-Meter Run

2:10.57	Jo Adams	SBC Championships
2:15.64	Christina Taylor .	Sooner Invite
2:22.45	Chelsea Hermes	Iowa St. Classic

Mile Run

4:49.38 *	Jo Adams	Howie Ryan Invite
5:03.63	Christina Taylo	or SBC Championships
		on SBC Championships

3,000-Meter Run

9:26.87 *	Jo Adams	Iowa St. Classic
10:47.94	Laura Cortez	Howie Ryan Invite
10:49.05	Kaitlyn Newton	Sooner Invite

5,000-Meter Run

17:37.20 Melanie	Hyder	Iowa S	t. Classic
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4 x 400-Meter Relay

3:47.76	SBC Championships

Distance Medley Relay

12:09.08	SBC (Championsł	nips

High Jump

5-10.50 * Shahaf Bareni	Howie Ryan Invite
5-07.75 Chelsea Hermes	
5-05.00 Haley Thompson.	
5-05.00 maley mompson.	

Long Jump

18-09.00 Mona Landry SBC Cham	pionships
17-02.75 Haley Thompson Texas A	&M Invite
17-00.50 Chelsea Hermes Iowa	St. Classic

Triple Jump

38-10.50 Michaela WilliamsSooner Invi

55-Meter Hurdles

7.94	Chastity Stewart .	SBC Championships
8.16	Kayla Savoie	Red Raider Open
8.27	Kendria Burton	SBC Championships

60-Meter Hurdles

8.56	Chastity Stewart	Iowa St. Classic
8.71	Kendria Burton	Howie Ryan Invite
8.76	Kayla Savoie	Howie Ryan Invite

Pole Vault

12-00.00 Sarah Va	nnSooner Invite
11-07.75 Jessica N	IcNewRed Raider Open
11-07.75 Madison	NorthcuttHowie Ryan Invite

Shot Put

45-06.50	Deja McKnight .	JD Martin Invite
43-06.00	Tori Clark	Sooner Invite
41-08.50	Ngozi Nweke	Sooner Invite

Weight Throw

49-10.00	Deja McKnight.	Red Raider Open
44-10.25	Ngozi Nweke	SBC Championships
43-08.50	Tori Clark	SBC Championships

Pentathlon

3,702 pts. * .. Chelsea Hermes..... SBC Championships

└→ Men / Indoor

55-Meter Dash

6.40	CJ Fowler	.Red Radier Open
6.47	Johnny Hickman	Red Raider Open
6.69	Trevor Henderson. SB	C Championships

60-Meter Dash

6.86	CJ Fowler	Howie Ryan Invite
6.93	Clinton Collins	JD Martin Invite
6.96	Johnny Hickman .	Iowa St. Classic

► 2013 superlatives/indoors



200-Meter Dash

21.47	Clinton Collins	SBC Championships
21.68	Steven White	SBC Championships
21.79	CJ Fowler	Red Raider Open

400-Meter Dash

46.50 * .	Clinton Collins	Iowa St. Classic
48.13	Steven White	SBC Championships
51.80	Darwin Moore	SBC Championships

800-Meter Run

1:53.17*	. Matt Russ	Iowa St. Classic
1:56.01	. Alex Hita	SBC Championships
1:56.38	Bryce McAndrew.	SBC Championships

Mile Run

4:11.38	Troy Taylor	Iowa St. Classic
4:15.01	Matt Russ	SBC Championships
4:17.84	Silvester Harrison	JD Martin Invite

3,000-Meter Run

8:24.08	Matt Russ	Howie Ryan Invite
8:25.19	Troy Taylor	Howie Ryan Invite
8:34.41	Silvester Harriso	on SBC Championships

5,000-Meter Run

14:44.26	Silvester Harrison	Iowa St. Classic
14:46.41	Troy Taylor	Iowa St. Classic
15:06.68	James Coleman S	BC Championships

55-Meter Hurdles

7.79	.Darwin l	Moore	.Red Raider Invite
7.97	. Marcus V	Nooten	.Red Raider Open

60-Meter Hurdles

8.38	. Darwin Mooi	reHowie	Ryan Invite
8.53	. Marcus Woot	en Howie	Ryan Invite

Distance Medley Relay

10:16.24.....SBC Championships

4 x 400-Meter Relay 3:12.92..... Iowa St. Classic

High Jump Did not compete in event in 2013

Long Jump

Triple Jump

14.66 Terrance Williams. SBC Championships 14.28 Clinton Clarke JD Martin Invite

Pole Vault

15-05.00 Derek Richard SBC Championships

Shot Put

55-06.25 Aaron Sirles... SBC Championships 51-08.25 Brandon Fricke... Red Raider Open 43-03.00 John Garrish JD Martin Invite

Weight Throw

60-10.75*	. John Garrish	SBC Championships
55-03.00	. Charleston Lewis.	Sooner Invite
54-06.75	. Aaron Sirles	Red Raider Open

* School Record

NCAA Provisional Qualifer



RECORDS → 2013 superlatives/outdoors

└→ Women / Outdoor

100-Meter Dash

11.79	Simone Johnson	NT Classic
11.79	Mona Landry	NT Classic
	Kavla Savoie	

200-Meter Dash

24.02	Ashley Harrison	SBC Championships
24.20	Ashley Henry	UTEP Invite
24.27	Nadiyah El-Amin	SBC Championships

400-Meter Dash

53.74 Ashley Harrison SBC Championships 54.75 Jamila Cartwright. SBC Championships

800-Meter Run

2:07.29	Jo Adams Lor	ng Beach State Invite
2:16.62	Christina Taylor	Bobcat Invite
2:19.66	Chelsea Hermes S	BC Championshisps

1,500-Meter Run

4:15.33*	Jo Adams	NCAA West Prelims
4:35.00	Christina Taylor .	Baylor Quad
4:50.78	Rachel Lusk	Bobcat Invite

5,000-Meter Run

Did not competer in event in 2013

10,000-Meter Run

Did not competer in event in 2013

3,000-Meter Steeplechase

10:34.88	. Charlotte V	Vilson	SBC Cha	mpionships
10:49.98	. Christina T	aylor	SBC Cha	mpionships

100-Meter Hurdles

13.39	Chastity Stewart	SBC Championships
14.18	Kayla Savoie	UTEP Invite
14.67	Chelsea Hermes	SBC Championships

400-Meter Hurdles

59.65* Chastity Stewart SBC Championships

High Jump

Long Jump

18-05.00	Adrian Stephens	SBC Championships
16-09.75	Haley Thompson	UTA Invite
16-07.75	Rebecca Lex	John Jacobs Invite

Triple Jump

Pole Vault

12-01.50	Sarah Vann	North Texas Classic
11-09.75	Jessica McNew	TCU Invite
11-03.75	Sarah Korn	TCU Invite

Shot Put

44-11-50	Deja McKnight	SBC Championchip
40-03.25	Victoria Clark	Red Raider Open

Discus

129-00	Victoria Clark	Bobcat Classic
44-11-50	Deja McKnight	SBC Championchips
40-03.25	Victoria Clark	Red Raider Open

Hammer Throw

12-01.50	Victoria Clark	Red Raider Open
11-09.75	Jessica McNew	TCU Invite
11-03 75	Sarah Korn	TCU Invite

1	av	el	i	r
J	a١	C	u	I

115-05 Chelsea Hermes..... SBC Championships

4X100-Meter Relay

45.30 NT Classic

4X400-Meter Relay

3:39.69 SBC Championships

Heptathlon

5,191 pts.* Chelsea Hermes..... SBC Championships

→ Men / Outdoor

100-Meter Dash

		SBC Championship Michael John. Classic
200-Met	ter Dash	
20.00	Character MATL 14 -	T. I T I

20.90	Steven White	John Jacobs Invite
21.01	Clinton Collins	SBC Championship
21.28	CJ Fowler	John Jacobs Invite
21.77	Johnny Hickman.	John Jacobs Invite

400-Meter Dash

46.43	Clinton Collins	SBC Championship
51.09	Michael Ortiz	John Jacobs Invite

800-Meter Dash

1:52.74	Matt Russ	North Texas Classic
1:54.74	Austin Yaeger	SBC Championship
1:55.63	Michael Ortiz	Texas St. Classic
1:55.80	Andrew Sumner	SBC Championship

1,500-Meter Run

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3:51.48 ...... Matt Russ......SBC Championship
4:02.92 ...... Austin Yaeger......North Texas Classic
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5,000-Meter Run

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15:.03.92......Silvester Harrison.....Beach Invite
15:27.26......James Coleman.....SBC Championships
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10,000-Meter Run

30:59.71...... Silvester Harrison..... Drake Relays

3,000-Meter Steeplechase 9:16.93 James Coleman..... SBC Championships

110-Meter Hurdles 14.76 Darwin Moore SBC Championships

400-	vieter Hurdles	
49.82	• Steven White	NCAA Championships
53.24	Adam Thiel	SBC Championship
55.56	Marcus Wooten .	Michael John. Classic
56.80	Darwin Moore	Texas St. Classic

High Jump

Did not compete in event in 2012

Long Jump

53.24	Adam Thiel	SBC Championship
55.56	Marcus Wooten	Michael John. Classic
23-11.00	Clint Clarke	TCU Invite

Triple Jump

47-00.25	5 Clint ClarkeN	Michael Johnson Classic
55.56	Marcus Wooten	Michael John. Classic
56.80	Darwin Moore	Texas St. Classic

Pole Vault

53.24SBC Championship

55.56 Marcus Wooten Michael John. Classic 56.80 Darwin Moore..... Texas St. Classic

Shot Put

53-09.75 Aaron Sirles Texas St. Classic 46-02.5 Charleston Lewis...... John Jacobs Invite 42-08.00 Riley Donvoan North Texas Classic

Javelin

144-05.00 Charleston Lewis.....North Texas Classic

Discus

171-09	Aaron Sirles	John Jacobs Invite
164-11	Charleston Lewis	TCU Invite
140-08	Riley Donovan	North Texas Classic

Decathlon

Did not competer in event in 2012

Hammer Throw

169-01	Charleston Lewis	sSBC Championship
167-01	Aaron Sirles	UTA Invite
163-07	Cody January	North Texas Classic

4X100-Meter Relay

40.04Michael Johnson Classic

4X400-Meter Relay

3:13.26SBC Championship

* School Record

NCAA Provisional Qualifer

→ World Records Set By North Texas

February 5, 1938

31st Millrose Games - Madison Square Garden, New York City

Delmer and Elmer Brown and Wayne and Blaine Rideout set a new world record of 7:27.5 in the mile and seven-eights relay.

April 29, 1938

44th Penn Relays - Franklin Field, Philadelphia

Alvin Chrisman, Henry Morgan, Wayne and Blaine Rideout set a new world record of 9:59.4 for the outdoor two mile and one-eighth distance medley relay.

June 18, 1938

Princeton Invitational - Princeton Stadium, Princeton, New Jersey Wayne Rideout set a new world record of 3:00.3 in the three-quarter mile run. He became the first Texan in history to set a world record by himself.

→ Texas Relays Champions

- 1935: Sprint medley relay (3:38, Johnny Stovall, C.B. Midkiff, Paul Matthews, R.C. Conlee)
- **1937:** Blaine Rideout, mile (4:20); Sprint Medley Relay (3:31.9); 880-yard relay (1:28); Mile relay (3:21.0)
- 1938: Distance Medley Relay (10:14.4, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout) 4 x Mile relay
- 1939: 4 x Mile relay (Wayne Rideout, Blaine Rideout, Jack Sahling, Bob Hanna); Distance Medley Relay (10:17.6, James McDaniel, Harvey Bryant, Wayne Rideout, Blaine Rideout)
- **1940:** Welby Williams, 100-yard dash (10.0); 880-yard relay (1:26.3, Welby Williams, Olvis Hicks, Harvey Bryant, James McDaniel); Albert Mikeska, javelin (202 feet); Blaine Rideout, 880-yard run
- 1941: 880-yard relay (Bobby Dodd, Welby Williams, Ed Rogers, Johnny Jackson); Mile relay (3:15.4, James McDaniel, Wilson Terry, Johnny Jackson, Ed Rogers); Albert Mikeska, javelin (203-5)
- 1942: Boyd Vaughn, 880-yard run; Joe Wood, mile run
- **1943:** Sprint Medley Relay (3:43.3)
- **1946:** Sprint Medley Relay (3:37.1)
- **1947:** Mile relay (3:20.7)
- **1948**: 880-yard relay **1950**: 880-yard relay (Richard Sm
- 1950: 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabojnik); 440-yard relay (42.0, Harlan Howell, Ray Renfro, Lloyd Lowe, Jerome Zabojnik)
- 1951: 880-yard relay; 440-yard relay (42.0)
- 1952: 880-yard relay; 440-yard relay (42.5)
- 1953: Sprint Medley Relay (3:31.2)
- 1955: Kelley, high jump (6-6); Sprint Medley Relay (3:23.1, Mike Hagler, Dean Renfro, Boyd Dollar, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Bill Schmidt, javelin (257-10.5)
- 1981: Leana Hocking, 1,500-meter run (4:30.50)
- **2012:** Steven White, 400-meter hurdles (50.53)

→ Kansas Relays Champions

- 1937: 440-yard relay (41.9, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); 880-yard relay (1:28.6, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); mile relay (3:19.8, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown)
- 1938: Mile relay (Wayne Rideout, Blaine Rideout, H. Morgan, J. Sahling); Distance Medley Relay (10:28.1, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939: Distance Medley Relay (10:06.9, Wayne Rideout, Blaine Ridout, Doyle Chrisman, H. Bryant); Mile Relay (3:19.5, Wayne Rideout, Blaine Rideout, Doyle Chrisman, H. Bryant)
- **1940:** Blaine Rideout, mile run (4:10.1)
- 1941: 880-yard relay (Bobby Dodd, Welby Williams, Olvis Hicks, Ed Rogers); Two Mile Relay (James McDaniel, J.B. Outlaw, Boyd Vaughn, Doyle Chrisman); Albert Mikeska, javelin
- **1949:** 880-yard relay (1:27.7, Harlan Howell, Ray Renfro, Charle Teague, Jerome Zabojnik)

world records/meet champions



- 1950: 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabojnik)
- 1951: 880-yard relay
- **1953:** Sprint medley relay (3:36.0, Charlie Teague, Walt Lindsey, Ken Smith, Paul Patterson)
- 1954: Two mile relay (7:49.5)
- 1955: Sprint medley relay (Mike Hagler, Boyd Dollar, Dean Renfro, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Jove Gomez, mile run (4:09.3)

→ Penn Relays Champions

- 1937: Mile Relay (3:19.6, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown); 440-yard relay (42.1, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown)
- 1938: Distance Medley Relay (9:59.4*, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939: Distance Medley Relay (10:11.5, Doyle Chrisman, H. Bryant, Wayne Rideout, Blaine Rideout); Four-Mile Relay (17:25.9, H. Bryant, Wayne Rideout, Blaine Rideout, J. Sahling)
- 1940: 880-Yard Relay (1:25.4\$, W. Williams, Olvis Hicks, J. jackson, E. Rogers)
- 1941: Welby Williams, 100-yard dash; 880-Yard Relay (Bobby Dodd, Welby Williams, Ed Rogers, Olvis Hicks)

→ Drake Relays Champions

- 1946: Mile Relay (3:23.3, Joe Coquat, Norman Spray, Bill Adams, Jack Gilbert)
- 1950: 4 x 100 relay (42.5, Harlan Howell, Lloyd Lowe, Ray Renfro, Jerome Zabojnik)
- 1951: 4 x 200 relay (1:26.4); 4 x 100 relay (42.0)
- **1952:** 4 x 200 relay (1:25.8); 4 x 100 relay (41.7)
- **1953:** Sprint medley relay (3:33.9)
- 1954: Sprint medley relay (3:25.8)
- 1955: Mile relay (3:15.6, Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Bill Schmidt, javelin (250-1)
- 2013: Steven White, 400-meter hurdles (50.11)

*World Record - \$-Penn Relays record



RECORDS → indoor records

└→ Men

Event	Name	Time/Mark	Date
55 Meters	Keyth Talley	6.20	2010
60 Meters	Keyth Talley	6.69	2010
200 Meters	Keyth Talley	20.98	2010
300 Meters	Rudy Levarity	30.76	1980
400 Meters	Clinton Collins	46.50	2013
600 Meters	Brian Rowley	1:11.24	1980
800 Meters	Matt Russ	1:53.17	2013
1000 Yards	Don Everett		1974
4X400	Relay		1982
	(Levarity, Howe, Pace, Flowers)		
Distane Medley	Relay	10:04.53	1999
	(Lutkenhaus, Breaut, Wilson, Ndach	ii)	
		7.34	
		8.0	
Weight Throw	John Garrish	60-10.75	2013
Pole Vault	Jordan Wehr	16-6 3/4	2009
		7-1.75	
		50-11.50	
Heptathlon	Jordan Wehr	5318 pts	2010

└→ Women

Event	Name	Time/Mark	Date
55 Meters	Missy Barnes	6.96	
60 Meters	Missy Barnes	7.45	
200 Meters	Alysha Adams	24.01	
		35.74	
300 Meters	Ella Smith		
600 Yards	Kimberly Williams	1:25.66	
		2:09.50	
1000 Yards	Leana Hocking		
		2:44.49	
4X400 Meters	Relay		
	(Smith, Robinson, Mackenna, Hart)		
Distance Medley	Relay	11:55.71	
	(Dietz, Cartwright, Adams, Mollen	kopf)	
3000 Meters	Jo Adams		
5000 Meters	Debbie Thornhill	17:09.66	
55 Hurdles	Alysha Adams	7.72	
60 Hurdles	Lauren Wiggins	8.25	
High Jump	Shahaf Bareni	5-10.50	
Long Jump	Donna Thomas	20-11.75	
Shot Put	Stacy Orakpo		
Weight Throw	Alana Tyler	56-03.75	
Pole Vault	Christal Brewster	12-5.50	
Pentathlon	Chelsea Hermes	3702 pts	

* Records with current student-athletes in BOLD

└→ Men/Outdoors

100-Meter Dash

1 10. 18	. Rudy Levarity	4/14/81
2 10.22w	. Justin Anderson	. 3/19/10
10.22w	. Detrion Woodson	. 5/19/01
4 10.25#c	. Marvin Baker	. 5/28/76
5 10.28w	. Keyth Talley	6/26/09

200-Meter Dash

1	. 20.50w	Rudy Levarity	6/5/80
2	. 20.82	. Keyth Talley	5/1/10
3	. 20.90	Steven White	.4/14/12
4	. 20.95w	Detrion Woodson	. 5/19/01
5	. 21.01	Clinton Collins	.5/12/12

400-Meter Dash

1 46.03#c	Doyle Magee	
2 46.23	David Turner	
3 46.40	Arthur Cox	
4 46.43	Clinton Collins	5/11/12
5 46.74#c	John Cotton	

800-Meter Run

1 1:47.22 Johnny Walker	5/7/83
2 1:48.20#c Dennis Stephens	1970
3 1:50.10 Artie Breault	5/20/00
4 1:50.42 Matthew Boit	5/22/82
5 1:50.53 Brian Rowley	5/22/82

1,500-Meter Run

1 3:43.44c	. Ben Moturi	. 4/28/79
2 3:47.47	. Jonah N'Geny	. 4/12/86
3 3:48.07	. Paul Ndachi	. 5/19/00
4 3:49.14c	. Matthew Boit	1983
5 3:49.51	. Ken Buyers	. 4/15/78

5,000-Meter Run

1 14:09.04c Ron Wakefiel	d 4/8/83
2 14:22.01 Jonah N'Geny	4/25/87
3 14:22.15 Paul Ndachi .	
4 14:22.35 Ben Moturi	
5 14:27.04c Don Jindra	

10,000-Meter Run

1 29:44.00	Juan Zetina	4/3/80
2 30:02.82	Patrick Strong	5/26/11
3 30:50.74c	James McGee	4/2/92
4 30:55.09	Paul Ndachi	5/12/00
5 30:59.14c	Rusty Hageman	4/1/82

3,000-Meter Steeplechase

1 8:57.94c	. Juan Zetina	. 4/25/80
2 9:03.29	. John Gardner	4/7/94
3 9:06.50	. Joey Chapman	. 5/14/88
4 9:12.10	. Frank Ngeno	. 5/12/07
5 9:13.00	. Jonah N'Geny	3/6/87

110-Meter Hurdles

1 13.98#c	Joe Jubert	1973
2 14.15	Carlos Yearwood	5/8/99
3 14.16	Remarcus Smith	
4 14.18	Sammy Dabbs	5/11/02
5 14.18w	Calvin Smith	5/6/00

400-Meter Hurdles

1	49.82	Steven White	6/5/13
2	50.98c	Ed Eberhart	1952
3	50.99	Kory Williams	5/15/05
4	51.49	Chris Gibbons	4/29/89
5	51.93	James Lobdell	5/17/93

Discus

1 182-03	Brock Stickler	4/30/09
2 177-10	James Barefield	3/31/79
3 174-8	Jim Parker	1974
4 173-3	Adrian Awasom	5/29/04
5 171-9	Aaron Sirles	4/14/12

Shot Put

1.	57-9.5	Phil Hall	
2.	56-0	Dennis Lemmons	
3.	55-11.75	Heath Smith	
4.	55-10.25	Don Rhode	
5.	54-9	Mike Minter	

Old Javelin

1 280-7*	. Bill Schmidt	1970
2 243-10*	. Calvin Bowers	
3 228-2*	. Ross Percifield	
4 227-11*	. Dan Hopkins	
5 204-0*	. Dennis Lemmons	

New Javelin

1	215-3	Heath Smith	5/27/06
2	189-7	Lupe Florez	5/4/02
3	188-6	Parrish Johnson	5/22/99
4	178-1	Justin Bowers	3/30/02
5	176-9	Ben Botello	5/10/03

Pole Vault

1 17-06 ½	Jordan Wehr	5/10/09
2 16-8 ¾	. Ryan Lancon	4/19/03
3 16-6 ¾	Frank Sykora	4/19/96
4 16-6	George Rodriquez	5/29/76
5 16-0¾	Josh Papagno	4/24/10
16-0¾	William Nitcholas	4/13/96

Long Jump

1 25-10	John Gilford	
2 25-4 ¾	Eric Jackson	
3 25-3	Aaron Donnell	
4 25-2 ¾	Johnnie Rodgers	
5 25-0 ¾	Ron Linscomb	

Triple Jump

1	52-5	1⁄4	John Gilford	1975
2	52-0	1⁄2	Abe Brown	5/20/74
3	52-0	1⁄4	Greg Norman	4/3/82
4	50-8	1⁄4	Gerald Shepherd	4/6/01
5	50-3	1⁄2	Eric Jackson	. 5/17/95

Decathlon

1 6,999 pts Ben Botello	5/10/03
2 6,825 pts Jordan Wehr	5/8/10
3 6,722 pts Teddy Sondota	5/24/97
4 6,711 pts Andrew Turner	5/10/09
5 6,710 pts Jordan Wehr	5/10/09

High Jump

1 7-0.5	Jermaine Jamison	4/18/09
	Toby Edwards	4/24/08
3 7-0	Stoney Marquis	5/17/96
7-0	Jeff Randall	3/14/92
7-0	Mike Ryan	4/28/79
7-0	Aaraon Donnel	5/14/77

Hammer Throw

1 169-01	Charleston Lewi	s5/11/12
2 167-01	Aaron Sirles	
3 165-00	Heath Smith	
4 163-07	Cody January	4/7/12

Conversions:

- Imperical event to metric event

c - Hand time to Fully Automatic Time
 * - Old Implement

Bold is current student-athlete



ORDS top performers



RECORDS top performers

╘ Women/Outdoors

100-Meter Dash

1 11.48	Ananka Clark	5/30/03
2 11.48w	Lisa Nolting	4/14/07
3 11.56w	Brittani Simmons	3/19/10
4 11.62	Brittany Blaylock	5/29/10
5 11.64	Rachael Runnels	4/1/06

200-Meter Dash

1	. 23.57	Debra Pinnix	4/26/80
2	. 23.59w	Ananka Clark	5/30/03
3	. 23.76	Brittani Simmons	5/10/09
4	. 23.82	Alysha Adams	5/9/10
	. 23.82w	Brittany Blaylock	3/19/10

400-Meter Dash

1 53.41	Ciara Smith	
2 53.72	Chiqueta Ellis	5/23/98
3 53.83	Ella Smith	5/7/83
4 54.17	MeShelley Sams	5/24/97
5 54.58	Liana Claxton	

800-Meter Run

1 2:06.32	Leanna Hocking	5/2/80
2 2:08.97	Sara Dietz	3/24/12
3 2:09.63	Valerie Clary	4/18/98
4 2:10.03	Jo Adams	4/27/12
5 2:10.52	Joann Dohanich	4/1/80

1,500-Meter Run

1 4:19.41	Leanna Hocking	5/25/80
2 4:21.62	Jo Adams	6/9/12
3 4:24.35	Sara Dietz	4/19/12
4 4:37.69	Krista Davey	5/14/00.
54:38.55	Debbie Thornhill	3/31/01

3,000-Meter Run

1 9:48.62	Leanna Hocking	4/18/80
2 9:51.05	Debbie Thornhill	5/12/01
3 10:06.66	Jessica Schmidt	4/1/04
4 10:08.36	Brandi Orozco	5/22/99
5 10:09.37	Dagmar Salazar	3/22/03

5,000-Meter Run

1 16:57.13	Jessica Schmidt	3/26/04
2 17.05.26	Debbie Thornhill	4/26/01
3 17:42.77	Brandi Orozco	5/22/99
4 17:50.12	Ingrid Mollenkopf	5/8/10
5 17:51.01	Dagmar Salazar	5/11/03

10,000-Meter Run

1 36:20.00	Ingrid Mollenkopf	. 4/14/11
2 38:02.72	Cassie Storms	. 5/14/06
3 38:05.34	Carly Griffith	.5/11/12
4 38.13.65	Liz Sanchez	4/3/96
5 38:41.38	Cassie Storms	. 5/15/05

100-Meter Hurdles

1	. 13.25	Alysha Adams	6/25/11
2	. 13.40	Lauren Wiggins	. 5/10/09
3	13.62	Ashley Starks	.5/11/12
4	. 13.74w	Ciji Brooks	5/7/05
5	. 13.89	Keri Glover	4/19/91

400-Meter Hurdles

1 1:00.18	Roshunda Pierson	5/9/10
2 1:00.60	Traci Logan	5/15/94
3 1:00.68	Raquel Hudson	5/09/08
4 1:00.89	Lisa Helm	5/12/02
5 1:01.03	Ashley Starks	5/11/12

Discus

1 167-2	Jessica Henderson	. 5/10/03
2 153-0	Shauna Shepherd	4/30/09
3 151-11	Elizabeth Dominguez	4/30/09
4 147-9.62	Alana Tyler	4/09/09
5 145-5	Michelle Beck	. 5/10/03

Shot Put

1	48-4	Heather Wood	5/14/06
2	47-9.75	Ciji Brooks	4/23/05
3	46-2.75	Latrecia Taylor	5/11/03
4	45-6.50	Rachel Barr	4/18/87
5	45-3	Stacy Orakpo	4/1/04

Javelin

1	149-2	Nikki Hyles	4/2/94
2	137-4	LaKisha Gentry	5/11/03
3	136-1	Guinness Dealy	5/17/93
4	133-10	Rachel Barr	4/25/87
5	122-01	Shelley Hollingsworth	5/10/09

High Jump

1 5-11.25	. Shahaf Bareni	5/11/12
2 5-10	. Deidra Wesley	4/05/06
3 5-8.75	. Ryan Hill	4/21/07
5-8.75	. Maria Spencer	4/13/02
5 5-8.50	. Jessica Shockley	4/24/02

Long Jump

1 21-2.50	. Donna Thomas	6/5/82
2 20-10.50	. Brandi Stanfield	4/7/06
3 20-7.25	. Ashyley Austin	5/8/10
4 20-3.75	. Sherry Anderson	5/27/89
5 20-3.50	. Ashley Austin	4/30/09

Triple Jump

1 44-3.50	Brandi Stanfield	4/8/06
2 41-9w	Dionte Campbell	4/8/00
3 41-8	Sandra Mondy	5/20/91
4 41-3	Tiffanie Jordan	5/11/03
5 38-10.5	Kelli Johnson	3/27/10

Pole Vault

1 12-11.50 Christal Brewster	3/18/11
2 12-04.00 Shelley Hollingsworth	5/8/10
3 12-01.50 Sarah Vann	4/7/12
4 11-09.75 Jessica McNew	3/16/12
5 11-07.75 Kellie Delka	4/30/09

Heptathlon

1 5,056 pts Chelsea Hermes	.5/11/12
2 5,030 pts Deidra Wesley	. 5/15/05
3 4,707 pts Nikki Hyles	. 4/23/94
4 4,695 pts Rhatisha Scott	. 5/12/02
5 4,597 pts Alysha Adams	. 5/09/08

Hammer Throw

1 180-5	. Alana Tyler	4/09/09
2 163-4	. Shauna Shepherd	4/09/09
3 149-6	. Jessica Henderson	4/16/05

Conversions: # - Imperical event to metric event

c - Hand time to Fully Automatic Time * - Old Implement

Bold is current student-athlete

\Box Men/Outdoors

100-Meter Dash

1 10.18	. Rudy Levarity	4/14/81
2 10.22w	. Justin Anderson	3/19/10
10.22w	. Detrion Woodson	5/19/01
4 10.25#c	. Marvin Baker	5/28/76
5 10.28w	. Keyth Talley	6/26/09

200-Meter Dash

1 20.50w	Rudy Levarity	
2 20.74w	Keyth Talley	
3 20.76	Keyth Talley	
4 20.82	Keyth Talley	
5 20.85	Kevth Talley	6/27/09

400-Meter Dash

1 46.03#c	. Doyle Magee	. 4/10/65
2 46.23	. David Turner	. 5/10/02
3 46.40	. Arthur Cox	. 5/13/01
4 46.43	. Clinton Collins	.5/13/12
5 46.49	. Clinton Collins	.5/12/12

800-Meter Run

1 1:47.22 Johnny Walker	
2 1:48.20#c Dennis Stephens	
3 1:50.10 Artie Breault	5/20/00
4 1:50.42 Matthew Boit	5/22/82
5 1:50.53 Brian Rowley	5/22/82

1,500-Meter Run

1 3:43.44c	Ben Moturi	4/28/79
2 3:46.55	Matt Russ	4/20/13
3 3:47.47	Jonah N'Geny	4/12/86
4 3:48.06	Paul Ndachi	5/19/00
5 3:49.14c	Matthew Boit	1983

3,000-Meter Steeplechase

1 8:57.94c	Juan Zetina	
2 9:03.29	John Gardner	
3 9:13.00	Jonah N'Geny	
4 9:13.19	Frank Ngeno	
5 9:13.46	Derrick Garrett	

5,000-Meter Run

1 14:09.04	Ron Wakefield	4/8/83
2 14:22.01	Jonah N'Geny	4/25/87
3 14:22.15	Paul Ndachi	4/24/99
4 14:22.35	Ben Moturi	
5 14:27.04c	Don Jindra	4/2/76

10,000-Meter Run

1 29:44.00	Juan Zetina	
2 30:02.82	Patrick Strong	
3 30:50.74c	James McGee	
4 30:55.09	Paul Ndachi	
5 30:59.14c	Rusty Hageman.	

110-Meter Hurdles

1 13.98#c	Joe Jubert	
2 14.15	Carlos Yearwood	5/8/99
3 14.16	Remarcus Smith	
4 14.18	Sammy Dabbs	5/11/02
5 14.18w	Calvin Smith	5/6/00

400-Meter Hurdles

1	49.82	Steven White	
2	49.93	Steven White	
3	50.07	Steven White	4/7/12
4	50.11	Steven White	4/27/13
5	50.22	Steven White	

Discus

1	. 182-03	Brock Stickler	. 4/30/09
2	. 178-03	Brock Stickler	4/24/09
3	. 177-10	James Barefield	. 3/31/79
4	. 175-00	Brock Stickler	5/30/09
5	. 174-8	. Jim Parker	1974

Shot Put

5	55-5 ½	Aaron Sirles	4/20/13
4	. 55-10¼	Don Rhode	5/3/73
3	. 55-11 ¾	Heath Smith	
2	. 56-0	Dennis Lemmons	
1	57-9 ½	Phil Hall	

Old Javelin

1.	280-7*	Bill Schmidt	
2.	243-10*	Calvin Boswer	
3.	228-2*	Ross Percifield	
4.	227-11*	Dan Hopkins	
5.	204-0*	Dennis Lemmons	

New Javelin

1	215-3	Heath Smith	. 5/26/07
2	210-3	Heath Smith	. 5/14/07
3	205-8	Heath Smith	. 3/31/07
4	196-0	Heath Smith	. 5/14/06
5	192-5	Heath Smith	. 3/25/06

Pole Vault

1	 17-6	1⁄2	Jordan Wehr	5/10/09
2	 17-0	1⁄4	Jordan Wehr	. 4/9/11
3	 16-8	3⁄4	Ryan Lancon	4/19/03
4	 16-6	3⁄4	Frank Sykora	4/19/96
5	 16-6		George Rodriguez	5/29/76

Long Jump

1	25-10	John Gilford	
2	25-4 ¾	Eric Jackson	4/9/94
3	25-3	Aaron Donnell	
4	25-2 ¾	Johnnie Rodgers	
5	25-0 ¾	Ron Linscomb	1965

Triple Jump

ECORDS

1 52-5 ¼	. John Gilford	
2 52-0 ½	. Abe Brown	
3 52-0 ¼	. Greg Norman	
4 50-8 ¼	. Gerald Shepherd .	
5 50-3 ½	. Eric Jackson	

Decathlon

1 6,999 pts Ben Botello	
2 6,825 pts Jordan Wehr	
3 6,722 pts Teddy Sondo	ta 5/24/97
4 6,711 pts Andrew Turn	er 5/10/09
5 6,710 pts Jordan Wehr	

High Jump

1 7-0 ½	Jermaine Jamison	
7-0 ½	Jermaine Jamison	
	Toby Edwards	
7-0 ½	Toby Edwards	
5 7-0	Stoney Marquis	
7-0	Jeff Randall	
7-0	Mike Ryan	
7-0	Aaraon Donnel	

Hammer Throw

1 191-05	John Garrish	3/22/13
2 183-03	John Garrish	4/05/13
3 180-03	John Garrish	4/20/13
4 176-09	John Garrish	3/29/13
5 172-11	Aaron Sirles	3/22/13

Conversions:

Current athletes in BOLD

- # Imperical event to metric event
- c Hand time to Fully Automatic Time
- * Old Implement

top performances





RECORDS → top perform<u>ances</u>

└→ Women/Outdoors

100-Meter Dash

1 11.48 Ananka Clark 5/30/03	
2 11.48w Lisa Nolting 4/14/07	
3 11.56w Brittany Simmons 3/20/10	
4 11.61w Brittany Blaylock 4/2/11	
5 11.62 Ananka Clark 5/10/02	
11.62 Brittany Blaylock 5/29/10	

200-Meter Dash

1	. 23.58	.Debra Pinnix	4/26/80
2	. 23.59w	.Ananka Clark	5/30/03
3	. 23.76	.Brittani Simmons	5/10/09
4	. 23.82	.Alysha Adams	5/9/10
	. 23.82w	.Brittani Simmons	3/19/10

400-Meter Dash

1 53.41	Ciara Smith	5/31/08
2 53.59	Ciara Smith	4/9/09
3 53.72	Chiqueta Ellis	5/23/98
4 53.74	Ashley Harrison	5/12/13
5 53.83	Ella Smith	5/7/83

800-Meter Run

1 2:06.32	Leanna Hocking	
2 2:07.29	Jo Adams	
3 2:07.55	Jo Adams	4/26/13
4 2:08.97	Sara Dietz	
5 2:09.04	Jo Adams	7/7/12

1,500-Meter Run

1 4:15.33	Jo Adams	5/25/13
2 4:16.20	Jo Adams	4/18/13
3 4:19.09	Jo Adams	3/30/13
4 4:19.41	Leanna Hocking	5/25/80
5 4:21.62	Jo Adams	6/9/12

3,000-Meter Run

1	9:48.62	.Leanna Hocking	4/18/80
2	9:51.05	.Debbie Thornhill	5/12/01
3	10:06.66	. Jessica Schmidt	4/1/04
4	10:08.36	.Brandi Orozco	5/22/99
5	10:09.37	.Dagmar Salazar	3/22/03

5,000-Meter Run

1 16:57.13	. Jessica Schmidt	3/26/04
2 17.05.26	.Debbie Thornhill	4/26/01
3 17:37.44	.Charlotte Wilson	5/12/13
4 17:42.77	.Brandi Orozco	5/22/99
5 17:50.42	.Ingrid Mollenkopf	5/8/10

10,000-Meter Run

1 36:20.00	Ingrid Mollenkopf	4/14/11
2 36:51.77	Ingrid Mollenkopf	5/13/11
3 37:23.71	Ingrid Mollenkopf	5/7/10
4 38:02.72	Cassie Storms	5/14/06
5 38:05.34.	Carly Griffith	5/11/12

3,000-Meter Steeplechase

1	9:48.62	.Leanna Hocking	4/18/80
2	9:51.05	.Debbie Thornhill	5/12/01
3	10:06.66	Jessica Schmidt	4/1/04
4	10:08.36	.Brandi Orozco	5/22/99
5	10:09.37	.Dagmar Salazar	3/22/03

100-Meter Hurdles

1	13.08w	Alysha Adams	
2	13.09w	Alysha Adams	
3	13.15w	Alysha Adams	
4	13.25w	Alysha Adams	
5	13.28	Alysha Adams	

400-Meter Hurdles

1	59.65	Chastity Stewart	5/11/13
2	59.76	Chastity Stewart	5/12/13
3	1:00.18	Roshunda Pierson	5/9/10
4	1:00.44	Roshunda Pierson	4/3/10
5	1:00.59	Roshunda Pierson	5/8/10

Discus

1	167-2	Jessica Henderson	5/10/03
2	153-00	Shauna Shepherd	4/30/09
3	151-11	Elizabeth Dominguez	4/30/09
4	149-04	Victoria Clark	4/06/13
5	147-9.62	Alana Tyler	3/28/09

Shot Put

1 48-4	.Heather Wood	5/14/06
2 48-3 ¼	.Heather Wood	4/27/06
3 47-9 ¾	.Ciji Brooks	4/23/05
4 47-2 ½	.Ciji Brooks	4/27/06
5 47-0 ¼	.Heather Wood	4/07/06

Javelin

1 149-2	Nikki Hyles	4/2/94
2 137-4	La Kisha Gentry	5/11/03
3 136-1	Guinness Dealy	5/17/93
4 133-10	Rachel Barr	4/25/87
5 122-01	Shelley Hollingsworth	\$5/10/09

High Jump

1 5-11 ^{1/2} Shahaf Bareni	4/06/13
5-11 ½Shahaf Bareni	5/11/13
3 5-11 ¼Shahaf Bareni	3/14/13
5-11 ¼Shahaf Bareni	5/12/12
5 5-10 ¾Shahaf Bareni	3/30/13
5-10 ¾Shahaf Bareni	4/20/13

Long Jump

1	. 21-2.5	.Donna Thomas	
2	. 20-10.5	.Brandi Stanfield	
3	. 20-8.5	.Brandi Stanfield	4/22/06
4	. 20-7.25	Ashley Austin	
5	. 20-3.75	.Sherry Anderson	5/27/89

Triple Jump

1 44-3 ½	Brandi Stanfield	. 4/08/06
2 42-11 ½	Brandi Stanfield	. 5/14/07
3 42-6	Brandi Stanfield	. 4/27/06
4 41-40 ½	Brandi Stanfield	. 5/26/07
5 41-9w	Dionte Campbell	. 4/08/00

Hammer Throw

1	. 54.99	. Alana Tyler	4/09/09
2	. 54.70	. Alana Tyler	4/24/09
3	. 54.35	. Alana Tyler	4/18/08
4	. 53.66	. Alana Tyler	5/10/09
5	. 51.31	. Alana Tyler	4/14/07

Pole Vault

1 12-11 ¹ / ₂ Christal Brewster	3/18/11
2 12-09½ Christal Brewster	4/16/11
3 12-07½ Christal Brewster	5/26/11
12-07½ Christal Brewster	4/30/11
12-07 ½ Christal Brewster	5/10/09

Heptathlon

1 5,191 pts Chelsea Hermes		
2 5,046 pts	.Chelsea Hermes.	
3 5,030 pts	.Deidra Wesley	
4 4,966 pts	.Deidra Wesley	
5 4,808 pts	.Deidra Wesley	

Conversions:

Current Athletes in BOLD

- Imperical event to metric event

c - Hand time to Fully Automatic Time

* - Old Implement





└→ Men/Relays

4 x 100-Meter Relay

4 x 100-Meter Rel	ay	
	Tramaine Baker, Jeff Hudson, Carlos Yearwood, Detrion Woodson	
	Byron Washington, Ryan Varner, Keyth Talley, C.J. Fowler	
	Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler	
	Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler	
5	Tony Jackson, Richard Pace, Rudy Levarity, Ed Simon	
4 x 200-Meter Rel	av	
	Ed Simon, Richard Pace, Rudy Levarity, Greg Norman	
	Jimmy Weaver, Freddie Stuart, Gilbert Gerdes, John Cotten	
	Justin Flowers, Ryan Varner, Byron Washington, C.J. Fowler	
	W.L. Mitchell, Deonzia Fremen, Jim Carter, Joe Jubert	
51:25:90	Remarcus Smith, Arthur Cox, Michael Krebs, Detrion Woodson	
4 x 400-Meter Rel		
	"' Richard Pace, Lynn Howe, Doug Jackson, Johnny Walker	5/07/83
	Brandon Woodard, Derek Logan, David Schwein, Kelvin Wright	
	Arthur Cox, David Turner, Michael Krebs, Derek Logan	
	Brandon Woodard, David Schwein, Derek Logan, Kelvin Wright	
	Darnell Greig, Ryan Varner, Montrell Pyron, Kelvin Wright	
4 x 800-Meter Rel		
	ay Johnny Walker, Matthew Boit, Matt Wiggins, Lynn Howe	4/0/82
	Johnny Walker, Matthew Bolt, Matt Wiggins, Lynn Flowe Johnny Walker, Matt Wiggins, Ron Wakefield, Matthew Boit	
	Jim Blassingame, John Spencer, John Cooper, Richard Menchaca Randy Smith, Hal Finley, Ben Moturi, Lynn Howe	
	lay (200-200-400-800)	
	Eric Cuffee, Richard Pace, Lynn Howe, Johnny Walker	
	Tramaine Baker, Detrion Woodson, Jeff Hudson, Artie Breault	
	Rodney Walker, Vernon Evans, Austin Salter, Dennis Stephens	
	Tramaine Baker, Antone Malone, Jeff Hudson, Artie Breault	
5	Tramaine Baker, Kelleyton Wilson, Jeff Hudson, Artie Breault	
└→ Women/F	Relavs	
4 x 100 Meter Rela	•	
	•7 Brittani Simmons, Missy Barnes, Alysha Adams, Brittany Blaylock	5/29/10
2		
	Brittani Simmons, Alysha Adams, Janesa Moore, Brittany Blaylock	
	Missy Barnes, Brittany Blaylock, DeOna Stafford, Alysha Adams	
	Rachael Runnels, Osaze Aghedo, Chastidy Russell, Chi Chi Echebelem	
(000) (, D)		
4 x 200 Meter Rela		
	Brittany Blaylock, Missy Barnes, Janessa Moore, Brittani Simmons	
	Chi Chi Echebelem, Keisha Hornsby, Rachael Runnels, Chastidy Russell	
	Rachel Runnels, Rhonda Williams, Chastidy Russell, Osaze Aghedo Cherri Rowe, Candace Rowe, Rhonda Williams, Dominque Rhymes	
	Ananka Clark, Kim Brown, Candace Rowe, Rhonda Williams	
5 1:58.77	Ananka Clark, Kim brown, Candace Rowe, Rhonda williams	
4 x 400 Meter Rela		
	Shayla Hart, Chi Chi Echebelem, Chrystal Mitchell, Ciara Smith	
	Shayla Hart, Ciara Smith, Alysha Adams, Chrystal Mitchell	
	Jamila Cartwright, Nadiyah El-Amin, Chastity Stewart, Ashley Harrison	
	Chi Chi Echebelem, Ciara Smith, Shayla Hart, Keisha Hornsby	
5	Chi Chi Echebelem, Ciara Smith, Shayla Hart, Keisha Hornsby	
4 x 800-Meter Rel		
	Joann Dohanich, Dee Dee Rylance, Sherri Painter, Kay Thompson	
	Shannan Hunt, LaShonda McCarty, Ashley Saunders, Valerie Clary	
	LaShonda McCarty, Shannan Hunt, Dara Eley, Ashley Saunders	
	lay (200-200-400-800)	
	Missy Barnes, DeOna Stafford, Ciarra Smith, Sara Dietz	
	Shazzell Grimes, Candace Rowe, Alicia Kuydendall, Keri Schenieder Kori Crampton, Charnita Williams, MeShelley Sams, Valerie Clary	
J4:00.20		



→ Men's Team Titles

Texas Inter. Athletic Assoc. (1) 1923

Lone Star Conference (11)

1932		1943	
1933		1946	
1935		1949	
1936			
Missouri Valley Conference (4)			
1967		1974	
1970			
Sun Belt Conference (2)			
2000			

→ Men's Outdoor Team Finishes

	Conference	
Year	Place	Points
2013	Fourth	85
2012	Seventh	59
2011	Eighth	65
2010	Sixth	85
2009	Fourth	98
	Fourth	
	Fifth	
2006	Sixth	84
	Fourth	
	Fourth	
2003	Third	133.5
2002	First14	48.25
2001	Second	126
2000	First	122
Big West	Conference	
	Fifth	
	Tenth	
1997	Seventh	.51.5
	d Conference	
	Sixth	
	Eighth	
	Sixth	
1992	Sixth	44
	Seventh	
1990	Seventh	35
	Fifth	
	Fifth	
	Fifth	
1986	Seventh	26
	Seventh	
	Seventh	
	Fifth	54
Missouri	Valley Conference	
	Third	
	First	
	First	
	Second	
	Third	
	First	
	Second	
	Second	
1967	First	73

econd	
econd	
econd	
hird	
Conference	
econd	
lo conference meet	
	econd econd hird C onference econd

1954No conference meet

Lone Sta	r Conference	
1949	First	
1948	NA	
1947	Third	
1946	First	
1944-45.	No meets	
1943	First	
1942	Second	
1941	First	
1940	First	
1939	Second	
1932	First	

└→ Men's Indoor Team Finishes

Sun Belt Conference

oun Der	Conterence	
Year	Place	Points
2013	Second	126
2012	Eighth	
2011	Third	95
2010	Second	
2009	Fifth	69
2008	Third	74.5
2007	Fifth	75
2006	Fourth	71
2005	Eighth	
2004	Fifth	61
2003	Sixth	
2002	Fifth	71
2001	Fourth	92

Southland Conference

Journa	nu comercite	
1996	Ninth	
1995	Eighth	
1994	Seventh	
1993	Ninth	6.25
1992	Ninth	
1991	Fifth	
1990	Fifth	
1989	Fifth	
1988	Fourth	
1987	Fifth	
1986	Seventh	
1985	Seventh	4

1984Seventh	13
1983Seventh	29

└→ Individual Outdoor Champions

Sun Belt Conference

2013: Steven White, 400-meter Hurdles (49.93), Terrance Williams, Long Jump (7.38)2012: Steven White, 400-meter Hurdles (50.68),

4x100 meter Relay - Clinton Collins, CJ Fowler, Johnny Hickman, Steven White (40.39) 2011: None

2010: Jordan Wehr, Decathlon (6,825 pts), Steven White, 400-meter Hurdles (51.51)

2009: Jermaine Jamison, High Jump (6-10.75)
2008: Temitayo Harriman, 800-meter Run (1:54.30);
Jermaine Jamison, High Jump (6-08.75); 4x400-meter
Relay - Darnell Greig, Ryan Vaner, Montrell Pyron
and Kelvin Wright (3:10.23)

2007: Heath Smith, Javelin Throw (210-03) **2006:** Frank Ngeno, 3,000-meter Steeplechase

(9:13.19); Heath Smith, Javelin Throw (196-00); Mark Lee, High Jump (6-08.75)

2005: Kory Williams, 400-meter Hurdles (50.99); 4x100-meter Relay, David Schwein, Derek Logan, Brandon Irabor, Johnny Quinn (40.39); 4x400-meter Relay - Kory Williams, Derek Logan, David Schwein and Kelvin Wright (3:08.05).

2004: Matt Gieringer, 10,000-meter Run; 4x400-meter Relay, Andre Douglas, David Turner, Arthur Cox, Derek Logan; Chris Mordecai, Pole Vault (15-11.00)
2003: Ben Botello, Decathlon (6,999 pts.)
2002: Ryan Lancon, Pole Vault (15-11.25)
2001: Detrion Woodson, 100-meter Dash (10.31);
4x400-meter Relay - Terrance Boatwright, Michael Krebs, Brian Stephenson, Arthur Cox.
2000: Arthur Cox, 400-meter Dash (46.53); Paul Ndachi, 5,000-meter Run (14:33.06); 10,000-meter Run (30:55.09); 4 x 400-meter Relay - Terrance Boatwright, Michael Krebs, Artie Breault, Arthur Cox

(3:10.24) (3:10.24)

Big West Conference

1999: 4 x 100-meter Relay - Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson (39.50); Paul Ndachi, 5,000-meter Run (14:42.13)

Southland Conference

1993: James McGee, 5,000-meter Run (14:56.11) and 10,000-meter Run (31:01.03)

1992: James Lobdell, 400-meter Hurdles (52.24)
1991: Derrick Garrett, 3,000-meter Steeplechase
(9:13.82); Shane Burt, 1,500-meter Run (3:55.17)
1990: Dylan Fugitt, 5,000-meter Run (14:52.55)
1989: Tim Martin, 1,500-meter Run (3:49.81)
1988: Joey Chapman, 3,000-meter Steeplechase
(9:06.5); Johan Ngeny, 5,000-meter Run (14:44.0)
1987: Johan Ngeny, 5,000-meter Run (14:22.01)
1986: Johan Ngeny, 5,000-meter Run (14:37.57)
1983: Johnny Walker, 800-meter Run (1:48.6); Ron
Wakefield, 5,000-meter Run (14:38.94)

Missouri Valley Conference

1975: Phil Hall, Shot Put (56-10.5); John Gilford,

Long Jump (25-10);

1974: 440-yard Relay - James Butler, Jim Carter, W.L. Mitchell, Deonzia Freeman (41.2); Joe Jubert, 120-yard Hurdles (14.2); Rod Cromeans, 880-yard Run (1:51.5); Ed Eberhart, 440-yard Hurdles (53.6); Chuck Mork, Six-mile Run (30:25.4); Jeff Foster, Pole Vault (15-7); John Gilford, Long Jump (24-7.5), Triple Jump (52-5.75); Mile Relay - Ed Eberhart, Peter McDonald,

Tom Wilkerson, James Butler (3:16.5) **1973:** Joe Jubert, 120-yard Hurdles (14.3); Pat Curry,

880-yard Run (1:50.5); Abe Brown, Triple Jump (49.4.5); Mike Swonke, Pole Vault (15-0);

1972: Vernon Evans, 440-yard Dash (47.7); Dennis Lemmons, Shot Put, (54-9.75); Jim Parker, Discus (170-4); Bob Iverson, High Jump (6-8); Mile Relay -Sam Fous, Tom Wilkerson, B.J. Lott, Vernon Evans (3:13.6)

1971: Dennis Stephens, 880-yard Run (1:51.8); Dennis Lemmons, Shot Put (53-4.25); Mile Relay - Oren Smith, Austin Salter, Dennis Stephens, Vernon Evans (3:13.9)

1970: Jimmy Jones, 440-yard Hurdles (53.0); Jove Gomez, Mile Run (4:12.9); Bob Vander Drift, Discus Throw (157-9); Bill Schmidt, Javelin Throw (265-6); Don Rohde, Shot Put (54-.5)

1969: 440-yard Relay - Ed DeWitty, Dan Svatek, Vernon Evans, Mike Neeley (42.6); Bill Schmidt, Javelin (239-9)

1968: 440-yard Relay - Jimmy Jones, John Hagler, W.L. Wallace, Carl Jackson (42.3); Carl Jackson, 100-yard Dash (9.7), 220-yard Dash (21.6); Jim Jones, 440-yard Hurdles (54.5)

1967: 440-yard Relay-Louis Smith, Oscar Howard, John Hagler, Doyle Magee (42.4); Louis Smith, 120yard Hurdles; Doyle Magee, 220-yard Dash (21.7), 440-yard Dash (47.2); Oscar Howard, 100-yard Dash (9.8); Mile Relay-Louis Smith, Joe Yalenty, John Hagler, Doyle Magee (3:16.5)

1966: 440-yard Relay - Louis Smith, Ira Daniels, Doyle Magee, Oscar Howard (41.7); Doyle Magee, 220-yard Dash (21.9); Louis Smith, 120-yard Hurdles (14.4); Calvin Bowser, Javelin (226-9.5); Ira Daniels, Triple Jump (45-5)

1965: 440-yard Relay - Avester Sheppard, Ira Daniels, Don Fox, Doyle Magee (41.6); Doyle Magee, 220-yard Dash (21.4); Henry Allen, 120-yard Hurdles (14.6); Ron Linscomb, Long Jump (25-0.75); Ira Daniels, Triple Jump (47-4)

1963: 440-yard Relay - (42.2); Calvin Bowser, Javelin (230-2); Dave Ballauer, Discus (142-1)

1962: Bill Argo, 100-yard Dash (9.5), 220-yard Dash (21.5); Richard Menchaca, Mile Run (4:20.3); Dave Ballauer, Discus (147-7)

1961: Brothmer, 100-yard Dash (9.3); Cooper, Mile Run (4:15.2), Two Mile Run (9:40.0)

1960: Cooper, Mile Run (4:10.5); Dave Clark, Pole Vault (14-1.25)

1959: John Cotten, 440-yard Dash (47.6); Grissom, 120-yard Hurdles (14.6); Dave Clark and Black, Pole Vault (13-7)

1958: 440-yard Relay - Fred Reuter, Fred Stuart, John

Cotten, Jimmy Weaver (41.0); Jimmy Weaver, 100yard Dash (9.6), 220-yard Dash (21.2); John Cotten, 440-yard Dash (48.8); Andrews, Javelin (187-2.5); Mile Relay (3:15.7)

1957: Andrews, Javelin (200-11); Mile Relay (3:17.8)

Gulf Coast Conference

1956: John Cotten, Long Jump (23-8.75), 440-yard Dash (48.1); Denny Andrews, Javelin Throw (190-10.75); Bob Burch, Shot Put (45-10.5); Wade Fisk and Al Oglesby, High Jump (6-1)

Lone Star Conference

1949: 440-yard Relay - Luther Fambro, Ray Renfro, Charles Teague, Jerome Zabojnik (42.6)

1948: 440-yard Relay - Harlan Howell, Loyd Lowe, Ray Womack, Chick Adams; 880-yard Relay - Ted Ball, Luther Fambro; Bob Grundy, Wallace (1:33.8); Luther Fambro, Long Jump (24-0.5); Johnny Slack, Discus (140-3)

1942: Loyd Wood, Mile Run (4:28.6); Boyd Vaughn, 880-yard Run (1:58.5); Al Boatman, Discus (142-7); Al Mikeska, Javelin Throw (204-2)

1940: Olvis Hicks, 220-yard Dash; Welby Williams, 100-yard Dash (9.8); Albert Mikeska, Javelin Throw (202-11.25)

1937: Mile relay - James McDaniel, Harvey Bryant, Johnny Jackson, Ed Rogers (3:15.4); 440-yard Relay -Johnny Jackson, Ed Rogers; Delmer Brown, 100-yard Dash (9.6), 220-yard Dash (20.7);,Long Jump (23-6.25); Johnny Jackson, 440-yard Dash (48.9); Blaine Rideout, Mile Run (1:52.8)

➡ Individual Champions - Indoor

Sun Belt Conference

RECORDS

conference champions/men

2013: Matt Russ, 3,000-meter Run (8:28.96); Terrance Williams, Long Jump (23-9.00)

2012: Clinton Collins, 400-meter Dash (47.41); 4x400 meter Relay, CJ Fowler, Adam Thiel, Clinton Collins, Steven White (3:13.85)

2011: Jordan Wehr, Heptathlon (5,010 pts)
2010: Keith Talley, 55-meter Dash (6.24); 200-meter Dash (21.02); Jordan Wehr, Heptathlon (5,075 pts.);
4 x 400-meter Relay - Keyth Talley, Reggie Hayter, Russell Sams, Montrell Pyron (3:16.28)
2009: 4x400-meter Relay - Darnell Greig, Montrell Pyron, Reggie Hayter, Keyth Talley (3:16.45)
2008: Temitayo Harriman - 800-meter Run (1:53.46)
2007: Toby Edwards - High Jump (6-11)
2006: Mark Lee - High Jump (6-09.75)
2004: Jarrod Stone - High Jump

Southland Conference

1991: Dylan Fugitt, Mile Run (4:13.26) and Two-Mie Run (8:35.20)

1990: Dylan Fugitt, Two-Mile Run (9:04.00) **1989**: Dylan Fugitt, Mile Run (4:15.90) and Two-Mile Run (9:07.90)

1988: Jonah Ngeny, Mile Run (4:14.65) and Two-Mile Run (9:05.66)

1987: Jonah Ngeny, Two-Mile Run (9:00.49)

1984: Ron Wakefield, Two-Mile Run (9:08.69)



RECORDS → conference champions/women

→ Women's Team Titles

Sun Belt Conference (4)

→ Women's Outdoor Team Finishes

Sun Belt Conference

Year	Place	Points
2013	First	151.5
2012	First	
2011	Third	
2010	Third	
2009	Fourth	
2008	Second	
2007	Third	
2006	Third	
2005	Third	
2004	Second	
2003	First	
2002	Third	
2001	Seventh	
2000	Sixth	

Big West Conference

1999	Eighth	
1998	Eighth	
	-	

Southland Conference

1995	Eighth	21
1994	Seventh	
1993	Eighth	46
1992	Sixth	
1991	Fifth	51
1990	Seventh	
1989	Fifth	43
1988	Fifth	54
1987	Second	95
1986	Sixth	

→ Women's Indoor Team Finishes

Sun Belt Conference

Year	Place	Points
2013	Second	117.5
2012	Second	
2011	Third	
2010	Third	
2009	Fifth	73
2008	Third	93
2007	Fourth	
2006	Second	97
2005	First	
2004	Second	
2003	Second	
2002	Second	81
2001	Sixth	

Southland Conference

1996	Seventh	
1995	Ninth	16
1994	Ninth	2.33
1993	Ninth	8
1992	Fifth	24
1991	Sixth	

1990	Sixth
1989	Fifth
1988	Fourth
1987	Third60

└→ Individual Champions - Outdoor

Sun Belt Conference

2013: Ashley Harrison, 400-meter Dash (53.74); Jo Adams 800-meter Run (2:09.24), 1,500-meter Run (4:28.87); Charlotte Wilson 3,000-meter Steeplechase (10:34.88); 4x400-meter Relay - Jamila Cartwright, Nadiyah El-Amin, Chastity Stewart, Ashley Harrison (3:39.69)

2012: Shahaf Bareni, High Jump (1.81); Sara Dietz, 1,500-meter Run (4:34.54); 4x400-meter Relay - Jamila Cartwright, Ashley Harrison, Janesa Moore, Chastity Stewart (3:42.74)

2011: Alysha Adams, 100-meter Dash (11.70),
200-meter Dash (24.04), 100-meter Hurdles (13.28),
Women's 4x100-meter Relay - Alysha Adams, Brittani
Simmons, Missy Barnes, Janesa Moore (45.50)
2010: Alysha Adams, 200-meter Dash (23.82),
100-meter Hurdles (13.29), Ashley Austin, Long
Jump (20-07.25), Brittany Blaylock, 100-meter Dash (11.64), Ciara Smith, 400-meter Dash (55.46), 4 x
100-meter Relay - De'Ona Stafford, Alysha Adams,
Missy Barnes, Brittany Blaylock (45.07)
2009: Lauren Wiggins, 100-meter Hurdles (13.40)
2008: Alysha Adams, 100-meter Hurdles (13.82);
4X400-meter Relay - Shayla Hart, Racquel Hudson,
Chrystal Mitchell and Ciara Smith (3:39.89)

2007: Brandi Stanfield, Triple Jump (42-11.50); 4X400 Relay (3:40.16)

2006: Ryan Hill, High Jump (5-8); Deidra Wesley, Heptathlon (4,966 pts); Heather Wood, Shot Put (48-4)

2005: Bonnie McKernan, 3,000-meter Steeplechase (11:02.82)

2004: Deidra Wesley, Heptathlon, High Jump; Jessica Henderson, Discus Throw; Ciji Brooks, Shot Put, 100-meter Hurdles (13.91); 4X100-meter Relay - Chastidy Russell, Rhonda Williams, Ronniqua Wilson, Osaze Aghedo (45.40)

2003: Rhonda Williams, Long Jump (19-10.25);
Tiffanie Jordan, Triple Jump (41-3); Latrecia Taylor,
Shot Put (46-2.75); Jessica Henderson, Discus Throw (167-2); Lakisha Gentry, Javelin Throw (137-4).
2002: Latrecia Taylor, Shot Put (44-3.25); Lisa Helm 400-meter Hurdles (1:00.89); Rhatisha Scott, Heptathlon (4,695 pts)

2001: Debbie Thornhill, 5,000-meter Run (17:05.47) **2000:** Krista Davey, 1,500-meter run (4:37.69); 4 x 400-meter Relay - Chiqueta Ellis, Cherri Rowe, Sazelle Grimes, Dore'Ann Atkinson (3:42.02)

Big West Conference

1999: Dionte Campbell, Triple Jump (41-4.25)1997: 4 x 400-meter Relay - MeShelley Sams, Charnita Williams, Brandie Riggs, Valerie Clary

Southland Conference

1994: Traci Logan, 400-meter Hurdles (1:00.60);
Nicole Hyles, Javelin Throw (140-3)
1991: Charletta Gaines, 200-meter Dash (24.53);
Sandra Mondy, Triple Jump (41-8)
1990: Sandra Mondy, Triple Jump (40-10)
1988: Sherry Anderson, 200-meter Dash (23.98)
1987: Sandra Mondy, Triple Jump (39-9.5); Rachel
Barr, Shot Put (45-4), Javelin Throw (133-10); 4 x
400-meter Relay (47.00)

→ Individual Champions - Indoor

Sun Belt Conference

2013: Jo Adams, 800-meter Run (2:10.57), Mile Run (5:01.80), 3,000-meter Run (9:48.28); Ashley Harrison, 400-meter Dash (55.26); Chelsea Hermes, Pentathlon (3702 pts)

2012: Sara Dietz, 800-meter Run (2:09.90), Mile Run (4:58.68), 3,000-meter Run (9:39.18)

2011: Ciara Smith, 400-meter Dash (54.94); Women's 4x400-meter Relay - Alysha Adams, Monica Dunn, Janesa Moore, Ciara Smith (3:46.57)

2010: Alysha Adams, 200-meter Dash (24.01), 55-meter Hurdles (7.91); Missy Barnes, 55-meter Dash (6.96); 4 x 400-meter Relay - Alysha Adams, Brittani Simmons, Monica Dunn, Roshunda Pierson (3:53.23)

2009: Lauren Wiggins, 55-meter Hurdles (7.92); 4x400-yard Relay - Shayla Hart, Monica Dunn, Chrystal Mitchell, Ciara Smith (3:47.91)

2008: Lauren Wiggins, 55-meter Hurdles (7.74); Shelley Hollingsworth, Pole Vault (3.60); 4x440yard Relay - Shayla Hart, Racquel Hudson, Chrystal Mitchell, Ciara Smith (3:47.60)

2007: Brandi Stanfield, Triple Jump (41-10).2006: Brandi Stanfield, Triple Jump (43-05.25)Heather Wood, Shot Put (46-02.5)

2005: Deidra Wesley, High Jump (1.72), Pentathlon (3621 pts); Rhonda Williams, Long Jump (5.91); Stacy Orakpo, Shot Put (14.50)

2004: Jessica Schmidt, 5,000-meter Run (17:25.91), 3,000-meter Run (9:58.90); Deidra Wesley, High Jump (1.72)

2003: Monica Coates, 55-meter Hurdles (8.22)
2002: Monica Coates, 55-meter Hurldles (7.96);
Maria Spencer, High Jump (5-6); Latrecia Taylor, Shot
Put (46-2.5)

2001: Debbie Thornhill, 5,000-meter Run (17:09.66)

Southland Conference

1992: Keri Glover, 55-meter Hurdles (8.04)1991: Keri Glover, 55-meter Hurdles (8.08)1987: Sandra Mondy, Triple Jump (39-10.50); Angela Taylor, 60-Yard Hurdles (8.21)

→ All-Conference Honors

SOUTHLAND CONFERENCE

1983 Outdoor, Beaumont, Texas Johnny Walker (800-meter Run); Ron Wakefield (5,000-meter Run); Matt Boit (1500-meter Run); Lynn Howe (400-meter Hurdles)

1984 Indoor, Monroe, LA Ron Wakefield (Two-Mile Run)

1986 Outdoor, Arlington, Texas Jonah Ngeny (5,000-meter Run)

1987 Indoor, Monroe, LA Jonah Ngeny (Two-Mile Run); Sandra Mondy (Triple Jump)

1987 Outdoor, Denton, TX Sandra Mondy (Triple Jump); Rachel Barr (Shot Put, Javelin); Jonah Ngeny (5,000-meter Run)

1988 Indoor, Monroe, LA Jonah Ngeny (Mile Run, Two-Mile Run)

1988 Outdoor, Natchitoches, LA

Sherry Anderson (200-Meter Dash); Joey Chapman (3000-meter Steeplechase); Jonah Ngeny (5,000-meter Run)

1989 Indoor, Monroe, LA Dylan Fugitt (Mile Run, Two-Mile Run)

1989 Outdoor, Huntsville, Texas Tim Martin (1,500-meter Run)

1990 Indoor, Monroe, LA Dylan Fugitt (Two-Mile Run)

1990 Outdoor, San Marcos, TX

Sandra Mondy (Triple Jump); Dylan Fugitt (5,000-meter Run)

1991 Indoor, Monroe, LA

Dylan Fugitt (Mile Run, Two-Mile Run); Keri Glover (55-Meter Hurdles)

1991 Outdoor, Nacogdoches, TX

Sandra Mondy (Triple Jump); Charletta Gaines (200-Meter Dash); Shane Burt (1,500-meter Run); Derrick Garrett (3000-meter Steeplechase)

1992 Indoor, Monroe, LA Keri Glover (55-Meter Hurdles)

1992 Outdoor, Arlington, Texas James Lobdell (400-meter Hurdles)

1993 Outdoor, Monroe, LA James McGee (10,000-meter Run)

1994 Indoor Jeff Randle (High Jump)

1994 Outdoor, Lake Charles, LA Nicole Hyles (Javelin); Traci Logan (400-Meter Hurdles)

1995 Outdoor,Lake Charles, LA Jeff Randall [HJ]

1996 Outdoor, Natchitoches, LA

Frank Sykora [PV]; Andre Steele (4x400); Jeff Hudson (4x400); Artario Morgan (4x400); Tramoine Baker (4x400)

BIG WEST CONFERENCE

1997 Outdoor, Irvine, CA Brandy Wylie [Hep]; Stony Marquis [HJ]; Valerie Clary

[4X400]; MeShelley Sams [4X400]; Charnita Williams [4X400]; Brandie Riggs [4X400]

1998 Outdoor, Boise, ID Chiqueta Ellis [400]

1999 Outdoor, Fullerton, CA

Teddy Sondota [Dec]; Tramoine Baker [TJ]; Tramaine Baker [4 X 100]; Jeff Hudson [4 X 100]; Carlos Taylor

X 100]; Paul Ndachi [5000]; Artie Breault [800]; Jeff Hudson [100]; Detrion Woodson [100]; Dionte Campbell [TJ]; Chiqueta Ellis [400]; Chiqueta Ellis [200]

1999 Cross Country, Denton, TX Paul Ndachi; Brandi Orozco

2000 Cross Country, Sacramento, CA (BW) Paul Ndachi

SUN BELT CONFERENCE 2000 Outdoor, Miami, FL

Chiqueta Ellis [200; 400]; Krista Davey [1500]; Keri Schneider [1500]; Dionte Campbell [TJ]; Candace Rowe [LJ] Arthur Cox [400; 4 X 400]; Terrance Boatwight [400; 4 X 400]; Artie Breault [800; 4 X 400]; Paul Ndachi [10K; 5K; 1500]; Jerome Carrothers [SP; DT]; Parrish Johnson [SP]; Michael Krebs [4 X 400]

2000 Cross Country, Little Rock, AR

Edmond Chapa; Nick Mokashi; Matt Gieringer

2001 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Edmond Chapa (3K; 5K); Arthur Cox (400); Sammy Dabbs (55H); Kyle King (5k); Gerald Shepherd (LJ; TJ); Maria Spencer (HJ); Debbie Thornhill (3K; 5K);

2001 Outdoor, New Orleans, LA

Edmond Chapa [10k; 5k]; Jerome Carrothers [SP; DT]; Debbie Thornhill [3k; 5k]; Maria Spencer [HJ]; Detrion Woodson [100]; Arthur Cox [400; 4X400]; Kyle King [1500]; ReMarcus Smith [110H]; Terrance Boatwright [4X400]; Michael Krebs [4X400]; Brian Stephenson [4X400]

2001 Cross Country, Bowling Green, KY Debbie Thornhill; Kyle King; Edmond Chapa

2002 Indoor, Murphreesboro, TN

Jerome Carrothers (SP); Sammy Dabbs (55H); Ryan Lancon (PV); Gerald Shepherd (TJ); Jarrod Stone (HJ); Ananka Clark (200); Monica Coates (55H); Lakisha Gentry (SP); Maria Spencer (HJ); LaTrecia Taylor (SP)

2002 Outdoor, New Oreleans, LA

Justin Bowers [Dec]; Rhatisha Scott [Hep]; Nick Mokashi [10K]; Adrian Awasom [DT]; Jerome Carrothers [SP]; Ron Paris [SP]; Jessica Shockley [HJ]; LaTrecia Taylor [SP]; Ryan Lancon [PV]; Chris Mordecai [PV]; Lakisha Gentry [JT]; Jarrod Stone [HJ];

RECORDS→ all-conference



Ananka Clark [100]; Monica Coates [100H]; David Turner [400; 4 X 400]; Lisa Helm [400H]; Stephanie Allen [400H]; Cherri Rowe [4X400]; Erika Washington [4X400]; Kim Brown [4X400]; Norman Clay [4X400]; Terrance Boatwright [4X400]; Michael Krebs [4X400]

2003 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Ryan Lancon (PV); Jarrod Stone (HJ); David Turner (400); Ciji Brooks (55H); Ananka Clark (55); Rhatisha Scott (55H); LaTrecia (SP); Deidra Wesley (HJ).

2003 Outdoor, Denton, TX

Ben Botello (Dec); Arthur Cox (400); Michael Krebs (800); Ryan Lancon (PV); Jerome Carrothers (SP; DT); Ron Paris (DT); Jahnisha Warren (100H); Ciji Brooks (SP; 100H); Ananka Clark (100; 200); Rhonda Williams (LJ); Chelsea Creech (HJ); Jessica Shockley (HJ); Tiffanie Jordan (TJ); LaTrecia Taylor (SP); Jessica Henderson (DT); LaKisha Gentry (JT); Rhatisha Scott (HEP); Deidra Wesley (HEP)

2003 Cross-Country, Bowling Green, KY

Josh Rogers; Matt Gieringer; Bonnie McKernan

2004 Indoor, Murfreesboro, TN

Lee Porter (800); Jarrod Stone (HJ; LJ); David Turner (400); Ciji Brooks (55H); Ryan Hill (HJ); Ashley Porter (PV); Jessica Schmidt (5K; 3K; Mile); Deidra Wesley (HJ)

2004 Outdoor, Denton, TX

Deidra Wesley (Hep., HJ); Jessica Henderson (Disc); Ciji Brooks (SP; 100H); Jessica Shockley (HJ); Katrina Couch (HJ); Ryan Hill (HJ); Erika Washington (800); Stephanie Alen (400H); Tiffanie Jordan (TJ); Chastidy Russell (4 X 100); Rhonda Williams (4 X 100; 4 X 400); Roniqua Wilson (4 X 100); Osaze Aghedo (4 X 100); Adrian Awasom (disc); Matt Gieringer (10k); Jarrod Stone (LJ; HJ); Andre Douglas (4 X 400; 400); David Turner (4 X 400; 400); Arthur Cox (4 X 400); Derek Logan (4 X 400); Justin Kauffman (800); Kory Williams (400H); Chris Mordecai (PV); Josh Rogers (5k)

2004 Cross-Country, Little Rock, AR

Jill Brennan; Justin Kauffman

2005 Indoor, Jonesboro, AR

Ciji Brooks (55H); Ryan Hill (HJ); Bonnie McKernan (3000; 5000); Stacy Orakpo (SP); Deidra Wesley (HJ; Pent.) [Exhibition] ; Rhonda Williams (LJ);

2005 Outdoor, New Orleans LA

Mark Lee (HJ); Frank Ngeno (SC); Heath Smith (JT); Jarrod Stone (LJ); Kory Williams (400H); David Schwein (4 X 100; 4 X 400); Derek Logan (4 X 100; 4 X 400); Brandon Irabor (4 X 100); Johnny Quinn (4 X 100); Brandon Woodard (4 X 400); Kelvin Wright (4 X 400); Osaze Aghedo (100); Ciji Brooks (SP); Ryan Hill (HJ); Bonnie McKernan (SC; 5K); Rachael Runnels (200); Cassie Storms (5K); Rhonda Williams (LJ)

2005 Cross-Country, Bowling Green, KY Jill Brennan; Frank Ngeno **RECORDS** → all-conference

2006 Indoor, Murfreesboro, TN

Brandon Irabor (200); Mark Lee (HJ); Kelvin Wright (4X400; DMR); Ciji Brooks (SP); Chi Chi Echebelem (400); Ryan Hill (HJ); Brandi Stanfield (LJ;TJ); Deidra Wesley (PENT); Heather Wood (SP)

2006 Outdoor, Lafayette, LA

Ciji Brooks (SP); Ryan Hill (HJ); Brandi Stanfield (LJ); Cassie Storms (10k); Deidra Wesley (HEP; HJ); Heather Wood (SP); Mark Lee (HJ); Frank Ngeno (Steeple); David Schwein (400; 4X100); Heath Smith (JT);

2006 Cross-Country, Little Rock, AR Frank Ngeno

2007 Indoor, Jonesboro, AR

Toby Edwards (HJ); Josh Papagno (PV); Heath Smith (SP); Byron Washington (55); Brandi Stanfield (TJ; LJ); Alana Tyler (WT); Heather Wood (SP)

2007 Outdoor, Lafayette, LA

Toby Edwards (HJ); Tayo Harriman (800); Frank Ngeno (Steeple); Josh Papagno (PV); Heath Smith (SP; JT); Toby Zelt (PV); Ryan Hill (HJ); Brandi Stanfield (TJ); Lauren Wiggins (100H); Heather Wood (SP); Chi Chi Echebelem (4 X 400); Keisha Hornsby (4 X 400); Shayla Hart (4 X 400); Ciara Smith (4 X 400)

2007 Cross-Country, Bowling Green, KY

Frank Ngeno; Patrick Strong

2008 Cross Country, Bowling Green, KY Patrick Strong

2008 Indoor, Murfreesboro, TN

Toby Edwards (HJ); Temitayo Harriman (800); Josh Papagno (PV); Alysha Adams (55H); Christal Brewseter (PV); Shelley Hollingsworth (PV); Brandi Stanfield (TJ); Alana Tyler (WT); Lauren Wiggins (55H; 55); Shayla Hart (4X400); Racquel Hudson (4X400); Christal Mitchell (4X400); Ciara Smith (4X400)

2008 Outdoor, Denton, TX

Toby Edwards (HJ); Tayo Harriman (800); Jermaine Jamison (HJ); Ryan Varner (200; 400; 4X400); Toby Zelt (PV); Kelvin Wright (4X400); Darnell Greig (4X400); Reggie Hayter (4X400); Alysha Adams (HEP; 100H); Shelly Hollingsworth (PV); Rachael Runnels (200; 100; 4X100); Ciara Smith (400, 4X400); Alana Tyler (HT); Lauren Wiggins (100); Shayla Hart (4X400); Chi Chi Echebelem (4X400); Chrystal Mitchell (4X400)

2009 Cross Country, Monroe, LA

Patrick Strong

2009 Indoor, Jonesboro, AR

Christal Brewster (PV); Monica Dunn (4X400), Darnell Greig (4X400), Shayla Hart (4X400), Reggie Hayter (800; 4X400), Chrystal Mitchell (4X400), Josh Papagno (PV), Montrell Pyron (4X400), Brittani Simmons (200), Ciara Smith (400; 4X400), Keyth Talley (200; 4X400), Jordan Wehr (HEP), Lauren Wiggins (55H)

2009 Outdoor, Murfreesboro, TN

Sara Dietz (800); Toby Edwards (HJ); Jermaine Jamison (HJ); Brittani Simmons (100; 200); Ciara Smith (400); Keyth Talley (200), Andrew Turner (DEC); Jordan Wehr (PV); Lauren Wiggins (100H, 100)

2010 Cross Country, Bowling Green, KY Patrick Strong, Ingrid Mollenkopf, Sara Dietz

2010 Indoor, Murfreesboro, TN

Alysha Adams (200, 55 H, 4x400); Justin Anderson (55); Lonnie Bacon (TJ); Misssy Barnes (55); Brittany Blaylock (55, 200); Monica Dunn (4x400); Reggie Hayter (4x400, 800); Roshunda Pierson (4x400, DMR); Montrell Pyron (4x400); Russell Sams (4x400); Brittani Simmons (44, 4x400); Suzy Prikryl (HJ); Keyth Talley (55, 200, 4x400); Jordan Wehr (Heptathlon, HJ)

2010 Outdoor, Denton, TX

Alysha Adams (200, 100 H, 4x100); Ashley Austin (LJ); Missy Barnes (4x100); Brittany Blaylock (100, 200, 4x100); Darnell Greig (400); Jermaine Jamison (HJ); Matt Peters (800); Roshunda Pierson (400 H); Ciara Smith (400); De'Ona Stafford (4x100); Jordan Wehr (Decathlon); Steven White (400 H)

2011 Indoor, Jonesboro, AR

Alysha Adams (4x400, 55-H, 200), Ciara Smith (400, 4x400), Monica Dunn (4x400), Janesa Moore (4x400), Christal Brewster (PV), Clinton Collins (200, 400), Jermaine Jamison (HJ), Jordan Wehr (Hep, PV), Terrance Williams (LJ)

2011 Outdoor, Murfreesboro, TN

Alysha Adams (100, 200, 100-H, 4x100), Sara Dietz (800, 1500), Ingrid Millenkopf (5,000, 10,000), Brittani Simmons (4x100), Missy Barnes (4x100), Janesa Moore (4x100), Shahaf Bareni (HJ), Reggie Hayter (800), Patick Strong (5,000, 10,000), Steven White (400-H)

2011 Cross Country, Bowling Green, KY Ingrid Mollenkopf, Sara Dietz

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2012 Indoor, Murfreesboro, TN

Jo Adams (Mile), Shahaf Bareni (HJ), Clinton Collins (400, 4x400), Sara Dietz (800, Mile, 1,500), CJ Fowler (4x400), Chelsea Hermes (Pentathlon), Deja McKnight (Shot), Janesa Moore (55), Adam Thiel (4x400), Steven White (4x400), Sarah Vann (PV)

2012 Outdoor, Lafayette, LA

Jo Adams (800, 1,500), Shahaf Bareni (HJ), Jamila Cartwright (4x400), Clinton Collins (400, 4x100), Sara Dietz (800, 1,500) CJ Fowler (4x100), Ashley Harrison (400, 4x400), Chelsea Hermes (Hep), Johnny Hickman (4x100), Sarah Korn (PV), Matt Russ (1,500), Ashley Starks (100-H), Chastity Stewart (4x400), Steven White (400-H, 4x100), Sarah Vann (PV)

2012 Cross Country, Bowling Green, KY

Jo Adams, Matt Russ, Troy Taylor

2013 Indoor, Jonesboro, AR

Jo Adams (Mile), Shahaf Bareni (HJ), Clinton Collins (400, 4x400), Sara Dietz (800, Mile, 1,500), CJ Fowler (4x400), Chelsea Hermes (Pentathlon), Deja McKnight (Shot), Janesa Moore (55), Adam Thiel (4x400), Steven White (4x400), Sarah Vann (PV)

2013 Outdoor, Miramar, FL

Jo Adams (800, 1,500), Shahaf Bareni (HJ), Jamila Cartwright (4x400), Clinton Collins (400, 4x100), Sara Dietz (800, 1,500) CJ Fowler (4x100), Ashley Harrison (400, 4x400), Chelsea Hermes (Hep), Johnny Hickman (4x100), Sarah Korn (PV), Matt Russ (1,500), Ashley Starks (100-H), Chastity Stewart (4x400), Steven White (400-H, 4x100), Sarah Vann (PV)

→ NCAA Participants

2013 West Preliminaries

Finals: Jo Adams (1,500), Shahaf Bareni (High Jump), Clinton Collins (400), Aaron Sirles (Discus Throw), Haley Thompson (High Jump), Steven White (400-H), Charlotte Wilson (3,000)

Jo Adams (1,500), Shahaf Bareni (High Jump), Clinton Collins (400), Ashely Harrison (400), Matt Russ (1,500), Aaron Sirles (Discus Throw), Chastity Stewart (100-H), Haley Thompson (High Jump), Steven White (400-H), Charlotte Wilson (3,000)

2012 West Preliminaries

Jo Adams (1,500), Shahaf Bareni (High Jump), Clinton Collins (400, 4x100), Sara Dietz (1,500), CJ Fowler (200, 4x100), Aaron Sirles (Discus Throw), Chastity Stewart (100-H), Steven White (400-H, 4x100)

2011 West Preliminaries

Alysha Adams (100, 100-H, 4x100), Missy Barnes (4x100), Brittany Blaylock (100, 4x100), Christal Brewster (Pole Vault), Janesa Moore (4x100, Brittani Simmons (4x100), Clinton Collins (200, 4x400), Darnell Greig (400, 4x400) Justin Flowers (200, 4x400), Reggis Hayter (4x400), Patrick Strong (10,000), Jordan Wehr (Pole Vault), Steven White (400-H, 4x400)

2010 West Preliminaries

Alysha Adams (4x100, 100-H, 100); Ashley Austin (Long Jump); Lonnie Bacon (Triple Jump); Missy Barnes (4x100, 100); Brittany Blaylock (4x100, 100, 200); Darnell Greig (4x400); Reggie hayter (4x400); Jermaine Jamison (High Jump); Eron Phillips (Long Jump); Roshunda Pierson (400-H); Montrell Pyron (4x400); Brittani Simmons (4x100, 100); Keyth Talley (100, 200, 4x400); Steven White (400-H)

2009 NCAA Midwest Regionals

Finals: Jordan Wehr, Pole Vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 39.83); Alysha Adams, 100-H (sixth place, 13.70); Brock Stickler, Discus Throw (10th place, 175-00)

Keyth Talley (200, 4x100), C.J. Fowler (4x100), Ryan Varner (4x100), Byron Washington (4x100), Jermaine Jamison (High Jump), Brock Stickler (Discus Throw), Jordan Wehr (Pole Vault), Alysha Adams (100-H), Ashley Austin (Long Jump), Christal Brewster (Pole Vault), Shayla Hart (4x400), Chrystal Mitchell (4x400), Brittani Simmons (100, 200, 4x400), Ciara Smith (400, 4x400), Alana Tyler (Hammer Throw)

2008 NCAA Midwest Regionals

Finals: Ciara Smith, 400 (fifth place, 53.41), 4x400 (fifth place, 3:37.18); Chi Chi Echebelem, 4x400 (fifth place, 3:37.18); Chrystal Mitchell , 4x400 (fifth place, 3:37.18); Chrystal Mitchell , 4x400 (fifth place, 3:37.18); Alysha Adams, 100-H (seventh place, 13.98); Brandi Stanfield, TJ (14t place, 41-01.00); Kelvin Wright, 4x100 (eighth place, 3:08.37); Byan Roberson, 4x100 (eighth place, 3:08.37); Byron Washington, 4x100 (eighth place, 3:08.37)

Temitayo Harriman (800), Jermaine Jamison (High Jump), Ryan Varner (200, 400), Kelvin Wright (4x100), Ryan Roberson (4x100), Brandon Irabor (4x100), Byron Washington (4x100), Lauren Wiggins (100-H, 4x100), Rachael Runnels (4x100), Alysha Adams (100-H, 4x100), Keisha Hornsby (4x100), Brandi Stanfield (Triple Jump), Chi Chi Echebelem (4x400), Shayla Hart (4x400), Chrystal Mitchell (4x400), Ciara Smith (400, 4x400)

2007 NCAA Midwest Regionals

Finals: Heath Smith, Javelin (second place, 65.62); Brandi Stanfield, Triple Jump (eighth place, 12.76); Ciara Smith, 4x400 (eighth place, 3:40.05); Chi Chi Echebelem, 4x400 (eighth place, 3:40.05); Keisha Hornsby, 4x400 (eighth place, 3:40.05); Shayla Hart, 4x400 (eighth place, 3:40.05)

Toby Edwards (High Jump), Mark Lee (High Jump), Heath Smith (Javelin, Shot Put), Ryan Varner (200), Chi Chi Echebelem (4x100, 4x400), Shayla Hart (4x400, Ryan Hill (High Jump), Keisha Hornsby (4x100, 4x400), Lisa Nolting (4x100), Rachael Runnels (4x100), Ciara Smith (4x400), Brandi Stanfield (Triple Jump), Lauren Wiggins (100-H), Heather Wood (Shot Put)

2006 NCAA Midwest Regionals

Finals: Heath Smith, Javelin (eighth place, 202-feet-9inches); Brandi Stanfield, Triple Jump (seventh place, 42-feet-2-1/4), Deidre Wesley, High Jump (seventh place, 5-feet-9-1/4); Heather Wood, Shot Put (10th place, 48-1/2); Mark Lee, High Jump (16th place, 6-feet-9); Frank Ngeno, 3,000-Meter Steeplechase (15th place, 9:31.55).

Frank Ngeno (3,000-Meter Steeplechase), David Schwein (4x100), Brandon Irabor (4x100), Ryan Roberson (4x100), Johnny Quinn (4x100), Tim Musomba (4x100), Kelvin Wright (4x100), Mark Lee (High Jump), Heath Smith (Javelin), Rachael Runnels (100, 4x100), Ciji Brooks (100-H, Shot Put), Chastidy Russell (4x100), Keisha Hornsby (4x100), Chi Chi Echebelem (4x100), Brandi Stanfield (4x100, Triple Jump), Lisa Nolting (4x100), Ryan Hill (High Jump) Deidra Wesley (High Jump), Heather Wood (Shot Put)

2005 NCAA Midwest Regionals

Finals: Kory Williams, 400-H (fifth place, 51.11); David Schwein, 4x100 (11th place, 40.42); Derek Logan, 4x100 (11th place, 40.42); Brandon Irabor, 4x100 (11th place, 40.42); Johnny Quinn, 4x100 (11th place, 40.42); Brandon Woodard, 4x400 (fourth, 3:08.21); David Schwein, 4x400 (fourth, 3:08.21); Derek Logan, 4x400 (fourth, 3:08.21); Kelvin Wright 4x400 (fourth, 3:08.21); Chastidy Russell, 4x400 (10th place, 3:41.42); Chi Chi Echebelem, 4x400 (10th place, 3:41.42); Chrystal Mitchell, 4x400 (10th place, 3:41.42); Rhonda Williams, 4x400 (10th place, 3:41.42); Rhonda Williams, High Jump (15th place, 18-11.75); Ciji Brooks, 100-H (11th place, 13.78); Bonnie McKernan, 3,000-Meter Steeplechase (13th, 11:28.23); Ciji Brooks, Shot Put (17th place, 43-05.00).

Brandon Irabor (4x100), Mark Lee (High Jump), Derek Logan (4x100, 4x400), Johnny Quinn (4x100), Ryan Roberson (4x100), David Schwein (4x100, 4x400), Jarrod Stone (Long Jump), Bryant Williams (4x400), Kory Williams (400H, 4x400), Brandon Woodard (4x400), Kelvin Wright (4x400, 4x100), Osaze Aghedo (4x100), Ciji Brooks (Shot Put, 100-H), Chi Chi Echebelem (4x100), Racquel Hudson (4x400), Bonnie McKerran (3000 Steeplechase), Chrystal Mitchell (4x400, 4x100), Rachel Runnels (200, 4x100), Chastidy Russell (4x100, 4x400) Wesley, Deidra (High Jump), Rhonda Williams (Long Jump, 4x100, 4x400)



└→ Coach of the Year

Sun Belt Conference

2000	Rick Watkins (Men's)
2002	Rick Watkins (Men's)
2003	Rick Watkins (Women's)
2005	Rick Watkins (Women's)
2012	Carl Sheffield (Women's Indoor)
2012	Carl Sheffield (Women's Outdoor)
2013	Carl Sheffield (Women's Outdoor)
South C	Central Region
2002	Rick Watkins (Men's)

└→ Freshman of the Year

Sun Belt Conference

2013	Charlotte Wilson (Outdoor)
2013	Christina Taylor (Indoor)
2009	Keyth Talley (Indoor, Outdoor)
2008	Alysha Adams (Indoor, Outdoor)
2006	Brandi Stanfield (Indoor, Outdoor)

└→ Outstanding Field Performer

Sun Belt Conference

2011	Jordan Wehr (Indoor)	a
2006	Brandi Stanfield (Indoor)	20
2004	Rhonda Williams (Co-Honors, Outdoor)	20

Southland Conference

1987 Rachel Barr (Outdoor)

└→ Outstanding Track Performer

Southland Conference

1991 Dylan Fugitt (Indoor)

Sun Belt Conference

2012	Sara Dietz (Indoor)
2011	Alysha Adams (Outdoor)
2010	Alysha Adams (Outdoor)
2010	Keyth Talley (Indoor)
2004	Jessica Schmidt (Indoor)
2000	Paul Ndachi (Outdoor)

└→ Individual High-Point Scorer

Southland Conference

1988 Sherry Anderson (Outdoor)

Sun Belt Conference

2012	Sara Dietz (Indoor) (Tie)
2011	Alysha Adams (Outdoor)
2010	Alysha Adams (Outdoor)
2004	Jessica Schmidt (Indoor)
2000	Paul Ndachi (Outdoor)

└→ NCAA All-American

2012	2 Steven White (Outdoor, 400-H) (2nd
Team)
2000	6 Brandi Stanfield (Indoor, Triple Jump)
200	Detrion Woodson (Outdoor, 100 Meters)
1982	2 Donna Thomas (Outdoor, Long Jump)
L ,	Academic All-American
ESPI	N The Magazine
2007	Heath Smith, First Team
2006	Heath Smith, Second Team
⊔ and	Division I All-Academic Track Field Team
2012	Shahaf Bareni, Chasity Stewart, Sara
	Dietz, Clinton Collins
2011	Christal Brewster, Brittani Simmons,
	Clinton Collins
2009	Christal Brewster, Shayla Hart, Brittani
	Simmons, Alana Tyler
⊔ and	Division I All-Academic Track Field Teams
2011	Women's Track & Field
2009	Women's Track & Field



→ North Texas At National Championships

NCAA Track & Field Championship

Outdoor

2013: Jo Adams 1,500-meter run (16th-place), Shahaf Bareni High Jump (7th- place), Steven White 400-meter hurdles (3rd-place)

2012: Steven White, 400-meter hurdles (14th-place finish)

2010: Alysha Adams, 100-meter hurdles (17th-place finish); Women's 4x100-meter relay team (Brittani Simmons, Alysha Adams, Missy Barnes, Brittany Blaylock) 11th-place finish

2009: Jordan Wehr, Pole Vault (15th-place finish); Men's 4X100-meter relay team (Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler) 11th-place finish 2008: Toby Edwards, High Jump (18th-place finish); Ciara Smith, 400-meter dash (25th-place finish)

2007: Heath Smith, Javelin (22nd-place finish)

2006: Brandi Stanfield, Triple Jump (18th-place finish)

2005: Kory Williams, 400-meter hurdles (24th-place finish)

2003: Ananka Clark, 100-meter dash. (24th-place finish)

2001: Detrion Woodson, 100-meter dash. (advanced to semifinals)

1999: Men's 4 x 100-meter relay team (Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson) - DNF in preliminaries.

1988: Sherry Anderson, long jump, did not advance to finals

1983: Donna Thomas, long jump, 4th (20-8.75); Johnny Walker, 800-meter run (did not advance to finals); Lynn Howe, 400-meter hurdles (did not advance to finals); 4 x 400-meter relay (Lynn Howe, Doug Jackson, Richard Pace, Johnny Walker, did not advance to finals)

1980: Rudy Levarity, 100-meter dash (advanced to semifinals), 200-meter dash (7th, 20.5)

1982: Donna Thomas, long jump (5th, 21-2.5)

1970: Bill Schmidt, javelin, second place (267-11)

Indoor:

2013: Jo Adams (1,500), Shahaf Bareni (High Jump), Clinton Collins (400), Aaron Sirles (Discus Throw), Haley Thompson (High Jump), Steven White (400-H), Charlotte Wilson (3,000)

2010: Keyth Talley, 60-meter dash (13th place)

2008: Lauren Wiggins, 60-meter Hurdles (14th place)

2006: Brandi Stanfield, Triple Jump (11th place)

AIAW National Championship

Indoor

1982: Donna Thomas, long jump (1st, 20-8.5)

1980: 1,000-meter run, Leana Hocking (2nd, 2:44.49); Mile relay (3rd, 3:45.29, Joan Bennett, Debra Pinnix, Leana Hocking, Julie Bergeron)

Outdoor

1982: Donna Thomas, long jump (2nd, 21-0); McDonald, 100-meter dash (4th, 11.86); 800-meter sprint medley relay (Donna Thomas, Anita Whitley, Sharon McDonald, Ella Smith, 2nd, 1:42.20)

1981: Donna Thomas, long jump (1st place)

→ Junior USA Championship

2011: Terrance Williams, Long Jump (7.54m) - Silver Medal

2010: Steven White, 400-meter hurdles (51.19) - Silver medal

2009: Keyth Talley, 200-meter dash (20.86) - Gold Medal

2006: Brandi Stanfield, Triple Jump

2000: Sammy Dabbs, 110H

1999: Maria Spencer, High Jump

1999: Dionte Campbell, Triple Jump (41.6 (+) - Silver Medal

→ Pan American Junior Championship/ IAAF World Junior Championship

	-
2011: Terrance Williams (USA), Long Jump (7.54m) - Silver Medal	(Pan American Junior Championship)
2010: Steven White (USA), 400-hurdles (51.19) - Silver Medal	(IAAF World Junior Championship)
2010: Darnell Greig (Trinidad & Tobago), 400 meter, 4x400 meter relay	(IAAF World Junior Championship)
2009: Keyth Talley (USA), 200-meter dash (20.78) - Silver Medal; 4x100 relay (of 39.06)* - Gold Medal	(Pan American Junior Championship)
1999: Dionte Cambell (USA) - Triple Iump	(Pan American Junior Championship)
└→ Coaching History	
1921-28	
1929-41	Choc Sportsman
1942	Bill Cooper
1943	Lloyd Russell
1944	No Team
1945-46	Bill Cooper
1947	Odus Mitchell

 1948-71
 Winton "Pop" Noah

 1971-73
 Carl Babcock

 1973-82
 John McKenzie

 1983-96
 Ken Garland

 1997-2011
 Rick Watkins

 2011-present
 Carl Sheffield

→ 2013 Conference USA Championship November 2, 2013 / Denton, Texas

<u>Men / 8K</u>

Team Results

Top 10 Finishers (All-Conference Runners)

1. Anthony Rotich (UTEP)	24:31.57
2. Chris O'Hare (Tulsa)	24.50.09
3. Cosmas Boit (UTEP)	24:53.62
4. Andrew Davis (Tulsa)	24:55.43
5. Danny Thater (UTEP)	25:04.85
6. Elphas Maiyo (UTEP)	25:08.38
7. Marc Scott (Tulsa)	25:16.18
8. Tim Rackers (Tulsa)	25:25.76
9. Troy Taylor (NT)	25:30.35
10. Will Firth (Rice)	25:33.17

North Texas Results

9. Troy Taylor	25:30.35
11. Matt Russ	25:37.36
13. Alejandro Valencia	25:42.44
14. Silvester Harrison	25.48.14
16. James Coleman	25:58.45
21. Bryce McAndrew	26:14.52
43. Grady Frazier	26:53.62
45. Alex Hita	26:57.86
67. Austin Yaeger	27:41.89

Women / 5K

women / JK	
Team Results	
1. Tulsa	67
UTSA	67
3. North Texas	105
4. East Carolina	152
5. Charlotte	155
6. Southern Miss	158
7. Middle Tennessee	163
8. UAB	186
9. Rice	189
10. Florida Atlantic	221
11. Tulane	
12. Marshall	
13. Florida International	
14. UTEP	
15. Louisiana Tech	491

Top 10 Finishers (All-Conference Runners)

1. Elinor Kirk (UAB)	17:09.84
2. Cali Roper (Rice)	17:19.91
3. Josephine Adams (NT)	17:22.73
4. Nina Herrera (UTSA)	17:24.07
5. Felice Johnson (SMSU)	17:24.67
6. Charlotte Wilson (NT)	17:34.14
7. Brooke Kott (East Carolina)	17:37.67
8. Emily Perez (UTSA)	17:40.90
9. Brandi Krieg (Tulsa)	17:41.52
10. Katherine Camp (Tulsa)	17:42.50

North Texas Results

3. Josephine Adams	.17:22.73
6. Charlotte Wilson	.17:34.14
23. Christina Taylor	.18:03.44
24. Magdalena Escobar	.18:08.26
50. Yvette Hernandez	.18:55.65
65. Carly Griffith	.19:24.69
78. Laura Cortez	.19:47.55
83. Kaitlyn Newton	.19:52.77
85. Kylee Kittrell	.19:57.10

→ All-Time Honors Coach of the Year

Sun Belt Conference

CORDS

cross country

2011 Sam Burroughs (women)

Southland Conference

1994	Ken Garland (men)
1991	Ken Garland (men)
1990	Ken Garland (men)
1989	Ken Garland (women)

Athlete of the Year

Southland Conference1989Dylan Fugitt

Freshman of the Year

Sun Belt Conference	
2012	Troy Taylor
2008	Sara Dietz
2007	Patrick Strong

All-Region

NCAA South Central Regional

2012	Jo Adams
2011	Sara Dietz

→ 2012 North Texas Top Finishes

Men

Bear Twilight Invitational (6K)	Alejandro Valencia, 3rd, 18:38.9
Gerald Richey Invitational (4 Miles)	Austin Yaeger, 16th, 20:40.8
Ken Garland Invitational (4 Miles)	James Coleman, 2nd, 20:19.20
Chile Pepper Festival (8K)	Troy Taylor, 29th, 25:24.7
Confernece USA Championships (8K)	Troy Taylor, 9th, 25:30.35
NCAA South Central Regional (10K)	Troy Taylor, 33rd, 31:21.9
Women	
Bear Twilight Invitational(4K)	Christina Taylor, 26th, 14:57.7
Gerald Richey Invitational (5K)	Yvette Hernandez16th, 19:31.7
Ken Garland Invitational (5K)	Josephine Adams, 1st, 17:48.47
Chile Pepper Festival (5K)	Josephine Adams, 18th 17:49.3
Confernece USA Championships (5K)	Josephine Adams, 3rd, 17:22.73
NCAA South Central Regional (6K)	Josephine Adams, 17th, 21:03.7



RECORDS → cross country

└→ All-Time Records

Men / 8-K

Men / 8-K
1. Patrick Strong (2007)24:38
2. Paul Ndachi (1999)24:49
3. Paul Ndachi (1999)24:56
4. Patrick Strong (2010)25:02
5. Paul Ndachi (1999)25:08
6. Paul Ndachi (1998)25:12
7. Frank Ngeno (2006)25:14
8. James McGee (1993)25:16
9. Patrick Strong (2007)25:17
10. Troy Taylor (2013)25:24
11. Duane Stice (1992)25:25
Patrick Strong (2007)25:25
13. Stephen Murphy (1991)25:26
Patrick Strong (2008)25:26
Alejandro Valencia (2013)25:26

Men / 10-K

1. Troy Taylor	31:21
2. James Coleman	31:23
3. Matt Russ	31:32

Men / 4 Mile

1. James Coleman	20:19
2. Troy Taylor	20:28
3. Alejandro Valencia	20:31

Women / 6-K

1. Jo Adams (2013)21:03
2. Debbie Thornhill (2001)21:11
3. Charlotte Wilson (2013)21:23
4. Sara Dietz (2011)21:29
5. Jo Adams (2012)21.34
6. Jessica Schmidt (2003)21:42
7. Christina Taylor (2013)21:57
8. Jo Adams (2012)22:03
9. Ingrid Mollenkopf (2010)22:10
10. Brandi Orozco (2000)22:28
11. Dagmar Salazar (2003)22:33
12. Magdalena Escobar (2013)22:36
13. Ingrid Mollenkopf (2009)22:38
14. Bonnie McKernan (2003)22:58
15. Jill Brennan (2005)22:59

Women / 5-K

1. Jo Adams (2012)	17:37
2. Debbie Thornhill (2001)	17:44
3. Jo Adams (2012)	17:48
4. Ingrid Mollenkopf (2011)	17:52
5. Tischa Russell (1994)	18:03
6. Brandi Orozco (1998)	18:04
7. Sherri Painter (1982)	18:06
8. Jessica Schmidt (2003)	18:09
9. Sara Dietz (2011)	18:10
10. Brandi Orozco (1998)	18:12

11. Sara Dietz (2011)	18:15
12. Jill Brennan (2005)	18:16
13. Jo Adams (2012)	18:19
14. Ingrid Mollenkopf (2010)	18:20
15. Tischa Russell (1996)	18:27

└→ All-Time Champions

Individual
Men
Missouri Valley Conference

John Cooper	
Southland Conference	
Jonah Ngeny	
Dylan Fugitt	
Women	
Sun Belt Conference	

Sun Belt Confere	nce
Debbie Thornhill	

Conference Men

Men	
Lone Star Conference	1932
Lone Star Conference	1932
Lone Star Conference	1934
Southland Conference	
Southland Conference	
Southland Conference	1988
Southland Conference	
Southland Conference	1991
Southland Conference	1994
Sun Belt Conference	

Women

Southland Conference	
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→ All-Time Results

Conference USA (Men)

2013	.Second	 	<i>e</i>	53

Sun Belt Conference (Men)

2012	
2011	
2010Sixth167	
2009Fourth158	
2008Third110	
2007Second75	
2006 Third 98	
2005 Tied Second	
2004	
2003Third82	
2002Fifth118	
2001Second	
2000 First	
Big West Conference (Men)	
1999 Fighth 164	

1999	.Eighth	164
1998	.Fifth	114
1997	.Seventh	228

Southlan	d Conference (Men)	
1995	Eighth	
1994	First	
1993	Third	
1992	Second	74
1991	First	
1990	First	
1989	Second	
1988	First	
1987	First	
1986	Tied for First	
1985	Third	66
1984	Second	61
1983	Fourth	86

Conference USA (Women)

2013 Third	
Sun Belt Conference (Women)	
2012Sixth	157
2011Second	74
2010Sixth	157
2009Third	98
2008Fourth	113
2007Sixth	178
2006Seventh	240
2005Fourth	95
2004Fifth	129
2003Second	91
2002Fifth	118
2001Fifth	
2000Seventh	

Big West Conference (Women)

1999	Eleventh	291
1998	Eleventh	250
1997	Tenth	245

Southland Conference (Women)

Second	
Fifth	
Fourth	151
Fourth	
Seventh	154
Second	
First	
Seventh	
Fifth	117
Sixth	131
Sixth	121
	Fifth Fourth Fourth Seventh First Seventh Fifth

FECORDS → fouts field history



EVENT	NAME, SCHOOL	TIME/MARK	DATE
100 Meters	Monzavous Edwards, Bevill State		June 23, 2000#
200 Meters	Steve SLowly, New Era Spring		April 27, 2006
400 Meters	Deon Miner		May 20, 1995
800 Meters	Jackson Langat, TCU		April 15, 2006
1500 Meters	Russell Mangum, UL Monroe		April 25, 1987
5000 Meters	Deus Rwaherur, WKU		
10,000 Meters	Patrick Cheptoek, WKU		
110-M Hurdles	Jeff Jackson, Baylor		April 15, 1995
400-M Hurdles	Steven White, North Texas		April 7, 2012
3000-M Steeplechase	Gary Lackey, Unattatched		April 27, 2006
4x100-M Relay	Texas Christian University		
4x400-M Relay	TCU		April 15, 2006
High Jump	Robert Jordan, Millville, NJ		June 20, 1999#
Pole Vault	Chris Roy, ULL		
Long Jump	Andre Ester, UL Monroe		April 25, 1987
Triple Jump	Tydree Lewis		April 30, 2011
Old Javelin	Bill Schmidt, North Texas		
New Javelin	Kyle Kent, UL Monroe		
Hammer			June 20, 1999#
Shot Put	Nick Jones, ACU		April 30, 2011
Discus	Alex Tammenrt,Estonia		April 15, 2006
Decathlon	Ben Botello, North Texas	6,999	May 11, 2003

Women

EVENT	NAME/SCHOOL	TIME/MARK	DATE
100 Meters	Tawanna Meadows, Troy		May 5, 2008
200 Meters	Tiffany Townsend,		
400 Meters	Monique Henderson, MLK Blasters		June 20, 1999#
800 Meters	Erin Bedell, Baylor		April 15, 2006#
1500 Meters	Alejandra Barrientos, San Lorenzo, CA		June 20, 1999#
3000 Meters	Silje Fjortoft, SMU		April 11, 2008
5000 Meters	Mary Davies, Oklahoma State		April 27, 2006
10,000 Meters	Marion Kandie, WKU		
100-M Hurdles	Delloreen London		April 28, 2005
400-M Hurdles	Sheena Johnson, Garfield, VA		June 24, 2000#
3000-M Steeplechase	Michelle Finn, Western Kentucky		May, 9, 2010
4x100-M Relay	Unattached		May 17, 2008
4x400-M Relay	North Texas		
High Jump	Gaelle Niare, SMU		April 27, 2006
Long Jump	Tameka Roberts, UT-San Antonio		
Triple Jump	, Middle Tennessee		
Javelin	Kendra Wecker, Marysville, KS		June 23, 2000#
Hammer	Caroline Soong, UCLA		June 23, 2000#
Shot Put	Michelle Carter, Texas		April 15, 1995
	Simone du Toit, SMU		
	Jennie Sewell, Unattached		
	Eva Johnson, UT-Arlington		May 20, 1995

- Record set at 1999 or 2000 USA Track & Field Junior National Championships
 * - Records in the 100 meters, 200 meters, 100 Hurdles, Long Jump and Triple Jump include Legal Wind (2.0 m/s)

2013-14 North Texas Track and Field Schedule

Indoor Season

Date

January 17 January 25 January 31-Feb. 1 February 14 February 14-15 February 28-March 1 March 14

Meet

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Texas A&M Invitational JD Martin Invitational Howie Ryan Invitational Texas Tech Open Iowa State Classic Conference USA Championships NCAA Indoor Championships

Outdoor Season

Date

March 20-21 March 26-28 March 27-29 March 30 April 5 April 12 April 17-19 April 19 April 26 May 3 May 15-18 May 29 June 11 June 25

Meet	
TCU Invitational	
Texas Relays	
Bobcat Invitational	
Texas State Relays	
North Texas Classic	
UTEP Invitational	
Mt. SAC Relays	
John Jacobs Invitational	
J. Fred Ducket Twilight Invitational	
Longhorn Invitational	
Conference USA Championships	
NCAA West Preliminary Round	
NCAA Championship Finals	
US National Championships	

Location

College Station, TX Norman, OK Houston, TX Lubbock, TX Ames, IA Birmingham, AL Albuquerque, NM

Location

Ft. Worth, TX Austin, TX San Marcos, TX San Marcos, TX Denton, TX El Paso, TX Walnut, CA Norman, OK Houston, TX Austin, TX Houston, TX Fayetteville, AR Eugene, OR TBA