



**2012-13**  
**NORTH TEXAS**  
**TRACK AND FIELD**

**FACT AND RECORDS BOOK**

**MEAN GREEN<sup>TM</sup>**  
**TRACK AND FIELD**



**2012-13**  
**NORTH TEXAS**  
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**FACT AND RECORDS BOOK**

**MEAN GREEN™**

**TRACK AND FIELD**

# North Texas Athletics Department

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**Credits:** the North Texas Media Relations Department

**Photography:** Rick Yeatts

## **Mean Green Mission Statement**

- \* To Promote and monitor the educational achievement and personal growth of student-athletes, emphasizing that their educational growth and development is the primary purpose of intercollegiate athletics
- \* To conduct an athletics program that protects and enhances the physical and educational welfare of student-athletes
- \* To provide fair and equitable opportunity for all student-athletes and staff participating in intercollegiate sport activities, regardless of gender or ethnicity
- \* To promote the principles of good sportsmanship and honesty in compliance with the University of North Texas, state, NCAA and conference regulations
- \* To conduct a competitive athletics program that promotes faculty, staff, student and community affiliation with the University of North Texas
- \* To serve the community through public service and outreach activities which positively reflect on the University of North Texas and promote good will in the community.



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**Track & Field Quick Facts**

**University Information**

Location: Denton, Texas  
 Founded: 1890  
 Enrollment: 35, 836  
 Nickname: Mean Green  
 Colors: Green and White  
 Conference: Sun Belt  
 President: V. Lane Rawlins  
 Athletic Director: Rick Villarreal  
 Home Facility: Fouts Field  
 Main Athletics Phone: 940.565.2662  
 School Website: MeanGreenSports.com

**Coaching Staff**

Director of Track & Field and Cross Country: Carl Sheffield, Jr.  
 Phone: 940.565.4753  
 Assistant Coaches: Sam Burroughs, Derek Mackel, Pete Abbey

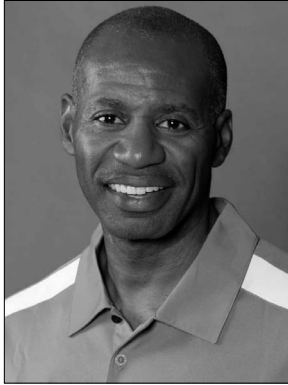
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# PROFILES

↳ head coach



## Carl Sheffield Jr.

**Director of Track & Field**

**Second Year ▶ UTA '93**

In his first year, North Texas Director of Track & Field Carl Sheffield wasted little time in returning the program to its former glory.

With Sheffield at the helm, the women's team took first-place at the 2012 Sun Belt Conference Outdoor Championships, the best finish for

the women since winning the SBC Outdoor Championships in 2003. He also guided the men's team to the most individual outdoor champions, five in 2012, since 2008 when North Texas had six individual outdoor champions.

Sheffield was named SBC Coach of the Year for the 2012 women's indoor and outdoor seasons.

Sheffield spent 12 years coaching as a Mean Green track & field assistant coach from 1996 to 2007 before departing for an opportunity to be the performance coach at the Michael Johnson Training Center in McKinney, Texas.

"In looking for a new head coach, I was looking for someone who had significant coaching experience, great character and with the amount of talent in this state, someone who had Texas roots and connections," said North Texas Athletics Director Rick Villarreal. "From watching and working with Coach Sheffield I saw the abilities to lead a high level program. His performance, demeanor and ability to recruit while he was an assistant coach here was instrumental to the success enjoyed by our teams. The experience he has gathered working with Olympic champion Michael Johnson's organization over the last four years has only strengthened the skills he can pass on to our student-athletes. We are proud to have him return as a member of the Mean Green family."

Under Sheffield's guidance as the sprints and hurdles coach at North Texas, his athletes established or tied over 20 school records and earned more than 70 all-conference awards. The Mean Green won four team championships while Sheffield was on staff, two on each of the men's and women's side.

He brings enhanced credentials through his work at the Michael Johnson Training Center where he focused on improving the ability of his athletes to integrate linear speed concepts through biomechanics, motor control and performance analysis.

Sheffield began his coaching career as a volunteer assistant at LSU in 1988. The Tigers went on to win a string of 11 consecutive NCAA Indoor and Outdoor Championships. He also coached national-caliber athletes with Nike sponsored teams in Texas and along the Atlantic coast before his first stint at North Texas.

A native of Dallas, Sheffield was one of the top-five hurdlers in the state while attending Skyline High School and attended UTA on scholarship as a high hurdler.

After earning his B.S. from UTA in 1993, Sheffield earned his Master of Science from North Texas in exercise physiology in 1996. In addition to his coaching duties, he served as an adjunct instructor for North Texas from 2005-07 for the Department of Kinesiology.

Carl and his wife, Tara, have two sons, Julian and Aiden.

### The Sheffield File

Alma Mater: UTA'93

#### Coaching Experience

2011-present: Director of Track and Field, North Texas

1996-2007: Assistant Coach, North Texas

#### \* 5 Conference Titles

2000, 02 Men's Outdoor Champions

2003, 12 Women's Outdoor Champions

2005 Women's Indoor Champions

#### \* 2 Coach of the Year Awards

2012 Women's Indoor

2012 Women's Outdoor



## Sam Burroughs

**Assistant Coach**

**Third Year ▶ Buffalo '00**

Sam Burroughs enters his third year as an assistant track & field coach at North Texas, primarily responsible for the middle and long distance running events.

Results have come quick. Burroughs' first three years at North Texas include eight all-conference performers in cross country [Patrick Strong (2011), Sara Dietz (2011, 2012), Ingrid Mollenkopf (2011, 2012), Jo Adams (2012), Matt Russ (2012) and Troy Taylor (2012)] and four schools records on the track (Sara Dietz indoor 800-meter and 3,000-meter, Ingrid Mollenkopf outdoor 10,000-meter and the women's distance medley relay).

Burroughs also received the Sun Belt Conference Women's Cross Country Coach of the Year Award for leading the Mean Green to a second-place finish in 2011. He followed that up by coaching the men's side to a runner-up finish in the 2012 Sun Belt Conference Cross-Country Championships.

Prior to North Texas, Burroughs spent two years in the same position at Abilene Christian University, where he collected two Lone Star Conference Championships, a South Central Regional Championship and a fourth-place finish at the NCAA championship meet in men's cross country. He was named the 2008 South Central Regional Coach of the Year by the United States Track & Field and Cross Country Coaches' Association as well as the Lone Star Conference Men's Coach of the Year in 2008 and '09.

In 2010, Burroughs coached Amos Sang to first place finishes in both the 5,000 and 10,000 meter runs at the NCAA Championships as well as leading Sang and Cleophas Tanui to first and second place finishes, respectively, in the 10,000 meter run at the prestigious Penn Relays in 2009.

Before joining the ACU staff, Burroughs was the assistant cross country coach and an assistant track and field coach at Iona College (N.Y.) for three seasons. Burroughs helped lead the Gaels to unprecedented success from 2005-07 as he was part of a program that posted three straight top-four finishes at the NCAA Division I national cross country championship meet, fourth in 2005, third in 2006, and NCAA National Runner-ups in 2007. While at Iona, Burroughs helped coach the Gaels to three straight Metro Atlantic Athletic Conference (MAAC) titles and helped the women's program to its third straight MAAC title.

Additional coaching stops include Manhattan College and Boston University.

Burroughs, who earned his bachelor's degree in exercise physiology in 2000 from the University of Buffalo, competed as a top member of the school's teams. Burroughs remained at Buffalo for graduate work, earning his master of science in human performance in 2002.

### Burroughs by the numbers:

- 86 Individual Conference Champions in Cross Country/Track & Field
- 36 NCAA Individual Qualifiers in Cross Country/Track & Field
- 28 All-Americans in Cross Country/Track & Field
- 12 Team Conference Champion titles for Cross Country/Track & Field
- 10 NCAA Championship podium trophies in Cross Country/Track & Field
- 5 Cross Country teams qualified for the NCAA Championships
- 5 NCAA Cross Country Regional Individual Champions
- 4 NCAA Cross Country Regional Team Championships
- 3 Athletes qualified for Team USA at the World Cross Country Championships
- 2 Men's Cross Country "Conference Coach of the Year" honors
- 3 Men's Cross Country "Conference Freshman Athlete of the Year" honors
- 2 NCAA Track & Field Individual Champions for Outdoor Track
- 1 Women's Cross Country "Conference Coach of the Year" honor
- 1 Penn Relays Champion

### The Burroughs File

**Alma Mater:** Buffalo '00

#### Coaching Experience

**2010-present:** Cross Country/Distance Coach, North Texas

**2008-10:** Head Coach, Cross Country, Abilene Christian

**2005-07:** Cross Country/Asst. Track and Field Coach, Iona College

**2003-05:** Cross Country/Asst. Track and Field Coach, Manhattan College

#### 8 Conference Titles

**2005-07 MAAC Champions (Iona)**  
(3 men, 3 women's titles)

**2008 Lone Star Champions (ACU)**

**2009 Lone Star Champions (ACU)**

#### Coaching Awards

**2011 Sun Belt Coach of the Year**

**2009: Lone Star Coach of the Year (ACU)**

**2008: South Central Regional Coach of the Year**

**2008: Lone Star Coach of the Year (ACU)**



# PROFILES

↳ assistant coaches



## Derek Mackel

**Assistant Coach**

**Third Year ▶ New Mexico**

Derek Mackel begins his third season as an assistant track & field coach at North Texas after a three-year stint in a similar capacity at the University of New Mexico. Mackel works

primarily with the pole vaulters and jumpers.

The 2012 campaign saw a lot of improvement from the women's pole vaulters as sophomore Sarah Vann took home all-conference honors in both the Sun Belt Indoor and Outdoor Championships. Mackel also coached sophomore Shahaf Barani to a Sun Belt Outdoor Championship and North Texas school record in the high jump as well as a new heptathlon record from junior Chelsea Hermes. Barani would go on to compete in the NCAA West Preliminary Rounds in Austin, Texas.

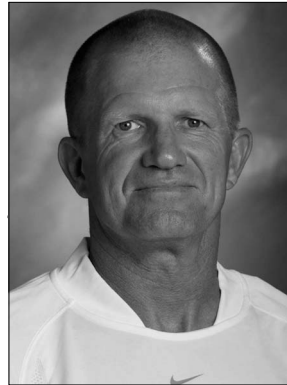
His first season at North Texas saw two vaulters and a jumper qualify for the NCAA West Preliminary Rounds. Freshman Terrance Williams won second place and a sport on the US Junior Team at the USA Junior Track and Field Championships. Williams would then win another silver at the Junior Pan American games. Christal Brewster and Jordan Wehr were the two pole vaulters to advance to the NCAA West Prelims. Brewster would finish 22nd and Wehr would take 28th.

At New Mexico in 2010, Mackel coached pole vaulter Kyle Walker to All-Mountain West Conference honors and a spot in the NCAA West Preliminary Round in the pole vault (17'4"). Mackel, also worked with Sandy Fortner, the Mountain West Conference Heptathlon Champion (5723), a qualifier to the NCAA Outdoor Championships in the Heptathlon. Fortner was named the Mountain West Female Athlete of the Year in 2010. Mackel also coached three women's vaulters in 2010: Kelly Fortner (12'9"), Lauren Jaramillio (12'1") and Amber Menke (12'1"), as well as numerous others.

In 2008, Mackel mentored pole vaulter Robert Caldwell into the 18' club (18'1), and to a 6th place finish at the NCAA Outdoor Championships. Mackel also coached the throwing events at New Mexico and mentored several walk-ons to personal bests in 1 year, including Briana Paxton (158'10 Discus, 45'0" Shot) and Sarah Smartwood (160'10" Hammer).

Mackel, the 2006 NCAA Midwest Regional pole vault champion, also set the Midwest Regional record in that event (18' 1") and was one of the great success stories in UNM track & field history. He began as an unrecruited walk-on in 2002, with a best vault of under 12' in high school. He improved by more than six feet during his collegiate career to become one of the nation's premier vaulters.

He is a 2006 graduate of the University of New Mexico, receiving his bachelor's degree in university studies and received an master's degree in exercise science from the University of New Mexico in 2010.



## Pete Abbey

**Assistant Coach**

**Second Year ▶ Eastern Illinois**

Pete Abbey begins his second year with the Mean Green track & field program as the throws coach.

His first year saw junior Aaron Sirles qualify for the NCAA West Preliminary Rounds for the first time in his career in the discus throw where he would finish just short of advancing to the NCAA Outdoor Championships. Abbey would also coach Charleston Lewis to a new school record hammer throw in 2012, as well as place Sirles and Cody January on the all-time performance list at No. 2 and No. 4 respectively.

Abbey, who previously served as an assistant coach at North Texas, brings a wealth of knowledge from many different levels of coaching, making previous stops at LSU, Oklahoma and Oklahoma State.

While at LSU, Abbey was a member of three women's track & field national championship teams.

A fifteen-year veteran of coaching, Abbey earned his bachelor's degree from Eastern Illinois University in elementary education.

He has served as the meet director for the Big 8 Cross Country Championships and has been the assistant meet director for the NCAA Championships, USATF Junior Olympics and four SEC meets.



### ↳ Men

<u>Name</u>	<u>Event</u>	<u>Class</u>	<u>Hometown</u>	<u>Last School</u>
Bey, Connor	Sprints	Fr.	Celina, TX	Celina High School
Clarke, Clinton	Jumps	Jr.	Nassau, Bahamas	Lon Morris College
Collins, Clinton	Sprints	Jr.	Ft. Worth, TX	Fossil Ridge High School
Corbett, Chris	Distance	Fr.	Allen, TX	Allen High School
Flores, Joel	Distance	Fr.	El Paso, TX	Jefferson - Silva Health Magnet High School
Fowler, James	Sprints	Sr.	Dallas, TX	Union High School
Fricke, Brandon	Sprints	So.	Dallas, TX	Naaman Forest High School
Fullman, Brad	Distance	So.	Phoenix, AZ	Horizon Honors High School
Garrish, John	Throws	Jr.	West Boca Raton, FL	Wagner College
Harrison III, Silvester	Distance	Fr.	Killeen, TX	Ellison High School
Haverstick, Kevin	Distance	Fr.	St. Louis, MO	Allen High School
Henderson, Trevor	Jumps	Fr.	Angleton, TX	Angleton High School
Hickman, Johnny	Sprints	Sr.	San Antonio, TX	Karen Wagner High School
Hita, Alexander	Distance	Fr.	North Richland Hills, TX	Birdville High School
Holmes, Kameron	Sprints	Fr.	Ft. Worth, TX	Arlington Heights High School
January, Cody	Throws	Sr.	Richardson, TX	Paradise Valley CC
Kalisky, Tom	Throws	Jr.	Degania Alef, Isreal	Coffeyville CC
Kehoe, Marcus	Pole Vault	Fr.	Lampasas, TX	Lampasas High School
Lewis, Charleston	Throws	Jr.	Temple, TX	Belton High School
McAndrew, Bryce	Distance	Fr.	Austin, TX	McNeil High School
Moore, Darwin	Hurdles	Jr.	Ft. Worth, TX	Eastern Hills High School
Newson, Cameron	Sprints	Fr.	Keller, TX	Blinn College
Oats, Morgan	Distance	Fr.	Honey Grove, TX	Honey Grove High School
Ortiz, Michael	Distance	Sr.	Arlington, TX	Kennedale High School
Oyegoke, Michael	Jumps	Fr.	Allen, TX	Allen High School
Pryor, Caleb	Sprints	Fr.	DeSoto, TX	DeSoto High School
Richard, Derek	Pole Vault	Fr.	Richmond, TX	William B. Travis High School
Russ, Matthew	Distance	Jr.	Nelson, New Zealand	Waimea College
Sirles, Aaron	Throws	Sr.	Austin, TX	W. Charles Akin High School
Sowells, Kedron	Sprints	Fr.	Lancaster, TX	Lancaster High School
Taylor, Troy	Distance	Fr.	Rhome, TX	Northwest High School
Webb, Kevin	Distance	Fr.	Georgetown, TX	Georgetown High School
White, Steven	Sprints	Sr.	Killeen, TX	Ellison High School
Williams, Terrance	Jumps	Jr.	League City, TX	Clear Creek High School
Wooten, Marcus	Hurdles	Jr.	Arlington, TX	Timberview High School
Yaeger, Austin	Distance	So.	Dallas, TX	Bishop Dunne High School





# PROFILES

↳ 2013 roster

## ↳ Women

<u>Name</u>	<u>Event</u>	<u>Class</u>	<u>Hometown</u>	<u>Last School</u>
Acosta, Isabel	Distance	Fr.	Austin, TX	Westwood High School
Adams, Josephine	Distance	Sr.	North Yorkshire, England	Leeds Metropolitan University
Arends, Elisha	Distance	So.	Austin, TX	Westwood High School
Bareni, Shahaf	High Jump	Jr.	Neot Golan, Israel	Beit Yerach
Brito, Melissa	Distance	Fr.	Garland, TX	Garland High School
Burton, Kendria	Hurdles	Jr.	Garland, TX	Naaman Forest High School
Cartwright, Jamilia	Sprints	So.	Dallas, TX	Naaman Forest High School
Clark, Tori	Throws	Fr.	Arlington, TX	Summit High School
Cortez, Laura	Distance	Fr.	San Antonio, TX	Antonian College Preparatory
El-Amin, Nadiya	Sprints	So.	Austin, TX	McCallum High School
Emery, Hollie	Distance	So.	Sydney, Australia	St. Mary's Senior High School
Geary, Blake	Distance	Fr.	Burleson, TX	Burleson High School
Griffith, Carly	Distance	Sr.	Gruyere, Victoria, Australia	Ringwood Secondary Col.
Harrison, Ashley	Sprints	Sr.	Sacramento, CA	American River College
Henry, Ashley	Sprints	Fr.	Frisco, TX	Liberty High School
Hermes, Chelsea	Multi	Sr.	Lindsay, TX	North Central Texas College
Hernandez, Yvette	Distance	Fr.	Wheeling, TX	North Mesquite High School
Hutchison, Natayla	Distance	Fr.	Burleson, TX	Burleson High School
Johnson, Simone	Sprints	Fr.	Cincinnati, OH	Carter High School
Kittrell, Kylee	Distance	Fr.	Colleyville, TX	Grapevine High School
Korn, Sarah	Pole Vault	Jr.	Seguin, TX	Navarro High School
Landry, Mona	Sprints/Jumps	Fr.	Houston, TX	North Shore Senior High School
Lusk, Rachel	Distance	Fr.	Amarillo, TX	Randall High School
McKnight, Deja	Throws	So.	Odessa, TX	Odessa High School
McNew, Jessica	Pole Vault	So.	White Oak, TX	White Oak High School
Morales, Leesa	Distance	So.	Victoria, TX	Victoria East High School
Newton, Kaitlyn	Distance	Fr.	Anna, TX	Anna High School
Northcutt, Madison	Pole Vault	Fr.	Granbury, TX	Granbury High School
Nweke, Ngozi	Throws	Fr.	Carrollton, TX	Carrollton High School
Rose, Kandace	Throws	Fr.	Kemp, TX	Kemp High School
Savoie, Kayla	Hurdles	So.	Houston, TX	Hightower High School
Stewart, Chastity	Hurdles	So.	Whitehouse, TX	Whitehouse High School
Thompson, Haley	High Jump	Sr.	College Station, TX	A&M Consolidated High School
Thornton, Tytana	Sprints	So.	Dallas, TX	Carter High School
Vann, Sarah	Pole Vault	Jr.	Evant, TX	Evant High School
Williams, Michaela	Jumps	Fr.	Irving, TX	Ranchview High School
Wood, Tori	Throws	Fr.	Richardson, TX	Plano East Sr. High School



## Jo Adams

**Distance**

Sr. ▶ 5-10  
North Yorkshire, England ▶  
(Leeds Metropolitan University)

### 2012 Cross Country

Was the runner-up in the women's 5K at the SBC Championships ... Received SBC All-Conference First Team honors ... Ran a personal best 21:34.0 6K to cross the line 16th at the NCAA South Central Region Championships ... Earned South Central Region All-Region honors ... Ran a school best 5K time of 17:37.31 at the Ken Garland Invitational ... Received SBC XC Runner of the Week honors for the week of Sept. 21 ... Placed 13th in the women's 6K at the Cowboy Jamboree ... Finished the women's 6K in 22:03.5 to place 30th at the Chile Pepper Festival.

### 2012 Track & Field

Ran the 1500-meter run at the NCAA West Preliminary Round ... Crossed the line second in the 1500-meter run at the SBC Outdoor Championships ... Grabbed a third-place finish in the 800-meter run at the SBC Outdoor Championships ... Set a season-best 17:56.93 5000-meter run at the SBC Outdoor Championships ... Ran a career-best 2:10.03 800-meter run at the Texas State Bobcat Classic, taking second ... Had a season-fast 4:26.44 1500-meter run at the 54th Annual Mt. SAC Relays.

### Personal

Daughter of John and Christiane Adams ... Born on March 5, 1990 ... Is working on her master's degree in sport, leisure and recreation.



## Shahaf Bareni

**High Jump**

Jr. ▶ 5-7  
Neot Golan, Israel ▶ (Beit Yerach)

### 2012

Was in the top-25 for high jump at the NCAA West Preliminary Round ... Named to the USTFCCA All-Academic Track and Field team ... Topped out at 1.81 meters for the year at the SBC Outdoor Championships ... Took first-place at the Texas State Bobcat Classic ... Completed the indoor season with a third-place finish at the SBC Indoor Championships ... Finished in the top-10 at every regular season meet.

### 2011

Made her North Texas debut at the Sun Belt Conference Indoor Championships and earned a sixth-place finish in the high jump, clearing the 1.60m bar ... Won the high jump at the Mean Green Twilight ... Topped out at 1.70m for the year at the Michael Johnson Classic ... Received all-conference honors for her third-place finish at the SBC Outdoor Championships.

### High School/Personal

Was the Israel Champion for ages 13-15 in the high jump in 2004-05 and was named the champion for youth and cadets from 2007-09 ... Took third place at the Israel Championship in 2010 ... Attended high school at Beit Yerach ... Daughter of Anat and Yaakov Bareni ... Has two siblings, Yarden and Adva.



## Elisha Arends

**Distance**

So. ▶ 5-2  
Austin, TX ▶ (Westwood HS)

### 2012 Track & Field

Was injured.

### 2012 Track & Field

Ran a season-best 5:15.66 mile at the SBC Outdoor Championships ... Was a member of the Distance Medley Relay team that finished sixth at the SBC Indoor Championships ... Finished in the top-10 at four indoor meets ... Ran a season-fast 1500-meter run time of 4:59.95 at the UTA Bobby Lane Invitational.

### 2011 Cross Country

Grabbed an 11th place finish at the Metroplex Opener ... Took 21st at the Baylor Invitational 4K in 15:29.7 ... Was the second North Texas girl across the line at the Cowboys Jamboree ... Took 22nd at the Sun Belt Conference Championship, helping the women to a second-place overall finish.

### High School/Personal

Ran cross country at Westwood High School ... Won district as a senior in 2010 and qualified for regionals the last two years ... Daughter of Richard and Ione Arends ... Has two younger siblings, Abbey and Max.



## Kendria Burton

**Hurdles**

Jr. ▶ 5-3  
Garland, TX ▶ (Naaman Forest HS)

### 2012

Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships ... Won first place in the 400 hurdles with a time of 1:02.08 at the Michael Johnson Classic ... Had two second-place finishes at the John Jacobs Invitational, 100 hurdles and 4x400 relay ... Had a personal-best 60 hurdles time of 8.88 at the Texas A&M 10 Team Invitational.

### 2011

Was injured.

### High School/Personal

Was the TAAF State Champion in the 100-meter hurdles and a USATF National Qualifier ... Three-time district champion ... Daughter of Ken and Sharon Burton ... Has one sister, Sharonda Cooks ... Great granddaughter of North Texas football great Abner Haynes.



# PROFILES

↳ athlete profiles



## Jamilia Cartwright

Sprints

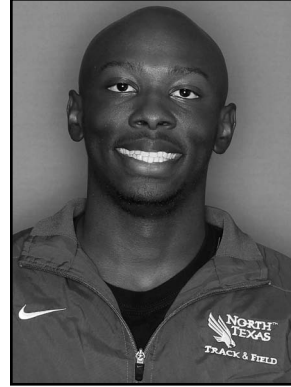
So. ▶ 5-8  
Dallas, TX ▶ (Naaman Forest HS)

### 2012

Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships ... Had a career-best 400-meter dash time of 56.13 at the SBC Outdoor Championships ... Ran a season-fast 24.90 200-meter dash at the John Jacobs Invitational ... Finished in the top-10 in four events at the SBC Indoor Championships.

### High School/Personal

Four-time regional qualifier ... Took first place in the 400m at the district meet ... Named team captain her senior year ... Daughter of Jamie and Roderick Cartwright ... Has five siblings, Jeremy, Joshua, Jametrial, Hannah and Matthew.



## Clinton Collins

Sprints

Jr. ▶ 6-1  
Fort Worth, TX ▶ (Fossil Ridge HS)

### 2012

Competed in the 400-meter dash at the NCAA West Preliminary Round ... Ran his career-best 400-meter dash in 46.43 at the SBC Outdoor Championships ... Had a season-fast 21.01 200-meter dash at the SBC Outdoor Championships ... Was a leg of the 4x100 meter relay team that won first place at the SBC Outdoor Championships ... Won the 400-meter dash at the SBC Indoor Championships ... Was a member of the 4x400 meter relay team that took first at the SBC Indoor Championships ... Named to the USTFCCCA All-Academic Track and Field team.

### 2011

Registered two all-conference performances during the indoor season by finishing in third place in both the 400 and 200 meter dash races at the Sun Belt Conference Indoor Championships ... Qualified for the NCAA West Preliminary Rounds in the 200 with a season-fast time of 21.36 and was a member of the 4x400 relay team that took 20th in the West Region ... Qualified for the finals at the SBC Outdoor Championships in the 200 and 400, but was injured during the 400 meter race and finished 8th.

### High School/Personal

Finished second at the US High School Indoor meet with a time of 47.56 ... Registered the second-fastest high school time indoors in the 200 ... Took third in the state at the 5A outdoor meet ... Named to the 2009 Texas 4A All-State team ... Won the UIL Region I Championship in the 400 meter dash with a time of 47.52 seconds ... Was a two-time all-district runner ... Son of Barrato and Rhonda Collins ... Born December 14, 1991 ... Has two brothers, Barrato and Emmanuel, as well as a sister Shondra.



## Nadiya El-Amin

**Sprints**

So. ▶ 5-5  
Austin, TX ▶ (McCallum HS)

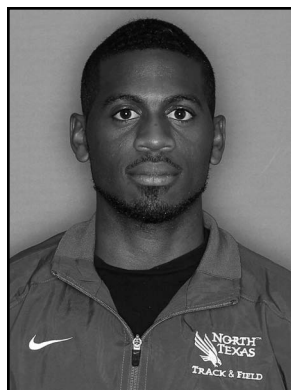
### 2012

Was a member of the 4x400 meter relay team that took first at the SBC Outdoor

Championships ... Had three top-10 finishes at the John Jacobs Invitational ... Ran a career-best 100-meter dash time of 12.20 and 200-meter dash time of 24.85 at the John Jacobs Invitational ... Ran in two races at the SBC Indoor Championships.

### High School/Personal

Qualified for the 4A state championship her junior and senior year ... Won both the 100 and 200 regional finals her senior year ... Daughter of Wanda El-Amin ... Has three siblings, Corey, Jamal and Zannah.



## CJ Fowler

**Sprints**

Sr. ▶ 5-7  
Dallas, TX ▶ (Union College)

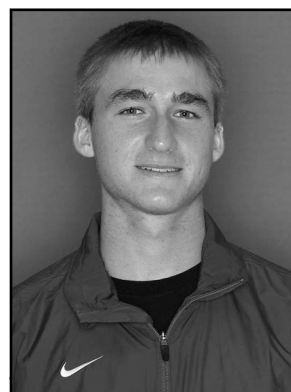
### 2012

Competed in the 200-meter dash at the NCAA West Preliminary Round ... Was a leg

of the 4x100 meter relay team that took first at the SBC Outdoor Championships ... Was a member of the 4x400 meter relay team that won second-place at the SBC Outdoor Championships ... Ran a season-fast 10.59 100-meter dash at the SBC Outdoor Championships ... Registered a career-best 21.28 in the 200-meter dash at the John Jacobs Invitational, taking third ... Was a member of the 4x400 meter relay team that won first place at the SBC Indoor Championships.

### High School/Personal

Was a 2008 state qualifier in the 400-meter relay and 800-meter relay for coach Willie Rash and Waxahachie High School ... Was also second-team all-district in football ... Born Nov. 10, 1989 ... Son of James Fowler and Kimberly Stewart.



## Brad Fullman

**Distance**

So. ▶ 5-9  
Phoenix, AZ ▶ (Horizon Honors HS)

### 2012 Cross Country

Placed 26th overall with a 16:34.09 5K run time at the UTA Season Opener ... Ran four miles at the Ken Garland Invitational to place 14th with the time of 22:18.02.

### 2012 Track & Field

Ran a season-best 4:08.48 1500-meter run at the Michael Johnson Classic, taking sixth ... Grabbed a seventh-place finish in the 1500-meter run at the John Jacobs Invitational.

### 2011 Cross Country

Took 15th at the Metroplex Opener 6K in 21:32 ... Was the fourth North Texas runner across the line at the NCAA South Central Regional.

### High School/Personal

Participated in varsity track, cross country, and soccer at Horizon Honors High School ... Ran a personal-record 1600 meter race with a 4:32 ... Ran a personal record in the five kilometer race in 16:53 ... Won fifth place in cross country, second place in 1600 meter race and second in the 4x800 at the cross country and track state meets ... Graduated with honors from high school ... Son of Cathy Castle and Ed Fullman ... Has two siblings, Shane and Terah.



# PROFILES

↳ athlete profiles



## Carly Griffith

### Distance

Sr. ▶ 5-7

Victoria, Australia ▶ (Ringwood Secondary College)

#### 2012 Cross Country

Did not compete due to injury.

#### 2012 Track and Field

Shaved off two minutes from her 10,000-meter run time from the previous season ... Improved her 5,000-meter time to 18:01.06 from 19:01.96 earlier in the season ... Participated in two races at the SBC Outdoor Championships.

#### 2011 Cross Country

Participated in the NCAA South Central Regional Championships... Took 26th at the Baylor Invitational 4K, helping the women to a second place overall team finish... Had her best time of 20:21.10 at the Cowboy Jamboree 6K.



## Ashley Harrison

### Sprints

Sr. ▶ 5-7

Sacramento, CA ▶ (American River College)

#### 2012

Was a member of the 4x400 meter relay team that took first at the SBC Outdoor

Championships ... Qualified for the finals in the 200-meter dash and 400-meter dash at the SBC Outdoor Championships ... Grabbed a second-place finish in the 400-meter dash at the Michael Johnson Classic ... Took third in the 400-meter dash at the North Texas Classic.

#### American River College/Personal

Holds the school records at American River College in the 400 and as a member of both the 4x100 and 4x400 relay teams ... Daughter of William and Angela Harrison ... Has two siblings William and Cameryn.



## Chelsea Hermes

### Multi-Events

Sr. ▶ 5-8

Lindsay, TX ▶ (North Central Texas College)

#### 2012

Finished second in the women's heptathlon at the SBC Outdoor Championships with

a personal-best 5056 points ... Topped out at 1.70 meters in high jump for the season ... Won third-place in the heptathlon at the David Noble/Angelo State Relays ... Placed fifth in the javelin throw at the TCU Invitational ... Grabbed a second-place finish in the pentathlon at the SBC Indoor Championships with a career-best 3656 points.

#### 2011

Registered a seventh-place finish in the pentathlon at the SBC Indoor Championships with 3,237 points ... Finished fifth at the TCU Invitational in the javelin throw ... Took third at the North Texas Open in the 100H and long jump ... Registered a tenth-place finish at the SBC Outdoor Championships in the heptathlon with 4,108 pts.

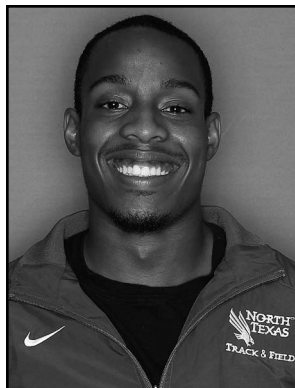
#### 2010

Notched a career-high points in the heptathlon at the Sun Belt Outdoor Championships (4,239) ... Cleared a season-high 1.57 meters in the high jump at the SBC Championships.

#### High School/Personal:

Ran cross country and track for coach Don Neu at Lindsay High School ... Won individual state championships in cross country in 2005 and 2006 and in track in the 1600m (5:14) and 800m (2:08) ... Also participated in volleyball, basketball and softball ... Selected to the all-state team in basketball, volleyball, cross country and track and named to the all-state championship teams in cross country, track and basketball ... Played volleyball at North Central Texas College ... Was a state qualifier in Extemporaneous Speaking in 2007 and 2008 as well as the National Honor Society ... Named to the Academic All-District team in high school ... Has one sister, Stephanie and two brothers, Austin and Zachary ... Is the daughter of David and Melissa Hermes.





## Johnny Hickman

**Sprints**

Sr. ▶ 5-6  
San Antonio, TX ▶ (Karen Wagner HS)

**2012**

Was a member of the 4x100 meter relay team that took first at the SBC Outdoor

Championships ... Took fourth place in the 200-meter dash at the Texas State Bobcat Classic ... Ran a career-best 10.80 100-meter dash at the Michael Johnson Classic ... Was a leg of the 4x100 meter relay team that won first place at the North Texas Classic ... Was a member of the 4x400 meter relay team that took first at the SBC Indoor Championships.

**2011**

Ran a season-fast 10.78w 100-meter dash at the North Texas Open ... Was a member of the 4x100 relay team that took third at the SBC Outdoor Championship ... Finished fifth at the North Texas Open followed by a sixth-place finish in the 100-meter at the John Jacobs Invitational.

**2010**

Ran in four events, two during the indoor season and two outdoor ... Registered a season-high 200-meter dash at the Horned Frog Invitational, finishing in 23.02 seconds.

### High School/Personal

Ran track for four years at Karen Wagner High School for coach Charles Bruce ... In 2008 he was a 200-meter district champion, 100-meter district champion, 4X100 relay regional champion and a 100-meter regional champion ... Was a two-time state qualifier in 2009 (100 and 4x400 relay) and 2008 (200 and 4x400) ... Ran for Coach Willie Davis of the San Antonio Blazers Track Club ... Was selected to the all-area team in 2009 ... Also played football for three seasons ... Born May 16, 1991 ... Has one sister, Iris, who runs track at Texas State ... Son of Ghuetta Hickman.



## Natalya Hutchinson

**Throws**

So. ▶ 5-4  
Arlington, TX ▶ (Mansfield Timberview HS)

**2012**

Did not compete.

### High School/Personal

Was a two-time regional qualifier in shot put ... Notched six regional qualifications in AAU Club track ... Participated in the AAU Club Track Nationals ... Named the MVP of her high school team in 2010 and 2011 ... Daughter of Cassandra and Errola Hutchinson ... Has one brother, Andrew.



## Cody January

**Throws**

Sr. ▶ 5-9  
Richardson, TX ▶ (Paradise Valley CC)

**2012**

Competed in hammer throw at the SBC Outdoor Championships ... Threw a season-best 49.86 at the North Texas Classic, taking third ... Grabbed a fifth-place finish at the John Jacobs Invitational.

### Paradise Valley CC/Personal

Competed in the NJCAA National Championships for Paradise Valley Community College ... Also lettered in football ... Son of Tim and Lori January ... Has one brother, Sean, who plays football for North Texas ... Grandson of Mean Green great Don January.



# PROFILES

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## Sarah Korn

**Pole Vault**

Jr. ▶ 5-3  
San Antonio, TX ▶ (Navarro HS)

### 2012

Finished the season with a third-place finish in the pole vault at the SBC Outdoor

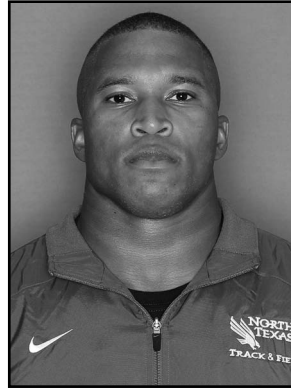
Championships ... Placed seventh in the pole vault at the SBC Indoor Championships ... Started the season with a fourth-place finish in the pole vault at the JD Martin Invitational Duals ... Collected eight top-nine finishes this season.

### 2011

Finished fourth at the UTA Bobby Lane Invitational in the pole vault, clearing 3.35m ... Followed up that performance with a season-high tying clear of 3.45m at the John Jacobs Collegiate Invitational ... Finished fifth at both the TCU Invitational and the North Texas Classic.

### High School/Personal

Collected a silver medal at the Texas 2-A State Championship in both 2009 and 2010 ... District champion pole vaulter in her final three years of high school (2008,09,10) ... Named to the San Antonio Express-News All Area Track & Field Team in 2009 and 2010 ... Holds the current Navarro record for pole vault at 11'6" ... Was her class Salutatorian and a National Honor Society officer ... Daughter of Gary and Susan Korn ... Born October 2, 1991 ... Has two siblings, Travis and Rachel.



## Charleston Lewis

**Throws**

Jr. ▶ 6-2  
Temple, TX ▶ (Belton HS)

### 2012

Threw discus and hammer at the SBC Outdoor

Championships ... Notched a long hammer throw of 51.53 meters at the SBC Outdoor Championships ... Took third place in hammer throw at the John Jacobs Invitational ... Nabbed a second-place finish in hammer throw at the North Texas Classic ... Had a season-best throw of 14.89 meters in shot put at the Oklahoma Indoor Invitational.

### 2011

Registered a fourth-place finish at the Sun Belt Conference Outdoor Championships in the Discus with his career-best throw of 50.59m ... Notched a long hammer throw of 47.47m at the Mean Green Twilight ... Collected a total of six top-five finishes during his freshman campaign.

### High School/Personal

Lettered in multiple sports ... Was an All-District 12-5A selection his senior year as well as a member of the all-state academic team in football ... Finished third in his region at both the discus and shot put as a senior ... Son of Charlie and Ronda Lewis ... Born January 29, 1992 ... Has one sister, Chloe ... Married Jessica Lewis, a former volleyball player at Radford University, on June 9.



## Deja McKnight

### Throws

So. ▶ 6-0  
Odessa, TX ▶ (Odessa HS)

#### 2012

Competed in the discus and shot put at the SBC Outdoor Championships ... Placed ninth

in the discus and shot put at the Texas State Bobcat Classic ... Had a career-best discus throw of 39.31 meters at the Michael Johnson Classic ... Collected a total of 16 top-10 finishes during her freshman campaign.

#### High School/Personal

Advanced to the state meet in 2010 and 2011 ... Was a member of the 2011 all-state track team ... Also lettered in volleyball and basketball ... Daughter of Bruce and Regina McKnight ... Has one brother, Damon.



## Jessica McNew

### Pole Vault

So. ▶ 5-3  
White Oak, TX ▶ (White Oak HS)

#### 2012

Finished the season with a seventh-place finish in pole vault at the SBC Outdoor

Championships ... Had a season-high of 3.60 meters at the TCU Invitational, taking fourth ... Had an eightieth-place finish in pole vault at the SBC Indoor Championships.

#### High School/Personal

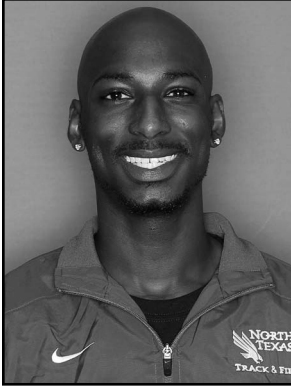
Advanced to the state championship meet in the pole vault her senior year ... Also competed at the state cross country meet her junior and senior years ... Daughter of Jackie and Teresa McNew ... has six siblings, Kimberly, Stephanie, Cody, Lauren, Jennifer and Jimmy.





# PROFILES

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## Darwin Moore

### Hurdles

Jr. ▶ 6-0  
Fort Worth, TX ▶ Eastern Hills HS)

#### 2012

Ran a season-best 14.76 110 hurdles at the SBC Outdoor Championships ... Was a leg of the 4x100 meter relay team that took first at the SBC Outdoor Championships ... Was a member of the 4x400 meter relay team that finished second at the SBC Outdoor Championships ... Nabbed a fifth-place finish in the 110 hurdles at the Michael Johnson Classic ... Was a member of the 4x400 meter relay team that won first place at the SBC Indoor Championships.

#### 2011

Primarily ran the short sprints and hurdles in the 2011 season ... Notched a season-fast time of 11.62 seconds in the 100 meter dash at the Mean Green Twilight ... Finished the 110-hurdles in 15.29 seconds at the John Jacobs Invitational, taking home eighth ... Grabbed a 12th-place finish in the 110-hurdles at the Sun Belt Conference Outdoor Championships ... Crossed the line in third in the hurdles at the North Texas Open.



## Leesa Morales

### Distance

So. ▶ 5-2  
Victoria, TX ▶ (Victoria East HS)

#### 2012 Cross Country

Finished the women's 5K in 20:11.8 at the SBC Championships ... Ran a 24:11.4 8K at the

NCAA South Central Region Championships.

#### 2012 Track & Field

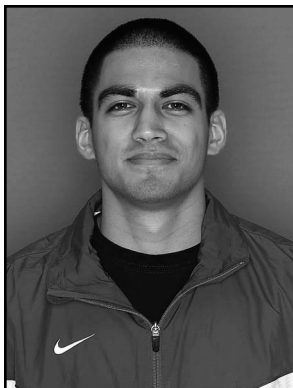
Ran a season-fast time of 4:56.91 in the 1500-meter run at the North Texas Classic ... Started the season with a career-best 3000-meter run time of 10:49.44 at the Texas A&M 10 Team Invitational.

#### 2011 Cross Country

Finished 28th at the Baylor Invitational ... Was the fifth scorer for North Texas at the Sun Belt Conference Championships, recording a 26th place finish in the women's second place overall team finish.

#### High School/Personal

Ran cross country at Victoria East High School ... Received her team's distance award in 2010-11 ... Daughter of Ralph and Cynthia Morales ... Has two siblings, Ralph II and Sarah.



## Michael Ortiz

Distance

Sr. ▶ 5-7  
Arlington, TX ▶ (Kennedale HS)

### 2012 Cross Country

Ran a 24:01.39 four mile to place 19th at the Ken Garland Invitational in his lone race of the

season.

### 2012 Track & Field

Participated in the 800-meter run at the SBC Outdoor Championships ... Grabbed a fourth-place finish as a member of the 4x440 yard relay team at the Michael Johnson Classic ... Was a member of the 4x400 meter relay team that took fourth-place at the John Jacobs Invitational.

### 2011 Track & Field

Grabbed a third-place finish at the North Texas Open in the 800 ... Recorded a sixth-place finish at the Mean Green Twilight with a career-best 800 meter run of 1:54.97 ... Was a member of the DMR relay team that crossed the line first at the Texas A&M Indoor Conference Challenge.

### 2010 Track & Field

Took home fourth place at the Sooner Indoor Open in the 400-meter dash, finishing in 52.25 seconds ... His season-fast time in the 800-meter run was recorded at the UTA Bobby Lane Invitational (1:58.38).

### 2009 Cross-Country

Ran at four cross country meets during the fall and finished a season-best 19th place at the TCU Cross Country Season Opener.

### High School/Personal

Competed in track, cross country and football at Kennedale High School ... Was named MVP for track his senior year ... Ran for the Ft. Worth Wildcats track club ... Born September 17, 1990 ... Has two brothers; Marcus and Marlon, and two sisters; Marisa and Marisela ... Is the son of Pedro and Maria Ortiz.



## Matthew Russ

Distance

Jr. ▶ 5-8  
Nelson, New Zealand  
▶ (Waimea College)

### 2012 Cross Country

Notched a 25:57.3 8K run time at the Sun Belt Conference Championships ... Earned Sun

Belt All-Conference honors ... Ran a season-best 32:39.0 10K run at the NCAA South Central Region Championships finishing 48th overall ... Finished 41st at the Cowboy Jamboree with a 26:22.69 8K run ... Ran a 32:42.9 10K run at the Chile Pepper Festival.

### 2012 Track & Field

Ran a career-best 3:51.48 1500-meter run at the SBC Outdoor Championships ... Crossed the line fifth in the 800-meter run at the SBC Outdoor Championships ... Won the 1500-meter run at the Clyde Littlefield Texas Relays ... Named SBC Men's Track "Athlete of the Week" for the week of Jan. 18, 2012.

### 2011 Cross Country

Opened the season with a second-place overall finish at the Metroplex Opener ... Was the top North Texas finisher in three of the six races on the year ... Finished 27th at the Sun Belt Conference Championships with a time of 26:51.4 ... Ran at the NCAA South Central Regional, finishing 47th overall.

### 2011 Track & Field

Collected a second-place finish at the North Texas Open in the 1,500 meter run with a time of 4:01.29 ... Took home third at the 2011 Clyde Littlefield Texas Relays in the 5,000, crossing the line in 14:53.36 ... Registered eight top-five finishes on the year with personal records in the 800, 1,500 and 5,000 meter runs.

### 2010 Cross-Country

Registered two-top five finishes on the year, once at the North Texas Ken Garland Invitational and the other a week later at the Centenary Invite ... Took 30th place in the 8K Sun Belt Conference Championships in 27:09.6 ... In the Baylor Season Opener, he grabbed a 17th-place finish ... Ran at the NCAA South Central Regional.

### 2010 Track & Field

Nabbed a second-place finish at the Sooner Indoor Open with a time of 4:22.41 in the one mile run ... Recorded a season fast time and third-place finish at the Oklahoma Invitational II ... Crossed the line in 8:41.20 in the 3,000 meter run at the North Texas Spring Classic, good enough for second place ... Registered a third-place finish at the prestigious Texas Relays in the 5,000 meter run with a time of 15:12.91.

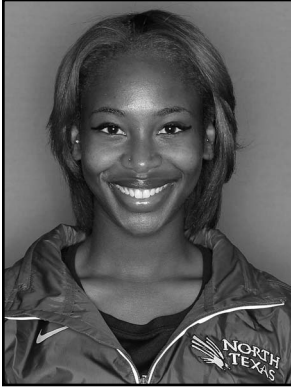
### High School/Personal

Ran track and cross country for coach Greg Lautenslager at Waimea College ... Also played field hockey ... Was fourth at the 2008 New Zealand athletics championship as a senior ... Was the cross country champion all four years in high school ... Finished as the South Island 3000m champion his sophomore year ... Graduated NCEA level 3 with merit ... Has three sisters, Sally, Amy and Mandy ... Is the son of Stephen and Robyn Russ.



# PROFILES

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## Kayla Savoie

Hurdles

So. ▶ 5-4  
Houston, TX ▶ (Hightower HS)

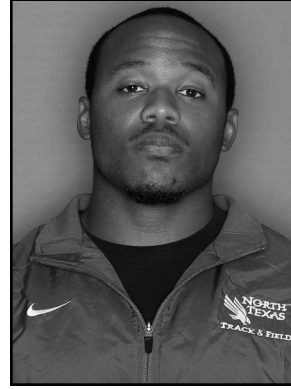
### 2012

Was a member of the 4x400 meter relay team that took first at the SBC Outdoor

Championships ... Placed third in the 100 hurdles at the John Jacobs Invitational ... Was a leg of the 4x100 meter relay team that placed third at the John Jacobs Invitational ... Competed in two events at the SBC Indoor Championships.

### High School/Personal

Finished fifth at the state track meet in the 100-meter hurdles in 2012 ... Was a member of the back-to-back district champion 4x100 meter relay team ... Was a district champion in the 100-meter hurdles her senior year ... Placed fifth as a member of the 4x100 meter relay team at the state track meet in 2011 ... Was a member of the regional champion 4x100 meter relay team ... Was a regional runner-up in the 100-meter hurdles and the 4x100 meter relay team in 2011 ... Ran as a member of a 4x400 meter relay team that placed fourth at the Junior Olympics ... Daughter of Kevin and Tonya Savoie ... Her father was an All-American who competed in 110-meter hurdles at the 1988 Olympic Trials ... Born on Nov. 23, 1992.



## Aaron Sirles

Throws

Sr. ▶ 5-11  
Austin, TX ▶ (W. Charles Akin HS)

### 2012

Competed in the discus at the NCAA West Preliminary Round ... Participated in three

events at the SBC Outdoor Championships ... Threw a season-best 52.36 meters in discus at the John Jacobs Invitational ... Notched a long hammer throw of 50.94 meters at the UTA Bobby Lane Invitational ... Named SBC Men's Field "Athlete of the Week" for Feb. 8, 2012.

### 2011

Finished fourth at the Sun Belt Conference Outdoor Championships in the shot put with a career mark of 15.84m ... Started the outdoor season with a fourth-place finish at the TCU Invitational ... Registered six overall top-five finishes on the year with a career best in the hammer throw at 47.01 to go along with his shot put mark.

### 2010

Threw shot put and discus in six meets during the outdoor season ... Set his season high of 15.17 meters in the shot put during the Sun Belt Championships where he finished 10th ... Recorded a seventh-place finish in the discus at the SBC Championships, throwing 47.57 m.

### High School/Personal

Lettered in both football and track & field ... Son of Donald and Robin Sirles ... Born April 8, 1990 ... Has one older sister, Danielle.



## Chastity Stewart

### Hurdles

So. ▶ 5-9  
Whitehouse, TX ▶ (Whitehouse HS)

#### 2012

Competed in the 100 hurdles at the NCAA West Preliminary Round ... Set a career-best

100 hurdles time of 13.76 at the SBC Outdoor Championships ... Was a member of the 4x400 meter relay team that took first at the SBC Outdoor Championships ... Nabbed a second-place finish in the 100 hurdles at the UTA Bobby Lane Invitational ... Named to the USTFCCA All-Academic Track and Field team.

#### High School/Personal

Named All-East Texas her final three years of high school ... Finished second in the 100m hurdles at the 4A State Championship ... Took home second in the 100 hurdles at the 2011 Texas Relays ... Daughter of Sonya Stewart ... Has three siblings, Cordney, Casey and Candis.



## Haley Thompson

### High Jump

Jr. ▶ 5-10  
College Station, TX ▶ (A&M Consolidated HS)

#### 2012

Cleared a season-high 1.71 meters in the high jump at the SBC Outdoor Championships, taking fifth ... Grabbed a second-place finish in the high jump at the Texas State Bobcat Classic ... Finished second in the high jump at the John Jacobs Invitational ... Jumped a season-high 5.12 meters in long jump at the UTA Bobby Lane Invitational ... Registered 10 top-10 finishes this season.

#### 2011

Finished fourth at the SBC Indoor Championships in the high jump, clearing a bar of 1.65m ... Took third at the Sooner Indoor Invitational ... Finished sixth at the Texas Relays before ending her season due to injury.

#### 2010

Recorded an outdoor season high at the Sun Belt Championships when she cleared 1.59 meters in the high jump ... Finished fourth at the Horned Frog Invite in the high jump ... Competed in the heptathlon during the SBC Indoor Championships.

#### High School/Personal

Ran track for four years at A&M Consolidated High School for coach Rodney Wellmann ... Also played volleyball ... Born April 29, 1991 ... Has one brother, Tyler ... Is the daughter of Robert and Lauren Thompson.



## Tytana Thornton

### Sprints

So. ▶ 5-8  
Dallas, TX ▶ (Carter HS)

#### 2012

Part of the 4x100 meter relay team that placed fourth at the SBC Outdoor Championships ... Ran a season-fast 12.05(w) at the TCU Invitational ... Participated in three events at the SBC Indoor Championships ... Grabbed a second-place finish in the 200-meter dash at the JD Martin Invitational Duals.

#### High School/Personal

Was a three time qualifier for the state championship ... Ran the second leg for the 4x100 relay team that captured third place at state ... Claimed a district and regional championship ... holds a PR of 11.86 for the 100m dash ... daughter of Tracey Thornton ... Has one brother who plays football at Stephen F. Austin, Darren Robinson ... Has a three-year old daughter, Micayla.



# PROFILES

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## Sarah Vann

### Jumps

So. ▶ 5-2  
Evant, TX ▶ (Evant HS)

#### 2012

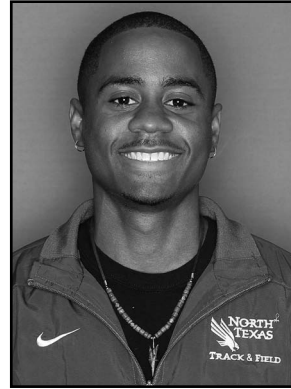
Nabbed a second-place finish in pole vault at the SBC Outdoor Championships ... Threw a season-high 31.55 meters in javelin at the SBC Outdoor Championships ... Placed fourth in pole vault at the Michael Johnson Classic ... Jumped a career-best 3.70 meters in pole vault at the North Texas Classic, taking third ... Took third-place at the SBC Indoor Championships in pole vault.

#### 2011

Jumped a season-high 3.63 m in the pole vault at the Texas A&M Conference Challenge, the first meet of the season, finishing fourth ... Grabbed a fourth-place finish at the SBC Indoor Championships, clearing 3.60m ... Took second at the TCU Invitational and third at the UTA Bobby lane Invitational.

#### High School/Personal

Received two medals, a bronze and silver, at the state meet ... Has personal best in pole vault at 12'6" and long jump 16'7" ... Lettered in five sports ... Daughter of Dale and Lynette Vann ... Born December 7, 1991 ... Has two brothers, Dalton and William.



## Steven White

### Hurdles

Sr. ▶ 5-5  
Killeen, TX ▶ (Ellison HS)

#### 2012

Ran the 400 hurdles at the NCAA Championships ... Placed 11th in the 400 hurdles at the NCAA West Preliminary Round ... Won first place in the 400 hurdles at the SBC Outdoor Championships ... Won the 400 hurdles at the Clyde Littlefield Texas Relays ... Ran a career-fast 50.07 400 hurdles at the North Texas Classic ... Named to the Second Team All-America by the USTFCCA ... Named SBC Men's Track "Athlete of the Week" three consecutive weeks.

#### 2011

Took home a second-place finish at the Sun Belt Conference Outdoor Championships in the 400meter hurdle in 52.01 seconds ... Qualified and finished 26th in the event at the NCAA West Preliminary Rounds ... Grabbed a sixth-place finish in the 400 at the SBC Indoor Championships with a career best amrk of 48.76 ... Was a member of the 4x400 relay team that finished 20th at the NCAA West Preliminary Rounds ... Recorded a third overall finish at the Texas Relays in the 400H ... Finished six races in the top-five.

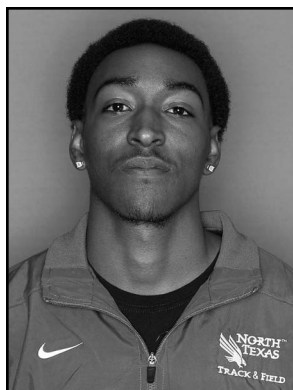
#### 2010

Finished second at the US Junior Championships and ran for the US Junior Team at the World Junior Championships in Canada in the 400-meter hurdles ... Qualified for the NCAA Preliminary Round ... Won the Sun Belt Conference Outdoor Championship in the 400-meter hurdles with a time of 51.51 seconds ... Was part of the 4x400 relay team that took second at the SBC Outdoor Championships ... Ran a personal best of 51.19 seconds in the 500-hurdles ... Took seventh in the 400-meter dash with a time of 49.05 seconds at the Iowa State Classic.

#### High School/Personal

Ran track and cross country at Ellison High School for coach Larry Moore ... Was the 5A State Champion in the 300 Hurdles (36.50) and the AAU Jr. Olympic Champion in the 400 Hurdles in 2009 ... Named to the High School All-American Team by Track & Field News ... Named the Hurdler of the Year in the 2007-08 and 2008-09 seasons ... Born July 27, 1991 ... Has three siblings, Amari, Jarred and Shannon ... Is the son of Veronica Snead.





## Terrance Williams

### Jumps

Jr. ▶ 6-2  
League City, TX ▶ (Clear Creek HS)

#### 2012

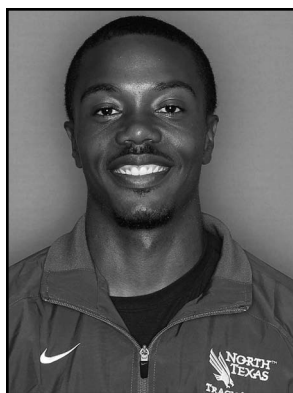
Did not compete.

#### 2011

Competed in the long jump and triple jump at the SBC Outdoor Championships ... Placed second in the long jump at the Mean Green Twilight ... Placed third in the long jump at the 2011 Clyde Littlefield Texas Relays ... Jumped a personal best 7.41 meters in the long jump to take first at the TCU Invitational ... Won first-place in the long jump at the TCU Invitational and the North Texas Classic ... Won third-place in the long jump with a jump of 7.28 at the SBC Indoor Championships ... Jumped a career long 14.22 meters in the triple jump at the SBC Indoor Championships ... Placed third in the long jump and triple jump at the Sooner Invitational.

#### High School/Personal

Son of Charlene Williams ... Born on May 22, 1992.



## Marcus Wooten

### Hurdles

Jr. ▶ 6-0  
Arlington, TX ▶ (Mansfield Timberview HS)

#### 2012

Was a leg of the 4x100 meter relay team that took first at the SBC Outdoor Championships

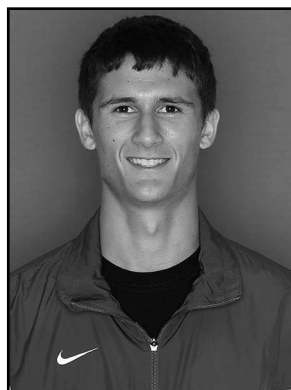
... Was a member of the 4x400 meter relay team that finished second at the SBC Outdoor Championships ... Ran a career-best 55.56 400 hurdles at the Michael Johnson Classic, taking eightieth ... Ran a season-best 15.39 110 hurdles at the UTA Bobby Lane Invitational.

#### 2011

Finished fifth in the 60 meter hurdles at the Sooner Invitational in 8.57 ... Participated in two meets during the outdoor season, the UTA Bobby Lane Invite and the Michael Johnson Classic.

#### High School/Personal

Was a District 8-4A runner-up and regional qualifier in the 300 hurdles in 2009 ... Qualified for the 4A State Championship as a member of the 4x400 relay ... Named his team's most improved athletes in 2009 ... Lettered in multiple sports, including football ... Son of Marvin Jr., and LaTania Wooten ... Born April 13, 1992 ... Has two brothers, Marvin III and Marsean.



## Austin Yaeger

### Distance

So. ▶ 6-0  
Dallas, TX ▶ (Bishop Dunne HS)

#### 2012 Cross Country

Participated in the Chile Pepper Festival 10K run ... Finished 48th in the 8K run at the

SBC Championships with the time of 27:32.7 ... Ran in the NCAA South Central Region Championships 10K run.

#### 2012 Track & Field

Grabbed a fourth-place finish in the 800-meter run at the SBC Outdoor Championships ... Had a career-best 1:54.74 in the 800-meter run preliminary round ... Ran a season-best 4:02.92 1500-meter run at the North Texas Classic.

#### 2011 Cross Country

Finished eighth at the Metroplex Opener 6K in 20:42 ... Was the second Mean Green man across the line at the Baylor Invitational where he finished 33rd overall ... Took 45th at the Sun Belt Conference Championships with an 8K time of 27:51.8.

#### High School/Personal

Ran cross country at Bishop Dunne ... Was the team captain and MVP of the cross country team ... Was captain of the track team ... Ran the 800-meter race in 1:58, 1600-meter race in 4:28, 3200-meter race in 9:38, and five kilometer race in 16:23 ... Named to the All-South Cross Country Team ... Was academic all-state junior and senior year ... Was a three time all-state performer in track ... Tabbed a four-time all-district honoree in track ... Two-time district champion ... Won the state championship as both a junior and senior in the 800-meter run ... Son of Jere Yaeger and Christy Hendrixson.



# PROFILES

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## Isabel Acosta

Distance

Fr. ▶ 5-4  
Austin, TX ▶ (Westwood HS)

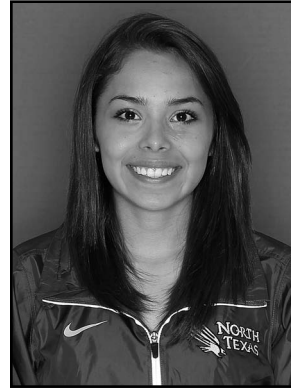
### 2012 Cross Country

Finished 22nd with a 20:15.03 at the Ken Garland Invitational ... Participated in the

Chile Pepper Festival, finishing the 6K in 25:03.8.

### High School/Personal

Was a member of the cross country district runner-up team in 2011 ... Qualified for cross country regionals in 2010 and 2011 ... Named co-captain for track & field and cross country her two years of high school ... Lettered all four years of high school in cross country ... Was Warrior Athlete 2012 honoree ... Was named Most Improved for cross country two years ... Daughter of Ramon Acosta and Sandra Torres ... Born on Jan. 14, 1994.



## Melissa Brito

Distance

Fr. ▶ 5-1  
Garland, TX ▶ (Garland HS)

### 2012 Cross Country

Started the season with a 23rd-place finish at the Ken Garland Invitational ... Placed 64th in

the women's 5K run at the Cowboy Jamboree ... Participated in the Chile Pepper Festival 6K run ... Ran a personal best 6K in 24:54.9 at the NCAA South Central Region Championships.

### High School/Personal

Qualified for cross country regionals two years ... Was a member of the track 5A state runner-up team in 2012 ... Qualified for regionals in the 800-meter run two years ... Lettered four years in track and cross country at Garland High School ... Daughter of Erasto and Hermelinda Brito ... Born on April 20, 1994.



## Connor Bey

Sprints

Fr. ▶ 6-1  
Celina, TX ▶ (Celina HS)

### High School/Personal

Was a member of the Celina High School track team that won 3A state, region II 3A

and district 10-3A in 2012 ... Named first-team all-district defensive end his senior year ... Selected as second team all-area defensive end ... Was a member of the Celina track team that was runner-ups at state and won region II 3A in 2011 ... Was the district 10-3A 200-meter dash champion his junior year ... Was the alternate at state in the 200-meter dash ... Was a member of the 4x200 meter relay team that won district and regionals in 2011 ... Won the 200-meter dash at district 9-3A championships ... Son of Joe and Barbara Bey ... Has one brother, Marcus, and one sister, Morgan ... Born on Aug. 13, 1993.



## Victoria Clark

Throws

Fr. ▶ 5-9  
Arlington, TX ▶ (Summit HS)

### High School/Personal

Placed fifth in discus at state in 2012 ... Was a four-time regional qualifier in discus ... Placed

fifth at state in powerlifting two years ... Qualified for regionals in powerlifting all three years she lettered ... Broke all school records for her powerlifting class ... Broke the school's discus record twice in high school ... Lettered four years in track and field at Summit High School ... Daughter of Victor and DeMonica Clark ... Sister of Dominique and Victor II ... Born on July 17, 1994.



## Clint Clarke

**Jumps**

Jr. ▶ 5-10  
Nassau, Bahamas ▶ (Lon Morris Col.)

### Lon Morris College/Personal

Was a NJCAA Academic All-American as a freshman at Lon Morris College ... Finished

13th in the triple jump at the NJCAA Track & Field Championships in 2012 ... Son of Clinton and Pauline Clarke ... Born on May 26, 1992.



## Laura Cortez

**Distance**

Fr. ▶ 5-3  
San Antonio, TX ▶ (Antonian College Preparatory)

### 2012 Cross Country

Captured a 20th-place finish in the Ken Garland Invitational 5K ... Finished 66th

in the Cowboy Jamboree ... Ran a career best 6K in 24:08.3 at the Chile Pepper Festival ... Finish 46th at the SBC Championships ... Ran a 25:07.6 6K at the NCAA South Central Region Championships.

### High School/Personal

Selected for all-state cross country three years ... Named academic all state three years ... Was a member of back-to-back-to-back TAPPS 5A cross country state championship teams ... Qualified for state in the 3200-meter run her freshman year ... Qualified for regionals in the 800-meter run in 2012 ... Named first team all-district for soccer as well as state honorable mention her senior year ... Was a member of three Antonian soccer teams that qualified for state ... Lettered in four years in soccer, and two years in track and cross country ... Daughter of Debbie and Richard Cortez ... Has one older brother, Kenny ... Born on May 24, 1994.



## Chris Corbett

**Distance**

Fr. ▶ 5-9  
Allen, TX ▶ (Allen HS)

### 2012 Cross Country

Opened the season at UTA with a 16:53.2 5K placing 29th overall ... Ran four miles at the

Ken Garland Invitational to place 15th with the time of 22:26.59.

### High School/Personal

Was the Eagle Award honoree at Allen High School ... Named Most Valuable Player in cross country his senior year ... Lettered two years in cross country ... Son of Judy and David Corbett ... Brother to Katy ... Born on Feb. 3, 1994.



## Hollie Emery

**Distance**

So. ▶ 4-10  
Sdney, Australia ▶ (St. Mary's Senior HS)

### 2012 Cross Country

Did not compete.

### High School/Personal

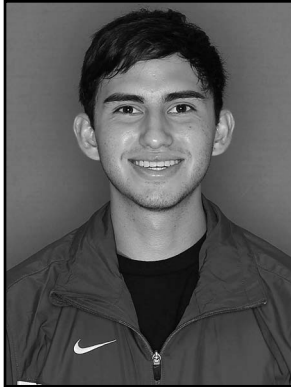
Daughter of Carole and Dennis Emery ... Has one brother, Adam ... Born on Aug. 5, 1990.





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## Joel Flores

**Distance**

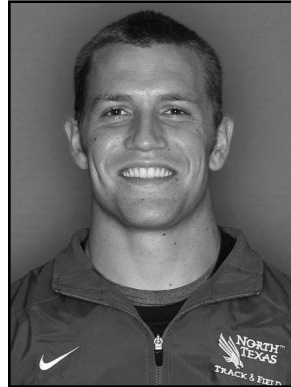
Fr. ▶ 5-8  
El Paso, TX ▶ (Jefferson - Silva Health Magnet HS)

### 2012 Cross Country

Finished the Cowboy Jamboree 8K run in 28:16.09 ... Finished 161st at the Chile Pepper Festival 10k run with the time of 33:50.1.

### High School/Personal

Was All-District all four years of high school ... Named all-district in 2011 ... Was all-region three years in a row ... Named all-region his senior year ... Participated at cross country state three years ... Was a member of the cross country state runner-up team in 2009 ... Finished fourth at track state in the 3200 meter run ... Son of Robert and Maribel Flores ... Born Sept. 29, 1993.



## John Garrish

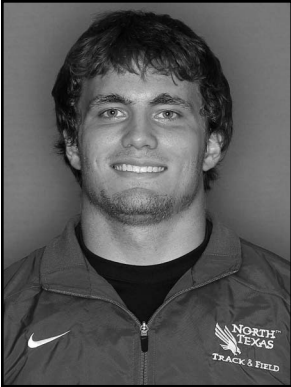
**Throws**

Jr. ▶ 6-2  
West Boca Raton, FL ▶ (Wagner College)

### Wagner College/Personal

Played one year of football at the Air Force Academy before transferring to Wagner

College... Started participating in track after ending his football career at Wagner ... Competed in all throwing events as well as the 100-meter dash, 200-meter and 4x100 meter relay ... Set the weight throw and hammer throw records in his second season ... Qualified for the Intercollegiate Association of Amateur Athletes of America meet in the hammer throw ... Son of John and Annamarie ... Has one sister, Nicole ... Was born on July 27, 1990.



## Brandon Fricke

**Throws**

Fr. ▶ 6-2  
Azle, TX ▶ (Azle HS)

### High School/Personal

Qualified for track and field regionals in discus two years in a row ... Lettered two years in

track and field at Azle High School ... Son of Cindy Fricke ... Born on March 4, 1994.



## Blake Geary

**Distance**

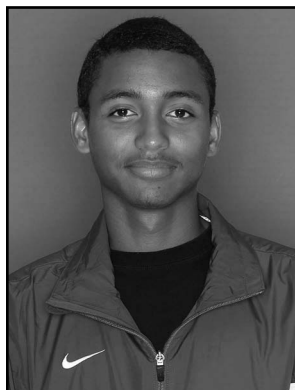
Redshirt Fr. ▶ 5-5  
Corpus Christi, TX ▶ (Calallen HS)

### 2011 Cross Country

Nabbed a 31st place finish at the Baylor Invitational ... Was the third person across the line for North Texas at the Cowboy Jamboree ... Finished 40th for the Mean Green at the SBC Championships.

### High School/Personal

Named an all-district runner her senior year ... Was a member of back-to-back cross country district champion teams ... Was a two-time cross country regional finalist ... Lettered two years in cross country at Calallen High School ... Daughter of Conni Geary ... has two sisters, Brooke (27) and Amanda (17).



## Silvester Harrison III

### Distance

Fr. ▶ 5-7  
Killeen, TX ▶ (Ellison HS)

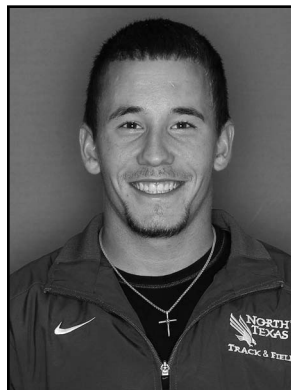
#### 2012 Cross Country

Won first-place in the four mile run at the Ken Garland Invitational with a time of 20:25.00 ...

Ran a 27:13.48 8K at the Cowboy Jamboree ... Finished 58th at the Chile Pepper Festival 10K run with the time of 32:19.4 ... Finished 21st in the men's 8K with the time of 26:07.7 at the SBC Championship ... Placed 52nd with a 32:41.4 10K run at the NCAA South Central Region Championships.

#### High School/Personal

Qualified for regionals in cross country and track all four years ... Was a state qualifier in cross country two years ... Lettered in soccer three years ... Named soccer team captain his junior year ... Son of Silvester and Nancy Harrison ... Born Jan. 11, 1994 ... Has one brother, Drayton Harrison ... Was valedictorian of his graduating class.



## Trevor Henderson

### Jumps

Fr. ▶ 5-10  
Angleton, TX ▶ (Angleton HS)

#### High School/Personal

Was a state qualifier in the long jump and 4x100 meter relay his senior year ... Was a member of the 4x100 and 4x200 meter relay teams that qualified for regionals in 2012 ... Qualified for regionals in the 100-meter dash and the long jump in 2012 ... Qualified for regionals in high jump three years ... Played football at Tyler Junior College for one season ... Lettered in track three years at Angleton High School ... Son of Jeff and Danita Henderson ... Born on July 21, 1992.



## Kevin Haverstick

### Distance

Fr. ▶ 6-0  
St. Louis, MO ▶ (Allen HS)

#### 2012 Cross Country

Placed 31st overall with a 17:18.9 5K time at the UTA Season Opener ... Ran four miles at

the Ken Garland Invitational to place 15th with the time of 23:17.06.

#### High School/Personal

Lettered two years at Allen High School ... Son of Michael and LeAnne Haverstick ... Born on April 8, 1994.



## Ashley Henry

### Sprints

Fr. ▶ 5-3  
Frisco, TX ▶ (Liberty HS)

#### High School/Personal

Qualified for regionals in the long jump and 100-meter dash in 2012 ... Lettered three years at Liberty High School in Frisco ... Placed third at regionals in the 4x100 meter relay and the 4x200 meter relay as a freshman at Ranchview HS ... Daughter of Craig and Teresa Henry ... Born on Nov. 3, 1993.



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## Yvette Hernandez

**Distance**

Fr. ▶ 5-2  
Lufkin, TX ▶ (Lufkin HS)

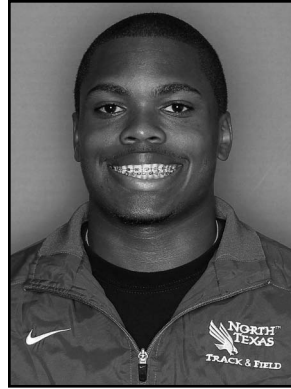
### 2012 Cross Country

Finished 65th in the Cowboy Jamboree 5K in 20:52.17 ... Participated in the Chile Pepper

Festival 6K run ... Ran a personal best 5K in 19:41.5 placing 39th at the SBC Championships ... Ran a career-best 6K in 24:05.4 at the NCAA South Central Region Championships.

### High School/Personal

Named Newcomer of the Year in 2011 at North Mesquite High School ... Selected as Outstanding Runner in 2012 ... Lettered in track two years ... Was a member of the National Society of High School Scholars ... Daughter of Jose and Gabriela Hernandez ... Born Sept. 13, 1993 ... Has two brothers, Omar and Alex.



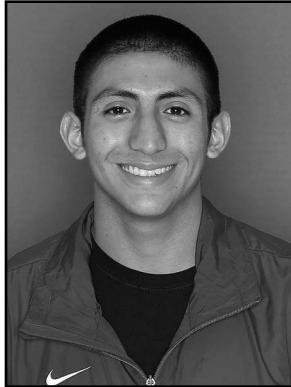
## Kameron Holmes

**Sprint**

Fr. ▶  
Fort Worth, TX ▶ (Arlington Heights HS)

### High School/Personal

Qualified for regionals as a member of the 4x100 meter relay team and the 4x200 meter relay team in 2012 ... Qualified for the Texas Relays in the 100-meter dash ... Was district champion in the 200-meter dash in 2011 ... Grabbed a second-place finish at regionals in the 200-meter dash ... Placed fifth in the 200-meter dash at the 4A Texas State Track meet ... Was a member of the 4x100 and 4x200 meter relay teams that won district ... Was captain of the track team his junior and senior year ... Son of Adrian and Lisa Holmes ... Born Nov. 12, 1993.



## Alexander Hita

**Distance**

Fr. ▶ 5-7  
North Richland Hills, TX ▶  
(Birdville HS)

### 2012 Cross Country

Participated in the Cowboy Jamboree finishing the 8K run in 26:57.53 ... Finished 99th at the

Chile Pepper Festival with a 32:55.9 10K run ... Finished 16th in the men's 8K run with a time of 26:01.1 at the SBC Championships ... Crossed the line in 33:14.6 at the NCAA South Central Region Championships.

### High School/Personal

Ran cross country and track for four years at Birdville High School ... Was a cross country state qualifier his senior year ... Qualified for cross country regionals all four years ... Named Newcomer of the Year ... Was named Runner of the Year twice ... Qualified for track regional once ... Son of Gilbert and Leticia Hite ... Born Aug. 17, 1994 ... Has two siblings, Tony and Jennifer.



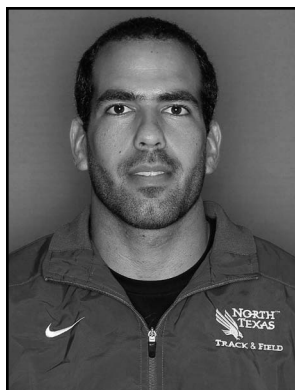
## Simone Johnson

**Sprints**

Fr. ▶ 5-6  
Cincinnati, OH ▶ (Carter HS)

### High School/ Personal

Ran cross country at North Mesquite High School ... Also lettered in soccer ... Daughter of Sabrina and Curbie Nickerson ... Has three brothers, Charles, Regginald and Cedric.



## Tom Kalisky

**Throws**

Jr. ▶ 6-1  
Isreal ▶ (Coffeyville CC)

### Coffeyville CC/Personal

Won a NJCAA National Title in javelin at Coffeyville Community College ... Currently

holds the school's javelin record of 65.42 meters ... Was the national runner-up in javelin at Coffeyville in 2011 ... Named first team NJCAA All-American in 2012 ... Named second team NJCAA All-American in 2011 ... Son of Ben-Ami and Hana Kalisky ... Was born April 23, 1988.



## Kylee Kittrell

**Distance**

Fr. ▶ 5-3  
Colleyville, TX ▶ (Grapevine HS)

### 2012 Cross Country

Notched a 21st-place finish in the Ken Garland Invitational 5K ... Crossed the line third for

the Mean Green at the Cowboy Jamboree ... Ran a personal best 6K in 24:46.9 at the Chile Pepper Festival ... Ran a 19:52.4 5K at the SBC Championships ... Participated in the NCAA South Central Region Championships.

### High School/Personal

Was the individual cross country district 5-5A champion ... Was a member of the cross country district 5-5A champion team three years running... Was a member of the cross country district 5-5A runner-up team ... Qualified for cross country regionals all four years ... Qualified for track regionals in the 3200 and 1600 meter races ... Daughter of Ken & Kristine Hall and Kevin & Sarah Kittrell ... Born June 23, 1994.



## Marcus Kehoe

**Pole Vault**

Fr. ▶ 5-10  
Lampasas, TX ▶ (Lampasas HS)

### High School/Personal

Lettered two years in football and three years in track & field ... Holds a school track record

... Was a two-time pole vault district champion ... Was a regional champion in pole vault ... Was a state qualifier in pole vault ... Named to first-team all-district as a running back ... Named to the second-team all-area as a running back ... Named first-team academic all-state ... Son of Mark and Kara Kehoe ... Born Sept. 30, 1993 ... Graduated in the top 10 percent of his class ... Was an early graduate ... Was a member of National Honor Society.



## Mona Landry

**Sprints/Jumps**

Fr. ▶ 5-9  
Houston, TX ▶ (North Shore Senior HS)

### High School/Personal

Qualified for state in the 100-meter dash in 2012 ... Took first place in the 100-meter

dash at regionals ... Was a member of the three-time 4x100 meter relay district champion team ... Was a two-time district champion in the 100-meter dash and the long jump Was a member of the 4x200 meter relay team that won districts twice ... Lettered three years in track and field at North Shore Senior High School ... Daughter of Jeffery Ceasar ... Born on Jan. 17, 1994.





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## Rachel Lusk

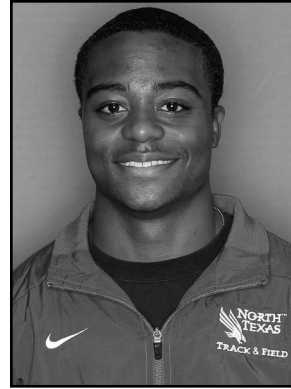
Distance

Fr. ▶ 5-3  
Amarillo, TX ▶ (Randall HS)

**2012 Cross Country**  
Did not compete due to injury.

### High School/Personal

Lettered four years in cross country and track & field ... Named all-region in cross country and track in 2011 ... Named to the 2011 Cross Country Super Team by the Amarillo Globe News ... Was a member of the cross country team that placed fourth at state ... Daughter of Marc and Denise Lusk ... Born Dec. 17, 1993 ... Graduated in the top 10 percent.



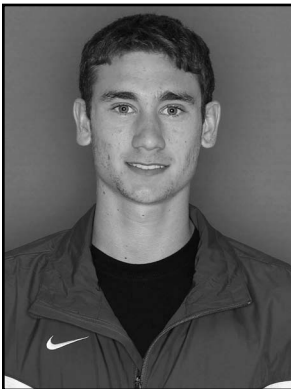
## Cameron Newson

Sprints

Fr. ▶ 5-6  
Keller, TX ▶ (Blinn College)

### High School/Personal

Was a three-time state champion at Lancaster High School ... Won the 300-meter hurdles and was a member of the 4x100 and 4x400 meter state champions in 2007 ... Assisted Lancaster High School to its record-setting seventh consecutive 4A state title ... Daughter of Penny and Sterling Starks ... Has one sister Keshima.



## Bryce McAndrew

Distance

Fr. ▶ 6-2  
Austin, TX ▶ (McNeil HS)

**2012 Cross Country**  
Placed 14th overall to open the season with a 15:37.8 5K run at UTA ... Grabbed a third-

place finish at the Ken Garland Invitational with the time of 20:51.53 ... Finished the 8K run in 27:11.81 at the Cowboy Jamboree ... Finished 28th in the 8K run with a time of 26:33.6 at the SBC Championship ... Ran a 33:42.9 10K run at the NCAA South Central Region Championships.

### High School/Personal

Placed 27th at cross country state his senior year ... Crossed the line third at regionals in 2011 ... Named varsity soccer team captain his senior season ... Led the soccer team to area his senior season ... Was a member of the soccer 5A state runner-up team in 2011 ... Lettered two years in soccer and cross country for McNeil High School ... Son of Robert and Amy McAndrew ... Has two brothers, Dylan and Alec ... Born on March 20, 1994.



## Kaitlyn Newton

Distance

Fr. ▶ 5-4  
Anna, TX ▶ (Anna HS)

### 2012 Cross Country

Grabbed a 15th-place finish in the women's 5K at the Ken Garland Invitational ... Ran a 19:53.72 6K to finish 46th at the Cowboy Jamboree ... Participated in the Chile Pepper Festival ... Ran a personal best 19:17.2 5K at the SBC Championships ... Ran a career best 6K in 24:02.2 at the NCAA South Central Region Championships.

### High School/Personal

Was a cross country district champion three years in a row ... Qualified for cross country regionals three years ... Ran at cross country state in 2011 ... Placed ninth at cross country state her senior year ... Holds Anna High School's two mile cross country race record ... Won track district champion three years ... Was a track regional qualifier three years ... Named MVP three years ... Named Best All Around her junior year ... Daughter of Ardena and Charles Newton ... Born Feb. 28, 1994 ... Has one brother, Ryan.



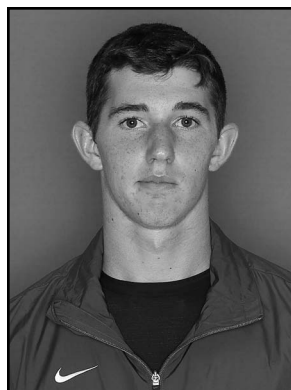
## Madison Northcutt

### Pole Vault

Fr. ▶ 5-5  
Granbury, TX ▶ (Granbury HS)

#### High School/Personal

Qualified for state in pole vault three years ... Placed sixth in pole vault at state her senior year ... Placed seventh in pole vault at state in 2011 ... Won third-place in pole vault at state in 2010 ... Was regional champion in pole vault in 2011 ... Won back-to-back district championships in pole vault ... Named Field MVP four years ... Set a personal record and Granbury High School record in pole vault with a jump of 12'3 meters ... Lettered in track all four years ... Daughter of Brent and Michelle Northcutt ... Born Aug. 7, 1994 ... Has one sister, Morgan.



## Morgan Oats

### Distance

Fr. ▶ 5-11  
Honey Grove, TX ▶ (Honey Grove HS)

#### 2012 Cross Country

Opened the season with a 17:52.0 5K run at UTA, placing 33rd overall ... Placed 16th at the Ken Garland Invitational with the time of 22:30.62.

#### High School/Personal

Qualified for track state in the 1600 meter run in 2012 ... Two-time regional qualifier in the 3200 meter run ... Was a regional qualifier in the 1600 meter run in 2011 ... Was a member of the cross country district champion team in 2009 and 2011 ... Qualified for cross country state two years ... Qualified for cross country regionals four years ... Four year letter winner in cross country and two year letter winner in track at Honey Grove High School ... Son of Mike and Margo Oats ... Born on March 23, 1994.



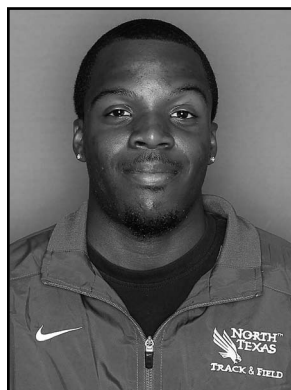
## Ngozi Nweke

### Throws

Fr. ▶ 5-10  
Carrollton, TX ▶ (Carrollton HS)

#### High School/Personal

Regional Champion in discus her senior year ... Was discus district champion three years ... Qualified for state in discus in 2012 ... Qualified for regionals in discus three years ... Daughter of Scholastica and Clement Nweke ... Sister to Ike, Chioma, Anthony and Nneamaka ... Born June 27, 1994.



## Michael Oyegoke

### Jumps

Fr. ▶ 5-11  
Allen, TX ▶ (Allen HS)

#### 2011-12 (Youngstown State)

Placed seventh in the long jump and took 12th in the triple jump at the Horizon League Championships ... Had a season-best long jump of 6.52 meters at the Duke Invitational taking 12th ... Jumped 6.02 meters at the Northeast Ohio Quad to finish eighth ... Placed ninth in the long jump with a jump of 6.51 meters and competed in the triple jump at the Horizon League Championships.

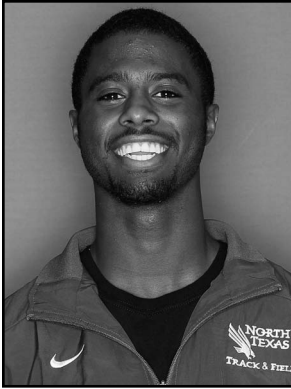
#### High School/Personal

Earned two letters in track and field at Allen High School ... Awarded the team's Most Improved Player ... Finished third in long jump at regionals in 2010 ... Was a member of back-to-back district champion teams ... Son of Debbie and Emmanuel Oyegoke ... Has one brother and one sister ... Born on April 6, 1992.



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## Caleb Pryor

Sprints

Fr. ▶ 5-7  
DeSoto, TX ▶ (DeSoto HS)

### High School/Personal

Was a member of the DeSoto 4x400 meter relay team that qualified for state in 2012 ...

Qualified for regionals in the 200-meter dash his senior year ... Was a member of the 4x400 meter relay team that qualified for state in 2011 ... Was a member of the 4x100 meter and 4x200 meter relay teams that qualified for regionals ... Qualified for state in the 200-meter dash and the 4x100 meter relay in 2010 ... Qualified for state as a member of the 4x200 meter and 4x400 meter relay teams in 2009... Was a regional qualifier in the 400-meter dash ... Son of Michael and Stephanie Pryor ... Born Jan. 11, 1994 ... Has one brother, Joshua, and two sisters, Cearra and Elizabeth ... Was a member of National Honor Society in high school.



## Kandace Rose

Throws

Fr. ▶ 6-0  
Kemp, TX ▶ (Kemp HS)

### High School/Personal

Was a two-time regional qualifier in shot put ... Was district champion for shot put

her senior year ... Named Outstanding Thrower two years in a row ... Named to Academic All State in 2012 ... Granddaughter of Billy and Joyce Rose ... Born Sept. 24, 1993 ... Has one brother, Tremayne Anderson, who plays football at Howard College.



## Derek Richard

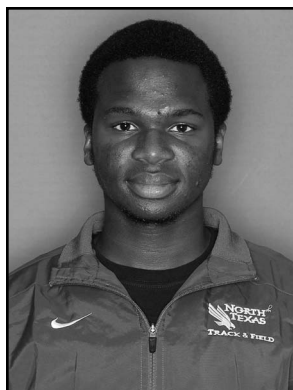
Pole Vault

Fr. ▶ 6-0  
Richmond, TX ▶ (William B. Travis HS)

### High School/Personal

Qualified for state in the pole vault two years in a row ... Was a four-time regional qualifier

in the pole vault ... Was named MVP his junior and senior year at William B. Travis High School ... Broke the school's pole vault record all four years ... Son of Kirk and Karen Richard ... Brother of Mitch, Luke and Jillian ... Born on Oct. 2, 1992.



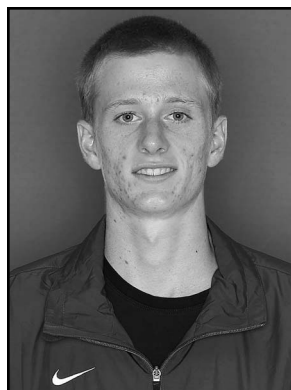
## Kedron Sowell

### Sprints

Fr. ▶ 5-9  
Lancaster, TX ▶ (Lancaster HS)

#### High School/Personal

Was a member of the three-time track and field state championship team at Lancaster as well as four-time team district champions and four-time team regional champions ... Was a member of the 2012 state champion 4x200 meter relay team that holds the state record ... Was a leg of the 4x100 meter relay 2012 state runner-up team ... Was a member of the 2010 state runner-up 4x200 meter relay team ... Was team captain for two years ... Graduated in the top 6 percent of his class ... Son of Patrick and Ina Sowell ... Born on Jan. 27, 1994.



## Troy Taylor

### Distance

Fr. ▶ 5-9  
Rhome, TX ▶ (Northwest HS)

#### 2012 Cross Country

Grabbed a 38th-place finish with the time of 26:11.97 at the Cowboy Jamboree in his first race of his career ... Ran a personal best 10K time of 32:03.9 at the Chile Pepper Festival ... Ran a personal best 8K time of 25:30.8 finishing sixth at the SBC Championships ... Earned SBC Freshman of the Year honors ... Placed 38th in the NCAA South Central Region Championships with the time of 32:10.7.

#### High School/Personal

Qualified for cross country state two years in a row ... Qualified for cross country regionals all four years of high school ... Was the 3200-meter run runner-up at the state track meet in 2012 ... Participated in track regionals four years ... Lettered four years in track and cross country ... Graduated from Northwest High School ... Son of Shawn and Anthony Taylor ... Has one sister, Carolyn, and one brother, Page ... Born on Sept. 16, 1993.



## Kevin Webb

### Distance

Fr. ▶ 5-9  
Georgetown, TX ▶ (Georgetown HS)

#### 2012 Cross Country

Finished in eighth-place at the Ken Garland Invitational ... Participated in the Cowboy Jamboree 8K run ... Ran in the Chile Pepper Festival 10K run ... Ran a personal best 26:58.9 8K at the SBC Championships ... Participated in the NCAA South Central Region Championships.

#### High School/Personal

Was a two-time district champion in cross country ... Notched two regional qualifications in cross country ... Participated in state cross country twice ... Son of Steve and Theresa Webb ... Born Feb. 15, 1994 ... Has one brother, Kyle, and one sister, Sarah.





# PROFILES

↳ newcomer profiles



## Michaela Williams

Jumps

Fr. ▶ 5-10  
Irving, TX ▶ (Ranchview HS)

### High School/Personal

Lettered in track & field and cross country ... Was a regional champion in triple jump her senior year ... Was a two-time district champion in triple jump ... Qualified for state in triple jump her senior year ... Notched three regional qualifications in 2012 ... Daughter of Danise Johnson ... Born July 9, 1994 ... Has one brother, Michael ... Niece of former Baltimore Ravens and Oregon Ducks football player, Patrick Johnson.



## Tori Wood

Throws

Fr. ▶ 5-11  
Richardson, TX ▶ (Plano East Senior HS)

### High School/Personal

Lettered four years in track & field at Plano East Senior High ... Was a regional qualifier three years in a row ... Won the district title in discus two years in a row ... Was a member of the district championship team at Plano East two years in a row ... Placed in the top six at regionals two years in a row ... Named MVP Field Person for Plano East ... Holds school record in discus at Plano East ... Daughter of Jeff and Jerri Webb ... Born Aug. 23, 1994 ... Mother ran track at Texas Tech from 1980-84.



### ↳ Women / Indoor

#### 55-Meter Dash

7.07 ..... Janesa Moore .....SBC Championship  
 7.23 ..... DeOna Stafford.....SBC Championship  
 7.27 ..... Tytana Thornton .....SBC Championship

#### 60-Meter Dash

7.69 ..... Janesa Moore .....Oklahoma Invite  
 7.88 ..... DeOna Stafford..... JD Martin Invite  
 7.88 ..... Tytana Thornton ..... JD Martin Invite

#### 200-Meter Dash

24.74 ..... Janesa Moore .....SBC Championship  
 24.97 ..... Jamila Cartwright...SBC Championship  
 25.38 ..... Ashley Harrison.....SBC Championship

#### 400-Meter Dash

56.68 ..... Jamila Carthwright .....SBC Champ.  
 57.08 ..... Ashley Harrison ..... Texas A&M Invite

#### 800-Meter Run

2:09.90 \* ..... Sara Dietz .....SBC Championship  
 2:14.14 ..... Jo Adams .....SBC Championship

#### 600-Yard Run

1:27.62 ..... Monica Dunn ..... JD Martin Invite  
 1:28.50 ..... Chelsea Hermes..... Iowa St. Classic

#### Mile Run

4:58.68 ..... Sara Dietz .....SBC Championship  
 4:59.43 ..... Jo Adams .....SBC Championship

#### 3,000-Meter Run

9:39.18 \* ..... Sara Dietz .....SBC Championship  
 9:58.40 ..... Ingrid Mollenkopf..... Houston Invite  
 9:59.43 ..... Jo Adams .....Iowa St. Classic

#### 5,000-Meter Run

17:16.31 ..... Ingrid Mollenkopf..... Iowa St. Classic

#### 4 x 400-Meter Relay

3:52.08 ..... Iowa State Classic

#### Distance Medley Relay

11:55.71 \* ..... Iowa St. Classic  
 ..... Dietz, Cartwright, Adams, Mollenkopf

#### High Jump

5-07.00 ..Shahaf Bareni..... Texas Tech Indoor  
 5-06.00 ..Chelsea Hermes..... Iowa St. Classic

#### Long Jump

17-10.75 ..... Adrian Stephens .....SBC Championship  
 17-08.75 ..... Janesa Moore ..... JD Martin Invite  
 17-03.50 ..... Chelsea Hermes.....SBC Championship

#### Triple Jump

32-09.00 ..... Adrian Stephens .....SBC Championship

#### 55-Meter Hurdles

7.94 ..... Chastity Stewart .....SBC Championship  
 7.98 ..... DeOna Stafford.....SBC Championship  
 8.23 ..... Ashley Starks.....SBC Championship

#### 60-Meter Hurdles

8.63 ..... DeOna Stafford.....Oklahoma Invite  
 8.76 ..... Chastity Stewart .....Oklahoma Invite  
 8.77 ..... Ashley Starks..... JD Martin Invite

#### Pole Vault

11-11.75 ..... Sarah Vann .....Texas Tech Indoor  
 11-01.75 ..... Sarah Korn ..... JD Martin Invite  
 10-11.75 ..... Jessica McNew ..... Texas Tech Indoor

#### Shot Put

45-01.75 .....Deja McKnight .....Oklahoma Invite  
 35-04.00 ..... Chelsea Hermes.....SBC Championship

#### Pentathlon

3,656 pts. .... Chelsea Hermes.....SBC Championship

### ↳ Men / Indoor

#### 55-Meter Dash

6.40 ..... CJ Fowler.....SBC Championship  
 6.53 ..... Johnny Hickman .....SBC Championship

#### 60-Meter Dash

6.89 ..... CJ Fowler..... Iowa St. Classic  
 7.01 ..... Johnny Hickman ..... JD Martin Invite  
 7.03 ..... Clinton Collins ..... JD Martin Invite  
 7.05 ..... Justin Flowers ..... Texas A&M Invite

#### 200-Meter Dash

21.74 ..... CJ Fowler.....SBC Championship  
 21.76 ..... Clinton Collins ..... Texas A&M Invite  
 22.03 ..... Johnny Hickman .....SBC Championship  
 22.16 ..... Steven White.....Oklahoma Invite

#### 400-Meter Dash

47.17 \* ..... Clinton Collins ..... Iowa St. Classic  
 47.81 ..... Steven White..... Iowa St. Classic  
 50.30 ..... Adam Thiel..... Texas A&M Invite

#### 800-Meter Run

1:55.98 ..... Matt Russ..... JD Martin Invite

#### 600-Yard Run

1:12.18 ..... Reggie Hayter ..... Iowa St. Classic  
 1:15.04 ..... Montrell Pyron .....Sooner Invitational  
 1:14.50 ..... Kevin Taylor..... Iowa St. Classic  
 1:14.70 ..... Andrew Sumner .....Sooner Invitational

#### Mile Run

4:13.94 ..... Matt Russ..... Texas A&M Invitational  
 4:27.26 ..... Austin Yaeger.....Oklahoma Invite

#### 3,000-Meter Run

8:35.39 ..... Matt Russ..... Houston Invite

#### 55-Meter Hurdles

7.69 ..... Steven White.....SBC Championship  
 7.81 ..... Darwin Moore..... JD Martin Invite

#### 60-Meter Hurdles

8.47 ..... Steven White.....Oklahoma Invite  
 8.54 ..... Darwin Moore..... JD Martin Invite  
 8.77 ..... Marcus Wooten ..... JD Martin Invite

#### High Jump

Did not compete in event in 2012

#### Long Jump

Did not compete in event in 2012

#### Triple Jump

Did not compete in event in 2012

#### Pole Vault

Did not compete in event in 2012

#### 4 x 400-Meter Relay

3:13.14 ..... Iowa St. Classic

#### Pole Vault

13-00.75 ..... Jordan Yankovich .Tex. A&M Invite

#### Shot Put

55-05.00 ..... Aaron Sirls..... Texas Tech Indoor  
 48-10.25 ..... Charleston Lewis. Oklahoma Invite

#### \* School Record

# NCAA Provisional Qualifier



# RECORDS

↳ 2012 superlatives/outdoors

## ↳ Women / Outdoor

### 100-Meter Dash

11.87 ..... Janesa Moore .....SBC Championship  
12.09 ..... DeOna Stafford.....UTA Invite  
12.20 ..... Nadiyah El-Amin..... John Jacobs Invite  
12.25 ..... Tytana Thornton .....UTA Invite

### 200-Meter Dash

24.62 ..... Ashley Harrison .....SBC Championship  
24.62 ..... Janesa Moore ..... John Jacobs Invite  
24.72 ..... Kayla Savoie .....SBC Championship  
24.85 ..... Nadiyah El-Amin..... John Jacobs Invite  
24.90 ..... Jamila Cartwright..... John Jacobs Invite

### 400-Meter Dash

54.91 ..... Ashley Harrison .....SBC Championship  
56.13 ..... Jamila Cartwright...SBC Championship

### 800-Meter Run

2:08.97 ..... Sara Dietz ..... Victor Lopez Classic  
2:10.03 ..... Jo Adams ..... Texas St. Classic  
2:19.73 ..... Chelsea Hermes.....SBC Championship

### 1,500-Meter Run

4:24.35 ..... Sara Dietz ..... Mt. SAC Relays  
4:26.44 ..... Jo Adams ..... Mt. SAC Relays

### 5,000-Meter Run

17:56.93 ..... Jo Adams .....SBC Championship  
18:01.06 ..... Carly Griffith .....Michael John. Classic

### 10,000-Meter Run

38:05.34 ..... Carly Griffith .....SBC Championship

### 3,000-Meter Steeplechase

Did not compete in event in 2012

### 100-Meter Hurdles

13.62 ..... Ashley Starks.....SBC Championship  
13.76 ..... Chastity Stewart .....SBC Championship  
14.25 ..... Kendria Burton.....Michael John. Classic

### 400-Meter Hurdles

1:01.03 ..... Ashley Starks.....SBC Championship  
1:02.08 ..... Kendria Burton.....SBC Championship

### High Jump

5-11-25 ..... Shahaf Bareni.....SBC Championship  
5-07.25 ..... Haley Thompson .....SBC Championship  
5-07.00 ..... Chelsea Hermes..... Texas St. Classic

### Long Jump

18-05.00 ..... Adrian Stephens .....SBC Championship  
16-09.75 ..... Haley Thompson .....UTA Invite  
16-07.75 ..... Rebecca Lex ..... John Jacobs Invite  
16-05.00 ..... Chelsea Hermes..... San Angelo Relays

### Triple Jump

Did not compete in event in 2012

### Pole Vault

12-01.50 ..... Sarah Vann .....North Texas Classic  
11-09.75 ..... Jessica McNew ..... TCU Invite  
11-03.75 ..... Sarah Korn ..... TCU Invite

### Shot Put

44-11-50 ..... Deja McKnight ..... SBC Championship  
40-03.25 ..... Chelsea Hermes..... SBC Championship

### Discus

129-00 ..... Deja McKnight ..... Texas St. Classic

### Javelin

115-05 ..... Chelsea Hermes.....SBC Championship  
103-06 ..... Sarah Vann .....SBC Championship

### 4X100-Meter Relay

45.75 ..... UTA Intivational

### 4X400-Meter Relay

3:42.74 .....SBC Championship

### Heptathlon

5,056 pts..... Chelsea Hermes.....SBC Championship

## ↳ Men / Outdoor

### 100-Meter Dash

10.59 ..... CJ Fowler .....SBC Championship  
10.80 ..... Johnny Hickman ..Michael John. Classic

### 200-Meter Dash

20.90 ..... Steven White ..... John Jacobs Invite  
21.01 ..... Clinton Collins .....SBC Championship  
21.28 ..... CJ Fowler ..... John Jacobs Invite  
21.77 ..... Johnny Hickman ..... John Jacobs Invite

### 400-Meter Dash

46.43 ..... Clinton Collins .....SBC Championship  
51.09 ..... Michael Ortiz ..... John Jacobs Invite

### 800-Meter Dash

1:52.74 ..... Matt Russ ..... North Texas Classic  
1:54.74 ..... Austin Yaeger .....SBC Championship  
1:55.63 ..... Michael Ortiz ..... Texas St. Classic  
1:55.80 ..... Andrew Sumner .....SBC Championship

### 1,500-Meter Run

3:51.48 ..... Matt Russ .....SBC Championship  
4:02.92 ..... Austin Yaeger ..... North Texas Classic

### 5,000-Meter Run

15:55.07 ..... Austin Yaeger ..... Michael Johnson Clas.

### 10,000-Meter Run

Did not compete in event in 2012

### 3,000-Meter Steeplechase

Did not compete in event in 2012

### 110-Meter Hurdles

14.76 ..... Darwin Moore .....SBC Championship  
15.39 ..... Marcus Wooten .....UTA Invite

### 400-Meter Hurdles

50.07 ..... Steven White ..... North Texas Classic  
53.24 ..... Adam Thiel .....SBC Championship  
55.56 ..... Marcus Wooten ....Michael John. Classic  
56.80 ..... Darwin Moore ..... Texas St. Classic

### High Jump

Did not compete in event in 2012

### Long Jump

Did not compete in event in 2012

### Triple Jump

Did not compete in event in 2012

### Pole Vault

Did not compete in event in 2012

### Shot Put

53-09.75 ..... Aaron Sirles ..... Texas St. Classic  
46-02.5 ..... Charleston Lewis..... John Jacobs Invite  
42-08.00 ..... Riley Donvoan ..... North Texas Classic

### Javelin

144-05.00 ..... Charleston Lewis..... North Texas Classic

### Discus

171-09 ..... Aaron Sirles ..... John Jacobs Invite  
164-11 ..... Charleston Lewis ..... TCU Invite  
140-08 ..... Riley Donovan ..... North Texas Classic

### Decathlon

Did not compete in event in 2012

### Hammer Throw

169-01 ..... Charleston Lewis .....SBC Championship  
167-01 ..... Aaron Sirles ..... UTA Invite  
163-07 ..... Cody January ..... North Texas Classic

### 4X100-Meter Relay

40.04 ..... Michael Johnson Classic

### 4X400-Meter Relay

3:13.26 .....SBC Championship

\*school record\*  
w wind aided



## ↳ World Records Set By North Texas

**February 5, 1938**

**31st Millrose Games - Madison Square Garden, New York City**  
Delmer and Elmer Brown and Wayne and Blaine Rideout set a new world record of 7:27.5 in the mile and seven-eighths relay.

**April 29, 1938**

**44th Penn Relays - Franklin Field, Philadelphia**  
Alvin Chrisman, Henry Morgan, Wayne and Blaine Rideout set a new world record of 9:59.4 for the outdoor two mile and one-eighth distance medley relay.

**June 18, 1938**

**Princeton Invitational - Princeton Stadium, Princeton, New Jersey**  
Wayne Rideout set a new world record of 3:00.3 in the three-quarter mile run. He became the first Texan in history to set a world record by himself.

## ↳ Texas Relays Champions

- 1935:** Sprint medley relay (3:38, Johnny Stovall, C.B. Midkiff, Paul Matthews, R.C. Conlee)
- 1937:** Blaine Rideout, mile (4:20); Sprint Medley Relay (3:31.9); 880-yard relay (1:28); Mile relay (3:21.0)
- 1938:** Distance Medley Relay (10:14.4, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout) 4 x Mile relay
- 1939:** 4 x Mile relay (Wayne Rideout, Blaine Rideout, Jack Sahling, Bob Hanna); Distance Medley Relay (10:17.6, James McDaniel, Harvey Bryant, Wayne Rideout, Blaine Rideout)
- 1940:** Welby Williams, 100-yard dash (10.0); 880-yard relay (1:26.3, Welby Williams, Olvis Hicks, Harvey Bryant, James McDaniel); Albert Mikeska, javelin (202 feet); Blaine Rideout, 880-yard run
- 1941:** 880-yard relay (Bobby Dodd, Welby Williams, Ed Rogers, Johnny Jackson); Mile relay (3:15.4, James McDaniel, Wilson Terry, Johnny Jackson, Ed Rogers); Albert Mikeska, javelin (203-5)
- 1942:** Boyd Vaughn, 880-yard run; Joe Wood, mile run
- 1943:** Sprint Medley Relay (3:43.3)
- 1946:** Sprint Medley Relay (3:37.1)
- 1947:** Mile relay (3:20.7)
- 1948:** 880-yard relay
- 1950:** 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabochnik); 440-yard relay (42.0, Harlan Howell, Ray Renfro, Lloyd Lowe, Jerome Zabochnik)
- 1951:** 880-yard relay; 440-yard relay (42.0)
- 1952:** 880-yard relay; 440-yard relay (42.5)
- 1953:** Sprint Medley Relay (3:31.2)
- 1955:** Kelley, high jump (6-6); Sprint Medley Relay (3:23.1, Mike Hagler, Dean Renfro, Boyd Dollar, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970:** Bill Schmidt, javelin (257-10.5)
- 1981:** Leana Hocking, 1,500-meter run (4:30.50)
- 2012:** Steven White, 400-meter hurdles (50.53)

## ↳ Kansas Relays Champions

- 1937:** 440-yard relay (41.9, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); 880-yard relay (1:28.6, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); mile relay (3:19.8, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown)
- 1938:** Mile relay (Wayne Rideout, Blaine Rideout, H. Morgan, J. Sahling); Distance Medley Relay (10:28.1, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939:** Distance Medley Relay (10:06.9, Wayne Rideout, Blaine Rideout, Doyle Chrisman, H. Bryant); Mile Relay (3:19.5, Wayne Rideout, Blaine Rideout, Doyle Chrisman, H. Bryant)
- 1940:** Blaine Rideout, mile run (4:10.1)
- 1941:** 880-yard relay (Bobby Dodd, Welby Williams, Olvis Hicks, Ed Rogers); Two Mile Relay (James McDaniel, J.B. Outlaw, Boyd Vaughn, Doyle Chrisman); Albert Mikeska, javelin
- 1949:** 880-yard relay (1:27.7, Harlan Howell, Ray Renfro, Charle Teague, Jerome Zabochnik)

**1950:** 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabochnik)

**1951:** 880-yard relay

**1953:** Sprint medley relay (3:36.0, Charlie Teague, Walt Lindsey, Ken Smith, Paul Patterson)

**1954:** Two mile relay (7:49.5)

**1955:** Sprint medley relay (Mike Hagler, Boyd Dollar, Dean Renfro, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)

**1970:** Jove Gomez, mile run (4:09.3)

## ↳ Penn Relays Champions

**1937:** Mile Relay (3:19.6, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown); 440-yard relay (42.1, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown)

**1938:** Distance Medley Relay (9:59.4\*, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)

**1939:** Distance Medley Relay (10:11.5, Doyle Chrisman, H. Bryant, Wayne Rideout, Blaine Rideout); Four-Mile Relay (17:25.9, H. Bryant, Wayne Rideout, Blaine Rideout, J. Sahling)

**1940:** 880-Yard Relay (1:25.4\$, W. Williams, Olvis Hicks, J. Jackson, E. Rogers)

**1941:** Welby Williams, 100-yard dash; 880-Yard Relay (Bobby Dodd, Welby Williams, Ed Rogers, Olvis Hicks)

## ↳ Drake Relays Champions

**1946:** Mile Relay (3:23.3, Joe Coquat, Norman Spray, Bill Adams, Jack Gilbert)

**1950:** 4 x 100 relay (42.5, Harlan Howell, Lloyd Lowe, Ray Renfro, Jerome Zabochnik)

**1951:** 4 x 200 relay (1:26.4); 4 x 100 relay (42.0)

**1952:** 4 x 200 relay (1:25.8); 4 x 100 relay (41.7)

**1953:** Sprint medley relay (3:33.9)

**1954:** Sprint medley relay (3:25.8)

**1955:** Mile relay (3:15.6, Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)

**1970:** Bill Schmidt, javelin (250-1)

\*World Record - \$-Penn Relays record



# RECORDS

↳ indoor records

## ↳ Men

Event	Name	Time/Mark	Date
55 Meters	Keyth Talley	6.20	2010
60 Meters	Keyth Talley	6.69	2010
200 Meters	Keyth Talley	20.98	2010
300 Meters	Rudy Levarity	30.76	1980
<b>400 Meters</b>	<b>Clinton Collins</b>	<b>47.17</b>	<b>2012</b>
600 Meters	Brian Rowley	1:11.24	1980
800 Meters	Don Everett	1:53.24	1974
1000 Yards	Don Everett	2:12.24	1974
Mile	Ben Moturi	4:05.24	1979
4X400	Relay (Levarity, Howe, Pace, Flowers)	3:11.21	1982
Distane Medley	Relay (Lutkenhaus, Breaut, Wilson, Ndachi)	10:04.53	1999
3000 Meters	Dylan Fugitt	8:13.04	1991
5000 Meters	Robert Genzel	14:43	1995
55 Hurdles	Paul Bosh	7.34	1976
60 Hurdles	Sammy Dabbs	8.0	2002
Shot Put	Phil Hall	57-6	1975
<b>Weight Throw</b>	<b>Charleston Lewis</b>	<b>55-00.75</b>	<b>2012</b>
Pole Vault	Jordan Wehr	16-6 3/4	2009
High Jump	Mike Ryan	7-1.75	1980
Long Jump	John Gilford	24-5.25	1975
Triple Jump	Gerald Shepherd	50-11.50	2001
Heptathlon	Jordan Wehr	5318 pts	2010

## ↳ Women

Event	Name	Time/Mark	Date
55 Meters	Missy Barnes	6.96	2010
60 Meters	Missy Barnes	7.45	2010
200 Meters	Alysha Adams	24.01	2010
300 Yards	Julie Bergeron	35.74	1980
300 Meters	Ella Smith	38.47	1981
400 Meters	Ciara Smith	54.49	2011
600 Yards	Kimberly Williams	1:25.66	2006
800 Meters	Sara Dietz	2:11.36	2012
1000 Yards	Leana Hocking	2:33.98	1981
1000 Meters	Leana Hocking	2:44.49	1980
Mile	Leana Hocking	4:50.42	1980
4X400 Meters	Relay (Smith, Robinson, Mackenna, Hart)	3:44.15	2007
<b>Distance Medley</b>	<b>Relay</b> (Dietz, Cartwright, Adams, Mollenkopf)	<b>11:55.71</b>	<b>2012</b>
<b>3000 Meters</b>	<b>Sara Dietz</b>	<b>9:43.63</b>	<b>2012</b>
5000 Meters	Debbie Thornhill	17:09.66	2001
55 Hurdles	Alysha Adams	7.72	2011
60 Hurdles	Lauren Wiggins	8.25	2008
High Jump	Deidra Wesley	5-9.75	2006
Long Jump	Donna Thomas	20-11.75	1983
Shot Put	Stacy Orakpo	47-7	2005
Weight Throw	Alana Tyler	56-03.75	2009
Pole Vault	Christal Brewster	12-5.50	2009
Pentathlon	Deidra Wesley	3679 pts	2005

\* Records with current student-athletes in BOLD



## ↳ Men/Outdoors

### 100-Meter Dash

1. .... 10.18 ..... Rudy Levarity ..... 4/14/81
2. .... 10.22w ..... Justin Anderson ..... 3/19/10
- ..... 10.22w ..... Detrion Woodson ..... 5/19/01
4. .... 10.25#c ..... Marvin Baker ..... 5/28/76
5. .... 10.28w ..... Keyth Talley ..... 6/26/09

### 200-Meter Dash

1. .... 20.50w ..... Rudy Levarity ..... 6/5/80
2. .... 20.82 ..... Keyth Talley ..... 5/1/10
3. .... **20.90** ..... **Steven White** ..... **4/14/12**
4. .... 20.95w ..... Detrion Woodson ..... 5/19/01
5. .... **21.01** ..... **Clinton Collins** ..... **5/12/12**

### 400-Meter Dash

1. .... 46.03#c ..... Doyle Magee ..... 4/10/65
2. .... 46.23 ..... David Turner ..... 5/10/02
3. .... 46.40 ..... Arthur Cox ..... 5/13/01
4. .... **46.43** ..... **Clinton Collins** ..... **5/11/12**
5. .... 46.74#c ..... John Cotton ..... 1959

### 800-Meter Run

1. .... 1:47.22 ..... Johnny Walker ..... 5/7/83
2. .... 1:48.20#c ..... Dennis Stephens ..... 1970
3. .... 1:50.10 ..... Artie Breault ..... 5/20/00
4. .... 1:50.42 ..... Matthew Boit ..... 5/22/82
5. .... 1:50.53 ..... Brian Rowley ..... 5/22/82

### 1,500-Meter Run

1. .... 3:43.44c ..... Ben Moturi ..... 4/28/79
2. .... 3:47.47 ..... Jonah N'Geny ..... 4/12/86
3. .... 3:48.07 ..... Paul Ndachi ..... 5/19/00
4. .... 3:49.14c ..... Matthew Boit ..... 1983
5. .... 3:49.51 ..... Ken Buyers ..... 4/15/78

### 5,000-Meter Run

1. .... 14:09.04c ..... Ron Wakefield ..... 4/8/83
2. .... 14:22.01 ..... Jonah N'Geny ..... 4/25/87
3. .... 14:22.15 ..... Paul Ndachi ..... 4/24/99
4. .... 14:22.35 ..... Ben Moturi ..... 1980
5. .... 14:27.04c ..... Don Jindra ..... 4/2/76

### 10,000-Meter Run

1. .... 29:44.00 ..... Juan Zetina ..... 4/3/80
2. .... 30:02.82 ..... Patrick Strong ..... 5/26/11
3. .... 30:50.74c ..... James McGee ..... 4/2/92
4. .... 30:55.09 ..... Paul Ndachi ..... 5/12/00
5. .... 30:59.14c ..... Rusty Hageman ..... 4/1/82

### 3,000-Meter Steeplechase

1. .... 8:57.94c ..... Juan Zetina ..... 4/25/80
2. .... 9:03.29 ..... John Gardner ..... 4/7/94
3. .... 9:06.50 ..... Joey Chapman ..... 5/14/88
4. .... 9:12.10 ..... Frank Ngeno ..... 5/12/07
5. .... 9:13.00 ..... Jonah N'Geny ..... 3/6/87

### 110-Meter Hurdles

1. .... 13.98#c ..... Joe Jubert ..... 1973
2. .... 14.15 ..... Carlos Yearwood ..... 5/8/99
3. .... 14.16 ..... Remarcus Smith ..... 5/4/02
4. .... 14.18 ..... Sammy Dabbs ..... 5/11/02
5. .... 14.18w ..... Calvin Smith ..... 5/6/00

### 400-Meter Hurdles

1. .... **50.07** ..... **Steven White** ..... **4/7/12**
2. .... 50.98c ..... Ed Eberhart ..... 1952
3. .... 50.99 ..... Kory Williams ..... 5/15/05
4. .... 51.49 ..... Chris Gibbons ..... 4/29/89
5. .... 51.93 ..... James Lobdell ..... 5/17/93

### Discus

1. .... 182-03 ..... Brock Stickler ..... 4/30/09
2. .... 177-10 ..... James Barefield ..... 3/31/79
3. .... 174-8 ..... Jim Parker ..... 1974
4. .... 173-3 ..... Adrian Awasom ..... 5/29/04
5. .... **171-9** ..... **Aaron Sirles** ..... **4/14/12**

### Shot Put

1. .... 57-9.5 ..... Phil Hall ..... 4/4/75
2. .... 56-0 ..... Dennis Lemmons ..... 1972
3. .... 55-11.75 ..... Heath Smith ..... 5/12/07
4. .... 55-10.25 ..... Don Rhode ..... 5/3/73
5. .... 54-9 ..... Mike Minter ..... 4/25/87

### Old Javelin

1. .... 280-7\* ..... Bill Schmidt ..... 1970
2. .... 243-10\* ..... Calvin Bowers ..... 1966
3. .... 228-2\* ..... Ross Percifield ..... 3/4/72
4. .... 227-11\* ..... Dan Hopkins ..... 3/11/72
5. .... 204-0\* ..... Dennis Lemmons ..... 1974

### New Javelin

1. .... 215-3 ..... Heath Smith ..... 5/27/06
2. .... 189-7 ..... Lupe Florez ..... 5/4/02
3. .... 188-6 ..... Parrish Johnson ..... 5/22/99
4. .... 178-1 ..... Justin Bowers ..... 3/30/02
5. .... 176-9 ..... Ben Botello ..... 5/10/03

### Pole Vault

1. .... 17-06 ½ ..... Jordan Wehr ..... 5/10/09
2. .... 16-8 ¾ ..... Ryan Lancon ..... 4/19/03
3. .... 16-6 ¾ ..... Frank Sykora ..... 4/19/96
4. .... 16-6 ..... George Rodriguez ..... 5/29/76
5. .... 16-0¾ ..... Josh Papagno ..... 4/24/10
- ..... 16-0¾ ..... William Nitcholas ..... 4/13/96

### Long Jump

1. .... 25-10 ..... John Gilford ..... 1975
2. .... 25-4 ¾ ..... Eric Jackson ..... 4/9/94
3. .... 25-3 ..... Aaron Donnell ..... 5/14/77
4. .... 25-2 ¾ ..... Johnnie Rodgers ..... 5/21/89
5. .... 25-0 ¾ ..... Ron Linscomb ..... 1965

### Triple Jump

1. .... 52-5 ¼ ..... John Gilford ..... 1975
2. .... 52-0 ½ ..... Abe Brown ..... 5/20/74
3. .... 52-0 ¼ ..... Greg Norman ..... 4/3/82
4. .... 50-8 ¼ ..... Gerald Shepherd ..... 4/6/01
5. .... 50-3 ½ ..... Eric Jackson ..... 5/17/95

### Decathlon

1. .... 6,999 pts. .... Ben Botello ..... 5/10/03
2. .... 6,825 pts. .... Jordan Wehr ..... 5/8/10
3. .... 6,722 pts. .... Teddy Sondota ..... 5/24/97
4. .... 6,711 pts. .... Andrew Turner ..... 5/10/09
5. .... 6,710 pts. .... Jordan Wehr ..... 5/10/09

### High Jump

1. .... 7-0.5 ..... Jermaine Jamison ..... 4/18/09
- ..... 7-0.5 ..... Toby Edwards ..... 4/24/08
3. .... 7-0 ..... Stoney Marquis ..... 5/17/96
- ..... 7-0 ..... Jeff Randall ..... 3/14/92
- ..... 7-0 ..... Mike Ryan ..... 4/28/79
- ..... 7-0 ..... Aaraon Donnel ..... 5/14/77

### Hammer Throw

1. .... **169-01** ..... **Charleston Lewis** ..... **5/11/12**
2. .... **167-01** ..... **Aaron Sirles** ..... **3/24/12**
3. .... 165-00 ..... Heath Smith ..... 4/22/06
4. .... **163-07** ..... **Cody January** ..... **4/7/12**

Bold is current student-athlete





# RECORDS

↳ top performers

## ↳ Women/Outdoors

### 100-Meter Dash

1. .... 11.48 .....	Ananka Clark .....	5/30/03
2. .... 11.48w .....	Lisa Nolting .....	4/14/07
3. .... 11.56w .....	Brittani Simmons .....	3/19/10
4. .... 11.62 .....	Brittany Blaylock .....	5/29/10
5. .... 11.64 .....	Rachael Runnels .....	4/1/06

### 200-Meter Dash

1. .... 23.57 .....	Debra Pinnix .....	4/26/80
2. .... 23.59w .....	Ananka Clark .....	5/30/03
3. .... 23.76 .....	Brittani Simmons .....	5/10/09
4. .... 23.82 .....	Alysha Adams .....	5/9/10
..... 23.82w .....	Brittany Blaylock .....	3/19/10

### 400-Meter Dash

1. .... 53.41 .....	Ciara Smith .....	5/2/08
2. .... 53.72 .....	Chiqueta Ellis .....	5/23/98
3. .... 53.83 .....	Ella Smith .....	5/7/83
4. .... 54.17 .....	MeShelley Sams .....	5/24/97
5. .... 54.58 .....	Liana Claxton .....	5/20/95

### 800-Meter Run

1. .... 2:06.32 .....	Leanna Hocking .....	5/2/80
2. .... 2:08.97 .....	Sara Dietz .....	3/24/12
3. .... 2:09.63 .....	Valerie Clary .....	4/18/98
<b>4. .... 2:10.03 .....</b>	<b>Jo Adams .....</b>	<b>4/27/12</b>
5. .... 2:10.52 .....	Joann Dohanich .....	4/1/80

### 1,500-Meter Run

1. .... 4:19.41 .....	Leanna Hocking .....	5/25/80
<b>2. .... 4:21.62 .....</b>	<b>Jo Adams .....</b>	<b>6/9/12</b>
3. .... 4:24.35 .....	Sara Dietz .....	4/19/12
4. .... 4:37.69 .....	Krista Davey .....	5/14/00.
5. .... 4:38.55 .....	Debbie Thornhill .....	3/31/01

### 3,000-Meter Run

1. .... 9:48.62 .....	Leanna Hocking .....	4/18/80
2. .... 9:51.05 .....	Debbie Thornhill .....	5/12/01
3. .... 10:06.66 .....	Jessica Schmidt .....	4/1/04
4. .... 10:08.36 .....	Brandi Orozco .....	5/22/99
5. .... 10:09.37 .....	Dagmar Salazar .....	3/22/03

### 5,000-Meter Run

1. .... 16:57.13 .....	Jessica Schmidt .....	3/26/04
2. .... 17:05.26 .....	Debbie Thornhill .....	4/26/01
3. .... 17:42.77 .....	Brandi Orozco .....	5/22/99
4. .... 17:50.12 .....	Ingrid Mollenkopf .....	5/8/10
5. .... 17:51.01 .....	Dagmar Salazar .....	5/11/03

### 10,000-Meter Run

1. .... 36:20.00 .....	Ingrid Mollenkopf .....	4/14/11
2. .... 38:02.72 .....	Cassie Storms .....	5/14/06
<b>3. .... 38:05.34 .....</b>	<b>Carly Griffith .....</b>	<b>5/11/12</b>
4. .... 38.13.65 .....	Liz Sanchez .....	4/3/96
5. .... 38:41.38 .....	Cassie Storms .....	5/15/05

### 100-Meter Hurdles

1. .... 13.25 .....	Alysha Adams .....	6/25/11
2. .... 13.40 .....	Lauren Wiggins .....	5/10/09
<b>3. .... 13.62 .....</b>	<b>Ashley Starks .....</b>	<b>5/11/12</b>
4. .... 13.74w .....	Ciji Brooks .....	5/7/05
5. .... 13.89 .....	Keri Glover .....	4/19/91

### 400-Meter Hurdles

1. .... 1:00.18 .....	Roshunda Pierson .....	5/9/10
2. .... 1:00.60 .....	Traci Logan .....	5/15/94
3. .... 1:00.68 .....	Raquel Hudson .....	5/09/08
4. .... 1:00.89 .....	Lisa Helm .....	5/12/02
<b>5. .... 1:01.03 .....</b>	<b>Ashley Starks .....</b>	<b>5/11/12</b>

### Discus

1. .... 167-2 .....	Jessica Henderson .....	5/10/03
2. .... 153-0 .....	Shauna Shepherd .....	4/30/09
3. .... 151-11 .....	Elizabeth Dominguez .....	4/30/09
4. .... 147-9.62 .....	Alana Tyler .....	4/09/09
5. .... 145-5 .....	Michelle Beck .....	5/10/03

### Shot Put

1. .... 48-4 .....	Heather Wood .....	5/14/06
2. .... 47-9.75 .....	Ciji Brooks .....	4/23/05
3. .... 46-2.75 .....	Latrechia Taylor .....	5/11/03
4. .... 45-6.50 .....	Rachel Barr .....	4/18/87
5. .... 45-3 .....	Stacy Orakpo .....	4/1/04

### Javelin

1. .... 149-2 .....	Nikki Hyles .....	4/2/94
2. .... 137-4 .....	LaKisha Gentry .....	5/11/03
3. .... 136-1 .....	Guinness Dealy .....	5/17/93
4. .... 133-10 .....	Rachel Barr .....	4/25/87
5. .... 122-01 .....	Shelley Hollingsworth .....	5/10/09

### High Jump

<b>1. .... 5-11.25 .....</b>	<b>Shahaf Bareni .....</b>	<b>5/11/12</b>
2. .... 5-10 .....	Deidra Wesley .....	4/05/06
3. .... 5-8.75 .....	Ryan Hill .....	4/21/07
..... 5-8.75 .....	Maria Spencer .....	4/13/02
5. .... 5-8.50 .....	Jessica Shockley .....	4/24/02

### Long Jump

1. .... 21-2.50 .....	Donna Thomas .....	6/5/82
2. .... 20-10.50 .....	Brandi Stanfield .....	4/7/06
3. .... 20-7.25 .....	Ashley Austin .....	5/8/10
4. .... 20-3.75 .....	Sherry Anderson .....	5/27/89
5. .... 20-3.50 .....	Ashley Austin .....	4/30/09

### Triple Jump

1. .... 44-3.50 .....	Brandi Stanfield .....	4/8/06
2. .... 41-9w .....	Dionte Campbell .....	4/8/00
3. .... 41-8 .....	Sandra Mondy .....	5/20/91
4. .... 41-3 .....	Tiffanie Jordan .....	5/11/03
5. .... 38-10.5 .....	Kelli Johnson .....	3/27/10

### Pole Vault

1. .... 12-11.50 .....	Christal Brewster .....	3/18/11
2. .... 12-04.00 .....	Shelley Hollingsworth .....	5/8/10
3. .... 12-01.50 .....	Sarah Vann .....	4/7/12
<b>4. .... 11-09.75 .....</b>	<b>Jessica McNew .....</b>	<b>3/16/12</b>
5. .... 11-07.75 .....	Kellie Delka .....	4/30/09

### Heptathlon

<b>1. .... 5,056 pts .....</b>	<b>Chelsea Hermes .....</b>	<b>5/11/12</b>
2. .... 5,030 pts .....	Deidra Wesley .....	5/15/05
3. .... 4,707 pts .....	Nikki Hyles .....	4/23/94
4. .... 4,695 pts .....	Rhatisha Scott .....	5/12/02
5. .... 4,597 pts .....	Alysha Adams .....	5/09/08

### Hammer Throw

1. .... 180-5 .....	Alana Tyler .....	4/09/09
2. .... 163-4 .....	Shauna Shepherd .....	4/09/09
3. .... 149-6 .....	Jessica Henderson .....	4/16/05

### Conversions:

- # - Imperial event to metric event
  - c - Hand time to Fully Automatic Time
  - \* - Old Implement
- Bold is current student-athlete**



## ↳ Men/Outdoors

### 100-Meter Dash

1	.....	10.18	.....	Rudy Levarity	.....	4/14/81
2	.....	10.22w	.....	Justin Anderson	.....	3/19/10
	.....	10.22w	.....	Detrion Woodson	.....	5/19/01
4	.....	10.25#c	.....	Marvin Baker	.....	5/28/76
5	.....	10.28w	.....	Keyth Talley	.....	6/26/09

### 200-Meter Dash

1	.....	20.50w	.....	Rudy Levarity	.....	6/5/80
2	.....	20.74w	.....	Keyth Talley	.....	4/30/09
3	.....	20.76	.....	Keyth Talley	.....	5/2/10
4	.....	20.82	.....	Keyth Talley	.....	5/1/10
5	.....	20.85	.....	Keyth Talley	.....	6/27/09

### 400-Meter Dash

1	.....	46.03#c	.....	Doyle Magee	.....	4/10/65
2	.....	46.23	.....	David Turner	.....	5/10/02
3	.....	46.40	.....	Arthur Cox	.....	5/13/01
4	.....	<b>46.43</b>	.....	<b>Clinton Collins</b>	.....	<b>5/13/12</b>
5	.....	<b>46.49</b>	.....	<b>Clinton Collins</b>	.....	<b>5/12/12</b>

### 800-Meter Run

1	.....	1:47.22	.....	Johnny Walker	.....	5/7/83
2	.....	1:48.20#c	.....	Dennis Stephens	.....	1970
3	.....	1:50.10	.....	Artie Breault	.....	5/20/00
4	.....	1:50.42	.....	Matthew Boit	.....	5/22/82
5	.....	1:50.53	.....	Brian Rowley	.....	5/22/82

### 1,500-Meter Run

1	.....	3:43.44c	.....	Ben Moturi	.....	4/28/79
2	.....	3:47.47	.....	Jonah N'Geny	.....	4/12/86
3	.....	3:48.06	.....	Paul Ndachi	.....	5/19/00
4	.....	3:49.14c	.....	Matthew Boit	.....	1983
5	.....	3:49.51	.....	Ken Buyers	.....	4/15/78

### 5,000-Meter Run

1	.....	14:09.04	.....	Ron Wakefield	.....	4/8/83
2	.....	14:22.01	.....	Jonah N'Geny	.....	4/25/87
3	.....	14:22.15	.....	Paul Ndachi	.....	4/24/99
4	.....	14:22.35	.....	Ben Moturi	.....	1980
5	.....	14:27.04c	.....	Don Jindra	.....	4/2/76

### 10,000-Meter Run

1	.....	29:44.00	.....	Juan Zetina	.....	4/3/
2	.....	30:02.82	.....	Patrick Strong	.....	5/26/11
3	.....	30:50.74c	.....	James McGee	.....	4/2/92
4	.....	30:55.09	.....	Paul Ndachi	.....	5/12/00
5	.....	30:59.14c	.....	Rusty Hageman	.....	4/1/82

### 3,000-Meter Steeplechase

1	.....	8:57.94c	.....	Juan Zetina	.....	4/25/80
2	.....	9:03.29	.....	John Gardner	.....	4/7/94
3	.....	9:13.00	.....	Jonah N'Geny	.....	3/6/87
4	.....	9:13.19	.....	Frank Ngeno	.....	5/14/06
5	.....	9:13.46	.....	Derrick Garrett	.....	4/6/89

### 110-Meter Hurdles

1	.....	13.98#c	.....	Joe Jubert	.....	1973
2	.....	14.15	.....	Carlos Yearwood	.....	5/8/99
3	.....	14.16	.....	Remarcus Smith	.....	5/4/02
4	.....	14.18	.....	Sammy Dabbs	.....	5/11/02
5	.....	14.18w	.....	Calvin Smith	.....	5/6/00

### 400-Meter Hurdles

1	.....	<b>50.07</b>	.....	<b>Steven White</b>	.....	<b>4/7/12</b>
2	.....	<b>50.53</b>	.....	<b>Steven White</b>	.....	<b>3/28/12</b>
3	.....	<b>50.55</b>	.....	<b>Steven White</b>	.....	<b>4/21/12</b>
4	.....	<b>50.64</b>	.....	<b>Steven White</b>	.....	<b>5/24/12</b>
5	.....	<b>50.68</b>	.....	<b>Steven White</b>	.....	<b>5/13/12</b>

### Discus

1	.....	182-03	.....	Brock Stickler	.....	4/30/09
2	.....	178-03	.....	Brock Stickler	.....	4/24/09
3	.....	177-10	.....	James Barefield	.....	3/31/79
4	.....	175-00	.....	Brock Stickler	.....	5/30/09
5	.....	174-8	.....	Jim Parker	.....	1974

### Shot Put

1	.....	57-9 ½	.....	Phil Hall	.....	4/4/75
2	.....	56-0	.....	Dennis Lemmons	.....	1972
3	.....	55-11 ¾	.....	Heath Smith	.....	5/12/07
4	.....	55-10¼	.....	Don Rhode	.....	5/3/73
5	.....	55-3 ½	.....	Heath Smith	.....	4/21/07

### Old Javelin

1	.....	280-7*	.....	Bill Schmidt	.....	1970
2	.....	243-10*	.....	Calvin Boswer	.....	1966
3	.....	228-2*	.....	Ross Percifield	.....	3/4/72
4	.....	227-11*	.....	Dan Hopkins	.....	3/11/72
5	.....	204-0*	.....	Dennis Lemmons	.....	1974

### New Javelin

1	.....	215-3	.....	Heath Smith	.....	5/26/07
2	.....	210-3	.....	Heath Smith	.....	5/14/07
3	.....	205-8	.....	Heath Smith	.....	3/31/07
4	.....	196-0	.....	Heath Smith	.....	5/14/06
5	.....	192-5	.....	Heath Smith	.....	3/25/06

### Pole Vault

1	.....	17-6 ½	.....	Jordan Wehr	.....	5/10/09
2	.....	17-0 ¼	.....	Jordan Wehr	.....	4/9/11
3	.....	16-8 ¾	.....	Ryan Lancon	.....	4/19/03
4	.....	16-6 ¾	.....	Frank Sykora	.....	4/19/96
5	.....	16-6	.....	George Rodriguez	.....	5/29/76

### Long Jump

1	.....	25-10	.....	John Gilford	.....	1975
2	.....	25-4 ¾	.....	Eric Jackson	.....	4/9/94
3	.....	25-3	.....	Aaron Donnell	.....	5/14/77
4	.....	25-2 ¾	.....	Johnnie Rodgers	.....	5/21/89
5	.....	25-0 ¾	.....	Ron Linscomb	.....	1965

### Triple Jump

1	.....	52-5 ¼	.....	John Gilford	.....	1975
2	.....	52-0 ½	.....	Abe Brown	.....	5/20/74
3	.....	52-0 ¼	.....	Greg Norman	.....	4/3/82
4	.....	50-8 ¼	.....	Gerald Shepherd	.....	4/6/01
5	.....	50-3 ½	.....	Eric Jackson	.....	5/17/95

### Decathlon

1	.....	6,999 pts	.....	Ben Botello	.....	5/10/03
2	.....	6,825 pts	.....	Jordan Wehr	.....	5/8/10
3	.....	6,722 pts	.....	Teddy Sondota	.....	5/24/97
4	.....	6,711 pts	.....	Andrew Turner	.....	5/10/09
5	.....	6,710 pts	.....	Jordan Wehr	.....	5/10/09

### High Jump

1	.....	7-0 ½	.....	Jermaine Jamison	.....	4/18/09
	.....	7-0 ½	.....	Jermaine Jamison	.....	4/4/09
	.....	7-0 ½	.....	Toby Edwards	.....	4/24/08
	.....	7-0 ½	.....	Toby Edwards	.....	5/13/07
5	.....	7-0	.....	Stoney Marquis	.....	5/17/96
	.....	7-0	.....	Jeff Randall	.....	3/14/92
	.....	7-0	.....	Mike Ryan	.....	4/28/79
	.....	7-0	.....	Aaraon Donnel	.....	5/14/77

### Hammer Throw

1	.....	<b>169-01</b>	.....	<b>Charleston Lewis</b>	.....	<b>5/11/12</b>
2	.....	<b>168-06</b>	.....	<b>Charleston Lewis</b>	.....	<b>4/14/12</b>
3	.....	<b>167-01</b>	.....	<b>Aaron Sirls</b>	.....	<b>3/24/12</b>
4	.....	<b>165-01</b>	.....	<b>Charleston Lewis</b>	.....	<b>4/27/12</b>
5	.....	165-00	.....	Heath Smith	.....	4/22/06

### Conversions:

Current athletes in **BOLD**

# - Imperial event to metric event

c - Hand time to Fully Automatic Time

\* - Old Implement





# RECORDS

↳ top performances

## ↳ Women/Outdoors

### 100-Meter Dash

1	.....	11.48	.....	Ananka Clark	.....	5/30/03
2	.....	11.48w	.....	Lisa Nolting	.....	4/14/07
3	.....	11.56w	.....	Brittany Simmons	.....	3/20/10
4	.....	11.61w	.....	Brittany Blaylock	.....	4/2/11
5	.....	11.62	.....	Ananka Clark	.....	5/10/02
.....	.....	11.62	.....	Brittany Blaylock	.....	5/29/10

### 200-Meter Dash

1	.....	23.58	.....	Debra Pinnix	.....	4/26/80
2	.....	23.59w	.....	Ananka Clark	.....	5/30/03
3	.....	23.76	.....	Brittani Simmons	.....	5/10/09
4	.....	23.82	.....	Alysha Adams	.....	5/9/10
.....	.....	23.82w	.....	Brittani Simmons	.....	3/19/10

### 400-Meter Dash

1	.....	53.41	.....	Ciara Smith	.....	5/31/08
2	.....	53.59	.....	Ciara Smith	.....	4/9/09
3	.....	53.72	.....	Chiqueta Ellis	.....	5/23/98
4	.....	53.83	.....	Ella Smith	.....	5/7/83
5	.....	54.17	.....	MeShelley Sams	.....	5/24/97

### 800-Meter Run

1	.....	2:06.32	.....	Leanna Hocking	.....	5/2/80
2	.....	2:08.97	.....	Sara Dietz	.....	3/27/12
3	.....	<b>2:09.04</b>	.....	<b>Jo Adams</b>	.....	7/7/12
4	.....	2:09.63	.....	Valerie Clary	.....	4/18/98
5	.....	2:10.52	.....	Joann Dohanich	.....	4/1/80

### 1,500-Meter Run

1	.....	4:19.41	.....	Leanna Hocking	.....	5/25/80
2	.....	<b>4:21.62</b>	.....	<b>Jo Adams</b>	.....	6/9/12
3	.....	4:24.35	.....	Sara Dietz	.....	4/19/12
4	.....	4:27.34	.....	Sara Dietz	.....	4/7/12
5	.....	4:30.48	.....	Sara Dietz	.....	3/28/12

### 3,000-Meter Run

1	.....	9:48.62	.....	Leanna Hocking	.....	4/18/80
2	.....	9:51.05	.....	Debbie Thornhill	.....	5/12/01
3	.....	10:06.66	.....	Jessica Schmidt	.....	4/1/04
4	.....	10:08.36	.....	Brandi Orozco	.....	5/22/99
5	.....	10:09.37	.....	Dagmar Salazar	.....	3/22/03

### 5,000-Meter Run

1	.....	16:57.13	.....	Jessica Schmidt	.....	3/26/04
2	.....	17:05.26	.....	Debbie Thornhill	.....	4/26/01
3	.....	17:42.77	.....	Brandi Orozco	.....	5/22/99
4	.....	17:50.42	.....	Ingrid Mollenkopf	.....	5/8/10
5	.....	17:51.01	.....	Dagmar Salazar	.....	5/11/03

### 10,000-Meter Run

1	.....	36:20.00	.....	Ingrid Mollenkopf	.....	4/14/11
2	.....	36:51.77	.....	Ingrid Mollenkopf	.....	5/13/11
3	.....	37:23.71	.....	Ingrid Mollenkopf	.....	5/7/10
4	.....	38:02.72	.....	Cassie Storms	.....	5/14/06
5	.....	<b>38:05.34</b>	.....	<b>Carly Griffith</b>	.....	5/11/12

### 100-Meter Hurdles

1	.....	13.08w	.....	Alysha Adams	.....	4/2/11
2	.....	13.09w	.....	Alysha Adams	.....	4/9/11
3	.....	13.15w	.....	Alysha Adams	.....	4/8/11
4	.....	13.25w	.....	Alysha Adams	.....	6/25/11
5	.....	13.28	.....	Alysha Adams	.....	5/15/11

### 400-Meter Hurdles

1	.....	1:00.18	.....	Roshunda Pierson	.....	5/9/10
2	.....	1:00.44	.....	Roshunda Pierson	.....	4/3/10
3	.....	1:00.59	.....	Roshunda Pierson	.....	5/8/10
4	.....	1:00.60	.....	Traci Logan	.....	5/15/94
5	.....	1:00.68	.....	Raquel Hudson	.....	5/09/08

### Discus

1	.....	167-2	.....	Jessica Henderson	.....	5/10/03
2	.....	153-00	.....	Shauna Shepherd	.....	4/30/09
3	.....	151-11	.....	Elizabeth Dominguez	.....	4/30/09
4	.....	147-9.62	.....	Alana Tyler	.....	3/28/09
5	.....	146-07	.....	Jessica Henderson	.....	4/08/05

### Shot Put

1	.....	48-4	.....	Heather Wood	.....	5/14/06
2	.....	48-3 ¼	.....	Heather Wood	.....	4/27/06
3	.....	47-9 ¾	.....	Ciji Brooks	.....	4/23/05
4	.....	47-2 ½	.....	Ciji Brooks	.....	4/27/06
5	.....	47-0 ¼	.....	Heather Wood	.....	4/07/06

### Javelin

1	.....	149-2	.....	Nikki Hyles	.....	4/2/94
2	.....	137-4	.....	La Kisha Gentry	.....	5/11/03
3	.....	136-1	.....	Guinness Dealy	.....	5/17/93
4	.....	133-10	.....	Rachel Barr	.....	4/25/87
5	.....	122-01	.....	Shelley Hollingsworth	.....	S5/10/09

### High Jump

1	.....	5-11 ¼	.....	<b>Shahaf Bareni</b>	.....	5/12/12
2	.....	5-10	.....	Deidra Wesley	.....	4/05/06
3	.....	5-8 ¾	.....	<b>Shahaf Bareni</b>	.....	4/21/12
.....	.....	5-8 ¾	.....	Deidra Wesley	.....	4/07/05
.....	.....	5-8 ¾	.....	Maria Spencer	.....	4/13/02

### Long Jump

1	.....	21-2.5	.....	Donna Thomas	.....	6/5/82
2	.....	20-10.5	.....	Brandi Stanfield	.....	4/7/06
3	.....	20-8.5	.....	Brandi Stanfield	.....	4/22/06
4	.....	20-7.25	.....	Ashley Austin	.....	5/8/10
5	.....	20-3.75	.....	Sherry Anderson	.....	5/27/89

### Triple Jump

1	.....	44-3 ½	.....	Brandi Stanfield	.....	4/08/06
2	.....	42-11 ½	.....	Brandi Stanfield	.....	5/14/07
3	.....	42-6	.....	Brandi Stanfield	.....	4/27/06
4	.....	41-40 ½	.....	Brandi Stanfield	.....	5/26/07
5	.....	41-9w	.....	Dionte Campbell	.....	4/08/00

### Hammer Throw

1	.....	54.99	.....	Alana Tyler	.....	4/09/09
2	.....	54.70	.....	Alana Tyler	.....	4/24/09
3	.....	54.35	.....	Alana Tyler	.....	4/18/08
4	.....	53.66	.....	Alana Tyler	.....	5/10/09
5	.....	51.31	.....	Alana Tyler	.....	4/14/07

### Pole Vault

1	.....	12-11 ½	.....	Christal Brewster	.....	3/18/11
2	.....	12-09 ½	.....	Christal Brewster	.....	4/16/11
3	.....	12-07 ½	.....	Christal Brewster	.....	5/26/11
.....	.....	12-07 ½	.....	Christal Brewster	.....	4/30/11
.....	.....	12-07 ½	.....	Christal Brewster	.....	5/10/09

### Heptathlon

1	.....	<b>5,046 pts</b>	.....	<b>Chelsea Hermes</b>	.....	5/12/12
2	.....	5,030 pts	.....	Deidra Wesley	.....	4/7/05
3	.....	4,966 pts	.....	Deidra Wesley	.....	5/14/06
4	.....	4,808 pts	.....	Deidra Wesley	.....	5/8/04
5	.....	<b>4,747 pts</b>	.....	<b>Chelsea Hermes</b>	.....	4/5/12

### Conversions:

Current Athletes in BOLD

# - Imperial event to metric event

c - Hand time to Fully Automatic Time

\* - Old Implement



## ↳ Men/Relays

### 4 x 100-Meter Relay

1. ....39.50.....	Tramaine Baker, Jeff Hudson, Carlos Yearwood, Detrion Woodson .....	5/22/99
2. ....39.59.....	Byron Washington, Ryan Varner, Keyth Talley, C.J. Fowler .....	6/10/09
3. ....39.61.....	Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler .....	5/30/09
4. ....39.83.....	Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler .....	5/31/09
5. ....39.84.....	Tony Jackson, Richard Pace, Rudy Levarity, Ed Simon .....	5/31/81

### 4 x 200-Meter Relay

1. ....1:23.84.....	Ed Simon, Richard Pace, Rudy Levarity, Greg Norman .....	4/24/81
2. ....1:24.6#c.....	Jimmy Weaver, Freddie Stuart, Gilbert Gerdes, John Cotten .....	1958
3. ....1:24.74.....	Justin Flowers, Ryan Varner, Byron Washington, C.J. Fowler .....	4/1/09
4. ....1:25.69#.....	W.L. Mitchell, Deonzia Fremem, Jim Carter, Joe Jubert.....	4/12/74
5. ....1:25:90.....	Remarcus Smith, Arthur Cox, Michael Krebs, Detrion Woodson .....	3/23/01

### 4 x 400-Meter Relay

1. ....3:07.00.....	Richard Pace, Lynn Howe, Doug Jackson, Johnny Walker.....	5/07/83
2. ....3:08.05.....	Brandon Woodard, Derek Logan, David Schwein, Kelvin Wright.....	5/15/05
3. ....3:08.09.....	Arthur Cox, David Turner, Michael Krebs, Derek Logan.....	5/31/03
4. ....3:08.21.....	Brandon Woodard, David Schwein, Derek Logan, Kelvin Wright.....	5/28/05
5. ....3:08.37.....	Darnell Greig, Ryan Varner, Montrell Pyron, Kelvin Wright.....	5/31/08

### 4 x 800-Meter Relay

1. ....7:22.21.....	Johnny Walker, Matthew Boit, Matt Wiggins, Lynn Howe .....	4/9/83
2. ....7:22.90.....	Johnny Walker, Matt Wiggins, Ron Wakefield, Matthew Boit .....	4/6/83
3. ....7:28.5#.....	Jim Blassingame, John Spencer, John Cooper, Richard Menchaca.....	1960
4. ....7:34.44.....	Randy Smith, Hal Finley, Ben Moturi, Lynn Howe .....	1980
5. ....7:44.10.....	Herchel Yelder, Shane Wall, Cody Overstreet, Jay Johnston.....	4/9/94

### Sprint Medley Relay (200-200-400-800)

1. ....3:18.64.....	Eric Cuffee, Richard Pace, Lynn Howe, Johnny Walker .....	4/08/83
2. ....3:18.67.....	Tramaine Baker, Detrion Woodson, Jeff Hudson, Artie Breault.....	4/24/99
3. ....3:19.2#.....	Rodney Walker, Vernon Evans, Austin Salter, Dennis Stephens.....	1971
4. ....3:23.54.....	Tramaine Baker, Antone Malone, Jeff Hudson, Artie Breault .....	4/05/97
5. ....3:25.47.....	Tramaine Baker, Kelleyton Wilson, Jeff Hudson, Artie Breault .....	4/03/98

## ↳ Women/Relays

### 4 x 100 Meter Relay

1. ....44.61.....	Brittani Simmons, Missy Barnes, Alysha Adams, Brittany Blaylock.....	5/29/10
2. ....44.76.....	Missy Barnes, Brittani Simmons, Brittany Blaylock, Alysha Adams.....	4/3/10
3. ....44.96.....	Brittani Simmons, Alysha Adams, Janesa Moore, Brittany Blaylock.....	4/2/11
4. ....45.07.....	Missy Barnes, Brittany Blaylock, DeOna Stafford, Alysha Adams.....	5/9/10
5. ....45.15.....	Rachael Runnels, Osaze Aghedo, Chastidy Russell, Chi Chi Echebelem.....	5/15/05

### 4 x 200 Meter Relay

1. ....1:35.70.....	Brittany Blaylock, Missy Barnes, Janessa Moore, Brittani Simmons.....	4/3/10
2. ....1:36.00.....	Chi Chi Echebelem, Keisha Hornsby, Rachael Runnels, Chastidy Russell.....	4/7/06
3. ....1:37.88.....	Rachel Runnels, Rhonda Williams, Chastidy Russell, Osaze Aghedo .....	4/9/05
4. ....1:38.56.....	Cherri Rowe, Candace Rowe, Rhonda Williams, Dominique Rhymes .....	4/5/03
5. ....1:38.77.....	Ananka Clark, Kim Brown, Candace Rowe, Rhonda Williams.....	4/6/02

### 4 x 400 Meter Relay

1. ....3:37.19.....	Shayla Hart, Chi Chi Echebelem, Chrystal Mitchell, Ciara Smith.....	5/30/08
2. ....3:39.33.....	Shayla Hart, Ciara Smith, Alysha Adams, Chrystal Mitchell.....	4/1/09
3. ....3:40.16.....	Chi Chi Echebelem, Ciara Smith, Shayla Hart, Keisha Hornsby.....	5/14/07
4. ....3:40.20.....	Chi Chi Echebelem, Ciara Smith, Shayla Hart, Keisha Hornsby.....	5/26/07
5. ....3:40.97.....	Shayla Hart, Ciara Smith, Brittani Simmons, Chrystal Mitchell.....	5/30/09

### 4 x 800-Meter Relay

1. ....9:03.0#.....	Joann Dohanich, Dee Dee Rylance, Sherri Painter, Kay Thompson .....	4/3/82
2. ....9:20.26.....	Shannan Hunt, LaShonda McCarty, Ashley Saunders, Valerie Clary .....	3/7/98
3. ....9:24.6#.....	Robyn Wiley, Robyn Winnie, Joann Dohanich, Leanna Hocking .....	1980
4. ....9:37.74.....	Valerie Clary, Tammy Lee, Tischa Russell, Ashley Saunders .....	3/25/95
5. ....9:40.90.....	LaShonda McCarty, Shannan Hunt, Dara Eley, Ashley Saunders .....	3/1/97

### Sprint Medley Relay (200-200-400-800)

1. ....3:57.51.....	Pam Lewis, Chiqueta Ellis, MeShelley Sams, Valerie Clary .....	4/3/98
2. ....4:00.37.....	Missy Barnes, DeOna Stafford, Ciarra Smith, Sara Dietz.....	4/2/10
3. ....4:01.13.....	Pam Lewis, Alicia Kuykendall, MeShelley Sams, Valerie Clary .....	4/3/98
4. ....4:04.09.....	Shazzell Grimes, Candace Rowe, Alicia Kuykendall, Keri Schenieder.....	4/7/00
5. ....4:08.20.....	Kori Crampton, Charnita Williams, MeShelley Sams, Valerie Clary.....	4/5/97



# RECORDS

↳ conference champions/men

## ↳ Men's Team Titles

### Texas Inter. Athletic Assoc. (1)

1923
<b>Lone Star Conference (11)</b>
1932.....1937.....1943
1933.....1938.....1946
1935.....1940.....1949
1936.....1941

### Missouri Valley Conference (4)

1967.....1973.....1974
1970

### Sun Belt Conference (2)

2000.....2002
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## ↳ Men's Outdoor Team Finishes

### Sun Belt Conference

Year	Place	Points
2012	Seventh	59
2011	Eighth	65
2010	Sixth	85
2009	Fourth	98
2008	Fourth	98
2007	Fifth	97
2006	Sixth	84
2005	Fourth	101
2004	Fourth	108
2003	Third	133.5
2002	First	148.25
2001	Second	126
2000	First	122

### Big West Conference

1999	Fifth	97.5
1998	Tenth	22
1997	Seventh	51.5

### Southland Conference

1995	Sixth	56
1994	Eighth	38.5
1993	Sixth	54
1992	Sixth	44
1991	Seventh	44
1990	Seventh	35
1989	Fifth	69
1988	Fifth	52
1987	Fifth	69
1986	Seventh	26
1985	Seventh	10
1984	Seventh	1.5
1983	Fifth	54

### Missouri Valley Conference

1975	Third	108
1974	First	198
1973	First	143
1972	Second	134
1971	Third	97
1970	First	127
1969	Second	125
1968	Second	105
1967	First	73
1966	Second	47
1965	Third	59
1964	Fifth	20
1963	Fourth	42
1962	Fourth	31
1961	Fourth	36.6
1960	Second	42.5

1959	Second	49
1958	Second	54.5
1957	Third	40.5

### Gulf Coast Conference

1956	Second	68.5
1955	No conference meet	
1954	No conference meet	

### Lone Star Conference

1949	First	62
1948	NA	
1947	Third	29.5
1946	First	57.5
1944-45	No meets	
1943	First	92.5
1942	Second	46.8
1941	First	67.3
1940	First	77.3
1939	Second	
1932	First	67.5

## ↳ Men's Indoor Team Finishes

### Sun Belt Conference

Year	Place	Points
2012	Eighth	37
2011	Third	95
2010	Second	98
2009	Fifth	69
2008	Third	74.5
2007	Fifth	75
2006	Fourth	71
2005	Eighth	52
2004	Fifth	61
2003	Sixth	55
2002	Fifth	71
2001	Fourth	92

### Southland Conference

1996	Ninth	37
1995	Eighth	38.5
1994	Seventh	14
1993	Ninth	6.25
1992	Ninth	10
1991	Fifth	46
1990	Fifth	49
1989	Fifth	47
1988	Fourth	51
1987	Fifth	44
1986	Seventh	29
1985	Seventh	4
1984	Seventh	13
1983	Seventh	29

## ↳ Individual Outdoor Champions

### Sun Belt Conference

**2012:** Steven White, 400-meter hurdles (50.68), 4x100 meter relay, Clinton Collins, CJ Fowler, Johnny Hickman, Steven White (40.39)

**2011:** None

**2010:** Jordan Wehr, Decathlon (6,825 pts), Steven White, 400-meter hurdles (51.51)

**2009:** Jermaine Jamison, high jump (6-10.75)

**2008:** Temitayo Harriman, 800-meter Run (1:54.30); Jermaine Jamison, high jump (6-08.75); 4x400-meter relay, Darnell Greig, Ryan Vaner, Montrell Pyron and Kelvin Wright (3:10.23)

**2007:** Heath Smith, Javelin (210-03).

**2006:** Frank Ngeno, 3,000-meter steeplechase (9:13.19); Heath Smith, javelin throw (196-00); Mark Lee, high jump (6-08.75).

**2005:** Kory Williams, 400-hurdles (50.99); 4x100-meter relay, David Schwein, Derek Logan, Brandon Irabor, Johnny Quinn (40.39); 4x400-meter relay, Kory Williams, Derek Logan, David Schwein and Kelvin Wright (3:08.05).

**2004:** Matt Gieringer, 10,000-meter Run; 4x400-meter relay, Andre Douglas, David Turner, Arthur Cox, Derek Logan; Chris Mordecai, Pole Vault (15-11.00)

**2003:** Ben Botello, Decathlon (6,999 pts.)

**2002:** Ryan Lancon, Pole Vault (15-11.25)

**2001:** Detrion Woodson, 100-meter Dash (10.31); 4x400-meter Relay, Terrance Boatwright, Michael Krebs, Brian Stephenson, Arthur Cox.

**2000:** Arthur Cox, 400-meter Dash (46.53); Paul Ndachi, 5,000-meter Run (14:33.06); 10,000-meter Run (30:55.09); 4 x 400-meter Relay, Terrance Boatwright, Michael Krebs, Artie Breault, Arthur Cox (3:10.24)

### Big West Conference

**1999:** 4 x 100-meter Relay - Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson (39.50); Paul Ndachi, 5,000-meter Run (14:42.13)

### Southland Conference

**1993:** James McGee, 5,000-meter Run (14:56.11) and 10,000-meter Run (31:01.03)

**1992:** James Lobdell, 400-meter Hurdles (52.24)

**1991:** Derrick Garrett, 3,000-meter Steeplechase (9:13.82); Shane Burt, 1,500-meter Run (3:55.17)

**1990:** Dylan Fugitt, 5,000-meter Run (14:52.55)

**1989:** Tim Martin, 1,500-meter Run (3:49.81)

**1988:** Joey Chapman, 3,000-meter Steeplechase (9:06.5); Johan Ngeny, 5,000-meter Run (14:44.0)

**1987:** Johan Ngeny, 5,000-meter Run (14:22.01)

**1986:** Johan Ngeny, 5,000-meter Run (14:37.57)

**1983:** Johnny Walker, 800-meter Run (1:48.6); Ron Wakefield, 5,000-meter Run (14:38.94)

### Missouri Valley Conference

**1975:** Phil Hall, Shot Put (56-10.5); John Gilford, Long Jump (25-10);

**1974:** 440-yard Relay - James Butler, Jim Carter, W.L. Mitchell, Deonzia Freeman (41.2); Joe Jubert, 120-yard Hurdles (14.2); Rod Cromeans, 880-yard Run (1:51.5); Ed Eberhart, 440-yard Hurdles (53.6);



Chuck Mork, Six-mile Run (30:25.4); Jeff Foster, Pole Vault (15-7); John Gilford, Long Jump (24-7.5) and Triple Jump (52-5.75); Mile Relay - Ed Eberhart, Peter McDonald, Tom Wilkerson, James Butler (3:16.5)

**1973:** Joe Jubert, 120-yard Hurdles (14.3); Pat Curry, 880-yard Run (1:50.5); Abe Brown, Triple Jump (49.4.5); Mike Swonke, Pole Vault (15-0);

**1972:** Vernon Evans, 440-yard Dash (47.7); Dennis Lemmons, Shot Put, (54-9.75); Jim Parker, Discus (170-4); Bob Iverson, High Jump (6-8); Mile Relay - Sam Fous, tom Wilkerson, B.J. Lott, Vernon Evans (3:13.6)

**1971:** Dennis Stephens, 880-yard Run (1:51.8); Dennis Lemmons, Shot Put (53-4.25); Mile Relay - Oren Smith, Austin Salter, Dennis Stephens, Vernon Evans (3:13.9)

**1970:** Jimmy Jones, 440-yard Hurdles (53.0); Jove Gomez, Mile Run (4:12.9); Bob Vander Drift, Discus (157-9); Bill Schmidt, Javelin (265-6); Don Rohde, Shot Put (54-.5)

**1969:** 440-yard Relay - Ed DeWitty, Dan Svatek, Vernon Evans, Mike Neeley (42.6); Bill Schmidt, Javelin (239-9)

**1968:** 440-yard Relay - Jimmy Jones, John Hagler, W.L. Wallace, Carl Jackson (42.3); Carl Jackson, 100-yard Dash (9.7) and 220-yard Dash (21.6); Jim Jones, 440-yard Hurdles (54.5)

**1967:** 440-yard Relay-Louis Smith, Oscar Howard, John Hagler, Doyle Magee (42.4); Louis Smith, 120-yard Hurdles; Doyle Magee, 220-yard Dash (21.7) and 440-yard Dash (47.2); Oscar Howard, 100-yard Dash (9.8); Mile Relay-Louis Smith, Joe Yalenty, John Hagler, Doyle Magee (3:16.5)

**1966:** 440-yard Relay - Louis Smith, Ira Daniels, Doyle Magee, Oscar Howard (41.7); Doyle Magee, 220-yard Dash (21.9); Louis Smith, 120-yard Hurdles (14.4); Calvin Bowser, Javelin (226-9.5); Ira Daniels, Triple Jump (45-5)

**1965:** 440-yard Relay - Avester Sheppard, Ira Daniels, Don Fox, Doyle Magee (41.6); Doyle Magee, 220-yard Dash (21.4); Henry Allen, 120-yard Hurdles (14.6); Ron Linscomb, Long Jump (25-0.75); Ira Daniels, Triple Jump (47-4)

**1963:** 440-yard Relay - (42.2); Calvin Bowser, Javelin (230-2); Dave Ballauer, Discus (142-1)

1962: Bill Argo, 100-yard Dash (9.5) and 220-yard Dash (21.5); Richard Menchaca, Mile Run (4:20.3); Dave Ballauer, Discus (147-7)

**1961:** Brothmer, 100-yard Dash (9.3); Cooper, Mile Run (4:15.2) and Two Mile Run (9:40.0)

**1960:** Cooper, Mile Run (4:10.5); Dave Clark, Pole Vault (14-1.25)

**1959:** John Cotten, 440-yard Dash (47.6); Grissom, 120-yard Hurdles (14.6); Dave Clark and Black, Pole Vault (13-7)

**1958:** 440-yard Relay - Fred Reuter, Fred Stuart, John Cotten, Jimmy Weaver (41.0); Jimmy Weaver, 100-yard Dash (9.6) and 220-yard Dash (21.2); John Cotten, 440-yard Dash (48.8); Andrews, Javelin (187-2.5); Mile Relay - (3:15.7)

**1957:** Andrews, Javelin (200-11); Mile Relay (3:17.8)

## Gulf Coast Conference

**1956:** John Cotten, Long Jump (23-8.75) and 440-yard Dash (48.1); Denny Andrews, Javelin (190-10.75); Bob Burch, Shot Put (45-10.5); Wade Fisk and Al Oglesby, High Jump (6-1)

## Lone Star Conference

**1949:** 440-yard Relay - Luther Fambro, Ray Renfro, Charles Teague, Jerome Zabochnik (42.6)

**1948:** 440-yard Relay - Harlan Howell, Loyd Lowe, Ray Womack, Chick Adams; 880-yard Relay - Ted Ball, Luther Fambro; Bob Grundy, Wallace (1:33.8); Luther Fambro, Long Jump (24-0.5); Johnny Slack, Discus (140-3)

**1942:** Loyd Wood, Mile Run (4:28.6); Boyd Vaughn, 880-yard Run (1:58.5); Al Boatman, Discus (142-7); Al Mikeska, Javelin (204-2)

**1940:** Olvis Hicks, 220-yard Dash; Welby Williams, 100-yard Dash (9.8); Albert Mikeska, Javelin (202-11.25)

**1937:** Mile relay - James McDaniel, Harvey Bryant, Johnny Jackson, Ed Rogers (3:15.4); 440-yard Relay - Johnny Jackson, Ed Rogers; Delmer Brown, 100-yard Dash (9.6); 220-yard Dash (20.7); Long Jump (23-6.25); Johnny Jackson, 440-yard Dash (48.9); Blaine Rideout, Mile Run (1:52.8)

## ↳ Individual Champions - Indoor

### Sun Belt Conference

**2012:** Clinton Collins, 400 meter dash (47.41), 4x400 meter relay, CJ Fowler, Adam Thiel, Clinton Collins, Steven White (3:13.85)

**2011:** Jordan Wehr, Heptathlon (5,010 pts)

**2010:** Keith Talley, 55-meter dash, (6.24), 200-meter dash, (21.02), Jordan Wehr, Heptathlon, (5,075 pts.), 4 x 400-meter Relay, Keyth Talley, Reggie Hayter, Russell Sams, Montrell Pyron, (3:16.28)

**2009:** 4x400-meter relay, Darnell Greig, Montrell Pyron, Reggie Hayter, Keyth Talley (3:16.45)

**2008:** Temitayo Harriman - 800 Meter Run (1:53.46)

**2007:** Toby Edwards - High Jump (6-11)

**2006:** Mark Lee - High Jump (6-09.75)

**2004:** Jarrod Stone - High Jump

### Southland Conference

**1991:** Dylan Fugitt, Mile Run (4:13.26) and Two-Mile Run (8:35.20)

**1990:** Dylan Fugitt, Two-Mile Run (9:04.00)

**1989:** Dylan Fugitt, Mile Run (4:15.90) and Two-Mile Run (9:07.90)

**1988:** Jonah Ngeny, Mile Run (4:14.65) and Two-Mile Run (9:05.66)

**1987:** Jonah Ngeny, Two-Mile Run (9:00.49)

**1984:** Ron Wakefield, Two-Mile Run (9:08.69)





## ↳ Women's Team Titles

**Sun Belt Conference (3)**  
2003 ..... 2005 (Indoor) ..... 2012

## ↳ Women's Outdoor Team Finishes

### Sun Belt Conference

Year	Place	Points
2012	First	121
2011	Third	93.5
2010	Third	120
2009	Fourth	97
2008	Second	115
2007	Third	93.5
2006	Third	102.5
2005	Third	119
2004	Second	143
2003	First	179.66
2002	Third	118.5
2001	Seventh	59
2000	Sixth	

### Big West Conference

1999	Eighth	44
1998	Eighth	36
1997	Eighth	47

### Southland Conference

1995	Eighth	21
1994	Seventh	39
1993	Eighth	46
1992	Sixth	32
1991	Fifth	51
1990	Seventh	34
1989	Fifth	43
1988	Fifth	54
1987	Second	95
1986	Sixth	28

## ↳ Women's Indoor Team Finishes

### Sun Belt Conference

Year	Place	Points
2012	Second	107
2011	Third	87.5
2010	Third	104.33
2009	Fifth	73
2008	Third	93
2007	Fourth	79.5
2006	Second	97
2005	First	111
2004	Second	99.5
2003	Second	99
2002	Second	81
2001	Sixth	

### Southland Conference

1996	Seventh	26
1995	Ninth	16
1994	Ninth	2.33
1993	Ninth	8
1992	Fifth	24
1991	Sixth	20.3
1990	Sixth	26
1989	Fifth	22

1988	Fourth	33
1987	Third	60

## ↳ Individual Champions - Outdoor

### Sun Belt Conference

**2012:** Shahaf Barani, High Jump (1.81m); Sara Dietz, 1500-meter run (4:34.54); 4x400-meter relay, Jamila Cartwright, Ashley Harrison, Janesa Moore, Chastity Stewart (3:42.74)

**2011:** Alysha Adams, 100-meter dash (11.70), 200-meter dash (24.04), 100-meter hurdles (13.28), Women's 4x100-meter relay, Alysha Adams, Brittani Simmons, Missy Barnes, Janesa Moore (45.50)

**2010:** Alysha Adams, 200-meter dash (23.82), 100-meter hurdles (13.29), Ashley Austin, Long Jump (20-07.25), Brittany Blaylock, 100-meter dash (11.64), Ciara Smith, 400-meter dash (55.46), 4 x 100-meter relay, De'Ona Stafford, Alysha Adams, Missy Barnes, Brittany Blaylock (45.07)

**2009:** Lauren Wiggins (100-meter Hurdles, 13.40)

**2008:** Alysha Adams (100-meter Hurdles, 13.82); 4X400 Relay (3:39.89), Shayla Hart, Racquel Hudson, Chrystal Mitchell and Ciara Smith

**2007:** Brandi Stanfield (Triple Jump, 42-11.50); 4X400 Relay (3:40.16).

**2006:** Ryan Hill (High Jump, 5-8); Deidra Wesley (Hep, 4,966); Heather Wood (Shot put, 48-4);

**2005:** Bonnie McKernan (3,000-Steeplechase, 11:02.82)

**2004:** Deidra Wesley (Hep., HJ); Jessica Henderson (Discus); Ciji Brooks (Shot put, 100-meter hurdles, 13.91); 4X100 Relay (45.40), Chastidy Russell, Rhonda Williams, Ronniqua Wilson, Osaze Aghedo

**2003:** Rhonda Williams (Long Jump, 19-10.25); Tiffanie Jordan (Triple Jump, 41-3); Latrecia Taylor (Shot Put, 46-2.75); Jessica Henderson (Discus, 167-2); Lakisha Gentry (Javelin, 137-4).

**2002:** Latrecia Taylor (Shot Put, 44-3.25); Lisa Helm (400-Meter Hurdles, 1:00.89; Rhatisha Scott (Hep-tathlon, 4,695 points)

**2001:** Debbie Thornhill (5,000-meter Run, 17:05.47)

**2000:** Krista Davey (1,500-meter run, 4:37.69); 4 x 400-meter relay, Chiqueta Ellis, Cherri Rowe, Sazelle Grimes, Dore'Ann Atkinson (3:42.02)

### Big West Conference

**1999:** Dionte Campbell (Triple Jump, 41-4.25)

**1997:** 4 x 400-meter relay (MeShelley Sams, Charnita Williams, Brandie Riggs, Valerie Clary)

### Southland Conference

**1994:** Traci Logan (400-meter Hurdles, 1:00.60); Nicole Hyles (Javelin, 140-3)

**1991:** Charletta Gaines (200-meter Dash (24.53); Sandra Mondy, (Triple Jump, 41-8)

**1990:** Sandra Mondy, (Triple Jump, 40-10)

**1988:** Sherry Anderson (200-meter Dash, 23.98)

**1987:** Sandra Mondy (Triple Jump, 39-9.5); Rachel Barr (Shot Put, 45-4; Javelin, 133-10); 4 x 400-meter Relay (47.00)

## ↳ Individual Champions - Indoor

### Sun Belt Conference

**2012:** Sara Dietz, 800-meter run (2:09.90), Mile Run (4:58.68), 3,000-meter run (9:39.18)

**2011:** Ciara Smith, 400-meter dash (54.94), Women's 4x400-meter relay, Alysha Adams, Monica Dunn, Janesa Moore, Ciara Smith (3:46.57)

**2010:** Alysha Adams, 200-meter dash (24.01), 55-meter hurdles (7.91), Missy Barnes, 55-meter dash (6.96), 4 x 400-meter relay, Alysha Adams, Brittani Simmons, Monica Dunn, Roshunda Pierson (3:53.23)

**2009:** Lauren Wiggins (55-meter Hurdles, 7.92); 4x400 Yard Relay- Shayla Hart, Monica Dunn, Chrystal Mitchell, Ciara Smith (3:47.91)

**2008:** Lauren Wiggins (55-meter Hurdles, 7.74); Shelley Hollingsworth (Pole Vault, 3.60); 4x440 Yard Relay (3:47.60), Shayla Hart, Racquel Hudson, Chrystal Mitchell, Ciara Smith

**2007:** Brandi Stanfield (Triple Jump, 41-10).

**2006:** Brandi Stanfield (Triple Jump, 43-05.25)

Heather Wood (Shot Put 46-02.5)

**2005:** Deidra Wesley (High Jump, 1.72m; Pentathlon, 3621 pts); Rhonda Williams (Long Jump, 5.91m); Stacy Orakpo (Shot Put, 14.50m)

**2004:** Jessica Schmidt (5000-meter run, 17:25.91; 3000-meter run, 9:58.90), Deidra Wesley (High Jump, 1.72m)

**2003:** Monica Coates (55-meter Hurdles, 8.22)

**2002:** Monica Coates (55-meter Hurdles, 7.96);

Maria Spencer (High Jump, 5-6); Latrecia Taylor (Shot Put, 46-2.5)

**2001:** Debbie Thornhill (5000-meter Run, 17:09.66)

### Southland Conference

**1992:** Keri Glover (55-meter Hurdles, 8.04)

**1991:** Keri Glover (55-meter Hurdles, 8.08)

**1987:** Sandra Mondy (Triple Jump, 39-10.50); Angela Taylor (60-Yard Hurdles, 8.21)



## ↳ All-Conference Honors

### SOUTHLAND CONFERENCE

#### 1983 Outdoor, Beaumont, Texas

Johnny Walker (800-meter Run); Ron Wakefield (5,000-meter Run); Matt Boit (1500-meter Run); Lynn Howe (400-meter Hurdles)

#### 1984 Indoor, Monroe, LA

Ron Wakefield (Two-Mile Run)

#### 1986 Outdoor, Arlington, Texas

Jonah Ngeny (5,000-meter Run)

#### 1987 Indoor, Monroe, LA

Jonah Ngeny (Two-Mile Run); Sandra Mondy (Triple Jump)

#### 1987 Outdoor, Denton, TX

Sandra Mondy (Triple Jump); Rachel Barr (Shot Put, Javelin); Jonah Ngeny (5,000-meter Run)

#### 1988 Indoor, Monroe, LA

Jonah Ngeny (Mile Run, Two-Mile Run)

#### 1988 Outdoor, Natchitoches, LA

Sherry Anderson (200-Meter Dash); Joey Chapman (3000-meter Steeplechase); Jonah Ngeny (5,000-meter Run)

#### 1989 Indoor, Monroe, LA

Dylan Fugitt (Mile Run, Two-Mile Run)

#### 1989 Outdoor, Huntsville, Texas

Tim Martin (1,500-meter Run)

#### 1990 Indoor, Monroe, LA

Dylan Fugitt (Two-Mile Run)

#### 1990 Outdoor, San Marcos, TX

Sandra Mondy (Triple Jump); Dylan Fugitt (5,000-meter Run)

#### 1991 Indoor, Monroe, LA

Dylan Fugitt (Mile Run, Two-Mile Run); Keri Glover (55-Meter Hurdles)

#### 1991 Outdoor, Nacogdoches, TX

Sandra Mondy (Triple Jump); Charletta Gaines (200-Meter Dash); Shane Burt (1,500-meter Run); Derrick Garrett (3000-meter Steeplechase)

#### 1992 Indoor, Monroe, LA

Keri Glover (55-Meter Hurdles)

#### 1992 Outdoor, Arlington, Texas

James Lobdell (400-meter Hurdles)

#### 1993 Outdoor, Monroe, LA

James McGee (10,000-meter Run)

#### 1994 Indoor

Jeff Randle (High Jump)

#### 1994 Outdoor, Lake Charles, LA

Nicole Hyles (Javelin); Traci Logan (400-Meter Hurdles)

#### 1995 Outdoor, Lake Charles, LA

Jeff Randall [HJ]

#### 1996 Outdoor, Natchitoches, LA

Frank Sykora [PV]; Andre Steele (4x400); Jeff Hudson (4x400); Artario Morgan (4x400); Tramoine Baker (4x400)

### BIG WEST CONFERENCE

#### 1997 Outdoor, Irvine, CA

Brandy Wylie [Hep]; Stony Marquis [HJ]; Valerie Clary [4X400]; MeShelley Sams [4X400]; Charnita Williams [4 X 400]; Brandie Riggs [4 X 400]

#### 1998 Outdoor, Boise, ID

Chiqueta Ellis [400]

#### 1999 Outdoor, Fullerton, CA

Teddy Sondota [Dec]; Tramoine Baker [TJ]; Tramaine Baker [4 X 100]; Jeff Hudson [4 X 100]; Carlos Taylor X 100]; Paul Ndachi [5000]; Artie Breault [800]; Jeff Hudson [100]; Detrion Woodson [100]; Dione Campbell [TJ]; Chiqueta Ellis [400]; Chiqueta Ellis [200]

#### 1999 Cross Country, Denton, TX

Paul Ndachi; Brandi Orozco

#### 2000 Cross Country, Sacramento, CA (BW)

Paul Ndachi

### SUN BELT CONFERENCE

#### 2000 Outdoor, Miami, FL

Chiqueta Ellis [200; 400]; Krista Davey [1500]; Keri Schneider [1500]; Dione Campbell [TJ]; Candace Rowe [LJ] Arthur Cox [400; 4 X 400]; Terrance Boatwright [400; 4 X 400]; Artie Breault [800; 4 X 400]; Paul Ndachi [10K; 5K; 1500]; Jerome Carrothers [SP; DT]; Parrish Johnson [SP]; Michael Krebs [4 X 400]

#### 2000 Cross Country, Little Rock, AR

Edmond Chapa; Nick Mokashi; Matt Gieringer

#### 2001 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Edmond Chapa (3K; 5K); Arthur Cox (400); Sammy Dabbs (55H); Kyle King (5k); Gerald Shepherd (LJ; TJ); Maria Spencer (HJ); Debbie Thornhill (3K; 5K);

#### 2001 Outdoor, New Orleans, LA

Edmond Chapa [10k; 5k]; Jerome Carrothers [SP; DT]; Debbie Thornhill [3k; 5k]; Maria Spencer [HJ]; Detrion Woodson [100]; Arthur Cox [400; 4X400]; Kyle King [1500]; ReMarcus Smith [110H]; Terrance Boatwright [4X400]; Michael Krebs [4X400]; Brian Stephenson [4X400]

#### 2001 Cross Country, Bowling Green, KY

Debbie Thornhill; Kyle King; Edmond Chapa

#### 2002 Indoor, Murfreesboro, TN

Jerome Carrothers (SP); Sammy Dabbs (55H); Ryan Lancon (PV); Gerald Shepherd (TJ); Jarrod Stone (HJ); Ananka Clark (200); Monica Coates (55H); Lakisha Gentry (SP); Maria Spencer (HJ); LaTrecia Taylor (SP)

#### 2002 Outdoor, New Orleans, LA

Justin Bowers [Dec]; Rhatisha Scott [Hep]; Nick Mokashi [10K]; Adrian Awasom [DT]; Jerome Carrothers [SP]; Ron Paris [SP]; Jessica Shockley [HJ]; LaTrecia Taylor [SP]; Ryan Lancon [PV]; Chris Mordecai [PV]; Lakisha Gentry [JT]; Jarrod Stone [HJ];

Ananka Clark [100]; Monica Coates [100H]; David Turner [400; 4 X 400]; Lisa Helm [400H]; Stephanie Allen [400H]; Cherri Rowe [4X400]; Erika Washington [4X400]; Kim Brown [4X400]; Norman Clay [4X400]; Terrance Boatwright [4X400]; Michael Krebs [4X400]

#### 2003 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Ryan Lancon (PV); Jarrod Stone (HJ); David Turner (400); Ciji Brooks (55H); Ananka Clark (55); Rhatisha Scott (55H); LaTrecia (SP); Deidra Wesley (HJ).

#### 2003 Outdoor, Denton, TX

Ben Botello (Dec); Arthur Cox (400); Michael Krebs (800); Ryan Lancon (PV); Jerome Carrothers (SP; DT); Ron Paris (DT); Jahnisha Warren (100H); Ciji Brooks (SP; 100H); Ananka Clark (100; 200); Rhonda Williams (LJ); Chelsea Creech (HJ); Jessica Shockley (HJ); Tiffanie Jordan (TJ); LaTrecia Taylor (SP); Jessica Henderson (DT); LaKisha Gentry (JT); Rhatisha Scott (HEP); Deidra Wesley (HEP)

#### 2003 Cross-Country, Bowling Green, KY

Josh Rogers; Matt Gieringer; Bonnie McKernan

#### 2004 Indoor, Murfreesboro, TN

Lee Porter (800); Jarrod Stone (HJ; LJ); David Turner (400); Ciji Brooks (55H); Ryan Hill (HJ); Ashley Porter (PV); Jessica Schmidt (5K; 3K; Mile); Deidra Wesley (HJ)

#### 2004 Outdoor, Denton, TX

Deidra Wesley (Hep., HJ); Jessica Henderson (Disc); Ciji Brooks (SP; 100H); Jessica Shockley (HJ); Katrina Couch (HJ); Ryan Hill (HJ); Erika Washington (800); Stephanie Alen (400H); Tiffanie Jordan (TJ); Chastidy Russell (4 X 100); Rhonda Williams (4 X 100; 4 X 400); Roniqua Wilson (4 X 100); Osaze Aghedo (4 X 100); Adrian Awasom (disc); Matt Gieringer (10k); Jarrod Stone (LJ; HJ); Andre Douglas (4 X 400; 400); David Turner (4 X 400; 400); Arthur Cox (4 X 400); Derek Logan (4 X 400); Justin Kauffman (800); Kory Williams (400H); Chris Mordecai (PV); Josh Rogers (5k)

#### 2004 Cross-Country, Little Rock, AR

Jill Brennan; Justin Kauffman

#### 2005 Indoor, Jonesboro, AR

Ciji Brooks (55H); Ryan Hill (HJ); Bonnie McKernan (3000; 5000); Stacy Orakpo (SP); Deidra Wesley (HJ); Pent.) [Exhibition]; Rhonda Williams (LJ);

#### 2005 Outdoor, New Orleans, LA

Mark Lee (HJ); Frank Ngeno (SC); Heath Smith (JT); Jarrod Stone (LJ); Kory Williams (400H); David Schwein (4 X 100; 4 X 400); Derek Logan (4 X 100; 4 X 400); Brandon Irabor (4 X 100); Johnny Quinn (4 X 100); Brandon Woodard (4 X 400); Kelvin Wright (4 X 400); Osaze Aghedo (100); Ciji Brooks (SP); Ryan Hill (HJ); Bonnie McKernan (SC; 5K); Rachael Runnels (200); Cassie Storms (5K); Rhonda Williams (LJ)

#### 2005 Cross-Country, Bowling Green, KY

Jill Brennan; Frank Ngeno





### 2006 Indoor, Murfreesboro, TN

Brandon Irabor (200); Mark Lee (HJ); Kelvin Wright (4X400; DMR); Ciji Brooks (SP); Chi Chi Echebelem (400); Ryan Hill (HJ); Brandi Stanfield (LJ;TJ); Deidra Wesley (PENT); Heather Wood (SP)

### 2006 Outdoor, Lafayette, LA

Ciji Brooks (SP); Ryan Hill (HJ); Brandi Stanfield (LJ); Cassie Storms (10k); Deidra Wesley (HEP; HJ); Heather Wood (SP); Mark Lee (HJ); Frank Ngeno (Steeple); David Schwein (400; 4X100); Heath Smith (JT);

### 2006 Cross-Country, Little Rock, AR

Frank Ngeno

### 2007 Indoor, Jonesboro, AR

Toby Edwards (HJ); Josh Papagno (PV); Heath Smith (SP); Byron Washington (55); Brandi Stanfield (TJ; LJ); Alana Tyler (WT); Heather Wood (SP)

### 2007 Outdoor, Lafayette, LA

Toby Edwards (HJ); Tayo Harriman (800); Frank Ngeno (Steeple); Josh Papagno (PV); Heath Smith (SP; JT); Toby Zelt (PV); Ryan Hill (HJ); Brandi Stanfield (TJ); Lauren Wiggins (100H); Heather Wood (SP); Chi Chi Echebelem (4 X 400); Keisha Hornsby (4 X 400); Shayla Hart (4 X 400); Ciara Smith (4 X 400)

### 2007 Cross-Country, Bowling Green, KY

Frank Ngeno; Patrick Strong

### 2008 Cross Country, Bowling Green, KY

Patrick Strong

### 2008 Indoor, Murfreesboro, TN

Toby Edwards (HJ); Temitayo Harriman (800); Josh Papagno (PV); Alysha Adams (55H); Christal Brewster (PV); Shelley Hollingsworth (PV); Brandi Stanfield (TJ); Alana Tyler (WT); Lauren Wiggins (55H; 55); Shayla Hart (4X400); Racquel Hudson (4X400); Christal Mitchell (4X400); Ciara Smith (4X400)

### 2008 Outdoor, Denton, TX

Toby Edwards (HJ); Tayo Harriman (800); Jermaine Jamison (HJ); Ryan Varner (200; 400; 4X400); Toby Zelt (PV); Kelvin Wright (4X400); Darnell Greig (4X400); Reggie Hayter (4X400); Alysha Adams (HEP; 100H); Shelly Hollingsworth (PV); Rachael Runnels (200; 100; 4X100); Ciara Smith (400, 4X400); Alana Tyler (HT); Lauren Wiggins (100); Shayla Hart (4X400); Chi Chi Echebelem (4X400); Chrystal Mitchell (4X400)

### 2009 Cross Country, Monroe, LA

Patrick Strong

### 2009 Indoor, Jonesboro, AR

Christal Brewster (PV); Monica Dunn (4X400), Darnell Greig (4X400), Shayla Hart (4X400), Reggie Hayter (800; 4X400), Chrystal Mitchell (4X400), Josh Papagno (PV), Montrell Pyron (4X400), Brittani Simmons (200), Ciara Smith (400; 4X400), Keyth Talley (200; 4X400), Jordan Wehr (HEP), Lauren Wiggins (55H)

### 2009 Outdoor, Murfreesboro, TN

Sara Dietz (800); Toby Edwards (HJ); Jermaine Jamison (HJ); Brittani Simmons (100; 200); Ciara Smith (400); Keyth Talley (200), Andrew Turner (DEC); Jordan

Wehr (PV); Lauren Wiggins (100H, 100)

### 2010 Cross Country, Bowling Green, KY

Patrick Strong, Ingrid Mollenkopf, Sara Dietz

### 2010 Indoor, Murfreesboro, TN

Alysha Adams (200, 55 H, 4x400); Justin Anderson (55); Lonnie Bacon (TJ); Missey Barnes (55); Brittany Blaylock (55, 200); Monica Dunn (4x400); Reggie Hayter (4x400, 800); Roshunda Pierson (4x400, DMR); Montrell Pyron (4x400); Russell Sams (4x400); Brittani Simmons (44, 4x400); Suzy Prikrlyl (HJ); Keyth Talley (55, 200, 4x400); Jordan Wehr (Heptathlon, HJ)

### 2010 Outdoor, Denton, TX

Alysha Adams (200, 100 H, 4x100); Ashley Austin (LJ); Missy Barnes (4x100); Brittany Blaylock (100, 200, 4x100); Darnell Greig (400); Jermaine Jamison (HJ); Matt Peters (800); Roshunda Pierson (400 H); Ciara Smith (400); De'Ona Stafford (4x100); Jordan Wehr (Decathlon); Steven White (400 H)

### 2011 Indoor, Jonesboro, AR

Alysha Adams (4x400, 55-H, 200), Ciara Smith (400, 4x400), Monica Dunn (4x400), Janesa Moore (4x400), Christal Brewster (PV), Clinton Collins (200, 400), Jermaine Jamison (HJ), Jordan Wehr (Hep, PV), Terrance Williams (LJ)

### 2011 Outdoor, Murfreesboro, TN

Alysha Adams (100, 200, 100-H, 4x100), Sara Dietz (800, 1500), Ingrid Millenkopf (5,000, 10,000), Brittani Simmons (4x100), Missy Barnes (4x100), Janesa Moore (4x100), Shahaf Bareni (HJ), Reggie Hayter (800), Patrick Strong (5,000, 10,000), Steven White (400-H)

### 2011 Cross Country, Bowling Green, KY

Ingrid Mollenkopf, Sara Dietz

### 2012 Indoor, Murfreesboro, TN

Jo Adams (Mile), Shahaf Bareni (HJ), Clinton Collins (400, 4x400), Sara Dietz (800, Mile, 1,500), CJ Fowler (4x400), Chelsea Hermes (Pentathlon), Deja McKnight (Shot), Janesa Moore (55), Adam Thiel (4x400), Steven White (4x400), Sarah Vann (PV)

### 2012 Outdoor, Lafayette, LA

Jo Adams (800, 1,500), Shahaf Bareni (HJ), Jamila Cartwright (4x400), Clinton Collins (400, 4x100), Sara Dietz (800, 1,500) CJ Fowler (4x100), Ashley Harrison (400, 4x400), Chelsea Hermes (Hep), Johnny Hickman (4x100), Sarah Korn (PV), Matt Russ (1,500), Ashley Starks (100-H), Chastity Stewart (4x400), Steven White (400-H, 4x100), Sarah Vann (PV)

## ↳ NCAA Participants

### 2012 West Preliminaries

Jo Adams (1,500), Shahaf Bareni (HJ), Clinton Collins (400, 4x100), Sara Dietz (1,500), CJ Fowler (200, 4x100), Aaron Sirles (DT), Chastity Stewart (100-H), Steven White (400-H, 4x100)

### 2011 West Preliminaries

Alysha Adams (100, 100-H, 4x100), Missy Barnes (4x100), Brittany Blaylock (100, 4x100), Christal Brewster (PV), Janesa Moore (4x100, Brittani Simmons

(4x100), Clinton Collins (200, 4x400), Darnell Greig (400, 4x400) Justin Flowers (200, 4x400), Reggis Hayter (4x400), Patrick Strong (10,000), Jordan Wehr (PV), Steven White (400-H, 4x400)

### 2010 West Preliminaries

Alysha Adams (4x100, 100 H, 100); Ashley Austin (LJ); Lonnie Bacon (TJ); Missy Barnes (4x100, 100); Brittany Blaylock (4x100, 100, 200); Darnell Greig (4x400); Reggie hayter (4x400); Jermaine Jamison (HJ); Eron Phillips (LJ); Roshunda Pierson (400 H); Montrell Pyron (4x400); Brittani Simmons (4x100, 100); Keyth Talley (100, 200, 4x400); Steven White (400 H)

### 2009 NCAA Midwest Regionals

**Finals:** Jordan Wehr, pole vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 39.83); Alysha Adams, 100m hurdles (sixth place, 13.70); Brock Stickler, discus (10th place, 175-00)

Keyth Talley (200, 4x100), C.J. Fowler (4x100), Ryan Varner (4x100), Byron Washington (4x100), Jermaine Jamison (HJ), Brock Stickler (discus), Jordan Wehr (pole vault), Alysha Adams (100 hurdles), Ashley Austin (Long Jump), Christal Brewster (Pole Vault), Shayla Hart (4x400), Chrystal Mitchell (4x400), Brittani Simmons (100, 200, 4x400), Ciara Smith (400, 4x400), Alana Tyler (Hammer Throw)

### 2009 NCAA Midwest Regionals

**Finals:** Jordan Wehr, pole vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 39.83); Alysha Adams, 100m hurdles (sixth place, 13.70); Brock Stickler, discus (10th place, 175-00)

### 2008 NCAA Midwest Regionals

**Finals:** Ciara Smith, 400 (fifth place, 53.41), 4x400 (fifth place, 3:37.18); Chi Chi Echebelem, 4x400 (fifth place, 3:37.18); Shayla Hart, 4x400 (fifth place, 3:37.18); Chrystal Mitchell, 4x400 (fifth place, 3:37.18); Alysha Adams, 100H (seventh place, 13.98); Brandi Stanfield, TJ (14t place, 41-01.00); Kelvin Wright, 4x100 (eighth place, 3:08.37); Ryan Roberson, 4x100 (eighth place, 3:08.37); Brandon Irabor, 4x100 (eighth place, 3:08.37); Byron Washington, 4x100 (eighth place, 3:08.37)

Temitayo Harriman (800), Jermaine Jamison (HJ), Ryan Varner (200, 400), Kelvin Wright (4x100), Ryan Roberson (4x100), Brandon Irabor (4x100), Byron Washington (4x100), Lauren Wiggins (100 H, 4x100), Rachael Runnels (4x100), Alysha Adams (100H, 4x100), Keisha Hornsby (4x100), Brandi Stanfield (TJ), Chi Chi Echebelem (4x400), Shayla Hart (4x400), Chrystal Mitchell (4x400), Ciara Smith (400, 4x400)

### 2007 NCAA Midwest Regionals

**Finals:** Heath Smith, javelin (second place, 65.62); Brandi Stanfield, triple jump (eighth place, 12.76); Ciara Smith, 4x400 (eighth place, 3:40.05); Chi Chi Echebelem, 4x400 (eighth place, 3:40.05); Keisha Hornsby, 4x400 (eighth place, 3:40.05); Shayla Hart, 4x400 (eighth place, 3:40.05)

Toby Edwards (High Jump), Mark Lee (High Jump), Heath Smith (Javelin, Shot Put), Ryan Varner (200), Chi Chi Echebelem (4x100, 4x400), Shayla Hart (4x400, Ryan Hill (High Jump), Keisha Hornsby (4x100, 4x400), Lisa Nolting (4x100), Rachael Runnels (4x100),



Ciara Smith (4x400), Brandi Stanfield (Triple Jump), Lauren Wiggins (100H), Heather Wood (Shot Put)

## 2006 NCAA Midwest Regionals

**Finals:** Heath Smith, Javelin (eighth place, 202-feet-9-inches); Brandi Stanfield, triple jump (seventh place, 42-feet-2-1/4); Deidre Wesley, High Jump (seventh place, 5-feet-9-1/4); Heather Wood, shot put (10th place, 48-1/2); Mark Lee, high jump (16th place, 6-feet-9); Frank Ngeno, 3,000-Meter Steeplechase (15th place, 9:31.55).

Frank Ngeno (3,000-Meter Steeplechase), David Schwein (4x100), Brandon Irabor (4x100), Ryan Roberson (4x100), Johnny Quinn (4x100), Tim Musomba (4x100), Kelvin Wright (4x100), Mark Lee (High Jump), Heath Smith (Javelin), Rachael Runnels (100, 4x100), Ciji Brooks (100H, Shot Put), Chastidy Russell (4x100), Keisha Hornsby (4x100), Chi Chi Echebelem (4x100), Brandi Stanfield (4x100, Triple Jump), Lisa Nolting (4x100), Ryan Hill (High Jump) Deidra Wesley (High Jump), Heather Wood (Shot Put)

## 2005 NCAA Midwest Regionals

**Finals:** Kory Williams, 400 H (fifth place, 51.11); David Schwein, 4x100 (11th place, 40.42); Derek Logan, 4x100 (11th place, 40.42); Brandon Irabor, 4x100 (11th place, 40.42); Johnny Quinn, 4x100 (11th place, 40.42); Brandon Woodard, 4x400 (fourth, 3:08.21); David Schwein, 4x400 (fourth, 3:08.21); Derek Logan, 4x400 (fourth, 3:08.21); Kelvin Wright 4x400 (fourth, 3:08.21); Chastidy Russell, 4x400 (10th place, 3:41.42); Chi Chi Echebelem, 4x400 (10th place, 3:41.42); Chrystal Mitchell, 4x400 (10th place, 3:41.42); Rhonda Williams, 4x400 (10th place, 3:41.42); Rhonda Williams, high jump (15th place, 18-11.75); Ciji Brooks, 100H (11th place, 13.78); Bonnie McKernan, 3,000-meter steeplechase (13th, 11:28.23); Ciji Brooks, shot put (17th place, 43-05.00).

Brandon Irabor (4 X 100), Mark Lee (High Jump), Derek Logan (4x100, 4x400), Johnny Quinn (4x100), Ryan Roberson (4x100), David Schwein (4x100, 4x400), Jarrod Stone (Long Jump), Bryant Williams (4x400), Kory Williams (400H, 4x400), Brandon Woodard (4x400), Kelvin Wright (4x400, 4x100), Osaze Aghedo (4 X 100), Ciji Brooks (Shot Put, 100 Hurdles), Chi Chi Echebelem (4x100), Racquel Hudson (4x400), Bonnie McKerran (3000 Steeplechase), Chrystal Mitchell (4x400, 4x100), Rachel Runnels (200, 4x100), Chastidy Russell (4x100, 4x400) Wesley, Deidra (High Jump), Rhonda Williams (Long Jump, 4x100, 4 X 400)

## ↳ Coach of the Year

### Sun Belt Conference

- 2000 Rick Watkins (Men's)
- 2002 Rick Watkins (Men's)
- 2003 Rick Watkins (Women's)
- 2005 Rick Watkins (Women's)
- 2012 Carl Sheffield (Women's Indoor)
- 2012 Carl Sheffield (Women's Outdoor)

### South Central Region

- 2002 Rick Watkins (Men's)

## ↳ Freshman of the Year

### Sun Belt Conference

- 2009 Keyth Talley (Indoor, Outdoor)
- 2008 Alysha Adams (Indoor, Outdoor)
- 2006 Brandi Stanfield (Indoor, Outdoor)

## ↳ Outstanding Field Performer

### Sun Belt Conference

- 2011 Jordan Wehr (Indoor)
- 2006 Brandi Stanfield (Indoor)
- 2004 Rhonda Williams (Co-Honors, Outdoor)

### Southland Conference

- 1987 Rachel Barr (Outdoor)

## ↳ Outstanding Track Performer

### Southland Conference

- 1991 Dylan Fugitt (Indoor)

### Sun Belt Conference

- 2012 Sara Dietz (Indoor)
- 2011 Alysha Adams (Outdoor)
- 2010 Alysha Adams (Outdoor)
- 2010 Keyth Talley (Indoor)
- 2004 Jessica Schmidt (Indoor)
- 2000 Paul Ndachi (Outdoor)

## ↳ Individual High-Point Scorer

### Southland Conference

- 1988 Sherry Anderson (Outdoor)

### Sun Belt Conference

- 2012 Sara Dietz (Indoor) (Tie)
- 2011 Alysha Adams (Outdoor)
- 2010 Alysha Adams (Outdoor)
- 2004 Jessica Schmidt (Indoor)
- 2000 Paul Ndachi (Outdoor)

## ↳ NCAA All-American

- 2012 Steven White (Outdoor, 400-H) (2nd Team)
- 2006 Brandi Stanfield (Indoor, Triple Jump)
- 2001 Detrion Woodson (Outdoor, 100 Meters)
- 1982 Donna Thomas (Outdoor, Long Jump)

## ↳ Academic All-American

### ESPN The Magazine

- 2007 Heath Smith, First Team
- 2006 Heath Smith, Second Team

## ↳ Division I All-Academic Track and Field Team

- 2011 Shahaf Bareni, Chasity Stewart, Sara Dietz, Clinton Collins
- 2011 Christal Brewster, Brittani Simmons, Clinton Collins
- 2009 Christal Brewster, Shayla Hart, Brittani Simmons, Alana Tyler

## ↳ Division I All-Academic Track and Field Teams

- 2011 Women's Track & Field
- 2009 Women's Track & Field



# RECORDS

↳ national championships

## ↳ North Texas At National Championships

### NCAA Track & Field Championship

#### Outdoor

- 2012: Steven White, 400-meter hurdles (14th-place finish)
- 2010: Alysha Adams, 100-meter hurdles (17th-place finish); Women's 4x100-meter relay team (Brittani Simmons, Alysha Adams, Missy Barnes, Brittany Blaylock) 11th-place finish
- 2009: Jordan Wehr, Pole Vault (15th-place finish); Men's 4X100-meter relay team (Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler) 11th-place finish
- 2008: Toby Edwards, High Jump (18th-place finish); Ciara Smith, 400-meter dash (25th-place finish)
- 2007: Heath Smith, Javelin (22nd-place finish)
- 2006: Brandi Stanfield, Triple Jump (18th-place finish)
- 2005: Kory Williams, 400-meter hurdles (24th-place finish)
- 2003: Ananka Clark, 100-meter dash. (24th-place finish)
- 2001: Detrion Woodson, 100-meter dash. (advanced to semifinals)
- 1999: Men's 4 x 100-meter relay team (Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson) - DNF in preliminaries.
- 1988: Sherry Anderson, long jump, did not advance to finals
- 1983: Donna Thomas, long jump, 4th (20-8.75); Johnny Walker, 800-meter run (did not advance to finals); Lynn Howe, 400-meter hurdles (did not advance to finals); 4 x 400-meter relay (Lynn Howe, Doug Jackson, Richard Pace, Johnny Walker, did not advance to finals)
- 1980: Rudy Levarity, 100-meter dash (advanced to semifinals), 200-meter dash (7th, 20.5)
- 1982: Donna Thomas, long jump (5th, 21-2.5)
- 1970: Bill Schmidt, javelin, second place (267-11)

#### Indoor

- 2010: Keyth Talley, 60-meter dash (13th place)
- 2008: Lauren Wiggins, 60-meter Hurdles (14th place)
- 2006: Brandi Stanfield, Triple Jump (11th place)

### IAAW National Championship

#### Indoor

- 1982: Donna Thomas, long jump (1st, 20-8.5)
- 1980: 1,000-meter run, Leana Hocking (2nd, 2:44.49); Mile relay (3rd, 3:45.29, Joan Bennett, Debra Pinnix, Leana Hocking, Julie Bergeron)

#### Outdoor

- 1982: Donna Thomas, long jump (2nd, 21-0); McDonald, 100-meter dash (4th, 11.86); 800-meter sprint medley relay (Donna Thomas, Anita Whitley, Sharon McDonald, Ella Smith, 2nd, 1:42.20)
- 1981: Donna Thomas, long jump (1st place)

## ↳ Junior USA Championship

- 2011: Terrance Williams, Long Jump (7.54m) - Silver Medal
- 2010: Steven White, 400-meter hurdles (51.19) - Silver medal
- 2009: Keyth Talley, 200-meter dash (20.86) - Gold Medal
- 2006: Brandi Stanfield, Triple Jump
- 2000: Sammy Dabbs, 110H
- 1999: Maria Spencer, High Jump
- 1999: Dionte Campbell, Triple Jump (41.6 (+) - Silver Medal

## ↳ Pan American Junior Championship/ IAAF World Junior Championship

- 2011: Terrance Williams (USA), Long Jump (7.54m) - Silver Medal (Pan American Junior Championship)
- 2010: Steven White (USA), 400-hurdles (51.19) - Silver Medal (IAAF World Junior Championship)
- 2010: Darnell Greig (Trinidad & Tobago), 400 meter, 4x400 meter relay (IAAF World Junior Championship)
- 2009: Keyth Talley (USA), 200-meter dash (20.78) - Silver Medal; 4x100 relay (of 39.06)\* - Gold Medal (Pan American Junior Championship)
- 1999: Dionte Cambell (USA) - Triple Jump (Pan American Junior Championship)

\* championship record

## ↳ Coaching History

1921-28	Theron J. Fouts
1929-41	Choc Sportsman
1942	Bill Cooper
1943	Lloyd Russell
1944	No Team
1945-46	Bill Cooper
1947	Odus Mitchell
1948-71	Winton "Pop" Noah
1971-73	Carl Babcock
1973-82	John McKenzie
1983-96	Ken Garland
1997-2011	Rick Watkins
2011-present	Carl Sheffield



## ↳ 2012 Sun Belt Conference Championship

October 27, 2012 / Bowling Green, Ky.

### Men / 8K

#### Team Results

1. UALR .....	58
<b>2. North Texas</b> .....	<b>85</b>
3. Middle Tennessee .....	86
4. South Alabama .....	139
5. Western Kentucky .....	142
6. Louisiana-Lafayette .....	145
7. Georgia State .....	155
8. ULM .....	183
9. Arkansas State .....	221
10. Troy .....	247
11. Florida Atlantic .....	255
12. Florida International .....	351

#### Top 10 Finishers (All-Conference Runners)

1. Joseph Chebet (WKU) .....	24:25.7
2. Daniel Mutai (ULM) .....	2:27.5
3. Robinson Simatei (MTSU) .....	24:28.1
4. David Mokone (WKU) .....	24:47.0
5. Valentin Poncelet (GSU) .....	24:53.1
6. Troy Taylor (NT) .....	25:03.7
7. Markus Pearson(UALR) .....	24:19.0
8. Felix Maritim (UALR) .....	25:24.7
9. Patrick Rohr(USA) .....	25:28.5
10. Brock Hime (UALR) .....	25:39.5

#### North Texas Results

6. Troy Taylor .....	25:30.8
14. Matt Russ .....	25:57.3
16. Alex Hita .....	26:01.1
21. Silvester Harrison .....	26:07.7
28. Bryce McAndrew .....	26:33.6
40. Kevin Webb .....	26:58.9
40. Kevin Webb .....	26:58.9
48. Austin Yaeger .....	27:32.7
49. Joel Flores .....	27:37.2

### Women / 5K

#### Team Results

1. Georgia State .....	52
2. Arkansas State .....	58
3. Western Kentucky .....	83
4. Middle Tennessee .....	113
5. South Alabama .....	139
<b>6. North Texas</b> .....	<b>157</b>
7. UALR .....	197
8. Florida International .....	228
9. Florida Atlantic .....	231
10. Troy .....	241
11. Louisiana-Lafayette .....	244
12. ULM .....	289

#### Top 10 Finishers (All-Conference Runners)

1. Katharine Showalter (GSU) .....	17:41.1
<b>2. Jo Adams(NT)</b> .....	<b>17:48.0</b>
3. Kristina Aubert (ASU) .....	17:51.5
4. Salome Lecoq(USA) .....	18:10.2
5. Hannah Stefanoff (GSU) .....	18:12.7
6. Julia Kitevski (MTSU) .....	18:17.2
7. Lindsey Hinken(WKU) .....	18:18.9
8. Rexi Parcells (ASU) .....	18:24.4
9. Vasily Chemweno (WKU) .....	18:25.5
10. Abby Dixon (ASU) .....	18:27.5

#### North Texas Results

2. Jo Adams .....	17:48.0
28. Kaitlyn Newton .....	19:17.2
39. Yvette Hernandez .....	19:41.5
43. Kylee Kittrell .....	19:52.4
45. Laura Cortez .....	19:58.2
55. Leesa Morales .....	20:11.8
59. Melissa Brito .....	20:27.5

## ↳ All-Time Honors

### Coach of the Year

#### Sun Belt Conference

**2011** Sam Burroughs (women)

#### Southland Conference

**1994** Ken Garland (men)

**1991** Ken Garland (men)

**1990** Ken Garland (men)

**1989** Ken Garland (women)

### Athlete of the Year

#### Southland Conference

**1989** Dylan Fugitt

### Freshman of the Year

#### Sun Belt Conference

**2012** Troy Taylor

**2008** Sara Dietz

**2007** Patrick Strong

### All-Region

#### NCAA South Central Regional

**2012** Jo Adams

**2011** Sara Dietz

## ↳ 2012 North Texas Top Finishes

### Men

UTA Season Opener (5K) .....	Bryce McAndrew, 14th, 15:37.8
Ken Garland Invitational (4 Miles) .....	Silvester Harrison, 1st, 20:25.0
Cowboy Jamboree (8K) .....	Troy Taylor, 38th, 26:11.97
Chile Pepper Festival (10K) .....	Troy Taylor, 45th, 32:03.9
Sun Belt Championship (8K) .....	Troy Taylor, 6th, 25:30
NCAA South Central Regional (10K) .....	Troy Taylor, 38th, 15:57.5

### Women

Ken Garland Invitational (5K) .....	Jo Adams, 4th, 17:37.31
Cowboy Jamboree (5K) .....	Jo Adams, 13th, 18:19.20
Chile Pepper Festival (6K) .....	Jo Adams, 30th, 22:03.5
Sun Belt Championship (5K) .....	Jo Adams, 2nd, 17:48.0
NCAA South Central Regional (6K) .....	Jo Adams, 16th, 21:34.0



# RECORDS

↳ cross country

## ↳ All-Time Records

### Men / 8-K

1. Patrick Strong (2007).....	24:38
2. Paul Ndachi (1999).....	24:49
3. Paul Ndachi (1999).....	24:56
4. Patrick Strong (2010).....	25:02
5. Paul Ndachi (1999).....	25:08
6. Paul Ndachi (1998).....	25:12
7. Frank Ngeno (2006).....	25:14
8. James McGee (1993).....	25:16
9. Patrick Strong (2007).....	25:17
10. Duane Stice (1992).....	25:25
Patrick Strong (2007).....	25:25
12. Stephen Murphy (1991).....	25:26
Patrick Strong (2008).....	25:26
14. John Gardiner (1993).....	25:29

### Women / 6-K

1. Debbie Thornhill (2001).....	21:11
2. Sara Dietz (2011).....	21:29
3. Jo Adams (2012).....	21:34
3. Jessica Schmidt (2003).....	21:42
4. Jo Adams (2012).....	22:03
5. Ingrid Mollenkopf (2010).....	22:10
6. Brandi Orozco (2000).....	22:28
7. Dagmar Salazar (2003).....	22:33
8. Ingrid Mollenkopf (2009).....	22:38
9. Bonnie McKernan (2003).....	22:58
10. Jill Brennan (2005).....	22:59
11. Sara Dietz (2008).....	23:05
12. Cassie Storms (2005).....	23:13
13. Jill Brennan (2004).....	23:19
14. Dagmar Salazar (2002).....	23:28
15. Jill Brennan (2005).....	23:35

### Women / 5-K

1. Jo Adams (2012).....	17:37
2. Debbie Thornhill (2001).....	17:44
3. Jo Adams (2012).....	17:48
4. Ingrid Mollenkopf (2011).....	17:52
5. Tischa Russell (1994).....	18:03
6. Brandi Orozco (1998).....	18:04
7. Sherri Painter (1982).....	18:06
8. Jessica Schmidt (2003).....	18:09
9. Sara Dietz (2011).....	18:10
10. Brandi Orozco (1998).....	18:12
11. Sara Dietz (2011).....	18:15
12. Jill Brennan (2005).....	18:16
13. Jo Adams (2012).....	18:19
14. Ingrid Mollenkopf (2010).....	18:20
15. Tischa Russell (1996).....	18:27

## ↳ All-Time Champions

### Individual

#### Men

#### Missouri Valley Conference

John Cooper.....	1960
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#### Southland Conference

Jonah Ngeny.....	1986
Dylan Fugitt.....	1989

#### Women

#### Sun Belt Conference

Debbie Thornhill.....	2001
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### Conference

#### Men

Lone Star Conference.....	1932
Lone Star Conference.....	1932
Lone Star Conference.....	1934
Southland Conference.....	1986
Southland Conference.....	1987
Southland Conference.....	1988
Southland Conference.....	1990
Southland Conference.....	1991
Southland Conference.....	1994
Sun Belt Conference.....	2000

#### Women

Southland Conference.....	1989
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## ↳ All-Time Results

### Sun Belt Conference (Men)

2012..... Second.....	86
2011..... Seventh.....	169
2010..... Sixth.....	167
2009..... Fourth.....	158
2008..... Third.....	110
2007..... Second.....	75
2006..... Third.....	98
2005..... Tied Second.....	75
2004..... Fifth.....	126
2003..... Third.....	82
2002..... Fifth.....	118
2001..... Second.....	
2000..... First.....	

### Big West Conference (Men)

1999..... Eighth.....	164
1998..... Fifth.....	114
1997..... Seventh.....	228

### Southland Conference (Men)

1995..... Eighth.....	177
1994..... First.....	68
1993..... Third.....	95
1992..... Second.....	74
1991..... First.....	43
1990..... First.....	33
1989..... Second.....	49
1988..... First.....	39

1987..... First.....	52
1986..... Tied for First.....	47
1985..... Third.....	66
1984..... Second.....	61
1983..... Fourth.....	86

### Sun Belt Conference (Women)

2012..... Sixth.....	157
2011..... Second.....	74
2010..... Sixth.....	157
2009..... Third.....	98
2008..... Fourth.....	113
2007..... Sixth.....	178
2006..... Seventh.....	240
2005..... Fourth.....	95
2004..... Fifth.....	129
2003..... Second.....	91
2002..... Fifth.....	118
2001..... Fifth.....	
2000..... Seventh.....	

### Big West Conference

1999..... Eleventh.....	291
1998..... Eleventh.....	250
1997..... Tenth.....	245

### Southland Conference

1995..... Second.....	83
1994..... Fifth.....	133
1993..... Fourth.....	151
1992..... Fourth.....	109
1991..... Seventh.....	154
1990..... Second.....	86
1989..... First.....	48
1988..... Seventh.....	129
1987..... Fifth.....	117
1986..... Sixth.....	131
1985..... Sixth.....	121





## Men

EVENT	NAME, SCHOOL	TIME/MARK	DATE
100 Meters	Monzavous Edwards, Bevill State	10.18	June 23, 2000#
200 Meters	Steve SLowly, New Era Spring	20.27	April 27, 2006
400 Meters	Deon Miner	45.67	May 20, 1995
800 Meters	Jackson Langat, TCU	1:49.00	April 15, 2006
1500 Meters	Russell Mangum, UL Monroe	3:47.46	April 25, 1987
5000 Meters	Deus Rwaherur, WKU	14:06.17	May 9, 2010
10,000 Meters	Patrick Cheptoek, WKU	29:38.40	May 9, 2010
110-M Hurdles	Jeff Jackson, Baylor	13.60	April 15, 1995
<b>400-M Hurdles</b>	<b>Steven White, North Texas</b>	<b>50.07</b>	<b>April 7, 2012</b>
3000-M Steeplechase	Gary Lackey, Unattached	9:10.00	April 27, 2006
4x100-M Relay	Texas Christian University	39.44	1991
4x400-M Relay	TCU	3:06.98	April 15, 2006
High Jump	Robert Jordan, Millville, NJ	7-4.25 (2.24)	June 20, 1999#
Pole Vault	Chris Roy, ULL	17-10.25 (5.44)	May 9, 2010
Long Jump	Andre Ester, UL Monroe	27-2 (8.28)	April 25, 1987
Triple Jump	Tydree Lewis	54-10 (16.48)	April 30, 2011
<b>Old Javelin</b>	<b>Bill Schmidt, North Texas</b>	<b>241-6 (73.60)</b>	<b>1970</b>
New Javelin	Kyle Kent, UL Monroe	222-02 (67.72)	May 9, 2010
Hammer	Thomas Freeman, East Greenwich, RI	213-3 (65.01)	June 20, 1999#
Shot Put	Nick Jones, ACU	60-3.25 (18.37)	April 30, 2011
Discus	Alex Tammenrt, Estonia	232-04	April 15, 2006
<b>Decathlon</b>	<b>Ben Botello, North Texas</b>	<b>6,999</b>	<b>May 11, 2003</b>

## Women

EVENT	NAME/SCHOOL	TIME/MARK	DATE
100 Meters	Tawanna Meadows, Troy	11.27	May 5, 2008
200 Meters	Tiffany Townsend,		
400 Meters	Monique Henderson, MLK Blasters	51.96	June 20, 1999#
800 Meters	Erin Bedell, Baylor	2:07.34	April 15, 2006#
1500 Meters	Alejandra Barrientos, San Lorenzo, CA	4:27.78	June 20, 1999#
3000 Meters	Silje Fjortoft, SMU	9:32.78	April 11, 2008
5000 Meters	Mary Davies, Oklahoma State	16:38.00	April 27, 2006
10,000 Meters	Marion Kandie, WKU	35:26.64	May 9, 2010
100-M Hurdles	Delloreen London	12.76	April 28, 2005
400-M Hurdles	Sheena Johnson, Garfield, VA	56.82	June 24, 2000#
3000-M Steeplechase	Michelle Finn, Western Kentucky	10:59.54	May, 9, 2010
4x100-M Relay	Unattached	44.70	May 17, 2008
4x400-M Relay	North Texas	3:39.89	May 5, 2008
High Jump	Gaelle Niare, SMU	6-0 (1.83m)	April 27, 2006
Long Jump	Tameka Roberts, UT-San Antonio	21' 8" (6.60)	May 20, 1995
Triple Jump	, Middle Tennessee	42-0 (12.95m)	
Javelin	Kendra Wecker, Marysville, KS	169-3 (51.59)	June 23, 2000#
Hammer	Caroline Soong, UCLA	194-10 (59.40)	June 23, 2000#
Shot Put	Michelle Carter, Texas	54-00.50(16.47)	April 15, 1995
Discus	Simone du Toit, SMU	188-02	April 30, 2009
Pole Vault	Jennie Sewell, Unattached	13-5.25 (4.10)	May 17, 2008
Heptathlon	Eva Johnson, UT-Arlington	4980	May 20, 1995

# - Record set at 1999 or 2000 USA Track & Field Junior National Championships

\* - Records in the 100 meters, 200 meters, 100 Hurdles, Long Jump and Triple Jump include Legal Wind (2.0 m/s)



# 2012-13 North Texas Track and Field Schedule

## Indoor Season

<b>Date</b>	<b>Meet</b>	<b>Location</b>
January 12	Texas A&M Invitational	College Station, TX
January 19	JD Martin Invitational	Norman, OK
January 25-26	Houston Indoor Invitational	Houston, TX
February 2	Texas Tech Open	Lubbock, TX
February 7-9	Iowa State Open	Ames, IA
February 16	Oklahoma Invitational	Norman, OK
February 23-24	Sun Belt Championships	Jonesboro, AR
March 8-9	NCAA Indoor Championships	Fayetteville, AR

## Outdoor Season

<b>Date</b>	<b>Meet</b>	<b>Location</b>
March 15	TCU Invitational	Ft. Worth, TX
March 22-23	Victor Lopez Classic	Houston, TX
March 23	UTA Invitational	Arlington, TX
March 27-30	Texas Relays	Austin, TX
March 30	Texas State Relays	San Marcos, TX
April 6	North Texas Classic	Denton, TX
April 13	UTEP Invitational	El Paso, TX
April 18-19	Mt. SAC Relays	Walnut, CA
April 20	Michael Johnson Classic	Waco, TX
April 25-27	Drake Relays	Des Moines, IA
May 4	Texas Tech Invite	Lubbock, TX
May 11-12	Sun Belt Championships	Miami, FL
May 23-25	NCAA Preliminary Round	Austin, TX
June 5-8	NCAA Championship Finals	Eugene, OR
June 19-23	US National Championships	Des Moines, IA