

2010-11 NORTH TEXAS TRACK AND FIELD

FACT AND RECORDS BOOK





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North Texas Athletic Department

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Credits: the North Texas Media Relations Department **Photography:** Rick Yeatts

Mean Green Mission Statement

* To Promote and monitor the educational achievement and personal growth of student-athletes, emphasizing that their educational growth and development is the primary purpose of intercollegiate athletics

* To conduct an athletics program that protects and enhances the physical and educational welfare of student-athletes

* To provide fair and equitable opportunity for all student-athletes and staff participating in intercollegiate sport activities, regardless of gender or ethnicity

* To promote the principles of good sportsmanship and honesty in compliance with the University of North Texas, state, NCAA and conference regulations

* To conduct a competitive athletics program that promotes faculty, staff, student and community affiliation with the University of North Texas

* To serve the community through public service and outreach activities which positively reflect on the University of North Texas and promote good will in the community.

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Track & Field Quick Facts

University Information

Location: Denton, Texas Founded: 1890 Enrollment: 36,118 Nickname: Mean Green Colors: Green and White Conference: Sun Belt President: V. Lane Rawlins Athletic Director: Rick Villarreal Home Facility: Fouts Field Main Athletics Phone: 940.565.2662 School Website: MeanGreenSports.com

Coaching Staff

Director of Track: Rick Watkins Phone: 940.565.4753 Assistant Coaches: Sammy Dabbs, Derek Mackel, Sam Burroughs

Athletic Media Relations

Track SID: Ryan Kasmiersky Phone: 940.565-3671 E-Mail: Ryan.Kasmiersky@unt.edu





Rick Watkins

Director of Track & Field

19th Year 🕨 Abilene Christian

The North Texas track & field program was going through a

PROFILES → head coach

number of monumental changes when Rick Watkins was named head coach in February of 1997. The program was re-classifying into the ranks of NCAA Division I-A, was moving from the Southland Conference to the Big West Conference and the two teams were being combined into one squad.

Watkins succeeded his mentor, Ken Garland, who had coached Watkins at Denton High School, and under whom he had served as an assistant for three seasons. The program had been successful in the sport of cross-country under Garland, winning seven Southland Conference Cross-Country Championships, but was missing success as a team in track & field.

Watkins inherited a track & field program that had not won a conference track & field championship in 26 years, whose highest finish in the previous eight years in the Southland conference was fifth and that had not had an individual qualify for the NCAA Track & Field Championships for 13 years.

With Watkins at the helm, North Texas has made a steady climb back onto the national landscape, and has become entrenched as one of the top teams in its new conference, the Sun Belt.

Since entering the Sun Belt in 2000, North Texas men's and women's track & field and cross-Country has produced a team finishing either first or second in the Conference standings nine out of 10 years in at least one of those sports. North Texas has won five Sun Belt Conference Championships and had 11 runner-up finishes.

On a national level, North Texas has been represented at the NCAA Championships 10 out of the last 12 years, and the last six years in a row.

At the 2010 NCAA Outdoor Track and Field Championships, the North Texas women's 4 X 100 Relay team [Missy Barnes, Brittani Simmons, Brittany Blaylock and Alysha Adams] finished 11th, while Adams was also 16th in the 100 meter hurdles at the National Meet.

Watkins has been named Sun Belt Conference Coach of the year four times, and was named the 2002 Men's South Central Regional Coach of the year by the US Track & Field Coaches Association.

During his tenure at North Texas, the Mean Green has produced 434 all-conference performers, with 108 athletes winning individual conference titles. North Texas athletes have also broken 104 school records under Watkins. The 2010 season started off on the right foot for the Mean Green under Watkins as the men's team finished higher than it ever has, second, in the Sun Belt Conference indoor meet. Overall, there were 22 All-Sun Belt Conference athletes in the indoor season for North Texas, which advanced Keyth Talley to the NCAA Indoor Championship in the 55 meter dash.

When the team moved outdoors, the focus shifted to the women's side as Adams claimed three conference titles (six on the year) and advanced to the NCAA Outdoor Championships individually in the 100-meter hurdles as well as part of the 4x100 meter relay [Missy Barnes, Brittani Simmons and Brittany Blaylock].

Expanding on another productive year on the national stage, Watkins also led freshman hurdler Steven White to a second Place finish at the USA Junior Championships and a spot on the US Junior team which competed at the IAAF World Championships in Canada.

In 2009 Watkins helped coach 44 all-conference athletes and saw the men's 4X400 relay team advance to the NCAA national meet, along with pole vaulter Jordan Where. Talley also became the first athlete in school history to medal at the Pan Am Junior Championships by winning gold in the 4X100-relay and second in the 200-meter dash at Port of Spain, Trinidad and Tobago.

In 2008, Watkins helped coach Ciara Smith (400-meters) and Toby Edwards (high jump) to the NCAA national meet. Smith and Edwards advancing to the NCAA Championship marked the first time since 1983 that North Texas had multiple athletes in different events competing for a national title.

Edwards broke the school record with a jump of 7' 1/2" and became the first high jumper in school history to make the NCAA Championship. Smith was the school record holder in the 400-meter dash clocking in with a time of 53.41 and became the first ever North Texas athlete to earn a trip to the NCAA Championships in the 400-meter dash.

Watkins mentored his second All-American performer in 2006. Freshman Brandi Stanfield competed at the indoor and outdoor NCAA Championships. She earned indoor all-America honors after an 11th place finish in the triple jump. Other accolades included winning the Sun Belt indoor triple jump title, being named the conference's Indoor Field Athlete of the Year as well as the Freshman of the Year in both seasons.

In 2005, North Texas sent 21 student-athletes to the NCAA Midwest Regional Championships in Norman, Okla., the most in the program's history. The Mean Green followed that accomplishment by

The Watkins File

Alma Mater: Abilene Christian '84

Coaching Experience 1997-present: Director of Track and Field, North Texas

1992-1997: Assistant Coach, North Texas

* 5 Conference Titles and 11 Runner-Ups 2000, 02 Men's Outdoor Champions 2000 Men's Cross Country Champions 2003 Women's Outdoor Champions 2005 Women's Indoor Champions 2001 Sun Belt Regular Season

* 5-Time Coach of the Year

2000, 02 Sun Belt Conference (Men) 2003, 05 Sun Belt Conference (Women) 2002 South Central Region (Men)

Collegiate Experience

1979-84: Abilene Christian Member of two NAIA and two NCAA National Championships

All-American High Jumper

Post-Collegiate Experience

Third at the United States Track and Field Federation Indoor Championships

Fifth at the United States Track and Field Federation Outdoors Championship

Was a 1984 Olympic Trials qualifier in the High Jump

Represented the United States in the International Friendship Games in Tiapei, Taiwan.

sending 19 athletes to regionals in 2006.

In 2000, the North Texas men's cross-country team and the track team won the Sun Belt Conference Championships, marking the first time since 1933 that North Texas had won double titles in the same calendar year.

Placing the Mean Green back on the national map has been a priority since Watkins took the helm. In 1999, cross-country star Paul Ndachi became the first North Texas athlete in 13 years to qualify for the NCAA Cross-Country Championships.

Earlier that spring, the Men's 4 X 100 relay became the school's first NCAA Track and Field qualifiers in 11 years, after breaking the Big West conference record on its way to the conference title. In 1998, the Women's 4 X 400 Relay advanced to the USA Indoor Championships for the first time ever. Since that time,

PROFILES → assistant coaches

North Texas has produced 91 NCAA regional or national-qualifying marks.

Watkins has served as the meet director for several high-caliber events, including the 1999 and 2000 USA Track and Field Jr. National Championships, the NCAA South Central Regional Cross-Country Championships from 1997-2000, and several Conference Championship events in the Big West and Sun Belt Conferences.

Watkins also heads up the UIL Class 4A Region II Championships every spring, in which the top athletes from the Dallas-Fort Worth area compete to qualify for the Texas High School State Championships.

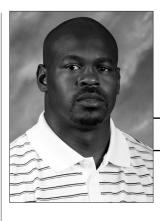
During his collegiate days, Watkins helped lead Abilene Christian to three NAIA and NCAA Division II National Championships, where he was an All-American high jumper and also competed as a decathlete.

As a post-collegian, Watkins finished third at the United States Track and Field Federation Indoor Championships and fifth Outdoors. He was a 1984 Olympic Trials qualifier in the High Jump, and twice represented the United States in the International Friendship Games in Tiapei, Tiawan.

Watkins was an assistant track coach at North Texas for three years, also serving as the facilities coordinator for the athletic department. Prior to coming to North Texas, Watkins served as the plan review coordinator for the prestigious Las Colinas real estate development in Irving, Texas, where he was responsible for reviewing and approving all construction plans in the 12,000 acre mixed-use real estate development.

Watkins received his bachelor's degree from Abilene Christian University in industrial technology ('84) and his master's degree in public administration ('95) from the University of North Texas.

He and his wife, Carol have been married 23 years, and have two children, Kacie (20), and Cody (17).



Sammy Dabbs

Assistant Coach

Third Year

North Texas

Sammy Dabbs is entering his third full season as an assistant coach at North Texas and his ninth year working in college athletics. He is responsible for recruiting and coaching the men and women sprints and hurdles for the Mean Green.

Dabbs has a background in performance training as well as strength and conditioning. His philosophy is based with overall development of the person rather than just the specific event. He believes in teaching the basic fundamentals of athletics and applies those principles to the track.

Dabbs' goal is to build the sprints and hurdles program to be the best in the Sun Belt Conference and to compete at the national level. In his three seasons at North Texas, the sprints and hurdles have produced 43 NCAA Regional Marks, eight NCAA Provisional Marks, six NCAA Qualifiers, 23 school records, two overall Sun Belt Conference records, nine All-Midwest Regional performers, 22 Sun Belt Conference Champions, 54 All-Sun Belt performers, four Sun Belt Conference freshman of the year awards and three junior national team qualifiers.

In three seasons, the women hurdlers have dominated the sprint hurdles in the Sun Belt. They won both the indoor and outdoor conference titles. Lauren Wiggins set the Sun Belt Conference Championships records in both the 55H (7.72) and 100H (13.40). In 2008, Wiggins ran the fastest time ever run in Sun Belt history for the 55H.

The 2010 season brought the emergence of sprinter/hurdler Alysha Adams to the forefront for Dabbs. Adams claimed six different conference championships (three indoor and three outdoor) and brought home the Most Outstanding Track Performer award for the Sun Belt Conference Outdoor Championships.

Dabbs would go on to lead Adams to a 17th place finish in the 100 hurdles as well as an 11th place finish as a member of the 4x100 relay [Missy Barnes, Brittany Blaylock and Brittani Simmons] at the NCAA Outdoor Championships. Adams also competed in the USA Championships and advanced to the semi-finals.

The 2010 indoor season also saw sophomore Keyth Talley claim three conference titles and advance to the NCAA Indoor Championships in the 60-meter dash. Talley broke the SBC Indoor Championship record in the 55 and 200-meter dash. He was named the most outstanding track performer.

Also in 2009, the foursome of Talley, Ryan Varner, Byron Washington, and CJ Fowler, finished second at the NCAA Midwest Regional meet in the 4x100 Relay. That is the highest finish of any event at a regional championship in North Texas history. At the NCAA Championships, the same foursome ran the second-fastest time in school history and finished 11th (39.59).

In his first season, the sprints and hurdles group had numerous program firsts at the Midwest Regional meet. The men's 4x100 relay made the Midwest Regional finals for the first time, and the men's 4x400 relay returned to score points after not qualifying the previous two seasons. The women's program scored points in four different events. Ciara Smith and the 4x400 Relay both placed fifth and set school records in recording the program's highest finish in a relay or individual event at the regional meet.

Dabbs studied kinesiology at North Texas and currently holds the 60 hurdles school record. He began coaching in the fall of 2002, just months after his fourth-place finish at the 2002 Outdoor Sun Belt Conference Championships.

In the summer on 2009, Dabbs was selected to participate in the USATF Emerging Elite Coaching Clinic held at the Olympic Training Center in Chula Vista, Calif. The goal of the clinic was to enrich the talent pool of coaches in the United States.

As a youth athlete, Dabbs was a member of the Dallas Gold Track Club where he was coached by Rayford Ross and Mike Hart. He had the opportunity to work as a Performance Training Specialist under Lance Walker, currently of the Michael Johnson Performance Training Center. Carl Sheffield, also of the Michael Johnson Performance Training Center, was his college coach and coaching mentor.



PROFILES → assistant coaches



Sam Burroughs

Assistant Coach

First Year > Buffalo

Sam Burroughs begins his first year as an assistant track & field coach at North Texas, primarily responsible for the middle and long

distance running events.

4

Burroughs has spent the last two years in the same position at Abilene Christian University, where he collected two Lone Star Conference Championships, a South Central Regional Championship and a fourth-place finish at the NCAA Division II championship meet in men's cross country.

He was named the 2008 South Central Regional Coach of the Year by the United States Track & Field and Cross Country Coaches' Association as well as the Lone Star Conference Men's Coach of the Year in 2008 and '09.

In 2010, Burroughs coached Amos Sang to first place finishes in both the 5,000 and 10,000 meter runs at the NCAA Division II Championships as well as leading Sang and Cleophas Tanui to first and second place finishes, respectively, in the 10,000 meter run at the prestigious Penn Relays in 2009.

Before joining the ACU staff, Burroughs was the assistant cross country coach and an assistant track and field coach at Iona College (N.Y.) for three seasons.

Burroughs helped lead the Gaels to unprecedented success from 2005-07 as he was part of a program that posted three straight top-four finishes at the NCAA Division I national cross country championship meet.

While at Iona, Burroughs helped coach the Gaels to three straight Metro Atlantic Athletic Conference (MAAC) titles and helped the women's program to its third straight MAAC title.

In track and field, Burroughs coached 13 individual qualifiers for the NCAA Division I indoor and outdoor track and field championships, including three in the 5000 meters and 10,000 meters at the 2008 outdoor championship meet. He coached 13 All-America athletes at Iona and saw 31 male athletes and 25 female athletes claim individual MAAC championships.

Burroughs, who earned his bachelor's degree in exercise physiology in 2000 from the University of Buffalo, competed as a top member of the school's distance teams. Burroughs remained at Buffalo for graduate work, earning his Master of Science in human performance in 2002.



Derek Mackel

Assistant Coach

First Year New Mexico

Derek Mackel begins his first season as an assistant track & field coach at North Texas after a three-year stint in a similar capacity

at the University of New Mexico. Mackel will work with the pole vaulters and throwers as well as assist head coach Rick Watkins with the multi-events and other field events.

At New Mexico in 2010, Mackel coached pole vaulter Kyle Walker to All-Mountatin West Conference honors and a spot in the NCAA West Preliminary Round in the pole vault (17'4"). Mackel, also worked with Sandy Fortner, the Mountain West Conference Heptathlon Champion (5723), a qualifier to the NCAA Outdoor Championhips in the Heptathlon. Fortner was named the Mountain West Female Athlete of the Year in 2010. Mackel also coached three women's vaulters in 2010: Kelly Fortner (12'9"), Lauren Jaramillio (12'1") and Amber Menke (12'1"), as well as numerous others.

In 2008, Mackel mentored pole vaulter Robert Caldwell into the 18' club (18'1), and to a 6th place finish at the NCAA Outdoor Championships. Mackel also coached the throwing events at New Mexico and mentored several walk-ons to personal bests in 1 year, including Briana Paxton (158'10 Discus, 45'0" Shot) and Sarah Smartwood (160'10" Hammer).

Mackel, the 2006 NCAA Midwest Regional pole vault champion, also set the Midwest Regional record in that event (18' 1") and was one of the great success stories in UNM track & field history. He began as an unrecruited walk-on in 2002, with a best vault of under 12' in high school. He improved by more than six feet during his collegiate career to become one of the nation's premier vaulters.

He is a 2006 graduate of the University of New Mexico, receiving his bachelor's degree in university studies and received an master's degree in exercise science from the University of New Mexico in 2010.

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Men

<u>Name</u> Collins, Clinton Flowers, Justin Greig, Darnell Hayter, Reginald Hickman, Johnny Jamison, Jermaine Lanier, Eddie Lewis, Charleston Moore, Darwin Ortiz, Michael Peters, Matthew Phillips, Eron Pyron, Montrell Russ, Matthew Sirles, Aaron Smith, Andrew Strong, Patrick Sumner, Andrew Taylor, Kevin Wehr, Jordan White, Steven Williams, Terrance Wooten, Marcus

Event <u>Class</u> Sprints Fr. Sprints Sr. Sprints Sr. Sprints Jr. Sprints So. High Jump Sr. Jumps Fr. Throws Fr. Hurdles Fr. Distance So. Mid-Distance Sr. Sprints Sr. Sprints Sr. Distance So. Throws So. Distance Fr. Sr. Distance Mid-Distance Sr. Sprints Fr. Multi-Events Sr. Hurdles So. Jumps Fr. Hurdles Fr.

Women

<u>Name</u>

Adams, Alysha
Alcala, Amy
Barnes, Melissa
Blaylock, Brittany
Brewster, Christal
Burton, Kendria
Childress, Shelby
Dietz, Sara
Dunn, Monica
Elliot, Ashley
Ellis, Rochelle
Gibson, Sasha
Griffith, Carly
Heffernan, Cassandra
Hermes, Chelsea
Korn, Sarah
Mollenkopf, Ingrid
Moore, Janesa
Prikryl, Suzy
Simmons, Brittani
Sneed, Madelyn
Stafford, De'Ona
Stephens, Adrian
Thompson, Haley
Vann, Sarah

	Event	Class	Hometown	Last School
a	Hurdles	Sr.	Houston, TX	Westside High School
	Distance	Jr.	Ennis, TX	Ennis High School
a	Sprints	Sr.	Arlington, TX	Oklahoma Universityl
any	Sprints	Sr.	Arlington, TX	Texas Christian University
istal	Pole Vault	Sr.	Graham, TX	Graham High School
tia	Hurdles	Fr.	Garland, TX	
lby	Throws	Fr.	Lufkin, TX	Groveton-Centerville High School
	Mid-Distance	Jr.	Prosper, TX	Prosper High School
1	Sprints	Jr.	DeSoto, TX	DeSoto High School
	Throws	Fr.	Missouri City, TX	
	Sprints	Fr.	Austin, TX	McCallum High School
	Hurdles	Fr.	Austin, TX	Anderson High School
	Distance	Jr.	Gruyere, Victoria, Australia	Ringwood Secondary College
ssandra	Sprints	So.	Austin, TX	Cedar Park High School
sea	Multi	Jr.	Lindsay, TX	North Central Texas College
	Pole Vault	Fr.	Seguin, TX	Navarro High School
ngrid	Distance	Sr.	Mesa, AZ	Mesa CC
	Sprints	Jr.	Mesquite, TX	Mesquite Horn High Schooll
	High Jump	So.	Van Alstyne, TX	Van Alstyne High School
tani	Sprints	Sr.	Killeen, TX	Harker Heights High School
'n	Hurdles	Fr.	Richardson, TX	Richardson High School
na	Hurdles	So.	Fort Worth, TX	Crowley High School
ian	Jumps	Fr.	White Oak, TX	White Oak High School
aley	High Jump	So.	College Station, TX	A&M Consolidated HS
	Pole Vault	Fr.	Evant, TX	Evant High School

Hometown Ft, Worth, TX Dallas, TX Trinidad & Tobago DeSoto, TX San Antonio, TX Killeen, TX Pearland, TX Temple, TX Ft. Worth, TX Arlington, TX Denton, TX Richardson, TX Rowlett, TX Nelson, New Zealand Austin, TX Mesquite, TX Nelson, New Zealand Jarrell, TX Baton Rouge, LA Austin, TX Killeen, TX Houston, TX Arlington, TX

PROFILES → 2011 roster

Fossil Ridge Ducanville Scarboroug

Last School Fossil Ridge High School Ducanville High School Scarborough Secondary DeSoto High School Karen Wagner High School Harker Heights High Schooll Pearland High School Belton High School Eastern Hills High School Kennedale High School Denton High School Hutchinson CC Terrell High School Waimea College W. Charles Akin High School Poteet High School Motueka High School Jarrell High School Catholic High School James Bowie High School Ellison High School

Timberview High School







2010 Einished 17th at th

Finished 17th at the NCAA Outdoor Championships in the 100-meter hurdles as well as

11th as a member of the 4x100 relay ... Took 16th at the USA Championships ... Named the Sun Belt Most Outstanding Track Athlete as the SBC Outdoor Championship as well as the women's top meet scorer ... Won six separate conference championships; three indoor (55-H, 200, 4x400) and three outdoor (200, 100-H, 4x100) ... Holds school records in the 100-meter hurdles (13.29), indoor record in 200-meter dash (24.01) and was a member of the record-setting 4x100 relay (44.61) ... Scored a total of 49 points between the Sun Belt Indoor and Outdoor Championships.

PROFILES → athlete profiles

2009

Accomplished an NCAA Provisional Mark and won first place in the 60-meter hurdles during the indoor season at the Sooner Open II (8.40) ... Her time was a provisional qualifying mark for the NCAA Indoor meet and ranked as the 41st best indoor mark in the country ... Set nine NCAA Regional Qualifying Marks during the outdoor season, including a season-best time of 13.61 in the 100-meter hurdles to win the Mean Green Twilight ... Part of the 4X100 relay team that won at both the Mean Green Twilight (45.55) and Sooner Invitational (45.83) ... Ran on the 4x100 realy that met the NCAA Regional Qualifying mark and were the runners-up at the conference championship ... Was a finalist in the 100-Meter Dash at the Sun Belt Conference Championship meet, finishing seventh ... Had four top-three finishes in the 100-meter hurdles ... Advanced to the NCAA Regionals and finished sixth in the 100-meter hurdles (13.70) ... Earned All-Midwest Region team honors for the second year ... Was named a Sun Belt Conference Performer of the Week.

2008

Named the 2008 SBC Indoor and Outdoor Freshman of the Year ... Was named all-conference for indoor (55H) and outdoor (HEP and 100H) seasons ... Was a two-time all-region recipient in the 100-hurdles and 4x100 ... Had four first-place finishes in the outdoor 100-meter hurdles ... Took first in the 55-meter hurdles at the SBC Championships with time of 13.82 ... Won first place at the SBC Championships in the 200-meter dash with time of 24.90 ... Finished third in the indoor 55-meter hurdles at the SBC Championships with a time of 7.96 ... Finished third in the heptathlon at the SBC Championships ... Also finished third at the indoor 55-meters race at the Texas Tech Open ... Competed in 14 different events both indoor and outdoor.

High School/Personal

Was a four-year letterwinner in track and field for coach Micki Karasek and Westside High School ... Two-time state finalist in the 4X400 relay ... Also lettered in basketball and volleyball ... Born September 29, 1988 ... Daughter of Amye Adams.



Distance

Amy

Alcala

Jr. Ennis, TX ► (Ennis HS)

2010 Cross-Country

Competed in four races including the Sun Belt Championships, where she finished top-60 ...

Registered a season-high finish at the Centenary Invite when she crossed the line in 32nd.

2010 Track & Field

Registered an 11:33.79 in the 3000-meter run at the Indoor Sooner Open, finishing fifth ... Tallied a ninth-place finish in 5:19.05 in the 1500 meter run at the Horned Frog Invitational.

2009 Cross-Country

Competed in six cross country races in the fall ... Best finish of the season was a 10th-place performance at the North Texas Invitational 5k (19:55.00) ... Placed in the top 20 at the TCU Cross Country Season Opener (18th-12:34).

2009 Track & Field

Raced in the 3,000-meter run and one mile run during the indoor season ... Participated in both the 1,500-meter run and 5,000-meter run in the outdoor season.

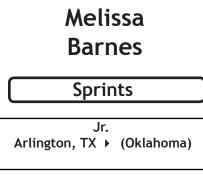
2008

Competed in cross country and finished 31st at the SBC Championships.

High School/Personal

Was a two-time district champ and state qualifier in cross country under head coach Lonnie Redning at Ennis High School ... Was also a four-time regional qualifier in cross country and a three-time regional qualifier for the 3200 meter and 1600 meters ... Set the school record with time of 5:29 in the 1600 meter ... Was named the Dale Hansen Athlete of the Week and was the cross country captain for two years ... Aside from cross country and track also played two years of varsity soccer ...Born April 6, 1990 ... Daughter of David and Elizabeth Alcala.





2010

Won the Sun Belt Conference Indoor Championship in the 55-meter dash in a school record

6.96 seconds ... Also set the 60-meter dash record at the Sooner Open with a time of 7.45 ... Was a member of the record-setting women's 4x100 relay (44.61) that finished 11th at the NCAA Outdoor Championships ... Tabbed as the Sun Belt Runner of the Week twice.

At Oklahoma 2009

(Indoor) Finished sixth in the 60-meter dash at the Arkansas Invitational with a time of 7.62 after recording a 7.60 in the prelims ... Also recorded an indoor personal best in the 200 at the event with a time of 25.31 ... Took seventh in the 60-meter dash with a time of 7.62 at the Razorback Invitational ... Improved personal best to 7.56 to finish second in the 60-meter dash at the J.D. Martin Invitational ... (Outdoor) Ran a regional qualifying time of 11.74 in the 100-meter dash at the John Jacobs Invitational, finishing third overall.

2008

(Indoor) Ran a season-best 7.78 60-meter dash to finish fourth in the Oklahoma Christian Indoor Invitational ... Also ran a season-best 26.39 in the 200-meter dash at the event to finish third ... Finished seventh in the 60-meter dash at the Sooner Indoor Open with a time of 7.90 ... (Outdoor) Took fifth in the 100-meter dash (12.06) at the John Jacobs Invitational ... Also placed fifth in the 100 (11.87) at the John McDonnell Invitational ... Ran on the winning 4x100 relay, placed third in the 100 (12.12) and sixth in the 200 (24.58) at the Sooner Invitational ... Claimed fourth- and fifth-place finishes, respectively, in the 100 (11.95) and 200 (24.67) at the Arkansas Twilight ... Runner-up in the 100 with a time of 11.83 at the Sooner Twilight ... Recorded a 14th-place finish in the 100 (11.86) at the Big 12 Championships ... Ran the third leg on the women's 4x100-meter relay that finished fourth (44.84) at the NCAA Midwest Regional and ninth (44.61) at the NCAA Championships.

High School/Personal

Ran track at Mansfield Tiberview High School for coach Cinda Baer and ran club for Dallas Gold under coach Mike Hart ... Ran leg on Dallas Gold Track Club's 4x100 that set the national record (44.56) en route to winning the young women's division at the U.S. Junior Olympics ... Relay also placed fourth (47.07) at the 2005 AAU Junior Olympics ... Named the 2007 Texas Track Athlete of the Year ... Placed second in the 100 (11.79) and helped Timberview's 4x200-meter relay (1:36.37) to victory at the 2007 state championships ... District and regional champion in the 100 ... Season best of 11.61 ranked third in Texas ... All-area first team by Dallas Morning News ... Placed fourth in 100 (11.63) at 2006 state meet and helped 4x100 and 4x200 to runner-up finishes ... Also played volleyball in high school ... Is the cousin of current San Antonio Spurs and former Dallas Mavericks' Michael Finley ... Born December 12, 1988 ... Has five siblings; Tarah, Jeffrey Jr., Byron, Desmond and Jaylan ... Daughter of Mary Anne and Jeffrey Barnes.



Brittany Blaylock

Sprints

Sr. Arlington, TX → (TCU)

2010

Received five All-Sun Belt Conference honors including two conference championships, one

in the 100-meter dash (11.64) and then as a member of the 4x100-meter relay team ... Qualified for the NCAA Preliminary Rounds individually in both the 100 and 200 meter dash races ... Finished second at the Sun Belt Indoor Championship in the 55-meter dash and third in the 200-meter dash ... Took second in the 200-meter dash at the Sun Belt Outdoor Championships (23.83) ... Was a member of the 11th place 4x100 relay at the NCAA Outdoor Championships.

At TCU 2008

Had a solid indoor season, in which she earned all-conference honors in the women's 60 meters and 200 meters after placing second and third, respectively, in both events in Colorado Springs ... Posted personal best marks of 7.50 in the 60 meters and 24.12 in the 200 meters ... Earned third-place honors in both the 100 meters at the TCU Invitational, recording a personal-best time of 11.61 seconds ... In the 100, Blaylock placed fifth in the at the MWC Championships with a time of 11.67 ... Finally, Blaylock placed fourth overall in the 200 at the Mountain West Conference Outdoor Championships, clocking a time of 23.80 seconds ... Competed at the Midwest Regional in the 100 meters, finishing 14th overall in preliminary action ... Was part of a 4x100 squad that placed sixth at the Penn Relays with a time of 44.21 seconds ... At the Texas Relays, Blaylock helped the unit turn in a regional qualifying time of 44.22 to place fourth overall ... The women's 4x100 was ranked for most of the outdoor season both nationally and in the world rankings ... Also, was part of the 4x400 unit that placed sixth at the Texas Relays and fifth in preliminary action at the Penn Relays with a regional time of 3:37.35 ... Closed out the 2008 season, collecting academic all-conference honors.

2007

TCU's lone female freshman sprinter ... Member of 4x400 relay team that won the MWC Outdoor title with a time of 3:35.42 ... Named to the All-MWC Outdoor Team in the 4x400 relay ... Part of mile relay team that placed fourth at the Midwest Regional with a season-best time of 3:33.37 ... Member of 4x100 and 4x400 relay teams that finished first in both events at the Horned Frog Invitational ... Ran leg on 4x100 relay team that finished first at the UTA Invitational ...

Placed fourth in the 100 meters at the MWC Outdoor Championships ... Posted personal-record time of 11.91 to place fifth in the prelims of the 100 meters at the Texas Relays ... Finished third in 200 meters at Horned Frog Invitational with personal-best time of 24.29 ... Placed fifth in the 200 meters at the MWC Indoor Championships with a personal-record time of 24.36 ... Finished 10th in the prelims of the 60 meters with a personal-best mark of 7.68 at the MWC Indoor Championships.

High School/Personal

Ran track at Sam Houston High School for coach David Hill where she broke the school record in the 200-meter dash (23.93) in 2005 ... Won the state title in the 100-meter dash (11.73) in 2005 ... Also played volleyball in high school ... Ran club for Dallas Gold under coach Mike Hart ... Born August 30, 1989 ... Is the daughter of Jackie Gee.



PROFILES → athlete profiles



Christal Brewster

Pole Vault

Sr. Graham, TX → (Graham HS)

2010

Received a redshirt during the 2010 indoor and outdoor seasons.

2009

Broke the school record in the pole vault in both the indoor (12-05.50) and outdoor (12-07.50) seasons ... Earned all-conference honors at the Indoor Sun Belt Conference Championship by placing second with a height of 12-05.50 ... Just missed out on all-conference honors in the outdoor season with a fourth-place finish at the SBC Championship (12-07.50) ... Placed first in the pole vault at the Texas Tech Twilight ... Qualified for the NCAA Midwest Regional Champion-ships, finishing ninth in the pole vault.

2008

Named all-conference for indoor season in the pole vault ... Had a third-place finish at the indoor pole vault at the SBC Championships with a leap of 11-01.75 ... Also had a fifth-place finish at the outdoor SBC Championships in the pole vault with a height of 11-07.75 ... Also competed in the javelin, high jump, 800-meter run, 100-meter hurdles and 200-meter dash.

2007

Twice bested the school record and her career best in the pole vault when she cleared 11-5.75 at both the TCU and Sooner Invite ... Placed fifth at the Sun Belt Outdoor Championships and sixth at the SBC Indoor ... Set two of the top five all-time performances in the pole vault as a freshman ... Finished fourth at the JD martin Indoor Invitational ... Competed in the 200-meter dash at the North Texas Classic.

High School/Personal

Four-year letterwinner in track and cheerleading, also three-year winner in cross country at Graham High School ... Was a regional qualifier each of her four years in high school ... Holds the school record in the pole vault with a mark of 11-0, also was part of the school-record setting mile relay and 800-meter relay teams ... Was girls state representative for the National Honor Society ... Born October 21, 1987... Daughter of Ricky and Christie Brewster.



Sara Dietz

Middle Distance

Jr. Prosper, TX → (Prosper HS)

2010 Cross-Country

Garnered All-Sun Belt Conference honors by finishing 10th at the SBC Championships in

the women's 5K, crossing the line in 18:43.1 ... Finished second place twice on the year, first at the North Texas Ken Garland Invitational and then again the next week at the Centenary Invite ... Competed at the NCAA South Central Regional.

2010 Track & Field

Took first place at the Texas Tech Indoor Open in the one mile run (5:11.01) ... Was a member of the distance medley relay that finished third at the Sun Belt Indoor Championships (12:13.79) ... Tallied two third-place finishes in the 1500 meter run during the outdoor season as well as a fifth-place finish at the Sun Belt Championships.

2009 Cross-Country

Competed in all six cross-country races for the Mean Green ... Posted three top 10 finishes ... Finished fifth at both the Sam Houston Invitational and the North Texas Invitational ... Was seventh at the TCU Cross Country Season Opener ... Helped the Mean Green finish third at the Sun Belt Championship with a 16th-place performance (21:16.52).

2009 Track & Field

Competed in the 800-meter run during the indoor season ... Finished fifth at the Sun Belt Conference Championship with a time of 2:15.22 ... Placed third in the one mile run at the Sooner Open II ... Earned all-conference honors at the Outdoor Sun Belt Conference Championship by placing third in the 800-meter run (2:12.40) ... Qualified for the 2009 USA Jr. National Championships ... Ran the 800-meter run unattached at the USA National Championships.

2008 Cross-Country

Was named the Freshman of the Year in cross country after her 10th place finish at the SBC Championships ... Also finished third at the Sam Houston Invitational.

High School/Personal

Ran cross country and track and field at Prosper High School ... Was named district MVP for distance in track under head coach Rachelle Robbins ... Was salutatorian of her senior class ... Has one brother, John ... Was born July 22, 1990 ... Daughter of James and Sharon Dietz.







2010

Was a member of the Sun Belt Champion mile relay team (3:53.23) ... Took fourth at the

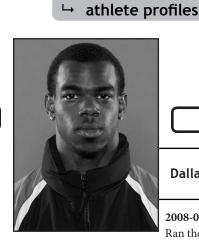
Horned Frog Invitational (2:21.78) in the 800-meter run as well as seventh at the North Texas Spring Classic (2:19.93).

2009

Was part of the 4X400 relay that won first place at the Indoor Sun Belt Conference Championship (3:47.91) ... Finished fourth at the Sooner Open II in the 600-yards race ... Competed in the 400-meter dash, 800-meter run, 4X400 relay and 4X440 relay during the outdoor season.

High School/Personal

Was a 2007 state champion at DeSoto High School under coach June Villers ... Was a state qualifier 2005-08 and was second runner up in the 2008 800-meter race ... Earned the district championship in '05, '07 and '08 ... Had a 3.8 GPA in high school ... Has one brother, Nathan and one sister, Natalie ... Born November 13, 1989... Daughter of Warren and Dana Dunn.



PROFILES

Justin **Flowers**

Sprints

Sr. ▶ 5-6 Dallas, TX → (Duncanville HS)

2008-09

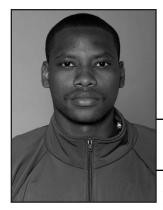
Ran the second fastest 55-meter dash on the team behind NCAA Indoor qualifier

Keyth Talley, with a time of 6.46 ... fastest time in the 200-meter dash of 21.53 was registered at the Sooner Invitational ... Member of the 4 x100 relay team that clocked in at 40.83 seconds at the Mean Green Twilight ... First leg runner of the Mile Relay team that crossed the line in 3:14.15 at the Michael Johnson Classic.

High School/Personal

Was a 2007 state qualifier in the 4X200 meter relay at Duncanville High School under head coach Sedrick Love...Also a regional qualifier three times in the 200 meters...Along with track, played football and powerlifting in high school...Has one sister, Brooke and one brother, Jonathan... Born December 9, 1988...Is the son of Irene Vaughn.





Darnell Greig Sprints Sr. Trinidad & Tobago > (Scarborough Secondary)

2010

PROFILES → athlete profiles

Battled through injuries all season to finish third in the 400-meter dash in the Sun Belt

Outdoor Championship in 48.33 seconds ... Was a member of the NCAA Preliminary Round 4x400 relay team ... Finished fifth at the John Jacobs Invite in his first meet back at the 40-meter dash.

2009

Earned all-conference honors by running the first leg of the Indoor 4X400 relay that took first place at the Sun Belt Conference Championship (3:16.45) ... Ran a season-best 48.79 in the 400-meter dash at the Tyson Invitational, the second-best mark on the team during the indoor season ... Finished fifth in the 400-meter dash at the SBC Indoor Championships (49.05) ... Placed fourth in the 400-meter dash at the SBC Outdoor Championships with a mark of 47.97, the second-best time all season.

2008

Member of the outdoor all-conference team in the 4x400 ... Was named to the allregion team as a member of the 4x400 Relay at the Midwest Regional ... Finished second at the NT Classic in the 400-meter dash ... Also competed in the 200-meter dash in outdoor ... Was a member of the DM Relay team that finished fourth at the SBC Championships for indoor ... Finished fifth in the 600-yards race at the Texas Tech Invite with a time of 1:13.47 ... Competed in the 400 meters for his native country of Trinidad at the World Junior Championships.

High School/Personal

Represented Trinidad & Tobago at the Kansas Relays and the Carifta Games in Bermuda ... Four-year letterwinner for coach Gerard Franklyn at Scarborough Secondary ... Born March 20, 1989 ... Son of Godwyn Richardson and Eileen Greig.



Reginald Hayter

Middle Distance

Sr. DeSoto, TX → (DeSoto HS)

2010

Member of Sun Belt Conference Indoor Championship mile relay team as well as SBC Outdoor runner-up 4x400 team ... Finished third in the 800-meter run at the SBC

Indoor Championship in 1:53.52 ... Was the final leg of the NCAA Preliminary Round Qualifying 4x400 relay team.

2009

Was the third leg of the Indoor 4X400 relay team that took first place at the SBC Championships ... Earned all-conference honors by placing third in the 800-meter run (1:57.28) at the Indoor Championships ... Competed in the 400-meter dash, 800-meter run, 4X400 meter relay and 4X440 meter relay during the outdoor season ... Took first place in the 800-meter run at the Mean Green Twilight (1:54.41) ... Just missed out on all-conference honors at the SBC Championships by placing fourth in the outdoor 800-meter run (1:53.08) ... Was a member of the 4X400 relay team that finished third at the outdoor SBC Championships (3:11.91) and the Texas Relays (3:12.05).

2008

Named to the indoor and outdoor all-conference team ... Was a member of both the 4x400-meter relay and 4x440-yard relay team that finished third respectively at the Texas Tech Invite and SBC championships ... Ran a season-best 1:54.91 in the 800-meter run at the Mean Green Twilight to finish second ... Finished in sixth place at the Horned Frog Invite in the 400-meter dash ... Also finished sixth in the 800-meters run in indoor competition at the SBC Championships.

High School/Personal

Was the Class 5A Regional Champion in the 800 meters, and finished fifth at the UIL Class 5A State Championships with a time of 1:53.76 ... Also ran on the Class 5A State Champion 4x400 relay, which notched a time of 3:11.83 ... Also lettered in soccer...Member of the National Honors Society ... Born September 25, 1988 ... Son of Eric and Watkesha Hayter.





Cassandra Heffernan

Sprints

So. Austin, TX → (Cedar Park HS)

2010

Competed in sprint events during both the indoor and outdoor season ... Registered her

fastest time of the season in the 100-meter at the UTA Bobby Lane Invitational (12.18) ... Was a member of the 4x400 relay team that finished third at the Sooner Indoor Open.

High School/Personal

Ran track and field (4L) at Cedar Park High School for coach Abigail Pando and played basketball under head coach Mar Myers ... Was named the team's Most Valuable Player from 2006-09 ... Selected the school's 2008-09 Female Athlete of the Year ... Ran for Coach Willie Davis of the San Antonio Blazers Track Club ... Born March 25, 1991 ... Has two sisters, Allie and Ashley ... Is the daughter of Sam Heffernan and Dorothy Scarborough.



PROFILES → athlete profiles

Johnny Hickman-Darrington

Sprints

So. San Antonio, TX → (Karen Wagner HS)

2010

Ran in four events, two during the indoor season and two outdoor ... Registered a season-

high 200-meter dash at the Horned Frog Invitational, finishing in 23.02 seconds.

High School/Personal

Ran track for four years at Karen Wagner High School for coach Charles Bruce ... In 2008 he was a 200-meter district champion, 100-meter district champion, 4X100 relay regional champion and a 100-meter regional champion ... Was a two-time state qualifier in 2009 (100 and 4x400 relay) and 2008 (200 and 4x400) ... Ran for Coach Willie Davis of the San Antonio Blazers Track Club ... Was selected to the all-area team in 2009 ... Also played football for three seasons ... Born May 16, 1991 ... Has one sister, Iris, who runs track at Texas State ... Son of Ghuetta Hickman.



Chelsea Hermes

Multi-Events

Jr. Lindsay, TX → (North Central Texas College)

2010

Notched a career-high points in the heptathlon at the Sun Belt Outdoor Championships

(4,239) ... Cleared a season high 1.57 meters in the high jump at the SBC Championships.

High School/Personal

Ran track and cross country at Ellison High School for coach Larry Moore \dots Was the 5A State Champion in the 300 Hurdle



PROFILES → athlete profiles



Jermaine Jamison

High Jump

Sr. Killeen, TX → (Harker Heights HS)

2010

Qualified for the NCAA Preliminary Rounds and set a season high, clearing the high jump

bar at 2.11 meters ... Recorded five top-three finishes, including first place at the Oklahoma Invitational II and the Horned Frog Invitational ... Grabbed third at the Sun Belt Conference Outdoor Championship ... Did not compete during the indoor season.

2009

Tied Toby Edwards' school record in the high jump on two different occasions (7-00.50-Michael Johnson Classic, Texas Relays) ... His best jump of 7-00.50 was tied for the 27th best jump in the country during the outdoor season ... Won the Section B of the Texas Relays and finished sixth in the A Section with a season-high jump of 7-00.50 ... Took home the gold medal for the second year in a row at the Sun Belt Conference Championships with a first-place jump of 6-10.75 to advance to the NCAA Regionals ... Finished 10th at the NCAA Midwest Regionals ... In total, won first place in the high jump at four different meets ... Twice selected the Sun Belt Conference Men's Field Performer of the Week ... Set an NCAA Regional Mark six different times.

2008

An all-conference performer in the high jump in outdoor ... Earned all-region after placing seventh in the high jump at the Midwest Regional with a jump of 6-11.00, a season best ... Had three first-place finishes in the high jump ... Won the Horned Frog Invite with a jump of 6-10.75 for a regional-qualifying mark ... Was also first at the SBC Championships with a mark of 6-08.75 ... Competed in the long jump and 100-meter dash in outdoor ... Also took part in long jump and high jump in indoor ... Finished fourth in high jump at Texas Tech Invite, jump-ing 6-08.25.

2007

Competed in three meets exclusively during the indoor season ... Ran a 2:24.27 in the SBC Indoor Championships ... Ran at the Cross Country regional meet.

High School/Personal

Was a two-time qualifier at the Texas Class 5A State Championship meet in the high jump ... Set a best jump at Harker Heights of 6-feet 8-inches ... A multi-sport athlete, Jamison was an all-district wide receiver and basketball player for the Knights ... Born March 7, 1989 ... Son of Harold Jamison and Carolyn Jamison-Foreman.



Ingrid Mollenkopf

Distance

Sr. Mesa, AZ ► (Mesa CC)

2010 Cross-Country

Ran her way to All-Sun Belt Conference honors at the SBC Championships by finishing

in seventh place, completing the 5K in 18:20.8 ... Nabbed two first-place finishes during the year, once at the North Texas Ken Garland Invitational and again a week later at the Centenary Invite ... Was top Mean Green women's finisher in every race this year, including a 40th-place finish at the 2010 NCAA South Central Regional Championships.

2010 Track & Field

Took fourth in the 10,000-meter run at the Sun Belt Outdoor Championships in a school record 37:23.71 ... Notched a second-place finish in 10:16.90 in the 300-meter run at the North Texas Spring Classic ... Member of the third-place distance medley relay a the SBC Indoor Championship.

2009 Cross-Country

Had a breakout season in which she was the team's top finisher in five of the six meets she competed at ... Won her first ever career race at the North Texas Invitational with a first-place finish of 18:44 ... Finished third at the Sam Houston Invitational ... Placed 12th at the Sun Belt Conference Championship.

High School/Personal

Ran track & field and cross country at Skyline High School ... Has two siblings, Dagmar and Gretchen ... Is the daughter of Carrieann Mollenkopf.





Janesa Moore

Sprints

Jr. Mesquite, TX → (John Horn HS)

2010

Member of the 4x400 relay team that took third at the Sun Belt Outdoor Champion-

ships as well as fourth at the Horned Frog Invitational ... Ran a season-fast 12.20 100-meter dash at the Horned Frog Invite ... Registered a fourth-place finish in the 400-meter dash at the SBC Indoor Championships.

2009

Competed in the 100-meter dash, 200-meter dash and 4X100 relay during the outdoor season ... Part of the 4X100 relay team that placed second at the Horned Frog Invitational ... Participated in the long jump, triple jump, 55-meter dash, 60-meter dash, 200-meter dash and 4X400 relay during the indoor season.

High School/Personal

Is the John Horn High School record holder in the triple jump (38' 3 ¼) ... Was a district champ under head coach Ashley Peach in the triple jump, 4X100 and 4X400 ... Was named the most valuable player in 2008 and best sprinter award in 2004 ... Also played basketball and ran cross country in high school ... Has one brother, Dylon and three sisters, Ashleigh, Jasmine and Jewel ... Was born November 13, 1989 ... Daughter of Wilfred and Clemmie Green.



Micl	nael
Or	tiz

Distance

So. Arlington, TX → (Kennedale HS)

2010 Track & Field

Took home fourth place at the Sooner Indoor Open in the 400-meter dash, finishing in 52.25

seconds ... His season-fast time in the 800-meter run was recorded at the UTA Bobby Lane Invitational (1:58.38).

2009 Cross-Country

Ran at four cross country meets during the fall and finished a season-best 19th place at the TCU Cross Country Season Opener.

High School/Personal

Competed in track, cross country and football at Kennedale High School ... Was named MVP for track his senior year ... Ran for the Ft. Worth Wildcats track club ... Born September 17, 1990 ... Has two brothers; Marcus and Marlon, and two sisters; Marisa and Marisela ... Is the son of Pedro and Maria Ortiz.



PROFILES → athlete profiles

Matthew Peters

Middle Distance

Sr. Denton, TX ► (Denton HS)

2010 Track & Field

Named to Sun Belt Outdoor All-Conference team for finishing third in the 800-meter run

... Registered his season fast time in the 800 at the North Texas Spring Classic, crossing the line in 1:53.07 ... Took third in the Sooner Indoor Open in the 1,000 meter run (2:35.30).

2009 Cross-Country

Competed in five cross country races, including the Sun Belt Conference Championship and the NCAA South Central Regional ... Had a season-best time and finish at the TCU Cross Country Season Opener (21:55-8th) ... Was injured during the track season.

2008 Track & Field

Earned third place at the Texas Tech Invite in the 1,000-meters with a time of 2:36.96 ... Finished second in the 1,500-meter run at the indoor NT Classic ... Won fourth place in the outdoor DM relay in a time of 10:27.82 ... Also ran cross country and finished 35th at the SBC Championships.

2007

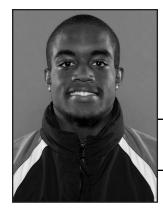
Competed in six different events for the Mean Green throughout the indoor and outdoor season ... Tallied the second-fastest time on the team in both the 400 and 800-meter dash ... Best finish came at the Horned Frog Outdoor Invite in which he placed sixth in the 800 ... Ran cross country for the Mean Green during the fall season.

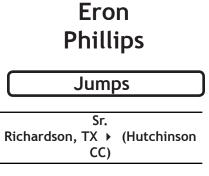
High School/Personal

Regional qualifier in cross country at Denton High School in 2004 and 2005 ... Member of 4x400 relay team as a senior that qualified for the regional meet, also qualified individually in the 400-meter dash ... Was an all-district first-team performer in soccer in 2006 ... Born June 1, 1988 ... Son of Ray and Pat Peters.



PROFILES → athlete profiles





2010

Took fourth in both the Sun Belt Indoor and Outdoor Championships in the long jump

... Claimed first place and a season-long 7.51 meters at the North Texas Spring Classic ... Advanced to the NCAA Preliminary Rounds ... Grabbed a third-place finish at the Horned Frog Invitational in the his only high jump appearance of the season.

Hutchinson Community College

Was seventh in the nation in the long jump and 12th in the high jump his sophomore season ... As a freshman earned the sixth best mark in the long jump ... Had bests of 25.50 in the long jump and 6-8.75 in the high jump.

High School/Personal

Was a team captain for the Berkner High School track team (3L) where he advanced to regionals three straight years under coaches Jim Ledford and Steve Urban ... Also played high school football (2L) and was selected to the all-academic team ... Born March 12, 1989 ... Has one brother, Travis and two sisters, Jasmine and LaRon ... Is the son of Bvelyn and Ron Phillips.



Suzy Prikryl

High Jump

So. Van Alstyne, TX → (Van Alstyne HS)

2010

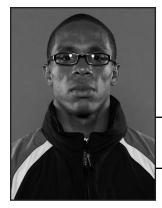
Finished second in the high jump at the Sun Belt Conference Indoor Championships ...

Cleared a season high 5" 6.5' at the Texas Tech Indoor Invitational, which was good enough for second ... Took first at the North Texas Classic and the John Jacobs Invitational during the outdoor season before ending her season early with an injury.

High School/Personal

Ran track, cross country and played volleyball and basketball at Van Alstyne High School ... Was a district champion in the high jump her senior and junior year ... Placed fifth and fourth respectively in her junior and seniors years in the state high jump ... Born in Farmersville, Texas ... Has seven siblings, Ruth, Rudy, Becca, Lizzy, Ben, Salty and David ... Is the daughter of Rudy and Suzy Prikryl.







2010

Was a member of the Sun Belt Conference Indoor Championship mile relay team ...

Took fourth at the SBC Outdoor Championship in the 400-meter run in 48.32 ... Ran a leg on the 4x400 meter relay team that qualified for the NCAA Preliminary Rounds ... Claimed his fastest 200-meter dash at the Horned Frog Invitational, clocking in at 21.46.

2009

Earned all-conference honors during the indoor season by running the second leg of the 4X400 relay team that placed first at the Sun Belt Conference Championship ... Also ran the 60-meter dash, 200-meter dash, 400-meter dash and 600-yards race during the indoor season ... Was a member of the 4X400 outdoor relay team that finished third at the SBC Outdoor Championship with a season-best time of 3:11.91 ... Ran the first leg of the 4X100 relay that won at the Mean Green Twilight ... Finished second in the 400-meter dash at the Mean Green Twilight with a season-best time of 47.83.

2008

Was part of the men's 4x400 relay team that was the Sun Belt Conference Outdoor Champions ... Earned all-conference in the indoor 4x440-yard relay with a time of 3:17.57 ... Also finished third at the Texas Tech Invite in both the 600-yards (1:12.56) and the 4x400-meter relay (3:16.74) ... Took sixth place in the indoor 400-meters at the SBC Championships ... Also finished third in the outdoor 800-meter dash at the Horned Frog Invite.

High School/Personal

Two-year letterwinner for coach Richard Ryan and Terrell High School ... Brought home the District 10-4A gold medal in the 400 meters ... Was the fourth-place finisher in the 4A Region-II Championships in the open 400, and also ran on the 4x400 Relay for Terrell ... Member of the National Honor Society ... Born December 8, 1988 ... Son of Charles and Joyce Pyron.



PROFILES → athlete profiles

Matthew Russ

Distance

So. Nelson, New Zealand ▶ (Waimea College)

2010 Cross-Country

Registered two-top five finishes on the year, once at the North Texas Ken Garland

Invitational and the other a week later at the Centenary Invite ... Took 30th place in the 8K Sun Belt Conference Championships in 27:09.6 ... In the Baylor Season Opener, he grabbed a 17th-place finish ... Ran at the NCAA South Central Regional.

2010 Track & Field

Nabbed a second-place finish at the Sooner Indoor Open with a time of 4:22.41 in the one mile run ... Recorded a season fast time and third-place finish at the Oklahoma Invitational II ... Crossed the line in 8:41.20 in the 3,000 meter run at the North Texas Spring Classic, good enough for second place ... Registered a third-place finish at the prestigious Texas Relays in the 5,000 meter run with a time of 15:12.91.

High School/Personal

Ran track and cross country for coach Greg Lautenslager at Waimea College ... Also played field hockey ... Was fourth at the 2008 New Zealand athletics championship as a senior ... Was the cross country champion all four years in high school ... Finished as the South Island 3000m champion his sophomore year ... Graduated NCEA level 3 with merit ... Has three sisters, Sally, Amy and Mandy ... Is the son of Stephen and Robyn Russ.



PROFILES→ athlete profiles



Brittani Simmons Sprints Killeen, TX > (Harker Heights HS)

2010

Tabbed All-Sun Belt Conference twice during the indoor season ... Finished third in the

55-meter dash with a time of 7.02 seconds before being a member of the conference champion mile relay team ... Was a member of the 4x100 relay that finished 11th at the NCAA Outdoor Championship ... registered a season fast time in the 100-meter dash at the Horned Frog Invitational, clocking in at 11.56 seconds ... Advanced to the NCAA Preliminary Round in the 100-meter dash.

2009

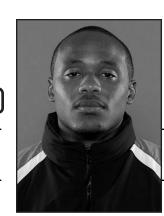
Ran the 55-meter dash, 60-meter dash, 200-meter dash and 4X400 relay during the indoor season ... Earned all-conference honors by placing second in the 200-meter dash (24.78) at the Indoor Sun Belt Conference Championship ... Finished second in the 60-meter dash at the Arkansas Last Chance ... Was part of the 4X400 relay team that finished third at the UH All-Comers Meet ... Earned seven NCAA Regional Marks during the outdoor season ... Was second in the Outdoor Sun Belt Conference Championship in both the 100-meter dash (11.75) and 200-meter dash (23.76) ... Won the Sooner Invitational 200-meter dash with a time of 23.93 ... A member of the 4X100 relay team that won the Mean Green Twilight and Sooner Invitational ... Finished seventh at the Midwest Regional, earning all-region honors.

2008

Competed in the indoor season in the 55-meters, 60-meters and 200-meters ... Finished a season-best sixth place in the 55-meters at the SBC Championships with a time of 7.08 ... Was fifth in the 55-meters at the Texas Tech Open ... Was ninth in the 200-meters at the Texas Tech Open with a time of 25.26.

High School/Personal

Was three-time state qualifier in the 4X200 and a two-time state qualifier in the 4X100 relay for Harker Heights High School ... Won the title in the 13-5A 100-meter dash ... Born January 27, 1989 ... Daughter of Wendy Bell.



Aaron Sirles

Throws

So. ► 5-11 Austin, TX ► (W. Charles Akin HS)

2010

Threw shot put and discus in six meets during the outdoor season ... Set his season high of

15.17 meters in the shot put during the Sun Belt Championships where he finished 10th ... Recorded a seventh-place finish in the discus at the SBC Championships, throwing 47.57 m.

High School/Personal

Lettered in both football and track & field ... Son of Donald and Robin Sirles ... Born April 8, 1990 ... Has one older sister, Danielle.



Ciara Smith

Sprints

Sr. Round Rock, TX → (McNeil HS)

2010

Took the Sun Belt Conference Championship in the 400-meter dash in 55.46 seconds,

although her season fast time came in the preliminaries with a 55.33 ... Finished fourth in the 200-meter dash at the John Jacobs Invite ... Did not run during the indoor season.

2009

Ran the last leg of the 4X400 indoor relay team that won gold at the Sun Belt Conference Championship (3:47.91) ... Was part of seven outdoor NCAA Regional Qualifying Marks ... Earned all-conference honors by placing second in the 400-meter dash at the Outdoor SBC Championship ... Won first place in the 200-meter dash at the Texas Tech Twilight (23.95) and Michael Johnson Classic (23.99) ... Ran legs of the 4X100 relay team that won at the Sooner Invitational and the 4X400 team that took first at the Horned Frog Invitational ... Named a Sun Belt Conference Performer of the Week during the outdoor season.

2008

Had one of the most memorable seasons in North Texas history by earning a trip to the NCAA Championships by finishing fifth at the Midwest Regionals in the 400-meter dash in a school-record time of 53.41 ... Was also a member of the 4X400 team that set the school record at the Midwest Regionals ... Was named to the all-region team in both the 400-meters and 4X400-meter relay ... Was all-conference in both the indoor (4X400) and outdoor (400, 4X400) seasons ... Finished first at both the Horned Frog Invite and NT Classic in the 200-meter dash ... Was second at the SBC Championships in the 400-meter dash ... Set the school record during the indoor season in the 400-meters at the Texas Tech Open with a time of 55.13 ... Won first place at the Texas Tech Invite in the 200 meters during the indoor season.

2007

Was the second-leg of the 4X400 relay team that qualified for the NCAA Outdoor Regional Championships ... Earned both indoor and outdoor all-conference honors with the Mean Green's 4X400 relays ... Member of the record-setting indoor relay team that broke a 27-year old school record in the 4X400 relay at the Iowa State Indoor Classic ... Ran her fastest time of the season in the 400-meter dash at the SBC Outdoor Championships with a time of 56.20 ... Finished in the top five four time during the season, including a first-place finish at the JD Martin Invite in just her second collegiate meet.

High School/Personal

Lettered three years at McNeil High School in track as well as three years in basketball ... Was MVP of track team sophomore season when she was a state qualifier in the 400-meter run ... Born January 26, 1988 ... Daughter of Darryl and Cynthia Smith.

PROFILES \mapsto athlete profiles





PROFILES→ athlete profiles



De'Ona Stafford

Hurdles

So. Fort Worth, TX → (Crowley HS)

2010

Ran her season fast time in the 100-meter hurdles at the Texas Invite when she clocked

in at 14.07 seconds ... Took sixth at the Sun Belt Outdoor Championships in the 100-hurdles ... Was a member of the SBC Outdoor Champion 4x100 relay.

High School/Personal

Ran track at Crowley High School for coach Linda Arnold for four years ... Also ran club for Dallas Gold under Mike Hart ... Born July 17, 1991 ... Has one sister, Domonique Stafford ... Is the daughter of Brenda and Hugh Stafford.



Patrick Strong

Distance

Sr. Nelson, New Zealand ↓ (Motueka HS)

2010 Cross-Country

Highest finisher for North Texas in every race this season ... Earned All-Sun Belt Confer-

ence honors for his eighth-place finish at the SBC Championships in the men's 8K in 25:34.1 ... Took home two first-place finishes (North Texas Ken Garland Invitational and Centenary Invite) on the season and never finished outside of the top-10 during the regular season ... Completed the NCAA South Central Regional in 29th place.

2010 Track & Field

Took first at the Texas Tech Indoor Open in the 3,000 meter run ... Tallied his season fast time in the 3,000-meter run in at the Sun Belt Indoor Championships, finishing in 8:32.97 ... Nabbed a first-place finish at the Horned Frog Invitational in the 1500 meter run ... Registered a third-place finish at the UTA Bobby Lane Invite in the 1500 with a season fast time of 4:01.64.

2009 Cross-Country

Placed fifth at the Sun Belt Conference Cross-Country Championship to earn allconference honors for a third consecutive season ... Finished 18th at the NCAA South Central Regional and earned All-Regional honors for the second year in a row ... Was the top finisher for all five races he competed in ... Won the TCU Cross Country Season Opener with a time of 20:37 ... Finished second at the Ken Garland Invitational ... Was third at the Sam Houston Invitational with a time of 19:56.27.

2008 Cross-Country

Backed up his strong freshman campaign with a third-place finish at the cross country SBC Championships in a time of 25:26.41 in the 8k race, earning all-conference honors ... Placed in the top five in all three races he competed in ... Also had second-place finishes at the Sam Houston Invitational (19:01.90) and Ken Garland Invitational (25:34.70).

2007 Cross-Country

Ran his fastest time of the year in the 5K run at the SBC Outdoor Championships with a time of 15:33.92 ... Was the first in freshman in North Texas history to earn SBC Cross Country Freshman of the Year honors ... Earned all-conference cross country honors with a fourth-place finish at the SBC Cross Country Champion-ships ... Placed in the top six in four of the five cross country meets he competed in ... Was the top finisher in all five races for the Mean Green in 2007.

High School

Competed in cross country and track for Motueka High School ... Placed third at the 2005 Under-20 New Zealand National Cross Country Championships ... Was a two-time selection to the New Zelaand Secondary Cross Country team ... Born December 25, 1987.



Andrew Sumner Middle Distance

Jarrell, TX → (Jarrell HS)

2010

Tallied a season fast time of 1:54.89 in the 800 meter run during the Sun Belt Conference

Outdoor Championships ... Completed the 400 meter in 51.07 at the North Texas Spring Classic ... Took sixth place at the Sooner Indoor Open in the 600 yard run.

2009

Finished seventh in the distance medley at the indoor Sun Belt Conference Championship ... Competed in the 800-meter run at the Horned Frog Invitational during the outdoor season.

2008

Finished fourth at the SBC Championships with a time of 10:27.82 in the DM Relay ... Took fifth place at the NT Open, finishing with a time of 1:56.08 in the 800-meter run in outdoor ... Also finished fifth in the 1,500-meter outdoor run at the NT Classic ... Placed eighth at the Horned Frog Invite in the 400-meter dash.

High School/Personal

Was a two-time qualifier to the UIL State Class 2A Championships in the 800-meter run ... Earned three trips to the 2A State Cross-Country Championships, finishing fourth in 2006 ... Was an all-state guard on the Jerrell basketball team, which advanced to the state tournament in 2005 and 2006 ... In baseball, Sumner was an All-district centerfielder on the baseball team, and an all-district cornerback and receiver in football ... Born May 2, 1989 ... Son of Drew and Jill Sumner.

PROFILES

Haley Thompson

High Jump

So. College Station, TX → (A&M Consolidated HS)

2010

Recorded an outdoor season high at the Sun Belt Championships when she cleared 1.59

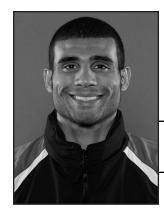
meters in the high jump ... Finished fourth at the Horned Frog Invite in the high jump ... Competed in the heptathlon during the SBC Indoor Championships.

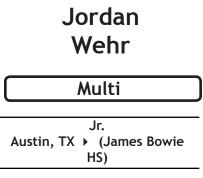
High School/Personal

Ran track for four years at A&M Consolidated High School for coach Rodney Wellmann ... Also played volleyball ... Born April 29, 1991 ... Has one brother, Tyler ... Is the daughter of Robert and Lauren Thompson.



PROFILES → athlete profiles





2010

Set the school record in the heptathlon at the Iowa St. Classic with 5,318 pts. ... Was

Sun Belt Conference Champion in the heptathlon and decathlon ... Nabbed a third-place finish in the SBC Indoor men's high jump, clearing a height of 6°6.25' ... Took third at the prestigious Texas Relays in the pole vault, topping a height of 4.70 meters.

2009

Advanced to the NCAA Outdoor Championship in the pole vault and finished 15th (17-02.50) ... Finished fifth at the NCAA Regionals (16-11.00) ... Set a school record in the pole vault with a height of 17-06.50 in the decathlon pole vault at the Outdoor SBC Championship ... Earned all-conference honors in the pole vault at the Outdoor Sun Belt Championship by finishing third (16-06.75) ... Won the pole vault competition at the Mean Green Twilight (16-06.75) ... Set a school record in the heptathlon by accumulating 5,156 points during the Indoor Sun Belt Conference Championship and finishing second ... Named the Sun Belt Conference Performer of the Week during the indoor season.

2008

Competed in 17 different events in both the indoor and outdoor seasons ... Finished sixth in the 110-meter hurdles in the outdoor season at the SBC Championships ... Placed fourth in the pole vault at the TCU Invite ... Finished fourth in the heptathlon at the JD Martin Invite in the indoor season ... Also came in fifth at the SBC Championships in the heptathlon ... Had a sixth-place finish at the outdoor SBC Championships in the shot put ... Had three, seventh-place finishes in the100-meter dash, 1,500-meter run and discus at the outdoor SBC Championships.

High School/Personal

Placed third for pole vault at 2006 Regionals and fifth in 110 hurdles ... Placed second in state for wrestling ... Also lettered in track, football and wrestling ... Born September 18, 1989 ... Son of Lynn Wehr.



Steven White

Hurdles

So. Killeen, TX → (Ellison HS)

2010

Finished second at the US Junior Championships and ran for the US Junior

Team at the World Junior Championships in Canada in the 400-meter hurdles ... Qualified for the NCAA Preliminary Round ... Won the Sun Belt Conference Outdoor Championship in the 400-meter hurdles with a time of 51.51 seconds ... Was part of the 4x400 relay team that took second at the SBC Outdoor Championships ... Ran a personal best of 51.19 seconds in the 500-hurdles ... Took seventh in the 400-meter dash with a time of 49.05 seconds at the Iowa State Classic.

High School/Personal

Ran track and cross country at Ellison High School for coach Larry Moore ... Was the 5A State Champion in the 300 Hurdles (36.50) and the AAU Jr. Olympic Champion in the 400 Hurdles in 2009 ... Named to the High School All-American Team by Track & Field News ... Named the Hurdler of the Year in the 2007-08 and 2008-09 seasons ... Born July 27, 1991 ... Has three siblings, Amari, Jarred and Shannon ... Is the son of Veronica Snead.





Kendria Burton

Hurdles

Fr. Garland, TX



Clinton Collins

Sprints

Fr. → 6-1 Fort Worth, TX → (Fossil Ridge HS)

High School/Personal

Finished second at the US High School Indoor meet with a time of 47.56 ... Registered the

second-fastest high school time indoors in the 200 ... Took third in the state at the 5A outdoor meet ... Named to the 2009 Texas 4A All-State team ... Won the UIL Region I Championship in the 400 meter dash with a time of 47.52 seconds ... Was a two-time all-district runner ... Son of Barrato and Rhonda Collins ... Born December 14, 1991 ... Has two brothers, Barrato and Emmanuel, as well as a sister Shondra.



Shelby Childress

Throws

Fr. → 5-7 Lufkin, TX → (Groveton -Centerville HS)

High School/Personal Became the first shot putter to advance to regional's from Groveton-Centerville High

School, achieving that feat three times ... Lettered in multiple sports, including

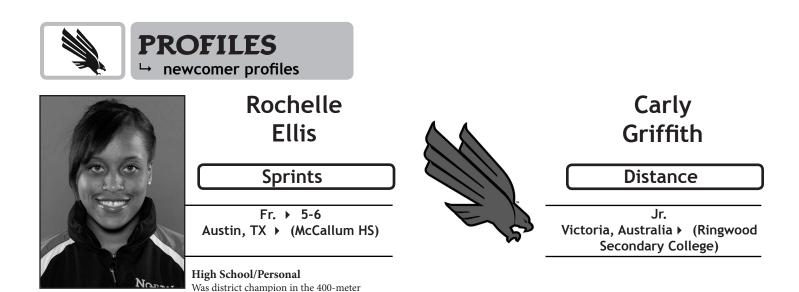
basketball, golf and cross country ... Was the Salutatorian of her class and twotime member of the North Texas Presidents list ... Daughter of Scott and Anne Childress ... Born May 30, 2010 ... Has one brother, Tommy.



Ashley Elliot

Shot Put

Fr. Missouri City, TX



University of Houston.

Sasha Gibson

dash, as well as member of the district and

regional champion 4 x 400 meter relay in 2010 ... Was a regional runner-up and state qualifier in the 400 meter dash ... Lettered in both basketball and track ... Daughter of Vincent and Gail Ellis ... Born June 9, 1992 ... Has three siblings, Nikki Reeves, Vincent Ellis and twin sister Michelle who runs track at the

Hurdles

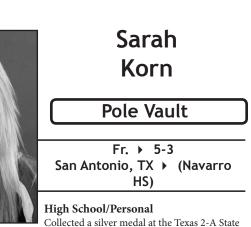
Fr. → 5-10 Austin, TX → (Anderson HS)

High School/Personal

Was a finalist in the 100-meter hurdles at the 2010 Texas Relays ... Was a two-time District

2-5A Champion in the 100-meter hurdles (2009,10) as well as the 300-meter hurdles (2009) and the 4 x 200 meter relay (2009) ... Daughter of Christine Brown ... Born July 1, 1992.





Collected a silver medal at the Texas 2-A State Championship in both 2009 and 2010 ...

District champion pole vaulter in her final three years of high school (2008,09,10) ... Named to the San Antonio Express-News All Area Track & Field Team in 2009 and 2010 ... Holds the current Navarro record for pole vault at 11"6' ... Was her class Salutatorian and a National honor Society officer ... Daughter of Gary and Susan Korn ... Born October 2, 1991 ... Has two siblings, Travis and Rachel.



23



Eddie Lanier

Jumps Fr. → 6-4

Pearland, TX \rightarrow (Pearland HS)

High School/Personal

Received five gold medals in two consecutive years at the district championship ... Lettered

in basketball track and cross country ... Son of Julius and Diana Lanier ... Born January 16, 1992 ... Has one brother, Magic, and one sister, Jasmine.

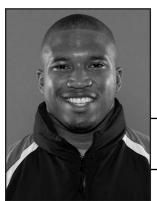


PROFILES → newcomer profiles

Darwin Moore

Hurdles

So. Fort Worth, TX → Eastern Hills HS)



Charleston Lewis

Throws

Fr. ► 6-2 Temple, TX ► (Belton HS)

High School/Personal

Lettered in multiple sports ... Was an All-District 12-5A selection his senior year as

well as a member of the all-state academic team in football ... Finished third in his region at both the discus and shot put as a senior ... Son of Charlie and Ronda Lewis ... Born January 29, 1992 ... Has one sister, Chloe.



Was a two-time regional qualifier ... Holds a personal-best discus throw of 50.1 meters ... lettered in both football and track ... Named his team's field event performer of the

year in both football and track ... Named his teams field event performer of the year in both 2009 and 2010... Son of David and Jana Smith ... Born September 27, 1992 ... has one sister, Allison Fields.

Was a four-time district champion in the 100-meter dash ... Was a three-time district

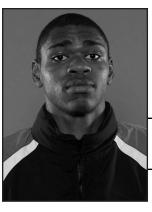
champion in the long jump ... Qualified for regional's all four years in long jump, finishing first at the 2010 regional's and sixth at the state meet ... Was also a twotime district champion in power lifting as well as a state champion her senior year and named and ACA All-Star and NCA All-American in cheerleading ... Named to the academic all-state team in 2010 for track & field ... Daughter of Joseph and Stephanie Stephens ... Born May 6, 1992 ... Has to sisters, Brittany and Ciara.



	Madelyn Sneed
	Hurdles
L.	Fr. → 5-6 Richardson, TX → (Ellison HS)
	High School/Personal

High School/Personal Was a three event 5-A regional qualifier in 2010 (100-hurdles, 4 x 100 and 4 x 400

relay) ... Ran 100 meter hurdles at the AAU National Championship in 2009 ... Captain of Richardson track team her senior year ... Daughter of Alyssa Downey-Henderson and Van Sneed ... Born November 16, 1991 ... Has two siblings, Van Sneed III and former North Texas hurdler Brandi Sneed.





Sprints

Fr. ▶ 6-7 Baton Rouge, LA ▶ (Catholic HS)

High School/Personal Was the Louisiana indoor state champion in the 400-meter dash ... Member of two state

champion relay teams, the 4 x 100 meter and the 4 x 400 meter ... Named the most valuable player on his track team ... Son of Kevin and Regenia Taylor ... Born June 15, 1992 ... Has one brother, DeAndre, and two sisters, Katrina and Cerissa.



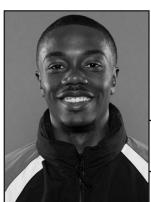


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		5-2 (Evant HS)
		_

High School/Personal

Received two medals, a bronze and silver, at the state meet ... Has personal best in pole

vault at 12'6" and long jump 16'7" ... Lettered in five sports ... Daughter of Dale and Lynette Vann ... Born December 7, 1991 ... Has two brothers, Dalton and William.



PROFILES → newcomer profiles

Marcus Wooten

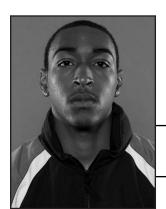
Hurdles

Fr. → 6-0 Arlington, TX → (Mansfield Timberview HS)

High School/Personal

Was a District 8-4A runner-up and regional qualifier in the 300 hurdles in 2009 ...

Qualified for the 4A State Championship as a member of the 4x400 relay ... Named his team's most improved athletes in 2009 ... Lettered in multiple sports, including football ... Son of Marvin Jr., and LaTania Wooten ... Born April 13, 1992 ... Has two brothers, Marvin III and Marsean.



Terrance Williams

Jumps

So. Killeen, TX → (Ellison HS)



Ken Zachary

Throws

Fr. → 5-11 El Paso, TX → (Franklin HS)

High School/Personal

Finished fourth at the West Texas Relays in the discus with a toss of 43.2 meters ... Took fifth

with a throw of 13.9 m in the shot put ... Son of Ken and Maria Zachary ... Born March 2, 1991 ... has two sisters, Michelle and Adrianna.



RECORDS→ 2010 superlatives/indoors

→ Women / Indoor

55-Meter Dash

6.96 *	. Missy Barnes	SBC Championship
7.01	.Brittany Blaylock	SBC Championship
7.02	.Brittani Simmons	SBC Championship
7.08	. Alysha Adams	SBC Championship

60-Meter Dash

7.45 *	Missy Barnes	Sooner Open
7.55	Brittani Simmons	Sooner Open
7.59	Brittany Blaylock	Iowa St. Classic
	Alysha Adams	

200-Meter Dash

24.01 *	Alysha Adams	SBC Championship
24.13	Brittany Blaylock	SBC Championship
24.52	Missy Barnes	SBC Championship
24.59	Brittani Simmons	SBC Championship

400-Meter Dash

58.73	Fallyn Farrow	Texas Tech Invite
59.47	Janesa Moore	SBC Championships
1:00.78	Monica Dunn	Texas Tech Invite
1:00.97	Roshunda Piersor	Texas Tech Open

800-Meter Run

2:20.52 Monica DunnSBC	Championship
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600-Yard Run

1:28.92	Monica Dunn	Texas Tech Invite
1:31.10	Fallyn Farrow	Sooner Open
1:31.50	Roshunda Pierson	Sooner Open
1:33.79	Kallie Hagood	Texas Tech Open

Mile Run

5:16.66	Sara Dietz	Sooner Open II
5:31.91	Amy Alcala	Sooner Open II
5:46.43	Phanice Orora	Sooner Open I

1,000-Meter Run

2:58.30 Sara Dietz Sooner	Open
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One Mile Run

5:09.61	Ingrid Mollenkopf.	Sooner Open
5:11.01	Sara Dietz	Texas Tech Open
5:27.54	Sallie Anderson	Sooner Open

3,000-Meter Run

10:39.79	Ingrid Mollenkopf	Texas Tech Open
11:06.13	Sallie Anderson	Texas Tech Open
11:33.79	Amy Alcala	Sooner Open

5,000-Meter Run

18:16.57	Ingrid Mollenkopf	SBC Championship
18:46.41	Sallie Anderson	SBC Championship

4 x 400-Meter Relay

3:53.20 Adams, Blaylock, Dunn, Farrow. SBC Cham
3:56.10Simmons, Adams, Dunn, BarnesTT Open

Distance Medley Relay

12:13.79 Dietz, Pierson,	Dunn,	Mollenkopf	SBC	Cham
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High Jump

5-06.50 Suzy l	PrikrylT	exas Tech Invite
5-04.25 Haley	Thompson SBC	C Championship

Long Jump

19-07.50 Ashley Austin	Iowa St. Classic
16-09.25 Kelli Johnson	Texas tech Open

Triple Jump

39-06.00		SBC Championship
36-09.75	Ashley Austin	SBC Championship

55-Meter Hurdles

7.77	Alysha Adams.	SBC Championsh	nip
	'	dSBC Championsh	

60-Meter Hurdles

8.48	. Alysha A	dams	Ark.	Last Cl	nance
8.82	.De'Ona S	tafford	S	ooner	Open

Pole Vault

	Shelley Hollingsv			
11-11.75	Kellie Delka	SBC C	Champio	nship

\rightarrow Men / Indoor

55-Meter Dash

6.20 #*	Keyth Talley	SBC Championship
6.34	Justin Anderson.	SBC Championship
6.45	Byron Washingto	on SBC Championship
6.60	Terry McGill	SBC Championship

60-Meter Dash

6.69 #*	Keyth Talley	Texas A&M Invite
6.92	Justin Anderson	Sooner Open
7.02	Byron Washington	Iowa St. Classic
7.05	Montrell Pyron	Sooner Open

200-Meter Dash

20.98 #*	Keyth Talley	SBC Championship
21.69	Steven White	SBC Championship
22.13	Montrell Pyron	Texas Tech Open
22.21	Russell Sama	Texas A&M Invite

400-Meter Dash

48.73	Montrell Pyron	Iowa	St. Classic
49.05	Steven White	Iowa	St. Classic

800-Meter Run

1:53.52..........Reggie HayterSBC Championship

600-Yard Run

1:11.94	Montrell Pyron	Texas Tech Invite
1:12.50	Reggie Hayter	Texas Tech Invite
1:12.58	Darnell Greig	Texas Tech Open

Mile Run

4:22.41	Matt Russ	Sooner Open
4:23.81	Matt Peters	SBC Championship
4:26.44	Patrick Strong	Sooner Open

1,000-Meter Run

2:35.30	Matt Peters	Sooner Open
2:39.69	Michael Ortiz	Texas A&M Invite
2:39.73	Andrew Sumner	Texas A&M Invite

3,000-Meter Run

8:32.97 Patrick StrongSBC Championship 8:51.26 Matt Russ..... Texas Tech Open

Distance Medley Relay 10:27.47....Giano, Liad, Sumner, Nunez...SBC Champ.

4 x 400-Meter Relay

3:16.45.....Pyron, Sams, Hayter, Talley SBC Champ.

High Jump

6-06.25 Jordan Wehr.....SBC Championship 6-04.25 Eron PhillipsSBC Championship

6-02.25	Roman	Romero	Texas	Tech Open	
				1	

Long Jump

23-08.25	Eron Phillips	SBC Championship
21-10.00	Jordan Wehr	Texas Tech Open
21-06.25	Lonnie Bacon	SBC Championship

Triple Jump

49-03.75 Lonnie Bacon......SBC Championship 45-10.75 Eron Phillips Texas A&M Invite

55-Meter Hurdles

7.48	. Terry McGill	SBC Championship	2
7.84	. Jordan Wehr	Texas Tech Oper	1

60-Meter Hurdles

8.29 Terry McGill Texas A&M Invite

5,000-Meter Run

14:56.60	Patrick Strong	SBC Championship
15:13.14	Matt Russ	SBC Championship

4 x 400-Meter Relay

3:15.97 ... White, Pyron, Sams, Talley A&M Invite 3:16.34 ... Pyron, Greig, White, Talley Tech Open

Distance Medley Relay

10:27.66. Peters, Ortiz, Sumner, Russ SBC Champ.

Pole Vault

16-06.75 Jordan Wehr..... Texas Tech Open 14-07.25 Dustin Phillips.......SBC Championship

Heptathlon

5318 pts. * Jordan Wehr...... Iowa St. Classic 3964 pts....... Roman Romero SBC Championship

* School Record

NCAA Provisional Qualifer

RECORDS → 2010 superlatives/outdoors



→ Women / Outdoor

100-Meter Dash

11.62	Brittany Blaylock .	Horned Frog Invite
11.69	Brittani Simmons.	Horned Frog Invite
11.71	Missy Barnes	Texas Relays
11.81	Alysha Adams	North Texas Classic

200-Meter Dash

23.82	Alysha Adams	SBC Championship
23.82	Brittani Simmons	Horned Frog Invite
23.83	Brittany Blaylock	SBC Championship
24.34	Missy Barnes	

400-Meter Dash

55.33	Ciara Smith	SBC Championship
57.60	Fallyn Farrow	Horned Frog Invite

800-Meter Run

2:15.81	Sara Dietz	Oklahoma Invite
2:18.84	Monica Dunn	Oklahoma Invite.

1,500-Meter Run

4:39.63	.Sara Dietz	SBC Championship
4:44.06	.Ingrid Mollenk	kopfOklahoma Invite II

5,000-Meter Run

17:50.12	Ingrid MollenkopfSI	BC Championship
18:42.07	Sallie Anderson	UTA Invite

10,000-Meter Run	
37:23.71 Ingrid MollenkopfSBC Championship	

100-Meter Hurdles

13.21 * Alysha Adams.......SBC Championship 14.07 De'Ona Stafford Texas Invite

400-Meter Hurdles

1:00.18 *	Roshunda	Pierson	SBC C	hampion	ship

High Jump

5-07.00	Suzy Prikryl	North Texas Classic
5-05.00	Haley Thompson	SBC Championship
5-01.75	Chelsea Hermes	SBC Championship

Long Jump

20-07.25	Ashley Austin	SBC Championship
18-08.50	. Kelli Johnson.	SBC Championship

Triple Jump

38-10.50 Kelli Johnson	UTA Invite
37-10.75 Ashley Austin	UTA Invite

Pole Vault

12-04.00	Shelley Hollingsv	worthSBC Champ.
11-10.00	Kellie Delka	SBC Championship

Discus

139-11 Christena Dowsett .. North Texas Classic

Javelin

116-09	Shelley Holingswo	orth . Horned Frog Inv.
104-09	.Chelsea Hermes	SBC Championship

4X100-Meter Relay

44.61....Simmons, Adams, Barnes, Blaylock....T Relays

4X400-Meter Relay

3:47.47	Adams,	Smith,	Pierson,	Blaylock.	.Tex Relays

Heptathlon

4,239 pts...... Chelsea Hermes......SBC Championship

└→ Men / Outdoor

100-Meter Dash

10.22wJustin Anderson..... Horned Frog Invite 10.52Keyth TalleyUTA Invite 10.75Byron Washington ..North Texas Classic

200-Meter Dash

20.82	Keyth Talley	Texas Invite
21.14	Justin Anderson	Horned Frog Invite
21.46	Montrell Pyron	Horned Frog Invite
22.00	Russell Sams	Horned Frog Invite

400-Meter Dash

48.01	Montrell Pyron	North Texas Classic
		SBC Championship

800-Meter Dash

1:53.07	Matt Peters	North Texas Classic
1:54.89	Andrew Sumner	SBC Championship
1:54.95	Reggie Hayter	North Texas Classic

1,500-Meter Run

4:00.39	Matt Peters	Texas Relays
4:00.96	Matt Russ	Oklahoma Invite II
4:01.64	Patrick Strong	UTA Invite

3,000-Meter Steeplechase

9:47.58 Garrett Sage...... Texas Relays

5,000-Meter Run

15:01.63...... Patrick StrongSBC Championship 15:12.91...... Matt Russ...... Texas Relays

10,000-Meter Run

31:56.03 Patrick StrongSBC Championship

110-Meter Hurdles

14.55 Terry McGill Horned Frog Invite 14.67 Jordan Wehr.... North Texas Classic

400-Meter Hurdles

51.19 Steven White USA Junior Nationals

High Jump

6-11.00 Jermain Jamison NCAA Preliminary 6-08.00 Jordan Wehr.....SBC Championship

Long Jump

24-07.75 Eron PhillipsNorth Texas Classic 22-09.25 Jordan Wehr.....SBC Championship

Pole Vault

16-00.75 Josh Papagno Oklahoma Invite II 15-07.75 Dustin Phillips....... SBC Championship 15-05.00 Jordan Wehr...... Texas Relays

Shot Put

49-09.25 Aaron Sirles.....SBC Championship

Javelin

150-05 Jordan Wehr.....SBC Championship 143-07 Josh PapagnoSBC Championship

Discus

156-10 Aaron Sirles North Texas Classic

Decathlon

6,825 pts......Jordan Wehr.....SBC Championship 6,177 pts.....Josh PapgnoSBC Championship

4X100-Meter Relay

41.94 Hickman, Sams, McGill, White...... UTA

4X400-Meter Relay

3:08.63 Talley, Pyron. Greig, Hayter... Tex Relays

school record w wind aided



RECORDS world records/meet champions

→ World Records Set By North Texas

February 5, 1938

31st Millrose Games - Madison Square Garden, New York City

Delmer and Elmer Brown and Wayne and Blaine Rideout set a new world record of 7:27.5 in the mile and seven-eights relay.

April 29, 1938

44th Penn Relays - Franklin Field, Philadelphia

Alvin Chrisman, Henry Morgan, Wayne and Blaine Rideout set a new world record of 9:59.4 for the outdoor two mile and one-eighth distance medley relay.

June 18, 1938

Princeton Invitational - Princeton Stadium, Princeton, New Jersey Wayne Rideout set a new world record of 3:00.3 in the three-quarter mile run. He became the first Texan in history to set a world record by himself.

→ Texas Relays Champions

- 1935: Sprint medley relay (3:38, Johnny Stovall, C.B. Midkiff, Paul Matthews, R.C. Conlee)
- **1937:** Blaine Rideout, mile (4:20); Sprint Medley Relay (3:31.9); 880-yard relay (1:28); Mile relay (3:21.0)
- 1938: Distance Medley Relay (10:14.4, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout) 4 x Mile relay
- 1939: 4 x Mile relay (Wayne Rideout, Blaine Rideout, Jack Sahling, Bob Hanna); Distance Medley Relay (10:17.6, James McDaniel, Harvey Bryant, Wayne Rideout, Blaine Rideout)
- 1940: Welby Williams, 100-yard dash (10.0); 880-yard relay (1:26.3, Welby Williams, Olvis Hicks, Harvey Bryant, James McDaniel); Albert Mikeska, javelin (202 feet); Blaine Rideout, 880-yard run
- 1941: 880-yard relay (Bobby Dodd, Welby Williams, Ed Rogers, Johnny Jackson); Mile relay (3:15.4, James McDaniel, Wilson Terry, Johnny Jackson, Ed Rogers); Albert Mikeska, javelin (203-5)
- 1942: Boyd Vaughn, 880-yard run; Joe Wood, mile run
- **1943:** Sprint Medley Relay (3:43.3)
- **1946:** Sprint Medley Relay (3:37.1)
- **1947:** Mile relay (3:20.7)
- 1948: 880-yard relay
- 1950: 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabojnik); 440-yard relay (42.0, Harlan Howell, Ray Renfro, Lloyd Lowe, Jerome Zabojnik)
- 1951: 880-yard relay; 440-yard relay (42.0)
- 1952: 880-yard relay; 440-yard relay (42.5)
- 1953: Sprint Medley Relay (3:31.2)
- 1955: Kelley, high jump (6-6); Sprint Medley Relay (3:23.1, Mike Hagler, Dean Renfro, Boyd Dollar, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- **1970:** Bill Schmidt, javelin (257-10.5)
- **1981:** Leana Hocking, 1,500-meter run (4:30.50)

→ Kansas Relays Champions

- 1937: 440-yard relay (41.9, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); 880-yard relay (1:28.6, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); mile relay (3:19.8, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown)
- 1938: Mile relay (Wayne Rideout, Blaine Rideout, H. Morgan, J. Sahling); Distance Medley Relay (10:28.1, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939: Distance Medley Relay (10:06.9, Wayne Rideout, Blaine Ridout, Doyle Chrisman, H. Bryant); Mile Relay (3:19.5, Wayne Rideout, Blaine Rideout, Doyle Chrisman, H. Bryant)
- **1940:** Blaine Rideout, mile run (4:10.1)
- 1941: 880-yard relay (Bobby Dodd, Welby Williams, Olvis Hicks, Ed Rogers); Two Mile Relay (James McDaniel, J.B. Outlaw, Boyd Vaughn, Doyle Chrisman); Albert Mikeska, javelin
- 1949: 880-yard relay (1:27.7, Harlan Howell, Ray Renfro, Charle Teague, Jerome Zabojnik)
- 1950: 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabojnik)

- 1951: 880-yard relay
- **1953:** Sprint medley relay (3:36.0, Charlie Teague, Walt Lindsey, Ken Smith, Paul Patterson)
- **1954:** Two mile relay (7:49.5)
- 1955: Sprint medley relay (Mike Hagler, Boyd Dollar, Dean Renfro, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- **1970:** Jove Gomez, mile run (4:09.3)

→ Penn Relays Champions

- 1937: Mile Relay (3:19.6, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown); 440-yard relay (42.1, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown)
- 1938: Distance Medley Relay (9:59.4*, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939: Distance Medley Relay (10:11.5, Doyle Chrisman, H. Bryant, Wayne Rideout, Blaine Rideout); Four-Mile Relay (17:25.9, H. Bryant, Wayne Rideout, Blaine Rideout, J. Sahling)
- 1940: 880-Yard Relay (1:25.4\$, W. Williams, Olvis Hicks, J. jackson, E. Rogers)
- 1941: Welby Williams, 100-yard dash; 880-Yard Relay (Bobby Dodd, Welby Williams, Ed Rogers, Olvis Hicks)

→ Drake Relays Champions

- 1946: Mile Relay (3:23.3, Joe Coquat, Norman Spray, Bill Adams, Jack Gilbert)
- 1950: 4 x 100 relay (42.5, Harlan Howell, Lloyd Lowe, Ray Renfro, Jerome Zabojnik)
- **1951:** 4 x 200 relay (1:26.4); 4 x 100 relay (42.0)
- 1952: 4 x 200 relay (1:25.8); 4 x 100 relay (41.7)
- 1953: Sprint medley relay (3:33.9)
- 1954: Sprint medley relay (3:25.8)
- 1955: Mile relay (3:15.6, Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Bill Schmidt, javelin (250-1)

*World Record - \$-Penn Relays record



HECORDS → indoor records

└→ Women

Event	Name	Time/Mark	Date
		6.96	
60 Meters	Missy Barnes	7.45	2010
		24.01	
300 Yards	Julie Bergeron	35.74	1980
300 Meters	Ella Smith		1981
400 Meters	Ciara Smith	55.13	2008
600 Yards	Kimberly Williams	1:25.66	2006
800 Meters	Joann Dohanich	2:14.72	1980
1000 Yards	Leana Hocking		1981
1000 Meters	Leana Hocking		1980
Mile	Leana Hocking	4:50.42	1980
		3:44.15	
	(Ciara Smith, Jamia Robinson, Fern		
		12:21.35	2010
	(Sara Dietz, Roshunda Pierson, Mor	nica Dunn, Ingird Mollenkopf)	
3000 Meters	Debbie Thornhill	9:53.77	2001
5000 Meters	Debbie Thornhill	17:09.66	2001
55 Hurdles	Lauren Wiggins	7.72	2008
60 Hurdles	Lauren Wiggins	8.25	2008
Long Jump	Donna Thomas	20-11.75	1983
High Jump	Deidra Wesley	5-9.75	2006
		43-5.25	
Shot Put	Stacy Orakpo		2005
Weight Throw	Shauna Shepherd	56-03.75	2009
		12-05.50	
Pentathlon	Deidra Wesley	3679 pts	2005

└→ Men

Event	Name	Time/Mark	Date
55 Meters	Keyth Talley	6.20	
		6.69	
200 Meters	Keyth Talley	20.98	
300 Meters	Rudy Levarity	30.76	
600 Yards	Brian Rowley	1:11.24	
800 Meters	Don Everett	1:53.24	
1000 Yards	Don Everett	2:12.24	
		4:05.24	
Two Mile	Dylan Fugitt	8:35.20	
4x800	Relay		
	(Brian Rowley, Randy Smith, Ben M	/loturi, Kevin Capper)	
4x400	Relay		
	(Rudy Levarity, Lynn Howe, Richar	d Pace, Tim Flowers)	
		10:04.53	
	(Paul Ndachi, Artie Breault, Kelleyt	on Wilson, George Lutkenhaus)	
55 Hurdles	Paul Bosh	7.34	
60 Hurdles	Sammy Dabbs	8.04	
Shot Put	Phil Hall	57-6	
Weight Throw	Heath Smith	53-6.25	
Pole Vault	Jordan Wehr	16-6.75	
		7-1.75	
		24-5.25	
		50-11.50	
		5318 pts	

└→ Men/Outdoors

100-Meter Dash

1 10. 18	Rudy Levarity	4/14/81
2 10.22w	Detrion Woodson	5/19/01
10.22w	Justin Anderson	3/19/10
4 10.25#c	Marvin Baker	5/28/76
5 10.28w	Keyth Talley	6/26/09

200-Meter Dash

1 20.50w	Rudy Levarity	6/5/80
2 20.74w	Keyth Talley	4/30/09
3 20.82	Keyth Talley	5/1/10
4 20.95w	Detrion Woodson	. 5/19/01
5 21.04#c	Marvin Baker	4/10/76

400-Meter Dash

1 46.17#c	Doyle Magee	4/10/65
2 46.23	. David Turner	5/10/02
3 46.40	. Arthur Cox	5/13/01
4 46.74#c	. John Cotton	1959
5 47.00	Jeff Hudson	5/23/97

800-Meter Run

1 1:47.22	. Johnny Walker	
2 1:48.20#c	. Dennis Stephens	
3 1:50.10	. Artie Breault	
4 1:50.42	. Matthew Boit	
5 1:50.53	. Brian Rowley	

1,500-Meter Run

1 3:43.44c	. Ben Moturi	4/28/79
2 3:47.47	. Jonah N'Geny	4/12/86
3 3:48.07	. Paul Ndachi	5/19/00
4 3:49.14c	. Matthew Boit	
5 3:49.51	. Ken Buyers	4/15/78

5,000-Meter Run

1 14:09.04c Ron Wakefield	4/8/83
2 14:22.01 Jonah N'Geny	4/25/87
3 14:22.15 Paul Ndachi	4/24/99
4 14:22.35 Ben Moturi	1980
5 14:27.04c Don Jindra	4/2/76

10,000-Meter Run

1 29:44.00	Juan Zetina	4/3/80
2 30:50.74c	James McGee	4/2/92
3 30:55.09	Paul Ndachi	5/12/00
4 30:59.14c	Rusty Hageman	4/1/82
5 31:01.34c	Dick Patterson	4/5/79

3,000-Meter Steeplechase

	•	
1 8:57.94c	Juan Zetina	. 4/25/80
2 9:03.29	John Gardner	4/7/94
3 9:06.50	Joey Chapman	. 5/14/88
4 9:12.10	Frank Ngeno	. 5/12/07
5 9:13.00	Jonah N'Geny	3/6/87

110-Meter Hurdles

1 13.98#c	Joe Jubert	
2 14.15	Carlos Yearwood	
3 14.16	Remarcus Smith	
4 14.18	Sammy Dabbs	
5 14.18w	Calvin Smith	

400-Meter Hurdles

1.	50.98c	Ed Eberhart	
2.	50.99	Kory Williams	5/15/05
3.	51.49	Chris Gibbons	4/29/89
4.	51.51	Steve White	5/9/10
5.	51.93	James Lobdell	5/17/93

Discus

1 182	-03	Brock Stickler	4/30/09
2 177	-10	James Barefield	3/31/79
3 174	-8	Jim Parker	1974
4 173	-3	Adrian Awasom	5/29/04
5 170	-5	Jerome Carrothers	5/11/03

Shot Put

2 56-0	1	. 57-9.5	Phil Hall	4/4/75
4 55-10.25 Don Rhode	2	. 56-0	Dennis Lemmons	1972
	3	. 55-11.75	Heath Smith	. 5/12/07
5 54-9 Mike Minter 4/25/8'	4	. 55-10.25	Don Rhode	5/3/73
J J4- J WIRC WIIIICI	5	. 54-9	Mike Minter	. 4/25/87

Old Javelin

1	280-7*	Bill Schmidt	1970
2	243-10*	Calvin Bowers	1966
3	228-2*	Ross Percifield	
4	227-11*	Dan Hopkins	
5	204-0*	Dennis Lemmons	

New Javelin

1	. 215-3	Heath Smith	5/27/06
2	. 189-7	Lupe Florez	5/4/02
3	. 188-6	Parrish Johnson	5/22/99
4	. 178-1	Justin Bowers	3/30/02
5	. 176-9	Ben Botello	5/10/03

Pole Vault

1	17-06 ½	Jordan Wehr	5/10/09
2	16-8 ¾	Ryan Lancon	4/19/03
3	16-6 ¾	Frank Sykora	4/19/96
4	16-6	George Rodriquez	5/29/76
5	16-0¾	William Nitcholas	4/13/96
5	16-0¾	Josh Papagno	4/24/10

Long Jump

1	. 25-10	. John Gilford	
2	. 25-4 ¾	. Eric Jackson	
3	. 25-3	. Aaron Donnell	
4	. 25-2 ¾	. Johnnie Rodgers	
5	. 25-0 ¾	. Ron Linscomb	

Triple Jump

1 52-5 ¼	John Gilford	1975
2 52-0 ½	Abe Brown	5/20/74
3 52-0 ¼	Greg Norman	4/3/82
4 50-8 ¼	Gerald Shepherd	4/6/01
5 50-3 ½	Eric Jackson	5/17/95

Decathlon

1 6,999 pts	. Ben Botello	
2 6,825 pts	. Jordan Wehr	
3 6,722 pts	. Teddy Sondota	
4 6,711 pts	. Andrew Turner .	
5 6,710 pts	. Jordan Wehr	

High Jump

1 7-0.5	Toby Edwards	4/24/08
	Jermaine Jamison	4/18/09
3 7-0	Stoney Marquis	. 5/17/96
	Jeff Randall	3/14/92
7-0	Aaraon Donnel	5/14/77
7-0	Mike Ryan	4/28/79

Pole Vault

3 12-01.50...... Shelley Hollingsworth 5/9/08

Hammer Throw

1 54.99	Alana Tyler	4/09/09
2 49.79	Shauna Shepherd	4/09/09
2 45.57	Jessica Henderson	4/16/05

Conversions:

- # Imperical event to metric event
- c Hand time to Fully Automatic Time
- * Old Implement

→ Women/Outdoors

100-Meter Dash

1 11.48 Ananka Clark	
2 11.53w Brittany Blaylock.	
3 11.56w Brittani Simmons	
4 11.64 Rachael Runnels	
5 11.70w Osaze Aghedo	

200-Meter Dash

1	23.57	Debra Pinnix	4/26/80
2	23.59w	Ananka Clark	5/30/03
3	23.76	Brittani Simmons	5/10/09
4	23.82	Alysha Adams	5/9/10
	23.82w	Brittany Blaylock	3/19/10

400-Meter Dash

1 53.41	. Ciara Smith	5/2/08
2 53.72	. Chiqueta Ellis	5/23/98
3 53.83	. Ella Smith	5/7/83
4 54.17	. MeShelley Sams	5/24/97
5 54.58	. Liana Claxton	5/20/95

800-Meter Run

1 2:06.32	. Leanna Hocking	
2 2:09.63	Valerie Clary	
3 2:10.52	Joann Dohanich	
4 2:12.40	. Sara Dietz	
5 2:13.43	. Keri Schneider	

1,500-Meter Run

1 4:19.41	. Leanna Hocking	. 5/25/80
2 4:37.69	. Krista Davey	. 5/14/00
3 4:38.55	Debbie Thornhill	. 3/31/01
4 4:39.63	. Sara Dietz	5/8/10
5 4:41.05	. Valerie Clary	5/3/97

3,000-Meter Run

1 9:48.62	. Leanna Hocking	. 4/18/80
2 9:51.05	. Debbie Thornhill	. 5/12/01
3 10:06.66	. Jessica Schmidt	4/1/04
4 10:08.36	. Brandi Orozco	. 5/22/99
5 10:09.37	. Dagmar Salazar	3/22/03

5,000-Meter Run

1 16:57.13	. Jessica Schmidt	3/26/04
2 17.05.26	Debbie Thornhill	4/26/01
3 17:42.77	. Brandi Orozco	5/22/99
4 17:50.12	. Ingrid Mollenkopf	5/8/10
5 17:51.01	. Dagmar Salazar	5/11/03

10,000-Meter Run

1 37:23.71 Ingrid Mollenkopf	5/7/10
2 38:02.72 Cassie Storms	5/14/06
3 38.13.65 Liz Sanchez	4/3/96
4 38:41.38 Cassie Storms	5/15/05
5 38:59.06 Dagmar Salazar	

100-Meter Hurdles

1 13.21 Aly	rsha Adams	5/9/10
2 13.40 Lau	ıren Wiggins	5/10/09
3 13.53w Aly	rsha Adams	4/24/08
4 13.74w Ciji	i Brooks	5/7/05
5 13.89 Ker	i Glover	4/19/91

400-Meter Hurdles

1 1:00.18 Roshunda Pierson	5/9/10
2 1:00.60 Traci Logan	
3 1:00.68 Raquel Hudson	
4 1:00.89 Lisa Helm	
5 1:01.30 Brandie Riggs	

Discus

1	167-2	Jessica Henderson	5/10/03
2	153-0	Shauna Shepherd	4/30/09
3	151-11	Elizabeth Dominguez	4/30/09
4	147-9.62	Alana Tyler	4/09/09
5	145-5	Michelle Beck	5/10/03

Shot Put

1 48-4	Heather Wood	. 5/14/06
2 47-9.75	Ciji Brooks	. 4/23/05
3 46-2.75	Latrecia Taylor	. 5/11/03
4 45-6.50	Rachel Barr	. 4/18/87
5 45-3	Stacy Orakpo	4/1/04

Javelin

1 149-2	Nikki Hyles	4/2/94
2 137-4	LaKisha Gentry	5/11/03
3 136-1	Guinness Dealy	5/17/93
4 133-10	Rachel Barr	4/25/87
5 122-01	Shelley Hollingsworth	. 5/10/09

High Jump

1	5-10	Deidra Wesley	4/05/06
2	5-8.75	Maria Spencer	4/13/02
	5-8.75	Ryan Hill	4/21/07
4	5-8.50	Jessica Shockley	4/24/02
5	5-8	Nikki Hyles	4/16/94

Long Jump

1 21-2.50	Donna Thomas	6/5/82
2 20-10.50	Brandi Stanfield	4/7/06
3 20-7.25	Ashyley Austin	5/8/10
4 20-3.75	Sherry Anderson	5/27/89
5 20-3.50	Ashley Austin	4/30/09

Triple Jump

1 44-3.50	Brandi Stanfield	4/8/06
2 41-9w	Dionte Campbell	4/8/00
3 41-8	Sandra Mondy	5/20/91
4 41-3	Tiffanie Jordan	5/11/03
5 38-10.5	Kelli Johnson	3/27/10

RECORDS → top performers



RECORDS → top performances

└→ Men/Outdoors

100-Meter Dash

1 10.18	. Rudy Levarity	4/14/81
2 10.22w	Detrion Woodson	5/19/01
10.22w	. Justin Anderson	3/19/10
4 10.25	. Marvin Baker	5/28/76
5 10.28w	. Keyth Talley	6/26/09

200-Meter Dash

1 20.50	0 Rudy Leva	rity 6/5/80
2 20.74	4w Keyth Tall	ey 4/30/09
3 20.70	6 Keyth Tall	ey 5/2/10
4 20.82	2 Keyth Tall	ey 5/1/10
5 20.8	5 Keyth Tall	ey 6/27/09

400-Meter Dash

1 46.17#c	. Doyle Magee	. 4/10/65
2 46.23	. David Turner	. 5/10/02
3 46.40	Arthur Cox	. 5/13/01
4 46.53	Arthur Cox	. 5/15/00
4 46.74#c	. John Cotton	1959

800-Meter Run

1 1:47.22 Johnny Walker	
2 1:48.20#c Dennis Stephens	
3 1:50.10 Artie Breault	
4 1:50.42 Matthew Boit	
5 1:50.53 Brian Rowley	

1,500-Meter Run

1 3:43.44c	Ben Moturi	. 4/28/79
2 3:47.47	Jonah N'Geny	. 4/12/86
3 3:48.06	Paul Ndachi	. 5/19/00
4 3:49.14c	Matthew Boit	1983
5 3:49.51	Ken Buyers	. 4/15/78

5,000-Meter Run

1 14:09.04	. Ron Wakefield	4/8/83
2 14:22.01	. Jonah N'Geny	4/25/87
3 14:22.15	. Paul Ndachi	4/24/99
4 14:22.35	. Ben Moturi	
5 14:27.04c	. Don Jindra	4/2/76

10,000-Meter Run

1 29:44.00	Juan Zetina	4/3/80
2 30:50.74c	James McGee	4/2/92
3 30:55.09	Paul Ndachi	5/12/00
4 30:59.14c	Rusty Hageman	4/1/82
5 31:01.34c	Dick Patterson	4/5/79

3,000-Meter Steeplechase

1 8:57.94c	Juan Zetina	4/25/80
2 9:03.29	John Gardner	4/7/94
3 9:13.00	Jonah N'Geny	3/6/87
4 9:13.19	Frank Ngeno	5/14/06
5 9:13.46	Derrick Garrett	4/6/89

110-Meter Hurdles

1 13.98#c	Joe Jubert	
2 14.15	Carlos Yearwood	5/8/99
3 14.16	Remarcus Smith	
4 14.18	Sammy Dabbs	
5 14.18w	Calvin Smith	5/6/00

400-Meter Hurdles

1	50.98c	Ed Eberhart	1975
2	50.99	Kory Williams	5/15/05
3	51.11	Kory Williams	5/28/05
4	51.13	Kory Williams	4/02/05
5	51.19	Lynn Howe	4/24/81
	51.19	Steven White	6/26/10

Discus

1	182-03	Brock Stickler	4/30/09
2	178-03	Brock Stickler	4/24/09
3	177-10	James Barefield	3/31/79
4	175-00	Brock Stickler	5/30/09
5	174-8	Jim Parker	1974

Shot Put

1	. 57-9 ½	. Phil Hall	4/4/75
2	. 56-0	Dennis Lemmons	1972
3	. 55-11 ¾	Heath Smith	5/12/07
4	. 55-10¼	Don Rhode	5/3/73
5	. 55-3 ½	Heath Smith	4/21/07

Old Javelin

1	280-7*	Bill Schmidt	1970
2	243-10*	Calvin Bowers	1966
3	228-2*	Ross Percifield	3/4/72
4	227-11*	Dan Hopkins	. 3/11/72
5	204-0*	Dennis Lemmons	1974

New Javelin

1 215-3	. Heath Smith	. 5/26/07
2 210-3	. Heath Smith	. 5/14/07
3 205-8	. Heath Smith	3/31/07
4 196-0	. Heath Smith	5/14/06
5 192-5	. Heath Smith	3/25/06

Pole Vault

1 17-6 ½ Jordan Wehr	5/10/09
2 17-2 ¾ Jordan Wehr	6/10/09
3 16-11 Jordan Wehr	5/30/09
4 16-8 ¾ Ryan Lancon	4/19/03
5 16-6 ¾ Frank Sykora	4/19/96
16-6 ¾ Jordan Wehr	5/10/09
16-6 ¾ Jordan Wehr	4/30/09

Long Jump

1	. 25-10	John Gilford	1975
2	. 25-4 ¾	Eric Jackson	4/9/94
3	. 25-3	Aaron Donnell	5/14/77
4	. 25-2 ¾	Johnnie Rodgers	5/21/89
5	. 25-0 ¾	Ron Linscomb	1965

Triple Jump

1 52-5 ¼ John Gilford	
2 52-0 ¹ / ₂ Abe Brown	5/20/74
3 52-0 ¼ Greg Norman	4/3/82
4 50-8 ¼ Gerald Shepherd	4/6/01
5 50-3 ½ Eric Jackson	5/17/95

Decathlon

1 6,999 pts	. Ben Botello	
2 6,825 pts	. Jordan Wehr	
3 6,722 pts	. Teddy Sondota	
4 6,711 pts	Andrew Turner	
5 6,710 pts	. Jordan Wehr	

High Jump

1 7-0 ½	Toby Edwards	4/24/08
	Toby Edwards	5/13/07
7-0 ½	Jermaine Jamison	4/18/09
7-0 ½	Jermaine Jamison	4/4/09
5 7-0	Stoney Marquis	5/17/96
	Jeff Randall	3/14/92
	Aaraon Donnel	5/14/77
7-0	Mike Ryan	4/28/79

Conversions:

- # Imperical event to metric event
- c Hand time to Fully Automatic Time
- * Old Implement

└→ Women/Outdoors

100-Meter Dash

1 11.48	Ananka Clark	
2 11.62	Ananka Clark	
3 11.64	Ananka Clark	
11.64	Rachael Runnels	
11.64	Brittany Blaylock .	

200-Meter Dash

1	. 23.58	.Debra Pinnix	4/26/80
2	. 23.59w	.Ananka Clark	5/30/03
3	. 23.76	.Brittani Simmons	5/10/09
4	. 23.82	.Alysha Adams	5/9/10
	. 23.82w	Brittany Blaylock	3/19/10

400-Meter Dash

1 53.41	Ciara Smith	5/31/08
2 53.59	Ciara Smith	4/9/09
3 53.72	Chiqueta Ellis	5/23/98
4 53.83	Ella Smith	5/7/83
5 54.17	MeShelley Sams	5/24/97

800-Meter Run

1 2:06.32	Leanna Hocking	
2 2:09.63	Valerie Clary	
3 2:10.52	Joann Dohanich	
4 2:12.40	Sara Dietz	
5 2:13.28	Sara Dietz	

1,500-Meter Run

1 4:19.41	.Leanna Hocking	. 5/25/80
2 4:37.69	.Krista Davey	. 5/14/00
3 4:38.55	.Debbie Thornhill	. 3/31/01
4 4:39.63	.Sara Dietz	5/8/10
5 4:41.05	. Valerie Clary	5/3/97

3,000-Meter Run

1 9:48.62	.Leanna Hocking	4/18/80
2 9:51.05	.Debbie Thornhill	. 5/12/01
3 10:06.66	. Jessica Schmidt	4/1/04
4 10:08.36	.Brandi Orozco	. 5/22/99
5 10:09.37	.Dagmar Salazar	. 3/22/03

5,000-Meter Run

1 16:57.13	. Jessica Schmidt	
2 17.05.26	.Debbie Thornhill	4/26/01
3 17:42.77	.Brandi Orozco	5/22/99
4 17:50.42	.Ingrid Mollenkopf	
5 17:51.01	.Dagmar Salazar	5/11/03

10,000-Meter Run

1 37:23.71	Ingrid Mollenkopf	5/7/10
2 38:02.72	Cassie Storms	5/14/06
3 38.13.65	Liz Sanchez	4/03/96
4 38:59.96	Dagmar Salazar	4/02/03
5 39:07.67	Cassie Storms	4/05/06

100-Meter Hurdles

1 13.29	Alysha Adams	
2 13.31	Alysha Adams	
3 13.35	Alysha Adams	
4 13.38	Alysha Adams	
5 13.40	Lauren Wiggins	

400-Meter Hurdles

1	. 1:00.18	.Roshunda Pierson	5/9/10
2	. 1:00.44	.Roshunda Pierson	4/3/10
3	. 1:00.59	.Roshunda Pierson	5/8/10
4	. 1:00.60	. Traci Logan	5/15/94
5	. 1:00.68	.Raquel Hudson	5/09/08

Discus

1	167-2	Jessica Henderson	5/10/03
2	153-00	.Shauna Shepherd	4/30/09
3	151-11	.Elizabeth Dominguez	4/30/09
4	147-9.62	Alana Tyler	3/28/09
5	146-07	Jessica Henderson	4/08/05

Shot Put

1	48-4	.Heather Wood	5/14/06
2	48-3 ¼	.Heather Wood	4/27/06
3	47-9 ¾	.Ciji Brooks	4/23/05
4	47-2 ½	.Ciji Brooks	4/27/06
5	47-0 ¼	.Heather Wood	4/07/06

Javelin

1 149-2	. Nikki Hyles	4/2/94
2 137-4	.La Kisha Gentry	5/11/03
3 136-1	.Guinness Dealy	5/17/93
4 133-10	.Rachel Barr	4/25/87
5 122-01	.Shelley Hollingsworth	5/10/09

High Jump

1 5-10	Deidra Wesley	. 4/05/06
2 5-8 ¾	Deidra Wesley	. 4/07/05
5-8 ¾	Maria Spencer	. 4/13/02
4 5-8 ½	Deidra Wesley	. 5/29/04
5-8 ½	Jessica Shockley	. 4/24/02
6 5-8 ¼	Ryan Hill	. 3/27/04

Long Jump

1 21-2.5	.Donna Thomas	6/5/82
2 20-10.5	.Brandi Stanfield	4/7/06
3 20-8.5	.Brandi Stanfield	4/22/06
4 20-7.25	Ashley Austin	5/8/10
5 20-3.75	.Sherry Anderson	5/27/89

Triple Jump

1 44-3 ½	Brandi Stanfield	4/08/06
2 42-11 ½	Brandi Stanfield	5/14/07
3 42-6	Brandi Stanfield	4/27/06
4 41-40 ½	Brandi Stanfield	5/26/07
5 41-9w	Dionte Campbell	4/08/00

Hammer Throw

ECORDS top performances

1 54	.99	Alana Tyler	4/09/09
2 54	.70	Alana Tyler	4/24/09
3 54	.35	Alana Tyler	4/18/08
4 53	.66	Alana Tyler	5/10/09
5 51	.31	Alana Tyler	4/14/07

Pole Vault

1 12-07 ½	Christal Brewster	5/10/09
2 12-06	Christal Brewster	5/29/09
3 12-04	Christal Brewster	4/24/09
12-04	Shelley Hollingsworth	5/8/10
5 12-01 ½	Christal Brewster	4/18/09
12-01 ½	Christal Brewster	4/9/09
12-01 ½	Shelley Hollingsworth	5/9/08

Heptathlon

1 5,030 pts Deidra Wesley	4/7/05
2 4,966 pts Deidra Wesley	5/14/06
3 4,808 pts Deidra Wesley	5/8/04
4 4,707 pts Nikki Hyles	4/23/94
5 4,695 pts Rhatisha Scott	5/12/02

Conversions:

- Imperical event to metric event

- c Hand time to Fully Automatic Time
- * Old Implement



RECORDS → outdoor relay records

Men/Relays ╘

	ays	
x 100-Meter Re		
	Byron Washington, Ryan Varner, Keyth Talley, C.J. Fowler	
	Tony Jackson, Richard Pace, Rudy Levarity, Ed Simon	
200-Meter Re	elay Ed Simon, Richard Pace, Rudy Levarity, Greg NormanEd Simon, Richard Pace, Rudy Levarity, Greg Norman	4/24/81
	Jimmy Weaver, Freddie Stuart, Gilbert Gerdes, John Cotten	
	Justin Flowers, Ryan Varner, Byron Washington, C.J. Fowler	
	W.L. Mitchell, Deonzia Fremen, Jim Carter, Joe Jubert	
400-Meter Re	elay	
	Richard Pace, Lynn Howe, Doug Jackson, Johnny Walker	
3:08.05	Brandon Woodard, Derek Logan, David Schwein, Kelvin Wright	
	Arthur Cox, David Turner, Michael Krebs, Derek Logan	
	Brandon Woodard, David Schwein, Derek Logan, Kelvin Wright	
	Darnell Greig, Ryan Varner, Montrell Pyron, Kelvin Wright	
800-Meter Re	e tay Johnny Walker, Matthew Boit, Matt Wiggins, Lynn HoweJohnny Walker, Matthew Boit, Matt	
7:22.90	Johnny Walker, Matt Wiggins, Ron Wakefield, Matthew Boit	
7:28.5#	Jim Blassingame, John Spencer, John Cooper, Richard Menchaca	
	Randy Smith, Hal Finley, Ben Moturi, Lynn Howe	
	Herchel Yelder, Shane Wall, Cody Overstreet, Jay Johnston	
	elay (200-200-400-800) Eric Cuffee, Richard Pace, Lynn Howe, Johnny Walker	
	Rodney Walker, Vernon Evans, Austin Salter, Dennis Stephens	
	Tramaine Baker, Antone Malone, Jeff Hudson, Artie Breault	
3:25.47	Tramaine Baker, Kelleyton Wilson, Jeff Hudson, Artie Breault	
• Women/	Relays	
100 Meter Re		5/20/10
	Brittani Simmons, Missy Barnes, Alysha Adams, Brittany Blaylock Missy Barnes, Brittani Simmons, Brittany Blaylock, Alysha Adams	
200 Meter Re	elav	
	Brittany Blaylock, Missy Barnes, Janessa Moore, Brittani Simmons	
1:36.00	Chi Chi Echebelem, Keisha Hornsby, Rachael Runnels, Chastidy Russell	
1:37.88		
1:38.56	Cherri Rowe, Candace Rowe, Rhonda Williams, Dominque Rhymes	
1:38.77	Ananka Clark, Kim Brown, Candace Rowe, Rhonda Williams	
400 Meter Re	•	- 100 /00
	Shayla Hart, Chi Chi Echebelem, Chrystal Mitchell, Ciara Smith	
	Chi Chi Echebelem, Ciara Smith, Shayla Hart, Keisha Hornsby Shayla Hart, Ciara Smith, Brittani Simmons, Chrystal Mitchell	
800-Meter Re		
	Joann Dohanich, Dee Dee Rylance, Sherri Painter, Kay Thompson	
	Shannan Hunt, LaShonda McCarty, Ashley Saunders, Valerie Clary	
	elay (200-200-400-800)	
4:00.37	Missy Barnes, DeOna Stafford, Ciarra Smith, Sara Dietz	
	Shazzell Grimes, Candace Rowe, Alicia Kuydendall, Keri Schenieder	
4.08.20	Kori Crampton, Charnita Williams, MeShelley Same, Valerie Clary	1/5/97

2010-11 NORTH TEXAS TRACK AND FIELD FACT AND RECORDS BOOK

→ Men's Team Titles

→ Men's Outdoor Team Finishes

Conference	
Place	Points
Sixth	
Fourth	
Fourth	
Fifth	
Sixth	
Fourth	
Fourth	
Third	
First	
Second	
First	
Conference	
Fifth	
	Place Sixth

1998	2
1997	5

Southland Conference

1995	.Sixth	56
1994	.Eighth	
1993	.Sixth	54
1992	.Sixth	
1991	.Seventh	
1990	.Seventh	
1989	.Fifth	69
1988	.Fifth	
1987	.Fifth	69
1986	.Seventh	
1985	.Seventh	10
1984	.Seventh	1.5
1983	.Fifth	54

Missouri Valley Conference

1975	Third	
1974	First	
1973	First	143
1972	Second	134
1971	Third	
1970	First	
1969	Second	
1968	Second	
1967	First	73
1966	Second	
1965	Third	
1964	Fifth	
1963	Fourth	
1962	Fourth	
1961	Fourth	
1960	Second	
1959	Second	
1958	Second	

1957 Third...... 40.5 Gulf Coast Conference 1955No conference meet 1954.....No conference meet Lone Star Conference 1948 NA 1944-45No meets 1939Second

→ Men's Indoor Team Finishes

Sun Belt Conference

Year	Place	Points
2010	Second	
2009	Fifth	69
2008	Third	74.5
2007	Fifth	75
2006	Fourth	71
2005	Eighth	
	Fifth	
2003	Sixth	
2002	Fifth	71
2001	Fourth	

Southland Conference

1996	Ninth	
1995	Eighth	
1994	Seventh	14
1993	Ninth	6.25
1992	Ninth	
1991	Fifth	
1990	Fifth	
1989	Fifth	
1988	Fourth	51
1987	Fifth	
1986	Seventh	
1985	Seventh	
	Seventh	
1983	Seventh	

→ Individual Outdoor Champions

Sun Belt Conference

2010: Jordan Wehr, Decathlon (6,825 pts), Steven White, 400-meter hurdles (51.51)

2009: Jermaine Jamison, high jump (6-10.75)

2008: Temitayo Harriman, 800-meter Run (1:54.30); Jermaine Jamison, high jump (6-08.75); 4x400-meter relay, Darnell Greig, Ryan Vaner, Montrell Pyron and Kelvin Wright (3:10.23)

2007: Heath Smith, Javelin (210-03).

2006: Frank Ngeno, 3,000-meter steeplechase

(9:13.19); Heath Smith, javelin throw (196-00); Mark Lee, high jump (6-08.75).

2005: Kory Williams, 400-hurdles (50.99); 4x100meter relay, David Schwein, Derek Logan, Brandon Irabor, Johnny Quinn (40.39); 4x400-meter relay,

RECORDSConference champions/men



Kory Williams, Derek Logan, David Schwein and Kelvin Wright (3:08.05).

2004: Matt Gieringer, 10,000-meter Run; 4x400-meter relay, Andre Douglas, David Turner, Arthur Cox, Derek Logan; Chris Mordecai, Pole Vault (15-11.00)
2003: Ben Botello, Decathlon (6,999 pts.)
2002: Ryan Lancon, Pole Vault (15-11.25)
2001: Detrion Woodson, 100-meter Dash (10.31); 4x400-meter Relay, Terrance Boatwright, Michael Krebs, Brian Stephenson, Arthur Cox.
2000: Arthur Cox, 400-meter Dash (46.53); Paul Ndachi, 5,000-meter Run (14:33.06); 10,000-meter Run (30:55.09); 4 x 400-meter Relay, Terrance Boatwright, Michael Krebs, Artie Breault, Arthur Cox

Big West Conference

(3:10.24)

1999: 4 x 100-meter Relay - Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson (39.50); Paul Ndachi, 5,000-meter Run (14:42.13)

Southland Conference

1993: James McGee, 5,000-meter Run (14:56.11) and 10,000-meter Run (31:01.03)

1992: James Lobdell, 400-meter Hurdles (52.24)
1991: Derrick Garrett, 3,000-meter Steeplechase
(9:13.82); Shane Burt, 1,500-meter Run (3:55.17)
1990: Dylan Fugitt, 5,000-meter Run (14:52.55)
1989: Tim Martin, 1,500-meter Run (3:49.81)
1988: Joey Chapman, 3,000-meter Steeplechase
(9:06.5); Johan Ngeny, 5,000-meter Run (14:44.0)
1987: Johan Ngeny, 5,000-meter Run (14:22.01)
1986: Johan Ngeny, 5,000-meter Run (14:37.57)
1983: Johnny Walker, 800-meter Run (1:48.6); Ron
Wakefield, 5,000-meter Run (14:38.94)

Missouri Valley Conference

1975: Phil Hall, Shot Put (56-10.5); John Gilford, Long Jump (25-10);

1974: 440-yard Relay - James Butler, Jim Carter, W.L. Mitchell, Deonzia Freeman (41.2); Joe Jubert, 120-yard Hurdles (14.2); Rod Cromeans, 880-yard Run (1:51.5); Ed Eberhart, 440-yard Hurdles (53.6); Chuck Mork, Six-mile Run (30:25.4); Jeff Foster, Pole Vault (15-7); John Gilford, Long Jump (24-7.5) and Triple Jump (52-5.75); Mile Relay - Ed Eberhart, Peter McDonald, Tom Wilkerson, James Butler (3:16.5) 1973: Joe Jubert, 120-yard Hurdles (14.3); Pat Curry, 880-yard Run (1:50.5); Abe Brown, Triple Jump (49.4.5); Mike Swonke, Pole Vault (15-0); 1972: Vernon Evans, 440-yard Dash (47.7); Dennis Lemmons, Shot Put, (54-9.75); Jim Parker, Discus (170-4); Bob Iverson, High Jump (6-8); Mile Relay - Sam Fous, tom Wilkerson, B.J. Lott, Vernon Evans (3:13.6)

1971: Dennis Stephens, 880-yard Run (1:51.8); Dennis Lemmons, Shot Put (53-4.25); Mile Relay - Oren Smith, Austin Salter, Dennis Stephens, Vernon Evans (3:13.9)

1970: Jimmy Jones, 440-yard Hurdles (53.0); Jove Gomez, Mile Run (4:12.9); Bob Vander Drift, Discus (157-9); Bill Schmidt, Javelin (265-6); Don Rohde,



Shot Put (54-.5)

1969: 440-yard Relay - Ed DeWitty, Dan Svatek, Vernon Evans, Mike Neeley (42.6); Bill Schmidt, Javelin (239-9)

1968: 440-yard Relay - Jimmy Jones, John Hagler, W.L. Wallace, Carl Jackson (42.3); Carl Jackson, 100yard Dash (9.7) and 220-yard Dash (21.6); Jim Jones, 440-yard Hurdles (54.5)

1967: 440-yard Relay-Louis Smith, Oscar Howard, John Hagler, Doyle Magee (42.4); Louis Smith, 120yard Hurdles; Doyle Magee, 220-yard Dash (21.7) and 440-yard Dash (47.2); Oscar Howard, 100-yard Dash (9.8); Mile Relay-Louis Smith, Joe Yalenty, John Hagler, Doyle Magee (3:16.5)

1966: 440-yard Relay - Louis Smith, Ira Daniels, Doyle Magee, Oscar Howard (41.7); Doyle Magee, 220-yard Dash (21.9); Louis Smith, 120-yard Hurdles (14.4); Calvin Bowser, Javelin (226-9.5); Ira Daniels, Triple Jump (45-5)

1965: 440-yard Relay - Avester Sheppard, Ira Daniels, Don Fox, Doyle Magee (41.6); Doyle Magee, 220-yard Dash (21.4); Henry Allen, 120-yard Hurdles (14.6); Ron Linscomb, Long Jump (25-0.75); Ira Daniels, Triple Jump (47-4)

1963: 440-yard Relay - (42.2); Calvin Bowser, Javelin (230-2); Dave Ballauer, Discus (142-1)

1962: Bill Argo, 100-yard Dash (9.5) and 220-yard Dash (21.5); Richard Menchaca, Mile Run (4:20.3); Dave Ballauer, Discus (147-7)

1961: Brothmer, 100-yard Dash (9.3); Cooper, Mile Run (4:15.2) and Two Mile Run (9:40.0)

1960: Cooper, Mile Run (4:10.5); Dave Clark, Pole Vault (14-1.25)

1959: John Cotten, 440-yard Dash (47.6); Grissom, 120-yard Hurdles (14.6); Dave Clark and Black, Pole Vault (13-7)

1958: 440-yard Relay - Fred Reuter, Fred Stuart, John Cotten, Jimmy Weaver (41.0); Jimmy Weaver, 100-yard Dash (9.6) and 220-yard Dash (21.2); John Cotten, 440-yard Dash (48.8); Andrews, Javelin (187-2.5); Mile Relay - (3:15.7)

1957: Andrews, Javelin (200-11); Mile Relay (3:17.8)

Gulf Coast Conference

1956: John Cotten, Long Jump (23-8.75) and 440yard Dash (48.1); Denny Andrews, Javelin (190-10.75); Bob Burch, Shot Put (45-10.5); Wade Fisk and Al Oglesby, High Jump (6-1)

Lone Star Conference

1949: 440-yard Relay - Luther Fambro, Ray Renfro, Charles Teague, Jerome Zabojnik (42.6)

1948: 440-yard Relay - Harlan Howell, Loyd Lowe, Ray Womack, Chick Adams; 880-yard Relay - Ted Ball, Luther Fambro; Bob Grundy, Wallace (1:33.8); Luther Fambro, Long Jump (24-0.5); Johnny Slack, Discus (140-3)

1942: Loyd Wood, Mile Run (4:28.6); Boyd Vaughn, 880-yard Run (1:58.5); Al Boatman, Discus (142-7); Al Mikeska, Javelin (204-2)

1940: Olvis Hicks, 220-yard Dash; Welby Williams, 100-yard Dash (9.8); Albert Mikeska, Javelin (202-11.25)

1937: Mile relay - James McDaniel, Harvey Bryant,

Johnny Jackson, Ed Rogers (3:15.4); 440-yard Relay -Johnny Jackson, Ed Rogers; Delmer Brown, 100-yard Dash (9.6); 220-yard Dash (20.7); Long Jump (23-6.25); Johnny Jackson, 440-yard Dash (48.9); Blaine Rideout, Mile Run (1:52.8)

└→ Individual Champions - Indoor

Sun Belt Conference

2010: Keith Talley, 55-meter dash, (6.24), 200-meter dash, (21.02), Jordan Wehr, Heptathlon, (5,075 pts.), 4 x 400-meter Relay, Keyth Talley, Reggie Hayter, Russell Sams, Montrell Pyron, (3:16.28)
2009: 4x400-meter relay, Darnell Greig, Montrell Pyron, Reggie Hayter, Keyth Talley (3:16.45)
2008: Temitayo Harriman - 800 Meter Run (1:53.46)
2007: Toby Edwards - High Jump (6-11)
2006: Mark Lee - High Jump (6-09.75)
2004: Jarrod Stone - High Jump

Southland Conference

1991: Dylan Fugitt, Mile Run (4:13.26) and Two-Mie Run (8:35.20)

1990: Dylan Fugitt, Two-Mile Run (9:04.00) **1989**: Dylan Fugitt, Mile Run (4:15.90) and Two-Mile Run (9:07.90)

1988: Jonah Ngeny, Mile Run (4:14.65) and Two-Mile Run (9:05.66)

1987: Jonah Ngeny, Two-Mile Run (9:00.49)

1984: Ron Wakefield, Two-Mile Run (9:08.69)

ash (23.62), 1987: Sandra Mondy (Triple Jump, 39-9.5); Rachel Austin, Long Jump Barr (Shot Put, 45-4; Javelin, 133-10); 4 x 400-meter meter dash (11.64), Relay (47.00)

→ Individual Champions - Indoor

Sandra Mondy, (Triple Jump, 41-8)

1990: Sandra Mondy, (Triple Jump, 40-10)

1988: Sherry Anderson (200-meter Dash, 23.98)

Sun Belt Conference

2010: Alysha Adams, 200-meter dash (24.01),
55-meter hurdles (7.91), Missy Barnes, 55-meter dash (6.96), 4 x 400-meter relay, Alysha Adams, Brittani
Simmons, Monica Dunn, Roshunda Pierson (3:53.23)
2009: Lauren Wiggins (55-meter Hurdles, 7.92);
4x400 Yard Relay- Shayla Hart, Monica Dunn, Chrystal Mitchell, Ciara Smith (3:47.91)

2008: Lauren Wiggins (55-meter Hurdles, 7.74); Shelley Hollingsworth (Pole Vault, 3.60); 4x440 Yard Relay (3:47.60), Shayla Hart, Racquel Hudson, Chrystal Mitchell, Ciara Smith

2007: Brandi Stanfield (Triple Jump, 41-10).2006: Brandi Stanfield (Triple Jump, 43-05.25)Heather Wood (Shot Put 46-02.5)

2005: Deidra Wesley (High Jump, 1.72m; Pentathlon, 3621 pts); Rhonda Williams (Long Jump, 5.91m); Stacy Orakpo (Shot Put, 14.50m)

2004: Jessica Schmidt (5000-meter run, 17:25.91; 3000-meter run, 9:58.90), Deidra Wesley (High Jump, 1.72m)

2003: Monica Coates (55-meter Hurdles, 8.22)
2002: Monica Coates (55-meter Hurldles, 7.96);
Maria Spencer (High Jump, 5-6); Latrecia Taylor (Shot Put, 46-2.5)

2001: Debbie Thornhill (5000-meter Run, 17:09.66)

Southland Conference

1992: Keri Glover (55-meter Hurdles, 8.04)1991: Keri Glover (55-meter Hurdles, 8.08)1987: Sandra Mondy (Triple Jump, 39-10.50); Angela Taylor (60-Yard Hurdles, 8.21)

→ Women's Team Titles

Sun Belt Conference (2) 2003......2005 (Indoor)

→ Women's Outdoor Team Finishes

Sun Belt Conference

Year	Place	Points
2010	Third	
2009	Fourth	
2008	Second	115
2007	Third	
2006	Third	
2005	Third	
2004	Second	143
2003	First	
2002	Third	
2001	Seventh	
2000	Sixth	

Big West Conference

1999	Eighth	
1998	Eighth	
	0	

Southland Conference

1995	Eighth	21
1994	Seventh	39
1993	Eighth	46
1992	.Sixth	32
1991	Fifth	51
1990	Seventh	34
1989	Fifth	43
1988	Fifth	54
1987	Second	95
1986	Sixth	28

→ Women's Indoor Team Finishes

Sun Belt Conference

Year	Place	Points
2010	Third	104.33
2009	Fifth	73
2008	Third	93
2007	Fourth	79.5
2006	Second	97
2005	First	111
2004	Second	
2003	Second	99
2002	Second	81
2001	Sixth	

Southland Conference

1996	Seventh	26
1995	Ninth	16
1994	Ninth	2.33
1993	Ninth	8
1992	Fifth	24
1991	Sixth	20.3
1990	Sixth	
1989	Fifth	22
1988	Fourth	
1987	Third	60

→ Individual Champions - Outdoor

Sun Belt Conference

2010: Alysha Adams, 200-meter dash (23.82), 100-meter hurdles (13.29), Ashley Austin, Long Jump (20-07.25), Brittany Blaylock, 100-meter dash (11.64), Ciara Smith, 400-meter dash (55.46), 4 x 100-meter relay, De'Ona Stafford, Alysha Adams, Missy Barnes, Brittany Blaylock (45.07)

2009: Lauren Wiggins (100-meter Hurdles, 13.40)
2008: Alysha Adams (100-meter Hurdles, 13.82);
4X400 Relay (3:39.89), Shayla Hart, Racquel Hudson, Chrystal Mitchell and Ciara Smith

2007: Brandi Stanfield (Triple Jump, 42-11.50); 4X400 Relay (3:40.16).

2006: Ryan Hill (High Jump, 5-8); Deidra Wesley (Hep, 4,966); Heather Wood (Shot put, 48-4);
2005: Bonnie McKernan (3,000-Steeplechase, 11:02.82)

2004: Deidra Wesley (Hep., HJ); Jessica Henderson (Discus); Ciji Brooks (Shot put, 100-meter hurdles, 13.91); 4X100 Relay (45.40), Chastidy Russell, Rhonda Williams, Ronniqua Wilson, Osaze Aghedo
2003: Rhonda Williams (Long Jump, 19-10.25); Tiffanie Jordan (Triple Jump, 41-3); Latrecia Taylor (Shot Put, 46-2.75); Jessica Henderson (Discus, 167-2); Lakisha Gentry (Javelin, 137-4).
2002: Latrecia Taylor (Shot Put, 44-3.25); Lisa Helm (400-Meter Hurdles, 1:00.89; Rhatisha Scott (Heptathlon, 4.695 points)

2001: Debbie Thornhill (5,000-meter Run, 17:05.47)
2000: Krista Davey (1,500-meter run, 4:37.69); 4 x
400-meter relay, Chiqueta Ellis, Cherri Rowe, Sazelle Grimes, Dore'Ann Atkinson (3:42.02)

Big West Conference

1999: Dionte Campbell (Triple Jump, 41-4.25)1997: 4 x 400-meter relay (MeShelley Sams, Charnita Williams, Brandie Riggs, Valerie Clary)

Southland Conference

1994: Traci Logan (400-meter Hurdles, 1:00.60); Nicole Hyles (Javelin, 140-3)

1991: Charletta Gaines (200-meter Dash (24.53);

RECORDS → conference/champions/women



→ All-Conference Honors

SOUTHLAND CONFERENCE 1983 Outdoor, Beaumont, Texas

Johnny Walker (800-meter Run); Ron Wakefield (5,000-meter Run); Matt Boit (1500-meter Run); Lynn Howe (400-meter Hurdles)

RECORDS

1984 Indoor, Monroe, LA Ron Wakefield (Two-Mile Run)

1986 Outdoor, Arlington, Texas Jonah Ngeny (5,000-meter Run)

1987 Indoor, Monroe, LA Jonah Ngeny (Two-Mile Run); Sandra Mondy (Triple Jump)

1987 Outdoor, Denton, TX Sandra Mondy (Triple Jump); Rachel Barr (Shot Put, Javelin); Jonah Ngeny (5,000-meter Run)

1988 Indoor, Monroe, LA Jonah Ngeny (Mile Run, Two-Mile Run)

1988 Outdoor, Natchitoches, LA

Sherry Anderson (200-Meter Dash); Joey Chapman (3000-meter Steeplechase); Jonah Ngeny (5,000-meter Run)

1989 Indoor, Monroe, LA Dylan Fugitt (Mile Run, Two-Mile Run)

1989 Outdoor, Huntsville, Texas Tim Martin (1,500-meter Run)

1990 Indoor, Monroe, LA Dylan Fugitt (Two-Mile Run)

1990 Outdoor, San Marcos, TX

Sandra Mondy (Triple Jump); Dylan Fugitt (5,000meter Run)

1991 Indoor, Monroe, LA

Dylan Fugitt (Mile Run, Two-Mile Run); Keri Glover (55-Meter Hurdles)

1991 Outdoor, Nacogdoches, TX

Sandra Mondy (Triple Jump); Charletta Gaines (200-Meter Dash); Shane Burt (1,500-meter Run); Derrick Garrett (3000-meter Steeplechase)

1992 Indoor, Monroe, LA Keri Glover (55-Meter Hurdles)

1992 Outdoor, Arlington, Texas James Lobdell (400-meter Hurdles)

1993 Outdoor, Monroe, LA James McGee (10,000-meter Run)

1994 Indoor Jeff Randle (High Jump)

1994 Outdoor, Lake Charles, LA Nicole Hyles (Javelin); Traci Logan (400-Meter Hurdles)

1995 Outdoor,Lake Charles, LA Jeff Randall [HJ]

1996 Outdoor, Natchitoches, LA

Frank Sykora [PV]; Andre Steele (4x400); Jeff Hudson (4x400); Artario Morgan (4x400); Tramoine Baker (4x400)

BIG WEST CONFERENCE

1997 Outdoor, Irvine, CA Brandy Wylie [Hep]; Stony Marquis [HJ]; Valerie Clary

[4X400]; MeShelley Sams [4X400]; Charnita Williams [4 X 400]; Brandie Riggs [4 X 400]

1998 Outdoor, Boise, ID Chiqueta Ellis [400]

1999 Outdoor, Fullerton, CA

Teddy Sondota [Dec]; Tramoine Baker [TJ]; Tramaine Baker [4 X 100]; Jeff Hudson [4 X 100]; Carlos Taylor

X 100]; Paul Ndachi [5000]; Artie Breault [800]; Jeff Hudson [100]; Detrion Woodson [100]; Dionte Campbell [TJ]; Chiqueta Ellis [400]; Chiqueta Ellis [200]

1999 Cross Country, Denton, TX Paul Ndachi; Brandi Orozco

2000 Cross Country, Sacramento, CA (BW) Paul Ndachi

SUN BELT CONFERENCE 2000 Outdoor, Miami, FL

Chiqueta Ellis [200; 400]; Krista Davey [1500]; Keri Schneider [1500]; Dionte Campbell [TJ]; Candace Rowe [LJ] Arthur Cox [400; 4 X 400]; Terrance Boatwight [400; 4 X 400]; Artie Breault [800; 4 X 400]; Paul Ndachi [10K; 5K; 1500]; Jerome Carrothers [SP; DT]; Parrish Johnson [SP]; Michael Krebs [4 X 400]

2000 Cross Country, Little Rock, AR

Edmond Chapa; Nick Mokashi; Matt Gieringer

2001 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Edmond Chapa (3K; 5K); Arthur Cox (400); Sammy Dabbs (55H); Kyle King (5k); Gerald Shepherd (LJ; TJ); Maria Spencer (HJ); Debbie Thornhill (3K; 5K);

2001 Outdoor, New Orleans, LA

Edmond Chapa [10k; 5k]; Jerome Carrothers [SP; DT]; Debbie Thornhill [3k; 5k]; Maria Spencer [HJ]; Detrion Woodson [100]; Arthur Cox [400; 4X400]; Kyle King [1500]; ReMarcus Smith [110H]; Terrance Boatwright [4X400]; Michael Krebs [4X400]; Brian Stephenson [4X400]

2001 Cross Country, Bowling Green, KY Debbie Thornhill; Kyle King; Edmond Chapa

2002 Indoor, Murphreesboro, TN

Jerome Carrothers (SP); Sammy Dabbs (55H); Ryan Lancon (PV); Gerald Shepherd (TJ); Jarrod Stone (HJ); Ananka Clark (200); Monica Coates (55H); Lakisha Gentry (SP); Maria Spencer (HJ); LaTrecia Taylor (SP)

2002 Outdoor, New Oreleans, LA

Justin Bowers [Dec]; Rhatisha Scott [Hep]; Nick Mokashi [10K]; Adrian Awasom [DT]; Jerome Carrothers [SP]; Ron Paris [SP]; Jessica Shockley [HJ]; La'Trecia Taylor [SP]; Ryan Lancon [PV]; Chris Mordecai [PV]; Lakisha Gentry [JT]; Jarrod Stone [HJ]; Ananka Clark [100]; Monica Coates [100H]; David Turner [400; 4 X 400]; Lisa Helm [400H]; Stephanie Allen [400H]; Cherri Rowe [4X400]; Erika Washington [4X400]; Kim Brown [4X400]; Norman Clay [4X400]; Terrance Boatwright [4X400]; Michael Krebs [4X400]

2003 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Ryan Lancon (PV); Jarrod Stone (HJ); David Turner (400); Ciji Brooks (55H); Ananka Clark (55); Rhatisha Scott (55H); LaTrecia (SP); Deidra Wesley (HJ).

2003 Outdoor, Denton, TX

Ben Botello (Dec); Arthur Cox (400); Michael Krebs (800); Ryan Lancon (PV); Jerome Carrothers (SP; DT); Ron Paris (DT); Jahnisha Warren (100H); Ciji Brooks (SP; 100H); Ananka Clark (100; 200); Rhonda Williams (LJ); Chelsea Creech (HJ); Jessica Shockley (HJ); Tiffanie Jordan (TJ); LaTrecia Taylor (SP); Jessica Henderson (DT); LaKisha Gentry (JT); Rhatisha Scott (HEP); Deidra Wesley (HEP)

2003 Cross-Country, Bowling Green, KY

Josh Rogers; Matt Gieringer; Bonnie McKernan

2004 Indoor, Murfreesboro, TN

Lee Porter (800); Jarrod Stone (HJ; LJ); David Turner (400); Ciji Brooks (55H); Ryan Hill (HJ); Ashley Porter (PV); Jessica Schmidt (5K; 3K; Mile); Deidra Wesley (HJ)

2004 Outdoor, Denton, TX

Deidra Wesley (Hep., HJ); Jessica Henderson (Disc); Ciji Brooks (SP; 100H); Jessica Shockley (HJ); Katrina Couch (HJ); Ryan Hill (HJ); Erika Washington (800); Stephanie Alen (400H); Tiffanie Jordan (TJ); Chastidy Russell (4 X 100); Rhonda Williams (4 X 100; 4 X 400); Roniqua Wilson (4 X 100); Osaze Aghedo (4 X 100); Adrian Awasom (disc); Matt Gieringer (10k); Jarrod Stone (LJ; HJ); Andre Douglas (4 X 400; 400); David Turner (4 X 400; 400); Arthur Cox (4 X 400); Derek Logan (4 X 400); Justin Kauffman (800); Kory Williams (400H); Chris Mordecai (PV); Josh Rogers (5k)

2004 Cross-Country, Little Rock, AR

Jill Brennan; Justin Kauffman

2005 Indoor, Jonesboro, AR

Ciji Brooks (55H); Ryan Hill (HJ); Bonnie McKernan (3000; 5000); Stacy Orakpo (SP); Deidra Wesley (HJ; Pent.) [Exhibition] ; Rhonda Williams (LJ);

2005 Outdoor, New Orleans LA

Mark Lee (HJ); Frank Ngeno (SC); Heath Smith (JT); Jarrod Stone (LJ); Kory Williams (400H); David Schwein (4 X 100; 4 X 400); Derek Logan (4 X 100; 4 X 400); Brandon Irabor (4 X 100); Johnny Quinn (4 X 100); Brandon Woodard (4 X 400); Kelvin Wright (4 X 400); Osaze Aghedo (100); Ciji Brooks (SP); Ryan Hill (HJ); Bonnie McKernan (SC; 5K); Rachael Runnels (200); Cassie Storms (5K); Rhonda Williams (LJ)

2005 Cross-Country, Bowling Green, KY Jill Brennan; Frank Ngeno

2006 Indoor, Murfreesboro, TN

Brandon Irabor (200); Mark Lee (HJ); Kelvin Wright (4X400; DMR); Ciji Brooks (SP); Chi Chi Echebelem (400); Ryan Hill (HJ); Brandi Stanfield (LJ;TJ); Deidra Wesley (PENT); Heather Wood (SP)

2006 Outdoor, Lafayette, LA

Ciji Brooks (SP); Ryan Hill (HJ); Brandi Stanfield (LJ); Cassie Storms (10k); Deidra Wesley (HEP; HJ); Heather Wood (SP); Mark Lee (HJ); Frank Ngeno (Steeple); David Schwein (400; 4X100); Heath Smith (JT);

2006 Cross-Country, Little Rock, AR Frank Ngeno

2007 Indoor, Jonesboro, AR

Toby Edwards (HJ); Josh Papagno (PV); Heath Smith (SP); Byron Washington (55); Brandi Stanfield (TJ; LJ); Alana Tyler (WT); Heather Wood (SP)

2007 Outdoor, Lafayette, LA

Toby Edwards (HJ); Tayo Harriman (800); Frank Ngeno (Steeple); Josh Papagno (PV); Heath Smith (SP; JT); Toby Zelt (PV); Ryan Hill (HJ); Brandi Stanfield (TJ); Lauren Wiggins (100H); Heather Wood (SP); Chi Chi Echebelem (4 X 400); Keisha Hornsby (4 X 400); Shayla Hart (4 X 400); Ciara Smith (4 X 400)

2007 Cross-Country, Bowling Green, KY

Frank Ngeno; Patrick Strong

2008 Cross Country, Bowling Green, KY Patrick Strong

2008 Indoor, Murfreesboro, TN

Toby Edwards (HJ); Temitayo Harriman (800); Josh Papagno (PV); Alysha Adams (55H); Christal Brewseter (PV); Shelley Hollingsworth (PV); Brandi Stanfield (TJ); Alana Tyler (WT); Lauren Wiggins (55H; 55); Shayla Hart (4X400); Racquel Hudson (4X400); Christal Mitchell (4X400); Ciara Smith (4X400)

2008 Outdoor, Denton, TX

Toby Edwards (HJ); Tayo Harriman (800); Jermaine Jamison (HJ); Ryan Varner (200; 400; 4X400); Toby Zelt (PV); Kelvin Wright (4X400); Darnell Greig (4X400); Reggie Hayter (4X400); Alysha Adams (HEP; 100H); Shelly Hollingsworth (PV); Rachael Runnels (200; 100; 4X100); Ciara Smith (400, 4X400); Alana Tyler (HT); Lauren Wiggins (100); Shayla Hart (4X400); Chi Chi Echebelem (4X400); Chrystal Mitchell (4X400)

2009 Cross Country, Monroe, LA Patrick Strong

2009 Indoor, Jonesboro, AR

Christal Brewster (PV); Monica Dunn (4X400), Darnell Greig (4X400), Shayla Hart (4X400), Reggie Hayter (800; 4X400), Chrystal Mitchell (4X400), Josh Papagno (PV), Montrell Pyron (4X400), Brittani Simmons (200), Ciara Smith (400; 4X400), Keyth Talley (200; 4X400), Jordan Wehr (HEP), Lauren Wiggins (55H)

2009 Outdoor, Murfreesboro, TN

Sara Dietz (800); Toby Edwards (HJ); Jermaine Jamison (HJ); Brittani Simmons (100; 200); Ciara Smith (400); Keyth Talley (200), Andrew Turner (DEC); Jordan Wehr (PV); Lauren Wiggins (100H, 100)

2010 Cross Country, Monroe, LA Patrick Strong

2010 Indoor, Murfreesboro, TN

Alysha Adams (200, 55 H, 4x400); Justin Anderson (55); Lonnie Bacon (TJ); Misssy Barnes (55); Brittany Blaylock (55, 200); Monica Dunn (4x400); Reggie Hayter (4x400, 800); Roshunda Pierson (4x400, DMR); Montrell Pyron (4x400); Russell Sams (4x400); Brittani Simmons (44, 4x400); Suzy Prikryl (HJ); Keyth Talley (55, 200, 4x400); Jordan Wehr (Heptathlon, HJ)

2010 Outdoor, Denton, TX

Alysha Adams (200, 100 H, 4x100); Ashley Austin (LJ); Missy Barnes (4x100); Brittany Blaylock (100, 200, 4x100); Darnell Greig (400); Jermaine Jamison (HJ); Matt Peters (800); Roshunda Pierson (400 H); Ciara Smith (400); De'Ona Stafford (4x100); Jordan Wehr (Decathlon); Steven White (400 H)

→ NCAA Participants

2010 West Preliminaries

Alysha Adams (4x100, 100 H, 100); Ashley Austin (LJ); Lonnie Bacon (TJ); Missy Barnes (4x100, 100); Brittany Blaylock (4x100, 100, 200); Darnell Greig (4x400); Reggie hayter (4x400); Jermaine Jamison (HJ); Eron Phillips (LJ); Roshunda Pierson (400 H); Montrell Pyron (4x400); Brittani Simmons (4x100, 100); Keyth Talley (100, 200, 4x400); Steven White (400 H)

2009 NCAA Midwest Regionals

Finals: Jordan Wehr, pole vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 99.83); Alysha Adams, 100m hurdles (sixth place, 13.70); Brock Stickler, discus (10th place, 175-00)

Keyth Talley (200, 4x100), C.J. Fowler (4x100), Ryan Varner (4x100), Byron Washington (4x100), Jermaine Jamison (HJ), Brock Stickler (discus), Jordan Wehr (pole vault), Alysha Adams (100 hurdles), Ashley Austin (Long Jump), Christal Brewster (Pole Vault), Shayla Hart (4x400), Chrystal Mitchell (4x400), Brittani Simmons (100, 200, 4x400), Ciara Smith (400, 4x400), Alana Tyler (Hammer Throw)

2009 NCAA Midwest Regionals

Finals: Jordan Wehr, pole vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 99.83); Alysha Adams, 100m hurdles (sixth place, 13.70); Brock Stickler, discus (10th place, 175-00)

2008 NCAA Midwest Regionals

Finals: Ciara Smith, 400 (fifth place, 53.41), 4x400 (fifth place, 3:37.18); Chi Chi Echebelem, 4x400 (fifth place, 3:37.18); Shayla Hart, 4x400 (fifth place, 3:37.18); Chrystal Mitchell , 4x400 (fifth place, 3:37.18); Alysha Adams, 100H (seventh place, 13.98); Brandi Stanfield, TJ (14t place, 41-01.00); Kelvin Wright, 4x100 (eighth place, 3:08.37); Ryan Roberson, 4x100 (eighth place, 3:08.37); Brandon Irabor, 4x100 (eighth place, 3:08.37); Byron Washington, 4x100 (eighth place, 3:08.37)

Temitayo Harriman (800), Jermaine Jamison (HJ), Ryan Varner (200, 400), Kelvin Wright (4x100), Ryan Roberson (4x100), Brandon Irabor (4x100), Byron Washington (4x100), Lauren Wiggins (100 H, 4x100), Rachael Runnels (4x100), Alysha Adams (100H, 4x100), Keisha Hornsby (4x100), Brandi Stanfield (TJ), Chi Chi Echebelem (4x400), Shayla Hart (4x400), Chrystal Mitchell (4x400), Ciara Smith (400, 4x400)

2007 NCAA Midwest Regionals

Finals: Heath Smith, Javelin (second place, 65.62); Brandi Stanfield, triple jump (eighth place, 12.76); Ciara Smith, 4x400 (eighth place, 3:40.05); Chi Chi Echebelem, 4x400 (eighth place, 3:40.05); Keisha Hornsby, 4x400 (eighth place, 3:40.05); Shayla Hart, 4x400 (eighth place, 3:40.05)

Toby Edwards (High Jump), Mark Lee (High Jump), Heath Smith (Javelin, Shot Put), Ryan Varner (200), Chi Chi Echebelem (4x100, 4x400), Shayla Hart (4x400, Ryan Hill (High Jump), Keisha Hornsby (4x100, 4x400), Lisa Nolting (4x100), Rachael Runnels (4x100), Ciara Smith (4x400), Brandi Stanfield (Triple Jump), Lauren Wiggins (100H), Heather Wood (Shot Put)

2006 NCAA Midwest Regionals

Finals: Heath Smith, Javelin (eighth place, 202-feet-9inches); Brandi Stanfield, triple jump (seventh place, 42-feet-2-1/4), Deidre Wesley, High Jump (seventh place, 5-feet-9-1/4); Heather Wood, shot put (10th place, 48-1/2); Mark Lee, high jump (16th place, 6-feet-9); Frank Ngeno, 3,000-Meter Steeplechase (15th place, 9:31.55).

Frank Ngeno (3,000-Meter Steeplechase), David Schwein (4x100), Brandon Irabor (4x100), Ryan Roberson (4x100), Johnny Quinn (4x100), Tim Musomba (4x100), Kelvin Wright (4x100), Mark Lee (High Jump), Heath Smith (Javelin), Rachael Runnels (100, 4x100), Ciji Brooks (100H, Shot Put), Chastidy Russell (4x100), Keisha Hornsby (4x100), Chi Chi Echebelem (4x100), Brandi Stanfield (4x100, Triple Jump), Lisa Nolting (4x100), Ryan Hill (High Jump) Deidra Wesley (High Jump), Heather Wood (Shot Put)

2005 NCAA Midwest Regionals

Finals: Kory Williams, 400 H (fifth place, 51.11); David Schwein, 4x100 (11th place, 40.42); Derek Logan, 4x100 (11th place, 40.42); Brandon Irabor, 4x100 (11th place, 40.42); Johnny Quinn, 4x100 (11th place, 40.42); Brandon Woodard, 4x400 (fourth, 3:08.21); David Schwein, 4x400 (fourth, 3:08.21); Derek Logan, 4x400 (fourth, 3:08.21); Kelvin Wright 4x400 (fourth, 3:08.21); Chastidy Russell, 4x400 (10th place, 3:41.42); Chi Chi Echebelem, 4x400 (10th place, 3:41.42); Chrystal Mitchell, 4x400 (10th place, 3:41.42); Rhonda Williams, 4x400 (10th place, 18-11.75); Ciji Brooks, 100H (11th place,



RECORDS → all-conference

RECORDS→ all-time honors

13.78); Bonnie McKernan, 3,000-meter steeplechase (13th, 11:28.23); Ciji Brooks, shot put (17th place, 43-05.00).

Brandon Irabor (4 X 100), Mark Lee (High Jump), Derek Logan (4x100, 4x400), Johnny Quinn (4x100), Ryan Roberson (4x100), David Schwein (4x100, 4x400), Jarrod Stone (Long Jump), Bryant Williams (4x400), Kory Williams (400H, 4x400), Brandon Woodard (4x400), Kelvin Wright (4x400, 4x100), Osaze Aghedo (4 X 100), Ciji Brooks (Shot Put, 100 Hurdles), Chi Chi Echebelem (4x100), Racquel Hudson (4x400), Bonnie McKerran (3000 Steeplechase), Chrystal Mitchell (4x400, 4x100), Rachel Runnels (200, 4x100), Chastidy Russell (4x100, 4x400) Wesley, Deidra (High Jump), Rhonda Williams (Long Jump, 4x100, 4 X 400)

└→ Coach of the Year

Sun Belt Conference

2000	Rick Watkins (Men's Team)		
2002	Rick Watkins (Men's Team)		
2003	Rick Watkins (Women's Team)		
2005	Rick Watkins (Women's Team)		
South Central Region			
2002	Rick Watkins (Men's Team)		
→ Freshman of the Year			

Sun Belt Conference

Keyth Talley (Indoor, Outdoor)
Alysha Adams (Indoor, Outdoor)
Brandi Stanfield (Indoor)
Brandi Stanfield (Outdoor)

→ Outstanding Field Performer

Sun Belt Conference

2006	Brandi Stanfield (Indoor)
2004	Rhonda Williams (Co-Honors, Outdoor)

Southland Conference

1987	Rachel Barr	(Outdoor)
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→ Outstanding Track Performer

Southland Conference

1991	Dylan	Fugitt	(Indoor)

Sun Belt Conference

2010	Alysha Adams (Outdoor)
2010	Keyth Talley (Indoor)
2004	Jessica Schmidt (Indoor)
2000	Paul Ndachi (Outdoor)

→ Individual High-Point Scorer

Southland Conference

1988 Sherry Anderson (Outdoor, 28 points)

Sun Belt Conference

2010	Alysha Adams (Outdoor)
2004	Jessica Schmidt (Indoor)
2000	Paul Ndachi (Outdoor)

→ NCAA All-American

2006	Brandi Stanfield (Indoor, Triple Jump)
2001	Detrion Woodson (Outdoor, 100 Meters)
1982	Donna Thomas (Outdoor, Long Jump)

→ Academic All-American

ESPN The Magazine

2007 Heath Smith, First Team2006 Heath Smith, Second Team

→ Division I All-Academic Track and Field Team

2009 Christal Brewster, Shayla Hart, Brittani Simmons, Alana Tyler

→ Division I All-Academic Track and Field Teams

2009 Women's Track & Field

→ North Texas At National Championships

NCAA Track & Field Championship

Outdoor

2010: Alysha Adams, 100-meter hurdles (17th-place finish); Women's 4x100-meter relay team (Brittani Simmons, Alysha Adams, Missy Barnes, Brittany Blaylock) 11th-place finish

CORDS

national championships

2009: Jordan Wehr, Pole Vault (15th-place finish); Men's 4X100-meter relay team (Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler) 11th-place finish 2008: Toby Edwards, High Jump (18th-place finish); Ciara Smith, 400-meter dash (25th-place finish)

2007: Heath Smith, Javelin (22nd-place finish)

2006: Brandi Stanfield, Triple Jump (18th-place finish)

2005: Kory Williams, 400-meter hurdles (24th-place finish

2003: Ananka Clark, 100-meter dash. (24th-place finish)

2001: Detrion Woodson, 100-meter dash. (advanced to semifinals)

1999: Men's 4 x 100-meter relay team (Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson) - DNF in preliminaries.

1988: Sherry Anderson, long jump, did not advance to finals

1983: Donna Thomas, long jump, 4th (20-8.75); Johnny Walker, 800-meter run (did not advance to finals); Lynn Howe, 400-meter hurdles (did not advance to finals); 4 x 400-meter relay (Lynn Howe, Doug Jackson, Richard Pace, Johnny Walker, did not advance to finals)

1980: Rudy Levarity, 100-meter dash (advanced to semifinals), 200-meter dash (7th, 20.5)

1982: Donna Thomas, long jump (5th, 21-2.5)

1970: Bill Schmidt, javelin, second place (267-11)

Indoor

2010: Keyth Talley, 60-meter dash (13th place)2008: Lauren Wiggins, 60-meter Hurdles (14th place)

2006: Brandi Stanfield, Triple Jump (11th place)

AIAW National Championship

Indoor

1982: Donna Thomas, long jump (1st, 20-8.5)

1980: 1,000-meter run, Leana Hocking (2nd, 2:44.49); Mile relay (3rd, 3:45.29, Joan Bennett, Debra Pinnix, Leana Hocking, Julie Bergeron)

Outdoor

1982: Donna Thomas, long jump (2nd, 21-0); McDonald, 100-meter dash (4th, 11.86); 800-meter sprint medley relay (Donna Thomas, Anita Whitley, Sharon McDonald, Ella Smith, 2nd, 1:42.20)

1981: Donna Thomas, long jump (1st place)

→ Junior USA Championship

2010: Steven White, 400-meter hurdles (51.19) - silver medal
2009: Keyth Talley, 200-meter dash (20.86) - gold medal
2006: Brandi Stanfield, Triple Jump
2000: Sammy Dabbs, 110H
1999: Maria Spencer, High Jump
1999: Dionte Campbell, Triple Jump (41.6 (+) - silver medal

→ Pan American Junior Championship

2010: Steven White, 400-hurdles (51.19) - Silver Medal
2010: Darnell Greig, 400 meter, 4x400 meter relay
2009: Keyth Talley, 200-meter dash (20.78) - silver medal; 4x100 relay (of 39.06)* - gold medal
* championship record
1999: Dionte Cambell - Triple Jump

→ Coaching History

1921-28	. Theron J. Fouts
1929-41C	Choc Sportsman
1942	Bill Cooper
1943	Lloyd Russell
1944	No Team
1945-46	Bill Cooper
1947	Odus Mitchell
1948-71 Wint	ton "Pop" Noah
1971-73	Carl Babcock
1973-82	.John McKenzie
1983-96	Ken Garland
1997-present	Rick Watkins

RECORDS cross country

2. Middle Tennessee	76
3. South Alabama	97
4. Western Kentucky	124
5. ULM	162
6. North Texas	167
7. Florida Atlantic	172
8. Arkansas State	175
8. Troy	175
10. Florida International	235
11. Louisiana-Lafayette	299

2010 Sun Belt Conference Championship

October 30, 2010 / Bowling Green, Ky.

Top 10 Finishers (All-Conference Runners)

1. Shadrack Kipchirchir (WKU)	24:33.1
2. Deus Rwaheru (WKU)	24:52.7
3. Festus Chemaoi (MTSU)	25:02.8
4. Jonathan Cherono (UALR)	25:07.5
5. Johnny Purvis (UALR)	25:18.7
6. Enock Kirui (Troy)	25:24.7
7. Daniel Mutai (ULM)	25:29.8
8. Patrick Strong (NT)	25:34.1
9. Dustin Mettler (UALR)	25:42.5
10. Scott Lasiter (USA)	25:44.6

North Texas Results

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<u>Men / 8K</u> **Team Results**

8. Patrick Strong	25:34.1
26. Adrian Nevarez	26:49.3
30. Matt Russ	27:09.6
41. Wade Denton	27:59.9
67. Eric Thompson	29:58.5
71. Nick Mahoy	30:30.0

Women / 5K

((onion) or	
Team Results	
1. Westen Kentucky	
2. Florida Atlantic	
3. Arkansas State	94
4. Middle Tennessee	
5. South Alabama	154
6. North Texas	157
7. Troy	
8. UALR	
9. Florida International	
10. ULM	
11. Louisiana-Lafayette	

Top 10 Finishers (All-Conference Runners)

1. Marion Kandie (WKU)	17:34.3
2. Vasity Chemweno (WKU)	17:43.5
3. Friederike Feil (FAU)	17:48.9
4. Kristna Aubert (ASU)	18:01.0
4. Michelle Finn (WKU)	18:01.0
6. Rebcca Hallam (FAU)	18:15.0
7. Ingrid Mollenkopf (NT)	18:20.8
8. Tori Lawson (USA)	18:26.4
9. Deanna Brasz (MTSU)	18:37.0
10. Sara Dietz (NT)	18:43.1

North Texas Results

7. Ingrid Mollenkopf18:2	0.8
10. Sara Dietz	3.1
34. Sallie Anderson19:5	0.8
48 Chelsea Hermes20:2	3.4
60. Amy Alcala20:5	5.6
66. Sarah Workman21:1	8.1

→ 2010 North Texas Top Finishes

Men

Baylor Twilight Invitational (6K)	Patrick Strong, 6th, 19:00.2
UTA Season Opener	Patrick Strong, 2nd, 20:19.82
Ken Garland Invitational (8K)	Patrick Strong, 1st, 24:50.00
Centenary Invitational (8K)	Patrick Strong, 1st, 25:02.00
Sun Belt Cross Country Championships (8K)	Patrick Strong, 8th, 25:34.1
NCAA South Central Championships (10K)	Patrick Strong, 29th, 31:56.6
Women	
Baylor Twilight Invitational (4K)	Ingrid Mollenkopf, 18th, 14:59.4
UTA Season Opener	Ingrid Mollenkopf, 11th, 11:43.42
Ken Garland Invitational (5K)	Ingrid Mollenkopf, 1st, 18:42.84
Centenary Invitational (6K)	Ingrid Mollenkopf, 1st, 22:10.00
Sun Belt Cross Country Championships (5K)	Ingrid Mollenkopf, 7th, 18:20.8
NCAA South Central Championships (6K)	Ingrid Mollenkopf, 40th, 21:40.6

All-Time Records ╘

Men / 8-K

1. Patrick Strong (2007)	.24:38
2. Paul Ndachi (1999)	.24:49
3. Patrick Strong (2010)	.25:50
4. Paul Ndachi (1999)	.24:56
5. Patrick Strong (2010)	25:02
6. Paul Ndachi (1999)	25:08
7. Paul Ndachi (1998)	25:12
8. Frank Ngeno (2006)	25:14
9. James McGee (1993)	25:16
10. Patrick Strong (2007)	25:17
11. Duane Stice (1992)	.25:25
Patrick Strong (2007)	.25:25
13. Stephen Murphy (1991)	25:26
Patrick Strong (2008)	
15. John Gardiner (1993)	.25:29

Women / 6-K

1. Debbie Thornhill (2001)21:11
2. Jessica Schmidt (2003)21:42
3. Ingrid Mollenkopf (2010)22:10
4. Brandi Orozco (2000)22:28
5. Dagmar Salazar (2003)22:33
6. Ingrid Mollenkopf (2009)22:38
7. Bonnie McKernan (2003)22:58
8. Jill Brennan (2005)22:59
9. Sara Dietz (2008)23:05
10. Cassie Storms (2005)23:13
11. Jill Brennan (2004)23:19
12. Dagmar Salazar (2002)23:28
13. Jill Brennan (2005)23:35
14. Cassie Storms (2005)23:38
15. Alex Sherwin (2005)23:46

Women / 5-K

1. Debbie Thornhill (2001)17:44
2. Tischa Russell (1994)18:03
3. Brandi Orozco (1998)18:04
4. Sherri Painter (1982)18:06
5. Jessica Schmidt (2003)18:09
6. Brandi Orozco (1998)18:12
7. Jill Brennan (2005)18:16
8. Ingrid Mollenkopf (2010)18:20
9. Tischa Russell (1996)18:27
10. Jill Brennan (2004)18:32
11. Ingrid Mollenkopf (2010)18:42
12. Ingrid Mollenkopf (2009)18:44
13. Cassie Storms (2005)18:45
14. Michelle Gallegos (2006)18:48
15. Kymi Quackenbush (1994)18:49

└→ All-Time Champions

Individual

Men

Missouri Valley Conference	
John Cooper1960	
Southland Conference	
Jonah Ngeny1986	
Dylan Fugitt	
Women	
Sun Belt Conference	
Debbie Thornhill2001	
Conference	

Man

Men	
Lone Star Conference	32
Lone Star Conference	32
Lone Star Conference	34
Southland Conference	36
Southland Conference	87
Southland Conference	38
Southland Conference	90
Southland Conference	91
Southland Conference	94
Sun Belt Conference	00

Women

Southland Conference	
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→ All-Time Results

Sun Belt Conference (Men)

2010	Sixth	167
2009	Fourth	158
2008	Third	110
2007	Second	75
2006	Third	
2005	Tied Second	75
2004	Fifth	126
2003	Third	82
2002	Fifth	118
2001	Second	
2000	First	

Big West Conference (Men)

0		•	
1999	Eighth		
1998	Fifth		
1997	Seventh		

Southland Conference (Men)

	. ,	
1995	Eighth	
1994	First	68
1993	Third	95
1992	Second	74
1991	First	
1990	First	
1989	Second	
1988	First	
1987	First	
1986	Tied for First	

RECORDS cross country



1985	Third	66
1984	Second	61
1983	Fourth	
Sun Belt	Conference (Women)	
2010	Sixth	
2009	Third	
2008	Fourth	113
2007	Sixth	
2006	Seventh	
2005	Fourth	
2004	Fifth	
2003	Second	91
2002	Fifth	118
2001	Fifth	
2000	Seventh	

Big West Conference

1999	Eleventh	1
1998	Eleventh250)
1997	Tenth	5

Southland Conference

1995	Second	
1994	Fifth	133
1993	Fourth	151
1992	Fourth	
1991	Seventh	154
1990	Second	
1989	First	
1988	Seventh	
1987	Fifth	117
1986	Sixth	131
1985	Sixth	

└→ All-Time Honors Coach of the Year

Southland Conference

1994	Ken Garland (men)
1991	Ken Garland (men)
1990	Ken Garland (men)
1989	Ken Garland (women)

Athlete of the Year

Southland Conference 1989 Dylan Fugitt

Freshman of the Year

Sun Belt Conference 2007 Patrick Strong 2008 Sara Dietz



EVENT	NAME, SCHOOL	TIME/MARK	DATE
100 Meters	Monzavous Edwards, Bevill State		June 23, 2000#
200 Meters	Steve SLowly, New Era Spring		April 27, 2006
400 Meters	Deon Miner		May 20, 1995
800 Meters	Jackson Langat, TCU		April 15, 2006
1500 Meters	Russell Mangum, UL Monroe		April 25, 1987
3000-M Steeplechase	Gary Lackey, Unattatched		April 27, 2006
			1
High Jump	Robert Jordan, Millville, NJ		June 20, 1999#
Pole Vault	Scott Shaffer, Arkansas State		April 25, 1987
Long Jump	Andre Ester, UL Monroe		April 25, 1987
Old Javelin	Bill Schmidt, North Texas		
New Javelin	Kyle Kent, UL Monroe		May 5, 2008#
Hammer	Thomas Freeman, East Greenwich, RI		June 20, 1999#
Shot Put	James Parman, UL Monroe		April 25, 1987
Decathlon	Ben Botello, North Texas	6,999	May 11, 2003

Men

Women

EVENT	NAME/SCHOOL	TIME/MARK	DATE
100 Meters			May 5, 2008
200 Meters	Tiffany Townsend,		
	Monique Henderson, MLK Blasters		
	Erin Bedell, Baylor		
1500 Meters	Alejandra Barrientos, San Lorenzo, CA		June 20, 1999#
3000 Meters	Silje Fjortoft, SMU		April 11, 2008
5000 Meters	Mary Davies, Oklahoma State		April 27, 2006
10,000 Meters	Marion Kandie, WKU		May 9. 2010
	Delloreen London		1
400-M Hurdles	Sheena Johnson, Garfield, VA		June 24, 2000#
3000-M Steeplechase	Michelle Finn, Western Kentucky		May, 9, 2010
	Unattached		
	North Texas		
High Jump	Gaelle Niare, SMU		April 27, 2006
Long Jump			May 20, 1995
Triple Jump	, Middle Tennessee		
Javelin	Kendra Wecker, Marysville, KS		June 23, 2000#
Hammer	Caroline Soong, UCLA		June 23, 2000#
Shot Put	Michelle Carter, Texas		April 15, 1995
	Simone du Toit, SMU		
	Jennie Sewell, Unattached		
	Eva Johnson, UT-Arlington		May 20, 1995

- Record set at 1999 or 2000 USA Track & Field Junior National Championships
* - Records in the 100 meters, 200 meters, 100 Hurdles, Long Jump and Triple Jump include Legal Wind (2.0 m/s)

2011 North Texas Track & Field

Indoor Season

Date

Moot

Date	Meet
January 15	Texas A&M Chal.
January 22	Oklahoma Inv.
February 5	Texas Tech Inv.
February 12	Iowa State Classic
February 19	Sooner Open
February 27-28	Sun Belt Championship
March 11-12	NCAA Champ.

Meet

Outdoor Season

Date

March 19 March 25-26 April 2 April 7-9 April 16 April 23 April 28-30 April 30 May 13-15 May 26-28 June 8-11 June 23-25

INIGEL	
Horned Frog I	nv.
North Texas C	lassic
Arlington Invita	ational
Texas Relays	
Oklahoma Invi	tational
Michael Johns	on Inv.
Drake Relays	
Mean Green T	wilight
Sun Belt Chan	npionship
NCAA Prelim.	Round
NCAA Champ	
USA Track & F	ield

Location

College Station, TX Norman, OK Lubbock, TX Ames, IA Norman, OK Jonesboro, Ark. College Station, TX

Location

Ft. Worth, TX Denton, TX Arlington, TX Austin, TX Norman, OK Waco, TX Des Moines, IA Denton, TX Murfreesboro, TN Eugene, OR Des Moines, IA Eugene, OR