

2015-16 La Salle Explorers Women's Basketball

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 Women's Basketball Contact: Mike Adleman • adlemanm1@lasalle.edu



North Texas (1-7) at La Salle (1-6)
Tom Gola Arena • Philadelphia, Pa. • Dec. 16, 2015
Series: La Salle leads 1-0
Last Meeting: La Salle 71, North Texas 66
(Dahlberg Arena; Dec. 8, 1990)



2015-16 Schedule

NOVEMBER

Fri. 13	at Fairfield.....	L, 59-62
Wed. 18	TEMPLE ⁵	L, 48-77
Sat. 21	ROBERT MORRIS.....	L, 45-76
Wed. 25	at Wake Forest	L, 61-53
Sat. 28	vs. Wisconsin-Milwaukee [^]	L, 53-69
Sun. 29	at Miami [^]	L, 58-86

DECEMBER

Wed. 2	at Howard	W, 71-68
Sun. 6	at UMBC	L, 29-60
Wed. 16	NORTH TEXAS	7:00 PM
Sun. 20	VILLANOVA ⁵	1:00 PM
Tue. 29	vs Norfolk State%	TBA
Wed. 30	vs Monmouth/St. Francis Brooklyn%	TBA

JANUARY

Sat. 2	RICHMOND*	11:00 AM
Wed. 6	DAVIDSON*	7:00 PM
Sun. 10	at George Mason*	2:00 PM
Wed. 13	at George Washington*	7:00 PM
Sat. 16	RHODE ISLAND*	1:00 PM
Mon. 18	PENN ⁵	7:00 PM
Sat. 23	at Saint Louis*	8:00 PM
Wed. 27	DAYTON*	7:00 PM
Sat. 30	at Saint Joseph's*	2:00 PM

FEBRUARY

Wed. 3	at Rhode Island*	7:00 PM
Sun. 7	VCU*	1:00 PM
Wed. 10	MASSACHUSETTS*	7:00 PM
Sat. 13	at Fordham*	2:00 PM
Wed. 17	SAINT JOSEPH'S* ⁵	12:00 PM
Sat. 20	ST. BONAVENTURE*	1:00 PM
Wed. 24	at Duquesne*	7:00 PM
Sat. 27	at Massachusetts*	2:00 PM

MARCH

Wed.-Sun.	2-6	Atlantic 10 Championship (Richmond Coliseum; Richmond, Va.)
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CAPS – Home Game at Tom Gola Arena
 5 – Big 5 Game
 ^ – Miami Thanksgiving Classic (Coral Gables, Fla.)
 % – Monmouth Post-Christmas Tournament (West Long Branch, N.J.)
 * – Atlantic 10 Conference Game
 All Times EST and subject to change

Quick Hits...

-The Explorers return home after five straight road games to take the court at Tom Gola Arena for the first time since November 21.

-Junior Micahya Owens leads the team with 14.6 points per game, which is 10th in the A-10 in scoring. The Willingboro, N.J. native needs just 44 points to become the 24th Explorer to score 1,000 career points.

-Ashanti Freeland pulled down a career-high 13 rebounds last time out against UMBC (Dec. 6), and leads La Salle in rebounding with 6.5 per game.

-Junior Jasmine Alston is third in the Atlantic 10 in assists (5.1 per game) and steals (2.4 per game). Alston also chips in 5.3 points per game, including a season-high 12 in the win over Howard (Dec. 2).

-Freshman Adreana Miller had a team-high nine points for La Salle against UMBC, and currently sits 7th in the A-10 with 14 three-point field goals. The Somerset, N.J. native has scored in double figures in four games this season, including 15 points in the win over Howard.

2015-16 Numerical Roster

Probable Starters (Based on last game)

#	Name	Yr	Ht	Pos	Hometown/Previous School	Pts	Reb	Ast
11	Jasmine Alston	Jr.	5-9	G	Long Island City, N.Y./Bishop Loughlin	5.3	6.1	5.1
15	Adreana Miller	Fr.	5-11	G	Somerset, N.J./Franklin	10.6	3.1	0.4
22	Deja Bullock	Jr.	6-0	F	Magnolia, N.J./Triton	1.5	1.4	0.4
34	Micahya Owens	Jr.	5-11	F	Willingboro, N.J./Willingboro	14.6	4.1	1.6
44	Ashanti Freeland	So.	6-3	F	Brandywine, Md./Gwynn Park	5.5	6.5	0.0

Off the Bench

4	Jordan Williams	So.	5-11	G	Grand Prairie, Texas/S. Grand Prairie	0.8	1.2	0.8
5	Amber Wilks	Fr.	6-3	C/F	Cincinnati, Ohio/Walnut Hills	0.7	2.3	0.3
12	Lyonna Crenshaw	Fr.	6-0	G/F	Neptune, N.J./Neptune	1.8	1.8	0.0
13	Anemone Scheel	Fr.	6-1	F	Rungsted Kyst, Denmark/New Hope Christian	-	-	-
21	Amy Griffin	So.	6-1	G/F	Atlanta, Ga./SW Atlanta Christian	11.4	5.2	1.4
31	Ebony Wells	R-Sr.	6-2	F/C	Grovetown, Ga./Florida State/Chipola CC	5.4	4.0	0.6
55	Lisa Mintzer	Jr.	6-4	F	Havertown, Pa./Cardinal O'Hara	-	-	-

Head Coach: Jeff Williams (Howard '87, Sixth season)
 Assistant Coach: Morra Gill (Dillard '02, Fourth season)
 Assistant Coach: Gina Catanzariti (Rowan '11, Second season)
 Assistant Coach/Director of Operations: Christal Caldwell (West Virginia '14, First Season)

Pronunciation Guide:

12 – Lyonna Crenshaw eye-yonna
 13 – Anemone Scheel on-ee-moan-uh
 15 – Adreana Miller aid-ree-anna
 34 – Micahya Owens muk-eye-uh
 AC – Gina Catanzariti Ka-TAN-za-REE-tee

Media Information

Live Statistics

<http://www.goexplorers.com/wbbstats>

Social Media

Facebook: @GoExplorers
 Twitter: @GoExplorers, @LaSalle_WBB
 Instagram: @GoExplorers, @LaSalle_WBB
 YouTube: La Salle Athletics

Gola Arena Wireless Information

Network: La Salle Wireless
 Username: media
 Password: See a sports info staff member

Interview/Credential Requests

Please contact Mike Adleman
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2015-16 La Salle Women's Basketball



Jeff Williams

Howard '87 • 6th Season

Year	Overall	A-10
2010-11	10-20	6-8
2011-12	14-17	7-7
2012-13	8-21	4-10
2013-14	15-15	9-7
2014-15	15-16	5-11
2015-16	1-7	
TOTAL	63-96	31-43
Atlantic 10 Tournament/Seed		
2010-11	1st Round/#9	
2011-12	2nd Round/#8	
2013-14	2nd Round/#7	
2014-15	2nd Round/#11	

Head Coach Jeff Williams Howard '87, Sixth Season

Jeff Williams enters his sixth season at the helm of the La Salle women's basketball program in 2015-16.

The Explorers advanced to the A-10 Quarterfinal last season for the third time under Williams while Alicia Cropper and Micahya Owens were named to All-Big 5 Postseason teams. Jasmine Alston also secured a spot on the Atlantic 10 All-Defensive team after leading the league in steals.

Williams' 2013-14 squad turned heads, as the Explorers posted the most Atlantic 10 wins (9) since the 1996-97 season and earned a No. 7 seed in the Atlantic 10 Championship. His squad topped three of the league's top six seeds over the course of the regular season, including wins over all four A-10 teams that earned WNIT bids. Williams' squad topped the Atlantic 10 in scoring defense, field goal percent defense and three-point field goal percent defense in league play. La Salle placed two players on Atlantic 10 postseason teams, including All-Conference Second Team pick Alicia Cropper and All-Rookie Team selection Micahya Owens. Cropper also earned Philadelphia Big 5 First Team honors.

In Williams' third year on 20th and Olney in 2012-13, two players under his watch earned Philadelphia Big 5 honors. Brittany Wilson was a First Teamer and also the city's scoring champion, averaging 18.3 ppg, and Shanel Harrison earned Second Team honors.

He brought the Explorers to back-to-back Atlantic 10 Tournament berths in 2011 and 2012, advancing to the second round in 2012. His 2011-12 squad went .500 in A-10 play, knocking off Xavier for the first time in eight years and then toppling the Musketeers again in the A-10 tournament. The Explorers put together a six-game win streak, the best since 2005-06, and started league play 3-0 for the first time since 1996-97.

Under his tutelage, Wilson picked up All-Big 5 First Team and Atlantic 10 Third Team honors and Jada Payne was named Atlantic 10 All-Rookie.

In the first year of Williams' tenure, the Explorers went 6-8 in the conference and qualified for the Atlantic 10 Tournament. Individual accomplishments included senior Ashley Gale being named to the Atlantic 10 Second Team and All-Defensive Team, while earning the league's 'Most Improved Player' award, and also earned All-Big 5 First Team honors. Jess Koci earned Atlantic 10 All-Rookie Team honors after being one of the league's top rebounders as a freshman.

Williams spent the prior seven seasons at the University of Pittsburgh, including the last four as the Associate Head Coach. Williams helped guide the Panthers to postseason appearances in the past five seasons, including

three straight NCAA Tournament trips with Sweet Sixteen showings in 2008 and 2009. He was formally introduced at a press conference on Wednesday, March 23, 2010 and became the program's eighth head coach.

Williams also spent time as a women's basketball coach at Howard (1995-2000), Georgia Tech (2001-03) and Pittsburgh (2003-10). He recruited or coached six players who reached the WNBA, including Pitt All-American Sha-vonte Zellous, who was named to the WNBA all-rookie team in 2009. Three of his recruiting classes have been ranked in the top 15 nationally and his teams have reached seven NCAA and three WNIT Tournaments.

Under the tutelage of head coach Agnus Berenato, Williams helped Pittsburgh to unprecedented success during his seven-year tenure. Williams recruited and signed a pair of players--Zellous and Philadelphia's Mercedes Walker (University City HS)--who would provide the most successful run in the program's history. Two years after a six-win first season, the staff led the Panthers to a then school-record 22 wins and WNIT appearance in 2005-06. In 2006-07, the Panthers broke the school record for wins (24) and advanced to their first NCAA Tournament appearance in program history. The success rewarded Pittsburgh with its first national ranking in the Associated Press poll in nearly 20 years.

Walker earned All-Region honors for the second straight year in 2007-08, leading Pitt to its first NCAA Sweet Sixteen and tying the school record with 24 wins. The team also defeated a top 10 opponent for the first time in program history and captured four wins over top 15 teams that season. Walker, who Williams worked with directly when he coached the post players, became the second player in program history to accumulate over 1,000 points and 1,000 rebounds.

One season later, the Panthers returned to the NCAA Sweet Sixteen and won 25 games, marking the fourth straight year the team had tied or broken the school record. Pitt was ranked #14 in the final AP ranking, its highest in program history. Zellous was named an AP All-American and was the school's first WNBA draft pick, going #11 overall to the Detroit Shock.

Williams first worked with Berenato at Georgia Tech. There he helped lead the Yellow Jackets to their second-ever NCAA trip in 2003 after a WNIT appearance in 2002. He coached a pair of future WNBA players at Georgia Tech--Kasha Terry and Sonya Mallory. For two straight seasons, he helped bring in a nationally ranked recruiting class, including two Street & Smith's All-America honorees. Both classes were ranked in the top 15 nationally.

He spent the five previous seasons at Howard, where he led the Bison to four league titles and three NCAA Tournament appearances as the associate head coach. His 1997-98 recruiting class was ranked #12 nationally. Williams recruited Andrea Gardner, who led the nation in rebounding in 2000, and coached the school's first two WNBA players - Gardner and Denique Graves, from Philadelphia's University City High School.

Williams also has professional coaching experience, coaching the Atlanta Justice of the National Women's Basketball League (NWBL) in 2000-01, leading the team to the league title.

A 1987 graduate of Howard with a degree in therapeutic recreation, Williams also was an assistant coach for the men's teams at George Mason (1989-93) and South Carolina State (1987-89). Williams is married to the former Tamecia McCoy and has one daughter, Montana, and a son McCoy Zachary.

2015-16 La Salle Women's Basketball

Give Us Some Space, Please

The correct spelling of our University is "La Salle", with a space in the middle. Please do not use "LaSalle".

Social Media

Follow the Explorers on Facebook (facebook.com/GoExplorers), Twitter (@goexplorers, @explorergameday) and Instagram (@goexplorers) and search #LaSalleWBB.

All-Time Series

The Explorers are 1-0 all-time against North Texas (formerly North Texas State), defeating the Mean Green 71-66 in the Montana Classic (Dec. 8, 1990) in their only previous meeting.

Familiar Faces

Micahya Owens - 5'11 Forward

- 2014-15 Philadelphia Big 5 Second Team
- 2014-15 Philadelphia Big 5 Leading Scorer (13.8 ppg)
- 2015-16 Atlantic 10 Preseason All-Conference Third Team
- Scored in double figures in 24 games
- Hit the 20-point mark five times
- Scored career-high 24 points in Atlantic 10 Tournament opening round win over Davidson (3/4)
- Has 839 career points in two seasons, needing just 161 more to reach the 1,000-point milestone

Jasmine Alston - 5'9 Guard

- 2014-15 Atlantic 10 All-Defensive Team
- 2015-16 Preseason Atlantic 10 All-Defensive Team
- Led the A-10 in steals last season with 72 (2.3 steals per game)
- Averaged 6.6 points, 5.1 rebounds,
- Led the team in assists for the second straight season, tallying .3 assists per game last year
- LIU Turkey Classic All-Tournament Team

Ebony Wells - 6'2 Forward

- Played all 31 games with 27 starts in her first season as an Explorer
- Averaged 4.6 points and 2.6 rebounds per game
- Shot nearly 40 percent on the season and went 75.0 percent at the free throw line
- Drained career-high 17 points in win at VCU (1/31)
- Pulled down career-high 15 rebounds in win over Howard (11/22)
- Team was 4-0 when she scored in double figures

Amy Griffin - 6'1 Guard

- Appeared in all 31 games with three starts in her rookie season
- Averaged 7.8 points, 3.1 rebounds, 1.3 assists and 0.9 blocks per game
- Her 29 blocked shots ranked 10th in program history in single-season blocks
- Drained career-high 20 points twice
- Georgia State Holiday & Hoops All-Classical Team

Ashanti Freeland - 6'3 Forward

- Appeared in 28 games with six starts as a freshman
- Averaged 1.9 points and 2.3 rebounds
- Finished one point shy of a double-double with career-high nine points and career-high 10 rebounds in Atlantic 10 Tournament opening round win over Davidson (3/4)
- Earned first collegiate start at Georgia State (12/20) in Holiday & Hoops Classic finale

La Salle's Record When...

Scoring fewer than 50 points	0-3
Scoring 50-59 points	0-4
Scoring 60-69 points	0-0
Scoring 70-79 points	1-0
Scoring 80 points or more	0-0
Allowing fewer than 50 points	0-0
Allowing 50-59 points	0-0
Allowing 60-69 points	1-4
Allowing 70-79 points	0-2
Allowing 80 points or more	0-1
Field goal percentage 40% or better	0-1
Field goal percentage lower than 40%	1-6
Field goal percentage better than opponent	0-0
Allowing field goal percentage 50% or better	0-2
Allowing field goal percentage in 40s%	1-2
Allowing field goal percentage in 30s or lower	0-3
Shooting more free throws than opponent	0-3
Shooting fewer free throws than opponent	1-2
Shooting same amount of free throws	0-1
Leading at halftime	0-0
Trailing at halftime	1-7
Tied at halftime	0-0
Leading with 5:00 remaining	0-0
Trailing with 5:00 remaining	1-7
Tied with 5:00 remaining	0-0
Playing overtime	0-0
Outrebounding opponent	0-0
Being outrebounded	1-7
Equal rebounds as opponent	0-0
Committing fewer turnovers than opponent	1-2
Committing more turnovers than opponent	0-5
Committing same turnovers as opponent	0-0
Explorers vs.	
Atlantic 10	0-0
Big 5	0-1
Non-conference opponents	1-6
ACC	0-2
America East	0-1
American Athletic Conference	0-1
BIG EAST	0-0
Colonial Athletic Association	0-0
Conference USA	0-0
Horizon League	0-1
Ivy League	0-0
Metro-Atlantic Athletic	0-1
Mid-Eastern Athletic Conference	1-0
Northeast Conference	0-1
vs. Top 25	0-0
Navy uniforms	1-4
White uniforms	0-3
Teams with winning records	0-4
Teams with losing records	1-0
Teams with .500 records	0-2
Monday Games	0-0
Tuesday Games	0-0
Wednesday Games	1-2
Thursday Games	0-0
Friday Games	0-1
Saturday Games	0-2
Sunday Games	0-2
November games	0-6
December games	1-1
January games	0-0
February games	0-0
March games	0-0
Day games	0-4
Night games	1-3
Tom Gola Arena	0-2
Away	1-4
Neutral	0-1

2015-16 La Salle Women's Basketball

Meet the Newcomers

#15 Adreana Miller (5-11; Guard; Somerset N.J./Franklin)

High School: 2014-15 Skyland Conference Player of the Year...2014-15 Second Team All-State... 2014-15 First Team All-Group IV...2014-15 First Team All-Senior... 2014-15 North-South Senior All-Star Game... Somerset County Player of the Year... Holds Franklin school record with 1,514 career points... Pulled down 560 career rebounds...Averaged 18.3 ppg and 5.1 rpg as a senior to lead Franklin to the NJSIAA Group IV state title and the semifinal round of the Tournament of Champions... Drained career-high 33 points in Tournament of Champions first round win... Four-time Skyland All-Conference selection... Averaged 14.9 ppg, 5.5 rpg as a junior to lead Franklin to Group IV semifinals... Averaged 14.1 ppg, career-high 6.6 rpg as a sophomore... Averaged 9.6 ppg, 4.3 rpg as a freshman... Scored in double digits in 27 of 30 games as a senior, hitting the 20-point mark in 13 of those contests... Scored in double digits in 23 of 27 games as a junior with four 20+ point games... Three-point sharpshooter averaged 2.1 treys per game as a senior... Played AAU ball with Team Miller... Member of National Honor Society... Also competed in track & field... Daughter of former Villanova standout Lance Miller.

#5 Amber Wilks (6-3; Center/Forward; Cincinnati, Ohio/Walnut Hills)

High School: Four-year varsity player for Walnut Hills... 2014-15 Second Team All-Conference... 2014-15 East-West All-Star Game... Averaged 7.4 rebounds and 1.6 blocks per game as a senior to lead Walnut Hills to sectional finals... Added 5.2 ppg and 1.0 apg at the post... 2013-14 First Team All-Conference... 2013-14 All-District Honorable Mention... Averaged career highs with 12.3 rebounds, 3.0 blocks, 8.1 points and 1.1 steals per game to lead Walnut Hills to league title... Also competed in volleyball... Played AAU with All-Ohio Black... Academic standout at the top-ranked public school in Ohio... Honor roll student... Youth leader in church and community... Tutored younger kids in English and Math... Comes from athletic background... Cousin Jessie Turnbow (Cleveland Browns), cousin Taylor Turnbow (overseas professional women's basketball).

#13 Anemone Scheel (6-1; Forward; Rungsted Kyst, Denmark • New Hope Christian Academy (N.C.))

High School: Played one year of prep at New Hope Christian Academy in Thomasville, N.C... Averaged 8.9 ppg, 3.5 rpg, 1.2 spg to lead powerhouse New Hope Christian to the 2015 National Independent School Athletic Association national title... Squad was top-ranked team in North Carolina, No. 58 in the nation... Played for Horsholm 79ers in Denmark from 2012-14... Played for Danish U16, U18 and U20 national teams... 2011 Copenhagen Invitational All-Star Team... MVP of the EEGBL Tournament in Belarus in 2011... U18 National Team Nordic Cup All-Star Team... 2014 Denmark Talent of the Year.

Last Time A Player...

Scored 30 or more points

La Salle: Alicia Cropper (32), at GW	1/25/14
Opp: Kim Pierre-Louis (33), UMass	2/7/15

Made 75% of FGA (min. 10 attempts)

La Salle: Brittany Wilson (8-10), at Northeastern	1/2/12
Opp: Amadea Szamosi (10-12), Duquesne	2/11/15

Made 90% of FTA (min. 10 attempts)

La Salle: Brittany Wilson (14-14), at UMass	1/30/13
Opp: Brittany Logan (10-10), Georgia State	12/20/14

Had 15 or more rebounds

La Salle: Ebony Wells (15), vs. Howard	11/22/14
Opp: Jenny Linder (15), vs. Milwaukee	11/28/15

Had 10 or more assists

La Salle: Michea Bryant (11) vs. G. Washington	1/29/11
Opp: Feyonda Fitzgerald (10), Temple	11/18/15

Had five or more blocks

La Salle: Ashanti Freeland (5), at Wake Forest	11/25/15
Opp: Daress McClung (7), Butler	1/20/13

Had five or more steals

La Salle: Jasmine Alston (5), at Howard	12/2/15
Opp: Stixz Wilson (5), UMBC	12/6/15

Last Time A Team...

Scored 100 or more points

La Salle: 100-54 vs. Iona	2/20/91
Opp: 102-51 @ Xavier	2/1/11

Scored 40 or fewer points

La Salle: 60-29 at UMBC	12/6/15
Opp: 37-56, Penn	1/7/08

Won an overtime game

La Salle: 50-44 @ Rhode Island	1/2/14
Opp: 55-54, Rhode Island	1/18/15

Made 60% of its FGA (min. 20 attempts)

La Salle: 60.0% (27-45) vs. Holy Cross	12/29/09
Opp: 62.2% (28-45), Fordham	2/24/06

Made 60% of its 3FGA (min. 10 attempts)

La Salle: 71.4% (10-14), at Robert Morris	12/3/14
Opp: 61.5% (8-13), George Washington	1/24/10

Made 90% of its FTA (min. 10 attempts)

La Salle: 91.7% (11-12), vs. Villanova	12/15/13
Opp: 90.5% (19-21), Fordham	2/6/13

Won by more than 25 points

La Salle: 78-41, vs. UMass	1/11/14
Opp: 86-58, at Miami	11/29/15

Won at least five straight games

La Salle: Nov. 22, 2014 - Dec. 6, 2014 (Six straight)
Opp: Nov. 13, 2015 - Nov. 29, 2015 (Six straight)

Bold Italic - 2015-16 Season

2015-16 La Salle Women's Basketball

2015-16 Numerical Roster

#	Name.....	Ht	Pos....	Yr.....	Hometown/Previous School
4	Jordan Williams	5-11.....	G	So.....	Grand Prairie, Texas/South Grand Prairie
5	Amber Wilks	6-3.....	C/F	Fr.....	Cincinnati, Ohio/Walnut Hills
11	Jasmine Alston	5-9.....	G	Jr.....	Long Island City, N.Y./Bishop Loughlin
12	Iyonna Crenshaw... ..	6-0.....	G/F....	So.....	Neptune, N.J./Neptune
13	Anemone Scheel	6-1	F.....	Fr.....	Rungsted Kyst, Denmark/New Hope Christian Academy (N.C.)
15	Adreana Miller.....	5-11.....	G	Fr.....	Somerset, N.J./Franklin
21	Amy Griffin	6-1	G/F....	So.....	Atlanta, Ga./Southwest Atlanta Christian
22	Deja Bullock	6-0.....	F.....	Jr.....	Magnolia, N.J./Triton
31	Ebony Wells.....	6-2.....	F/C	R-Sr.....	Grovetown, Ga./Florida State/Chipola CC
34	Micahya Owens.....	5-11.....	F.....	Jr.....	Willingboro, N.J./Willingboro
44	Ashanti Freeland	6-3.....	F.....	So.....	Brandywine, Md./Gwynn Park
55	Lisa Mintzer.....	6-4.....	F.....	Jr.....	Havertown, Pa./Cardinal O'Hara

2015-16 Alphabetical Roster

#	Name.....	Ht	Pos	Yr.....	Hometown/Previous School
11	Jasmine Alston.....	5-9.....	G.....	Jr.....	Long Island City, N.Y./Bishop Loughlin
22	Deja Bullock	6-0.....	F	Jr.....	Magnolia, N.J./Triton
12	Iyonna Crenshaw	6-0.....	G/F	So.....	Neptune, N.J./Neptune
44	Ashanti Freeland.....	6-3.....	F	So.....	Brandywine, Md./Gwynn Park
21	Amy Griffin.....	6-1	G/F	So.....	Atlanta, Ga./Southwest Atlanta Christian
15	Adreana Miller	5-11.....	G.....	Fr.....	Somerset, N.J./Franklin
55	Lisa Mintzer	6-4.....	F	Jr.....	Havertown, Pa./Cardinal O'Hara
34	Micahya Owens	5-11.....	F	Jr.....	Willingboro, N.J./Willingboro
13	Anemone Scheel.....	6-1	F	Fr.....	Rungsted Kyst, Denmark/New Hope Christian Academy (N.C.)
31	Ebony Wells.....	6-2.....	F/C.....	R-Sr.....	Grovetown, Ga./Florida State/Chipola CC
5	Amber Wilks	6-3.....	C/F.....	Fr.....	Cincinnati, Ohio/Walnut Hills
4	Jordan Williams.....	5-11.....	G.....	So.....	Grand Prairie, Texas/South Grand Prairie

2015-16 Coaching Staff

Head Coach: Jeff Williams (Howard '87, Sixth season)
 Assistant Coach: Morra Gill (Dillard '02, Fourth season)
 Assistant Coach: Gina Catanzariti (Rowan '11, Second season)
 Assistant Coach/Director of Operations: Christal Caldwell (West Virginia '14, First Season)

Breakdown by Class

Freshmen (3):
 Adreana Miller
 Anemone Scheel
 Amber Wilks
 Sophomores (4):
 Iyonna Crenshaw
 Ashanti Freeland
 Amy Griffin
 Jordan Williams
 Juniors (4):
 Jasmine Alston
 Deja Bullock
 Lisa Mintzer

Micahya Owens
 Seniors (1):
 Ebony Wells

Breakdown by State/ Country

Denmark (1):
 Anemone Scheel
 Georgia (2):
 Amy Griffin
 Ebony Wells
 Maryland (1):
 Ashanti Freeland
 New Jersey (4):
 Deja Bullock
 Iyonna Crenshaw
 Adreana Miller
 Micahya Owens

New York (1):
 Jasmine Alston
 Ohio (1):
 Amber Wilks
 Pennsylvania (1):
 Lisa Mintzer
 Texas (1):
 Jordan Williams

2015-16 La Salle Women's Basketball



Jordan Williams
So • G • 5-11
Grand Prairie, Texas
South Grand Prairie



Amber Wilks
Fr • F/C • 6-3
Cincinnati, Ohio
Walnut Hills



Jasmine Alston
Jr • G • 5-9
Long Island City, N.Y.
Bishop Loughlin



Iyonna Crenshaw
So • G/F • 6-0
Neptune, N.J.
Neptune



Anemone Scheel
Fr • F • 6-1
Rungsted Kyst, Denmark
New Hope Christian
Academy (N.C.)



Adreana Miller
Fr • G • 5-11
Somerset, N.J.
Franklin



Amy Griffin
So • G/F • 6-1
Atlanta, Ga.
SW Atlanta Christian



Deja Bullock
Jr • F • 6-0
Magnolia, N.J.
Triton



Ebony Wells
R-Sr • F/C • 6-2
Grovetown, Ga.
Grovetown
(Florida St./Chipola)



Micahya Owens
Jr • F • 5-11
Willingboro, N.J.
Willingboro



Ashanti Freeland
So • F • 6-3
Brandywine, Md.
Gwynn Park



Lisa Mintzer
Jr • F • 6-4
Havertown, Pa.
Cardinal O'Hara



Jeff Williams
Head Coach
Sixth Season
Howard '87



Morra Gill
Assistant Coach
Fourth Season
Dillard '02



Gina Catanzariti
Assistant Coach
Second Season
Rowan '11



Christal Caldwell
Director of Operations/
Assistant Coach
First Season
West Virginia '14

2015-16 La Salle Women's Basketball

Game 1 • Fairfield 62, La Salle 59 Nov. 13, 2015 • Alumni Hall

Game 2 • Temple at La Salle Nov. 18, 2015 • Tom Gola Arena

La Salle 59 • 0-1

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG	FGA	FT	FTA	Off	Def	Tot	FG	FGA							
34	OWENS, Micahya	8-22	0-5	4-6	0	5	5	2	20	0	3	0	1	38			
44	FREELAND, Ashanti	0-1	0-0	0-0	2	0	2	3	0	0	2	0	0	6			
31	WELLS, Ebony	3-3	0-0	0-0	0	3	3	1	6	0	0	0	0	19			
11	ALSTON, Jasmine	1-5	0-1	2-2	3	7	10	4	4	6	2	0	2	35			
21	GRIFFIN, Amy	5-14	0-4	3-3	0	5	5	3	13	1	2	0	1	37			
04	WILLIAMS, Jordan	0-1	0-1	0-0	0	0	0	2	0	0	0	0	0	5			
06	WILKS, Amber	0-0	0-0	0-0	1	2	3	2	0	1	0	0	0	19			
15	MILLER, Adreana	4-10	2-4	6-9	1	3	4	5	16	0	2	0	1	29			
22	BULLOCK, Deja	0-1	0-0	0-0	0	0	0	1	0	0	1	0	0	12			
Team					3 1 4												
Totals		21-57	2-15	15-20	10	26	36	23	59	8	12	0	5	200			

FG % 1st Half: 7-29 24.1% 2nd half: 14-28 50.0% Game: 21-57 36.8%
 3FG % 1st Half: 1-9 11.1% 2nd half: 1-6 16.7% Game: 2-15 13.3%
 FT % 1st Half: 0-0 0.0% 2nd half: 15-20 75.0% Game: 15-20 75.0%

Fairfield Stags 62 • 1-0

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG	FGA	FT	FTA	Off	Def	Tot	FG	FGA							
11	Cooper, Samantha	3-12	1-4	4-6	2	11	13	2	11	2	1	0	0	40			
12	Orts, Helena	0-1	0-0	0-0	0	0	0	0	0	2	2	0	0	8			
21	Smith, Casey	5-13	0-0	3-5	0	5	5	3	13	2	3	3	1	34			
01	Ball, Lizzy	1-2	0-0	1-2	2	3	5	2	3	7	4	0	1	40			
16	McLaughlin, Kristen	2-7	2-6	1-2	2	1	3	2	7	1	2	0	1	37			
03	Stock, Sarah	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0+			
14	Foley, Casey	1-1	1-1	0-0	0	0	0	2	3	0	0	0	0	3			
23	Carey, Kelsey	9-14	0-1	1-3	0	4	4	4	19	0	1	0	0	26			
24	Miller, Kristine	2-3	0-0	2-2	1	1	2	3	6	1	0	0	1	12			
Team					3 2 5												
Totals		23-53	4-12	12-20	10	27	37	18	62	15	13	3	4	200			

FG % 1st Half: 13-29 44.8% 2nd half: 10-24 41.7% Game: 23-53 43.4%
 3FG % 1st Half: 2-7 28.6% 2nd half: 1-6 16.7% Game: 4-12 33.3%
 FT % 1st Half: 5-8 62.5% 2nd half: 7-12 58.3% Game: 12-20 60.0%

Officials: Reginald Fowler, John Fitzpatrick, Kevin George
 Technical fouls: La Salle-None, Fairfield Stags-Ball, Lizzy.
 Attendance: 272

Score by periods	1st	2nd	3rd	4th	Total
La Salle	6	9	29	15	59
Fairfield Stags	13	20	17	12	62

Temple 77 • 2-0

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG	FGA	FT	FTA	Off	Def	Tot	FG	FGA							
36	MARTIN, Safiya	3-5	0-0	0-0	4	10	14	1	6	1	1	4	1	31			
00	BUTTS, Alliya	8-15	3-9	2-2	0	3	3	3	21	3	3	0	1	36			
01	COVILE, Erica	3-7	0-0	4-4	2	3	5	4	10	0	1	0	0	21			
02	FITZGERALD, Feyonda	9-15	1-5	0-0	2	6	8	1	19	10	1	0	1	36			
22	ATKINSON, Tanaya	4-9	0-0	2-4	0	2	2	0	10	0	1	0	1	27			
05	NWAIGWE, Ugo	0-1	0-0	0-0	0	0	0	1	0	0	1	0	0	6			
21	BERGER, Khadijah	1-1	1-1	0-0	0	3	3	0	3	2	1	0	1	17			
31	CANADA, Chyanna	0-0	0-0	2-2	1	0	1	2	0	0	0	1	3				
32	FOUNTAIN, Donnaizha	1-5	0-2	4-4	0	5	4	6	1	4	2	3	20				
33	BOLDUC, Monasia	0-0	0-0	0-0	0	0	0	0	0	0	0	0	1				
42	ROBINSON, Taylor	0-0	0-0	0-0	0	0	0	0	0	0	1	0	0	2			
Team					0 3 3												
Totals		29-58	5-17	14-16	9	35	44	15	77	17	14	7	9	200			

FG % 1st Half: 14-28 50.0% 2nd half: 15-30 50.0% Game: 29-58 50.0%
 3FG % 1st Half: 4-9 44.4% 2nd half: 1-8 12.5% Game: 5-17 29.4%
 FT % 1st Half: 6-8 75.0% 2nd half: 8-8 100.0% Game: 14-16 87.5%

La Salle 48 • 0-2

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG	FGA	FT	FTA	Off	Def	Tot	FG	FGA							
34	OWENS, Micahya	5-18	1-4	4-4	2	2	4	1	15	2	3	0	0	34			
44	FREELAND, Ashanti	1-4	0-1	0-0	2	1	3	0	2	0	1	0	0	16			
31	WELLS, Ebony	2-6	0-0	0-0	2	2	4	2	4	1	0	0	0	12			
11	ALSTON, Jasmine	0-1	0-0	0-0	3	5	8	4	2	4	5	0	3	35			
21	GRIFFIN, Amy	4-16	0-1	5-6	2	4	6	2	13	1	2	1	1	37			
05	WILKS, Amber	0-1	0-0	0-0	0	2	2	4	0	0	0	0	1	19			
16	MILLER, Adreana	3-17	2-7	2-2	1	1	2	1	10	0	2	0	0	28			
22	BULLOCK, Deja	1-3	0-0	0-0	1	1	2	1	2	0	0	0	0	19			
Team					8 4 12												
Totals		17-73	3-14	11-12	21	22	43	15	48	8	13	1	5	200			

FG % 1st Half: 10-39 25.6% 2nd half: 7-34 20.6% Game: 17-73 23.3%
 3FG % 1st Half: 2-7 28.6% 2nd half: 1-7 14.3% Game: 3-14 21.4%
 FT % 1st Half: 2-2 100.0% 2nd half: 9-10 90.0% Game: 11-12 91.7%

Officials: Jules Gallien, Desiree Peterkin, Timothy Greene
 Technical fouls: Temple-None, La Salle-None.
 Attendance: 419

Score by periods	1st	2nd	3rd	4th	Total
Temple	22	16	14	25	77
La Salle	10	14	15	9	48

Game 3 • Robert Morris at La Salle Nov. 21, 2015 • Tom Gola Arena

Game 4 • La Salle at Wake Forest Nov. 25, 2015 • Winston-Salem, N.C.

Official Basketball Box Score - Game Totals - Final Statistics Robert Morris vs La Salle 11/21/15 7:00 PM at Philadelphia, Pa. (Tom Gola Arena)

Robert Morris 76 • 3-1

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG	FGA	FT	FTA	Off	Def	Tot	FG	FGA							
22	SMITH, Megan	4-10	1-3	0-0	4	5	9	1	9	0	1	1	0	25			
21	MULRAIN, Mikalah	5-11	0-0	3-6	3	8	11	2	13	1	3	2	0	23			
04	STAMOLAMPROU, A Nik	6-11	3-7	0-0	0	7	7	2	15	4	1	0	1	29			
10	NAVARRO, Rebeca	2-3	2-3	0-0	0	0	0	2	6	3	2	0	1	16			
16	RAVELLI, Ashley	4-9	1-5	0-0	1	0	1	2	9	3	4	1	3	27			
04	DASHIELL, Shakema	0-1	0-0	0-0	1	0	1	2	0	0	1	0	0	5			
02	JONES, Jocelynn	3-6	0-0	3-3	2	5	7	3	9	2	2	2	1	18			
02	ADAMS, Nia	0-0	0-0	3-4	0	0	0	1	3	0	0	0	0	9			
11	BROWN, Janee	1-2	0-0	0-0	0	0	0	2	2	2	1	0	0	11			
12	MATALY, Lou	1-4	1-4	0-0	0	1	1	1	3	2	0	0	1	17			
20	WORMACK, Leah	1-3	0-0	4-4	0	1	1	1	6	1	0	1	1	13			
24	SALHIA, Yasmyne	0-3	0-1	0-0	0	0	0	1	0	0	1	0	0	4			
41	JACKSON, Randi	0-0	0-0	1-2	0	0	0	0	1	0	0	0	0	5			
Team					3 3 6												
Totals		27-63	8-23	14-19	14	30	44	20	76	18	16	7	8	202			

FG % 1st Half: 11-33 33.3% 2nd half: 16-30 53.3% Game: 27-63 42.9%
 3FG % 1st Half: 6-16 37.5% 2nd half: 2-7 28.6% Game: 8-23 34.8%
 FT % 1st Half: 3-4 75.0% 2nd half: 11-15 73.3% Game: 14-19 73.7%

La Salle 45 • 0-3

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG	FGA	FT	FTA	Off	Def	Tot	FG	FGA							
06	WILKS, Amber	1-1	0-0	0-0	0	2	2	4	2	0	2	1	0	10			
34	OWENS, Micahya	2-13	0-2	0-0	1	0	1	4	4	1	3	1	0	27			
31	WELLS, Ebony	0-2	0-1	0-0	0	4	4	2	0	0	1	0	1	13			
11	ALSTON, Jasmine	3-8	0-1	2-3	0	4	4	2	8	3	5	3	3	33			
16	MILLER, Adreana	1-6	0-1	3-4	0	1	1	3	5	3	0	1	0	30			
04	WILLIAMS, Jordan	1-2	0-0	1-1	0	4	4	3	3	1	2	0	0	16			
22	CRENSHAW, Iyonna	0-0	0-0	3-4	0	0	0	0	3	0	0	0	0	3			
21	GRIFFIN, Amy	6-13	0-0	2-5	2	3	5	4	14	0	3	1	2	30			
22	BULLOCK, Deja	0-3															

2015-16 La Salle Women's Basketball

Game 5 • Milwaukee 69, La Salle 53

Nov. 28, 2015 • Miami Thanksgiving Classic • Coral Gables, Fla.

Game 6 • Miami 86, La Salle 58

Nov. 29, 2015 • Miami Thanksgiving Classic • Coral Gables, Fla.

La Salle 53 • 0-5

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min										
		FG-FGA	FG-FGA	FT-FTA	FG-FGA	FG-FGA	FT-FTA	Off	Def	Tot																	
11	ALSTON, JASMINE	* 1-9	0-3	2-2	2	2	4	4	4	5	4	0	0	31													
21	GRIFFIN, AMY	* 2-6	0-0	0-0	0	3	3	2	4	1	2	0	2	12													
31	WELLS, EBONY	* 2-6	0-0	1-1	1	3	4	1	5	1	0	2	0	18													
34	OWENS, MICAHYA	* 4-15	2-5	5-6	0	3	3	5	15	0	2	0	5	32													
44	FREELAND, ASHANTI	* 3-7	0-0	2-4	4	2	6	3	8	0	1	1	1	27													
04	WILLIAMS, JORDAN	0-1	0-0	2-2	1	2	3	1	2	3	1	0	0	13													
12	CRENSHAW, IYONNA	1-4	0-2	0-0	1	0	1	1	2	0	0	1	0	13													
15	MILLER, ADREANA	4-10	1-3	0-2	1	3	4	3	9	1	2	0	1	28													
22	BULLOCK, DEJA	1-6	0-0	2-4	2	2	4	2	4	1	0	0	1	26													
Team				1		3		4																			
Totals		18-64		3-13		14-21		13		23		36		22		53		12		12		4		10		200	

FG % 1st Half: 9-27 33.3% 2nd half: 9-37 24.3% Game: 18-64 28.1%
 3FG % 1st Half: 2-4 50.0% 2nd half: 1-9 11.1% Game: 3-13 23.1%
 FT % 1st Half: 6-18 60.0% 2nd half: 8-11 72.7% Game: 14-21 66.7%

Milwaukee 69 • 2-2

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min										
		FG-FGA	FG-FGA	FT-FTA	FG-FGA	FG-FGA	FT-FTA	Off	Def	Tot																	
06	LINDSTROM, ALEXIS	* 6-12	5-9	0-0	0	2	2	2	17	0	1	0	1	36													
12	CUNNINGHAM, KELSEY	* 3-7	0-0	4-4	5	3	8	4	10	0	3	0	1	26													
18	HOWARD, SYDNEY	* 1-2	0-0	0-0	1	1	2	4	2	6	1	1	0	19													
20	LINDNER, JENNY	* 7-19	2-6	4-7	3	12	15	2	20	0	4	0	0	33													
32	KOSTOWICZ, STEPH	* 1-4	0-1	0-0	3	2	5	1	2	3	3	2	1	20													
14	IZQUIERDO, ALBA	1-4	0-1	0-0	0	0	0	2	2	2	2	0	1	7													
21	FISCHER, ALYSSA	0-4	0-0	0-0	2	4	6	1	0	0	0	0	0	7													
30	FORD-WASHINGTON, S	2-6	1-2	7-8	1	9	10	2	12	3	4	0	0	30													
40	DAU, EMMA	0-0	0-0	0-0	0	1	1	2	0	2	0	0	0	10													
43	WAKEMAN, CHRISTINA	2-3	0-0	0-0	0	1	1	3	4	1	1	0	0	12													
Team		1		2		3																					
Totals		23-61		8-19		15-19		16		37		53		23		69		15		21		3		4		200	

FG % 1st Half: 16-37 43.2% 2nd half: 7-24 29.2% Game: 23-61 37.7%
 3FG % 1st Half: 6-12 50.0% 2nd half: 2-7 28.6% Game: 8-19 42.1%
 FT % 1st Half: 2-3 66.7% 2nd half: 13-16 81.3% Game: 15-19 78.9%

Officials: Dennis DeMayo, Joe Cunningham, Jeffrey Smith
 Technical fouls: La Salle-None. Milwaukee-None.
 Attendance: 178
 La Salle #34 Owens fouled out 4:19 remaining

Score by periods	1st	2nd	3rd	4th	Total	Points	In	Off	2nd	Fast	Bench
La Salle	14	12	16	11	53	LAS	20	19	6	6	17
Milwaukee	22	18	13	16	69	UWM	24	9	12	4	18

Lost FG - LAS 4th-04:46, UWM 4th-02:26.
 Largest lead - LAS None, UWM by 17 2nd-06:18.
 LAS led for 00:00, UWM led for 37:31. Game was tied for 02:29.
 Score tied - 1 time.
 Lead changed - 0 times.

La Salle 58 • 0-6

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min										
		FG-FGA	FG-FGA	FT-FTA	FG-FGA	FG-FGA	FT-FTA	Off	Def	Tot																	
11	ALSTON, JASMINE	* 1-7	1-3	0-0	2	3	5	3	9	6	1	3	37														
15	MILLER, ADREANA	* 3-9	2-5	0-0	0	3	3	4	8	0	4	0	39														
22	BULLOCK, DEJA	* 1-5	0-0	0-0	0	0	0	3	2	1	7	2	28														
34	OWENS, MICAHYA	* 9-17	3-8	2-3	1	4	5	0	23	3	3	0	4	37													
44	FREELAND, ASHANTI	* 7-12	0-0	0-0	3	1	4	4	14	0	0	2	0	31													
04	WILLIAMS, JORDAN	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	3													
12	CRENSHAW, IYONNA	1-2	0-0	0-1	2	2	4	0	2	0	0	1	1	12													
31	WELLS, EBONY	3-6	0-0	0-0	1	3	4	3	6	1	5	1	0	13													
Team				1		3		4																			
Totals		25-58		6-16		2-4		10		19		29		17		58		15		26		7		8		200	

FG % 1st Half: 10-27 37.0% 2nd half: 15-31 48.4% Game: 25-58 43.1%
 3FG % 1st Half: 4-6 66.7% 2nd half: 2-10 20.0% Game: 6-16 37.5%
 FT % 1st Half: 1-2 50.0% 2nd half: 1-2 50.0% Game: 2-4 50.0%

Miami 86 • 7-0

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min										
		FG-FGA	FG-FGA	FT-FTA	FG-FGA	FG-FGA	FT-FTA	Off	Def	Tot																	
03	THOMAS, JESSICA	* 5-7	2-2	0-2	0	0	0	1	12	2	3	0	2	25													
10	WOODS, MICHELLE	* 6-10	3-4	2-2	3	4	7	0	17	3	1	1	0	25													
20	HAYES, KEYONA	* 3-6	0-0	0-0	2	2	4	1	6	1	1	0	1	21													
23	MOTLEY, ADRIENNE	* 5-9	1-2	3-3	4	3	7	2	14	5	3	0	2	25													
30	DAVENPORT, ERYKAH	* 5-8	0-0	2-5	0	3	3	0	12	1	2	2	4	16													
00	HARRIS, KEYANNA	1-5	0-0	1-2	1	1	2	1	3	0	2	1	1	14													
01	CORNELIUS, LAURA	1-3	0-2	0-0	0	1	1	1	2	3	1	0	1	19													
05	GREENE, NIGIA	2-4	1-2	0-0	0	1	1	0	5	0	1	0	1	13													
21	HOF, EMESE	4-6	0-0	4-4	2	4	6	1	12	4	2	0	4	23													
22	WILLIAMS, ZADA	1-4	0-0	0-0	0	0	0	0	2	0	2	0	2	4													
26	PRATHER, KHALIA	0-2	0-0	1-2	1	2	3	2	1	0	1	0	0	15													
Team				4		3		7																			
Totals		33-64		7-12		13-20		17		24		41		9		86		19		19		4		18		200	

FG % 1st Half: 19-33 57.6% 2nd half: 14-31 45.2% Game: 33-64 51.6%
 3FG % 1st Half: 6-9 66.7% 2nd half: 1-3 33.3% Game: 7-12 58.3%
 FT % 1st Half: 2-6 33.3% 2nd half: 11-14 78.6% Game: 13-20 65.0%

Officials: Bryan Enterline, Kevin Sparack, Jeffrey Smith
 Technical fouls: La Salle-None. Miami-None.
 Attendance: 570

Score by periods	1st	2nd	3rd	4th	Total	Points	In	Off	2nd	Fast	Bench
La Salle	15	10	13	20	58	LAS	6	6	6	17	
Miami	16	30	24	16	86	UM	32	40	17	24	25

Lost FG - LAS 4th-00:40, UM 4th-04:04.
 Largest lead - LAS by 3 1st-09:31, UM by 39 4th-03:20.
 LAS led for 02:40, UM led for 36:16. Game was tied for 03:06.
 Score tied - 1 time.
 Lead changed - 6 times.

Game 7 • La Salle at Howard

Dec. 2, 2015 • Washington, D.C.

Game 8 • La Salle at UMBC

Dec. 6, 2015 • Catonsville, Md.

La Salle 53 • 0-5

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min										
		FG-FGA	FG-FGA	FT-FTA	FG-FGA	FG-FGA	FT-FTA	Off	Def	Tot																	
11	ALSTON, Jasmine	* 1-9	0-3	2-2	2	2	4	4	5	4	0	0	31														
21	GRIFFIN, Amy	* 2-6	0-0	0-0	0	3	3	2	4	1	2	0	2	12													
31	WELLS, Ebony	* 2-6	0-0	1-1	1	3	4	1	5	1	0	2	0	18													
34	OWENS, Michahya	* 4-15	2-5	5-6	0	3	3	5	15	0	2	0	5	32													
44	FREELAND, Ashanti	* 3-7	0-0	2-4	4	2	6	3	8	0	1	1	1	27													
04	WILLIAMS, Jordan	0-1	0-0	2-2	1	2	3	1	2	3	1	0	0	13													
12	CRENSHAW, Iyonna	1-4	0-2	0-0	1	0	1	1	2	0	0	1	0	13													
15	MILLER, Adreana	4-10	1-3	0-2	1	3	4	3	9	1	2	0	1	28													
22	BULLOCK, Deja	1-6	0-0	2-4	2	2	4	2	4	1	0	0	1	26													
Team				1		3		4																			
Totals		18-64		3-13		14-21		13		23		36		22		53		12		12		4		10		200	

FG % 1st Half: 9-27 33.3% 2nd half: 9-37 24.3% Game: 18-64 28.1%
 3FG % 1st Half: 2-4 50.0% 2nd half: 1-9 11.1% Game: 3-13 23.1%
 FT % 1st Half: 6-18 60.0% 2nd half: 8-11 72.7% Game: 14-21 66.7%

Milwaukee 69 • 2-2

#	Player	Total			3-Ptr			Rebounds			PF	TP	A	TO	Blk	Stl	Min
		FG-FGA	FG-FGA	FT-FTA	FG-FGA	FG-FGA	FT-FTA	Off	Def	Tot							
06	LINDSTROM, ALEXIS	* 6-12	5-9	0-0	0	2	2	2	17	0	1	0	1	36			
12	CUNNINGHAM, KELSEY	* 3-7	0-0	4-4	5	3	8	4	10	0	3	0	1	26			
18	HOWARD, SYDNEY	* 1-2	0-0	0-0	1	1	2	4	2	6	1	1	0	19			
20	LINDNER, JENNY	* 7-19	2-6	4-7	3	12	15	2	20								

2015-16 La Salle Women's Basketball



Individual Career History

OWENS, Micahya

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2013-14	30-30	1006/33.5	141-441	.320	45-160	.281	84-104	.808	33	105	138	4.6	73	2	38	92	11	26	411	13.7
2014-15	31-30	917/29.6	157-448	.350	50-151	.331	64-97	.660	27	78	105	3.4	76	2	52	90	10	47	428	13.8
2015-16	8-8	279/34.9	42-135	.311	11-43	.256	22-29	.759	11	22	33	4.1	20	1	13	27	1	13	117	14.6
TOTAL	69-68	2202/31.9	340-1024	.332	106-354	.299	170-230	.739	71	205	276	4.0	169	5	103	209	22	86	956	13.9

SCHEEL, Anemone

WELLS, Ebony

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2014-15	31-27	515/16.6	60-153	.392	6-27	.222	18-24	.750	21	60	81	2.6	47	0	12	36	8	6	144	4.6
2015-16	8-5	140/17.5	19-45	.422	0-1	.000	5-5	1.000	9	23	32	4.0	18	0	5	11	5	2	43	5.4
TOTAL	39-32	655/16.8	79-198	.399	6-28	.214	23-29	.793	30	83	113	2.9	65	0	17	47	13	8	187	4.8

WILKS, Amber

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2015-16	3-1	48/16.0	1-2	.500	0-0	.000	0-0	.000	1	6	7	2.3	10	0	1	2	1	1	2	0.7
TOTAL	3-1	48/16.0	1-2	.500	0-0	.000	0-0	.000	1	6	7	2.3	10	0	1	2	1	1	2	0.7

WILLIAMS, Jordan

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2014-15	13-0	64/4.9	2-14	.143	0-3	.000	5-8	.625	3	5	8	0.6	9	0	3	4	0	2	9	0.7
2015-16	6-0	44/7.3	1-4	.250	0-1	.000	3-3	1.000	1	6	7	1.2	7	0	5	5	0	3	5	0.8
TOTAL	19-0	108/5.7	3-18	.167	0-4	.000	8-11	.727	4	11	15	0.8	16	0	8	9	0	5	14	0.7

2015-16 La Salle Women's Basketball



Individual Career History

OWENS, Micahya

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2013-14	30-30	1006/33.5	141-441	.320	45-160	.281	84-104	.808	33	105	138	4.6	73	2	38	92	11	26	411	13.7
2014-15	31-30	917/29.6	157-448	.350	50-151	.331	64-97	.660	27	78	105	3.4	76	2	52	90	10	47	428	13.8
2015-16	8-8	279/34.9	42-135	.311	11-43	.256	22-29	.759	11	22	33	4.1	20	1	13	27	1	13	117	14.6
TOTAL	69-68	2202/31.9	340-1024	.332	106-354	.299	170-230	.739	71	205	276	4.0	169	5	103	209	22	86	956	13.9

SCHEEL, Anemone

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2014-15	31-27	515/16.6	60-153	.392	6-27	.222	18-24	.750	21	60	81	2.6	47	0	12	36	8	6	144	4.6
2015-16	8-5	140/17.5	19-45	.422	0-1	.000	5-5	1.000	9	23	32	4.0	18	0	5	11	5	2	43	5.4
TOTAL	39-32	655/16.8	79-198	.399	6-28	.214	23-29	.793	30	83	113	2.9	65	0	17	47	13	8	187	4.8

WILKS, Amber

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2015-16	3-1	48/16.0	1-2	.500	0-0	.000	0-0	.000	1	6	7	2.3	10	0	1	2	1	1	2	0.7
TOTAL	3-1	48/16.0	1-2	.500	0-0	.000	0-0	.000	1	6	7	2.3	10	0	1	2	1	1	2	0.7

WILLIAMS, Jordan

Season	gp-gs	min/avg	Total		3-Point		F-Throws		Rebounds				Scoring							
			fg-fga	pct	fg-fga	pct	ft-fta	pct	off	def	tot	avg	pf	fo	ast	to	blk	stl	pts	avg
2014-15	13-0	64/4.9	2-14	.143	0-3	.000	5-8	.625	3	5	8	0.6	9	0	3	4	0	2	9	0.7
2015-16	6-0	44/7.3	1-4	.250	0-1	.000	3-3	1.000	1	6	7	1.2	7	0	5	5	0	3	5	0.8
TOTAL	19-0	108/5.7	3-18	.167	0-4	.000	8-11	.727	4	11	15	0.8	16	0	8	9	0	5	14	0.7

2015-16 La Salle Women's Basketball



2015-16 La Salle Women's Basketball La Salle Combined Team Statistics (as of Dec 06, 2015) All games



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	1-7	0-2	1-4	0-1
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	1-7	0-2	1-4	0-1

##	Player	gp-gs	min	avg	Total		3-Point		F-Throw		Rebounds				pf	dq	a	to	blk	stl	pts	avg
					fg-fga	fg%	3fg-fga	3fg%	ft-fa	ft%	off	def	tot	avg								
34	OWENS, Micahya	8-8	279	34.9	42-135	.311	11-43	.256	22-29	.759	11	22	33	4.1	20	1	13	27	1	13	117	14.6
21	GRIFFIN, Amy	5-4	145	29.0	21-59	.356	0-6	.000	15-20	.750	8	18	26	5.2	14	0	7	14	4	11	57	11.4
15	MILLER, Adreana	8-4	249	31.1	29-89	.326	14-40	.350	13-19	.684	6	19	25	3.1	26	1	3	24	1	4	85	10.6
44	FREELAND, Ashanti	8-7	193	24.1	19-58	.328	0-1	.000	6-14	.429	26	26	52	6.5	19	0	0	11	13	6	44	5.5
31	WELLS, Ebony	8-5	140	17.5	19-45	.422	0-1	.000	5-5	1.000	9	23	32	4.0	18	0	5	11	5	2	43	5.4
11	ALSTON, Jasmine	8-8	279	34.9	13-59	.220	4-16	.250	12-15	.800	14	35	49	6.1	28	1	41	35	5	19	42	5.3
12	CRENSHAW, Lyonna	5-0	49	9.8	3-10	.300	0-2	.000	3-9	.333	5	4	9	1.8	5	0	0	1	4	1	9	1.8
22	BULLOCK, Deja	8-3	174	21.8	3-24	.125	0-0	.000	6-10	.600	5	6	11	1.4	13	0	3	13	2	1	12	1.5
04	WILLIAMS, Jordan	6-0	44	7.3	1-4	.250	0-1	.000	3-3	1.000	1	6	7	1.2	7	0	5	5	0	3	5	0.8
05	WILKS, Amber	3-1	48	16.0	1-2	.500	0-0	.000	0-0	.000	1	6	7	2.3	10	0	1	2	1	1	2	0.7
Team											20	20	40									
Total.....		8	1600		151-485	.311	29-110	.264	85-124	.685	106	185	291	36.4	160	3	78	144	36	61	416	52.0
Opponents.....		8	1600		203-469	.433	43-116	.371	110-161	.683	110	241	351	43.9	135	-	117	141	30	74	559	69.9

TEAM STATISTICS	LAS	OPP	Date	Opponent	Score	Att.
SCORING	416	559	11/13/15	at Fairfield Stags	L 59-62	272
Points per game	52.0	69.9	11/18/15	TEMPLE	L 48-77	419
Scoring margin	-17.9	-	11/21/15	ROBERT MORRIS	L 45-76	200
FIELD GOALS-ATT	151-485	203-469	11/25/15	at Wake Forest	L 53-61	365
Field goal pct	.311	.433	11/28/15	vs Milwaukee	L 53-69	178
3 POINT FG-ATT	29-110	43-116	% 11/29/15	at Miami	L 58-86	570
3-point FG pct	.264	.371	12/02/15	at Howard	W 71-68	175
3-pt FG made per game	3.6	5.4	12/6/15	at UMBC	L 29-60	301
FREE THROWS-ATT	85-124	110-161	* - Conference game			
Free throw pct	.685	.683				
F-Throws made per game	10.6	13.8				
REBOUNDS	291	351				
Rebounds per game	36.4	43.9				
Rebounding margin	-7.5	-				
ASSISTS	78	117				
Assists per game	9.8	14.6				
TURNOVERS	144	141				
Turnovers per game	18.0	17.6				
Turnover margin	-0.4	-				
Assist/turnover ratio	0.5	0.8				
STEALS	61	74				
Steals per game	7.6	9.3				
BLOCKS	36	30				
Blocks per game	4.5	3.8				
ATTENDANCE	619	1861				
Home games-Avg/Game	2-310	5-337				
Neutral site-Avg/Game	-	1-178				

Score by Periods	1st	2nd	3rd	4th	Totals
La Salle	92	90	129	105	416
Opponents	132	141	144	142	559