Wednesdays 3:00PM (CT)



- 01/13 Workplace Violence Prevention
- 02/10 Time Management
- 03/16 Nutrition 101
- 04/13 Laugh Your Way To Less Stress
- 05/11 Receiving Feedback
- 06/08 Emergency Preparedness
- 07/13 **Resp**ect in the Workplace
- 08/10 Choosing Happiness
- 09/14 Suicide Prevention
- 10/12 Confronting Workplace Bullying & Harassment
- 11/09 Holiday Nutrition
- 12/14 Assertive Communication

Compliments of your Employee Assistance Program

Join us one afternoon a month for a complimentary 60-minute training webcast. Reserve your seat online through our registration link, which is distributed via email within two weeks of each webinar. Advance registration is required.

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For more information, contact us: am@alliancewp.com

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