

Breastfeeding Beliefs, Attitudes, and Practices in the Texas WIC Population

Findings from the 2006 Infant Feeding Survey





INTRODUCTION & TECHNICAL NOTES



In Chapter 165 of the Health and Safety Code, the Texas Legislature recognizes that breastfeeding is the “best method of infant nutrition.” This affirmation supports similar positions of the American Academy of Pediatrics and American College of Obstetrics and Gynecology as well as a large body of research findings. The Texas Department of State Health Services (DSHS) is committed to supporting a woman’s choice to breastfeed. DSHS has implemented, and continues to support programs that encourage breastfeeding friendly workplaces and a woman’s right to breastfeed in public. These programs are in addition to the breastfeeding promotion efforts of the Nutrition Services Section.

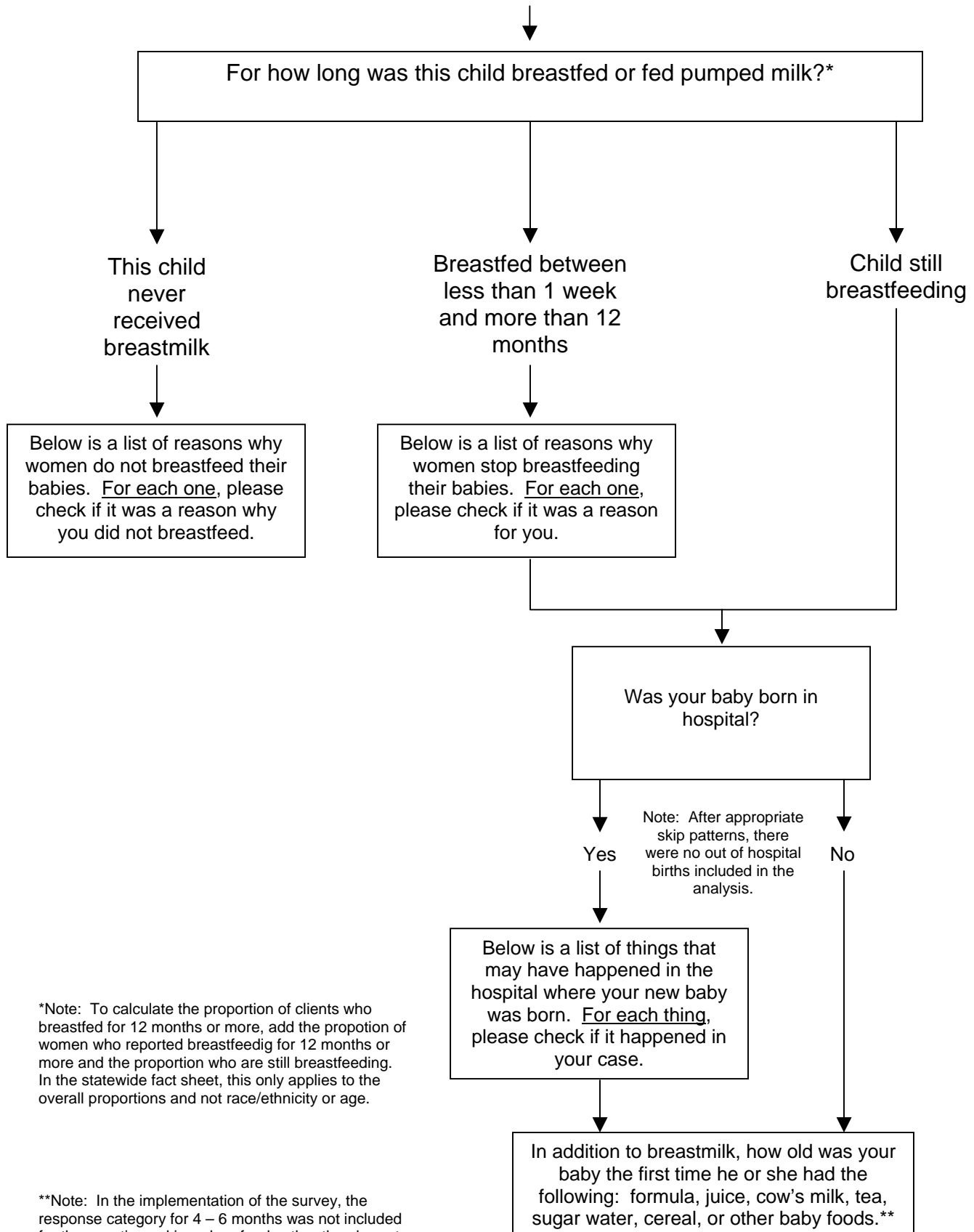
In their efforts to promote breastfeeding, the Nutrition Services Section, Division of Family and Community Health Services, conducts an annual survey of breastfeeding beliefs, attitudes, and practices among women receiving WIC services. The purpose of this survey is to provide data to local WIC agencies to aid in planning and activity development. These data may also provide valuable information to advocates, legislators, policy makers, and others interested in supporting breastfeeding.

Questionnaire and Sample

The questionnaire includes 13 questions and only allows multiple choice responses. 6,111 surveys were completed in 69 local WIC agencies (91% of all WIC agencies) with 34 local WIC agencies (44.7% of all WIC agencies) submitting 100 surveys or more. The questionnaire eliminated respondents who were not the biological mothers of the children receiving services. Respondents who did not receive WIC services during their pregnancy were also eliminated. Skip patterns in the survey further limited responses. Questions and subsequent skip patterns are detailed on the following page. While the questionnaire included skip patterns, respondents did not always adhere to instructions. Following data entry, all questions that were mistakenly answered were recoded as an appropriate skip.

Questions pertaining to the reasons for never breast feeding, ceasing to breastfeed, and hospital experience questions allowed multiple responses and were not mutually exclusive. Responses to these questions are independent and cannot be summed. Respondents were asked to indicate with a check those events or reasons that were applicable to them. Blank responses were coded as not applicable to the respondent.

Biological Mothers and Enrolled in WIC during Pregnancy



*Note: To calculate the proportion of clients who breastfed for 12 months or more, add the proportion of women who reported breastfeeding for 12 months or more and the proportion who are still breastfeeding. In the statewide fact sheet, this only applies to the overall proportions and not race/ethnicity or age.

**Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7

Analysis

After eliminating non-biological mothers and women who did not receive WIC services while pregnant, the final sample size was 5,462. The sample is primarily Hispanic between the ages of 18 and 29.

This document contains data analyses at a state, regional, and local level. Each level of analyses is presented with a different corresponding color – state is blue, regional is green, and local is lavender. The state level data are presented for the state as a whole and by race/ethnic and age subgroups. The state level data are the only data analyzed by subgroup. Data from all Health Services Regions are presented together to allow for regional comparisons. Local WIC agencies 100 surveys or more were analyzed individually. Agencies satisfying this criterion include:

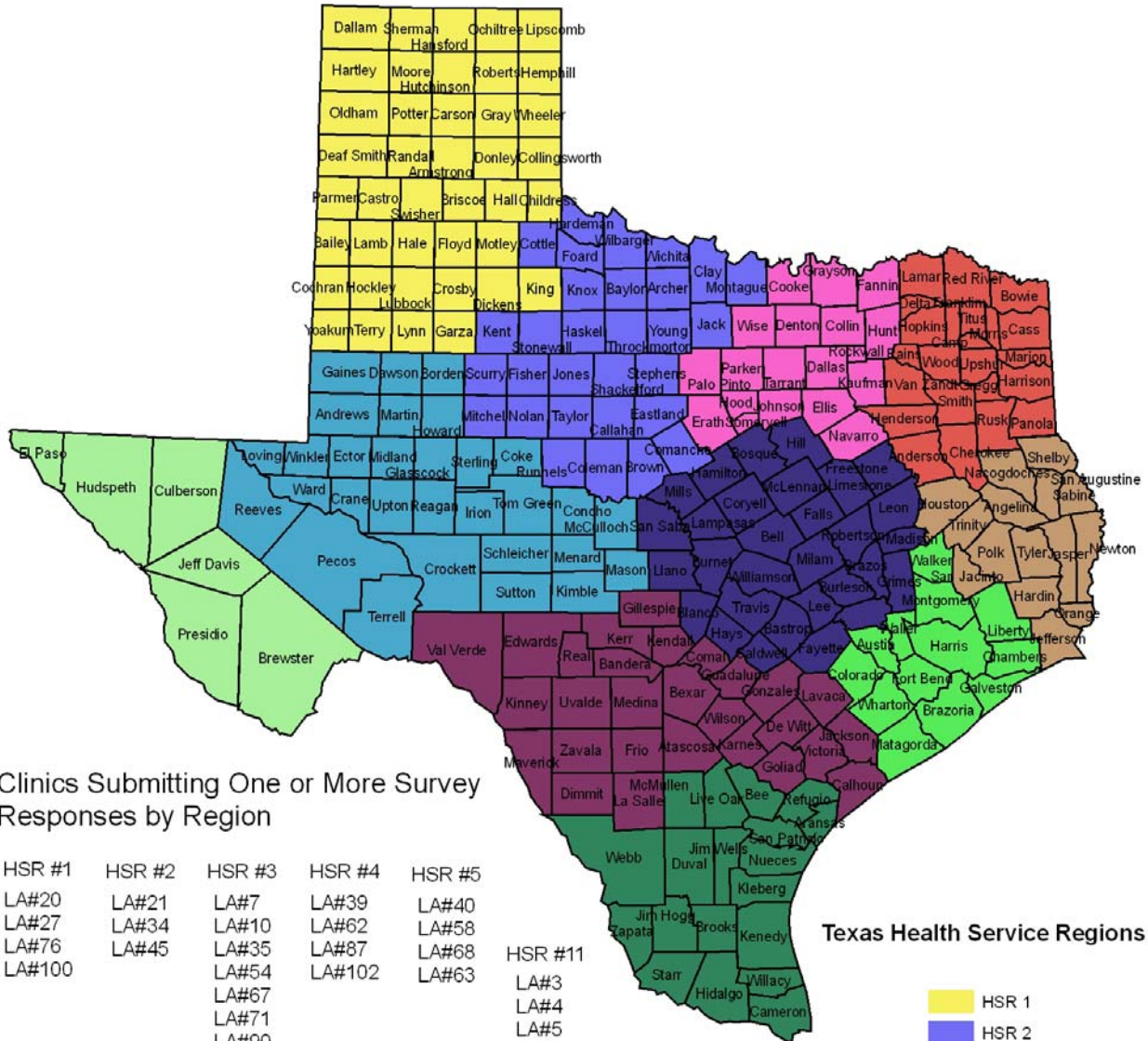
- Local Agency #7 – City of Dallas Department of Environmental Health
- Local Agency #9 – Community Action Council of South Texas
- Local Agency #10 – Grayson County Health Department
- Local Agency #11 – Galveston County Health District
- Local Agency #17 – UT Health Science Center/Houston
- Local Agency #19 – Vida Y Salud-Health Systems, Inc.
- Local Agency #20 – Regence Health Network
- Local Agency #21 – Wichita Falls-Wichita County Public Health District
- Local Agency #22 – Waco-McLennan County Public Health District
- Local Agency #26 – Houston Health and Human Services Department
- Local Agency #31 – Bell County Public Health District
- Local Agency #33 – El-Paso City-County Health Department
- Local Agency #36 – City of San Marcos
- Local Agency #37 – Victoria City-County Health Department
- Local Agency #38 – Corpus Christi-Nueces County Public Health District
- Local Agency #39 – Northeast Texas Public Health District
- Local Agency #40 – Beaumont Public Health Department
- Local Agency #41 – San Antonio Metropolitan Health District
- Local Agency #42 – Williamson County & Cities Health District
- Local Agency #44 – City of Del Rio
- Local Agency #48 – Harris County Public Health & Environmental Services
- Local Agency #54 – Tarrant County Health Department
- Local Agency #59 – Barrio Comprehensive Family Health Care Center, Inc.
- Local Agency #69 – Community Council of South Central Texas, Inc.
- Local Agency #76 – North Texas Home Health Services, Inc.
- Local Agency #77 – UTMB Regional WIC Program at Galveston
- Local Agency #83 – Health Service Region 9/10
- Local Agency #84 – Health Service Region 6/5S
- Local Agency #87 – Health Service Region 4/5N
- Local Agency #94 – Texas Tech University Health Sciences Center/Odessa
- Local Agency #100 – City of Amarillo

Contact Information

The questionnaire was developed by Tracy Erickson (Tracy.Erickson@dshs.state.tx.us) in the Nutrition Services Section of the Division of Family and Community Health Services. The analyses included in this document as well as the structure of the document were developed by Brian C. Castrucci (Brian.Castrucci@dshs.state.tx.us) in the Family Health Research & Program Development Unit, Office of Title V and Family Health. Please contact either of these staff with any questions that you may regarding this report.



CLINICS SUBMITTING DATA BY TEXAS HEALTH SERVICE REGIONS



Clinics Submitting One or More Survey Responses by Region

HSR #1	HSR #2	HSR #3	HSR #4	HSR #5	HSR #11
LA#20	LA#21	LA#7	LA#39	LA#40	LA#3
LA#27	LA#34	LA#10	LA#62	LA#58	LA#4
LA#76	LA#45	LA#35	LA#87	LA#68	LA#5
LA#100		LA#54	LA#102	LA#63	LA#9
		LA#67			LA#12
		LA#71			LA#13
		LA#90			LA#38
HSR #6	HSR #7	HSR #8	HSR #9	HSR #10	LA#51
LA#11	LA#1	LA#19	LA#56	LA#33	LA#55
LA#15	LA#22	LA#24	LA#83		LA#58
LA#17	LA#31	LA#37	LA#94		LA#63
LA#26	LA#32	LA#41			LA#67
LA#29	LA#36	LA#43			LA#71
LA#48	LA#42	LA#44			LA#77
LA#60	LA#102	LA#49			LA#84
LA#70	LA#106	LA#53			
LA#77	LA#107	LA#59			
LA#84	LA#108	LA#64			
	LA#109	LA#69			
		LA#73			
		LA#89			

Texas Health Service Regions

- HSR 1
- HSR 2
- HSR 3
- HSR 4
- HSR 5
- HSR 6
- HSR 7
- HSR 8
- HSR 9
- HSR 10
- HSR 11



2006 INFANT FEEDING SURVEY QUESTIONNAIRE



LA # _____

INFANT FEEDING SURVEY

The goal of this survey is to gather information about breastfeeding. This survey will not have your name on it. The information will be used for WIC purposes only and will not affect your WIC services.

1. **Are you the biological mother of this child?**
 Yes
 No → IF NO, STOP THE SURVEY.

2. **Were you enrolled in WIC at any time during your pregnancy with this child?**
 Yes
 No → IF NO, STOP THE SURVEY.

3. **At what age was this child first enrolled in WIC?**
 0-3 months
 4-6 months
 7-11 months
 12 months or more

4. **What is your age?** (Fill in age.)
_____ years old

5. **Check the box that describes the highest degree or level of school completed:**
(Check only one.)
 8th grade or less
 9-12 grade (no diploma)
 High school diploma or GED (High school graduate)
 College 1 year to 3 years (Some college or technical school)
 College 4 years or more (College graduate)
 Don't know/Not sure

6. **What language do you speak most of the time at home?**
(Check only one.)
 English
 Spanish
 Vietnamese
 Other (write in) _____

7. What is your race/ethnicity? Are you...

(Check only one.)

- White or Caucasian?
- Black or African American?
- Hispanic or Latino?
- Asian or Pacific Islander?
- Native American or Alaskan Native?
- Bi-racial or multi-racial? (Please specify races.) _____
- Other? {Please specify race(s.)} _____

8. For how long was this child breastfed or fed pumped breast milk?

(Check only one.)

This child never received breastmilk → **GO TO QUESTION 9**

Less than 1 week
 1-2 weeks
 3-4 weeks
 1-3 months
 4-6 months
 7-11 months

→ **SKIP QUESTION 9
AND GO TO QUESTION 10**

12 months or more
 This child is still breastfeeding → **SKIP QUESTION 9 and 10
AND GO TO QUESTION 11**

9. Below is a list of reasons why women do not breastfeed their babies. For each one, please check if it was a reason why you did not breastfeed.

Did you choose not to breastfeed because...

(Check all that apply.)

- your baby did not want or could not breastfeed?
- you had too many other things to do?

- you didn't like to or did not want to breastfeed?
- you went back to work or school?

- you were sick or taking medication?
- a doctor or nurse told you not to breastfeed?

- you were embarrassed to breastfeed?
- your husband or partner did not want you to breastfeed?
- another reason? Write in: _____

IF THIS CHILD WAS NOT BREASTFED, STOP THE SURVEY NOW.

10. Below is a list of reasons why women stop breastfeeding their babies. For each one, please check if it was a reason for you.

Did you stop breastfeeding because...

(Check all that apply.)

- your baby had difficulty nursing?
- you could not find anyone to help you with breastfeeding?

- your family or friends encouraged you to give the baby formula?
- your baby was premature or became sick and could not breastfeed?

- you became sick or were put on medicine and couldn't breastfeed?
- breast milk alone did not satisfy your baby?

- you thought your baby was not gaining enough weight?
- you thought you were not producing enough milk?

- your nipples or breasts hurt?
- you went back to work or school?

- you wanted or needed someone else to feed the baby?
- your husband or partner wanted you to stop breastfeeding?

- your mother wanted you to stop breastfeeding?
- you were embarrassed to breastfeed?

- you had too many household duties?
- your baby was biting?

- you felt it was the right time to stop breastfeeding?
- another reason? Write in: _____

11. **Was your baby born in a hospital?**

No →

**SKIP QUESTION 12
AND GO TO QUESTION 13**

Yes ↓

GO TO QUESTION 12

12. **Below is a list of things that may have happened in the hospital where your new baby was born. For each thing, please check if it happened in your case.**

While you and your baby were in the hospital, did...

(Check all that apply.)

- the hospital staff give you information about breastfeeding?
- your baby stay in the same room with you at the hospital?

- you breastfed your baby in the hospital?
- you breastfed your baby in the first hour after your baby was born?

- hospital staff help you learn how to breastfeed?
- your baby have only breast milk at the hospital?

- hospital staff tell you to breastfeed whenever your baby wanted?
- hospital staff give you a gift pack with formula?

- hospital staff give you a telephone number to call for help with breastfeeding?
- your baby use a pacifier in the hospital?

13. **In addition to breast milk, how old was your baby the first time he or she had the following: formula, juice, cow's milk, tea, sugar water, cereal, or other baby foods.**

(Check only one.)

- Less than 1 week
- 1-2 weeks

- 3-4 weeks
- 1-3 months

- 4-6 months
- 7-11 months

- 12 months or more
- I have not fed this child anything besides breast milk

Thank you for your time.



KEY FINDINGS AT THE STATE AND REGIONAL LEVEL



STATE

- Demographics
 - The majority of the client population is Hispanic women. I recommend identifying the age groups that comprise this ethnic group.
- Breastfeeding Duration
 - More Hispanic women breastfeed long term (12 months+, still breastfeeding) compared to other race-ethnic groups.
 - Although a large proportion of women aged 40+ never breastfeed (31.1%), this group represents the largest proportion of women (by age) who breastfeed long term (12 months+, still breastfeeding; 11.3% and 16% respectively). In addition, a greater proportion of woman 40+ exclusively breastfed for more than six months compared to other age groups.
- Reasons for Never Breastfeeding
 - The primary reason women who use WIC services never breastfeed is because they "I didn't like to or want to breastfeed." This is the primary reason across all race-ethnic groups and age groups. If not already asked, this question should have a follow-up of "why did you not like to or want to breastfeed?" If the response "I didn't like to or want to breastfeed" was based on previous experience with breastfeeding, this may be a potential point for intervention.
 - The second most commonly selected reason (across race-ethnicity and age) women who use WIC services never breastfeed is because the "baby did not want to or could not". Again, this may be a potential point for intervention.
 - Of the remaining reasons, one stands out for older mothers. A greater proportion of women aged 30 and over sited "sick or taking medicine" as the reason why they never breastfed the target infant.
- Reasons for Discontinuing Breastfeeding
 - Unlike reasons women never breastfed, reasons why women discontinued breastfeeding are not consistent across age and race-ethnicity. For most groups, the primary reason women stopped breastfeeding was that "breast milk alone did not satisfy [my] baby." This was not the primary reasons for African-American women, for women younger than 18 years and for women 40+ years. For African-American women, the primary reason they stopped breastfeeding was "[I] went back to work or school." For the aforementioned age groups, the primary reason was "[I] thought [I] wasn't producing enough milk."
- Breastfeeding Experiences in Hospital
 - Overall, hospitals seem to be performing well in terms of giving WIC women information about breastfeeding and allowing women to breastfeed immediately after birth. On both of these items, an affirmative response was given for over 75% of the total population, as well as across race-ethnicity and age.
 - The breastfeeding experience that most needs improvement is the exclusive use of breast milk in the hospital. Less than 26% of total respondents selected this item. Also, a lower proportion of Hispanic women and women aged 40+ had selected this item.

REGIONS

- Breastfeeding Duration
 - HSR 3 fared best in terms of never breastfeeding. Only 22.3% of women said they never breastfed. The range for this item across HSR was 22.3% to 38%
 - HSR 10 fared best in terms of long term breastfeeding with over 23% of client responding they breastfed 12 months + or are still breastfeeding.
- Reasons for Never Breastfeeding
 - As for the state overall, most HSR client selected “didn’t like to or did not want to breastfeed” as the most common reason for never breastfeeding. However, the most common reason in HSR 3 & 8 was “baby did not want or could not.”
- Reasons for Discontinuing Breastfeeding
 - While “breast milk alone did not satisfy [my] baby” was the most common reasons selected for stopping breastfeeding across regions, other reasons stood out, as well. “Baby had difficulty nursing” and “[I] though [I] was not producing enough milk” were selected most commonly in two HSRs each (HSR 2 & 5 and HSR 3 & 7 respectively). “[I] went back to work or school” was also selected in HSR 10 by the same proportion of women who selected “breast milk alone did not satisfy [my] baby.”
- Exclusive Breastfeeding
 - HSR 2 fared best in terms of exclusive breastfeeding for six or more months. Nearly 34% of respondents from this HSR did so.
- Breastfeeding Experience in Hospital
 - The areas where hospitals are doing well in the HSRs include breastfeeding in the hospital and staff giving women information about breastfeeding. Across HSRs, over 75% of respondents selected these items. The area where hospitals are consistently performing poorly is babies having only breast milk. The range of responses for this item across HSRs was 15.6% to 40.6%



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY STATEWIDE



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.7	White	23.8	8 th grade or less	14.5
18-24	46.0	African American	9.5	9-12 th grade (No diploma)	22.6
25-29	26.2	Hispanic	63.6	High school diploma/GED	37.3
30-34	15.0	Other	3.1	College 1 to 3 yrs	22.7
35-39	6.9			College 4 years (graduate)	2.8
40 and older	2.1				

BREASTFEEDING DURATION (N=5,462)

Duration	%	W	AA	H	O	<18	18-29	30-39	≥40
Never	29.9	34.7	46.9	25.3	34.1	38.5	31.7	22.0	31.1
1-2 weeks	7.5	8.6	6.4	7.2	8.2	9.1	7.9	5.6	6.6
3-4 weeks	11.9	13.9	11.0	11.4	8.8	15.5	12.6	8.9	6.6
1-3 months	9.2	6.6	8.1	10.4	9.4	7.5	9.3	10.2	7.5
4-6 months	12.1	11.3	10.1	12.7	12.9	11.2	11.7	13.9	11.3
7-11 months	7.9	6.2	5.8	8.8	10.6	1.1	7.6	10.9	5.7
12 months or more	6.0	3.9	2.5	7.4	4.7	3.2	6.5	10.2	11.3
Still breastfeeding	8.8	6.7	2.9	10.6	7.1	5.3	7.8	13.1	16.0

REASONS FOR NEVER BREASTFEEDING (N=1,663)

Reason	%	W	AA	H	O	<18	18-29	30-39	≥40
Baby did not want or could not	30.1	26.1	17.4	35.7	29.3	26.4	30.1	31.1	18.2
Too many other things to do	11.5	12.0	16.1	9.9	12.1	8.3	12.2	9.5	9.1
I didn't like to or want to breastfeed	42.6	45.7	57.0	37.6	39.7	48.6	44.6	34.4	39.4
Went back to work or school	3.4	1.6	1.2	4.9	5.2	6.9	3.1	3.7	9.1
Sick or taking medicine	12.2	14.9	8.7	11.4	13.8	8.3	11.3	17.0	18.2
MD or RN told you not to breastfeed	1.7	1.8	1.2	1.8	1.7	1.4	1.5	3.3	0.0
Baby had difficulty nursing	7.2	8.7	8.7	6.1	6.9	13.9	7.4	5.8	3.0
Partner or husband didn't want you to	2.1	1.6	0.8	2.9	0.0	1.4	2.0	2.1	0.0

EXCLUSIVE BREASTFEEDING FOR MORE THAN 6 MONTHS (N=3,602)

	%	W	AA	H	O	<18	19-29	30-39	≥40
Breastfed exclusively for more than 6 months	31.3	21.3	24.2	35.5	28.3	29.2	29.0	34.8	29.9

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED (N=3,348)

Reason	%	W	AA	H	O	<18	19-29	30-39	≥40
Baby had difficulty nursing	19.3	24.0	19.7	17.8	16.0	23.8	20.6	14.1	12.5
Could not find anyone to help you with breastfeeding	2.4	2.4	1.2	2.6	1.0	3.8	2.5	1.8	1.8
Family or friends encouraged you to give the baby formula	3.6	3.8	3.5	3.5	3.0	6.7	3.8	2.7	0.0
Baby was premature or became sick and could not breastfeed	3.7	5.4	4.2	3.2	2.0	2.9	3.8	4.2	3.6
You became sick or were put on medicine and couldn't breastfeed	8.8	8.7	6.6	8.6	19.0	8.6	8.7	9.4	14.3
Breast milk alone did not satisfy your baby	24.2	30.3	19.7	22.5	27.0	18.1	25.0	23.1	12.5
You thought baby was not going to gain enough weight	4.1	7.1	3.9	3.1	5.0	3.8	4.3	3.4	7.1
You thought you were not producing enough milk	22.8	26.5	19.7	21.9	27.0	29.5	23.6	21.2	17.9
Your nipples or breasts hurt	16.8	17.5	24.7	15.5	21.0	24.8	18.8	9.1	7.1
You went back to work or school	17.1	16.9	28.6	15.9	16.0	24.8	17.1	14.2	16.1
You wanted or needed someone else to feed the baby	3.1	5.7	3.1	2.2	5.0	2.9	3.6	2.0	1.8
Your husband or partner wanted you to stop breastfeeding	1.3	1.6	0.8	1.3	1.0	2.9	1.4	1.1	0.0
Your mother wanted you to stop breastfeeding	0.6	0.7	0.0	0.6	1.0	2.9	0.5	0.4	0.0
You were embarrassed to breastfeed	1.9	1.6	3.1	1.8	1.0	5.7	2.0	1.1	0.0
You had too many household duties	5.5	5.3	3.0	5.5	9.0	7.6	5.8	4.1	3.6
Your baby was biting	6.7	5.5	7.7	6.7	13.0	5.7	6.7	7.9	8.9
You felt it was the right time to stop breastfeeding	13.4	13.0	11.6	13.9	10.0	8.6	13.1	15.3	14.3

BREASTFEEDING EXPERIENCES IN HOSPITALS (N=3,606)

	%	W	AA	H	O	<18	19-29	30-39	≥40
Hospital staff gave you information about breastfeeding	76.2	81.9	80.8	73.5	82.9	78.5	77.1	73.8	76.1
Your baby stayed in the same room with you at the hospital	64.9	70.3	58.1	63.5	69.5	72.0	65.1	63.3	55.2
You breastfed your baby in the hospital	78.1	84.2	76.5	76.1	83.8	75.7	78.3	78.0	82.1
You breastfed your baby in the first hour after birth	44.4	52.6	45.8	41.1	55.2	38.3	44.3	44.9	35.8
Hospital staff helped you learn how to breastfeed	55.3	59.8	56.9	53.7	55.2	72.0	56.5	50.1	52.2
Your baby had only breast milk at the hospital	25.9	39.7	22.3	21.6	26.7	31.8	26.0	24.8	23.9
Hospital staff told you to breastfeed whenever your baby wanted	44.8	53.1	36.2	42.9	45.7	46.7	43.6	48.5	50.7
Hospital staff give you a gift pack with formula	73.3	75.2	73.8	72.3	81.0	72.9	73.6	73.7	68.7
Hospital staff gave you a telephone number to call for help	49.8	56.3	48.1	47.7	54.3	44.9	48.9	53.1	53.7
Your baby used a pacifier in the hospital	46.1	51.0	56.5	43.6	43.8	56.1	47.4	42.6	41.8



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY HEALTH SERVICE REGIONS



DEMOGRAPHICS

Age	HSR1	HSR2	HSR3	HSR4	HSR5	HSR6	HSR7	HSR8	HSR9	HSR10	HSR11
<18	3.6	2.3	2.8	3.5	3.5	3.0	3.4	4.6	5.8	5.6	4.5
18-24	53.6	60.0	45.3	50.3	56.1	39.5	46.3	44.4	46.9	33.6	46.0
25-29	23.5	23.8	24.6	28.2	27.8	29.9	24.8	24.1	25.9	30.8	26.9
30-34	11.1	7.7	18.1	10.1	8.3	17.2	17.3	16.5	11.6	17.8	13.8
35-39	7.2	6.2	6.6	6.0	3.5	7.8	5.9	7.8	7.6	8.4	7.3
40 and older	1.0	0.0	2.6	1.9	0.9	2.6	2.3	2.7	2.2	3.7	1.5
Race/Ethnicity											
White	28.6	53.7	25.4	48.0	44.5	19.3	29.1	14.3	23.9	6.3	6.7
African American	4.8	13.4	12.0	19.1	30.1	11.9	14.0	2.1	2.6	0.0	0.7
Hispanic	64.4	26.2	58.0	28.9	22.7	65.5	53.9	80.7	72.2	91.1	90.7
Other	2.2	6.7	4.6	4.0	2.7	3.3	3.0	2.9	1.3	2.7	1.9
Educational Level											
8 th grade or less	10.3	5.5	23.6	11.9	7.6	19.5	16.3	8.6	9.6	8.9	14.2
9-12 th grade (No diploma)	24.6	21.5	20.5	22.6	18.5	25.5	22.2	23.1	25.2	17.9	21.6
High school diploma/GED	39.2	36.2	32.5	40.5	48.2	34.5	37.2	39.5	42.2	35.7	36.1
College 1 to 3 yrs	22.9	33.7	18.9	21.6	23.7	18.3	21.8	26.3	20.9	32.1	25.7
College 4 years (graduate)	3.0	3.1	4.5	3.4	2.0	2.1	2.5	2.4	2.2	5.4	2.4

BREASTFEEDING DURATION

Duration	HSR1	HSR2	HSR3	HSR4	HSR5	HSR6	HSR7	HSR8	HSR9	HSR10	HSR11
Never	35.3	32.3	22.3	35.3	37.5	23.0	28.1	38.0	32.9	28.6	29.9
Less than 1 week	7.2	6.7	5.3	6.0	9.8	5.7	7.1	6.2	9.0	5.4	7.7
1-2 weeks	8.2	12.8	7.6	7.1	5.5	6.9	7.6	8.3	4.7	2.7	8.3
3-4 weeks	11.8	14.0	13.0	9.1	14.8	10.2	10.1	12.1	16.2	17.0	12.3
1-3 months	7.0	3.0	11.3	6.3	10.2	10.5	9.4	9.3	8.1	6.3	9.8
4-6 months	12.0	14.0	12.6	16.5	8.6	14.6	14.1	8.5	8.5	8.0	10.8
7-11 months	7.4	4.9	10.1	6.6	6.6	10.5	7.4	5.9	3.4	8.9	8.3
12 months or more	4.1	6.1	7.8	6.3	3.5	7.9	6.4	4.0	5.1	9.8	5.3
Still breastfeeding	7.2	6.1	10.0	6.8	3.5	10.9	9.7	7.8	12.0	13.4	7.7

REASONS FOR NEVER BREASTFEEDING

Reason	HSR1	HSR2	HSR3	HSR4	HSR5	HSR6	HSR7	HSR8	HSR9	HSR10	HSR11
Baby did not want or could not	25.2	26.4	38.2	22.6	26.0	25.6	31.0	37.0	19.5	34.4	31.0
Too many other things to do	12.2	22.6	4.7	14.5	10.4	11.4	10.7	13.0	9.1	6.3	12.4
I didn't like to or want to breastfeed	50.3	39.6	35.3	44.4	45.8	44.7	44.2	37.0	45.5	46.9	44.3
Went back to work or school	6.8	1.9	2.9	3.2	0.0	4.6	3.0	1.9	3.9	6.3	4.3
Sick or taking medicine	11.6	9.4	8.8	12.9	13.5	15.1	13.2	13.6	11.7	12.5	9.0
MD or RN told you not to breastfeed	2.7	0.0	1.8	4.0	3.1	1.4	0.0	1.3	3.9	0.0	1.4
Baby had difficulty nursing	10.9	9.4	6.5	9.7	7.3	7.8	3.0	6.5	5.2	6.3	8.1
Partner or husband didn't want you to	2.7	3.8	1.8	4.8	0.0	3.7	0.0	1.9	1.3	0.0	1.9

REASONS FOR DISCONTINUING TO BREASTFED

Reason	HSR1	HSR2	HSR3	HSR4	HSR5	HSR6	HSR7	HSR8	HSR9	HSR10	HSR11
Baby had difficulty nursing	24.6	29.7	17.7	14.3	29.8	15.4	17.9	21.9	23.3	13.8	18.7
Could not find anyone to help you with breastfeeding	3.3	2.0	2.3	4.4	2.0	2.4	0.9	2.5	0.8	1.5	3.2
Family or friends encouraged you to give the baby formula	4.6	1.0	5.4	5.4	0.7	2.9	2.1	4.1	3.9	0.0	3.9
Baby was premature or became sick and could not breastfeed	4.2	2.0	2.9	5.9	4.6	3.0	3.7	3.6	2.3	4.6	5.0
You became sick or were put on medicine and couldn't breastfeed	8.8	8.9	7.6	5.9	10.6	7.6	7.8	8.0	11.6	12.3	13.0
Breast milk alone did not satisfy your baby	25.0	19.8	23.9	28.1	23.8	24.9	21.3	24.1	24.0	29.2	24.7
You thought baby was not going to gain enough weight	5.8	4.0	4.9	4.4	5.3	5.5	3.9	2.3	3.1	3.1	2.3
You thought you were not producing enough milk	23.8	28.7	24.9	23.2	14.6	23.6	21.8	23.7	20.2	23.1	21.2
Your nipples or breasts hurt	19.2	21.8	15.3	20.2	16.6	17.0	15.4	18.5	16.3	9.2	15.8
You went back to work or school	16.3	22.8	13.8	16.3	14.6	16.5	18.8	19.8	20.2	29.2	15.3
You wanted or needed someone else to feed the baby	4.6	4.0	3.1	6.9	3.3	2.5	3.4	2.7	3.9	4.6	0.9
Your husband or partner wanted you to stop breastfeeding	3.8	0.0	1.7	2.0	1.3	0.6	0.7	0.5	2.3	0.0	1.8
Your mother wanted you to stop breastfeeding	0.8	0.0	1.0	1.5	0.0	0.6	0.5	0.2	0.8	1.5	0.2
You were embarrassed to breastfeed	2.5	2.0	1.0	3.0	1.3	1.6	0.7	1.6	3.9	3.1	3.2
You had too many household duties	8.8	4.0	5.6	4.9	4.0	4.9	6.0	5.0	2.3	13.8	5.0
Your baby was biting	5.8	6.9	6.8	7.4	4.0	7.8	6.9	5.0	3.1	13.8	7.5
You felt it was the right time to stop breastfeeding	14.2	8.9	13.6	17.2	9.3	14.3	12.6	12.1	14.7	24.6	11.9

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	HSR1	HSR2	HSR3	HSR4	HSR5	HSR6	HSR7	HSR8	HSR9	HSR10	HSR11
Breastfed exclusively for more than 6 months	32.7	33.9	30.7	33.2	24.0	33.1	30.9	30.5	21.6	31.3	33.4

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

BREASTFEEDING EXPERIENCES IN HOSPITALS

	HSR1	HSR2	HSR3	HSR4	HSR5	HSR6	HSR7	HSR8	HSR9	HSR10	HSR11
Hospital staff gave you information about breastfeeding	77.0	79.0	80.4	74.5	76.8	73.5	80.3	79.6	75.3	82.9	65.6
Your baby stayed in the same room with you at the hospital	73.4	75.2	68.4	67.0	55.0	56.3	66.2	73.1	67.3	71.1	57.5
You breastfed your baby in the hospital	84.0	82.9	84.2	78.8	73.5	74.1	81.6	80.0	83.3	77.6	66.9
You breastfed your baby in the first hour after birth	52.7	53.3	46.4	44.3	39.1	41.3	54.7	46.9	42.0	30.3	32.1
Hospital staff helped you learn how to breastfeed	58.0	56.0	63.3	48.3	52.4	47.8	61.8	56.5	51.1	53.4	39.6
Your baby had only breast milk at the hospital	40.6	32.4	33.6	30.2	17.9	20.0	27.8	21.7	38.0	25.0	15.6
Hospital staff told you to breastfeed whenever your baby wanted	43.4	41.9	53.6	42.5	42.4	44.0	49.6	42.9	41.3	53.9	35.3
Hospital staff give you a gift pack with formula	65.2	73.3	75.8	67.9	80.8	74.5	74.6	76.2	61.3	59.2	75.0
Hospital staff gave you a telephone number to call for help	51.6	51.4	53.8	40.6	51.7	46.8	59.4	54.7	42.7	52.6	39.3
Your baby used a pacifier in the hospital	42.2	48.6	47.3	44.3	49.0	44.2	48.5	46.7	50.7	43.4	45.3



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #7 – CITY OF DALLAS DEPT OF ENVIRONMENTAL & HEALTH SERVICES



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.6	White	14.7	8 th grade or less	25.1
18-24	44.2	African American	18.6	9-12 th grade (No diploma)	18.9
25-29	25.5	Hispanic	62.1	High school diploma/GED	31.4
30-34	15.2	Other	4.5	College 1 to 3 yrs	19.4
35-39	9.1			College 4 years (graduate)	5.1
40 and older	2.4				

BREASTFEEDING DURATION

Duration	%
Never	21.5
Less than 1 week	4.0
1-2 weeks	9.6
3-4 weeks	12.4
1-3 months	13.0
4-6 months	10.2
7-11 months	7.9
12 months or more	8.5
Still breastfeeding	13.0

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	28.9
Too many other things to do	5.3
I didn't like to or want to breastfeed	44.7
Went back to work or school	0.0
Sick or taking medicine	5.3
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	2.6
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	26.9

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFEED

Reason	%
Baby had difficulty nursing	18.1
Could not find anyone to help you with breastfeeding	1.7
Family or friends encouraged you to give the baby formula	6.0
Baby was premature or became sick and could not breastfeed	6.9
You became sick or were put on medicine and couldn't breastfeed	12.9
Breast milk alone did not satisfy your baby	16.4
You thought baby was not going to gain enough weight	4.3
You thought you were not producing enough milk	19.8
Your nipples or breasts hurt	12.1
You went back to work or school	18.1
You wanted or needed someone else to feed the baby	2.6
Your husband or partner wanted you to stop breastfeeding	4.3
Your mother wanted you to stop breastfeeding	2.6
You were embarrassed to breastfeed	0.0
You had too many household duties	6.9
Your baby was biting	10.3
You felt it was the right time to stop breastfeeding	13.8

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	84.2
Your baby stayed in the same room with you at the hospital	69.2
You breastfed your baby in the hospital	85.0
You breastfed your baby in the first hour after birth	48.1
Hospital staff helped you learn how to breastfeed	74.4
Your baby had only breast milk at the hospital	35.3
Hospital staff told you to breastfeed whenever your baby wanted	60.9
Hospital staff gave you a gift pack with formula	76.7
Hospital staff gave you a telephone number to call for help	66.9
Your baby used a pacifier in the hospital	48.9



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #9 – COMMUNITY ACTION COUNCIL OF SOUTH TEXAS



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.1	White	4.0	8 th grade or less	13.7
18-24	51.0	African American	0.0	9-12 th grade (No diploma)	21.1
25-29	27.1	Hispanic	93.0	High school diploma/GED	40.0
30-34	9.4	Other	3.0	College 1 to 3 yrs	21.1
35-39	8.3			College 4 years (graduate)	4.2
40 and older	1.0				

BREASTFEEDING DURATION

Duration	%
Never	26.0
Less than 1 week	8.0
1-2 weeks	9.0
3-4 weeks	18.0
1-3 months	10.0
4-6 months	11.0
7-11 months	6.0
12 months or more	4.0
Still breastfeeding	8.0

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	34.6
Too many other things to do	7.7
I didn't like to or want to breastfeed	53.8
Went back to work or school	0.0
Sick or taking medicine	11.5
MD or RN told you not to breastfeed	3.8
Baby had difficulty nursing	7.7
Partner or husband didn't want you to	3.8

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	20.8

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	10.6
Could not find anyone to help you with breastfeeding	4.5
Family or friends encouraged you to give the baby formula	9.1
Baby was premature or became sick and could not breastfeed	6.1
You became sick or were put on medicine and couldn't breastfeed	12.1
Breast milk alone did not satisfy your baby	31.8
You thought baby was not going to gain enough weight	7.6
You thought you were not producing enough milk	37.9
Your nipples or breasts hurt	15.2
You went back to work or school	19.7
You wanted or needed someone else to feed the baby	1.5
Your husband or partner wanted you to stop breastfeeding	3.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	3.0
You had too many household duties	4.5
Your baby was biting	6.1
You felt it was the right time to stop breastfeeding	12.1

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	56.5
Your baby stayed in the same room with you at the hospital	39.1
You breastfed your baby in the hospital	66.7
You breastfed your baby in first hour after birth	18.8
Hospital staff helped you learn how to breastfeed	39.1
Your baby had only breast milk at the hospital	15.9
Hospital staff told you to breastfeed whenever your baby wanted	29.0
Hospital staff give you a gift pack with formula	69.6
Hospital staff gave you a telephone number to call for help	33.3
Your baby used a pacifier in the hospital	39.1



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #10 – GRAYSON COUNTY HEALTH DEPARTMENT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.0	White	65.6	8 th grade or less	6.7
18-24	53.8	African American	10.0	9-12 th grade (No diploma)	16.9
25-29	25.0	Hispanic	17.8	High school diploma/GED	49.4
30-34	13.8	Other	6.7	College 1 to 3 yrs	27.0
35-39	1.3			College 4 years (graduate)	.0
40 and older	1.3				

BREASTFEEDING DURATION

Duration	%
Never	30.8
Less than 1 week	4.4
1-2 weeks	9.9
3-4 weeks	22.0
1-3 months	12.1
4-6 months	6.6
7-11 months	11.0
12 months or more	1.1
Still breastfeeding	2.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	17.9
Too many other things to do	3.6
I didn't like to or want to breastfeed	46.4
Went back to work or school	0.0
Sick or taking medicine	7.1
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	25.0
Partner or husband didn't want you to	3.6

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	32.2

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	19.7
Could not find anyone to help you with breastfeeding	3.3
Family or friends encouraged you to give the baby formula	3.3
Baby was premature or became sick and could not breastfeed	4.9
You became sick or were put on medicine and couldn't breastfeed	3.3
Breast milk alone did not satisfy your baby	29.5
You thought baby was not going to gain enough weight	4.9
You thought you were not producing enough milk	29.5
Your nipples or breasts hurt	24.6
You went back to work or school	14.8
You wanted or needed someone else to feed the baby	3.3
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	1.6
You had too many household duties	9.8
Your baby was biting	0.0
You felt it was the right time to stop breastfeeding	9.8

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	81.0
Your baby stayed in the same room with you at the hospital	63.8
You breastfed your baby in the hospital	79.3
You breastfed your baby in first hour after birth	53.4
Hospital staff helped you learn how to breastfeed	69.0
Your baby had only breast milk at the hospital	43.1
Hospital staff told you to breastfeed whenever your baby wanted	65.5
Hospital staff give you a gift pack with formula	79.3
Hospital staff gave you a telephone number to call for help	51.7
Your baby used a pacifier in the hospital	63.8



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #11 – GALVESTON COUNTY HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	0.0	White	29.2	8 th grade or less	10.8
18-24	35.0	African American	18.0	9-12 th grade (No diploma)	19.3
25-29	36.3	Hispanic	49.4	High school diploma/GED	34.9
30-34	18.8	Other	3.4	College 1 to 3 yrs	31.3
35-39	6.3			College 4 years (graduate)	3.6
40 and older	3.8				

BREASTFEEDING DURATION

Duration	%
Never	33.7
Less than 1 week	9.0
1-2 weeks	6.7
3-4 weeks	13.5
1-3 months	10.1
4-6 months	10.1
7-11 months	9.0
12 months or more	5.6
Still breastfeeding	2.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	20.0
Too many other things to do	16.7
I didn't like to or want to breastfeed	53.3
Went back to work or school	6.7
Sick or taking medicine	3.3
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	10.0
Partner or husband didn't want you to	3.3

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	24.5

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	14.0
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	1.8
Baby was premature or became sick and could not breastfeed	3.5
You became sick or were put on medicine and couldn't breastfeed	3.5
Breast milk alone did not satisfy your baby	26.3
You thought baby was not going to gain enough weight	8.8
You thought you were not producing enough milk	15.8
Your nipples or breasts hurt	14.0
You went back to work or school	15.8
You wanted or needed someone else to feed the baby	1.8
Your husband or partner wanted you to stop breastfeeding	1.8
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	5.3
You had too many household duties	1.8
Your baby was biting	3.5
You felt it was the right time to stop breastfeeding	14.0

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	63.0
Your baby stayed in the same room with you at the hospital	31.5
You breastfed your baby in the hospital	59.3
You breastfed your baby in first hour after birth	33.3
Hospital staff helped you learn how to breastfeed	33.3
Your baby had only breast milk at the hospital	9.3
Hospital staff told you to breastfeed whenever your baby wanted	29.6
Hospital staff give you a gift pack with formula	66.7
Hospital staff gave you a telephone number to call for help	31.5
Your baby used a pacifier in the hospital	53.7



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #17 – UT HEALTH SCIENCE CENTER/HOUSTON



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	6.1	White	2.6	8 th grade or less	31.1
18-24	42.1	African American	15.8	9-12 th grade (No diploma)	33.0
25-29	28.1	Hispanic	90.0	High school diploma/GED	17.9
30-34	14.0	Other	3.0	College 1 to 3 yrs	14.2
35-39	6.1			College 4 years (graduate)	3.8
40 and older	3.5				

BREASTFEEDING DURATION

Duration	%
Never	13.9
Less than 1 week	6.1
1-2 weeks	7.0
3-4 weeks	7.8
1-3 months	16.5
4-6 months	16.5
7-11 months	13.9
12 months or more	6.1
Still breastfeeding	12.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	12.5
Too many other things to do	0.0
I didn't like to or want to breastfeed	62.5
Went back to work or school	6.3
Sick or taking medicine	18.8
MD or RN told you not to breastfeed	6.3
Baby had difficulty nursing	0.0
Partner or husband didn't want you to	6.3

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	31.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	16.5
Could not find anyone to help you with breastfeeding	1.2
Family or friends encouraged you to give the baby formula	2.4
Baby was premature or became sick and could not breastfeed	4.7
You became sick or were put on medicine and couldn't breastfeed	11.8
Breast milk alone did not satisfy your baby	28.2
You thought baby was not going to gain enough weight	2.4
You thought you were not producing enough milk	29.4
Your nipples or breasts hurt	12.9
You went back to work or school	21.2
You wanted or needed someone else to feed the baby	4.7
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	1.2
You were embarrassed to breastfeed	0.0
You had too many household duties	10.6
Your baby was biting	4.7
You felt it was the right time to stop breastfeeding	15.3

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	75.8
Your baby stayed in the same room with you at the hospital	59.6
You breastfed your baby in the hospital	74.7
You breastfed your baby in first hour after birth	29.3
Hospital staff helped you learn how to breastfeed	52.5
Your baby had only breast milk at the hospital	14.1
Hospital staff told you to breastfeed whenever your baby wanted	43.4
Hospital staff give you a gift pack with formula	76.8
Hospital staff gave you a telephone number to call for help	41.4
Your baby used a pacifier in the hospital	33.3



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #19 – VIDA Y SALUD-HEALTH SYSTEMS, INC.



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	4.1	White	1.3	8 th grade or less	8.0
18-24	42.5	African American	0.0	9-12 th grade (No diploma)	30.7
25-29	16.4	Hispanic	96.0	High school diploma/GED	34.7
30-34	21.9	Other	2.7	College 1 to 3 yrs	26.7
35-39	8.2			College 4 years (graduate)	0.0
40 and older	6.8				

BREASTFEEDING DURATION

Duration	%
Never	40.0
Less than 1 week	2.7
1-2 weeks	6.7
3-4 weeks	9.3
1-3 months	8.0
4-6 months	9.3
7-11 months	4.0
12 months or more	9.3
Still breastfeeding	10.7

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	23.3
Too many other things to do	16.7
I didn't like to or want to breastfeed	46.7
Went back to work or school	3.3
Sick or taking medicine	10.0
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	20.0
Partner or husband didn't want you to	3.3

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	33.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	5.4
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	8.1
Baby was premature or became sick and could not breastfeed	2.7
You became sick or were put on medicine and couldn't breastfeed	16.2
Breast milk alone did not satisfy your baby	18.9
You thought baby was not going to gain enough weight	2.7
You thought you were not producing enough milk	10.8
Your nipples or breasts hurt	16.2
You went back to work or school	10.8
You wanted or needed someone else to feed the baby	0.0
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	2.7
You had too many household duties	0.0
Your baby was biting	2.7
You felt it was the right time to stop breastfeeding	10.8

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	71.4
Your baby stayed in the same room with you at the hospital	50.0
You breastfed your baby in the hospital	83.3
You breastfed your baby in first hour after birth	47.6
Hospital staff helped you learn how to breastfeed	52.4
Your baby had only breast milk at the hospital	31.0
Hospital staff told you to breastfeed whenever your baby wanted	40.5
Hospital staff give you a gift pack with formula	50.0
Hospital staff gave you a telephone number to call for help	47.6
Your baby used a pacifier in the hospital	31.0



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #20 – REGENCE HEALTH NETWORK



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	4.6	White	12.4	8 th grade or less	10.9
18-24	53.8	African American	4.1	9-12 th grade (No diploma)	26.1
25-29	20.0	Hispanic	82.1	High school diploma/GED	44.2
30-34	9.2	Other	1.4	College 1 to 3 yrs	17.4
35-39	11.5			College 4 years (graduate)	1.4
40 and older	0.8				

BREASTFEEDING DURATION

Duration	%
Never	42.1
Less than 1 week	9.0
1-2 weeks	6.2
3-4 weeks	13.1
1-3 months	5.5
4-6 months	9.0
7-11 months	7.6
12 months or more	2.1
Still breastfeeding	5.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	23.0
Too many other things to do	13.1
I didn't like to or want to breastfeed	50.8
Went back to work or school	6.6
Sick or taking medicine	6.6
MD or RN told you not to breastfeed	3.3
Baby had difficulty nursing	11.5
Partner or husband didn't want you to	3.3

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	27.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	22.4
Could not find anyone to help you with breastfeeding	2.6
Family or friends encouraged you to give the baby formula	1.3
Baby was premature or became sick and could not breastfeed	5.3
You became sick or were put on medicine and couldn't breastfeed	7.9
Breast milk alone did not satisfy your baby	23.7
You thought baby was not going to gain enough weight	3.9
You thought you were not producing enough milk	23.7
Your nipples or breasts hurt	26.3
You went back to work or school	14.5
You wanted or needed someone else to feed the baby	3.9
Your husband or partner wanted you to stop breastfeeding	1.3
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	1.3
You had too many household duties	11.8
Your baby was biting	5.3
You felt it was the right time to stop breastfeeding	13.2

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	79.2
Your baby stayed in the same room with you at the hospital	87.0
You breastfed your baby in the hospital	89.6
You breastfed your baby in first hour after birth	55.8
Hospital staff helped you learn how to breastfeed	57.1
Your baby had only breast milk at the hospital	37.7
Hospital staff told you to breastfeed whenever your baby wanted	51.9
Hospital staff give you a gift pack with formula	76.6
Hospital staff gave you a telephone number to call for help	53.2
Your baby used a pacifier in the hospital	33.8



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #21 – WICHITA FALLS- WICHITA COUNTY PUBLIC HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.5	White	53.1	8 th grade or less	5.2
18-24	59.5	African American	20.8	9-12 th grade (No diploma)	17.7
25-29	22.8	Hispanic	16.7	High school diploma/GED	41.7
30-34	7.6	Other	9.4	College 1 to 3 yrs	33.3
35-39	7.6			College 4 years (graduate)	2.1
40 and older	0.0				

BREASTFEEDING DURATION

Duration	%
Never	31.3
Less than 1 week	6.3
1-2 weeks	11.5
3-4 weeks	16.7
1-3 months	1.0
4-6 months	14.6
7-11 months	5.2
12 months or more	9.4
Still breastfeeding	4.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	26.7
Too many other things to do	30.0
I didn't like to or want to breastfeed	36.7
Went back to work or school	0.0
Sick or taking medicine	6.7
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	13.3
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	32.8

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	22.6
Could not find anyone to help you with breastfeeding	3.2
Family or friends encouraged you to give the baby formula	1.6
Baby was premature or became sick and could not breastfeed	1.6
You became sick or were put on medicine and couldn't breastfeed	6.5
Breast milk alone did not satisfy your baby	17.7
You thought baby was not going to gain enough weight	1.6
You thought you were not producing enough milk	30.6
Your nipples or breasts hurt	17.7
You went back to work or school	22.6
You wanted or needed someone else to feed the baby	1.6
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	1.6
You had too many household duties	4.8
Your baby was biting	6.5
You felt it was the right time to stop breastfeeding	9.7

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	79.4
Your baby stayed in the same room with you at the hospital	79.4
You breastfed your baby in the hospital	85.7
You breastfed your baby in first hour after birth	54.0
Hospital staff helped you learn how to breastfeed	60.3
Your baby had only breast milk at the hospital	31.7
Hospital staff told you to breastfeed whenever your baby wanted	41.3
Hospital staff give you a gift pack with formula	74.6
Hospital staff gave you a telephone number to call for help	47.6
Your baby used a pacifier in the hospital	58.7



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #22 – WACO-MCLENNAN COUNTY PUBLIC HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.0	White	26.2	8 th grade or less	16.3
18-24	42.9	African American	18.4	9-12 th grade (No diploma)	16.3
25-29	30.6	Hispanic	54.4	High school diploma/GED	32.7
30-34	17.3	Other	1.0	College 1 to 3 yrs	32.7
35-39	5.1			College 4 years (graduate)	2.0
40 and older	2.0				

BREASTFEEDING DURATION

Duration	%
Never	34.0
Less than 1 week	5.8
1-2 weeks	6.8
3-4 weeks	13.6
1-3 months	11.7
4-6 months	11.7
7-11 months	2.9
12 months or more	7.8
Still breastfeeding	5.8

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	31.4
Too many other things to do	11.4
I didn't like to or want to breastfeed	42.9
Went back to work or school	2.9
Sick or taking medicine	14.3
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	5.7
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	22.4

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	19.4
Could not find anyone to help you with breastfeeding	1.6
Family or friends encouraged you to give the baby formula	3.2
Baby was premature or became sick and could not breastfeed	1.6
You became sick or were put on medicine and couldn't breastfeed	12.9
Breast milk alone did not satisfy your baby	12.9
You thought baby was not going to gain enough weight	0.0
You thought you were not producing enough milk	12.9
Your nipples or breasts hurt	11.3
You went back to work or school	25.8
You wanted or needed someone else to feed the baby	9.7
Your husband or partner wanted you to stop breastfeeding	1.6
Your mother wanted you to stop breastfeeding	1.6
You were embarrassed to breastfeed	3.2
You had too many household duties	11.3
Your baby was biting	3.2
You felt it was the right time to stop breastfeeding	12.9

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	80.6
Your baby stayed in the same room with you at the hospital	59.7
You breastfed your baby in the hospital	71.6
You breastfed your baby in first hour after birth	43.3
Hospital staff helped you learn how to breastfeed	58.2
Your baby had only breast milk at the hospital	29.9
Hospital staff told you to breastfeed whenever your baby wanted	41.8
Hospital staff give you a gift pack with formula	74.6
Hospital staff gave you a telephone number to call for help	56.7
Your baby used a pacifier in the hospital	53.7



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #26 – HOUSTON HEALTH AND HUMAN SERVICES DEPARTMENT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.2	White	3.5	8 th grade or less	28.2
18-24	26.7	African American	10.4	9-12 th grade (No diploma)	26.8
25-29	37.0	Hispanic	83.3	High school diploma/GED	31.7
30-34	23.7	Other	2.8	College 1 to 3 yrs	13.4
35-39	8.1			College 4 years (graduate)	0.0
40 and older	2.0				

BREASTFEEDING DURATION

Duration	%
Never	17.8
Less than 1 week	4.8
1-2 weeks	6.2
3-4 weeks	9.6
1-3 months	8.9
4-6 months	14.4
7-11 months	8.9
12 months or more	14.4
Still breastfeeding	15.1

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	50.0
Too many other things to do	11.5
I didn't like to or want to breastfeed	26.9
Went back to work or school	3.8
Sick or taking medicine	7.7
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	3.8
Partner or husband didn't want you to	3.8

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	34.9

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	14.3
Could not find anyone to help you with breastfeeding	4.1
Family or friends encouraged you to give the baby formula	1.0
Baby was premature or became sick and could not breastfeed	0.0
You became sick or were put on medicine and couldn't breastfeed	5.1
Breast milk alone did not satisfy your baby	20.4
You thought baby was not going to gain enough weight	5.1
You thought you were not producing enough milk	17.3
Your nipples or breasts hurt	14.3
You went back to work or school	15.3
You wanted or needed someone else to feed the baby	1.0
Your husband or partner wanted you to stop breastfeeding	2.0
Your mother wanted you to stop breastfeeding	2.0
You were embarrassed to breastfeed	1.0
You had too many household duties	5.1
Your baby was biting	9.2
You felt it was the right time to stop breastfeeding	13.3

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	71.2
Your baby stayed in the same room with you at the hospital	63.1
You breastfed your baby in the hospital	68.5
You breastfed your baby in first hour after birth	37.8
Hospital staff helped you learn how to breastfeed	52.3
Your baby had only breast milk at the hospital	16.2
Hospital staff told you to breastfeed whenever your baby wanted	42.3
Hospital staff give you a gift pack with formula	74.8
Hospital staff gave you a telephone number to call for help	52.3
Your baby used a pacifier in the hospital	27.0



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #31 – BELL COUNTY PUBLIC HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.3	White	46.9	8 th grade or less	2.0
18-24	38.9	African American	18.4	9-12 th grade (No diploma)	18.4
25-29	28.9	Hispanic	26.5	High school diploma/GED	43.9
30-34	20.0	Other	8.2	College 1 to 3 yrs	30.6
35-39	5.6			College 4 years (graduate)	5.1
40 and older	3.3				

BREASTFEEDING DURATION

Duration	%
Never	27.6
Less than 1 week	11.2
1-2 weeks	6.1
3-4 weeks	7.1
1-3 months	8.2
4-6 months	16.3
7-11 months	10.2
12 months or more	5.1
Still breastfeeding	8.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	3.7
Too many other things to do	22.2
I didn't like to or want to breastfeed	40.7
Went back to work or school	0.0
Sick or taking medicine	7.4
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	3.7
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	14.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	22.2
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	3.2
Baby was premature or became sick and could not breastfeed	0.0
You became sick or were put on medicine and couldn't breastfeed	4.8
Breast milk alone did not satisfy your baby	30.2
You thought baby was not going to gain enough weight	9.5
You thought you were not producing enough milk	17.5
Your nipples or breasts hurt	14.3
You went back to work or school	11.1
You wanted or needed someone else to feed the baby	3.2
Your husband or partner wanted you to stop breastfeeding	1.6
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	1.6
Your baby was biting	7.9
You felt it was the right time to stop breastfeeding	9.5

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	73.0
Your baby stayed in the same room with you at the hospital	63.5
You breastfed your baby in the hospital	77.8
You breastfed your baby in first hour after birth	55.6
Hospital staff helped you learn how to breastfeed	52.4
Your baby had only breast milk at the hospital	33.3
Hospital staff told you to breastfeed whenever your baby wanted	39.7
Hospital staff give you a gift pack with formula	76.2
Hospital staff gave you a telephone number to call for help	60.3
Your baby used a pacifier in the hospital	46.0



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #33 – EL PASO CITY-COUNTY HEALTH DEPARTMENT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.6	White	6.3	8 th grade or less	8.9
18-24	33.6	African American	0.0	9-12 th grade (No diploma)	17.9
25-29	30.8	Hispanic	91.1	High school diploma/GED	35.7
30-34	17.8	Other	2.7	College 1 to 3 yrs	32.1
35-39	8.4			College 4 years (graduate)	5.4
40 and older	3.7				

BREASTFEEDING DURATION

Duration	%
Never	28.6
Less than 1 week	5.4
1-2 weeks	2.7
3-4 weeks	17.0
1-3 months	6.3
4-6 months	8.0
7-11 months	8.9
12 months or more	9.8
Still breastfeeding	13.4

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	34.4
Too many other things to do	6.3
I didn't like to or want to breastfeed	46.9
Went back to work or school	6.3
Sick or taking medicine	12.5
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	6.3
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	31.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	13.8
Could not find anyone to help you with breastfeeding	1.5
Family or friends encouraged you to give the baby formula	0.0
Baby was premature or became sick and could not breastfeed	4.6
You became sick or were put on medicine and couldn't breastfeed	12.3
Breast milk alone did not satisfy your baby	29.2
You thought baby was not going to gain enough weight	3.1
You thought you were not producing enough milk	23.1
Your nipples or breasts hurt	9.2
You went back to work or school	29.2
You wanted or needed someone else to feed the baby	4.6
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	1.5
You were embarrassed to breastfeed	3.1
You had too many household duties	13.8
Your baby was biting	13.8
You felt it was the right time to stop breastfeeding	24.6

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	82.9
Your baby stayed in the same room with you at the hospital	71.1
You breastfed your baby in the hospital	77.6
You breastfed your baby in first hour after birth	30.3
Hospital staff helped you learn how to breastfeed	55.3
Your baby had only breast milk at the hospital	25.0
Hospital staff told you to breastfeed whenever your baby wanted	53.9
Hospital staff give you a gift pack with formula	59.2
Hospital staff gave you a telephone number to call for help	52.6
Your baby used a pacifier in the hospital	43.4



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #36 – CITY OF SAN MARCOS



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.6	White	29.5	8 th grade or less	21.5
18-24	45.2	African American	4.1	9-12 th grade (No diploma)	23.1
25-29	21.7	Hispanic	64.8	High school diploma/GED	38.0
30-34	20.0	Other	1.6	College 1 to 3 yrs	14.0
35-39	8.7			College 4 years (graduate)	3.3
40 and older	1.7				

BREASTFEEDING DURATION

Duration	%
Never	27.0
Less than 1 week	6.6
1-2 weeks	4.9
3-4 weeks	9.8
1-3 months	13.1
4-6 months	13.9
7-11 months	8.2
12 months or more	8.2
Still breastfeeding	8.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	42.4
Too many other things to do	9.1
I didn't like to or want to breastfeed	36.4
Went back to work or school	6.1
Sick or taking medicine	21.2
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	0.0
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	28.2

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	15.2
Could not find anyone to help you with breastfeeding	1.3
Family or friends encouraged you to give the baby formula	0.0
Baby was premature or became sick and could not breastfeed	2.5
You became sick or were put on medicine and couldn't breastfeed	5.1
Breast milk alone did not satisfy your baby	19.0
You thought baby was not going to gain enough weight	2.5
You thought you were not producing enough milk	27.8
Your nipples or breasts hurt	17.7
You went back to work or school	25.3
You wanted or needed someone else to feed the baby	0.0
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	6.3
Your baby was biting	7.6
You felt it was the right time to stop breastfeeding	17.7

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	78.2
Your baby stayed in the same room with you at the hospital	67.8
You breastfed your baby in the hospital	86.2
You breastfed your baby in first hour after birth	57.5
Hospital staff helped you learn how to breastfeed	66.7
Your baby had only breast milk at the hospital	26.4
Hospital staff told you to breastfeed whenever your baby wanted	54.0
Hospital staff give you a gift pack with formula	73.6
Hospital staff gave you a telephone number to call for help	56.3
Your baby used a pacifier in the hospital	43.7



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #37 – VICTORIA CITY-COUNTY HEALTH DEPARTMENT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.8	White	24.2	8 th grade or less	10.0
18-24	42.5	African American	2.2	9-12 th grade (No diploma)	18.9
25-29	22.5	Hispanic	72.5	High school diploma/GED	54.4
30-34	20.0	Other	1.1	College 1 to 3 yrs	15.6
35-39	8.7			College 4 years (graduate)	1.1
40 and older	2.5				

BREASTFEEDING DURATION

Duration	%
Never	45.7
Less than 1 week	7.6
1-2 weeks	12.0
3-4 weeks	10.9
1-3 months	4.3
4-6 months	6.5
7-11 months	3.3
12 months or more	3.3
Still breastfeeding	6.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	38.1
Too many other things to do	11.9
I didn't like to or want to breastfeed	38.1
Went back to work or school	2.4
Sick or taking medicine	9.5
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	4.8
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	15.6

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFEED

Reason	%
Baby had difficulty nursing	27.3
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	0.0
Baby was premature or became sick and could not breastfeed	2.3
You became sick or were put on medicine and couldn't breastfeed	11.4
Breast milk alone did not satisfy your baby	20.5
You thought baby was not going to gain enough weight	0.0
You thought you were not producing enough milk	13.6
Your nipples or breasts hurt	15.9
You went back to work or school	25.0
You wanted or needed someone else to feed the baby	2.3
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	2.3
Your baby was biting	9.1
You felt it was the right time to stop breastfeeding	15.9

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	88.9
Your baby stayed in the same room with you at the hospital	77.8
You breastfed your baby in the hospital	75.6
You breastfed your baby in first hour after birth	57.8
Hospital staff helped you learn how to breastfeed	60.0
Your baby had only breast milk at the hospital	20.0
Hospital staff told you to breastfeed whenever your baby wanted	53.3
Hospital staff give you a gift pack with formula	80.0
Hospital staff gave you a telephone number to call for help	53.3
Your baby used a pacifier in the hospital	46.7



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #38 – CORPUS CHRISTI- NUECES COUNTY PUBLIC HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.1	White	11.5	8 th grade or less	7.4
18-24	57.0	African American	2.1	9-12 th grade (No diploma)	28.4
25-29	15.2	Hispanic	81.3	High school diploma/GED	35.8
30-34	11.4	Other	5.2	College 1 to 3 yrs	27.4
35-39	8.9			College 4 years (graduate)	1.1
40 and older	2.5				

BREASTFEEDING DURATION

Duration	%
Never	39.6
Less than 1 week	10.4
1-2 weeks	6.3
3-4 weeks	5.2
1-3 months	9.4
4-6 months	10.4
7-11 months	9.4
12 months or more	5.2
Still breastfeeding	4.2

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	31.6
Too many other things to do	7.9
I didn't like to or want to breastfeed	44.7
Went back to work or school	7.9
Sick or taking medicine	7.9
MD or RN told you not to breastfeed	2.6
Baby had difficulty nursing	13.2
Partner or husband didn't want you to	2.6

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	40.7

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFEED

Reason	%
Baby had difficulty nursing	20.4
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	1.9
Baby was premature or became sick and could not breastfeed	3.7
You became sick or were put on medicine and couldn't breastfeed	7.4
Breast milk alone did not satisfy your baby	18.5
You thought baby was not going to gain enough weight	1.9
You thought you were not producing enough milk	16.7
Your nipples or breasts hurt	16.7
You went back to work or school	14.8
You wanted or needed someone else to feed the baby	3.7
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	1.9
You had too many household duties	1.9
Your baby was biting	7.4
You felt it was the right time to stop breastfeeding	9.3

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	75.9
Your baby stayed in the same room with you at the hospital	68.5
You breastfed your baby in the hospital	75.9
You breastfed your baby in first hour after birth	40.7
Hospital staff helped you learn how to breastfeed	68.5
Your baby had only breast milk at the hospital	22.2
Hospital staff told you to breastfeed whenever your baby wanted	51.9
Hospital staff give you a gift pack with formula	88.9
Hospital staff gave you a telephone number to call for help	57.4
Your baby used a pacifier in the hospital	68.5



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #39 – NORTHEAST TEXAS PUBLIC HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	4.0	White	35.3	8 th grade or less	14.3
18-24	45.3	African American	23.5	9-12 th grade (No diploma)	24.7
25-29	32.7	Hispanic	35.3	High school diploma/GED	39.0
30-34	9.3	Other	5.9	College 1 to 3 yrs	18.8
35-39	6.0			College 4 years (graduate)	3.2
40 and older	2.7				

BREASTFEEDING DURATION

Duration	%
Never	32.7
Less than 1 week	7.6
1-2 weeks	4.7
3-4 weeks	9.9
1-3 months	4.7
4-6 months	18.7
7-11 months	5.3
12 months or more	6.4
Still breastfeeding	9.9

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	26.8
Too many other things to do	16.1
I didn't like to or want to breastfeed	44.6
Went back to work or school	5.4
Sick or taking medicine	12.5
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	5.4
Partner or husband didn't want you to	3.6

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	40.0

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	16.3
Could not find anyone to help you with breastfeeding	9.2
Family or friends encouraged you to give the baby formula	7.1
Baby was premature or became sick and could not breastfeed	3.1
You became sick or were put on medicine and couldn't breastfeed	7.1
Breast milk alone did not satisfy your baby	23.5
You thought baby was not going to gain enough weight	5.1
You thought you were not producing enough milk	17.3
Your nipples or breasts hurt	15.9
You went back to work or school	15.3
You wanted or needed someone else to feed the baby	9.2
Your husband or partner wanted you to stop breastfeeding	4.1
Your mother wanted you to stop breastfeeding	3.1
You were embarrassed to breastfeed	5.1
You had too many household duties	6.1
Your baby was biting	9.2
You felt it was the right time to stop breastfeeding	16.3

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	71.4
Your baby stayed in the same room with you at the hospital	64.8
You breastfed your baby in the hospital	75.2
You breastfed your baby in first hour after birth	35.2
Hospital staff helped you learn how to breastfeed	44.8
Your baby had only breast milk at the hospital	30.5
Hospital staff told you to breastfeed whenever your baby wanted	36.2
Hospital staff give you a gift pack with formula	59.0
Hospital staff gave you a telephone number to call for help	34.3
Your baby used a pacifier in the hospital	41.9



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #40 – BEAUMONT PUBLIC HEALTH DEPARTMENT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.7	White	7.1	8 th grade or less	17.1
18-24	50.0	African American	51.2	9-12 th grade (No diploma)	15.9
25-29	37.8	Hispanic	38.1	High school diploma/GED	40.2
30-34	6.8	Other	3.6	College 1 to 3 yrs	26.8
35-39	0.0			College 4 years (graduate)	0.0
40 and older	2.7				

BREASTFEEDING DURATION

Duration	%
Never	33.3
Less than 1 week	6.0
1-2 weeks	3.6
3-4 weeks	10.7
1-3 months	11.9
4-6 months	13.1
7-11 months	11.9
12 months or more	6.0
Still breastfeeding	3.6

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	21.4
Too many other things to do	7.1
I didn't like to or want to breastfeed	50.0
Went back to work or school	0.0
Sick or taking medicine	17.9
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	3.6
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	34.0

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	22.6
Could not find anyone to help you with breastfeeding	1.9
Family or friends encouraged you to give the baby formula	0.0
Baby was premature or became sick and could not breastfeed	3.8
You became sick or were put on medicine and couldn't breastfeed	9.4
Breast milk alone did not satisfy your baby	20.8
You thought baby was not going to gain enough weight	1.9
You thought you were not producing enough milk	11.3
Your nipples or breasts hurt	11.3
You went back to work or school	13.2
You wanted or needed someone else to feed the baby	1.9
Your husband or partner wanted you to stop breastfeeding	1.9
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	1.9
Your baby was biting	1.9
You felt it was the right time to stop breastfeeding	9.4

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	74.1
Your baby stayed in the same room with you at the hospital	53.7
You breastfed your baby in the hospital	74.1
You breastfed your baby in first hour after birth	42.6
Hospital staff helped you learn how to breastfeed	53.7
Your baby had only breast milk at the hospital	14.8
Hospital staff told you to breastfeed whenever your baby wanted	50.0
Hospital staff give you a gift pack with formula	75.9
Hospital staff gave you a telephone number to call for help	50.0
Your baby used a pacifier in the hospital	51.9



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #41 – SAN ANTONIO METROPOLITAN HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.7	White	10.5	8 th grade or less	4.2
18-24	53.4	African American	1.1	9-12 th grade (No diploma)	30.5
25-29	15.9	Hispanic	83.2	High school diploma/GED	24.2
30-34	18.2	Other	5.3	College 1 to 3 yrs	35.8
35-39	5.7			College 4 years (graduate)	5.3
40 and older	1.1				

BREASTFEEDING DURATION

Duration	%
Never	37.5
Less than 1 week	8.3
1-2 weeks	10.4
3-4 weeks	9.4
1-3 months	9.4
4-6 months	5.2
7-11 months	4.2
12 months or more	3.1
Still breastfeeding	12.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	25.0
Too many other things to do	8.3
I didn't like to or want to breastfeed	55.6
Went back to work or school	0.0
Sick or taking medicine	13.9
MD or RN told you not to breastfeed	2.8
Baby had difficulty nursing	5.6
Partner or husband didn't want you to	5.6

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	31.5

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	31.3
Could not find anyone to help you with breastfeeding	6.3
Family or friends encouraged you to give the baby formula	8.3
Baby was premature or became sick and could not breastfeed	2.1
You became sick or were put on medicine and couldn't breastfeed	8.3
Breast milk alone did not satisfy your baby	22.9
You thought baby was not going to gain enough weight	2.1
You thought you were not producing enough milk	22.9
Your nipples or breasts hurt	20.8
You went back to work or school	20.8
You wanted or needed someone else to feed the baby	4.2
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	2.1
You were embarrassed to breastfeed	2.1
You had too many household duties	2.1
Your baby was biting	6.3
You felt it was the right time to stop breastfeeding	12.5

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	88.9
Your baby stayed in the same room with you at the hospital	72.2
You breastfed your baby in the hospital	87.0
You breastfed your baby in first hour after birth	46.3
Hospital staff helped you learn how to breastfeed	68.5
Your baby had only breast milk at the hospital	24.1
Hospital staff told you to breastfeed whenever your baby wanted	38.9
Hospital staff give you a gift pack with formula	77.8
Hospital staff gave you a telephone number to call for help	66.7
Your baby used a pacifier in the hospital	53.7



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #42 – WILLIAMSON COUNTY & CITIES HEALTH DISTRICT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.7	White	16.8	8 th grade or less	17.4
18-24	52.9	African American	8.4	9-12 th grade (No diploma)	23.9
25-29	23.0	Hispanic	72.6	High school diploma/GED	37.0
30-34	11.5	Other	2.1	College 1 to 3 yrs	19.6
35-39	5.7			College 4 years (graduate)	2.2
40 and older					

BREASTFEEDING DURATION

Duration	%
Never	20.0
Less than 1 week	7.4
1-2 weeks	10.5
3-4 weeks	13.7
1-3 months	7.4
4-6 months	16.8
7-11 months	6.3
12 months or more	4.2
Still breastfeeding	13.7

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	47.4
Too many other things to do	0.0
I didn't like to or want to breastfeed	36.8
Went back to work or school	0.0
Sick or taking medicine	21.1
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	0.0
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	32.8

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	25.4
Could not find anyone to help you with breastfeeding	1.6
Family or friends encouraged you to give the baby formula	3.2
Baby was premature or became sick and could not breastfeed	4.8
You became sick or were put on medicine and couldn't breastfeed	3.2
Breast milk alone did not satisfy your baby	25.4
You thought baby was not going to gain enough weight	4.8
You thought you were not producing enough milk	17.5
Your nipples or breasts hurt	20.6
You went back to work or school	19.0
You wanted or needed someone else to feed the baby	3.2
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	1.6
You had too many household duties	4.8
Your baby was biting	7.9
You felt it was the right time to stop breastfeeding	12.7

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	85.1
Your baby stayed in the same room with you at the hospital	71.6
You breastfed your baby in the hospital	80.6
You breastfed your baby in first hour after birth	65.7
Hospital staff helped you learn how to breastfeed	67.2
Your baby had only breast milk at the hospital	35.8
Hospital staff told you to breastfeed whenever your baby wanted	56.7
Hospital staff give you a gift pack with formula	73.1
Hospital staff gave you a telephone number to call for help	67.2
Your baby used a pacifier in the hospital	44.8



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #44 – CITY OF DEL RIO



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.5	White	6.9	8 th grade or less	15.7
18-24	36.3	African American	0.0	9-12 th grade (No diploma)	23.9
25-29	28.8	Hispanic	89.7	High school diploma/GED	37.0
30-34	18.8	Other	3.4	College 1 to 3 yrs	19.6
35-39	11.3			College 4 years (graduate)	2.2
40 and older	2.5				

BREASTFEEDING DURATION

Duration	%
Never	27.3
Less than 1 week	5.7
1-2 weeks	6.8
3-4 weeks	22.7
1-3 months	6.8
4-6 months	11.7
7-11 months	10.2
12 months or more	4.5
Still breastfeeding	4.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	50.0
Too many other things to do	4.2
I didn't like to or want to breastfeed	29.2
Went back to work or school	8.3
Sick or taking medicine	16.7
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	0.0
Partner or husband didn't want you to	4.2

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	36.5

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	15.0
Could not find anyone to help you with breastfeeding	1.7
Family or friends encouraged you to give the baby formula	0.0
Baby was premature or became sick and could not breastfeed	5.0
You became sick or were put on medicine and couldn't breastfeed	8.3
Breast milk alone did not satisfy your baby	28.3
You thought baby was not going to gain enough weight	5.0
You thought you were not producing enough milk	30.0
Your nipples or breasts hurt	13.3
You went back to work or school	18.3
You wanted or needed someone else to feed the baby	1.7
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	3.3
Your baby was biting	5.0
You felt it was the right time to stop breastfeeding	13.3

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	63.9
Your baby stayed in the same room with you at the hospital	77.0
You breastfed your baby in the hospital	70.5
You breastfed your baby in first hour after birth	55.7
Hospital staff helped you learn how to breastfeed	34.4
Your baby had only breast milk at the hospital	14.8
Hospital staff told you to breastfeed whenever your baby wanted	32.8
Hospital staff give you a gift pack with formula	68.9
Hospital staff gave you a telephone number to call for help	24.6
Your baby used a pacifier in the hospital	36.1



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #48 – HARRIS COUNTY PUBLIC HEALTH & ENVIRONMENTAL SERVICES



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.5	White	12.5	8 th grade or less	16.3
18-24	34.5	African American	13.3	9-12 th grade (No diploma)	29.3
25-29	31.0	Hispanic	71.9	High school diploma/GED	39.8
30-34	17.7	Other	2.3	College 1 to 3 yrs	12.2
35-39	11.5			College 4 years (graduate)	2.4
40 and older	1.8				

BREASTFEEDING DURATION

Duration	%
Never	10.2
Less than 1 week	4.7
1-2 weeks	8.6
3-4 weeks	15.6
1-3 months	8.6
4-6 months	13.3
7-11 months	16.4
12 months or more	9.4
Still breastfeeding	10.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	38.5
Too many other things to do	7.7
I didn't like to or want to breastfeed	46.2
Went back to work or school	0.0
Sick or taking medicine	0.0
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	7.7
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	36.1

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	18.4
Could not find anyone to help you with breastfeeding	3.1
Family or friends encouraged you to give the baby formula	8.2
Baby was premature or became sick and could not breastfeed	5.1
You became sick or were put on medicine and couldn't breastfeed	7.1
Breast milk alone did not satisfy your baby	30.6
You thought baby was not going to gain enough weight	9.2
You thought you were not producing enough milk	23.5
Your nipples or breasts hurt	16.3
You went back to work or school	11.2
You wanted or needed someone else to feed the baby	0.0
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	4.1
You had too many household duties	5.1
Your baby was biting	10.2
You felt it was the right time to stop breastfeeding	11.2

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	73.6
Your baby stayed in the same room with you at the hospital	55.7
You breastfed your baby in the hospital	76.4
You breastfed your baby in first hour after birth	44.3
Hospital staff helped you learn how to breastfeed	50.0
Your baby had only breast milk at the hospital	22.6
Hospital staff told you to breastfeed whenever your baby wanted	32.8
Hospital staff give you a gift pack with formula	75.5
Hospital staff gave you a telephone number to call for help	50.0
Your baby used a pacifier in the hospital	52.8



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #54 – TARRANT COUNTY HEALTH DEPARTMENT



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.9	White	28.2	8 th grade or less	20.2
18-24	45.2	African American	11.4	9-12 th grade (No diploma)	21.6
25-29	20.7	Hispanic	55.5	High school diploma/GED	33.7
30-34	20.7	Other	5.0	College 1 to 3 yrs	18.3
35-39	7.7			College 4 years (graduate)	6.3
40 and older	2.9				

BREASTFEEDING DURATION

Duration	%
Never	26.8
Less than 1 week	5.0
1-2 weeks	6.8
3-4 weeks	10.0
1-3 months	10.5
4-6 months	13.6
7-11 months	10.5
12 months or more	6.4
Still breastfeeding	10.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	47.5
Too many other things to do	6.8
I didn't like to or want to breastfeed	30.5
Went back to work or school	1.7
Sick or taking medicine	8.5
MD or RN told you not to breastfeed	5.1
Baby had difficulty nursing	5.1
Partner or husband didn't want you to	1.7

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	28.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	20.3
Could not find anyone to help you with breastfeeding	5.1
Family or friends encouraged you to give the baby formula	8.0
Baby was premature or became sick and could not breastfeed	2.2
You became sick or were put on medicine and couldn't breastfeed	8.0
Breast milk alone did not satisfy your baby	30.4
You thought baby was not going to gain enough weight	7.2
You thought you were not producing enough milk	29.7
Your nipples or breasts hurt	15.9
You went back to work or school	13.0
You wanted or needed someone else to feed the baby	5.1
Your husband or partner wanted you to stop breastfeeding	2.2
Your mother wanted you to stop breastfeeding	0.7
You were embarrassed to breastfeed	2.9
You had too many household duties	5.1
Your baby was biting	5.1
You felt it was the right time to stop breastfeeding	14.5

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	74.0
Your baby stayed in the same room with you at the hospital	71.2
You breastfed your baby in the hospital	82.9
You breastfed your baby in first hour after birth	36.3
Hospital staff helped you learn how to breastfeed	56.8
Your baby had only breast milk at the hospital	30.8
Hospital staff told you to breastfeed whenever your baby wanted	52.1
Hospital staff give you a gift pack with formula	74.7
Hospital staff gave you a telephone number to call for help	53.4
Your baby used a pacifier in the hospital	34.9



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #59 – BARRIO COMPREHENSIVE FAMILY HEALTH CARE CENTER, INC.



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.6	White	3.2	8 th grade or less	17.0
18-24	37.8	African American	1.1	9-12 th grade (No diploma)	36.4
25-29	20.0	Hispanic	92.6	High school diploma/GED	28.4
30-34	20.0	Other	3.2	College 1 to 3 yrs	17.0
35-39	12.2			College 4 years (graduate)	1.1
40 and older	4.4				

BREASTFEEDING DURATION

Duration	%
Never	29.5
Less than 1 week	4.2
1-2 weeks	10.5
3-4 weeks	12.6
1-3 months	8.4
4-6 months	7.4
7-11 months	5.3
12 months or more	6.3
Still breastfeeding	15.8

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	35.7
Too many other things to do	17.9
I didn't like to or want to breastfeed	28.6
Went back to work or school	0.0
Sick or taking medicine	17.9
MD or RN told you not to breastfeed	10.7
Baby had difficulty nursing	7.1
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	45.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	17.3
Could not find anyone to help you with breastfeeding	3.8
Family or friends encouraged you to give the baby formula	5.8
Baby was premature or became sick and could not breastfeed	1.9
You became sick or were put on medicine and couldn't breastfeed	5.8
Breast milk alone did not satisfy your baby	13.5
You thought baby was not going to gain enough weight	0.0
You thought you were not producing enough milk	15.4
Your nipples or breasts hurt	15.4
You went back to work or school	9.6
You wanted or needed someone else to feed the baby	1.9
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	1.9
Your baby was biting	7.7
You felt it was the right time to stop breastfeeding	9.6

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	65.1
Your baby stayed in the same room with you at the hospital	69.8
You breastfed your baby in the hospital	77.8
You breastfed your baby in first hour after birth	38.1
Hospital staff helped you learn how to breastfeed	61.9
Your baby had only breast milk at the hospital	23.8
Hospital staff told you to breastfeed whenever your baby wanted	46.0
Hospital staff give you a gift pack with formula	77.8
Hospital staff gave you a telephone number to call for help	61.9
Your baby used a pacifier in the hospital	42.9



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #69 – COMMUNITY COUNCIL OF SOUTH CENTRAL TEXAS, INC.



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.6	White	32.9	8 th grade or less	2.5
18-24	47.4	African American	2.4	9-12 th grade (No diploma)	19.8
25-29	26.9	Hispanic	63.4	High school diploma/GED	54.3
30-34	15.4	Other	1.2	College 1 to 3 yrs	21.0
35-39	5.1			College 4 years (graduate)	2.5
40 and older	2.6				

BREASTFEEDING DURATION

Duration	%
Never	46.3
Less than 1 week	6.1
1-2 weeks	8.5
3-4 weeks	9.8
1-3 months	7.3
4-6 months	8.5
7-11 months	4.9
12 months or more	3.7
Still breastfeeding	4.9

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	23.7
Too many other things to do	7.9
I didn't like to or want to breastfeed	52.6
Went back to work or school	2.6
Sick or taking medicine	15.8
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	10.5
Partner or husband didn't want you to	2.6

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	29.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	10.0
Could not find anyone to help you with breastfeeding	2.5
Family or friends encouraged you to give the baby formula	10.0
Baby was premature or became sick and could not breastfeed	5.0
You became sick or were put on medicine and couldn't breastfeed	10.0
Breast milk alone did not satisfy your baby	30.0
You thought baby was not going to gain enough weight	5.0
You thought you were not producing enough milk	27.5
Your nipples or breasts hurt	15.0
You went back to work or school	17.5
You wanted or needed someone else to feed the baby	5.0
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	5.0
You had too many household duties	7.5
Your baby was biting	7.5
You felt it was the right time to stop breastfeeding	7.5

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	72.1
Your baby stayed in the same room with you at the hospital	72.1
You breastfed your baby in the hospital	74.4
You breastfed your baby in first hour after birth	48.8
Hospital staff helped you learn how to breastfeed	58.1
Your baby had only breast milk at the hospital	30.2
Hospital staff told you to breastfeed whenever your baby wanted	37.2
Hospital staff give you a gift pack with formula	76.7
Hospital staff gave you a telephone number to call for help	37.2
Your baby used a pacifier in the hospital	41.9



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #76 – NORTH TEXAS HOME HEALTH SERVICES, INC.



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	0	White	40.4	8 th grade or less	17.5
18-24	54.0	African American	1.9	9-12 th grade (No diploma)	28.9
25-29	26.0	Hispanic	55.8	High school diploma/GED	34.0
30-34	14.0	Other	1.9	College 1 to 3 yrs	17.5
35-39	4.0			College 4 years (graduate)	2.1
40 and older	2.0				

BREASTFEEDING DURATION

Duration	%
Never	33.3
Less than 1 week	9.5
1-2 weeks	11.4
3-4 weeks	4.8
1-3 months	9.5
4-6 months	8.5
7-11 months	7.6
12 months or more	3.8
Still breastfeeding	10.5

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	40.0
Too many other things to do	14.3
I didn't like to or want to breastfeed	48.6
Went back to work or school	8.6
Sick or taking medicine	5.7
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	5.7
Partner or husband didn't want you to	2.9

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	35.8

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	22.0
Could not find anyone to help you with breastfeeding	3.4
Family or friends encouraged you to give the baby formula	10.2
Baby was premature or became sick and could not breastfeed	3.4
You became sick or were put on medicine and couldn't breastfeed	6.8
Breast milk alone did not satisfy your baby	25.4
You thought baby was not going to gain enough weight	5.1
You thought you were not producing enough milk	25.4
Your nipples or breasts hurt	11.9
You went back to work or school	11.9
You wanted or needed someone else to feed the baby	6.8
Your husband or partner wanted you to stop breastfeeding	6.8
Your mother wanted you to stop breastfeeding	1.7
You were embarrassed to breastfeed	3.4
You had too many household duties	8.5
Your baby was biting	1.7
You felt it was the right time to stop breastfeeding	18.6

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	62.7
Your baby stayed in the same room with you at the hospital	55.2
You breastfed your baby in the hospital	79.1
You breastfed your baby in first hour after birth	53.7
Hospital staff helped you learn how to breastfeed	43.3
Your baby had only breast milk at the hospital	34.3
Hospital staff told you to breastfeed whenever your baby wanted	37.3
Hospital staff give you a gift pack with formula	55.2
Hospital staff gave you a telephone number to call for help	22.4
Your baby used a pacifier in the hospital	43.3



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #77 – UTMB REGIONAL WIC PROGRAM AT GALVESTON



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	2.4	White	35.9	8 th grade or less	14.8
18-24	49.6	African American	13.8	9-12 th grade (No diploma)	22.2
25-29	29.1	Hispanic	47.6	High school diploma/GED	40.0
30-34	12.6	Other	2.8	College 1 to 3 yrs	20.7
35-39	4.7			College 4 years (graduate)	2.2
40 and older	1.6				

BREASTFEEDING DURATION

Duration	%
Never	35.9
Less than 1 week	6.2
1-2 weeks	6.9
3-4 weeks	6.2
1-3 months	4.1
4-6 months	20.0
7-11 months	5.5
12 months or more	6.2
Still breastfeeding	9.0

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	25.0
Too many other things to do	11.5
I didn't like to or want to breastfeed	44.2
Went back to work or school	5.8
Sick or taking medicine	11.5
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	7.7
Partner or husband didn't want you to	3.8

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	47.7

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	11.3
Could not find anyone to help you with breastfeeding	1.3
Family or friends encouraged you to give the baby formula	3.8
Baby was premature or became sick and could not breastfeed	0.0
You became sick or were put on medicine and couldn't breastfeed	5.0
Breast milk alone did not satisfy your baby	30.0
You thought baby was not going to gain enough weight	3.8
You thought you were not producing enough milk	22.5
Your nipples or breasts hurt	22.5
You went back to work or school	20.0
You wanted or needed someone else to feed the baby	2.5
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	1.3
You had too many household duties	2.5
Your baby was biting	11.3
You felt it was the right time to stop breastfeeding	21.3

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	71.1
Your baby stayed in the same room with you at the hospital	47.8
You breastfed your baby in the hospital	64.4
You breastfed your baby in first hour after birth	35.6
Hospital staff helped you learn how to breastfeed	45.6
Your baby had only breast milk at the hospital	21.1
Hospital staff told you to breastfeed whenever your baby wanted	37.8
Hospital staff give you a gift pack with formula	66.7
Hospital staff gave you a telephone number to call for help	43.3
Your baby used a pacifier in the hospital	52.2



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #83 – HEALTH SERVICE REGION 9/10



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	5.3	White	23.8	8 th grade or less	16.5
18-24	41.3	African American	2.5	9-12 th grade (No diploma)	17.7
25-29	26.7	Hispanic	73.8	High school diploma/GED	46.8
30-34	14.7	Other	0.0	College 1 to 3 yrs	19.0
35-39	6.7x			College 4 years (graduate)	0.0
40 and older	5.3				

BREASTFEEDING DURATION

Duration	%
Never	33.8
Less than 1 week	12.5
1-2 weeks	6.3
3-4 weeks	13.8
1-3 months	10.0
4-6 months	7.5
7-11 months	3.8
12 months or more	2.5
Still breastfeeding	10.0

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	18.5
Too many other things to do	3.7
I didn't like to or want to breastfeed	44.4
Went back to work or school	0.0
Sick or taking medicine	22.2
MD or RN told you not to breastfeed	11.1
Baby had difficulty nursing	3.7
Partner or husband didn't want you to	3.7

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	26.5

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	15.6
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	8.9
Baby was premature or became sick and could not breastfeed	0.0
You became sick or were put on medicine and couldn't breastfeed	13.3
Breast milk alone did not satisfy your baby	17.8
You thought baby was not going to gain enough weight	2.2
You thought you were not producing enough milk	17.8
Your nipples or breasts hurt	20.0
You went back to work or school	31.1
You wanted or needed someone else to feed the baby	6.7
Your husband or partner wanted you to stop breastfeeding	4.4
Your mother wanted you to stop breastfeeding	2.2
You were embarrassed to breastfeed	8.9
You had too many household duties	6.7
Your baby was biting	2.2
You felt it was the right time to stop breastfeeding	24.4

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	73.1
Your baby stayed in the same room with you at the hospital	63.5
You breastfed your baby in the hospital	86.5
You breastfed your baby in first hour after birth	34.6
Hospital staff helped you learn how to breastfeed	50.0
Your baby had only breast milk at the hospital	34.6
Hospital staff told you to breastfeed whenever your baby wanted	42.3
Hospital staff give you a gift pack with formula	59.6
Hospital staff gave you a telephone number to call for help	30.8
Your baby used a pacifier in the hospital	40.0



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #84 – HEALTH SERVICE REGION 6/5S



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.0	White	25.4	8 th grade or less	13.8
18-24	38.4	African American	10.5	9-12 th grade (No diploma)	24.825.5
25-29	27.3	Hispanic	57.9	High school diploma/GED	36.7
30-34	14.1	Other	6.1	College 1 to 3 yrs	22.0
35-39	12.1			College 4 years (graduate)	2.8
40 and older	5.1				

BREASTFEEDING DURATION

Duration	%
Never	21.1
Less than 1 week	3.5
1-2 weeks	7.0
3-4 weeks	9.6
1-3 months	7.9
4-6 months	15.8
7-11 months	14.0
12 months or more	9.6
Still breastfeeding	11.4

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	20.8
Too many other things to do	12.5
I didn't like to or want to breastfeed	45.8
Went back to work or school	0.0
Sick or taking medicine	29.2
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	16.7
Partner or husband didn't want you to	4.2

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	30.9

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	6.5
Could not find anyone to help you with breastfeeding	3.9
Family or friends encouraged you to give the baby formula	1.3
Baby was premature or became sick and could not breastfeed	0.0
You became sick or were put on medicine and couldn't breastfeed	11.7
Breast milk alone did not satisfy your baby	19.5
You thought baby was not going to gain enough weight	3.9
You thought you were not producing enough milk	23.4
Your nipples or breasts hurt	13.0
You went back to work or school	11.7
You wanted or needed someone else to feed the baby	3.9
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	1.3
Your baby was biting	7.8
You felt it was the right time to stop breastfeeding	16.9

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	83.1
Your baby stayed in the same room with you at the hospital	68.7
You breastfed your baby in the hospital	81.9
You breastfed your baby in first hour after birth	45.8
Hospital staff helped you learn how to breastfeed	59.0
Your baby had only breast milk at the hospital	27.7
Hospital staff told you to breastfeed whenever your baby wanted	57.8
Hospital staff give you a gift pack with formula	85.5
Hospital staff gave you a telephone number to call for help	61.4
Your baby used a pacifier in the hospital	47.0



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #87 – HEALTH SERVICE REGION 4/5N



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	3.9	White	52.7	8 th grade or less	9.4
18-24	55.3	African American	18.2	9-12 th grade (No diploma)	19.8
25-29	26.2	Hispanic	27.3	High school diploma/GED	46.2
30-34	6.8	Other	1.8	College 1 to 3 yrs	21.7
35-39	6.8			College 4 years (graduate)	2.8
40 and older	1.0				

BREASTFEEDING DURATION

Duration	%
Never	39.1
Less than 1 week	5.5
1-2 weeks	11.8
3-4 weeks	6.4
1-3 months	10.0
4-6 months	15.5
7-11 months	2.7
12 months or more	5.5
Still breastfeeding	3.6

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	20.9
Too many other things to do	18.6
I didn't like to or want to breastfeed	46.5
Went back to work or school	2.3
Sick or taking medicine	14.0
MD or RN told you not to breastfeed	7.0
Baby had difficulty nursing	9.3
Partner or husband didn't want you to	2.3

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	26.7

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	14.3
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	4.8
Baby was premature or became sick and could not breastfeed	7.9
You became sick or were put on medicine and couldn't breastfeed	3.2
Breast milk alone did not satisfy your baby	30.2
You thought baby was not going to gain enough weight	6.3
You thought you were not producing enough milk	30.2
Your nipples or breasts hurt	25.4
You went back to work or school	20.6
You wanted or needed someone else to feed the baby	6.3
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	4.8
Your baby was biting	6.3
You felt it was the right time to stop breastfeeding	9.5

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	76.6
Your baby stayed in the same room with you at the hospital	71.9
You breastfed your baby in the hospital	84.4
You breastfed your baby in first hour after birth	59.4
Hospital staff helped you learn how to breastfeed	59.4
Your baby had only breast milk at the hospital	28.1
Hospital staff told you to breastfeed whenever your baby wanted	48.4
Hospital staff give you a gift pack with formula	81.3
Hospital staff gave you a telephone number to call for help	51.6
Your baby used a pacifier in the hospital	43.8



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY

LOCAL AGENCY #94 – TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER/ODESSA



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	7.7	White	22.6	8 th grade or less	7.7
18-24	51.6	African American	4.3	9-12 th grade (No diploma)	31.9
25-29	22.0	Hispanic	73.1	High school diploma/GED	39.6
30-34	11.0	Other	0.0	College 1 to 3 yrs	16.5
35-39	6.6			College 4 years (graduate)	4.4
40 and older	1.1				

BREASTFEEDING DURATION

Duration	%
Never	33.3
Less than 1 week	2.2
1-2 weeks	6.5
3-4 weeks	19.4
1-3 months	8.6
4-6 months	8.6
7-11 months	4.3
12 months or more	4.3
Still breastfeeding	12.9

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	25.8
Too many other things to do	9.7
I didn't like to or want to breastfeed	45.2
Went back to work or school	9.7
Sick or taking medicine	6.5
MD or RN told you not to breastfeed	0.0
Baby had difficulty nursing	9.7
Partner or husband didn't want you to	0.0

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	20.3

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	26.0
Could not find anyone to help you with breastfeeding	0.0
Family or friends encouraged you to give the baby formula	0.0
Baby was premature or became sick and could not breastfeed	4.0
You became sick or were put on medicine and couldn't breastfeed	16.0
Breast milk alone did not satisfy your baby	32.0
You thought baby was not going to gain enough weight	4.0
You thought you were not producing enough milk	24.0
Your nipples or breasts hurt	14.0
You went back to work or school	16.0
You wanted or needed someone else to feed the baby	2.0
Your husband or partner wanted you to stop breastfeeding	0.0
Your mother wanted you to stop breastfeeding	0.0
You were embarrassed to breastfeed	0.0
You had too many household duties	0.0
Your baby was biting	6.0
You felt it was the right time to stop breastfeeding	10.0

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	74.1
Your baby stayed in the same room with you at the hospital	65.5
You breastfed your baby in the hospital	81.0
You breastfed your baby in first hour after birth	48.3
Hospital staff helped you learn how to breastfeed	58.6
Your baby had only breast milk at the hospital	31.0
Hospital staff told you to breastfeed whenever your baby wanted	39.7
Hospital staff give you a gift pack with formula	58.6
Hospital staff gave you a telephone number to call for help	50.0
Your baby used a pacifier in the hospital	55.2



FINDINGS FROM THE 2006 INFANT FEEDING SURVEY LOCAL AGENCY #100 – CITY OF AMARILLO



RESPONDENT DEMOGRAPHICS

Age	%	Race/Ethnicity	%	Educational Level	%
<18	4.0	White	37.4	8 th grade or less	8.1
18-24	51.5	African American	7.1	9-12 th grade (No diploma)	20.2
25-29	25.3	Hispanic	52.5	High school diploma/GED	38.4
30-34	12.1	Other	3.0	College 1 to 3 yrs	31.3
35-39	6.1			College 4 years (graduate)	2.0
40 and older	1.0				

BREASTFEEDING DURATION

Duration	%
Never	30.3
Less than 1 week	4.0
1-2 weeks	6.1
3-4 weeks	16.2
1-3 months	8.1
4-6 months	18.2
7-11 months	7.1
12 months or more	3.0
Still breastfeeding	7.1

REASONS FOR NEVER BREASTFEEDING

Reason	%
Baby did not want or could not	23.3
Too many other things to do	13.3
I didn't like to or want to breastfeed	33.3
Went back to work or school	6.7
Sick or taking medicine	26.7
MD or RN told you not to breastfeed	3.3
Baby had difficulty nursing	6.7
Partner or husband didn't want you to	3.3

EXCLUSIVE BREASTFEEDING FOR AT LEAST 6 MONTHS

	%
Breastfed exclusively for more than 6 months	39.1

Note: In the implementation of the survey, the response category for 4 – 6 months was not included for the question asking when foods other than breast milk were introduced. This could lead to misclassification bias as respondents who introduced other foods between 4 – 6 months had to choose between response categories for 1 – 3 months and 7 – 11 months.

REASONS FOR DISCONTINUING TO BREASTFED

Reason	%
Baby had difficulty nursing	30.6
Could not find anyone to help you with breastfeeding	6.5
Family or friends encouraged you to give the baby formula	4.8
Baby was premature or became sick and could not breastfeed	4.8
You became sick or were put on medicine and couldn't breastfeed	14.5
Breast milk alone did not satisfy your baby	33.9
You thought baby was not going to gain enough weight	9.7
You thought you were not producing enough milk	22.6
Your nipples or breasts hurt	19.4
You went back to work or school	16.1
You wanted or needed someone else to feed the baby	3.2
Your husband or partner wanted you to stop breastfeeding	6.5
Your mother wanted you to stop breastfeeding	1.6
You were embarrassed to breastfeed	3.2
You had too many household duties	6.5
Your baby was biting	11.3
You felt it was the right time to stop breastfeeding	14.5

BREASTFEEDING EXPERIENCES IN HOSPITALS

	%
Hospital staff gave you information about breastfeeding	84.1
Your baby stayed in the same room with you at the hospital	71.0
You breastfed your baby in the hospital	82.6
You breastfed your baby in first hour after birth	49.3
Hospital staff helped you learn how to breastfeed	69.6
Your baby had only breast milk at the hospital	44.9
Hospital staff told you to breastfeed whenever your baby wanted	31.9
Hospital staff give you a gift pack with formula	53.6
Hospital staff gave you a telephone number to call for help	66.7
Your baby used a pacifier in the hospital	40.6