



# Texas Association of Parent Educators

NEWSLETTER OF TAPE SPONSORED BY CENTER FOR PARENT EDUCATION  
<http://www.cpe.unt.edu/tape.php>

Volume 4, Issue 2

June, 2010

## A Message from the President

## TAPE Mission Statement

### TAPE Talk!

Beth Thompson  
President (2009-2011)

Dear TAPE Members,

The 18<sup>th</sup> Annual International Parenting Education and Parenting Conference served as a kind of changing-of-the-guard for TAPE. Sharon Hirschy concluded her term as Vice President Programs. I wish to thank Sharon for her service to TAPE. As VP Programs, she was instrumental in the creation of TAPE Online Workshops, now known as TAPE Free Webinars.

Wenhsing Cheng concluded her term as secretary but continues as a Member-at-Large. Maggie Jover moved from Member-at-Large to Secretary and Starrla Penick moved from Member-at-Large to VP Programs. TAPE welcomes Elaine Wilkinson, Alexis Cordova and Katie Rose as new Members-at-Large.

As our membership grows, there are more roles for members. For the first time, we have official committee chairs for several areas. Sadguna Anasuri is Newsletter Editor, Susan Marsh is Best Practices Chair, Alexis Cordova is Membership Chair, Sandy Renick McClintic will chair the Professional of the Year Committee and Deb Cashen will assume the leadership for By-Laws.

TAPE has now partnered with UNT to update the application process for the Professional Development Recognition System. It is TAPE's most ambitious project to date. The purpose of the Professional Development Recognition System is to encourage and recognize professional development and careers of parent educators in Texas. Those working in the field of parenting education can earn a designation of any one of four levels of parent education. TAPE is working to convert the current paper application process



to an online process. The goal is to make the application process more user-friendly and to increase its accessibility to those working in the field of parenting education. Finally, TAPE gives a new name to its Online Workshops: TAPE Free Webinars. The new name better conveys the reality that the Webinars are offered free of charge. Our next TAPE Free Webinar will feature Elaine Shiver of Parents As Teachers, the TAPE 2007 Best Practices Winner. See related article in this issue for details.

Thanks for joining TAPE. As you can see, there are some exciting things happening in our organization.

Beth Thompson [[ethompson@hcde-texas.org](mailto:ethompson@hcde-texas.org)]

## Revised PTE Connect Modules NOW ONLINE!

Parent Teacher Education Connection revised modules are now free and accessible online at [www.pte.unt.edu](http://www.pte.unt.edu). The PTE Connect Modules were developed at the University of North Texas in collaboration with school districts and other universities to be integrated into pre-service teacher preparation courses. The goal of PTE Connect is to help teachers, parents, and community members collaborate more effectively in diverse settings to improve the development and school achievement of children and youth. The curriculum was revised to align with the 2007 National PTA Standards. Module content and case studies address the following topics: Welcoming, Communicating, Supporting Student Success, Speaking Up For Every Child, Sharing Power, and Collaborating with the Community. The authors have successfully used the modules and case studies in university classes, school in-service training presentations and with a variety of professional and community groups.

You are invited to view the modules and send feedback to [arminta.jacobson@unt.edu](mailto:arminta.jacobson@unt.edu) and [mary.harris@unt.edu](mailto:mary.harris@unt.edu).

To build a network of professionals and opportunities to increase knowledge and skills in the fields of parent education, parent involvement, and family support in order to promote education in schools, communities, and state.

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Free Webinar

Free Webinar

Free Webinar

Free Webinar

Free Webinar

**PD to Go**  
**TAPE Free Webinar**  
**July 13, 2010 at NOON**

**Grandparents as Parents: Development of the Relationship Bond Between Custodial Grandparents and Grandchildren**  
*Sheila Soslow, MEd, LPCs*

Keeping up with new concepts and best practices is on the “to do” list for most parent educators. Unfortunately, the reality of our daily responsibilities can fill the calendar and deplete the budget before we can act. TAPE Free Webinars are the perfect solution. TAPE hosts a series of Free Webinars in conjunction with Collin College. Each is one hour long and presented during the noon hour. There is no cost and you earn one clock hour for participating. All you need is a computer and a phone. Registration is by email.

The next TAPE Free Webinar features **Ms. Elaine Shiver**, Director of Texas Parents As Teachers, who will present an informative session on the Texas Parents as Teachers program for professionals to build upon their resource base of curriculum and tools for working with parents.

**Parents as Teachers (PAT)**, a program of Mental Health America of Texas, is an early childhood parent education and family support program designed to help all parents give their children the best possible start in life. This support system provides both information about child development, from infancy to 5 years-old, and suggested learning opportunities to encourage children's growth. These prevention tools are given to parents through a voluntary program, implemented through personal visits, group meetings, screenings, and a resource network. Texas Parents As Teachers received the TAPE Best Practice award in 2009.

Ms Shiver is also a National Trainer for Parents as Teachers. Please join us and invite your friends. The registration form is in this issue and also available online. Email your registration forms to [TAPE2006@live.com](mailto:TAPE2006@live.com). Further details can be found at <http://www.coe.unt.edu/cpe/elaine-shiver-texas-parents-teachers-pat> You can register online by clicking on the CLICK HERE link under the section—INFORMATION.

**CALL FOR PROPOSALS**

The 19th Annual International Conference on Parent Education and Parenting at the University of North Texas, Denton, TX invites proposals. This year's theme is **"Changing Families in a Changing World."**

**DATES TO REMEMBER!**

On-line portal opens—May 3, 2010  
 On-line Submission deadline—August 1, 2010  
 Conference Dates—Feb 10-11, 2011



Healthy attachment is necessary for successful parent-child relationships. According to John Bowlby and Mary Ainsworth, major figures in the theorization of early child-parent attachment, a child has a desire to be close to a particularly preferred caregiver that results in the forming of an attachment or bond between the infant and the caregiver. By developing this attachment bond, a child can feel secure and then able to become self-reliant, and form relationships with other persons. A disruption in this attachment, as in the case where the caregiver is unavailable, can bring about a break in this bond that can result in an interrupted or insecure attachment. When this attachment is broken or insecure it may result in difficulties and problems for the child, and difficulties forming positive relationships as an adult.

When grandparents assume custodial care of their grandchild a disruption in the parent-child attachment often occurs. This disruption may have different causes including physical separation of the child and parent. Some reasons for separation can include: parental divorce, disease, death, abandonment, incarceration, substance abuse, abuse or neglect of the child, war, or teen pregnancy. Along with this disruption, children in Grandparents as Parents (GAP) homes may experience changes in: environment, finances, resources, secondary caregivers, material possessions, schools, teachers, peers, and rules/expectations.

Children arriving in GAP homes may have unresolved grief and anger, even rejecting the Grandparent as their new caregiver. If Grandparents misunderstand this reaction, it can have a disrupting effect on emotional closeness. When Grandparents are not responsive to the child it may increase the likelihood that the child may have externalizing behavior problems. This emphasizes the importance of early intervention and support of Grandparents to increase their ability to respond positively to their grandchild.

Many Grandparents are assuming the caregiver/co-parenting role. According to the 2000 Census, 5.8 million of the United States Population had grandparents co-residing in the household; 2.4 million of these were Grandparents as primary caregivers raising their Grandchildren. Grandparents can have a positive effect on their grandchildren. Adolescents from divorced homes with an attachment to maternal Grandparents have been shown to have higher self-efficacy, interpersonal competence, and the attachment provided a protective factor for the adolescents.

GAPs may face many difficulties including: physical health, parenting skills, financial, stress, mental health, social support, education, and age issues. Professionals have a unique opportunity to provide assistance to GAPs and their grandchildren to promote an increase in the probability that the Grandparent-grandchild bond will be developed and strengthened. Knowledge about GAP families can help professionals provide support and services to meet the needs of this growing family group. Child Parent Relationship Training (CPRT)\* is one form of service that has been used successfully to strengthen the relationship between adult and child.

*[\*CPRT was recognized in TAPE's 2010 Best Practices Award. References available if interested. Contact [Sheila.soslow@unt.edu](mailto:Sheila.soslow@unt.edu)*

### TAPE BEST PRACTICES AWARD: APPLY NOW

Time to Consider Nominating a Really Good Program. How about YOUR program?  
For more information visit [www.unt.edu/cpe/tape](http://www.unt.edu/cpe/tape). Click on Recognition of Best Practices.  
Applications are due October 31, 2010.

## CPRT Receives Best Practices Award

Each year, TAPE recognizes a parenting education program that has distinguished itself by successfully implementing parenting education Best Practices in a research-based or evidence-based parent education program. The requirements for Best Practices in Parent/Family Education are to identify the purpose and/or mission of the organization, provide a summary of best practices in Parent/Family Education and to provide evidence that their best practices were implemented and effective.

TAPE awarded the 2010 Best Practice Award to Child Parent Relationship Therapy (CPRT) for their groundbreaking work in the field of play therapy. Dr. Garry Landreth and Dr. Sue Bratton accepted the award on behalf of Child-Parent Relationship Therapy.

CPRT developed when an existing idea in play therapy/child counseling was combined practical knowledge and transformed into a practical tool for at-risk parents and their children. The program is a culturally-responsive 10-session parent training model that seeks to reduce parent stress, increase parental empathy and improve children's behavior.

CPRT recognizes that struggling families benefit from intentional instruction, also known as didactic or direct instruction, but that such instruction must be coupled with experiential learning, actual practice, in order to affect behaviors in the home. CPRT has been adapted for use with a variety of populations including families court-ordered to participate in parenting education, parents of foster/adoptive children, incarcerated parents and Korean and Chinese families. CPRT facilitators follow the American Counseling Association (ACA) Code of Ethics, 2005. The effectiveness of CPRT has been documented in over 40 studies involving over 1100 subjects. The studies consistently show statistical gains in parental acceptance, decreasing parental stress and decreasing children's problematic behaviors.

TAPE is working to schedule Drs. Landreth and Bratton to present CPRT in a TAPE Free Webinar in August or September. Watch your email for the announcement.

*In this photo:*  
Receiving the Recognition of Best Practices Award at 18<sup>th</sup> Annual International Parenting Education and Parenting Conference are Dr. Sue Bratton (left) and Dr. Garry Landreth (right) for their program—Child Parent Relationship Therapy. TAPE President, Beth Thompson is seen in the center.



## Helping Kids Manage Money and Opportunity on Their First Summer Job

That first real job with a paycheck is a chance for a child to learn how to make smart choices with the money they earn. Hopefully, they have been exposed to putting money aside in a piggy bank or saving long before now. When it comes to the job search or counseling on money issues, here are some things that parents can do:

**Talk about your own work values:** One of the best lessons a parent can teach a child about work is a simple one: Do what you love. Once a child understands this, they'll begin to understand that work isn't about money alone.

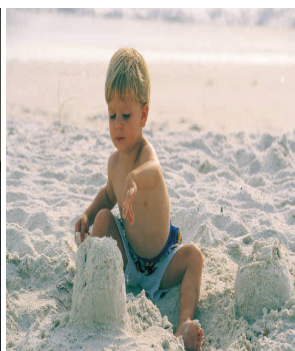
**Discuss what a child likes to do:** Sometimes the best job for an unfocused teenager might be in fast food or construction. Those jobs are tough, tiring and not-too subtle reminders that getting a college degree can vastly widen one's horizons. But if they have special skills, however, that's an opportunity to get them thinking about jobs that are more rewarding and pay potentially more than minimum wage.

**Know the law:** Parents and teens can do some research themselves about teen work, work rules and safety by visiting the U.S. Occupational Safety & Health Administration's Teen Workers.

**Sit down with that first pay stub:** Take a minute to make sure your teen sees exactly how much of their pay goes toward taxes and other key withholding items and what that will potentially mean at tax time.

**Make sure they have a bank account:** Encourage them to start both a checking and savings account so they understand that some money is for savings and some is for spending. This can also help to have direct deposits made from the employers.

**Prepare to deal with mistakes and failures:** Don't fight their battles for them, but be ready to offer advice that will encourage them to work well with people, always look for better opportunities and make sure they're being valued for their labor. The best work lessons are not always about money.



[This column is produced by the Financial Planning Association® (FPA®), the leadership and advocacy organization connecting those who provide, support and benefit from professional financial planning. See more on this topic at <http://wiseupwomen.tamu.edu/files/?2097>]



Membership in TAPE is an important responsibility — are you a current member?

NEWSLETTER OF TAPE SPONSORED BY CENTER FOR PARENT EDUCATION

## Meet the Board: Wenhsing Cheng, Alexis Cordova and Maggie Jover

This year's TAPE Board has three Family and Consumer Science Extension Agents who are employed by the Texas AgriLife Extension Service. Meet Wenhsing Cheng, Alexis Cordova, and Maggie Jover!

The Texas AgriLife Extension Service has a presence in all 254 counties in Texas. The Texas AgriLife Extension Service is a state agency and is part of the Texas A&M University System. The mission of the Texas AgriLife Extension Service is to serve the citizens of Texas through community-based educational. The Texas AgriLife Extension Service offers practical, how-to education, based on university research. The Family and Consumer Science Program (FCS), a significant part of the Texas AgriLife Extension Service, and offer practical information for families: raising children, housing and environment, eating well, managing money, and staying healthy. To learn more about the FCS Program, go to [fcs.tamu.edu](http://fcs.tamu.edu). This website offers a broad view of the information provided by the Family and Consumer Sciences Program. Family Life Education programs, a part of the overall FCS program, include parenting programs, training for child care providers (including clock hours) fathering programs, grandparents raising grandchildren, and other parenting/child development topics.

**Wenhsing Cheng** is currently the County Extension Agent – Family and Consumer Sciences Agent in Dallas County. Prior to her transfer to Dallas County in 2009, Wenhsing was the County Extension Agent - FCS for Johnson County. In Johnson County she was responsible for all of the FCS programming offered by the Extension Service which included Family Life, Health and Wellness, Nutrition, and Financial Management. In Dallas County, Wenhsing conducted programs in the areas of Family Life and Financial Management. Among her current programs are FRED – Fathers Reading Every Day and Money Smart. Wenhsing received her Ph.D. from Texas Woman's University. Wenhsing served on the Board in 2008 and 2009 as Secretary and is currently a Board Member at Large.

**Alexis Cordova** is currently the County Extension Agent – FCS in Liberty County. Prior to serving in Liberty County, Alexis was the County Extension Agent – FCS in Calhoun County. Alexis received her BS and MS from Texas State University in Child Development. Being the only FCS Agent in Liberty County, Alexis provides education programs in all areas of FCS – including Do Well Be Well with Diabetes, Walk Across Texas as well as Parenting and Child Development. Most recently Alexis recruited several hundred volunteers to provide food for homeless and low income families. In addition, she conducts parenting and child care provider programs throughout the county. Alexis is currently a TAPE Board Member at Large.

**Maggie Jover** is currently the County Extension Agent – FCS in Denton County. She has been employed by the Texas AgriLife Extension Service for 25 years and has also served in Victoria, Guadalupe, and Liberty Counties. She received her Ph.D. from Texas Woman's University in Consumer Sciences. In Denton County she conducts educational programs in the areas of Child Development, Financial Management, and Aging. A current project is "Small Steps for Health and Wealth" – a curriculum developed by Rutgers University and being piloted in Denton County. This program provides small steps families can take to improve health and increase health. In addition, she conducts child care provider trainings throughout the county as well as financial management programs. In 2008 and 2009 Maggie served as TAPE Board Member at Large and is the current Board Secretary.

*In this photo: Maggie Jover and Wenhsing Cheng at the 18th annual International Conference on Parenting and parent Education, February, 2010.*

## TAPE Board Members

MEMBERSHIP in TAPE is open to all professionals, students, and groups who share our mission. TAPE Board Members include a variety of dedicated professionals: students, teachers, trainers, Extension agents, and agency directors:

- ◆ **President:** Beth Thompson  
[ethompson@hcde-texas.org](mailto:ethompson@hcde-texas.org)
- ◆ **VP Programs:** Sharon Hirschy  
[shirschy@cccd.edu](mailto:shirschy@cccd.edu)
- ◆ **VP Credentials:** Deborah Cashen  
[deborah@parentingpartnerships.com](mailto:deborah@parentingpartnerships.com)
- ◆ **Secretary:** WenHsing Cheng  
[w-cheng@tamu.edu](mailto:w-cheng@tamu.edu)
- ◆ **Treasurer:** Sandy Renick  
[srenick@mail.twu.edu](mailto:srenick@mail.twu.edu)
- ◆ **Members at Large:**
  - Maggie Jover (2008-2010)  
[m-jover@tamu.edu](mailto:m-jover@tamu.edu)
  - Sadguna Anasuri (2008-2010)  
[anasuris@uwstout.edu](mailto:anasuris@uwstout.edu)
  - Starrla Penick (2008-2010)  
[starrla@gmail.com](mailto:starrla@gmail.com)
  - Nerissa Gillum (2009-2011)  
[NGillum@mail.twu.edu](mailto:NGillum@mail.twu.edu)
  - Arminta Jacobson (2009-2011)  
[arminta.jacobson@unt.edu](mailto:arminta.jacobson@unt.edu)
  - Elaine Shiver (2009-2011)  
[efshiver@aol.com](mailto:efshiver@aol.com)
  - Elaine Wilkinson (2010-2012)  
[ewilkinson@cccd.edu](mailto:ewilkinson@cccd.edu)
  - Alexis Cordova (2010-2012)  
[ancordova@ag.tamu.edu](mailto:ancordova@ag.tamu.edu)
  - Katie Rose (2010-2012)  
[Krose1@twu.edu](mailto:Krose1@twu.edu)
- ◆ **Past President:**
  - Linda Ladd  
[lladd@mail.twu.edu](mailto:lladd@mail.twu.edu)

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"To understand your parents' love you must raise children yourself."  
~ Chinese proverb





# Texas Association of Parent Educators (TAPE)

Annual Renewal: March 1, 2010

MEMBERSHIP FORM 2010-2011

<http://www.cpe.unt.edu/tape.php>

**The purpose of TAPE is to promote parenting education, parent involvement, and family support in the schools, communities, and the state as well as create opportunities to increase member knowledge and skills in these fields as well.**

Name \_\_\_\_\_

Organization \_\_\_\_\_ Your Role \_\_\_\_\_

Preferred mailing address \_\_\_\_\_

City/State/zip code \_\_\_\_\_

Preferred Phone \_\_\_\_\_ FAX \_\_\_\_\_

Email Address \_\_\_\_\_

Include my demographic information in the Texas Registry of Parent Educator Resources on-line data base  Yes  No

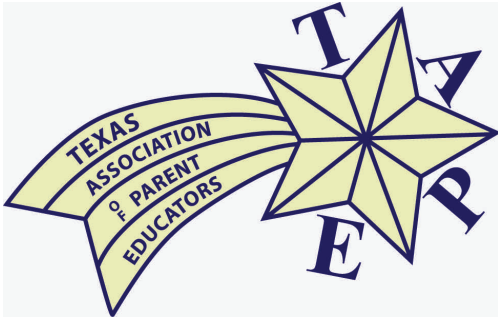
### Circle areas below -- if you can share some professional time with TAPE!

|                              |                          |                    |
|------------------------------|--------------------------|--------------------|
| TAPE Leadership              | Newsletter               | Membership         |
| Training activities          | Professional Development | Recognition System |
| Organizing a local affiliate | Other _____              |                    |

### Select the membership level that best fits your professional needs:

- \$15 Student Membership:  
Member receives all TAPE communications and has voting rights. Must enclose a copy of their student ID.
- \$50 Professional Membership: Member works in the field of parenting education, family support, or parent involvement. Receives all TAPE communications and has voting rights.
- \$100 Supporting Organization Membership: Non-voting membership in TAPE. The organization receives, through a single point of contact, all TAPE communications, including newsletters.
- \$150 Practitioner Organization Membership:  
Organizations with five or more TAPE members may purchase a Practitioner Organization Membership. Each individual member receives all TAPE communications, including newsletters and pays dues at a reduced rate. If the organization falls below five TAPE members, its participating members would become Individual members with the next membership renewal.

**Send completed form and membership dues to:  
Dr. Arminta Jacobson,  
UNT Center for Parent Education, University of North Texas,  
P. O. Box 311335, Denton, TX. 76203-1335**



## Registration Form

TAPE Free Webinar

*Presents*

**Elaine Shiver, Director**

Texas Parents as Teachers:  
A Program of Mental Health America of Texas

## Texas Parents as Teachers

Tuesday, July 13th; 12:00 pm –1:00 pm

Please complete one registration form per person and email to TAPE at [TAPE2006@live.com](mailto:TAPE2006@live.com).  
Registrations are due by the end of the day on **July 9, 2010**.

You can also **register online** at go to: <http://www.coe.unt.edu/cpe/tape> and click on **REGISTER! July 13, 2010 Elaine Shiver - Texas Parents as Teachers (PAT)**.  
Then, select **CLICK HERE** under the section titled **INFORMATION**.

|                                                                                                                                                                                   |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <b>Name of the Participant:</b>                                                                                                                                                   |  |
| <b>Email Address:</b>                                                                                                                                                             |  |
| <b>Mailing Address:</b>                                                                                                                                                           |  |
| <b>MEMBER OF TAPE?</b>                                                                                                                                                            |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No If no, may we send you information to your email address about our organization?                                         |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, do you have other parent educators that we could contact about TAPE?<br>If so, please provide their information. |  |

Details on how to access this webinar will be sent to you upon receipt of your registration form. Registration will be limited to 40 people.

**Place of Work.** We are interested in gathering information about agencies and other places of work that support parent educators. Please identify your place of work:

Examples: Child Protective Services – Dallas County  
*Little Angels* - Infant and Toddler Child Care – Austin, TX.  
Private practice

Your place of work:

**Thank you** for registering for this free webinar where you will earn 1 clock hour of credit. At the completion of the Webinar, you will be given instructions to complete a short evaluation and receive a Certificate of Completion.

Register **Online** or send Registration forms to [TAPE2006@live.com](mailto:TAPE2006@live.com)

TAPE Contact: Beth Thompson at [ethompson@hcde-texas.org](mailto:ethompson@hcde-texas.org) or phone at 713 816-0765.