

SRI Scale	Score Range	Interpretive Statement
Academic Discipline	Low (0-25)	Your response suggests you frequently approach academic related tasks with less enthusiasm and effort than other college students. You may frequently rush through your homework without giving much attention to detail, turn in poor or incomplete work, or give up on difficult tasks or problems.
Academic Discipline	Medium (26-75)	Your response suggests you usually complete academic related tasks with care, effort, and persistence. You feel you normally set aside enough time to pay attention to details and you avoid carelessly rushing through your homework. In addition, you feel as though you are usually able to work through difficult academic tasks or problems.
Academic Discipline	High (76-100)	Your response indicates that you feel you consistently complete academic related tasks with great care, effort, and persistence. You see yourself as a hard working and detail oriented student who rarely turns in poor or incomplete work. In addition, you feel you are able to work through most difficult academic tasks or problems.
General Determination	Low (0-25)	Your score on this scale suggests that you see yourself as someone who often has difficulty fulfilling your assigned responsibilities or duties. If something more interesting presents itself, you may pursue that interest rather than uphold your prior obligations and/or tend to your commitments. Other people may not be able to depend on you to fulfill your promises.
General Determination	Medium (26-75)	Your score on this scale suggests that you see yourself as someone who usually completes your assigned responsibilities or duties. Others can depend on you to fulfill commitments and obligations. For the most part, you see yourself as reliable and dependable.
General Determination	High (76-100)	Your score on this scale suggests that you see yourself as someone who always completes your assigned responsibilities or duties. In addition, you may feel compelled to fulfill all commitments and obligations. You see yourself as highly reliable and dependable.
Goal Striving	Low (0-25)	Your response suggests you may experience difficulty in setting and/or attaining goals. Establishing and accomplishing your goals is an important life skill that is essential for success in college. Without goals, you may easily lose your motivation, energy, and focus.
Goal Striving	Medium (26-75)	Your response indicates that you usually set goals and are relatively confident in your ability to achieve these goals. Establishing and accomplishing goals is an important life skill that is essential for success in college and will help you to maintain your motivation, energy, and focus.

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Goal Striving	High (76-100)	Your response indicates that you see yourself as goal driven. You tend to set goals and you feel confident in your ability to achieve these goals. Establishing and accomplishing goals is an important life skill that is essential for success in college and will help you to maintain your motivation, energy, and focus.
Commitment to College	Low (0-25)	Your response suggests that you feel unsure of whether you are prepared to invest the necessary time and effort to be in college at this time. You may find it beneficial to consider your career and life goals and how a college degree will help you attain those goals.
Commitment to College	Medium (26-75)	Your response suggests that you see yourself as fairly committed to investing the necessary time and effort to be in college at this time. In addition, you tend to be clear about your reasons for attending college and you are generally committed to obtaining a college degree.
Commitment to College	High (76-100)	Your response suggests that you feel confident in your reasons for attending college. You see yourself as determined to invest the necessary time and effort required to attain a college degree.
Study Skills	Low (0-25)	Your response indicates that you feel you lack good study skills, problem solving skills, and learning strategies. Like academic abilities, these skills are important in predicting your college success.
Study Skills	Medium (26-75)	Your response indicates that you are fairly confident in your study skills, problem solving skills, and learning strategies. These skills will contribute to your college success.
Study Skills	High (76-100)	Your response indicates that you feel highly confident in your study skills, problem solving skills, and learning strategies. These skills will contribute to your college success.
Communication	Low (0-25)	Your score on this scale suggests that you may experience difficulty when handling interpersonal conflicts or working collaboratively with others. Learning how to effectively exchange information, cooperate with others, and work as a team member is essential to success in college and in your career.

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Communication	Medium (26-75)	Your score on this scale suggests that you tend to see yourself as fairly comfortable when communicating with others, handling interpersonal conflicts, and working collaboratively with others. These skills will help you in learning and work environments as you effectively exchange information, cooperate with others, and work as a team member.
Communication	High (76-100)	Your score on this scale suggests that you see yourself as highly effective at communicating with others, handling interpersonal conflict, and working collaboratively with others. These skills will help you in learning and work environments as you effectively exchange information, cooperate with others, and work as a team member.
Social Connection	Low (0-25)	Your response suggests you feel disconnected from the campus social scene and the student body. You may not see yourself as involved in campus activities. Developing a good support system on campus will help you during the rough times. Recreational and entertainment activities provide a valuable source of stress relief and social interaction that may serve to enhance your feelings of involvement and connection.
Social Connection	Medium (26-75)	Your response suggests you see yourself as connected with the campus social scene and the student body. Your involvement in recreational and entertainment activities will provide a valuable source of stress relief and social interaction that will serve to enhance feelings of connection.
Social Connection	High (76-100)	Your response suggests you see yourself as strongly connected to the campus social scene and the student body. Your involvement in recreational and entertainment activities will provide a valuable source of stress relief and social interaction that will serve to enhance feelings of connection. Consider becoming a leader in student government or in student organizations.
Social Activity	Low (0-25)	Your response suggests you feel uncomfortable when interacting with people that you do not know, and that you find it difficult meeting new people and making new friends. Your lack of comfort in social interactions may interfere with your coursework if such interactions are required for team projects and other collaborative assignments.
Social Activity	Medium (26-75)	Your response suggests you feel relatively comfortable interacting with people you do not know and making new friends. Your social skills may benefit you in courses that emphasize team projects and other collaborative assignments.

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Social Activity	High (76-85)	Your response suggests that you feel extremely comfortable interacting with people you do not know and making new friends. Your social skills may benefit you in courses that emphasize team projects and other collaborative assignments. Consider inviting a less outgoing classmate to attend a sporting event, a fine arts performance or a residence hall activity.
Social Activity	Too High (86-100)	Your response suggests that you feel extremely comfortable interacting with people you do not know and making new friends. Although this may improve your coursework when team projects and collaboration are required, you will need to watch out for a tendency to sacrifice academic performance for social activities. Take advantage of social activities but leave sufficient time for studying.
Academic Self - Confidence	Low (0-25)	Your score on this scale suggests you feel unsure about your ability to succeed academically. Confidence in your abilities is critical to your academic success.
Academic Self - Confidence	Medium (26-75)	Your score on this scale suggests you feel moderately confident in your ability to succeed academically. Confidence in your abilities is critical to your academic success. If there are specific areas that you feel less confident about, consider speaking to your instructors about their expectations and ask for suggestions on how to succeed in their classes.
Academic Self - Confidence	High (76-100)	Your score on this scale suggests you feel highly confident in your ability to succeed academically. Confidence in your abilities is critical to your academic success.
Steadiness	Low (0-25)	Your response suggests that you may struggle controlling your emotions and dealing effectively with stress. You may lose your temper easily or experience difficulty managing your frustration. This may have a negative impact on your academic success and hinder other important activities in your life.
Steadiness	Medium (26-85)	Your response indicates that you see yourself as capable of effectively controlling your emotions. You feel as though you do not often lose your temper and you manage frustration well. You are fairly effective in keeping emotions from affecting your academic performance and other important activities in your life.
Steadiness	High (86-100)	Your response indicates that you see yourself as extremely skilled at monitoring and controlling your emotions. However, too much emotional control may negatively affect your academic success and hinder other important activities in your life.