



# The Great Central U.S. ShakeOut

Multi-State Earthquake Drill

## Preparedness Organizations Get Ready to ShakeOut!

**At 10:15 a.m. on February 7, 2013**, millions will “Drop, Cover, and Hold On” in The Great Central U.S. ShakeOut, the largest earthquake drill ever! All preparedness organizations are encouraged to participate in the drill (or plan a more extensive exercise) and to inform the public about the drill.

More than 1 million people in communities throughout the states of Alabama, Arkansas, Illinois, Indiana, Kentucky, Mississippi, Missouri, and Tennessee will participate in this event. People and organizations in other states are also encouraged to participate.

Major earthquakes may happen anywhere you work, live, or travel in the Central U.S. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is a “Drop, Cover, and Hold On” drill important? As with anything, to act quickly you must practice often. You may only have seconds to protect

yourself in an earthquake before strong shaking knocks you down, or something falls on you.

**Everyone can participate!** Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at [ShakeOut.org/centralus](http://ShakeOut.org/centralus)

### HOW TO PARTICIPATE

Here are a few suggestions for how all preparedness organizations can do to participate in the ShakeOut. More instructions and resources can be found at [ShakeOut.org/centralus/preparedness](http://ShakeOut.org/centralus/preparedness).

#### Plan Your Drill:

- Register at [ShakeOut.org/centralus/register](http://ShakeOut.org/centralus/register) to be counted in the ShakeOut Drill, get email updates, and more.
- Download a Drill Broadcast recording from [ShakeOut.org/centralus/broadcast](http://ShakeOut.org/centralus/broadcast).
- Have a “Drop, Cover, and Hold On” drill at 10:15 a.m. on February 7, or hold a more extensive exercise.
- Partner with and assist other organizations in their drills.
- Discuss what you learned and make improvements.

#### Get Prepared for Earthquakes:

- Secure building contents with seismic restraints.
- Encourage employees to prepare at home.
- Be sure you have fresh, accessible supplies in place to support your own personnel.
- Recommend CERT training for all personnel.

#### Share the ShakeOut:

- Outreach to everyone in the community and encourage them to register, prepare and drill.
- Emphasize the importance of personal preparedness.
- Add a link to [ShakeOut.org](http://ShakeOut.org) from your web site.
- Find posters, flyers, and other promotional materials at [ShakeOut.org/centralus/resources](http://ShakeOut.org/centralus/resources).
- Share your experience at [Shakeout.org/centralus/share](http://Shakeout.org/centralus/share).



### As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever!
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate



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