



The Great Central U.S. ShakeOut

Multi-State Earthquake Drill

Neighborhood Groups Get Ready to ShakeOut!

Register today at ShakeOut.org/centralus

At 10:15 a.m. on February 7, 2013, millions will “Drop, Cover, and Hold On” in The Great Central U.S. ShakeOut, the largest earthquake drill ever! All neighborhood groups are encouraged to participate in the drill (or plan a more extensive exercise) at 10:15 a.m. on 2/7!

More than 1 million people in communities throughout the states of Alabama, Arkansas, Illinois, Indiana, Kentucky, Mississippi, Missouri, and Tennessee will participate in this event. People and organizations in other states are also encouraged to participate.

Major earthquakes may happen anywhere you work, live, or travel in the Central U.S. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is a “Drop, Cover, and Hold On” drill important? As with anything, to act quickly you must practice often. You may only have

seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

HOW TO PARTICIPATE

Here are simple things neighborhood groups can do to participate in the ShakeOut. More instructions and resources can be found at www.ShakeOut.org/centralus/neighborhoods.

Plan Your Drill:

- Register at www.ShakeOut.org/centralus/register to be counted in the ShakeOut Drill, get email updates, and more.
- Download a Drill Broadcast recording from www.ShakeOut.org/drill/broadcast.
- Have a neighborhood “Drop, Cover, and Hold On” drill at 10:20 a.m. on October 20. You may also want to exercise other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Help neighbors identify items in their homes that might fall during earthquakes and secure them. they are accessible and functional.
- Create a neighborhood disaster plan.
- Organize or refresh your emergency supply kits.
- Hold a Community Emergency Response Team (CERT) training in your neighborhood.
- Other actions are at www.earthquakecountry.org.

Share the ShakeOut:

- Encourage everyone in your neighborhood to register.
- Have a neighborhood party to discuss preparedness, and register for the ShakeOut.
- Encourage local businesses and other organizations to participate and distribute ShakeOut information.
- Share your experience at www.shakeout.org/centralus/share.



As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever!
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate



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