



The Great Central U.S. ShakeOut

Multi-State Earthquake Drill

Disability/AFN Organizations Get Ready to ShakeOut!

At 10:15 a.m. on February 7, 2013, millions will “Drop, Cover, and Hold On” in The Great Central U.S. ShakeOut, the largest earthquake drill ever! All organizations that provide services to people with disability/or access/functional needs are encouraged to participate in the drill.

More than 1 million people in communities throughout the states of Alabama, Arkansas, Illinois, Indiana, Kentucky, Mississippi, Missouri, and Tennessee will participate in this event. People and organizations in other states are also encouraged to participate.

Major earthquakes may happen anywhere you work, live, or travel in the Central U.S. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is a “Drop, Cover, and Hold On” drill important? As with anything to act quickly you must practice often. You may only have seconds to protect

yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at ShakeOut.org/centralus

HOW TO PARTICIPATE

Here are a few suggestions for how all disability/AFN organizations can participate in the ShakeOut. Learn more at ShakeOut.org/centralus/disability.

Plan Your Drill:

- Register at ShakeOut.org/centralus/register to be counted in the ShakeOut Drill, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/centralus/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:15 a.m. on February 7.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Organize a support network to help your clients if they need to be evacuated who know how to operate necessary equipment.
- Ensure you organization has an emergency plan before a disaster happens.
- Keep at least a seven day supply of essential medications.
- Encourage clients to wear a medical alert tag or bracelet to identify their disability or health condition.
- Talk to other disability providers about how they prepared.

Share the ShakeOut:

- Outreach to everyone in the community and encourage them to register, prepare and drill.
- Emphasize the importance of personal preparedness.
- Add a link to ShakeOut.org from your web site.
- Find posters, flyers, and other materials for promoting the ShakeOut are at ShakeOut.org/centralus/resources.
- Share your experience at Shakeout.org/centralus/share.



As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever!
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate



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