

Fire Safe Cooking



- Cooking is, by far, the leading cause of fires and fire-related injuries in residential buildings.
- Unattended cooking equipment is the leading factor contributing to the ignition of larger spreading cooking fires.
- The highest incidence of cooking fires in residential buildings occurs on Thanksgiving Day, followed by Christmas Eve and Christmas Day.

Watch What You Heat!

- Stay in the kitchen when you are frying, grilling or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, roasting or boiling food, check it regularly and use a timer to remind you that you're cooking.



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