

NOVEMBER



COL Kevin P. Brown
Garrison Commander

CSM Ian A. Mann
Garrison CSM



****NOTE: Announcements for the DECEMBER 2010 "Riley Bugle Call" are due by COB 11 NOVEMBER, 2010. If you have questions or would like to add something to The Riley Bugle Call Newsletter please call (785) 239-9433****.

Fort Riley Officer and Civilian Spouses Club:

- The holiday season is upon us and the Fort Riley OCSC is pleased to invite you to the annual Centerpiece Auction. The auction will be held Thursday, November 18, at the Courtyard by Marriott in Junction City at 11:00am. Lunch will be provided by the Marriott and the cost is \$15 per person.
- The Centerpiece Auction is a great opportunity to bid on beautiful centerpieces and baskets that are perfect to add holiday cheer to any home or office. Centerpieces are donated by various groups and all proceeds go back into our community assistance fund.
- We encourage all current OCSC members to bring a friend to this exciting event. The more the merrier! Please RSVP by November 14, to alcd629@yahoo.com.
- We will also be collecting donations for Operation Santa Claus at this event – so don't forget to bring your toys!
- Also during the month of November and the rest of the year, OCSC will continue their fundraising efforts through flamingo flocking.
- You don't have to be an OCSC member to send a flocking card to your friends or family anywhere from stateside to APO. This is a great opportunity to let your friends that don't live on post know you are thinking of them. Flocking cards are also a great surprise to mail to your deployed soldier. Imagine your loved ones opening up a card to find pink flamingoes flying everywhere! There will also be a special card available for Christmas with a festive flamingo.
- Celebration flocking will still be going on during the month of November. The cost is \$35 and it's a great way to let the whole world know – ok, maybe just your neighbors – about your promotion, birthday, new baby or other exciting celebration.
- For more information on joining the Fort Riley OCSC please Email deniseott@yahoo.com.

Kansas State Research and Extension (KSRE):

- Who: Military Families
What: The Book Club
When: 2nd Wednesday of the month (morning & evening)

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9:30 – 11:00am and 6:00 – 7:30pm

Why: Reading group for parents to discuss family relationships, parenting, and child development topics in an informal social setting.

- Who: Given to Military Families who have special needs Family members.
What: EFMP Support Group
When: November 23rd, 2010, 6:00pm – 7:30pm
Where: Army Community Service, 7264 Normandy Drive
- Who: Spouses of Wounded Warriors
What: WSOS Support Group
Where: SFAC
When: November 18th (3rd Thursday of every month), 6:30pm – 8:00pm
Why: Support for Spouses of Wounded Warriors
- Who: Women of all ages
What: Women & Money
When: 1st Tuesdays, November 2nd, & December 7th
Afternoon session: 11:30 – 1:00pm
Evening session: 7:00 – 8:30pm
Where: ACS bldg 7264, Room 30
Why: Women have unique financial needs. On average, women live longer than men, earn less than men, and may have gaps in our employment history due to family care giving. All of these factors will affect future retirement benefits. This series of five classes will provide you with information that you need to take charge of your financial future. Topics covered will include Financial, Insurance and Investing Basics, Retirement and Planning for Future Life Events as well as other topics as directed by participants.
- Who: General Public
What: Happy Holidays Without the Financial Hangover
When: November 10th
1:00 – 2:30pm
Where: ACS Bldg 7264, Relo Room
Why: It's that time of year when stores are putting out holiday decorations and gearing up for holiday shoppers. Ideally, you have planned and budgeted for the holidays, but if not, you can still avoid stress and strain by following the tips on holiday money management presented in this workshop.
- Who: New & Expectant Parents
What: And Baby Makes Three
When: November 3rd
5:00 – 6:30pm
Where: ACS Bldg 7264 Room 30
Why: This workshop will help participants understand the basics of newborn development. Participants will also discover how to encourage learning through games and activities designed to help get your baby off to a great start.
- Who: General Public
What: Conflict Resolution
When: November 2nd (1st Tuesday of each month)
10:00 – 11:30am

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5:30 – 7:00pm

Where: McClellan Place Community Center

6728 McClellan Loop

Why: To provide education on healthy conflict resolution.

- Who: Parents with Children between the ages of 0 – 5
What: Winter Walk About
When: November 9th (2nd Tuesday of Each Month)
9:30 – 10:30am
Where: King Field House Gym
Why: This group provides Families with young children the opportunity to get active indoors during the winter months while learning & sharing parenting ideas, concerns, and challenges. Families will also have the opportunity to meet and socialize with other Families.
- Who: Military Spouses and Family Members
What: Global Friendship Club
When: 1st & 3rd Wednesday of Each Month
10:00 – 11:30am
Where: McClellan Community Center
Why: Come join us during the global Friendship Club meetings. The Club is designed to encourage culturally diverse military Spouses and Family Members in sharing ones heritage to a cross cultural audience experiencing Military Life. Looking forward to seeing you there!
- Who: General Public
What: Life Skills class: Being a Good Neighbor
When: November 9th (2nd Tuesday of each month)
10:00 – 11:30am
5:30 – 7:00pm
Where: McClellan Place Community Center
6728 McClellan Loop
Why: To educate on what it means to be a good neighbor.
- Who: General Public
What: Parenting class: Basic Parenting Basics
When: November 16th (3rd Tuesday of each month)
10:00 – 11:30am
5:30 – 7:00pm
Where: McClellan Place Community Center
6728 McClellan Loop
Why: To provide basic education on parenting
- Who: General Public
What: Planning a Heart Healthy Thanksgiving
When: November 17th
1:00 – 3:00pm
Where: ACS Bldg 7264 Normandy Dr Room 30
Why: Learn to make your family favorites while keeping them delicious. Bring your favorite recipes and learn to modify them so they're good and good for you.

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- Who: General Public
What: Everyone to the Table
When: November 17th
5:30 – 7:00pm
Where: ACS Bldg 7264 Normandy Dr, Room 30
Why: Participants will learn about the importance of Family meal time and how sharing Family meals can impact all areas of family life. This workshop will highlight the benefits of and barriers to eating Family meals together. Individuals will share and discuss ideas and learn tips towards having more successful family meal times.
- Contact Information:
K-State Research and Extension, Ft. Riley
7264 Normandy Drive, Custer Hill
Fort Riley, Kansas 66442
(785) 239-9991
friley@ksu.edu
www.fortriley.ksu.edu

Thrift Shop:

- The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1st and 3rd Saturdays of the month from 9:30 a.m. - 2:30 p.m. with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m.
- The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.
- The Fort Riley Thrift Shop continues to run the "Eyes for Education" program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all the local schools, the PX optical shop, IACH Optometry Clinic and at the Thrift Shop. There are several criteria to be met before receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

Directorate of Plans, Training, Mobilization & Security:

- The Security Office offers **FREE** fingerprinting for Fort Riley Soldiers and Family members. For more information or to make an appointment, please call (785) 239-6348.
Location: 500 Huebner Rd, Room 105.

Commissary:

- Our hours of operation are:
Monday-Saturday 9:00am-8:00pm
Sunday-10:00am-6:00pm
Early bird shopping hours are 7:00-9:00am
- We have 4 self checkouts for your shopping convenience
40 items or less, there is a customer service personnel here to assist you if you need help.
The deli-bakery and produce and meat department can do special order trays with 24 hour advanced notice.
- The Commissary, it's worth the trip where you save 30% on your total grocery bill.
Our phone # is (785) 239-6621.
- We value your service!

Fort Riley Veterinary Services:

- Building 226 Custer Avenue (down the street from In/Out Processing)
- Operating hours are Monday thru Friday: 8:00-11:00am and Noon-4:00pm.
- Closed federal holidays and the last business day of the month.

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Registration

- All pets residing in on-post housing must be registered with Veterinary Services per Fort Riley Regulation 40-18.
- Registration is free; however, all animals must be registered and micro chipped (done by appointment) within 10 days of arriving on post.
- Registration is walk-in and owners need to bring vaccination history and microchip history if available. If no history is available the owner may make an appointment after registration is complete.

Appointments

- Appointments can be made for vaccinations and minor sick call by calling (785) 239-3886.
- Veterinary Treatment Facilities have been standardized Army-wide to stabilize prices and care given to Patrons and their pets. One of these benefits includes our new Discounted Wellness Packages suited to your pets needs.

Discounted Wellness Packages

- These include basic required vaccinations that are offered yearly or every three years.
- Also included are annual heartworm screenings and stool exams.
- For your new additions we offer puppy and kitten packages as well.
- For more information on Veterinary Services search online www.riley.army.mil

Fort Riley Stray Facility

- Operating hours are Monday thru Friday 12:00 Noon-4:00pm.
- Phone Number is (785) 239-6184.
- Although we are a small facility we just might have the perfect companion for your Family. Come by and adopt a pet today!

American Red Cross:

- Volunteers needed for two programs:
- Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call (785) 239-1887.
- Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call (785) 239-1887.

Directorate of Family, Morale, Welfare, and Recreation (DFMWR):

Arts & Crafts

- Bldg. 6918 (785) 239-9205
Monday & Tuesday 1:00 – 8:30pm, Wed, Sat, & Sun 9:00 – 4:30pm,
Closed on Thursdays, Fridays and Holidays

Classes

- We offer a variety of classes, specialized wood working, matting, and framing areas, and crochet and knitting.
- Matting and Framing Class – Learn the skill to do your own matting and framing, and save a bundle! Class covers material selection, matt cutting, frame assembly and glass cutting. The center carries conservation – preservation products to complete your fine art work project. Tuesday evening class: September 14th & 28th; \$10.00 fee & you must sign up prior!
- Crochet or Knitting- Learn one or both of these skills at this class! Please call ahead to enroll, or just stop by to see what the group is working on. You can take as many classes as needed. Normal class dates fall upon every 2nd Saturday from 1:00 -3:00pm, but this month's class changed to the 3rd Saturday - October 16th. This is class is FREE

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- Coffee Groups, FRG's, and Scouts come in for a crafts class. We will set up a class just for your group!

Custom Services

- Professional Matting & Framing: Our shop has over 500 frame molding choices and only the highest quality conservation and preservation mattes for your valuable pieces. Stop in and get a free estimate.
- Ceramic Shop: You can drop off your green ware or glaze ware for firing here. Please keep in mind that there is a minimal charge per inch.
Imprint Shop: We offer computerized engraving for plaques.
Laser Engraver: The engraver is able to cut into wood, plastic, glass, mirror, and limestone. Stop in, take a look at our samples, and see what we can do!

Library

- Hours of operation:
Tue-Sat, 11am-6pm | Sun, 12-5pm
Closed on Mon & Federal Holidays
- Story Times:
November 6, 13, 20, 27
All story times begin at 1:30pm, (Approx 45 mins. in duration) unless otherwise specified.
Story times include story, crafts, and refreshments.
- Movie Nights:
November 6th
All movie nights begin at 6:30pm. Popcorn is provided. All films are animated or films marketed to children. Please call the Fort Riley Post Library for movie titles. These are available one month prior to show.
- Upcoming Parties:
Thanksgiving Craft Party - November 20, 1:00-3:00pm
All parties include snacks, drinks, and an activity.

Leisure Travel Center (LTC)

- Fall & Winter Hours: Monday - Friday 10:00am-5:00pm
Closed Sat, Sun & Hol

Kansas City Chiefs Football

- Grab some friends and tailgate at Arrowhead Stadium. There are limited tickets available:
- November 21 Arizona Cardinals
- December 26 Tennessee Titans
- January 2 Oakland Raiders
- Colorado Ski Packages
Military discounts for Colorado lift tickets to Winter Park & Copper Mountain.
- Rocky Mountain Blue
The popular Air Force Services partnership with Keystone Resort in Colorado, offers military discounts for lodging, recreational activities, conferencing and reunions Over 1,400 lodging choices to choose from, for ski groups of all sizes. Each guest receives an Adventure Passport at check-in packed full of free activities to give you a chance to try things you might not have thought of. Free shuttle buses take you anywhere in the resort so you can easily experience all the events. Let us assist you putting together your Colorado Ski Get-a-Way.

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- Ski Snow Creek
 Don't have the time to make a trip to the Rockies for some skiing or snowboarding? You and your friends and Family can take a short trip to the historical Weston, Missouri located 15 minutes from Kansas City International airport. Snow Creek has 100% snowmaking capabilities and some amazing slopes. Don't ski? Try Tornado Alley for snow tubing. Imagine sliding down a 700 ft tubing alley and then effortlessly riding back up on conveyor carpet. Tubes are provided and no experience or special equipment is needed. Just hop on your tube and enjoy the ride. Military Appreciation is now available on Tuesdays, Wednesdays and Thursdays at the gate. LTC also sells discounted lift tickets for the entire season. Let LTC put together a weekend package for you.
- Santa Suit Rental
 Stop by and rent that outfit for that special person for your unit or organizational holiday party.

Outdoor Recreation (ODR)

Bldg 9011 Rifle Range Road
 (785) 239-2363/6368

Hours of Operation:

Open 7 days a week 9am-5pm

Facilities closed on all Federal Holidays.

Services are available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.

- It is that time of the year again! It's time to collect the firewood, and prepare for the Families and relatives to join you for the Holidays. Let Outdoor Recreation assist you with our wide variety of items available for rent. We have tables, chairs, bikes, campers, car dollies, and much more, so stop by to see if we can help you. Do you have a birthday party coming up or an Org Day scheduled? Drop by Outdoor Recreation for tug of war ropes, volleyball/badminton sets, inflatable play stations, and the NEW dunk tanks.
- November activities

Skydiving	November 6 th	9am-5pm	Cost: \$180
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Come out for some high-flying fun with Fort Riley Outdoor Recreation and the K-State Skydiving Club. We will be holding a tandem jump at the Wamego Airport. A video of your jump can be made for an additional fee. Transportation will be provided by ODR. All jumpers must be 18 years old and meet the weight restriction of 220 lbs or less. Space is limited so sign up soon.
- IBEX Climbing Gym

IBEX Climbing Gym	November 13 th	9am-5pm	Cost: \$35
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So you have the cold weather blues? Are you craving fun, physical activity? Outdoor Recreation and IBEX Climbing Gym are teaming up to offer you an exciting escape from the mundane winter weather. IBEX Climbing Gym is an indoor climbing facility that offers over 6,900 square feet of climbing area to challenge anyone from beginner to the most advanced climbers. Stop by and see what outdoor activities are planned or to see how we can make your Fall fun and exciting. For pricing and questions, please call Outdoor Recreation at (785) 239-2363.

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Fort Riley Skeet and Trap
(785) 239-9058

Hours of Operation:

- Wed & Thu Noon-8:00pm
Sat & Sun 10:00am-5:00pm
Weather Permitting
Open to the general public
- Are you just sitting around waiting for round two of the Holiday feast? Grab the Family and relatives and get ready to experience the fun, excitement, and competitiveness of shooting skeet and trap. Bring out your own gun or borrow a range gun. For more information, call or stop by the Outdoor Recreation Center; (785) 239-2363.
- Turkey Shoot at the Trap and Skeet Range
November 20th 9am-3pm
Cost: \$20 your gun/ammo
\$44 w/range gun/ammo
- Clay pigeons will be the only birds being shot at this event. Shooters who excel at this event may bring home the bacon...umm, I mean the turkey. That's right the 1st place winner won't have to shop for that perfect Thanksgiving bird this year. Competition will consist of 2 rounds of skeet and 2 rounds of trap. (Max 30 participants)
- For additional information or questions about these activities, please call (785) 239-2363.

Fort Riley Marina, Milford Lake
(785)307-5253

Hours of Operation:

CLOSED FOR THE SEASON

Services available to active duty, National Guard, Reservists, Retired, DoD Civilians, and Families.

- The Marina is closed for the season, but it is never too early to schedule and plan for the upcoming spring and summer months. The Marina is located on Milford Lake and has over 20 water craft available for rent. Including pontoons, fishing boats, jet skis, and ski boats. The Kansas State Boater's Safety Course is required to rent a motorized boat. For information about the course, visit www.kdwp.ks.us/news/Boating/Boating-Education. For more information, call or stop by the Outdoor Recreation Center, (785) 239-2363

Sports

Bldg. 202, (785) 239-3945.

- Eyster Pool
Bldg. 6940, Custer Hill
Oct 1 – May 27, 2011 Mon-Wed-Fri 6:30–9:00am Lap Swim
Mon – Fri 11:00am-1:00pm Lap Swim
 Mon – Fri 4:00-8:00pm Open Swim
 Sat & Sun 1:00–6:00pm Open Swim

Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

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- Long Pool
Bldg. 8069, Custer Hill
(785) 239-4684
For Reservations call (785) 239-9441
Please note: Effective October 1, 2010 All units will be responsible for providing their own lifeguards. Minimum two lifeguards per request. Lifeguard training information is listed below. Training (Unit must submit memo of request 2 weeks prior to requesting date with the following information: Effective October 1, 2010: Copies of minimum two Soldiers American Red Cross Lifeguard Training cert along with ARC CPR for the Professional Rescuer, date, time, number of Soldiers, type of training, requesting POC for memo, OIC or NCOIC responsible for Soldiers the morning of, memo signed by company commander).
- American Red Cross Lifeguard Training
Cost is \$175 per candidate. Call (785) 239-9441 to schedule a pre-test date prior to session beginning.
- American Red Cross Group Swim Lessons AND SKIES
SKIES November 1-5 and Group Lessons November 8-12/15-19
4:00-4:45pm PACA
5:00-5:45pm Level I
6:00-6:45pm Level II
7:00-7:45pm Level III

Fitness Center Phone Book

- King Field House | Bldg 202, Main Post | (785) 239-3868 5:00am to 9:00pm Mon-Fri
9:00am to 9:00pm Sat/Sun/Hol
- Leonard Fitness Center | Bldg 7632, Custer Hill | (785) 239-5771 5:00am to 8:00pm
Mon-Fri 10:00am to 5:00pm Sat/Sun/Hol
- Craig Fitness Center | Bldg 7024, Custer Hill | (785) 239-5562 CLOSED
- Long Fitness Center | Bldg 8069, Custer Hill | (785) 239-4683 5:00am to 9:00pm
Mon-Fri 8:00am to 4:00pm Sat/Sun/Hol
- Robinson Fitness Center | Bldg 7832, Custer Hill | (785) 239-4480 5:00am to 9:00pm
Mon-Fri Noon to 7:00pm Sat/Sun/Hol

Exercise Classes

- The fitness department offers fitness classes six days a week, excluding holidays and training holidays on holiday weekends. See the MWR website <http://www.rileymwr.com> and click on the calendar for the current schedule, or visit King Field House for a printed copy. Fitness class selection includes SPINNING, Ab Force I, Circuit Breaker, Rowbics and Interval Boot Camp. Keep eyes out for more classes being added to the fitness schedule!
- Do you or anyone you know have a passion for fitness? King Field House is currently looking for exercise class instructors! Call (785) 239-3146.
- Fitness assessments
Body composition and fitness assessments are offered by appointment. Please call the fitness office at (785) 239-3146 for more information on the testing services.
- Fun fitness programs
Register for Fit4Life and win prizes for getting out and being active! Sign up anytime. Visit <http://fit4life.rileymwr.com> for details on prizes and registration.
- Intramurals
Basketball season starts on the November 22, 2010. Coaches meeting will be held at 2:00pm on November 2nd and 9th. Information on how to register your team for intramural sports can be found at all fitness facilities or by calling (785) 239-2148.

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- Football Playoffs will be happening the first week of November. For more information, call (785) 239-2148.

Rally Point BINGO

- Sunday-Monday: Closed
Tuesday-Thursday: 5:30 p.m. to 9:00 p.m.
Friday: 6:00 p.m. to 9:00 p.m.
Saturday: 12:30 p.m. to 4:30 p.m.
- Come out with friends and enjoy a night of "BINGO"!
- To make bingo easier to play for novices, we have electronic bingo machines that do it all for you. All you have to do is yell "BINGO!"
- Play 13 games with nightly payouts of over \$1,800 and the chance to win \$2,500 Jackpot and a progressive Jackpot starting at \$5,000. LAST WINNER WON \$10,400 on September 21, 2010.
- Play for just \$15.00 for the minimum paper pack and \$40.00 for an electronic pack.

Specials:

- Bring a Friend and receive a FREE 3-pack. (Must have been here in the past to receive this special.)
- Birthday pack: If you come on your birthday, you receive a free 3-pack and birthday dauber.
- Christmas Holiday Family Bingo is scheduled on December 19, 2010. Over \$1,000 in prizes to the children and \$1,000 in cash to adults.

Child, Youth, & School Services (CYSS)

(785) 239-9885

CYSS Parent Central Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 8:00am-6pm

Walk-in registration hours are Monday - Friday, 12:30pm-6pm

Appointments are available, starting at 8:00am.

Spaces are available for all ages; please contact Parent Central for additional information.

- Play Pals Playgroup- 6620 Normandy Drive, Every Monday 9am-11am, Reservations recommended but not required (space available without reservations). Call (785) 239-9885.
- WebTrac is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac link located on the Riley DFMWR website.
- Parent Education Plan
Parent Education Opportunities: For additional information contact Parent Central (785) 239-9885.
*Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated.
- November 9, 2010. Child Abuse Prevention, 8:00-10:00am, this class discusses the importance of recognizing and preventing child abuse. RSVP to (785) 240-2822 by November 8th at noon if you need free childcare.
- November 9, 2010. Holiday Family Traditions: Staying Connected Army-Style, 6:45-8:00pm. Does just thinking about the approaching holidays bring you stress? Come join us for some fun ideas for Family traditions that can help make the holidays more stable and fun for the whole Family. RSVP to (785) 240-2822 by November 8th at noon.

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- November 17, 2010. Stress Management, 12:00-13:00pm. Come learn about the different types of stress, both good and bad, how stress affects a person emotionally and physically and ways to prevent stress. Parents will learn how to reduce stress effects on the body by using physical activity.
- SKIES Unlimited (785) 240-2478
All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. \$300 of free classes for children of deployed Soldiers, a copy of orders is needed! Instrument rental, uniforms and testing fees are not covered!
- **NOTE: Instructors are needed in a variety of areas to include: Art, English, Math, Science, Guitar, and Piano.**

Warren East CDC 6981 Warren Rd.

- Saturday Care: November 6th and 20th from 9am -1pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided. For additional information please call (785) 240-0822.
- Weekday care: November 9th, 16th, 23rd and 30th from 6:30pm-8:30pm. Free for parents attending FRG meetings, parent may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information please call (785) 240-0822.

School Age Services (SAS) Bldg. 5810 Thomas Ave:

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides before and After School programs for Kindergarten-5th Grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information please call (785) 239-9220 or (785) 239-9225.

Middle School and Teen (MST)

- The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art Room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at (785) 239-9222. Hours of operation are as follows:

Monday – Thursday	3:00-8:00pm
Friday	3:00-11:00pm
Saturday	2:00-11:00pm

Events:

- November 8, 2010, MOVIE NIGHT, 7:00pm – 9:30pm. Cost is FREE. The feature movie will be “The Karate Kid”.
- November 13, 2010, Late Night Basketball Tournament, 7:30pm-11:00pm, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.
- November 19, 2010, MST Dance, 8:00pm-10:30pm. Cost is \$2.50 for members, \$3.50 for non-members.
- Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking

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Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call (785) 239-9222 for additional information.

- MST Has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.
- Find MST on Facebook
<http://www.facebook.com/frileyteen>
- Follow MST on Twitter
<http://twitter.com/fortrileyteen>

HIRED!

- HIRED is a career field exploration for 15-18 year old high school teenagers! Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For additional information, call (785) 240-3261.

The EDGE

- Experience, develop, grow and excel in exciting and fun art, fitness, life skills and adventure activities. For July we will offer Hip Hop, Water Sports/Fun in the Pool, Golf and Archery. All activities are FREE and take place on Fort Riley from 3-5pm every day. For additional information, call (785) 239-9850 or (785) 240-5195.

Youth Sports

- November 19th, Family Fitness Night. 6-7pm, Kickball at Bldg 5800. Families with children of all ages are invited to participate. RSVP by November 17th.
- October 18th-November 5th, Outdoor Adventure Snow Tubing Registration. Event date – November 12th, 10am-5pm, Grades 3-12, \$10 includes transportation to and from Crown Center Ice Terrace. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- November 1st – 19th, Winter Sports Registration. Indoor Soccer, Cheerleading, and Basketball \$40. All participants must have a current sport physical dated on or after March 17, 2010. Register at CYSS Parent Central Office, Bldg. 6620.
- Call (785) 239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services

- The Youth Sponsorship Program is available to children of all active, retired and reserve military sponsors in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. For additional information please contact a School Liaison Officer at (785) 240-3260, (785) 240-3261, or (785) 239-1648.
- Study Strong (formally Tutor.com)
Provides real-time homework assistance in all subjects. Service is 24/7, tutoring for grades K-12 and college intro. Log onto: www.myarmyonesource.com/cyss_tutor to register.
- Student Online Achievement Resources (SOAR) www.SoarAtHome.org
Soar is a free website providing students and parents with resources to:
- Identify academic strengths and weaknesses in math and reading.

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- Instruct the student in math, reading and language arts through interactive tutorials.
- Involve parent by providing educational resources written specifically for parents.
- College Prep Series
For students interested in pursuing a college education CYSS will offer a College Prep Series.
Times: 6:30pm to 7:30pm
Location: Middle School/Teen Center 5800 Thomas Ave
All College Prep seminars are FREE
- November 4th How to Create a Portfolio
- For additional information please contact a School Liaison Officer at (785) 240-3261, (785) 240-3260, or (785) 239-1648.
- USD 475 Junction City-Geary County Schools:
USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>
Tel: (785)717-4000
- USD 383 Manhattan-Ogden Schools:
USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/>
Tel: (785)587-2000
- USD 379 Clay County Schools
USD 379 (Clay Center-Wakefield) website: <http://www.usd379.org/>
Tel: (785)632-3176
- USD 473 Chapman Schools:
USD 473 website: <http://www.usd473.net>
Tel: (785)922-6521
- USD 435 Abilene Schools:
USD 435 website: <http://www.abileneschools.org>
Tel: (785)263-2630
- To receive a listing of all 17 school district websites, calendar and other important school information go to the School Liaison Officer website: <http://www.rileymwr.com/web-content/subpages/cysschool.html>.

Army Community Service (ACS):

- 7264 Normandy Drive, (785) 239-9435, Hours: M-F 7:30am-4:30pm

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. FREE CHILDCARE! Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You must contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call (785) 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (Room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.

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- Level I – AFTB
ACS Annex Day Time Classes 9:00am-2:30pm
November 9-10
Evening Classes – Room 30 ACS 6:00-8:00pm
1.1 Expectations & Impact of the Mission & 1.2 Military Acronyms & Terms
November 2
1.3 Chain of Command & 1.4 Military Customs & Courtesies
November 9
1.5 Basic Military Benefits & Entitlements & 1.6 Military/Civilian Community Resources
November 16
1.7 Intro to Family Readiness Groups & 1.8 Supporting Your Child's Education
November 23
1.9 Family Financial Readiness & 1.10 Basic Problem Solving
November 30
- Level II – AFTB
ACS Annex Day Time Classes 9:00am-2:30pm
November 30-December 2
- Level III – AFTB
ACS Annex Day Time Classes 9:00am-2:30pm
December 14-16

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at (785) 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at (785) 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer

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Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

New Parent Support Program (NPSP): NOVEMBER 2010

- **POSITIVE DISCIPLINE**
November 2, 2010 9:00-11:00am
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed to help parents get their message across to their children by helping them learn to set limits, acknowledge feelings and by taking care of themselves.
- **THE 7 SECRETS; Of Effective Fathers**
November 3, 2010 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.
- **24/7 DAD WORKSHOP (2-Day)**
November 8 & 9, 2010 9:30am-4:30pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This two-day class is a unique, innovative and comprehensive course designed to engage fathers and encourage them to become more involved with their children and Family. This workshop is packed with fun, interesting, and interactive activities to assist dads in raising healthy, mature, and responsible children.
- **LOVE AND LOGIC; Early Childhood Parenting Made Fun! –**
November 18, 2010 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed for families with children ages 0-6 years old and to help parents create happy families and responsible kids by:
 1. Learning to allow them to grow through their mistakes
 2. Learning to allow them to learn from the consequences of their choices
 3. Learning shared "control"
 4. Learning shared "thinking and decision making"
 5. Providing the opportunity to build "self-concept."
- **24/7 DAD OVERVIEW/REVIEW WORKSHOP**
November 22, 2010 5:00-7:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed to introduce the 24/7 Dad concept to fathers that are interested in participating in the two-day course. This two hour session also serves as feedback and a review for those fathers that have completed the two day course.

DECEMBER 2011

- **FAMILY HOLIDAY CONFERENCE**
December 7, 2010 6:00-8:30pm
Riley's Conference Center, Building 446 Seitz Dr.
Army Community Services, Building 7264 Normandy Dr., Ft. Riley

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An educational & social conference that teaches parents and children techniques in doing smart cost crafts. Families have the opportunity to interact & network. There will be interactive participation in reducing stress and holiday blues. Learn the hidden values for developing new Family traditions, where Families are able to enjoy the holiday season. Santa will be visiting and there will be holiday songs! Open to families enrolled in the Exceptional Family Member Program and New Parent Support Program.

JANUARY 2011

- **SCREAM FREE PARENTING**

January 4, 2011 & January 11, 2011; 6:30-8:30pm

Army Community Services, Building 7264 Normandy Dr., Ft. Riley

This two session course is designed to help you start a Revolution in Your Family! Scream Free Parenting is not just about lowering your voice. It's about learning to calm your emotional reactions and learning to focus on your own behavior more than your kids' behavior . . . for their benefit. With these techniques, you can create and enjoy more calm, mutually respectful, and loving relationships with your children.

Note: YOU MUST ATTEND BOTH SESSIONS TO RECEIVE A CERTIFICATE.

- **THE 7 SECRETS; Of Effective Fathers**

January 5, 2011 9:00am-12:00pm

Army Community Services, Building 7264 Normandy Dr., Ft. Riley

This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.

- **LOVE AND LOGIC; Early Childhood Parenting Made Fun!**

January 6, 2011 9:00am-12:00pm

Army Community Services, Building 7264 Normandy Dr., Ft. Riley

This course is designed for families with children ages 0-6 years old. This course is designed to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- Learning to allow them to learn from the consequences of their choices
- Learning shared "control"
- Learning shared "thinking and decision making"
- Providing the opportunity to build "self-concept"

- **POSITIVE DISCIPLINE**

January 13, 2011 10:00am-12:00pm

Army Community Services, Building 7264 Normandy Dr., Ft. Riley

This course is designed to help parents get their message across to their children by helping them learn to set limits, acknowledge feelings and by taking care of themselves.

- **"IT'S NOT AS HARD AS YOU THINK;" Cloth Diapering, Making Baby Food & Breastfeeding in the 21st Century;** January 19, 2011; 10:30am-12:00pm

Army Community Services, Building 7264 Normandy Dr., Ft. Riley

Come learn easy ways to use and manage cloth diapers, making your own baby food, and breastfeeding. You will gain knowledge on how much money you can save by using these methods and how good it is for your baby and "Mother Earth." We will offer step-by-step guide and quick tips to implementing these strategies into everyday family life.

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- **BASIC INFANT CARE**
January 25, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed for families that are currently expecting or that have recently delivered new additions to their families. Some of the timely topics covered include understanding pregnancy; preparing for the birth; nurturing a healthy family; child growth and development; infant safety; and a visit with health care staff from IACH and WIC.

FEBRUARY 2011

- **The Seven Secrets Of Effective Fathers**
February 2, 2011 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.
- **BEING A SINGLE PARENT**
February 8, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This class is designed to give single parents and intermittently single parents ideas, tools and techniques that will boost parenting confidence, re-energize parenting goals and enhance parenting success.
- **LOVE AND LOGIC; Early Childhood Parenting Made Fun!**
February 10, 2011 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed for families with children ages 0-6 years old. This course is designed to help parents create happy families and responsible kids by:
 1. Learning to allow them to grow through their mistakes
 2. Learning to allow them to learn from the consequences of their choices
 3. Learning shared "control"
 4. Learning shared "thinking and decision making"
 5. Providing the opportunity to build "self-concept"
- **HOW TO EFFECTIVELY USE TIME OUT WITH YOUR CHILD**
February 17, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course teaches parents how to appropriately use time-out in their disciplining regime.
- Sign up in advance is encouraged if childcare is needed – MUST RSVP TWO DAYS BEFORE CLASS FOR CHILDCARE & CURRENT SHOT RECORDS ARE A MUST.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvcs>.
- Issues can also be submitted by calling (785) 239-9435.

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Family Advocacy Program (FAP):

- FAP Love & Logic classes:
November 4, 11, 18
All classes are 6:30-8:30pm and held at ACS Bldg. 7264.
Registration for childcare has to be scheduled by calling (785) 239-9435
(Up-to-date shot records are required and must be brought in each week).

Exceptional Family Member Program (EFMP):

- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at (785) 239-9435.
- Exceptional Family Member Program and New Parent Support Programs offers:
Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. The upcoming 2010 dates are as follows; November 17 at the Army Community Service, Normandy Dr., Building 7264 from 1:00 pm to 4:30 pm.

Fort Riley Education Services (ACES):



- Graduation Dates MFR from Ed Svcs.pdf
- Garrison Resiliency 5-4-9 work schedule. Offices and the consortium schools and universities will be closed every other Friday, in accordance with the GC schedule.
November closed dates: November 12th and 26th.
Holiday's closed: November 11th and 25th.
Main Post Learning Center, 217 Custer Avenue (785) 239-6481
Hours: 7:30 am – 5:00 pm
Services: Education Counseling and Testing
Learning Center 1, 7604 Parker Street (785) 239-9485
Hours: 8:00 am – 5:30 pm
Services: Computer Lab
- The Computer Lab has 12 computers for Soldier and Family Member use. You will be authorized up to 5 pages of print per day. Also, there are research materials and study guides available to loan out.
- Learning Center 2, 7656 Graves Street (785) 239-9824
Hours: 7:45 am – 5:00 pm
Services: Education Counseling, Tutor Center.
- Tutoring Center hours will be: Monday, Tuesday, and Thursday: 9:00 am to 5:00 pm, Wednesday: 9:00 am to 7:00 pm, Friday: 9:00 am to 3:00 pm, and Saturday: 11:00 am to 3:00 pm.
- Contact phone number for Tutor Center and CLEP/DSST testing is (785) 240-3617.
Are You Ready for Graduation?
- The current On Post College classes began October 18th and end December 18th. If you anticipate completion of your degree requirements at your educational institution by December, you may be eligible to walk in the On-Post graduation ceremony. Please contact your College office for more information regarding participation in the ceremony. Deadline to have name appear in the printed program is November 8th. If you are attending a Distance Learning College out of the area, come to 217 Custer Avenue and speak with

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Event POC for placement on the graduation program and to walk in the ceremony. The ceremony will be held at King Field House, at 1:00 pm, on December 3, 2010.

- Leader Skills Enhancement Courses (LSEC):
LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. ALL Soldiers must enroll in GOARMYED (<https://www.goarmyed.com/Login.aspx>)
- Upcoming LSEC Cycles are as follows:
Cycle 1: November 1 – December 16, 2010
Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>
Basic Skills Education Program Classes (BSEP) and GT Improvement:
BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).
- Upcoming BSEP Classes:
 - Cycle 2: October 28 – November 22, 2010
 - Cycle 3: November 22 – December 17, 2010
 - Classes will be held at 8044 Normandy.

To enroll please see an Army Education Counselor.
- Barton County College:
Fall Semester on-post evening college classes: October 18 – December 18, 2010
Online classes begin: October 18 – December 19 (Session 3 for 9 weeks)
- Central Michigan University:
Next on-post course will start: November 5 – December 4, 2010
MGT 643 - Personnel Management
- Central Texas College:
Fall Semester on-post evening college classes: October 18 – December 18, 2010
Online classes begin: October 25 – December 17, 2010
- Kansas State University:
No current on-post evening classes available
- Southwestern College:
Next on-post course will start: November 9 – December 21, 2010
SMGT 321 - Homeland Security
- University of Mary:
Next on-post course will start: October 14 – December 16, 2010
MGT 700 - Management Seminar
- Upper Iowa University:
Fall Semester on-post evening college classes: October 18 – December 18, 2010
Online classes begin: October 25 – December 19, 2010

Chaplains' Offices:

- Please note for all services offering Nursery care, please bring immunization records with you.
Chaplains' Office (785) 239-3359
- Please visit our web-site at <http://www.riley.army.mil/>
Click on services-Fort Riley Services-Chaplain

Main Post Chapel

(785) 239-6597

- Protestant Community Worship Service Sunday @ 10:30am

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Kapaun Chapel

(785) 239-9608

- Fort Riley Open Circle meetings are at the Kapaun Chapel Every Saturday at 1500
- Contemporary Protestant Service Sunday @ 10:30am

Morris Hill Chapel

(785) 239-4060

- Gospel Sunday school @ 9:00am
- Gospel Worship Service Sunday @ 10:30am
- Roman Catholic Mass Sunday @ 9:00am
- Roman Catholic Education Sunday @ 10:30am

Saint Mary's Chapel

(785) 239-6597

- Roman Catholic Mass Saturday @ 4:30 pm
- Roman Catholic Mass Sunday @ 11:00am
- Wednesday & Friday @ 12:00 pm

Irwin Army Community Hospital Chapel

(785) 240-1443

- Tuesday & Thursdays Catholic Mass @ 12:00 pm

Religious information:

- Jewish information please call (785) 539-8462
- Muslim Religious Services please call (785) 776-1033
- LDS Services please call:
- Single (785) 537-7870
- Family (785) 539-1084
- Junction City (785) 238-2951
- Religious Education Director (785) 239-2979
- Catholic Education Director (785) 240-1443
- Religious Support Office (785) 239-3359
- Morris Hill Chapel (785) 239-4060
- Main Post Chapel (785) 239-6597
- Saint Mary's Chapel (785) 239-6597
- Kapaun Chapel (785) 239-9608
- Normandy Chapel (785) 239-9149
- Family Life Ministry (785) 239-3436

Boy Scouts:

To join, please contact (785) 238-5684 for more information.

Girl Scouts of Northeast Kansas and Northwest Missouri:

- The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact (785) 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact (785) 776-1488.

Armed Services YMCA (ASYMCA):

- Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with other's you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information (785) 238-2972.

** Reservations are required one week in advance for all childcare programs. **

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All children must be registered.

- Parent's Work Out:
Monday through Friday 8:30-10:45am
- Please provide a snack for your child
- \$4.25 1st child
- \$3.50 Per Additional child
- \$5.00 Children under 2
- \$4.25 Per additional children under 2
- Parent's Day Out:
Monday through Friday 11:00am-3:00pm
 1. You must provide a sack lunch and a snack for your children
 1. \$10.00 1st child
 2. \$9.25 per additional child
 3. \$10.75 for children under 2
 4. \$10.00 per additional child under 2
- Parent's Night Out: Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

Friday 5:30-10:00pm

2. You must provide a sack lunch and a snack for your children
5. \$10.00 1st child
6. \$9.25 per additional child
7. \$10.75 for children under 2
8. \$10.00 per additional child under 2
9. Dates Available:

November 5 and 19

December 10 and 17

***All childcare program prices are for the entire program this is not an hourly rate. ***

Free Childcare: Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

Saturday 12:30-4:30pm

Dates Available:

November 6 and 20

December 11 and 18

- Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per Family for childcare if needed.

Building Rentals:

- The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
- Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs, including set-up and cleaning.

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- Car Seat Loan Program: Geico insurance has provided us with car seats that we are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- Operation Wheels: Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.
- The following locations are available for transportation:
 - WIC Bldg. #7264
 - ACS Bldg #7264
 - Irwin Army Hospital Bldg #600
 - Self Help Bldg. #289
 - Post Chaplin Services
 - Respite Care At ASYMCA
 - Geary Community Hospital
 - Junction City Health Department
- Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.
- For more information- Please call (785) 238-2972, email asymca@ngks.com, or stop by at 111 East 16th Street, Junction City.

Kansas Children's Service League (KCSL):

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state's most vulnerable children so they can realize their full potential. Learn more by calling 1-877-530-5275.
- Upcoming classes offered by KCSL:
 - MAPP Training: This 10-week preparatory class is offered **Free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
 - The Oasis program will provide **Free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call (785) 539-3193 ext.1701 or call the Oasis cell phone at (785)643-6615.

Army Career and Alumni Program (ACAP):

- Transitioning Service Members: Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling (785) 239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".

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- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, (785) 239-8368.
- ACAP will be offering the D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8223 for more information. If you need more information please go to our website www.gocivilairpatrol.com.

Fort Riley, Kansas
"Home of the Big Red One"

