

2012
U.S. Army Child, Youth & School Services

SUMMER ACTIVITIES

Fort Detrick, Maryland



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### POLICY AND INFORMATION

### Child, Youth and School Services (CYSS) Philosophy:

The Fort Detrick CYSS goal is to assist each child through their four stages of growth and development. Opportunities for this journey are provided in a safe and healthy environment. Quality customer service, an inviting and stimulating environment, and a caring staff are top priorities. We strive to enhance and promote a positive self-image for children and youth.

We believe that each child is a unique individual. Our programs are delivered to provide developmentally age appropriate activities in a safe and inviting environment, offering opportunities for self-discovery and expansion of existing skills and abilities. Through social play, children not only learn about the world around them, but how to interact with others. Trying new experiences and testing their boundaries help to develop self-confidence.

**Behavior Policy:** Discipline will be positive in nature, including such methods as redirection, separation of a child from situations, and praise for appropriate behavior. All summer staff will have training in the use of positive discipline. If children are caught doing something that is of danger to themselves or others, parents will be called and the child will have to be picked up immediately. If discipline problems persist, a parent conference will be scheduled and necessary action will be determined at that time.

**Food and Medication:** The CYSS understands and appreciates the need for a healthy diet among all of our members. The Child Development Center and School Age Services programs are under the United States Department of Agriculture (USDA) Child Adult Food Program. Under USDA guidelines, your child will be provided with a breakfast, lunch, and snack during camp hours.

The USDA guidelines state no outside food is allowed into a USDA food program; therefore, if your child is unhappy with the provided meals, parents are encouraged to pick up their child

at meal time. The Middle and Teen program is not under USDA restrictions and will need to provide their own lunch. They are provided a USDA breakfast and afternoon snack. The CYSS program staff will administer medication in accordance with Army Standard Operating Procedures (SOP). The facility director will review the medication policy on a case by case basis. Parents are responsible to provide sunscreen for their children's outdoor activities.

**Additional Cost:** On occasion, additional cost may be incurred by parents for special outings, to include but not limited to McDonalds, field trips, ice cream socials, etc.

**Personal Property and Belongings:** All personal belongings brought to the program by a youth is the responsibility of that youth/family. The CYSS is NOT responsible for lost, damaged, or stolen items. Please discourage your child from bringing anything to the program that is not completely necessary, especially money. Necessary items, sunscreen, backpacks, and jackets should be clearly marked with the child's name.

Accidents: The CYSS programs strive to maintain a safe and secure environment. There is an assumed risk in many of our core activities; including, but not limited to sports. Please feel safe in knowing that our trained staff are attentive to providing the safest environment possible. The completed membership application authorizes the program staff to seek medical treatment for a member, if necessary, and that any associated costs for such care are the responsibility of the parent or guardian. The CYSS does NOT provide medical insurance for members. In the event of a serious injury, the staff will call 911 immediately and then call the parent/guardian or alternative emergency contact. This is one more reason why updated contact information is your responsibility and crucial to your child's well-being.

Please ensure all contact numbers are accurate.

# **YOUTH SERVICES**

WAIK-IN PROGRAM

The Youth Services (YS) also provides free walk-in recreational programs for youth who have completed grades 1st-12th. These trips and activities are great ways for youth to experience the surrounding community and to experience recreational activities with family and friends. These activities give youth supervised alternatives to their daily routine and promote healthy educational and recreational life skills.

YS is open Monday through Saturday for daily use and operates on staggered hours according to grades.

A great place to relax and spend time with your friends, the Teen Center offers vending machines, video games, a gym, computers, and a place for crafts.

| Grades 1st - 5th                         | Monday-Thursday: 1530-1800<br>Friday: 1530-1800<br>Saturday: 1300-1630 |
|--|--|
| Grades 6 <sup>th</sup> -8 <sup>th</sup>  | Monday-Thursday: 1430-1900<br>Friday: 1430-1930<br>Saturday: 1530-1930 |
| Grades 9 <sup>th</sup> -12 <sup>th</sup> | Monday-Thursday: 1430-1900<br>Friday: 1430-2100<br>Saturday: 1700-2100 |





## KINDERGARTEN CAMP

The Fort Detrick Child Development Center (CDC) offers Kindergarten Camps for children who have completed kindergarten during the 2011-2012 school year.

CDC Kindergarten Camp provides children with many wonderful activities, programs, and field trips to entertain and delight. There will be trips to the Fort Detrick Pool for recreational swimming. A typical week may look like this:

| Monday              | Tuesday    | Wednesday | Thursday   | Friday   |
|---------------------|------------|-----------|------------|----------|
| Program<br>Delivery | Field Trip | Swimming  | Field Trip | Swimming |

Parents, please remember that your child is scheduled for 2 field trips a week. If for any reason your child is late for the bus departure, or cannot attend the field trip, you will be responsible for alternate care that day. No refunds will be given for a missed day/field trip.

For more information, call 301-619-3300.



# SCHOOL AGE SERVICES SUMMER DAY CAMP

Summer Day Camps are for youth who have completed grades 1<sup>st</sup>-5<sup>th</sup>. Summer Day Camps are broken down into 10 one week sessions. Children will be broken up into three age groups. An example of a typical week is below. Activities will also be provided within the four service areas of health, life skills, intervention, and recreation.

- Each Camper will receive a camp shirt which must be worn on trips.
- Camp hours: Monday Friday, 0600 1800.
- Each camper must bring sunscreen everyday to camp.
- Closed toe shoes are required all times.

|         | Monday     | Tuesday    | Wednesday  | Thursday   | Friday     |
|---------|------------|------------|------------|------------|------------|
| Group A | Field Trip | Swim       | Field Trip | Swim       | Swim       |
| Group B | Swim       | Field Trip | Swim       | Field Trip | Swim       |
| Group C | Swim       | Swim       | Field Trip | Swim       | Field Trip |

Parents, please remember that your child is scheduled for 2 field trips a week. If for any reason your child is late for the bus departure, or cannot attend the field trip, you will be responsible for alternate care that day. No refunds will be given for a missed day/field trip.









# KINDERGARTEN & SUMMER DAY CAMPS COST

The fee schedule below is the weekly cost for Kindergarten and Summer Day Camps. There is a 15 percent discount applied to the second child enrolled in the program during the same week.

Non-Department of Defense (DoD) Members = \$154.00

| Category | Total Household<br>Income | Weekly Fees | 15% Discount |
|----------|---------------------------|-------------|--------------|
| 1        | \$0 - 29,400              | \$40.00     | \$34.00      |
| 2        | \$29,401 - 35,700         | \$52.00     | \$44.00      |
| 3        | \$35,701 - 46,200         | \$64.00     | \$54.00      |
| 4        | \$46,201 - 57,750         | \$77.00     | \$66.00      |
| 5        | \$57,751 - 73,500         | \$89.00     | \$76.00      |
| 6        | \$73,501 - 85,000         | \$100.00    | \$86.00      |
| 7        | \$85,001 - 100,000        | \$105.00    | \$90.00      |
| 8        | \$100,001 - 125,000       | \$107.00    | \$92.00      |
| 9        | \$125,001 +               | \$110.00    | \$94.00      |







# JUNIOR ADVENTURE

**PROGRAM** 

This program is for youth ages 10-12, who dare to try the challenge of the elements. All Junior Adventure Programs cost \$175.00 per adventure.

Hours: Monday - Friday, 0600 - 1800.

### Week 1

18-22 June

#### **Summer Preview**

Ages 10-12. Come out this week and join us for day trips that will give a sneak peek at all that Junior Adventure has to offer. We will go hiking, swimming, go-carting, participate in team-building activities, and much more. This week will be packed with fun and will help you start off your summer of adventure. All participants are required to bring lunch, water bottle, and swim/sun gear each day for this program.

### Week 3

2-6 July

### Hike, Zip, Search, and Swing

Ages 10-12. This awesome week will be jam packed with day trips filled with hiking, a rope course, a zip line, a giant swing, geocashing, and a climbing wall. Adventure is definitely the name of this week. Must have 10 participants to take this trip. All participants are required to bring a lunch, water bottle, and swim/sun gear each day for this program.



### **Wacky Water**

16-20 July

Ages 10-12. Boy it's getting hot outside! This week will be sure to keep you cool! We will spend our Dog Days of summer rafting, tubing, and paddling local water ways, as well as swimming and playing all kinds of water games. Must have 10 participants to take this trip. All participant are required to bring a lunch, water bottle, and swim/sun gear each day for this program.

### Week 6

### **Camping Experience**

23-27 July

Ages 10-12. Have you ever been camping? Come camping the CYSS way. We will spend 2 nights TENT camping. The days will be filled with activities such as hiking, swimming, and other fun activities. We will cook our own dinner each evening and relax by a campfire to end the day. It will be a great time for everyone. We will spend Monday preparing for the trip, depart Tuesday afternoon, camp Tuesday and Wednesday nights, and return Thursday afternoon. Friday will be a day at YS to finish cleaning all of our gear, play games, and go swimming. YS will provide tents. YS also has some packs and other camping gear available for youth to borrow for the week. Must have 10 participants to take this trip. Packing list will be available prior to week of camp.

### Week 10

#### Farewell to Summer Fun

20-24 August

Ages 10-12. School is just around the corner, so let's have one last awesome week before its back to the books. We will go go-carting, play a round of miniature golf, checkout a movie, and head to Bush Gardens Amusement Park. The week will end with an awesome cook-out. After this fun filled week, you will need the break that school will provide. All participants are required to bring lunch, water bottle, and swim/sun gear each day for this program.

### TEEN X-TREME

#### **OPTION 1: SELF DISCOVERY SPECIAL EVENTS**

Hours: Monday-Friday, 0600-1430. At 1430, regular walk-in hours begin and youth have the option of transitioning into the Walk-In Summer Program or be dismissed from camp. Each teen will be responsible for bringing his or her own lunch or spending money according to the trip note.

The fee schedule below is the weekly cost for Self Discovery Special Events. There is a 15% discount applied to the second child enrolled in the program during the same week.

Non-Department of Defense (DoD) Members = \$154.00

| Category | Total Household<br>Income | Weekly Fees | 15% Discount |
|----------|---------------------------|-------------|--------------|
| 1        | \$0 - 29,400              | \$40.00     | \$34.00      |
| 2        | \$29,401 - 35,700         | \$52.00     | \$44.00      |
| 3        | \$35,701 - 46,200         | \$64.00     | \$74.00      |
| 4        | \$46,201 - 57,750         | \$77.00     | \$66.00      |
| 5        | \$57,751 - 73,500         | \$89.00     | \$76.00      |
| 6        | \$73,501 - 85,000         | \$100.00    | \$86.00      |
| 7        | \$85,001 - 100,000        | \$105.00    | \$90.00      |
| 8        | \$100,001 - 125,000       | \$107.00    | \$92.00      |
| 9        | \$125,001 +               | \$110.00    | \$94.00      |

#### **OPTION 2: ADVENTURE SPECIAL EVENTS OPTIONS**

These week long adventure events were designed to bring out the best in all adventuresome youth. Teen X-Treme Options are open to youth ages 13 and up. Youth will participate in activities such as rafting, hiking, tent camping, rock climbing, and rope courses. Please read each description carefully for the type of camp and age group it is open to.



# SELF DISCOVERY

SPECIAL EVENTS

Must have completed 6<sup>th</sup> grade to be eligible for these special events.

| <b>Week 1</b> 18-22 June | Summer Preview We will have a variety of activities, games, and contests that will let you know what the rest of the summer has to offer. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.   |
|--------------------------|--|
| <b>Week 2</b> 25-29 June | Games Week  Join us for a week filled with different and unusual board games, video games, competitive games, and team games. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.   |
| Week 3<br>2-6 July       | Planet Earth  Want to make a difference? Think that giving back to your community and the earth is important? Join us this week if you want to see a small change being made, it starts with you! Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted. |
| Week 4<br>9-13 July      | Craft Crazy  Highlights will include five days of pottery, glassblowing, scrapbooking, jewelry making, and much more. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.   |
| <b>Week 5</b> 16-20 July | Entrepreneur Week Divide into teams to sell concessions products. Learn the ins and outs of running a small business and put your sales skills to the test. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.                                       |

| Week 6<br>23-27 July            | Music in Me Enjoy making music? Want to learn a few new dance moves? How do radio stations run? Want to be a star? Get ready to do just that! Join us in a week full of music, dance, and video making. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.  |
|---------------------------------|---|
| Week 7<br>30 July -<br>3 August | Technology Around Us  Are you interested in how things work? Like to take things apart and build them again? Join us for robot making, engineering challenge games, web design, and tons more! Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.   |
| Week 8<br>6-10 August           | Act It Out Join us for this consecutive 2 week option that will focus on performing a play. Work on line memorization, warm up skills, prop making, and set design. MUST ATTEND BOTH WEEKS! We will be performing a full play for family and friends at the end of the 2 week session. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted. |
| Week 9<br>13-17 August          | Act It Out Join us for this consecutive 2 week option that will focus on performing a play. Work on line memorization, warm up skills, prop making, and set design. MUST ATTEND BOTH WEEKS! We will be performing a full play for family and friends at the end of the 2 week session. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted. |
| Week 10<br>20-24 August         |   |

sunscreen, and towel must be brought to Youth Services each day unless otherwise noted.

## TEEN ADVENTURE

SPECIAL EVENTS

Teen Adventure Special Events cost \$175.00. Non-DoD cost \$220.00. These special events are for youth ages 13 and up.

### Week 2

### So You Think You Can Cook?

25-29 June

Ages 13+. Spend this week with us and challenge other teams in different cook-offs. Teams will focus on a daily food challenge and compete to have the tastiest food! Camp will be held at the Frederick County 4-H Center. Transportation will be provided. Swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted!

### Week 4

#### Mountain Challenge Overnight Camping

9-13 July

Ages 13+. Highlights will include 4 days 3 nights packed with adrenaline activities to include mountain challenge activities and white water rafting at the WISP Resort in Western Maryland. We will be camping at Swallow Falls State Park. Breakfast, lunch, and dinner will be provided. Campsite activities will include making food, hiking, movies under the stars, scavenger hunts, and games. Packing list will be made available prior to trip. Must have 12 participants to take this trip. Space is limited to only 13 participants!

### Week 7

### **Adrenaline Water Rush**

30 July-3 August Ages 13+. Highlights will include five adventure packed days of high adrenaline activities to include canoeing, white water rafting, tubing, fishing, and plenty of water games. Must have 12 participants to take this trip. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted!





6-10 August

### Adrenaline Heights Rush

Ages 13+. Highlights will include five adventure packed days of high ropes courses, rock climbing, rappelling, team competitions, and much more. Must have 12 participants to take this trip. Swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted!

### Week 9

13-17 August

### Adrenaline Field Rush

Ages 13+. Highlights will include five adventure packed days of paintball, field games, archery, horseback riding, and much more. Lunch, swimsuit, sunscreen, and towel must be brought to Youth Services each day unless otherwise noted!



# START SMART SPORTS

CAM

Start Smart Sports Camp is for children ages 4-6. These camps are designed to introduce sports to your children in a safe, non-competitive environment. Parents are required to attend each session and parent involvement is expected.

### Week 1

### **Start Smart Golf** (1730-1830)

18-22 June

\$75.00 Department of Defense (DoD), Members, Non-DoD, and Non-Members

Ages 4-6. A developmentally appropriate introductory golf program. It is a parent participation program for young children who have never played golf. Start Smart Golf teaches parents how to teach their child golf using fun, developmentally age appropriate equipment from SNAG that can be used almost anywhere. It prepares children for traditional golf without the threat of competition or the fear of failure.

### Week 2

### Start Smart Sports Development (1730-1830)

25-29 June

\$75.00 DoD, Members, Non-DoD, and Non-Members

Ages 4-6. Is a developmentally appropriate introductory sports program. The program prepares children for organized sports, in a fun non-threatening environment. It prepares children and their parents for organized sports without the threat of competition or the fear of getting hurt. Age appropriate equipment from Franklin Sports and Hasbro is used in teaching throwing, catching, batting, and kicking.

### Week 4

9-13 July

### First Kicks Soccer(1700-1800)

\$75.00 DoD, Members, Non-DoD, and Non-Members

Ages 3-4. Young players are introduced to game basics through fundamental activities, games, and fun soccer challenges. One hour for five days (parents are encouraged to join in).

9-13 July

### Mini Soccer (1800-1930)

\$90.00 Department of Defense (DoD), Members, Non-DoD, and Non-Members

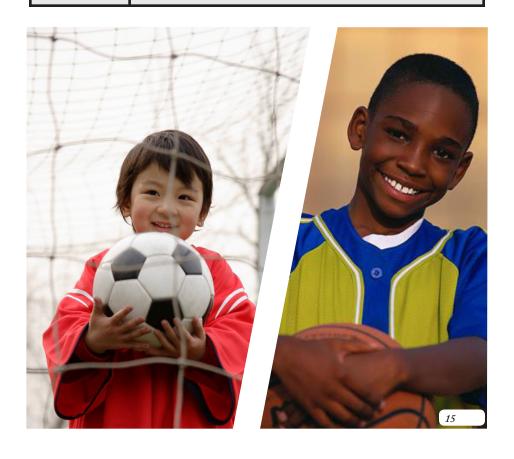
Ages 5-6. Fun games, competitions, and skill-building activities are designed to enlighten and develop budding players. One-and-a-half hours for five days.

# **Week 5** 16-20 July

### Start Smart Basketball (1730-1830)

\$75.00 DoD, Members, Non-DoD, and Non-Members

Ages 4-6. Start Smart Basketball teaches children (ages 4-6) the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents skills in dribbling/ball handling, passing/catching, shooting, and running/agility without the threat of competition or the fear of getting hurt.



## SPORTS CAMP

Sports Camp is for youth ages 7-18. Doors open at 0600; breakfast provided between 0800-0830; Camp hours are from 0900-1430. Afternoon camp care is available for School Age Service children from 1430-1800 for \$65.00 per week per child. Afternoon snack provided.

### Week 1

### Fishing Expedition (Overnight) \$175.00 Department of Defense (DoD) and Members

18-22 June

\$220.00 Non-DoD and Non-Members

Ages 13-18. Join us in Myrtle Beach, South Carolina
where we will fish local hotspots while learning to
catch the fish, clean and cook the fish, eat and
enjoy the fish! Compete in daily tournaments to win
prizes! Fishing gear is provided, but campers are
welcome to bring their own. Only 10 slots available.

### Week 2

#### Sports Galore (0900-1430) \$110.00 DoD and Members

25-29 June

\$135.00 Non-DoD and Non-Members
Ages 7-14. Do you have what it takes? Learn new
and exciting sports by competing in individual and
team sports tournaments throughout the week!
Sports Galore includes street hockey, bocce ball,
wiffle ball, ultimate frisbee, wacky soccer, wall ball,
and much more! Lunch, swimsuit, sunscreen, and
towel must be brought to camp each day unless

### Week 3

### Flag Football (0900-1430)

2-6 July

\$135.00 Non-DoD and Non-Members
Ages 7-14. See the speed! Learn flag football agility
skills, footwork, pass patterns, and play games!
Lunch, swimsuit, sunscreen, and towel must be
brought to camp each day unless otherwise noted!
There is no camp on 4 July 2012.



otherwise noted!

9-13 July

### **British Soccer** (0900-1430) \$125.00 Department of Defense (DoD), Members,

\$125.00 Department of Defense (DoD), Members, Non-DoD, and Non-Members

Ages 7-14. The British are coming! Challenger Sports, the number one youth soccer company in the United States, will hold one of their nationwide British Soccer training camps right here in Fort Detrick! Each day of camp includes individual foot skills, technical drills, tactical practices, smallsided games, coached scrimmages, and a daily tournament, Equally important, the Challenger coaching staff provides each child with lessons in respect, integrity, responsibility, sportsmanship, and leadership. During camp the children will practice and master new individual skills and understand small aroup and team tactics. Campers will also scrimmage each day in the always popular Camp World Cup! Lunch, swimsuit, sunscreen, and towel must be brought to camp each day unless otherwise noted!

### Week 6

23-27 July

### Roger Mason Jr. Basketball (0830-1430)

\$125.00 DoD and Members \$150.00 Non-DoD and Non-Members

Ages 7-14. Join Washington Wizards Guard, Roger Mason Jr, on Fort Detrick for a week of Basketball Camp. Staff will teach you the skills of basketball whether you are new to the game or experienced. Come and learn what hard work can do to help you. Lunch, swimsuit, sunscreen, and towel must be brought to camp each day unless otherwise noted!

### Week 7

30 July-4 August

### NFL Training Camp Road Trip (Overnight)

\$175.00 DoD and Members \$220.00 Non-DoD and Non-Members

Ages 13-18. Join us while we visit several NFL teams as they prepare for the upcoming season during their training camps. We plan to visit the Carolina Panthers and Atlanta Falcons. See your favorite players up close and personal! Autographs are sure to be a hit! Only 10 slots available.

## SKIESUNLIMITED

**ACADEMY** 

SKIESUnlimited classes are taught by certified instructors giving your child the opportunity to experience the different skills base classes. SKIESUnlimited classes are for youth of various ages. Door open at 0600; breakfast provided 0800-0830; camp hours are from 0900-1200. Lunch hour is from 1200-1300; participates MUST bring their lunch. **LUNCH WILL NOT BE SUPPLIED!** 

Extended afternoon activities will be available at \$65.00 per week from 1430-1800. Extended activities will include swimming, bowling, crafts, and field trips within that week.

**Parents:** Classes cannot be switched once you have registered because the number of enrollment determines if the class can be offered.



# Week 1 18-22 June

#### **CSI Crime Scene**

\$110.00 Department of Defense (DoD) and Members \$130.00 Non-DoD and Non-Members

Ages 9+. Be part of the investigator team that processes the crime scene, finding evidence that will hopefully lead to an arrest. You must do your best, because the clues you discover will be used as evidence in an attempt to convict the defendant at a mock trail. Your time will be filled with fun and excitement - learning how to process a crime scene, looking for clues, collecting evidence, and being part of a criminal trail. Hands on learning and guest speakers will give you a chance to learn what it is really like to process a crime scene and then take the case to trail.

2-6 July

#### **Jewelry Making**

\$110.00 Department of Defense (DoD) and Members \$130.00 Non-DoD and Non-Members

Ages 10+. This is a great hobby! You can make beautiful pieces for your family and friends. Learn basic techniques of jewelry making. Learn to string beautiful beads by hooking them together by wire or string; create your own beads with paper or clay. This class will give you a great experience to know if you will continue this hobby.

### Week 4

9-13 July

#### **Craft Mania**

\$110.00 DoD and Members \$130.00 Non-DoD and Non-Members

Ages 9+. Paper is a crafters best friend. We have card making projects, scrapbooking ideas, and recycled paper craft projects to tempt you with. Experience using Cricut personalize cutter to emboss and embellish your cards with the different scrapbooking tools.

### Week 9

13-17 August

#### **Rockets**

\$110.00 DoD and Members \$130.00 Non-DoD and Non-Members

Ages 10+. Looking for that special class where you have the opportunity to see how things work by putting items together? Let's see how you can take a wooden dolly, shopping bag, some string, and an egg and see it launch into space. Let's take a remote control kit and put the pieces together and race them with our friends.





## SPECIALTY SKIES

**PROGRAMS** 

### Week 2

25-29 June

#### **Horseback Riding**

(North Fork School of Equitation, Inc) \$250.00 Department of Defense (DoD) and Members \$275.00 Non-DoD and Non-Members

Ages 9+. An introductory lesson/evaluation offered to prospective students. Learn to ride sweet-natured, talented horses of several breeds in a stress-free, quiet, beautiful environment with emphasis on FUN, safety, personal attention, and quality of instruction.

### Week 7

30 July -3 August

### **Comic Book Drawing**

\$150.00 DoD and Members \$175.00 Non-DoD and Non-Members. Ages 9+. Pow! Bang! Wow! Along with some basic, fun cartooning you will

some basic, fun cartooning you will learn to draw your own comic book superhero as well as Anime style heroes. You will learn to draw action and movement while you complete the scenes around your characters, using pencils, markers, and sharpies. Your collection of drawings will be impressive!

### Week 4

9-13 July (1<sup>st</sup> Session)

and

### Week 8

6-10 August (2<sup>nd</sup> Session)

### **Basic Gymnastics**

\$150.00 DoD and Members \$175.00 Non-DoD and Non-Members

Ages 6-11. Children will learn basic gymnastics skills. They will experience the trampoline, air tumbler, low bar, floor beam, and various other gymnastic equipment. They will also be introduced to gymnastics terminology, additional basic gymnastics skills, and body positions.

**Program Cancellations:** Please register early and prior to the class/program date. Some programs/classes have limited enrollment and/or registration deadlines. Any delay in registering could cause cancellation of the program. **Refunds will be granted due to insufficient registration.** 

16-20 July

#### Lil Gymnastics

\$150.00 Department of Defense (DoD) and Members \$175.00 Non-DoD and Non-Members

Ages 3-5. Children will learn basic gymnastics skills and improve fine and gross motor skills in classes that blend physical and social development. In addition to listening, turn taking, and following directions we will introduce gymnastics terminology, additional basic gymnastics skills, body positions, and the children will have greater exposure to gymnastic equipment.

BEFORE AND EXTENDED AFTERNOON ACTIVITIES ARE NOT PROVIDED FOR THIS PROGRAM.

### Week 8

6-10 August

#### Golf

\$175.00 DoD and Members \$200.00 Non-DoD and Non-Members

Ages 9+. Birdies, eagles, par, bogies. What does it all mean? Come join us in the links to learn this and the skills that it takes to play golf. Got swing? You will after this week. One day you will concentrate on all the basic techniques then you will get a chance to play a round on a professional course.



# **NOTES**

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| SAS             | 70       |   |   |   |   |   |   |   |   |              |
| JR              |          |   |   |   |   |   |   |   |   |              |
| Home<br>Base    | le<br>e  |   |   |   |   |   |   |   |   |              |
| Specis<br>Event | al<br>ts |   |   |   |   |   |   |   |   |              |
| SKIES           | S        |   |   |   |   |   |   |   |   |              |
| Specialty       | ty       |   |   |   |   |   |   |   |   |              |
| Sports          | ts       |   |   |   |   |   |   |   |   |              |

| Specialty | Snocialty | SKIES | Special<br>Events | Home<br>Base | JR | SAS | K | 1  |
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|           |           |       |                   |              |    |     |   | 2  |
|           |           |       |                   |              |    |     |   | 3  |
|           |           |       |                   |              |    |     |   | 4  |
|           |           |       |                   |              |    |     |   | 5  |
|           |           |       |                   |              |    |     |   | 6  |
|           |           |       |                   |              |    |     |   | 7  |
|           |           |       |                   |              |    |     |   | 8  |
|           |           |       |                   |              |    |     |   | 9  |
|           |           |       |                   |              |    |     |   | 10 |

### Child, Youth and School Services

# WELCOME CENTER

924 Doughten Drive Fort Detrick, Maryland 21702 Phone: 301-619-7100

E-mail: USAGChildAndYouth@us.army.mil

Monday thru Friday: 0900-1600



