

## PTSD CHECKLIST -- MILITARY VERSION (PCL-M) SCORING CRITERIA

--Each column has points associated with it

Not at all = 1

A little bit = 2

Moderately = 3

Quite a bit = 4

Extremely = 5

--Add up the total for questions 1-17. The question, "Has anyone indicated that you've changed since the stressful military experience?" has been added for Life Skills purposes only and was not included in the original template.

--Cutoff Score: 50

Ref: The PTSD Checklist (PCL): Reliability, Validity, and Diagnostic Utility. Frank W Weathers, Brett T Litz, Debra S Herman, Jennifer A. Huska, & Terence M Keane. Paper presented at the Annual Meeting of International Society for Traumatic Stress Studies, San Antonio, TX, October, 1993

McGlothlin, Feb 2005