

DECEMBER



COL Kevin P. Brown
Garrison Commander

CSM Ian A. Mann
Garrison CSM



****NOTE: Announcements for the JANUARY 2011 "Riley Bugle Call Newsletter" are due by 9 DECEMBER, 2010. If you have questions or would like to add something to The Riley Bugle Call Newsletter please call (785) 239-9433****.

Enlisted Spouses Club:

- The Ft. Riley Enlisted Spouses Club is hosting a Christmas Mocktail party from 6:30pm to 8:30pm at McClellan Place Neighborhood Center on December 15, 2010. There will be a gift exchange, games, mocktails, and great door prizes. Please bring a \$10 cocktail themed gift for the gift exchange. We are asking that you come in cocktail attire. There is free childcare for all ESC members to take advantage of during our meetings. Children must be registered with the ASYMCA. Please RSVP by December 8, 2010 to escpresident@hotmail.com or <http://fortrileyesc.web.officelive.com> (ESC members: Include names and ages of children if needing the childcare at the ASYMCA).

Kansas State Research and Extension (KSRE):

- Who: Military Families
What: The Book Club
When: 2nd Wednesday of the month (morning & evening)
9:30am – 11:00am and 6:00pm – 7:30pm
Why: Reading group for parents to discuss Family relationships, parenting, and child development topics in an informal social setting.
- Who: Given to Military Families who have special needs Family members.
What: EFMP Support Group
When: December 21st, 2010, 6:00pm – 7:30 pm
Where: Army Community Service, 7264 Normandy Drive
- Who: Spouses of Wounded Warriors
What: WSOS Support Group
Where: SFAC
When: December 16th (3rd Thursday of every month), 6:30pm – 8:00pm
Why: Support for Spouses of Wounded Warriors
- Who: Women of all ages
What: Women & Money
When: December 7th, 2010

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Afternoon session: 11:30am – 1:00pm

Evening session: 7:00pm – 8:30pm

Where: ACS bldg, room 30

Why: Women have unique financial needs. On average, women live longer than men, earn less than men, and may have gaps in our employment history due to Family care giving. All of these factors will affect future retirement benefits. This series of five classes will provide you with information that you need to take charge of your financial future. Topics covered will include Financial, Insurance and Investing Basics, Retirement and Planning for Future Life Events as well as other topics as directed by participants.

- Who: General Public
What: Conflict Resolution
When: December 7th (1st Tuesday of each month)
10:00am – 11:30am
5:30pm – 7:00pm
Where: Forsyth Community Center
22900 Hitching Post Rd
Why: To teach conflict resolution skills: fair fighting, active listening, “I” statements.
- Who: Military Spouses and Family Members
What: Global Friendship Club
When: 1st & 3rd Wednesday of Each Month
10:00am – 11:30am
Where: McClellan Community Center
Why: Come join us during the global Friendship Club meetings. The Club is designed to encourage culturally diverse military Spouses and Family Members in sharing ones heritage to a cross cultural audience experiencing Military Life. Looking forward to seeing you there!
- Who: General Public
What: Life Skills class: Food Safety
When: December 14th (2nd Tuesday of each month)
10:00am – 11:30am
5:30pm – 7:00pm
Where: Forsyth Community Center
22900 Hitching Post Rd
Why: "What's growing on my food?"-Toni-Consumer's are the first line defense against food-borne illness so need to know how food is contaminated and how to avoid food-borne illness. This class will provide the essential information from purchasing to storing leftovers in an attempt to avoid this dreaded illness.
- Who: General Public
What: Parenting class: Simple Games & Toys for Cheap
When: December 21st (3rd Tuesday of each month)
10:00am – 11:30am
5:30pm – 7:00pm
Where Forsyth Community Center
22900 Hitching Post Rd
Why: Save money this holiday season! This class will help participants understand how to create games and toys out of simple household items. Participants will also begin to understand the concept of using “teachable” moments as a way to help their children understand concepts and learn basic skills.
- Who: General Public
What: Holiday Breads
When: December 6th
5:30pm – 8:30pm

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Where: USO DFAC
7856 Drum St.

Why: Learn how to make traditional holiday yeast breads.

- Contact Information:
K-State Research and Extension, Ft. Riley
7264 Normandy Drive, Custer Hill
Fort Riley, Kansas 66442
(785)239-9991
friley@ksu.edu
www.fortriley.ksu.edu

Thrift Shop:

- The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1st and 3rd Saturdays of the month from 9:30am-2:30pm with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m.
- The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.
- The Fort Riley Thrift Shop continues to run the “Eyes for Education” program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all the local schools, the PX optical shop, IACH Optometry Clinic and at the Thrift Shop. There are several criteria to be met before receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

Directorate of Plans, Training, Mobilization & Security:

- The Security Office offers **FREE** fingerprinting for Fort Riley Soldiers and Family members. For more information, please call (785) 239-6348.
Location: 500 Huebner Rd, Room 105.
- Please call (785) 239-6348 to make an appointment.

Commissary:

- Our hours of operation are:
Monday-Saturday 9:00am-8:00pm
Sunday-10:00am-6:00pm
Early bird shopping hours are 7:00-9:00am
- We have 4 self checkouts for your shopping convenience
40 items or less, there is a customer service personnel here to assist you if you need help.
The deli-bakery and produce and meat department can do special order trays with a 24 hour advanced notice.
- The Commissary, it's worth the trip where you save 30% on your total grocery bill.
Our phone # is (785) 239-6621.
- We value your service!

Fort Riley Veterinary Services:

- Building 226 Custer Avenue (down the street from In/Out Processing)
- Operating hours are Monday thru Friday: 8:00-11:00am and Noon-4:00pm.
- Closed federal holidays and the last business day of the month.

Registration

- All pets residing in on-post housing must be registered with Veterinary Services per Fort Riley Regulation 40-18.
- Registration is free; however, all animals must be registered and micro chipped (done by appointment) within 10 days of arriving on post.

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- Registration is walk-in and owners need to bring vaccination history and microchip history if available. If no history is available the owner may make an appointment after registration is complete.

Appointments

- Appointments can be made for vaccinations and minor sick call by calling (785) 239-3886.
- Veterinary Treatment Facilities have been standardized Army-wide to stabilize prices and care given to Patrons and their pets. One of these benefits includes our new Discounted Wellness Packages suited to your pets needs.

Discounted Wellness Packages

- These include basic required vaccinations that are offered yearly or every three years.
- Also included are annual heartworm screenings and stool exams.
- For your new additions we offer puppy and kitten packages as well.
- For more information on Veterinary Services search online www.riley.army.mil

Fort Riley Stray Facility

- Operating hours are Monday thru Friday 12:00 Noon-4:00pm.
- Phone Number is (785) 239-6184.
- Although we are a small facility we just might have the perfect companion for your Family. Come by and adopt a pet today!

American Red Cross:

- Volunteers needed for two programs:
- Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call (785) 239-1887.
- Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call (785) 239-1887.

Directorate of Family, Morale, Welfare, and Recreation (DFMWR):

- Custer Hill Golf Course: Bldg. 5205 785-784-6000.
Hours of Operation:
Pro Shop and Golf Course Hours:
- December 1 – December 23
- Closed Mondays
- Tuesday – Friday 9:00am – 5:00pm
- Saturday and Sunday 8:00am – 5:00pm

- December 24 9:00am – 1:30pm
- December 25 – December 28 CLOSED
- December 29 – December 31 9:00am – 5:00pm
- January 1 – January 4 CLOSED

NOTE: ALL TIMES ARE WEATHER PERMITTING!

ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING. \$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE.

Snack Bar Hours:

Monday – Friday 11:00am – 1:00pm
Saturday, Sunday, & Holidays Closed

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- PGA Trade In/Trade-Up Network: Looking for new golf clubs in 2011? Bring your old clubs in and we'll assist you in trading in your clubs based on the PGA Value Guide. We will put that amount towards the purchase of a new set of clubs.
- Christmas Sale: It's still not too late to make your Christmas purchases for that special golfer in your life! We have Gift Certificates, Gift Sets, or maybe even Golf Balls with Free Personalization. Come on in and check out our sale and let our professional staff meet your needs.
- 2011 Golf Tournaments: Let our professional staff help you book your unit tournament in 2011. Plenty of dates are available, but they are reserved on a first come, first serve basis. We have packages that include rentals, fees, range balls, equipment, and lunch starting at \$29.

Riley's Conference Center: Bldg 446 Seitz Dr Main Post 784-1000:

- Office Hours:

Sunday, Monday	Closed
Tuesday, Wednesday, Friday	8:00am – 5:00pm
Thursday	10:00am – 7:00pm
Saturday	10:00am – 12:00pm
- Riley's is still taking holiday bookings. Book your holiday party now!
- RCC will be closed from January 3rd – 25th, 2011 for new carpet installation.

Rally Point: 2600 Trooper Drive; 785-784-5733/5434:

- Hours of operations are:

Sunday-Monday:	Closed
Tuesday-Thursday:	5:30-9:00pm
Friday:	6:00-9:00pm
Saturday:	12:30-4:30pm
- Come out with friends and enjoy a night of "BINGO!" Play for just \$15 for the minimum paper pack and \$40 for an electronic pack. Play 13 games with nightly payouts of over \$1800 and the chance to win \$2,500 Jackpot and a progressive Jackpot starting at \$5,000.
- **OUR LAST WINNER WON \$10,400 ON SEPTEMBER 21, 2010.
- First time BINGO player? We have electronic BINGO machines that do it all for you to make it easier for novices...The only thing you have to do is yell, "BINGO!"
- Specials:
- Bring a friend and receive a FREE 3-pack (Must have been here in the past to receive this special)
- Birthday pack- If you come on your birthday, receive a FREE 3-pack and birthday dauber.
- Next Family Bingo is scheduled on December 19, 2010. This is a special Christmas event with over \$1,000 in prizes awarded to the children winners, and \$1,000 in cash awarded to adult winners.

Arts & Crafts Center: Bldg. 6918 (785) 239-9205:

- Hours of Operation:

Monday & Tuesday	1:00 – 8:30pm
Wed, Sat, & Sun	9:00 – 4:30pm,
Closed on Thursdays, Fridays and Holidays	

Classes – We offer a variety of classes; a specialized wood-working area, matting and framing area, Crochet and Knitting.
- Matting & Framing- Learn the skill to do your own matting and framing and save a bundle! Subjects covered in this one-night class include: material selection, matt cutting, frame

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chopping and assembly, and glass cutting. All materials are provided for hands-on instruction. Students will not be working on their own projects. Monday: Dec 13, 27; 6:00-9:00pm. \$10.00 fee must sign up prior.

- Crochet or Knitting- Learn one or both of these skills in this class. Class meets every 2nd Saturday from 1:00 – 3:00pm. Take as many classes as needed. Stop by and see what the group is working on or just call ahead to enroll. This month changed to the 3rd Saturday, October 16th. This class is FREE.
- Coffee Groups, FRG's, and Scouts- Come in for a crafts class. We will set up a class just for your group.

Custom Services:

- Professional Matting & Framing- Our shop has over 500 frame molding choices and only the highest quality conservation, preservation mattes for your valuable pieces. Stop in and get a free estimate.
- Ceramic Shop- You can drop off your green ware or glaze ware for firing here. There is a minimal charge per inch.
- Imprint Shop- We offer computerized engraving for plaques.
- Laser Engraver- The engraver is able to cut into wood, plastic, glass, mirror, and limestone. Come by and take a look at our samples and see what we can do!

- Outdoor Recreation Center (ODR): Bldg. 9011 Rifle Range Rd, (785)239-2363/6368:
Open 7 days a week from 9:00am – 5:00pm and closed all federal holidays.
Services are available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.
- Outdoor Rec. is your “Go To” destination for Holiday and specialty rentals.
We have tables, chairs, coolers, car top carriers, log-splitters, car dollies, an enclosed trailer, and much more. Stop by to see how we can assist you. For the avid hunters, we also have our archery range and rentable targets.

Do you have a birthday party coming up or an Org day scheduled? Drop by Outdoor Recreation for tug-of-war ropes, volleyball/badminton sets, inflatable play stations, and our NEW dunk tanks.

December activities:

- December 11th, IBEX Climbing Gym- Kansas City- 9:30am-6:00pm- \$35
So the cold weather has you down and you are in need of a little fun and physical activity. Join the Outdoor Recreation Center for a trip to Kansas City's IBEX climbing gym. This indoor facility offers over 6,900 square feet of climbing to challenge anyone from beginners to the most advanced climbers. Weather permitting.
- December 18th, Rolling Hills Santa Claws & Paws- 9:30am-5:00pm-
Have you ever wondered how wild animals would open Holiday presents? Join us as we travel to Rolling Hills Zoo to celebrate the holidays with your favorite zoo animals. Weather permitting. Children must be accompanied by parents or guardians. TIP: You never know what the Kansas winter will be like, so be prepared with warm clothes and some spending cash for hot cocoa.

Price: Adult \$13 (age 13-64) Youth \$8 (age 3-12) Free (2 & under)

Fort Riley Skeet and Trap, (785)239-9058:

- Hours of Operation:
Wed & Sat 10:00am-6:00pm
Weather Permitting
Open to the general public

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- Do you prefer ham or turkey for the holidays? Whichever it is, why don't you branch out and try some pigeon? Clay pigeon to be precise! Grab the relatives and get ready to experience the fun, excitement, and competitiveness of shooting skeet and trap. Bring out your own gun or borrow a range gun. For more information, call or stop by the Outdoor Recreation Center (785)239-2363.

Fort Riley Marina, Milford Lake: (785)239-2363 or 785-307-3798:

- Hours of Operation:
CLOSED FOR THE SEASON
- Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.
- The Marina is closed for the season, but it is never too early to plan for the upcoming spring and summer season. The Marina is located on Milford Lake and has over 20 water crafts (including pontoons, fishing boats, jet skis, and ski boats) available for rent, as well as 4 pavilions with access to handicapped playground equipment. Our new boat slips will be in place for the upcoming season. Don't forget the Kansas State Boater's Safety Course is required to rent a motorized boat. For information about the course, visit www.kdwp.ks.us/news/Boating/Boating-Education. For more information, call or stop by the Outdoor Recreation Center (785)239-2363.

Leisure Travel Center: Bldg 6918; (785)239-5614:

- Winter Hours:
Monday - Friday 10:00am-5:00pm
Closed Sat, Sun & Holidays
- Walt Disney World & Disneyland Resort Salute - As guests of Disney Parks share Disney vacation memories through the "Let the Memories Begin" program, America's military personnel will have opportunities to make memories through special theme park tickets and accommodations at amazing discounts through September 28, 2011.
- "The Nutcracker"- Kansas City Ballet presents Todd Bolender's "The Nutcracker at the Kansas City Music Hall", December 11 & 12, December 17-19, December 21-24. Military discounts available through ITR.
- Kansas City Chiefs Football - Grab some friends and tailgate at Arrowhead Stadium. Limited tickets still available for:
December 26 Tennessee Titans
January 2 Oakland Raiders.
- Rocky Mountain Blue - The popular Air Force Services partnership with Keystone Resort in Colorado, offers military discounts for lodging, recreational activities, conferencing, and reunions; Over 1,400 lodging choices to choose from, for ski groups of all sizes. Each guest receives an Adventure Passport at check-in, packed full of free activities to give you a chance to try things you might not have thought of. Free shuttle buses take you anywhere in the resort so you can easily experience all the events. Let us assist you putting together your Colorado Ski Get-a-Way. We also have military lift ticket discounts to Winter Park and Copper Mountain.
- Ski Snow Creek - Don't have the time to make a trip to the Rockies for some skiing or snowboarding? You and your friends and Family can take a short trip to the historical Weston, Missouri, located 15 minutes from Kansas City International airport. Snow Creek has 100% snowmaking capabilities and some amazing slopes. Don't ski? Try Tornado Alley for snow tubing. Imagine sliding down a 700 ft tubing alley and then effortlessly riding back up on conveyor carpet. Tubes are provided and no experience or special equipment is needed. Just hop on your tube and enjoy the ride. Military Appreciation begins January 4, 2011 and runs through February 23, 2011. Active duty show valid military ID and ski-Board

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for only \$5.00 on Tuesdays and Wednesdays. Dependents or other military classification need valid ID and receive 50% off regular rates. On Wednesdays, Active Military can tube for only \$5.00. Dependents can tube for 50% off the regular Wednesday night tubing rate. LTC also sells discounted lift tickets for the entire season. Let LTC put together a weekend package for you or your unit or organizational holiday party.

- Santa Suit Rental - Stop by and rent that outfit for that special person for your unit or organizational holiday party.

Sports: Bldg. 202; (785)239-3945:

- Eyster Pool
Bldg. 6940, Custer Hill
October 1 – May 27, 2011
Monday-Wednesday-Friday 6:30–9:00am Lap Swim
- Monday – Friday 11:00am-1:00pm Lap Swim
Monday – Friday 4:00-8:00pm Open Swim
Saturday & Sunday 1:00–6:00pm Open Swim
- Note: Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.
- Long Pool
Bldg. 8069, Custer Hill
(785)239-4684
For reservations, call (785)239-9441.
- Please note: Effective October 1, 2010, all units will be responsible for providing their own lifeguards. Minimum two lifeguards per request. Lifeguard training information is listed below.
- Training (Unit must submit memo of request 2 weeks prior to requesting date with the following information: Effective October 1, 2010: Copies of minimum two Soldiers American Red Cross Lifeguard Training cert along with ARC CPR for the Professional Rescuer, date, time, number of Soldiers, type of training, requesting POC for memo, OIC or NCOIC responsible for Soldiers the morning of, memo signed by company commander).

Fitness Center Phone Book:

- King Field House | Bldg 202, Main Post | (785)239-3868
5:00am- 9:00pm Monday-Friday
9:00am-9:00pm Saturday/Sunday/Holiday
- Leonard Fitness Center | Bldg 7632, Custer Hill | (785)239-5771
5:00am-8:00pm Monday-Friday
10:00am-5:00pm Saturday/Sunday/Holiday
- Craig Fitness Center | Bldg 7024, Custer Hill | (785)239-5562 CLOSED
- Long Fitness Center | Bldg 8069, Custer Hill | (785)239-4683
5:00am-9:00pm Monday-Friday
8:00am-4:00pm Saturday/Sunday/Holiday
- Robinson Fitness Center | Bldg 7832, Custer Hill | (785)239-4480
5:00am-9:00pm Monday-Friday
Noon-7:00pm Saturday/Sunday/Holiday

Fitness:

- Exercise Classes
The fitness department offers fitness classes six days a week, excluding holidays and training holidays on holiday weekends. See the MWR <http://www.rileymwr.com> and click on the calendar for the current schedule, or visit King Field House for a printed copy. Fitness

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class selection includes SPINNING, Ab Force I, Circuit Breaker, Rowbics and Interval Boot Camp. Keep eyes out for more classes being added to the fitness schedule!

- Fitness assessments
Body composition and fitness assessments are offered by appointment. Please call 785-239-3868 for more information on the testing services.
- Fun fitness programs
Register for Fit4Life and win prizes for getting out and being active! Sign up anytime. Visit <http://fit4life.rileymwr.com> for details on prizes and registration.
- Get paid to work out!
Are you or anyone you know interested in being an exercise instructor? King Field House is currently looking for exercise class instructors! Call (785)239-3146.

Child, Youth, & School Services (CYSS) (785) 239-9885:

- CYSS Parent Central Bldg. 6620 Normandy Drive
Hours of Operation:
Monday–Friday, 8:00am-6:00pm
Walk-in registration hours are Monday - Friday, 12:30pm-6:00pm
Appointments available, starting at 8:00am.
Spaces are available for all ages; please contact Parent Central for additional information.
- Play Pals Playgroup- 6620 Normandy Drive, Every Monday 9:00am-11:00am,
Reservations recommended but not required (space available without reservations).
Call (785)239-9885.
- WebTrac- WebTrac is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac link located on the Riley DFMWR website.
- Parent Education Plan
Parent Education Opportunities: For additional information, contact Parent Central (785)239-9885.
NOTE: Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated.
- December 7, 2010. Child Abuse Prevention, 8:00-10:00am, this class discusses the importance of recognizing and preventing child abuse. RSVP to 240-2822 by December 6th at noon if you need free childcare.
- November 9, 2010. The 5 Love Languages of Children, 6:30-8:30pm. Want to know the secret to making sure your child feels loved? This workshop will help you find out which one of these languages your child speaks; Quality time, Words of Affirmation, Gifts, Acts of Service, or Physical touch. With the help of this workshop, adults can discover their child's primary language and learn what they can do to effectively convey unconditional feelings of respect, affection, and commitment that will resonate in their child's emotions and behavior. RSVP to 239-9885 by December 6th at noon.
- December 14, 2010. Parent Involvement Orientation, 6:30-8:30pm. Interested in being involved in your child's classroom? Want to find out how to earn a 10% discount on your childcare? Come to this orientation and learn how. This orientation is required for all parents who want to earn Parent Participation Points by volunteering in a CYS Services Program. Identification and Prevention of Child Abuse, CYSS Touch Policy, Safety, Fire Prevention, and Guidance will all be covered in this workshop. RSVP to 239-9885 by noon on December 13th.
- December 16, 2010. Fun Healthy Cooking, Noon-1:00pm. Come learn some fun ideas for getting children involved in cooking. We will share kid and parent approved recipes that are

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also nutritious and easy to make. RSVP to 238-9885 by close of business on December 15th.

- SKIES Unlimited 785-240-2478
All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. \$300 of free classes for children of deployed Soldiers (a copy of orders is needed)! Instrument rental, uniforms and testing fees are not covered! **Wanted, Instructors are needed in a variety of areas to include: Art, English, Math, Science, Guitar, and Piano.**
- Warren East CDC 6981 Warren Rd.
- Saturday Care: December 4th and 18th from 9:00am -1:00pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday, the week care is provided. For additional information, please call 785-240-0822.
- Weekday care: December 7th, 14th, 21st and 28th from 6:30pm-8:30pm. Free for parents attending FRG meetings. Parents may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information, please call 785-240-0822.

School Age Services (SAS) Bldg. 5810 Thomas Ave:

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides before and after school programs for Kindergarten-5th Grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information, please call (785)239-9220 or (785)239-9225.
- Middle School and Teen (MST)
The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, technology lab, art room, large activity area, music/dance studio, homework area, and a newly designed high school lounge. For more information, contact us at (785)239-9222. Hours of operation are as follows:

Monday – Thursday	3:00-8:00pm
Friday	3:00-11:00pm
Saturday	2:00-11:00pm

December Events:

- December 3, 2010, MOVIE NIGHT, 7:00 – 9:30pm. Cost is FREE. The feature movie will be “Avatar”. Youth must be at least 13 years of age due to PG-13 rating.
- December 10, 2010, MST Dance, 8:00-10:30pm. Cost is \$2.50 for members, \$3.50 for non-members.
- December 11, 2010, Late Night Basketball Tournament, 7:30-11:00pm, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.
- December 17, 2010, MOVIE NIGHT, 7:00 – 9:30pm. Cost is FREE. The feature movie will be “Alice in Wonderland”.
- Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call (785)239-9222 for additional information.
- MST Has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.

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- Find MST on Facebook
<http://www.facebook.com/frileyteen>
Or
- Follow MST on Twitter
<http://twitter.com/fortrileyteen>
- **HIRED!**
HIRED is a career field exploration for 15-18 year old high school teenagers! Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For additional information, call 785-240-3261.
- **The EDGE**
Experience, develop, grow and excel in exciting and fun art, fitness, life skills and adventure activities. For July we will offer Hip Hop, Water Sports/Fun in the Pool, Golf and Archery. All activities are FREE and take place on Fort Riley from 3:00-5:00pm every day. For additional information, call (785)239-9850 or 785-240-5195.
- **Youth Sports**
- December 3, Family Fitness Night. 6:00-7:00pm, Monster Basketball at Bldg 5800. Families with children of all ages are invited to participate. RSVP by December 1st.
- December 6th – 21st, Outdoor Adventure Snow Tubing Registration. Event date – December 28th, 1-10pm, Grades 3-12, \$25 includes transportation to and from Snow Creek. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- Call (785)239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services:

- **Youth Sponsorship Program**
The Youth Sponsorship Program is available to children of all active, retired and reserve military sponsors in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. For additional information, please contact a School Liaison Officer at 785-240-3260, 785-240-3261, or (785)239-1648
- **Study Strong (formally Tutor.com)**
Provides real-time homework assistance in all subjects. Service is 24/7, tutoring for grades K-12 and college intro. Log onto: www.myarmyonesource.com/cyss_tutor to register.
- **Student Online Achievement Resources (SOAR) www.SoarAtHome.org**
SOAR is a free website providing students and parents with resources to:
 - Identify academic strengths and weaknesses in math and reading
 - Instruct the student in math, reading and language arts through interactive tutorials
 - Involve parent by providing educational resources written specifically for parents
- **College Prep Series:**
- For students interested in pursuing a college education CYSS offers a College Prep Series. The College Prep Series will resume sessions in January. For additional information, please contact a School Liaison Officer at 785-240-3261, 785-240-3260, or (785)239-1648.

DECEMBER

- USD 475 Junction City-Geary County Schools:
USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>
Tel: 785-717-4000
- USD 383 Manhattan-Ogden Schools:
USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/>
Tel: 785-587-2000
- USD 379 Clay County Schools
USD 379 (Clay Center-Wakefield) website: <http://www.usd379.org/>
Tel: 785-632-3176
- USD 473 Chapman Schools:
USD 473 website: <http://www.usd473.net>
Tel: 785-922-6521
- USD 435 Abilene Schools:
USD 435 website: <http://www.abileneschools.org>
Tel: 785-263-2630
- To receive a listing of all 17 school districts websites, calendar and other important school information, go to the School Liaison Officer website: <http://www.rileymwr.com/web-content/subpages/cysschool.html>.

Special Events:

- Christkindl
Enjoy a German Holiday Tradition with Family and Friends at Fort Riley's 2nd annual Christkindl Market! German influenced foods and holiday goodies will be available for purchase including Gluhwein, Hot Chocolate, Bratwurst, Cookies and many more yummy treats. Join Riley's Conference Center for a great Family Friendly event for all ages; open to the public. Dec 4, 10am-4pm. For additional questions please call (785) 240-0479.
- Holiday Tree Lighting
Let our Soldiers know that we are keeping them in mind during the holidays! On Dec. 17th, come to the field across from the 2nd Battalion on Custer Hill. For more information, call (785)239-BOSS.

Army Community Service (ACS):

- 7264 Normandy Drive, (785) 239-9435, Hours: M-F 7:30am-4:30pm

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. FREE CHILDCARE! Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You must contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call (785) 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (Room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.
- Level III – AFTB
ACS Annex Bldg 1020 Huebner, Day Time Classes 9:00am-2:30pm
December 14-16

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at (785) 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at (785) 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

New Parent Support Program (NPSP):

- **BAL-A-VIS-X**
First 3 Tuesdays of every month at Long Fitness Center from 4:00-6:00pm
This 3 session course is designed to help cognitive integration improve; impulsivity decreases, increases attention span, and stress is diminished. *Bal-A-Vis-X* exercises are currently being used in Schools, nursing homes, TBI clinics, mental health clinics, and hospital settings.
Bal-A-Vis-X is a series of Balance/Auditory/Vision eXercises, of varied complexity, all of which are deeply rooted in rhythm. Exercises are done with sand-filled bags and racquetballs, sometimes while standing on a balance board. *Bal-A-Vis-X* enables the whole mind-body system to experience the natural symmetrical flow of a pendulum. Open to all Family members!

DECEMBER

DECEMBER 2011

- **FAMILY HOLIDAY CONFERENCE**
December 7, 2010 6:00-8:30pm
Riley's Conference Center, Building 446 Seitz Dr.
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
An educational & social conference that teaches parents and children techniques in doing smart cost crafts. Families have the opportunity to interact & network. There will be interactive participation in reducing stress and holiday blues. Learn the hidden values for developing new Family traditions, where Families are able to enjoy the holiday season. Santa will be visiting and there will be holiday songs! Open to Families enrolled in the Exceptional Family Member Program and New Parent Support Program.

JANUARY 2011

- **SCREAM FREE PARENTING**
January 4, 2011 & January 11, 2011; 6:30-8:30pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This two session course is designed to help you start a Revolution in Your Family! Scream Free Parenting is not just about lowering your voice. It's about learning to calm your emotional reactions and learning to focus on your own behavior more than your kids' behavior . . . for their benefit. With these techniques, you can create and enjoy more calm, mutually respectful, and loving relationships with your children.
Note: YOU MUST ATTEND BOTH SESSIONS TO RECEIVE A CERTIFICATE.
- **THE 7 SECRETS; Of Effective Fathers**
January 5, 2011 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This 3 hour course is designed to present valuable guidelines for fathers to strengthen their Family roles. These time tested techniques that have worked effectively in other Families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.
- **LOVE AND LOGIC; Early Childhood Parenting Made Fun!**
January 6, 2011 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
- **NOTE:** This course is designed for Families with children ages 0-6 years old. This course is designed to help parents create happy Families and responsible kids by;
 - Learning to allow them to grow through their mistakes
 - Learning to allow them to learn from the consequences of their choices
 - Learning shared "control"
 - Learning shared "thinking and decision making"
 - Providing the opportunity to build "self-concept"
- **POSITIVE DISCIPLINE**
January 13, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed to help parents get their message across to their children by helping them learn to set limits, acknowledge feelings and by taking care of themselves.

DECEMBER

- “IT’S NOT AS HARD AS YOU THINK;” Cloth Diapering, Making Baby Food & Breastfeeding in the 21st Century; January 19, 2011; 10:30am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
Come learn easy ways to use and manage cloth diapers, making your own baby food, and breastfeeding. You will gain knowledge on how much money you can save by using these methods and how good it is for your baby and “Mother Earth.” We will offer step-by-step guide and quick tips to implementing these strategies into everyday Family life.
- BASIC INFANT CARE
January 25, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed for Families that are currently expecting or that have recently delivered new additions to their Families. Some of the timely topics covered include understanding pregnancy; preparing for the birth; nurturing a healthy Family; child growth and development; infant safety; and a visit with health care staff from IACH and WIC.

FEBRUARY 2011

- The Seven Secrets Of Effective Fathers
February 2, 2011 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This 3 hour course is designed to present valuable guidelines for fathers to strengthen their Family roles. These time tested techniques that have worked effectively in other Families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential “insight and counsel” discovered during this course will help men become the fathers they want to be for their children.
- BEING A SINGLE PARENT
February 8, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This class is designed to give single parents and intermittently single parents ideas, tools and techniques that will boost parenting confidence, re-energize parenting goals and enhance parenting success.
- LOVE AND LOGIC; Early Childhood Parenting Made Fun!
February 10, 2011 9:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course is designed for Families with children ages 0-6 years old. This course is designed to help parents create happy Families and responsible kids by:
 1. Learning to allow them to grow through their mistakes
 2. Learning to allow them to learn from the consequences of their choices
 3. Learning shared “control”
 4. Learning shared “thinking and decision making”
 5. Providing the opportunity to build “self-concept”
- HOW TO EFFECTIVELY USE TIME OUT WITH YOUR CHILD
February 17, 2011 10:00am-12:00pm
Army Community Services, Building 7264 Normandy Dr., Ft. Riley
This course teaches parents how to appropriately use time-out in their disciplining regime.
- Sign up in advance is encouraged if childcare is needed – MUST RSVP TWO DAYS BEFORE CLASS FOR CHILDCARE & CURRENT SHOT RECORDS ARE A MUST.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvcs>.
- Issues can also be submitted by calling (785) 239-9435.

Exceptional Family Member Program (EFMP):

- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at (785) 239-9435.
- Exceptional Family Member Program and New Parent Support Programs offers: Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. Please call (785)239-9435 for the specific dates and times.

Fort Riley Education Services (ACES):

- Effective Immediately. We regret to announce that due to a shortage in contract support services for the DA Central Contract, Education Services has moved all counseling services to Main Post Learning Center, 217 Custer Ave., to better serve our Soldiers, Family Members and DAC's. This change remains in effect until further notice. The Multi-Learning Facility Computer Lab at Learning Center 1, 7604 Parker is closed until further notice. Counseling services at 7656 Graves Street will be closed. All LSEC and Evening college classes (in 7604 and 7656), the Tutor Center, and Barton DANTES Testing (in 7656) will continue as scheduled. This move is temporary until contract issues can be resolved at the DA level. Custer Hill Soldiers with no transportation are urged to call us at 239-6481 or email us at Rile_EdSvcs@conus.army.mil for assistance. We apologize for the inconvenience to our customers, and we hope the contract issues at DA level will be resolved soon.
- Garrison Resiliency 5-4-9 work schedule. Offices and the consortium schools and universities will be closed every other Friday, in accordance with the GC schedule. December closed dates: December 10th and 23rd.
Holiday's closed: December 24th and 31st.
Main Post Learning Center, 217 Custer Avenue (785) 239-6481
Hours: 7:30 am – 5:00 pm
Services: Education Counseling and Testing (All services available)
Learning Center 1, 7604 Parker Street (785) 239-9485
Hours: 8:00 am – 5:30 pm
Services: Computer Lab (Temporarily closed until further notice)
Learning Center 2, 7656 Graves Street (785) 239-9824
Hours: 7:45 am – 5:00 pm
Services: (No counseling services) Tutor Center (Open as scheduled).
Tutoring Center hours will be: Monday, Tuesday, and Thursday: 9:00 am to 5:00 pm, Wednesday: 9:00 am to 7:00 pm, Friday: 9:00 am to 3:00 pm, and Saturday: 11:00 am to 3:00 pm.
Contact phone number for Tutor Center and CLEP/DSST testing is (785) 240-3617.
Graduation Ceremony:

DECEMBER

- Fort Riley Education Services invites the public to attend the Post-Wide Graduation ceremony, to honor our Soldiers and Family Members who have accomplished a personal standard of excellence, in completing an Associate, Bachelor or Master degree. The ceremony will be held at King Field House, at 1:00 pm, on December 3, 2010.
- Leader Skills Enhancement Courses (LSEC):
LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. ALL Soldiers must enroll in GOARMYED (<https://www.goarmyed.com/Login.aspx>)
- Upcoming LSEC Cycles are as follows:
Cycle 2: January 4 – February 17, 2011
Enrollment begins on November 15, 2010 for Active Duty Soldiers and on December 2, 2010 for Family Members and DoD Civilians, at Barton’s office in 217 Custer Avenue, Room 105.
Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>
- Basic Skills Education Program Classes (BSEP) and GT Improvement:
BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).
- Upcoming BSEP Classes:
 - Cycle 3: November 22 – December 17, 2010
 - Cycle 4: January 5 – January 31, 2011
 - Classes will be held at 8044 Normandy.
 To enroll please see an Army Education Counselor.
Central Michigan University:
- Next on-post course will start: November 5 – December 4, 2010
MGT 643 – Human Resource Management
Southwestern College:
- Next on-post course will start: November 9 – December 21, 2010
SMGT 321 - Homeland Security

Chaplains’ Offices:

- Please note for all services offering Nursery care, please bring immunization records with you.

Chaplains’ Office (785) 239-3359

- Please visit our web-site at <http://www.riley.army.mil/>
Click on services-Fort Riley Services-Chaplain

Main Post Chapel (785) 239-6597

- Protestant Community Worship Service Sunday @ 10:30am

Kapaun Chapel (785) 239-9608

- Fort Riley Open Circle meetings are at the Kapaun Chapel Every Saturday at 1500

- Contemporary Protestant Service Sunday @ 10:30am

Morris Hill Chapel (785) 239-4060

- Gospel Sunday school @ 9:00am
- Gospel Worship Service Sunday @ 10:30am
- Roman Catholic Mass Sunday @ 9:00am
- Roman Catholic Education Sunday @ 10:30am

Saint Mary’s Chapel (785) 239-6597

DECEMBER

- Roman Catholic Mass Saturday @ 4:30 pm
- Roman Catholic Mass Sunday @ 11:00am
- Wednesday & Friday @ 12:00 pm
- Irwin Army Community Hospital Chapel (785) 240-1443
- Tuesday & Thursdays Catholic Mass @ 12:00 pm

Religious information:

- Jewish information please call (785) 539-8462
- Muslim Religious Services please call (785) 776-1033
- LDS Services please call:
- Single (785) 537-7870
- Family (785) 539-1084
- Junction City (785) 238-2951
- Religious Education Director (785) 239-2979
- Catholic Education Director (785) 240-1443
- Religious Support Office (785) 239-3359
- Morris Hill Chapel (785) 239-4060
- Main Post Chapel (785) 239-6597
- Saint Mary's Chapel (785) 239-6597
- Kapaun Chapel (785) 239-9608
- Normandy Chapel (785) 239-9149
- Family Life Ministry (785) 239-3436

Boy Scouts:

To join, please contact (785) 238-5684 for more information.

Girl Scouts of Northeast Kansas and Northwest Missouri:

- The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact (785) 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact (785) 776-1488.

Armed Services YMCA (ASYMCA):

- Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with other's you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information (785) 238-2972.

** Reservations are required one week in advance for all childcare programs. **
All children must be registered.

- Parent's Work Out:
Monday through Friday 8:30-10:45am
- Please provide a snack for your child
- \$4.25 1st child
- \$3.50 Per Additional child
- \$5.00 Children under 2
- \$4.25 Per additional children under 2
- Parent's Day Out:
Monday through Friday 11:00am-3:00pm

DECEMBER

1. You must provide a sack lunch and a snack for your children
 1. \$10.00 1st child
 2. \$9.25 per additional child
 3. \$10.75 for children under 2
 4. \$10.00 per additional child under 2
- Parent's Night Out: Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

Friday 5:30-10:00pm

2. You must provide a sack lunch and a snack for your children
 5. \$10.00 1st child
 6. \$9.25 per additional child
 7. \$10.75 for children under 2
 8. \$10.00 per additional child under 2
- Dates Available:
 - December 10 and 17

***All childcare program prices are for the entire program this is not an hourly rate. ***

Free Childcare: Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

Saturday 12:30-4:30pm

- Dates Available:
 - December 11 and 18
- Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per Family for childcare if needed.

Building Rentals:

- The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
- Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs, including set-up and cleaning.
- Car Seat Loan Program: Geico insurance has provided us with car seats that we are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- Operation Wheels: Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.
- The following locations are available for transportation:
 - WIC Bldg. #7264
 - ACS Bldg #7264
 - Irwin Army Hospital Bldg #600
 - Self Help Bldg. #289
 - Post Chaplain Services
 - Respite Care At ASYMCA
 - Geary Community Hospital

DECEMBER

- Junction City Health Department
- Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.
- For more information- Please call (785) 238-2972, email asymca@ngks.com, or stop by at 111 East 16th Street, Junction City.

Army Career and Alumni Program (ACAP):

- Transitioning Service Members: Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling (785)239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am, 10:30am, 1:00pm and 2:30pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 674 Warrior Road, Room 113, (785)239-8368.
- On December 17 from 10:00-11:30am, ACAP will be offering a D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly.
- Other seminars offered as scheduled: Pre-Business Seminar, Personality Assessment, and How to Work a Job Fair. Please visit <http://www.acap.army.mil> for calendar of events and more information.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, (785) 239-8368.
- ACAP will be offering the D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly. Please call (785)239-2278 for specific dates and times.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8223 for more information. If you need more information please go to our website www.gocivilairpatrol.com.

Fort Riley, Kansas
"Home of the Big Red One"

