

The Riley Bugle Call Newsletter | 2010



May

COL Kevin P. Brown
Garrison Commander
CSM Ian A. Mann
Garrison CSM



******NOTE: Announcements for the JUNE 2010 "Riley Bugle Call" are due by COB 7 May, 2010. If you have questions or would like to add something to The Riley Bugle Call please call 239-9433****.**

Kansas State Research and Extension (KSRE)

- Who: Open to all Military Teens
- What: Millionaire's Club
- When: 2nd & 4th Tuesday of each month
- Where: Teen Center, CYSS
- Why: To educate teens on saving and other financial information.

Contact Info:

K-State Research & Extension, Fort Riley
7264 Normandy Dr #29
239-9991

Family Resource Management Program Assistant

- Who: Fort Riley Elementary Students
- What: Cooking Club for afterschool activity
- Where: Fort Riley Elementary
- When: May 3rd, 10th, & 17th
- Time: 4:00pm – 6:00pm
- Why: To encourage healthful eating and basic cooking skills

Contact Information:

K-State Research & Extension, Fort Riley
7264 Normandy Dr. #29
239-9991

Nutrition & Health Extension Agent
Nutrition & Health Program Assistant

- Who: Parents with children ages 0-5
- What: Spring Walk and Talk
- Next Meeting: Tuesday, May 4

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- Time: 9:30 – 10:30am
- Where: Custer Hill Golf Course
- Why: Are you looking for a way to get outdoors with your kids this Spring? Do you want to meet other parents with young children? Join K-State Research and Extension at the Custer Hill Golf Course. Bring your small children (ages 0-5) and join us as we get moving in the Spring Sunshine!

Contact Information:

K-State Research & Extension, Fort Riley

Sign Up Today!

Phone: 239-5349

Email: mietzner@ksu.edu

- Who: Military Families
- What: The Book Club
- When: 2nd Wednesday of the month, starting March 10, 2010
- Time: 9:30 – 11:00am
- Why: Reading group for parents to discuss Family relationships, parenting, and child development topics in an informal social setting.

Contact Information:

K-State Research and Extension, Fort Riley

7264 Normandy Drive, Custer Hill

239-9991

Child Development Extension Agent

Child Development Program Assistant

American Cancer Society:

- Relay For Life (RFL) — A life changing event that brings together more than 3.5 million people every year to celebrate the lives of those who have battled cancer, remember loved ones, and empower individuals and communities to fight back against a disease that takes so much from too many.
- The Geary County Relay for Life will be June 11, 2010 at 7:00 pm at the Junction City High School. To form a team or for more information please contact RFLofgearyco@yahoo.com or call 226-2395.

Irwin Army Community Hospital (IACH):



- TRICARE online

Did you know you can now register online to have full access for scheduling appointments, ordering medication refills and registering for self help courses? Simply visit www.tricareonline.com to register and book your Family's appointment anytime of the day or call 239-7968 Monday through Friday from 8 a.m. to 4 p.m. for additional information.

- Soldier and Family Care Clinic

Warriors and their Family members will begin receiving health care in one location on Custer Hill at the newly constructed Soldier Family Care Clinic starting in mid-June. The overall change to

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integrated Soldier and Family care will maintain continuity of care under one medical umbrella with a medical home care team to increase overall quality of and access to care.

- **APLSS**

Army Provider-Level Satisfaction Surveys, also known as APLSS, are mailed shortly after patients receive services with a self-addressed stamped envelope if the patient wants to complete the survey and mail it back. The survey also includes a toll-free Interactive Voice Response number and unique pass code to provide feedback by phone and a Web address with a user ID and password to complete the survey online. Irwin Army Community Hospital could gain up to \$175 for each returned survey. Take five minutes to create a lifetime of exceptional medical care and help us improve access and delivery of care by completing and returning APLSS. An apple a day will go a long way!

Thrift Shop:

- The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1st and 3rd Saturdays of the month from 9:30 a.m. to 2:30 p.m. with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open on Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m. The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.
- The Fort Riley Thrift Shop continues to run the “Eyes for Education” program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all local schools, at the PX optical Shop, at IACH’s Optometry Clinic, and at the Thrift Shop. There are several criteria to be met for receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.
- Applications are now available for the Spring funds distribution at the Thrift Shop. A designee from your non-profit organization can pick up the application during normal business hours. Family Readiness Groups are not eligible as are other non-profits which received funds in the Fall. Application deadline was 15 April. Late applications cannot be considered.

Directorate of Plans, Training, Mobilization & Security

The Security Office offers **FREE** fingerprinting for Fort Riley Soldiers and Family members. Location: 500 Huebner Rd, Room 105. Please call 239-6348 to make an appointment or for more information.

Commissary:

- Our hours of operation are:
Monday-Saturday 9:00AM-8:00PM
Sunday-10:00AM-6:00PM
Early bird shopping hours are 7:00-9:00AM
- We have 4 self checkouts for your shopping convenience
40 items or less, there is a customer service personnel here to assist you if you need help. The deli-bakery and produce and meat departments can do special order trays with 24 hrs. advance.
- The Commissary, it’s worth the trip where you save 30% on your total grocery bill. Our phone # is 239-6621.
- **We value your service!**

Fort Riley Veterinary Services:

226 Custer Avenue
Keeping your pet healthy

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- When taking your pet to an Army veterinary clinic after January 1, 2010 you may notice that the more routine veterinary services like basic de-worming, micro-chipping, fecal floatation and vaccinations will now be grouped into “Wellness Packages”.
- A Wellness Package will provide comprehensive preventive medical care that is tailored to your pet’s specific needs and stage of life.
- The veterinary profession is shifting from vaccination-driven appointments towards wellness-driven appointments. The intent is to emphasize routine wellness examinations and interaction with a veterinary health care professional instead of vaccinations as the reason for a visit to the veterinary clinic. The Veterinary Command will embrace this effort to provide the best care to our patients and support to our clients through comprehensive disease prevention, early diagnosis of any problems and appropriate treatment.
- The standardization of these services will parallel the veterinary profession’s move toward wellness, promote public health, and provide consistency in veterinary care. There will be a re-structuring in the fee schedule, but the goal continues to be high quality care at the lowest cost. Fees will be the same for all clients and at all military veterinary treatment facilities.
- You can take comfort in knowing that the Department Of Defense Veterinary Service is doing everything they can to keep your Family and your pets healthy for a lifetime.

Operating Hours:

Monday thru Friday 7:30am–3:30pm

Wednesday - Open until 5:00pm

Registration for pets is Monday thru Friday.

All pets residing in Fort Riley Housing must be registered with Veterinary Services.

Pets (Cats/Dogs) must be registered within 10 days of arriving onto Fort Riley. Registration is free but must be done in person; this process cannot be done over the phone, bring proof of any vaccinations your pet may have already received. Registration may include the animal being micro chipped (if not done previously). The cost for the micro chip is \$15.00.

- Veterinary Services does offer vaccinations and sick call for your furry Family members. All appointments for treatment can be made by calling 239-3886 or 240-0307.

Fort Riley Stray Animal Facility

Hours of operation are:

- Monday thru Friday 10:30am–3:30pm
- Adoptions are done until 3:00 pm Monday thru Friday
- Phone Number 239-6184

American Red Cross:

Fort Riley **Blood Drive May 18-19.**

Craig Fitness Center, 7024 Apennines Dr. on Custer Hill.

Tuesday, May 18 from 11:00 am – 5:00 pm

Wednesday, May 19 from 9:00 am – 3:00 pm

Call 1-800-RED-CROSS (733-2767) to schedule your life saving appointment.

Volunteers needed for two programs:

- Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call 239-1887.
- Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- Mother’s Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call 239-1887.

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Directorate of Family, Morale, Welfare, and Recreation (DFMWR): Child, Youth, & School Services (CYSS) 239-9885:

CYSS Parent Central 6620 Normandy Drive

Hours of Operation: Monday–Friday, 8:00am-6:00pm

Walk-in registration hours are Monday - Friday, 12:30-6:00pm

Appointments available starting at 8:00am.

Spaces are available for all ages, please contact Parent Central for additional information.

- **Play Pals Playgroup**

6620 Normandy Drive, Every Monday 9am-11am,

Reservations recommended but not required (space available without reservations).

Call 239-9885.

- **Parent Education Plan**

Parent Education Opportunities: For additional information contact Parent Central 239-9885.

*Held in the CYS Services Training Room, 6620 Normandy Drive unless otherwise stated

- May 12, 2010, Dark Side of the Sun, Noon – 1:00pm, RSVP to 239-9223.

Warren East CDC 6981 Warren Rd.

- **Saturday Care:** May 1st and 15th from 9:00am -1:00pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided. For additional information please call 785-240-0822.
- **Weekday care:** May 4, 11, 18 and 25 from 6:30-8:30pm. Free for parents attending FRG meetings, parent may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information please call 785-240-0822.

School Age Services (SAS) 5810 Thomas Ave:

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides Before and After School programs for Kindergarten-5th Grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information please call 239-9220 or 239-9225.
- **Saturday Care:** May 1st and 15th from 9:00am -1:00pm SAS, 5810 Thomas Ave. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations. For additional information please call 239-9220 or 239-9225.

Middle School and Teen (MST) 5800 Thomas Ave:

The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at 239-9222. Hours of operation are as follows:

Monday – Thursday	3:00-8:00pm
Friday	3:00-11:00pm
Saturday	2:00-11:00pm

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Upcoming Events:

- May 7, 2010, **Movie Night** 7:00pm. This event is FREE. Showing Alvin and The Chipmunks the Squeekquel Rated PG.
- May 21, 2010 **Movie Night** 7:00pm. This event is FREE. We will be showing The Blind Side. This Movie is PG13. This movie will only be available for Teens ages 13 and older to view on this evening due to the rating scale.
- May 22, 2010, **Late Night Basketball Tournament**, 7:30pm-1:00am, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.
- May 28, 2010, **MST End-Of-School-Year Block Party**, 5:00-10:30pm. Cost is \$5.00 for members and guests. The event will start off at 5:00pm with a cook-out, games, and the inflatable. At 8:00pm we will have our final dance for the school year.

HIRED!

Get your foot in the door today by participating in HIRED! \$1000 cash award is available for youths undergoing an internship this summer. The HIRED! Apprenticeship Program provides 15-18 year old high school students with meaningful, professionally-managed career-exploration opportunities in MWR and military facilities on Fort Riley. The HIRED! Apprenticeship Program offers valuable work experience and training to better equip each participant with the skills needed for today's highly-competitive job market. The apprenticeship can be worked into your school year schedule. In addition to hands-on experience, you can expect to attend workforce preparation workshops such as: problem solving, interviewing skills, résumé writing, public speaking, effective communication, financial management, and college/ post-secondary exploration workshops.

Call 239-9217 for more information.

Youth Sports

- May 3rd – 21st, Indoor Soccer Registration. \$30 fee, Registration will be held at CYSS Parent Central. Open to boys and girls 1st – 8th grade.
- May 10th, Outdoor Adventure Konza Prairie Hike. 8am-2pm. Grades 3-12, \$10 Transportation will be provided from 5800 Thomas Ave. to Konza Prairie and back. To participate, register at CYSS Parent Central Office, 6620 Normandy Dr. by April 30th.
- May 3rd – 14th, Disc Golf Registration. \$20 fee, Registration will be held at CYSS Parent Central. Open to boys and girls between ages 5-13.
- May 14th, Family Fitness Night. 6:00-7:00pm, at 5800 Thomas Ave. Families with children of all ages are invited to participate. RSVP by May 12th.
- May 24th – Jun 4th, Start Smart Baseball Registration. \$20 fee, Registration will be held at CYSS Parent Central. Open to boys and girls between ages 3-5.

Call 239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services

239-1648

240-3261

240-3260

College Prep Series

Come take part in the new "College Prep Series"! You can pick and choose classes that meet the needs of your Family – Multiple classes for Parents and Students of all ages. Prizes awarded in May, based on participation throughout the series.

- May 13, 2010, Job Interviewing, 7:00 - 8:00pm, 6620 Normandy Dr.

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Custer Hill Golf Course: 5205 Normandy Dr. 784-6000.

Hours of Operations:

Pro Shop and Golf Course Hours:

May 01 – May 21

Mondays	12:00pm – 8:30pm
Tuesdays-Fridays	8:00am – 8:30pm
Saturdays, Sundays, and Holidays	7:00am – 8:30pm

May 21 – May 31

Mondays	12:00pm – 9:00pm
Tuesdays-Fridays	8:00am – 9:00pm
Saturdays, Sundays, and Holidays	7:00am – 9:00pm

ALL TIMES ARE WEATHER PERMITTING

**ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING.
\$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE.**

- **Snack Bar Hours:**

Monday – Friday	11:00am – 1:00pm
Saturday, Sunday, & Holidays	Closed

- **Fort Riley/Junction City Golf Tournament:** The Fort Riley/Junction City Golf Tournament will be held on May 01 and 02. Rolling Meadows Golf Course will host the event on May 01, 2010 while Custer Hill Golf Course will hold the final round on May 02, 2010. The format for this event is 36-Hole Individual Stroke Play. Cost is \$75 per person and does not include Golf Cart Fees. For more information, contact Custer Hill Golf Course.
- **PGA Trade In/Trade Up Network:** Bring your old clubs in and we will assist you in trading in your clubs based on the PGA Value Guide, and we will put that amount towards the purchase of a new set clubs.
- **2010 Custer Hill Spring Classic:** Custer Hill Golf Course will hold the 2010 Custer Hill Spring Classic on May 28, 2010. These 4-person scramble events will shotgun start at 10:00am. Cost is \$50 per person and includes entry fee, cart fees, and prizes.
- **2010 Southern Senior Golf Tour Qualifier:** Custer Hill Golf Course will host the Amateur Qualifier for the Southern Senior Golf Tour on June 26th. This event will be an individual stroke play event with an 8:00 am tee time start. The cost for this event will be \$50 per player. Players who are 45 years of age or older prior to 19 July 2010 and who have a handicap index of 8.0 will be eligible to compete in this event. The top 7 players who place in this event will then be eligible to play in the Southern Senior Golf Tour event to be held at Fort Riley in July 2010.

Fort Riley Library: | 5306 Hood Dr. | 239-9582

Tuesday–Saturday: 11:00am-6:00pm

Sunday: Noon-5:00pm

Closed on Mondays

Story Times: All story times begin at 1:30pm, unless otherwise specified. Story times include story, crafts, and refreshments.

May 1- Giggle Stop by to make rainbow streamers.

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May 8- Bernstein Bears Mother's Day Surprise we will be celebrating Mother's day with a party from 1:00-3:00pm.

May 15- 3 Silly Billies join us to make handprint daffodils.

May 22- Pigeon Finds a Hotdog we will be making monster heads to go with the movie later in the day.

May 29- Off We Go we will create sidewalk chalk art.

Automotive Skills Center: 7753 Apennines Dr, 239-9764/4028.

Wednesday-Friday 1:00–9:00pm
Saturday-Sunday 9:00am-5:00pm
Monday & Tuesday Closed
Automotive Car Wash Open 24 hours

- The Automotive Skills Center is the place to winterize and get a jump-start on the winter months by inspecting your vehicle.
- Free 25 point automotive vehicle check for deployed Soldier's Family members. Must have verification of Soldier or unit deployment, ID card and vehicle registration or title.
- Automotive car wash bldg 7756, Fort Riley, Kansas OPEN 24-7
The Automotive Car wash was updated with new equipment products and services: Eight Bay Car Wash, Change Machine, Wax and Drying area. Best value in the area!
- The automotive Skills Center car club is accepting applications for annual membership. Membership is open to active duty Soldiers, retirees, dependents, Reserve, National Guard, and DA civilians. The club is located at bldg 7753. Automotive Skills Center meetings are held the second Sunday of each month at 12:00pm.

Outdoor Recreation (ODR), 9011 Rifle Range Road
239-2363/6368

Hours of Operation:

Open 7 days a week 9:00am-5:00pm

Closed on all Federal Holidays.

Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.

Outdoor Recreation has a wide variety of items available for rent to help you enjoy those long summer days. We have tents, bikes, kayaks, campers and much more so stop by to see if we can help you. We will be offering some great activities this spring and summer including hiking, biking, canoe trips, horseback riding and many more.

- May 7

Climbing day- Want to climb but don't have anyone to belay for you? Let us belay for you. \$5 per person.

- May 15

Join us for a canoe trip down one of the scenic rivers located in the area. Pack a lunch and bring a friend. \$15 per person.

Stop by and see what other outdoor activities are planned or to see how we can make your Spring fun and exciting. Outdoor Recreation 239-2363.

Fort Riley Marina, Milford Lake
307-3798

Hours of Operation:

Opening May 1st

Friday-Monday 7:00am-9:00pm

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Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.

With summer just around the corner don't forget about the Fort Riley Marina that will be reopening in May. The Marina is located on Milford Lake and has over 20 water craft available for rent. Including pontoons, fishing boats, jet skis, and ski boats. **A Boaters Safety Course is required to rent a motorized boat so stop by the Outdoor Recreation Center to make sure you have everything you will need to rent a boat before the season starts.** For more information call or stop by the Outdoor Recreation Center, 239-2363

May 13 5:30-9:30pm & May 15 8:30am- 3:30pm

Boaters Safety Class - This class will meet the boater's safety requirement to rent a boat from the Fort Riley Marina or Outdoor Recreation Center. You must attend both class sessions to receive your certificate. Class will have both practical and class room sections. For more information or to sign up stop by the Outdoor Recreation Center, 239-2363.

Fort Riley Skeet and Trap

239-9058

Hours of Operation:

Wed & Thu Noon-8pm

Sat & Sun 10am-5pm

Weather Permitting

Open to the general public

Come out to the new Skeet and Trap range and enjoy a day of shooting and fun. Bring out your own gun or borrow a range gun. For more information call or stop by the Outdoor Recreation Center, 239-2363.

Picerne Housing:

• **Lifeguards Wanted!**

It's never too early to start thinking about a summer job with Picerne Military Housing. Get ahead of the summer rush and obtain or renew your CPR and Lifeguard certifications. Visit www.rileypicerne.com for a list of local classes and details on available positions.

• **Yard of the Month Beginning**

The Fort Riley Garrison's annual Yard-of-the-Month program begins in May. The program is designed to recognize those residents in Family housing who are making a special effort to improve their yard.

Lawns will be judged using the following criteria:

1. Driveway is free of grease and oil and litter
 2. The yard is free of trash and debris
 3. Flower beds are free of weeds
 4. Flowers must be natural vegetation
- Judging for the Neighborhood Yard-of-the-Month will be conducted on the first Thursday of each month, during the period of May through September.
 - Winning Families will receive a recognition letter from the Garrison Commander. A Neighborhood Yard-of-the-Month sign will be displayed in front of the home as well as recognition in the installation newspaper.
 - Judging for the Installation Yard-of-the-Month will be conducted on the first Friday of the month by installation-selected personnel.

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- The Installation Yard-of-the-Month winning Family will receive a recognition letter signed by the Garrison Commander, recognition in the installation newspaper; Post Yard-of-the-Month sign will be displayed in front of the home and a prize.
- For more information about the Yard-of-the-Month program please contact the Family Services Program Manager, at 717-2217.

Army Community Service (ACS): 7264 Normandy Drive, 239-9435

Employment Readiness Program (ERP):

Start climbing your ladder to success. Come and visit with employers, state & federal internship programs and volunteer organizations to get the experience you need.

Who: Employment Readiness Program

What: Teen Job Fair

When: May 15, 2010 from 1:00-4:00pm

Where: Riley's Conference Center

Why: Provide opportunities for military youth to find employment.

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. **FREE CHILDCARE!** Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You **must** contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.

Level I - AFTB

ACS Annex Day Time Classes 9:00am-2:30pm

August 3-4 November 9-10

Evening Classes – Room 30 ACS 6:00-8:00pm

1.1 Expectations & Impact of the Mission & 1.2 Military Acronyms & Terms

November 2

1.2 Chain of Command & 1.4 Military Customs & Courtesies

November 9

1.5 Basic Military Benefits & Entitlements & 1.6 Military/Civilian Community Resources

June 1 & November 16

1.7 Intro to Family Readiness Groups & 1.8 Supporting Your Child's Education

June 8 & November 23

1.9 Family Financial Readiness & 1.10 Basic Problem Solving

June 15 & November 30

Level II – AFTB

ACS Annex Day Time Classes 9:00am-2:30pm

August 17-19 November 30-December 2

Evening Classes – Room 30 ACS 6:00-8:00pm

2.1 Communication & 2.4 Acknowledging Change

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July 6

2.2 Personal Time Management & 2.3 Stress Management

July 8

2.5 Exploring Personality Traits & 2.6 Enhancing Personal Relationships

July 13

2.7 Team Dynamics & 2.8 Personal Conflict Management

July 15

2.9 Creative Problem Solving & 2.10 Traditions/Customs/Courtesies/Protocol

July 20

2.11 Crisis, Coping and Grieving & 2.12 the Volunteer Experience

July 22

2.13 FRGs & the Deployment Cycle & 2.14 Intro to Leadership

July 27

Level III – AFTB

ACS Annex Day Time Classes 9:00am-2:30pm

August 31–September 2 December 14-16

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the

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AVC office to find out about our next class or to schedule a group class for your organization.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page (<http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvc>).
- Issues can also be submitted by calling 239-9435.

New Parent Support Program:

LOVE AND LOGIC; Early Childhood Parenting Made Fun

May 20, 2010 9:00am-Noon

This course is designed for families with children ages 0-6 years old and to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- Learning to allow them to learn from the consequences of their choices
- Learning shared "control"
- Learning shared "thinking and decision making"
- Providing the opportunity to build "self-concept"

24/7 Dad Workshop

May 10, 2010 & May 11, 2010 9:30am-4:30pm

Finally, a parenting class geared towards fathers! 24/7 Dad is a unique, innovative, and comprehensive father initiative designed to provide fathers with practical tools that will ultimately enhance the well-being of their children.

24/7 Dad Overview & Review

May 24, 2010 5:00pm-7:00pm

The overview is designed for participants, professionals, and parents who are interested in learning about the curriculum concepts and outcomes of "24/7 Dad."

The Family Advocacy Program #1

FAP: Love & Logic classes

May 6, 13, 20

June 3, 10, 17

July 1, 8, 15

August 5, 12, 19

September 2, 9, 16

October 7, 14, 21

November 4, 11, 18

All classes are 6:30 to 8:30pm and held at ACS 7264 Normandy Dr.

Registration for childcare has to be scheduled by calling 239-9435

(up-to-date shot records are required and must be brought in each week).

Exceptional Family Member Program (EFMP):

- Our Special Needs Support Group supports military Families who have special needs Family Members. Our next meeting will be April 27 starting at 6:00 pm.
- Army Community Service, Normandy Drive, Building 7264, Fort Riley, Kansas.
Call for more information to Exceptional Family Member Program at 239-9435 or K-State

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Research & Extension at 239-9991.

- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at 239-9435.

Exceptional Family Member Program (EFMP) & New Parent Support Program (NPSP):

- Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. The upcoming 2010 dates are as follows; June 16, September 15, November 17 at Army Community Service, 7264 Normandy Dr., from 1:00 pm to 4:30 pm.
- SPLISH! SPLASH! Family Pool Party June 18, Noon-2pm A Wonderful, Exhilarating and Wet time for the entire Family. Enjoy the delights of a cookout while swimming. All food supplied. We will have lots of fun in the sun, shade and water. Bring swimming gear, towels and sun screen. RSVP to the NPSP or the EFMP office at 239-9435 or email rile.dmwracs@conus.army.mil.
- EFMP and Dad's Make a Difference present a Family Fun Night at McCormick Park. We will join with others in providing a day of fun games, exercise and recreation. We encourage Dad's and children to join us. We will begin at 4:00 to 6:00 pm on June 30, 2010 at McCormick Park West Pavilion.
- EFMP Summer Camp Jul 6, 9:00-4:30pm at Rock Springs 4-H Center 5405 West Highway K 157 Junction City, KS. Children need to be enrolled in EFMP. Parents will need to provide transportation. Events will consist of Archery, Canoeing, Horseback Riding, Environmental Educational and Swimming. Lunch and snack will be provided. Bring swimming gear and good walking shoes. Please RSVP.
- On Saturday, July 17, 2010 EFMP will be hosting the Junction City Special Needs Rodeo in conjunction with Junction City Rodeo Association and JC Optimist Club. The Cowboys and Rodeo Queens join the EFMP staff in providing Horse Back riding, Surrey rides, Mock Bull rides and Bucking Broncos, Roping events, and a Domestic petting zoo. Located at the 4-H Center, Spring Valley Road, Junction City, starting at 10:30 am to 12:00 pm.
- On Wednesday, July 28, 2010 EFMP will be hosting a Child and Family Wellness presentation at the Riley's Conference Center, 406 Seitz Dr. starting at 1:00 pm to 3:30 pm. A nationally recognized nutrition and wellness expert will present on Child and Family Nutrition. Currently, she is the Kansas City Chiefs Football and the Kansas City Royals Baseball Team nutritionist. Chief of the Department of Primary Care and Community Medicine, Irwin Army Community Hospital will present on Typical Developmental Milestones, from 2:30 to 3:30 pm. He will discuss typical developmental milestones and discuss developmental signs to be concerned about.
- Theraplay workshops will be offered skills for parents and children to connect. The goal of this class is designed to enhance attachment, trust, self-esteem and joyful engagement between parents and children. The class will include instruction for the parents regarding the importance of these interactions, as well as group time to model these fun, playful activities. Parents will attend two sessions on the 20th & 21st July, starting at 9:00 am to 11:00 am at the Army Community Service, 7264 Normandy Dr.
- On Tuesday, July 27, EFMP Support Group will be hosted by EFMP and K-State Research & Extension in supporting Army Families who have special needs Family Members. The

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support group begins at 6:00 pm to 7:30 pm at the Army Community Service, 7264 Normandy Dr.

- Interested in tracking your child's development? Try Bal-A-Vis-X! Open to military Families who want to learn how Bal-A-Vis-X can increase attention span, improves cognitive integration, helps settle behavioral disorders and improves stress headaches. Help your child learn these techniques to help improve their learning ability! It's like the Wii game without the electronics. Join us on July 31, from 10:00 am to 12:00 pm at Army Community Service, 7264 Normandy Dr., 785-239-9435.

Family Advocacy Program #2:

Personal Stress Management Workshop

"Get Ready for Change" What is your stress number? Take a personal stress assessment inventory and learn your stress number. This is a two-hour interactive stress management workshop. Learn to understand, identify personal stressors and how to manage your response. Attendees will learn different relaxation techniques for coping with personal stress. All stress is not bad stress!

Monday, May 3, 2010

ACS Annex Building 1020

Free registration. Free onsite childcare with advance registration. Call 239-9435.

Mobilization & Deployment/Family Readiness:

Free Child Care for all Family Readiness Group (FRG) Classes. * Pre-registration Required!

- Family Readiness Group (FRG) Leader Class

Instruction and guidance to assist newly appointed FRG Leaders, FRSA's and Commanders. Each part is a 3-hour course.

Part I:

May 5, 6:00 – 9:00 pm

Jun 5, 9:00 am – 4:30 pm

Jul 6, 9:00 am – Noon

Part II:

May 6, 6:00 – 9:00 pm

Jun 5, 9:00 am – 4:30 pm

Jul 7, 6:00 – 9:00 pm

- Key Caller Class

This class provides instruction and guidance to assist newly appointed FRG Key Callers.

May 13, 9:30 am – Noon

Jun 10, 6:00 – 8:30 pm

Jul 15 – 9:30 am – Noon

- Funds Custodian Class

This class provides instruction and guidance to assist newly appointed FRG Funds Custodians.

May 12, 6:00 - 8:00 pm

Jun 16, 6:00 – 8:00 pm

Jul 14, 6:00 – 8:00 pm

- Care Team Training

Instruction on Care Team's responsibilities and provides guidance on how to handle issues volunteers will face (such as dealing with Family's reactions).

Jun 8, 1:00 – 3:00 pm

Jul 20, 6:00 – 8:00 pm

May

- Family Readiness Support Assistant (FRSA) Training

This training will provide FRSA's a basic knowledge of their roles and responsibilities as well as acquaint them with the various Army Community resources available to Soldiers and Family members.

* Mandatory to all new FRSA's

* Commanders welcome

* Open to all FRG Volunteers

Jul 28-29, 9:00 am – 3:00 pm

- Children & Separation Issues of Deployment

This presentation addresses the positive aspect of separation from the deployed parent and ways to strengthen the relationship long distance. Additionally, it discusses detrimental coping strategies to watch for and signs to recognize that it is time to seek professional help.

Jul 15, 10:00 – 11:30 am

- Mission Based Marriage

Marriage is never a simple undertaking - marriage plus the military lifestyle can seem impossible. In this presentation, participants will learn how to make their marriage work throughout normal challenges and those of the military lifestyle. Jul 13, 1:00 – 3:00 pm

Life in Balance: Relaxation & Stress Relief

Competing demands will be identified, and stress management strategies (stress reduction and relaxation skills) will contribute to an understanding of how to achieve improved work/life balance.

May 26, 10:00 - 11:30 am

- FRG Awards and Recognition Class

You can't do it all yourself... You need an army of volunteers! This course will give you the tools you need to recognize your volunteers with local, private, and DA level Awards. In addition, you will be provided with all the required forms and information you need to succeed.

Jun 3, 6:00 – 8:00 pm

Jul 12, 6:00 – 8:00 pm

- FRG IG Aces

The training will instruct Commanders, Senior Advisors, FRSA's, and FRG Leaders how to create and manage their FRG binders to comply with regulations and henceforth any pending IG Inspections. The class will go line by line through the Inspection Plan and cover what needs to be in the FRG Binders in order to pass and even "ace" the inspection.

May 18 – 10:00 am – 12:00 Noon

Jun 22 – 6:00 – 8:00 pm

Jul 20 – 10:00 am – 12:00 Noon

Relocation Readiness:

- **Discover Riley's Treasures:** Discover Riley's Treasures has a new initiative. Relocation Readiness will sponsor the new and not so new military spouses to Fort Riley. These workshops are designed to answer the spouse's questions and assist in settling-in at Fort Riley. Different workshops will be held bi-monthly and will provide a variety of different topics. In May, Discover Riley's Treasures will offer a workshop, "**School's Out**". This workshop will provide support and information to Youths and Teens, by bringing together organizations that provide vital information on what there is to do during the summer months.

Date(s): May 27, 2010

RSVP By: May 24, 2010

Time: 1:00 – 3:00pm

May

- **Relocation Information Fair: "Making the Most of Your Move"** This event will be for those that will be PCSing in the next several months. If you have questions that need answered before you go, from relocation entitlements to kids in transition, this event will provide you the knowledge needed to make the most of your move. Stop by one of several information booths and learn different tips and techniques while moving. We will also be holding a drawing for newly arrived or departing Soldiers. If you have arrived or will be departing between March 2010 and August 2010, you are eligible to register for the Relocation Gift Basket. All the essentials you'll need while on the road and the best part, IT'S FREE! All you need to do is sign up with the ACS, Relocation Department, Bldg# 7264 and cross your fingers. Winners will be announced during this event. Hope to see you there!

Date(s) **May 15, 2010**
Location: Riley's Conference Center
Time: 1:00 – 4:00 pm

- **Coping With Change:** This workshop will help you discover how change can be a positive experience and will help you build a stronger and healthier lifestyle. Learning how to handle stress when it comes to relocation or multiple deployments can help you to adjust and make the most of your surroundings.

Date: **May 3rd, 2010**
RSVP: April, 27, 2010
Time: 10:00 – 12:00pm

- **Hearts Apart:** This support group is a time when a Family member with a Soldier on an unaccompanied tour, TDY or at present is currently deployed, can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.

Date: **May 3rd, 2010** session II of "Coping with Change"
RSVP: April, 27, 2010
Time: 6:00 – 8:00pm

- **Eating Right on the Road:** Moving is a very stressful time and eating fast food is easy and convenient. This class will encourage healthy eating and basic cooking skills while you are on the move.

Date: **May 11th, 2010**
RSVP: May 6th, 2010
Time: 12:00 – 3:00pm

- **Citizenship and Immigration Intake:** These 2 ½ hour sessions provide information and instructions on preparing the application for Citizenship and Immigration. Attendees MUST register with ACS, Relocation Department:

Date(s)	May 05, 2010	May 19, 2010
RSVP By:	April 30, 2010	May 14, 2010
Time:	9:00 am – 12:00 pm	9:00 am – 12:00 pm

- **Citizenship and Immigration Information Workshop:** This workshop is a session where immigrants, permanent residents and others get a chance to ask the Experts their questions on citizenship and immigration processes and other issues. Come join Relocation Readiness in providing the answers you are looking for.

Date(s) **May 15, 2010**
Location: Riley's Conference Center
Time: 1:00 – 4:00 pm

- **Permanent Change of Station (PCS) Briefings:** Are you departing Fort Riley and trying to prepare for your new adventure? Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

May

<u>South Korea</u>	<u>Germany</u>	<u>Stateside</u>	<u>Overseas</u>
Date(s) May 4, 2010	May 11, 2010	May 18, 2010	May 25, 2010
Time: 1:00 – 2:00pm	1:00 – 2:00pm	1:00 – 2:00pm	1:00 – 2:00pm

**Please contact the Relocation Program, 239-9435 to schedule your PCS briefing.

- **Reentry Workshop:** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

Date: May 28th, 2010
RSVP By: May 19, 2010
Time: 8:30am–10:30am

Soldier Family Assistance Center (SFAC):

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purpose of the SFAC is to ensure our Warriors and their Family members receive tailored, integrated, and streamlined services. The SFAC team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. Located in Bldg 671A/673A, next to Irwin Army Community Hospital. Hours of Operation: 7:30am–4:30pm.

Fort Riley Education Services (ACES):

Main Post Learning Center, 217 Custer Avenue 239-6481

Hours: 8:00 am – 5:00 pm

Learning Center 1, 7604 Parker Street 239-9485

Education Counseling Services will **CEASE** in Learning Center 1, effective May 1, 2010.

Learning Center 2, 7656 Graves Street 239-9824

Education Counseling Services will **BEGIN** in Learning Center 2, effective May 1, 2010

Also, the Tutoring Center and Barton CLEP/DSST exams will resume in Learning Center 2

Fort Riley Education Services WILL be changing to compressed 5-4/9 schedule, to begin June 7, 2010.

Leader Skills Enhancement Courses (LSEC):

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. **ALL** Soldiers and Civilians must enroll in GOARMYED (<https://www.goarmyed.com/Login.aspx>) **AND** visit Barton's office at Main Post, 217 Custer Avenue to complete class registration. Failure to do both will result in an automatic class drop.

Upcoming LSEC Cycles are as follows:

Cycle 5: June 03 – July 20, 2010

Active Duty enroll with Education Counselor starting April 7, 2010

All other enrollments begin May 5, 2010

Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>

Basic Skills Education Program Classes (BSEP) and GT Improvement:

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).

May

Upcoming BSEP Classes:

- Cycle 9: May 10 – May 28, 2010
- Classes are held at 8044 Normandy.

To enroll please see an Army Education Counselor.

Are You Ready for Graduation?

If you anticipate completion of your degree requirements with one of our Consortium institutions by May, you may be eligible to walk in the On-Post graduation ceremony. Please contact your college office for more information regarding participation in the ceremony. The deadline to have your name printed in the graduation program is April 15, 2010. If you are attending a distance learning college out of the Ft Riley area, call Education Services at 239-6481 to speak with the graduation coordinator for placement on the graduation program and to walk in the ceremony. The ceremony will be held at **King Field House, at 1:00 pm, on May 14, 2010.**

Barton County College:

On-post evening college classes: June 1 – July 24, 2010

Online classes begin: May 24 – July 25, 2010

Central Michigan University:

Next on-post class will start: May 7 – June 5, 2010

ECO 515 Collective Bargaining/Labor Law

It will be held on Fridays and Saturdays at 215 Custer Avenue. This course will apply to most CMU programs offered at Fort Riley. Students having Academic Advisor questions are to contact www.cel.cmich.edu.

Central Texas College:

On-post evening college classes: June 1 – July 24, 2010

Online classes begin: May 10 – July 2, 2010

Kansas State University:

No current on-post evening classes available

Online classes begin: May 17 – June 4, 2010

Southwestern College:

Current on-post evening college classes:

Course	Dates	Day	Time
Educational Psychology	May 12 – August 11	Wednesday	6:00 - 10:00 pm
Instructional PE Class	May 11 – August 10	Tuesday	6:00 - 10:00 pm
Math in the Elem School	May 10 – August 9	Monday	6:00 - 10:00 pm

University of Mary:

Next on-post course will start: May 5 – June 2, 2010

MGT645 Organizational Communication and Transition Management

Upper Iowa University:

On-post evening college classes: June 1 – July 24, 2010

Online classes begin: May 10 – July 4, 2010

Fort Riley Dental Activity (DENTAC):

- **Oral Health Initiative (OHI):** The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier, but it does require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their Family Members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if

May

you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC must initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!

- **Dental Appointments: Deploying Soldiers:** Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible. When we have enough time we can do almost anything. When it comes to dental care, the “last minute” is a poor course of action. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they are deploying so that we can ensure timely and properly sequenced dental care to meet all the Soldier’s dental readiness needs before deployment.
- **Routine Dental Care:** We are experiencing difficulty in providing routine dental care for all Soldiers. With staffing shortfalls, the increased demand on our providers with the buildup of deployments this summer, we are very busy providing World Class dental health care to those with considerable dental needs. In most cases, dental appointments for routine procedures are not readily available. We ask that those requiring routine dental care be patient or consider the OHI Program described above. Cleaning appointments may be available in about three to four weeks.
- **Failed Dental Appointments** are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.
- **Commitment:** We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanly possible to take care of Soldiers dental needs. Don’t wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.
- **Hours:**

<u>Dental Clinic Info</u>	<u>Phone</u>	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	8:00am-5:00pm
Dental Clinic #3 (Custer Hill)	239-4261	8:00am-5:00pm
Dental Clinic #4	239-4174	8:00am-5:00pm
- **Dental Sick Call:** 8:00-10:00am (after 10:00am please call or you may need to be prepared to wait a while). After hours, weekend or holiday dental emergency: Report to the IACH Emergency Room.

Chaplains’ Offices:

Please note for all services offering Nursery care, please bring immunization records with you.

Chaplains’ Office 239-3359

Please visit our web-site at <http://www.riley.army.mil/>

Click on services-Fort Riley Services-Chaplain

WORSHIP SERVICES AND CATHOLIC MASS SCHEDULE

Main Post Chapel 239-6597

Protestant Community Worship Service Sunday @ 10:30am

Kapaun Chapel 239-9608

Contemporary Protestant Service Sunday @ 10:30am

May

Morris Hill Chapel 239-4060
Gospel Sunday school @ 9:00am
Gospel Worship Service Sunday @ 10:30am
Roman Catholic Mass Sunday @ 9:00am
Roman Catholic Education Sunday @ 10:30am
Saint Mary's Chapel 239-6597
Roman Catholic Mass Saturday @ 4:30pm
Roman Catholic Mass Sunday @ 11:00am
Wednesday & Friday @ 12:00pm
Irwin Army Community Hospital Chapel 240-1443
Tuesday & Thursdays Catholic Mass @ 12:00pm
Religious information
Jewish information please call: 539-8462
Muslim Religious Services please call: 776-1033
LDS Services please call: Single 537-7870
Family 539-1084
JC 238-2951

Fort Riley offers a wide variety of dynamic worship, study and fellowship opportunities. Please visit our web site or call our chapel offices to obtain further information:

Religious Education Director 239-2979
Catholic Education Director 240-1443
Religious Support Office 239-3359
Morris Hill Chapel 239-4060
Main Post Chapel 239-6597
Saint Mary's Chapel 239-6597
Kapaun Chapel 239-9608
Normandy Chapel 239-9149
Family Life Ministry 239-3436

Public Works:

- **Energy/Water Conservation:**
 - Funds saved in the energy account go to improving the quality of life for Soldiers and Families.
 - Turn off computer monitors, appliances and lights when not needed.
- **Hunting and Fishing:**
 - Rainbow trout stocking in Cameron Spring and Moon Lake began in mid October.
 - A Kansas Trout Stamp and Kansas Fishing License (unless exempt) are required for all persons actively pursuing trout at either location.
 - Information on Fort Riley's deer seasons is available at the Conservation Office, 1020 Huebner Road. For more information, call 239-6211 or visit the Conservation Office.
- **Household Hazardous Waste Service Available to Residents:** Fort Riley operates a Household Hazardous Waste (HHW) facility for residents to dispose of or pick up, free of charge, common household products. This service is particularly helpful when residents are moving because these items should not be thrown away and they cannot be shipped with household goods. While only active duty military personnel living on the installation may drop-off items, any government ID cardholder may pick-up items.
 - Examples of products the facility accepts (and offers for pick up)-cleaning products, paints, disinfectants, drain openers, insecticides, automotive fluids, and mothballs. The HHW facility is located at the Environmental Waste Management Center, Bldg. 1945 in Camp Funston. For more information call 239-6797.

May

- **Fuel wood:**

- Fort Riley's fuel wood regulation (FR200-4) was updated last spring.
- A permit can be purchased for \$25.00 which now allows the permit holder 90 days to cut up to two cords of wood.
- A cord is a stack of wood 4 feet high x 4 feet wide x 8 feet long.
- Permits can be purchased at the Outdoor Recreation Center (ORC), MWR.

Call for more information to ORC at 239-6368 or to Conservation and Restoration Branch, PW at 239-6211.

- **Restoration Advisory Board:** The Restoration Advisory Board is a group of private citizens, State and Federal Regulatory agency personnel, and Installation personnel, who meet as needed to discuss efforts to clean up areas contaminated by past practices under the Comprehensive Environmental Response, Compensation, and Liabilities Act, or CERCLA. CERCLA is commonly known as "Superfund," and this meeting will include a public comment meeting on the proposed plan to address the remaining contamination in the ground water at the former dry cleaning facility on Main Post. The public is welcome to attend. For more information, please call the Conservation and Restoration Branch, at 239-6211.

Boy Scouts:

To join, please contact 238-5684 for more information.

Girl Scouts of Northeast Kansas and Northwest Missouri:

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact 776-1488.

Armed Services YMCA (ASYMCA):

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with others you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information 785-238-2972.

**** Reservations are required one week in advance for all childcare programs. ****
All children must be registered.

Parent's Work Out:

Monday through Friday 8:30-10:45am

- Please provide a snack for your child
- \$4.25 1st child
- \$3.50 per additional child
- \$5.00 for children under 2
- \$4.25 per additional child under 2

Parent's Day Out:

Monday through Friday 11:00am-3:00pm

- You must provide a sack lunch and a snack for your children
- \$10.00 1st child
- \$9.25 per additional child
- \$10.75 for children under 2

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- \$10.00 per additional child under 2

Parent's Night Out: Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

Friday 5:30-10:00pm

- You must provide a sack lunch and a snack for your children
- \$10.00 1st child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2
- Dates Available:

May 7 & 14

June 4 & 18

*****All childcare program prices are for the entire program this is not an hourly rate.*****

Free Childcare: Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

Saturday 12:30-4:30pm

Dates Available:

May 8 & 15

June 5 & 19

Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per Family for childcare if needed.

- **Building Rentals:**
 - The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
 - Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs.
- **Car Seat Loan Program:** GEICO insurance has provided us with car seats that are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- **Operation Wheels:** Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

The following locations are available for transportation:

1. WIC Bldg. #7264
2. ACS Bldg #7264
3. Irwin Army Hospital Bldg #600
4. Self Help Bldg. #289
5. Post Chaplain Services
6. Respite Care at ASYMCA
7. Geary Community Hospital
8. Junction City Health Department

May

Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.

For more information - Please call 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City.

United Way of Junction City-Geary County:

The United Way of Junction City–Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley’s nearest United Way. Call United Way at 238-2117, email director@unitedwayjcg.org or get more information on any of these agencies at www.unitedwayjcg.org we are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 asymca@nqks.com
- **Fourth Grade Learn to Swim:** program at the Family YMCA 762-4780 ymca@nqks.com
- **Scholarship memberships for Girl Scouts:** 238-2323 www.girlscoutsksmo.org
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 www.Coronadoscout.org
- **Dental Clinic** at Konza Prairie Community Health Center 238-4711
- **The Crisis Center:** for victims of abuse and sexual assault 762-8835 ccijcks@carrollweb.com
- **Kansas Legal Services:** for victims of domestic violence (800) 723-6953
- **The Open Door:** emergency shelter 238-3599 opendoor@nqks.com
- **The Food Pantry:** emergency food 762-8830 vogelsang@embarqmail.com
- **Smarter Fun in the Sun:** summer activity through Boys and Girls Club 717-4020
- **Transportation for Special Olympics participants:** 209-1996 jtgeh2003@yahoo.com
- **Emergency aid for victims of disasters by the Red Cross:** 238-3163
- **Security checks:** for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650
- **Volunteer Recruitment for CASA:** Court Appointed Special Advocates of the 8th Judicial District 762-3907
- **Habitat for Humanity:** funding for the next home built by Habitat 238-3126

Kansas Children’s Service League (KCSL):

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state’s most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children’s Service League Adoption & Foster Care website at www.kcsl.org.

Upcoming classes offered by KCSL:

- MAPP Training: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
- The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

May

Army Career and Alumni Program (ACAP):

- **Transitioning Service Members:** Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling 239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, 239-8368. On May 5 from 9:00-12:00pm, ACAP in conjunction with the U.S. Small Business Administration will be offering a Pre-Business Seminar. Learn many of the steps, concepts, concerns, resources, and help available in starting or taking over a small business. This seminar is open to all military service members and their spouses please call ACAP at 239-2278 to reserve a seat. On May 21 from 10:00-11:30am, ACAP will be offering a D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly. Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8213 for more information.

May

Fort Riley, Kansas
"Home of the Big Red One"

