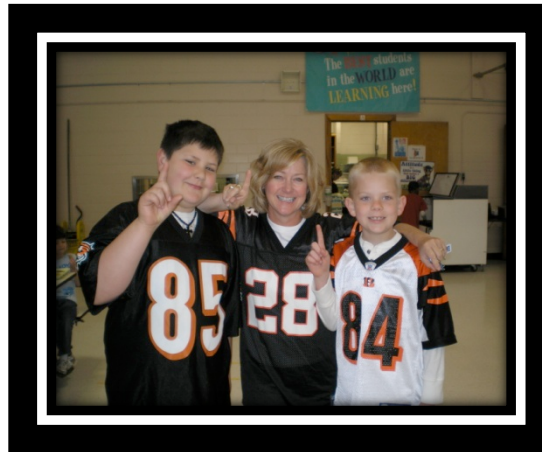


2011 National Physical Education and Sport Week at Van Voorhis Elementary!

Let's Move!!!

During national PE and Sport Week our school joined thousands of others across the nation in showing support for First Lady Michelle Obama's "Let's Move" initiative by engaging students and staff in a variety of activities to increase awareness of the value of physical education and physical fitness. *Check out the attached video of our Flash Workout to "Dynamite!"*



We dressed as our favorite team or sport! Football and soccer and cheerleading - Oh My!

Fort Knox High School Athletes visited to talk with us about the importance of athletics and academics! *Go Eagles!!*





Salsa Dancing!



Two lucky students won a free bike at the culmination of the Safety Safari that ended our PE Week Celebration! Thank you Texas Roadhouse for donating the bikes and teaching us about bike safety!

***We continued our wellness walking and finished the Mohave Challenge! 506 miles in 12 Days!
Pedometers help us keep track of steps.***

