



DEPARTMENT OF THE NAVY
BUREAU OF MEDICINE AND SURGERY
2300 E STREET NW
WASHINGTON DC 20372-5300

IN REPLY REFER TO
13 Jun 08

MEMORANDUM FOR COMMANDER, NAVY MEDICINE EAST
COMMANDER, NAVY MEDICINE WEST
COMMANDER, NAVY MEDICINE NATIONAL CAPITAL AREA
COMMANDER, NAVY MEDICINE SUPPORT COMMAND

SUBJECT: The Sugar, Temperature, Airway, Blood Pressure, Lab and Emotional Support
(S.T.A.B.L.E.) Program for Health Care Providers Caring for Newborns and Infants

This policy memo supercedes NAVMED Policy 08-010 of 15 April 2008.

The first hours of a newborn's life can be a period of significant clinical risk. Clinical outcomes can be optimized by effective and efficient neonatal stabilization, and transfer to an appropriate level nursery when indicated. The S.T.A.B.L.E. Program provides guidelines for resuscitation and stabilization of critically ill newborns and promotes the consistent use of proven interventions to achieve positive patient outcomes. More information is available at the following websites: www.stableprogram.org and www.marchofdimes.com/professionals/682_11793asp.

The S.T.A.B.L.E. program, developed using evidence-based medicine, is highly recommended for all health care providers and staff providing or potentially caring for newborns or infants in the labor and delivery or any level nursery setting. Additionally, all credentialed perinatal, pediatric, and labor and delivery staff are encouraged to complete the training regardless of platform assignment status. The Navy Perinatal Advisory Board is providing oversight as this program is being introduced to all Navy MTFs.

Regional Commanders, Commanding Officers, and Residency Training Program Directors will encourage maximum participation. Regional Commanders will ensure widest dissemination of training course times and locations to Military Treatment Facilities (MTFs). Naval Medical Manpower Personnel Training and Education (NMMPT&E) Staff Education and Training (SEAT) Liaison Department Head will act as a conduit for information between program managers and MTF SEATs. Local MTFs will ensure S.T.A.B.L.E. courses are scheduled and coordinated with the S.T.A.B.L.E. Program Manager, so health care staff will have training opportunities to take the S.T.A.B.L.E. provider course. Funding has been provided centrally by BUMED for Fiscal Year (FY) 2008.

The S.T.A.B.L.E. Lead Instructor Course will be offered once at each Medical Center in FY 2008. Course information, date, and scheduling will be coordinated through the local MTF's SEAT Department. Lead Instructors will be required to teach a minimum of two courses at local MTFs to maintain certification as Lead Instructors. Lead Instructors will instruct the S.T.A.B.L.E. Learner Course to their hospital staff caring for newborns or infants.

My point of contact is LCDR Vanessa Richards, M3C2, at (202) 762-0564 or vanessa.richards@med.navy.mil.

T. R. CULLISON
Vice Chief

NAVMED POLICY 08-014