



Force Protection




Current FPCON: Alpha
Threat Level: Low

"6-5...
IN THE FIGHT!"
FY 2011



 317
SORTIES

5,611
LODGED 



 7.20 million
gallons
FUEL ISSUED

Weekend Weather Forecast (Lajes Weather Flight)



Friday (a.m. / p.m.)

Partly Cloudy / Mostly Cloudy
Wind SW 11-23 mph 
SW 29-46 mph
High 64F / Low 54F 

Saturday (a.m. / p.m.)

Mostly Cloudy with Rain 
Wind SW 35-51 mph
NW 18-29 mph
High 66F / Low 61F 

Sunday (a.m. / p.m.)

Mostly Cloudy with isolated
rain showers 
Wind SW 35-46 mph
NW 17-23 mph
High 64 / Low 54 

Three ANG C-130s meet via Lajes refuel mission



Three C-130 Hercules land at Lajes Field, Azores, Dec. 29. The C-130s belong to two Air National Guard bases, and they met at Lajes for refueling. (Photo by Guido Melo)

By Staff Sgt. Olufemi Owolabi
65th Air Base Wing Public Affairs

While transporting crew members and cargo on a mission, three C-130 Hercules stopped at Lajes Field, Azores, to refuel before heading to their home stations Dec. 29, 2010.

Despite moving members of the Air National Guard through Lajes simultaneously, the three aircraft are assigned to separate bases. Two of the C-130s are assigned to Savanna Air National Guard Base, Ga., and the third aircraft belongs to Moody Air Force Base.

The three aircraft, known primarily for the tactical portion of the airlift mission, consumed more than 20,000 gallons of fuel, and were supported by the Airmen of the 65th Operation Support Squadron and 65th Logistics Readiness Squadron, who provided transient-alert and

fuel services.

"We are responsible for refueling all aircraft that stop at Lajes," said Tech. Sgt. Justin Stellflug, 65 ABW Fuels Service Center NCOIC. "When the aircraft came in, we received a call from transient alert, and we immediately sent our driver and the refueling unit."

The fuels section usually receives notification from transient alert or the command post. Once this happens, the fuels section will get an approximate gallons of fuel needed and find out where the aircraft is located on the flightline in order to respond.

The C-130 operates throughout the U.S. Air Force, serving with Air Mobility Command, Air Force Special Operations Command, Air Combat Command, U.S. Air Forces in Europe, Pacific Air Forces, Air National Guard

To read more on "Refuel mission" see page 6

Recon: Are you ready?

By 1st Lt. Mara Title
65th Air Base Wing Public Affairs

As a microfit specialist for the Health and Wellness Center and an aerobics contractor for the 65th Force Support Squadron, Rui Leal keeps pretty busy. Six years ago, he helped developed Recon, short for reconditioning, and he continually works to modify the program with one goal in mind, "... to help you guys pass your PT test," he said. The program has had a significant impact on the lives of hundreds of people and much success in bringing up the passing rate.

Although Mr. Leal lived near the base all his life (his mother worked as a resource advisor in supply for 30 years), he was anxious when someone asked him to work at Lajes Field because his English was limited.

"Although I understood it well, speaking English to a class of 40 to 60 people was a different story," he said.

But after the first week, he became more comfortable and started really enjoying teaching.

He and Ricky Baptista, a health promotion manager and exercise physiologist at the Chace Fitness Center, developed different routines to add variety each day. Everyone meets in the fitness center aerobics room on the second floor and signs in by 6 a.m.

Depending on the weather, a typical Monday consists of running on the track for the first hour. If it's raining, Mr. Leal has everyone do 45 minutes of cardiovascular exercises on one specific machine. Then at 7 a.m. he leads everyone in a spin class.

On Tuesdays and Thursdays he takes 20-25 minutes to focus on strength and circuit training using 10 different machines at the fitness center. And then comes 45 minutes of cardio exercises. Sometimes, he'll even add in 15 minutes of calisthenics, like push-ups, sit-ups and working the core (lower back). Other times he'll take everyone out to the basketball court.

"I like going there because it involves a lot of running,

To read more on "Recon" see page 6



Be financially fit

By Maj. Raymond Castro

65th Comptroller Squadron commander

Every year many of us develop New Year's resolutions on areas we would like to improve individually, professionally, or both.

Some of the most popular determinations usually involve money and becoming financially successful. The warriors at the Airman and Family Readiness Center provide different courses that teach money saving techniques and can help you develop a plan to achieve your specific financial goals. The first step in developing your strategy is to understand your cash flow. How much money are you receiving as salary and other types of income, compared to your debt and spending patterns? I would like to take this opportunity to highlight two remarkable tools available at your fingertips to help you take charge of your finances and more specifically, your military income.

The first one is myPay, (<https://mypay.dfas.mil>) where you can find copies of your Leave and Earning Statements and see how much income is flowing into your financial plan. It's important to review this document monthly to ensure you are receiving the correct pay, allowances, entitlements and proper deductions. This month all military personnel should see a 1.4 percent increase in their basic pay as approved by our commander in chief.

At this site you can also start, stop, or change allotments as well as your Thrift Savings Plan contributions. You can also obtain a copy of your 2010 tax statements (W-2), which

are already available for U.S. civilians and will be ready for Air Force active-duty personnel starting on Jan. 24, 2011.

Another excellent tool is the "Virtual Finance" page located inside the Air Force Portal. This is the Wikipedia of Air Force financial services where you can find the latest information on pay-related themes. The easiest way to find it is by clicking in the "Life & Career" tab at the top of the portal's main page and scrolling down to "Money." Here you can find links to the most used web-based systems such as myPay, LeaveWeb, Defense Travel System, TSP, and many others. The site also provides a comprehensive database of frequently asked questions where you can research most pay and travel topics.

If you are deploying, about to PCS, or even thinking about retirement, please make sure you check the different tools and calculators the site offers to compute your projected entitlements. This will give you and your family an idea of how much extra income to expect during these critical phases of your military career.

Your assignment to Lajes presents a unique opportunity to improve your personal finances and boost your financial strategy — I challenge you to take advantage of it. If you have any questions about these tools or any concerns with your pay, please feel free to stop by our customer service counter between 9 a.m. to 4 p.m., Monday through Friday, and one of our comptroller warriors will be more than happy to assist you.

Running track etiquette

By Maj. Juan A. Robinson

65th Force Support Squadron

The wait is finally over! After months of construction, road runs and AEF Ramp laps, our running track is open again. I've paid a few visits to the track and listened to comments and suggestions of others, so I think this is a good time to put forth some reminders on general track etiquette that can make our collective track experience a pleasant one while keeping you, me and others safe from injury. These general rules are especially important on those mornings when the track is crowded for unit PT and physical fitness assessments. I have witnessed quite a few close calls and heard a few choice words as "that guy" or "that girl" made an oblivious and unintentional blunder that could have caused some serious pain. So please, take heed and spread the word.

1) When official Physical Fitness Assessments are being conducted, the two innermost lanes are off limits to those not being tested. Official testers will wear numbered mesh jerseys issued by the testing staff. Runners will not be restricted from these lanes for non-official testing.

2) Always remain aware of your surroundings. Just as with driving a vehicle, you need to look out for the other person as well.

3) Always run in a counterclockwise direction. The exception is on less-busy days. Although some training drills require back and forth movement, this should not be done on a crowded track.

4) The inside lanes are for faster runners. Slower runners should move toward the middle lanes. Walkers should stay to the right, and people walking together should walk single file. This is especially important on our track since it only has four lanes.

5) When passing someone, give plenty of notice with an audible warning such as "on your left." When passing or being passed, look to your right and left to make sure you are not cutting anyone off. When running on the innermost lane, do not run on the concrete surface or step on the drainage grates—they are not designed to support the weight.

6) Never stand on the track, especially in the innermost lanes. Move completely off the track to do your push-ups, sit-ups and stretches. Please do not leave your belongings (towels, running suits, water bottles) on the edge of the track as they present hazards in crowded conditions.

7) Remain aware of your surroundings. When you finish a sprint interval, look over your

To read more on "Etiquette" see page 3

Commander's Action Line

535-4240

65abw.actionline@lajes.af.mil

The Commander's Action Line is your link to the commander for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option — but when that's not the answer, call or e-mail the Commander's Action Line at 535-4240 or 65abw.actionline@lajes.af.mil.



Col. Jose Rivera

Col. Jose Rivera
Commander, 65th Air Base Wing



The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads.

The Public Affairs Office (Unit 7710, APO, AE 09720) is located in Bldg. T-100, Room 240.

Submissions can be e-mailed to 65abw.pa@lajes.af.mil or faxed to 535-6326 and are due the Thursday prior to the required publication date. Call 535-6161 for more details.

This Air Force funded newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

All photographs are Air Force photographs unless otherwise indicated.

Editorial Staff

Col. Jose Rivera

Commander, 65th Air Base Wing

1st Lt. Mara Title

Chief, Public Affairs

Staff Sgt. Olufemi Owolabi

Editor

Mr. Eduardo Lima

Community Relations Adviser

Mr. Manuel Martins

Layout Designer



Lajes Field military saves campaign: a personal commitment to “start small, think big”

By James E. McDaniel, DAF
Community Readiness Consultant

Lajes kicked off the 2011 Military Saves Campaign early on Dec. 6, 2010 when Col. Rivera and his squadron commanders, superintendents and shirts, along with the Lajes Key Spouses signed the simple pledge. “I will help myself by saving money, reducing debt, and building wealth over time.

I will help my family and my country by encouraging other Americans to “Start Small, Think Big.” The Department of Defense (DoD) and Lajes will officially observe Military Saves Week February 20-27, 2011. DoD conducts the Campaign in cooperation with the Consumer Federation of America, a financial non-profit, which runs the America Saves Campaign nationwide. The Campaign’s slogan, Start Small, Think Big speaks to the long-term benefits of saving even a little each month.

The Military Saves Campaign is a total force, command-level program, fully supported by the leadership here at Lajes. It costs you nothing to make the commitment, and it could lead you and your family to reach your financial goals and dreams.

Every leader and Airman at Lajes should take the pledge and develop an action plan to build wealth, not debt over the next year, because financial readiness has a direct impact on personal and military readiness. Military Saves is also an opportunity to teach our Air Force children about saving and other good financial habits.

The Lajes Airman & Family Readiness Center will host many events during Military Saves Week, these are the list of events:

“Brown-Bag” Lunch-Time Classes (noon to 1 p.m. Tuesday - Friday)

at the A&FRC

- Tuesday, Feb. 22: Developing SMART Financial Goals
- Wednesday, Feb. 23: Developing a Spending Plan to Reach Financial Goals
- Thursday, Feb. 24: Using the TSP to reach retirement goals
- Friday, Feb. 25: Developing Net Worth Statement
- Will conduct commanders’ calls & outreach all week long, upon request
- Will conduct special outreach to Lajes school to encourage student sign-up

Our goal at Lajes is to educate and motivate all Airmen and their families to save their hard-earned money for both emergencies and their personal financial goals. The first step is to take and sign the Saver Pledge. It can be done online at: <http://www.militarysaves.org/>, or in person during any of our classes or commander’s calls. The Military Saves Week is only four workdays, but the Campaign is a year-long program here at Lajes. The A&FRC offers weekly financial classes on Thursdays at 3 - 4:30 p.m. If you or your squadron or section cannot make that time for any specific class, call 535-4138, and we will schedule a class at your convenience for your unit or one on one, if that is what you want or need.

Many Airmen at Lajes have already signed the Saver Pledge and have started on their personal quest for financial security. Lajes is the perfect assignment to begin the process of getting out of debt and building long term wealth. Take the opportunities offered at the A&FRC by attending one or many of our classes or calling 535-4138 and asking for a financial appointment with one of our trained consultants. Take the Saver Pledge for yourself and your family.

Service Delivery Assessment vital to patient care

By Lt. Col. Jerry Harvey

AF Medical Service Office of the Chief Information Officer

Patient feedback through the service delivery assessment, a centralized telephone survey program, provides Air Force clinics with direct, rapid and relevant feedback vital to national security, Air Force Medical Service officials said.

“Improving the health of Airmen and their families is our mission and patient feedback is vital to our efforts to continuously improve,” said Lt. Gen. (Dr.) Charles B. Green, the Air Force Surgeon General.

Since 2003, Air Force Medical Service officials have relied on SDA to assess and improve upon the patient experience at all Air Force clinics. Survey questions are customized by each facility. The results are disseminated in a weekly report to the facility’s staff and AFMS leadership.

The weekly report allows Air Force clinics to quickly take corrective action in areas where there are shortcomings or improvement needs, officials said. It also helps Air Force clinics understand what is working well at their facility, promote and perfect best practices, and share

successes with other facilities through lessons learned.

The reports have shown that Air Force health care providers and staff members are succeeding in this mission by upholding the highest standards of care and delivering that care with courtesy, respect and dignity to every patient.

The way SDA works is simple, officials said.

A trained caller contacts the patient by phone within 48 hours after the patient’s visit to an Air Force clinic.

The interviews typically last less than five minutes, and as with all matters related to a patient’s health, complete patient privacy is maintained.

Questions focus on the patient’s observations about the facility and the patient’s health care providers, including ease of setting the appointment, check-in and wait time, staff courtesy and attention, overall satisfaction with the facility, and overall satisfaction with the provider.

Through programs like SDA, AFMS officials can continue to build on successes, and fulfill their pledge to maintain a healthy, steady and ready fighting force.

“Etiquette” from page 2

of your surroundings. When you finish a sprint interval, look over your shoulder then move to the right as you stop. Make sure that you give ample room so as not to cut off the runners behind you.

8) While headphones are authorized on the running track, please remain aware of your surroundings!

9) The track is for human beings. Bicycles, rollerblades, skateboards and scooters do not belong. Likewise, pets can present different running “hazards,” so they are best kept away.

10) Children are always welcome on our running track. We encourage the development of healthy living habits, so get out there as a family and enjoy. However, please keep an eye on the younger ones and be considerate of other people who are using the track.

11) Keep your spit to yourself. Not only is spitting on the track inconsiderate, it’s fairly disgusting as well. Move deep into a grassy area where no one is likely to do push-ups, sit-ups or other exercises.

As a reminder, everyone needs to stay clear of the infield grassy area until the new grass has had time to take root and mature. The infield will not be usable through the next summer and fall seasons in order to ensure future years of recreation use; this includes pets, children and strollers.

Also, in order to preserve the running surface, please refrain from the use of metal cleats on the track.

On a final note, each user is responsible for removing his or her litter from the track area, and if you see trash blowing or lying around, be a good steward and pick it up.

Any issues concerning the running track should be reported to Chace Fitness Center staff.

If everyone would adhere to these basic principles, then we can all reap the benefits. Share these tips with your fellow runners to help keep us all safe and healthy. See you at the track!



WING EVENTS CALENDAR

JANUARY

Feature

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
14 Most Rev Frank Spenser, Archdioces for Mil Svs for Confirmation Mass 3 p.m.	15 Dr. Martin Luther King Observance Base Chapel 1 p.m.	16	17 Dr. Martin Luther King Day U.S. Holiday	18	19	20
21 TOP III Meeting 3 p.m.	22	23	24 USAFE/A6 Visit; Col Nancy Reeves-Flores	25 Command Run 7:30 a.m.	26 AFSA Boss and Buddy Wing Night	27 4th Qtr 2010, Quarterly Awards Breakfast 8 a.m. SUM Dinner Chapel 5:30 p.m.

Outstanding Academic Achievement



Col. Jose Rivera, 65th Air Base Wing commander, recognizes Airman 1st Class Christian Dlugajczyk, 65th Civil Engineer Squadron, for attaining a 96 percent score on his Career Development Course exams at a wing meeting, Jan. 11. Airman Dlugajczyk attributed his success to focused study and supervisory involvement. (Photo by Chief Master Sgt. Samuel Hagadorn)

Welcome Team Lajes' newest member:

Locklynn Jayde Pospisil

daughter of Staff Sgt. Josh Pospisil, 65th Communications Sq.

and his wife, Stephanie.

Sister Marlei is holding her. She was born on January 3rd.



LAJES AIRMEN OF THE WEEK



Name: Chad Hicks
Rank: Staff Sergeant
Unit: 65th Comptroller Sq.
Hometown: Glendale, Arizona.
Duty Title: Resource Advisor
Accomplishments: As the 65th Mission Support Group Resource Advisor, Staff Sergeant Hicks is responsible for the management of over \$31M in funding. He is the primary source of advice to the MSG commander on all budgeting and accounting issues, ensuring propriety and adequate availability of funding to support the mission. His attention to detail enabled \$1.46M in erroneous obligations to be dropped, releasing funds for 65th ABW use.



Name: Almerinda Cabral
Rank: LGS-7
Unit: 65th Comptroller Sq.
Hometown: Praia da Vitoria
Duty Title: Budget and Accounting Technician
Accomplishments: Sra. Cabral is involved in all facets of the payment process. She is responsible for certifying numerous financial documents, as well as preparing blanket purchase agreement calls paid in EUROS. She prepares and tracks all local vendor pay for utilities, phone, telepac and Port employees ensuring accurate and timely payment. Although she often must solve difficult or complex issues, she never gives up and always has a cheerful attitude!

"6-5...IN THE FIGHT!"



(Left to right) Senior Airman Dustin Haycox, 65th Civil Engineer Squadron, and Staff Sgt. Christopher Coffman, 65th Logistics Readiness Squadron, talk with Maj. Thomas Ringlein, 65th LRS director of operations, during a Lajes' Warrior farewell ceremony at the Top of the Rock Club at Lajes Field, Azores, Jan. 7, 2011. Airman Haycox and Sergeant Coffman were deploying to the area of responsibility. (Photo by Chief Master Sgt. Samuel Hargadorn)

A KC-10 Extender prepared for take-off at Lajes Field, Azores, Dec. 29, 2010, after completing a refueling mission. The KC-10's visit coincided with the barrier certification test conducted at Lajes Field. (Photo by Guido Melo)

The winners of the Lajes 2010 Winter Olympics, the 65th Civil Engineer Squadron, pose for a photo at the Top of the Rock Club at Lajes Field Jan 7, 2011. During the ceremony at the TORC, a trophy was presented to the team by Col. Eric Axelbank, 65th Air Base Wing vice commander. (Photo by Guido Melo)



(Left to right: Paulette Burnard, Paulo Feliciano and Almerindo Azera) Members of the Lajes marketing team pose for a photo after winning the 2010 U.S. Air Forces in Europe Marketing Program of the Year. (Photo by Amanda Niblick)

Col. William Parker, 65th Medical Group commander, Donnetta, his wife, and Anna, 7, their daughter, pose after he assumed command of the medical group at Lajes Field, Azores, Jan. 5, 2010. (Photo by Tech. Sgt. Chyrece Campbell)



Mark your calendar



MLK OBSERVANCE JAN 15: The MLK Observance will be held at the chapel, Sat, Jan. 15 at 1 p. m. Refreshments will be served afterward. If you would like to volunteer as the EMCEE, please call MSgt Satterwhite at 535-5191.

AFSA APPRECIATION SOCIAL: On Feb. 18, the Air Force Sergeant Association will be hosting a

members appreciation social at the bowling center from 11 to 1 p.m. All members will bowl for free and there will be door prizes given away as well. Any new member that signs up at the bowling alley will also be able to bowl for free and be eligible for the door prizes. For questions, contact SSgt. Eric Tabb and MSgt. Velsor II.

Term III classes begin, 18 Jan 2011: The Lajes Education Center would like to inform students that "Term III classes will begin, Jan. 18. Contact Heather Abbott, Education and Training Services, at 535-3355.

SPOUSES CLUB OPEN HOUSE: There will be an Open House for the new Lajes Spouses Club on Thur., Jan. 13, from 6:30 to 8:30 p.m. in the Pentagon Federal Building, T-202 (the ATM entrance).

STUDENTS EARLY RELEASE FROM SCHOOL

Students will be dismissed from school at 11:15 this Friday, Jan. 14; lunch will not be provided. There will be no school on Monday, Jan. 17, in observance of Martin Luther King Day. There will be no school on Friday, Jan. 28, for a teacher workday. If you have any questions, please call the Lajes E/H School at 535-4151.

"Refueling mission" from page 1

and the Air Force Reserve Command, fulfilling a wide range of operational missions in both peace and war situations.

Basic and specialized versions of the aircraft airframe perform a diverse number of roles, including airlift support, Antarctic ice resupply, aeromedical missions, weather reconnaissance, aerial spray missions, firefighting duties for the U.S. Forest Service and natural disaster relief missions.

According to Helio Ramos, 65th Logistics Readiness Squadron's fuels controller, one of the aircraft came back for another 4,000 gallons of fuel before departing for its destination.

"Recon" from page 1

but it's not exactly the track—this way I can keep my eye on everyone," Mr. Leal said.

After 50 minutes of running and strength training, they'll do a 45-minute spin class.

On Fridays, he takes a rest, and another instructor, Catarina, teaches Recon. She first does a body sculpting class for 50 minutes and then a spin class.

Mr. Leal is pretty adamant that if people take the class seriously and make an effort, they will succeed in passing their test in about two months.

"But if I'm asking them to run and they're walking, and if I'm asking them to push themselves to do 20 push-ups and they're doing 10, it's impossible for me to help," he said. "It usually takes about two to three weeks for people to join us mentally and not just physically."

For people to meet individualized goals, he says it's 80 percent about how people eat and 20 percent how they exercise. He recommends exercising a minimum of three times a week for an hour.

"It doesn't matter what the goal is—if you need help passing your PT test, or want to lose a certain amount of weight, it's always about what you eat," he said.

One person who benefited dramatically from Recon is Master Sgt. Phillip Craig. After failing his PT test, he enrolled in the Recon program and afterward scored a 91.8.

"Recon is a great program as long as you are willing to push yourself every single time," said Sergeant Craig. "I was motivated every morning to push myself, not only because I hated getting up at 5 a.m. to go to Recon, but also because I wanted to score over 90 points to get an excellent."

Sergeant Craig's positive outlook was pivotal in his success. Recon is a unique program Lajes is fortunate to have, but people have to be motivated to succeed. Fortunately, people like Rui Leal will not give up on them and are willing to help all the way to the end.

Phrase of the Week

A LESSON IN PORTUGUESE



ENGLISH: Would you like something to drink?

PORTUGUESE: Quer uma bebida?

PRONUNCIATION: Ker ooma BEHbeeDA?

At the Movies



7 p.m. Friday - Unstoppable (PG-13)

7 p.m. Saturday - Harry Potter and the Deathly Hallows – Part 1 (PG-13)

4 p.m. Sunday - Harry Potter and the Deathly Hallows – Part 1 (PG-13)

7 p.m. Sunday - Unstoppable (PG-13)

Movie times and schedule are subject to change. Call 535-4100 for the latest update.

ASK ED

A column that looks at the culture and history of the Azores.

Regional Government of the Azores explained



Eduardo Lima
Community Relations Advisor

The Azores' archipelago, which is comprised by nine islands, has been an autonomous region since 1976 with its own government and parliament. The region gained its autonomous statute in the aftermath of the 1974 military coup that restored democracy to the country.

This means the Azores is still part of the Portuguese territory but has autonomy in many areas, creating its own legislation.

The Azores' political system is formed by the regional parliament and a regional government. The parliament is located in the City of Horta, on the Island of Faial, while the government has its headquarters in Ponta Delgada, on the Island of São Miguel, and other departments on the islands of Terceira and Faial.

The Regional Government of the Azores is formed by a president, eight regional secretaries and 25 regional directors who are responsible for areas such as finance, education, health, public administration, agriculture, fishing, industry, tourism, housing, environment, social welfare and public works.

The city of Angra is home to three government departments, namely the Regional Secretariat for Education, Secretariat of Health, and the Secretariat of Labor and Social Solidarity.

The regional government can legislate independently from the central government in Lisbon but still needs to comply with national laws, especially in the areas of finance, justice and public administration.

Currently, the regional parliament is formed by the Speaker of the House and 57 representatives: 31 from the Socialist Party (PS); 17 from the Social Democrat Party (PSD); five from the CDS People's Party (CDS/PP), one from the coalition formed by the Communist Party and the Green Party (CDU), two from the Leftist Bloc (BE) and one from the People's Monarchic Party (PPM).

The city of Angra is also home to the Office of the Representative of the Republic to the Azores. The representative, who is appointed by the President of the Republic, represents the national sovereignty in the Azores besides being the liaison between the regional and the republic's government. He oversees the regional government's actions and has the power to veto regional legislation that is not in accordance with the Portuguese Constitution.