

# CPAC'S QUICK FACTS

## OCTOBER 2011

### FEDERAL EMPLOYEE'S HEALTH BENEFITS OPEN SEASON HEALTH FAIR 8 Nov 2011



Federal Benefits Open Season runs from 14 November – 12 December 2011 and the CPAC Federal Benefits Open Season Health Fair is scheduled for 8 November 2011, 0900-1400, in Building 319. This is the time of year to ensure that you have the right health, dental, or vision insurance coverage for you and your family. It is also time for you to consider out-of-pocket medical or dependent care expenses you can save money on in 2012. Information on the health care plans available is at [www.opm.gov](http://www.opm.gov).

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Center  
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Federal employees, retirees, and their survivors enjoy the widest selection of health, dental, and vision plans in the country. You can choose from several different types of coverage all listed and comparable on the OPM web site, [www.opm.gov](http://www.opm.gov). Enrollment or changing your insurance coverage is accomplished by using the [www.abc.army.mil](http://www.abc.army.mil) website or by calling 1-877-276-9287. Changes made to your health benefit will not be effective until the first full pay period in January 2012.

Federal employees may also enroll in Federal Flexible Spending Accounts (FSAFEDS) during the Federal Benefits Open Season. Open Season enrollments in FSAFEDS are effective 1 January 2012. Current employees are reminded to enroll each year to continue participating in FSAFEDS as enrollment does not carry forward from year to year. FSAFEDS offers three different flexible spending accounts; a health care account, a limited expense health care account, or a dependent care account. Further information on FSAFEDS is available at [www.FSAFEDS.com](http://www.FSAFEDS.com) or by calling 1-877-372-3337.

