

FRG Meeting Food Ideas

Food Theme	Main Course <i>(provided by FRG, FRG leader, or rotating through Key Volunteers)</i>	Everyone Brings . . .
No Ants Picnic	Sandwiches, wraps, chicken, and drinks	Chips, fruit, fresh veggies, brownies, cookies
Potluck Dinner	Meat or Vegetable casserole, and drinks	Casseroles, salads, desserts of any kind
Chili Cook Off	Crock-pot of chili, and drinks	Crackers, shredded cheese, onions, desserts
Mexican Night (or Tex-Mex)	Taco shells or tortillas, taco meat, and drinks	Lettuce, sour cream, salsa, chips, bean dip, tomatoes, onion
Chinese Take-Out	Order Take-out Chinese, and drinks	Contribute \$1 - \$2 to cover expenses
Celebrate Our Culture Night	Main Dish representative of your culture, and drinks	Any dish representative of your culture or family favorite
Kids' Night	A Kid's favorite dish (macaroni and cheese, pizza, hamburgers, Jell-O), and drinks	Your child's favorite dish OR your favorite dish from childhood
Fast Food Feast	Fast food items (hamburgers, pizza, tacos, burritos, French fries, chicken and biscuits), and drinks	Fast food to share OR stop on your way to get food for you and your family
Super Salads	Main green salad and/or pasta salad, and drinks	Salad ingredient (lettuce, tomato, onion, croutons, olives, salad dressing, crackers)
Brown Bag It Night	Packed dinners (sandwiches, chips, piece of fruit and a drink) – plus extras, and drinks	Pack a brown bag lunch to feed yourself OR to be traded/auctioned at the meeting
Food Group Fun Feast	Main dish and/or dessert, and drinks	A food that fits into your assigned food group (Bread/Cereal, Meat, Veggie, Fruit, Dairy, or Dessert)
Seasonal/Holiday Feast	Main dish and/or dessert, and drinks	A food that coordinates with the month, holiday, or season (Christmas cookies, Valentine desserts, Easter cupcakes, etc.)
Color Coded Fun	Main dish and/or dessert, and drinks	A dish that is your assigned color
Recipe Swap	Main dish and/or dessert, and drinks	Your favorite dish along with a printed recipe – we'll make copies for everyone!
Cookie Swap	Bags of cookies with recipe attached, and drinks	Individual bags of cookies with recipe attached
Real Army Night	MREs – have a soldier demonstrate how to prepare and eat, and drinks	Bring an MRE or we'll provide you with one
Finger Food Feast	Finger food, and drinks	An easy-to-make and easy-to eat finger food
Cook Out	Hot dogs/hamburgers and buns, and drinks	Lettuce, tomato, onion, chips, mustard, mayonnaise, relish