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16721 NMC Guidance Document 03-04 21 December 2004

From: Commanding Officer, U. S. Coast Guard National Maritime Center

To: Distribution

Subj: DRUG TESTING REQUIRED TO OBTAIN A MARINER'S CREDENTIAL

Ref: (a) Title 46, Code of Federal Regulations (46 CFR), Part 16 - Chemical Testing

- (b) Title 49, Code of Federal Regulations, Part 40 Procedures for Transportation Workplace Drug and Alcohol Testing Programs
- 1. <u>PURPOSE</u>. This document provides Regional Examination Centers (RECs) with guidance for accepting evidence of a satisfactory drug test for mariners applying for credentials.

2. ACTION.

- a. Commanding Officers of marine safety units with an REC shall apply this guidance document. Vessel operators, maritime labor organizations, individual mariners, and maritime training institutions will find this information useful.
- b. Individual applicants can follow this document to meet the requirements of references (a) and (b). This guidance does not replace the applicable legal requirements. This guidance is not intended to, nor does it impose, legally-binding requirements on any party.

3. DISCUSSION.

- a. An applicant for a mariner's credential who must undergo a physical examination must also pass a drug screen for five prohibited substances. An applicant may meet that requirement by:
 - (1) Passing a chemical test for dangerous drugs required by reference (a) within six months previous to the date of application with no subsequent positive chemical tests during the remainder of the six-month period; or
 - (2) Being subject to a random testing program required by 46 CFR 16.230 for at least 60 of the 185 days previous to the date of application and did not fail or refuse to participate in a chemical test for dangerous drugs required by this part.

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b. The Coast Guard only accepts one drug screen, the Department of Transportation five drug screening (DOT 5 panel) shown in the table below. The table shows an example of a laboratory test report an REC may receive, showing the cut-off levels. The report may also include a statement indicating that the laboratory conducted the test in accordance with 49 CFR Part 40 (DOT) or the guidelines of the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA). Only a laboratory accredited by SAMHSA can process tests. RECs should not accept other drug screens or tests processed at other than a SAMHSA approved laboratory.

Drug/Drug Class	Screen Test Cut-Off*	Confirmation Test Cut-Off*
Marijuana (THC)	50	15
Cocaine	300	
Cocaine		150
Benzoylecgonine		150
Amphetamines	1,000	
Methamphetamine		500
Amphetamine		500
Opiates	2,000	
Morphine		2,000
Codeine		2,000
6-Monoacetylmorphine (Heroin)		10
Phencyclidine (PCP)	25	25

^{*}All values are expressed as nanograms/ml (ng/ml)

- c. RECs may accept documentation as evidence of a negative drug test as described below:
 - (1) Copy 2 of the Federal Drug Testing Custody and Control Form with the NEGATIVE block checked in step 6 and the original signature or stamped signature of the Medical Review Officer (MRO) present. The MRO's registration number is not required on this form. Enclosure (1) includes an example of this document;
 - (2) A completed Coast Guard Form CG-719P DOT/USCG Periodic Drug Testing Form with an original MRO signature or stamped MRO signature (only for a true negative drug test). The MRO must also include the name of the MRO's qualifying organization and his or her registration number. Enclosure (2) provides an example of this document:
 - (3) A letter on letterhead stationary from an MRO, employer, sponsoring organization, consortium or third party administrator with an original signature of the individual certifying the test result. A corporate seal may be embossed over the signature of the person signing the letter; however, this is not a regulatory requirement but is acceptable. Check the embossed corporate name to ensure that it matches the name of the company of the letterhead. Enclosure (3) is a sample of such a letter;

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- (4) A report of a drug screen received from another Federal agency. Before accepting the report, RECs must verify the test results by contacting that agency.
- d. A report may occasionally list the test as NEGATIVE-DILUTE. This occurs when the tests for creatinine and specific gravity indicate a possible attempt to alter the test results by ingesting large quantities of water to dilute the urine specimen. If the test results are NEGATIVE-DILUTE, the Coast Guard shall require another urine specimen from the mariner using the observed-collection methods. A second negative-dilute test is acceptable upon documentation from the MRO that this was the second negative-dilute test and that the specimen was collected by direct observation procedures. Enclosures (1) and (4) are examples of such a report.
- e. When an REC receives a report of a drug screen with any result other than NEGATIVE or NEGATIVE-DILUTE, lock the mariners record in the Merchant Mariner Licensing and Documentation system (MMLD): (1) If the test results are for a mariner holding any mariner's credentials, refer the information to the investigation department. (2) Enter disqualifying information in MMLD for original credential applicants.
- f. Civilian applicants may provide evidence of being subject to random drug testing in accordance with 46 CFR 16.220(c)(2). RECs may accept evidence in the form of a letter from:
 - (1) A marine employer, a sponsoring organization, a consortium, or third party administrator certifying to the mariner's participation. Enclosure (5) is a sample letter. A pilotage association is considered a sponsoring organization for a drug testing program for its associated pilots. If the REC questions the authenticity of the letter, the District Drug and Alcohol Program Inspector (DAPI) shall contact the issuer for a review, and audit the program, if necessary;
 - (2) Employers other than marine employers who conduct random drug testing programs who follow the DOT regulations. These letters must be reviewed by the REC for authenticity and to verify the testing rate of their random drug testing program. Random drug testing required by other DOT modal agencies may be conducted at different rates. The applicant should provide documentation that the required random rate is at least 50% for the letter to be acceptable; or
 - (3) A Federal agency stating that the employee participated in a random drug testing program. These letters may be accepted if the REC receives verification by the drug testing program administrator of the other agency. The agency program administrator must also show to the REC that the testing rate is not less than 50%. The applicant should provide written documentation from the agency that the required random rate is at least 50%. Within the Department of Transportation, the Federal Motor Carrier Safety Administration and the Federal Transit Administration are the only agencies that currently meet the standard required by the Coast Guard.

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- g. Active duty military personnel (including reservists) or personnel released from active duty may document participation in a random drug testing program with a letter on official letterhead stationary signed by the individual's Commanding Officer or authorized designee. Military personnel and former military personnel must have served on active duty for at least 60 days within the *185* days preceding the date of application to quality under these provisions. Enclosure (6) shows a sample of such a letter. Military personnel who have been on active duty for less than 60 days must pass a drug test.
- h. RECs shall not accept letters as proof of a drug test from organizations that represent themselves as a maritime union hiring hall or as a maritime union. Union members should request a letter from their Medical Review Officer (MRO) when they need a drug test certification to apply for a mariner's credential. Enclosure (7) provides an example of a typical request letter.
- 1. You may find additional information about the requirements for drug testing at

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http://www.uscg.mil/stcw/index.htfll.

End: (1) Federal drug testing custody and control form (step 6)

- (2) Sample CG 719P _DOT/USCG periodic drug testing form
- (3) Sample letter report of drug test results
- (4) Sample letter report of 2nd occurrence of negative-dilute drug test results
- (5) Sample letter report of mariner subject to random drug testing
- (6) Sample letter report of military person subject to random drug testing
- (7) Sample letter request for MRO letter from maritime union member

Dist: Commandant (G-MSO) (G-MOC) (G-MOA); Area Commanders (Am); All District Commanders (in); All RECs

FEDERAL DRUG TESTING CUSTODY AND CONTROL FORM (Step6)

EXAMPLE 1: Negative Test Result

STEP 6: COMPLETED BY MEDICAL REVIEW OFFICER - PRIMARY SPECIMEN			
In accordance with applicable Federal requirements, my determination/verification is:			
☑NEGATIVE □POSITIVE □TEST CANCELLED □REFUSAL TO TEST BECAUSE:			
□ □DILUTE □ □ □ADULTERATED □ SUBSTITUTED			
REMARKS			
MRO signature or stamp	MRO printed name here	, ,	
X			
Signature of Medical Review Officer (PRINT) Medical Review Officer's Name (First, MI, Last) Date (Mo./Day/Yr.)			

EXAMPLE 2: Negative Dilute Test Result

STEP 6: COMPLETED BY MEDICAL REVIEW OFFICER - PRIMARY S	SPECIMEN		
In accordance with applicable Federal requirements, my deteri	mination/verification is:		
NEGATIVE POSITIVE TEST CANCELLED REFUSAL TO TEST BECAUSE:			
A XIDILUTE CADULTERATED CSUBSTITUTED			
REMARKS Second negative dilute for this individual. Specimen collected using direct observation			
MRO signature or stamp	MRO printed name here	/ /	
Signature of Medical Review Officer	(PRINT) Medical Review Officer's Name (First, MI, Last)	Date (Mo./Day/Yr.)	

SAMPLE CG 719P - DOT/USCG PERIODIC DRUG TESTING FORM

DEPARTMEZ TRANSPORT U.S. COAST	TATION	DOT/USCG Periodic Drug Testing Form			
CG-719P (Rev		Page 1			
INSTRUCTIONS: This form MAY be used to satisfy the requirements for "Periodic Drug Testing" in accordance with Title 46 CFR 16.220. If you participate in a USCG "random or pre-employment drug test program," this form may not be necessary. (See page 2 for details).					
NOTE: Th	ne cost of the dr		ility of the	applicant, not the Coast Guard.	
Section	I – Applic	ant Consent			
I certify that I am the described applicant and that I have provided the specimen(s) described below in accordance with Department of Transportation procedures given in 49 CFR 40. I also understand that making in any way, a false or fraudulent statement, entry, or evidence is a violation of the U.S Criminal Code at Title 18 U.S.C. 1001 which subjects the violator to federal prosecution and possible incarceration, fine, or both.					
Name: (La	nst, First, Midd Doe. Jo	le) of Applicant (Print or ohn	Type)	Social Security Number 123-45-6789	
	ure of Applica		ب	Date Feb. 4. 2004	
Section	II – Name	of SAMHSA Acc	redited I	Laboratory (Type or Print)	
	Nai	me		Address	
SAN	MHSA Aco	credited Lab	b 123 Main Street, Anytown, AS 12345		
		ical Review Office	r		
_Februa	ecimen col ry 1, 2004			oratory report has been reviewed in ac dures given in 49 CFR Part 40, Subpa	
•		For (DOT 5 Panel):		verified test results are: (CIRCLE C	
	juana metab ine metaboli		İ	NEGATIVE	
	tes metaboli		İ		
•	cyclidine	ics	POSI	TIVE/SUBSTITUTED/ADULTE INVALID TEST (Test Cancell	
	hetamines		(Please	complete the next block for all non-ne	
FOR POSITIVE/ADULTERATED/CANCELLED DRUG TESTS ONLY: (To be reported to the nearest USCG					
Marine Safety Office).				SG TESTS CIVET. (TO be reported to the lic	earest USCG
FF	•	. Dogumen e	LED DK	33 TESTS ONET. (To be reported to the like	rairest USCG
	men is verified	d POSITIVE for			rairest USCG
The specia	men is verified men was identi	ified as being SUBSTIT	UTED or	containing the ADULTERANT:	rairest USCG
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The test w I certify the results MEDICAL INFORMA Name:	men is verified men was identified as CANCELI mat I meet the of and determined. REVIEW OF ATION: John Dot 144 Mai	ified as being SUBSTIT LED because (insert reas qualifications for a Medi ed that the applicant's ve FICER CONTACT be, M.D. in Street	UTED or o	containing the ADULTERANT: Officer as outlined in Title 49 CFR 40.121. result is in accordance with Title 49 CFR 40 MEDICAL REVIEW OFFICER AUTHORY Name: (Printed) John Doe Signature: Original or Stamp Sign (MRO signature stamp is authorized for nevative re Name of MRO Qualifying Organization: MRO GROUP	I have reviewed Subpart G. TY: ature sults only)
The test w I certify the results MEDICAL INFORMA Name:	men is verified men was identified as CANCELI mat I meet the of and determined. REVIEW OF ATION: John Dot 144 Mai	ified as being SUBSTIT LED because (insert reas qualifications for a Medied that the applicant's verticer CONTACT be, M.D. in Street n, AS 12345	UTED or o	containing the ADULTERANT: Officer as outlined in Title 49 CFR 40.121. result is in accordance with Title 49 CFR 40 MEDICAL REVIEW OFFICER AUTHORY Name: (Printed) John Doe Signature: Original or Stamp Sign (MRO signature stamp is authorized for negative re.) Name of MRO Qualifying Organization:	I have reviewed Subpart G. TY: ature sults only)

"An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a valid OMB control number." "The Coast Guard estimates that the average burden for this report is 5 minutes. You may submit any comments concerning the accuracy of this burden estimate or any suggestions for reducing the burden to:

Commandant (G-CIM), U. S. Coast Guard, 2100 2rd Street, SW, Washington, DC 20593-0001 or Office of Management and Budget, Paperwork Reduction Project (2115-0514), Washington, DC 20503."

SAMPLE LETTER REPORT OF DRUG TEST RESULTS

NOTE: Wording does not have to follow exactly this format but the key elements that must be included are bolded.

MRO Services 800 Main Street Timbuctoo, CA 95977

DATE:
US Coast Guard Regional Examination Center 144 Main Street Anytown, AS 12345
This is to certify thatname, SSN:, took ainsert periodic, random, or pre-employment drug test ondate The test was done in accordance with the requirements in 46 CFR Part 16. The results of the drug test areinsert test results as received from MRO*
*(NOTE: If negative, process. If non-negative, process according to test results with negative dilute recollected using observed collection technique, all others reported to OCMI)
The name and street address of the SAMHSA Accredited Laboratory is:
The name, address and phone number of the DOT qualified MRO is:
Name of the MRO qualifying organization:
Qualifying Organization Registration Number:
If there are any questions, please contact us at

SAMPLE LETTER REPORT OF 2^{ND} OCCURRENCE OF NEGATIVE-DILUTE DRUG TEST RESULTS

NOTE: Wording does not have to follow exactly this format but the key elements that must be included are bolded.

MRO Services 800 Main Street Timbuctoo, CA 95977

DATE:
US Coast Guard Regional Examination Center 144 Main Street Anytown, AS 12345
This is to certify thatname, SSN:, took ainsert periodic, random, or pre-employment drug test ondate The test was done in accordance with the requirements in 46 CFR Part 16. The results of the drug test are Negative Dilute. This is the second occurrence for this individual. This test was collected using direct observed collection methods.
The name and street address of the SAMHSA Accredited Laboratory is:
The name, address and phone number of the DOT qualified MRO is:
Name of the MRO qualifying organization:
Qualifying Organization Registration Number:
If there are any questions, please contact us at

SAMPLE LETTER ABOUT PARTICAPATION IN A RANDOM DRUG TESTING PROGRAM

This letter may be submitted by an employer, MRO, sponsoring organization, consortium or third party administrator on behalf of an individual.

NOTE: Wording does not have to follow exactly this format but the key elements that must be included are bolded.

Charter Boat Services 800 Main Street Timbuctoo, CA 95977

DATE:		
US Coast Guard Region	al Examination Center	
144 Main Street		
Anytown, AS 12345		
		, has been subject to random drug for a minimum of 60 days out of the past
U		ual has not failed nor refused any
Federal/Coast Guard		
If there are any question	is, please contact us at	

SAMPLE LETTER REPORT OF A MILITARY PERSON SUBJECT TO RANDOM DRUG TESTING

This example letter is submitted only by a military organization for active duty personnel including reserve personnel on active duty.

NOTE: Wording does not have to follow exactly this format but the key elements that must be included are bolded.

USS Neversail (NS-1) FPO San Francisco, CA 95977

DATE:			
US Coast Guard Region 144 Main Street Anytown, AS 12345	nal Examinat	ion Center	
drug testing while on a	active duty v	vith the U.S. Arme	has been subject to random ed Forces. This member has been on dividual has not failed nor refused any
If there are any question	ns, please cor	ntact	at
/s/ Commanding Office	er or designe	2	

MARITIME UNION REQUEST LETTER FOR DRUG TEST

This is a sample of the type of letter used by many maritime unions for their members to request drug test information. This request letter should be on union letterhead and directed to the medical review officer for the maritime union. The MRO's response letter must be on MRO/Corporate letterhead.

REQUEST FOR MRO REPORT FOR SUBMISSION TO THE U.S. C.G. REGIONAL EXAM CENTER

NAME:	Mailing Address:
SS#:	
DATE:	
MRO corporate name address	
Attn: known)	(Name of person to whom letter should be directed to, if
719P – MRO report) to take to the	Transportation/U.S.C.G. Periodic Drug Testing Form (CG-U.S.C.G. Regional Examination Center to renew my
document. I took aUnio	Name drug test on date at CIMEN ID No. isnumber
location The SPE Please mail the report to me at th	above address. Thank you for your assistance in this matter.
	Sincerely,
	Member's Signature