

# the Columbus Federal Voice

The newspaper of the central Ohio federal community

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Aug. 18, 2010

## Forward Execution Homecoming Conference

# Event aims to help personnel better support customers

By Dan Bender  
[DLA Land and Maritime](#)  
[Public Affairs Office](#)

Helping Defense Logistics Agency Land and Maritime forward execution associates continue fostering positive relationships with DLA's military customers was the goal of the Forward Execution Homecoming Conference held Aug. 2-6 in Columbus.

About 70 associates from Defense Logistics Agency customer sites around the world were in Columbus for a week of information exchange, networking and training to help them understand new initiatives and better support their customers.

The positions they fill include customer support representatives (CSRs), customer logistics site specialists (CLSS) and universal customer account specialists (CAS) specific for forward execution.



(DLA photo by Chuck Morris)

*DLA Land and Maritime Commanding General Army Brig. Gen. Thomas Richardson thanks forward execution personnel for what they do in representing DLA at customer sites around the nation and world during the closing ceremony for this year's Forward Execution Homecoming Conference in the Building 20 auditorium.*

"Thank you for all you do. extremely important. Keep itime Commanding General What you do out there is it up," DLA Land and Mar- Army Brig. Gen. Thomas

Richardson said at the conference's closing.

The conference is valuable because it provides an opportunity for the forward execution personnel to learn about procurement processes and provide input on how to improve those processes, he said.

"Our primary goal and objective in life is to support the soldier, sailor, airman and Marine out there. That's the bottom line," he said.

Greg Lovelady, an acquisition specialist for the past two years at Anniston Army Depot in Anniston, Ala., said the conference offered a great opportunity to network with other forward execution personnel and discuss ways to better support the warfighter.

"We could swap ideas and compare how we do things and see what works to make us a better team," he said.

*See Conference on page 8*

# Local veteran learns to 'face her demons' with VA PTSD treatment

By Hans Petersen  
[VA Staff Writer](#)

Michelle Covert had Post Traumatic Stress Disorder for 24 years but didn't know it.

Today, thanks to her treatment at a Department of Veterans Affairs hospital, she is working, happy and determined to be "a voice of hope."

Covert, a program support assistant at the Chalmers P. Wylie VA Ambulatory Care Center in Columbus, was in the Army from 1980 to 1984 and was raped by her drill instructor the night before she graduated from Advanced Individual Training. Frightened, distraught and confused, she did not report the rape. She went on to a

career as a data communications specialist.

Years later, while working at a VA hospital, she was approached, remarkably, by a veteran receiving treatment for PTSD, who said, "I've been watching you. You've got what I've got." What he had seen was Covert breaking into tears and panic attacks when visitors or situ-

ations got out of hand.

That, and another severe "melt-down," convinced her to seek treatment. Under the guidance of Dr. Kathleen Chard of the VA, Covert accepted the fact that her rape - in this case Military Sexual Trauma - was the cause of her life-long struggle with PTSD.

*See PTSD on page 14*

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Read the Columbus Federal Voice online at <http://federalvoice.dsc.dla.mil/voice/>



## OBITUARIES

**Col. Dana T. Caldwell**

U.S. Air Force Col. Dana T. Caldwell (Ret.), 79, of Powell, died Aug. 4 at home. Col. Caldwell served 21 years in the Air Force, retiring as commander of the 355th Tactical Air Lift Squadron at Rickenbacker Air Base in Lockbourne, Ohio.

**Harry Jonathan Heflin Sr.**

Harry Jonathan Heflin Sr., 80, died Aug. 5. Mr. Heflin served in the U.S. Air Force for 29 years and later retired from DESC after more than 19 years of service.

**Robert J. Rezac**

Robert J. Rezac, 78, of Columbus, died Aug. 9 at Grant Medical Center. Mr. Rezac was a U.S. Air Force veteran and was retired from DSCC.

**Teresa Del Signore**

Teresa Del Signore, 96, died Aug. 4 at Riverside Methodist Hospital in Columbus. Ms. Del Signore was retired from the IRS after 23 years of service.

**Thomas E. Shade Jr.**

Thomas E. Shade Jr., 77, of Columbus, died July 31. Mr. Shade was a U.S. Army veteran of the Korean Conflict and retired from DCSC after 37 years of service.

**Edward S. Wilk**

Edward S. Wilk, 91, died Aug. 4 at Friendship Village of Columbus. Mr. Wilk was a U.S. Army veteran and retired from the federal government after 32 years of service.

**DLA expands use of USA Staffing**

By Sara Moore  
*DLA Strategic Communications*

The Defense Logistics Agency is expanding its use of USA Staffing, the Defense Department's web-based staffing program, to include merit promotion actions.

As of Aug. 16, USA Staffing has replaced the Automated Staffing Program for all merit promotions. The Automated Staffing Program was a DLA-developed system based on Resumix, DoD's former recruitment and evaluation tool, said Jim Storms, a supervisory human resources specialist at DLA Human Resources Services Columbus, Ohio.

USA Staffing was developed by the Office of Personnel Management and is used throughout the federal government. USA Staffing is integrated with USAJobs, the federal government's official job website, where DLA lists all its vacancies.

DLA already uses USA Staffing for its external recruitment, Storms said, and the expansion of its use

will mean the agency will have a single system for all job vacancies and promotions.

There are some differences between the two systems, said Kathy Harder-Martin, a human resources specialist at DLA Human Resources Services New Cumberland, Pa., but both are automated and are similar in functionality.

"We're going from one automated system to another automated system," she said. "When ASP was first deployed, the employees did really well in learning the automated system, and I'm confident they'll do well learning this system."

To use USA Staffing, employees need to create an account with USAJobs, which allows employees to build or upload up to five resumes, create saved job searches, review saved jobs, upload and save documents and check their application status. When applying for a job, employees will be routed to USA Staffing, where they will answer

*See Staffing on page 5*

## NEWS BRIEFS

**School supplies sought for Broadleigh students**

DLA Land and Maritime associates can donate school supplies through Aug. 26 for students at Broadleigh Elementary. Collection boxes have been set up in Building 20 near the elevator lobbies and in the cafeteria and in Building 11, Section 5.

Items most needed are #2 pencils, fat pencils, pencil top erasers, 24-count crayons, fat crayons, Kleenexes, anti-bacterial gel or hand sanitizer, spiral notebooks, folders, glue sticks or bottles, scissors, rulers, simple solar calculators, pencil sharpeners and backpacks.

More information is available by calling Deb Poling at 614-692-5125.

**Council recognizes award winners**

The DLA Land and Maritime Culture Council has recognized the following associates who were selected as Associates' Choice Award winners for July.

Lashana Q. Crone of Land Supplier Operations and Diana Wewetzer of Maritime Supplier Operations were recognized.

The Associates Choice Award program is a peer recognition program created by the DLA Land and Maritime Culture Council as

a way for associates to recognize coworkers who demonstrate at least five of the eight tenets of the DLA Land and Maritime Way.

**Retirees luncheon set for Sept. 9**

The annual DSCC Retirees Luncheon will be held from 11:30 a.m. to 3 p.m. Thursday, Sept. 9, at the Berwick Party House. The cost is \$14 per person.

The guest speaker will be Ann Fisher, host of "All Sides" on WOSU AM Radio.

Retirees who are interested in attending and have not been notified in the past should call Virginia Clarke at 614-855-1757 for reservations no later than Friday, Sept. 3.

**Ohio department searching for vets**

The Ohio Department of Veterans Services is searching for Ohio veterans with two simple messages: "Anyone who wears or has ever worn a U.S. military uniform is a veteran," and "Your service may be worth more than you think."

The department is asking veterans to call 1-877-OHIO-VET to get connected to their county veterans service office and their benefits.

Ohio's veteran population crosses all adult age, geographic and

socioeconomic categories and many of them are not aware of the benefits they have earned with their military service.

These benefits may enable a veteran to pay for higher education, purchase a home or get help treating a medical condition. Ohio veterans are eligible for these and a multitude of other benefits.

**Collyar selected director of DLA Logistics Operations**

Army Brig. Gen. Lynn A. Collyar has been selected as the new director of DLA Logistics Operations, Army officials announced July 30.

Collyar most recently served as chief of ordnance for the Army. He also was commander of the U.S. Army Ordnance Center and commandant of the U.S. Army Ordnance School at Aberdeen Proving Ground, Md. He has presided over the school's consolidation and upcoming relocation to Fort Lee, Va.'s Missile and Munitions Center.

Collyar also was commander of the Defense Distribution Center in New Cumberland, Pa., from August 2006 to August 2008.



*Army Brig. Gen. Lynn A. Collyar*

A native of Stillwater, Okla., Collyar was commissioned a second lieutenant in the Ordnance Corps upon graduation from the U.S. Military Academy, West Point, N.Y., in 1979.

**Career fair for vets set for Aug. 26**

Recruit Military is sponsoring an Opportunity Fair for veterans from 11 a.m. to 3 p.m. Thursday, Aug. 26, at the Great American Ballpark in Cincinnati.

This is a free hiring event for veterans who already have civilian work experience, men and women who are transitioning from active duty to civilian life, members of the National Guard and reserves, and military spouses.

To register for the event or for more information on RecruitMilitary Veteran Opportunity Expos, visit [www.recruitmilitary.com](http://www.recruitmilitary.com).

**DES-C replacing seats in auditorium**

The Building 20 auditorium on the DSCC installation will be closed for events Aug. 24 through Sept. 10 while the seats are replaced.

The \$206,000 project will replace all 504 seats in the auditorium, according to Jim Homce, lead general engineer at DES-C.



# Thompson talks changes, initiatives at Director's Call

By Beth Reece  
DLA Strategic Communications

Defense Logistics Agency Director Navy Vice Adm. Alan Thompson announced his selection of a new DLA vice director and described the motivation behind the new "We Are DLA" campaign during his Director's Call Aug. 4.

Thompson named Mae De Vincents as the new vice director, saying she has performed "brilliantly" during the last eight months as director for DLA Logistics Operations.

"We have a lot of very significant challenges in the environment right now and new initiatives on the way. Candidly, I don't think I can appropriately keep track of all of it," he said, adding that De Vincents' experience in the field and at



Mae De Vincents has been named the next vice director of the Defense Logistics Agency.

headquarters-level will help him lead DLA toward the future. The agency has been without a vice director for more than a year. The year ahead will put the agency in "a very different environment than the one we've been in for the last decade," Thompson added. While much focus has been placed on how effectively the agency provides logistics support to warfighters, the focus is expected to shift toward how efficiently it provides that support.

"You are all aware from what you see in the media that the defense budget is going to be increasingly pressured in the next few years. The good news is we've been talking about this in DLA for awhile,



(Photo by Teodora Mocanu)  
Defense Logistics Agency Director Navy Vice Adm. Alan Thompson lauds employees for the progress they made on initiatives outlined in his 2010 Director's Guidance during his Aug. 4 Director's Call.

and we've been talking about the need to make adjustments sooner rather than later because it is far less disruptive if you do that," he said.

To ensure DLA continues delivering products and services at the most economical cost, Thompson said he will include numerous initiatives in his 2011 Director's Guidance that create new efficiencies and opportunities for cost reduction.

Thompson also spoke about the "We Are DLA" initiative that was launched July 19 in an effort to create a single-agency environment among DLA's customers and global workforce. The need for the change grew apparent in the last 12 to 18 months, particularly as the agency worked toward implementing Base Realignment and Closure 2005

changes, Thompson said.

"The thing that became very obvious, particularly when we went to places with a concentration of military units or operating forces, was that we had kind of a crazy quilt of different DLA names and organizations. It wasn't clear to our customers, and oftentimes even our DLA team members, where they fit into the overall DLA enterprise."

New field-activity names were created to clearly identify each organization's affiliation with DLA, as well as the commodity or service it provides to customers. And a new DLA Style Guide, available to employees through the eWorkplace intranet site, outlines how leaders can change such items as

signs, flags and stationery at minimal costs.

"We certainly did not want this to come off like it was frivolous or wasting taxpayer dollars," Thompson said. "We did it with an eye toward being as efficient as we could."

Feedback from customers and stakeholders has been positive, he added, "ranging from 'Why didn't you do this 20 years ago?' to 'It makes sense in the environment we're operating in today.'"

With fiscal 2010 soon ending, the director gave employees a thumbs-up for the progress they've made on initiatives outlined in his 2010 Director's Guidance. He said he is particularly impressed with employees' efforts to implement BRAC 2005 recommendations, dis-

posal operations in Iraq, enhancements to the Fusion Center website, and employees' support of expanded operations in Afghanistan, which was his top initiative for 2010.

Providing troop-support items and construction material to support the buildup of about 30,000 troops in Afghanistan has been a challenge, Thompson said, but DLA employees throughout the agency have been a key enabler to the mission of U.S. Central Command.

Thompson also noted that a new subsistence prime vendor, Anham, is about to begin feeding troops in Iraq. He and senior leaders plan to travel to Kuwait this weekend to inspect Anham's facilities and talk with the company's leadership team.

"Unless you've been over to that region and seen the volumes involved and the very high standards of support, it's somewhat hard to appreciate how big a deal this is, but it really is huge. It's so important that I feel the need to personally certify and assure our senior leaders that this transition goes off without a hitch."

The director also took time to welcome several new leaders to the agency:

- Army Brig. Gen. Lynn A. Collyar, director of DLA Logistics Operations;
- Navy Rear Adm. Tom Traaen, DLA Distribution commander;
- Ronnie Favors, DLA Strategic Materials Administrator;
- Rich Ellis, deputy commander for DLA Troop Support;
- Robert Ratner, chief of staff for DLA Troop Support; and
- James Bernard, DLA Acquisition deputy.

Also, Army Brig. Gen. Darrell K. Williams is scheduled to assume command of DLA Land and Maritime on Sept. 24, and Army Col. Sheila Bryant is slated to assume command of DLA Pacific on Aug. 15.

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# DLA suppliers conference coming to Columbus Aug. 23-25

The Defense Logistics Agency is hosting its Enterprise Supplier Conference and Exhibition Aug. 23-25 at the Greater Columbus Convention Center, 400 N. High St., in downtown Columbus.

This conference replaces the former DSCC Land and Maritime Supply Chains Business Conference and Exhibition and will include representatives from all of DLA's supply chains - fuel/energy, land systems, maritime systems, troop support, aviation, subsistence, clothing and textile, and construction and equipment - to discuss topics such as ways to do business with the agency, collaborative forecasting and DLA's Performance Based Logistics capabilities.

The event will feature speakers from the Department of Defense, military services and DLA, informative breakout sessions, and exhibits from DLA headquarters, its field

activities and major suppliers.

This year's conference theme is "Globally Responsive Forward Support," highlighting the agency's role in providing worldwide logistics support and the need for continued collaborative leadership supporting the global supply chain with greater efficiency and at reduced costs.

Conference attendees will have the opportunity to see the Mine Resistant Ambush Protected Vehicles, also known as the MRAPs, on display. DLA also plans to have a Heavy Expanded Mobility Tactical Truck, 5-ton Family Medium Tactical Vehicle and Lightly Armored Vehicle at the event.

Participants also will be able to visit displays featuring items DLA provides, including various types of field rations known as Meals Ready to Eat or MREs, first strike rations, combat boots, military uniforms, chemical protec-



(DLA file photo)

At the AM General booth on the convention hall floor at last year's suppliers conference, associates and suppliers got the chance to view a combat-configured HMMWV. More than 130 vendor and government booths were located on the convention hall floor. Several military vehicles, including the Mine Resistant Ambush Protected vehicle, will be on display at this year's conference, which will run Aug. 23-25 at the Greater Columbus Convention Center and has been expanded to include all DLA supply chains.

tive clothing, body armor, chaplain items and Blackhawk spare parts.

For additional information, or to register or arrange exhibit space, go

to the National Defense Industrial Association website at [www.ndia.org](http://www.ndia.org).

## Keynote speaker at DLA suppliers conference visits agency to learn about mission

### From DLA Strategic Communications

The Defense Logistics Agency is working to sup-

port Defense Secretary Robert Gates' challenge to rebalance America's military logistics operations, agency director Navy Vice

Adm. Alan Thompson said in a briefing with a senior department official July 30.

Thompson made those remarks during a visit by

Frank Kendall, principal deputy undersecretary of defense for acquisition, technology and logistics to the agency's Fort Belvoir, Va., headquarters. Kendall, who is scheduled to be the keynote speaker Aug. 24 at the DLA Enterprise Supplier Conference and Exhibition in Columbus, traveled to DLA to learn about the agency's overall mission and current and future

operations during a discussion hosted by Thompson and attended by other key agency leaders.

"Each year, we issue a document called director's guidance that, under the three strategic focus areas of warfighter support, stewardship and workforce development, identifies a small list of concrete initiatives," Thompson said.

*See Kendall on page 5*



(DLA Photo by Teodora Mocanu)

DLA Director Navy Vice Adm. Alan Thompson (left) briefs Frank Kendall, principal deputy under secretary of defense for acquisition, technology and logistics, on current and future agency operations during Kendall's July 30 visit to the agency. Kendall is scheduled to be the keynote speaker Aug. 24 at the DLA Enterprise Supplier Conference and Exhibition in Columbus.



# Future commanding general visits Columbus for briefings

By John Foreman  
 DLA Land and Maritime  
 Public Affairs Office

Army Brig. Gen. Darrell K. Williams, the future commanding general of DLA Land and Maritime, paid a special visit to Columbus Aug. 12 to learn more about the organization he will be commanding.

The purpose of the general's visit was to meet the organization's senior leaders and acclimate him with the many facets of DLA Land and Maritime's mission and the organizational structure.

Williams currently serves as director for Logistics, Engineering and Security Assistance (J-4), U.S. Pacific Command, Pearl Harbor, Hawaii, the same position current DLA Land and Maritime Commanding General



(DLA photo by Chuck Morris)

*Incoming DLA Land and Maritime Commanding General Army Brig. Gen. Darrell Williams (right) chats with current Commanding General Army Brig. Gen. Thomas Richardson Aug. 12 in the Command Conference Room. Williams, who is scheduled to assume command in late September, visited Columbus for introductory briefings about DLA Land and Maritime. He currently serves as Director for Logistics, Engineering and Security Assistance (J-4), U.S. Pacific Command, Pearl Harbor, Hawaii.*

Army Brig. Gen. Thomas Richardson held before

coming to DLA Land and Maritime.

"I'm extremely happy to be here and excited about

coming. Your organization has a wonderful reputation and has for years," Williams said.

"I never thought I'd be here, but I'm really looking forward to it," he added.

Briefings to the general were extensive and covered many topics such as an overview of the DLA enterprise, DLA Land and Maritime leadership, organization and business profile, Base Realignment and Closure initiatives, Forward Execution, culture and financial management.

Upon departure, the general thanked everyone for the informational briefings and said he looks forward to working at DLA Land and Maritime.

Williams will take command of DLA Land and Maritime at a change of command ceremony scheduled for Sept. 24.

## Kendall

Continued from page 4

He said these initiatives are things the agency will focus on in order to provide the best possible support to warfighters in the future.

"We found this guidance has been very helpful in aligning effort and focus," Thompson said. "We will soon complete preparation for the fiscal year 2011 director's guidance, and you can expect to see significant elements under stewardship focused on

cost reduction and efficiency."

Kendall was briefed on topics including the "We are DLA" initiative, 2005 Base Realignment and Closure, DLA transformation and growth, the DLA Fusion Center, DLA acquisition and other current hot topics affecting the agency.

Thompson and other agency senior leaders also highlighted significant DLA accomplishments and

explained unique challenges faced by its team members.

"Vice Admiral Thompson has impressed me as a true professional since I met him so I wasn't worried about how things were going at DLA, but it's nice to get out here and have it con-

firmed," Kendall said. "I hope I can do some things for (the agency) as a result."

Kendall's visit is part of the DLA Director's Outreach Initiative, a deliberate and planned series of meetings with senior military leaders from across the

Defense Department, foreign military leaders and dignitaries, and other stakeholders, to explain the support that DLA can provide or to update them on the support the agency is currently providing their organizations.

## Staffing

Continued from page 2

questions and complete the application requirements.

Employees will still be able to access their resumes in ASP, so they can copy and paste them into USA Staffing until December, Harder-Martin said. However, after December, that data will be unavailable and they will have to create new resumes, she said.

DLA Human Resources is offering several options to help employees familiarize themselves with the new system. Human

Resources representatives offered on-site briefings at DLA headquarters and multiple field activities, and those briefings are now available to all employees on the HR website at [www.hr.dla.mil](http://www.hr.dla.mil). Under the "Automated Tools" section of the website is a link to the USA Staffing page, which includes the briefings, a quick reference guide for using USA Staffing and USAJobs and a list of frequently asked questions about the system.

# Procurement Process Support deputy director selected Supervisor of Month

By Dan Bender  
DLA Land and Maritime  
Public Affairs Office

The deputy director of the Procurement Process Support Directorate has been selected as the second recipient of the Supervisor of the Month award at Defense Logistics Agency Land and Maritime.

Julie Van Schaik, a DLA employee for the past 25 years, helps oversee a directorate with about 100 employees who are involved primarily in acquisition policy development and oversight, integrity and compliance related to the contracting process for the DLA Land and Maritime supply chains. The directorate is also involved in business process re-engineering efforts to increase efficiencies in DLA Land and Mar-



(DLA photo by Rachel Kocin)

*DLA Land and Maritime Commanding General Army Brig. Gen. Thomas Richardson presents the Supervisor of the Month award for May to Julie Van Schaik, deputy director of the Procurement Process Support directorate, during the July 26 Supervisors Call in the Building 20 auditorium.*

itime's business processes.

"I like to say that we are the 'rules and tools' for DLA Land and Maritime procurement," she said.

Van Schaik said she enjoys the variety of tasks her job entails and the opportunity to work with others in finding solutions and improving processes.

She has been heavily involved in helping detachment sites from across the United States that have joined the DLA Land and Maritime family in the past 18 months integrate their business processes into DLA's system.

Van Schaik was recognized in part for her efforts while filling in as acting director of Procurement Process Support from August 2009 until March, when Dan Bohn was selected to fill that role.

"Because of her effective leadership and excellent communication skills, the directorate not only met all goals and suspenses during that time frame, but the overall culture and team commitment strengthened and improved to a noticeable level," according to Sherrie Culbertson, who nominated her for the award.

Culbertson also gave kudos to Van Schaik for her teamwork, professionalism and communication prowess.

"Her skill at taking a very

complex process and whittling it down to a digestible nugget is unsurpassed," she said. "Even though her presentations are brief, the audience leaves with a better understanding and things to consider as they carry out their daily tasks."

Van Schaik, an Oregon native, said she was "very pleasantly surprised and honored" to be nominated the award. She was recognized by DLA Land and Maritime Commanding General Army Brig. Gen. Thomas Richardson at the July 26 Supervisors Call.

She said the experience helped her realize the importance and value in recognizing employees when they do something well.

Van Schaik has a bachelor's degree in business administration from the University of Dayton and a master's degree in business administration from Wright State University.

The Supervisor of the Month program is similar to DLA Land and Maritime's Associate of the Month program, which has been in place for more than 10 years. It was started at Richardson's request.

The new program was established to recognize and reward DLA Land and Maritime supervisors who go beyond the requirements of their job. Supervisors are

*See Supervisor on page 7*



# Operations Support associate selected Associate of the Month

By Dan Bender  
 DLA Land and Maritime Public  
 Affairs Office

A lead general supply specialist in the Operations Support Group has been selected as the Defense Logistics Agency Land and Maritime Associate of the Month for June.

Jacqueline Camp helps prepare technical drawing bid packages for contractors in support of the Maritime Supply Chain.

In that capacity, she is responsible for providing competent instruction and guidance to team members in processing materials and technical data requests to ensure complete and adequate technical data packages, such as bid sets, for procurement of materials needed to support the warfighter.

Camp, who has 31 years of service with the federal government, said she enjoys providing good service to the warfighter.

"It feels good to find a part that the customer really needs and that has been difficult to find," she said. "It makes you feel like you went an extra step."

Her nomination states that Camp was "especially helpful" to her team and the mission of warfighter support through dedicated participation in the directorate's ongoing



(DLA photo by Chuck Morris)

DLA Land and Maritime Commanding General Army Brig. Gen. Thomas Richardson presents the Associate of the Month award for June to Jacqueline Camp, a lead general supply specialist in the Operations Support Group.

transformation efforts. She spent a good deal of time supporting a Green Belt project that focused on finding ways to make DLA business processes more "user-friendly" within her team's job roles.

supervisor, Karen Hutchinson, said her "suggestions and ideas, along with her focused drive, have been very helpful in gathering team support and getting this project up and running."

Camp, a Trotwood, Ohio, resident, also received kudos for her ability to work with others to accomplish the technical data mission. "She is recognized as

the team's 'go-to' person for answers to unique work issues and she regularly challenges inconsistencies in the various work processes to determine the most effective way to accomplish the objective," Hutchinson said. "She willingly shares with teammates lessons learned in order to avoid duplicate work efforts and to lessen unnecessary wait times."

She was also lauded for her communication and customer service skills.

"Ms. Camp professionally interacts and communicates with her Maritime customers, her teammates and management to coordinate and advise of actions taken to resolve work issues and ensure customer satisfaction," Hutchinson said.

Camp began her career at the Office of Personnel Management in Dayton before transferring to Defense Electronics Supply Center in Kettering. She has been driving to work in Columbus every day since 1996 when DESC merged with Defense Construction Supply Center to form what is now known as DLA Land and Maritime.

When she's not working, Camp enjoys flower gardening and spending time with her two daughters and five grandchildren. She also spends time working on her investment properties. She owns three four-unit apartment buildings in the Dayton area.

## IT'S A DATE

### August 2010

**Aug. 23-25** - DLA Enterprise Supplier Conference and Exhibition, Greater Columbus Convention Center

**Aug. 26** - Women's Equality Day

**Aug. 27** - Armed Services Blood Program Blood Drive, 9:30 a.m.-1:30 p.m., Building 20 basement, C6 South

### September 2010

**Hispanic Heritage Month**

**Sept. 6** - Labor Day

**Sept. 8** - Rosh Hashanah

begins at sundown

**Sept. 10** - American Red Cross Blood Drive, 9:30 a.m.-1:30 p.m., Building 20 basement, C6 South

**Sept. 12** - Grandparents Day

**Sept. 15** - Hispanic Heritage Month begins

**Sept. 17** - DSCC/DFAS POW/MIA Day Commemoration

**Sept. 17** - Yom Kippur begins at sunset

**Sept. 18** - U.S. Air Force's 63rd birthday

**Sept. 21** - International Day of Peace

**Sept. 23** - Fall begins

"We were able to narrow it down to one thing to attack," she said. "We hope to finish that project soon." Camp's

## Supervisor

Continued from page 6

no longer eligible for nomination for the Associate of the Month award.

The DLA Land and Maritime Supervisors Council reviews each nomination for completeness and the selection committee forwards the top recommendations to the Command Office, which selects the winner.



# Conference

Continued from page 1

Lovelady was also glad for the opportunities to learn about new initiatives that will be coming in the future and to get some face-to-face time with DLA Land and Maritime senior leaders.

Dan Nugent, a customer support representative at Fort Bragg, N.C., appreciated the opportunity to be an advocate for the warfighter at the conference.

"It gave us a chance to voice our concerns on how to improve support as a representative of the warfighter," he said, adding that getting to see and talk to DLA Land and Maritime leaders and associates with whom he interacts on a regular basis and relies on to get answers was a valuable benefit of the conference.

Benjamin Alvarez Jr., a CSR at Fort Hood, Texas, agreed that the conference was an excellent way to network and match faces to names of people with whom he interacts in his job. He added that he would like to see representatives from other DLA supply centers present at future conferences in order to get answers to a wider range of questions.

"The interaction is one of the best parts of the conference," he said.



(DLA photos by Chuck Morris)

Clevan Wilson, a DLA customer support representative located at Red River Army Depot in Texarkana, Texas, chats with Land Customer Operations deputy director Barb Robertson before the start of the Forward Execution Homecoming Conference in Columbus.

Denny Phillips, a CSR at Puget Sound Naval Shipyard, said he enjoys the opportunities afforded by attending the conference.

"It allows us to network with the people we work with in Columbus," he said, adding that the training and updates are important to help him do his job better.

"It gives us an overview and status of what's going to be happening in the future," he said.

During the conference closing, Richardson also recognized numerous forward execution personnel who have reached or will soon reach 10 to 35 years of federal service. He also recognized Jason Borders with a DLA Superior Civilian Service Award for his efforts while deployed as a warfighter support representative in Iraq from July to January, along with John Tyner with a Quality Technical certification and Chris Cullen for being selected an Associates Choice Award winner for November 2009.

Richardson also thanked all the speakers and support staff from DLA Land and Maritime for their effort to make the conference a success.

"It does take quite an effort to make sure everything flows smoothly," he said. Nugent also gave kudos to those who organized the conference, saying they did a great job in providing valuable information to attendees.

"I can't express my appreciation enough," he said.

Navy Lt. Cmdr. Chuck Dunphy, a Maritime Customer Operations associate who was a coordinator and emcee for the conference, said the conference went really well and that a lot of positive feedback was received from attendees.

"We heard from many people that we're definitely moving in the right direction in terms of content," he said. "There was a lot of good feedback for future events."

The first half of this year's conference was held at the Concourse Hotel near Port Columbus International Airport and included briefings and training sessions on topics of common interest to everyone. The second half of the conference was held at DLA Land and Maritime and included breakout sessions in training rooms and main sessions in the Building 20 auditorium, along with opportunities for attendees to meet Columbus associates with whom they regularly interact.



About 70 DLA Land and Maritime forward execution associates from around the United States and the world met in Columbus Aug. 2-6 to network, train and learn how to better support DLA's military customers.



(DLA photos by Chuck Morris)

A number of forward execution personnel were recognized by DLA Land and Maritime Commanding General Army Brig. Gen. Thomas Richardson during the conference's closing session for reaching certain levels of federal service. Among them were (above from left) Mark Malinak, Terri Moeller and Rose Rowe-Leach, who all recently reached 35 years of federal service. Others included (below from left) Dorothy Zachry and William Bartley, who will reach 35 years of service in September and December, respectively, and Vince Vincent, who will reach 30 years of service in November.



DLA Land and Maritime Commanding General Army Brig. Gen. Thomas Richardson (left) presents the DLA Superior Civilian Service Award to Jason Borders during the closing ceremony for this year's Forward Execution Homecoming Conference. Borders was recognized for his efforts while deployed as a warfighter support representative in Iraq from July to January.



Joe Meyer (left), supervisor of the Maritime Surface Cell in Maritime Customer Operations, and Tim Shaw, a DLA customer support representative located at Camp Pendleton, Calif., met before the start of the Forward Execution Homecoming Conference in Columbus.



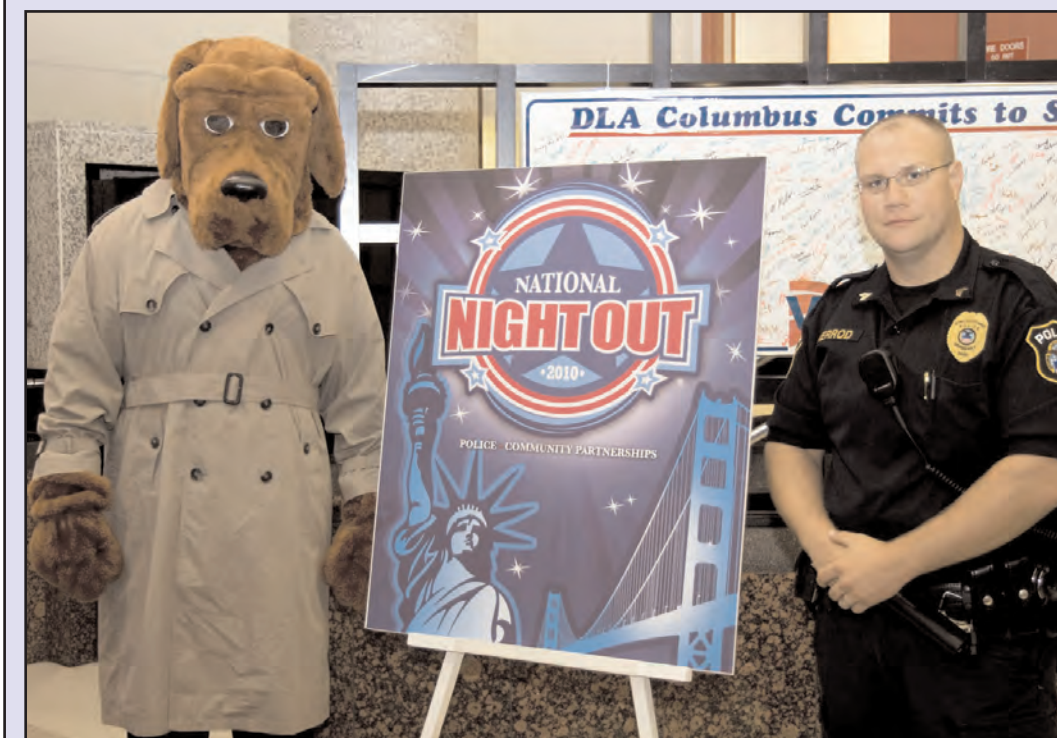
(DLA photos by Rachel Kocin)

## Police participate in National Night Out event

Police officers from the DLA Installation Support at Columbus Public Safety Office participated in National Night Out events Aug. 3 on the DSCC installation and in the local community. That morning, police officer Jeff Sherrod and McGruff the Crime Dog greeted associates in the lobby of Buildings 20 and 21 on the installation and handed out pencils promoting the event (photo below). Among the associates was protocol specialist Chris Mullins of the DLA Land and Maritime Public Affairs Office (photo on right). That evening, police Sgt. Glenn "Sonny" Little and officers Timothy Cantu and Preston Lee handed out pencils and stickers to children during a National Night Out event held Aug. 3 in John Bishop Park in Whitehall, which joined many other local communities in participating in National Night Out 2010 (photo above). The annual event is sponsored by the National Association of Town Watch, a nonprofit crime prevention organization, and is designed to heighten crime prevention awareness and to strengthen local anti-crime efforts. Many communities tradi-



tionally ask residents to turn on their outside lights to designate their support during America's Night Out Against Crime. Other local participating police departments included Canal Winchester, Columbus, Delaware, Hilliard, Lancaster, Newark, Powell, Reynoldsburg and Westerville.





# Always err on the side of the warfighter, new Land chief says

By Tony D'Elia  
DLA Land and Maritime  
Public Affairs Office

Army Col. Jeffrey J. Vieira arrived in Columbus last month to serve as director of Land Customer Operations at Defense Logistics Agency Land and Maritime.

"I'm pretty impressed with the workers, especially those in Land Customer Operations. They're smart, dedicated and knowledgeable," he said soon after he arrived and began getting accustomed to his new role.

"I've been involved in logistics at the brigade level and below, but this is all new to me," said Vieira, who comes to Columbus from the Industrial College of the Armed Forces at Fort McNair, Va., where he earned a master's degree in national resource strategy.

Before that, Vieira commanded the 15th Brigade Support Battalion in the 1st Cavalry Division at Fort Hood, Texas.



(DLA photo by Tony D'Elia)

**Army Col. Jeffrey J. Vieira is the new director of Land Customer Operations at Defense Logistics Agency Land and Maritime. The 23-year Army veteran came to Columbus from the Industrial College of the Armed Forces at Fort McNair, Va.**

Vieira doesn't claim a hometown because his father transferred so often as an employee of Xerox. Vieira himself has deployed to Iraq three times and also served almost eight years in Germany. In 2005, he was

deployed with the 1st Cavalry to help out in the aftermath of Hurricane Katrina.

Meeting earlier this month with the forward execution associates at the annual Homecoming Conference, Vieira took the

opportunity to impart some of his logistics philosophy.

"Err on behalf of the warfighter," he told the associates. "I expect you to act boldly...Make sure they get the part."

"If it's customer support,

it's me," Vieira told the gathering at the Concourse Hotel. "If there's a problem, I can take all the flak ... Let them know who you work for and if they have a problem tell them to be free to call me - we'll work through it. I never get upset unless we haven't done anything or we haven't been aggressive and that's not usually the case.

"Every morning I come to work enthusiastically," he said. "If I don't, it's time to hang it up."

"The most important thing to me is that people matter and that's you, everyone in our office and everyone we support," he added.

Vieira's Army career began in 1987, the same year he graduated from the University of California-Irvine. He met his wife while in high school in southern California. They have a 20-year-old daughter who is an art history major at the University of Texas.

# Small Business Programs Office continues to improve TKO seminars

By Rachel Williams  
DLA Land and Maritime  
Small Business Programs  
Office

The Defense Logistics Agency Land and Maritime Small Business Programs Office continually updates its informational seminars for business owners to make sure they have the most current information.

The Training, Knowledge, and Opportunities (TKO) seminars are held four or five times a year to help business owners learn how to do business with DLA.

The average number of participants at each event has been about 85 attendees representing about 56 companies.

The two-day TKO seminars typically focus on 10 to 12 different topics, such as packaging source inspection of spare parts, electronic invoicing and submitting alternate offers.

Vikki Hawthorne, Office Supplier Outreach Program Manager for the Small Business Programs Office,



(DLA photo by Rachel Kocin)

**Vikki Hawthorne (top), Office Supplier Outreach Program Manager for the DLA Land and Maritime Small Business Programs Office, shows Rachel Williams, a summer intern who worked in the office through early August, information on one of the many programs the office has available for small businesses that want to do business with DLA. Hawthorne organizes the Training, Knowledge and Opportunities seminars the office holds four or five times a year for small business representatives.**

said the office is "constantly tweaking the topics to make sure participants are getting the most up-to-date and relevant information."

"We've seen small businesses fail trying to 'go it alone' in their attempt to

understand all of the federal government rules and regulations," office director Cindy Nevin said. "Our goal in conducting the TKOs is to demystify those rules and regulations and give vendors the tools and infor-

mation they need to be successful suppliers for DLA."

The most recent TKO seminar was July 20-21 in the Building 11 auditorium, with 76 small business entrepreneurs, owners and employees, representing 49 companies, participating.

The speakers included Milt Lewis, DLA Land and Maritime Contracting and Acquisition Management executive director, who opened the seminar by explaining the importance of their products to DLA Land and Maritime.

Small business specialist Rebecca Parks, the seminar facilitator, spoke on topics such as Small Business Programs and using the DLA Internet Bid Board System. Jill Nagy-Reynolds from the Ohio Procurement Technical Assistance Centers network discussed the

services that area PTAC offices can offer local small businesses.

Surveys from the seminar show that participants were impressed with the program, with 96 percent of the attendees saying they would recommend the TKO training to other business associates and 97 percent saying they found the seminar beneficial.

"I found the seminar very useful on giving (information) to us to get started on our venture for future business with the DLA," one participant wrote.

The event also allowed some of the small business representatives to have one-on-one time with a DLA Land and Maritime small business specialist in order to further increase their knowledge and success rate of landing a contract with DLA.

The TKO seminars, which began in 1995, have been designated by DLA Director Navy Vice Adm. Alan Thompson as a "DLA Best

*See TKO seminars on page 13*



# First responders seeking volunteers for workforce's benefit

By Dan Bender  
 DLA Land and Maritime Public  
 Affairs Office

A group of associates that acts as "first responders" to health emergency situations in the workplace would like to increase its numbers to improve the safety of the federal workforce on the Defense Supply Center Columbus installation.

"We are looking for volunteers to help us achieve a goal of one first responder per 25 people," said Tamera Garrett, a financial liaison in the DLA Finance-Columbus office and the new First Response Team representative on the Defense Logistics Agency Safety Council.



(DLA photo by Rachel Kocin)

*A group of associates who are current and prospective "first responders" stands outside Building 20 after a July 22 meeting. In front of them is an orange flag that associates who are certified as first responders display at their work stations. The First Response Team is looking for more volunteers who would be interested in serving as first responders.*



Tamera  
 Garrett

First responders are associates who are trained in cardiopulmonary resuscitation (CPR) and the use of an Automated External Defibrillator (AED) and respond to provide immediate care to co-workers

who are injured or suddenly taken ill before firefighters and emergency medical technicians arrive.

many teams that are there for fellow employees to ensure their safety and protection," Garrett said.

The DLA goal is a ratio of one responder for every 25 employees, but the current ratio in DLA Land and Maritime is 1:32. The goal is to have coverage on every floor in every pod of Building 20, said Garrett, who has worked for the federal government for 20 years and has served as a first responder for 18 of those years.

During a July 22 meeting for current and prospective first responders, Garrett said anyone interested in becoming or continuing as a first responder needs to

get and/or maintain their CPR and AED certification.

This can be done through classes offered each month in the basement of Building 20 through the DLA Environmental, Safety and Occupational Health Office. More information about the classes is available by calling Kara Mettillie at 614-692-3964.

CPR/AED training classes for the remainder of this year will be offered Aug. 25, Sept. 8 and 22, Oct. 6 and 13, Nov. 17 and Dec. 1 and 15. Associates need to take only one class, which lasts about four hours, to get their certification.

Associates can register for a class by calling 614-693-5104.

Associates who complete the certification class and sign a voluntary statement for the First Response Team receive an orange flag and magnetic name plate designating them as first responders, and also gloves and face shield for use in responding to an emergency situation.

Garrett expressed her thanks to all volunteer first responders and said it's an important and rewarding thing to do.

"I enjoy feeling like I can help people in trouble instead of being a bystander," she said.

# Maritime associate gets 'spotlight' in DLA acquisition publication

A Defense Logistics Agency Land and Maritime associate is featured in the "Spotlight on an 1102" page in the summer issue of the DLA Acquisition Quarterly newsletter.

Charlotte Ford-Cunningham, a contract specialist on the Maritime Supplier Operations Post Award Quality Notification Team, was recognized for her effort to improve work processes.

Ford-Cunningham is currently responsible for reviewing and assigning all incoming Procurement Quality Notifications (QNs) in Maritime. Upon joining the team, she discovered many opportunities for process improvements. As a result of her efforts, the QN Team has drastically changed the way it handles various types of QNs.

"Ford-Cunningham also coordinated MIL-STRIP training and additional systems accesses for not only her QN Team

peers but also for the new Land QN team members. She maintains excellent communication with product specialists, packaging specialists, resolution specialists and business process analysts ensuring processes are standardized and QNs are taken care of in an efficient and prompt manner," the article states.

Her most recent accomplishment involved creating a Demand Letter procedure in coordination with DFAS to demand payment of funds to the government when contractors can no longer supply items for which they have already been paid.

The article states that, "Ms. Ford-Cunningham is respected and admired by team members, peers and supervisors. Her commitment, initiative and creativity have greatly enhanced the efficiency and effectiveness of the Post Award QN Team."



(DLA photo)

*Charlotte Ford-Cunningham, a contract specialist on the Maritime Supplier Operations Post Award Quality Notification Team, was recognized in the summer issue of the DLA Acquisition Quarterly newsletter.*



SPORTS AND LEISURE

# Marvel puts it on Mojo for men's softball league title

By Tom Casasanta  
DFAS Corporate  
Communications

A team from Defense Finance and Accounting Service Columbus workforce won the Defense Supply Center Columbus Men's Softball League.

The 11 team members called themselves "Team Marvel," with each team member frequently wearing T-shirts associated with Marvel comic books superheroes. Marvel beat the tournament's No. 1 seed Team Mojo, 15-5, Aug. 5 to claim the league title. Mojo made it to the tournament finals by defeating Mark Pi's, 23-5 in the losers' bracket finals of the double-elimination tournament played at Whitehall Community Park.

"The regular season was rough," said team captain

Gary Fryman, an accountant in the Audit Readiness division. "We got out to a slow start, losing four of our first five but finished strong winning the last five games. I knew we were a lot better team than our record and tournament seed indicated."

The league, which started playing in late May, was composed of 10 local teams that included several other members of the DFAS and DLA Land and Maritime workforce. With a 5-4 record entering the playoffs, Team Marvel earned the No. 8 seed. In the first round of the double elimination playoffs, Team Marvel advanced with two wins, including a 13-12 win in nine innings against Mojo.

"Our team was solid in the field the whole season and I was waiting for the



(DFAS photo)

Team Marvel, a softball team of DFAS employees, recently won the Whitehall Parks and Recreation men's softball league. Team members are (front row from left) Tom Casasanta, Gary Fryman, Rick McGuffie, Ryan Goris and Greg Howell; and (back row from left) Ryan Calloway, Simon Vargas, Jason Kryling, David Glover, Adam Velucci and Chase Oakley. Not pictured are Bryan Stansberry, Rick McKenney and Tim Busher.

bats to wake up," Fryman said. "Our hitting was country strong down the stretch and it carried us through the tournament as we mercy ruled four out of our five opponents."

After winning two games in the second round, Team Marvel earned a spot in the championship game by downing Mark Pi's, 17-5.

"Our team proved that you don't have to be home run hitters to win games," said Bryan Stansberry, a systems accountant in the

Accounting Requirements division. "Our team was based on solid base hitting and strong defense at every position.

"Overall, I think after we got our first game under our belts, we meshed very well as a team, got along well and played great softball," Stansberry said.

**DSCC Men's Softball  
Double-elimination  
Tournament  
Championship  
Aug. 5**

Marvel 15, Mojo 5

**July 29  
Losers' bracket**

Mojo 23, Mark Pi's 5  
Mojo 10, Beer Batters 5

**July 22  
2nd round**

Marvel 17, Mark Pi's 5  
Beer Batters 7, Son of Pitches 5

Mojo 13, DODIC 1

**July 22  
1st round**

Marvel 18, Son of Pitches 5

Mark Pi's 5, DODIC 0  
Beer Batters 17, 121st 4  
Mojo 15, Roosters 6



(DLA photo by Tony D'Elia)

Trevor Sajdak of DLA Land and Maritime sets up to make a catch to help Mojo advance to the DSCC softball league semifinals.



(DLA photo by Tony D'Elia)

A runner heads into second base as the second baseman prepares to catch the throw during action in the DSCC Men's Softball League tournament.



# CROSSWORD PUZZLE

## ACROSS

- 1 Desert plant
- 6 Fence flaws
- 10 Horseback sport
- 14 Different
- 15 On the summit
- 16 Victorian oath
- 17 Skims through
- 18 "Runaway Bride" groom
- 19 Sailor's saint
- 20 Regard highly
- 22 Ties or scarfs
- 24 Put the kibosh on
- 26 Chef's patrons
- 27 Shake
- 31 Hag's cry
- 32 Be of benefit
- 33 Fixed the pilot
- 36 Possessed
- 39 Lengthy story
- 40 Clear thinking
- 41 Language with clicks
- 42 USN officer
- 43 Early Brit
- 44 Ran a fever
- 45 — -eye steak
- 46 Swimming gear
- 48 Closer
- 51 Galley slave's tool
- 52 Was in awe
- 54 Paleontologist's find
- 59 Ireland
- 60 Folksinger Burl —
- 62 Erie Canal town
- 63 Stove part
- 64 Verne captain
- 65 Softball teams
- 66 Gets spiced
- 67 Mashed-potato serving
- 68 Treat a wound

## DOWN

- 1 Knights of —
- 2 Rocky Mountain people

## LAST ISSUE'S ANSWER

B	O	G	S		O	O	Z	E		A	V	E	R	S		
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- 3 Talk online
- 4 Yield territory
- 5 Weapons cache
- 6 Muffle
- 7 Two fives for —
- 8 Studied intently
- 9 Of a particular kind
- 10 Teeny-tiny
- 11 Leering sort
- 12 Prayer-wheel turners
- 13 Hound's track
- 21 With, to Fritz
- 23 Clingy fabric
- 25 Make copies
- 27 Flower holder
- 28 Terrible czar
- 29 Luggage
- 30 Narrow inlet
- 34 It's easily deflated
- 35 Argot
- 36 Seed covering
- 37 Helm position
- 38 Debacles
- 40 Tagging
- 41 Sharp turn
- 43 Foal's parent
- 44 Stuck on a sandbar
- 45 Crow cousins
- 47 Numskull
- 48 Easily conned
- 49 Used poor judgment
- 50 Take delight in
- 52 Pet plea
- 53 DeeJay's disk
- 55 Cooler or jug
- 56 Trig function
- 57 Freezes over
- 58 Young girl
- 61 Weep audibly

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Want more puzzles?

Check out the "Just Right Crossword Puzzles" books at [QuillDriverBooks.com](http://QuillDriverBooks.com)

# CELEBRITY CIPHER

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: P equals M

" J F E X E Y H V J B , J F E X E Z E C I E C ,  
J F E X E V E P W , H C I J H Z U H G B B H G ,  
' X D W V W ' B C E Y Z H R W Z J T W C W U  
G E V T . ' " - V E A W V X I W C J V E

Previous solution: "IF SOME OF OUR WORKS ARE SYMPHONIES, THEN 'WRAPPED WALKWAYS' (INSTALLATION ART) WAS CHAMBER MUSIC." - CHRISTO

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# SPORTS AND LEISURE

## Free golf part of offerings at Eagle Eye

The Eagle Eye Golf Course on the Defense Supply Center Columbus will offer nine holes of free golf Aug. 22-29 for all DLA, DES-C, DFAS, DISA, DHRC-C and DRMS associates, as well as for military personnel and their family members.

The offer is being made in conjunction with the Civilian Welfare Council and identification cards are necessary.

A cart and small bucket of range balls are included. Tee times can be reserved by visiting the pro shop or calling 614-692-2075.

Available tee times are

Aug. 22, 24, 25, 26 and 28 from noon to 6 p.m. and Aug. 23 and 29 from 7:30 a.m. to 3 p.m.

### Labor Day Shamble

The Eagle Eye Golf Course will have a Labor Day shamble. The Sept. 6 outing will begin with a 9 a.m. shotgun start.

### FEA Tourney

The 9th annual Federal Executive Association of Columbus and Central Ohio Golf Tournament is Sept. 13 at the Eagle Eye Golf Course.

All federal agencies are invited to play in the 18-hole

scramble, which will begin at 12:30 p.m. with a shotgun start.

Cost is \$40 per person, which includes green fees, riding cart, beverages, use of the driving range and prizes. At stake is possession of the prestigious FEA Tournament Golf Trophy.

Anyone who would like to sponsor a team should call Barry Roberts at the U.S. Department of Housing and Urban Development's Columbus office by Sept. 7 at 614-469-5737, ext. 8308, or by e-mail at [barry.a.roberts@hud.gov](mailto:barry.a.roberts@hud.gov).

# SPORTS BRIEFS

## 4th annual Army, Marine golf outing set

The fourth annual Army vs. Marine Corps golf outing is scheduled for Thursday, Sept. 16, with a shotgun start at 11 a.m. at the DSCC Eagle Eye Golf Course.

The event is open to all active duty and retired Army and Marine Corps members, Reserve and National Guard members. Team and singles are needed.

Anyone interested in playing on the Army team should call Mike Ward at 614-692-2965; anyone who wants to play on the Marine Corps team should call Jim Lange at 614-692-7033.

Participants are asked to bring an unwrapped toy that will be donated to the Marine Corps Toys for Tots drive.

All other proceeds will go to Toys for Tots.

## Speedway offering racing for feds

The Columbus Motor Speedway and the Federal Executive Association (FEA) of Columbus and Central Ohio have teamed up to recognize the contributions of federal employees for an afternoon and evening of racing action on Saturday, Aug. 28.

Attendees will be able to watch racing entertainment, with gates opening at 2 p.m., time trials at 3 p.m. and racing at 4 p.m. Along with the regular scheduled events, there will be a special 125-lap event from the CRA Super Car series.

A coupon for \$3 off adult admission is available on Message of the Day on the DLA Land and Maritime Intranet site.

More information is available by calling Greg Branson at 614-692-3555.

# GOLF LEAGUE RESULTS

Following are the standings after Aug. 11 play of the DSCC installation Sportsmen's Golf League, which plays on Wednesday nights.

(Week 16 of an 18-week schedule)

### Team (Captain)

	Points (Total)	Points (2nd half)
Lightweights (Jim Homce)	661	261
B.I.G. (Dan Krist)	604	249
Smokin' Aces (Bob Trivett)	633	247
Jordan's (Tom LeFever)	683	244
Mother Load (Dan Bell)	642	220
Plaid Ain't Bad (Chad Cantrell)	612	219

### Best League Performances

Last Round	Season-To-Date
Low Scratch	
36 T. LeFever	35 T. LeFever
Low Net	
30 T. Perone	28 M. Barford

# TKO seminars

Continued from page 10

Practice." Small Business Program Offices at DLA Aviation, Troop Support and Energy will begin emulating the TKO process in fiscal 2011.

The next TKO seminar at DLA Land and Maritime is scheduled for Oct. 19-20.

The Small Business Programs Office is looking for a presenter in the acquisition field who can provide a buyer's perspective of learning how to do business with DLA Land and Maritime. Anyone interested should call Hawthorne at 614-692-4864.



# PTSD

Continued from page 1

Once she started receiving treatment, known as cognitive processing therapy, Covert realized that it was time to “come face to face with my demon.” She was able to finally accept the fact that the sexual abuse she experienced was not her fault.

Chard, director of the PTSD and Anxiety Disorders Division at the Cincinnati VA Medical Center’s Ft. Thomas, Ky., location, explains, “Cognitive processing therapy is an evidenced-based treatment, designed specifically to treat PTSD and related symptoms such as depression and anger.

“The treatment is typically 12 sessions long and the veteran works with the therapist to examine the impact of the trauma, especially related to the veteran’s beliefs about safety, trust, power/control, esteem and intimacy. Through practice assignments, the veteran is able to form a more realistic and balanced view of self, others and the world, and to realize that they do not have to be controlled by the trauma any longer.”

Every VA facility has a designated MST coordinator who serves as a contact person for MST-related issues. This person can help veterans find and access VA services and programs. Every VA facility also has providers knowledgeable about treatment for the after-effects of MST.

Today, Covert admits the PTSD is still there but she knows now how to deal with it.

“Dr. Chard taught me how to control my anxiety. You do that with ‘self talk.’ First, you recognize that you are having an anxiety attack. Then you ask, why? And ask yourself if you are over-reacting.”

She describes the feeling as everything in black and white.



(VA photo by Tom Ullom)

Michelle Covert walks through the entry hallway of the Chalmers P. Wylie VA Ambulatory Care Center with her service dog, Flower, who is trained to be alert if Michelle has an anxiety attack.

“There is no gray in PTSD,” she said.

One of Covert’s best buddies today is Flower, a very smart, very pretty, black lab mix service dog. While service dogs are not issued by the VA for mental health therapy, Covert admits, “The emotional support she gives me is a very important part of my life right now.”

Flower has been with Covert for 10 months and her relationship with Covert is extraordinary.

“Flower knows when I am having an anxiety attack,” Covert said. “In the middle of a Christmas shopping crowd last December at the mall, I started to tense up and she nudged me out of the crowd and led me to an empty corner of the shopping center.

“She is also trained to watch my back. Whenever I am standing at a

counter, she gets behind me and watches for anyone who may be approaching,” she added.

Flower, trained by the Heel to Heal nonprofit group, also enters Covert’s home first, checks to see no one else is in the house and then uses her nose to turn on the lights.

As part of her personal campaign to help other veterans cope with PTSD, Covert speaks to groups about her experience so they will know they are not alone. She spoke to 300 senior commanders from the Ohio National Guard and Air Guard in February, which earned her an Eagle Award from the Guard.

After returning from her seven-week PTSD in-patient program with Chard, she wrote and delivered her own “Wings of Freedom” presentation to 400 staff members at the

VA Ambulatory Care Center in Columbus. It was not an easy experience.

“This was the hardest briefing I have ever given in my life,” Covert said. “Standing up in front of all your co-workers and letting them know that you were raped in service, you suffer with PTSD, and had to attend an inpatient program is not easy.

“With more strength than I ever imagined I possessed, I gave my presentation. If I had not attended Dr. Chard’s program and received the help that I needed, I wouldn’t have been

able to give the presentation and help the staff understand what it’s like to live with PTSD,” she added.

As a significant sign of her ability to get on with her life, Covert graduated in May 2009 from Indiana Institute of Technology with a degree in business management. She hopes to start her own business and, not surprisingly, write a book about living with a service dog.

A mother of two and grandmother of three, Covert, who likes to draw and cook lasagna (when ‘Bones’ isn’t on the tube), knows she is still on the road to recovery.

“But I don’t want to sit around talking about how bad PTSD is,” she said. “I want to be a voice of hope. I want to let other veterans know they should get help as soon as possible. I want to tell them, ‘Believe in yourself.’”

## FREE CLASSIFIED AD FORM

The Columbus Federal Voice

Free ads are subject to the policy printed on the right.

Please type or print your ad below (one word per line, limit 20 words).

Home and/or work phone number must be included on submitted ad form.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- Share-a-Ride     Lost & Found     Wanted     Real Estate for Sale  
 Automobile     For sale     Garage Sale     Other

I certify that the property and/or services listed above are my own and that the property will be shown or sold without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor.

### THIS FORM MUST BE SIGNED

Name \_\_\_\_\_ Office Symbol \_\_\_\_\_  
 Signature \_\_\_\_\_ Work Phone \_\_\_\_\_

## Columbus Federal Voice Free Classified Ad Policy

- Only federal employees and military personnel in central Ohio are eligible for free ads.
- Ads must not exceed 20 words.
- Ads may be submitted by one of the following methods: e-mail (publicaffairs.dsc@dla.mil); type or neatly print on form at left and send via inter-office mail to DSCC-DOEB, Bldg. 20, room B527N; mail to The Columbus Federal Voice, P.O. Box 3990, ATTN: DOEB, Columbus, Ohio 43218-3990; hand carry to the Public Affairs Office, Bldg. 20, Room B527N; or fax to 614-693-1563.
- Ads will appear in the Voice with home and/or work phone numbers, including area code, only. No names may appear in the free ad.
- A maximum of three ads per issue will be accepted from one employee. Ads will run for no more than three issues, after which ads must be resubmitted. Please notify the Public Affairs Office if advertised items are sold.
- Only free animal ads will be accepted.
- Homes for sale or rent ads will be accepted only from military personnel who are departing the area on PCS orders. Ad must state PCS.
- Ads promoting a business will not be accepted.
- Ads for firearms, antiques, collectibles or hobby related items will not be accepted.
- Privately-owned tickets, sold through the free ads, must show ticket price and may not exceed the face value of the ticket.
- Ads must be submitted by COB on the Monday of the week preceding the publication date of The Voice. No revisions or cancellations will be accepted after that Monday’s deadline.
- Ads will appear on the Voice Web site and may also appear on the publisher’s Web site.

Your cooperation is needed in order to continue to offer free ads in The Columbus Federal Voice. The publisher reserves the right to edit and/or reject ads which do not conform to the intent of the Free Ad Policy, which is to provide federal employees and military personnel who work within the distribution area of The Columbus Federal Voice an opportunity to advertise personal property in which other employees or military personnel may be interested.



## THANK YOU

My family and I would like to thank DLA Land and Maritime Commanding General Army Brig. Gen. Richardson, the Civilian Welfare Council and my many co-workers and friends for their expressions of sympathy during the recent loss of my son Dalton Ray. Your prayers, flowers, calls and cards were comforting during this very difficult time. May God bless each and every one of you.

**Philip E. Ludwig II, DLA Land and Maritime**

I would like to thank all my friends and co-workers, DLA Land and Maritime Commanding General Army Brig. Gen. Richardson and the

Civilian Welfare Council for all their caring, understanding, gifts of prayers, floral tributes, cards, expressions of compassion and expressions of sympathy during my mom's illness and passing. Your thoughtfulness will always be appreciated.

**Brenda and Andy Utz and Family, DLA Land and Maritime**

On behalf of the whole Caldwell family, I would like to thank the many co-workers of DFAS and the Civilian Welfare Council for the lovely flowers and thoughts for the recent loss of my father, Air Force Col. Dana T. Caldwell (Ret.).

**Charlie Caldwell, DFAS Columbus**

To submit a thank you for publication in the Columbus Federal Voice, e-mail the thank you to [publicaffairs.dsec@dla.mil](mailto:publicaffairs.dsec@dla.mil).



(J6C photo by J. Spencer Denison)

## Starkey selected J6C Employee of the Month

Mary Starkey (right) was named J6C's Employee of the Month for August. J6C Director Susan VanMeter (left) presented the award. Starkey is the lead for Tech Quality Sustainment, a position in which she oversees all system enhancements and issues related to material management. She has been a federal employee for nearly 21 years.

# CLASSIFIED ADS



**STUFF**

### Appliances

**Rotisserie - Sunbeam** electric chicken carousel rotisserie, like new, \$50, 614-237-5035.

**TV - 1995 Magnavox** 30" color TV, EC, hardly used, HD converter, good for rec room, \$100, 614-692-7130 or 614-834-9583.

### Furniture

**Entertainment Unit - Sauder, EC,** space for 30" TV, shelves for display and storage space, \$75 OBO, 614-692-7130 or 614-834-9583.

**Stools - Four, 29" tall** square beige/mauve/green factory cushioned stools w/light wood finish, great for a counter or bar, \$50, 614-507-6382.

### Misc for Sale

**Car Stereo - JVC CD** 50-watt car stereo with Iphone and Ipod adapter, \$150 OBO, 614-269-3804.

**Glasses - 12, 6" tall** clear drinking glasses, \$15, 614-507-6382.

**SELL STUFF. MAKE MONEY.**



**WHEELS**  
cars.com

### Autos

**Ford 2002 - Focus SE,** 107K miles, runs and looks good, \$3,000 OBO, 614-226-4105.

**Need Something?**  
Try The Classifieds

### Autos

**Ford '96 - Taurus** SHO, red, clean, no rust, runs smooth and fast, Yamaha-designed SHO V-6 engine, 120K miles, \$3,000, good transportation, 614-546-7066.

**Mazda 2003 - Miata** MX-5, burgundy, 5-speed manual transmission, CD, 57,000 miles, warranty, VGC, \$12,500, 614-338-1575.

### Boats-Motors

**Mercuriser '69 -** Century Mercuriser, 18-ft., fiberglass, 350 I/O w/tandem axel trailer, 6HP Johnson AUX motor, new \$700 fish-finder, \$2,500, good for fishing/water skiing, 419-562-6104.

**SELL STUFF. MAKE MONEY.**

### Campers-RV

**Mallard '91 - E350** Mallard Sprinter, 27 ft., self-contained, 40,000 miles, non-smoking, some extras, EC, \$8,500, 419-562-6104.

### Motorcycles

**Harley '86 -** Harley-Davidson 1340 Superglide, 34,000 miles, \$7,000, 419-562-1530 after 4 p.m.

**NOTICE**  
what happens when you use **BOLD & LARGE TYPE**  
Bold & large type attract attention - Use it to make your ad stand out!  
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